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# Highlights

- *In vitro* synergy was seen in only a portion of MDR *A. baumannii* strains tested.
- Majority of observational studies did not show added benefits of combination therapy.
- No strong RCT data to support combination therapy.
- Some novel agents are promising options for the treatment of MDR *A. baumannii*.
- PK/PD optimized therapy is likely required to ensure a successful treatment.

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# Multidrug-resistant *Acinetobacter baumannii* infections: current evidence on treatment options and role of PK/PD in dose optimization

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### **Abstract**

*Acinetobacter baumannii* remains a difficult-to-treat pathogen that poses a significant challenge to clinicians and cost to the healthcare system. There is a lack of clinical efficacy data to aid in the selection of optimal treatment for multi-drug resistant (MDR) *A. baumannii*  infections. This paper aims to review recent literature on the treatment of MDR *A. baumannii* and novel agents in the pipeline and discuss the clinical data supporting their use. Colistin has been widely studied as monotherapy or as part of combination therapy, but its

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Is limited due to nephrotoxicity. The clinical b use is limited due to nephrotoxicity. The clinical benefit of combination therapy, whether empirical or targeted, has yet to be demonstrated, due to a lack of definitive evidence from randomized controlled trials. Most available clinical studies are retrospective and lack control groups, which offers low-grade evidence. Novel agents such as cefiderocol, plazomicin, eravacycline, and sulbactam/ETX2514 combination are promising options for the treatment of different infection pathologies caused by MDR *A. baumannii*, but these have yet to be evaluated in randomized controlled trials. A better understanding of the pharmacokinetics (PK)/pharmacodynamics (PD) of the "old" antibiotics is required to optimize their dosing regimens to maximize bacterial killing, minimize toxicities and improve clinical outcomes.

### Keywords

Acinetobacter baumannii; MDR; multidrug resistant; treatment; therapy

### 1 Introduction

metrions, surgical site and other types of wound infections [1]. A. *boumannii* is incrinsies<br>is esistant to many antibiotics and readily acquires resistance to others. It can survive on<br>urfaces and inanimate objects for m There are increasing reports of nosocomial infections caused by *Acinetobacter baumannii*, a pathogen frequently identified as an etiologic agent in catheter-related bacteraemia, hospital-acquired or ventilator-associated pneumonia (VAP), urinary tract infections, surgical site and other types of wound infections [1]. *A. baumannii* is intrinsically resistant to many antibiotics and readily acquires resistance to others. It can survive on dry surfaces and inanimate objects for months. These characteristics have contributed to the spread of multidrug-resistant (MDR) *A. baumannii* strains [2, 3]. The risk factors for acquiring MDR *A. baumannii* include recent exposure to antibiotics, especially third-generation cephalosporins, carbapenems and fluoroquinolones, presence of central lines or urinary catheters, severe disease, recent surgery, larger hospital size, prolonged ventilation, long intensive care unit (ICU) or hospital stay, exposure to infected or colonized patients and multiple medical procedures [4-6].

MDR *A. baumannii* frequently harbour multiple resistance mechanisms, [7] which leaves us with few available treatment options. *A. baumannii* used to be susceptible to antibiotics such as ampicillin and nalidixic acid [8]. However, the number of treatment options has reduced drastically with increasing resistance. For example, epidemiological studies from various parts of the world reported that 70-90% of *A. baumannii* isolates were resistant to three or more antibiotics of different classes including carbapenems, penicillins, cephalosporins, aminoglycosides, polymyxins and fluoroquinolones (i.e., MDR) [9, 10]. . There has also been an increase in reports of MDR *A. baumannii* isolates that are resistant to colistin, which is mostly considered like our last line of defence against these organisms [11, 12].

This review examines existing treatment options and new antibiotics, with promising activity against MDR *A. baumannii*, that have been recently approved or are in clinical development.

### 2. Methods

**Example 12**<br>
The PubMed, Embase and Cochrane Library databases were searched for articulatished in the last ten years up to 1 August 2018. The main search terms were "multidesistant", "Acinetobacter", "treatment" AND "com The PubMed, Embase and Cochrane Library databases were searched for articles published in the last ten years up to 1 August 2018. The main search terms were 'multidrugresistant', 'Acinetobacter', 'treatment' AND 'combination'. Also, the reference lists of reports identified by this search strategy were searched to select relevant articles. Only articles published in English were included. We Included (1) *in vitro* and *in vivo* studies on antibiotic synergy against MDR *A. baumannii*, (2) clinical studies, both retrospective and prospective, describing the treatment of *A. baumannii* infections, and (3) studies on novel antibiotics for *A. baumannii* infections. One hundred sixty-one relevant articles were identified from our literature search and included in this review.

### 3. Monotherapy vs. combination therapy – the current evidence

### 3.1 *In vitro* and pre-clinical animal studies

There are limited therapeutic options that exist for treating MDR *A. baumannii*. Combination therapy may be used by some clinicians to manage these infections despite little laboratory guidance as to the microbiological effectiveness of this approach. Synergy

testing methods have been used to assess the interaction of antibiotic combinations *in vitro*. These may provide predictive information regarding the use of antimicrobials in combinations. Many *in vitro* and *in vivo* animal studies have explored the possible synergy of antibiotics to overcome *Acinetobacter spp.* resistance. During this review, we found 50 *in vitro* and 15 *in vivo* animal studies, describing the effects of various antibiotic combinations against MDR *A. baumannii*. Their characteristics are presented in Supplementary Table 1[13- 62] and Supplementary Table 2 [15, 35, 45, 55, 64-74].

