



Contents lists available at ScienceDirect

# Indian Pacing and Electrophysiology Journal

journal homepage: [www.elsevier.com/locate/IPEJ](http://www.elsevier.com/locate/IPEJ)

## Genotype and clinical characteristics of congenital long QT syndrome in Thailand

Ankavipar Saprungruang<sup>a,\*</sup>, Apichai Khongphatthanayothin<sup>a,b</sup>,  
John Mauleekoonphairoj<sup>c</sup>, Pharawee Wandee<sup>c</sup>, Supaluck Kanjanauthai<sup>d</sup>,  
Zahurul A. Bhuiyan<sup>e</sup>, Arthur A.M. Wilde<sup>f</sup>, Yong Poovorawan<sup>a,c</sup>

<sup>a</sup> Department of Pediatrics, Faculty of Medicine, Chulalongkorn University, Bangkok, 10330, Thailand

<sup>b</sup> Bangkok General Hospital, Bangkok, Thailand

<sup>c</sup> Center of Excellence in Clinical Virology, Faculty of Medicine, Chulalongkorn University, Bangkok, Thailand

<sup>d</sup> Division of Cardiology, Department of Pediatrics, Faculty of Medicine Siriraj Hospital, Mahidol University, Bangkok, 10700, Thailand

<sup>e</sup> Laboratoire de Génétique Moléculaire, Service de Génétique Médicale, Centre Hospitalier Universitaire Vaudois, Lausanne, Switzerland

<sup>f</sup> Academic Medical Center, Heart Centre, Department of Clinical and Experimental Cardiology, University of Amsterdam, the Netherlands

### ARTICLE INFO

#### Article history:

Received 30 April 2018

Received in revised form

7 July 2018

Accepted 19 July 2018

Available online 20 July 2018

#### Keywords:

Long QT syndrome

Genetics

Mutation

Thailand

Children

### ABSTRACT

**Background:** Congenital long QT syndrome (LQTS) is an inheritable arrhythmic disorder which is linked to at least 17 genes. The clinical characteristics and genetic mutations may be variable among different population groups and they have not yet been studied in Thai population.

**Methods:** Clinical characteristics were retrospectively reviewed from children and young adults with congenital long QT syndrome whose blood samples were sent for genotyping during 1998–2017. Sangers sequencing was used to sequentially identify *KCNQ1* or *KCNH2* genetic variants. Whole exome sequencing (WES) was used to identify variants in all other known LQTS genes.

**Results:** Of the 20 subjects (17 families), 45% were male, mean QTc was  $550.3 \pm 68.8$  msec (range 470–731 msec) and total Schwartz's score was  $5.6 \pm 1.2$  points (range 3–8 points). Fifty percent of patients had events at rest, 30% had symptoms after adrenergic mediated events, and 20% were asymptomatic. We discovered pathogenic and likely pathogenic genetic variants in *KCNQ1*, *KCNH2*, and *SCN5A* in 6 (35%), 4 (24%), and 2 (12%) families, respectively. One additional patient had variance of unknown significance (VUS) in *KCNH2* and another one in *ANK2*. No pathogenic genetic variant was found in 3 patients (18%). Most patients received beta-blocker and 9 (45%) had ICD implanted. LQT1 patients were either asymptomatic or had stress-induced arrhythmia. Most of the LQT2 and LQT3 patients developed symptoms at rest or during sleep.

**Conclusions:** Our patients with LQTS were mostly symptomatic at presentation. The genetic mutations were predominantly in LQT1, LQT2, and LQT3 genes.

Copyright © 2018, Indian Heart Rhythm Society. Production and hosting by Elsevier B.V. This is an open access article under the CC BY-NC-ND license (<http://creativecommons.org/licenses/by-nc-nd/4.0/>).

### 1. Introduction

Congenital long QT syndrome (LQTS) is an inheritable cardiac arrhythmia disorder characterized by prolonged QT interval on surface ECG, ventricular arrhythmia and sudden cardiac death. Abnormal ventricular repolarization in these patients predisposes

them to malignant cardiac arrhythmia such as torsades de pointes and ventricular fibrillation. The prevalence of long QT syndrome is thought to be as high as 1 in 2500 population [1], the figure which many believed to be underestimated [2].

Currently, at least 17 genes were linked to LQTS [3,4]. Seventy-five percent of the patients possess pathogenic mutation in one of the three genes: *KCNQ1*, *KCNH2*, *SCN5A* [5]. Those with mutation in each of these particular gene have different clinical characteristics and are associated with different triggering events for arrhythmia as well as response to treatment [6]. There were reports on various gene mutation frequency in Asian countries [7–12]. From a previous study in Thai children, the ratio of LQTS patients

\* Corresponding author. Division of cardiology, Department of Pediatrics, King Chulalongkorn Memorial Hospital, 1873 Rama IV Rd., Patumwan, Bangkok, 10330, Thailand.

E-mail address: [ankavipar.s@gmail.com](mailto:ankavipar.s@gmail.com) (A. Saprungruang).

