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Maximizing the quality factor to mode volume ratio for ultra-small photonic crystal cavities

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Small manufacturing-tolerant photonic crystal cavities are systematically designed using topology optimization to enhance the ratio between quality factor and mode volume, Q/V. For relaxed manufacturing tolerance, a cavity with bow-tie shape is obtained which confines light beyond the diffraction limit into a deep-subwavelength volume. Imposition of a small manufacturing tolerance still results in efficient designs, however, with diffraction-limited confinement. Inspired by numerical results, an elliptic ring grating cavity concept is extracted via geometric fitting. Numerical evaluations demonstrate that for small sizes, topologyoptimized cavities enhance the Q/V-ratio by up to two orders of magnitude relative to standard L1 cavities and more than one order of magnitude relative to shape-optimized L1 cavities. An increase in cavity size can enhance the Q/V-ratio by an increase of the Q-factor without significant increase of V. Comparison between optimized and reference cavities illustrates that significant reduction of V requires big topological changes in the cavity.

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Strong light-matter interaction is key in a wide range of photonic and optoelectronic applications, including low threshold lasers¹⁻⁴, sensors⁵, nonlinear optics⁶, cavity quantum electrodynamics⁷, switching^{8,9} and optomechanics¹⁰. In a cavity, the local photon density of states (LDOS) scales proportionally to the Q/V-ratio. An increase of LDOS in a cavity can lead to enhanced spontaneous emission through the Purcell effect¹¹. Both photonic crystal (PhC) and plasmonic cavities have been used to enhance the Purcell effect $^{12-15}$. PhC cavities increase the temporal confinement of light in a material, as represented by their high Q, and are restricted by the diffraction-limited spatial confinement of the light, measured in terms of V^{12-14} . Plasmonic cavities are capable of increasing the spatial confinement beyond the diffraction limit, i.e. a low V can be attained, but are restricted to small Q-values due to ohmic losses¹⁵. Miniaturization of cavities with a high Q/V-ratio is in demand to enhance the light-matter interaction and reduce footprint for compact integrated optical circuits.

Previously, many studies considered the design of dielectric PhC cavites with enhanced Q while keeping a diffraction-limited $V \sim (\lambda/n)^3$. Most of the studies focused on shape optimization (SO) by changing locations or radii of air holes¹²⁻¹⁴ or using gradient-based geometry projection methods^{16,17}. These studies mainly focused on the conventional Ln or Hn cavities^{12-14,16,17} (nis the number of filled holes in the PhC) and assumed very large in-plane dimensions, thus large footprint to reduce in-plane loss. Recently, bow-tie shaped PhC cavities consisting of two tip-to-tip opposite components were studied^{18–21}. However the low V in these cavities is found to be highly dependent on the features between the two tips and hence extremely sensitive to manufacturing variations. 3D electron beam lithography (EBL) can fabricate PhC structures with hole size down to about 40 nm²² and more recently the width of the bow-tie tip connection has been controlled to 12 nm with an error region of $\pm 5 \text{ nm}^{23}$. The fabrication accuracy puts a limit on the resolution of the tip-region, which is important to take into account when optimizing the design.

A density-based topology optimization (TO) method was also employed to design finite-size PhC cavities with enhanced Q/V-ratio²⁴. Even though these optimized PhC cavities exhibit stronly enhanced performance, they are difficult to manufacture, as they contain prohibitively small holes or holes with irregular patterns and sharp features. Such features, largely determined by the underlying mesh resolution, may also result in large modelling errors and erroneous performance estimates. In this study, we employ TO with manufacturing and lengthscale control to systematically design manufacturable 3D PhC membrane cavities demonstrating an increase of the Q/V-ratio by up to two orders of magnitude relative to the standard L1 cavity contained within a square membrane (see Fig. 1) and more than one order of magnitude relative to a SO L1 cavity. In addition we investigate the influence of the cavity size on the performance of the optimized and reference cavities.

In the limit of a low-loss cavity, the Q/V-ratio is only an approximation to the LDOS dominated by the

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FIG. 1. Illustration of a 3D PhC membrane and the corresponding computational domain. (a) 3D PhC membrane. (b) Computational domain and boundary conditions.

contribution of a single resonant mode^{11,24}. The Q/Vratio also describes the spontaneous emission enhancement in the case where the emitter linewidth is narrower than the cavity linewidth²⁵. Hence, to directly target the goal of achieving strong light-matter interaction, the design goal is recast as the problem of maximizing a frequency-averaged LDOS in the PhC membrane excited by a dipole²⁴. Using complex analysis it can be shown that the LDOS may be calculated from the electric field using a simple multi-pole evaluation instead of a full frequency domain integration²⁴. By introducing a squared Lorentzian weight function this evaluation is reduced to a single complex frequency evaluation of the electric field to obtain the LDOS for a given material configuration. The width of the weight function is gradually reduced over the course of the optimization using a continuation scheme to attain the final design for the targeted frequency²⁴.

