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A linear, second-order, energy stable, fully adaptive finite element method for phase-field modelling of wetting phenomena

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1. Introduction

ABSTRACT

We propose a new numerical method to solve the Cahn-Hilliard equation coupled with non-linear wetting boundary conditions. We show that the method is mass-conservative and that the discrete solution satisfies a discrete energy law similar to the one satisfied by the exact solution. We perform several tests inspired by realistic situations to verify the accuracy and performance of the method: wetting of a chemically heterogeneous substrate in three dimensions, wetting-driven nucleation in a complex two-dimensional domain and three-dimensional diffusion through a porous medium.

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Capillarity and wetting phenomena, driven primarily by interfacial forces, are ubiquitous in a wide spectrum of natural phenomena and technological applications. Examples range from the wetting of plant leaves by rainwater and insects walking on water to coating processes, inkjet printing, oil recovery and microfluidic devices; for reviews, see e.g. [1,2]. From a historical point of view, two of the concepts essential to the understanding of capillarity and wetting were introduced and studied already in 1805: these are the Laplace pressure [3] and the Young-Dupré contact angle [4]. Later, following the work of Plateau on soap films [5], Poincaré [6] linked interfacial phenomena with the theory of minimal surfaces.

Wetting phenomena typically involve a fluid-fluid interface advancing or receding on a solid substrate and a contact line formed at the intersection between the interface and the substrate. The wetting properties of the substrate determine to a large extent the behaviour of the fluids in the contact-line region, and in particular the contact angle at the three-phase conjunction, defined as the angle between the fluid-fluid interface and the tangent plane at the substrate. At equilibrium, this is precisely the Young-Dupré angle. When one of the two fluids moves against the other, the contact angle becomes a dynamic quantity, and when the problem is formulated in the framework of conventional hydrodynamics, the contact line motion relatively to the solid boundary results in the notorious stress singularity there, as first noted in the pioneering studies by Moffat [7] and Huh and Scriven [8]. Since then there have been numerous analyses and discussions of the

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singularity over the years, e.g. Refs. [9–11] and also recent studies in Refs. [12,13] (with the latter one revisiting the classical Cox-Hocking matched asymptotic analysis and providing a correction to it).

A popular model for interface dynamics is the Cahn-Hilliard (CH) equation [14,15], which belongs to the class of phasefield and diffuse interface models. Originally proposed to model spinodal decomposition and the mechanism by which a binary mixture can separate to form two coexisting phases due to, e.g., a change of temperature [15], it has been used in a wide spectrum of different contexts such as solidification phenomena [16] and Saffman-Taylor instabilities in Hele-Shaw flows [17]. To account for wetting phenomena and contact lines on solid boundaries, the CH equation can be coupled to a wall boundary condition [18]. Such CH model has been employed successfully in various situations, including microfluidic devices [19–22], flow in porous media [23], rheological systems [24], and patterning of thin polymer films [25]. Other potential applications include micro-separators [26], fuel cells [27] and CPU chip cooling based on electro-wetting [28]. Many of these applications are characterised by the presence of chemically heterogeneous substrates and/or complex geometries, which make their numerical simulation challenging.

The form of the wetting boundary condition is dictated by the form of the wall free energy. For liquid-gas problems linear forms have been adopted, e.g. in the pioneering study by Seppecher [29] and Refs. [30,31]. But a cubic is the lowest-order polynomial required so that the wall free energy can be minimised for the bulk densities and prevents the formation of boundary layers on the wall ahead of a moving contact line such as precursor films or any density gradients that might alleviate the discontinuity. Cubic forms have been adopted for binary fluid problems, e.g. Refs. [32,33], but also for liquid-gas ones, Refs. [34,35]. The latter studies, in particular, showed asymptotically that a CH model can alleviate the contact line discontinuity without any additional physics (and at the same time completing but also correcting Seppecher's work). Detailed asymptotic analysis of the unification of binary-fluid CH models can be found in Ref. [36].

Various approaches have been proposed in the literature for the numerical solution of the CH equation. Because of the high order of the equation and its multiscale features (scale separation between interface size and the characteristic length), most existing time-stepping schemes are implicit or semi-implicit. Several of these schemes aim to satisfy discrete mass and energy laws in agreement with the underlying continuum model. Discretisation in space can be achieved using finite-difference methods [37,38], finite element methods [39–41], or spectral methods [42]. In addition, the computation time can be reduced by applying adaptive mesh refinement [43,44] and time-step adaptation [45].

Among the several linear schemes for the CH equation with homogeneous Neumann boundary conditions introduced in [46], the authors have shown by means of numerical experiments that, their second-order optimal dissipation scheme, referred to as OD2, is the most accurate and the one introducing the least numerical dissipation. In this work, we outline a numerical scheme that extends and appropriately generalises OD2 as follows: (a) it includes a non-linear wetting boundary condition; (b) it adopts an efficient energy-based time-step adaptation strategy. In contrast with the time-adaptation scheme introduced in [45], where the time step is adapted to limit numerical dissipation, here we base the time-step adaptation directly on the variation of free energy. With this method we are able to solve the CH system efficiently and systematically to capture wetting phenomena in both two- and three-dimensional (2D and 3D, respectively) settings, and in a wide range of situations, including confinement with complex geometry, chemical and topographical heterogeneities, or both.

Like the OD2 scheme on which it was based, the time-stepping scheme we propose is semi-implicit and linear. We show that it is also mass-conservative and satisfies a discrete free-energy law with a numerical dissipation term of order 2 in time. Space discretisation is achieved using a finite-element method, leading to an unsymmetrical sparse linear system to solve at each iteration. We use a mesh refinement strategy to capture interfaces precisely, and an adaptive time step to limit the variation of free energy at each step, with the aim of increasing the resolution in time during fast phenomena.

To test the efficiency of the proposed numerical scheme we consider several wetting problems as test cases. We first study relaxation towards equilibrium in two situations: the spreading of a sessile droplet and the coalescence of two sessile droplets on a flat, chemically homogeneous substrate. We then consider two-component systems in complex geometries delimited by chemically heterogeneous substrates in both 2D and 3D.

In Section 2, we introduce the CH system and the non-linear wetting boundary condition. In Section 3, we outline our numerical scheme and prove the associated conservation properties. In Section 4, we present the results of several numerical experiments. Conclusions and perspectives for future work are offered in Section 5.

2. Phase-field model for wetting phenomena

Throughout this study, $\Omega \subset \mathbb{R}^d$ corresponds to a *d*-dimensional domain, $\partial \Omega$ denotes its boundary with outward unit normal vector **n**, Γ_S is the solid substrate and $\Gamma_G = \partial \Omega \setminus \Gamma_S$. The CH system we use to describe the dynamics of two immiscible fluids in contact with a solid substrate, is a free-energy-based model. The starting point is the introduction of a locally conserved field, denoted by $\phi : \Omega \to \mathbb{R}$, that plays the role of an order-parameter: two equilibrium values, say +1 and -1, represent the pure phases, and the interface is conventionally located at the points where $\phi = 0$ [14,15]. We consider systems with a free energy given by

$$E(\phi) := E_m(\phi) + E_w(\phi) \tag{1}$$

$$:= \int_{\Omega} \left(\frac{1}{\varepsilon} F_m(\phi) + \varepsilon \frac{|\mathbf{v}\phi|^2}{2} \right) d\Omega + \int_{\partial\Omega} F_w(\phi) d\sigma,$$
(2)

where the two terms, E_m and E_w , represent the mixing and wall components of the free energy, respectively. Here $F_m(\phi) = \frac{1}{4}(\phi^2 - 1)^2$ and F_w is taken to be a cubic polynomial, following e.g. Refs. [34,35]:

$$F_{W}(\phi) = \frac{\sqrt{2}}{2}\cos\theta(\mathbf{x})\left(\frac{\phi^{3}}{3} - \phi\right),\tag{3}$$

where $\theta = \theta(\mathbf{x})$ is the equilibrium contact angle, which can depend on the spatial position \mathbf{x} . From the expression of the free energy, we calculate that, for a sufficiently smooth function $\psi : \Omega \to \mathbb{R}$:

$$\frac{\mathrm{d}}{\mathrm{d}\alpha} E(\phi + \alpha \,\psi) \Big|_{\alpha=0} = \int_{\Omega} \left(\frac{1}{\varepsilon} f_m(\phi) - \varepsilon \,\Delta \phi \right) \psi \,\mathrm{d}\Omega + \int_{\partial\Omega} (f_w(\phi) + \varepsilon \nabla \phi \cdot \mathbf{n}) \,\psi \,\mathrm{d}\sigma, \tag{4}$$

with $f_m = F'_m$ and $f_w = F'_w$, so the chemical potential is equal to

$$\mu := \frac{\delta E}{\delta \phi} = \frac{1}{\varepsilon} f_m(\phi) - \varepsilon \,\Delta\phi,\tag{5}$$

and the natural boundary condition associated with the surface energy is

$$\varepsilon \nabla \phi \cdot \mathbf{n} = -f_{w}(\phi) = \frac{\sqrt{2}}{2} \cos \theta(\mathbf{x})(1 - \phi^{2}).$$
(6)

