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1 **Composting of food wastes: Status and challenges**

2

3 Alejandra Cerda, Adriana Artola, Xavier Font, Raquel Barrena, Teresa Gea, and Antoni

4 Sánchez*

5

6 GICOM Research Group

7 Department of Chemical, Biological and Environmental Engineering

8 Escola d'Enginyeria

9 Universitat Autònoma de Barcelona

10 08193 Bellaterra (Barcelona, Spain)

11

12 * Corresponding author

13

14 Email: antoni.sanchez@uab.cat

15 Tel.: +34-935811019

16 Fax: +34-935812013

17

18 **Abstract**

19

20 This review analyses the main challenges of the process of food waste
21 composting and examines the crucial aspects related to the quality of the produced
22 compost. Although recent advances have been made in crucial aspects of the process,
23 such composting microbiology, improvements are needed in process monitoring.
24 Therefore, specific problems related to food waste composting, such as the presence of
25 impurities, are thoroughly analysed in this study. In addition, environmental impacts
26 related to food waste composting, such as emissions of greenhouse gases and odours,
27 are discussed. Finally, the use of food waste compost in soil bioremediation is discussed
28 in detail.

29

30 **Keywords:** composting; food waste; odours; greenhouse gases; microbiology.

31 **1. Introduction**

32

33 Food waste (FW) comprises the main fraction (45%) of total municipal solid
34 waste in Europe (IPCC, 2006). This percentage averages 55% in developing countries
35 (Troschinetz and Mihelcic, 2009). Until a few years ago, the final destination of FW
36 was either disposal in landfills or incineration. Although this situation persists in many
37 countries, other nations have considered more sustainable methods for waste
38 management and have developed new legislation regarding the final disposal of solid
39 wastes which involves material valorisation of FW.

40 Material valorisation is usually conducted by biological processes such as
41 composting and anaerobic digestion. Both processes are based on biological degradation
42 of the organic matter and occur under aerobic and anaerobic conditions, respectively.
43 Compost, an organic amendment, is the final product of the composting process.
44 Biogas, which contains a mixture of gases consisting mainly of methane (CH₄) and
45 carbon dioxide (CO₂), and a non-stabilised digestate, are the final products of the
46 anaerobic digestion process. Both processes are an efficient and environmentally
47 friendly alternative for managing FW and are used extensively worldwide.

48 Diverting municipal solid waste organic material from landfills to composting or
49 anaerobic digestion has many environmental benefits. Among them, reduction in
50 landfill emissions of greenhouse gases (GHGs) and improvement of soil properties
51 through compost application have been highlighted (Bernstad et al., 2016). The
52 processes for both cases are well known and have been discussed in recent literature;
53 however, some aspects can be further improved, particularly for FW composting. Thus,
54 this study aims to provide a general overview of the composting of FW by identifying
55 the main challenges occurring in the process.

56 Briefly, the production of high-quality compost requires that the process must be
57 properly controlled and managed, as summarised in Figure 1. FW is a highly
58 heterogeneous material with a high moisture content, high organic to ash ratio, and an
59 amorphous physical structure. Moreover, FW can contain a high percentage of inert
60 materials such as glass or plastic depending of the collection system. These particular
61 characteristics will affect some aspects of the process. The pH, carbon to nitrogen ratio
62 (C/N), moisture content, aeration rate, particle size, and porosity must be properly set
63 considering the characteristics of the FW. Mistakes in the initial preparation and
64 adjustment of the mixture with typical bulking agents or in the control of the process
65 will lead to odour emissions, increases in the environmental impact of the process, and
66 low-quality compost. Determining the compost quality is also a challenge because
67 several methodologies can be used to assess its maturity and stability, particularly in the
68 case of FW, in which inert materials in the compost must be considered. Moreover, the
69 compost quality determines the suitability of further application on soil bioremediation
70 or other applications.

71 Throughout this review, the main parameters controlling the composting
72 process, including its microbiology and its effect when FW is composted, are discussed.
73 Special attention is given to key parameters such as porosity, the microbiology of the
74 process, respirometric techniques, and stability limits. In addition, compost quality,
75 GHG emissions, and the application of compost in soil bioremediation are also
76 reviewed.

77

78 **2. General challenges in the composting of food waste**

79 *2.1. Food waste composition*

80

81 The utilisation of FW for material and energy conversion remains challenging
82 for several reasons that are related to its inherent heterogeneous composition, high
83 moisture content, and low calorific value, which impede the development of robust,
84 large-scale, and efficient industrial processes (Adhikari et al., 2008).

85 FW can be highly variable depending on its source and is strongly dependent on
86 the eating habits of consumers. Thi et al. (2015) conducted a review that showed FW
87 can comprise 74–90% moisture, and have a volatile solids to total solids ratio (VS/TS)
88 of 80–97%, and a C/N ratio of 14.7–36.4. Chang and Hsu (2008) developed a method
89 for predicting 10 parameters of the FW composting process including composting and
90 acidification times, highest temperature, final and lowest pH values, cumulative CO₂
91 evolution, and the percentages of material losses in terms of the weight fractions of
92 protein and fat of synthetic FW composed of human and animal foods. The model
93 proved to be effective for kitchen waste and obtained good predictions. The final
94 products of all experimental runs passed multiple maturity tests. Despite the promising
95 results, their study was performed using synthetic waste; therefore, these results need to
96 be validated with real FW.

97 The collection and sorting system also influences the FW composition, the
98 composting process and the final product quality because the initial non-organic
99 components in the FW will determine the impurity content at the end of the process.
100 Moreover, the levels of the impurity content are highly variable depending on the
101 collection system used such as individual residential receptacles, street bins, and other
102 containers. The source-separation of the organic fraction of municipal solid waste
103 (OFMSW) is a key process because it reduces the non-organic content in biowaste, and
104 thus, the impurities such as heavy metals and pesticides in the compost (Huerta-Pujol et
105 al., 2010). Understanding the factors affecting the presence of non-organic impurities in

106 biowaste is required to avoid negative effects such as higher treatment costs, reduced
107 plant capacity, and lower compost quality (Puig-Ventosa et al., 2013). The role of
108 impurities in the composting process will be further discussed in section 5.1.

109

110 2.2. *Odours*

111 Odours are inherent by-products of the composting process regardless of the
112 initial organic material or process condition. Odours clearly contribute to the
113 environmental impact of composting facilities and cause social concern that in many
114 cases results in plant closure or the implementation of prevention measures (Colon et
115 al., 2012). In recent years, great effort has been made in identifying and quantifying the
116 emitted odorants, the major source of which is volatile organic compounds (VOCs)
117 (Maulini-Duran et al., 2014; Scaglia et al., 2011) . It has been reported that VOCs are
118 abundantly emitted when composting the OFMSW which is comprised mainly of FW.
119 A progressive reduction of VOC emission complexity including the amount and
120 diversity occurs throughout the biological process (Scaglia et al., 2011). Although the
121 relative abundance of these pollutants may vary, the most commonly emitted VOC
122 families are terpenes, aliphatic carbons, aromatic hydrocarbons, ketones, and esters
123 (Zhang et al., 2016).

