



## 21 Abstract

22

23 Sea spray aerosols (SSAs) have profound effects on climate and ecosystems. Furthermore, the  
24 presence of microbiota and biogenic molecules, produced by among others marine phytoplankton, in  
25 SSAs could lead to potential human health effects. Yet the exposure and effects of SSAs on human  
26 health remain poorly studied. Here, we exposed human epithelial lung cells to different concentrations  
27 of extracts of a natural sea spray aerosol (SSA), a laboratory-generated SSA, the marine algal toxin  
28 homoyessotoxin and a chemical mTOR inhibitor. The mTOR inhibitor was included as it has been  
29 hypothesized that natural SSAs may influence the mTOR cell signaling pathway. We observed  
30 significant effects on the mTOR pathway and PCSK9 in all exposures. Based on these expression  
31 patterns, a clear dose response relationship was observed. Our results indicate a potential for positive  
32 health effects when lung cells are exposed to environmentally relevant concentrations of natural SSAs,  
33 whereas potential negative effects were observed at high levels of the laboratory SSA and the marine  
34 algal toxin. Overall, these results provide a substantial molecular evidence base for potential positive  
35 health effects of SSAs at environmentally relevant concentrations through the mTOR pathway. The  
36 results provided here suggest that SSAs contain biomolecules with significant pharmaceutical potential  
37 in targeting PCSK9.

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## 40 Introduction

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42 Oceans and seas contain a variety of biogenic or naturally produced molecules that become airborne  
43 via sea spray aerosolization<sup>1-3</sup>. In addition to bacteria, which are well-known producers of biogenics,  
44 many phytoplankton species also produce a wide range of bioactive molecules such as vitamins,  
45 pigments, polyphenolics and phycotoxins<sup>4,5</sup>. The latter have primarily been studied in the context of  
46 harmful algal blooms, in which phycotoxins can be present at detrimental concentrations<sup>4,6</sup>. These  
47 toxins can through their presence in sea spray aerosols cause health effects. This has been reported  
48 for aerosolized brevetoxins which can lead to respiratory symptoms in humans during algal bloom  
49 conditions, particularly in people with asthma<sup>7,8</sup>.

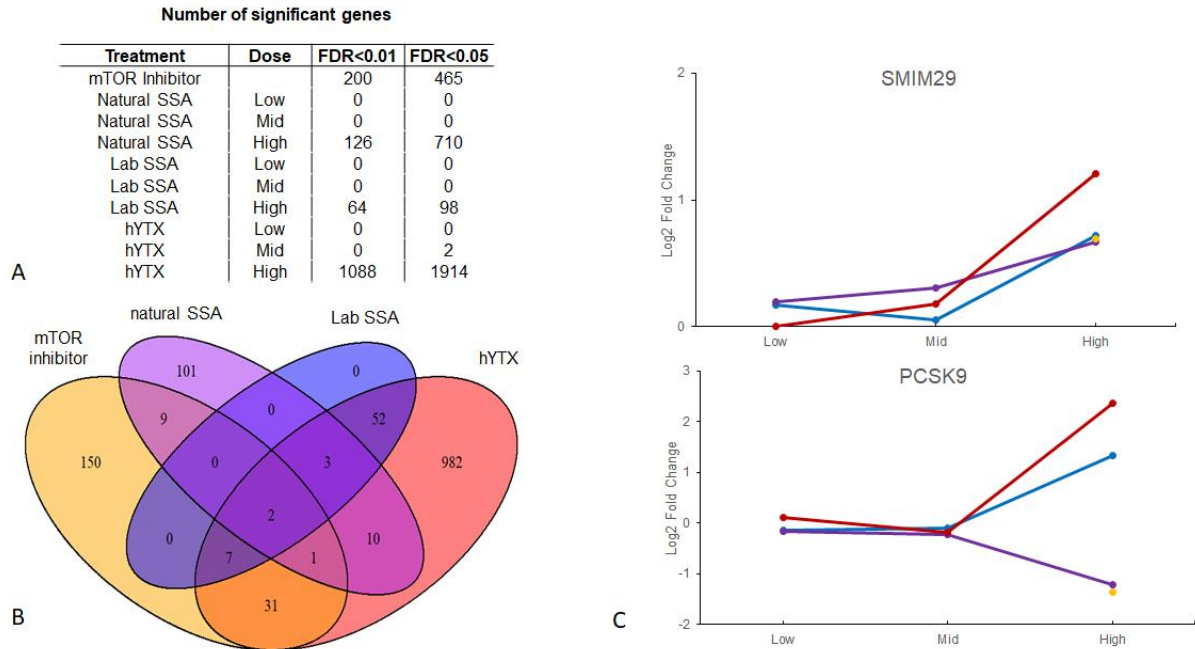
50 The effects of brevetoxins have been well-studied and documented. Little attention has, however,  
51 been given to the potential effects at low, environmentally relevant, concentrations in which  
52 phycotoxins may be present in sea spray aerosols (SSAs) during standard environmental conditions<sup>9</sup>.  
53 At low levels, and combined with other unidentified biogenics, these known bioactive molecules could  
54 contribute to positive health effects in coastal environments. Indeed, some of these bioactive  
55 molecules (e.g. yessotoxin<sup>10</sup>) have been targeted for their pharmaceutical or biotechnological  
56 potential<sup>11,12</sup>. Furthermore, a number of studies highlight several health promoting pathways through  
57 which airborne microbiota and biogenics from blue and green environments may have positive health  
58 effects<sup>13,14</sup>. Airborne microbiota are thought to contribute to a more effective immuno-regulation once  
59 inhaled or ingested<sup>13</sup>. Additionally, it was suggested that inhalation of low levels of microbes and  
60 parasites reduce inflammation and improve immunoregulation<sup>13,15</sup>. Biogenics, i.e. natural chemicals  
61 produced by among others plants, fungi, phytoplankton species and bacteria<sup>1,3,9</sup>, have been  
62 hypothesized to induce positive health effects via the interaction with specific cell signaling pathways  
63 (e.g. PI3K/Akt/mTORC1)<sup>14</sup>. The link between the mTOR pathway and positive health effects is  
64 supported by a large number of studies<sup>16-20</sup> demonstrating that inhibition of this cell signaling pathway  
65 is associated with health benefits such as anti-cancer, positive cardiovascular and anti-inflammatory  
66 effects.

