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Keywords: Camu-camu; Myrciaria dubia; Phenolics; Ellagitannins; Ellagic acid conjugates; Proanthocyanidins; Antioxidant capacity; Vitamin C; Dehydrated powders.

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Abstract: The aims of this study were the evaluation of polyphenols and vitamin C content, and antioxidant capacity of dehydrated pulp powder and the dried flour obtained with the skin residue remaining after pulp preparation from camu-camu (Myrciaria dudia). Fifty three different phenolics were characterized by HPLC-DAD-ESI-MS-MS and UPLC-HR-QTOF-MS-MS and their amount in camu-camu flour was higher than the pulp powder (4007.95 mg/100 g vs 48.54 mg/100 g). In both powders the flavonol myricetin and conjugates, ellagic acid and conjugates and ellagitannins were detected. Cyanidin 3-glucoside, and quercetin and its glycosides were only found in the pulp powder, while proanthocyanidins were only present in the flour (3.5g/ 100g, mean degree of polymerization 3). The vitamin C content was smaller in pulp powder (3.5%) than in the flour (9.1%). The radical-scavenging capacity of both powders was determined by the DPPH, ABTS and ORAC assays, and was higher for camu-camu flour as could be expected for its higher phenolics and vitamin C content.







CENTRO DE EDAFOLOGÍA Y BIOLOGÍA APLICADA DEL SEGURA (CEBAS)

Prof. G. Birch

**Editor Food Chemistry** 

15<sup>th</sup>-September-2012

Dear Prof. Birch,

Please find with this message the article entitled 'Ellagic acid derivatives, ellagitannins, proanthocyanidins and other phenolics, vitamin C and antioxidant capacity of two powder products from camu-camu fruit (*Myrciaria dubia*)', for consideration to be published in *Food Chemistry*.

Although there are previous articles on camu-camu antioxidant activity and phenolic composition, this is the first study in depth of the phenolic compounds present in this berry. Particularly relevant are the proanthocyanidins that are the main constituents in the dried powder prepared from the skin residue of pulp preparation. Camu-camu is an emerging Amazonian berry that has a promising future in the field of functional foods and nutraceuticals.

Yours sincerely,

Francisco A. Tomás-Barberán

Highlights.

- Although there are previous articles on camu-camu antioxidant activity and phenolic composition, this is the first study in depth of the phenolic compounds present in this berry.

- 53 phenolic compounds were characterized by HPLC-DAD-ESI-MS-MS and High-Resolution UPLC-Q-TOF MS-MS.

- Particularly relevant are the pranthocyanidins that are the main constituents in the dried powder prepared from the skin residue of pulp preparation (3.5 g/100 g powder). These had a mean degree of polypmerization of 3, and were oligomers of catechin, gallocatechin, catechin gallate and gallocatechin gallate.

- This is also a relevant source of ellagitannins, free ellagic acid, and glycosidic conjugates.

- Camu-camu is an emerging Amazonian berry that has a promising future in the field of functional foods and nutraceuticals. The preparation of powders is a convenient procedure for camu-camu ingredients for these industries.

1	Ellagic acid derivatives, ellagitannins, proanthocyanidins and other phenolics,
2	vitamin C and antioxidant capacity of two powder products from camu-camu
3	fruit (Myrciaria dubia)
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#### 22 Abstract

The aims of this study were the evaluation of polyphenols and vitamin C content, and antioxidant 23 capacity of dehydrated pulp powder and the dried flour obtained with the skin residue remaining 24 after pulp preparation from camu-camu (Myrciaria dudia). Fifty three different phenolics were 25 characterized by HPLC-DAD-ESI-MS-MS and UPLC-HR-QTOF-MS-MS and their amount in 26 27 camu-camu flour was higher than the pulp powder (4007.95 mg/100 g vs 48.54 mg/100 g). In both powders the flavonol myricetin and conjugates, ellagic acid and conjugates and ellagitannins were 28 detected. Cyanidin 3-glucoside, and quercetin and its glycosides were only found in the pulp 29 30 powder, while proanthocyanidins were only present in the flour (3.5g/ 100g, mean degree of polymerization 3). The vitamin C content was smaller in pulp powder (3.5%) than in the flour 31 (9.1%). The radical-scavenging capacity of both powders was determined by the DPPH, ABTS and 32 ORAC assays, and was higher for camu-camu flour as could be expected for its higher phenolics 33 and vitamin C content. 34

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36 <u>Keywords</u>: Camu-camu; Myrciaria dubia; Phenolics; Ellagitannins; Ellagic acid conjugates;
 37 Proanthocyanidins; Antioxidant capacity; Vitamin C; Dehydrated powders.

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#### 40 **1. Introduction**

Consumption of fruits and vegetables is known to lower the risk of several diseases, including
cardiovascular diseases, cancer and stroke (Willett, 2002) and such health benefits are mainly attributed to the content in antioxidant compounds and particularly vitamin C and phytochemicals such
as polyphenols and carotenoids (Steinmetz & Potter, 1996).

Among the fruits, berries are reported to exhibit many beneficial effects in human health (Seeram, 2010; Seeram, 2012). This is well documented by several studies and has been the focus of much current research on chemoprevention of cardiovascular diseases (Basu, Rhone, & Lyons, 2010). As well as being a good source of vitamin C, dietary fiber, and minerals, berries contain high levels of natural polyphenol components that act as potent antioxidants.

50 Among the berries, those produced by the genus *Myrciaria* have received attention recently due to their high content in antioxidants including vitamin C and polyphenols. Thus Myrciaria 51 52 dubia (camu-camu) (da Silva et al., 2012), M. jaboticaba (Leite, Malta, Riccio, Eberlin, & Pastore, 2011; Wu, Dastmalchi, Long, & Kennelly, 2012) and M. vexator (Dastmalchi et al., 2012) fruits 53 have been recently studied. An increase of plasma antioxidant potential of rats after the intake of 54 freeze-dried jaboticaba peel has recently been demonstrated (Leite et al., 2011). Camu-camu is a 55 native Amazonian bush from the Myrtaceae family. Its fruits are round berries having an average 56 diameter of 2.5 cm; its pulp is pink, while its skin is green when immature and changes during the 57 ripening process from green to red-purple due to the presence of anthocyanins (Zanatta & 58 Mercadante, 2005). Camu-camu is appreciated for its high content of ascorbic acid, which varies 59 from 1.9-2.3 g / 100 g fresh matter depending on the maturity stage (Chirinos, Galarza, Betalleluz-60 Pallardel, Pedresch, & Campos, 2010). Compared to other fruits, camu-camu is considered one of 61 the richest sources of vitamin C, with a higher content than acerola (Rufino, Alves, de Brito, Péere-62 Jiménez, Saura-Calixto, & Mancini-Filho, 2010). 63

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Camu camu fruits have a significant use history as edible and as traditional medicines with different ethnobotanical uses throughout the tropical and subtropical world (Flores, 1998).