124 Many other studies that agree with these findings have also identified limonene
125 as one of the most relevant VOCs (Komilis et al., 2004; Wei et al., 2017). Komilis et al.
126 (2004) determined that for FW, the most abundant families of VOC emitted were
127 sulphides, acids, and alcohols; xenobiotic VOCs occurred to a lesser extent. Their
128 presence is likely a result of various reactions that take place during the cooking of
129 some food constituents owing to small amounts of pesticides present on raw vegetables
130 or merely a result of atmospheric deposition.

131 Maulini-Durán et al. (2015) identified dimethyl sulphide, dimethyl disulphide,
132 limonene, and α and β -pinene as the most significant odorous VOCs in a composting
133 process of OFMSW. According to their study, the latter two compounds were mainly
134 released from the wood chips used as bulking agent (BA).

135 Considering odours derived from nitrogen compounds, the most important
136 pollutant generated in FW composting is ammonia (NH_3), its release favoured by the
137 low C/N ratio of FW (Zang et al., 2016). The release of NH_3 is strongly dependent on
138 the pH and temperature of the composting pile and is favoured by high temperatures
139 (thermophilic) and alkaline conditions (Pagans et al., 2006). Another nitrogen-derived
140 odour reported to be produced in FW composting is trimethylamine, which is normally
141 produced in industrial-scale FW treatment plants (Wei et al., 2017). This compound is
142 important because it has a low odour threshold, which implies a substantial contribution
143 to odorous pollution (Tsai et al., 2008).

144 Odours derived from sulphur have also been reported during the composting of
145 FW, including dimethyl sulphide, dimethyl disulphide, and methyl mercaptan (Komilis
146 et al., 2004; Maulini-Duran et al., 2014; Zhang et al., 2016) . There is no clear
147 predominant pollutant among the studies reported, which is likely associated with the
148 fact that sulphur compounds are generated mainly from the biodegradation of sulphur-
149 containing proteins during composting (Komilis et al., 2004). The characteristics of the
150 raw material are of great importance, particularly in FW. Another factor that could
151 explain the differences for all odours in addition to those from sulphur-derived
152 compounds is that the temperature and aeration rate can affect the microbiota
153 development during the process (Zhang et al., 2016).

154 The relative abundance of odorous compounds is dependent on the starting
155 material, configuration of the composting process (i.e. open or closed), and process

156 conditions such as moisture and aeration, as well as the composting stage (i.e. active
157 composting phase or curing phase) and composting operations (e.g. shredding,
158 screening, or turning).

159 In order to mitigate the emission of these pollutants, it is necessary to optimise
160 the composting process by i) maintaining the proper aeration rate and thus avoiding
161 anaerobic conditions in the solid composting matrix and ii) selecting different BAs in an
162 adequate ratio to provide the required free air space. A novel method for optimising
163 biological activity using the oxygen uptake rate (OUR), which has been proposed by
164 Puyuelo et al. (2010) and assessed by Maulini et al. (2014), has shown a slight reduction
165 in VOC generation.

166 Finally, the incorporation of gas treatment units in composting installations must
167 be considered. Biofiltration is a common treatment in composting facilities which can
168 aid in the reduction of gaseous compounds and odours commonly encountered during
169 the process (Pagans et al., 2006).

170

171 *2.3. Process monitoring challenges*

172 *2.3.1. Routine variables*

173 The effectiveness of the composting process is influenced by factors such as
174 temperature, oxygen (O₂) supply (i.e. aeration), moisture content, pH, C/N ratio, particle
175 size, and degree of compaction (Li et al., 2013).

176 Proper O₂ supply is the most important aspect to consider in composting;
177 therefore, aeration is critical. The efficiency of the composting process is strongly
178 affected by O₂ level because the composting process is directly associated with
179 microbial population dynamics (Nakasaka and Hirai, 2017). In this sense, the aeration
180 rate affects the quality of the compost and microbial activity in the composting process.

181 Rasapoor et al. (2016) compared different aeration systems on FW composting. Both
182 forced aeration and pile turning are shown to be efficient in terms of final compost
183 quality, although the latter showed better results for agricultural applications even
184 though it was associated with significant energy consumption and pollutant emissions.
185 Additionally, Guo et al. (2012) proved that a low aeration rate ($<0.2 \text{ L min}^{-1} \text{ kg}^{-1} \text{ OM}$)
186 led to a low degradation rate, moisture and heat loss, reduction in the overall NH_3
187 generation, and significant decrease in temperature, therefore affecting microbial
188 diversity. Adequate aeration rates, ranging from 0.2 to $0.6 \text{ L min}^{-1} \text{ kg}^{-1} \text{ OM}$, show
189 significant improvements in NH_3 and odour release, C/N ratio reduction, and compost
190 maturity (Zhang et al., 2016; Zhang and Sun, 2016). These authors also concluded that
191 aeration is the main factor affecting compost stability, whereas the C/N ratio influenced
192 compost maturity. These facts were also observed by Wang et al. (2016), who reported
193 no significant differences when assessing different C/N ratios in FW composting. A
194 statistical approach has been undertaken by Li et al. (2015) to assess the most influential
195 parameter on the final product maturity in FW composting. It was stated that all the
196 parameters influence composting maturity; however, the aeration rate proved to have a
197 more significant effect, which is in accordance with the results reported by other authors
198 (Nair and Okamitsu, 2010).

199 The C/N ratio is important for several aspects of composting but is particularly
200 crucial for the development of microorganisms during composting because it provides
201 the carbon and nitrogen source required for growth. Limiting the content of N is
202 undesirable because it generates a reduction in the C consumption rate, whereas an
203 excess in N can generate the release of NH_3 gas (Zhang et al., 2016). In this sense, the
204 C/N ratio is a measure of the decomposition degree owing to the degradation of carbon
205 to CO_2 during the high-rate degradation stage. Then, the C/N ratio decreases throughout

206 the composting process as reported by Yang et al. (2015) and Wang et al. (2016)
207 because the C degradation rate is higher than the mineralisation rate of N. Thus, an
208 excessive C/N relates to a deficiency of nutrients to microbiota, and a low C/N ratio
209 implies the release of several undesirable compounds such as odours or salts, which are
210 unfavourable for plant growth (Onwosi et al., 2017). The recommended initial C/N ratio
211 at the start of the composting process ranges from 25–30. However, many other authors
212 have used a different C/N ratios, between 20–40 (Maulini-Duran et al., 2014; Yang et
213 al., 2015), with good results. Although the extended use of this ratio, it is important to
214 note that FW can present slow or non-biodegradable carbon sources depending on the
215 presence of impurities such as plastics, textiles, wood, etc. In this sense, the use of a
216 ratio based on the biodegradable organic carbon should be more adequate (Puyuelo et
217 al., 2011).