The cavity design and evaluation take offset in the PhC membrane illustrated in Fig. 1 with a finite size of $t \times t \times h$. The lattice constant is set to a = 440 nm and the membrane thickness is set to h/a = 0.568. To avoid a free floating membrane, a thin beam of width 80 nm is attached to the membrane as shown in the top figure in Fig. 1(a). The dielectric material constituting the membrane is Indium Phosphide (InP) with a refractive index of $n_{\rm InP} = 3.17$. The membrane is surrounded by air $(n_{air} = 1)$ in all directions. Due to the imposition of symmetry, only one eighth of the full domain is modelled with appropriate boundary conditions as illustrated in Fig. 1(b), where Γ_{PMC} and Γ_{PEC} denote a perfect magnetic conductor (PMC, $n \times H = 0$) and a perfect electric conductor (PEC, $n \times E = 0$), respectively. Absorbing boundary conditions, Γ_{ABS} , are used to truncate the computational domain. The membrane is excited by a dipole oriented along the x-direction

with an angular frequency, ω , modelled as a current $J(\mathbf{x}) \sim \mathbf{e}_{\mathbf{x}} e^{i\omega t} \delta(\mathbf{x} - \mathbf{x}_0)$. The total electric field is governed by

$$\nabla \times \frac{1}{\mu(\boldsymbol{x})} \nabla \times \boldsymbol{E}(\boldsymbol{x}) - \varepsilon(\boldsymbol{x}) \omega^2 \boldsymbol{E}(\boldsymbol{x}) = i \omega \boldsymbol{J}(\boldsymbol{x}) \qquad (1)$$

The finite element method is employed to solve the scattering problem in Eq. (1). The solver is implemented using the parallel sparse-matrix library $PETSc^{26}$ and the MUltifrontal Massively Parallel sparse direct Solver $(MUMPS)^{27}$

Based on the finite element discretization, a continuous design variable, $\rho \in [0, 1]$, is introduced in each element to represent the material occupation in the element, and the elemental refractive index is interpolated using²⁸

$$n\left(\rho\right) = \rho\left(n_{\rm InP} - n_{\rm Air}\right) + n_{\rm Air} \tag{2}$$

The design is iteratively updated using the gradientbased optimization method, the Method of Moving Asymptotes (MMA)²⁹. The sensitivities of the objective and constraints are derived using adjoint sensitivity analysis^{24,30}. The software used to design cavities including the finite element solver and MMA implementation, is developed in-house.

In order to verify the performance of the optimized cavities, they are imported into the commercial software COMSOL Multiphysics 5.3 and evaluated using eigenvalue analysis³¹. The TO designs are extracted from the FEM model by performing an isometric mapping and extracting the design for the isovalue of 0.5 in a post processing step. This avoids stair-casing caused by the FEM mesh of the optimization model which in turn would limit accurate production.

As the first optimization case, we explore the possible performance attained by TO cavities. Hence we design a free floating PhC cavity with a size of t/a = 7 allowing small and sharp features. The target wavelength is $\lambda = 1550$ nm. As the initial guess for the optimization, we use the reference L1 cavity shown in Fig. 1 consisting of a hexagonal lattice with an air cylinder radius of r = 0.26a without the beam in the center region. The full PhC region is freely designable. The center of the optimized cavity shown in Fig. 2(a) resembles a bow-tie with a tip gap of 10 nm at the cavity center, which is surrounded by a ring-like grating. As expected, small features are observed in the optimized cavity, which are likely impossible to fabricate accurately using present day techniques.

To avoid the small features present in the previous design, a minimum length scale is introduced in the design by applying a smoothened Heaviside projection filtering technique to the design field³². The smallest feature that can be fabricated is determined mainly by the EBL and the semiconductor dry etching. As for our InP platform, we found that it is preferable to keep this value larger than 50 nm, otherwise, it will be difficult to make it etched through. Here, a filter radius of 96 nm is employed, and a minimum length scale of 74 nm is enforced in both dielectric material and air using a geometrical constraint approach³³. Further, an 80 nm wide nondesignable region occupied by InP is introduced at the center of the cavity, highlighted in the red in the optimized design in Fig. 2(c), as the mode should be confined inside the solid and not the air region. This has the effect that the size of the bow-tie region is changed. It is seen that all the features in the design are smooth and conform to the imposed length scale. The smoothened bow-tie is surrounded by a smooth elliptic ring grating as well as (less important) corner PhC-like regions.

