

1 **The evolution and arrest of a turbulent stratified oceanic bottom boundary**
2 **layer over a slope: Downslope regime**

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ABSTRACT

11 The dynamics of a stratified oceanic bottom boundary layer (BBL) over
12 an insulating, sloping surface depend critically on the intersection of den-
13 sity surfaces with the bottom. For an imposed along-slope flow, the cross-
14 slope Ekman transport advects density surfaces and generates a near-bottom
15 geostrophic thermal wind shear that opposes the background flow. A limiting
16 case occurs when a momentum balance is achieved between the Coriolis force
17 and a restoring buoyancy force in response to the displacement of stratified
18 fluid over the slope: this is known as Ekman arrest. However, the turbulent
19 characteristics that accompany this adjustment have received less attention.

20 We present two estimates to characterize the state of the BBL based on the
21 mixed layer thickness, H_a and H_L . The former characterizes the steady Ekman
22 arrested state, and the latter characterizes a re-laminarized state. The deriva-
23 tion of H_L makes use of a newly-defined slope Obukhov length, L_s that charac-
24 terizes the relative importance of shear production and cross-slope buoyancy
25 advection. The value of H_a can be combined with the temporally-evolving
26 depth of the mixed layer H to form a non-dimensional variable H/H_a , that
27 provides a similarity prediction of the BBL evolution across different turbu-
28 lent regimes. The length scale L_s can also be used to obtain an expression for
29 the wall stress when the BBL re-laminarizes. We validate these relationships
30 using output from a suite of three-dimensional large-eddy simulations. We
31 conclude that the BBL reaches the re-laminarized state before the steady Ek-
32 man arrested state. Calculating H/H_a and H/H_L from measurements will pro-
33 vide information on the stage of oceanic BBL development being observed.

34 These diagnostics may also help to improve numerical parameterizations of
35 stratified BBL dynamics over sloping topography.

36 **1. Introduction**

37 In the abyssal ocean, enhanced shear and turbulence occurs in a thin region near the seafloor
38 known as the oceanic bottom boundary layer (BBL). The BBL is an important source of drag on
39 mean ocean currents and eddies, and plays a key role in global oceanic energy budgets (Wunsch
40 and Ferrari 2004). However, significant disagreement exists in estimates of the global energy
41 dissipation in the BBL. Previous studies have estimated that energy dissipated in the BBL can
42 range from 0.2 TW to as large as 0.83 TW (Wunsch and Ferrari 2004; Sen et al. 2008; Arbic et al.
43 2009; Wright et al. 2013), which can be compared with the 0.8-0.9 TW of energy input from the
44 wind into the geostrophic circulation (Wunsch and Ferrari 2004; Scott and Xu 2009). In addition
45 to sparse observations, additional uncertainty in dissipation rates arises from a poor understanding
46 of how stratification and bottom slopes combine to modify ocean flows over the seafloor.

47 Flow-topography interactions in the ocean may lead to the generation of meso/submesoscale
48 energetic turbulence (Gula et al. 2016) and internal gravity waves (Nikurashin and Ferrari 2011).
49 The BBL can thus be a site of enhanced dissipation and water mass transformation (Armi 1978;
50 Ruan et al. 2017). Contrary to classical arguments, e.g. Munk (1966), recent studies have sug-
51 gested that BBLs over sloping topography are the primary locations for the upwelling of deep
52 water needed to close the global overturning circulation (De Lavergne et al. 2016; Ferrari et al.
53 2016; De Lavergne et al. 2017). These arguments point to the BBL being the primary site of a
54 convergent turbulent buoyancy flux needed to support diabatic upwelling. However, due to the
55 relatively small spatial scale of the BBL and practical difficulties associated with deep-sea ob-
56 servations, accurate representation of the oceanic BBL in large-scale general circulation models
57 (GCM) remains challenging.

58 Stratified BBLs over a flat bottom have been extensively studied in both non-rotating and rotating
59 systems, the latter known as the bottom Ekman layer (BEL). Direct numerical simulations (DNS)
60 and large-eddy simulations (LES) have been carried out at different Reynolds numbers to study the
61 structures of the BEL, Ekman transport, Ekman veering angle and their dependence on the external
62 stratification. As external stratification increases, turbulence is suppressed and the BEL becomes
63 thinner with a relatively unchanged depth-integrated transport (Coleman et al. 1990; Shingai and
64 Kawamura 2002; Taylor and Sarkar 2008). The Ekman veering angle is reduced as compared with
65 laminar theory, but the veering angle tends to increase with increasing external stratification in the
66 lower part of the BEL (Taylor and Sarkar 2008; Deusebio et al. 2014).

67 A sloping bottom boundary introduces additional dynamics. In a stratified BBL, the insulating
68 bottom boundary condition causes density surfaces, or isopycnals, to tilt downslope in the absence
69 of an along-slope mean flow. In steady state, an upslope convective flux is induced to balance
70 the vertical buoyancy diffusion, as shown by Phillips (1970) and Wunsch (1970). In a rotating
71 system, the tilting isopycnals also induce an along-slope geostrophic flow due to the thermal wind
72 relation. When rotation is combined with an imposed along-slope mean flow, the near-bottom
73 cross-slope Ekman transport is always smaller than in the flat bottom case. This is due to the
74 opposing buoyancy force in the cross-slope direction. Isopycnals tilt either up- or down-slope
75 depending on the orientation of the along-slope mean flow; in this study we only consider along-
76 slope flows that induce down-slope Ekman transport. If the buoyancy force is sufficiently large
77 to balance the Coriolis force in the cross-slope direction, the system arrives at a steady state with
78 negligible Ekman transport. This is the so-called Ekman arrest (MacCready and Rhines 1991),
79 where the near-bottom velocity shear and thus the wall stress τ_w are also reduced compared to flat

80 bottom cases. Here the wall stress is defined as:

$$\tau_w = \rho_0 \nu \left. \frac{\partial u}{\partial z} \right|_{z=0} = \rho_0 u_*^2, \quad (1)$$

81 where ρ_0 is a reference density, ν is the molecular viscosity, $u(z)$ is velocity parallel to the bottom,
 82 and u_* is the friction velocity. Critically, the steady Ekman-arrested state has not been observed in
 83 the ocean, despite efforts aimed at closing the integrated momentum and buoyancy budget in the
 84 BBL (Trowbridge and Lentz 1998). Our results provide some insight into why observations of a
 85 steady Ekman arrest have been elusive.

86 Besides the steady state solutions introduced above, process studies have examined the time-
 87 dependent adjustment towards Ekman arrest. For studies that have not explicitly resolved turbu-
 88 lence in the BBL, typically one of two parameterizations is used. The first invokes a constant
 89 turbulent viscosity and diffusivity, which encapsulates the enhanced turbulent diffusion of mo-
 90 mentum and buoyancy. Following early numerical studies by Weatherly and Martin (1978), Mac-
 91 Cready and Rhines (1991) solved for an approximate Ekman arrest time scale τ_{laminar} for a laminar
 92 system and found τ_{laminar} depends on the slope Burger number Bu :

$$\tau_{\text{laminar}} = \frac{1}{S^2 f \cos \alpha} \left(\frac{1/\sigma + S}{1 + S} \right). \quad (2)$$

93 Here $S = Bu^2 = (N \sin \alpha / f \cos \alpha)^2$, where N and f are the buoyancy and Coriolis frequencies re-
 94 spectively, α is the slope angle and σ is the turbulent Prandtl number. The scale τ_{laminar} represents
 95 the time required for the cross-slope Ekman transport to arrive at the negligible steady state value
 96 $M_{\text{Thorpe}} = \kappa_\infty \cot \alpha$ derived by Thorpe (1987). Here, κ_∞ is the far-field diapycnal diffusivity, which
 97 is generally smaller than the BBL diffusivity where vigorous mixing takes place. During Ekman
 98 arrest, the stratified BBL over a slope becomes thicker than the BEL thickness, due to the diffu-
 99 sion of buoyancy into the interior. The analytical solutions in the case of constant viscosity and
 100 diffusivity pose a curious conclusion: the interior mean flow depends on background parameters,

101 such as N and α . In other words, the interior velocity field is a part of the solution of the BBL
102 system and cannot be viewed as a background forcing independent of BBL processes. By shaping
103 the background mean flow, at least close to the ocean bottom, BBL dynamics may influence the
104 interior circulation beyond classic Ekman spin-up and spin-down processes (Thomas and Rhines
105 2002; Benthuyzen and Thomas 2013; Ruan and Thompson 2016).

106 As an alternative to a constant turbulent viscosity and diffusivity, various parameterizations have
107 been applied as closures of turbulent momentum and buoyancy fluxes, for example the simple
108 bulk Richardson number R_b -dependent and higher order closure schemes. The latter includes the
109 Mellor-Yamada schemes and the second-order closure implemented in a recent study examining
110 the energy pathways in the Ekman arrest process (Umlauf et al. 2015). Trowbridge and Lentz
111 (1991) have shown that a simple R_b -dependent parameterization is able to capture the general
112 thickness evolution of the BBL as compared to the Mellor-Yamada level-two turbulence closure
113 used in Weatherly and Martin (1978). Brink and Lentz (2010) (hereafter BL10) have tested dif-
114 ferent turbulent closure schemes and provided more accurate empirical expressions for the time
115 scales associated with the Ekman arrest process. However, the turbulent characteristics associated
116 with the BBL evolution have not been examined closely in the two approaches introduced above.
117 This has motivated us to carry out LES simulations, which directly resolve the largest turbulent
118 motions that were parameterized in BL10. We will show that the BBL reaches a re-laminarized
119 state in which turbulence is suppressed, before evolving to the final arrested state.

120 Describing the Ekman arrest process as a function of time is useful; however, ocean observations
121 often do not fit neatly into this “initial value” approach. Determining the BBL’s time history, or
122 the stage of the BBL’s turbulent evolution as it approaches the arrested state, remains difficult.
123 Here, we provide a framework that both classifies and identifies various BBL stages, spanning
124 fully-turbulent flat-bottom cases to Ekman arrested states, based on instantaneous bulk structures.

125 A key motivation is that this framework will allow for more accurate parameterizations of BBL
126 processes in GCMs. Our theoretical derivation, described in section 2, suggests that different BBL
127 stages are associated with transitions in turbulent characteristics. Therefore, we use a suite of
128 LES (section 3) to simulate a stratified oceanic BBL over a slope with a downwelling-favorable
129 mean flow (Figure 1) in order to explore these regime transitions and to validate the theoretical
130 predictions (section 4). The mean momentum and buoyancy budgets are diagnosed in section 5;
131 discussions and conclusions are provided in section 6. The goals of this study are threefold: (i) to
132 quantify the effects of topographic slope and stratification on the BBL turbulent characteristics, as
133 well as the wall stress, BBL thickness and Ekman transport; (ii) to describe the detailed structure
134 of stratified BBL over a slope; and (iii) to propose a unified description of the evolution of stratified
135 BBL over a slope throughout all stages towards full arrest.

136 **2. Theoretical predictions**

137 We begin by introducing two expressions for the height of the bottom mixed layer (BML),
138 H_a and H_L , or the “arrest height” and “re-laminarization height,” which can be determined from
139 external parameters. In this study, the BML refers to the region of weak vertical stratification,
140 whereas the BBL describes the region with enhanced dissipation, e.g. a *mixing* layer. We first re-
141 visit a scaling for H_a proposed by Trowbridge and Lentz (1991) (section 2a). The second definition
142 H_L (section 2b) is, to our knowledge, new and based on Monin-Obukhov similarity theory. These
143 values of the arrest height will prove to be critical for describing not only the arrested state, but for
144 classifying the approach to arrest, as shown in sections 4 and 5.

