This is the accepted version of a letter published on 17/9/2018 in Nature at https://doi.org/10.1038/ s41586-018-0521-4

1	The role of miniaturisation in the evolution of the mammalian jaw and middle ear
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14	The evolution of the mammalian jaw is one of the most important innovations in
15	vertebrate history, underpinning the exceptional radiation and diversification of
16	mammals over the last 220 million years ^{1,2} . In particular the mandible's transformation
17	to a single tooth-bearing bone and the emergence of a novel jaw joint while
18	incorporating some of the ancestral jaw bones into the mammalian middle ear is often
19	cited as a classic textbook example for the repurposing of morphological structures ^{3,4} .
20	Although remarkably well documented in the fossil record, the evolution of the
21	mammalian jaw still poses an intriguing paradox: how could bones of the ancestral jaw
22	joint function both as a joint hinge for powerful load bearing mastication and also as
23	mandibular middle ear that would be delicate enough for hearing? Here, we use new
24	digital reconstructions, computational modelling, and biomechanical analyses to
25	demonstrate that miniaturisation of the early mammalian jaw was the primary driver

26 for the transformation of the jaw joint. We show that there is no evidence for a 27 concurrent reduction in jaw joint stress and a simultaneous increase in bite force in key 28 non-mammaliaform taxa in the cynodont-mammaliaform transition as previously thought⁵⁻⁸. Although a shift in the recruitment of the jaw musculature occurred during 29 30 the evolution to modern mammals, the optimisation of the mandibular function to 31 increase bite force while reducing joint loads did not occur until after the emergence of 32 the neomorphic mammalian jaw joint. This suggests that miniaturisation provided a 33 selective regime for the evolution of the mammalian jaw joint, followed by the 34 integration of the postdentary bones into the mammalian middle ear.

The mammalian jaw and jaw joint are unique among vertebrates⁶. While the 35 36 craniomandibular jaw joint (CMJ) of non-mammalian vertebrates is formed between the 37 quadrate and articular bones, mammals evolved a novel jaw hinge between the squamosal and dentary bones (secondary/temporomandibular jaw joint, TMJ)¹⁻⁴. The evolutionary 38 39 origins of this morphological transformation involved a suite of osteological modifications to 40 the feeding and auditory systems, occurring over a period of 100 million years during the Late Triassic and Jurassic across the cynodont-mammaliaform transition^{9,10}. The tooth-41 42 bearing dentary bone increased in size relative to the postdentary elements, eventually 43 transforming the seven-bone lower jaw in pre-mammalian cynodonts (referred to as 44 cynodonts hereafter) to a single-bone jaw in modern mammals; parallel to this simplification 45 of the mandible, the integration of elements of the ancestral CMJ into the ossicular chain led to a unique middle and inner ear morphology capable of more sensitive sound detection^{11,12}. 46 47 While new fossil information has suggested that a definitive mammalian middle ear (DMME) 48 evolved independently in at least three mammalian lineages by detachment from the 49 mandible, the emergence of a secondary jaw joint is a key innovation uniting all mammaliaforms^{9,13}. However, a central question exists as to how the jaw hinge remained to 50

be robust enough to bear strong mastication forces, while the same bones in the jaw would
become delicate enough to be biomechanically viable for hearing, during this
transformation^{3,5,10}.

54 The stepwise acquisition of morphological features leading to the emergence of the TMJ is exceptionally well documented in the fossil record by a series of transitional taxa 55 illuminating the evolutionary dynamics involved⁴. Whilst still appearing to function as a jaw 56 joint and viable for sound transmission in cynodonts (e.g. Thrinaxodon liorhinus, 57 Probainognathus, Probelesodon sanjuanensis), the postdentary bones gradually reduced in 58 size and shifted away from the jaw joint – likely for more sensitive hearing 10,12 . This trend 59 60 resulted in all basal mammaliaforms (e.g. Sinoconodon rigneyi, Morganucodon oehleri) 61 possessing a remarkable 'dual jaw joint' with two seemingly functional joints: a quadratearticular joint medial to a mammalian dentary condyle and squamosal glenoid hinge^{11,13}. 62 More derived groups and crown mammals eventually lost the ancestral quadrate-articular 63 joint. In addition to fossil evidence, this sequence of events was identified historically in 64 embryonic stages of living mammals^{14,15} and recent morphogenetic studies, gene patterning 65 and regulatory networks have elucidated the development of these structures further^{16,17}. 66 Previous studies have theorised that muscle reorganisation reduced load at the jaw joint^{6,10}. 67 68 yet these claims have not been tested in fossil taxa and experimental studies of extant mammals reveal that the jaw joint usually experiences net compressive loading^{18,19}. The 69 70 modification of the mandible and the emergence of a novel jaw joint and middle ear, 71 therefore, represents an intriguing problem. This is especially puzzling when all the evidence 72 points towards modifications for increased jaw muscle force, consolidation of cranial bones, increased complexity of sutures and supposedly stronger skulls during mammalian 73 74 evolution^{1,5}.