Peer review under responsibility of Indian Heart Rhythm Society.

who had cardiac events at rest or sleep appeared to be higher than those found in other Asian countries [13]. However, genetic testing results was not previously examined in Thai population.

Our study aimed to review the clinical characteristics and genetic mutation of LQTS in Thai patients diagnosed between 1998 and 2017.

## 2. Materials and methods

The study population included all patients diagnosed with congenital long QT syndrome in whom DNA sample were available from January 1st, 1998 to June 30<sup>th</sup>, 2017. Outpatient and inpatient medical records of the children and young adults with the diagnosis of long QT syndrome were reviewed from the database of samples that were sent to King Chulalongkorn Memorial Hospital for LQTS genotyping. The study has been approved by the Ethics Committee of the Faculty of Medicine, Chulalongkorn University. Written informed consents were mandatorily obtained from all patients and/or their guardians.

### 2.1. Data collection

Demographic data, family history, clinical presentation, echocardiogram findings and others special cardiac investigations, treatments and outcomes were collected.

### 2.2. Diagnosis

The diagnosis of congenital long QT syndrome was made in accordance to the 2013 HRS/EHRS/APHRS Consensus Guideline (HRS/EHRS/APHRS consensus) [14]. Only patients with congenital LQTS were recruited. Those with QTc interval prolongation from other identifiable causes were excluded. QT interval was measured in lead II or V5 and corrected for differences in heart rate by Bazett's formula.

### 2.3. Blood samples collection and DNA extraction

Blood samples (EDTA) were collected from every patient and their family members after informed consents were obtained. Genomic DNA was isolated from peripheral white blood cells through phenol/chloroform extraction.

### 2.4. Mutation analysis

Sequential screenings of genetic variants in *KCNQ1* and *KCNH2* were first done through PCR amplification and Sangers sequencing according to patient's clinical characteristics. If pathogenic mutation was not found in these 2 genes, the other genes were then examined with whole exome sequencing (WES). Primers used in PCR amplification were located in the intronic region to cover all exons of *KCNQ1* and *KCNH2* genes. The amplicons were visualized on 2% agarose gel, excised and purified. Purified DNA was sequenced at 1st BASE Laboratories, Selangor Darul Ehsan, Malaysia. All sequences were aligned with their reference gene obtained from GenBank, under accession numbers NM\_000218 (*KCNQ1*) and NM\_000238 (*KCNH2*), through sequencer software package (Gene Codes Corporation, Ann Arbor, Michigan, USA).

### 2.5. Whole exome sequencing

Genomic DNA samples were sent to Macrogen, Inc. (Seoul, Korea) for whole exome sequencing. DNA samples were enriched by SureSelect Human All Exon V5 (Agilent Technologies, Santa Clara, Calif., USA) and were sequenced onto Hiseq 4000 (Illumina). The

raw data per exome were mapped to the human reference genome hg19 using BWA. Variant calling was performed using GATK with HaplotypeCaller. Finally, SNVs and Indels were annotated by using SnpEff and annotation database that were dbSNP 142, 1000 Genome, ClinVar and ESP.

Analysis of protein coding and flanking regions of the following genes was done: *KCNQ1*, *KCNH2*, *SCN5A*, *ANK2*, *KCNE1*, *KCNE2*, *KCNJ2*, *CACNA1C*, *CAV3*, *SCN4B*, *AKAP9*, *SNTA1*, *KCNJ5*, *CALM1*, *CALM2*, *CALM3*, *TRDN*. Filtering for possible pathogenic mutations (rare variants) were done by the following criteria: 1) Non-synonymous variants in either protein coding regions or splice sites, and 2) Minor allele frequency (MAF) of <0.1% on 1000 Genome project (<http://www.1000genomes.org>). Rare variants previously reported to be the cause of LQTS were classified as pathogenic. Rare variants with no previous report of pathogenicity were further classified as likely pathogenic, likely benign and variants of unknown significance (VUS) based on the American College of Medical Genetics and Genomics (ACMG) and Association of Molecular Pathology (AMP) 2015 guideline [15]. Only plausible pathogenic or pathogenic variants are reported as the cause of LQTS in this cohort. We also confirmed the MAF of all likely pathogenic and pathogenic variants against our in-house exome sequencing data (719 samples at the time of the study).

### 2.6. Statistical analysis

Continuous data are expressed as mean  $\pm$  SD and nominal data are expressed as percentage.