145 *a. Momentum balance and arrest height*

146 As shown in figure 1, the coordinate system is rotated such that x , y and z denote the down-
 147 slope, along-slope and slope-normal directions, respectively, and u , v and w are the corresponding
 148 velocity components. To leading order, the boundary layer momentum equation in the cross-slope
 149 direction is given by

$$\frac{\partial u}{\partial t} - f(v_{\text{total}} - \bar{v}) = -\alpha b - \frac{1}{\rho_0} \frac{\partial \tau^x}{\partial z}, \quad (3)$$

150 where v_{total} and \bar{v} (with magnitude V_∞) are the total and far-field along-slope velocities and τ^x is
 151 the total stress (molecular and Reynolds). Scalings for the near-seafloor Coriolis force (per unit
 152 mass) F_C and buoyancy force (per unit mass) F_B that balance during Ekman arrest are

$$F_C \sim fV, \quad F_B \sim \alpha b \sim \alpha^2 N_\infty^2 \Delta x \sim \alpha N_\infty^2 H, \quad (4)$$

153 where V is the magnitude of the boundary layer along-slope velocity. The buoyancy force is
 154 proportional to the displacement of the stratification. For a uniform slope, this is approximated
 155 using the cross-slope isopycnal displacement length scale Δx (figure 2), where $\Delta x \approx H/\alpha$ and H is
 156 the height of the BML where stratification is smaller than 30% of the background stratification N_∞^2 .
 157 The extra slope angle α in the expression for F_B in (4) denotes the projection of an upward pointing
 158 buoyancy force onto the cross-slope direction. In the arrested state where the total near-bottom
 159 flow is weak, F_C and F_B balance and can be expressed as:

$$F_C^{\text{arrest}} = fV_\infty, \quad F_B^{\text{arrest}} \approx \alpha N_\infty^2 H_a. \quad (5)$$

160 This yields an expression for the arrest height H_a :

$$H_a \approx fV_\infty / (\alpha N_\infty^2). \quad (6)$$

161 The same expression was proposed by Trowbridge and Lentz (1991) by assuming that the thermal
 162 wind shear $v_z = -\alpha N_\infty^2 / f$ brings the total flow magnitude from the far-field value V_∞ to zero near

163 the bottom. This indicates that increasing the slope angle and stratification and/or reducing the
 164 mean flow magnitude leads to a reduction in the cross-slope displacement of the stratified fluid
 165 required to achieve Ekman arrest, or equivalently a reduction in H_a . Using $f = 10^{-4} \text{ s}^{-1}$ and
 166 typical abyssal oceanic parameters: $V_\infty = 0.05 \text{ m s}^{-1}$, $N_\infty^2 = 10^{-6} \text{ s}^{-2}$ and $\alpha = 0.005$, H_a must
 167 be roughly 1000 m to generate a sufficiently large buoyancy force to balance the Coriolis force.
 168 This large value may partially explain why Ekman arrest is rarely observed in the abyssal ocean.
 169 However, for typical values over the continental slope where the pycnocline intersects topography:
 170 $V_\infty = 0.05 \text{ m s}^{-1}$, $N_\infty^2 = 10^{-5} \text{ s}^{-2}$ and $\alpha = 0.01$, an $H_a \approx 50 \text{ m}$ may be sufficient to achieve Ekman
 171 arrest.

172 Predictions for H_a vary by four orders of magnitude across typical oceanic parameters (figure
 173 3 a-c). The nonlinear dependence of H_a on different parameters warrants careful examination of
 174 BBL structures in different regimes, which is the focus of section 4.

175 *b. Turbulent characteristics and re-laminarization height*

176 An alternative definition of an arrest height begins by assuming that a complete balance between
 177 buoyancy and Coriolis forces requires the suppression of turbulence and turbulent stress. The
 178 competition between shear production and buoyancy flux can be characterized by the Obukhov
 179 length scale, which is defined by:

$$L \equiv \frac{-u_*^3}{kB}, \quad (7)$$

180 where $k = 0.41$ is the von Karman constant and B is the surface buoyancy flux. For an unsta-
 181 ble BBL where the buoyancy flux is upward ($B > 0$), the Obukhov length scale L is negative,
 182 and it characterizes the relative importance of surface stress and convection in the production of
 183 turbulence. For a stable BBL, where the buoyancy flux is downward ($B < 0$), L is positive, and

184 it corresponds to the transition depth (height above bottom) at which the stabilizing influence of
 185 stratification begins to suppress turbulence.

186 In the absence of a buoyancy flux at the wall in the oceanic BBL, (7) can be revised by replacing
 187 B with the depth-integrated cross-slope buoyancy advection, which results in a new length scale,
 188 here called the “slope Obukhov length”:

$$L_S \equiv \frac{u_*^3}{kUN_\infty^2\alpha}, \quad (8)$$

189 where $U = \int_0^\infty u dz$ is the depth-integrated cross-slope transport. We show, using LES simulations,
 190 that the ratio of H to L_S captures the transition of the BBL from unstable to stable states and finally
 191 to an Ekman arrested state (section 4e). The dependence of L_S on U can be removed by relating
 192 the steady state Ekman transport over a slope to the friction velocity (Brink and Lentz 2010):

$$U = u_*^2/f(1 + Bu^2), \quad (9)$$

193 such that

$$L_S = (1 + Bu^2) \frac{fu_*}{k\alpha N_\infty^2}. \quad (10)$$

194 It has been shown that the non-dimensional viscous Obukhov length $L^+ = Lu_*/\nu$ controls the
 195 turbulent state in stratified atmospheric boundary layers, such that for $L^+ < 100$ turbulence col-
 196 lapses and the boundary layer re-laminarizes (Flores and Riley 2011). The Obukhov length, L char-
 197 acterizes the depth over which turbulence generation is unaffected by stratification and $100\nu/u_*$
 198 roughly denotes the upper limit of the viscous wall region (including both the viscous sublayer, the
 199 buffer layer and part of the lower log-law layer). Thus, $L < 100\nu/u_*$ implies that turbulence sup-
 200 pression by stratification has penetrated into the viscous wall region, which results in turbulence
 201 collapse.

202 The physical interpretation of the slope Obukhov length L_S is the same as the Obukhov length
 203 L . Assuming that turbulence in the oceanic BBL also collapses when the viscous slope Obukhov

204 length,

$$L_s^+ = L_s u_* / \nu = (1 + Bu^2) f u_*^2 / (\nu k \alpha N_\infty^2), \quad (11)$$

205 falls below a critical value C , the squared friction velocity associated with the transition from a
 206 turbulent to a re-laminarized state is:

$$(u_*)^2 = C \frac{\nu k \alpha N_\infty^2}{f(1 + Bu^2)}. \quad (12)$$

207 When the friction velocity becomes smaller than the value predicted in (12), the BBL will tran-
 208 sition to a laminar state. In section 4c we show that the critical value for the constant C in these
 209 simulations is also around 100. Accounting for the reduction in the near-bottom, along-slope ve-
 210 locity due to the thermal wind shear, the revised expression for the wall stress using the quadratic
 211 law is

$$\tau_w^y / \rho_0 = C_d V_b^2 = C_d (V_\infty - \alpha N_\infty^2 H / f)^2, \quad (13)$$

212 where C_d is the drag coefficient and V_b is the near-bottom flow magnitude. An expression for the
 213 re-laminarization height is then given by

$$H_L = \frac{f V_\infty}{\alpha N_\infty^2} - \left(\frac{C k \nu f}{\alpha N_\infty^2 C_d (1 + Bu^2)} \right)^{1/2}, \quad (14)$$

214 a threshold for the BML thickness above which the BBL re-laminarizes.

215 The scaling for H_a in (6) is recovered when the second term in (14) is small, e.g. when the
 216 wall stress is negligible. When the BBL reaches the re-laminarized state, the BML thickness H_L
 217 is always smaller than the predicted H_a for steady Ekman arrest. The scales H_a and H_L become
 218 more similar for small α , weak N^2 and strong V_∞ (figure 3 d-f). Once the BBL is re-laminarized,
 219 the only mechanism for further evolution to the final arrested state is via molecular diffusion.
 220 However, ubiquitous background perturbations are likely to make the re-laminarized state difficult
 221 to sustain, providing another explanation for why a steady Ekman arrested state has not been
 222 observed.

223 In our LES simulations, we focus on BBL re-laminarization, which, we believe, is of more
224 oceanic relevance than the Ekman arrested state. We also note that both H_a and H_L are likely
225 underestimated compared with the true BML thickness because of two assumptions. First, we
226 assume that the tilted isopycnals can be represented by straight lines (figure 2). In reality, the
227 isopycnals tilt smoothly towards the bottom, which yields a larger H_a at steady state. Second, V_b
228 is defined at the bottom of the thermal layer rather than at $z = 0$. Thus, we do not account for the
229 thickness of the viscous layer in H_a , including the viscous sublayer, the buffer layer and the lower
230 part of the log layer.

231 **3. Numerical methods**

232 In the remainder of the paper, we show that the ratio of the mixed layer depth H to H_L is an
233 important parameter for predicting re-laminarization of the BBL over a slope, whereas the ratio of
234 H to H_a describes the evolution of the BBL across a range of turbulent regimes towards complete
235 arrest. The dependence of H_L on small-scale turbulent properties of the BBL motivates the use of
236 LES simulations, described below.

237 *a. Governing equations*

238 The LES-filtered Navier-Stokes equations under the Boussinesq approximation in a rotating
 239 frame can be written in dimensional form as:

$$\frac{\partial u}{\partial t} + \mathbf{u} \cdot \nabla u - f v \cos \alpha = -\frac{1}{\rho_0} \frac{\partial p'_d}{\partial x} - b \cdot \sin \alpha + \nu \nabla^2 u - \partial_j \tau_{1j}^d, \quad (15)$$

$$\frac{\partial v}{\partial t} + \mathbf{u} \cdot \nabla v + f(u \cos \alpha - w \sin \alpha) = -\frac{1}{\rho_0} \frac{\partial p'_d}{\partial y} + \nu \nabla^2 v - \partial_j \tau_{2j}^d, \quad (16)$$

$$\frac{\partial w}{\partial t} + \mathbf{u} \cdot \nabla w + f v \sin \alpha = -\frac{1}{\rho_0} \frac{\partial p'_d}{\partial z} + b \cdot \cos \alpha + \nu \nabla^2 w - \partial_j \tau_{3j}^d, \quad (17)$$

$$\frac{\partial b}{\partial t} + \mathbf{u} \cdot \nabla b - N_\infty^2 (u \sin \alpha + w \cos \alpha) = \kappa \nabla^2 b - \nabla \cdot \lambda^d, \quad (18)$$

$$\nabla \cdot \mathbf{u} = 0. \quad (19)$$

240 Here ν and κ are the molecular viscosity and diffusivity, respectively; $N_\infty^2 = -\frac{g}{\rho_0} \frac{d\rho}{dz}$ is the back-
 241 ground (non-evolving) stratification; $b = -g\rho'/\rho_0$ is buoyancy where ρ' is the density deviation
 242 from the background stratification; p'_d denotes the pressure deviation from the background hydro-
 243 static balance, which has been removed from (17); τ^d and λ^d are the subgrid-scale (SGS) stress
 244 (with 1, 2 and 3 representing the x , y and z directions) and buoyancy flux, respectively, which
 245 require SGS models for closure. The equations of motion are in a reference frame moving with
 246 the along-slope mean flow \bar{v} , with magnitude V_∞ . Therefore (16) gives the evolution of the pertur-
 247 bation velocity v where $v = v_{\text{total}} - \bar{v}$, and $\bar{v} = -V_\infty$ for downslope Ekman transport conditions.