75 Here, we have integrated a suite of digital reconstruction, visualisation and 76 quantitative biomechanical modelling techniques to test the hypothesis that reorganisation of 77 the adductor musculature and reduced stress susceptibility in the ancestral jaw joint 78 facilitated the emergence of the mammalian TMJ. Applying finite element analysis (FEA), 79 we calculated bone stress, strain and deformation to determine the biomechanical behaviour 80 of the mandibles of six key taxa across the cynodont-mammaliaform transition (Fig 1). These 81 analyses were supplemented by multibody dynamics analysis (MDA) to predict bite forces 82 and joint reaction forces. Results from the combined analyses demonstrate that during 83 simulated biting there is no evidence for the reduction of stresses (von Mises, tensile, 84 compressive) in the jaw joint (CMJ and/or TMJ) across the studied cynodont and 85 mammaliaform taxa (Figs. 2, 3, Extended data figs. 1, 3). This was found for unilateral and 86 bilateral biting simulations and regardless of the working and balancing side joint. However, 87 bite position appears to have a moderate effect on joint stresses (particularly compression), 88 with stress increasing as the bite point moves anteriorly along the tooth row. This is 89 consistent with experimental data for extant mammals, in which incisor biting resulted in the highest joint loads²⁰. Similarly, MDA results show that absolute joint reaction forces are not 90 91 reduced while the jaw joint underwent morphological transformation (Figs. 2, 3), whereas 92 relative bite forces (ratio between muscle force and bite force) are found to decrease in 93 derived cynodonts (*Probainognathus* and crownwards) and to stay largely constant in 94 mammaliaforms, such as Morganucodon oehleri and Hadrocodium wui (Extended data figs 95 1-3). However, the simulation of different muscle activation patterns using FEA reveals that there is, across the cynodont-mammaliaform transition, a distinct shift in the recruitment of 96 97 jaw adductor musculature required to achieve high bite forces that maintain low stress in the 98 jaw joint (Fig. 4a). The highest bite forces while keeping joint tensile stresses low are found for jaw adduction dominated by the masseter muscle group in the cynodonts Thrinaxodon 99

100 liorhinus, Diademodon tetragonus and Probainognathus sp. In Probelesodon sanjuanensis 101 and the mammaliaforms Morganucodon oehleri and Hadrocodium wui the recruitment of the 102 pterygoideus muscle group (with contribution of the masseter musculature) provides the 103 highest relative bite forces, eventually shifting to the temporalis group as the dominant 104 contributor for high bite force/low joint stress performance in the extant taxon Monodelphis 105 domestica. This pattern is reversed for muscle activations optimised for high bite force in 106 relation to low compressive stresses in the jaw joint in mammaliaforms in comparison to 107 cynodonts (Fig. 4a). While this is achieved mainly by recruitment of the temporalis group in 108 cynodonts, the masseter and the pterygoideus groups form the dominant musculature in 109 mammaliaforms. Apart from an overall shift in the pattern of muscle recruitment, the 110 analyses further demonstrate that while in the cynodonts and mammaliaforms a single muscle 111 group is harnessed to achieve 'optimal' bite forces (i.e. high bite force/low jaw joint stress), 112 Monodelphis domestica simultaneously activates all three muscles groups (Extended data 113 figs. 4-9) as revealed by the computational analyses here, confirming previous experimental data²¹. Changes to muscle orientation and inferred muscle lines of action either precede or are 114 associated with mandible shape change²², leading to a more efficient use of the adductor 115 system to maximise bite force and minimise loads on the jaw joint. 116