In addition to vitamin C, several studies have reported that camu-camu is a good source of bioactive phytochemicals. Different concentrations of flavan-3-ols, flavonols, flavanones, gallic acid and ellagic acid were also detected (Chirinos et al., 2010; de Souza Schmidt Gonçalves, Lajolo, & Genovese, 2010; Genovese, Da Silva Pinto, De Souza Schmidt Gonçalves, & Lajolo, 2008; Reynertson, Yang, Jiang, Basile, & Kennelly, et al., 2008; Rufino et al., 2010), although no complete study with a detailed characterization of the main phenolic compounds (proanthocyanidins, ellagitannins and ellagic acid conjugates) has been reported to date.

73 Research on phenolic compounds and health has been a focus of interest in the last decade due to their antioxidant activity and free radical-scavenging ability (Tomás-Barberán & Andres-74 Lacueva, 2012). In particular, the polyphenols seem to be involved in several beneficial effects in 75 human health (Ross & Kasum, 2002; Tomás-Barberán & Andres-Lacueva, 2012; Traka & Mithen, 76 77 2011). The results obtained so far suggest the potential application and positive biological effects of camu-camu berries and derived food products in human health (Inoue, Komoda, Uchida, & Node, 78 79 2008; Yazawa, Suga, Homna, Shirosaki, & Koyama, 2011), although human intervention studies 80 are necessary.

81 Camu-camu consumption as fresh fruit is rare due to its high acidity and bitterness (Flores, 82 1998). It is mainly consumed as juice, or as an ingredient for jellies, ice-creams, liquors, wines or 83 other foods (Cavalieri, 1993; Villachica, 1997; Franco & Janzantti, 2005). Its commercial interest 84 has particularly increased due to its high vitamin C content. However, due to the loss of this vitamin during postharvest storage and processing, alternative technological processes need to be developed 85 to preserve the nutritional value of camu-camu berries. Water is the main component of the fruits 86 and has a direct implication on quality loss through its effect on many physicochemical and 87 88 biological attributes. Therefore, the dehydration process has been suggested as an alternative to obtain camu-camu ingredients that in powdered form can be used to enhance vitamin C andbioactive compounds of different food products.

Few studies have reported a thorough chemical characterization, particularly phenolic compounds characterization, of camu-camu fruit. The phenolics content has been often evaluated as total polyphenols in the fruits, and the main components previously identified were ellagic acid, quercetin, rutin and gallic acid (Chirinos et al., 2010; De Souza et al., 2010; Reynertson et al., 2008; Rufino et al., 2010). No information has previously been reported either on the proanthocyanidins or ellagitannins composition of camu-camu fruit or the powder products produced from the berry pulp and skins by a dehydration processes.

98 Therefore, this study aims to the chemical characterization of two different powders 99 obtained from camu-camu fruit, one from the pulp and the second one from the remaining peel and 100 pulp (flour). Our main objective was to characterize the phenolic compounds, quantify the vitamin 101 C and determine the antioxidant capacity due to the nutritional potential which they might exhibit.

- 102
- 103 **2.** Materials and methods

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105 2.1 Chemicals
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Standards of gallic acid, ellagic acid, quercetin, myricetin, rutin, catechin, and cyanidin 3-O-106 glucoside (Cy-glc), sodium acetate, potassium phosphate, o-phenylene diamine (OPDA) manganese 107 dioxide, sodium fluoride. ethylenediaminetetraacetic acid 108 (EDTA), 2,2'-azino-bis(3-109 ethylbenzothiazoline-6-sulphonic acid) (ABTS), 2,2'-azobis(2-amidino-propane)dihydrochloride (AAPH), and 2,2-diphenyl-1-picrylhydrazyl (DPPH) were purchased from Sigma-Aldrich 110 (Darmstadt, Germany). Phloroglucinol, ascorbic acid, dehydro-ascorbic acid, potassium chloride, 111 hydrochloric acid, methanol, acetonitrile, acetic acid, and formic acid were from Merck (Darmstadt, 112 113 Germany). Vescalagin was used as external standard for ellagitannin quantification and was kindly provided by Prof. Stephan Quideau (University of Bordeaux, France). Water was obtained from
Milli-Q apparatus (Millipore, Milford, MA, US).

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117 *2.2 Samples* 

Two powders from camu-camu fruit were provided by Agricola San Juan de la Amazonia 118 119 Europa (ASJAEU) (Valencia, Spain). Both powders were obtained from mature turning color maturity state Myrciaria dubia fruits harvested during the summer 2010 in Pucallpa Ucavali (Peru). 120 One powder was produced from the pulp (pulp powder), dried in a spray drier at an inlet 121 temperature of 185 °C and an outlet temperature of 95 °C. The second powder (flour) was produced 122 123 from the remaining peel with adhered pulp after pulp extraction, and was dried in a fluid bed drier at a temperature of 45-55 °C. Therefore two different drying processes were applied to obtain these 124 powders and this was due to the different water content of the raw materials which was about 90% 125 for the pulp fraction and about 20% for peel and pulp fraction. Both powders were packaged under 126 vacuum and stored at 4 °C until used. 127

128

#### 129 2.3 Determination of phenolic compounds

The phenols extraction was performed as follows: 1 g pulp powder was dissolved in 25 mL 130 of 50% methanol in water acidified with1% formic acid; 1 g camu-camu flour was dissolved in 25 131 mL of 50% methanol in water. Different extractions were carried out in order to achieve the better 132 phenols recovery using variable ratio of water and methanol, with and without formic acid. The use 133 134 of 50% methanol in water acidified with 1% formic acid and methanol 50% for pulp powder and camu-camu flour, respectively, allowed the better recovery of phenols. The powders were vortexed 135 for 2 minutes, sonicated for 15 minutes (Sonicator Branson 5510, Emerson, Danbury, CT, US) and 136 centrifuged at 3000 rpm for 15 min at 4 °C (Centrifuge 5804 R, Eppendorf, Hamburg, Germany). 137 138 The supernatants were recovered, freeze-dried under vacuum, suspended in 2 mL of the corresponding extraction solvent, then filtered with a PVDF filter 0.22 µm (Millipore, Billerica,
MA, US) and injected in LC/MS.

The identification and quantification of phenols were performed using an Agilent 1100 141 Series equipment (Agilent, Santa Clara, CA, US) equipped with G1312A binary pump, G1313A 142 autosampler, G1315B photodiode array detector, and G1322A degasser controlled by the Agilent 143 144 software v. A08.03. HPLC was coupled with a detector MSD Trap 1100 Series (Agilent) with an electrospray ionization system (ESI), with the following conditions: the heated capillary was 350 °C 145 146 and 3-3.5 kV voltage, mass scan (MS) and MS/MS were measured from 100 to 1500 m/z. Collisioninduced fragmentation experiments were performed in the ion trap using helium as the collision gas, 147 and the collision energy was set at 75%. Mass spectrometry data were acquired in the negative 148 ionization modes. A column Pursuit XRs C18 250x40mm from Varian (Agilent, Santa Clara, CA, 149 US) was used and a flow rate of 0.8 mL min<sup>-1</sup>. The used solvents were 1% formic acid in water (A) 150 and acetonitrile (B) which was in the following separation gradient: 1% B in A at 0 min, 9% B at 10 151 min, 35% B at 48 minutes, and 95% B at 52 minutes, following by washing and conditioning steps. 152 Data were registered from 250 nm to 700 nm and the phenolic compounds were quantified at 280 153 mn, 360 mn, and 520 nm, depending on the type of phenolic compound. Integrations were 154 performed by Agilent ChemStation for LC 3D, Rev. B.01.03 SR1. MS trap control was carried out 155 Bruker Daltonic version 5.2. 156

Quantification of gallic acid, ellagic acid, myricetin and their derivatives, and ellagitannins was carried out with the calibration curves obtained for gallic acid (1-300 mg  $L^{-1}$ ), ellagic acid (1-300 mg  $L^{-1}$ ), rutin (1-300 mg  $L^{-1}$ ), and vescalagin (0.1-100 mg  $L^{-1}$ ), respectively, at the appropriate wavelengths. All the samples and standards were injected in triplicate.