248 The dimensional variables are non-dimensionalized using:

$$(u, v, w) = u_* (u', v', w'), \quad (x, y, z) = \delta (x', y', z') = u_* / f (x', y', z'), \quad (20)$$

249

$$p'_d = \rho_0 u_*^2 p', \quad b = N_\infty^2 \delta b', \quad t = \delta / u_* t'. \quad (21)$$

250 The resulting non-dimensional equations (with primes dropped except for the pressure deviation)

251 are:

$$\frac{\partial u}{\partial t} + \mathbf{u} \cdot \nabla u - v \cos \alpha = -\frac{\partial p'}{\partial x} + Ri_* b \sin \alpha + Re_*^{-1} \nabla^2 u - \partial_j \tau_{1j}, \quad (22)$$

$$\frac{\partial v}{\partial t} + \mathbf{u} \cdot \nabla v + (u \cos \alpha - w \sin \alpha) = -\frac{\partial p'}{\partial y} + Re_*^{-1} \nabla^2 v - \partial_j \tau_{2j}, \quad (23)$$

$$\frac{\partial w}{\partial t} + \mathbf{u} \cdot \nabla w + v \sin \alpha = -\frac{\partial p'}{\partial z} + Ri_* b \cos \alpha + Re_*^{-1} \nabla^2 w - \partial_j \tau_{3j}, \quad (24)$$

$$\frac{\partial b}{\partial t} + \mathbf{u} \cdot \nabla b - (u \sin \alpha + w \cos \alpha) = Re_*^{-1} Pr^{-1} \nabla^2 b - \nabla \cdot \lambda, \quad (25)$$

$$\nabla \cdot \mathbf{u} = 0. \quad (26)$$

252 Three non-dimensional parameters govern the system: the friction Reynolds number Re_* , friction

253 Richardson number Ri_* and Prandtl number Pr , where,

$$Re_* = \frac{u_* \delta}{\nu} = \frac{u_*^2}{f\nu}, \quad Ri_* = \frac{N_\infty^2 \delta^2}{u_*^2} = \frac{N_\infty^2}{f^2}, \quad Pr = \frac{\nu}{\kappa}. \quad (27)$$

254 Relevant non-dimensional parameters used in the experiments are listed in Table 1. The parameters

255 are chosen to explore their controls on the Ekman arrest process, ranging from a near flat-bottom

256 and unstratified limit to an experiment with the fastest arrest allowed in the model. The friction

257 velocity u_* that appears in the non-dimensional parameters does not include the effects of stratifi-

258 cation, i.e. u_* is the friction velocity before stratification is introduced (see discussion in section

259 3b). The equations are solved subject to no-slip and insulating boundary conditions:

$$v = V_\infty, \quad z = 0, \quad (28)$$

$$u = w = 0, \quad z = 0, \quad (29)$$

$$\frac{\partial b}{\partial z} + N_\infty^2 = 0, \quad z = 0. \quad (30)$$

260 The far-field boundary conditions are free-slip and insulating for the momentum and buoyancy

261 equations. Again, the bottom boundary condition is set to ensure $v_{\text{total}} = 0$. Throughout, the small

262 angle approximation ($\sin \alpha \approx \alpha$ and $\cos \alpha \approx 1$) is applied.

263 *b. Numerical details*

264 The simulations are performed using the computational fluid dynamics solver, DIABLO. Details
265 of the numerical method can be found in Taylor (2008) and Bewley (2008). The background cross-
266 slope density gradient remains constant ($M_\infty^2 = -\alpha N_\infty^2$) throughout the adjustment, determined
267 by the sloping topography cutting through the vertically-stratified fluid; there is no along-slope
268 density gradient. The model solves for density perturbations to the background stratification.
269 Thus, periodic boundary conditions are used in the x and y directions with uniform grid spacing
270 and the derivatives in these two directions are computed with a pseudospectral method (de-aliased
271 using the 2/3 rule). Staggered and stretched grids are used in the slope-normal direction with finer
272 grid spacing close to the upper and lower boundaries. Derivatives in the slope-normal direction are
273 treated with second-order finite differences. The time-stepping algorithm uses a mixed third-order
274 Runge-Kutta/Crank-Nicolson method.

275 In order to examine the impact of finite stratification on the dynamics close to the wall, the LES
276 experiments performed here are run with near-wall resolution (LES-NWR), also called a resolved
277 LES, which resolves at least 80% of the energy in the flow (Pope 2001; Sagaut 2006). Near the
278 wall, turbulent motions scale with the viscous length $\delta_v = \nu/u_*$, which places strong constraints
279 on the model resolution. We placed the first two grid points in the viscous layer $z^+ < 5$ and the
280 minimum resolution in the slope-normal direction is $\Delta_z^+ = 2$; in dimensional units $\Delta_z = 2\nu/u_*$.
281 The uniform grid spacing in the slope-parallel directions are $\Delta_x^+ = \Delta_y^+ \sim 20$. The domain size is
282 30 m (L_x) \times 30 m (L_y) \times 60 m (L_z), respectively. A sponge layer of thickness 10 m is placed at
283 the top of the domain to avoid reflection of internal gravity waves generated from the interaction
284 of BBL turbulence with the pycnocline.

285 The background stratification can suppress the initialization of a turbulent BEL. To focus on
 286 the turbulent state, as opposed to the transition to a turbulent state, the simulations are spun up in
 287 multiple stages. First, an unstratified simulation is conducted with linear damping added to the
 288 momentum equations in the x and y directions until the system reaches quasi-equilibrium; the uni-
 289 form damping rate is half of the inertial frequency f . This stabilizes the flow and reduces inertial
 290 oscillations. The linear damping is then removed, allowing the flow to adjust to the background
 291 environment. Finally, a stable background stratification is incorporated into the simulation with a
 292 thin BML (2-3 m) near the bottom to ensure the viscous sublayer is unaffected by the stratification
 293 at the start (see an example initial stratification profile for $N_\infty^2 = 10^{-5} \text{s}^{-2}$ in figure 4). The strongest
 294 stratification used in these experiments is $N_\infty^2 = 10^{-5} \text{s}^{-2}$.

295 The LES-filtered governing equations are essentially a low-pass filtered version of the Navier-
 296 Stokes equations with the resolved velocity field used to determine the SGS stress tensor $\tau_{i,j}^{SGS}$.
 297 Similar to the SGS model used by Taylor and Ferrari (2010), a constant Smagorinsky model was
 298 used in the simulations,

$$\tau_{i,j}^{SGS} = -2C^2 \bar{\Delta}^2 |\bar{S}| \bar{S}_{i,j}. \quad (31)$$

299 Here $C = 0.13$ is the Smagorinsky coefficient, $\bar{\Delta} = (\Delta_x \Delta_y \Delta_z)^{1/3}$ is the implicit LES filter width
 300 and $S_{i,j}$ is the rate of strain tensor. The overbar denotes the filtered (or resolved) field. The SGS
 301 eddy viscosity from the Smargorinsky model is calculated as $\nu_{SGS} = C^2 \bar{\Delta}^2 |\bar{S}|$ with the constant
 302 molecular viscosity explicitly used in the resolved field. A constant SGS Prandtl number $Pr_{SGS} =$
 303 $\nu_{SGS}/\kappa_{SGS} = 1$ is used to calculate the SGS eddy diffusivity.

304 4. Identification of turbulent regimes from large-eddy simulations

305 A series of experiments were conducted to examine how topographic slope (α), stratification
 306 (N_∞) and background flow (V_∞) impact the evolution and bulk structures of the BBL. Table 1

307 provides the slope Burger number Bu , initial friction Reynolds number Re_* and friction Richardson
 308 number Ri_* , and the Prandtl number Pr . The ratios, H/H_a and H/H_L , at the end of each simulation,
 309 are also given. These experiments span a range of turbulent states, including some that are far from
 310 re-laminarization.

311 Given sufficient time and water column depth, the adjustment of a stratified fluid over sloping
 312 topography is always towards the steady Ekman arrested state; the time to reach this state depends
 313 on external parameters. For experiments across a wide range of conditions, the non-dimensional
 314 parameters $E_a = H/H_a$ and $E_L = H/H_L$, which represent the extent to which the BBL has ap-
 315 proached the arrested and re-laminarized states, can be used to classify different BBL dynamical
 316 regimes. Indeed, E_a is equivalent to the ratio between the buoyancy and Coriolis force,

$$E_a = H/H_a = \alpha N_\infty / f \cdot N_\infty H / V_\infty = Bu / Fr \approx F_B / F_C, \quad (32)$$

317 where $Fr = V_\infty / (N_\infty H)$ is the Froude number. Thus, the magnitude of E_a serves as a measure of
 318 the extent towards Ekman arrest, *e.g.* when $E_a \ll 1$, the BBL is far from the arrested state. Since
 319 the slope Burger number Bu in the ocean rarely exceeds unity, (32) implies that supercritical flows
 320 ($Fr > 1$) are almost always far from arrest. Similarly, we can define

$$E_L = H/H_L, \quad (33)$$

321 where H_L is defined based on the critical viscous slope Obukhov length. Thus $E_L = 1$ and $L_s^+ =$
 322 100 will be used interchangeably later to indicate a re-laminarized state. Below we discuss four
 323 sequential stages as the BBL evolves towards the steady arrested state: (i) weakly buoyant regime
 324 ($E_a \approx 0$ and $E_L \approx 0$); (ii) buoyant regime ($0 < E_a < 1$ and $0 < E_L < 1$); (iii) re-laminarized regime
 325 ($0 < E_a < 1$ and $E_L = 1$) and (iv) Ekman arrested regime ($E_a = 1$ and $E_L > 1$). A summary of the
 326 different regimes can be found in figure 5.

327 To highlight differences between these stages, we focus on the following properties: vertical
328 stratification, the vertical velocity profiles within the BBL, cross-slope transport and the friction
329 velocity used to determine the wall stress. We discuss the connection between the newly-proposed
330 non-dimensional parameters and turbulent characteristics in the BBL through the classic Monin-
331 Obukhov similarity theory in section 4e.

332 During all of these experiments, H is continuously changing with time. The growth rates of
333 the BML are well described by power law relationships $H \sim t^b$, although the exponent b varies
334 between different simulations (figure 6). The exponents fall between two limits. For the small-
335 est initial Bu , the convection is weak and BML growth follows a $2/9$ power law, consistent with
336 stress-driven mixed layer growth (Manucharyan and Caulfield 2015). For larger values of Bu ,
337 BML growth follows a $1/2$ power law, consistent with a classic upright convection-driven mixed
338 layer development (Deardorff et al. 1969). For the large Bu experiments, the sloping topogra-
339 phy allows for larger downslope advection of buoyant fluid under heavier fluid that leads to the
340 transition to stronger convective mixing. The simulated BML thickness is, overall, comparable
341 to those in models that have used one-dimensional turbulence closure techniques. However, one-
342 dimensional turbulence closure models largely account for turbulence production due to gravita-
343 tional or Kelvin–Helmholtz instabilities in the bulk BBL and do not represent shear production
344 at the wall (in the viscous sublayer). Additional analysis is needed to evaluate one-dimensional
345 turbulence closures in simulating the Ekman arrest process.

346 Finally, to diagnose the vertical structure of velocity and other variables in the LES, a time
347 average is applied over one near-inertial period to remove the effect of near-inertial oscillations.
348 The centers of the averaging windows are labeled in figure 8 and indicated in figure 9 by the
349 vertical dashed lines; the same average is applied in the figures shown below unless otherwise
350 noted.

351 *a. Weakly buoyant regime, $E_a \approx 0$ and $E_L \approx 0$*

352 When the thickness of the BBL is small, *i.e.*, $E_a \approx 0$ and $E_L \approx 0$, the dynamics of the BBL are
353 similar to those described in studies of stratified BBL over a flat bottom (Taylor and Sarkar 2008;
354 Deusebio et al. 2014). In this regime, the buoyancy force F_B is weak in the cross-slope momentum
355 balance (3). Experiments with a gentle slope, a weak stratification or a large mean flow all have
356 large values of H_a and H_L , and our LES experiments remain in the $E_a \approx 0$ and $E_L \approx 0$ regime
357 throughout their duration (table 1). Note, though, that all simulations pass through this stage at
358 early times since $H \approx 0$ when the simulations are initialized.

359 In this stage, a strongly-stratified pycnocline caps the BML. For instance, in Experiment A,
360 the stratification in the pycnocline is three times larger than the background value (figure 7a).
361 Furthermore, the vertical structure of the horizontal velocity and veering angle through the BBL
362 agree with flat bottom Ekman layer dynamics (figures 8 and 9a). After an initial adjustment, the
363 cross-slope transport and friction velocity are relatively steady over the course of the simulations
364 (figures 9b and 10a); both U and u_* decrease as E_a increases (figures 10b and 11).

365 *b. Buoyant regime, $0 < E_a < 1$ and $0 < E_L < 1$*

366 As H grows, the importance of the buoyancy force F_B in the cross-slope momentum equation
367 begins to modify the characteristics of the BBL. In experiments with larger (initial) values of Bu ,
368 the stratification in the pycnocline at the top of the BML is weaker (figure 7b) during this stage.
369 This occurs because a more steeply-sloping bottom or a stronger stratification causes buoyancy
370 transfer to transition from being in the vertical direction to being primarily in the cross-slope
371 direction. This weakens the tendency to form a pycnocline (see also the buoyancy budget in
372 section 5b). This behavior may partially explain why the top of the BML in the ocean is not
373 typically associated with a strong pycnocline (Armi 1978; Ruan et al. 2017).

