# Kent Academic Repository <br> Full text document (pdf) 

## Citation for published version

Vasilopoulou, Elisavet and Winyard, Paul J and Riley, Paul R and Long, David A (2015) The role of thymosin- 4 in kidney disease. Expert Opinion on Biological Therapy, 15. -Supl. 1. ISSN 1471-2598.

## DOI

## Link to record in KAR

http://kar.kent.ac.uk/63442/

## Document Version

Author's Accepted Manuscript

## Copyright \& reuse

Content in the Kent Academic Repository is made available for research purposes. Unless otherwise stated all content is protected by copyright and in the absence of an open licence (eg Creative Commons), permissions for further reuse of content should be sought from the publisher, author or other copyright holder.

## Versions of research

The version in the Kent Academic Repository may differ from the final published version. Users are advised to check http://kar.kent.ac.uk for the status of the paper. Users should always cite the published version of record.

## Enquiries

For any further enquiries regarding the licence status of this document, please contact:
researchsupport@kent.ac.uk
If you believe this document infringes copyright then please contact the KAR admin team with the take-down information provided at http://kar.kent.ac.uk/contact.html

Kent Academic Repository

## Editorial:

The role of thymosin- $\beta 4$ in kidney disease
Elisavet Vasilopoulou¹, Paul JD Winyard ${ }^{1}$, Paul R Riley ${ }^{2}$, David A Long ${ }^{1}$
${ }^{1}$ Developmental Biology and Cancer, UCL Institute of Child Health, London, WC1N 1EH, UK.
${ }^{2}$ Department of Physiology, Anatomy and Genetics, University of Oxford, OX1 3PT, UK.

## Corresponding Author

David A Long PhD,
Developmental Biology and Cancer,
UCL Institute of Child Health,
30 Guilford Street, London, WC1N 1EH, UK.
Tel: +44 (0)207 905 2615;
Fax: +44 (0)207 905 2133;
E-mail:d.long@ucl.ac.uk


#### Abstract

Therapies which modulate inflammation and fibrosis have the potential to reduce the morbidity and mortality associated with chronic kidney disease. A promising avenue may be manipulating thymosin- $\beta 4$, a naturally-occurring peptide which is the major G -actin sequestering protein in mammalian cells and a regulator of inflammation and fibrosis. Thymosin- $\beta 4$ is already being tested in clinical trials for heart disease and wound healing. In this editorial, we outline the evidence that thymosin- $\beta 4$ may also have therapeutic benefit in chronic kidney disease.


Keywords: Ac-SDKP, fibrosis, inflammation, kidney disease, thymosin- $\beta 4$

## Introduction

Over the last decade an epidemic of chronic kidney disease (CKD) has occurred, linked to increased obesity, hypertension and diabetes. Current treatment strategies control known risk-factors through pharmacological inhibitors and lifestyle changes but new therapies are urgently required. Regardless of the origin, the progression to CKD is accompanied by inflammation, fibrosis, extracellular matrix accumulation and tubular atrophy. Therefore, treatments which modulate these pathophysiological processes have the potential to reduce the morbidity and mortality associated with CKD.

Thymosin- $\beta 4$ is a low molecular weight naturally-occurring peptide and the major G-actinsequestering protein in mammalian cells. Thymosin- $\beta 4$ regulates actin filament assembly and disassembly in a dynamic balance with the actin-binding competitor profilin and the depolymerisation factor cofilin [1, 2]. In addition, thymosin- $\beta 4$ is able to form a complex with PINCH-1 and integrin-linked kinase both of which are necessary for cell migration and survival [3]. Thymosin- $\beta 4$ can also bind to stabilin-2, a membrane receptor involved in the engulfment of apoptotic cells [4]. The ability of thymosin- $\beta 4$ to regulate cell movement and turnover has led to studies showing it can stimulate coronary vasculogenesis and
angiogenesis [5] and regulate inflammation and fibrosis in mouse models of lung, heart and cornea injury [6-8]. Thymosin- $\beta 4$ derivatives have similar properties. Thymosin- $\beta 4$ sulfoxide is anti-inflammatory [9], whilst the tetrapeptide N -acetyl-seryl-aspartyl-lysyl-proline (AcSDKP; generated by thymosin- $\beta 4$ cleavage mediated by the enzyme prolyl oligopeptidase) is able to reduce fibrosis in animal disease models [10-12].