Moreover, samples of pulp powder and flour were analyzed by UPLC-Q-TOF (Agilent) in order to further confirm the phenolic compounds identified by MS Trap. The Q-TOF equipment had the following conditions: ESI gas temperature 280 °C, drying gas 9 l/min, nebulizer 35 psig, sheath gas temp 400 °C, sheath gas flow 12 l/min. MS TOF fragmentor 100V, mas range 100-1500,
negative mode. The column was Poroshell 120, EC-C18, 2.7 μm, 30 x 100 mm (Agilent); the
eluents were 0.1% formic acid in water (A) and acetonitrile acidified with 0.1% formic acid (B).
The separation gradient started with 1% B in A at 0 min, 9% at 3 min, 48% at 20 minutes, and 95%
at 23 minutes, following by washing and conditioning steps. The volume injected was 2 μL and the
flow rate was 0.4 mL/min. The determinations were carried out in triplicate.

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#### 171 2.4 Analysis of proanthocyanidins

Proanthocyanidins were quantified as previously reported by Kennedy and Jones (2001) 172 using an acid catalysis in the presence of phloroglucinol. Briefly, 50 mg sample were dissolved in 173 800  $\mu$ L of phloroglucinol (50 mg mL<sup>-1</sup>) added with ascorbic acid (10 mg mL<sup>-1</sup>) dissolved in 174 methanol acidified with 0.1 N HCl. The reaction mix was vortexed and incubated at 50 °C for 20 175 minutes. The reaction tube was placed in ice and 1 mL 40 mM sodium acetate was added in order to 176 stop the reaction. The sample was centrifuged, filtered with a 0.22 µm PVDF filter, and injected in 177 LC/MS. The identification and quantification of catechin, epicatechin and their derivatives was 178 carried out by Agilent 1100 Series apparatus equipped with detector MSD Trap 1100 Series 179 (Agilent), as previously described (Buendía et al., 2010; Vallejo, Marín, & Tomás-Barberán, 2012). 180 Briefly, the column used was an Atlantis C18 (250 mm x 4.6 mm, 5 µm particle size; Water, 181 Milford, MA, US) operating at a flow rate of 1 mL min<sup>-1</sup>; the injection volume was 10 µL. The 182 solvents were 2.5% acetic acid in water (A) and acetonitrile (B) with a separation gradient starting 183 with 3% B in A at 0 min, 9% at 5 min, 16% at 15 min, 50% at 45 min followed by washing and 184 conditioning steps. The phenolic compounds were quantified at 280 nm with a calibration curve of 185 catechin (1-300 mg L<sup>-1</sup>). The MS detector operated in negative ion-mode. The Trap interface and 186 187 ion optics settings were the following: spray potential 65 psi; nebulization gas (nitrogen) relative

188 flow value 11; capillary temperature 325 °C. Full-scan mass spectra were acquired scanning the 189 range 100–800 m/z.

190

## 191 *2.5 Determination of ascorbic and dehydroascorbic acids*

Quantification of ascorbic acid and dehydroascorbic acid was carried out as previously 192 described by Zapata and Dufour (1992). Briefly, 50 mg sample were dissolved in 10 ml of 5% 193 methanol added with citric acid (21 g  $L^{-1}$ ) and EDTA (0.5 g  $L^{-1}$ ). The homogenate was filtered 194 195 through a 0.45 µm PVDF filter and purified on a C18 Sep-Pak cartridge (Waters, Mil-ford, MA, US). The HPLC analysis was achieved after derivatization of DHAA into the fluorophore 3-(1,2-196 dihydroxyethyl) furol [3,4-b]quinoxaline-1-one (DFO), with 1,2-phenylenediamine dihydrochloride 197 (OPDA). Standard solutions, column conditioning, mobile phase, flow rate, wavelengths and 198 derivatization procedures used were previously reported by Gil, Ferreres, and Tomás-Barberán 199 200 (1999), and Martínez-Sánchez, Tudela, Luna, Allende, and Gil (2011). The results were expressed as g ascorbic acid and dehydroascorbic acid per 100 g powder. 201

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#### 203 *2.6 Antioxidant capacity assays*

The antioxidant capacity of both powders was carried out through three different methods measuring the free radical scavenging capacity, such as DPPH, ABTS and ORAC assays.

The free radical scavenging activity determining with DPPH was in accordance to Brand-Williams, Cuvelier ,and Berset (1995) with some modifications (Espín, Soler-Rivas, Wichers, & García-Viguera, 2000; Llorach, Tomás-Barberán, & Ferreres, 2004). The DPPH solution was diluted with methanol to an absorbance of 1.00 ( $\pm$  0.03) at 515 nm. In a 96-wells micro plate (Nunc, Roskilde, Denmark), 250 µL of DPPH solution were placed in each well and 2 µL sample were added. The sample was dissolved in 70% methanol (20 g L<sup>-1</sup>) and, after centrifugation, it was serially diluted.

The ABTS method was performed according with Mena et al. (2011). The ABTS solution 213 was diluted with water to an absorbance of 1.00 ( $\pm$  0.03) at 414 nm. In a 96-wells micro plate 214 (Nunc, Roskilde), 250 µL of ABTS solution were put in each well and 2 µL sample were added. 215 The sample was dissolved in water (20 g  $L^{-1}$ ) and, after centrifugation, it was serially diluted. For 216 both assays, the reaction kinetic was monitored for 50 minutes at 25 °C by micro plate reader 217 (Infinite® M200, Tecan, Grödig, Austria). A calibration curve was made by adding increasing 218 concentration of Trolox ranged from 50 µM to 1000 µM; each concentration was assayed in 219 220 quadruplicate, as well each sample.