218 Particle size is an important parameter in FW composting, although it is not
219 often measured. This parameter influences the setting of the porosity level for proper
220 aeration (Ruggieri et al., 2009) and determines the water-holding capacity and gas/water
221 exchange in the final compost (Zhang and Sun, 2016). Particle size may not be the most
222 important parameter for composting, but it is related to the porosity, which is the
223 greatest challenge to overcome when using FW as raw material.

224

225 2.3.2. Mixture conditioning: porosity as the main challenge

226 One of the most important properties in the composting of FW is porosity
227 (Ruggieri et al., 2009), which is influenced by several parameters such as particle size
228 and moisture content clearly influencing O₂ content. These parameters determine the
229 performance of the composting process. For example, in FW, the water content is
230 normally high (Adhikari et al., 2008); therefore, if the porosity is not adequate, the pore

231 spaces could be filled with water, which could lead to the generation of anaerobic zones
232 and consequently to odour release. Achieving proper porosity levels ensures correct air
233 circulation through the solid matrix and provides full aerobic conditions, thereby
234 achieving the correct proliferation of microorganisms. In addition, if the air flow
235 provided to the mixture is adequate, the processes of CO₂ and heat removal and the
236 regulation of the water content are promoted.

237 As previously stated, it is highly recommended to work under optimum porosity
238 levels in order to achieve the desired composting conditions. Different approaches have
239 been used to measure the porosity of a mixture; however, the most utilised and reliable
240 measure is FAS (free air space) determination (Su et al., 2006, Ruggieri et al., 2009). In
241 addition, FAS is often calculated by means of a theoretical and empirical formula which
242 considers bulk density and other parameters such as particle size or the dry or organic
243 mass content (Soares et al., 2013, Ruggieri et al., 2009).

244 Despite the high importance of porosity in FW composting, most recent studies
245 did not adjust the porosity in their respective mixtures. In such works, a tangential
246 approach to the subject is shown which considers only BA incorporation to adjust the
247 moisture and the C/N ratio (Külcü, 2015; Mu et al., 2017). In FW composting, several
248 BAs have been evaluated. Among them, cereal residue pellets and wood chips have
249 resulted in better conditions for FW composting even considering variations in the
250 physical composition (Adhikari et al., 2008; Schwalb et al., 2011). Most of these studies
251 reported an adequate FAS range of 30–50% for FW composting (Hong et al., 2012;
252 Schwalb et al., 2011; Soares et al., 2013; Su et al., 2006; Yu et al., 2009); however, it
253 was not specified whether those values are initial or were maintained during the entire
254 composting process. In this sense, almost no literature is available on the FAS
255 conditions in the curing stage. Yu et al. (2009) assessed the effect of FAS during the

256 curing stage by using passive aeration reporting values up to 67% as a proper curing
257 stage value. Neglecting the study of this stage could limit the understanding of the entire
258 process and could have an impact on the quality of the compost.

259 In addition to the well-known effects of porosity on the performance of the
260 composting process, Külçü (2015) assessed the relationship between appropriate FAS
261 values and the energy consumption of the composting process of chicken manure. This
262 author found an optimum FAS range of 30–33%, which is in accordance with many
263 studies (Ruggieri et al., 2009). However, the author also reported that working below
264 30% resulted in a 30% increase in the energy consumption. Despite this result, the
265 overall composting process was not negatively affected likely because the high
266 clearance volume creates an increase in the heat transfer, which in turn decreases the
267 mass temperature.

268

269 2.3.3. Process control parameters

270 Properties such as cation exchange capacity, C:N ratio, and humic fraction ratio
271 have traditionally been used for the monitoring of composting processes. However,
272 biological and biochemical parameters have recently arisen as good indicators both
273 during and at the end of the aerobic biotransformation of organic waste (Barrena et al.,
274 2009). Biological methods for monitoring the composting process are based on the
275 respiration index (RI) of the biomass under dynamic (DRI) and static conditions (SRI)
276 (Barrena et al., 2009; Barrena et al., 2006). Both parameters are indicators of the
277 biological activity of a composting process but provide only quantitative results when
278 they are employed in identical conditions, which is not always feasible. Ideally, both
279 indices would be identical in an aerobic environment; however, significant differences
280 have been found between both indices in composting experiments. Concretely, the use

281 of SRI resulted in an underestimation of the biological activity of a compost sample,
282 which is usually attributed to O₂ diffusion problems in the determination of the
283 respirometric index in solid static samples. These issues were resolved when using
284 continuous aeration in the solid matrix (Barrena et al., 2009).

285

286 **3. Microbiology in food waste composting**

287 The composting process is conducted in a series of different microorganisms
288 aiming to degrade organic matter. Therefore, the monitoring of these microorganisms in
289 succession is key for effective management of the composting process, rate of
290 biodegradation, and compost quality given that the appearance of some microorganisms
291 reflects the maturity of the compost (Jurado et al., 2014).

292

293 *3.1. New analytical tools*

294 Numerous techniques have been used for investigating the change in the
295 microorganism diversity during the composting process. These methods can be
296 classified as culture-based or culture-independent methods. Among the culture-based
297 methods, different techniques have been proposed such as measurement of the
298 adenosine triphosphate (ATP) content (Horiuchi et al., 2003), microbial activity
299 (Ryckeboer et al., 2003) and potential metabolic abilities determined by the BIOLOG
300 sole-carbon utilisation test (Borrero et al., 2006).

301 Horiuchi et al. (2003) performed ATP measurement in compost, which enabled
302 the monitoring of microbial activity of the composting process at a lab scale. The
303 analytical simplicity of the method makes it an attractive alternative for the monitoring
304 of a large-scale process. Despite the effectiveness of the aforementioned methods, all of
305 them use isolated strains able to grow in specific solid matrices (agar in Petri dishes).