In the mathematics are presented in Supplementary Table 1<br>(i) and Supplementary Table 2 [15, 35, 45, 55, 64-74].<br>
Most of these studies showed potential antibiotic combinations that could improve the treatment outcomes of Most of these studies showed potential antibiotic combinations that could improve the treatment outcomes of MDR *A. baumannii* infections. However, the studies also show that *in vitro* synergy is observed only for a portion of strains tested. Antagonism was observed in about 20% of the *in vitro* studies, and combinations that displayed antagonistic effect include various tigecycline-based combinations, [24, 33, 39, 59] imipenem-based combinations, [28] tobramycin-based combinations, [30] and certain sulbactam-based combinations [53, 56, 59]. Unfortunately, there is limited understanding to date as to what type of strains are more susceptible to combination therapy. Indeed this may be an important factor contributing to the lack of reproducibility of results from *in vitro* and animal model studies. It is also worth noting that broth microdilution is the recommended method of testing the minimum inhibitory concentration (MIC) of colistin [75]. This has obvious implications when interpreting the results of any *in vitro* or *in vivo* studies involving colistin, which employs MIC testing methods other than broth microdilution.

### 3.2 Observational clinical studies

Our search identified 25 observational studies (23 retrospective and two prospective studies) that described treatment outcome for MDR *Acinetobacter spp.* infections. The characteristics of these studies are presented in Table 1.

combination therapy, [76-87] nine studies compared different combination freatment<br>egimens [83, 87-94] and six studies looked at different routes of administration of colisitier inhalted or intrathecal/intraventricular [95 Of the observational studies (Table 1), 12 studies compared monotherapy to combination therapy, [76-87] nine studies compared different combination treatment regimens [83, 87-94] and six studies looked at different routes of administration of colistin, either inhaled or intrathecal/intraventricular [95-100]. More than 90% of these observational studies looked at patients with pneumonia, either as the sole site of infection or as a large majority from various sites of infection. Sample sizes range from 27 to 386. More than 50% of these studies explored the efficacy of polymyxin-based therapy, and 25% looked at the efficacy of tigecycline-based therapy. There are differences in the study design such as case definitions and inclusion/exclusion criteria. There were also differences in the dose of antibiotics prescribed, and most of these studies were carried out before 2012, which was when the recommendation for colistin loading dose first came.

Of the 12 studies that compared the efficacy of combination versus monotherapy, only one study showed a significant difference in 30-day mortality [82]. This retrospective study included 101 patients with various sites of infection, mainly pneumonia. Patients were either given IV polymyxin B alone, at a dose of 1.5 to 3.0 mg/kg/day in two divided doses, or in combination with other antibiotics (mainly meropenem, 69.7%). The mortality rate was 42.4% in the combination therapy group and 67.7% in the monotherapy group ( $p = 0.030$ ). The rate of microbiological eradication was not mentioned in the study.

Another study showed a significant difference in the rate of microbiological eradication in the combination therapy group when compared to monotherapy (79.9% vs. 55.6%, *p* = 0.001) [83]. In this study, the authors compared colistin combination therapy with either carbapenem, sulbactam or other antibiotics, and colistin monotherapy. Colistin was given at a dose of 5mg/kg/day colistin base activity (CBA) in 2-3 divided doses, with renal adjustment. No loading dose was given to the patients. However, no difference was seen in the clinical response and 14-day mortality between the two groups. Other studies, however, did not demonstrate improved clinical or microbiological outcomes [77-81, 84-87].

Two studies explored the clinical efficacy of colistin-glycopeptide combination compared to colistin monotherapy [76, 81]. One study did not observe a statistically significant difference in the mortality rate when comparing the two treatment arms [81], but the other showed that giving colistin with a glycopeptide for at least five days was protective against 30-day mortality [76].

diustment. No loading dose was given to the patients. However, no difference was see<br>the clinical response and 14-day mortality between the two groups. Other studies, howe<br>did not demonstrate improved clinical or microbio Of the nine studies which compared different antibiotic combinations, three studies found a significant difference in their clinical outcome [88, 91, 93]. The first study compared tigecycline-based therapy (IV tigecycline 50 mg 12 hourly, after a loading dose of 100 mg  $\pm$ other antibiotics), with non-tigecycline based combination therapy (IV imipenem/cilastatin 500 mg and sulbactam 1 g 6 hourly) in 386 patients with hospital-acquired infections Lee, 2013 #342}. Favourable clinical outcome was considerably higher in the tigecycline-based therapy group (69.1% vs. 50%,  $p = 0.001$ ). However, microbiological eradication rate was better in the non-tigecycline based combination therapy group  $(11.7\% \text{ vs. } 1.1\%, p = <0.001)$ . The second study compared tigecycline-based therapy (IV tigecycline 50 mg 12 hourly, after a loading dose of 100 mg  $\pm$  other antibiotics) with colistin-based therapy (IV colistin 2.5–5

