1	USE OF WINEMAKING BY-PRODUCTS AS AN INGREDIENT FOR TOMATO PUREE: THE
2	EFFECT OF PARTICLE SIZE ON PRODUCT QUALITY
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13	Running title: Grape skin as ingredient for tomato puree
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# 16 ABSTRACT

Formulations of tomato puree with grape skin fibres (Chardonnay variety) having varying particle sizes were 17 studied. The contents of flavonoids (by HPLC-DAD) and proanthocyanidins (*n*-butanol/HCl assay), reducing 18 19 capacity (ferric ion reducing antioxidant power, FRAP) and anti-glycation activity by a bovine serum 20 albumin (BSA)/fructose model system were analysed in vitro. A liking test was performed with consumers. Stabilization was carried out by either an intensive autoclave treatment or an optimized microwave-treatment 21 22 achieving 6D-reduction of the target microorganism (Alicylobacillus acidoterrestris). In the fortified tomato purees, proanthocyanidins' solubility decreased, but it was partly restored by autoclave treatment, which also 23 caused deglycosylation of flavonol glycosides. Microwave treatment did not show any effect on phenolics. 24 25 The reducing capacity and ability to inhibit protein glycation greatly increased in the fortified purees. The 26 particle sizes of solids in the formulations played a major role with respect to the consumers' liking, with the 27 smallest ones showing maximum ratings.

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### 29 KEYWORDS

- 30 Tomato, grape skins, reducing capacity, *in vitro* anti-glycation activity, liking
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# 32 1. Introduction

The food industry is facing the challenge of developing new foods having increased health benefits and meeting consumers' appreciation. In fact, with the surge in the incidence of cardiovascular diseases, cancer and type-2 diabetes, there is a need to develop new dietary strategies, especially with reference to the potential health properties of underutilized by-products of food processing (Schieber, Stintzing, & Carle, 2001; Hokayem et al., 2013).

38 Grape (Vitis vinifera) pomace, the by-product of winemaking, is a bioresource available on large-scale as grape constitutes one of the main fruit crops in the world. Grape pomace contains both phenolics and dietary 39 fibres, thus it can be referred to as "antioxidant dietary fibre". Because of the close relationship between 40 antioxidant and dietary fibre and their common fate in the gut, it has been proposed that these food 41 42 components have a joint role in prevention of human diseases (Perez-Jimenez et al., 2008). In vivo studies on 43 human adults have demonstrated that grape pomace has a positive effect in the prevention of cardiovascular diseases (Perez-Jimenez et al., 2008). The anti-diabetic efficiency of grape polyphenols was tested in type-2 44 diabetic patients, resulting in improved insulin resistance and suppressed oxidative stress (Hokayem et al., 45 46 2013).

These results have boosted the use of grape pomace as an ingredient for new functional foods, such as bread
(Mildner-Szkudlarz, Zawirska-Wojtasiak, Szwengiel, & Pacynski, 2011), fish products (PazosTorres,
Medina, 2005; Ribeiro, Cardoso, Silva, Serrano, Ramos, & Santos, 2013), meat products (Sayago-Ayerdi,
Brenes, & Goni, 2009) and yogurt (Tseng & Zhao, 2013). The development of foods that provide additional
health benefits beyond basic nutrients is also a trend in the fruit processing industry (Augusto, Falguera,
Cristianini, & Ibarz, 2011).

The aim of the present study was to assess the prospective use of a phytochemical- and fibre-rich ingredient recovered from winemaking by-products for the development of a new tomato-based product. Technological challenges raised by fortification were studied, such as: the choice of the particle size of the suspension, the incorporation of an adequate level of the new ingredient, the choice of pasteurization conditions, the processing effect on phenolic stability and the need to address consumers' liking.

#### 58 2. Materials and methods

### 59 2.1. Chemicals

Standards of catechin, quercetin 3-O-rutinoside (rutin), quercetin 3-O-glucuronide, quercetin 3-O-glucoside,
kaempferol 3-O galactoside, kaempferol 3-O glucuronide, kaempferol 3-O glucoside, quercetin, kaempferol
and naringenin were purchased from Extrasynthese (Lyon, France). The integrated total dietary fibre assay
procedure kit was purchased from Megazyme International Ireland Ltd (Bray, Ireland). All other chemicals
were purchased from Sigma Aldrich Italia (Milan, Italy).

### 65 2.2. Grape skins

Grape pomace samples of the Chardonnay (Ch) variety were kindly provided by a winery located in 66 Northern Italy. At the winery, Ch grapes were pressed with separation of grape solids and must. Then grape 67 stalks were separated with a mechanical destemming and the remaining material was sieved (with a 5 mm 68 69 sieve) to separate the skins from the seeds and frozen to inhibit microbial growth. The skins were transported 70 frozen to the lab, dried at 50 °C for about 8 h. The powders obtained were sieved by using the Octagon 71 Digital sieve shaker (Endecotts L.t.d., United Kingdom), with three certified sieves (openings: 125, 250 and 500µm), under continuous sieving for 10 min at amplitude 8. Three fibrous fractions having different 72 73 particle sizes were collected, namely: ChL (250 $\mu$ m < ChL < 500 $\mu$ m), ChM (125 $\mu$ m < ChM < 250 $\mu$ m) and 74 ChS (ChS  $\leq$  125µm). These fractions were stored under vacuum, in the dark, at 4 °C.

# 75 2.3. Tomato puree

Two tomato puree samples, namely PV and PR were provided by Conserve Italia Soc. Coop. (San Lazzaro di 76 Savena, Italy). At the industrial plant, tomatoes were homogenized and heated to approximately 95 °C by 77 78 steam injection to inactivate endogenous enzymes (hot-break). The homogenate was then passed hot through 79 a 0.5 mm-screen (PV) or a 1 mm-screen (PR) pulper/finisher to remove seeds and skin fragments and deareated under vacuum. The finished purees were then concentrated at 80 °C and under reduced 80 81 atmospheric pressure using a tubular heat exchanger (the final moisture contents were 89.1  $\pm$  0.2 and 89.8  $\pm$ 82 0.2 for PV and PR, respectively). The purees were then aseptically stored in tank under nitrogen for 6 months 83 before bottling. After bottling, the purees were autoclaved at 115 °C for 5.5 min.