We assume that the dynamics of the system is governed by the CH equation,

$$\frac{\partial \phi}{\partial t} = \nabla \cdot (b(\mathbf{x}) \,\nabla \mu),\tag{7}$$

where $b(\mathbf{x})$ is a mobility parameter, assumed to be uniform hereafter. This leads to the following mass-conservation property:

$$\frac{\mathrm{d}}{\mathrm{d}t}M(\phi) := \frac{\mathrm{d}}{\mathrm{d}t}\int_{\Omega} \phi \,\mathrm{d}\Omega = \int_{\partial\Omega} b \,\nabla \mu \cdot \mathbf{n} \,\mathrm{d}\sigma,\tag{8}$$

so the mass flux at the boundary can be specified using the condition $b\nabla \mu \cdot \mathbf{n} = \dot{m}(\mathbf{x})$, where $\dot{m}(\mathbf{x})$ is the desired mass flux. In particular, we will set $\dot{m}(\mathbf{x}) = 0$ at the solid boundary, Γ_S . In summary, the equations we are solving in this study are:

$$\frac{\partial \phi}{\partial t} = \nabla \cdot (b(\mathbf{x}) \,\nabla \mu),\tag{9a}$$

$$\mu = \frac{1}{\varepsilon} f_m(\phi) - \varepsilon \,\Delta\phi \qquad \text{for } x \in \Omega, t \in (0, T], \tag{9b}$$

$$\varepsilon \nabla \phi \cdot \mathbf{n} = -f_w(\phi), \tag{9c}$$

$$b \nabla \mu \cdot \mathbf{n} = \dot{m}(\mathbf{x})$$
 for $x \in \partial \Omega, t \in (0, T]$. (9d)

In addition to the conservation of mass, Eqs. (9a) to (9d) imply the following energy-conservation law, involving the phase field and the chemical potential:

$$\frac{\mathrm{d}}{\mathrm{d}t}E(\phi(t)) = -\|\sqrt{b}\,\nabla\mu\|_{L^2}^2 + \int\limits_{\partial\Omega} \dot{m}\,\mu\,\mathrm{d}\sigma\,.\tag{10}$$

An advantage of the cubic surface energy (3) over other surface energy formulations (see [47] for a review of wetting boundary conditions for binary fluids) is that the well-known hyperbolic tangent profile is an equilibrium solution in more than 1 dimensions. Specifically, the function

$$\phi(\mathbf{x}) = \tanh\left(\frac{\mathbf{x} \cdot \mathbf{u}}{\sqrt{2}\varepsilon}\right), \quad \text{where } \mathbf{u} = (\pm \sin\theta, \cos\theta)^T$$
(11)

is solution to the CH equation posed in the half plane $\{y \ge 0\}$ with the boundary condition (3) at $\{y = 0\}$ and constant $\theta(\mathbf{x}) = \theta$. A schematic representation of this solution and the corresponding fluid-fluid interface is given in Fig. 1.

A drawback of the cubic wall energy (3) is that the conservation of energy no longer seems to imply stability bounds for the solution, making it impossible to use the tools traditionally employed (see e.g. [48]) to prove the existence of a solution. Indeed, an application of the trace inequality gives only that, under appropriate regularity assumptions on ϕ :



Fig. 1. Schematic of the profile geometry of a fluid-fluid interface intersecting a solid boundary and illustration of the stationary solution (11).

$$\left\|\phi^{3}\right\|_{L^{1}(\partial\Omega)} \leq C\left(\left\|\phi^{3}\right\|_{L^{1}(\Omega)} + \left\|\nabla(\phi^{3})\right\|_{L^{1}(\Omega)}\right)$$
(12a)

$$= C\left(\left\|\phi^{3}\right\|_{L^{1}(\Omega)} + 3\left\|\phi^{2}\nabla\phi\right\|_{L^{1}(\Omega)}\right)$$
(12b)

$$\leq C\left(\left\|\phi^{3}\right\|_{L^{1}(\Omega)}+\frac{3}{2\alpha}\left\|\phi^{4}\right\|_{L^{1}(\Omega)}+\frac{3\alpha}{2}\left\|\nabla\phi\right\|_{L^{2}(\Omega)}^{2}\right)\quad\forall\alpha>0,$$
(12c)

where we used Hölder's inequality and Young's inequality with a parameter. Therefore, the wall energy cannot be controlled by the mixing energy for arbitrary domains. This issue can be remedied by a simple modification of the wall energy outside of the physical range [-1; 1]; instead of (3), we consider the following wall energy:

$$F_{w}^{*}(\phi) = \frac{\sqrt{2}}{2}\cos\theta(\mathbf{x}) \times \begin{cases} \left(\frac{2}{3} - (\phi + 1)^{2}\right) & \text{if } \phi < -1; \\ \left(\frac{\phi^{3} - 3\phi}{3}\right) & \text{if } \phi \in [-1, 1]; \\ \left(-\frac{2}{3} + (\phi - 1)^{2}\right) & \text{if } \phi > 1. \end{cases}$$
(13)

This function is such that $F_w^*(\phi) = F_w(\phi)$ for $\phi \in [-1, 1]$, $F_w^* \in C^2(\mathbb{R})$, and $(F_w^*)''$ is absolutely continuous, which makes it possible to prove the second order convergence of our time-stepping scheme, see Section 3. Another possibility would have been to choose constant values for F_w^* outside of the interval [-1; 1], but this would have led to F_w^* being only $C^1(\mathbb{R})$, making it more difficult to show second order convergence theoretically. The weak formulation of Eqs. (9a) to (9d) with the modified wall energy (13) is as follows: find (ϕ, μ) such that

$$\phi \in L^{\infty}(0,T; H^{1}(\Omega)), \quad \frac{\partial \phi}{\partial t} \in L^{2}(0,T; (H^{1}(\Omega))'), \quad \mu \in L^{2}(0,T; H^{1}(\Omega)), \tag{14}$$

and the following variational formulation is satisfied:

$$\langle \partial_t \phi, \psi \rangle + (b \nabla \mu, \nabla \psi) = (\dot{m}, \psi)_{\partial \Omega}$$
 $\forall \psi \in H^1(\Omega) \text{ and a.e. } t,$ (15a)

$$(\mu, \nu) = \varepsilon \left(\nabla\phi, \nabla\nu\right) + \frac{1}{\varepsilon} \left(f_m(\phi), \nu\right) + \left(f_w^*(\phi), \nu\right)_{\partial\Omega} \qquad \forall \nu \in H^1(\Omega) \text{ and a.e. } t,$$
(15b)

with $f_w^* := (F_w^*)'$ and where $\langle \cdot, \cdot \rangle$, (\cdot, \cdot) and $(\cdot, \cdot)_{\partial\Omega}$ denote, respectively, the duality pairing between $(H^1(\Omega))'$ and $H^1(\Omega)$, the standard inner product in $L^2(\Omega)$, and the standard inner product in $L^2(\partial\Omega)$. For simplicity of notations, the symbols F_w , f_w and E will refer in the rest of this paper to F_w^* , f_w^* , and $E_m + \int_{\partial\Omega} F_w^* d\sigma$, respectively.

2.1. Existence of a solution

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We can show the following existence result for the weak formulation of the Cahn-Hilliard system with the modified boundary condition presented above, under appropriate regularity assumptions for the initial condition and the mass flux \dot{m} .

Theorem 2.1. Assume that $\phi_0 \in H^1(\Omega)$ and $\dot{m} \in C([0, T]; L^2(\partial \Omega))$. Then there exists a pair of functions (ϕ, μ) , with

$$\begin{split} &1. \ \phi \in L^{\infty}(0,T; H^{1}(\Omega)) \bigcap C([0,T]; L^{2}(\Omega)), \\ &2. \ \partial_{t}\phi \in L^{2}(0,T; (H^{1}(\Omega))'), \\ &3. \ \phi(0) = \phi_{0}, \\ &4. \ \mu \in L^{2}(0,T; H^{1}(\Omega)), \end{split}$$

that solve the variational formulation Eqs. (15a) and (15b).

Proof. See Appendix A.

3. Numerical method

In this section we introduce a new time-stepping scheme to solve the CH equation (7) with the non-linear wetting boundary condition (6), which is a generalisation of the optimal dissipation scheme of order 2, OD2, developed in [46]. We decided to extend this particular scheme because, as already mentioned in the Introduction, the authors of [46] showed that, among all the linear schemes they proposed, it is the most accurate and the least dissipative. And in selected test cases, they showed that for a large enough time step, it is the only scheme that leads to the correct equilibrium solution. We refer to our scheme as OD2-W, with W denoting wetting, and show that it leads to a consistent discrete energy law.

We also develop a new adaptive time-stepping strategy which, combined with adaptation in space, leads to a fully adaptive finite element method. An excellent introduction to the finite element method and corresponding mixed formulations can be found in Ref. [49] and to mesh generation and adaptive refinement in Ref. [50].