67 To date, no study has focused on the general health effects of SSAs under standard coastal conditions.  
68 Here, we aimed to explore possible molecular mechanisms that could explain health effects of SSAs at  
69 different concentrations representing low environmentally relevant concentrations as well as high  
70 potential harmful concentrations. To this end, we exposed human epithelial lung cells to extracts of  
71 (1) a natural SSA, (2) a SSA generated in a laboratory tank inoculated with homoyessotoxin-producing  
72 algae, (3) the pure bioactive molecule homoyessotoxin (hYTX) and (4) a chemical inhibitor of the mTOR  
73 pathway (Torkinib/PP242). We specifically selected hYTX and a hYTX producer as the effects of hYTX

74 in humans remain relatively unknown despite it being structurally related to brevetoxin<sup>10</sup>. In addition,  
 75 yessotoxin has been reported to show potential as an anti-cancer drug<sup>10</sup>. As such, aerosols of this  
 76 phycotoxin could be a source of positive health effects. The different treatments, including different  
 77 dose levels per treatment, allowed us to study a range of conditions, from most realistic, i.e. natural  
 78 SSA, to the simplest, i.e. a single biogenic molecule (homoyessotoxin).

## 79 Results & Discussion

80 **A small set of genes is significantly differentially expressed in all treatments.** We quantified the  
 81 expression of 16,5654 genes and observed differential expression across all treatments. The highest  
 82 number of differentially expressed (DE) genes was observed in the pure homoyessotoxin treatment,  
 83 hereafter referred to as hYTX. We observed a decreasing number of differentially expressed genes in  
 84 the chemical inhibitor treatment, hereafter referred to as mTOR inhibitor, the natural SSA treatment  
 85 and the treatment with a SSA generated in a laboratory tank, hereafter referred to as lab SSA. We  
 86 observed almost no significant DE genes in the mid and low dose levels at false discovery rates (FDR)  
 87 of 0.01 and 0.05 (Figure 1A). Given the small difference between the two FDRs, the most conservative  
 88 FDR was selected for further analysis. We identified two DE genes shared by all (high dose level)  
 89 treatments and the mTOR inhibitor (Figure 1B).



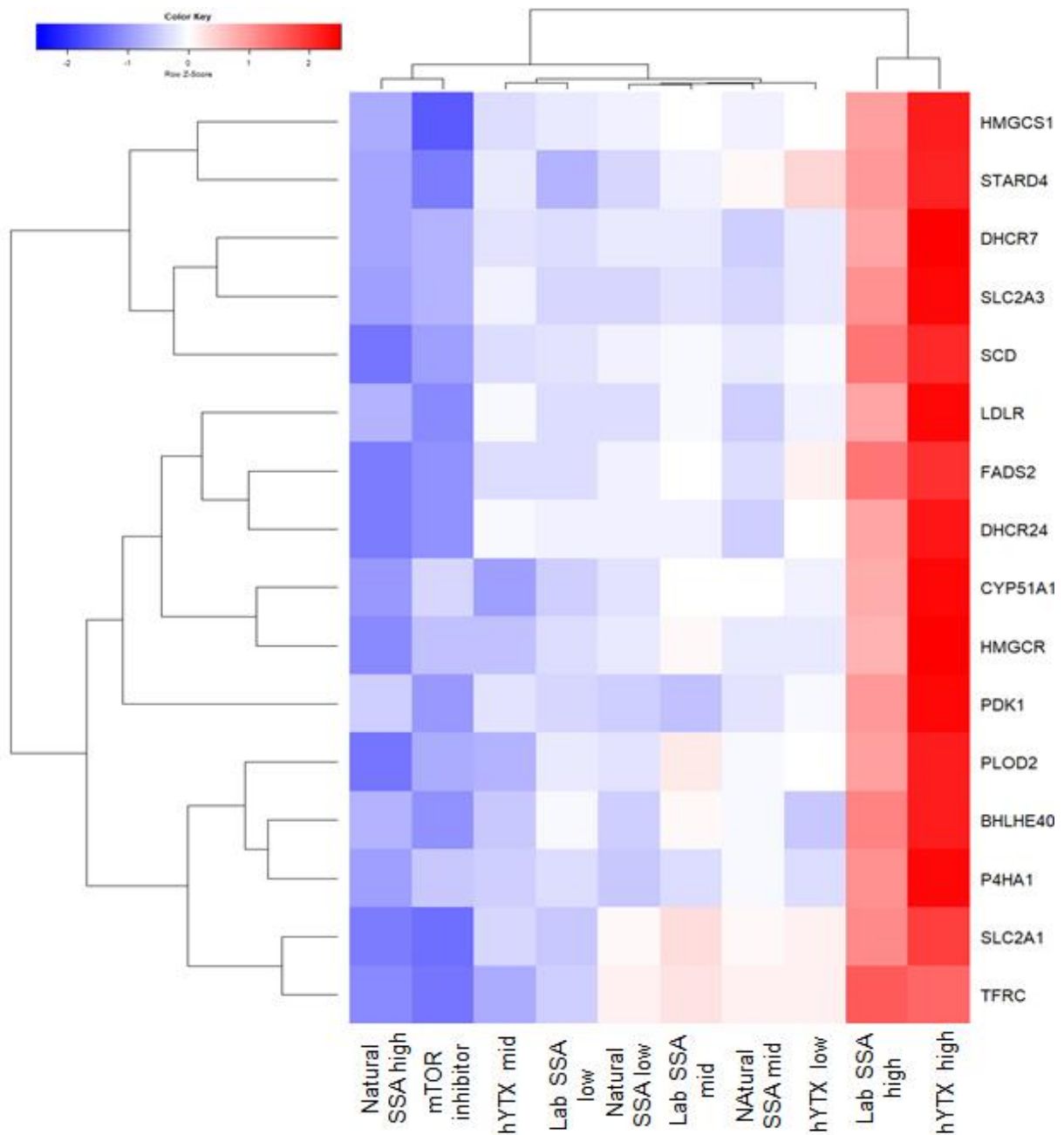
90  
 91 **Figure 1 Differential gene expression across treatments.** (a) Number of significant genes at different  
 92 false discovery rates (FDR) for the different sea spray aerosols (SSA) treatments and homo-yessotoxin  
 93 (hYTX). (b) Venn diagram of shared significant genes across treatments with significant genes at an FDR  
 94 of 0.01. (c) Log fold change for small integral membrane protein 29 (SMIM29) and proprotein