## 3. Results

### 3.1. Clinical characteristic

A total of 30 patients in 27 families diagnosed with congenital long QT syndrome were identified. Due to deaths and losses to follow up, only 20 patients from 17 families were available for

**Table 1**  
Clinical characteristics of all Long QT syndrome patients (N = 20).

Total (N = 20)	N	%
<b>Male</b>	9	45
<b>Age at Diagnosis (years)</b>	Mean ( $\pm$ SD)	7.8 ( $\pm$ 6.2)
	Range	0–28
<b>Congenital anomalies</b>	3	15
Double aortic arch	1	5
SNHL	2	10
<b>Family history</b>		
Definite LQTS	5	25
SCD	7	35
SNHL	2	10
<b>Total Schwartz's score (points)</b>	Mean ( $\pm$ SD)	5.6 ( $\pm$ 1.2)
	Range	3–8
<b>Electrocardiographic characteristics</b>		
Torsade de pointes	4	20
T wave alternans	1	5
Notched T wave	10	50
Bradycardia for age	5	25
QTc (msec)	Mean ( $\pm$ SD)	550.3 ( $\pm$ 68.8)
	Range	470–731
<b>Treatments</b>		
Beta blocker	19	95
ICD	9	45
<b>Current Status</b>		
Alive	19	95
Death	1	5

SNHL = sensorineural hearing loss, LQTS = Long QT syndrome, SCD = sudden cardiac death, QTc = corrected QT interval, msec = millisecond, bpm = beat per minute, HR = heart rate, ICD = implantable cardioverter-defibrillator.

**Table 2**  
Phenotypes and genotype of the patients (N = 20).

No.	Age at diagnosis	Schwartz's score	Longest QTc (msec)	Trigger events	Rare Variants:	Molecular consequence	Clinical significant
KCNQ1 mutation (N = 7)							
1 <sup>a</sup>	1 day	4.5	515	Asymptomatic, bradycardia for age	(exon7) c.1032 G > C (p.Ala344=) <sup>b</sup>	missense variant	Pathogenic
2	4.1 years	4.5	573	Asymptomatic, family screening	(exon7) c.1032 G > C (p.Ala344=) <sup>b</sup>	missense variant	Pathogenic
3 <sup>a</sup>	9.3 years	5	554	Exercise	(exon7) c.1032 G > C (p.Ala344=) <sup>b</sup>	missense variant	Pathogenic
4 <sup>a</sup>	0.2 years	3	480	Asymptomatic, bradycardia for age	(exon7) c.1032 G > C (p.Ala344=) <sup>b</sup>	missense variant	Pathogenic
5 <sup>a</sup>	11.5 years	4	470	Exercise	(exon7) c.940 G > T, c.941 G > T (p.Gly314Phe)	missense variant	Likely Pathogenic
6 <sup>a</sup>	6.3 years	6	490	Exercise	(exon7) c.940G > A (p.Gly314Ser)	missense variant	Pathogenic
7 <sup>a</sup>	10 years	6.5	623	Exercise	(exon7) c.940G > A (p.Gly314Ser)	missense variant	Pathogenic
KCNH2 mutation (N = 5)							
8 <sup>a</sup>	6.8 years	5.5	560	Rest	(exon 8) c.2086C > T (p.Arg696Cys)	missense variant	Likely Pathogenic
9 <sup>a</sup>	0.7 years	5.5	565	Sleep	(exon 10) c.2453C > G (p.Ser818Trp)	missense variant	Likely Pathogenic
10 <sup>a</sup>	4.2 years	5	557	Sleep	c.1882–1884 del (p.Gly628del)	Disruptive in-frame deletion	Likely Pathogenic
11 <sup>a</sup>	11 years	7	490	Rest	c.2327 T > C (p.Leu776Pro)	missense variant	VUS
12 <sup>a</sup>	8.5 years	6.5	528	Exercise	c.1838C > T (p.Thr613Met)	missense variant	Pathogenic
SCN5A mutation (N = 4)							
13	10.1 years	6.5	490	Sleep	c.715 A > G (p.Ile239Val)	missense variant	Likely Pathogenic
14 <sup>a</sup>	12.4 years	5	492	Sleep	c.715 A > G (p.Ile239Val)	missense variant	Likely Pathogenic
15	7.7 years	5.5	520	Asymptomatic, family screening	c.715 A > G (p.Ile239Val)	missense variant	Likely Pathogenic
16 <sup>a</sup>	1 day	5.5	682	Sleep	c.4460 T > A (p.Met1487Lys)	missense variant	Likely Pathogenic
Other mutation (N = 4)							
17 <sup>a</sup>	8.7 years	5.5	565	Sleep	ANK2 c.8404 G > C (p.Asp2802His)	missense variant	VUS
18 <sup>a</sup>	6.7 years	8	510	Exercise	Negative	–	–
19 <sup>a</sup>	9 years	7	731	Rest	Negative	–	–
20 <sup>a</sup>	28 years	5.5	610	Rest	Negative	–	–

QTc = corrected QT interval, VUS = variants of unknown significance.

<sup>a</sup> Proband.

<sup>b</sup> Variant is on splice site.