## Thymosin- $\beta 4$ expression in developing, healthy adult and diseased kidneys

In the mouse kidney, thymosin- $\beta 4$ transcripts can be detected from embryonic day 12 and increase throughout development until 7 days after birth [13]. In embryonic day 18 mouse kidneys thymosin- $\beta 4$ is localised in the interstitium surrounding developing tubules and in differentiating glomeruli as assessed by in-situ hybridisation [13]. Thymosin- $\beta 4$ levels are lower in the adult kidney with gene expression restricted to collecting ducts and glomeruli in 8 week old mouse kidneys [13]. Strong expression occurs in podocytes, the specialised epithelia of the glomerulus [13], a finding supported by profiling studies in adult mice identifying genes enriched in podocytes compared with the kidney cortex [14]. In contrast with these murine studies, immunohistochemisty of human fetal and adult kidneys have failed to detect thymosin- $\beta 4$ protein in glomeruli [14] and further investigations are require to reconcile this discrepancy.

A proteomic study using the rat remnant kidney model provided the first evidence implicating thymosin- $\beta 4$ in the progression of CKD [15]. The investigators performed unilateral nephrectomy of the right kidney and ligation of the branches of the left renal artery resulting in $5 / 6$ renal ablation. The reduction in renal mass led to compensatory growth of the remaining nephrons resulting in glomerulosclerosis and interstitial fibrosis. Using laser capture microdissection, sclerotic and non-sclerotic glomeruli were isolated from the remnant kidney as well as normal glomeruli from the nephrectomised kidney [16]. Proteomic analysis found that thymosin- $\beta 4$ expression levels were significantly increased three fold in sclerotic versus normal glomeruli and localised predominately to endothelial cells [16]. Subsequent
studies also demonstrated increased thymosin- $\beta 4$ levels in macrophages, myofibroblasts and tubular epithelia in the unilateral ureteral obstruction (UUO) model, where the ureter is ligated leading to a rapid reduction in renal blood flow and glomerular filtration rate in the obstructed kidney and subsequent inflammation and fibrosis [12]. These findings of raised thymosin- $\beta 4$ in CKD provide a rationale that modulating thymosin- $\beta 4$ levels could be a promising therapeutic approach for renal disease.

## Exogenous thymosin- $\beta 4$ and Ac-SDKP as therapeutic agents for kidney disease

The therapeutic potential of thymosin- $\beta 4$ in patients is currently being assessed in several clinical trials for wound healing and cardiac repair [2]. However, to-date, there have only been two studies administering exogenous thymosin- $\beta 4$ in animal models of renal disease, one in UUO and the other one in diabetic nephropathy. Administration of thymosin- $\beta 4$ at a dose of $150 \mu \mathrm{~g} /$ day intraperitoneally did not alter the early phases of inflammation and fibrosis following UUO as examined five days after the surgical procedure [12]. However, by day 14 thymosin- $\beta 4$ reduced fibrosis as assessed by Sirius red staining, but still had no effect on renal inflammation [12]. The authors began to explore the potential molecular mechanisms and found thymosin- $\beta 4$ administration reduced plasminogen activator inhibitor1 (PAI-1) expression and transforming growth factor- $\beta 1$ signalling, both of which are important pro-fibrotic pathways in CKD. Interestingly, when thymosin- $\beta 4$ was then administered to PAI-1 knock-out mice that had also undergone UUO there was no improvement in either the early or late phases of disease progression. This finding indicated that changes in PAI-1 expression could be an important mechanism underlying the actions of thymosin- $\beta 4$ in the UUO model.

