Kent Academic Repository Full text document (pdf)

Citation for published version

Giovaninni, Giorgia and Moore, Colin J. and Hall, Andrew J. and Byrne, Hugh J. and Gubala, Vladimir (2018) pH-Dependent silica nanoparticle dissolution and cargo release. Colloids and Surfaces B: Biointerfaces, 169. pp. 242-248. ISSN 0927-7765.

DOI

https://doi.org/10.1016/j.colsurfb.2018.04.064

Link to record in KAR

http://kar.kent.ac.uk/67094/

Document Version

Author's Accepted Manuscript

Copyright & reuse

Content in the Kent Academic Repository is made available for research purposes. Unless otherwise stated all content is protected by copyright and in the absence of an open licence (eg Creative Commons), permissions for further reuse of content should be sought from the publisher, author or other copyright holder.

Versions of research

The version in the Kent Academic Repository may differ from the final published version. Users are advised to check http://kar.kent.ac.uk for the status of the paper. Users should always cite the published version of record.

Enquiries

For any further enquiries regarding the licence status of this document, please contact: **researchsupport@kent.ac.uk**

If you believe this document infringes copyright then please contact the KAR admin team with the take-down information provided at http://kar.kent.ac.uk/contact.html





pH-Dependent Silica Nanoparticle Dissolution and Cargo Release

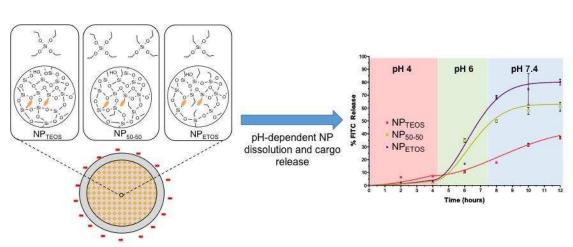
4	Giorgia Giovaninni, ^a Colin J. Moore, ^{b¥*} Andrew J. Hall, ^a Hugh J. Byrne, ^b Vladimir Gubala ^a
5	
6 7	^a Medway School of Pharmacy, University of Kent, Central Ave, Chatham Maritime, Kent, ME4 4TB, United Kingdom
8	^b FOCAS Research Institute, Dublin Institute of Technology, Kevin St., Dublin 8, Ireland
9	
10 11	Email: gg238@kent.ac.uk, colin.moore@dit.ie, a.hall@kent.ac.uk, hugh.byrne@dit.ie, v.gubala@kent.ac.uk
12	
13	*Corresponding author: colin.moore@dit.ie , Tel: +353 1 4027902 , Fax: +353 1 4027901
14	
15 16	[¥] Current address: EA 6295 Nanomedicine and Nanoprobes, Faculty of Pharmacy, University of Tours, 31 avenue Monge, Tours 37200, France
17	
18	
19	
20	
21	
22	
23	
24	
25	
26	
27	
28	
29	

30 Abstract

The dissolution of microporous silica nanoparticles (NP) in aqueous environments of different 31 biologically relevant pH was studied in order to assess their potential as drug delivery vehicles. 32 Silica NPs, loaded with fluorescein, were prepared using different organosilane precursors 33 34 (tetraethoxysilane, ethyl triethoxysilane or a 1:1 molar ratio of both) and NP dissolution was 35 evaluated in aqueous conditions at pH 4, pH 6 and pH 7.4. These conditions correspond to 36 the acidity of the intracellular environment (late endosome, early endosome, cytosol 37 respectively) and gastrointestinal tract ('fed' stomach, duodenum and jejunum respectively). 38 All NPs degraded at pH 6 and pH 7.4, while no dissolution was observed at pH 4. NP dissolution 39 could be clearly visualised as mesoporous hollows and surface defects using electron microscopy, and was supported by UV-Vis, fluorimetry and DLS data. The dissolution profiles 40 41 of the NPs are particularly suited to the requirements of oral drug delivery, whereby NPs must 42 resist degradation in the harsh acidic conditions of the stomach (pH 4), but dissolve and 43 release their cargo in the small intestine (pH 6 - 7.4). Particle cores made solely of ethyl triethoxysilane exhibited a 'burst release' of encapsulated fluorescein at pH 6 and pH 7.4, 44 whereas NPs synthesised with tetraethoxysilane released fluorescein in a more sustained 45 fashion. Thus, by varying the organosilane precursor used in NP formation, it is possible to 46 47 modify particle dissolution rates and tune the release profile of encapsulated fluorescein. The 48 flexible synthesis afforded by silica NPs to achieve pH-responsive dissolution therefore makes 49 this class of nanomaterial an adaptable platform that may be well suited to oral delivery 50 applications.

51 Graphical Abstract

52 53



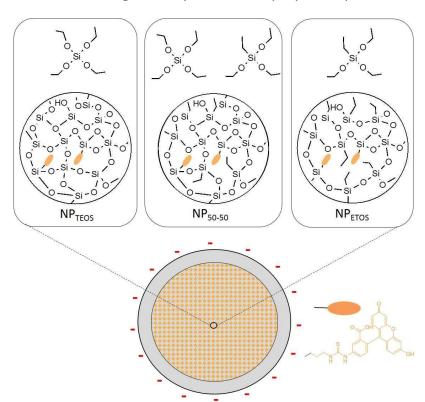
- 55 Introduction
- 56

57 Nanoparticle (NP)-based delivery systems have come to prominence over the past two decades as they can be designed to carry poorly soluble drugs or molecules that are 58 59 prone to degradation in biological conditions.¹⁻⁴ NPs can also transport therapeutics across highly regulated biological boundaries such as the blood brain barrier.^{5,6} In 60 particular, silica NPs (SiNPs) are regularly described as excellent candidates for drug 61 62 delivery applications because they are regarded as biocompatible⁷⁻⁹ and inert.¹⁰ However, it is the adaptable and flexible nature of siloxane chemistry that makes this 63 64 class of nanomaterial so widely studied as a drug delivery agent. This is facilitated, in 65 part, by the large number of commercially available organosiloxane derivatives that 66 can be used as precursors for SiNP synthesis. The chemistries of these precursors can vary widely and means that SiNPs can exhibit a range of useful physicochemical 67 properties (e.g. different porosity, charge, hydrophobicity), which, in turn, allows for 68 69 different kinds of therapeutics to be encapsulated and delivered to disease sites.

Most silica-based drug delivery studies employ mesoporous silica, having pore

Figure 1: Silica NPs were prepared with different core chemistries by employing different NP precursors during synthesis: tetraethoxysilane (TEOS) or ethyl triethoxysilane (ETOS). These NPs were called NP_{TEOS} and NP_{ETOS}. TEOS and ETOS were also added in an equal molar ratio (NP₅₀₋₅₀). Covalently binding fluorescein (FITC) in the NP cores also provided information about particle degradation and cargo release.

71 sizes of the order 2-50nm, and rely on tunable cargo release via a 'gatekeeper' 72 strategy.^{8,11-14} Despite their popularity, the requirement to load cargo and incorporate gatekeepers after NP synthesis introduces additional complexity to particle design. On 73 the other hand, microporous silica NPs have characteristic pores of less than 2nm¹⁵, 74 that are challenging to characterise accurately with appropriate methods and 75 expertise compared to mesoporous silica.¹⁶ Encapsulatation of different therapeutics 76 can be achieved during NP synthesis ^{2,17,18} and the release mechanism is via the natural 77 degradation of the silica.¹⁹ The process of NP degradation is therefore largely governed 78 79 by the organosiloxane precursors, and their associated physicochemical properties, 80 that can be easily imparted during synthesis. However, microporous silica remains understudied as a drug delivery candidate and is more frequently reported in 81 immunoassays²⁰⁻²² and bioimaging.^{9,23-25} This is surprising, considering the adaptable 82 nature of silica and the fact that it, in comparison to its mesoporous counterpart, 83 avoids the need for gatekeeping to control drug release and the associated 84 85 complications related to cargo leeching. We therefore feel microporous silica NPs are



an interesting nanomaterial to study and have the potential to impact the drug deliveryfield.

88 We hypothesise the development of a dissolution-based method of controllably 89 releasing encapsulated cargo from microporous SiNPs by synthesising colloids using 90 different organosiloxane precursors. SiNPs are formed utilising hydrolysis but this pH-91 dependent mechanism is reversible and suggests SiNPs may degrade at different rates 92 in different acidic conditions.

Intracellular NP-drug delivery typically requires endocytosis of the nanocarrier to transport a therapeutic across the cell membrane. Trafficking of the NPs from the extracellular environment (pH 7.4) into early endosomes (pH 6) and then to late endosomes/lysosomes (pH 4) means environments of different acidity are experienced. The same can be said for oral drug delivery applications in which medicines first encounter the harsh environment of the stomach (pH 4 in 'fed state') and are then passed to the duodenum (pH 6) and jejunum (pH 7.4) for adsorption.