not specified. This study found that the 30-day survival rate was significantly better in igecycline/imipenem combination therapy group compared to the sulbactam/imiperombination therapy group (85.7% vs. 35.7%,  $p = 0.007$ mg/kg/day CBA in 2–3 divided doses ± other antibiotics), in 168 patients with MDR *A. baumannii* pneumonia [91]. Mortality was significantly lower in the colistin-based therapy (44% vs. 60.7%,  $p = 0.040$ ). The third study compared tigecycline/imipenem combination therapy with sulbactam/imipenem combination therapy, in 84 patients with MDR *A. baumannii* VAP [93]. The standard dose of the antibiotics was used, but the exact dosing was not specified. This study found that the 30-day survival rate was significantly better in the tigecycline/imipenem combination therapy group compared to the sulbactam/imipenem combination therapy group (85.7% vs. 35.7%,  $p = 0.007$ ). However, it is important to note that in the tigecycline group, patients were switched from sulbactam-based therapy to tigecycline-based therapy after failure to respond to 3-day sulbactam–imipenem/cilastatin therapy. Another study [90] comparing tigecycline-based therapy (IV tigecycline 50 mg 12 hourly, after a loading dose of 100 mg  $\pm$  other antibiotics) with sulbactam-based therapy (IV sulbactam 1 g or ampicillin/sulbactam 3 g (at a rate of 2:1) 6-8 hourly  $\pm$  other antibiotics) found that microbiological eradication was much higher in the sulbactam-based therapy group (63.5% vs. 33.3%,  $p \leq 0.001$ ). Other studies, however, did not find a significant difference in clinical or microbiological outcomes for the various combination regimens investigated [83, 87, 89, 92, 94].

Of the six studies that explored different routes of polymyxin administration, five studies looked at the efficacy of inhaled colistin [95-99] and one looked at the efficacy of intrathecal/intraventricular (IT/IVT) polymyxin B [100]. Two studies observed superior microbiological eradication with inhaled colistin (nebulised colistin 2 MU 12 hourly) compared to systemic antibiotic therapies (61.1-84.6% vs. 10.3-29.6%, *p* = 0.001) [95, 96]. Neither study found a significant difference in 28-day mortality rate. Other studies found no

significant differences in clinical or microbiological outcomes, when comparing inhaled colistin with IV colistin for the treatment of MDR *A. baumannii* pneumonia [97-99].

With regards to IT/IVT polymyxin B for the treatment of MDR *A. baumannii* meningitis/ventriculitis, one study reported significant differences in clinical and microbiological outcomes [100]. This study compared IT/IVT polymyxin B-based therapy (IT/IVT polymyxin B 50,000 units/day 12 hourly + IV polymyxin B 450,000 units 12 hourly  $\pm$ other IV antibiotics) with other IV antibiotic therapies in 61 patients. Clinical efficacy was much higher in the IT/IVT group (95.6% vs. 23.7%,  $p = <0.001$ ) and 28-day mortality was much lower (8.7% vs. 55.2%, *p* = 0.01). Microbiological clearance was also significantly higher in the IT/IVT group (91.3% vs. 18.4%, *p* = <0.001).

microbiological outcomes [100]. This study compared IT/IVT polymyxin B-based the<br>IT/IVT polymyxin B-50,000 units/day 12 hourly + IV polymyxin 8-450,000 units/12 hourly<br>there IV antibiotics) with other IV antibiotic therap A majority of these observational studies (Table 1) did not show any added benefits of combination vs. monotherapy or between different treatment regimens. However, there are several limitations observed with many studies listed in Table 1, which may affect the validity of the results obtained. In general, most of the observational studies are retrospective in nature, and as such may be limited by various factors such as poor quality or missing data, or absence of data on potential confounding factors. There are also limitations in the dosing regimens of antimicrobials used, such as a lack of loading dose for colistin or suboptimal dosing of other antimicrobials, such as sulbactam and tigecycline. As highlighted previously concerning the issue with colistin MIC testing, we note that most studies involving colistin did not use broth microdilution for testing of colistin MIC. Another point of relevance is that polymyxins have limited drug exposure in the lungs following parenteral administration, resulting in lower antibacterial activity and limited efficacy in the lungs, relative to other sites, as shown in several studies [101, 102].

### 3.3 Randomized controlled trial data

We found eight RCTs that compared different treatment regimens for MDR *A. baumannii* infections. The characteristics of these studies are presented in Table 2.

XAP. Seven out eight were open-labelled trials. Majority of the studies involving collstin<br>
Not mention the method of MIC testing used. Six out eight compared collstin monother<br>
with collstin-based combination therapy [104 All eight studies focused on the treatment of MDR *A. baumannii* pneumonia, mainly VAP. Seven out eight were open-labelled trials. Majority of the studies involving colistin did not mention the method of MIC testing used. Six out eight compared colistin monotherapy with colistin-based combination therapy [104-108, 110] and the remaining two measured the efficacy of inhaled colistin [103, 109]. Of the six studies which compared combination and monotherapy, only one study demonstrated improved clinical response with colistin-based combination therapy [108]. This recently published study compared colistin monotherapy (IV colistin 3 MU 8 hourly, with renal adjustment, without loading dose) with colistin/ampicillinsulbactam combination therapy (IV colistin + IV ampicillin-sulbactam 6 g 6 hourly, both with renal adjustment), in 39 patients with VAP. The authors observed better clinical response in the combination group (70% vs. 15.8%,  $p = 0.001$ ) but failed to demonstrate a difference in the microbiological outcome.