The second study [17] examined the therapeutic potential of thymosin- $\beta 4$ in diabetic nephropathy, one of the leading causes of end-stage renal disease worldwide using a model of type 2 diabetes mellitus, KK Cg-Ay/J mice. Twelve week old mice were treated daily with thymosin- $\beta 4$ ( $100 \mathrm{ng} / 10 \mathrm{~g} /$ day intraperitoneally) or saline for three months. Thymosin- $\beta 4$
treatment improved renal function as shown by a reduction in the albumin to creatinine ratio and attenuated the renal pathological changes in KK Cg-Ay/J mice. However, the mechanisms that mediated these effects were not investigated; thymosin- $\beta 4$ also improved hyperglycemia in KK Cg-Ay/J mice compared with saline controls and this may be the primary reason for the improvement in renal function and structure seen in this study.

The N -terminal tetrapeptide Ac-SDKP has been more extensively studied in CKD. Cavasin and colleagues [18] showed that decreasing basal levels of Ac-SDKP in the mouse kidney by administrating an oral prolyl oligopeptidase inhibitor (S17092, $40 \mathrm{mg} / \mathrm{kg} / \mathrm{day}$ ) increased renal fibrosis and promoted glomerulosclerosis [18]. Other investigators have demonstrated beneficial effects of exogenous Ac-SDKP in CKD animal models. In the mouse UUO model, Ac-SDKP treatment ( $1.6 \mathrm{mg} / \mathrm{kg} /$ day ) via osmotic minipumps decreased fibrosis at both early and late time-points [12] as evidenced by significant decreases in fibronectin, collagen I, PAI-1, TGF- $\beta 1$ signalling and reduced numbers of renal macrophages and myofibroblasts. Similar findings were observed in a rat UUO model using a lower dose ( $400 \mu \mathrm{~g} / \mathrm{kg} / \mathrm{day}$ ) of Ac-SDKP [19]. Two weeks after UUO, Ac-SDKP reduced fibrosis in the kidney as well as decreasing the number of macrophages. This was accompanied by a reduction in the renal expression of $\alpha$-smooth muscle actin, monocyte chemoattractant protein-1 (MCP-1) and TGF- $\beta 1$ [19]. A set of elegant studies using prophylactic and interventional experimental protocols examined the effect of exogenous Ac-SDKP ( $800 \mu \mathrm{~g} / \mathrm{kg} / \mathrm{day}$ ) or vehicle administration in rat remnant kidneys [20]. In both protocols Ac-SDKP improved albuminuria, glomerular filtration rate, macrophage infiltration, glomerulosclerosis and renal collagen content [20]. In addition, these investigators found that Ac-SDKP reversed the loss of nephrin, a molecule critical for the integrity of the glomerular filtration barrier, seen in remnant kidneys providing a potential mechanism by which Ac-SDKP may elicit its therapeutic benefit in this animal model [20]. Ac-SDKP is also renoprotective in hypertensive mice [21]. In deoxycorticosterone acetate-salt hypertensive mice, Ac-SDKP treatment (800 $\mu \mathrm{g} / \mathrm{kg} / \mathrm{day}$ ) for three months improved glomerular matrix expansion, inflammation, fibrosis
and albuminuria [21]. These effects were not due to an effect of Ac-SDKP in blood pressure which was unaltered.