### 84 2.4. Preparation of the fortified tomato purees

An amount of 3.2 g of the ChL, ChM and ChS fractions was added to 96.8 g of the PV and PR tomato purees. Each puree was filled into different glass bottles (250 mL capacity). A set of the bottled fortified purees was then submitted to microwave heating (8 min at 900 watt). During heating, the temperature of the tomato puree was monitored continuously by using a thermocouple set in the geometric centre of one of the bottles (the slowest heating point).

90 To calculate the pasteurization effectiveness during microwave heating, *Alicylobacillus acidoterrestris* was 91 used as a target (Silva & Gibbs, 2004). Different heating conditions were tried and the resulting 92 time/temperature curves were obtained. D values for the target microorganism were calculated as a function 93 of temperature using the Bigelow's model, as reported below:

94  $D = D_{ref} * 10^{(Tref-T)/z}$ 

95 where for the target microorganism,  $D_{ref} = 1.5 \text{ min}$ ,  $T_{ref} = 95 \text{ }^{\circ}\text{C}$  and  $z = 7^{\circ}\text{C}$  (Bevilacqua & Corvo, 2011).

96 The 1/D values were then plotted as a function of time and the resulting curves were then integrated to 97 evaluate the total decimal reductions (Silva & Gibbs, 2004). Microwave conditions were then chosen in 98 order to achieve 6D for the target microorganism.

99 Another set of bottled fortified purees was submitted to autoclave treatment (100 °C, 30 min).

100 2.5. Moisture, fibre, protein, carbohydrates, fat and ash contents

Moisture content was determined by drying in a vacuum oven at 70 °C and 50 Torr for 18 h. Protein, fat, and
ash contents were measured according to AOAC official methods of analysis (Tseng & Zhao, 2013).
Glucose and fructose were determined as described in Lavelli, Pagliarini, Ambrosoli, Minati, & Zanoni
(2006). Fibre contents were determined by the Megazyme total dietary fibre assay procedure (based on
AOAC 991.43).

106 2.6. Sample extraction

For grape skin powder extraction, an aliquot of 1 g was weighed in duplicate, added with 20 mL methanol:water:formic acid (70:29.9:0.1, v/v/v) and extracted for 2 h at 60 °C with continuous stirring. The mixture was centrifuged at 10000g for 10 min, the supernatant recovered and the solid residue was reextracted using 10 mL of the same solvent. The supernatants were pooled. For tomato puree extraction, 3.75 g was weighed in duplicate and added to 1.9 mL of water, 7 mL of methanol and 0.3 mL of formic acid (in order to use the same medium as for the grape skin fractions, taking into account the amount of water present in the puree). Extraction was performed as that of grape skin fractions. Extracts were stored at -20°C until analytical characterization.

115 2.7. Polyphenol analysis by HPLC-DAD

The HPLC equipment consisted of a model 600 HPLC pump coupled with a Waters model 2996 photodiode 116 117 array detector, operated by Empower software (Waters, Vimodrone, Italy). A 2.6 µm Kinetex C<sub>18</sub> column 118 (150 x 4.6 mm) equipped with a C<sub>18</sub> precolumn (Phenomenex, Castel Maggiore, Italy) was used for the separation at a flow-rate of 1.8 mL/min. The injection volume was 50 µL. The column was maintained at 119 60°C and the separation was performed by means of a gradient elution using (A): 0.1% formic acid and (B): 120 acetonitrile. The gradient was as follows: from 5% B to 15% B in 15 min, from 15% B to 20% B in 2 min, 121 122 from 20% B to 90% B in 4 min; 90% B for 5 min and 5% B for 3 min. DAD analysis was carried out in the 123 range of 200-600 nm. Standard compounds were used to identify peaks by retention times and UV-vis spectra. Calibration curves were built with catechin (280 nm), quercetin 3-O glucoside (reference compound 124 for all flavonols, at 353 nm) and naringenin (at 288 nm). Concentrations of phenolic compounds were 125 expressed as milligrams per kilogram of dry product. 126

127 2.8. Proanthocyanidin content

Proanthocyanidin content was analysed as described previously (Porter, Hrstich, & Chan, 1986). Briefly, for 128 evaluation of soluble proanthocyanidins 1 mL of the sample extract (opportunely diluted with 129 methanol:water:formic acid (70:29.9:0.1, v/v/v) was added to 6 mL of *n*-butanol:HCl (95:5, v/v) and 0.2 mL 130 of 2% NH<sub>4</sub>Fe(SO<sub>4</sub>)<sub>2</sub>.12 H<sub>2</sub>O in 2M HCl. For evaluation of insoluble proanthocyanidins, 10 mg of the 131 extraction residue was weighted in quadruplicate and added to 20 mL methanol, 120 mL n-butanol:HCl 132 (95:5, v/v) and 4 mL of 2% NH<sub>4</sub>Fe(SO<sub>4</sub>)<sub>2</sub>.12 H<sub>2</sub>O in 2M HCl. Hydrolysis was carried out at 95 °C for 40 133 134 min. The reaction mixtures were cooled and the absorbance was recorded at 550 nm on a Jasco UVDEC-610 135 spectrophotometer (Jasco Europe, Cremella, Italy) against a blank made as for the sample but incubated at room temperature. For each sample extract, 2 - 4 dilutions were assessed in duplicate. Proanthocyanidin 136

- amount was determined using 0.1736 (mg/mL) as conversion factor (Sri Harsha, Gardana, Simonetti,
  Spigno, & Lavelli, 2013) and expressed as grams per kilogram of dry product.
- 139 2.9. Ferric ion reducing antioxidant power (FRAP) assay
- 140 The FRAP assay was performed as described previously (Sri Harsha et al., 2013). Briefly, FRAP reagent was
- prepared by adding 25 mL of 300 mM acetate buffer, pH 3.6; 2.5 mL of 10 mM 2,4,6-Tripyridyl-s-Triazine in 40 mM HCl and 2.5 mL of 20 mM FeCl<sub>3</sub>. The reaction mixture contained 0.4 mL of sample extracts opportunely diluted with methanol:water:formic acid (70:29.9:0.1, v/v/v) and 3 mL of FRAP reagent. The absorbance at 593 nm was evaluated on a Jasco UVDEC-610 spectrophotometer (Jasco Europe, Cremella, Italy) after 4 min of incubation at 37 °C against a blank with no extract addition. For each sample extract, 2 -4 dilutions were assessed in duplicate. A methanolic solution of FeSO<sub>4</sub>·7H<sub>2</sub>O was used for calibration.
- 147 Results were expressed as millimoles of Fe(II) sulfate equivalents per kilogram of dry product.