Considering that the shape of the mandible alone does not appear to have a substantial 117 118 influence on stress reduction in the mandibles of the studied taxa, we further tested size-119 related effects on the biomechanical behaviour of the jaw joint. All taxa were scaled to seven 120 different jaw lengths (5-320 mm) covering the mandibular size range observed across the 121 cynodont-mammaliaform transition (Fig. 1, Fig. 4b, supplementary table S1). Results for 122 these hypothetical resized models demonstrate that absolute tensile and compressive stresses 123 in the jaw joint decrease exponentially to 25% with a reduction in size by 50%. At the same 124 time, absolute bite forces decrease by 50%, in direct proportion to jaw length.

125 We offer new biomechanical evidence that stress susceptibility of the mandible, and 126 in particular of the jaw joint, was not reduced across the cynodont-mammaliaform transition. 127 This contrasts with existing hypotheses that argue for a reduction of joint loads due to the 128 rearrangement of the jaw adductor musculature and the resultant increase in bite force in mammaliaforms^{1,7,8}. The decrease in size of the postdentary bones and the accompanying 129 130 expansion of bony angular and coronoid projections of the dentary is assumed to have paralleled the reorganisation and evolution of mammalian muscle groups (masseter and 131 temporalis)^{6,8,21}. Arranged in such a manner, the changed line of action of the major jaw 132 133 adductor muscles was hypothesised to have led to a redistribution of muscle forces with little 134 or no load experienced at the jaw hinge. However, our results do not support these previous 135 inferences.

136 As demonstrated here, a change in the recruitment of the jaw adductor musculature 137 can be observed to achieve high bite forces, while at the same time keeping tensile and 138 compressive joint stresses at a minimum. These findings parallel experimental data from 139 extant mammals that differential muscle activation produces different stress regimes in the jaw joint²⁰. However, in the studied cynodonts and mammaliaforms, parallel activation of all 140 141 three adductor muscle groups does not lead to the highest relative bite forces (Extended data 142 figs. 4-9) as found in Monodelphis domestica. Although the mammal-like muscle division 143 and arrangement of the jaw adductors preceded the osteological transformation of the mandible and jaw joint²¹, it was not until a later stage in mammalian evolution that further 144 optimisations to muscle function occurred. A recent study²³ using free-body analysis of the 145 146 cynodont lower jaw confirmed that the musculoskeletal system was morphologically and evolutionary flexible without negatively impacting functional performance. 147

Rather than alterations of the osteology and the muscular arrangement, reduction in
mandibular size produced the most notable effects on minimising absolute jaw joint stress in

150 our analyses. Although a decrease in size leads to two conflicting trends of reducing tensile and compressive stresses but also bite forces, stress reduction is achieved at a higher rate than 151 152 bite force reduction (exponential vs linear). Consequently, our biomechanical analyses 153 predict that smaller mandibular size constitutes the best compromise to ameliorate loss of bite force and stress reduction in the jaw joint. This prediction is corroborated by the reduction in 154 155 size in the vast majority of taxa phylogenetically intermediate in the cynodontmammaliaform transition, in which such a biomechanical compromise was achieved (Fig. 1, 156 157 4b). Miniaturisation has been discussed as a key factor during the evolution of mammals in the context of thermoregulation, nocturnality and dietary/ecological adaptations^{1,2,24,25}. It has 158 159 further been proposed to be a structural requirement for the acquisition of mammalian 160 characters¹. While size-related stress reduction might not have been the main target for 161 selection, it could have constituted a by-product of adaptation to a specific ecological niche 162 demanding small body size²⁶ during early phases of radiation^{4,27}. Our results demonstrate that 163 changes to joint morphology and muscle (re-)organisation have little impact on joint loading. 164 Instead, reduction in size appears to be key, by lowering stress and strain disproportionately to bite force magnitude. Miniaturisation of the mandibular system could, therefore, be a 165 crossing of an evolutionary Rubicon, in the emergency of the TMJ, and in further functional 166 integration of postdentary bones in the middle ear, before their final separations from the 167 168 mandible in respective lineages, leading to a spectacular diversification of crown mammals. 169