3.1. OD2-W scheme

In this section, we assume for simplicity that $\dot{m} = 0$ and that θ is uniform on $\partial\Omega$. We denote by Δt the time step, and by ϕ^n and $\mu^{n+1/\alpha}$ the numerical approximations of ϕ and μ at times t^n and $t^n + \frac{1}{\alpha}\Delta t$, respectively. To define a discretisation in time of the CH system appropriate for wetting phenomena, we follow the approach proposed in [46] to design an optimal dissipation scheme, and consider the following generic implicit-explicit numerical scheme: given $\phi^n \in H^1(\Omega)$, find $(\phi^{n+1}, \mu^{n+\frac{1}{\alpha}}) \in H^1(\Omega) \times H^1(\Omega)$ such that, $\forall (\psi, \nu) \in H^1(\Omega) \times H^1(\Omega)$,

$$\left(\delta_t \phi^{n+1}, \psi\right) + \left(b \,\nabla \mu^{n+\frac{1}{\alpha}}, \nabla \psi\right) = 0 \qquad \qquad \forall \psi \in H^1(\Omega), \tag{16a}$$

$$\left(\mu^{n+\frac{1}{\alpha}},\nu\right) = \varepsilon \left(\nabla\phi^{n+\frac{1}{\alpha}+\beta},\nabla\nu\right) + \frac{1}{\varepsilon}\left(\hat{f}_m(\phi^n,\phi^{n+1}),\nu\right) + \left(\hat{f}_w(\phi^n,\phi^{n+1}),\nu\right)_{\partial\Omega} \qquad \forall \nu \in H^1(\Omega).$$
(16b)

In these expressions, \hat{f}_m , \hat{f}_w are functions to be specified, linear in their second argument. The parameter $\alpha \in \{1, 2\}$ determines the accuracy of the numerical scheme, and the parameter $\beta \in [0, 1 - 1/\alpha]$ controls the numerical diffusion. The function $\phi^{n+\frac{1}{\alpha}+\beta}$ is defined by linear interpolation between ϕ^n and ϕ^{n+1} ,

$$\phi^{n+\frac{1}{\alpha}+\beta} := \left(1 - \frac{1}{\alpha} - \beta\right)\phi^n + \left(\frac{1}{\alpha} + \beta\right)\phi^{n+1},\tag{17}$$

and $\delta_t \phi^{n+1}$ is the approximation of the time derivative of ϕ given by

$$\frac{\phi^{n+1} - \phi^n}{\Delta t}.$$
(18)

In most numerical experiments presented in this paper, we consider the case $(\alpha, \beta) = (2, 0)$ (OD2-W), but we note that other common choices include $(\alpha, \beta) = (1, 0)$ (OD1-W) and $(\alpha, \beta) = (2, \mathcal{O}(\Delta t))$ (OD2mod-W). By taking $\psi = \mu^{n+\frac{1}{\alpha}}$ and $\delta_t \phi^{n+1}$ in (16), we obtain

$$\frac{E(\phi^{n+1}) - E(\phi^n)}{\Delta t} = -\|\sqrt{b}\,\nabla\mu^{n+\frac{1}{\alpha}}\|_{L^2(\Omega)}^2 - ND(\phi^n, \phi^{n+1}), \quad n = 0, 1, \dots,$$
(19)

where $ND(\phi^n, \phi^{n+1})$, representing the non-physical numerical dissipation introduced by the time-stepping scheme, can be broken down in three parts:

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$$ND(\phi^n, \phi^{n+1}) = \varepsilon ND_{\text{philic}}(\phi^n, \phi^{n+1}) + \frac{1}{\varepsilon} ND_{\text{phobic}}(\phi^n, \phi^{n+1}) + ND_{\text{wall}}(\phi^n, \phi^{n+1}),$$
(20)

with

$$ND_{\text{philic}}(\phi^{n}, \phi^{n+1}) = \Delta t \int_{\Omega} \left[\frac{1}{\alpha} - \frac{1}{2} + \beta \right] \left| \nabla \delta_{t} \phi^{n+1} \right|^{2} d\Omega,$$

$$ND_{\text{phobic}}(\phi^{n}, \phi^{n+1}) = \int_{\Omega} \left(\hat{f}_{m}(\phi^{n}, \phi^{n+1}) \delta_{t} \phi^{n+1} - \frac{1}{\Delta t} (F_{m}(\phi^{n+1}) - F_{m}(\phi^{n})) \right) d\Omega,$$

$$ND_{\text{wall}}(\phi^{n}, \phi^{n+1}) = \int_{\partial\Omega} \left(\hat{f}_{w}(\phi^{n}, \phi^{n+1}) \delta_{t} \phi^{n+1} - \frac{1}{\Delta t} (F_{w}(\phi^{n+1}) - F_{w}(\phi^{n})) \right) d\sigma.$$
(21)

Notice that the philic dissipation is always nonnegative, with $ND_{\text{philic}}(\cdot, \cdot) = 0$ if $(\alpha, \beta) = (2, 0)$ (OD2-W), $ND_{\text{philic}}(\cdot, \cdot) = O(\Delta t^2)$ if $(\alpha, \beta) = (2, O(\Delta t))$ (OD2mod-W), and $ND_{\text{philic}}(\cdot, \cdot) = O(\Delta t)$ if $(\alpha, \beta) = (1, 0)$ (OD1-W). The two other terms can be expanded using Taylor's formula, taking into account that F_m is a polynomial of degree 4 and using the integral form of the remainder:

$$ND_{\text{phobic}}(\phi^{n}, \phi^{n+1}) = \int_{\Omega} \delta_{t} \phi^{n+1} \left(\hat{f}_{m}(\phi^{n}, \phi^{n+1}) - f_{m}(\phi^{n}) - \frac{1}{2} \Delta t f'_{m}(\phi^{n}) \delta_{t} \phi^{n+1} - \frac{1}{6} \Delta t^{2} f''_{m}(\phi^{n}) (\delta_{t} \phi^{n+1})^{2} - \frac{1}{24} \Delta t^{3} f''_{m}(\phi^{n}) (\delta_{t} \phi^{n+1})^{3} \right) d\Omega,$$

$$ND_{\text{wall}}(\phi^{n}, \phi^{n+1}) = \int \delta_{t} \phi^{n+1} \left(\hat{f}_{w}(\phi^{n}, \phi^{n+1}) - f_{w}(\phi^{n}) - \frac{1}{2} \Delta t f'_{w}(\phi^{n}) \delta_{t} \phi^{n+1} \right)$$
(22a)

$$VD_{\text{wall}}(\phi^{n}, \phi^{n+1}) = \int_{\partial\Omega} \delta_{t} \phi^{n+1} \left(f_{w}(\phi^{n}, \phi^{n+1}) - f_{w}(\phi^{n}) - \frac{1}{2} \Delta t f_{w}'(\phi^{n}) \delta_{t} \phi^{n+1} \right) - \frac{1}{2 \Delta t} \int_{\phi^{n}}^{\phi^{n+1}} f_{w}''(\phi) (\phi - \phi^{n})^{2} d\phi d\sigma.$$
(22b)

This suggests the following choices for the functions \hat{f}_m and \hat{f}_w :

$$\hat{f}_{m}(\phi^{n},\phi^{n+1}) = f_{m}(\phi^{n}) + \frac{1}{2} \Delta t f_{m}'(\phi^{n}) \delta_{t} \phi^{n+1} = \left[\frac{3}{2}(\phi^{n})^{2} \phi^{n+1} - \frac{1}{2}(\phi^{n})^{3} - \frac{\phi^{n} + \phi^{n+1}}{2}\right], \quad (23a)$$

$$\hat{f}_{w}(\phi^{n},\phi^{n+1}) = f_{w}(\phi^{n}) + \frac{1}{2} \Delta t f_{w}'(\phi^{n}) \delta_{t} \phi^{n+1}$$

$$= -\frac{\sqrt{2}}{2} \cos(\theta) \times \begin{cases} 2 + \phi^{n} + \phi^{n+1} & \text{if } \phi^{n} < -1; \\ 1 - \phi^{n} \phi^{n+1} & \text{if } \phi^{n} \in [-1,1] \\ 2 - \phi^{n} - \phi^{n+1} & \text{if } \phi^{n} > 1, \end{cases}$$

$$= -\frac{\sqrt{2}}{2} \cos(\theta) \times \left(1 + (1 - \phi^{n}) \wedge 0 + (1 + \phi^{n}) \wedge 0 - (-1 \vee \phi^{n} \wedge 1) \phi^{n+1}\right), \quad (23c)$$

where the last expression is convenient for programming purposes. We note that this methodology to derive a second-order scheme can be applied *mutatis mutandis* when using the unmodified wall energy (3), although we haven't been able to prove the existence of a solution to the weak formulation in that case. Doing so leads to $\hat{f}_w(\phi^n, \phi^{n+1}) = -(\sqrt{2}/2) \cos\theta (1 - \phi^n \phi^{n+1})$, which coincides with (23b) when $\phi^n \in [-1, 1]$. In either case, we have the following property:

Property 3.1. Assume that $\alpha = 2$ and $\beta = 0$. Then the numerical dissipation term in Eq. (19) is such that

$$|ND(\phi(t^n), \phi(t^{n+1}))| \le C\Delta t^2, \tag{24}$$

with $C := \left(C_1 \|\phi\|_{C([0,T],L^{\infty}(\Omega))} \|\partial_t \phi\|_{C([0,T],L^3(\Omega))}^3 + C_2 \|\partial_t \phi\|_{C([0,T],L^3(\partial\Omega))}^3\right)$, provided that all the terms in the definition of C are well-defined.