The free radical scavenging activity determined by ORAC assay was in accordance to Prior 221 et al., (2003) with some modifications. In a 96-wells micro plate, 100 µL 14 µM fluoresceine 222 prepared in 75 mM phosphate buffer pH 7.4, 20 µL sample (or standard) and 30 µL 75 mM 223 phosphate buffer pH 7.4 were placed into each well. After 15 minutes incubation at 37 °C, 30 µL 224 AAPH (21.6 mg/mL) were added. Readings were carried out with a fluorescent microplate reader 225 (Multi-Detection Microplate Reader, Synergy TM HT, Biotek Instruments USA) which was 226 programmed to read the fluorescence with an excitation wavelength of 485 nm and an emission 227 wavelength of 528 nm at 1 min interval for 90 minutes using software Gen 5<sup>TM</sup>. Calibration curve 228 was obtained with increasing concentration of Trolox prepared in 75 mM phosphate buffer pH 7.4, 229 ranged from 5  $\mu$ M to 50  $\mu$ M. 230

The results were expressed as µM of Trolox per g of sample. Each concentration was
assayed in quadruplicate, as well as each sample.

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**3. Results and discussion** 

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236 *3.1 Phenolics characterization* 

The phenolic compounds characterized in camu-camu powders are shown in Table 1 and 237 Figure 1A, 1B and 1C. The UV spectra of the different compounds recorded with a Diode Array 238 239 Detector (DAD) showed that flavonols, ellagic acid conjugates, ellagitannins and proanthocyanidins 240 were the main polyphenols present. One anthocyanin was detected in pulp powder, and at least two hydroxycinnamic acid derivatives, which showed the characteristic UV/Vis spectrum of a caffeic 241 242 acid derivative (maximum at 332 nm, and shoulder at 298 nm and m/z 353) were detected, although their molecular weights could not be clearly established from the HPLC-MS analyses. The different 243 244 compounds were characterized by their UV spectra, their molecular ion and fragments obtained with an ESI-MS-MS detector (Table 1) and comparison, wherever possible, with authentic markers. 245 246 In addition, the different compounds were confirmed using a high resolution analysis on a UPLC-Q-TOF equipment in which the molecular formulae were calculated (Table 2). All identified 247 compounds showed a low error (-3.30) and a high score (better than 92.15) that indicated the 248 249 accuracy of the exact mass and the molecular formulae obtained.

The flavonols myricetin (3,5,7,3',4',5')-hexahydroxyflavone) (28) and its 3-O-hexoside (4) 250 (probably glucoside) and its two 3-O-pentoside isomers (6) (probably arabinoside and xyloside), 251 were detected. They showed characteristic UV spectra of flavonols with a free hydroxyl at 3 252 position for myricetin (UV band I maximum at 374 nm), and a blocked hydroxyl at 3 for the O-253 glycosides (UV band I maximum at 356 nm) (Table 1). The pseudomolecular ions recorded with the 254 HPLC-ESI MS and the fragments obtained confirmed these structures with the characteristic losses 255 of a hexosyl and a pentosyl residue respectively leading to the myricetin aglycone fragment at m/z256 257 317. The High-resolution Mass Spectrometry Analysis confirmed these structures (Table 2). In addition two quercetin (3,5,7,3',4'-pentahydroxyflavone) 3-O-glycosides were also detected, 258 quercetin 3-O-hexoside (26) and 3-O-pentoside (27) and these two were only detected in the pulp. 259 260 Rutin (quercetin 3-O-rutinoside) that was previously reported in camu-camu (Reynertson et al., 2008), was not detected in the analyzed powders. In addition, the flavanones naringenin and 261

eriodictyol, that had previously been reported (Akter, Oh, Eun, & Ahmed, 2011) were not detectedhere either.

264 The anthocyanins were easily detected with UV-Vis detector set at 520 nm. Only one 265 pigment was detected its UV-Vis spectrum with a maximum at 520 nm suggested a cyanidin derivative, and this was confirmed by the MS-MS analysis that showed that this was a cyanidin 266 267 hexoside. This is most probably Cyanidin 3-O-glucoside (29) that was previously reported in fresh camu-camu fruits (Zanatta & Mercadante, 2005). The structure was confirmed by high-resolution 268 Q-TOF MS-MS (Table 2). No delphinidin 3-O-glucoside was detected, although this anthocyanin 269 had been previously reported in camu-camu (Zanatta & Mercadante, 2005). This is not unexpected 270 271 as delphinidin is more susceptible to oxidative and thermal degradation than cyanidin.

A number of compounds with the characteristic UV spectrum ellagic acid were detected 272 (Table 1). The main one was free ellagic acid (7) that showed a pseudomolecular ion at m/z 301 and 273 274 coincided chromatographically with an authentic standard of this polyphenol. Nine other different compounds showed a UV spectrum similar to that of ellagic acid and all of them but compound 1 275 produced a fragment in the MS analysis at m/z 301 confirming that they were ellagic acid 276 conjugates. Compound 1 showed a pseudomeolecular ion at m/z 469 and a fragment at m/z 425 that 277 are characteristic of valoneic acid bilactone, a compound that often occurs in plants containing 278 ellagitannins. The conjugates included a O-hexoside (2) (most probably glucoside), a O-pentoside 279 (3) (most probably arabinoside or xyloside), and a O-deoxyhexoside (5) (most probably 280 rhamnoside). In addition, two isomeric compounds with pseudomolecular ion at m/z 489 (8, 9) were 281 282 detected. The fragmentation and the high resolutions MS-MS coincided with ellagic acid acetyl rhamnoside, previously reported in several Myrtaceae species, but that were not reported in camu-283 camu. In addition other ellagic acid derivatives were detected with pseudomolecular ions at m/z 585 284 (10) and m/z 719 (12, 13). All these compounds produced fragments at m/z 301 for ellagic acid, and 285 the molecular formulae were established with the high-resolution Q-TOF equipment, but these 286

compounds were not completely characterized as the fragmentation did not provide enoughinformation to suggest a chemical structure.

Ten ellagitannins were characterized in camu-camu powders. Their UV spectra provided 289 290 information on the number of hexahydroxydiphenoyl (HHDP) and galloyl residues that every compound had on the glucose nucleus (Salminen, Ossipov, Loponen, Haukioja, & Pihlaja, 1999). 291 292 The isomeric C-glucosides vescalagin (16) and castalagin (15) were characterized by the pseudomolecular ion at m/z 933, and the characteristic fragments that did not include the ellagic 293 294 acid fragment at m/z 301, and were confirmed by chromatographic comparisons with authentic standards. Two isomers of HHDP-galloyl-glucose (19, 48), with a pseudomolecular ion at m/z 633 295 296 and fragments at m/z 463 (M-H-gallov) and 301 (ellagic acid), were characterized. Two isomers of di-HHDP-galloyl-glucose (causarictin/potentillin) (23, 47), with a pseudomolecular ion at m/z 935 297 and fragments at *m*/*z* 917 (M-H-H<sub>2</sub>0), 633 (M-H-HHDP) and 301 (ellagic acid), were also detected. 298 299 Di-HHDP-glucose (pedunculagin) (18) with a pseudomolecular ion at m/z 783 and fragments at m/z300 481 (M-H-HHDP) and 301 was also detected, as well as digalloyl-HHDP-glucose (21) with m/z 785 and fragments at m/z 483 (M-H-HHDP) and 301, and trigalloyl-HHDP-glucose (tellimagrandin II) 301 (24) with m/z 937 and fragments at m/z 767 (M-H-galloyl), 741, 465 (M-H-galloyl-HHDP) and 301 302 (ellagic acid). 303

The different ellagitannins were confirmed by High Resolution MS analyses with the Q-TOF detector, with the calculation of the corresponding molecular formulae (Table 2).