306 However, they can provide a restricted overview of the microbiome during the
307 composting process. This is possible because only <1% of the total DNA in complex
308 samples such as compost correspond to culturable microorganisms; therefore, more than
309 99% of the microorganisms remain viable but not culturable. These organisms could
310 represent completely novel groups and may be abundant or very active but remain
311 untapped by standard culture methods. For this reason, different culture-independent
312 methods have been developed that enable identification of microbial communities
313 without the culturing of organisms on agar media. Among them, the direct analysis of
314 phospholipid fatty acid (PLFA) patterns (Amir et al., 2010; Carpenter-Boggs et al.,
315 1998) or, more interestingly, the use of molecular tools on extractable DNA or RNA in
316 compost samples is attractive (Jurado et al., 2014). The assessment of microbial
317 communities using both a classical approach (culturing) and a molecular approach (16S
318 rDNA analyses) led to different and sometimes contradictory results (Ishii and Takii,
319 2003).

320 The use of novel techniques is certain to help the detection of unique
321 microorganisms; however, they still present many uncertainties. Consequently,
322 traditional methodologies are still useful in environmental microbiology. Tiquia (2010)
323 combined traditional plating techniques with terminal restriction fragment length
324 polymorphism analysis (T-RFLP) to monitor changes in bacterial and fungal
325 community composition during composting, and Antunes et al. (2016) combined
326 several molecular biology techniques. Furthermore, each technique appears to have its
327 own limitations. For example, only a few PLFAs can be considered to be absolute
328 signature substances for a single species or even a specific group of organisms
329 (Carpenter-Boggs et al., 1998). However, analyses of DNA or rRNA followed by 16S
330 (prokaryotes) or 18S (eukaryotes) analyses do not always reflect the qualitative and

331 quantitative diversity present in environmental samples such as compost because some
332 DNA may be recalcitrant for extraction in these types of samples (Jurado et al., 2014).
333 In addition, Franke-Whittle et al. (2005) developed a microarray consisting of
334 oligonucleotide probes targeting variable regions of the 16S rRNA gene, which enabled
335 identification of different microorganisms. Even though this technique is simple to
336 assess, it requires the full sequence of one target microorganism in order to confirm its
337 presence in the sample. Therefore, this method is suitable only for confirming a
338 normally found strain but not for identifying new species. Therefore, culture-based and
339 culture-independent molecular techniques are neither contradictory nor exclusionary
340 and should be considered as complementary.

341 In light of all the different new techniques, Antunes et al. (2016) approached the
342 identification of a microbiome in the thermophilic stage of composting by using a
343 combination of different techniques using shotgun DNA, 16S rRNA gene amplicon,
344 and metatranscriptome high-throughput sequencing. This enabled an unprecedented
345 detailed view of not only the microbial community structure and dynamics but also
346 their functionality.

347 Despite the strong interest in non-culture based methods for microbiome
348 identification of complex substrates, it must be considered that the assessment of the
349 richness in complex communities is futile without extensive sampling. Moreover, some
350 diversity indices can be estimated with reasonable accuracy through the analysis of
351 clone libraries but not from community fingerprint data (Bent and Forney, 2008).

352

353 *3.2. Microbial communities*

354 Along with the development of new molecular biology tools, new research with
355 different objectives has been conducted to identify the full succession of the

356 microbiome during the different stages of the composting process. Normally,
357 microbiome identification is conducted in order to fully understand the composting
358 process itself (Franke-Whittle et al., 2014; López-González et al., 2015); however, more
359 specific goals are being developed.

360 Wang et al. (2017) reported that the dominant phyla of the community structure
361 in fed-batch composting were *Firmicutes*, *Proteobacteria*, *Bacteroidetes*, and
362 *Actinobacteria* as determined by high-throughput sequencing. In this study, the authors
363 also reported higher diversity in the maturation phase compared with that in the
364 thermophilic biodegradation stage. During the last decades, a large variety of
365 mesophilic, thermotolerant, and thermophilic aerobic microorganisms including
366 bacteria, actinomycetes, yeasts, and various other fungi have been extensively reported
367 in composts (Antunes et al., 2016; Franke-Whittle et al., 2014; Ishii and Takii, 2003;
368 Kinet et al., 2015; López-González et al., 2015). A list/summary of some of the
369 microorganisms identified during FW composting is presented in Table 1. Successful
370 composting depends on a number of factors that have both direct and indirect influences
371 on the activities of the microorganisms (Chandna et al., 2013).

372 Composting is a process performed by a series of microorganisms associated
373 with different degradation systems (López-González et al., 2015). Several authors have
374 focused their research on the study of the lignocellulosic fraction of FW because the
375 microorganisms able to degrade this fraction play important roles in the successful
376 operation of composting (Franke-Whittle et al., 2014; López-González et al., 2015).
377 Generally, most of the biological diversity occurs in the high-rate degradation stage and
378 is related to the highest lignocellulosic enzymatic activity, which results in a proper
379 composting process (Chandna et al., 2013; López-González et al., 2015). Despite the
380 fact that the information, including both culture-dependent and non-culture-dependent

381 methods, facilitates microbiome assessment, the technology still suffers from many
382 drawbacks, resulting in significant differences among studies. In this sense, Antunes et
383 al. (2016) monitored the microbial succession in FW composting by using different
384 molecular biology tools. They reported that turning of the pile during the high-rate
385 degradation stage is the key for maintaining the microbial diversity and to a certain
386 extent the population profile present at the beginning of the process. Additionally,
387 lignocellulosic biomass deconstruction occurs synergistically and sequentially, with
388 hemicellulose being degraded preferentially to cellulose and lignin. This information
389 provides a complete vision of the process with a great potential for new sources of
390 research. In this case, metagenomic and metatranscriptomic approaches were
391 successfully applied for identification and to fully understand their active functional
392 metabolic potential during every step of the composting process.

393 One of the main issues in FW composting is to have a homogenous and
394 representative sample at full-scale facilities, which is often quite small in comparison
395 with large- or even pilot-scale composting reactors. In addition, the operational
396 parameters are responsible for the microbial fluctuations that will or will not be able to
397 thrive at all stages of the process. In this sense, the composting microbiota act on a
398 succession of different microorganisms that are strongly dependent on each other and
399 are conditioned by biotic and abiotic factors (López-González et al., 2015).

400 Another issue in working with FW is the gaseous emissions and odour
401 generation. For this reason, some authors use assessment of microbial communities as a
402 tool to correlate the changes in operational parameters such as pH with the microbial
403 communities and their effect on odour generation. Sundberg et al. (2013) reported a
404 high abundance of acid-producing bacteria and fungi which led to a pH drop and the
405 consequent increase in odour generation. This study helped develop an important

406 strategy for reducing odour from FW composting, namely rapidly overcoming the initial
407 low-pH phase. This can be achieved by a combination of high aeration rates that
408 provide O₂, and cooling and application of additives such as recycled compost. Shi et al.
409 (2016) assessed the dynamics of NH₃-oxidising bacteria (AOB) populations in FW
410 composting. These microorganisms play a fundamental role in the N cycle, and thus in
411 the NH₃ concentration and emissions, during the process. They demonstrated that both
412 pH and nitrate are related to the AOB community composition.