**Table 3**  
Clinical characteristic sub-grouped by rare genetic variants (N = 20, 17 families).

Total (N = 20)	KCNQ1	KCNH2	SCN5A	Others	Negative
<b>N (%)</b>	7 (35%)	5 (25%) <sup>a</sup>	4 (20%)	1 (5%) <sup>a</sup>	3 (15%)
<b>No. of family (%)</b> (Total 17 families)	6 (35%)	5 (29%) <sup>a</sup>	2 (12%)	1 (6%) <sup>a</sup>	3 (18%)
<b>Male (%)</b>	3	3	0	1	2
<b>Age at diagnosis (years), Mean (±SD)</b>	5.9 (±4.7)	6.2 (±4)	7.6 (±5.4)	8.7	14.6 (±11.7)
Range	0–11.5 years	0.7–11 years	0–12.4 years	–	6.7–28 years
<b>QTc (msec), Mean (±SD)</b>	530 (±56.3)	540 (±31.5)	546 (±91.7)	565	617 (±110.7)
Range	470–623	490–565	490–682	–	510–731
<b>Schwartz's score, Mean (±SD)</b>	4.8 (±1.2)	5.9 (±0.8)	5.6 (±1)	5.5	6.8 (±1.3)
Range	3–6.5	5–7	4.5–6.5	–	5.5–8
<b>Trigger events</b>					
Asymptomatic	3	0	1	0	0
Adrenergically mediated cardiac events	4	1	0	0	1
Cardiac events at rest	0	4	3	1	2

<sup>a</sup> The variant of 1 patient in each group was classified as VUS (variants of unknown significance). The percentage of KCNH2 variants that were pathogenic or likely pathogenic was 24% with additional 5% had VUS.

genetic testing at the time of this study. Among the 10 missing patients, six were lost to follow up (3 patients developed symptoms during exercise, 2 patients developed symptoms during sleep, and 1 patient was asymptomatic at the time of presentation); and 4 patients had died (3 died shortly after presenting with cardiac arrest during exercise, and 1 presented with aborted sudden cardiac death during sleep were dead 6.8 years after ICD implantation, he was lost to follow up for 4.3 years before death). Five out of the 6 patients who were lost to follow up are still alive according to the

Thai citizen registration record.

Excluding the 10 patients who were lost to follow-up or died, 20 patients (17 families) were included to this study. The clinical characteristics of the study subjects are summarized in Table 1. Nine patients (45%) were male. Their mean age at diagnosis was  $7.8 \pm 6.2$  years (range 1 day–28 years). Total Schwartz's score was  $5.6 \pm 1.2$  points (range 3–8 points). All except one patient were categorized as high probability of LQTS according to Schwartz's score (score  $\geq 4$  points). Most patients had no co-morbid condition.



