

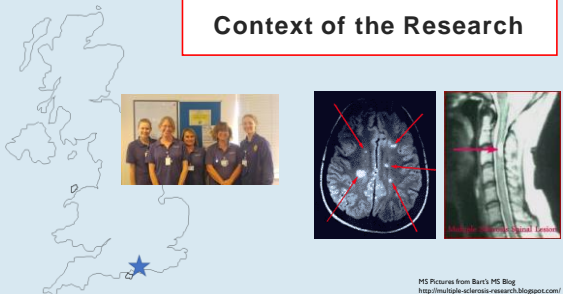
## The Lived-Experience of impaired sensation in the feet related to Multiple Sclerosis

*A Descriptive Phenomenological Study*

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## Context of the Research




MS Pictures from Bart's MS Blog  
<http://multiple-sclerosis-research.blogspot.com/>

## Impaired sensation in the feet related to MS

- **60% altered sensation**
- **55% sensory loss**
- **58% pins and needles** (MS Society 2017)
- **Altered gait pattern** (Thoumie and Mevellec: 2002)
- **Reduced balance** (Citaker et al.2011; Cattaneo&Jonsson 2009)
- **Increased risk of falls** (Nilsagård et al 2009)
- **Reflexology** (Siev-Ner et al. 2003)
- **Exercises + sensory strategies** (Cattaneo et al. 2007; Gandolfi et al 2015)
- **Textured insoles** (Dixon et al 2014; Kalron et al 2015)

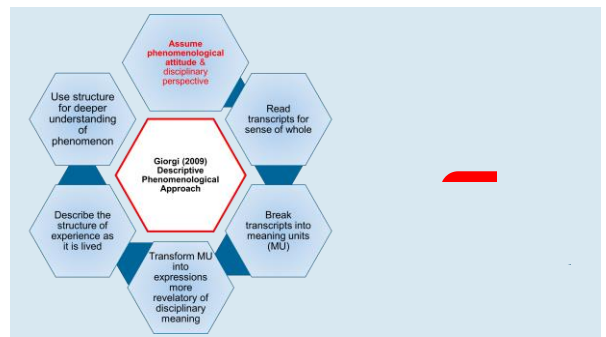
## Impaired sensation in clinical practice

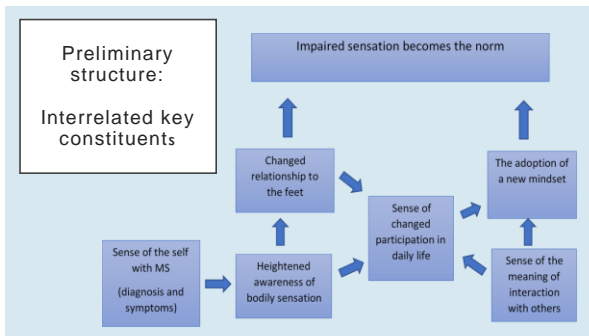
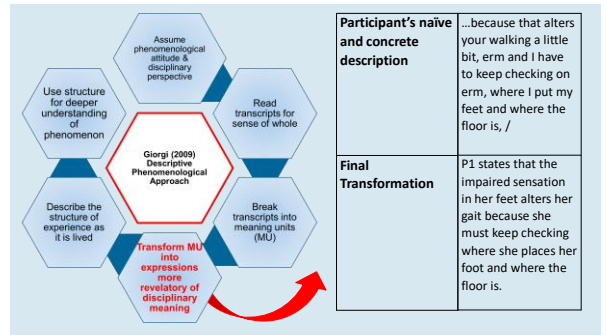
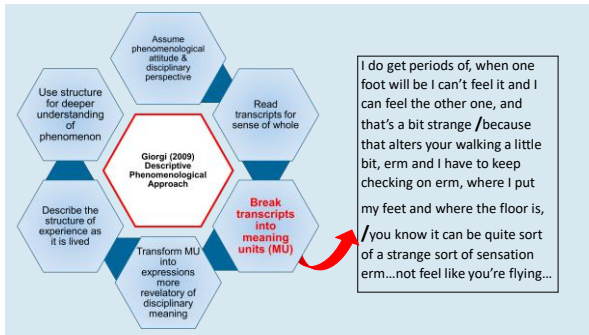


## Research Question & Methodology

What are the Lived Experiences of impaired sensation in the feet related to MS?

Descriptive Phenomenology





- ### Implications
- Personal implications
  - Findings add knowledge to the phenomenological evidence base
  - Increased awareness of the symptom
  - Improved therapeutic encounters
  - More research!



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