413 A different approach was taken by Hou et al. (2017) and Xie et al. (2017), who
414 assessed the effect of adding psychrotrophic bacteria to the composting of FW and its
415 effect on the start-up of the process at low temperatures. In this sense, these authors
416 used the information on the microorganisms to optimise the entire process, which
417 significantly reduced the overall process time and enabled correct composting even
418 during the winter.

419 It is widely known that the high microbiome richness and diversity inherent
420 during the composting process changes according to the different environmental process
421 conditions. These facts have led some authors to select a consortia of microorganisms of
422 interest to further be used in industrial applications aimed towards a microbial resource
423 management approach (Kinet et al., 2015).

424

425 *3.3. Inoculation needs*

426 Despite the fact that composting is a naturally developing process, it has been
427 reported that the addition of inoculating agents can result in enhancement of the organic
428 matter degradation rate (Karnchanawong and Nissaikla, 2014; Onwosi et al., 2017).
429 These inoculants can be a specific strain (Hou et al., 2017; Nakasaki and Hirai; Tsai et
430 al., 2007; Zhao et al., 2016), a commercialised mix of several species (Fan et al.; Ke et

431 al., 2010; Manu et al., 2017; Nair and Okamitsu, 2010), or even mature compost
432 (Karnchanawong and Nissaikla, 2014; Kinet et al., 2015). In most cases, the studies
433 revealed a significant reduction in the operation time of the composting process.
434 Generally, higher temperatures were achieved, and a reduction in odour was observed.
435 In addition, even the compost quality can be improved. However, other studies show
436 different results. Karnchanawong and Nissaikla (2014) revealed that it might not be
437 necessary to add commercial inoculants to improve the composting of organic waste
438 owing to the slight improvement in the time and quality of the final compost. Moreover,
439 they proved that the addition of mature compost as a starter generated greater
440 improvements in the finished compost in comparison to the use of commercial
441 inoculants. It has been well established that microbiome development during the
442 composting process depends highly on the type of substrate and BA in addition to the
443 environmental conditions and their interactions; therefore, the results obtained in this
444 study cannot be extrapolated to other studies. In this context, Ke et al. (2010) showed
445 that the inoculation of the thermotolerant lipolytic actinomycete *Thermomyces*
446 *vulgaris* A31 to FW with a high fat content resulted in a decrease in the composting
447 time and a strong improvement in the compost quality. The characteristics of the
448 substrate determined the type of inoculum and therefore yielded excellent results.
449 Another report by Nakasaki and Hirai (2017) used the acid-consuming yeast *Pichia*
450 *kudriavzevii* RB1 as inoculum for FW composting, which showed elimination of the lag
451 phase and stimulation of the microbiota; however, it did not affect the final quality of
452 the final compost. To the contrary, Ding et al. (2016) successfully avoided acidification
453 in the initial stage of FW composting by the inoculation of anti-acidification
454 microorganisms of a bacteria consortium including pseudomonas, bacillus,

455 lactobacillus, and others. This strategy resulted in compost of higher quality with a
456 higher humic acid content than the control.

457 Considering the lignocellulosic fraction of the FW, some authors have used
458 lignocellulosic microorganisms to improve the lignocellulose degradation (Jurado et al.,
459 2014; Nair and Okamitsu, 2010; Wang et al., 2011; Zeng et al., 2010; Zhao et al., 2016).
460 Most of these studies used an improved composting process with a high-quality final
461 compost; however, not all the results were successful. Nair and Okamitsu (2010)
462 reported that inoculation with lignocellulosic microbiota was not effective in the
463 composting of kitchen waste on a small scale; no significant differences were observed
464 with the control (without inoculation).

465 As mentioned before, the use of a microbial consortium instead of specific or
466 specialised strains may enhance the process performance and compost quality. Manu et
467 al. (2017) reported that several benefits were obtained by using a commercially
468 available inoculum containing lactic acid bacteria, yeast, and phototrophic bacteria. A
469 reduction in process time, enhancement of lignocellulose degradation, and improvement
470 in compost quality were achieved with increased humic and fulvic acids.

471 The studies conducted on the suitability of different inoculants are inconclusive
472 and scarce, which is likely associated with the complex process of composting and the
473 complex nature of not only FW but organic waste in general.

474

475 **4. Gaseous emissions**

476 Owing to the importance of the subject, extensive research has been performed
477 to determine the environmental impact of FW composting, with many recent reviews
478 and original research papers addressing this issue (Bernstad et al., 2016; Boldrin et al.,
479 2009; Colon et al., 2012; Mu et al., 2017; Nasini et al., 2016).

480 A large amount of literature is available on the composting process with the
481 main aim of improving the production and quality of the finished product. However,
482 such research often neglects the contribution of the process to GHG emissions (Lou and
483 Nair, 2009). In recent years, this subject has been under intensive research (Boldrin et
484 al., 2009; Colon et al., 2012; Lou and Nair, 2009; Maulini-Duran et al., 2014; Nasini et
485 al., 2016; Yuan et al., 2015; Zhang et al., 2016) and normally focuses on the
486 measurements of NH₃, hydrogen sulphide, and VOC emissions, which are directly
487 associated with degradation of the organic matter and are responsible for unpleasant
488 odours, as described in Section 2.2. Additionally, nitrous oxide (N₂O) and CH₄ are often
489 measured. These pollutants are associated with the presence of anaerobic/anoxic zones
490 inside the solid matrix and possess an atmosphere-warming potential 296 and 25 times
491 greater than CO₂, respectively (Nasini et al., 2016).

492 NH₃ is often not considered as a GHG; however, it is included in environmental
493 studies because of its role in acid rain and in nitrogen conservation for potential
494 utilisation of compost on soil. NH₃ emissions are affected by the C/N ratio of the initial
495 composting mixture, the temperature reached during the process, and the aeration
496 pattern (Pagans et al., 2006). NH₃ emissions from the OFMSW have been reported to be
497 produced in the thermophilic stage of the composting process at a range of 0.34–8.63 kg
498 NH₃ t⁻¹ waste (Colon et al., 2012; Maulini-Duran et al., 2014; Pagans et al., 2006).