100 We have synthesised core-shell SiNPs via the reverse microemulsion method 101 (Figure 1) and investigated their dissolution in aqueous conditions at biologically 102 relevant pH (pH 4, pH 6, pH 7.4), similarly to other NP dissolution studies.²⁶⁻²⁹ Different 103 siloxane precursors were employed during the core formation in order to produce 104 particles that exhibit varying degrees of hydrophobicity, which in turn may be able to 105 affect NP dissolution and the ability to host different cargos. A shell composed of 106 tetraethoxysilane (TEOS) and negatively charged phosphonates was then added to 107 each set of particles to insure similar surface chemistry.

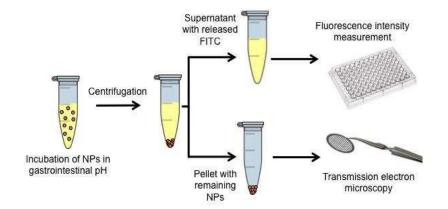


Figure 2: NPs were synthesised using tetraethoxysilane (NP_{TEOS}), ethyl triethoxysilane (NP_{ETOS}) or equal ratio of both (NP_{50-50}), and were degraded in biologically relevant pH. Dissolution of the NPs was assessed by fluorimetry (FITC release from the NPs) and electron microscopy (NP morphology and integrity).

108 The precursors used for core formation were TEOS, ethyl triethoxysilane (ETOS), 109 bis(triethoxysilyl)benzene and bis(triethoxsilyl)biphenyl. However, the colloids formed 110 using the aromatic oxysilanes were unstable in aqueous conditions and only particles formed using TEOS and ETOS were studied to assess dissolution. Degradation and 111 112 release of the encapsulated cargo (i.e. fluorescein; FITC) from the SiNPs were monitored by electron microscopy and fluorimetry (Figure 2), and stability studies 113 114 were carried out using dynamic light scattering (DLS). Overall, negligible dissolution 115 was observed at pH 4 and suggested the NPs may survive the acidic conditions of the 116 stomach or cellular lysosome, thus minimising cargo release. NP degradation was 117 accelerated in pH 6 and pH 7.4 and may support the release the encapsulated cargo in small intestinal pH, at physiological pH or in early endosomes. A study mimicking 118 119 progress through the GI tract (i.e. pH 4 to pH6 to pH 7.4) then showed the NPs released 120 fluorescein in a pH-dependent manner, with NPs formed using more ETOS exhibiting 121 'burst' release profiles and those formed solely using TEOS displaying 'slow' release.

122

123 Methods

124 <u>NPs synthesis and characterisation</u>: materials, procedures, size and ζ-potential
 125 analysis, TEM studying of NP dissolution are detailed in the Supporting Information

126 <u>FITC-release assay:</u> The degree of FITC release was evaluated by measuring the amount 127 of dye present in the supernatant and comparing the values measured with the 128 fluorescent-based calibration curve for FITC at the corresponding pH. The values 129 achieved from the independent experiments are reported as average (n = 3) \pm SD. A

130 Tecan Infinite M200 Pro Safire microplate reader was used for absorbance and 131 fluorescence emission measurements. Samples were added to Nunc Maxisorb 96 well 132 plates before being read (490/525 nm, $\lambda_{ex}/\lambda_{em}$). 250 µg of NP_{TEOS}, NP₅₀₋₅₀ and NP_{ETOS} 133 were washed once by centrifugation and re-dispersion in water before dispersion in 1 ml of each phosphate buffer (pH 4, 6 or 7.4). For each sample in each buffer, 7 samples 134 were prepared, one for each timepoint (1, 2, 4, 6, 8, 10, 24hrs) and shaken at 37°C (600 135 136 rpm). After each incubation time, samples were centrifuged (14000rpm, 10 min) and 137 700µL of supernatant were removed and the remainder discarded. The pellet isolated 138 after centrifugation was washed twice by centrifugation and re-dispersion in water, 139 then used for TEM analysis.

140 GI tract-like assay: 200µg of NPTEOS, NP50-50 and NPETOS were washed once by 141 centrifugation and re-dispersion in water before dispersion in 1 mL of phosphate 142 buffer at pH 4. The samples were shaken at 37°C (600 rpm). After 2 hours the samples 143 were centrifuged, 300µL of the supernatant was measured ($\lambda_{ex}/\lambda_{em}$, 490/525 nm, 144 100µL per well). The remaining NP suspensions were filled with 300µL of fresh buffer pH 4 and re-incubated. After 2hr the samples were centrifuged and the supernatants 145 146 completely removed and used for the fluorescence analysis, while the pellets were re-147 dispersed in 1 mL of buffer at pH 6 and shaken at 37°C (600 rpm). After 2 hours, the 148 samples were centrifuged and the supernatants completely removed and used for the 149 fluorescence analysis, while the pellets were re-dispersed in 1mL of buffer pH 7.4 and 150 shaken again. The samples were centrifuged every 2 hours, 300µL of the supernatant 151 were used to fill three wells of a 96-well plate and the fluorescence was measured. The 152 experiment was stopped after 12hrs.

153

154 **Results and Discussion**

Core-shell microporous SiNPs were synthesised via the reverse microemulsion method^{30,31} and their dissolution in biologically relevant pH was investigated. Different organosiloxane precursors were employed during core formation to produce particles with varying degrees of hydrophobicity and core crosslinking densities. FITC was modified with aminopropyl trimethoxysilane via thiourea bond formation and enabled the dye to be covalently incorporated into the silica matrix during core formation

alongside the SiNP precursors (Figure 1).^{31,32} A shell composed of TEOS and negatively 161 162 charged phosphonates was then added to each set of particles to insure similar surface 163 chemistry.³³ From the organosiloxane analogues chosen for this study, tetraethoxysilane (TEOS), the traditional SiNP precursor, and ethyl triethoxysilane 164 (ETOS) were the only analogues capable of forming colloids that were stable in 165 aqueous conditions. These NPs have been named NPTEOS and NPETOS respectively. TEOS 166 167 and ETOS were also added to the microemulsion in equal molar ratios, thus yielding a 168 third batch of NPs: NP₅₀₋₅₀.

169 Two other siloxanes, bis(triethoxsilyl)benzene and bis(triethoxsilyl)biphenyl, 170 were also used alongside TEOS as precursors for NP core formation. It was possible to 171 generate stable NPs in ethanol using both siloxanes but they visually aggregated in less 172 than one minute when transferred to DI water (Figure S1). Their rapid aggregation was attributed to the hydrophobic nature of their aromatic moiety and their potential to π -173 174 stack in water, and suggests further surface chemical modification (such as by 175 PEGylation) would be needed to increase solubility in biological conditions. Even NPs 176 formed using a 95:5 TEOS:bis(triethoxsilyI)benzene visually aggregated in aqueous 177 medium (Figure S2).

178

Table 1: Physiochemical characterisation of the NP_{TEOS}, NP₅₀₋₅₀ and NP_{ETOS} by DLS and TEM. FITC loading per NP
 was also quantified and allowed for percentage of FITC release to be determined in later dissolution experiments
 (n=3).

	DLS			TEM	Loading
	Z-Av. Ø (nm)	PDI	ζ-potential (mV)	Ø (nm)	FITC per NP
NP _{TEOS}	132.5 ± 1.3	0.177 ± 0.016	-27.8 ± 0.80	72 ± 8	1256 ± 389
NP ₅₀₋₅₀	170.0 ± 2.2	0.147± 0.005	-24.0 ± 0.27	80 ± 13	1578 ± 574
NPETOS	222.9 ± 6.0	0.275 ± 0.030	-22.3 ± 0.65	50 ± 31	122 ± 27

182

The three NPs (NPTEOS, NP50-50 and NPETOS) were characterised by DLS and 183 transmission electron microscopy (TEM) in order to quantify particle size and surface 184 185 charge (Table 1). Using TEM, the NP diameters were measured to be 72±8 nm, 80±13 186 nm and 50±31 nm for NP_{TEOS}, NP₅₀₋₅₀ and NP_{ETOS} respectively. However, using DLS, the 187 size (Z-average) of the NP_{TEOS}, NP₅₀₋₅₀ and NP_{ETOS} was 132.5±1.3 nm, 170.0±2.2 nm, 188 222.9±6.0 nm. The NP Z-average size increased with the increasing proportion of ETOS, 189 which was accompanied by the decrease of the absolute values of overall negative 190 charge for the three NPs: -27.8±0.80 mV, -24.0±0.27 mV, -22.3±0.65 mV for NP_{TEOS}, 191 NP₅₀₋₅₀ and NP_{ETOS}. This inverted correlation suggested that the NPs became less 192 colloidally stable and experienced some degree of aggregation when more the 193 hydrophobic ETOS was used during NP synthesis. No dramatic aggregation over a 194 period of 2 days was observed for the NP_{TEOS} and NP₅₀₋₅₀ at pH 4, pH 6 and pH 7.4 buffers, but at pH 4, the NP_{ETOS} diameter increased gradually to 1µm (Figure 3). This 195 196 effect is not desirable for drug delivery systems as increased NP size reduces the overall 197 surface area-to-volume ratio, which is detrimental to controlled drug release, significantly changes the size-dependent properties of the NPs and may affect NP-cell 198 199 interactions. However, in the case of *in vivo* drug delivery this is unlikely to be 200 problematic since, in the case of oral administration, the residence time of food in the 201 stomach is typically 4 hours or less. For intracellular delivery, NPs are likely to be firstly 202 administered intravenously before reaching a tumour site (i.e. at pH 7.4 where they 203 are stable). NP localisation in organs usually only then takes a matter of hours, during 204 which time they are endocytosed and eventually trafficked to late endosomes/ 205 lysosomes (pH 4).