Ac-SDKP has also been shown to be beneficial in experimental diabetic nephropathy [11]. Ten week old male $\mathrm{db} / \mathrm{db}$ mice were administered either $1 \mathrm{mg} / \mathrm{kg} /$ day of Ac-SDKP or balanced salt solution and examined 8 weeks later [11]. Ac-SDKP treatment did not alter hyperglycaemia, blood pressure or peripheral erythrocyte number but prevented the pathological increase in glomerular surface area, mesangial matrix expansion, and overproduction of extracellular matrix proteins compared with $\mathrm{db} / \mathrm{db}$ mice administered balanced salt solution [11]. Ac-SDKP therapy also reduced plasma creatinine levels, but not albumin excretion compared with db/db mice treated with balanced salt solution [11]. The improvement in renal histology and function in $\mathrm{db} / \mathrm{db}$ mice following Ac-SDKP treatment was accompanied by diminished TGF- $\beta$ signalling within glomeruli [11]. Ac-SDKP treatment has also been tested in a rat model of type 1 diabetes induced by streptozotocin [10]. Eight weeks after streptozotocin injection, rats were provided with Ac-SDKP at a dose of 1 $\mathrm{mg} / \mathrm{kg} /$ day for two months delivered by osmotic minipump [10]. Ac-SDKP administration improved fibrosis in diabetic rats and reversed diabetes-induced loss of nephrin. Despite these molecular and structural changes, Ac-SDKP did not alter renal function with no improvement in albuminuria observed [10]. This discrepancy may be due to the fact that AcSDKP treatment was started too late after the induction of diabetes and further early intervention studies should be performed to address this issue.

In another study [22] Omata and colleagues examined the therapeutic potential of Ac-SDKP in a rat model of glomerulonephritis. A preventive strategy was taken and Ac-SDKP ( $1 \mathrm{mg} / \mathrm{kg} / \mathrm{day}$ ) administered by osmotic minipump two weeks after the induction of glomerulonephritis for one month. Ac-SDKP treatment ameliorated disease progression as demonstrated by reduced proteinuria, blood urea nitrogen, plasma creatinine, glomerulosclerosis and interstitial fibrosis compared with the rats administered saline [22]. Ac-SDKP treatment diminished TGF- $\beta$ signalling in the kidney shown by reduced Smad2


#### Abstract

phosphorylation and increased Smad7 expression [22]. The renal expression of proinflammatory genes (intercellular adhesion molecule 1, interleukin-1 $\beta$, MCP-1 and tumor necrosis factor- $\alpha$ ) were reduced by Ac-SDKP treatment along with the accumulation of macrophages in both the glomerulus and the tubulointerstitium [22]. Interestingly, Ac-SDKP did not alter the total number of peripheral leukocytes suggesting that the main effect of AcSDKP was on monocyte infiltration into the kidney [22].

In conclusion, the progression of CKD involves inflammation and fibrosis; processes that can be modulated by thymosin- $\beta 4$. The studies conducted so far have shown promising results for the therapeutic potential of thymosin- $\beta 4$ in CKD. However more work is required to investigate the role of endogenous thymosin- $\beta 4$ in the kidney, define the optimal therapeutic strategy using thymosin- $\beta 4$ and its derivatives in different disease scenarios and identify the mechanisms that mediate the therapeutic effects of thymosin- $\beta 4$ in CKD. These studies would strengthen the possibility of using thymosin- $\beta 4$ as a novel treatment to reduce the morbidity and mortality associated with CKD.


## Expert Opinion

The studies presented suggest that thymosin- $\beta 4$ and its breakdown product Ac-SDKP could be a promising therapeutic avenue to reduce the morbidity and mortality associated with CKD. Further pre-clinical studies are required particularly using thymosin- $\beta 4$ to determine optimal therapeutic doses and timing of treatment in different disease scenarios such as glomerulonephritis and remnant kidneys. There is also a need to compare the effectiveness of thymosin- $\beta 4$ versus its derivatives for the treatment of kidney disease in animal models. This has been done for UUO [12] and these studies demonstrated that Ac-SDKP acts faster and reduces more disease parameters. To-date, there have been no studies examining the effect of thymosin- $\beta 4$ sulfoxide in CKD.

Most of the studies to-date indicate that the benefits of thymosin- $\beta 4$ and Ac-SDKP are due to reduced renal macrophage number and the attenuation of fibrosis, possibly via the
modulation of TGF- $\beta$ signalling. However, we do not yet understand how thymosin- $\beta 4$ precisely affects peripheral macrophages and resident kidney cells. Another area of interest could be potential effects on the endothelium which plays a key contribution to the progression of CKD [23].