374 As E_a and E_L become larger than 0.1, the cross-slope velocity profile penetrates deeper into the
375 water column (figures 8a and 9c), the cross-slope transport decays (figure 9d), and the friction
376 velocity decreases (figure 10a), all as compared to the weakly buoyant regime (section 4a). In
377 this regime, the deflection of isopycnals in the Ekman layer generates a thermal wind shear that
378 opposes the along-slope velocity (figure 8b). This in turn reduces the velocity shear at the bottom,
379 which leads to a smaller wall stress and friction velocity. Finally, the veering angle near the
380 bottom decreases in response to the reduced wall stress, resulting in a smaller degree of turning
381 of the along-slope flow, consistent with a weaker Ekman transport (figure 8c). While the veering
382 angle is reduced, the thickness of the “veering layer” increases. This occurs because the thermal
383 wind shear penetrates deeper than the Ekman layer. The Coriolis force F_C then deflects the along-
384 slope momentum into the cross-slope direction. This penetration of along-slope momentum is not
385 entirely due to turbulent diffusion, but involves the build-up of the thermal wind shear—this is the
386 “slow diffusion” process discussed by MacCready and Rhines (1991).

387 For all simulations, both u_* and U collapse onto a single curve when plotted against E_a (figures
388 10b and 11). As F_B strengthens as compared to F_C , u_* decreases linearly with E_a . While U also
389 decreases with increasing E_a , this modification is not linear in E_a due to the quadratic relationship
390 given in (9).

391 *c. Re-laminarized regime, $0 < E_a < 1$ and $E_L = 1$*

392 For experiments where E_a approaches 1 but $E_L \approx 1$, the BBL dynamics enter a state that we refer
393 to as a re-laminarized stage; the distinction between this state and the arrested state has not previ-
394 ously been documented. The re-laminarized stage can be identified when properties are averaged
395 over a time comparable to the inertial period. However, at sub-inertial time scales, the simulations
396 exhibit strong oscillations in all turbulent properties. Earlier studies have shown similar results,

397 e.g. Umlauf et al. (2015), although these features were not discussed. We begin by summarizing
 398 the time-averaged characteristics of this stage, and then provide further details on the near-inertial
 399 resonant behavior.

400 For cases where the buoyancy force is of leading order, the pycnocline does not sharpen no-
 401 ticeably during the evolution of the BML – the ratio of pycnocline stratification to background
 402 stratification is roughly 1 (figure 7c). Not only does the pycnocline remain weak, but the back-
 403 ground stratification penetrates from the top of the BML downward when E_L approaches 1 (figure
 404 7c). This re-stratification is related to the viscous slope Obukhov length L_s^+ , and is discussed
 405 further below. The total cross-slope transport arrives at a negligible, but non-zero value; for ex-
 406 ample in Experiment F, this occurs after $tf = 20$ (figure 9f). The friction velocity continues to
 407 decrease linearly with E_a , but remains finite even when L_s^+ approaches 100 (figure 10a and 12b),
 408 as predicted in section 2b. In Experiment F, when L_s^+ approaches 100, the near-bottom velocity V_b
 409 is smaller than 0.05 ms^{-1} which is half of the along-slope mean flow magnitude $V_\infty = 0.1 \text{ ms}^{-1}$
 410 (figure 8b). A reduction in the near-bottom velocity by a factor of 2 results in a reduction of the
 411 wall stress by a factor of 4 (13), and a reduction in the bottom dissipation rate by a factor of 8, as
 412 compared with the predictions using the far-field mean flow V_∞ .

413 From the mean momentum budget (6), the predicted arrest height for Experiment F is $H_a \approx 50 \text{ m}$.
 414 This value is larger than the simulated BML thickness in the re-laminarized stage, $\sim 30 \text{ m}$, con-
 415 sistent with $E_a < 1$. The use of (14), however, requires an estimate of the drag coefficient C_d .
 416 We evaluate $C_d = 2.2 \times 10^{-3}$ at the beginning of Experiment F before stratification is introduced,
 417 using

$$C_d = u_*^2 / V_b^2. \quad (34)$$

418 Plugging in the value of C_d and the re-laminarization constant C diagnosed earlier, the predicted
419 H_L is 31.7 m which matches the simulated height well. This demonstrates that the BBL re-
420 laminarization condition is met before the traditional complete Ekman arrested state.

421 As Experiments F and H reach $E_L \approx 1$, the boundary layer re-laminarizes with negligible tur-
422 bulent kinetic energy (TKE), e.g. at $tf = 50$ in Experiment F (figure 12a). The value of L_s^+ that
423 corresponds to this re-laminarization is roughly 100 in both cases, which is the same value re-
424 ported by Flores and Riley (2011) using the viscous Obukhov length scale Lu_*/ν (figure 12b).
425 With $C = 100$, the predicted friction velocities in the arrested boundary layer from (12), using
426 parameters from Experiments F and H, are $u_* = 1.71 \times 10^{-3} \text{ m s}^{-1}$ and $u_* = 1.37 \times 10^{-3} \text{ m s}^{-1}$,
427 respectively, which agree with the simulated values of u_* in figure 10a. The arrested wall stress
428 and friction velocity remain finite as predicted from section 2b.

429 Another prominent feature of the large E_L regime is the appearance and growth of strong os-
430 cillations and resonant behavior. These appear in almost all of the properties discussed above.
431 For instance, both cross-slope transport and TKE oscillate, and the amplitude of these oscillations
432 grows with time (figures 9f and 12a). The friction velocity oscillates at a near-inertial frequency,
433 but the amplitude does not grow with time. These growing oscillations in cross-slope transport
434 give rise to bursts in TKE (figures 9f and 12a). Even though the cross-slope transport averaged
435 over each near-inertial cycle is decaying towards the arrested value, the maximum amplitude of U
436 continues to grow. This indicates an underlying resonant interaction between the stratification and
437 turbulent motions. Analysis of the phase relation between the stratification, TKE and turbulent
438 momentum flux, shows that each time the isopycnals tilt downslope, the stabilizing effect from the
439 stratification vanishes, resulting in a burst of TKE and turbulent momentum flux convergence in
440 the BML. This then advects the isopycnals further downslope. When the near-inertial oscillation
441 advects the isopycnals upslope, turbulence becomes suppressed at the same time that the strat-

442 ification strengthens, which results in negligible TKE. The intrinsic frequency can be identified
443 as

$$\omega = (f^2 + \alpha^2 N_\infty^2)^{1/2}; \quad (35)$$

444 the inertial frequency is modified by the slope angle and background stratification (Brink and Lentz
445 2010). In the re-laminarized stage, background turbulence becomes weak, such that all of the key
446 properties that influence the BBL, e.g. thermal wind shear, cross-slope transport and wall stress,
447 all oscillate at the same frequency ω (figures 7c, 9f and 10a), and resonance is likely to occur. In
448 the ocean, resonant behavior may be disrupted or suppressed by temporal variability in the mean
449 flow arising from surface forcing, tides or internal waves, or by background dissipation associated
450 with wave breaking.

451 Although u_* decreases as E_a increases, leading to a larger viscous length scale ν/u_* , the near-
452 bottom log-law layer, in fact, becomes shallower (figure 13). The log-law layer disappears when
453 $z^+ = zu_*/\nu$ reaches 150 in the arrested BBL, whereas it remains intact to at least $z^+ = 2000$
454 in other stages. These values of z^+ correspond to 4.4 m and 21.6 m in dimensional units with
455 the updated viscous length scale. This places constraints on the first grid point in the near-wall
456 modeling when wall-models are applied.

457 *d. Ekman arrested regime, $E_a = 1$ and $E_L > 1$*

458 Simulations presented in this study did not achieve steady Ekman arrest because of the long
459 adjustment by molecular diffusion needed to reach this state. This regime transition was not iden-
460 tified in studies that parameterized BBL turbulence. Also, although the averaged quantities over a
461 near-inertial period (e.g. U , u_* and TKE) continue to decay slowly, the oscillations appear to grow
462 stronger, especially for U and TKE (figures 9 and 12). It is unknown if these large oscillations will
463 interrupt the Ekman arrested state. Finally, the fully arrested state has been shown to be suscepti-

464 ble to instabilities, e.g. symmetric instability (Allen and Newberger 1998), that may also generate
465 turbulent motions and drive the BBL away from the arrested state.

466 *e. BBL turbulence*

467 As discussed in section 2b, the Monin-Obukhov length scale L (7) describes the evolution of
468 turbulent characteristics in the BBL under both stable and unstable conditions. Previous work has
469 shown that for $H/L < 0$, the boundary layer is unstable; for $0 < H/L < 1$, the boundary layer
470 remains neutral; for $1 < H/L < 10$, the boundary layer is stable; and for $H/L > 10$, the boundary
471 layer turbulence becomes intermittent (Holtslag and Nieuwstadt 1986).

472 In these LES, we find that $E_L (= H/H_L)$ is directly related to H/L_s , where the latter non-
473 dimensional parameter is defined using the new slope Obukhov length L_s (figure 14). The BBL
474 is unstable from the start of the simulation where an upward buoyancy flux is generated by the
475 downslope advection of light fluid (figure 15a). The buoyancy flux becomes intermittent later
476 in the experiment with positive pulses only evident in the downslope phase of the growing near-
477 inertial oscillations (figure 15b). The oscillations feature periods with a stabilized BBL; the transi-
478 tion occurs near $E_L \sim 0.2$ and $H/L_s \sim 1$. This is different from the classic Monin-Obukhov scaling
479 since H/L_s does not change sign between unstable and stable BBLs. The impact of H/L_s on the
480 BBL evolution will be the focus of future studies. We conclude this section by summarizing the
481 various stages in the Ekman arrest process based on non-dimensional parameters (E_a and E_L), the
482 momentum balance, and the near-bottom velocity magnitude V_b (figure 5).

483 **5. Momentum and buoyancy budgets**

484 We now present plane-averaged budgets of momentum and buoyancy to further illustrate the
485 transition in BBL evolution across the weakly buoyant, buoyant and the re-laminarized regimes.

486 The same time average window over a near-inertial period is applied as in section 4 unless other-
 487 wise noted.

488 *a. Momentum budget*

489 The plane-averaged horizontal momentum equations in the boundary layer can be written as

$$\frac{\partial \langle u \rangle}{\partial t} - f \langle v \rangle = -b\alpha + \nu \nabla^2 \langle u \rangle - \frac{\partial \langle u'w' \rangle}{\partial z}, \quad (36)$$

$$\frac{\partial \langle v \rangle}{\partial t} + f \langle u \rangle = \nu \nabla^2 \langle v \rangle - \frac{\partial \langle v'w' \rangle}{\partial z}, \quad (37)$$

490 where angle brackets denote an average along x and y directions, and $\langle u'w' \rangle$ and $\langle v'w' \rangle$ are the
 491 vertical turbulent fluxes of horizontal momentum, or the Reynolds stresses. The tendency terms in
 492 the momentum equations are small, indicating that the simulations are in quasi-equilibrium even as
 493 the BML grows diffusively, and the viscous terms only become important in the viscous sublayer.

494 For the cross-slope momentum equation (36), three terms may contribute based on the mag-
 495 nitude of E_L : the Coriolis force, the buoyancy force and the Reynolds stress convergence. For
 496 small E_L , the buoyancy force is negligible, and the classic flat-bottom Ekman balance dominates
 497 with the Coriolis force balancing the Reynolds stress convergence (figure 16a). As E_L transitions
 498 to $O(0.1)$, the Coriolis, buoyancy and Reynolds stress convergence terms are all of leading order
 499 (figure 16b). Since the BML is, by definition, relatively well mixed, the buoyancy force decays
 500 roughly linearly with height above bottom (figure 16b). Compared to the small E_L case, the mag-
 501 nitude and vertical structure of the Reynolds stress convergence term remains largely unchanged,
 502 but the Coriolis force has a non-negligible contribution further away from the bottom. This is
 503 consistent with the penetration of the thermal wind shear away from the boundary and further into
 504 the interior. Throughout the BML, F_C and F_B have the same sign. In this case, the BML remains
 505 turbulent, and the cross-slope transport and friction velocity are reduced. The momentum balance

506 changes dramatically as E_L approaches one and the boundary layer reaches a re-laminarized state
 507 (figure 16c). Now, F_C and F_B approximately balance in the BML, outside of the thin viscous layer
 508 near $z = 0$. Turbulence and turbulent fluxes are suppressed in the re-laminarized state.

509 A buoyancy force equivalent to F_B does not appear in the along-slope momentum equation (37).
 510 Thus, the leading order balance between Coriolis and Reynolds stress convergence is independent
 511 of E_L (figure not shown). However, the magnitude of these terms varies significantly both across
 512 experiments and during individual experiments. As E_L increases, the suppression of turbulence
 513 and the reduction in cross-slope Ekman velocity reduces the magnitude of both terms.