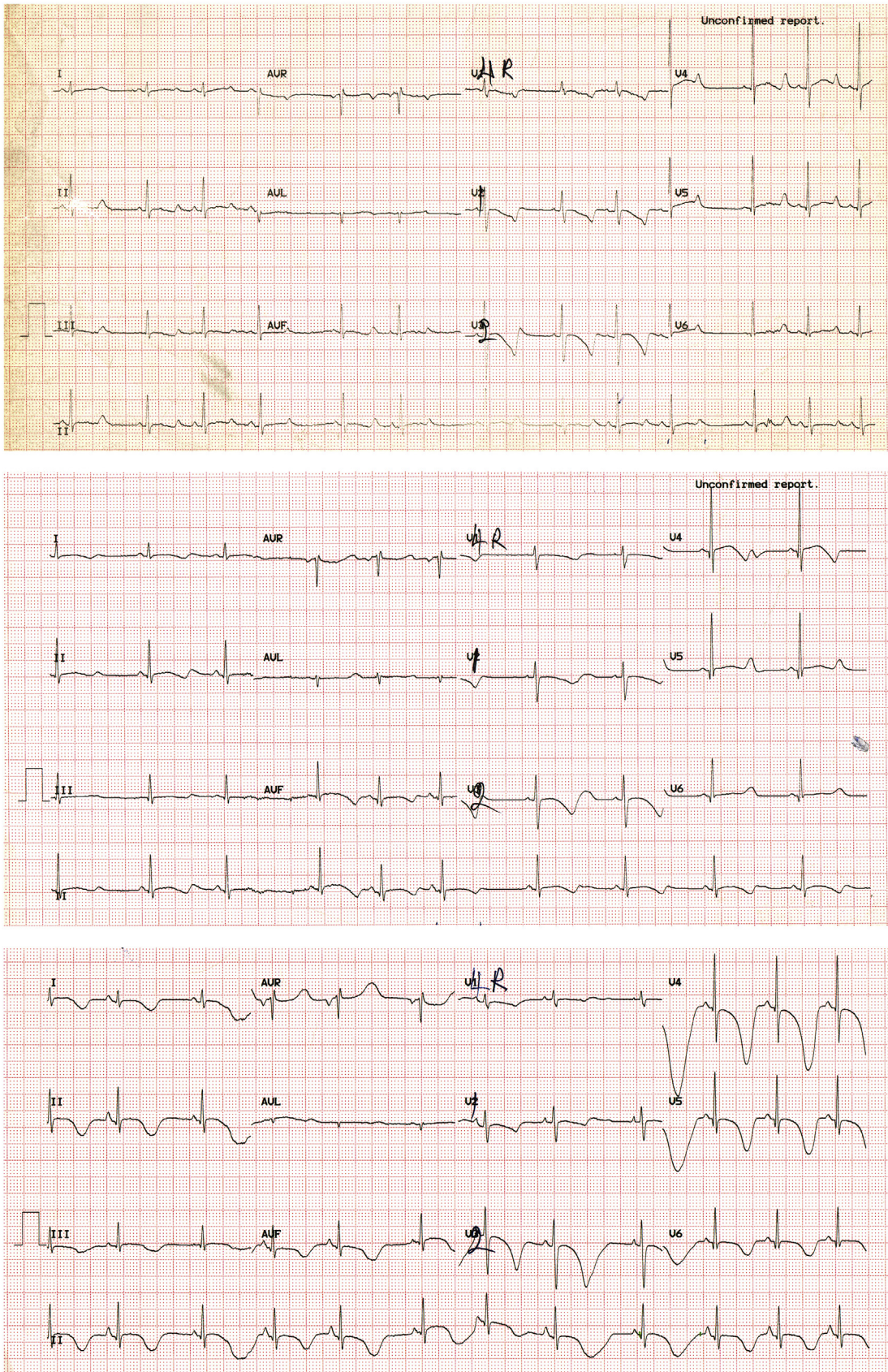


Fig. 1. Variation of T wave in a patient with severe presentation of KCNH2 mutation.



Three patients (15%) had congenital abnormalities; 2 with congenital sensorineural hearing loss, and 1 with double aortic arch. Family history of definite LQTS was found in 5 (25%), and family history of cardiac arrest or unexplained sudden cardiac death was reported in 7 patients (35%).

### 3.2. Electrocardiographic characteristics

The mean value of the longest QTc interval in each patient was  $550.3 \pm 68.8$  msec (range 470–731 msec). Five patients (25%) had bradycardia for age. Four patients (20%) presented with torsades de pointes and/or ventricular fibrillation (TdP/VF). Five patients had cardiac arrest with no ECG documentation at the time of the arrest.

### 3.3. Triggers for cardiac events

Patients were divided into 3 groups; 10 patients (50%) developed cardiac symptoms at rest or sleep, and 6 patients (30%) developed cardiac events during exercise/stress/startle (adrenergically mediated cardiac events). Four patients (20%) were asymptomatic at presentation; 2 had ECG done for bradycardia and 2 were screened because of family history of LQTS.

### 3.4. Genetic analysis

Out of the 20 patients screened from 17 families, 15 (12 families) had pathogenic mutation or likely deleterious (likely pathogenic) variants in one of the 17 LQTS genes, all in either *KCNQ1*, *KCNH2*, or *SCN5A*. These were broken down to 6 (35%), 4 (24%) and 2 (12%) families with *KCNQ1*, *KCNH2* and *SCN5A* pathogenic or likely pathogenic mutations, respectively. All of these variants were not present in any of the 719 patients with whole exome study in our in-house database. Two patients had variants of unknown significance (VUS), 1 in *KCNH2* and the other in *ANK2*. In 3 patients, no pathogenic mutation was found in any of the 17 known LQT genes. The details of genetic variants and their classification are shown in Table 2.

As for *KCNQ1*, 6 patients (30%) had pathogenic mutation; 1 patient (5%) had a likely pathogenic mutation. In this group, two patients (siblings) with phenotype of Jervell and Lange-Nielsen syndrome (prolong QT interval and congenital sensorineural hearing loss) had c.1032 G > C (Homozygous) (p.Ala344 = ). An additional 2 unrelated patients with LQTS phenotype also had c.1032 G > C (p.Ala344 = , heterozygous). This is a synonymous variant (no amino acid change), but the mutation is located in splice site which may lead to splice aberration. Two unrelated patient had pathogenic c.940 G > A mutation (p.Gly314Ser). One patient had double missense mutation in the same codon (c.940 G > T and c.941 G > T) (p.Gly314Phe), with no previous report of its pathogenicity. In silico analysis indicated a deleterious effect of this variant.

As for *KCNH2*, 1 patient (5%) had a pathogenic mutation which was c.1838 C > T variant (p.Thr613Met). Three patients (15%) had likely pathogenic mutations according to ACMG guideline 2015. These variants were c.1882–1884 del (p.Gly628del), c.2086 C > T (p.Arg696Cys) and c.2453 C > G (p.Ser818Trp). One additional patient had c.2327T > C VUS variant (p.Leu776Pro).

As for *SCN5A*, 3 siblings in the same family had a likely pathogenic mutation, c.715 A > G (p.Ile239Val). One additional patient had c.4460 T > A (p.Met1487Lys), a likely pathogenic mutation, giving the percentage of families with LQT3 of 12%.