Despite the studies demonstrating the therapeutic potential of thymosin- $\beta 4$ and Ac-SDKP in experimental kidney disease, the functional role of endogenous thymosin- $\beta 4$ in the kidney is completely unknown. Given the high expression of thymosin- $\beta 4$ in podocytes and the role of 5 thymosin- $\beta 4$ in regulating actin filament assembly, it could be postulated that thymosin- $\beta 4$ may play a role in regulating podocyte shape which could contribute to the integrity of the glomerular filtration barrier. Studies using transgenic mice lacking thymosin- $\beta 4$ in specific cell types in the kidney will provide important insights into understanding the role of endogenous thymosin- $\beta 4$ in the normal and diseased kidney.

The studies described in this review have focused on using animal models to elucidate the role of thymosin- $\beta 4$ and Ac-SDKP in the kidney and its relative levels in health and renal disease. Some studies have also shown that plasma Ac-SDKP is increased in CKD patients and further enhanced in those individuals also treated with angiotensin converting enzyme (ACE) inhibitors [24, 25]. These findings have been attributed to the impaired clearance of Ac-SDKP due to the decline in glomerular function in CKD [22] and the prevention of AcSDKP degradation which normally occurs through the actions of ACE [26]. There is currently no human data available on the circulating or kidney levels of thymosin- $\beta 4$ in patients with CKD and these studies should be undertaken in the future.

## Acknowledgements

Support for this work was provided by a Kidney Research UK Senior Non-Clinical Fellowship (SF1/2008, to DAL), a Medical Research Council New Investigator Award (MR/J003638/1, to DAL) and the British Heart Foundation ( $\mathrm{CH} / 11 / 128798$, to PRR ).

## References

1. Goldstein AL, Hannappel E, Kleinman, HK. Thymosin beta4: actin-sequestering protein moonlights to repair injured tissues. Trends Mol Med 2005; 11: 421-429.
2. Goldstein AL, Hannappel E, Sosne G, Kleinman HK. Thymosin beta4: a multi-functional regenerative peptide. Basic properties and clinical applications. Expert Opin Biol Ther 2012; 12: 37-51.
3. Bock-Marquette I, Saxena A, White MD et al. Thymosin beta4 activates integrin-linked kinase and promotes cardiac cell migration, survival and cardiac repair. Nature 2004; 432: 466-472.
4. Lee SJ, So IS, Park SY, Kim IS. Thymosin beta4 is involved in stabilin-2 mediated apoptotic cell engulfment. FEBS Lett 2008; 582: 2161-2166.
5. Smart N, Risebro CA, Melville AA et al. Thymosin beta4 induces adult epicardial progenitor mobilization and neovascularization. Nature 2007; 445: 177-182.
6. Conte E, Genovese T, Gili E et al. Thymosin beta4 protects C57BL/6 mice from bleomycin-induced damage in the lung. Eur J Clin Invest 2013; 43: 309-315.
7. Peng H, Xu J, Yang XP et al. Thymosin-beta4 prevents cardiac rupture and improves cardiac function in mice with myocardial infarction. Am J Physiol Heart Circ Physiol 2014; 307: H741-H751.
8. Sosne G, Christopherson PL, Barrett RP et al. Thymosin-beta4 modulates corneal matrix metalloproteinase levels and polymorphonuclear cell infiltration after alkali injury. Invest Ophthalmol Vis Sci 2005; 46: 2388-2395.
9. Evans MA, Smart N, Dube KN et al. Thymosin beta4-sulfoxide attenuates inflammatory cell infiltration and promotes cardiac wound healing. Nat Commun 2013; 4: 2081.
10. Castoldi $G$, di Gioia $C R$, Bombardi $C$ et al. Renal antifibrotic effect of $N$-acetyl-serylaspartyl-lysyl-proline in diabetic rats. Am J Nephrol 2013; 37: 65-73.
11. Shibuya K, Kanasaki K, Isono M et al. N-acetyl-seryl-aspartyl-lysyl-proline prevents renal insufficiency and mesangial matrix expansion in diabetic db/db mice. Diabetes 2005; 54: 838-845.
> **12. Zuo Y, Chun B, Potthoff SA et al. Thymosin beta4 and its degradation product, AcSDKP are novel reparative factors in renal fibrosis. Kidney Int 2013; 84: 1166-1175. This study compared thymosin- $\beta 4$ and Ac-SDKP treatment in a mouse model of chronic kidney disease.