95 convertase subtilisin/kexin type 9 (PCSK9) in all treatments: natural SSA in purple, lab SSA in blue, hYTX  
96 in red and mTOR inhibitor in yellow.

97 The first gene was the small integral membrane protein 29 (SMIM 29). Little functional information on  
98 this protein is available, although it is ubiquitously expressed in at least 25 tissues<sup>21</sup>. The other gene is  
99 proprotein convertase subtilisin/kexin type 9 (PCSK9), primarily involved in lipid homeostasis and  
100 apoptosis<sup>22</sup>. For SMIM 29, we observed a similar pattern across all treatments with low gene  
101 expression values in low and mid dose levels, and a significant upregulation in all high dose level  
102 treatments and the mTOR inhibitor (Figure 1C). For PCSK9, the pattern is more complex. Again, we  
103 observed low gene expression values at low and mid dose levels. However, for the high dose levels,  
104 we observed a significant upregulation for hYTX and the lab SSA, while we observed a significant  
105 downregulation for the natural SSA treatment and the mTOR inhibitor (Figure 1C). For both PCSK9 and  
106 SMIM29 the effects of the lab SSA were similar but weaker than the effects of the hYTX itself.  
107 Furthermore, all DE genes that were significantly regulated by the lab SSA are a subset of the DE genes  
108 regulated by hYTX. This suggests that the effects of the lab SSA are most likely comparable to effects  
109 of a diluted hYTX treatment. Or, in other words, the effects of the lab SSA produced by a hYTX  
110 producing algae are weaker than the effects of hYTX itself despite containing the same amount of hYTX.  
111 Given that the dose levels for both treatments (lab SSA and hYTX) contain the same amount of hYTX,  
112 these results suggest that (1) lab SSAs may contain additional molecules which interact with hYTX  
113 leading to weaker effects or that (2) some of the hYTX in the lab SSA is partially degraded leading to  
114 potentially weaker effects as less “pure” hYTX is available. Literature reports only briefly on the organic  
115 composition of SSAs, but suggests a large diversity in biogenic compounds<sup>23,24</sup>. PCSK9 is thought to  
116 have two major functions: (1) maintenance of lipid homeostasis by the regulation of low-density  
117 lipoprotein receptors and (2) the regulation of neural apoptosis<sup>22</sup>. In general, the overexpression of  
118 PCSK9 is associated with the dysregulation of pathways involved in the cell cycle, inflammation and  
119 apoptosis while the inhibition of PCSK9 in carcinogenic lung cells has been associated with apoptosis  
120 of these cell lines<sup>22</sup>. In mouse, a similar pattern has been observed<sup>25</sup>. Overexpression of PCSK9 was  
121 associated with multi-organ pathology and inflammation while PCSK9 deficiency was associated with  
122 protection against inflammation, organ pathology and systemic bacterial dissemination<sup>25</sup>. Based on  
123 these findings in literature and the similarities between the PCSK9 expression patterns of the mTOR  
124 inhibitor and the natural SSA, our results suggest a potential for positive health effects when lung cell  
125 lines are exposed to natural SSA. Based on the results provided here on PCSK9, we propose that SSA  
126 contain molecules with significant pharmaceutical potential in targeting PCSK9<sup>26</sup>.

127 **Significant effects on the mTOR regulatory pathways differ across treatments.** The biogenics  
128 hypothesis suggests that the mTOR pathway is one of the key drivers of the coastal induced health

129 benefit. Here both the KEGG mTOR pathway annotation<sup>27</sup> and the molecular signature databases<sup>28</sup>,  
130 which contains a hallmark set of genes upregulated upon activation of the mTORC1 complex, were  
131 used to test this hypothesis. No significant enrichment of the KEGG mTOR pathway in any of the  
132 treatments was observed. Individual genes of the mTOR pathway, however, were significantly  
133 regulated in different high dose treatments, with the exception of the lab SSA for which no mTOR  
134 genes were differentially expressed (Table S1). We also noted significant enrichment scores of the  
135 GSEA Hallmark mTORC1 set for all high dose treatments, excluding the natural SSA, and the mTOR  
136 inhibitor (Table S2). Taking a closer look at the hallmark mTORC1 set, we concluded that the gene  
137 expression patterns differed across treatments (Figure S1). Hierarchical clustering of these patterns  
138 indicated that DE genes were in general regulated in the opposite direction for hYTX and the lab SSA  
139 versus the natural SSA and the chemical inhibitor (Figure S1). This pattern is even more prominent  
140 when focusing on the genes that contribute significantly to the enrichment score in the hallmark set  
141 for all 4 treatments (Figure 2).