148 2.10. Determination of fructose-induced glycation of bovine serum albumin (BSA)

149 The inhibition of fructose-induced glycation of BSA was conducted as described in Lavelli & Scarafoni (2012). The reaction mixture consisted of 100  $\mu$ L of sample extracts or standard (catechin) opportunely 150 151 diluted with methanol:water:formic acid (70:29.9:0.1, v/v/v), 900 µL of phosphate buffer (200 mM potassium phosphate buffer, pH 7.4 with 0.02% sodium azide), 300 µL of BSA solution (50 mg/mL of BSA 152 in phosphate buffer), and 300  $\mu$ L of fructose solution (1.25 M fructose in phosphate buffer). A BSA solution 153 (blank sample) and control reaction without sample addition were prepared in parallel. The reaction mixtures 154 155 were incubated at 37 °C for 72 h. Following incubation, 1.6 mL of 20% trichloroacetic acid was added to the reaction mixture before centrifugation at 10000g for 10 min. The supernatant was discarded and the 156 157 precipitate was re-dissolved in 1.6 mL of phosphate buffer and analyzed for fluorescence on a Perkin-Elmer LS 55 Luminescence Spectrometer (Perkin-Elmer Italia, Monza, Italy) with an excitation/emission 158 159 wavelength pair  $\lambda = 370/440$  nm, 5 nm slit width, against phosphate buffer. For each sample extract, 3 - 4 160 dilutions were assessed in duplicate. Catechin was analysed at six dilutions to build a calibration curve. Dose-response curves were built reporting % inhibition of fructose-induced glycation of BSA as a function 161 of sample or catechin concentration. % Inhibition was calculated as:  $100-100*(FL_s-FL_b)/(FL_c-FL_b)$ , 162

where  $FL_s$  is the fluorescence intensity of the mixture with the sample extract or with catechin,  $FL_b$  is the fluorescence intensity of the blank (BSA alone) and  $FL_c$  is the fluorescence intensity of the control mixture.

165 Results were expressed as millimoles of catechin equivalents (CE) per kilogram of product.

166 2.11. Liking test

Eighty-six consumers (44 males, 42 females, 19-68 years, mean age 28) participated in the study. They had 167 seen or received an invitation and volunteered based on their interest and availability. All tests were 168 169 conducted individually and social interaction was not permitted. The experimenter verbally introduced the consumers to the computerised data collection procedure (FIZZ Acquisition software, version 2.46A, 170 Biosystèmes, Courtenon, France). The consumers' test was organized in two sub-sessions. In the first sub-171 session, participants evaluated a set of six fortified tomato purees. In the second sub-session, a set of the 172 control unfortified purees was tested. Fortified and control purees were analyzed in different sub-sessions to 173 limit the contrast effect (Meilgaard, Civille, & Carr, 2006). 174

175 The samples (20 g) were offered to the consumers in completely randomized order within the two sessions, at 50  $\pm$  1 °C in coded, opaque white plastic cup (38 mL) hermetically sealed with a clear plastic lid. For each 176 177 sample, consumers stirred accurately the tomato puree using a plastic teaspoon, observed its appearance and tasted a full teaspoon of product. Then, consumers rated overall liking, liking for colour and texture on a 178 nine-point hedonic scale ranging from 'dislike extremely' (1) to 'like extremely' (9). A 30 s gap between 179 180 each sample was enforced by the computerised system. Consumers were required to eat unsalted crackers 181 and rinse their mouth with still water during the gap interval. A 10 min gap was enforced between the two 182 sub-sessions. Preference tests were performed in individual booths under white light. Consumers took 183 between 25 and 35 min to complete their evaluation.

184 2.12. Statistical analysis of data

Experimental data were analyzed by one-way ANOVA using the least significant difference (LSD, p ≤ 0.05)
as a multiple range test, and by linear regression analyses using Statgraphics 5.1 (STCC Inc.; Rockville,
MD). Results are reported as average ± SD.

188 Liking data (overall liking, liking for colour and texture) from consumers were independently submitted to a 189 two-way ANOVA model, assuming sample and subject as main effects, by performing LSD (p < 0.05). 190 Overall liking data expressed by all 86 subjects were analysed by means of an Internal Preference Map for 191 explorative purposes. A visually oriented approach, based on the inspection of loading plot, was used for 192 subject clustering and Y-axis was set as limit between consumer segments. Liking data expressed by Cluster 193 1 and Cluster 2 were independently treated with a two-way ANOVA model, with LDS ( $p \le 0.05$ ). Liking 194 data were analyzed using FIZZ Calculations software, version 2.46A (Biosystèmes, Courtenon, France).

#### 195 **3. Results and discussion**

#### 196 *3.1. Product and process design*

197 The increase in fibre content of food generally has a negative impact on texture, which could be greatly 198 affected by the particle size of the fibrous material. For a fruit puree, particle concentration, size and type 199 have been found to be key structural parameters controlling the rheological properties (Moelants et al., 200 2013). Hence, in this study three granulometric fractions of Ch grape skins (in the range  $125 - 500 \,\mu\text{m}$ ) and 201 two tomato purees of different particle sizes (0.5 and 1 mm) were used in combined formulations. In studies 202 focused on the incorporation of grape skins or pomace into various foods, the selected particle sizes were 203 less than 1 mm for addition in fish products (Riberio et al, 2012), less than 0.5 in meat products (Sayago-204 Ayerdi et al., 2009) less than 0.18 mm for addition in yogurt (Tseng & Zhao, 2013), while in other incorporation studies the particle size of this ingredient was not specified (Mildner-Szkudlarz et al., 2011). 205