499 The review of different emission factors showed significant differences among
500 the results obtained. For example, for CH₄ emissions, a range of 0.03–71.4 kg t⁻¹ FW
501 has been reported (Bernstad et al., 2016; Boldrin et al., 2009; Mu et al., 2017; Nasini et
502 al., 2016; Rasapoor et al., 2016). These differences can be attributed to the
503 heterogeneity of the FW and the changing conditions of the reported processes. In this
504 sense, FW normally has a high moisture content, high bulk density, and low C/N ratio,

505 which are related to GHG emissions. If the FAS is low, the excess of water can create
506 anaerobic zones which promote CH₄ production. Proper FAS enables adequate airflow
507 through the solid matrix, preventing CH₄ production (Ruggieri et al., 2009).

508 Additionally, these differences can be attributed to the unclear assumptions on the
509 composting process when using a theoretical approach (Lou and Nair, 2009). In the
510 same context, the GHG emission potential obtained from actual practical data could
511 range from 0.2 to 193.2 t CO₂ eq t⁻¹ FW. These values are lower than those predicted
512 from theoretical calculation, thereby suggesting an overestimation of the theoretical
513 contribution of composting to atmosphere warming.

514 VOC emissions are composed mainly of compounds such as ketones, sulphides,
515 aromatic compounds, esters, hydrocarbons, and alcohols (Boldrin et al., 2009). The
516 characterisation of these VOC has been the main objective of different studies (Colon et
517 al., 2012; Maulini-Duran et al., 2014). Maulini-Duran et al. (2014) presented a very
518 interesting approach in the composting of the OFMSW in which different BAs were
519 used for evaluating their influence on the stability of the final compost and the effect on
520 gaseous emissions. They found that when using an inert BA such as a plastic pipe, the
521 emissions of CH₄, NH₃, VOCs, and nitrous oxide (N₂O) generated by the system were
522 lower than those emitted when using a woody BA. However, the use of the latter
523 showed the best results in the stability and quality of the final product. Among the
524 VOC, the predominant family emitted was terpenes with alpha and beta pinene as the
525 most abundant compounds; this was particularly high for the experiment using wood
526 chips as the BA. Komilis et al. (2004) identified the main VOC emitted during the
527 composting of pruning residues, which were mainly terpenes, alkyl benzenes, ketones,
528 and alkanes, and during the composting of FW, which were sulphides, organic acids,
529 and alcohols, as well as during the stages of the process that generated the highest

530 emissions, the thermophilic phase. These results are in accordance with those observed
531 by Maulini-Duran et al. (2014).

532 Despite the GHG generation, the diversion of FW from landfills can help
533 mitigate the overall GHG of this waste disposal option. Moreover, other GHG
534 emissions associated with composting are avoided in the potential application of
535 compost in soils according to reviews and summaries in papers published by Bernstad et
536 al. (2016) and Lou and Nair (2009). These include i) the reduction of GHG emissions
537 from the fossil fuel associated with the production and application of other soil
538 amendments; ii) an increase in C uptake from plants in the form of C sequestration of
539 nearly 50 kg of C (183 kg CO₂), which could be relevant on a large scale; and iii)
540 improvement in the tillage and workability of soil, thereby reducing emissions from
541 fossil fuels that would otherwise be worked into the soil.

542

543 **5. Compost quality**

544 *5.1. Heavy metals and non-organic content*

545 The use of compost derived from the organic fraction of municipal waste as a
546 soil conditioner or fertiliser is a sustainable practice for FW recycling which profits
547 from the nutrients present in the compost (Sax et al., 2017). Compost quality is an
548 important aspect regarding the confidence of compost users. One of the main concerns
549 when using food-derived compost is loading the soil with metals that can result in an
550 increased metal content in the crops (Hargreaves et al., 2008). The FW metal content
551 depends strongly on the impurities present in the feedstock. Furthermore, in some cases,
552 metals and excess nutrients can move through the soil into the groundwater. In addition,
553 FW compost has been reported to have high salt concentrations, which can inhibit plant
554 growth and negatively affect the soil structure (Hargreaves et al., 2008). However, the

555 magnitude of these negative effects depends on compost properties such as salinity,
556 heavy metal content, and the presence of other impurities such as glass which are not
557 modified during the composting progress (Sharifi and Renella, 2015). In fact, this
558 research proved that it is feasible to improve the quality of compost application on soil
559 by grinding the compost to a particle size of more than 0.8 mm without significant
560 reduction in the fertilising value of the compost. This is accordance with the findings of
561 He et al. (1995), who stated that most of the heavy metal content comprised particles
562 smaller than 0.8 mm, whereas larger particles were nearly free of Pb, Cu, Cd, Cr, and
563 Ni. Thus, controlled grinding and sieving are feasible alternatives for removing
564 impurities from compost. However, it is important to highlight the importance of the
565 separation source in the quality of the organic matter. In that sense, Huerta-Pujol et al.
566 (2011) observed that the organic fraction obtained from source-sorted collection is more
567 appropriate for composting than that mechanically separated from mass-collected
568 municipal solid waste.

569 In addition to the effects on the physical characteristics of the soil, a few reports
570 focus on the impact of heavy metals on the soil microbiome. Gomes et al. (2010)
571 concluded that incorporation of Cd and Zn into soils can have both short- and long-term
572 effects on various bacterial phylogenetic groups, although the metals may be better
573 tolerated by the dominant soil fungi.

574 Macroscopic impurities in compost, particularly plastic, glass and metal objects,
575 not only reduce the aesthetic value of land but are also related to accident risk such as
576 work injuries sustained while handling compost containing glass fragments. When
577 compost is used as a component in growing media, direct health and safety aspects are
578 of special importance because of the often quite intense contact workers have with the

579 material. Macroscopic glass fragments, for example, must not be present (Sharifi and
580 Renella, 2015).

581 Additionally, the available information regarding the effects of organic and
582 inorganic compounds present in compost on soil presents considerable discrepancies
583 when the source of the compost is considered. A number of causes may explain the lack
584 of scientific data on organic pollutants. Some researchers have suggested that organic
585 pollutants are of little concern in compost owing to the nature of the source of the
586 separated biowaste (Huerta-Pujol et al., 2010). Other experts suggested that chemical
587 analytical developments in the trace-level detection of organic pollutants combined with
588 heightened awareness of their possible effects have led to the relatively recent
589 discussion of organic pollutants (Hargreaves et al., 2008). This clearly contrasts with the
590 longstanding knowledge of heavy metals and physical impurities (Gomes et al., 2010;
591 Huerta-Pujol et al., 2011; Wei et al., 2017; Zhou et al., 2017).