142

143 **Figure 2 Enrichment of the mTOR Hallmark set.** (a) Heatmap for all treatments of the fold changes of  
 144 genes that contribute significantly to the enrichment score for all three treatments at the highest dose  
 145 and the mTOR inhibitor. Treatments: chemical inhibitor, homo-yessotoxin (hYTX), lab sea spray aerosol  
 146 (SSA) and natural sea spray aerosol (SSA) at low, mid and high doses.

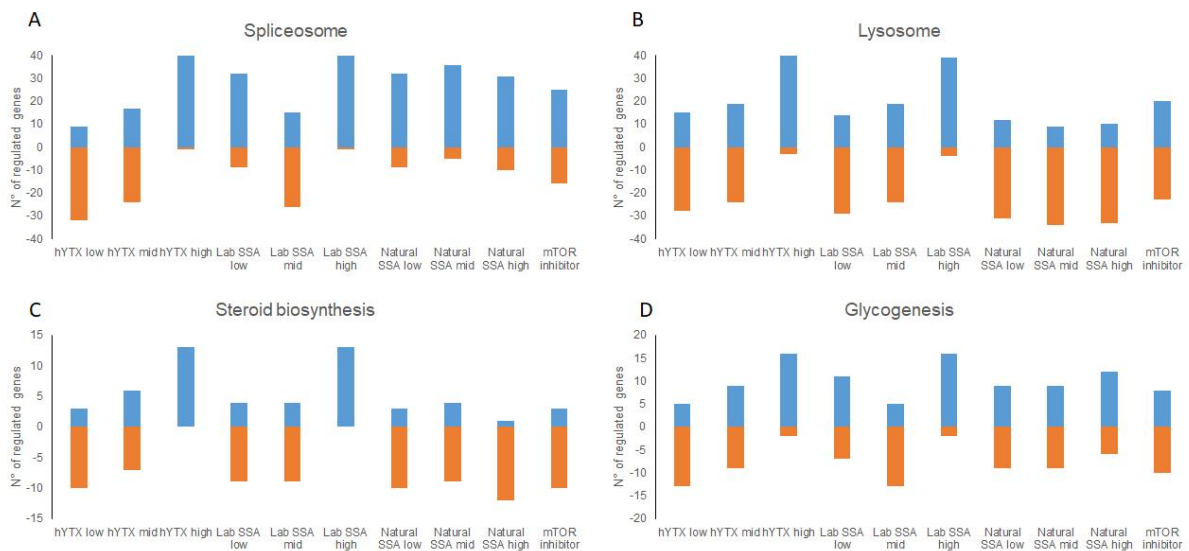
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148 This group of 17 genes showed completely opposite regulation patterns in the high dose hYTX versus  
 149 the high dose natural SSA and the chemical inhibitor (Figure 2). The high dose laboratory SSA showed  
 150 a similar but less intense and weaker regulation than the high dose pure hYTX. Overall, these results  
 151 suggest that all treatments affect the mTOR pathway but the effects and the potential positive health

152 effects differ across treatments. Interestingly, the effects of the natural SSA closely resemble the  
153 effects of the mTOR inhibitor, but contrast with the effects of hYTX and the lab SSA. In addition, we  
154 again observed that the lab SSA caused effects in a similar direction as the pure hYTX, albeit weaker.  
155 The differences between the natural SSA on one hand and the pure hYTX and lab SSA on the other  
156 hand highlight that while all treatments target the mTOR pathway, their effects are opposite. This may  
157 suggest (1) that the natural SSA contains different molecules than the lab SSA and hYTX or (2) that less  
158 “pure” hYTX is available due to degradation of hYTX. Both assumptions suggest a lower bioavailability  
159 of pure hYTX, potentially leading to a lower actual dose. This is also supported by the observation that  
160 six genes of the mTOR pathway show a significant dose response effect (Table S2). The similarities in  
161 regulation of the mTOR pathway between the natural SSA and chemical inhibitor suggest that natural  
162 SSAs contain molecules that cause similar effects on the mTOR pathway as the chemical inhibitor.

163 **Significant concentration response patterns across treatments.** We observed a total of 1898 genes  
164 with a significant dose response effect across the three treatments (hYTX, lab SSA and natural SSA).  
165 Based on a regression analysis and clustering, we found four clusters of dose response patterns. These  
166 clusters all show the same trend which consists of a steep dose response curve for hYTX while the lab  
167 SSA and the natural SSA show a slower increase (Figure S2). When observing gene expression patterns  
168 for the clusters across all treatments, we see the same pattern of two groups as reported in the  
169 sections above, one containing the high dose hYTX and lab SSA treatment while the other contains the  
170 remaining treatments. In three of the four clusters, the mTOR inhibitor treatment clustered together  
171 with the high dose natural SSA treatment. These clustering results suggest that the observations we  
172 have made above for the mTOR pathway and PCSK9 gene are not limited to these two observations  
173 but can be extended to all genes with a significant dose response effect. A pathway analysis highlighted  
174 four pathways that were enriched for genes with a significant dose response effect (Table S3). These  
175 pathways are the spliceosome, lysosome, steroid biosynthesis and glycogenesis. For all these  
176 pathways, we observed two major clusters (Figure 3A-D, Figures S3-6): the pattern for the highest dose  
177 hYTX was again similar to that of the highest dose lab SSA while the pattern of the natural SSA was  
178 again similar to that of the mTOR inhibitor. Again, we observed the opposite regulation of genes in  
179 these two groups for three pathways. Indeed, for the lysosome, steroid biosynthesis and glycogenesis  
180 pathways we noted an upregulation of genes with a significant dose-response effect in the high dose  
181 hYTX and the high dose lab SSA (Figure 3B-D). In contrast, for these same pathways, we observed  
182 primarily a downregulation of the same significant genes in the mid and low dose hYTX and lab SSA, as  
183 well as all natural SSA treatments and the chemical inhibitor with the exception of the low lab SSA in  
184 the glycogenesis pathway. For the spliceosome, we observed significant upregulation in all treatments  
185 with exception of the low and mid hYTX and mid lab SSA (Figure 3A).