To evaluate the performance of the optimized cavities, we use the standard L1 cavity shown in Fig. 1(a) (also shown in Fig. 2(e)) as a reference (L1 has an antinode of $||\mathbf{E}||$ at the cavity center while H0 has an node¹⁴). As an additional reference we use a SO L1 cavity obtained using a parameter sweep over the hole radius (r_0) and lattice constant (a_0) of the air cylinders closest to the cavity center, with $r_0 \in [0.22a, 0.32a]$ and $a_0 \in [220, 500]$ nm. The SO L1 cavity with largest Q/V-ratio is obtained for $r_0 = 0.23a$ and $a_0 = 460$ nm and is shown in Fig. 2(g).

The normalized electric field norm of the resonant modes in the optimized and reference cavities are shown in the right column of Fig. 2. The performance of the cavities is summarized in Table I. It is seen in Fig. 2(b) that the cavity with small features exhibits an extremely high field intensity at its center. Hence the optimized cavity can concentrate light into a deep-subwavelength volume with $V = 0.00026 (\lambda/n)^3$. Here n is the refractive index of the cavity material. The mode volume is calculated using²⁰ $V = \frac{\int \varepsilon(\boldsymbol{x}) |\boldsymbol{E}(\boldsymbol{x})|^2 d\boldsymbol{x}}{\max\{\varepsilon(\boldsymbol{x}) |\boldsymbol{E}(\boldsymbol{x})|^2\}}$. Moreover the surrounding grating structure adapted to the bow-tie shape further reduces field intensity away from the cavity center, which leads to an increase in Q and a further reduced V for the targeted resonant mode. Hence the optimized cavity shown in Fig. 2(a) displays at least two order of magnitude lower V than the optimized H0 cavity by Wang et al.¹⁷ and five time smaller V than the other proposed cavities by Gondarenko and Lipson¹⁸. Further, it possesses a high Q/V-ratio, which is at least two times that of the highest Q/V-ratio obtained for a dielectric bow-tie cavity proposed by Lu et al.¹⁹ and a hybrid photonic-plasmonic nanobeam cavity at room temperature by Conteduca et al^{34} . It is known that V is mainly determined by the size of the gap in the bow-tie shape at the cavity center. The smaller the gap, the smaller V^{19} . In this work, the numerical resolution and post processing limited the gap size between two bow-tie tips to 10 nm.

The field intensity at the cavity center for the design with restricted spatial resolution, shown in Fig. 2(c)-(d), is lower than for the previous design shown in Fig. 2(a)-(b). However, it is still significantly larger than the L1and SO L1 cavities shown in Fig. 2(e)-(h). Moreover the spatial confinement of the field pattern is smaller than in the reference cavities. Hence, it is evident that the optimized cavity possesses a significantly enhanced Q/Vratio relative to both reference cavities (see Table I).



FIG. 2. Left column: TO cavities and reference ones with t/a = 7. Right column: Electric field norm $||\mathbf{E}||$ of corresponding fundamental resonant modes. (a)-(b) TO 3D PhC membrane cavity with small features. (c)-(d) TO 3D PhC membrane cavity with a minimum length scale of 74 nm. (e)-(f) L1 cavity. (g)-(h) SO L1 cavity.

However, the introduction of the non-design domain at the cavity center and the enforcement of length scale prohibits the appearance of small features, which in turn restricts the optimized design from attaining a V below the diffraction limit of $V \sim 0.1 (\lambda/n)^3$. It is observed that the TO cavity with small features confines light in the air regions while the one with imposed length scale confines light inside the InP. The non-design domain guarantees the confinement of light in the material region at the cavity center, which is important for applications³.

Compared to the standard L1 cavity, the SO L1 cavity enhances the Q/V-ratio by an increased Q with a small increase in V. The TO cavity with imposed length scale enhances the Q/V-ratio by both increased Q and reduced V and displays a Q/V-ratio at least 18 times higher than both references. The finite size of the PhC membrane limits the Q-value due to in-plane loss. The elliptic Bragg gratings created in the TO cavities reduces in-plane loss hereby facilitating a significant increase in Q.