306 Gallic acid (14) was also detected as well as an unidentified gallic acid derivative (25) with a 307 pseudomolecular ion at m/z 569.

Proanthocyanidins were also present in the camu-camu flour, although the UV spectra and UV response was not relevant compared with those of the rest of phenolic compounds that had a higher UV absorption coefficient. Three main proanthocyanidins were detected in the HPLC-DAD-MS-MS chromatograms (Table 1), in which gallocatechin-gallate (**46**) with a pseudomolecular ion

at m/z 457, a dimer of gallocatechin-gallate (22) at m/z 915 and fragments at m/z 457 and m/z 169 312 (gallate), and a trimer of gallocatechin-gallocatechingallate-gallocatechingaltate (17) at m/z 1221 313 with a main fragment at m/z 915 (M-H-gallocatechin), were detected. These were confirmed by 314 High-resolution Q-TOF, with the determination of the structural formulae (Table 2). In addition, 315 gallocatechin (49), catechin (50), a B-type procyanidin dimer (51) at m/z 577, a gallocatechin-316 317 gallate dimer (22), gallocatechin gallate (46), and catechin gallate (53) were detected. The sensitivity of the Q-TOF equipment allowed the detection of these proanthocyanidins, although 318 319 some of them were not detected in the HPLC-ESI-MS-MS analyses (Table 1).

320

# 321 *3.2 Phenolics quantification*

The total phenolics content of both camu-camu powders was calculated as an addition of the individual characterized compounds by their UV absorbance at the convenient wavelength, and using the appropriate external standards for each type of compound (Table 3). In the case of proanthocyanidins, they were quantified by HPLC-UV after the acid catalyzed degradation in the presence of phloroglucinol (Kennedy & Jones, 2001) (Table 4).

The content in pulp powder was 48.54 mg/100 g (Table 3). Among the phenols the total concentration of myricetin and its 3-*O*-glycosides (3 mg/100g) was higher than that reported in fresh fruit (Reynertson et al., 2008). The content of ellagic acid and its conjugated derivatives was 9.75 mg/100 g powder, of which the 60% was for free ellagic acid. The amount of quercetin and its glycosides (< 0.05 mg/100 g) was lower than that reported in literature related to either fresh fruit (Reynertson et al., 2008) or dry matter (De Souza Schmidt Gonçalves et al., 2010). Neither gallic, proanthocyanidins or kaempferol derivatives were detected in pulp powder.

Higher amounts of phenols were detected in the camu-camu flour (Table 3, Table 4, Figure 1). As for the pulp powder, only the identified peaks in the chromatograms are quantified. No quercetin, rutin, kaempferol, and anthocyanins were detected in the camu-camu flour analysed although

these compounds were previously found in camu-camu fresh berries (Reynertson et al., 2008; De 337 Souza Schmidt Gonçalves et al., 2010). The total concentration of phenols in camu-camu flour, 338 339 quantified by addition of the individual compounds characterized, was 4007.95 mg/100 g (Table 3, Table 4). The amount of proanthocyanidins, namely catechin, and gallocatechin, and their gallate 340 derivatives (and trace amounts of the epicatechin isomers) was up to 3423.5 mg/100 g (Table 4, 341 342 Figure 1D), which is more than twice the content of other fruits recognized as a good source of proanthocyanidins, such as strawberry (1170 mg/100 g dry matter), apple (1460 mg/100 g dry mat-343 344 ter), and grape (1420 mg/100 g dry matter) (Tarascou et al., 2010). Moreover, the content of these compounds was higher than that found in cocoa powder (278 mg/100 g dry matter) (Lee, Kim, Lee, 345 346 & Lee, 2003) and Brazil nut (419 mg/100 g dry matter) (John, & Shahidi, 2010). Among the proanthocyanidins, the most abundant compound was epigallocatechin (845.5 mg/100 g), followed by 347 epigallocatechin gallate (767.5 mg/100 g) and catechin gallate (729.8 mg/100 g). The proanthocya-348 nidin composition resulted to be similar to the phenolic profile of green tea which has been reported 349 to have a relevant nutritional potential (McKay & Blumberg, 2002). Catechin-gallates have recently 350 351 been described as potent inhibitors of  $\alpha$ -amylase and  $\alpha$ -glucosidase with implications in obesity prevention (Yilmazer-Musa, Griffith, Schneider, & Frei, 2012). In addition, the polymerization de-352 353 gree of the-proanthocyanidins present in this powder was around 3, suggesting a relatively high absorption in humans (Scalbert & Williamson, 2000) which can consequently have potential biologi-354 355 cal activities. It has been reported that proanthocyanidins play an important role in several biological processes resulting in health benefits. Several beneficial effects of proanthocyanidins have been 356 reported such as antioxidant, anti-inflammatory, antimicrobial, antiproliferative, cardioprotective, 357 hypolipidemic and antidiabetic properties (Nandakumar, Singh, & Katiyar, 2008; Serrano, Puuppo-358 nen-Pimia, Dauer, Aura, & Saura-Calixto, 2009; Bladé, Arola, & Salvado, 2010). 359

Ellagitannins were also relevant constituents of camu-camu powders although the concentration found was lower than that of the proanthocyanidins (405.4 mg/100 g) (Table 3). However, the

level of ellagitannins was higher than that of strawberry (162 mg/100 g dry matter) (Buendía et al., 362 2010) and similar to that of raspberry (415 mg/100 g dry matter) (Bobimaité, Viskles, & Venskuto-363 nis, 2012). The most abundant ellagitannins were vescalagin (228.9 mg/100 g), followed by casta-364 365 lagin (64.5 mg/100 g) and di-HHDP-galloyl glucose (38.4 mg/100 g). In addition, the content of free ellagic acid and its glycosidic conjugates (129.80 mg/100g) was higher than those previously 366 367 reported in strawberry (8.8-20.6 mg/100 g dry matter) (Bobimaité et al., 2012), and Brazil nut (11.4 mg/100 g dry matter) (John & Shahidi, 2010). More than half of the ellagic acid was present as free 368 ellagic acid (Table 3, Figure 1). A small quantity of myricetin derivatives was also present (1.40 369 mg/100 g) although in lower concentration than that reported in camu-camu berries (24 mg/100 g 370 371 dry matter) (Revnertson et al., 2008).

The phenolic compounds in camu-camu are characterized for a high number of hydroxyls, in which groupings of three phenolic hydroxyls are the common feature as are the cases of gallic acid, ellagitannins, myricetin, and gallocatechin-gallate (Figure 2), and this can be linked to a high antioxidant activity.