The composition of Ch skins and tomato purees were first characterized in order to choose the level of 206 207 addition. In Ch skins, dietary fibre content was 50.5%. Protein, carbohydrate (fructose and glucose), fat, ash 208 and moisture contents were:  $10.0 \pm 0.6$ ,  $16.2 \pm 0.2$ ,  $5.7 \pm 1.6$ ,  $4.1 \pm 0.7$  and  $4.0 \pm 0.1$  g/100g, respectively. 209 Insoluble proanthocyanidin contents, analysed after depolymerisation with *n*-butanol/HCl, were  $10.6 \pm 2$  in the ChL fraction and  $13.9 \pm 1$  in both the ChM and Ch S fractions, respectively. This could be due to a lower 210 hydrolysis yield in the ChL fraction. The total amount of flavonols, namely: quercetin 3-O glucuronide, 211 212 quercetin 3-O glucoside, quercetin, kaempferol 3-O galactoside, kaempferol 3-O glucuronide, kaempferol 3-213 O glucoside and kaempferol was about 600 mg/kg (Tables 1, 2). Soluble proanthocyanidin content of the ChL fraction was  $20700 \pm 42$  mg/kg (Table 3). Higher proanthocyanidin contents were observed in the ChM 214 and ChS fractions. The increased surface/solvent ratio likely increased extraction efficiency of these 215 compounds, which are strongly associated with the fibre (Perez-Jimenez et al., 2008). FRAP values were >216

217  $170 \pm 26$  mmolFe eq. (II)/kg, which is two order of magnitude higher than that observed in tomato products (García-Valverde, Navarro-González, García-Alonso, & Jesús Periago, 2013). The highest FRAP value was 218 219 observed in the ChS fraction. The ability of the Ch fractions to inhibit protein glycation was analysed by an 220 in vitro BSA/fructose model system (Figure 1). This system was used to simulate protein glycation that occurs at an accelerated rate in vivo under non-physiological conditions, accounting for some of the 221 complications of hyperglycaemia and diabetes (Saraswat, Reddy, Muthenna, & Reddy, 2009). There is a 222 223 continuous search for novel inhibitors of protein glycation that could be helpful to prevent advanced-224 glycation-endproduct-associated diseases and with the potential to be used as functional food ingredients 225 (Farrar, Hartle, Hargrove, & Greenspan, 2007; Saraswat et al., 2009; Sri Harsha et al., 2013; Wu et al., 226 2013). In this study, a dose-response effect was observed in vitro for the anti-glycation activity of the Ch 227 fractions. Phenolics are known to inhibit protein glycation by acting as radical scavengers, metal chelators and carbonyl trapping agents (Dearlove, Greenspan, Hartle, Swanson, & Hargrove, 2008; Wu et al., 2013). 228 229 Hence, in terms of catechin equivalents, the anti-glycation effectiveness was  $100 \pm 15$  mmol/kg for all the Ch 230 fractions.

231 In PV and PR tomato purees percent contents of major components were:  $4.9 \pm 0.1$  and  $5.7 \pm 0.1$  for carbohydrates,  $1.5 \pm 0.1$  and  $1.5 \pm 0.1$  for fibres;  $1.2 \pm 0.1$  and  $1.6 \pm 0.1$  for proteins;  $0.1 \pm 0.02$  and  $0.20 \pm 0.1$ 232 0.02 for fat, respectively. The main flavonoids in tomato purees were rutin and naringenin (Tables 1, 2). 233 234 Before heat treatments, flavonol contents (sum of quercetin derivatives) were in the range of 52 - 72 mg/kg 235 and flavanone contents (naringenin) were in the range of 14 - 51 mg/kg. The PV and PR purees had a medium-high flavonol and flavonone contents in comparison with previous results obtained on twenty 236 237 cultivars of fresh tomatoes extracted with an optimized procedure (Li, Deng, Wuc, Liu, Loewen, & Tsao, 2012). FRAP values of the PR and PV purees were  $1.97 \pm 0.14$  and  $2.68 \pm 0.22$  mmol Fe(II) eq./kg, 238 239 respectively (Table 3). Similar values were observed by Garcia-Valverde et al. (2013) in various cultivars of 240 tomatoes destined to industrial processing. The unfortified tomato purees showed a dose-dependent antiglycation activity in vitro, with anti-glycation effectiveness of  $2.97 \pm 0.15$  and  $2.82 \pm 0.40$  mmol catechin 241 eq./kg for PV and PR, respectively. These values were much lower than that of the Ch fractions (Figure 1). 242

243 The level of Ch/tomato addition was then chosen to have 3% fibre content in the final products (3.2 g of grape skins added to 96.8 g of tomato puree). Hence, the purees can be labelled as "fibre-source" according 244 245 to the EC Regulation 1924/2006. Furthermore, in a human study, Pérez-Jiménez et al. (2008) have 246 demonstrated that the intake of grape antioxidant dietary fibre (5.25 g of dietary fibre and 1.06 g of proanthocyanidins in the supplemented dose) significantly reduces the biomarkers of cardiovascular risk. 247 Based on Ch fibre and proanthocyanidin contents, a 175 g-dose of the fortified purees (that could be a daily 248 249 dose in the Mediterranean diet) can provide 5.25 g of dietary fibres and around 1 g of proanthocyanidins (soluble + insoluble). Hence, positive in vivo effects of these purees can be hypothesised. However, the food 250 matrix is more complicated than grape skins, therefore an effect of the matrix on food components' 251 252 bioavailability cannot be ruled out.

253 The incorporation of grape skin derived fractions into a liquid food, such as tomato puree, requires the design 254 of an effective heat treatment. The pH values of these products were in the range 4.1 - 4.3. To achieve 255 pasteurization of low-pH foods, Alicyclobacillus acidoterrestris has been proposed as a process target. It is a 256 thermoacidophilic non-pathogenic and sporeforming bacterium, which has been found in fruit juices, 257 including tomato puree and white grape juice (Silva & Gibbs, 2004). It is often the most heat resistant microorganism among the most common spoilage microorganisms found in these foods. The heating 258 conditions were then selected to achieve 6D-reduction of the target microorganism (Figure 2), which is 259 260 considered effective (Silva & Gibbs, 2004). This treatment is representative for an optimized continuous 261 industrial treatment. In parallel, tomato purees were also autoclaved to study the effects of an intensive heat-262 treatment on the antioxidant components.