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235 Acknowledgments We thank P. Brewer, S. Chapman (Natural History Museum, London), O. 236 Rauhut, G. Roessner (Bayerische Staatssammlung fuer Historische Geologie und 237 Palaeontologie, Munich), K. Angielczyk, W. Simpson (Field Museum of Natural History, 238 Chicago), G. Hantke and A. Kitchener (National Museums of Scotland, Edinburgh) for 239 access to specimens in their care. T. Rowe and J. Maisano (University of Texas, Austin) 240 generously provided digital data sets of specimens. A. Neander (University of Chicago), G. 241 Roessner (Bayerische Staatssammlung fuer Historische Geologie und Palaeontologie, 242 Munich), D. Sykes (Natural History Museum London), K. Robson Brown (University of 243 Bristol), O.Katsamenis and M. Mavrogordato (University of Southampton) assisted with CT 244 scanning. J. Hopson (University of Chicago) is thanked for discussion. Three anonymous 245 reviewers are thanked for helpful suggestions improving earlier manuscript versions. This

work was funded by NERC (Natural Environment Research Council) grants NE/K01496X/1

(to E.J.R.) and NE/K013831/1 (to M.J.F.), and support from the University of Chicago (to Z.X. L).

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250 **Contributions**

- 251 S.L., P.G., Z.-X. L., M.F and E.R. conceived and designed the study. S.L., P.G., Z.-X. L., and
- E.R. arranged logistics of specimens for CT scanning and collected CT data. Z.-X. L.
- 253 provided access to additional specimens and data. S.L. processed CT data, performed digital
- restorations and reconstructions, performed computational analyses. M.F and E.R.
- 255 contributed to FEA and MDA analyses. S.L., P.G., Z.-X. L., M.F and E.R equally contributed
- to the analysis of results. S.L. prepared main text, figures and supplementary data. S.L., P.G.,
- 257 Z.-X. L., M.F and E.R equally contributed to editing, commenting and revising the
- 258 manuscript and figures. M.F. and E.R. acquired funding.

259 **Competing interests**

260 The authors declare no competing interests.

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- 264
- 265 **Data availability.** All relevant data (three-dimensional osteological, FEA and MDA models)
- are made available via the University of Bristol's DataBris repository.
- 267

268 FIGURE CAPTIONS



- 270 Figure 1 | Mandibular sizes and evolutionary relationships of cynodonts,
- 271 mammaliaforms and mammals. Asterisk denotes studied taxa. Phylogeny simplified after
- 272 Luo et al.¹³, Close et al.²⁸ and Pacheco et al.²⁹.
- 273
- 274



Figure 2 | Biomechanical analysis of cynodont and mammaliaform taxa for simulated
unilateral biting at canines and most posterior tooth. a-g, MDA plots showing bite forces
and joint forces (working and balancing side) during jaw opening and closing cycles. Range
bars denote bite force values obtained from the FE models. Peak values in red represent

- 280 maximum bite force obtained from MDA models. **h-n**, FE von Mises stress contour plots for
- 281 bite at canine and last tooth (indicated by red arrows). Scale bars for (h, j-n) 10 mm, (i) 50

282 mm.

283



Figure 3 | Von Mises stress contour plots of mandibular joint region. a-g, Jaw joint of the working side in dorsal view, h-n, jaw joint of the balancing side in dorsal view. All contour plot images scaled to the same size. Results shown for simulated unilateral bite at the most

- 200 plot images scaled to the same size. Results shown for simulated unitateral of
- 289 posterior tooth.
- 290



Figure 4 | Muscle activation patterns and joint stress calculations a, Muscle activation simulation to achieve highest bite forces relative to minimum tensile and compressive stress at the jaw joint. Muscle combinations for the five highest bite force vs stress outputs shown for all taxa in decreasing order (1-5). Reconstructed adductor muscle groups depicted in skull images. b, Tensile and compressive stresses in the jaw joint and percentage reduction ('loss') in bite force (relative to largest model of 320mm) of all taxa, each scaled to seven different

- 299 jaw lengths. Relative bite force reduction is the same for all models with each successive size
- 300 and represented by a single trend line.