Proof. In [46], the authors show that:

$$ND_{\text{philic}}(\cdot, \cdot) = ND_{\text{philic}}(\phi^{n}, \phi^{n+1}) = ND_{\text{philic}}(\phi(t^{n}), \phi(t^{n+1})) = 0;$$

$$\left|ND_{\text{phobic}}(\phi(t^{n}), \phi(t^{n+1}))\right| \le \Delta t^{2} \left(C_{1} \|\phi\|_{C([0,T], L^{\infty}(\Omega))} \|\partial_{t}\phi\|_{C([0,T], L^{3}(\Omega))}^{3}\right).$$
(25)

For the wall term, we obtain from Eqs. (22b) and (23b):

$$|ND_{\text{wall}}(\phi(t_n), \phi(t_{n+1})| \le C_2 \,\Delta t^2 \int_{\partial\Omega} \left| \delta_t \phi^{n+1} \right|^3 \mathrm{d}\sigma$$

$$\le C_2 \,\Delta t^2 \, \|\partial_t \phi\|^3_{C([0,T], L^3(\partial\Omega))}. \quad \Box$$
(26)

In addition to the energy law (19), the numerical scheme (16) satisfies a discrete version of the conservation law (8) presented in Section 2.

Property 3.2. The numerical solution satisfies the following mass conservation law:

$$\int_{\Omega} \phi^n \, \mathrm{d}\Omega = \int_{\Omega} \phi^0 \, \mathrm{d}\Omega \quad \text{for } n = 0, 1, 2, \dots$$
(27)

Proof. Choose $\psi = 1$ in Eq. (16a).

3.1.1. Space discretisation and adaptive mesh refinement

Our approach for mesh adaptation is based on a method proposed in [51], and implemented through the free software FreeFem++ based on the finite element method [53] and the software functions *adaptmesh* for the mesh adaptation in 2D (as part of FreeFem++) and *mshmet* [54] and *tetgen* [55] for the mesh adaptation in 3D. The idea of the method is to define a metric on the computational domain based on the solution at the current time step, and to use for the next time step a mesh that is uniform in that metric. The metric we consider corresponds to the following metric tensor, depending only on the phase field ϕ :

$$G(\mathbf{x}) = R(\mathbf{x})\operatorname{diag}(\tilde{\lambda}_{i}(\mathbf{x})) R(\mathbf{x})^{\mathrm{T}}, \quad \tilde{\lambda}_{i}(\mathbf{x}) = \min\left(\max\left(\frac{1}{\gamma}|\lambda_{i}(\mathbf{x})|, \frac{1}{h_{\max}^{2}}\right), \frac{1}{h_{\min}^{2}}\right),$$
(28)

where $(\lambda_i(\mathbf{x}))_{i=1}^d$ are the eigenvalues of the Hessian of ϕ at \mathbf{x} , $R(\mathbf{x})$ is the matrix containing the associated orthonormal eigenvectors, and $\gamma > 0$ is a parameter controlling the interpolation error. A standard algorithm of Delaunay type is used to generate a mesh that is equilateral and uniform with characteristic length 1 in that metric. This mesh definition ensures that the interpolation error of the phase field is roughly equi-distributed over the parts of the domain where $h_{\text{max}}^{-2} \leq$ $\frac{1}{\gamma} \max_{i=1 \to d} |\lambda_i| \le h_{\min}^{-2}.$

In most of the simulations presented in the next section, we set h_{\min} to a value lower than or equal to $\varepsilon/5$, to ensure that enough mesh points are available for the discretisation of the interface region in its normal direction, and h_{max} to a value small enough that a good approximation of the chemical potential is possible. For 3D simulations, however, choosing $h_{\min} \leq \varepsilon/5$ when ε is of the order of 0.01 leads to a prohibitive computational cost; in these cases we have thus used a less precise value, as specified in the relevant sections. For a given mesh $\mathcal{T} = \bigcup_{i=1}^{N_T} T_i$, we use the standard finite element space

$$V_h = \{\phi \in C(\Omega) : \phi_{|T_i|} \in P_\rho \text{ for } i = 1, \dots, N_T\},\tag{29}$$

with P_{ρ} the space of polynomials of degree ρ . In the numerical experiments below, we used both quadratic elements $(\rho = 2)$ and linear ones $(\rho = 1)$. Space discretisation is achieved by replacing $H^1(\Omega)$ by V_h in the variational formulation (16), leading to a sparse unsymmetric linear system at each iteration, which we solve using the multi-frontal method umfpack [52].

3.1.2. Time step adaptation

Here we assume that $\dot{m} = 0$ in the boundary condition (9d). From Eqs. (8) and (10), this implies that $M(\phi)$ is constant in time and $E(\phi)$ decreases. Numerical exploration suggests that large free-energy variations are usually caused by topological changes of interfaces, corresponding to physical phenomena such as the coalescence of droplets. Since capturing such phenomena precisely is crucial to the accuracy of the solution, we propose an adaptive strategy aimed at limiting the variation of free energy at each time step. We adapt the time step based on the dissipation of free energy:

$$\Delta^{n+1}E := -\Delta t^{n} b \|\nabla \mu^{n+\frac{1}{\alpha}}\|_{L^{2}}^{2} \quad \Delta t^{n} := t^{n+1} - t^{1}$$

which is equal to $E(\phi^{n+1}) - E(\phi^n)$ up to numerical dissipation. Five parameters enter in our time-adaptation scheme:

- Δt_{\min} , Δt_{\max} : the time steps below which we stop refining and beyond which we stop coarsening, respectively.
- ΔE_{\min} : the variation of free energy below which we increase the time step at the next iteration.
- ΔE_{max} : the variation of free energy beyond which we refine the time step and recalculate the numerical solution.
- *f* > 1: the factor by which the time step is multiplied or divided at each adaptation.

Algorithm 1: Time step adaptation.

Data: $\Delta t_{\min}, \Delta t_{\max}, \Delta E_{\min}, \Delta E_{\max}, f, \phi^n, \Delta t^n$ **1** Compute a solution (ϕ^*, μ^*) of (16) using time step Δt^n ; **2** Compute $|\Delta^* E| := \Delta t^n b \|\nabla \mu^*\|_{L^2}^2$; **3** if $(|\Delta^* E| > \Delta E_{\max} and \Delta t^n > \Delta t_{\min})$ or $(E(\phi^*) - E(\phi^n) > \Delta E_{\max}/100)$ then **4** Set $\Delta t^n = \frac{\Delta t^n}{f}$ and go back to 1; **5** else **6** $\phi^{n+1} = \phi^*$; **7** if $(|\Delta^* E| < \Delta E_{\min} and \Delta t^n < \Delta t_{\max})$ then **8** $\int \Delta t^{n+1} = f \Delta t^n$; **9** n = n + 1 and go back to 1.

The condition $(E(\phi^*) - E(\phi^n)) > \Delta E_{\text{max}}/100$ serves to guarantee that the method does not blow up. The choice of a nonzero right-hand side is motivated by the fact that, when the system is close to equilibrium, it can happen that $E(\phi^*) > E(\phi^n)$. This is because, in contrast with the sign of $ND_{\text{philic}}(\phi^n, \phi^{n+1})$, which is always positive or zero according to Eq. (21), the signs of $ND_{\text{phobic}}(\phi^n, \phi^{n+1})$ and $ND_{\text{wall}}(\phi^n, \phi^{n+1})$ are in general unknown. In the numerical experiments presented in Section 4, we chose $\Delta t_{\min} = 0$. Since the numerical dissipation term scales as Δt^2 , the inequality $E(\phi^{n+1}) \leq E(\phi^n) + \Delta E_{\max}/100$ will always hold for Δt small enough, so the refinement process is guaranteed to terminate at each iteration.

4. Numerical results

The new numerical method is applied on a number of test cases. As already noted in Section 3.1.1 for the implementation we have used FreeFem++ [53] and the software functions *adaptmesh* (part of FreeFem++) for the mesh adaptation in 2D, *mshmet* [54] and *tetgen* [55] for the mesh adaptation in 3D and *umfpack* for the linear solver. For the description of the geometry, post-processing and 3D visualisation, we use the *gmsh* [56]. In Section 4.1 we check that the numerical scheme leads to the correct equilibrium solution in the simple case of a droplet spreading on a philic or phobic substrate. In Section 4.2 we study the convergence of the method with respect to the time step and the mesh size, when a uniform mesh and a constant time step are used. In Section 4.2 we illustrate the time-adaptation scheme in the case of two droplets coalescing on a substrate. Finally, Section 4.4 demonstrates the ability of the numerical scheme to scrutinise wetting phenomena in more complicated geometries, and in the presence of heterogeneous substrates. The code used for the simulations is available online, see Ref. [57].