# 263 *3.2. Processing effects on antioxidant components*

Flavonols and naringenin were not affected by microwave treatment (not shown). Similarly, Capanoglu, Beekwilder, Boyacioglu, Hall, & De Vos (2008) found that pasteurization at 98 °C does not change rutin and naringenin contents of tomato. Upon autoclave treatment, quercetin and kaempferol glycosides and glucuronides decreased by less than 30% (Tables 2-3). Conversely, the corresponding aglycones increased. The recovery was ~100% when the sum of quercetin derivatives was considered and ~90% for the sum of kaempferol derivatives. This means that the prevalent modification occurring during autoclave treatment was 270 deglycosylation. Interestingly, Stewart, Bozonnet, Mullen, Jenkins, Lean, & Crozier (2000) found that in 271 contrast to fresh tomatoes, most tomato-based products contained significant amounts of free flavonols and 272 concluded that the accumulation of quercetin in juices, purees, and paste may be a consequence of enzymatic hydrolysis of rutin and other quercetin conjugates during pasteurization. Instead, enzymatic activities can be 273 ruled out in this study, due to the intense heating during autoclave treatment. Rohn, Buchner, Driemel, 274 Rauser, & Kroh (2007) found that during the roasting process of model flavonols (180°C, 60 min), guercetin 275 276 glycosides are degraded and produce quercetin as the major degradation product. Quercetin is not sensitive 277 to degradation under such conditions and therefore it has to be regarded as a stable end-product. Naringenin 278 content was above 88%, with lower retention for the unfortified purees than for the fortified purees.

279 After mixing of the purees with the ChL, ChM and ChS skin fractions at room temperature soluble proanthocyanidin contents were lower in the puree added with the ChL fraction. For all the purees, 280 281 proanthocyanidin content was lower than that calculated based on the proanthocyanidin content of grape skins, with 53-56% recovery percentages (Table 3). These data can be explained with the hypothesis that 282 proanthocyanidins interacted with tomato components, such as proteins or polysaccharides, to produce high 283 284 molecular weight aggregates, through hydrogen bonding or hydrophobic interactions (Pinelo, Arnous, & Meyer, 2006). These aggregates could not be extracted by the solvents used in this experiment. Similar to 285 these results, Peng, Maa, Cheng, Jiang, Chen & Wang (2010) found that in a bread added with a 286 287 proanthocyanidin-rich grape seed extract, the observed antioxidant activity increases less than what is 288 expected. They did not analyse the unheated samples and concluded that the decreases could be either due to the interactions of proanthocyanidins with food components to produce insoluble molecules, or due to 289 290 thermal degradation.

Similarly, FRAP values of the mixtures increased approximately by twofold, probably due to the high proanthocyanidin contents of the Ch fractions (Table 3). The lowest value was found in the puree added with the ChL fraction. However, as observed for proanthocyanidins the increase in FRAP values were only 61-66% of that calculated considering the values of the ChL, ChM and ChS skin fractions.

295 Microwave treatment had no effect on the proanthocyanidin contents and FRAP values of any of the 296 mixtures considered. On the contrary, upon autoclave treatment, proanthocyanidin contents increased in the fortified puree with respect to the raw mixtures. The parallel increased FRAP values in the fortified purees can be related to the rise in the content of proanthocyanidins. The intense thermal treatment could have weakened the binding between proanthocyanins and other food components (Pinelo et al., 2006), or it could have promoted proanthocyanidin depolymerisation (Chamorro, Goni, Viveros, Hervert-Hernandez, & Brenes, 2012) and thus increased proanthocyanidins' solubility.

The dose-dependent anti-glycation activity *in vitro* of the fortified purees showed much higher effectiveness than the controls, corresponding to  $8.1 \pm 0.1$  and  $7.2 \pm 0.1$  mmol catechin eq./kg for PV and PR, respectively (Figure 1). These new purees have the potential ability to act as dietary factors in the prevention of hyperglycaemia's complications.

306 *3.3. Consumers' preferences* 

The prospective use of fibrous fractions in developing new functional tomato purees needs to be evaluated 307 308 not only from an analytical point of view but also exploring the sensory acceptability of the formulations. 309 Several works have shown that functional benefits may provide added value to consumers but cannot outweigh the sensory properties of foods. In fact, consumers base their choices more on pleasantness than 310 311 perceived healthiness (Lähteenmäki, 2006). For this reason, a liking test was performed in order to estimate the consumer overall acceptability of the fortified purees. Since variations in particle sizes of fruit 312 puree influences the texture (Moelants et al., 2013) and processing of fruit puree can affect colour (Lavelli 313 & Torresani, 2011), liking ratings for texture and colour were also investigated. 314

315 The average liking ratings expressed by all 86 consumers for overall acceptability, colour and texture of the analysed tomato purees are reported in Table 4. Consumers highly rated the unfortified purees in terms of 316 overall acceptability (6.9  $\pm$  1.8 for PR; 6.7  $\pm$  1.9 for PV), liking for colour (7.4  $\pm$  1.7 for PR; 7.2  $\pm$  1.7 for 317 PV) and texture (7.0  $\pm$  1.8 for PR; 6.8  $\pm$  1.7 for PV). The addition of the Ch fractions to the tomato purees 318 319 decreased the ratings for all the sensory parameters (p < 0.05). This effect could be explained taking into 320 account that consumers were familiar with the unfortified samples (commercially available regular tomato purees), but they had not been previously exposed to the fortified samples. As it is known, the level of 321 familiarity for a food influences powerfully its acceptability by the consumer and repeated exposure to the 322 taste of a food can increase liking for it (Wardle & Cooke, 2008). 323

Regarding the overall liking, average ratings of the fortified samples corresponded approximately to the central value of the scale (5 = neither like nor dislike). PVChL, PVChM and PVChS were significantly preferred (5.3  $\pm$  1.9) than PRChL (4.6  $\pm$  2.1) (p < 0.05). Concerning the texture, as the particle size decreased, liking increased. This tendency was more evident for the PV formulations. Average ratings of liking for colour were all above the central value (5). The only significant difference in colour was observed for PVChS, which was rated higher than the PR formulations.