376

## 377 *3.3 Ascorbic acid and dehydroascorbic acid quantification*

The ascorbic acid contents were  $3.51 \pm 0.97$  g/100 g and  $9.04 \pm 0.95$  g/100 g in camu-camu 378 pulp powder and camu-camu flour respectively. These values are higher than those reported in fresh 379 camu camu fruit (Rufino et al., 2010; Chirinos et al., 2010) due to the lower moisture content of the 380 powder (1-3%) (De Souza Schmidt Gonçalves et al., 2010). This content was very relevant although 381 382 the amount of ascorbic acid present in fresh berries could be partly degraded during the production of these powders from the fresh fruit that needs thermal treatments (Shofian et al., 2011), and some 383 variations in the content could had happened as ascorbic acid concentration in berries depends on 384 the ripening stage (Marques, Ferreira, & Freire, 2007). The ascorbic acid content in these camu-385 386 camu powders was much higher than those reported for freeze-dried fruits, such as red pummel

(0.02 g/100 g dry matter), strawberry (0.6 g/100 g dry matter), and tomato (0.6 g/100 g dry matter),
which are known to be a source of vitamin C (Tsai, Chang, & Chang., 2007; Asami, Hong, Barret,
& Mitchell, 2003; Chang, Lin, Chang, & Liu, 2006).

390 The dehydroascorbic acid values were of 0.69  $\pm$  0.31 g/100 g and 0.578  $\pm$  0.027 g/100 g for camu-camu pulp powder and camu-camu flour, respectively. Dehydroascorbic acid usually 391 392 represents about 10-20% of the ascorbic acid present in fruit and vegetable products (Riemer & Karel, 1978; Borowski, Szajdek, Borowska, Ciska, & Zieliński, 2008), and is considered to be the 393 394 first compound produced in the oxidative degradation of ascorbic acid (Chang et al., 2006). In the presnt study, dehydroascorbic acid represented the 19.5% of the vitamin C (ascorbic + 395 dehydroascorbic acid) for pulp powder and 6.4% for camu-camu flour, confirming the data 396 previously reported in literature, and suggesting that the higher temperature used for the production 397 of the pulp powder led to a higher transformation of ascorbic acid into dehydroascorbic acid. In 398 399 addition, the higher content of antioxidant polyphenols in the skin than in the pulp could also help preventing the transformation of ascorbic acid into dehydroascorbic acid. 400

401

#### 402 *3.4 Antioxidant capacity*

The antioxidant capacity was determined in both pulp powder and flour using ABTS, DPPH 403 and ORAC assays. The ABTS assay showed the free-radical scavenging activity for pulp powder 404  $(167.5 \pm 54.4 \mu mol Trolox / g)$  which is about 4 fold lower than that of camu-camu flour  $(752.3 \pm$ 405 41.0 µmol Trolox / g). These values are higher than those reported in foods well known for their 406 high antioxidant capacity, such as guava (98 µmol Trolox / g) (Corral-Aguayo, Yahia, Carrillo-407 Lopez, & González-Aguilar, 2008), strawberry (about 250 µmol Trolox / g) (Proteggente et al., 408 2002), and cocoa powder (617 µmol Trolox/g) (Lee et al., 2003). Similarly, the antioxidant capacity 409 determined as DPPH was higher in camu-camu flour (1036.4  $\pm$  211.2 µmol Trolox /g) than in pulp 410 411 powder (510.5  $\pm$  156.1 µmol Trolox/g). These values were again higher than those reported for guava (300 µmol Trolox / g) (Corral-Aguayo et al., 2008), apple and kiwi (37 µmol Trolox / g)
(Wijngaard, Rößle, & Brunton, 2009), cocoa (458 µmol Trolox / g) (Lee et al., 2003), and broccoli
(3 µmol Trolox / g powder) (Borowski et al., 2008).

415 The camu-camu flour revealed an antioxidant capacity value of ORAC two fold higher (755.2  $\pm$ 77.9  $\mu$ mol Trolox / g) than that of the pulp powder (337.1 ± 77.9  $\mu$ mol Trolox / g). As this method 416 determines both lipophilic and hydrophilic antioxidants, the high value obtained in the camu-camu 417 flour was expected as this product revealed high contents of both vitamin C and phenolic 418 419 compounds. This antioxidant capacity was higher than those reported for strawberry (153.6 µmol Trolox/g) (Wang, Cao, & Prior 1996), and blackberry (204 µmol Trolox/g) (Wang & Lin, 2000) 420 421 and were consistent with those previously reported for camu-camu (De Souza Schmidt Gonçalves et al., 2010). 422

The antioxidant capacity determined by the ABTS assay was lower than that determined by the 423 DPPH assay for the camu-camu flour and pulp powder, and this differs from previous studies with 424 425 other plant extracts (Arnao, 2000). This could be explained by the higher content of phenolics, particularly proanthocyanidins, in the flour, which are more soluble in methanol than in water. 426 Nevertheless, the high antioxidant capacities of the flour determined by the ABTS and the ORAC 427 assays can also be related to the high content of vitamin C and phenolic compounds present. The 428 429 ORAC values were also lower than those determined as DPPH for both powders. This could again be due to the extraction of the camu-camu powders in water which can probably limit the extraction 430 of some phenolics, such as the proanthocyanidins. 431

432

#### 433 **4.** Conclusion

Camu-camu fruit is considered as a good source of bioactive compounds potentially beneficial for human health. The consumption of this fruit is limited by its acidity and bitter taste, and therefore the dehydration process is a good alternative for its use as a powdered food ingredient.

These results revealed that the two camu-camu powder products studied are excellent sources of 437 bioactive substances including vitamin C and phenolic compounds which resulted in high 438 antioxidant capacity values. Camu-camu flour showed a higher concentration of vitamin C than the 439 camu-camu pulp powder and high proanthocyanidins content. Therefore, camu-camu flour has a 440 good potential to be used as an ingredient for the formulation of functional foods. The results 441 442 provide further evidence that this flour is a rich source of bioactive compounds with potential health-promoting properties such as antioxidant, anti-inflammatory, and hypocholesterolemic 443 activities which have been related to vitamin C and phenolic compounds such as flavonoids. 444 However, in vivo and intervention studies are needed to assess the nutritional and functional 445 446 potential of this camu-camu product.