4.1. Equilibrium contact angle

We consider a 2D sessile droplet on a flat substrate where we impose the no-flux condition and the wetting condition (6) incorporating the modified wall energy (13) and uniform contact angle θ :

$$\nabla \mu \cdot \mathbf{n} = 0, \quad \varepsilon \nabla \phi \cdot \mathbf{n} = -f_w(\phi) \tag{30}$$

Our aim in this section is to check that our method is able to accurately capture the imposed contact angle, θ . Fig. 2 shows the equilibrium position of a droplet for different values of θ , for b = 1 and $\varepsilon = 5 \times 10^{-3}$. In all cases we used the scheme OD2-W with adaptation in space using the parameters $h_{\text{max}} = 10 h_{\text{min}} = 0.01$, and we computed the contact angle of the $\phi = 0$ isoline at the substrate. A very good agreement is achieved between the imposed equilibrium contact angle and the observed numerical one.

4.2. Convergence of the method

Here, we study the convergence of the method when both time step and mesh size decrease. The problem we considered to that purpose is the coalescence of two adjacent sessile droplets as they spread on a flat substrate. For the simulation, we used the initial condition

$$\phi(x,0) = 1 - \tanh\left(\frac{\sqrt{(x-x_1)^2 + y^2} - r}{\sqrt{2\varepsilon}}\right) - \tanh\left(\frac{\sqrt{(x-x_2)^2 + y^2} - r}{\sqrt{2\varepsilon}}\right),\tag{31}$$

in the domain $[0, 2] \times [0, 0.5]$, with $x_1 = 0.65$, $x_2 = 1.35$, r = 0.25, and at the boundary we imposed a uniform contact angle, $\theta = \pi/4$, using the wall energy (13). Only linear elements were used.

For the convergence as $h \rightarrow 0$, we solved the problem numerically for several values of h, without mesh adaptation and for $\varepsilon = 0.1$, so that enough data points could be generated at a reasonable numerical cost. Since the exact solution to the CH equation in this case is not known analytically, we calculated the error by comparison of the numerical solutions to the solution obtained with the smallest value of h. Results are presented in Fig. 3. As we can see, the observed convergence rate is almost equal to 2, which is the optimal rate in the case of linear basis functions.



Fig. 2. Equilibrium position of a droplet on substrates with different wetting properties. In all cases, θ denotes the angle appearing in boundary condition (30) and θ^* denotes the angle calculated numerically. Blue corresponds to $\phi = 1$ and green to $\phi = -1$.



Fig. 3. Convergence of OD2-W with respect to the mesh size, without mesh adaptation. In this case, h corresponds to the uniform mesh size, given as input to the mesh generator of *gmsh*, and $h^* = 0.01$.

Now we address the convergence with respect to the time step. For this case, we used the parameters $\varepsilon = 0.1$, $b = 10^4$, and the minimum time step we considered was $\Delta t^* := 0.00665$. In Fig. 4, we present convergence curves for OD1-W, OD2-W, and OD2mod-W. We note that the convergence rates are close to the expected ones, and that the use of OD2 gives significantly more accurate results than the other two methods. In Fig. 5, the total numerical dissipation produced by the numerical schemes is presented. Here too, the numerical results agree with the theoretical results of Section 3.

4.3. Time-adaptation scheme

In this section, we examine the performance of the adaptive time-stepping scheme in the case of two droplets evolving on a chemically homogeneous substrate. We start from the situation where $\phi = -1$ everywhere except in two half-circles, of radius r = 0.25 and centred at (0.65, 0) and (1.35, 0), where $\phi = 1$. We used the following parameters: $b = 10^{-4}$, $\varepsilon = 0.01$, $f = \sqrt{2}$, $\Delta t_0 = 0.02$, $\Delta t_{\min} = 0$, $\Delta t_{\max} = 16\Delta t_0$, $\Delta E_{\min} = 0.0001$, $\Delta E_{\max} = 0.0002$, $h_{\max} = 0.05$ $h_{\min} = 0.001$, and for θ we considered three values: $\pi/4$, $\pi/2$, $3\pi/4$.

Snapshots of the phase field and of the chemical potential at different times of the simulation are presented in Figs. 6 and 7 for the case $\theta = \pi/4$ and $\theta = 3\pi/4$, respectively. The case $\theta = \pi/2$ is less interesting because, in view of the initial condition, the droplets remain essentially motionless throughout the simulation; we do not present snapshots of the solution in that case.

The evolution of the time step, of the number of recalculations, and of the free energies is displayed in Fig. 8. In all three cases, the time step is refined several times at the first iteration, to accommodate for the discontinuity of the initial condition. Since the initial angle between the interface and the substrate is equal to $\pi/2$, the number of recalculations performed at the first iteration is higher for $\theta = \pi/4$, $3\pi/4$ than for $\theta = \pi/2$. After the initial refinement, the time step



Fig. 4. Convergence of the numerical method with respect to the time step, without mesh adaptation. In the case of OD1-W, the rate of convergence is close to the expected value of 1. In the other two cases, the rate of convergence is close to the expected value of 2.



Fig. 5. Total numerical dissipation generated by the numerical schemes in the simulation used to produce Fig. 4. OD2-W is by far the scheme producing the least numerical dissipation, even for relatively large time steps. OD2mod-W, on the other hand, introduces significant numerical dissipation for large time steps, owing to the large value of β that was chosen for the simulation, but is much less dissipative than OD1-W for small time steps.

steadily increases to its maximum allowed value for $\theta = \pi/2$ and $\theta = 3\pi/4$, but when $\theta = \pi/4$ a second refinement occurs to capture the coalescence of the droplets.

In this latter case, we observe, simultaneously with the second refinement of the time step, an increase in the rate of dissipation of free energy. After the formation of a new stable interface, the total free energy continues to decrease, but more slowly, as a new droplet, formed by the merging of the two original droplets, moves towards its equilibrium position. We clearly identify the coalescence time by looking at the singularity in the curve corresponding to the mixing energy. This energy increases before coalescence, as the interfaces are being stretched, and it decreases steadily after. The wall energy, on the other hand, decreases at first and increases in the later stage of the simulation. As prescribed by Algorithm 1, the time step detects the variations of free energy; it decreases when the rate of variation of the total free energy increases, and conversely.

For comparison purposes, we also included in Figs. 8d to 8f data corresponding to the case where a fixed time step is used for the simulations presented in this section. There does not currently exist any result with conditions on the time step that ensure the stability of OD2, and we haven't been able to show stability results for OD2-W either. In practice, we observed that the time step required to ensure stability of OD2-W with the set of parameters we use in this test case would lead to a very high computational cost. We point out that, contrary to what we expected, the time step required to achieve stable integration in time with the modified wall energy (13), which we use here, seems to be generally smaller than with the cubic formulation (3). To keep the computational cost at a reasonable level, we carried out the simulations with a fixed time step using the method OD1-W, the greater stability of which enabled us to choose $\Delta t = 0.02$. In Figs. 8d to 8f, we see that, for the same contact angle, the curves corresponding to a fixed and an adaptive time step are almost indistinguishable. The agreement is also very good at the level of the phase field and chemical potential, although we do not present snapshots of the solutions obtained with a fixed time step.

The CPU times corresponding to the three contact angles considered are presented in Table 1. Without adaptation, the simulations take significantly longer to run, which is consistent with the fact that more iterations (20000) were necessary to reach the final time. In addition, among the simulations that used an adaptive time-step, the difference between the CPU times is also significant, with the case $\theta = \pi/4$ taking more than twice as long as the case $\theta = \pi/2$.



Fig. 6. Phase field and chemical potential during the coalescence of two sessile droplets on a hydrophilic substrate for $\theta = \pi/4$. The snapshots correspond to iterations 500, 1000, 1500, 2000, 2500, and 3000, which correspond to times 2.26, 19.55, 34.13, 49.03, 83.20 and 273.64. Blue colour represents phase $\phi = 1$ and green phase $\phi = -1$.



Fig. 7. Phase field and chemical potential when the contact angle is set to $3\pi/4$. The snapshots correspond to iterations 500, 1000, 1500, which correspond to times 1.47, 17.32, and 115.71.

4.4. Wetting in complex geometries and with heterogeneous substrates

We now present the results of numerical experiments in more complicated and realistic settings, in both 2D and 3D systems.



Fig. 8. Simulation data for the numerical experiments presented in Section 4.3 (two droplets on a substrate), when using the adaptive time-stepping scheme (Algorithm 1). As expected, the total free energy decreases with time for all three values of the contact angle. In the case $\theta = \pi/4$, we note a peak in the mixing component of the free energy and a refinement of the time step at the coalescence time.

4.4.1. 3D droplet on a chemically heterogeneous substrate

We study the dynamics of a 3D sessile droplet on flat substrate with chemical heterogeneities, i.e. the contact angle has a spatial dependence now, say $\theta = \theta(x, y)$. This situation typically arises in electro-wetting settings [58]. It is widely accepted that the droplet shape can be controlled using patterned substrates, e.g. Ref. [59,60], that may also be modelled efficiently using a space varying contact angle [59]. We consider chemical heterogeneities on the substrate of the form

Table 1

CPU times (hh:mm:ss) using an Intel i7-3770 processor for the simulations presented in Section 4.3 (two droplets on a substrate), with or without time-step adaptation. The method OD2-W was used for the simulations with an adaptive time step, and the method OD1-W was used for the simulations with a fixed time step. In both cases, an adaptive mesh was used, with the parameter $h_{\rm min}$ equal to $\varepsilon/10 = 0.001$.