One patient had VUS in *ANK2*. The variant was c.8404 G > C (p.Asp2802His) (Class 3 according to ACMG/AMP, 2015 guideline). There were no identifiable rare variants in the 17 known LQTS gene in 3 patients (18%).

### 3.5. Clinical characteristic sub-grouped by genetic mutation

Average age at presentation, mean of the longest QTc interval, mean Schwartz's score of each pathogenic or VUS are shown in Table 3.

In 7 patients with *KCNQ1* mutation, 3 were asymptomatic (1 patient presented with fetal bradycardia, 2 with congenital sensorineural hearing loss) and 4 developed stress-induced arrhythmia or syncope.

Most patients with *KCNH2* mutation developed symptoms at rest or sleep, only 1 patient developed symptom during running. Almost all of our LQTS type 2 patients had severe phenotype (cardiac arrest) and had ICD implanted. Some of these patients with severe symptoms demonstrated dynamic changing of T morphologies with time (Fig. 1). This patient has c.1882–1884 del (p.Gly628del), which would predict a severe disruption of the protein subunit of IKr channel.

Three patients with *SCN5A* mutation developed symptoms at rest and the other patient was asymptomatic with siblings diagnosed with congenital LQTS.

### 3.6. Treatment and follow-up

At the time of this study, the 20 patients have been followed for a median duration of 5 years (range 0.3–11.7 years). All except one patients received beta-blocker; either atenolol or propranolol. Nine patients (45%) were treated with an implantable cardioverter-defibrillators (ICD); 8 of whom had cardiac events during sleep or at rest. One patient with *SCN5A* mutation died suddenly at the age of 16 years old while she was talking with her siblings. She did not have an ICD due to lack of symptom and was taking beta-blocker at the time of death. Her QTc was 492 msec. Her two sisters with sensorineural hearing loss had cardiac syncope during sitting at the age of 6.2 and 10.2 years old after non-compliance with beta-blocker. Additional five patients had appropriate ICD shock. Survival from serious cardiac event (death or ventricular arrhythmia) after diagnosis is showed in Fig. 2.

## 4. Discussion

Most cardiac arrhythmia in congenital long QT syndrome

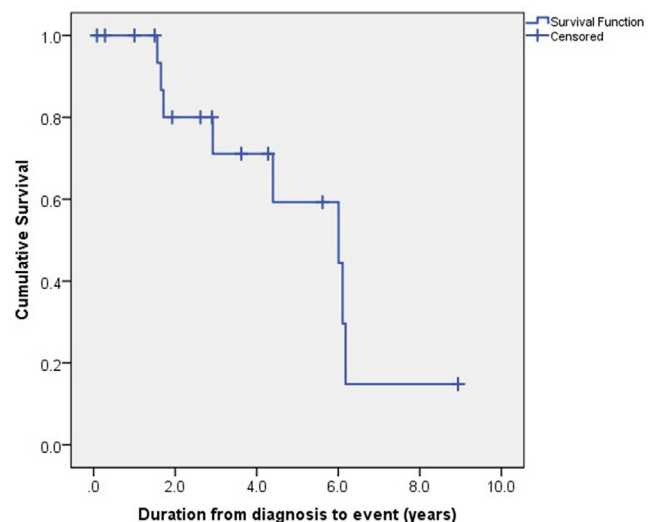


Fig. 2. Kaplan–Meier curve demonstrating time to first serious cardiac event (death or ventricular arrhythmia) after diagnosis categorized by genetic mutation (N = 20).

**Table 4**  
Genotype-Specific Prevalence of Long QT syndrome in East Asian countries.

Type	Gene/ Locus	Japan		China		Korea	Taiwan	Present study
		Horigome H. et al., 2010 [7]	Yoshinaga M. et al., 2014 [20] <sup>a</sup>	Liu W. et al., 2002 [10]	Gao Y. et al., 2016 [18]	Lee YS. et al., 2013 [19]	Chang YS. et al., 2015 [11]	17 Families (20 Probands)
		58 Probands	117 Probands	42 Probands	230 Probands	62 Probands	5 Probands	(20 Probands)
		n (%)	n (%)	n (%)	n (%)	n (%)	n (%)	n (%)
LQT1	KCNQ1	11 (19%)	35 (30%)	4 (10%)	80 (34.8%)	9 (14.5%)	1 (20%)	6 (35%)
LQT2	KCNH2	11 (19%)	22 (18.8%)	3 (7%)	101 (43.9%)	5 (8.1%)	1 (20%)	4 (24%)
LQT3	SCN5A	6 (10.5%)	17 (14.5%)	N/A	5 (2.2%)	3 (4.8%)	N/A	2 (12%)
LQT5	KCNE1	N/A	5 (4.3%)	N/A	N/A	N/A	N/A	0
LQT6	KCNE2	N/A	N/A	N/A	N/A	N/A	N/A	0
LQT7	KCNJ2	N/A	2 (1.7%)	N/A	N/A	3 (4.8%)	N/A	0
LQT8	CACNA1C	1 (1.7%)	1 (0.8%)	N/A	N/A	1 (1.6%)	N/A	0
LQT13	KCNJ5	N/A	1 (0.8%)	N/A	N/A	N/A	N/A	0
Negative		12 (20.7%)	44 (37.6%)	35 (83%)	44 (19.1%)	21 (33.9%)	3 (60%)	3 (18%)
Others		N/A	N/A	N/A	N/A	N/A	N/A	VUS in ANK2 (LQT4) 1 (6%) KCNH2 1 (6%)
Not test		17 (29.3%)	None	None	None	20 (32.2%)	None	None

VUS = variants of unknown significance.