The dissolution of SiNPs is well described in the literature and is caused by hydrolysis of the silica matrix, which is accelerated at higher pH and temperature.^{21,34} Park et al described the hollowing of SiNPs due to etching under basic conditions.³⁵

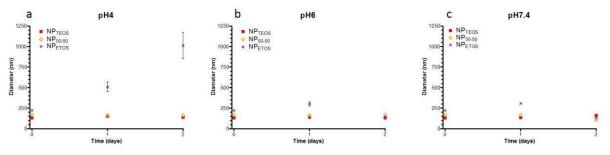


Figure 3: DLS analysis of NP size (Z-average, n=3) over a 2 day period in the pH 4, pH 6 and pH 7.4 buffers. (a) NP_{TEOS} and NP₅₀₋₅₀ were stable over time, but NP_{ETOS} gradually aggregated into micron-sized particles over 48 hours. (b) All NPs remained colloidally stable for 2 days at pH 6. (c) At pH7.4, the three sets of NPs also retained their colloidal stability for 2 days.

The authors suggested that small 'seed pores' in the particle matrix merge to form single voids and eventually results in large hollows. Mahon et al. demonstrated that SiNPs can degrade during *in vitro* cellular experimentation and observed NP hollowing by TEM following particle incubation in cell culture medium at 37°C.³⁴ We have also recently observed hollowing in a 'dissolution assay' designed to exploit SiNP degradation as a way to improve immunoassay signal-to-noise ratios.²¹ 215 To this end, we have incubated NPTEOS, NP50-50 and NPETOS in buffered solutions 216 at pH 4, pH 6 and pH 7.4 and analysed the NP integrity (i.e. the presence/absence of 217 cavities/hollows) as an indicator of degradation. Clear changes in NPs morphology were observed after 6 hours at 37°C (Figure 4), and a complete 24 hour degradation 218 study by TEM is presented in the Supporting Information (Figure S3, S4, S5). It is 219 evident from Figure 4 that no changes in particle morphology were found for NPTEOS, 220 NP₅₀₋₅₀ or NP_{ETOS} when incubated at pH4. Small mesopore-sized hollows only became 221 222 visible at pH4 in NP_{TEOS} after 24 hours of incubation (Figure S3, S6). This suggests that 223 the three types of SiNPs would be robust enough to remain intact in the stomach ('fed 224 state') and presumably also in the 'fasted state' (approx. pH 1.2)^{36,37} because particle 225 hydrolysis would be slower in more acidic conditions. However, the NPs would not be 226 capable of intracellular dissolution-based cargo release if the colloids were eventually trafficked to lysosomes. 227

At pH 6, we noticed that degradation of the colloids had occurred in the NP_{TEOS} and NP₅₀₋₅₀, but was not evident in the NP_{ETOS} particles. For the NP₅₀₋₅₀ samples, clear mesopore-scale hollows measuring 13.7 ± 4.9 nm in diameter in the could be seen after

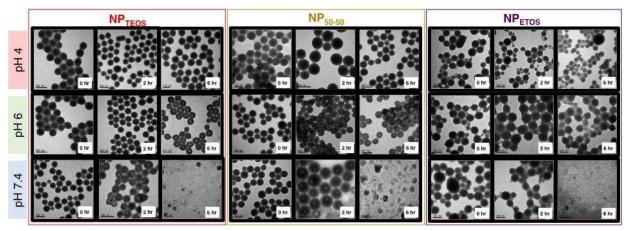


Figure 4: TEM of NP_{TEOS}, NP₅₀₋₅₀, and NP_{ETOS} incubated over time in pH 4, pH 6 and pH 7.4 solutions. No changes in NP morphology were observed in pH 4 over time which suggested silica NPs may be capable of enduring the harsh conditions of the stomach. NPs dissolved in pH 6 and pH7.4 due to the increased rate of hydrolysis of the silica matrix. Differences were observed in the mode of dissolution of NP_{TEOS} and NP₅₀₋₅₀ compared to NP_{ETOS}: Hollowing of the particle core was present in NP_{TEOS} and NP₅₀₋₅₀, whereas NP_{ETOS} degradation appeared to begin at the particle exterior surface.

231 2 hours and was further evidenced by the micrographs taken from 6 to 24 hours in 232 which the etching is seen to be further enhanced (Fig S4, S6). NP_{TEOS} did not exhibit 233 visible degradation at 2 hours at pH 6 but 7.0±3.7 nm hollows were clearly evident 234 after 6 hours. Such hollowed structures are consistent with those found in other

studies focussed on SiNP degradation.^{21,34,35} Interestingly NP_{ETOS} exhibited no visual 235 236 hollowing in the NP core at pH 6, which is presumably a result of the hydrophobic ethyl 237 groups reducing the presence of water in the silica matrix, thus inhibiting the hydrolysis 238 of the –O-Si-O– bond. Interestingly, it appeared that NP_{ETOS} underwent a dissolution 239 process that led to gradual disintegration of the exterior particle surface. The apparent method of NP_{ETOS} degradation is therefore different to that of NP_{TEOS} and NP₅₀₋₅₀, and 240 241 is presumably linked to the hydrophobic/hydrophilic nature of the respective particle cores. It is possible that the more hydrophilic cores of NP_{TEOS} and NP₅₀₋₅₀ are susceptible 242 to initial etching by hydrolysis and followed the 'seed pore' phenomenon³⁵ to 243 244 eventually form mesoscopic cavities. On the other hand, the hydrophobic NP_{ETOS} core 245 resisted hydrolysis and dissolution occurred at the particle exterior that was formed 246 only by using TEOS.

247 A striking difference in NP integrity was found for particles incubated in pH 7.4 248 buffer. NP_{TEOS} and NP₅₀₋₅₀ exhibited more severe etching after 2 hours incubation 249 compared to pH 6, which is in agreement with the hypothesis that increased basic 250 conditions lead to more rapid silica hydrolysis and particle dissolution. Indeed, it is 251 clear from the TEM images that NP_{TEOS} and NP₅₀₋₅₀ exhibited an evolution from a 252 microporous structure to a hollowed mesoporous one, which can increase the overall 253 NP surface area and further enhance degradation. This accelerated NP dissolution for 254 both sets of NPs at pH 7.4 caused NP_{TEOS} and NP₅₀₋₅₀ to be largely degraded after 6 255 hours. TEM showed very few intact particles and features observed were predominantly NP debris, which agrees with previous SiNP degradation studies.²¹ 256 257 Further analysis of the NP hollows was conducted by scanning transmission electron 258 microscopy (Figure S7). The results show that the hollowed interior the NPs could 259 eventually etch through to the surface of NP_{TEOS} and NP₅₀₋₅₀ as a way of reducing surface energy,³⁵ and resulted in distinct surface deformations of the NPs. 260

The fact that NP_{TEOS}, NP₅₀₋₅₀ and NP_{ETOS} all degraded at pH7.4 is promising for oral drug delivery as the jejunum (pH 7.4) exhibits larger villi compared to do duodenum (pH 6). This means drugs released at this point in the GI tract would be readily absorbed, thus improving bioavailability before proceeding to enterohepatic circulation. Considering that the NP matrix almost completely disintegrates under these conditions, it may avoid any potential nanotoxicity issues and be cleared from

the body. Indeed, silica is used in the food industry as a bulking agent in a number of food products (E551; silicium dioxide) and has been reported to degrade into biocompatible silicic acid.³⁸ However, dissolution of the NPs at pH 7.4 poses a challenge for intracellular delivery as this strategy first involves intravenous NP injection, which exposes the NPs to a pH 7.4 environment, and suggests some of the encapsulated cargo would diffuse from the nanomaterial before localisation. In turn, the total amount of drug transported across the cell membrane would be reduced.