514 *b. Buoyancy budget*

515 The evolution of the plane-averaged buoyancy is described by

$$\frac{\partial \langle b \rangle}{\partial t} = \langle u \rangle \alpha N_\infty^2 + \kappa \nabla^2 \langle b \rangle - \frac{\partial \langle w' b' \rangle}{\partial z}, \quad (38)$$

516 where $\langle w' b' \rangle$ is the plane-averaged vertical turbulent buoyancy flux. Outside of the viscous sub-
 517 layer, all terms contribute to the buoyancy budget other than the molecular diffusion term. The
 518 cross-slope buoyancy advection occurs mainly in the Ekman layer, which is thinner than the BML
 519 (figure 17a and b). For these downslope favorable conditions, cross-slope advection generates a
 520 local tendency to increase buoyancy. The vertical turbulent buoyancy flux diverges in the lower
 521 part of the BBL, opposing the cross-slope advection. However, the turbulent buoyancy flux con-
 522 verges in the upper part of the BBL, and without a contribution from the cross-slope advection,
 523 produces a positive buoyancy tendency. Finally there is a narrow region of divergence of the
 524 turbulent buoyancy flux in the pycnocline.

525 Within a single experiment, the magnitude of buoyancy advection decreases as E_L increases,
 526 although the advection also penetrates deeper into the interior. However, the buoyancy advection

527 term also depends on the background cross-slope buoyancy gradient $M_\infty^2 = -\alpha N_\infty^2$, which is related
528 to the initial Bu . Thus from experiments A to D, the magnitude of the buoyancy advection terms
529 become larger (figure 17a and b). When re-laminarization occurs in the boundary layer, the cross-
530 slope velocity and total cross-slope buoyancy advection are significantly reduced, although they
531 remain finite (figures 8a and 17c). As E_L approaches 1, the turbulent buoyancy flux convergence
532 becomes negligible in the buoyancy budget due to the suppression of turbulence.

533 6. Discussion and conclusions

534 The bulk structure of a stratified oceanic BBL over a smooth slope is explored using both scaling
535 analyses and LES simulations. The key conclusions include:

- 536 1. We provide expressions that predict the height of the bottom mixed layer (BML), H , in a state
537 of Ekman arrest based on the momentum budget, $H_a \approx fV_\infty/(\alpha N_\infty^2)$ (see also Trowbridge and
538 Lentz (1991)), and on the re-laminarization condition, $H_L = \frac{fV_\infty}{\alpha N_\infty^2} - \left(\frac{Ckvf}{\alpha N_\infty^2 C_d(1+Bu^2)}\right)^{1/2}$. We
539 find that H_L is always less than H_a . Two non-dimensional parameters $E_a = H/H_a$ (32) and
540 $E_L = H/H_L$ (33) can be used to determine the sequential stages of the BBL as it approaches
541 full Ekman arrest.
- 542 2. We present a new length scale, the slope Obukhov length L_s , which characterizes the rel-
543 ative importance of turbulence production and cross-slope buoyancy advection (10). Its
544 non-dimensional form, the viscous slope Obukhov length L_s^+ , can be used to predict the
545 re-laminarization condition for the turbulent BBL ($L_s^+ \approx 100$).
- 546 3. We predict the wall stress and friction velocity (12) when the BBL becomes laminar and the
547 turbulence is suppressed. This can be used to estimate the integrated BBL energy dissipation
548 rate at the re-laminarized state.

- 549 4. We argue that the complete Ekman arrested state is unlikely to be observed in the real ocean
550 because: i) H_a and H_L are expected to be large based on typical deep ocean parameters,
551 which inevitably leads to a long adjustment timescale; ii) the BBL re-laminarization is always
552 achieved before the steady arrested state, and the subsequent molecular adjustment is prone
553 to external perturbations; iii) in the rare event of full Ekman arrest, the steady arrested BBL
554 is unstable to symmetric instability (see Allen and Newberger (1998)).
- 555 5. We show that the non-dimensional parameter E_a describes the evolution of the cross-slope
556 transport and wall stress across different regimes in a suite of simulations that vary several
557 parameters, including the slope angle α , the background vertical stratification N_∞^2 , and the
558 mean flow magnitude V_∞ . The re-laminarization stage is determined from E_L . The parameters
559 E_a and E_L are closely related to the BBL turbulence through the classic Monin-Obukhov
560 similarity theory (H/L_s), and this framework is used to analyze changes in the momentum and
561 buoyancy budgets across different stages towards the arrested state. The potential vorticity
562 evolution will be discussed in a future study.

563 As E_L increases, the BML differs from the flat-bottom case in the following ways: (i) the pyc-
564 nocline at the top of the BML weakens; (ii) the cross-slope velocity penetrates deeper due to the
565 thermal wind shear near the bottom; and (iii) the velocity shear near the wall, and thus the wall
566 stress, weakens, resulting in a decay of the friction velocity, cross-slope transport and the Ekman
567 veering angle near the bottom. When the BBL re-laminarizes, the mean velocity departs from the
568 log-law closer to the bottom.

569 These results suggest that the interaction between stratification and sloping topography could
570 reduce the contribution of bottom friction to the dissipation of kinetic energy in the ocean. Global
571 quantification of the bottom dissipation rate, using either observations from deep ocean current

572 meters or from numerical models (that typically apply uniform drag coefficients), have not ac-
573 counted for the modification of near-bottom flows due to the presence of stratification and topo-
574 graphic slopes (Wunsch and Ferrari 2004; Sen et al. 2008; Arbic et al. 2009; Wright et al. 2013).
575 Additionally, recent work has suggested that the ocean’s abyssal circulation may be influenced by
576 the thermal wind shear associated with tilting isopycnals at the seafloor (Callies and Ferrari 2018).
577 However, this work typically assumes that the global BBL is largely in the Ekman arrested state.
578 Determining the spatial distribution of E_a and E_L , which can be calculated from observable ocean
579 properties, could shed additional light on the BBL’s influence over global dissipation rates and the
580 abyssal circulation.

581 The BBL over topographic slopes has recently been highlighted as the key region where
582 dense waters can be transformed to lighter density classes to close the overturning circulation
583 (De Lavergne et al. 2016; Ferrari et al. 2016; De Lavergne et al. 2017). Water must also be ex-
584 changed between the ocean interior and the boundary layer in order to maintain stratification and
585 sustain this water mass modification. Earlier studies have not accounted for dynamics that will
586 affect mixing rates and BBL-interior exchange. The Ekman arrest process, for instance, could
587 act as a barrier for such exchange via mass flux out of and in to the BBL due to mass con-
588 vergence/divergence, when strong near-bottom mean flows or (sub)mesoscale eddies are present.
589 Finally, Ekman arrest characteristics may be sensitive to along-isobath variations that are not con-
590 sidered in this study (Brink 2012). Other factors, such as the level of background turbulence or
591 temporal variability associated with tidal fluctuations in the abyssal ocean, need to be addressed
592 in future studies to estimate the extent to which Ekman arrest is achieved in the ocean.

593 *Acknowledgments.* We thank two anonymous reviewers as well as Georgy Manucharyan for
594 helpful comments that improved this manuscript. We gratefully acknowledge support from NSF
595 Awards OPP-1246460 and OPP-1644172.

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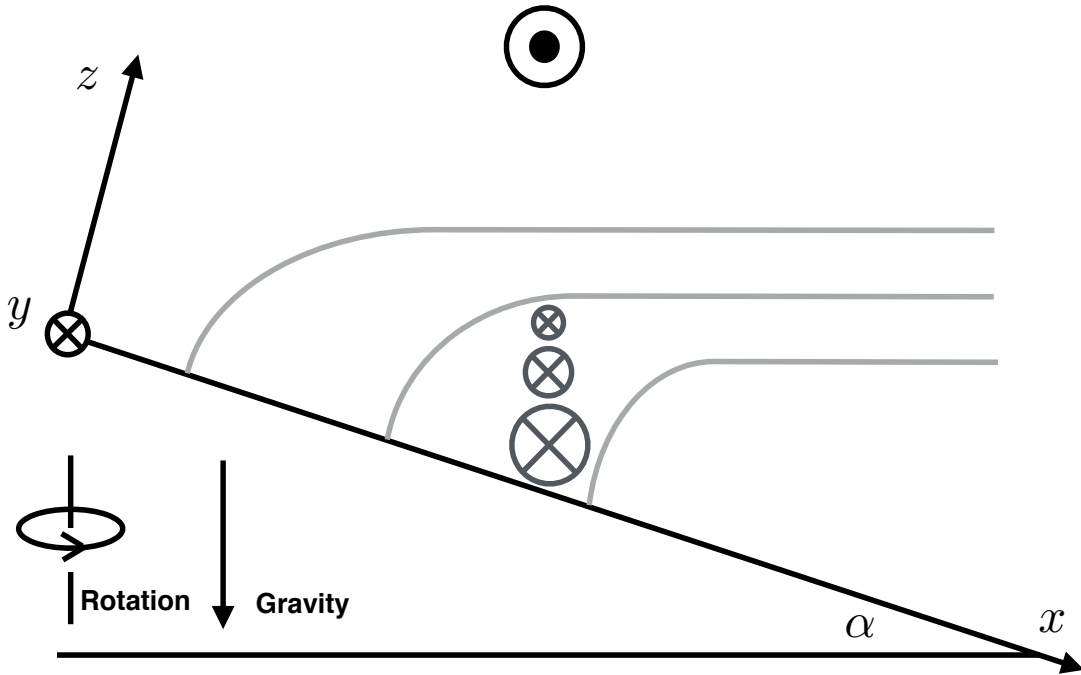
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691 of each experiment, $t_{\text{end}}f$.

Expt.	α	$\log_{10} N_{\infty}^2 (\text{s}^{-2})$	$V_{\infty} (\text{ms}^{-1})$	Bu	Re_*	Ri_*	Pr	E_a	E_L	$t_{\text{end}}f$
A	0.005	-7	0.1	0.016	4232	10	5	0.002	0.002	53.84
B	0.01	-6.5	0.1	0.056	4232	31.6	5	0.014	0.015	48.16
C	0.01	-6	0.1	0.1	4232	100	5	0.041	0.046	40.73
D	0.01	-5.5	0.1	0.178	4232	316	5	0.130	0.157	43.95
E	0.01	-5	0.1	0.316	4232	1000	5	0.349	0.492	40.08
F	0.02	-5	0.1	0.632	4232	1000	5	0.772	1.215	55.14
G	0.01	-6	0.05	0.1	1352	100	5	0.058	0.070	65.95
H	0.01	-5	0.05	0.316	1352	1000	5	0.503	1.060	116.59