<sup>a</sup> Multiple mutation in some patients.

patients results from mutation in cardiac ion channels including potassium, calcium and sodium channels. Historically, LQTS were classified into two groups by the inherited pattern: autosomal dominant (Romano-Ward syndrome), and autosomal recessive with neurosensory deafness (Jervell and Lange-Nielsen syndrome). At present, pathogenic mutation in at least one of the 17 genes (detailed in Methods section) can be found in 50–80% of all clinically diagnosed LQTS patients [5]. The yield is less in the more recent cohorts of patient in which patients with less severe phenotypes were included [16]. The high yield of genetic testing in our cohort could be partly explained by the fact that most of our cases were symptomatic with relatively long QT intervals. Genotypic classification can be used to guide individualized treatment in these patients [17,18]. The use of clinical presentation, heart rate, QTc interval, ECG phenotypes, T wave morphology and Schwartz's score cannot differentiate among the types of LQTS with complete certainty [19].

Of the 17 genes, most (75%) of the LQTS patients had pathogenic mutation in only one of the 3 genes: *KCNQ1* (30–35%), *KCNH2* (25–30%), and *SCN5A* (5–10%) [20,21]. There are few studies on the percentage of each type of LQTS in East Asian countries [8,11,12,22–24], as shown in Table 4. Similar to the Western countries, the majority of the East Asian patients had LQT1, and LQT2. From the present study, we found that 18% of our patients had negative genetic mutation in the known 17 of LQT genes, consistent with previous reports. As for gene-positive patients, the distributions of pathogenic or likely pathogenic genetic variants in our population (using family-based percentage) were 35%, 24%, and 12% in *KCNQ1*, *KCNH2*, and *SCN5A*, respectively. Two patients (12%) had VUS and 3 (18%) were negative for the known LQT genes variants. Mean age at diagnosis seemed to be lower in LQTS type 1 patients, which is not unexpected as LQT1 patients present with symptoms at a younger age. The mean QTc was slightly higher in negative LQT gene mutation in our cohort. Most of the LQT1 patients developed, as expected, symptoms during exercise and had typical broad-based prolonged T wave. Both patients with Jervell and Lange-Nielsen syndrome in our study were asymptomatic and were presented with bilateral congenital sensorineural hearing loss. Most of the LQT2 patients developed symptoms during sleep or rest and had bifid T wave, and almost all had previous history of cardiac arrest, indicating more severe phenotype than LQT1 patients in our population.

#### 4.1. Study limitations

Our study was based on patients who presented to the hospital, which likely represent only the most severe cases of LQTS patients [16]. Moreover, we still lack an appropriate screening program for family members of genotype positive patients so the patients who were asymptomatic might not have come to medical attention and long QT syndrome might still be under recognized in Thailand. Further genetic testing in family members should be provided to identify those family members with pre-symptomatic congenital long QT syndrome.

#### 5. Conclusions

Our study is the first to report prevalence of genetic mutations, and demonstrate phenotype-genotype characteristics in congenital long QT syndrome patients in Thailand. Seventy-one percent of the LQTS families can be classified as LQT1, 2 or 3.

#### Conflicts of interest statement

None.

#### Acknowledgements

We, firstly, would like to offer our heartfelt thanks to the Center of Excellence in Clinical Virology, Faculty of Medicine, Department of Pediatrics, Chulalongkorn University, Bangkok, Thailand for laboratory supports. Secondly, we greatly appreciate our colleague pediatric and adult cardiologists who referred the patients for genetic testing.

Thirdly, we dearly credited Professor Kanya Suphapeetiporn, Professor Vorasuk Chotelersak, Mr. Chalermopol Srichomthong, and staff of the Center of Excellence in Medical Genetic, Faculty of Medicine, Department of Pediatrics, Chulalongkorn University, Bangkok, Thailand for their helps with whole exome sequencing and molecular genetic interpretation. Lastly, Dr. Min-Tai Lin from The National Taiwan University for technical help with Sanger sequencing is warmly appreciate.

This study is funded by The Thailand Research Fund, Grant number RSA5980077.

Professor Yong Poovorawan is supported by The Research Chair

Grant NSTDA (P-15-50004), Ratchadaphiseksomphot Endowment Fund of the Center of Excellence in Clinical Virology (GLE 58-014-30-004).