274 Fluorescein isothiocyanate (FITC) was covalently bound inside the core of 275 NP_{TEOS}, NP₅₀₋₅₀ and NP_{ETOS} and served as an indicator of NP degradation. The release 276 profile of FITC into solution can therefore be used to infer the extent of NP dissolution 277 and can be corroborated with the TEM images. Due to the hydrophobic nature of FITC 278 (an analogue for poorly soluble drugs), monitoring the dye release also allowed for 279 concurrent assessment of the release profile of small molecules from the three sets of 280 NPs over time. At each time point, the NPs were centrifuged and intact NPs were 281 concentrated into a pellet, thus allowing the supernatant to be used for analysing free 282 FITC released from the NPs (Figure 2). The quantity of dye released was then 283 extrapolated from the calibration curves of known FITC concentrations prepared at the 284 three different pHs in order to account for FITC's pH-dependent fluorescence emission 285 intensity. The results of this FITC release study are presented in Figure 5.

286 FITC release from NP_{TEOS}, NP₅₀₋₅₀ and NP_{ETOS} was minimal at pH 4 over the course 287 of 24 hours (Figure 5a). The overall concentration of released FITC was less than 5% 288 after 2 hours in the acidic environment and when considering the images of intact NPs 289 obtained via TEM (Figure 4), it suggests that the SiNPs employed in this study would 290 be capable of resisting degradation in the stomach. They may therefore be able to 291 reliably carry drugs to the intestine, and agrees with other reports focussed on silica NP integrity in the stomach and the GI tract as a whole.^{36,37} This was further supported 292 293 by the fact that less than 10% of FITC was released from NP_{TEOS}, NP₅₀₋₅₀ and NP_{ETOS} at 294 pH 4 after 24 hours. In addition, the low release rate of the dye into solution suggested 295 SiNPs intracellularly trafficked to late endosomes/lysosomes would not release encapsulated cargo via NP dissolution and alternative strategies of ensuring drug 296 297 delivery would be needed. For example, strategies like changes to NP shape or surface 298 chemistry may ensure escape from intracellular vesicles into the more dissolution-

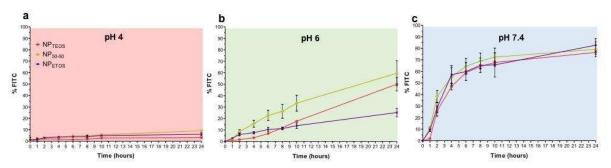


Figure 5: FITC release from the NPs over time when incubated in gastrointestinal pH's. (a) NPs were incubated in pH 4 solution and little FITC was detected in the sample supernatant over a 24 hour period. (b) In pH 6 gradual FITC release was observed and was attributed to increased hydrolysis rate compared to pH 4. (c) NP degradation was most rapid in pH 7.4 and release the majority of the FITC cargo into solution over time.

friendly conditions of the cytosol (pH 7 - 7.4),³⁹⁻⁴¹ thus avoiding potential NP exocytosis.⁴²

At pH 6, an increase in dye release was seen over time for the three NP formulations, although NP_{TEOS} releases FITC at a slower rate than both NP₅₀₋₅₀ and NP_{ETOS} in the first 8 hours (Figure 5b). This is likely due to the more highly crosslinked nature of the core formed solely from TEOS, which results in slower dye diffusion out of NP_{TEOS}. Nonetheless, it is clear that increasing the pH from 4 to 6 led to more rapid dye release from the NPs and is attributed to the increased rate of hydrolysis at higher pH causing particle dissolution.

308 The fluorescence data of the NPs at pH 7.4 clearly showed that dye release due 309 to NP degradation allowed for more rapid release of FITC (Figure 5c). This result 310 correlated well with the electron microscopy results (Figure 2, S3, S4, S5 S6) from which 311 it is evident that extensive particle dissolution occurred after 6 hours. More than 55% of FITC was released from NP_{TEOS}, NP₅₀₋₅₀ and NP_{ETOS} after 6 hours, which, in the case of 312 oral drug delivery, suggested that small intestine would be the location where the 313 314 majority of drugs would become available for absorption. This is clearly positive as this would lead to more efficacious delivery of the therapeutic. The loss of dye at pH 7.4 315 may not be beneficial for intracellular delivery as the cargo can be released before 316 localising at tumour sites and prior to endocytosis. The fluorescence data also agrees 317 with the findings of Mahon et al. where dye-leaching from SiNPs caused by NP 318 dissolution can occur at physiological pH in vitro.³⁴ The authors then developed an 319 alternative SiNP synthetic approach to prevent SiNP dissolution and dye-leaching in in 320 321 vitro conditions.

Considering the favourable fluorescein retention in acidic conditions and release at higher pH, we decided to investigate whether the microporous SiNPs synthesised in this study may be suited to oral drug delivery. FITC release was monitored over time while increasing the pH, in an attempt to mimic the pH conditions of the whole GI tract and the digestion process (i.e. stomach, pH 4, to duodenum, pH6, to jejunum, pH 7.4, Figure 6a). The results are summarised in Figure 6b as free data points.

329 As expected, at pH 4 the NPs released less than 10% of the FITC cargo over a 4-hour 330 period. However, when the pH increased to 6 a difference in dye release was observed 331 for NP_{TEOS}, NP₅₀₋₅₀ and NP_{ETOS}. NP₅₀₋₅₀ release was higher than NP_{TEOS} and NP_{ETOS} at pH 332 6 solution. However, the most dramatic trend was the 'burst release' profile of FITC 333 from NP_{ETOS} whilst incubated at pH 6 and pH 7.4. Only 3% of the FITC cargo was 334 released at pH 4 over 4 hours, but once the NP_{ETOS} experienced small intestine-like 335 conditions, the rate of release rapidly increased and 70% of dye was released into solution after 8 hours. The overall release of FITC from NP_{ETOS} was 80% after 12 hours. 336 337 While NP₅₀₋₅₀ showed the highest release of FITC at pH 6, no dramatic increase in 338 release was observed at pH 7.4, with 62% of the loaded FITC was detected in the

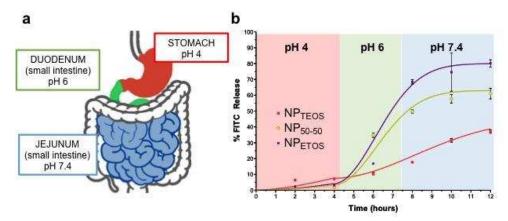


Figure 6: (a) The pathway through the gastrointestinal tract was mimicked over time. Stomach pH (pH 4) refers to that of 'fed state' and the requirement for some therapeutics like nonsteroidal anti-inflammatory drugs to be administered concurrently with food ingestion (b) Marginal FITC was released at pH4. Then, a pH-dependent dye release profile was observed for the respective NPs. NP_{TEOS} released FITC slowly and in a sustained manner at pH 6 and pH 7.4. NP₅₀₋₅₀ and NP_{ETOS} displayed initial burst release at pH 6 followed by a steady release at pH 7.4. Greater dye retention in the NPs was observed when increased TEOS was used for core formation. The free data points were used to manually fit Higuchi-Peppas models.

339 supernatant after 12 hours. On the other hand, NP_{TEOS} exhibited slow dye release at pH

340 6 and pH 7.4 and released less than 40% of its fluorescent cargo after 12 hours.

341 To further understand the FITC release from the NP_{TEOS}, NP₅₀₋₅₀ and NP_{ETOS}

342 presented in Figure 6b, the Peppas kinetic model was considered as an appropriate

model to assess diffusion-based cargo release from drug delivery systems.^{43,44} The 343 model is typically applied to polymeric systems (SI, Equations 1 and 2). The dye release 344 345 was simulated for NP_{TEOS}, NP₅₀₋₅₀ and NP_{ETOS} and the simulated profiles appeared to fit 346 the experimental observations well. The same rate constants were used for the fitting 347 of the NP₅₀₋₅₀ and NP_{ETOS} data which suggests the incorporation of ETOS in the NP core 348 led to similar dye diffusion pathways for the two types of colloid. However, the higher 349 retention of FITC by NP₅₀₋₅₀ compared to NP_{ETOS} suggested that the former presumably 350 had a more densely formed silica matrix that eventually limited the release of the dye 351 during the time period studied. Different rate constants were needed to fit the NPTEOS 352 data and suggested a different overall FITC release mechanism compared to both NP₅₀₋ 353 50 and NPETOS. This is consistent with the hypothesis where a higher crosslinking density 354 in a NP core matrix formed from TEOS alone and was reflected by the higher retention 355 of FITC after 12 hours. The results presented in Figure 6b therefore show that 356 increasing the amount of ETOS during NP synthesis would lead to increased cargo 357 release at the pH found in small intestine (i.e. pH 6 and 7.4). This may prove beneficial 358 if a 'burst release' profile is desirable, whereas it would be preferable to employ NPs 359 formulated solely from TEOS for slower molecular release into the small intestine.