330 The overall liking data expressed by all 86 subjects for the fortified samples were then submitted to the 331 principal component analysis in order to obtain an internal preference map (data not shown). The first two 332 principal components of the model explained the 48% of the total variance, 28% and 21% the first and the second dimensions, respectively. A visually oriented approach, based on the inspection of loading plot, was 333 used for subject clustering and segmentation was performed according to whether consumer loadings lie on 334 the left or right side of the Y-axis set as limit (Næs et al., 2010). Two groups of consumers were obtained: 335 336 the first consisting of 46 subjects (53.5%) positioned on the left side of the map (Cluster 1); the second consisting of 40 subjects (46.5%) positioned on the right side of the map (Cluster 2). Liking data expressed 337 338 by subjects belonging to Cluster 1 and Cluster 2 for all samples were independently treated with a two-way ANOVA model (samples and subjects as factors), with Fisher's LDS post hoc test considered significant for 339  $p \le 0.05$  (Table 4). As expected, both clusters provided similar average ratings of the three sensory 340 341 parameters evaluated for the unfortified PR and PV purees, confirming the results obtained by the total of 342 subjects (Table 4). Focusing on the fortified purees, different results were obtained by the two clusters. In terms of overall acceptability, Cluster 1 preferred the purees fortified with the ChM and ChS fibrous 343 fractions both for the PR and PV formulations. The highest rating was observed for PVChS ( $6.4 \pm 1.5$ ), 344 which was not significantly different to that of the PV puree (7.0  $\pm$  1.8). For Cluster 1, liking for texture 345 346 decreased as the particle size of the added fibrous fraction increased, as noticed by the preference of all 347 consumers. Again, in terms of texture PVChS reached the highest average value among the fortified purees, which was the same as that observed for PV. The good ratings given for the ChS fraction were confirmed 348 349 also in terms of liking for colour.

Cluster 2 did not discriminate among the three PR formulations in terms of overall acceptability, while among the PV formulations PVChL was preferred. This cluster did not discriminate among the fortified samples for both texture and colour, but ratings were higher for the control purees than those of the fortified purees.

# 354 4. Conclusions

Tomato purees fortified with Ch fractions could be positioned noticeably above with respect to the conventional purees in terms of potential health benefits. Indeed, tomato is rich in lycopene but it does not contain proanthocyanidins and hence the addition of grape pomace ingredients could overall improve its antioxidant and anti-glycation properties *in vitro*. Upon heat-stabilization, phenolic contents and reducing capacity remained much higher in all the fortified purees than in the controls. Increase in anti-glycation activity was also observed in the fortified formulations.

The varying particle sizes of puree formulations had a moderate effect on proanthocyanidins' solubility and a marked influence on consumers' preference. PVChS, having the smallest particle sizes, had the maximum appreciation by a cluster of consumers, with similar liking ratings to those of the control puree. Thus, this innovative functional puree can have a positive feedback by a relevant segment of consumers.

The overall results indicate that grape skins could be used as ingredients for the development of new tomatopurees, contributing to a sustainable process innovation.

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Sample	Quercetin derivatives							
	Q-ud	Q-ud Q-rut Q-gln Q-glc		Q-glc	Q	tot Q-der		
ChL			$111^{e} \pm 2$	$98^b \pm 5$	$13.8^{\rm e} \pm 0.6$	$223^{\circ} \pm 8$		
ChM			$114^{e} \pm 4$	$92^b \pm 1$	$13.6^{\rm e} \pm 0.6$	$220^{\circ} \pm 5$		
ChS			$115^{e} \pm 1$	$97^b \pm 1$	$12.8^{\rm e} \pm 0.8$	$225^{\circ} \pm 3$		
PR	$3.28^{a} \pm 0.01$ (72)	$42.10^{b} \pm 0.09$ (91)			$0.35^a~\pm~0.01$	$45.73^{a} \pm 0.12$ (88)		
PRChL	$3.10^{a} \pm 0.03$ (76)	$36.30^{a} \pm 1.52$ (87)	$2.50^{ab} \pm 0.03$ (73)	$2.50^{a} \pm 0.01$ (87)	$4.52^{b} \pm 0.16 (1139)$	$49.12^{a} \pm 1.76$ (100)		
PRChM	$2.92^{a} \pm 0.08$ (71)	$36.10^{a} \pm 0.05$ (86)	$2.27^{a} \pm 0.03$ (67)	$2.78^{a} \pm 0.03$ (97)	$5.41^{bc} \pm 0.42$ (1364)	$49.48^{a} \pm 0.61 \ (103)$		
PRChS	$3.80^{a} \pm 0.28$ (91)	$39.00^{a} \pm 0.00$ (93)	$2.64^{bc} \pm 0.31$ (78)	$2.81^{a} \pm 0.08$ (98)	$4.40^{b} ~\pm~ 0.78 ~(1109)$	$52.65^{a} \pm 1.45$ (102)		
PV	$10.71^{b} \pm 0.44$ (81)	$55.89^{d} \pm 0.34 (95)$			$0.85^{\mathrm{a}}$ $\pm$ $0.01$	$67.45^{b} \pm 0.79$ (93)		
<b>PVChL</b>	$10.92^{b} \pm 1.91$ (85)	$53.59^{\circ} \pm 0.05 (94)$	$2.93^{cd} \pm 0.18$ (80)	$2.97^{a} \pm 0.96 \ (97)$	$6.77^{cd} \pm 0.04 (1590)$	$77.17^{b} \pm 3.14 (100)$		
<b>PVChM</b>	$10.59^{b} \pm 0.62$ (82)	$52.42^{\circ} \pm 1.07$ (92)	$3.05^{d}$ $\pm$ 0.29 (84)	$2.88^{a} \pm 0.74$ (94)	$6.67^{cd} \pm 0.85 (1567)$	$75.60^{b} \pm 3.57$ (98)		
<b>PVChS</b>	$10.49^{b} \pm 0.96$ (82)	$53.61^{\circ} \pm 0.98$ (94)	$3.05^{d}$ ± 0.03 (84)	$3.03^{a} \pm 0.18$ (99)	$7.10^{d} \pm 0.99$ (1669)	$77.28^{b} \pm 3.15 (100)$		

Table 1. Contents of Quercetin Derivatives and Quercetin Aglycone (mg quercetin 3-O glucoside eq./kg) in the ChL, ChM and ChS Fractions, PV and PR

Tomato Purees and their Combined Formulations, after Autoclave Treatment.