302 **METHODS**

303 Specimens and digital models. Three-dimensional digital models of key cynodont and

- 304 mammaliaform taxa were created for this study using the following specimens: *Thrinaxodon*
- 305 liorhinus (NHMUK PV R 511, 511a, Natural History Museum, London, UK), Diademodon
- 306 tetragonus (BSP 1934 VIII 17/2, Bayerische Staatssammlung für Historische Geologie und
- 307 Paläontologie, Munich, Germany), Probelesodon sanjuanensis (PVSJ 411, Museo de
- 308 Ciencias Naturales, Universidad Nacional de San Juan, Argentina), *Probainognathus* sp.
- 309 (PVSJ 410), Morganucodon oehleri (FMNH CUP 2320, Field Museum of Natural History,
- 310 Chicago, USA; IVPP 8685, Institute for Vertebrate Palaeontology and Palaeoanthropology),
- 311 *Morganucodon watsoni* (NHMUK PV M 26144, articulated squamosal and petrosal;
- 312 NHMUK PV M 92838 & M 92843, isolated quadrates; NHMUK PV M 27410, isolated
- 313 fragmentary jugal), Hadrocodium wui (IVPP 8275), Monodelphis domestica (National
- 314 Museum of Scotland, Edinburgh). All specimens were digitised using CT scanning or (as in
- 315 the case of *Diademodon tetragonus*) a photogrammetry approach. For scan details see²¹. For
- the model creation and the removal of taphonomic artefacts, scan data were imported into
- 317 Avizo (version 8, VSG, Visualisation Science Group). Data sets were segmented manually in
- 318 Avizo segmentation editor to separate bone from the surrounding matrix. As all fossil
- 319 specimens exhibited various preservational and taphonomic artefacts, different restoration
- 320 steps were applied as outlined in detail in Lautenschlager^{22,29}: For a detailed account of the
- 321 restorative steps of the individual specimens the reader is referred to the supplementary
- 322 information and Lautenschlager et al.²².
- Three-dimensional models of the jaw adductor muscle anatomy of all fossil
 specimens were reconstructed digitally following a protocol outlined in Lautenschlager³⁰.
 Reconstructions were performed on the basis of osteological correlates indicating muscle
 attachment sites. Where exact locations and boundaries between adjacent attachments were

327 unclear, topological criteria were applied. Corresponding insertions and origins of each 328 muscle were connected by simple point-to-point connections to evaluate the muscle 329 arrangement and to identify possible intersections or other conflicts. Following this initial 330 reconstruction, muscle dimensions and volumes were modelled according to spatial 331 constraints within the bony structure. Data obtained from contrast-enhanced CT scanning of 332 Monodelphis domestica was consulted to further inform the fossil muscle reconstructions. 333 Competing hypotheses regarding the exact placement and arrangement of specific muscles were evaluated by analysing muscle strain^{22,31}. Full details and discussion of the 334 335 reconstructed jaw adductor complex across the studied taxa can be found in Lautenschlager et 336 al.²². The final muscle reconstructions were used to supply input parameters for the 337 subsequent finite element analysis (FEA) and multibody dynamics analysis (MDA). Muscle forces were calculated based on physiological cross-section area³², which was estimated by 338 339 dividing the volume of each muscle by its total length (supplementary table S2).

340

341 Multibody dynamics analysis. For MDA, the digitally restored models of all taxa were 342 imported into Adams (version 2013.2, MSC Software Corp.) as rigid bodies in .x_t parasolid 343 format. The skull and jaw models were aligned manually to articulate at the quadrate-344 articular joint or the squamosal-dentary joint, respectively. Throughout all simulations, the skull models were kept immobile; the jaw models were allowed mobility in all degrees of 345 346 freedom. Skull and jaw models were connected by spherical joint elements in Adams. Mass 347 and inertial properties were calculated in Adams based on rigid body geometry and an average bone density of 1764 kg/m^{3 33}. The different adductor muscle groups were modelled 348 349 as a series of spring elements linking corresponding muscle insertion and origin sites. Muscle 350 forces were assigned according to the calculations taken from the three-dimensional 351 reconstructions. Muscle activation was modelled by applying a dynamic geometric

optimisation (DGO) method³⁴. Unilateral and bilateral biting at the canines and the
posteriormost tooth position were simulated using a rigid body box element from the Adams
solids library. The box was placed perpendicular to the teeth at the aforementioned tooth
positions and moved posteriorly during jaw opening phases. Bite forces and joint reaction
forces for the working and balancing side joints (for the unilateral bite scenarios) were
recorded throughout the bite simulations.