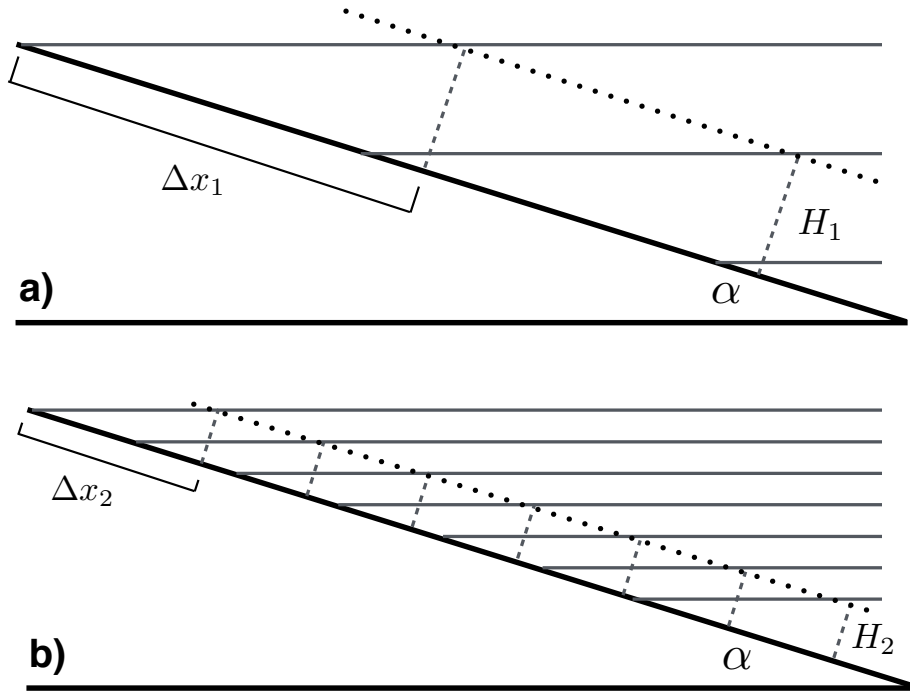
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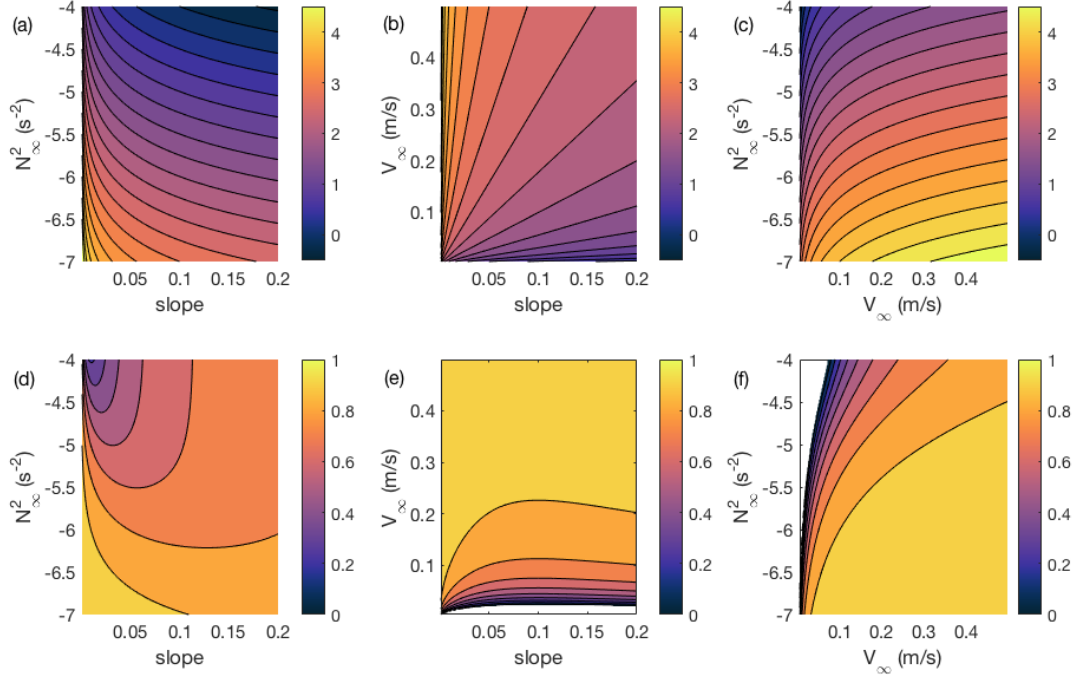
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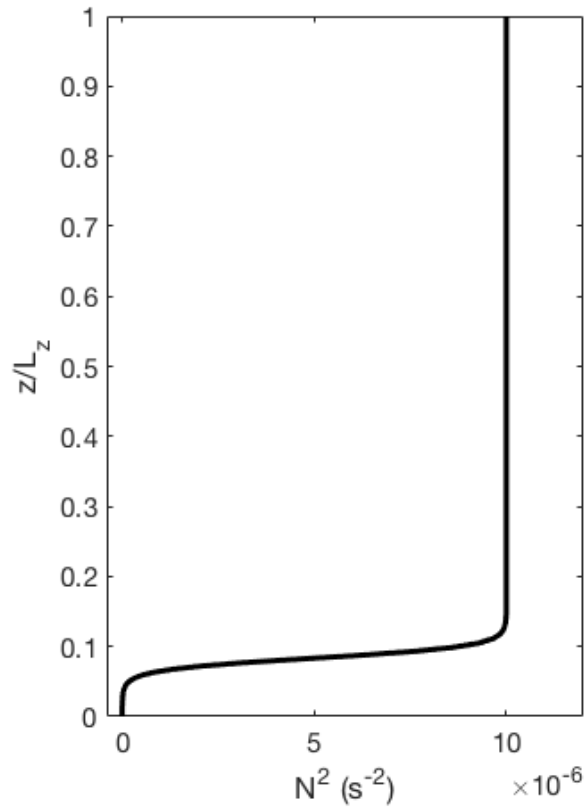
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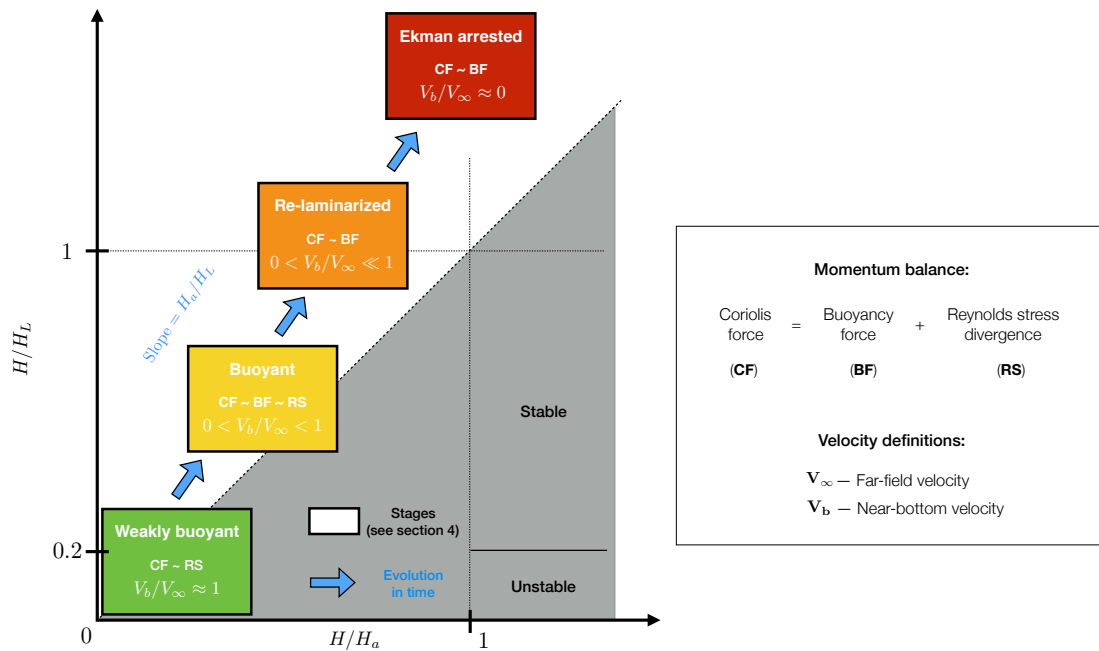
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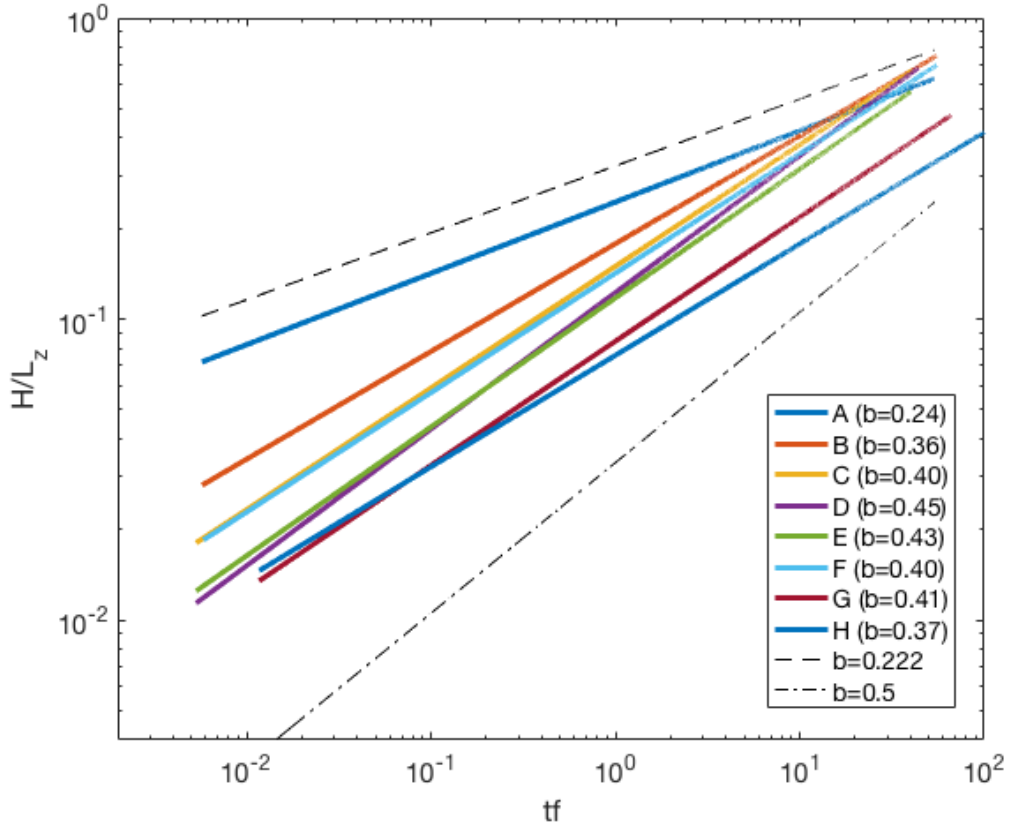
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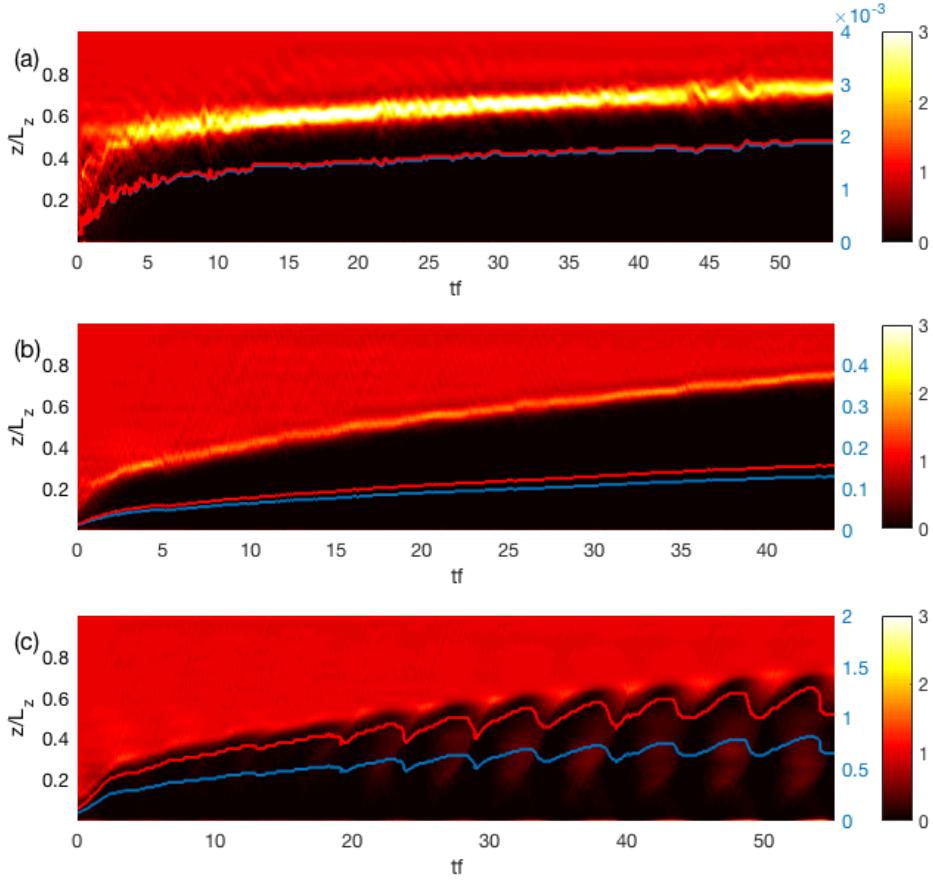