592

593 *5.2. Maturity and stability*

594 Maturity and stability are important parameters for compost quality assessment.
595 Maturity is a generic term describing the suitability of a compost for a particular use and
596 is commonly associated with plant growth or phytotoxicity. Stability is a term related to
597 the degree of decomposition of biodegradable organic matter contained in a matrix and
598 is indirectly related to the biological activity of a sample (Barrena et al., 2006). As
599 stated by Oviedo-Ocaña et al. (2015) it is easy to assume that these parameters are
600 somehow correlated because phytotoxic compounds are products of the microbial
601 activity of unstable organic matter (Komilis and Tziouvaras, 2009). However, when
602 these authors assessed the maturity and stability of different compost, they observed that
603 stability alone is not sufficient for ensuring high compost quality and that germination

604 indices are highly dependent on the type of seed assayed. In this sense, the simultaneous
605 use of maturity and stability indices is shown as the most suitable parameter for
606 compost quality assessment. In addition, no universally accepted parameters for
607 maturity and stability determination have been reported (Barrena et al., 2006).
608 Moreover, the threshold values of organic amendment may not be suitable for all
609 composts owing to differences in the origin feedstock as well as the specific conditions
610 of the composting process.

611 In summary, maturity is not described by a single property and is therefore best
612 assessed by measuring two or more parameters of compost including the stability. Some
613 immature composts may contain high amounts of free NH_3 , certain organic acids, or
614 other water-soluble compounds which can limit seed germination and root
615 development; therefore, many maturity indices are based on these characteristics (Table
616 2). All uses of compost require a mature product free of these potentially phytotoxic
617 components. The lack of universally accepted maturity and stability indices have
618 generated a wide variety of innovative techniques for assessing maturity and stability, as
619 summarised in Table 2. For example, Young et al. (2016) recently proposed two new
620 phytotoxicity indices. Both were successful with positive correlations among
621 ecotoxicological tools, biological stability, and physicochemical parameters. These
622 indices could be implemented as monitoring indicators or can even be used as
623 ecotoxicological tools.

624 One of the most important methods for determining stability is the use of
625 respirometric techniques measuring CO_2 production and consumption, or heat
626 production (Barrena et al., 2006; Komilis and Kletsas, 2012). The basis of these
627 methods is that non-stable compost has a strong demand for O_2 and high CO_2
628 production rates owing to the intense development of microorganisms as a consequence

629 of degradation of the easily biodegradable compounds in raw materials. Therefore, it is
630 a direct measure of microbial activity in any part of the process. The self-heating test is
631 easy to use, but it cannot be directly correlated to respiration indices because many
632 chemical and biochemical reactions not related to respiration are also exothermal.
633 Methods based on O₂ consumption are classified as static or dynamic because the assay
634 is made in the absence or presence of continuous aeration; therefore, they can be
635 performed under solid or liquid conditions (Barrena et al., 2006). In addition, the
636 methodologies used in respirometric assays differ in temperature and the amount of
637 sample used. It is considered that respirometric activities measured at fixed
638 temperatures (35-37°C) are good indicators of the mean metabolic potential of the
639 compost. Liwarska-Bizujojc et al. (2003), through an elemental analysis, observed that
640 the optimum temperature for biodegradation of the OFMSW was at 37°C (mesophilic
641 range). Nevertheless, composting is a complex process in which the rate of degradation
642 is a result of the metabolic activity from a mixed microbial population that includes
643 microorganisms with different optimum growth temperatures.

644 Although these new indices are interesting, respirometric indices are the most
645 reliable and widely accepted measure of stability. The most recognised respirometric
646 indices are the dynamic respiration index (DRI) and the cumulative O₂ consumption at
647 four days (AT₄) (Barrena et al., 2006). These indices have been widely used as stability
648 indicators in several studies at the small and large scale with excellent results (Barrena
649 et al., 2006, Maulini-Duran et al., 2014; Colon et al., 2010; Colon et al., 2017).

650 Moreover, they are also effective for monitoring large-scale composting processes
651 (Colon et al., 2017).

652

653 **6. Compost in soil bioremediation**

654 Organic waste such as FW has great potential for bioconversion to alternative
655 fertilisers. In this case, the conversion should be performed by implementation of novel
656 technologies for the recycling of waste in the form of compost for their use in
657 agriculture (Vandecasteele et al., 2016). Compost has the benefit of using biomass that
658 might otherwise be landfilled and provides a balance of nutrients in a low-cost
659 amendment. Additionally, the ability of compost to sequester carbon has been
660 highlighted, thereby mitigating climate change (Lehmann and Joseph, 2009). However,
661 the use of compost has two main constrains: the long time required to properly produce
662 mature compost and the space requirements for this process (Safaei Khorram et al.,
663 2016).

664 Compost, which is derived from FW, has been widely studied for soil
665 remediation in recent years and has been identified as the cheapest and most suitable
666 material for *in situ* heavy metal removal (Zhou et al., 2017), immobilisation of
667 pesticides (Morillo and Villaverde, 2017), and removal of emerging pollutants
668 (Kuppusami et al., 2017). All the aforementioned research concluded that the
669 effectiveness of compost addition to soil is either dependent on the adsorption by
670 organic matter or is reliant on the degradation by microbes and enzymes (Kuppusami et
671 al., 2017; Morillo and Villaverde, 2017; Zhou et al., 2017).

672 Compost incorporation to soil for remediation may include a BA; therefore,
673 some authors have analysed the effect of a joint addition of biochar along with compost
674 derived from FW. The results indicate improved bulk density and increases in active
675 carbon and potential nitrogen mineralisation compared with unamended soil (Sax et al.,
676 2017). For these reasons, some authors have developed systems that obtain a compost-
677 like biochar (Agegnehu et al., 2016) or work with mixed mature compost with biochar
678 added to the soil (Agegnehu et al., 2016; Bielská et al., 2017). Bielská et al. (2017)

679 showed that the joint use of compost and biochar was successful in the sorption of
680 pyrene from contaminated soils and promoted the development of a model nematode. In
681 some cases, biochar has been proposed as a co-substrate for the composting process
682 itself of FW or agricultural residues (Khan et al., 2016; Vandecasteele et al., 2016).
683 Most of these experiments suggest a positive role of biochar on both the performance
684 and the quality of the end product of the process. Thus far, however, such trials have
685 been performed only at small or medium scale.

686

687 **7. Conclusions**

688 Composting is a process highly valued in waste management owing to its
689 robustness and the possibility of obtaining a valuable product with soil amendment
690 potential. The composting operational conditions and the conditioning of the raw
691 materials have been widely studied, as seen in the scientific literature. However, new
692 technologies have led to increased study on microbial succession and its impact on the
693 quality of the final compost. Moreover, the assessment of gaseous emissions is of great
694 relevance for ensuring the sustainability of the composting process.