## References

- [1] Schwartz PJ, Stramba-Badiale M, Crotti L, et al. Prevalence of the congenital long-QT syndrome. *Circulation* 2009;120:1761–7.
- [2] Zaklyazminskaya EV, Abriel H. Prevalence of significant genetic variants in congenital long QT syndrome is largely underestimated. *Front Pharmacol* 2012;3:72.
- [3] Vincent GM. The long QT syndrome. *Indian Pacing Electrophysiol J* 2002;2:127–42.
- [4] Campuzano O, Sarquella-Brugada G, Brugada R, Brugada J. Genetics of channelopathies associated with sudden cardiac death. *Glob Cardiol Sci Pract* 2015;2015.
- [5] Tester DJ, Ackerman MJ. Genetics of long QT syndrome. *Method DeBakey Cardiovasc J* 2014;10:29–33.
- [6] Crotti L, Celano G, Dagradi F, Schwartz PJ. Congenital long QT syndrome. *Orphanet J Rare Dis* 2008;3:18.
- [7] Vyas B, Puri RD, Namboodiri N, et al. Phenotype guided characterization and molecular analysis of Indian patients with long QT syndromes. *Indian Pacing Electrophysiol J* 2016;16:8–18.
- [8] Horigome H, Nagashima M, Sumitomo N, et al. Clinical characteristics and genetic background of congenital long-QT syndrome diagnosed in fetal, neonatal, and infantile life: a nationwide questionnaire survey in Japan. *Circ Arrhythm Electrophysiol* 2010;3:10–7.
- [9] Murakoshi N, Aonuma K. Epidemiology of arrhythmias and sudden cardiac death in Asia. *Circ J* 2013;77:2419–24431.
- [10] Koo SH, Ho WF, Lee EJ. Genetic polymorphisms in KCNQ1, HERG, KCNE1 and KCNE2 genes in the Chinese, Malay and Indian populations of Singapore. *Br J Clin Pharmacol* 2006;61:301–8.
- [11] Liu W, Yang J, Hu D, et al. KCNQ1 and KCNH2 mutations associated with long QT syndrome in a Chinese population. *Hum Mutat* 2002;20:475–6.
- [12] Chang YS, Yang YW, Lin YN, et al. Mutation analysis of KCNQ1, KCNH2 and SCN5A genes in Taiwanese long QT syndrome patients. *Int Heart J* 2015;56:450–3.
- [13] Saprungruang A, Vithessonthi K, La-orkhun V, Lertsapcharoen P, Khongphatthanayothin A. Clinical presentation and course of long QT syndrome in Thai children. *J Arrhythm* 2015;31:296–301.
- [14] Priori SG, Wilde AA, Horie M, et al. HRS/EHRA/APHRS expert consensus statement on the diagnosis and management of patients with inherited primary arrhythmia syndromes: document endorsed by HRS, EHRA, and APHRS in May 2013 and by ACCF, AHA, PACES, and AEPC in June 2013. *Heart Rhythm* 2013;10:1932–63.
- [15] Richards S, Aziz N, Bale S, et al. Standards and guidelines for the interpretation of sequence variants: a joint consensus recommendation of the American College of medical genetics and genomics and the association for molecular pathology. *Genet Med* 2015;17:405–24.
- [16] Hofman N, Tan HL, Alders M, et al. Yield of molecular and clinical testing for arrhythmia syndromes: report of 15 years' experience. *Circulation* 2013;128:1513–21.
- [17] Modell SM, Lehmann MH. The long QT syndrome family of cardiac ion channelopathies: a HuGE review. *Genet Med* 2006;8:143–55.
- [18] Bastiaenen R, Behr ER. Sudden death and ion channel disease: pathophysiology and implications for management. *Heart* 2011;97:1365–72.
- [19] Zhang L, Timothy KW, Vincent GM, et al. Spectrum of ST-T-wave patterns and repolarization parameters in congenital long-QT syndrome: ECG findings identify genotypes. *Circulation* 2000;102:2849–55.
- [20] Medeiros-Domingo A, Iturralde-Torres P, Ackerman MJ. Clinical and genetic characteristics of long QT syndrome. *Rev Española Cardiol* 2007;60:739–52.
- [21] Schwartz PJ, Priori SG, Spazzolini C, et al. Genotype-phenotype correlation in the long-QT syndrome: gene-specific triggers for life-threatening arrhythmias. *Circulation* 2001;103:89–95.
- [22] Gao Y, Liu W, Li C, et al. Common genotypes of long QT syndrome in China and the role of ECG prediction. *Cardiology* 2016;133:73–8.
- [23] Lee YS, Kwon BS, Kim GB, et al. Long QT syndrome: a Korean single center study. *J Kor Med Sci* 2013;28:1454–60.
- [24] Yoshinaga M, Kucho Y, Sarantuya J, et al. Genetic characteristics of children and adolescents with long-QT syndrome diagnosed by school-based electrocardiographic screening programs. *Circ Arrhythm Electrophysiol* 2014;7:107–12.