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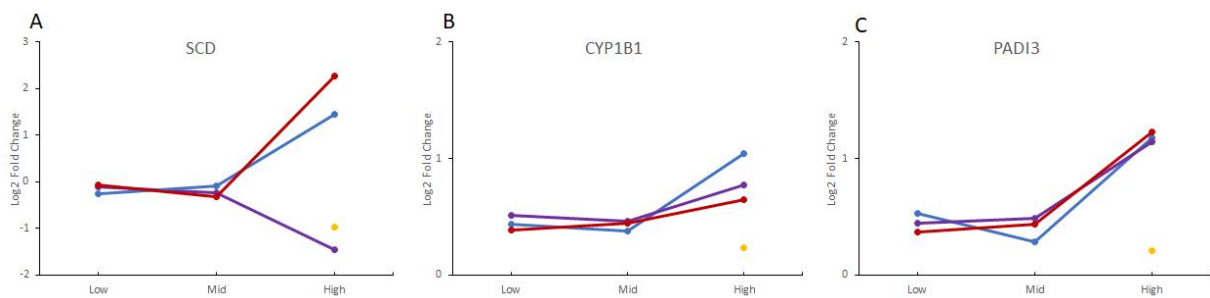
187 **Figure 3 Dose response patterns in significant pathways.** Number of significantly upregulated (>0) or  
 188 downregulated (<0) genes in **(A)** the spliceosome, **(B)** the lysosome, **(C)** steroid biosynthesis, **(D)**  
 189 glycogenesis for all treatments: natural sea spray aerosols (SSA) lab sea spray aerosol (SSA),  
 190 homoyessotoxin (hYTX) and mTOR inhibitor.

191

192 Similar to the effects in the mTOR pathway, the effects on these pathways again show a similar  
 193 regulation of genes for the natural SSA and the mTOR inhibitor. For the steroid biosynthesis, these  
 194 results are not surprising given the links that have already been discussed above between mTOR and  
 195 lipid biosynthesis. In addition to steroid biosynthesis, the lysosome and glycogenesis also have links to  
 196 mTOR. The inhibition of the mTOR pathway is known to activate protein degradation and autophagy  
 197 through among others the lysosome<sup>29,30</sup>. The spliceosome has been proposed as a therapeutic target  
 198 in cancer cells to inhibit mTOR, which led to autophagy<sup>31</sup>. Specifically, depletion of small nuclear  
 199 ribonucleoprotein polypeptide E (SNRPE) led to reduced cell viability in lung cancer cell lines. Here, we  
 200 observed in addition to dose response effects for the spliceosome, also a significant downregulation  
 201 of SNRPE in the highest hYTX treatment but not in any of the other treatments (Table S4). Overall, the  
 202 pathways with significant dose response effects can all be indirectly linked to the mTOR pathway,  
 203 suggesting that the effects here are a consequence of the effects on the mTOR pathway, which most  
 204 likely induce a cascade of events and interactions with other pathways.

205 **Significant effects unique to hYTX and sea spray aerosols.** While we have focused on similarities  
 206 between effects of our experimental treatments and the mTOR inhibitor, we also observed effects  
 207 unique to these treatments. We observed the differential expression of three genes shared by all high  
 208 dose treatments. These genes are stearyl-CoA desaturase (SCD), cytochrome P450 family 1 subfamily

209 B member 1 (CYP1B1) and peptidyl arginine deiminase 3 (PADI3). For SCD, we observed a pattern  
 210 similar to that of the PCSK9 expression, i.e. exposure to the natural SSA led to downregulation while  
 211 exposure to the lab SSA and hYTX led to upregulation (Figure 4A). This can be attributed to the  
 212 functions of these genes (i.e. SCD, PCSK9), as both are involved in lipid biosynthesis. Furthermore,  
 213 research has already indicated links between the mTOR pathway and the lipid homeostasis<sup>32</sup>, including  
 214 the effects on SCD and other genes after exposure to mTOR inhibitors<sup>32</sup>. Evidence points to sterol  
 215 regulatory element binding transcription factor 1 (SREBF1) through which the regulation of lipogenesis  
 216 by mTOR is achieved<sup>32</sup>. This gene was significantly regulated by the natural SSA, but not by any of the  
 217 other treatments.



218

219 **Figure 4 Differential gene expression in hYTX and sea spray aerosol treatments.** Log fold change for  
 220 **(A)** stearoyl-CoA desaturase (SCD), **(B)** cytochrome P450 family 1 subfamily B member 1 (CYP1B1) and  
 221 **(C)** peptidyl arginine deiminase 3 (PADI3) for all treatments: natural sea spray aerosol (SSA) in purple,  
 222 lab sea spray aerosol (SSA) in blue, homoyessotoxin (hYTX) in red and mTOR inhibitor in yellow.