360 These findings established that SiNPs exhibit pH-dependent dissolution profiles, 361 and it is possible to synthesise SiNPs that exhibit different cargo release profiles that hold potential in oral drug delivery applications. The ease at which these microporous 362 363 NPs were synthesised and shown to exhibit different dissolution behaviour suggests that a number of further studies should be performed with encapsulated molecules of 364 physicochemical properties. We have also previously 365 various developed methodologies for extending SiNP storage and long-term stability, ^{22,45} and implied that 366 367 the successful approaches for synthesising microporous SiNP with drug molecules could potentially be developed into realistic nano-delivery systems. In addition, the 368 369 particles presented here may also be applicable to the emerging field of nanonutraceuticals;^{1,44,46} a field concerned with tuning molecule release kinetics and 370 absorption using nano-sized carriers for more effective nutrient delivery systems. The 371 use of microporous SiNPs therefore offers a number of potential routes for improved 372 373 transport, protection and release of therapies in oral drug delivery and indeed the drug 374 delivery field as a whole.

375

376 **Conclusion**

377 Microporous SiNPs with core-shell architecture were synthesised and their dissolution 378 in biologically relevant pH (pH 4, pH 6, pH 7.4) was assessed. These pH refer to those 379 found intracellularly and in the gastrointestinal tract. NP cores were formed using 380 tetraethoxysilane (NPTEOS), ethyl triethoxysilane (NPETOS) or a 1:1 ratio of both 381 precursors (NP₅₀₋₅₀). These NPs did not degrade in pH 4 conditions but exhibited 382 degradation and fluorescein-release at pH 6 and pH 7.4. This was attributed to 383 accelerated hydrolysis of the silica matrix at higher pH, the formation of mesopore-384 sized hollows and subsequent NP dissolution. This suggested that dissolution-based 385 cargo release from the NPs presented here may be more likely to diffuse from of the NPs at physiological pH (pH 7.4) before being endocytosed and entering intracellular 386 387 vesicles (pH 6 – early endosome, pH 4 - late endosome/lysosome). The degradation of 388 the NPs at pH 7.4 also infers that this class of nanomaterial could be safely cleared and 389 excreted. On the other hand, the retention of the fluorescein cargo in acidic conditions 390 meant the NPs could be applicable to oral drug delivery where drugs required 391 protection in the stomach. In a mimicked gastrointestinal tract study, increasing the 392 amount of ETOS in the NP core formation led to increased release of FITC in pH 6 and 393 pH 7.4 solutions. The release profiles of FITC are consistent with the hypothesis that 394 cargo release from the NPs is controlled in part by the crosslinking density of the silica 395 core, with ETOS generating a less dense matrix that facilitates greater cargo release at 396 small intestinal pH (pH 6 and pH 7.4). The data obtained for NP_{TEOS} suggests this class 397 of SiNP would be more suited to slow drug release in oral drug delivery applications. 398 Overall, while further studies are needed to elucidate the degradation mechanisms 399 associated with the colloidal systems presented here, we showed that it was possible 400 to tune the release of encapsulated from SiNPs by simply changing the precursor used 401 during NP synthesis. Microporous SiNPs therefore hold potential as a flexible platform 402 upon which to base oral drug delivery strategies.

403

404 Acknowledgements: GG thanks the University of Kent for the provision of her PhD405 scholarship

406 **References**

- 407 1 J. Gleeson, S. Ryan and D. Brayden, *Trends in Food Science & Technology*, 2016, 53, 90-101
 408 (DOI:10.1016/j.tifs.2016.05.007).
- 2 A. Tivnan, W. Orr, V. Gubala, R. Nooney, D. Williams, C. McDonagh, S. Prenter, H. Harvey,
 R. Domingo-Fernandez, I. Bray, O. Piskareva, C. Ng, H. Lode, A. Davidoff and R. Stallings,
- 411 *PLoS One,* 2012, **7**, e38129 (DOI:10.1371/journal.pone.0038129).
- 412 3 L. Chuah, C. Roberts, N. Billa, S. Abdullah and R. Rosli, *Coll. Surf B Biointerfaces*, 2014, **116**,
 413 228-236 (DOI:10.1016/j.colsurfb.2014.01.007).
- 414 4 H. Amekyeh, N. Billa and C. Roberts, *Int. J. Pharm.*, **517**, 42-49
 415 (DOI:10.1016/j.ijpharm.2016.12.001).
- 416 5 C. Lien, É Molnaŕ, P. Toman, J. Tsibouklis, G. Pilkington, D. Goŕecki and E. Barbu,
- 417 *Biomacromolecules,* 2012, **13**, 1067-1073 (DOI:10.1021/bm201790s).

418 6 C. Saraiva, C. Praça, R. Ferreira, T. Santos, L. Ferreira and L. Bernardino, *J. Contr. Rel.*, 2016, 419 **235**, 34-47 (DOI:10.1016/j.jconrel.2016.05.044).

- 420 7 F. Barandeh, P. Nguyen, R. Kumar, G. Iacobucci, M. Kuznicki, A. Kosterman, E. Bergey, P.
- 421 Prasad and S. Gunawardena, *PLoS One*, 2012, **7**, e29424
- 422 (DOI:10.1371/journal.pone.0029424).
- 423 8 J. Florek, R. Caillard and F. Kleitz, *Nanoscale*, 2017, 9, 15252-15277
 424 (DOI:10.1039/C7NR05762H).
- 425 9 E. Phillips, O. Penate-Medina, P. Zanzonico, R. Carvajal, P. Mohan, Y. Ye, J. Humm, M.
- 426 Gönen, S. Kalaigian H., H. Strauss, S. Larson, U. Wiesner and M. Bradbury, *Sci. Trans. Med*, 427 2014, **6**, 260ra149 (DOI:10.1126/scitranslmed.3009524).
- 428 10 Y. Yang, Z. Song, B. Cheng, K. Xiang, X. Chen, J. Liu, A. Cao, Y. Wang, Y. Liu and H. Wang, J.
 429 Applied Toxicology, 2013, 34, 424-435 (DOI:10.1002/jat.2962).
- 430 11 R. Guillet-Nicolas, A. Popat, J. Bridot, G. Monteith, S. Qiao and F. Kleitz, *Angew. Chem.*431 *Int. Ed.*, 2013, **52**, 2318-2322 (DOI:10.1002/anie.201208840).
- 432 12 L. Li, T. Liu, C. Fu, L. Tan, X. Meng and H. Liu, *Nanomedicine: Nanotechnology, Biology and*433 *Medicine*, 2015, **11**, 1915-1924 (DOI:10.1016/j.nano.2015.07.004).
- 434 13 A. Popat, S. Jambhrunkar, J. Zhang, J. Yang, H. Zhang, A. Meka and C. Yu, *Chem. Comm.*,
 435 2014, **50**, 5547-5550 (DOI:10.1039/C4CC00620H).
- 436 14 Z. Li, J. Barnes, A. Bosoy, J. Stoddart and J. Zink, *Chem. Soc. Rev.*, 2012, 41, 2590-2605
 437 (DOI:10.1039/C1CS15246G).