* 13. Guinobert I, Viltard M, Piquemal D et al. Identification of differentially expressed genes between fetal and adult mouse kidney: candidate gene in kidney development. Nephron Physiol 2006; 102: 81-91.

This study showed the expression of thymosin- $\beta 4$ in developing and adult murine kidneys.
14. Brunskill EW. Georgas K, Rumballe B et al. Defining the molecular character of the developing and adult kidney podocyte. PLoS One 2011; 6: e24640.
15. Nemolato S, Cabras T, Fanari MU et al. Immunoreactivity of thymosin beta 4 in human foetal and adult genitourinary tract. Eur J Histochem 2010; 54: e43.
** 16. Xu BJ, Shyr Y, Liang X et al. Proteomic patterns and prediction of glomerulosclerosis and its mechanisms. J Am Soc Nephrol 2005; 16: 2967-2975.

This study showed thymosin- $\beta 4$ was upregulated in the sclerotic glomeruli of rat remnant kidneys.
17. Zhu J, Su LP, Zhou Y et al. Thymosin beta4 Attenuates Early Diabetic Nephropathy in a Mouse Model of Type 2 Diabetes Mellitus. Am J Ther 2013; published online 10 July 2013, doi: 10.1097/MJT.0b013e3182785ecc.
18. Cavasin MA, Liao TD, Yang XP et al. Decreased endogenous levels of Ac-SDKP promote organ fibrosis. Hypertension 2007; 50: 130-136.
19. Wang M, Liu R, Jia X et al. N-acetyl-seryl-aspartyl-lysyl-proline attenuates renal inflammation and tubulointerstitial fibrosis in rats. Int J Mol Med 2010; 26: 795-801.
20. Liao TD, Yang XP, D'Ambrosio M et al. N -acetyl-seryl-aspartyl-lysyl-proline attenuates renal injury and dysfunction in hypertensive rats with reduced renal mass: council for high blood pressure research. Hypertension 2010; 55: 459-467.
21. Rhaleb NE, Pokharel S, Sharma U, Carretero OA. Renal protective effects of N-acetyISer-Asp-Lys-Pro in deoxycorticosterone acetate-salt hypertensive mice. J Hypertens 2011; 29: 330-338.
22. Omata M, Taniguchi H, Koya D et al. N-acetyl-seryl-aspartyl-lysyl-proline ameliorates the progression of renal dysfunction and fibrosis in WKY rats with established anti-glomerular basement membrane nephritis. J Am Soc Nephrol 2006; 17: 674-685.
23. Long DA, Norman JT, Fine LG. Restoring the renal microvasculature to treat chroni kidney disease. Nat Rev Nephrol 2012; 8: 244-250.
24. Azizi M, Ezan E, Reny JL et al. Renal and metabolic clearance of N -acetyl-seryl-aspartyllysyl-proline (AcSDKP) during angiotensin-converting enzyme inhibition in humans. Hypertension 1999; 33: 879-886.
25. Le Meur Y, Lorgeot V, Comte Let al. Plasma levels and metabolism of AcSDKP in patients with chronic renal failure: relationship with erythropoietin requirements. Am J Kidney Dis 2001; 38: 510-517.
26. Rieger KJ, Saez-Servent N, Papet MP et al. Involvement of human plasma angiotensin I converting enzyme in the degradation of the haemoregulatory peptide N -acetyl-serylaspartyl-lysyl-proline. Biochem J 1993; 296: 373-378.