Two other studies, however, found a better microbiological response in the combination group but failed to see any difference in their clinical outcome [105, 107 153].The first study compared colistin monotherapy (IV colistin 2 MU 8 hourly, with renal adjustment, without loading dose) with colistin/rifampin combination therapy (IV colistin + IV rifampin 600 mg 12 hourly), in 210 patients with MDR *A. baumannii* infection, mainly VAP [105]. The authors found better microbiological eradication in the combination group,

compared to the monotherapy group (60.6% vs. 44.8%,  $p = 0.034$ ), but did not see any difference in 30-day mortality rate in the two groups (43.3% vs. 42.9%, *p* = 0.950).

The second study compared colistin monotherapy (IV colistin 5 mg/kg/day CBA, without loading dose) with colistin/fosfomycin combination therapy (IV colistin + IV fosfomycin 4 g 12 hourly) in 94 patients with MDR *A. baumannii* infections, mainly VAP [107]. The study showed a better microbiological response in the combination group, compared to the monotherapy group (100% vs. 81.2%,  $p = 0.010$ ), but did not see any difference in clinical response in the two groups (59.6% vs. 55.3%, *p* = 0.835).

osfornycin 4 g 12 hourly) in 94 patients with MDR A. *bournannii* infections, mainly VAP [1]<br>The study showed a better microbiological response in the combination group, compare<br>the monotherapy group (100% vs. 81.2%,  $p = 0$ Another recently published study, the AIDA trial, tested the hypothesis that combination therapy would reduce clinical failure from 45% with colistin monotherapy to 30% with combination therapy. This study compared colistin monotherapy (IV colistin 4.5 MU 12 hourly after a loading dose of 9 MU, with renal adjustment) with colistin/meropenem combination therapy (IV colistin  $+$  IV meropenem 2 g 8 hourly with 3-h infusion, both with renally adjusted doses) in 406 patients with carbapenem-resistant Gram-negative infections (mainly pneumonia and bacteraemia), mostly due to MDR *A. baumannii* (312/406, 77%) [104]. One hundred ninety-eight patients were randomized into the colistin monotherapy group, and 208 patients were into the combination therapy group. The baseline patient clinical characteristics and demographics were comparable between the two groups. This study, however, failed to observe any superiority of combination therapy. There was no statistically significant difference in the primary outcome between the monotherapy vs. combination therapy (clinical failure at day 14, 73% vs. 79%,  $p = 0.172$ ), or the secondary outcomes, which included microbiological failure (35% vs. 31%, p = 0.489), in the treatment of MDR A. baumannii pneumonia or bacteraemia. By day 14, 32% of patients in the

monotherapy arm and 34% of patients in the combination therapy arm had died ( $p = 0.786$ ), and of the surviving patients, no improvement or deterioration in SOFA occurred.

Furthermore, a subgroup analysis of the AIDA trial also noticed a similar finding when comparing colistin monotherapy to colistin/meropenem combination therapy in patients with carbapenem-resistant, colistin-resistant *A. baumannii* [111]. The authors found that colistin/meropenem combination therapy was significantly associated with higher mortality among those with colistin-resistant isolates (OR 2.956, 95%CI 1.180-7.408) when compared to the monotherapy arm. However, this association was not seen in colistin-susceptible strains (OR 0.943, 95%CI 0.640-1.389).

with carbapenem-resistant, colistin-resistant *A. baumannii* [111]. The authors found<br>colistin/meropenem combination therapy was significantly associated with Higher mort<br>immong those with colistin-resistant isolates (OR 2 Overall, similar limitations observed in the observational studies, were found in these RCTs as well. Factors such as the lack of loading dose or suboptimal dosing for colistin, or suboptimal dosing of other antimicrobials, such as sulbactam, rifampin, and fosfomycin, lack of information regarding the method used for colistin MIC testing, and limited penetration of polymyxins into the lungs need to be considered when evaluating these RCTs. There appears to be no strong RCT data to support combination therapy, although some findings suggest that there might be a benefit of treating MDR *A. baumannii* pneumonia with colistin in combination with high-dose ampicillin-sulbactam, rifampin [105] or Fosfomycin [107]. In view that these RCTs mainly included patients with pneumonia, it is unclear whether these regimens would have similar outcomes for other sites of infection.

### 4. Optimised dosing of antibiotics to treat MDR *A. baumannii*

Given the challenges of providing effective treatment of infections caused by MDR *A. baumannii*, applying pharmacokinetic/pharmacodynamics (PK/PD) concepts to optimise dosing for individual patients should be considered an essential component of care. PK/PD optimized antibiotic doses or altered routes of administration are likely required to ensure a successful treatment outcome while minimizing side effects and emergence of resistance.