- 438 15 L. McCusker, F. Liebau and G. Engelhardt, *Pure Appl. Chem.*, 2001, **73**, 381-394.
- 439 16 M. Thommes, K. Kaneko, A. Neimark, J. Olivier, F. Rodriguez-Reinoso, J. Rouquerol and K.
 440 Sing, *Pure Appl. Chem.*, 2015, **87**, 1051-1069 (DOI:10.1515/pac-2014-1117).
- 441 17 T. Ohulchanskyy, I. Roy, L. Goswami, Y. Chen, E. Bergey, R. Pandey, A. Oseroff and P.
 442 Prasad, *Nano Lett.*, 2007, **7**, 2835-2842 (DOI:10.1021/nl0714637).
- 443 18 B. Riva, M. Bellini, E. Corvi, P. Verderio, E. Rozek, B. Colzani, S. Avvakumova, A.
- Radeghieri, M. Rizzuto, C. Morasso, M. Colombo and D. Prosperi, *J. Coll. Interface Sci.*, 2018,
 519, 18-26 (DOI:10.1016/j.jcis.2018.02.040).
- 446 19 L. Tang and J. Cheng, *Nanotoday*, 2013, **8**, 290-312 (DOI:10.1016/j.nantod.2013.04.007).
- 20 R. Nooney, A. White, C. O'Mahony, C. O'Connell, K. Kelleher, S. Daniels and C. McDonagh,
 J. Coll. Interface Sci., 2015, 456, 50-58 (DOI:10.1016/j.jcis.2015.05.051).
- 21 C. Moore, G. Giovannini, F. Kunc, A. Hall and V. Gubala, *J. Mater. Chem. B*, 2017, 5, 55645572 (DOI:10.1039/C7TB01284E).
- 451 22 C. Moore, H. Montón, R. O'Kennedy, D. Williams, C. Nogués, C. Crean (neé Lynam) and V.
 452 Gubala, *J. Mater Chem. B*, 2015, **3**, 2043-2055 (DOI:10.1039/C4TB01915F).
- 23 M. Benezra, O. Penate-Medina, P. Zanzonico, D. Schaer, H. Ow, A. Burns, E. DeStanchina,
 V. Longo, E. Herz, S. Iyer, J. Wolchok, S. Larson, U. Wiesner and M. Bradbury, *J. Clin. Invest.*,
 2011, **121**, 2768-2780 (DOI:10.1172/JCI45600).
- 456 24 J. Fuller, G. Zugates, L. Ferreira, H. Ow, N. Nguyen, U. Wiesner and R. Langer, 457 *Biomaterials*, 2012, **29**, 1526-1532 (DOI:10.1016/j.biomaterials.2007.11.025).
- 458 25 M. Ruedas-Rama, J. Walters, A. Orte and E. Hall, *Analytica Chimica Acta*, 2012, **751**, 1-23 459 (DOI:10.1016/j.aca.2012.09.025).
- 26 F. Aureli, M. D'Amato, B. De Berardis, A. Raggi, A. Turcoa and F. Cubadda, *J. Anal. At. Spectrom.*, 2012, 27, 1540-1548 (DOI:10.1039/C2JA30133D).
- 462 27 E. Choi and S. Kim, *Langmuir*, 2017, **20**, 4974-4980 (DOI:10.1021/acs.langmuir.7b00332).
- 463 28 N. Summerlin, Z. Qua, N. Pujara, Y. Sheng, S. Jambhrunkar, M. McGuckin and A. Popat, 464 *Coll. Surf. B*, 2016, **144**, 1-7 (DOI:10.1016/j.colsurfb.2016.03.076).
- 29 H. Yamada, C. Urata, Y. Aoyama, S. Osada, Y. Yamauchi and K. Kuroda, *Chem. Mater.*,
 2012, 24, 1462-1471 (DOI:10.1021/cm3001688).
- 30 R. Bagwe, C. Yang, L. Hilliard and W. Tan, *Langmuir*, 2004, **20**, 8336-8342
 (DOI:10.1021/la049137j).

- 31 R. Nooney, E. McCormack and C. McDonagh, *Anal. Bioanal. Chem*, 2012, **404**, 2807-2818
 (DOI:doi: 10.1007/s00216-012-6224-z).
- 471 32 A. Van Blaaderen and A. Vrij, *Langmuir*, 1992, **8**, 2921-2931 (DOI:10.1021/la00048a013).
- 472 33 R. Bagwe, L. Hilliard and W. Tan, *Langmuir*, 2006, **22**, 4357-4362
 473 (DOI:10.1021/la052797j).
- 474 34 E. Mahon, D. Hristov and K. Dawson, *Chem. Commun.*, 2012, 48, 7970-7972
 475 (DOI:10.1039/C2CC34023B).
- 476 35 S. Park, Y. Kim and S. Park, *Langmuir*, 2008, **24**, 12134-12137 (DOI:10.1021/la8028885).
- 477 36 C. Fruijtier-Pölloth, *Archives of Toxicology*, 2016, **90**, 2885-2916 (DOI:10.1007/s00204478 016-1850-4).
- 479 37 H. Winkler, M. Suter and H. Naegel, *Journal of Nanobiotechnology*, 2016, 14, 44
 480 (DOI:10.1186/s12951-016-0189-6).
- 38 J. Park, L. Gu, G. von Maltzahn, E. Ruoslahti, S. Bhatia and M. Sailor, *Nat. Mater.*, 2009, 8,
 331-336 (DOI:10.1038/nmat2398).
- 39 Z. Chu, S. Zhang, B. Zhang, C. Zhang, C. Fang, I. Rehor, P. Cigler, H. Chang, G. Lin, R. Liu
 and Q. Li, *Scientific Reports*, 2014, *4*, 4495 (DOI:10.1038/srep04495).
- 485 40 Z. Chu, K. Miu, P. Lung, S. Zhang, S. Zhao, H. Chang, G. Lin and Q. Li, *Scientific Reports*,
 486 2015, 5, 11661 (DOI:10.1038/srep11661).
- 487 41 E. Lukianova-Hleb, A. Belyanin, S. Kashinath, X. Wu and D. Lapotko, *Biomaterials*, 2012,
 488 **33**, 1821-1826 (DOI:10.1016/j.biomaterials.2011.11.015).
- 42 R. Yanes, D. Tarn, A. Hwang, D. Ferris, S. Sherman, C. Thomas, J. Lu, A. Pyle, J. Zink and F.
 Tamanoi, *Small*, 2013, **9**, 697-704 (DOI:10.1002/smll.201201811).
- 491 43 J. Siepmann and N. Peppas, *Int. J. Pharm.*, 2011, **418**, 6-12 (DOI:10.1016/j.ijpharm.
 492 2011.03.051).
- 44 M. Danish, G. Vozza, H. Byrne, J. Frias and S. Ryan, *Innovative Food Science and Emerging Technologies*, 2017, (DOI:10.1016/j.ifset.2017.07.002).
- 495 G. Giovannini, F. Kunc, C. Piras, O. Stranik, A. Edwards, A. Hall and V. Gubala, *RSC Adv.*,
 496 2017, **7**, 19924-19933 (DOI:10.1039/C7RA02427D).
- 46 M. Danish, G. Vozza, H. Byrne, J. Frias and S. Ryan, *J. Food Science*, 2017,
 498 (DOI:10.1111/1750-3841.13824).

500	
501	
502	
503	
504	
505	
506	
507	
508	
509	
510	
511	
512	
513	
514	
515	
516	
517	
518	Supporting Information
519	······································
520	pH-Dependent Silica Nanoparticle Dissolution and Cargo Release
521	

522	Giorgia Giovaninni, ^a Colin J. Moore, ^{b¥*} Andrew J. Hall, ^a Hugh J. Byrne, ^b Vladimir Gubala ^a
523	
524 525	^a Medway School of Pharmacy, University of Kent, Central Ave, Chatham Maritime, Kent, ME4 4TB, United Kingdom
526	^b FOCAS Research Institute, Dublin Institute of Technology, Kevin St., Dublin 8, Ireland
527	
528 529	Email: gg238@kent.ac.uk, colin.moore@dit.ie, a.hall@kent.ac.uk, hugh.byrne@dit.ie, v.gubala@kent.ac.uk
530	
531 532	*Corresponding author: colin.moore@dit.ie , Tel: +353 1 4027902 , Fax: +353 1 4027901
533	
534 535	[¥] Current address: EA 6295 Nanomedicine and Nanoprobes, Faculty of Pharmacy, University of Tours, 31 venue Monge, Tours, 37200, France
536	
537	
538	
539	
540	
541	
542	
543	
544	
545	Additional experimental information
546	Materials
547	Cyclohexane (anhydrous, 99.5%), 1-hexanol (anhydrous, 99%), Triton [®] X-100,
548	aminopropyl trimethoxysilane [APTMS] (97%), tetraethoxysilane[TEOS] (99.99%),

549 ethyltriethoxysilane (96%)[ETOS], 4,4'-Bis(triethoxysilyl)biphenyl (95%) [bis(TE)PP], 4,4'-

550 Bis(triethoxysilyl)benzene (96%) [bis(TE)B], ammonium hydroxide solution (28% w/v in 551 water, ≥99.99%), 3-(trihydroxysilyl)propyl methylphosphonate monosodium salt (42% 552 w/v in water) [THPMP], fluorescein isothiocyanate isomer I (≥90%)[FITC], sodium 553 phosphate dibasic (>98.5%), sodium phosphate monobasic (>98%), sodium carbonate (\geq 99.5%), sodium bicarbonate (\geq 99.5%), were purchased from Sigma Aldrich. Sodium 554 carbonate (0.1M) combined with sodium bicarbonate (0.1M) yielded pH10.6 (9:1 v/v 555 respectively) solutions. Absolute ethanol, transparent Nunc Maxisorb 96 well plates 556 557 were purchased from Fisher Scientific. Carbon Films on 400 Mesh Grids Copper were 558 purchased from Agar Scientific.

559 Nanoparticle synthesis

560 Dye precursor formation: In a dried glass vial, FITC (2.5 mg) was dissolved in 1-hexanol 561 (2mL) with APTMS (5.6 μ L). The reaction was stirred for 2 hours under a nitrogen 562 atmosphere.

All nanoparticles were formed in a microemulsion prepared by combining cyclohehexane (7.5 mL), 1-hexanol (1.133 mL), Triton[®] X-100 (1.894 g) and DI water (0.48 mL) in a 30 mL plastic bottle under constant stirring. For the formation of the silica core, TEOS and ETOS were added in different ratios with quantity of oxysilane being equal 0,45 mmol.