Contact angle	Adaptive time step	Fixed time step
$\pi/4$	44:15:17	130:16:16
$\pi/2$	21:38:38	128:35:20
$3\pi/4$	31:12:18	122:33:28



Fig. 9. Evolution of the contact line (top) and the isosurface $\phi = 0$ (bottom) of the phase field, on a chemically heterogeneous substrate with a contact angle defined by (32). The balance of the wall component and the mixing component of the free energy determines the motion of the drop. The field represented in the top figures is the value of the contact angle at the triple line. In the bottom figures, the field represented on the plane representing the substrate is the imposed contact angle. Interestingly, the heterogeneities of the substrate cause the length of the contact line to increase.

$$\theta(x, y) = \theta_0 + a\cos(f_x\pi x)\cos(f_y\pi y), \tag{32}$$

with $\theta_0 = \frac{\pi}{2}$ the mean contact angle, $a = \frac{\pi}{6}$ the amplitude, and $f_x = f_y = 4$ the frequencies in *x* and *y* directions, respectively. As initial condition we take a droplet of base radius $r_0 = 0.24$ centred at $\mathbf{x_0} = (0.5, 0.5, 0)$. The initial values of the phase field are given as

$$\phi_0(\mathbf{x}) = -\tanh\left(\frac{\|\mathbf{x} - \mathbf{x}_0\| - r_0}{\sqrt{2\varepsilon}}\right). \tag{33}$$

Results are displayed in Fig. 9. The droplet, initially spherical, spreads on the hydrophilic regions of the substrate, and retracts from the hydrophobic patches. While we do not present any quantitative analysis of the error in this case, we note that the wetting behaviour agrees qualitatively with what one might expect intuitively from our understanding of wetting phenomena. While it progresses towards equilibrium, the droplet adopts a diamond-like shape.

For this test case, we used the method OD2-W with adaptation in space and time. The parameters used were the following: $b = 10^4$, $\varepsilon = 0.02$, $h_{\text{max}} = 10 h_{\text{min}} = 0.1$, $\Delta t_0 = 0.0016$, $\Delta t_{\text{min}} = 0$, $\Delta t_{\text{max}} = 16 \Delta t_0$, $f = \sqrt{2}$, $\Delta E_{\text{max}} = 10 \Delta E_{\text{min}} = 0.0001$. With these parameters, the time step was refined only at the beginning of the simulation, which is consistent with the absence of coalescence events in this case. There were 24 recalculations at the first time step, corresponding to a refinement of the time step by a factor $f^{24} = 4096$.



Fig. 10. Evolution of the isosurface $\phi = 0$ of the phase field when a constant flux is imposed at the bottom boundary; The pictures correspond to iterations 0, 200, 400, 800 and 1000. Note that, because of the neutral boundary condition imposed at the spheres, the isosurface tends to stay normal to them as long as they are not completely covered.



Fig. 11. Evolution of $M(\phi)$ and $E_m(\phi)$ as a function of time in the case of a 3D flow through a porous medium (Fig. 10). In this case, the mass increases linearly because we impose a constant mass inflow at the pore. The free energy increases as well, because the size of the interface grows, in agreement with both the mass and energy laws (8) and (10).

4.4.2. Diffusion in a 3D porous medium

Here we consider a binary fluid in a model porous medium consisting of a cube filled with spheres. The cube has edges of length 1, and the spheres have radius 0.1 and are located at positions $(1.5, 1.5, 1.5) + 2\Delta(i, j, k)$ with $\Delta = 1/7$ and $i, j, k \in \{0, 1, 2\}$. We take all the substrates to be neutral, i.e. $\theta = \frac{\pi}{2}$, and the initial condition is the same as used before, defined by Eq. (33). In addition, we include an inflow boundary condition at the bottom of the cube to represent a pore where liquid can be pumped in. The radius of this pore is 0.1 and is located at (0.5, 0.5, 0). This boundary condition can be incorporated by imposing



Fig. 12. Evolution of the phase field and chemical potential for the nucleation in a domain with complex boundaries, when starting from a random distribution. As before, blue corresponds to $\phi = 1$ and green to $\phi = -1$. The contact angle imposed at the boundaries is $\theta = \frac{\pi}{4}$.

$$\nabla \mu \cdot \mathbf{n} = -10, \quad \phi = 1, \tag{34}$$

which models the situation when the component $\phi = 1$ is pumped into the domain. Under these conditions, we study how the flow is affected by the geometry of the domain. Our results are depicted in Figs. 10 and 11.

The imposed contact angle at the spheres is $\pi/2$, forcing the isosurface to stay normal to the spheres as long as these are not completely covered. Because of the boundary condition (34), the mass increases linearly, and the free energy increases, in agreement with Eqs. (8) and (10). This case study demonstrates the ability of our method to easily tackle complex geometries. The parameters used for this test case are the same as in Section 4.4.1, except that we employed the fixed time step $\Delta t = 0.001$.

4.4.3. Nucleation processes with complex boundaries

The last problem we study is the process of phase separation in a domain with complex boundary characterised by different length scales. Specifically, we consider a domain defined by the coastline of the two islands that form the United Kingdom and Ireland. Starting from a satellite black and white picture, we extracted the isolines that define the contour of the different islands, which we passed to the FreeFem++ mesh generator to obtain a triangular mesh (for this, we based our code on a FreeFem++ example for the Leman lake). At the boundary we consider the contact angles $\theta = \pi/4$, $\pi/2$, $3\pi/4$, and we assume that the phase field is initially set to a random value at each grid point, drawn from a random normal distribution with variance 0.1. A fixed mesh was used for this simulation, and the parameters used were b = 1000, $\varepsilon = 0.02$, $\Delta E_{\text{min}} = 0.02$, $\Delta E_{\text{max}} = 0.04$, $f = \sqrt{2}$, $\Delta t_{\text{min}} = 0$, $\Delta t_{\text{max}} = 1$.

The evolution of the phase field and of the chemical potential in the case $\theta = \pi/4$, obtained with the adaptive timestepping scheme (Algorithm 1), is presented in Fig. 12. For each of the contact angles considered, we also ran a simulation with the fixed time step $\Delta t = 0.01$, using the method OD1-W instead of OD2-W to benefit from the stabilising effect introduced by the philic numerical dissipation of OD1-W. We note in particular that OD2-W is unstable for the selected value of Δt , with oscillations appearing in the energy curves from the first iterations, and that the time step would have to be reduced significantly to ensure stability. The final configurations (time 500) are presented in Fig. 13 for the three contact angles considered. We observe that the final configurations are different depending on whether or not an adaptive time step is used, which can be attributed to the high sensitivity of the solution to perturbations of the initial condition chosen for this test case; the areas where separation of the phases first occurs is influenced by numerical errors in the early stages of the simulation.

Simulation data are presented in Fig. 14. With an adaptive time-stepping scheme, it appears from Fig. 14(a) that, overall, the time step increases steadily as the frequency of coalescence events decreases. At specific times, the time step decreases slightly in order to accurately capture the evolution. As expected, the total free energy has a roughly constant negative slope when plotted against the iteration number. Here too, we observe a small discrepancy between the fixed and adaptive cases, which is consistent with differences observed at the final time in Fig. 13.



Fig. 13. Comparison of the solutions at the final time, with (left) and without (right) time-step adaptation. At the initial time, the phase field is set to a random value at each grid point, drawn from a random normal distribution with variance 0.1. Although one could expect the solutions for $\theta = \pi/4$ and $\theta = 3\pi/4$ to differ only by a sign, this is not the case. There is also a significant difference between the solutions obtained with and without time-step adaptation. These differences can be explained by the sensitivity of the evolution to perturbations of the initial condition and to numerical errors in the early stage of the simulation.

Table 2

CPU times (hh:mm:ss) using an Intel i7-3770 processor for the simulations presented in Section 4.4.3 (nucleation in a domain with complex boundaries), with or without time-step adaptation. The method OD2-W was used for the simulations with an adaptive time step, and the method OD1-W was used for the simulations with a fixed time step. In all cases, we used a fixed mesh with mesh size h = 0.01 (the size of the domain is roughly 5 by 5) and P1 elements, leading to 181587 unknowns. The parameter ε was set to 0.02.

Contact angle	Adaptive time step	Fixed time step
$\pi/4$	36:13:15	65:48:44
$\pi/2$	32:58:01	65:24:10
$3\pi/4$	36:43:13	67:00:50

The CPU times corresponding to the simulations presented in this section are displayed in Table 2. For the parameters selected, the adaptive time-stepping scheme leads to a lower computational cost. This test demonstrates the advantage of using a finite-element approach, as it would have been very complicated to solve the CH equation in the geometries we consider here with e.g. a spectral method or finite differences.

5. Conclusions

We have proposed a new, fast and reliable numerical method to solve the CH equation with a wetting boundary condition. Our method is a generalisation of the OD2 scheme introduced in [46], which considered only the homogeneous condition $\nabla \phi \cdot \mathbf{n} = 0$. In addition, we have designed a new time-step adaptation algorithm, leading to a scheme that is adaptive both in space and time, and we have shown that this scheme is mass-conservative and satisfies a consistent discrete energy law.