Two sets of simulations were performed for each taxon: (i) all models scaled to the actual size of the physical specimens, (ii) all taxa scaled to the same surface area to evaluate the biomechanical effects of morphological differences independent of size³⁵. For the latter scenario, the model of *Thrinaxodon liorhinus* was selected as the reference as it represents approximately the average size of all models (which range in jaw length between 13mm and 270mm); all other models were scaled to the same surface area as the *Thrinaxodon* model.

365 **Finite element analysis.** For FEA, jaw models of all taxa were imported into Hypermesh 366 (version 11, Altair Engineering) for the creation of solid mesh FE models and the setting of 367 boundary conditions. All jaw models consisted of approximately 2,500,000 tetrahedral elements. Material properties for mandibular bone and teeth were assigned based on nano-368 369 indentation results for hedgehog mandibles (bone: E = 12 GPa, v = 0.30, tooth: E = 25.0 GPa, 370 v = 0.3; material properties for mammalian mandibular sutures were taken (E = 46.0 MPa, v = 0.35) from literature data³⁶. Due to the resolution of some CT datasets, cortical and 371 372 cancellous bone were not differentiated, permitting the use of models derived from different 373 digitisation methods (volumetric: computed tomography; surface-based: photogrammetry). 374 All materials were treated as isotropic and homogenous. To avoid artificially high stress and 375 strain peaks on the articular and dentary, constraints were not directly applied to the joint 376 region. Instead, an additional component with the same material properties was created to

377 articulate with the joint surface. The morphology of these linking components was based on the cranial articulating joint morphology. The linking components were constrained (15 378 nodes on each side) from translation in x-, y-, and z-direction. To simulate biting at different 379 380 analogous positions, additional constraints (one node each, in x-, and y- direction, z-direction 381 unrestrained to allow penetration of tooth into prey) were applied to the canine and the 382 posteriormost tooth, each for a unilateral and a bilateral scenario. Muscle forces were assigned according to the calculations taken from the three-dimensional reconstructions 383 384 (supplementary table S2). As for the MDA, a second set of simulations was performed with 385 all models scaled to the same surface area and muscle forces scaled proportionally to analyse the models at the same relative size³⁴. The models were subsequently imported into Abaqus 386 387 6.10 (Simulia) for analysis and post-processing. Biomechanical performance of the FE 388 models was assessed via contour plot outputs. In addition, reaction forces (= bite forces) at 389 the bite points and average stress, strain and displacement values per element were obtained 390 from the models.

391 For the simulation of different muscle activation patterns, load forces for the 392 temporalis, the masseter and the pterygoideus groups were varied: each muscle group was set up to successively produce 0, 25, 50, 75 and 100% of the maximum force and all possible 393 permutations were simulated (resulting in $5^3 = 125$ possible combinations, for the five 394 different states and three muscle groups). To automate this process, an R script was used to 395 modify the FEA input files accordingly³⁷. All other settings were kept constant as outlined 396 397 above and analysed using Abaqus. To compare performances, bite force values and average 398 joint stresses (von Mises, tensile, compressive) were obtained from Abaqus. Average joint 399 stresses were calculated from 30 nodes selected in a grid pattern on the surface of the jaw 400 joint to obtain a maximum spread and analogous point across all taxa. Results of the different 401 muscle activation simulations were plotted in a three-dimensional coordinate system using
402 the freely-available visualisation package Blender (www.blender.org) (Figs. S7-S12).

403Additional FEA simulations were performed for all taxa scaled to different, discrete404mandible lengths: 5, 10, 20, 40, 80, 160 and 320mm. Mandible lengths were chosen to405represent the range of sizes observed across the cynodont-mammaliaform transition. Load

406 forces were scaled for each size stage following the ³/₄ power law for each taxon.

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