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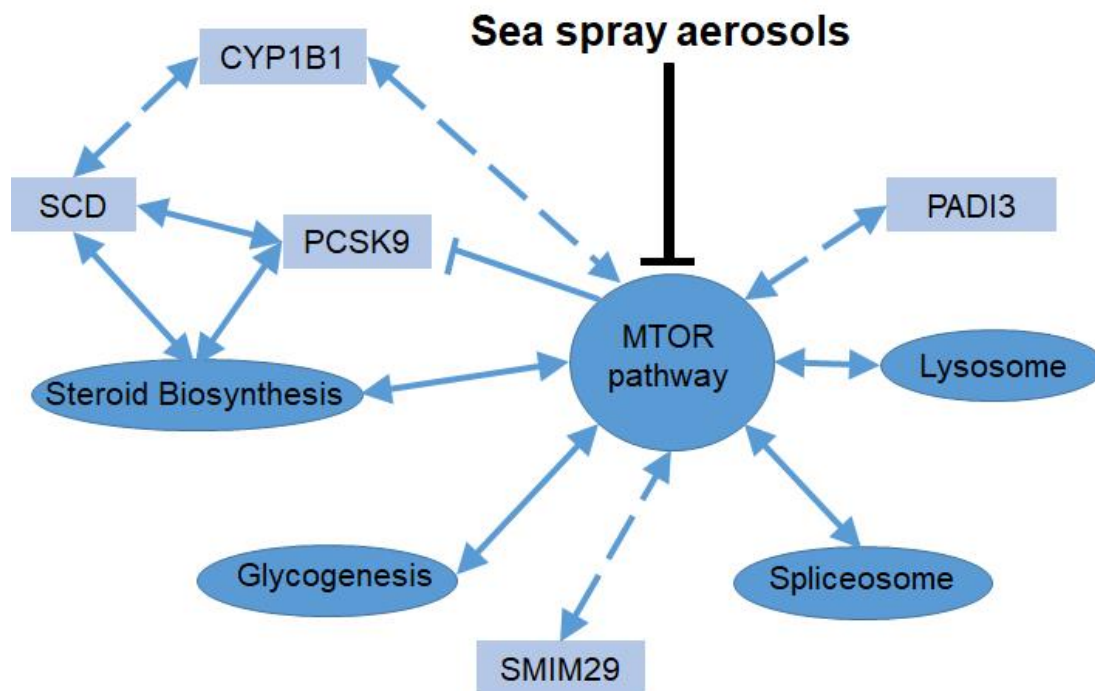
224 For CYP1B1 and PADI3, we observed a pattern similar as for SMIM29, in which all treatments resulted  
 225 in significant upregulation (Figure 4B-C). The first is commonly involved in the metabolism of  
 226 xenobiotics and could play a role in metabolizing some of the biogenic molecules. Literature has also  
 227 reported a relation between CYP1B1 and SCD in lipid homeostasis in liver cells<sup>33</sup>, although the extent  
 228 of this relation in lung cells remains unclear. Overexpression of CYP1B1 has also been reported in lung  
 229 cell lines through the aryl hydrocarbon receptor<sup>34</sup>, but no significant effects for this receptor were  
 230 observed in any treatment of our study (Table S4). This suggests that the overexpression of CYP1B1 is  
 231 more likely related to the regulation of SCD. Lastly, we observed a significant upregulation of PADI3 in  
 232 all three high dose treatments (hYTX, lab SSA and natural SSA). PADI3 is generally not expressed in lung  
 233 cells<sup>21</sup> and is primarily expressed in epidermis cells and keratinocytes<sup>35</sup>. Its function in lung cell lines  
 234 remains unclear. Overall, we observe here differential expression of genes linked to the mTOR pathway  
 235 in all three high dose treatments (natural SSA, lab SSA, and hYTX). Most likely, the effects on these  
 236 genes are caused by the primary effects on the mTOR pathway. Furthermore, these effects while linked

237 to the mTOR pathway, are not observed with the mTOR inhibitor. This suggests that the effects of  
238 these experimental treatments (natural SSA, lab SSA, and hYTX) extend beyond the inhibition of mTOR  
239 but are related to or initiated by the effects on the mTOR pathway.

240 **Differences in dose level lead to a different regulation of the same significant genes and pathways**  
241 **across treatments.** The results of gene set and pathway enrichments as well as individual genes  
242 highlight that the effects are primarily mediated or linked through the mTOR pathway (Figure 5). Here,  
243 we studied both a natural and a lab SSA, as well as the effects of pure hYTX as potential key biogenic  
244 molecule in natural SSAs. While we observed similar pathways, and to some extent, similarly affected  
245 genes across these different treatments, the regulation was not necessarily the same. The hYTX and  
246 the lab SSA showed a similar pattern across all pathways and genes, while differences were observed  
247 with the natural SSA and the chemical inhibitor. These differences could be related to the differences  
248 in doses. The high dose treatment for both hYTX and lab SSA of  $0.5 \mu\text{g liter}^{-1}$  is an extreme case scenario,  
249 reflecting concentrations in water during harmful algal blooms (supportive information 1.2). The  
250 environmental (background) concentrations of hYTX in water and air have not been previously  
251 reported but are expected to lie between the low and mid dose levels based on estimates of cell counts  
252 of hYTX producers and hYTX production per cell (supportive information 1.2). As such, it is clear that  
253 there is a switch in effects where at high doses hYTX and lab SSAs can cause negative effects while the  
254 regulation of pathways and genes is the opposite at low and mid doses, suggesting positive health  
255 effects at environmentally relevant (background) concentrations. A direct comparison can only be  
256 made with the lab SSA in terms of total aerosols by using the cation sodium as a proxy for  
257 aerosolization<sup>36</sup>. We observed that the lab SSA dose levels are  $2.8 \mu\text{g Na}^+ \text{well}^{-1}$ ,  $0.06 \mu\text{g Na}^+ \text{well}^{-1}$  and  
258  $0.00006 \mu\text{g Na}^+ \text{well}^{-1}$  while the natural SSA dose levels, due to the smaller sample size, were  $0.6 \mu\text{g}$   
259  $\text{Na}^+ \text{well}^{-1}$ ,  $0.14 \mu\text{g Na}^+ \text{well}^{-1}$  and  $0.014 \mu\text{g Na}^+ \text{well}^{-1}$  (section 1.2). As such, the highest dose for the  
260 natural SSA contains only 20% of the amount of aerosols in the high dose lab SSA treatment. This  
261 supports the assumptions made above that exposure to environmentally relevant concentrations of  
262 marine biogenics, sampled from the environment, can lead to positive health effects at  
263 environmentally relevant concentrations. In addition, we observed similar patterns of gene expression  
264 for the mTOR inhibitor and the highest natural SSA treatment.

