

Milan, September 7 - 2007

Centro CARDIOLOGICO Monzino, IRCCS



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Carotid atherosclerosis
and vascular risk factors:
lessons from an
European population study



UNIVERSITÀ DEGLI STUDI
DI MILANO



CENTRO DI RICERCHE FARMACOLOGICHE
PER LO STUDIO E LA PREVENZIONE
DELLE MALATTIE CARDIOVASCOLARI



Centro **CARDIOLOGICO**
Monzino - IRCCS



Research for care

Scientific Director: Paolo Biglioli

Chairperson: Elena Tremoli

FACULTY

Damiano Baldassarre

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Per Eriksson

Karolinska Institutet - Stockholm

Philippe Giral

Hôpital Pitie - Paris

Enzo Grossi

Bracco Imaging - Milan

Anders Hamsten

Karolinska Institutet - Stockholm

Sudhir Kurl

University of Kuopio - Kuopio

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Kuopio Research Institute of Exercise Medicine - Kuopio

Cesare R. Sirtori

University of Milan - Milan

Andries Jan Smit

University Hospital Groningen - Groningen

Elena Tremoli

Centro Cardiologico Monzino, IRCCS - Milan
University of Milan - Milan

SEPTEMBER 7

MORNING

9.00

The role of a research hospital in cardiovascular innovation

Carlo Ciani

9.10

Cardiovascular research at Centro CARDIOLOGICO Monzino

Paolo Biglioli

9.20

Introduction

Rodolfo Paoletti

9.30

Gene-environmental interaction in cardiovascular disease

Anders Hamsten

10.00

Cardiovascular disease and physical exercise

Rainer Rauramaa

10.30

Coffee break

INTIMA-MEDIA THICKNESS OF CAROTID ARTERIES

Chairmen: Cesare R. Sirtori and Alessandro Parolari

11.00

Carotid IMT as biomarker

Elena Tremoli

11.30

Toward the IMPROVE study

Damiano Baldassarre

12.00

IMPROVE study: IMT and antropometric or clinical variables

Elmo Mannarino

12.30

Vascular risk factors and IMT

Ulf De Faire

13.00

Lunch

SEPTEMBER 7
AFTERNOON

LESSONS FROM THE IMPROVE STUDY

Chairpersons: Elena Tremoli and Mauro Pepi

14.00

Genetic and carotid IMT

Per Eriksson

14.30

Lipid peroxidation and IMT

Kristiina Nyssonen

15.00

Socioeconomic variables and IMT

Sudhir Kurl

15.30

IMT and nutritional intervention

Philippe Giral

16.00

Skin autofluorescence and carotid IMT in a subgroup of patients of the IMPROVE study

Andries Jan Smit

16.30

Determinants of Carotid IMT: baseline results of IMPROVE study analysed by Artificial Neural Networks

Enzo Grossi

17.00

General discussion



Scientific Secretary

Mauro Amato

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Organizing Committee

Alessio Ravani

Samuela Castelnovo

Beatrice Frigerio

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Place of the Meeting

Aula Magna

Centro Cardiologico Monzino, IRCCS

Via Parea 4 - 20138 Milan, Italy



PARTICIPATION FORM

You are kindly requested to fill in this form and return it before **August 31, 2007** to the following Email address:
direzione.scientifica@ccfm.it

First Name _____

Last Name _____

Date of Birth _____

Gender M F

Address _____

State _____

Country _____

Phone Number _____

Fax Number _____

Email Address _____

Profession _____

Specialty _____

Institution _____

Institution Address _____

State _____

Country _____

Phone Number _____

Fax Number _____

HOW TO REACH US

BY PUBLIC TRANSPORTATION

from Milan downtown:

- subway line 3 (yellow line), San Donato stop, then bus 45 Via Vittorini stop (50 metres off Centro CARDIOLOGICO Monzino)
- bus 27 Viale Ungheria stop, than bus 66 or 45 to Linate, Via Vittorini stop

from Central Station or Rogoredo:

- subway line 3 (yellow line) then follow the above instructions

BY CAR

The Centro CARDIOLOGICO Monzino is located in Via Parea, 4 - 20138 Milan
100 metres off Via Mecenate exit - Tangenziale Est

from Milan:

- Via Mecenate, turn left before the Tangenziale Est traffic-light then follow Centro CARDIOLOGICO sign

MAP

A road map is available at the following website: **www.ccfm.it**

TIMETABLE

A Public Transport timetable is available at the following website: **www.atm-mi.it**

Further informations will be available at **www.cardiologicomonzino.it**

HOTEL ACCOMODATION

BELOW IS THE LIST OF THE HOTELS SELECTED.

For information and reservation
please contact the hotel bureau.

Hotel name

NOVOTEL Milan Est

Location

Via Mecenate, 121

Milan

Tel.+39/02/58011085

Hotel name

HOTEL MONTINI

Location

Via G.Di Vittorio, 39

Peschiera Borromeo

Tel.+39/02/5475031

Hotel name

CROWNE PLAZA

Location

Via K.Adenaur

San Donato Milanese

Tel.+39/02/516001

Hotel name

REGENT HOTEL

Location

Via Milano, 2

San Donato Milanese

Tel.+39/02/51628184

Hotel name

QUERCIA RESIDENCE

Location

Via Vittorini, 5

Milan

Tel.+39/02/58013114