Data are average  $\pm$  SD. Percent recovery after autoclave treatment is indicated in parenthesis. *Q-ud*, unidentified quercetin derivative; Q-rut, rutin; Q-gln, quercetin 3-O glucuronide; Q-glc, quercetin 3-O glucoside; Q, quercetin; tot Q-der, sum of quercetin derivatives. Values in the same column with differing superscripts are significantly different (LSD, p < 0.05).

Sample		Naringenin				
	K-gal	K-gln+K-glc	K	tot K-der		
ChL	$77^{b} \pm 7$	$313^b \pm 6$	$16.9^{b} \pm 1.5$	$407^{b} \pm 12$		
ChM	$70^{b} \pm 2$	$304^{b} \pm 5$	$16.7^{\mathrm{b}} \pm 0.4$	$391^{b} \pm 8$		
ChS	$67^{b} \pm 7$	$297^{b} \pm 20$	$18.2^{\text{b}} \pm 1.3$	$382^{b} \pm 28$		
PR					$11.37^{a} \pm 0.64$	(81)
PRChL	$1.58^{a} \pm 0.03$ (77)	$6.93^{a} \pm 0.16$ (76)	$2.15^{a} \pm 0.08$ (418)	$10.66^{a} \pm 0.07 \ (91)$	$11.13^{a} \pm 0.03$	(88)
PRChM	$1.74^{a} \pm 0.02$ (84)	$6.64^{a} \pm 0.21$ (73)	$2.04^{a} \pm 0.14$ (397)	$10.41^{a} \pm 0.10$ (89)	$10.61^a~\pm~0.70$	(84)
PRChS	$1.66^{a} \pm 0.03$ (81)	$6.38^{a} \pm 0.02$ (70)	$1.81^{a} \pm 0.01$ (352)	$9.84^{a} ~\pm~ 0.01 ~(85)$	$11.72^{a} \pm 0.23$	(93)
PV					$45.53^{b} \pm 0.72$	(90)
<b>PVChL</b>	$2.10^{a} \pm 0.49$ (95)	$6.81^{a} \pm 1.45$ (70)	$1.79^{a} \pm 0.05 (325)$	$10.70^{a} \pm 0.71$ (86)	$45.99^{b} \pm 0.89$	(94)
PVChM	$2.02^{a} \pm 0.27$ (91)	$7.22^{a} \pm 0.46$ (74)	$2.23^{a} \pm 0.02$ (404)	$11.46^{a} \pm 0.22$ (92)	$44.60^b~\pm~0.36$	(91)
PVChS	$1.97^{\rm a}~\pm~0.12~(89)$	$7.23^{a} \pm 0.36$ (74)	$1.95^{a} \pm 0.04$ (354)	$11.15^{a} \pm 0.17$ (89)	$44.63^b~\pm~0.01$	(91)

ChS Fractions, PV and PR Tomato Purees and their Combined Formulations, after Autoclave Treatment.

**Table 2**. Contents of Kaempferol Derivatives, Kaempferol Aglycone (mg Kaempferol 3-O glucoside eq./kg) and Naringenin (mg/kg) in the ChL, ChM and

Data are average  $\pm$  SD. Percent recovery after autoclave treatment is indicated in parenthesis. K-gal, kaempferol 3-O galactoside; K-gln, kaempferol 3-O glucuronide; K-glc, kaempferol 3-O glucoside; K, kaempferol, tot K-der, sum of total kaempferol derivatives. Values in the same column with differing superscripts are significantly different (LSD, p < 0.05).

Table 3. Soluble Proanthocyanin Contents (PCy<sub>soluble</sub>, mg/kg) and FRAP Values (mmolFe(II) eq./kg) of the ChL, ChM and ChS Fractions, PV and PR

		DC		FRAP				
Puree	PCysoluble           Raw         Microwaved		Autoclaved	Raw	Microwaved	Autoclaved		
ChL	$20700^{\circ} \pm 42$			$170^{d} \pm 25$				
ChM	$25300^d~\pm~28$			$207^{e}$ $\pm$ 26				
ChS	$27000^{e}~\pm~14$			$217^{\mathrm{f}}$ $\pm$ $24$				
PR				$1.97^{ax}$ $\pm$ 0.14	$2.29^{a \ x} \pm 0.14$	$2.15^{a x} \pm 0.11$		
PRChL	$352^{a \ x} \pm 63$ (53)	$353^{a x} \pm 3$ (53)	$406^{a y} \pm 1$ (61)	$4.74^{abc \ x} \pm 0.04$ (64)	) $4.55^{c x} \pm 0.03$ (61)	$5.34^{b\ y} \pm 0.27$ (72)		
PRChM	$445^{bx} \pm 23$ (55)	$399^{ab x} \pm 4$ (49)	$506^{bc y} \pm 10$ (62)	$5.25^{bc x} \pm 0.55$ (61)	) $5.30^{d x} \pm 0.09$ (62)	$6.25^{c y} \pm 0.35$ (73)		
PRChS	$482^{bx} \pm 14$ (56)	$450^{bc x} \pm 11$ (52)	$555^{cd y} \pm 3$ (64)	$5.82^{c x} \pm 0.12$ (65)	) $6.04^{e_x} \pm 0.09$ (68)	$6.91^{\text{de y}} \pm 0.10$ (78)		
PV				$2.68^{ab\ x}\ \pm\ 0.22$	$2.60^{b\ x}\ \pm\ 0.18$	$2.75^{a\ x} \pm 0.15$		
PVChL	$355^{a x} \pm 6$ (54)	$348^{a x} \pm 1$ (53)	$455^{ab xy} \pm 81$ (69)	$5.16^{bc x} \pm 0.04$ (64	) $5.35^{d x} \pm 0.15$ (66)	$6.27^{cd y} \pm 0.38$ (77)		
PVChM	$446^{b\ x} \pm 17$ (55)	$411^{abc x} \pm 45$ (51)	$629^{dc y} \pm 65$ (78)	$5.89^{c x} \pm 0.07$ (63)	) $5.93^{e x} \pm 0.04$ (64)	$6.95^{e\ y} \pm 0.23$ (75)		
<b>PVChS</b>	$487^{b\ x} \pm 35$ (56)	$468^{c x} \pm 44 (54)$	$668^{e\ y} \pm 19$ (77)	$6.35^{c x} \pm 0.30$ (66	) $6.02^{e_x} \pm 0.18$ (63)	$7.50^{e\ y} \pm 0.45$ (78)		

Tomato Purees and their Combined Formulations, after Mixing (raw), Microwave Treatment and Autoclave Treatment.