Next we study the effect of the outer dimensions of the PhC cavity on the attainable Q/V-ratio.

TO cavities, designed with resolution limitation and with different maximum outer dimensions of t/a = 4.273, t/a = 7, t/a = 11 and t/a = 15 are presented in Fig. 3(a)-(d). It is seen that all the optimized cavities retain bow-

TABLE I. Performance of the TO, L1 and SO L1 cavities with t/a = 7 for the fundamental resonant mode

Design	$\lambda \; [nm]$	Q	$V\left[(\lambda/n)^3\right]$	$Q/V \left[(n/\lambda)^3 \right]$
TO (a)	1549	1062	0.0002651	4006×10^{3}
TO Len. (c)	1554	2979	0.1083	27.50×10^3
L1 (e)	1451	265.4	0.3142	0.8446×10^{3}
SO $L1$ (g)	1506	486.7	0.3330	1.462×10^{3}



FIG. 3. (a)-(d) TO 3D PhC membrane cavities with different sizes. (e) Extracted elliptic ring grating cavity.

tie shape region surrounded by the elliptic ring gratings adapted to a central bow-tie shape, indicating the importance of both types of features in attaining a high Q/V-ratio. More complex geometric features are seen to appear in the largest cavity (Fig. 3(d)). These intricate features are however less important for the design performance due to the low field intensity further from the cavity center.

By extracting the elliptic rings and bow-tie feature from the TO cavity in Fig. 3(d) and fitting a simplified elliptic grating structure with varying bar width and spacing, an elliptic ring grating cavity is obtained, see Fig. 3(e). Corresponding elliptic ring grating cavities for t/a = 11, t/a = 7, t/a = 4.273 are obtained by removing one, two and three elliptic rings from the design in Fig. 3(e).

The performance of the reference, TO with resolution limitation and parametrized ring cavities are shown in Fig. 4. SO L1 cavities are obtained by performing a SO for each individual size. Note that the sizes of the elliptic ring grating cavities deviate from the other cavities. The t/a-values reported in Fig. 4 correspond to the dimension in the x-direction. As expected, the larger the cavity size, the larger the Q/V-ratio. Unsurprisingly, the TO cavities are seen to exhibit the best performance followed by the elliptic ring grating cavities. The elliptic



FIG. 4. Overall performance comparison of different cavities vs cavity size. (a) Q/V vs cavity size. (b) Q vs cavity size. (c) V vs cavity size.

ring grating cavities possess smaller Q compared to the corresponding TO cavities, but have similar V. Moreover, it is seen that increasing cavity size can enhance Q significantly, however, V does not change much since the main contribution to the low V stems from the bow-tie at the cavity center. For the largest size, there is no significant difference in terms of Q between the TO and SO cavities since the in-plane loss is very small in the large cavity and the Q is mainly dominated by out-of-plane loss. Comparing the TO designs to the L1 and SO L1cavities, a significant decrease in V is observed for all sizes. This indicates that to attain a lower V, significant geometric changes to the cavity are required. Moreover the extracted elliptic ring grating cavities exhibit more in-plane losses represented by smaller Q than the SO L1and TO cavities for large cavity size. This implies that the smaller branches attached in the ring gratings and the features at the membrane corners in Fig. 3 (c)-(d) can facilitate a higher Q. However, the simplicity of the parametrized elliptic ring cavity may be appealing from a fabrication point of view.

In conclusion, a density-based TO method has been employed to the systematic design of manufacturable small finite-size membrane cavities with a smallest feature size of 74 nm, well above standard EBL tolerances²². Further, the influence of cavity size on Q and V was investigated. Inspired by the TO designs, elliptic ring grating cavities were extracted using parametric models. The overall comparison of cavity performances demonstrates that the TO cavities perform best among all the cavities considered followed by the extracted ring grating cavities. By increasing the cavity size, one can obtain higher Q, however there is no significant improvement in V. The lower V requires significant geometric changes in the cavity center, such as from L1 to elliptic ring grating cavities. Moreover resolution restrictions lead to near-diffractionlimited volumes. Smaller features are required to reach a deep-subwavelength mode volume. By reducing the minimum length scale and introducing a smaller fixed material region at the cavity center it would be possible to obtain designs with significantly lower V while ensuring that the field is confined to the solid. Even though this study is mainly focused on designing cavities with field confinement in solid, the whole procedure can be used to design cavities with field confinement in the air as well, suitable for other applications such as optical tweezers³⁵.

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