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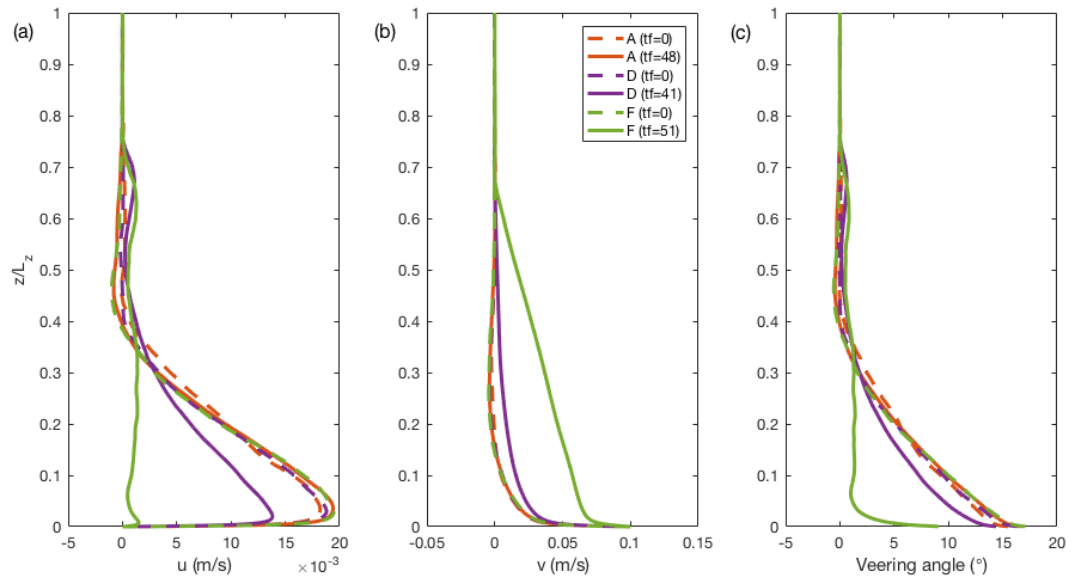
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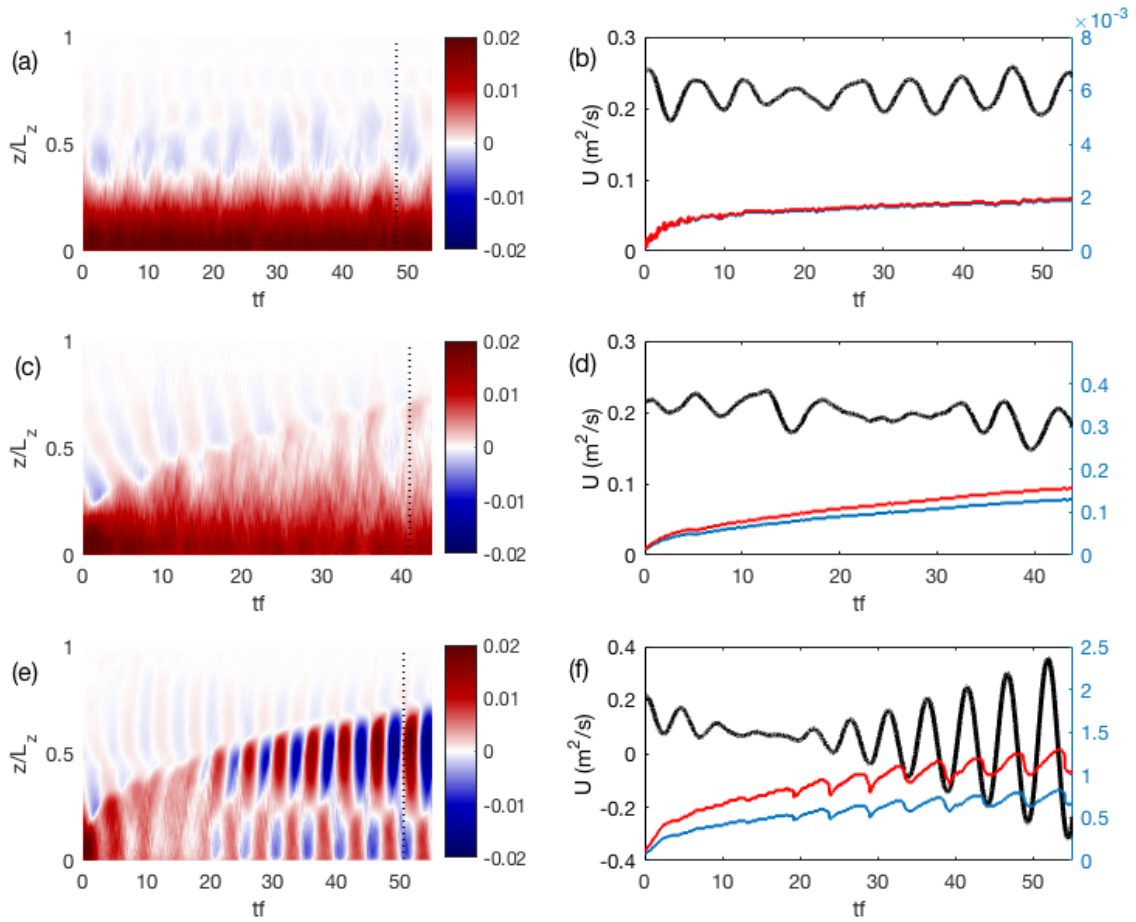
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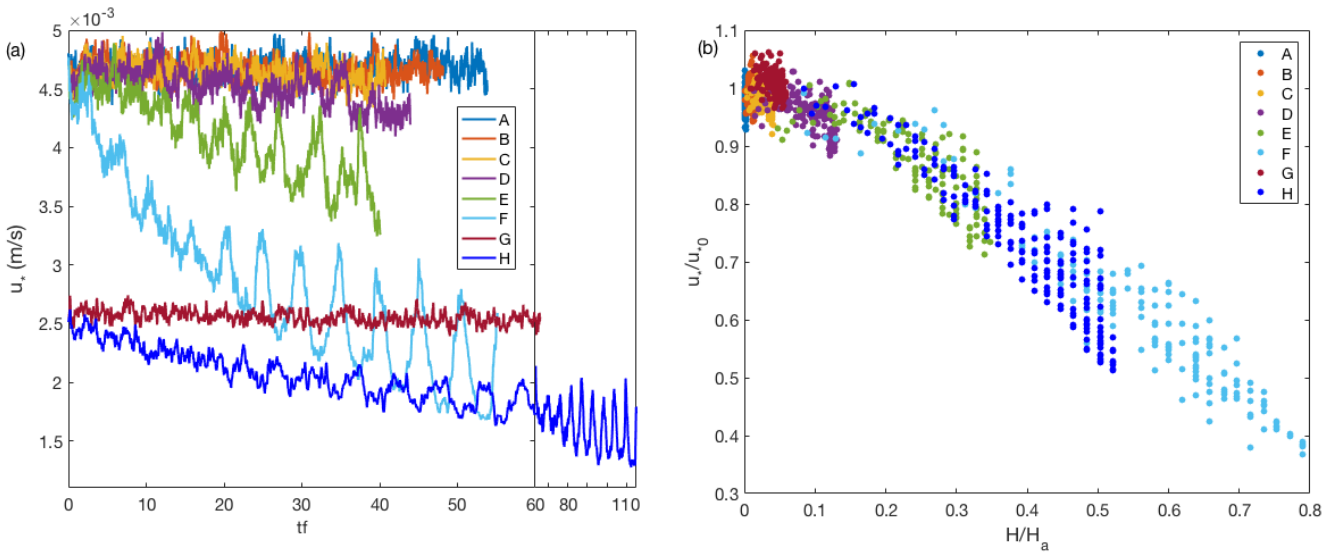
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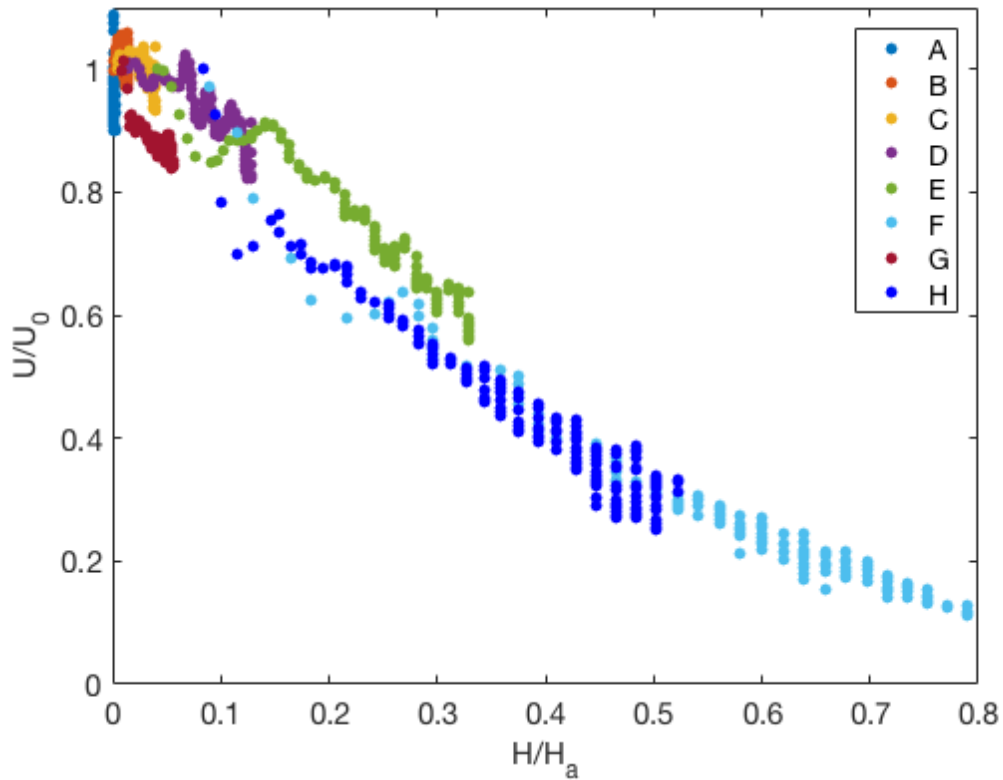
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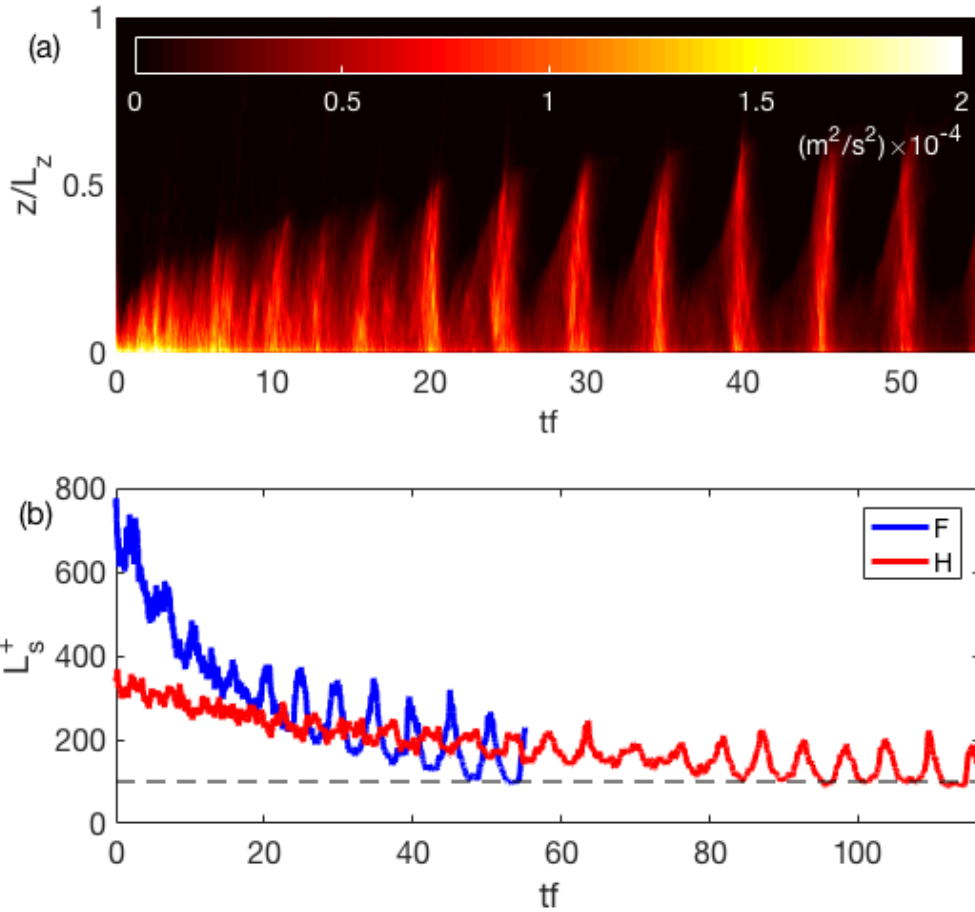