568

569

570

0.0

TEOS % (μL) ETOS % (μL)	
-------------------------	--

NP _{TEOS}	100% (100)	/
NP ₅₀₋₅₀	50% (50)	50% (48)
NP _{ETOS}	/	100% (97)

572

Dye precursor solution (0.162 mL) was then added. After 30 minutes, 40 µL of 573 574 ammonium hydroxide was added to trigger polymerisation. The mixture was stirred 575 for further 24 hours. Nanoparticle shells were synthesised by adding 50 µL of TEOS. 20 576 minutes later 40 μ L THPMP was added. After 5 minutes, 10 μ L of APTMS was then 577 added, and the mixture was allowed to stir at RT for another 24hrs. The microemulsion 578 was then broken by adding 30 mL ethanol. Formed SiNPs were purified by 579 centrifugation (14000 rpm, 10 min) and re-dispersion in ethanol (x3). After purification, the NPs were stored in ethanol at 4°C. 580

581 **Quantification of FITC loading**

582 In order to quantify the amount of FITC loaded during the synthetic procedure, 200 µg 583 of each type of SiNPs were shaken (600 rpm) at 37°C in sodium carbonate/sodium 584 bicarbonate (1:9) buffer at pH10.6 as previously reported.²¹ After 5 hours, the samples 585 were centrifuged (14000 rpm, 10 min) and no pellet was observed, meaning that the 586 particles had dissolved. Three wells of the 96-well plate were filled with 200 µL of the 587 supernatant isolated after centrifugation. The signal given by FITC molecules free in 588 solution was compared to a fluorescence/absorbance-based calibration curve of 589 known concentrations of FITC at pH10.6. The amount of dye loaded in 200 µg of 590 particle were calculated. From the values obtained, the number of molecules per NP 591 was calculated by using the spherical volume of the silica NPs calculated from average 592 TEM diameters. The signal was read at 490/525 nm ($\lambda_{ex}/\lambda_{em}$). Values are reported as 593 average of three independent batches of particles $(n=3) \pm SD$.

594

596 Synthesis of NPs using benzene-oxysilanes

597 The same microemulsion and FITC-loading setup as described above was used except 598 for the choice of oxysilanes. Again, a total of 0.45mmol of oxysilane was used. TEOS 599 was used for NP formation alongside either bis(triethoxsilyl)benzene [bis(TE)B] or 600 bis(triethoxsilyl)biphenyl [bis(TE)PP].

TEOS:Bis(TE) B	TEOS [μL]	Bis(TE)B [µL]
95:5	95	8.92
90:10	90	17.85
85:15	85	26.77
75:25	75	44.62
50:50	50	89.24
TEOS:Bis(TE) PP	TEOS [μL]	Bis(TE)PP [µL]
75:25	75	51.44
50:50	50	102.88

601

Nanoparticle shells were synthesised by adding 50 μ L of TEOS, followed by 40 μ L of THPMP and 10 μ L of APTMS after 20min and 5min between each other. After 24h, the microemulsion was broken by adding 30 mL ethanol. Formed SiNPs were purified by centrifugation (14000 rpm, 10 min) and re-dispersion in ethanol (3x). After purification, the nanoparticles were stored in ethanol at 4°C.

607 <u>Buffer preparation</u>

Phosphate buffer at different pH were prepared mixing 0.2 M sodium phosphate
dibasic and 0.2 M sodium phosphate monobasic and adjusting the pH to 4, 6 and 7.4
using 5 M NaOH and 5 M of HCl.

611

612 <u>NP characterization</u>

Dynamic light scattering and zetametry: SiNPs were dispersed at a concentration of
 500µg/mL in DI water. Their size and zeta-potential were analysed in a disposable
 folded capillary cell (DTS1070) at RT using Malvern Zetasizer. n = 3, average ± SD.

SiNP stability: 250µg/mL of NP_{TEOS}, NP₅₀₋₅₀ and NP_{ETOS} were isolated and re-dispersed
in 1mL of each buffer (pH 4, 6 and 7.4) and incubated at 37°C. Size and zeta potential

618 were measured by DLS at Ohr, 24hr, 48hr using Malvern Zetasizer. n = 3, average ± SD.

619 *Transmission electron microscopy:* NP size quantification following synthesis: 5µL of

620 NPs in water (500μg/mL) was added on 'Carbon Films on 400 Mesh Grids Copper'

621 (Agar Scientific) and allowed to evaporate. Using ImageJ software, at least 100 NPs

622 per image were analysed for NP diameter.

SiNPs dissolution using TEM: Following incubation in pH 4, 6, or 7.4 over different
times, NP pellets were isolated using centrifugation (x3), washed using DI water in
order to remove residues salts. The pellet was finally re-dispersed in 200µL DI water,
3µL added to 'Carbon Films on 400 Mesh Grids Copper' (Agar Scientific) and allowed
to evaporate. Images were taken on a Joel JEM-3200FS at ×250, ×200, ×150 and ×100
magnification.

629

Scanning Transmission Electron Microscopy (STEM): SiNPs dissolution: The same grids
 as 'SiNPs dissolution using TEM' prepared for TEM analysis for the main text were used
 for STEM. The grids were analysed in STEM imaging mode using a Hitachi SU-6600
 microscope. Images were taken in secondary electron (SE) and transmission electron
 (TE) mode at 130,000 magnification using either 20kV or 25kV accelerating voltage.
 The working distance was 8mm.

636

637

Data fitting of with Peppas model for data points in Figure 6b

The data from the release profile of the 'GI tract-like assay' was manually simulated
 with SigmaPlot using the diffusive models presented by Siepmann and Peppas. ⁴³
 Equation 1 was used to fit data from 0 to 4 hours.

641
$$\frac{M_t}{M_{\infty}} = (ks_1)(\sqrt{time}) + (ks_2)(time)$$

642 [Eq. 1]

643 where M_t is the diffused mass at a given time, M_{∞} is the asymptotic diffused mass at 644 infinite time, ks_1 and ks_2 are diffusive and relaxation constants. Equation 2 was used to 645 fit the data from 4 to 12 hours.

646
$$\frac{M_t}{M_{\infty}} - \frac{M_4}{M_{\infty}} = (ki_1)(\sqrt{time - 4}) + (ki_2)(time - 4)$$

647 [Eq. 2]

648 where M_4 is the predicted diffused mass at the time of changing from pH4 to pH6 (i.e. 649 after 4 hours). The rate constants used to for Equation 1 and 2 are presented below. 650 M_{∞} for NP_{TEOS}, NP₅₀₋₅₀ and NP_{ETOS} were 45, 63 and 80 respectively.

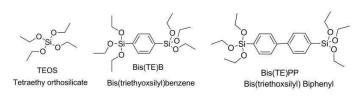
	NP _{TEOS}	NP ₅₀₋₅₀	NP _{ETOS}
ks1	0.02	0.0025	0.0025
ks ₂	0.01	0.005	0.005
ki1	0.01	0.001	0.001
ki ₂	0.05	0.2	0.2

651

652

654 Supporting Figures

655



In ethanol		Z-average (nm)	Zeta Potential (mV)
TEOS : Bis(TE)B	75:25	170.1 ± 12.0	-20.6 ± 1.6
	50:50	177.3 ± 8.4	-29.8 ± 2.4
TEOC . D: /TE)DD	75:25	179.7 ± 16.2	-5.8 ± 0.3
TEOS : Bis(TE)PP	50:50	180.7 ± 8.7	-9.3 ± 0.5

Z-average (nm)

24 hours

97.7 ± 3.1

when the NPs were dispersed in PBS they visually aggregated after only 10 minutes.

0 hours

109.4 ± 3.8

Rapid visual aggregation in DI water in less than 1 minute.

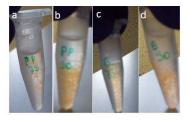


Figure S1: FITC-doped silica NPs were formed by combining the traditional precursor TEOS and either bis(triethoxsilyl)benzene, Bis(TE)B, or bis(triethoxsilyl)biphenyl, Bis(TE)PP. The ratio TEOS:Bis(TE)B and TEOS:Bis(TE)PP was 75:25 and 50:50. The resultant colloids were soluble in ethanol and dynamic light scattering was used to quantify the diameter and zeta potential of the NPs (n=3), as shown in the above table. However, when they were dispersed in DI water the NPs visually aggregated in less than 1 minute. [\mathbf{a} , \mathbf{b} : TEOS:Bis(TE)B 75:25, 50:50]; \mathbf{c} , \mathbf{d} : TEOS:Bis(TE)PP]

656

657

658

In water



Tetraethy orthosilicate

95:5

Bis(TE)B

Bis(triethyoxsilyl)benzene

0 hours

-32.1 ± 0.7

added to the microemulsion in 95:5, 90:10, 85:15 and were colloidally stable in DI water for 24 hours. However

Zeta Potential (mV)

24 hours

-31.9 ± 0.4

Visual aggregation in phosphate buffer saline in less than 10 minutes.