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- 448

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Number	Compound	Retention Time	[M-H] <sup>-</sup>	λ max (nm)	MS fragments
		(min)			
Flavonols			170		
4	Myricetin 3-O-hexoside	27.5	479	264, 358	<b>316</b> , 221, 179
6	Myricetin 3-O-pentoside	29.2	449	258, 356	317
6	Myricetin 3-O-pentoside	30.4	449	272, 356	316
26	Quercetin 3-O-hexoside	31.7	463	256, 362	417, <b>301</b>
27	Quercetin 3- <i>O</i> -pentoside	35.5	433	256, 352 256, 374	<b>301</b> , 179, 151 317 <b>179</b> 151
20	hiyneetii	50.5	517	250, 571	517, 177, 151
Anthocyar	nins				
29	Cyanidin 3-O-glucoside	20.6	447	520	285
Ellagic ac	id derivatives				
1	Valoneic acid dilactone	15.4	469	255, 374	425
2	Ellagic acid hexoside	24.7	463	255, 362	301
3	Ellagic acid pentoside	28.9	433	254, 360	301
5	Ellagic acid desoxyhexoside	29.7	447	254, 364	300
7	Ellagic acid	30.9	301	256, 368	229
8	Ellagic acetyl rhamnoside	35.9	489	254, 362	301
9	Ellagic acetyl rhamnoside	36.5	489	254, 362	301
10	Ellagic acid derivative	37.2	585	254, 360	415, <b>301</b>
12	Ellagic acid derivative	40.8	719	254, 362	301
13	Ellagic acid derivative	41.5	719	254, 362	301
Filacitanni	4.5				
15	Castalagin	11.5	033	246	015 880 631
15	Voscalagin	11.5	933	240	<b>915</b> , 889, 031 <b>015</b> , 880, 631
10	HHDP-galloyl-glucose	15.9	633	240 270	<i>A</i> 63 <b>301</b>
40	Di-HHDP-glucose	15.5	055	240, 270	403, 301
18	(Pedunculagin)	16.2	784	240	<b>481</b> , 301
17	Di-HHDP-galloyl-glucose	19.5	935	240 270	917 <b>633</b> 301
47	(casuarictin/potentillin)	17.5	755	240, 270	917, 033, 301
19	HHDP-galloyl-glucose	19.8	633	240, 270	463, <b>301</b>
20	D1-HHDP-galloyl-glucose	20.5	935	240, 270	917, <b>633</b> , 301
21	Digalloyl-HHDP-glucose	21.8	785	240, 272	484, <b>301</b>
23	Di-HHDP-galloyl-glucose	25.9	935	240, 270	917. <b>633</b> . 301
	(casuarictin)	2017	200	2.0,270	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
24	Tri-galloyl-HHDP-glucose (tellimagrandin II)	27.9	937	240, 276	<b>767</b> , 741, 465, 301
	(tenninagrandin ii)				
Gallic aci	d derivatives				
14	Gallic acid	9.0	169	274	125
25	Gallic acid derivative	37.8	569	238, 274	<b>551</b> , 523, 169
Proanthod	cyanidins				
17	Gallocatechin-gallocatechin	15 0	1001	240 274 ch	01 <i>E</i>
1 /	gallate-gallocatechingallate	13.8	1221	240,274SN	915
46	Gallocatechin-gallate	24.0	457	240, 274	331,305, <b>169</b>
22	Gallocatechin-gallate-dimer	24.1	915	240, 274	<b>457</b> , 169
46 22	Gallocatechin-gallate-dimer	24.0 24.1	457 915	240, 274 240, 274	331,3 <b>457</b>

# 1 Table 1. HPLC-DAD-ESI-MS-MS analysis of camu-camu powders phenolic compounds.

# Table 2. High-Resolution UPLC-Q-TOF Characterization of phenolic compounds in camu-camu powders.

			Exact			Retention	
Number	Compound	Exact mass	mass theorical	Error	Score	Time (min)	Formula
Flavonols							
4	Myricetin 3-O-hexoside	479.0842	479.0831	-2.85	91.42	8.2	$C_{21}H_{20}O_{13}$
6	Myricetin 3-O-pentoside	449.0734	449.0725	-2.32	96.00	8.6	$C_{20}H_{18}O_{12}$
6	Myricetin 3-O-pentoside	449.0734	449.0725	-2.37	95.17	9.0	$C_{20}H_{18}O_{12}$
6	Myricetin 3-O pentoside	449.0735	449.0725	0.20	94.43	9.1	$C_{20}H_{18}O_{12}$
26	Quercetin 3-O-hexoside	463.0890	463.0882	-2.18	96.46	9.2	$C_{21}H_{20}O_{12}$
27	Quercitin 3-O-pentoside	433.0787	433.0776	-2.35	97.02	10.3	$C_{20}H_{18}O_{11}$
28	Myricetin	317.0314	317.0303	-3.59	95.54	11.4	$C_{15}H_{10}O_8$
Anthocyan	ins						
29	Cyanidin 3-O-glucoside	447.0944	447.0933	-2.63	95.31	6.2	$C_{21}H_{21}O_{11}$
Ellagic aci	d derivatives						
1	Valoneic acid dilactone	469.0053	469.0049	-0.95	99.06	5.0	$C_{21}H_9O_{13}$
2	Ellagic acid hexoside	463.0533	463.0518	-0.42	98.59	7.3	$C_{20}H_{16}O_{13}$
3	Ellagic acid pentoside	433.0423	433.0412	-2.53	96.75	8.4	$C_{19}H_{14}O_{12}$
5	Ellagic acid desoxyhexoside	447.0593	447.0569	-4.62	85.05	8.7	$C_{20}H_{16}O_{12}$
7	Ellagic acid	301.0000	300.9990	-3.42	96.08	9.1	$C_{14}H_{\epsilon}O_{\epsilon}$
8	Ellagic acid acetyl-rhamnoside	489.0679	489 0675	-0.76	99.15	10.8	$C_{22}H_{10}O_{12}$
9	Ellagic acid acetyl-rhamnoside	489.0678	489.0675	-0.68	98.76	10.9	$C_{22}H_{18}O_{13}$
10	Ellagic acid derivativa	585.0526	585 0522	-0.00	08.17	11.2	C H O
10	Ellagic acid derivative	710 2100	021 2102	-0.97	06.24	12.7	$C_{26}\Pi_{18}O_{16}$
12	Ellagic acid derivative	719.2199	921.2193 710 2103	-0.94	90.34 96.14	12.7	$C_{34}\Pi_{39}O_{17}$
15		/1).2200	/1).21)3	-1.20	90.14	1210	C34H40O17
Ellagitanni	ins						
15	Castalagin	933.0645	933.0640	-0.33	98.45	3.9	$C_{41}H_{26}O_{26}$
16	Vescalagin	933.0640	933.0640	-0.31	99.68	4.6	$C_{41}H_{26}O_{26}$
48	HHDP-galloyl-glucose	633.0746	633.0733	-3.35	93.54	4.8	$C_{27}H_{22}O_{18}$
18	Di-HHDP-glucose	783.0695	783.0686	0.22	98.40	5.0	$C_{34}H_{24}O_{22}$
47	Di-HHDP-galloyl-glucose	935.0794	935.0796	0.36	95.48	5.1	$C_{41}H_{28}O_{26}$
19	HHDP-galloyl-glucose	633.0747	633.0733	-3.10	85.20	5.2	$C_{27}H_{22}O_{18}$
20	Di-HHDP-galloyl-glucose	935.0801	935.0796	-0.96	97.97	6.4	$C_{41}H_{28}O_{26}$
21	HHDP-digalloyl-glucose	785.0857	785.0843	-2.06	95.92	6.7	$C_{34}H_{26}O_{22}$
23	Di-HHDP-galloyl-glucose	935.0797	935.0796	0.00	99.93	8.0	$C_{41}H_{28}O_{26}$
24	Tri-galloyl-HHDP-glucose	937.0945	937.0953	0.45	9937	8.5	$C_{41}H_{30}O_{26}$
Proanthocyanidins							
49	Gallocatechin	305.0674	305.0667	-1.25	99.38	4.3	$C_{15}H_{14}O_7$
50	Catechin	289.0723	289.0718	-2.27	97.85	5.0	$\mathrm{C}_{15}\mathrm{H}_{14}\mathrm{O}_{6}$
51	Procyanidin dimer B-type	577.1349	577.1351	-0.66	99.02	5.6	$C_{30}H_{26}O_{12}$
22	Gallocatechin gallate dimer	913.1461	913.1469	0.62	99.36	6.9	$C_{44}H_{34}O_{22}$
46	Gallocatechin gallate	457.0779	457.0776	-2.21	97.4	7.7	$C_{22}H_{18}O_{11}$
53	Catecnin gallate	441.0828	441.0827	-1.49	98.27	9.7	$C_{22}H_{18}O_{10}$
Gallic acid	and derivatives						
14	Gallic acid	169.0147	169.0142	-2.58	98.89	3.1	$C_7H_6O_5$
25	Gallic acid derivative	569.2246	569.2240	-0.75	97.97	10.9	$C_{27}H_{38}O_{13}$