265 Overall, our results support the biogenesis hypothesis postulated by Moore<sup>14</sup> that marine airborne  
266 biogenics interact with the mTOR pathway potentially leading to health benefits. We report significant  
267 effects on the mTOR pathway in all treatments, though differences in regulation of this pathway were  
268 observed. Furthermore, significant genes and enriched pathways across treatments all interact with  
269 mTOR, indicating that marine biogenics trigger a cascade of events through interaction with the mTOR  
270 pathway (Figure 5). Thus, the effects of marine airborne biogenics are not limited to the mTOR pathway

271 but include a cascade of genes and pathways involved in different metabolic processes (e.g. steroid  
 272 biosynthesis, lysosome) with key links to mTOR (Figure ).



273

274 **Figure 5 Molecular effects of marine aerosolized biogenics.** A schematic representation of the  
 275 molecular effects of sea spray aerosols observed within this study. Pathways are represented by  
 276 ellipses, genes are represented by rectangles. Solid blue arrows represent interactions with a solid  
 277 evidence base, dashed arrows represent hypothetical interactions observed, T represent inhibition.

## 278 Methods

279 **Culturing of A549 cells.** Adenocarcinoma alveolar basal cell lines (A549) were maintained in Dulbecco's  
 280 Modified Eagle Medium (DMEM), supplemented with 10% fetal bovine serum and 5000 units.mL<sup>-1</sup>  
 281 penicillin-streptomycin at 37°C, 5% CO<sub>2</sub> and >95% relative humidity. Confluent cell cultures (after 2-3  
 282 days) were passaged via trypsination (0.5% trypsin-EDTA) and split in a ratio 1:6.

283 **Experimental procedure.** Confluent cell cultures were trypsinized and transferred in 3mL fresh DMEM  
 284 to Nunc 6-well multiplates at a density of 320,000 cells.well<sup>-1</sup>. After seeding, cells were incubated for  
 285 10 hours at 37°C, 5% CO<sub>2</sub> and >95% relative humidity to stimulate growth and adherence to the  
 286 surface. Then, cells were subjected to one of five treatments: (1) negative control, (2) an extract of a  
 287 natural SSA sample from the seashore, (3) an extract of a laboratory generated SSA,  
 288 (4) homoyessotoxin, (5) a chemical inhibitor of the mTOR pathway, i.e. Torquinib or PP242  
 289 (LC Laboratories). The multiwell plates were then incubated for another 43 hours at identical  
 290 conditions prior to RNA extraction. The negative control treatment also contained 2% methanol to

291 exclude a solvent effect as all other treatments were extracted, diluted or dissolved in methanol. The  
292 chemical inhibitor treatment consisted of 0.3  $\mu\text{M}$  of Torkinib or PP242. The natural sea spray aerosol  
293 sample was collected on a Whatman QM-A Quartz Microfiber filter at the waterline close to Ostend,  
294 Belgium (51°14'27"N, 2°56'10"E) by sampling for 46 minutes at a flow of 10 L  $\text{min}^{-1}$ , which corresponds  
295 to the minute ventilation of an average human in rest (9-10 L  $\text{min}^{-1}$ )<sup>37,38</sup>. During sampling, the wind  
296 direction was  $0.7 \pm 3.1^\circ$  (North), speed was  $15.0 \pm 0.6 \text{ m s}^{-1}$ , indicating white cap SSA production. The  
297 detailed sampling and extraction procedure is described in supportive information 1.1. The lab SSA  
298 was obtained by inoculating a marine aerosol reference tank<sup>39</sup> with  $10^6 \text{ cells L}^{-1}$  of *Protoceratium*  
299 *reticulatum*, a hYTX producer (SCCAP K-1474), and collecting the generated SSA on a Whatman QM-A  
300 Quartz Microfiber filter at a flow of 10 L  $\text{min}^{-1}$  for 16 hours to obtain sufficient material for further  
301 experiments and analysis. The detailed procedure is described in supportive information 1.1. Filters of  
302 the natural SSA and lab SSA were extracted following the same methanol extraction procedure.  
303 Certified reference material of hYTX was commercially obtained (National Research Council Canada)  
304 as a liquid with a concentration of 5  $\mu\text{M}$  hYTX dissolved in methanol. This reference material was further  
305 diluted in methanol to obtain the following dose levels: 0.5  $\mu\text{g L}^{-1}$  (high), 0.01  $\mu\text{g L}^{-1}$  (mid), 0.00001  $\mu\text{g}$   
306  $\text{L}^{-1}$  (low). Concentrations of hYTX in the lab SSA were measured using ultra-high-performance liquid  
307 chromatography high-resolution Orbitrap mass spectrometry following procedures as reported by  
308 Orellana et al. (2014)<sup>40</sup>. To allow an optimal comparison between the hYTX treatment and the lab SSA,  
309 the lab SSA dose levels were determined based on the measured hYTX in these samples and the same  
310 dose levels as the hYTX treatment were selected (0.5  $\mu\text{g L}^{-1}$  (high), 0.01  $\mu\text{g L}^{-1}$  (mid), 0.00001  $\mu\text{g L}^{-1}$   
311 (low)). For natural SSA, low, mid and high doses were determined by comparing the total alveolar  
312 surface with the cell surface available in a single well (9.6  $\text{cm}^2$ ) and comparing the sample collection  
313 duration (46 min) and experimental exposure duration (43 h), see supportive information 1.2. We  
314 selected a low dose that represents the same exposure as the amount of inhaled SSA during the  
315 sampling period at the seashore but extended over an 43 h exposure period and normalized to the cell  
316 surface in a single well (detailed calculations are reported in supportive information, section 1.2). The  
317 mid and high dose represent a 10x and 40x concentration of the low dose level. These levels were  
318 specifically chosen to adhere to environmentally realistic (background) concentrations. The mid dose  
319 level (10x concentration) was based on the hypothesis of increased minute ventilation during physical  
320 exercise which is reported to vary between 70-100 L  $\text{min}^{-1}$  for both continuous and intermittent  
321 exercise<sup>38,41,42</sup>. The high dose level (40x concentration) was selected based on the hypothesis of  
322 increased aerosolization (i.e. improved wind conditions) as well as activities at the shore line or at sea  
323 (e.g. swimming, sailing, windsurfing,...). Detailed procedure is described in the supportive  
324 information, section 1.2.