 TEOS:Bis(TE)B
 90:10
 114.5 ± 4.6
 107.4 ± 4.8
 -37.6 ± 1.2
 -22.1 ± 3.1

 85:15
 233.4 ± 19.6
 231.0 ± 20.2
 -31.1 ± 1.1
 -14.1 ± 0.5
 Image: Constant of the second seco

pH4

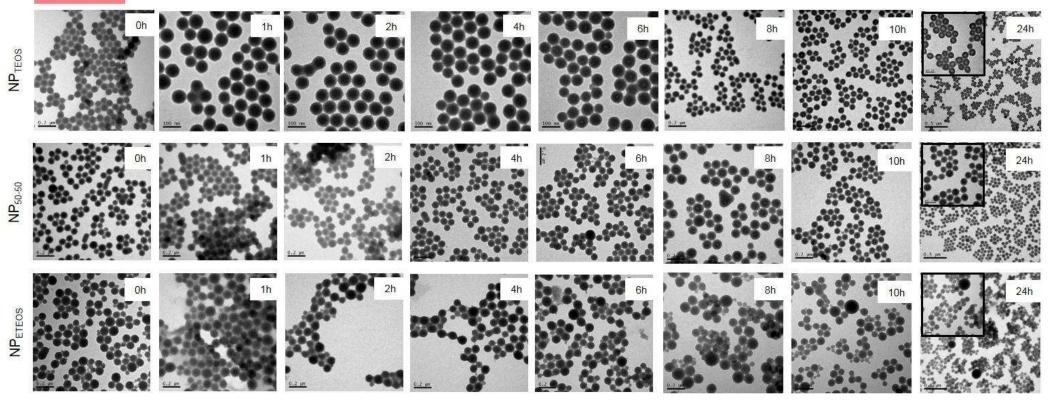


Figure S3: The three sets of NPs appeared in tact when incubated over time in pH 4



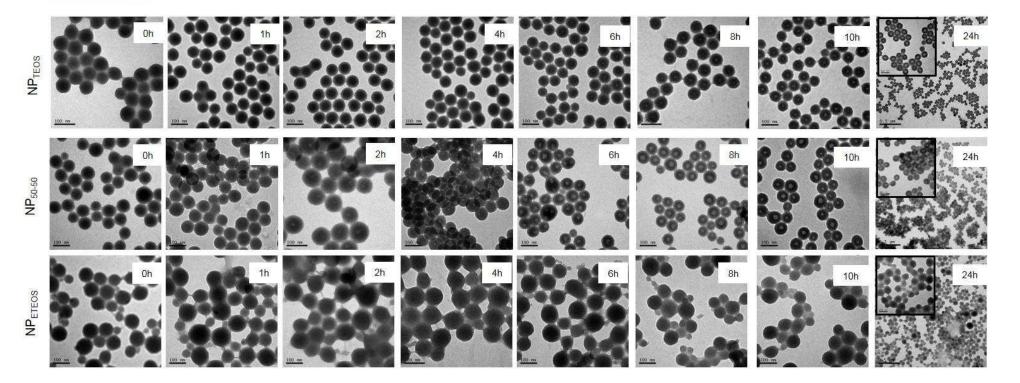


Figure S4: Degradation was visible by TEM for the three sets of NPs in pH 6 solution over time. Hollowing in the interior of NP_{TEOS} and NP₅₀₋₅₀ was observed after 6 – 8 hours whereas NP_{ETOS} appeared to degrade at the particle surface.

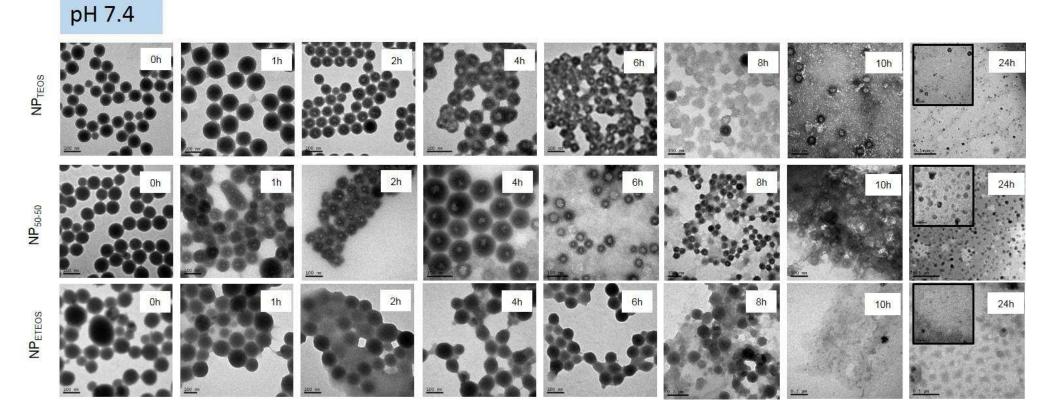


Figure S5: Degradation was visible by TEM for the three sets of NPs in pH 7.4 solution over time. More rapid hollowing of the interior of NP_{TEOS} and NP₅₀₋₅₀ was observed compared to those observed at pH 6. After 6 – 8 hours few NPs could be isolated after centrifugation and those after that time. NP_{ETOS} appeared to degrade at the particle surface. After 10 hours virtually no NPs were visible by TEM, and structures resembling colloids were highly degraded and surrounded by dissolution debris.

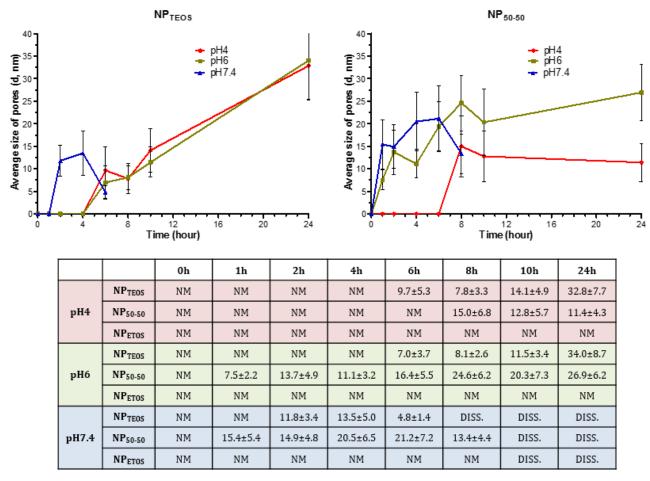


Figure S6: The size of the NP hollows (or pores) where measured by TEM analysis using the micrographs from Figures S3, S4 and S5. NM (not measurable) indicates that the particles did not present any visible pores, while DISS (dissolved) indicates that no particles were identifiable on the TEM grid and were therefore considered to be dissolved. Values are shown as average \pm SD (n=30 approximately).

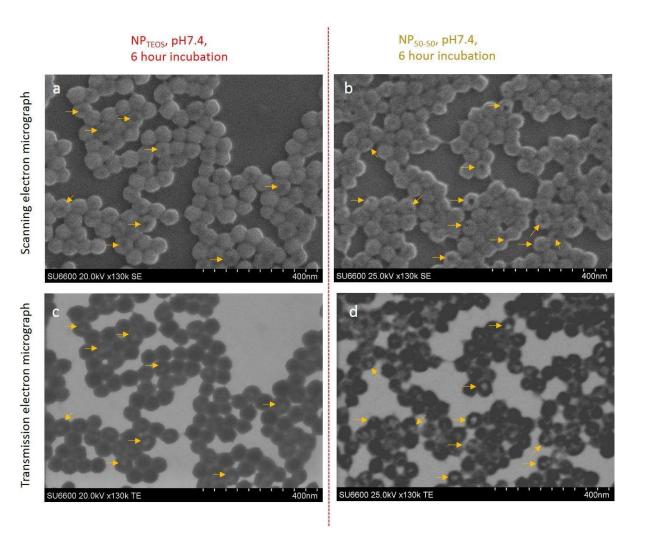


Figure S7: Scanning transmission electron microscopy allowed for secondary electrons (SE) to be obtained for scanning mode while transmission electrons (TE) could be detected simultaneously in transmission mode. **(a,b)** Scanning electron micrographs showed that the surface deformations, highlighted by yellow arrows, were visualised as hollows in transmission electron micrographs **(c,d)**. It is therefore suggested to that studies investigating silica NP hollowing/etching of the core should also use scanning electron microscopy to interrogate the particle surface, thus providing a more accurate evaluation of the overall particle morphology and integrity.