PK/PD analyses describe the antibiotic exposure associated with maximal effect for<br>thitibiotic and are critical determinants in establishing the dosing regiments (112). That<br>terms of antimicrobial activity [113, 114] and PK/PD analyses describe the antibiotic exposure associated with maximal effect for an antibiotic and are critical determinants in establishing the dosing regimens [112]. Three patterns of antimicrobial activity [113, 114] and three PK/PD indices have been described, % *f*T>MIC (percentage of a 24-h time period that the unbound drug concentration exceeds the MIC), *f*Cmax/MIC (maximal unbound drug concentration) and *f*AUC/MIC (area under the unbound drug concentration-time curve). Several studies have looked at dose optimization of currently available antibiotics for the treatment of MDR *A. baumannii* infections. The characteristics of these studies are presented in Table 3.

As an example, based on murine thigh and lung infection models of *A. baumannii*, PK/PD analysis of sulbactam demonstrated that the %fT<sub>>MIC</sub> is most predictive of bacterial killing [129]. The authors concluded that sulbactam was sufficiently bactericidal when a %*f*T>MIC of >60% against *A. baumannii* thigh infection and >40% against *A. baumannii* lung infection was achieved. This suggests that to maximize the bactericidal activity of sulbactam, blood sulbactam concentrations should be maintained above MIC for prolonged periods. In patients with severe sepsis, a target attainment of 60%  $f_{\text{LMIC}}$  for *A. baumannii* strains with a MIC of sulbactam of 4 mg/L, is more likely to be achieved when sulbactam is administered by a 4-h infusion of 1 g every 8 h, as demonstrated by a PK/PD study [126]. The authors of this study concluded that for pathogens with MICs of >4 mg/L, sulbactam should be given at a

higher dosage regimen of at least 1 g every 6 h by a 4-h infusion. PK/PD analysis has also helped to optimize dosing of sulbactam in patients with different renal functions, as shown by Yokoyama *et al.* [130]. The study demonstrated that in a patient with a creatinine clearance of 15 ml/min, a sulbactam dose of 1 g twice daily achieves a 60%  $f_{\text{SMIC}}$  when the MIC of sulbactam against *A. baumannii* is 4 mg/L. A higher dose of 2 g four times daily is needed to achieve the same PK/PD target in a patient with a creatinine clearance of 90 ml/min.

needed to achieve the same PK/PD target in a patient with a creatinine clearance on<br>M/min.<br>The recent revitalisation of the long-neglected antibiotic colistin, is another examples showcasing the significant role of PK/PD i The recent revitalisation of the long-neglected antibiotic, colistin, is another best examples showcasing the significant role of PK/PD in optimising existing and old antibiotics against MDR infections. Animal PK/PD models were used to identify *f*AUC/MIC as the best measure of colistin exposure that correlates well with bacterial killing [131]. Against *A. baumannii*, the *f*AUC/MIC values required to achieve stasis and 1-log kill were 1.57–6.52 and 8.18–42.1 respectively in a lung infection model; and 1.89 – 7.41 and 6.98 – 13.6 respectively in a thigh infection model [131]. For a 2-log kill, the *f*AUC/MIC values raged 7.4 to 17.6 [101]. These PK/PD data, in combination with those from clinical pharmacokinetic and toxicodynamic studies were used for the development of dosing guidelines (Table 3) [132, 133].

For carbapenems, the PK/PD index that correlates with bacterial killing is %fT<sub>>MIC</sub>. One study suggested that the PK/PD targets for bacteriostatic and maximal bactericidal activity of carbapenems occur with a %fT<sub>>MIC</sub> of ~20 and ~40%, respectively [134]. An *A. baumannii* murine thigh infection model then demonstrated that the  $f_{\text{SMIC}}$  values of 23.7%, 32.8%, and 47.5% resulted in stasis, 1-log reductions, and 2-log reductions in bacterial density after 24 h, respectively [135]. A subsequent PK/PD analysis on meropenem then revealed that the

probability of achieving 40% *f*T<sub>>MIC</sub> following a bolus injection of 1 g every 8h, a 3-hour infusion of 1 g every 8h, and a 3-hour infusion of 2 g every 8h were 87.7%, 98.8%, and 99.9%. This finding suggests that prolonged infusion maximizes the bactericidal activity of meropenem against *A. baumannii* with MIC of 4 mg/L [125].

The PK/PD index associated with bacterial killing by fosfomycin has been reported to be the %  $f_{\text{TMIC}}$  with a target of 60-70 [136]. Based on a Monte Carlo simulation, Menegucci *et al.* found that target attainment of 70%  $f_{\text{LMIC}}$  for pathogens with MIC of 32 mg/L is only achievable when fosfomycin is administered as a 3-hour infusion at a minimum dose of 4 g every 8h [31].

The PK/PD index associated with bacterial killing by fosfomycin has been reported the 14 %  $f_{\text{J}s\text{vuc}}$  with a target of 60-70 [136]. Based on a Monte Carlo simulation/ Menegt the 16 found that target attainment of 70 For tigecycline, the PK/PD index associated with therapeutic efficacy is *f*AUC/MIC [137]. Based on exposure-response analyses of tigecycline, the *f*AUC/MIC target associated with microbiological eradication ranged from 6-18, depending on the site of infection [137- 139]. The target ratios for skin or skin structure infections and intraabdominal infections are >17.9 and >6.9 respectively. These target values in combination with clinical PK data can be used for appraisal of existing dosing regimens. For example, an *in silico* analysis evaluation of the current recommended dose of 50 mg and 100 mg twice daily in skin and skin structure infections, demonstrated that the cumulative fraction response in the Gram-negative bacteria isolates, was only 54.67%, even when given at the highest recommended dose [127]. Whereas, in intra-abdominal infections, the cumulative fraction response against Gramnegative bacteria isolates, ranges from 48% to 88%. These results suggest that current dosing recommendation of tigecycline should be adjusted to ensure optimal exposure.