We checked the validity of the proposed numerical scheme with several examples. First we considered the relaxation towards equilibrium of a sessile droplet and the coalescence of two sessile droplets on flat, chemically homogeneous substrates; then we considered several multiphase systems in complex geometries or surrounded by chemically heterogeneous substrates.

Compared to finite differences or spectral approaches, the method introduced here has the advantage that it can be used without modification with complex geometries. Furthermore, the numerical scheme we have proposed can easily be extended to include at least two additional features. First, a linear, energy-stable, second-order scheme could be developed for the three-component CH model with wetting boundary conditions, building on the work of [61,62]. Second, we remark that in our work, we considered a regime in which contact line motion is controlled by diffusive interfacial fluxes, or in other words, we considered a large diffusivity limit, where any possible advection effects are neglected. To account for such effects the model must be appropriately modified to include an advection term coupled to the Navier-Stokes equations [63,29,32,64,65,22]. Such generalisations are indeed possible within the proposed numerical scheme and we hope to address these and related issues in future studies.

Conflict of interest statement

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.



Fig. 14. Simulation data for the numerical experiments presented in Section 4.4.3 (nucleation in a geometry with complex boundaries). Overall, the time step increases steadily when the adaptive time-stepping scheme is used, which is consistent with the decreasing frequency of coalescence events. The time step is refined at times to ensure that the incremental decrease of free energy at each iteration is approximately constant.

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Appendix A. Proof of Theorem 2.1

Before presenting the proof, we recall a particular Sobolev embedding for smooth bounded domains; see e.g. [66, Chap. 5]. Let $d \ge 2$, $\emptyset \ne \Omega \subset \mathbb{R}^d$ be open with C^1 boundary, and assume that $q < \infty$ if d = 2 or $q < p^* := 2d/(d-2)$ if d > 2. Then the following embedding is compact

$$H^1(\Omega) \hookrightarrow L^q(\Omega).$$
 (A.1)

We also recall two other well-known compactness results; see e.g. [67]. Let X, Y, Z be Banach spaces with a compact embedding $X \subset Y$ and a continuous embedding $Y \subset Z$. Then the following embeddings are compact:

$$\{u \in L^2(0, T; X) | \frac{\partial u}{\partial t} \in L^2(0, T; Z)\} \hookrightarrow L^2(0, T; Y),$$
(A.2a)

$$\{u \in L^{\infty}(0,T;X) | \frac{\partial u}{\partial t} \in L^{2}(0,T;Z)\} \hookrightarrow C([0,T],Y).$$
(A.2b)

Proof. Without loss of generality, we assume that the mobility, *b*, is equal to 1. In the spirit of [48, Theorem 2], we apply a Faedo-Galerkin approximation. Let $\{\varphi_n\}_{n \in \mathbb{N}}$ and $\{\lambda_n\}_{n \in \mathbb{N}}$ denote the eigenfunctions and eigenvalues of the Laplace operator with a homogeneous Neumann boundary condition, i.e.

$$\begin{cases} -\Delta\varphi_n = \lambda_n \varphi_n & \text{in } \Omega, \\ \nabla\varphi_n \cdot \mathbf{n} = 0 & \text{in } \partial\Omega, \end{cases}$$
(A.3)

normalised such that

$$\int_{\Omega} \varphi_n \, \varphi_m \, \mathrm{d}\Omega = \delta_{mn}. \tag{A.4}$$

We assume without loss of generality that $\lambda_1 = 0$. To build an approximation of the solution to Eqs. (15a) and (15b) in the finite-dimensional space $S_N := \text{span}\{\varphi_1, \dots, \varphi_N\}$, we consider the following ansatz,

$$\phi^{N}(t) = \sum_{n=1}^{N} a_{n}^{N}(t) \varphi_{n}, \qquad \mu^{N}(t) = \sum_{n=1}^{N} b_{n}^{N}(t) \varphi_{n}, \tag{A.5}$$

and the variational formulation

$$\left(\partial_t \phi^N, \bar{\phi}\right) + \left(\nabla \mu^N, \nabla \bar{\phi}\right) = \left(\dot{m}, \bar{\phi}\right)_{\partial \Omega} \qquad \qquad \forall \bar{\phi} \in S_N, \tag{A.6a}$$

$$\left(\mu^{N},\bar{\mu}\right) = \varepsilon \left(\nabla\phi^{N},\nabla\bar{\mu}\right) + \frac{1}{\varepsilon} \left(f_{m}(\phi^{N}),\bar{\mu}\right) + \left(f_{w}(\phi^{N}),\bar{\mu}\right)_{\partial\Omega} \qquad \forall \bar{\mu} \in S_{N},\tag{A.6b}$$

$$\left(\phi^{N}(0), \bar{\phi}\right) = \left(\phi_{0}, \bar{\phi}\right) \qquad \qquad \forall \bar{\phi} \in S_{N}. \tag{A.6c}$$

For this formulation we have the following system of ordinary differential equations, with unknown functions $\{a_n^N\}_{n=1}^N$ and $\{b_n^N\}_{n=1}^N$:

$$\frac{\mathrm{d}a_n^N}{\mathrm{d}t} = \lambda_n b_n^N + (\dot{m}, \varphi_n)_{\partial\Omega} \,, \tag{A.7a}$$

$$b_n^N = \varepsilon \lambda_n a_n^N + \frac{1}{\varepsilon} \left(f_m \left(\sum_{i=1}^N a_i^N \varphi_i \right), \varphi_n \right) + \left(f_w \left(\sum_{i=1}^N a_i^N \varphi_i \right), \varphi_n \right)_{\partial \Omega},$$
(A.7b)

$$a_n^N(0) = (\phi_0, \varphi_n),$$
 (A.7c)

for n = 1, ..., N. Local existence and uniqueness of a solution to this system of equations is guaranteed by the fact that the right-hand side of (A.7a) depends continuously on the coefficients $\{a_n^N\}_{n=1}^N$. To show the existence of a global solution, we will use the *a priori* estimate presented in the following lemma.

Lemma A.1. Assume that $|F_w(\phi)| \leq C(1 + |\phi|^2)$. Then the solution (ϕ^N, μ^N) to Eqs. (A.6a) to (A.6c) satisfies

$$\frac{1}{2}\int_{\Omega} \left(\frac{1}{2}\varepsilon \left|\nabla\phi^{N}\right|^{2} + \frac{1}{\varepsilon}F_{m}(\phi^{N})\right) d\Omega + \frac{1}{2}\int_{\Omega_{T}} \left|\nabla\mu^{N}\right|^{2} \leq C,$$
(A.8)

where *C* is independent of *N* and $\Omega_T := \Omega \times (0, T)$.

Proof. Setting $\bar{\phi} = \mu^N$, $\bar{\mu} = \partial_t \phi^N$ in Eqs. (A.6a) and (A.6b) and subtracting leads to the equation

$$\frac{\mathrm{d}}{\mathrm{d}t} \left[E_m(\phi^N) + E_w(\phi^N) \right] := \frac{\mathrm{d}}{\mathrm{d}t} \left[\int_{\Omega} \frac{1}{2} \varepsilon \left| \nabla \phi^N \right|^2 + \frac{1}{\varepsilon} F_m(\phi^N) \,\mathrm{d}\Omega + \int_{\partial \Omega} F_w(\phi^N) \,\mathrm{d}\sigma \right]$$

$$= -\int_{\Omega} \left| \nabla \mu^N \right|^2 \mathrm{d}\Omega + \int_{\partial \Omega} \dot{m} \,\mu^N \,\mathrm{d}\sigma.$$
(A.9)

Using a trace inequality, Hölder's inequality, and Young's inequality with a parameter, we have, for all $u \in H^1(\Omega)$,

$$\|F_{w}(u)\|_{L^{1}(\partial\Omega)} \le C \left\|1 + |u|^{2}\right\|_{L^{1}(\partial\Omega)}$$
(A.10a)

$$\leq C \left(1 + \left\| u^2 \right\|_{L^1(\Omega)} + \left\| \nabla(u^2) \right\|_{L^1(\Omega)} \right)$$
(A.10b)

$$= C \left(1 + \left\| u^2 \right\|_{L^1(\Omega)} + 2 \left\| u \nabla u \right\|_{L^1(\Omega)} \right)$$
(A.10c)

$$\leq C \left(1 + \left\| u^2 \right\|_{L^1(\Omega)} + \frac{1}{\alpha} \left\| u^2 \right\|_{L^1(\Omega)} + \alpha \left\| \nabla u \right\|_{L^2(\Omega)}^2 \right) \quad \forall \alpha > 0.$$
(A.10d)

Now we use the simple fact that, for any $\beta > 0$ and $0 \le s \le t$, the inequality $|x|^s \le \beta^s + \beta^{s-t} |x|^t$ holds true for all $x \in \mathbb{R}$, to obtain

$$\|F_w(u)\|_{L^1(\partial\Omega)} \le C + \frac{1}{2}E_m(u)$$
 (A.11)

for a constant *C* independent of *u*.