Data are average  $\pm$  SD. Percent recovery is indicated in parenthesis. Values in the same column with differing superscripts (a-f) are significantly different

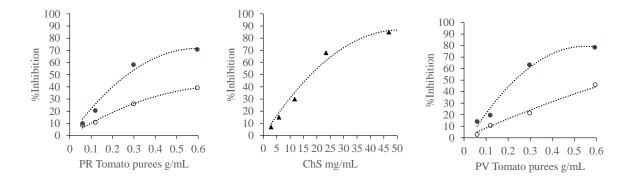
(LSD, p < 0.05). Values in the same row with differing superscripts (x-z) are significantly different (LSD, p < 0.05).

Table 4. Overall Liking and Liking for Texture and Colour of the PV and PR Tomato Purees and their Formulations with ChL, ChM and ChS Fractions

Expressed by All Consumers (n=86), Cluster 1 (n=46) and Cluster 2 (n=40).

	Overall			Texture			Colour		
Puree	All	Cluster 1	Cluster 2	All	Cluster 1	Cluster 2	All	Cluster 1	Cluster 2
PR	$6.9^{a} \pm 1.8$	$6.9^{a} \pm 1.5$	$7.0^{a} \pm 2.1$	$7.0^{a} \pm 1.8$	$6.8^{a} \pm 2.0$	$7.1^{a} \pm 1.6$	$7.4^{a} \pm 1.7$	$7.4^{a} \pm 1.8$	$7.5^{a} \pm 1.6$
PRChL	$4.6^{d} \pm 2.1$	$3.6^{d} \pm 1.7$	$5.7^{bc} \pm 2.0$	$4.3^{e} \pm 2.3$	$3.5^{d} \pm 1.9$	$5.3^{b} \pm 2.4$	$5.3^{\circ} \pm 1.8$	$4.7^{d} \pm 1.7$	$6.0^{b} \pm 1.7$
PRChM	$[4.8^{cd} \pm 2.1]$	$4.7^{\circ} \pm 1.9$	$5.0^{cd} \pm 2.4$	$4.9^{cd} \pm 2.1$	$4.7^{\circ}$ ± 1.9	$5.3^{b} \pm 2.3$	$5.3^{\circ} \pm 1.7$	$5.1^{cd} \pm 1.5$	$5.7^{b} \pm 1.8$
PRChS	$5.0^{bcd} \pm 2.1$	$5.1^{\circ} \pm 1.9$	$5.0^{cd} \pm 2.3$	$5.0^{cd} \pm 2.1$	$4.9^{bc}$ ± 1.8	$5.1^{b} \pm 2.4$	$5.3^{\circ} \pm 1.7$	$5.1^{cd} \pm 1.6$	$5.6^{b} \pm 1.8$
PV	$6.7^{a} \pm 1.9$	$7.0^{a}$ $\pm$ $1.8$	$6.3^{ab} \pm 1.9$	$6.8^{a} \pm 1.7$	$7.0^{a}$ $\pm$ 1.6	$6.7^{a} \pm 1.7$	$7.2^{a} \pm 1.7$	$7.4^{a} \pm 1.8$	$7.1^{a} \pm 1.7$
<b>PVChL</b>	$5.3^{b} \pm 1.9$	$5.2^{\circ} \pm 1.9$	$5.5^{\circ} \pm 2.0$	$4.7^{de} \pm 2.3$	$4.6^{\circ} \pm 2.3$	$4.8^b$ $\pm$ $2.4$	$5.6^{bc}$ $\pm$ 1.8	$5.4^{\circ} \pm 1.8$	$5.9^{b} \pm 1.7$
PVChM	$5.3^{\rm bc} \pm 2.1$	$6.0^{b} \pm 1.5$	$4.5^{d} \pm 2.5$	$5.3^{\circ} \pm 2.0$	$5.4^{b} \pm 1.7$	$5.2^{b} \pm 2.3$	$5.5^{bc} \pm 1.8$	$5.5^{bc} \pm 1.6$	$5.6^{b} \pm 2.0$
PVChS	$5.5^{b} \pm 2.1$	$6.4^{ab} \pm 1.5$	$4.5^d$ $\pm 2.2$	$5.9^{b}$ $\pm$ 1.9	$6.6^a$ $\pm$ 1.3	$5.2^{b}$ $\pm$ $2.2$	$5.8^{b}$ $\pm$ $1.8$	$6.1^{b} \pm 1.7$	$5.5^{b}$ $\pm 1.8$

Data are average  $\pm$  SD. Values in the same column with differing superscripts are significantly different (LSD, p < 0.05).



**Figure 1**. Dose-response curves for the inhibition of protein glycation by the ChS fraction, autoclaved PR and PV purees ( $\circ$ ) and their formulation with the ChS fraction ( $\bullet$ ). The ChM and ChL fractions behaved similarly to the ChS fraction.

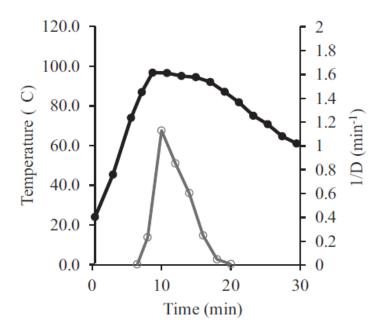


Figure 2. Temperature ( $\bullet$ ) and 1/D values ( $\circ$ ) for the target microorganism Alicyclobacillus acidoterrrestris of tomato puree during microwave treatment