Table 4 summarizes the PK/PD index and the optimal magnitude of the antibiotics discussed in this chapter. Table 5 summarizes the recommended dosing regimens of currently available antibiotics for the treatment of MDR *A. baumannii*.

#### 5. New antibiotics for treating MDR infections

S. New antibiotics for treating MDR infections<br>
With limited antibiotics that are active against MDR *A. bournopnik*, elinicians<br>
esearchers look to a new and novel agent that could hold this promise? There are seventibiot With limited antibiotics that are active against MDR *A. baumannii*, clinicians and researchers look to a new and novel agent that could hold this promise. There are several antibiotics, either in the pipeline or already approved, for the treatment of MDR Gramnegative organisms. Examples of which include, ceftazidime/avibactam, aztreonam/avibactam, entitled cefepime/zidebactam, imipenem/relebactam, meropenem/vaborbactam, ceftolozane/tazobactam, cefiderocol, plazomicin and eravacycline. However, the efficacy of these new agents against MDR *Acinetobacter* spp. remains a question and requires further exploration. Table 6 summarizes the new agents and their activity against MDR *Acinetobacter* spp. Table 7 summarizes the optimal PK/PD index for novel agents with in vitro activity against MDR *A. baumannii*. Of note, there is a lack of PK/PD target assessment studies against MDR *A. baumannii.* Most studies were done on *Klebsiella pneumoniae* and *Pseudomonas aeruginosa* [144-149].

# 5.1 Cefiderocol

Cefiderocol (S-649266) is a new siderophore cephalosporin antibiotic with an iron chelating siderophore moiety, which contributes to its potency against Gram-negative bacteria [163, 183]. It is actively transported into the periplasmic space through the outer

membrane where it inhibits cell wall synthesis [184]. Cefiderocol is more stable against various beta-lactamases, including class A, B, C and D carbapenemases [185, 186]. Ito-Horiyama *et al*. demonstrated that catalysis by various carbapenemases, including OXA-23, for S-649266 was 260-fold lower than that of meropenem [186].

Pharmacodynamic assessments of cefiderocol demonstrated that %fT<sub>3M</sub> was<br>K/PD index that best predicted the bacteriostatic or bactericidal activity of this agent [<br>S8]. Subsequently, based on a *P. oeruginoso* neutropenic Pharmacodynamic assessments of cefiderocol demonstrated that %fT<sub>>MIC</sub> was the PK/PD index that best predicted the bacteriostatic or bactericidal activity of this agent [187, 188]. Subsequently, based on a *P. aeruginosa* neutropenic murine thigh model, the PK/PD targets for stasis and  $1$ -log<sub>10</sub> and  $2$ -log<sub>10</sub> reductions were found to be 44.4-94.7, 50.2-97.5 and 62.1-100 %, respectively [148]. In this PD study, the MIC of *P. aeruginosa* ranges from 0.063-0.5 µg/mL. Katsube *et al*. then looked at target attainment in patients with varying renal functions using Monte Carlo simulation [143]. The simulation demonstrated that 2 g every 8h with either 1- and 3-hr infusion is likely to achieve 75%  $f_{\text{NMC}}$  against susceptible Gram-negative bacteria including *A. baumannii.* For patients with augmented renal function (creatinine clearance  $\geq 120$  mL/min), 2 g every 6h with 3-hr infusion is likely to achieve 75%  $f_{\text{NMC}}$  against susceptible organisms. The study also suggested the need of supplemental dose immediately after intermittent haemodialysis to achieve similar PK/PD target.

#### 5.2 Plazomicin

Plazomicin (ACHN-490) is a semisynthetic aminoglycoside derived from sisomicin [189]. Its structural modifications made this molecule stable in the presence of most aminoglycoside-modifying enzymes (AMEs). Plazomicin was shown to be more potent than sisomicin, amikacin, and gentamicin, against various Gram-negative bacilli, carrying one or more AMEs, including A. baumannii and other Acinetobacter spp. (MIC<sub>90</sub> 32 mg/L) [189].

 $fAUC/MIC$  ratio was identified as the PK/PD index associated with 1- to 2-log<sub>10</sub> colony forming unit (CFU) reduction for plazomicin, based on a carbapenem-resistant *K. pneumoniae*  neutropenic murine lung and thigh infection model [144, 181]. The *f*AUC/MIC ratio target values associated with a 2-log<sub>10</sub> reduction are 32-39 for lung infection [181]. For thigh infection, the *f*AUC/MIC ratio target value associated with a 1-log<sub>10</sub> reduction is 95 [144].