695

696 Supplementary information for this review is on-line available.

697

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701

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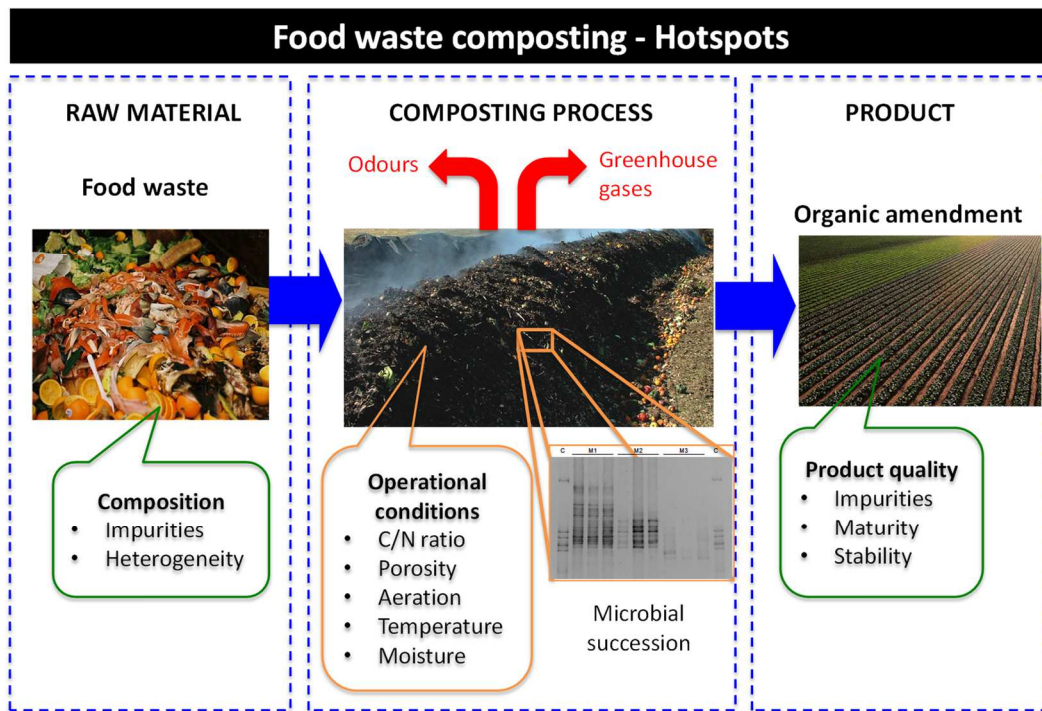
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1033 **Figures**



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1035 **Figure 1.** Hotspots of research regarding food waste composting.

Tables

Table 1. Summary of some microorganisms detected in different stages of the composting process

Microorganism		Identification technique	Reference
Type	Identified microorganisms		
Bacteria	<i>Streptococcus spp</i> , <i>Acinetobacter lwoffii</i> , <i>Clostridium tetani</i>	Oligonucleotide microarray and PCR	(Franke-Whittle et al., 2005)
Fungi	19 and 11 species of Sordariomycetes and Eurotiomycetes class, respectively.	Isolation in Petri dishes and identification through full sequencing of the ITS region.	(López-Gonzalez et al., 2015)
Bacteria	<i>Acinetobacter spp</i> , <i>Actinomyces sp</i> , <i>Azotobacter sp</i> , <i>Brevindimonas spp</i> , <i>Clostridium spp</i> , <i>Lactobacillus panis</i> , <i>Nitrobacter spp</i> , <i>Pseudomonas spp.</i> , <i>Thermus sp</i> , <i>Xanthomonas spp</i> , among others.	PCR-DGGE and COMPOCHIP microarray	(Shemekite et al., 2014)
Bacteria	Many species related to Firmicutes, Proteobacteria and Bacteroidetes phyla. Main genera found were <i>Anoxybacillus</i> and <i>Bacillus</i> .	PCR and high-throughput sequencing was performed using an Illumina MiSeq platform	(Wang et al., 2017)
Bacteria	Actinobacteria and its function in a composting process under stress conditions.	Culture based, transcriptomics and metaproteomics approach	(Narihito et al., 2016)
Bacteria	Most abundant species: <i>Symbiobacterium thermophilum</i> , <i>Rhodothermus marinus</i> , <i>Thermobacillus compostii</i> and <i>Thermobispora bispora</i> . Microbial diversity associated to Clostridiales, Bacillales and Actinomycetales orders.	Combined metagenomic and metatranscriptomics approach	(Antunes et al., 2016)
Bacteria	Proteobacteria and Actinobacteria	Isolation in Petri dishes and identification by FISH method.	(Haruta et al., 2003)

Table 1. (continuation)

Microorganism		Identification technique	Reference
Type	Identified microorganisms		
Fungi	The most abundant genera obtained were <i>Saccharomyces</i> , <i>Candida</i> and <i>Schizosaccharomyces</i> .	Metaproteomics	(Liu et al., 2015)
Bacteria	The most abundant microbial population obtained from the <i>Gammaproteobacteria</i> class: Pseudomonadales and Enterobacteriales orders. From the <i>Bacilli</i> class: <i>Bacillales</i> and <i>Lactobacillales</i> orders and from the <i>Actinobacteria</i> class: <i>Corynebacterinae</i> order.	Metaproteomics	(Liu et al., 2015)
Bacteria	<i>Proteobacteria</i> , <i>Firmicutes</i> , <i>Chloroflexi</i> , <i>Actinobacteria</i> and <i>Bacteroidetes</i> . Also a minor presence of <i>Deinococcus</i> , <i>Thermus</i> , <i>Verrucomicrobia</i> , <i>TM7</i> , <i>Planctomycetes</i> and <i>Acidobacteria</i> .	Clone library from 16S rRNA	(Tian et al., 2013)

Table 2. Maturity indices used to assess food waste compost maturity.

Parameter	Findings	Reference
Nitrification index	NI < 0.5, fully mature 0.5 < NI < 3, mature NI > 3, immature	(Zhang and Sun, 2016), (Fernandez-Delgado Juarez et al., 2015)
Germination index	Sensitive indicator for maturation and phytotoxicity	(Guo et al., 2012)
Dissolved organic matter and electron transfer capacity (ETC)	-Decomposition degree is associated with dissolved organic matter. -ETC correlated with germination index.	(Yuan et al., 2012)
Particle size	Optimum size for mature compost: 0.25–2.0 mm	(Zhang and Sun, 2016)
Polymerisation degree	- Formation of simple sugars -Reduction of non-humic substances	(Zhang and Sun, 2016)
Fluroscein diacetate enzymatic assay	Correlated marginally with the germination index	(Komilis et al., 2011)
Phytotoxicity index (GIC _{80%} and RGIC _{0.8})	Values below 100% indicate immaturity or any toxicity degree. Values above 100% indicate maturity and no toxicity.	(Young et al., 2016)