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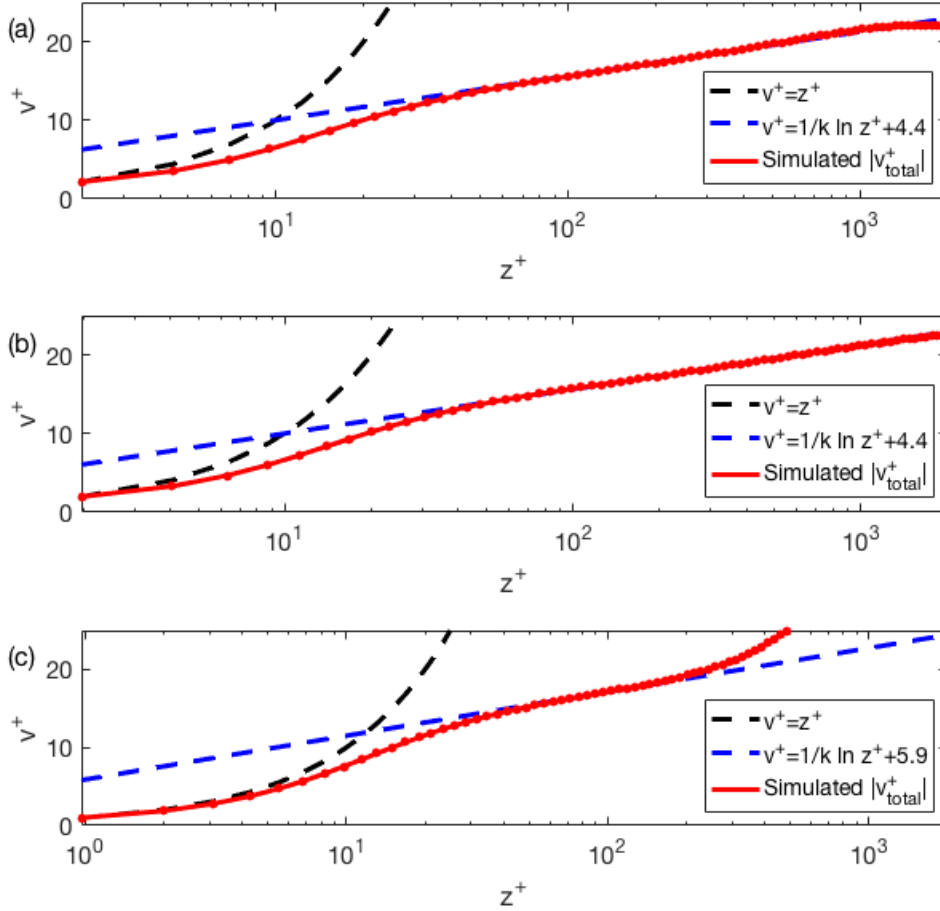
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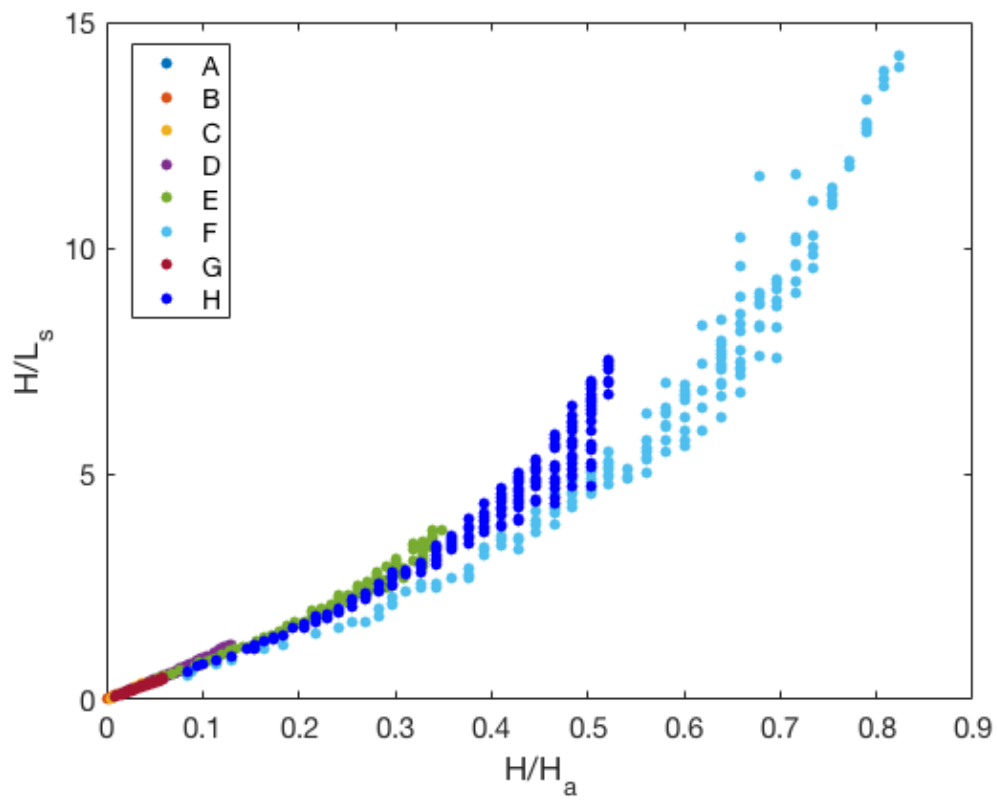
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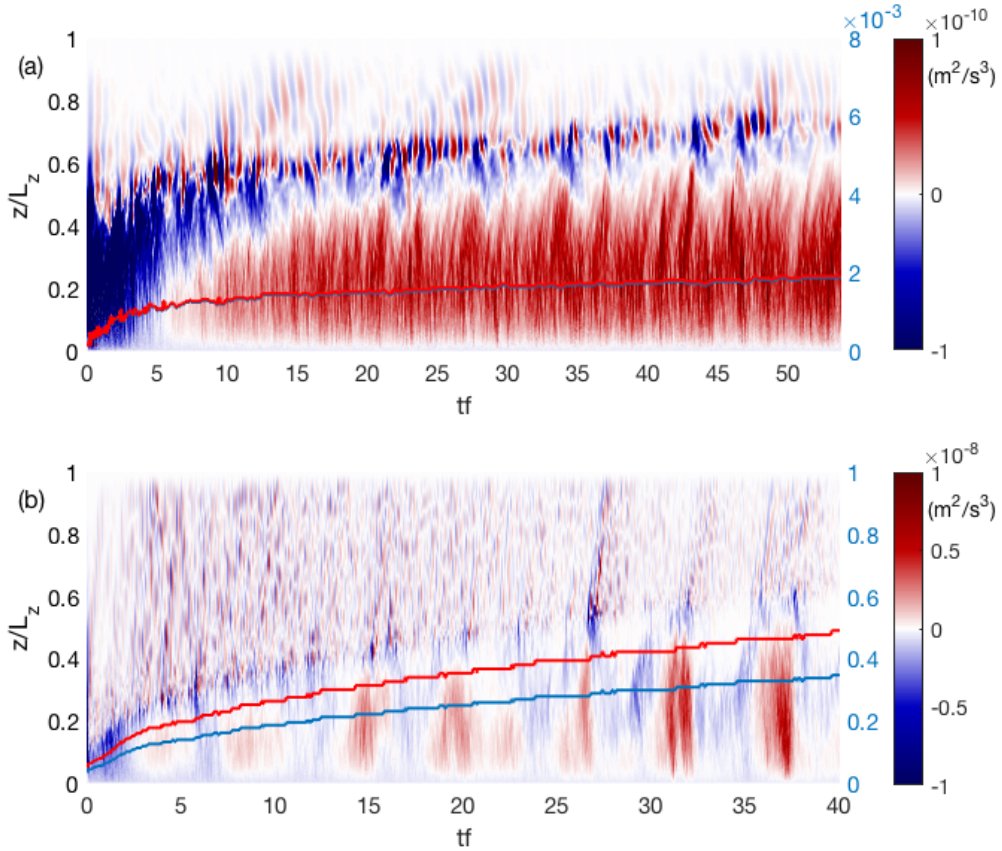
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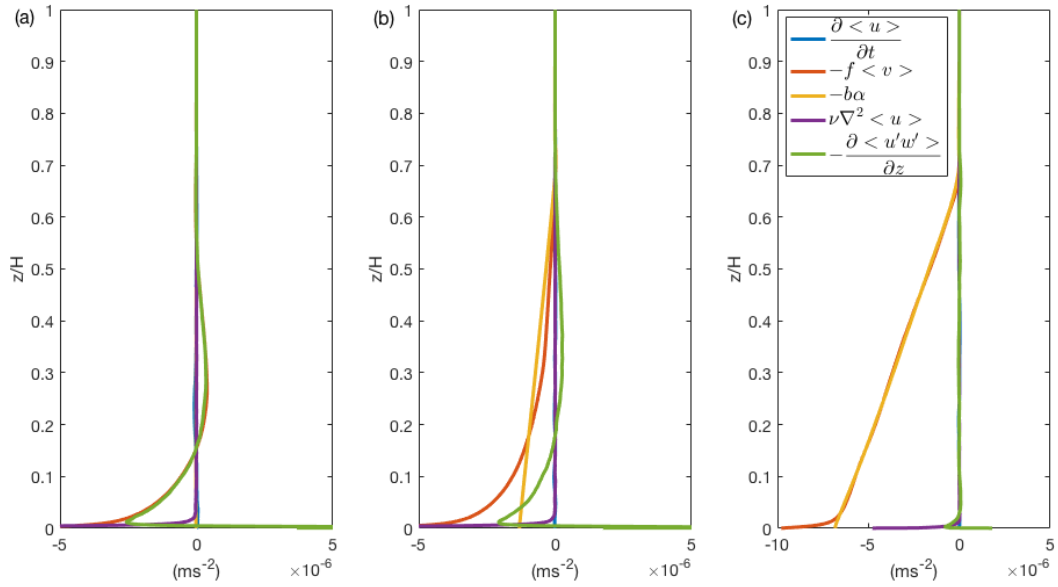
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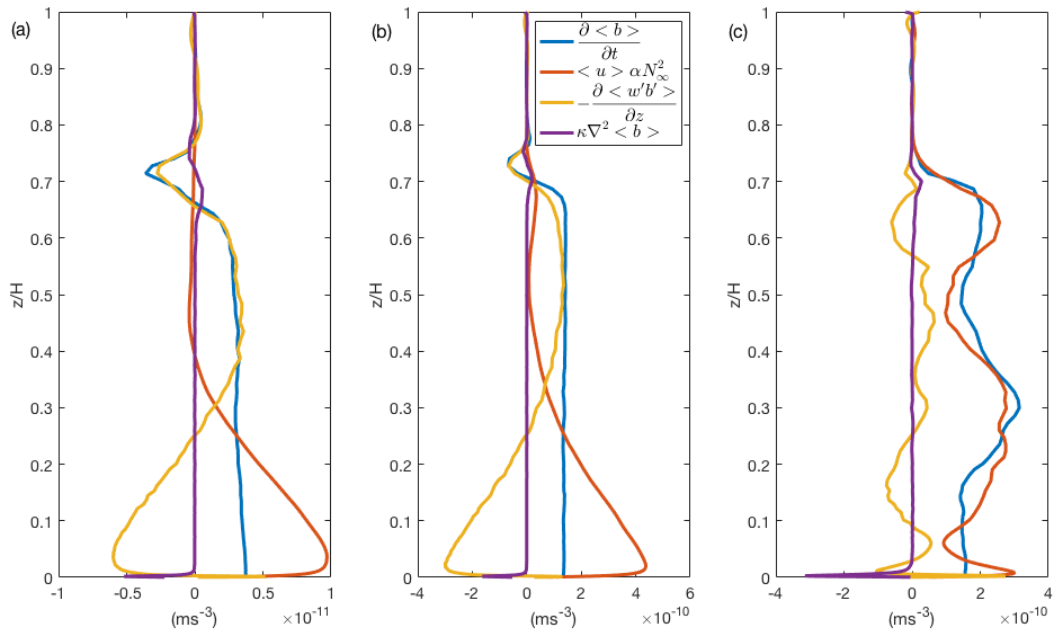
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