#### 5.3 Other novel agents

**Example 13.3**<br> **Example 13.3**<br> **Example 15.3**<br> **Example 14.5**<br> **Example 14.5**<br> **Example 14.5** Eravacycline is a novel fluorocycline antibiotic which can overcome resistance to tetracycline-specific efflux and ribosomal protection mechanisms [190]. Its bacteriostatic or bactericidal activity was found to best correlate with *f*AUC/MIC [149, 191]. The target ratios associated with net stasis and the 1- $log_{10}$  reduction were 27.97  $\pm$  8.29 and 32.60  $\pm$  10.85, respectively, based on an *Escherichia coli* neutropenic murine thigh infection model [149]. However, Thabit *et al*. found that the *f*AUC/MIC magnitude associated with 1-log reduction is 5.6 ± 5, when tested against MDR Enterobacteriaceae, in an immunocompetent murine thigh infection model [182].

Delafloxacin is a novel fluoroquinolone with chemical properties that allow it to exist largely deprotonated at acidic pHs which improved its potency in the lower pH infective environments. As with other fluoroquinolones, the PK/PD index associated with bacterial killing of delafloxacin is the *f*AUC/MIC [146, 147]. Based on a *K. pneumoniae* neutropenic murine lung infection model by Thabit *et. al.*, [147] the PK/PD ratio magnitude required to achieve 1-log reduction is 9.6, which is significantly lower than the value observed by Lepak *et. al*., which was 80-200 [146]. However, there was a difference in the susceptibility of the *K.* 

*pneumoniae* isolates used in both studies, whereby the infection model by Lepak *et al*. was tested against extended-spectrum beta-lactamase-producing *K. pneumoniae* isolates.

ignist class A and C beta-lactamases [174]. It works by binding to the penicilim-bin<br>proteins, which are the same targets as for beta-lactams. Durand-Réville et of demonstrated FIX2514 could fully restore beta-lactam activ ETX2514 is a diazabicyclooctanone beta-lactamase inhibitor, which has an extended spectrum of activity that covers of a wide array of class D enzymes, and improved potency against class A and C beta-lactamases [174]. It works by binding to the penicillin-binding proteins, which are the same targets as for beta-lactams. Durand-Réville *et al*. demonstrated that ETX2514 could fully restore beta-lactam activity against class A, C and D-expressing strains of *A. baumannii*, when combined with piperacillin, meropenem or sulbactam [174]. The study showed that the most potent combination against *A. baumannii* was sulbactam– ETX2514, whereby ETX2514 can reduce the MIC of sulbactam by up to 6-fold. For sulbactam/ETX2514, the PK/PD index associated with bacterial killing is the %  $f_{\text{SMIC}}$ (sulbactam) and  $\%T>C_T$  (time above the critical threshold) (ETX2514), with a target value of 50 for both sulbactam and ETX2514 [145]. Subsequent PK/PD analysis then revealed that 1 gm of sulbactam: 0.5 gm of ETX2514 via a 3 hr infusion every 6h is likely to achieve the PK/PD target when tested against *A. baumannii* with MICs of ≤4 mg/L [145].

# 6. Conclusion

*A. baumannii* infections are exceedingly difficult to treat. The prevalence of MDR strains is increasing, and knowledge of optimal treatment is limited. Colistin has been widely studied as monotherapy, or as part of combination therapy, but its use is limited due to nephrotoxicity. The clinical benefit of combination therapy, whether empirical or targeted, has yet to be demonstrated although *in vitro* studies have reported synergistic effects

between various antibiotics against MDR *A. baumannii*. Available clinical studies are unfortunately retrospective and lack control groups, which offers low-grade evidence. A better understanding of the PK/PD of the "old" antibiotics is required to optimize their dosing regimens for maximal bacterial killing. Novel agents such as cefiderocol, plazomicin, eravacycline, and sulbactam/ ETX2514 combination are promising options for the treatment of MDR *A. baumannii*, but these have yet to be evaluated in randomized controlled trials.

#### **Declarations**

The MDR A. *boumannii*, but these have yet to be evaluated in randomized controlled that the electrations<br>
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Competing Interests: None