325 **RNA extraction, library preparation and sequencing.** RNA was extracted using the Qiagen RNEasy kit  
326 following the manufacturer's instructions including DNase digestion. After RNA extraction, the  
327 concentration and quality of the total extracted RNA was checked by using the 'Quant-it ribogreen RNA  
328 assay' (Life Technologies, Grand Island, NY, USA) and the RNA 6000 nano chip (Agilent Technologies,  
329 Santa Clara, CA, USA), respectively. Subsequently, 250 ng of RNA was used to perform an Illumina  
330 sequencing library preparation using the QuantSeq 3' mRNA-Seq Library Prep Kits (Lexogen, Vienna,  
331 Austria) according to manufacturer's protocol. During library preparation 14 PCR cycles were used.  
332 Libraries were quantified by qPCR, according to Illumina's protocol 'Sequencing Library qPCR  
333 Quantification protocol guide', version February 2011. A High sensitivity DNA chip (Agilent  
334 Technologies, Santa Clara, CA, US) was used to control the library's size distribution and quality.  
335 Sequencing was performed on a high throughput Illumina NextSeq 500 flow cell generating 75 bp single  
336 reads.

337 **Data analysis.** Per sample, on average  $7.5 \times 10^6 \pm 1.6 \times 10^6$  reads were generated. First, these reads  
338 were trimmed using cutadapt<sup>43</sup> version 1.15 to remove the "QuantSeq FWD" adaptor sequence. The  
339 trimmed reads were mapped against the Homo sapiens GRCh38.89 reference genome using STAR<sup>44</sup>  
340 version 2.5.3a. The RSEM<sup>45</sup> software, version 1.3.0, was used to generate the count tables.  
341 Differential gene expression analysis between groups of samples was performed using edgeR<sup>46</sup>. Genes  
342 with less than 1 cpm in less than 4 samples were discarded, resulting in 16,546 quantifiable genes.  
343 Read counts were normalized using trimmed mean of M-values (TMM) followed by a pairwise  
344 comparison of treatments with the negative and positive control using an exact test<sup>46</sup>. Significantly  
345 differentially expressed (DE) genes were called at a false discovery rate of 0.01. Significant enrichment  
346 of KEGG pathways<sup>27</sup> with DE genes was done using a fisher test and called at an adjusted p-value level  
347 of 0.01. Benjamini-Hochberg adjustment was used to account for multiple testing. Gene set  
348 enrichment analysis (GSEA) was conducted to detect enrichment in hallmark gene sets and genetic and  
349 chemical perturbations gene sets of the molecular signature database<sup>28</sup>. Enriched gene sets were  
350 identified at a false discovery rate of 0.01. A dose response analysis was performed with the maSigPro<sup>47</sup>  
351 R package for each of the three treatments of algal toxins. In a first step a general linear model was  
352 built with the 3 treatments, the 3 concentrations and the square of each of the 3 concentrations.  
353 Statistical testing was done using the log-likelihood ratio statistic. Genes with a FDR < 0.05 were  
354 considered significantly differential. In a second step, for each significant differentially expressed gene,  
355 an optimized regression model was created using stepwise backward regression. Exclusion of the  
356 quadratic term from the model was performed using a regression ANOVA, testing if the regression  
357 coefficients differ from 0 at a significance level of 0.05. Afterwards the goodness of fit,  $R^2$ , of each

358 optimized regression model was computed. Genes with a goodness of fit greater than 0.8 were used  
359 in a hierarchical cluster analysis based on the correlation between the regression models of the genes.

360 **Data availability.** Raw and processed sequencing reads are deposited in GEO and available under  
361 accession number: [GSE113144](https://www.ncbi.nlm.nih.gov/geo/query/acc.cgi?acc=GSE113144).

362

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### 373 **Author contributions.**

374 EVA, MDR and CJ conceptualized the idea and research question. EVA directed the sea spray aerosol  
375 sampling, production and extraction with input from MDR. EVA designed and executed the experiment  
376 with input from JA, KDS and CJ. FVN and JA developed the sequencing design. JA and LT processed and  
377 analyzed the data. JA wrote the manuscript with input from EVA. MDR, JM, FVN, KDS and CJ reviewed  
378 and edited the manuscript.

### 379 **Competing Interests.**

380 The authors declare no competing interests.

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