Number	Compound	Pulp powder	Flour	
Flavorala		(mg/100g powder)	(mg/100g powder)	
<u>r iavonols</u> A	Muricotin 2 O haveside	0.55 - 0.11	1 40 + 0.05	
4	Myricetin 3.0 pentosida	$0.33 \pm 0.11$	1.40 ± 0.05 NA	
6	Myricetin 3-O-pentoside	$1.47 \pm 0.07$	INU	
26	Ouercetin 3 O bevoside	$1.47 \pm 0.07$	Nd	
20	Quercetin 3-0-nexoside	$0.05\pm0.01$	Nd	
27	Myricetin	0.05±0.01	$5.28 \pm 0.10$	
20	Total	3.05 +0.07	<u> </u>	
Anthocyan	lins		0.00 ± 0.10	
29	Cyanidin 3-O-glucoside	$19.63\pm0.60$	Nd	
Ellagic ac	id derivatives			
1	Valoneic acid dilactone	Nd	$5.46\pm0.10$	
2	Ellagic acid hexoside	Nd	$7.52\pm0.08$	
3	Ellagic acid pentoside	$1.22\pm0.07$	$20.42\pm0.16$	
5	Ellagic acid desoxyhexoside	$2.84\pm0.11$	$12.94\pm0.28$	
7	Ellagic acid	$5.60\pm0.11$	$76.49 \pm 0.49$	
8	Ellagic acetyl rhamnoside	Nd	$3.90\pm0.06$	
9	Ellagic acetyl rhamnoside	Nd	$3.13\pm0.06$	
10	Ellagic acid derivative	Nd	$2.27\pm0.14$	
12	Ellagic acid derivative	Nd	$1.51\pm0.03$	
13	Ellagic acid derivative	Nd	$1.61\pm0.01$	
	Total	9.75 ±0.10	$129.80 \pm 0.15$	
Ellagitanni	ns			
15	Castalagin	Nd	$64.51 \pm 1.11$	
16	Vescalagin	$12.71 \pm 0.51$	$228.88 \pm 1.89$	
18	Di-HHDP-glucose (Pedunculagin)	$3.39\pm0.16$	$17.93\pm0.17$	
47	Galloyl-bis-HHDP-glucose	Nd	$29.89 \pm 0.21$	
19	HHDP-galloyl-glucose	Nd	$37.80\pm0.17$	
20	Di-HHDP-galloyl-glucose (casuarictin/potentillin)	Nd	$38.37 \pm 2.78$	
21	HHDP-galloyl-glucose	Nd	$7.89\pm0.41$	
23	Di-HHDP-galloyl-glucose (casuarictin)	Nd	$5.71\pm0.35$	
24	Tri-galloyl-HHDP-glucose (tellimagrandin II)	Nd	$4.89\pm0.17$	
	Total	16.10 ±0.33	$435.86\pm0.98$	
Gallic acid	d derivatives			
14	Gallic acid	Nd	$29.56\pm0.71$	
25	Gallic acid derivative	Nd	$6.40\pm0.50$	
	Total		$35.96 \pm 0.54$	
Proanthoc	ryanidins			
17	Gallocatechin-gallocatechin	Nd	$19.38\pm0.78$	
46	Gallocatechin_gallate	Nd	$27.35 \pm 0.80$	
+0 22	Gallocatechin-gallate dimer	Nd	$27.35 \pm 0.09$ 17 /6 + 0.30	
22		TIU	<b>64.19 ± 0.54</b>	
	ΤΟΤΑΙ	49 54 - 0 29	(72 40 . 0 55	
	IUTAL	48.54±0.28	672.49±0.55	

6 Table 3. Content of phenolic compounds in camu-camu powders. Mean values (n=3) with standard deviation. 8 Table 4. Proanthocyanidin analysis of camu-camu flour by phloroglucinolysis. HPLC Retention

9	times,	UV/Vis spe	ctra, HPL	C-ESI-MS-	MS	fragmentations.
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Number	Compound	Retention Time (min)	[M-H] <sup>-</sup>	λ max (nm)	MS fragments	mg/100 mg powder (average±sd)
30	Catechin	15.3	289	275	<b>245</b> , 205, 179	213.53±3.27
31	Epicatechin	19.1	289			trace
32	Catechin aduct	11.5	413			trace
33	Epicatechin aduct	12.0	413	277	<b>287</b> , 261, 175	845.48±1.89
34	Catechin gallate	24.9	441	277	331, <b>289</b> , 169	52.02±0.40
35	Epicatechin gallate	27.4	441			trace
36	Gallocatechin aduct	17.4	565	277	439, <b>413</b> , 395	677.73±11.99
37	Epigallocatechin aduct	23.6	565			trace
38	Gallocatechin	10.7	305	277	287, 219, <b>178</b>	45.28±4.72
39	Epigallocatechin	14.4	305	277	287, 219, <b>178</b>	60.10±0.67
40	Gallocatechin aduct	6.1	429			trace
41	Epigallocatechin aduct	8.6	429	275	<b>303</b> , 261, 177	409.20±6.47
42	Gallocatechin gallate	19.3	457	275	331, 305, 287	352.75±0.13
43	Epigallocatechin gallate	22.2	457			trace
44	Gallocatechin gallate aduct	10.2	581			trace
45	Epigallocatechin gallate aduct	12.4	581	275	455, <b>429</b> , 319	767.46±0.13
					Total	3525.54±3.30

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# **Figure Captions**

Figure 1: HPLC analyses of phenolic compounds from camu-camu pulp powder at 360 nm (A), camu-camu flour at 360 nm (B) and at 280 nm (C). \*: unidentified compound. For compound characterization see Table 1. HPLC-DAD-MS-MS chromatogram of camu-camu flour proanthocyanidins (D) analyzed using the acid catalyzed degradation in the presence of phloroglucinol (280 nm). For compound identification see Table 4.

Figure 2. Characteristic phenolic compounds of camu-camu powders.









Figure 1



Flavonols: Myricetin (28)





Ellagic acid (7)





Gallic acid (14)