Ethical Approval: Not required

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							Table 1: Characteristics and outcomes of the studies reporting on the treatment of MDR Acinetobacter spp. infections				
Reference	period	Study design	Number of patients	Study objective	Site of infection	Treatment given	Dose of antimicrobials	Clinical outcome	p-value	Microbiological outcome	p-value
Petrosillo (2014) $[76]$		2010- Retrospective, 103 2011 cohort		Compare monotherapy and combination therapy	Mainly VAP	Colistin alone**	IV colistimethate sodium 4-8 MU/day, with or without loading dose of 4.5-9 MU	30-day mortality 27.9%	0.900		
						Colistin + vancomycin/teicoplanin	IV colistin + IV vancomycin 2 g/day, with or without loading dose of 15 mg/kg OR IV teicoplanin 400 mg/day	30-day mortality 33.3%			
0.19 to 0.93; $p$ 0.03).							However, Cox regression analysis of risk factors for 30-day mortality showed that a colistin-glycopeptide combination was protective of 30-day mortality if administered for ≥ 5 days (HR, 0.42; 95% CI,				
Kalin (2014) $[77]$	2011	Retrospective, cohort	89	Compare monotherapy and combination therapy	VAP	Colistin alone <sup>®</sup>	IV colistimethate sodium 2.5 mg/kg q12h, with renal adjustment	Clinical cure 29.8%, mortality 51.9%	0.500, 0.530	Bacteriological clearance 72.3%	0.28
						Colistin + sulbactam**	IV sulbactam 3 g q8h	Clinical cure 40%, mortality 73%		Bacteriological clearance 85.7%	
Lopez- Cortez (2014)[78]	2010	Prospective, observational 101 cohort		Compare monotherapy and combination therapy	Mainly- pneumonia	Combination therapy	Colistin + tigecycline (27.3%) and carbapenem + tigecycline (12.1%)	30-day mortality 24.2%	0.940		
						Monotherapy	Colistin (67.6%) and carbapenems (14.7%)	30-day mortality 23.5%			
Balkan (2015)[79] 2012	2009-	Retrospective, 107 cohort		Compare monotherapy and combination therapy	Bacteraemia	Colistin monotherapy	IV colistin 2.5-5.0 mg/kg/day, no loading dose	Clinical cure 31.4%, 14-day mortality 52.8%	0.450.	Microbiological eradication 69%	0.13
						Non-colistin based combination therapy	Most common combination: cefoperazone/sulbactam + aminoglycoside, carbapenem + aminoglycoside, carbapenem +	Clinical cure 42.9%, 0.360 14-day mortality 47.2%		Microbiological eradication 83%	











VAP, ventilator-associated pneumonia; IV, intravenous; Neb, nebulized; MU, million units; CBA, colistin-based activity; IT, intrathecal; IVT, intraventricular; BW, body weight; q8h, every 8 hours; q12h, every 12 hours.

\*\* Colistin MIC (minimum inhibitory concentration) testing by methods other than broth microdilution. <sup>#</sup>Colistin MIC testing not done/mentioned.

\*Broth microdilution is the preferred method of susceptibility testing for colistin, as per European Committee on Antimicrobial Susceptibility Testing (EUCAST) recommendation [63].







RCT, randomized controlled trial; CRAB, carbapenem-resistant *Acinetobacter baumgnnii;* VAP, ventilator-associated pneumonia; UTI, urinary tract infection; IV, intravenous; Neb, nebulized; MU,<br>million units; CBA, colistin

\*\* Colistin MIC (minimum inhibitory concentration) testing by methods other than broth microdilution. # Colistin MIC testing not done/mentioned.

\*Broth microdilution is the preferred method of susceptibility testing for colistin, as per European Committee on Antimicrobial Susceptibility Testing (EUCAST) recommendation [63].

Table 3: Studies evaluating dose optimization of antibiotics used for MDR *Acinetobacter spp.* infections





![](_page_59_Picture_271.jpeg)

![](_page_60_Picture_274.jpeg)

![](_page_61_Picture_132.jpeg)

q8h, every 8 hours; q12h, every 12 hours, CFU, colony forming unit; PTA, probability of target attainment; HFIM, hollow-fibre infection model; PD, pharmacodynamic; MCS, Monte-Carlo<br>simulation;%7>MPC, percentage of time tha microorganism).[128]

![](_page_62_Picture_208.jpeg)

Table 4: The PK/PD index and the optimal magnitude of antibiotics against MDR *A. baumannii.*

Abbreviations: *fAUC/MIC*, the ratio of the area under the concentration-time curve during a 24-hour period to MIC; %  $f_{T_{\text{SMIC}}}$ percentage of time that the free drug concentration remains above the MIC of an offending pathogen during a dosing interval; PK/PD, pharmacokinetic/pharmacodynamics; <sup>#</sup>1-log kill; \*2 -log kill <sup>@</sup>3-log kill.

Table 5: Microbiological susceptibility, recommended doses and administration of antibiotics for the treatment of MDR *A. baumannii.*

![](_page_63_Picture_195.jpeg)

Daily dose\*: in 2 divided doses 12 h apart according to creatinine clearance. \*Daily dose of CBA (mg) =  $C_{ss,avg}$  target (mg/L) × 10<sup>(0.0048 × CrCl + 1.825)</sup>, to target a plasma colistin C<sub>ss,avg</sub> of 2 mg/L, depending on the patient's creatinine clearance.

**ACCEPTED** 

![](_page_64_Picture_222.jpeg)

### Table 6: Microbiological susceptibility of MDR *A. baumannii* to new antibiotics.

MDR, multi-drug resistant; MIC<sub>90</sub>, the minimum inhibitory concentration required to inhibit the growth of 90% of the bacteria.

**ACCEPTED** 

![](_page_65_Picture_245.jpeg)

Table 7: The PK/PD index and the optimal magnitude for novel agents with in vitro activity against MDR *A. baumannii.*

Abbreviations: *fAUC/MIC*, the ratio of the area under the concentration-time curve during a 24-hour period to MIC; %  $fT_{\text{SMIC}}$ , percentage of time that the free drug concentration remains above the MIC of an offending pathogen during a dosing interval; %T>C<sub>T</sub>, time above the critical threshold; PK/PD, pharmacokinetic/pharmacodynamics; N/A, not available<br><sup>a</sup> Plasma ƒAUC/MIC target; <sup>b</sup> Epithelial lining fluid (ELF) ƒAUC/MIC target; <sup>#</sup>1-log kill; \*2 -log kill