In addition, using a trace inequality, Poincaré inequality, and (A.6b) with $\bar{\mu} = 1$,

$$\begin{aligned} \left| \int_{\partial\Omega} \dot{m} \, \mu^{N} \, \mathrm{d}\sigma \right| &\leq \left| \int_{\partial\Omega} \dot{m} \left(\mu^{N} - \frac{1}{|\Omega|} \int_{\Omega} \mu^{N} \, \mathrm{d}\Omega \right) \, \mathrm{d}\sigma \right| + \left| \frac{1}{|\Omega|} \int_{\partial\Omega} \dot{m} \, \mathrm{d}\sigma \int_{\Omega} \mu^{N} \, \mathrm{d}\Omega \right| \\ &\leq C \, \left\| \dot{m} \right\|_{L^{2}(\partial\Omega)} \left\| \nabla \mu^{N} \right\|_{L^{2}(\Omega)} + \frac{1}{|\Omega|} \int_{\partial\Omega} \left| \dot{m} \right| \, \mathrm{d}\sigma \left| \frac{1}{\varepsilon} \left(f_{m}(\phi^{N}), 1 \right) + \left(f_{w}(\phi^{N}), 1 \right)_{\partial\Omega} \right| \\ &\leq C \, \left\| \dot{m} \right\|_{L^{2}(\partial\Omega)}^{2} + \frac{1}{2} \left\| \nabla \mu^{N} \right\|_{L^{2}(\Omega)}^{2} + C \, \left\| \dot{m} \right\|_{L^{2}(\partial\Omega)} \, (E_{m}(\phi^{N}) + 1). \end{aligned}$$
(A.12)

Integrating (A.9) in time, and rearranging using Eqs. (A.11) and (A.12),

$$\frac{1}{2}E_{m}(\phi^{N}(t)) + \frac{1}{2}\int_{\Omega_{t}} \left|\nabla\mu^{N}\right|^{2} \le C + \frac{3}{2}E_{m}(\phi^{N}(0)) + C\int_{\partial\Omega_{T}} |\dot{m}|^{2} + C\int_{0}^{t} \|\dot{m}\|_{L^{2}(\partial\Omega)} E_{m}(\phi^{N}) \,\mathrm{d}s,\tag{A.13}$$

$$\leq C + C \int_{0}^{t} \|\dot{m}\|_{L^{2}(\partial\Omega)} E_{m}(\phi^{N}(s)) \,\mathrm{d}s \tag{A.14}$$

where we used the notations Ω_t and $\partial \Omega_t$, t > 0, to denote $\Omega \times (0, t)$ and $\partial \Omega \times (0, t)$, respectively. The last inequality holds by the assumptions that $\phi_0 \in H^1(\Omega)$ and $\dot{m} \in C([0, T]; L^2(\partial \Omega))$. Using a Grönwall inequality, we have Eq. (A.8). \Box

By integration by parts of the first term in Eq. (A.8), we obtain $\sum_{n=1}^{N} \lambda_n (a_n^N)^2 < C$. This result, together with the inequality

$$a_1^N(t) = a_1^N(0) + \int_{\partial\Omega_T} \dot{m} \le a_1^N(0) + C \|\dot{m}\|_{C([0,T], L^2(\partial\Omega))}$$
(A.15)

implied by Equation (A.7a) and the fact that $\lambda_1 = 0$, show that the coefficients $\{a_n^N\}_{n=1}^N$ do not blow up, and by Eq. (A.7b) neither do the coefficients $\{b_n^N\}_{n=1}^N$, implying global existence.

In addition to (A.8), we have the usual estimate on $\partial_t \phi^N$: denoting by Π^N the $L^2(\Omega)$ projection on S_N , for all $\psi \in L^2(0, T; H^1(\Omega))$ the following holds:

$$\left| \int_{\Omega_T} \frac{\partial \phi^N}{\partial t} \psi \right| = \left| \int_{\Omega_T} \frac{\partial \phi^N}{\partial t} \left(\Pi^N \psi \right) \right|$$
(A.16a)

$$= \left| \int_{\Omega_T} \nabla \mu^N \cdot \nabla (\Pi^N \psi) \right| + \left| \int_{\partial \Omega_T} \dot{m} (\Pi^N \psi) \right|$$
(A.16b)

$$\leq \left(\int_{\Omega_{T}} \left|\nabla \mu^{N}\right|^{2}\right)^{\frac{1}{2}} \left(\int_{\Omega_{T}} \left|\nabla (\Pi^{N}\psi)\right|^{2}\right)^{\frac{1}{2}} + \left(\int_{\partial\Omega_{T}} |\dot{m}|^{2}\right)^{\frac{1}{2}} \left(\int_{\partial\Omega_{T}} \left|\Pi^{N}\psi\right|^{2}\right)^{\frac{1}{2}}$$
(A.16c)

$$\leq C \|\psi\|_{L^2(0,T;H^1(\Omega))}.$$
(A.16d)

This shows that $\|\partial_t \phi^N\|_{L^2(0,T;(H^1(\Omega))')} \leq C$.

Let *p* be such that the embedding $H^1(\Omega) \subset L^p(\Omega)$ is compact, i.e., by the Rellich-Kondrachov theorem, $p < \infty$ if d = 1 or d = 2, and $p < \frac{2d}{d-2}$ if d > 2. Using Eqs. (A.8) and (A.16), we can apply results (A.2a) and (A.2b) to our case, with $X = H^1(\Omega)$, $Y = L^p(\Omega)$ and $Z = (H^1(\Omega))'$, to conclude that there exists a subsequence such that

$$\phi^N \to \phi \quad \text{weak-* in } L^{\infty}(0, T; H^1(\Omega)),$$
(A.17a)

$$\frac{\partial \phi^{\prime \prime}}{\partial t} \rightarrow \frac{\partial \phi}{\partial t}$$
 weakly in $L^2(0, T; (H^1(\Omega))'),$ (A.17b)

$$\phi^N \to \phi$$
 strongly in $C([0, T], L^p(\Omega)),$ (A.17c)

$$\phi^N \to \phi$$
 strongly in $L^2(0, T; L^p(\Omega)),$ (A.17d)

when $N \to \infty$. In addition, note that since ϕ^N is bounded in $L^{\infty}(0, T; L^2(\partial \Omega))$, there is a subsequence such that $\phi^N \to v$ weak-* in $L^{\infty}(0, T; L^2(\partial \Omega))$ for some function v in that space, and thus also $\phi^N \to v$ weakly in the coarser $L^2(0, T; L^2(\partial \Omega))$. But also $\phi^N \to \phi$ weakly in $L^2(0, T; L^2(\partial \Omega))$, because $\phi^N \to \phi$ weakly in $L^2(0, T; H^1(\Omega))$ and by continuity of the trace operator (indeed, an operator between Hilbert spaces that is continuous in the strong topologies, is continuous in the weak ones too), so that $v = \phi$. The same reasoning can be applied to $f_w(\phi^N)$, taking into account that $f_w : u \to f_w(u)$ is continuous on $L^2(0, T; L^2(\partial \Omega))$, to conclude

$$\phi^N \to \phi$$
 weak-* in $L^{\infty}(0, T; L^2(\partial \Omega)),$ (A.18a)

$$f_w(\phi^N) \to f_w(\phi) \quad \text{weak-}^* \text{ in } L^\infty(0, T; L^2(\partial\Omega)).$$
 (A.18b)

Regarding the chemical potential, testing (A.6b) with $\bar{\mu} = 1$ implies that:

$$\int_{\Omega} \mu \, \mathrm{d}\Omega = \int_{\Omega} \frac{1}{\varepsilon} f_m(\phi^N) \, \mathrm{d}\Omega + \int_{\partial\Omega} f_w(\phi^N) \, \mathrm{d}\sigma, \tag{A.19}$$

which, together with the energy estimate (A.8), implies that μ^N is bounded in $L^2(0, T; H^1(\Omega))$, leading to the existence of a further subsequence such that

$$\mu^N \to \mu$$
 weakly in $L^2(0, T; H^1(\Omega))$. (A.20)

Proceeding in a standard fashion, we consider an integer *M* and arbitrary functions ϕ^M , $\mu^M \in C([0, T], H^1(\Omega))$ such that

$$\phi^{M} = \sum_{n=1}^{M} \bar{a}_{n}(t) \varphi_{n}, \qquad \mu^{M} = \sum_{n=1}^{M} \bar{b}_{n}(t) \varphi_{n}, \tag{A.21}$$

with $\{\bar{a}_n\}_{n=1}^M$, $\{\bar{b}_n\}_{n=1}^M$ smooth functions. Using ϕ^M and μ^M as test functions in Eqs. (A.6a) and (A.6b), integrating in time, taking the limit $N \to \infty$, and using the convergence results given in Eqs. (A.17a) to (A.17d), (A.18b) and (A.20) we obtain

$$\int_{0}^{T} \left\langle \partial_{t}\phi, \phi^{M} \right\rangle dt + \int_{0}^{T} \left(\nabla \mu, \nabla \phi^{M} \right) dt = \int_{0}^{T} \left(\dot{m}, \phi^{M} \right)_{\partial \Omega} dt,$$
(A.22a)

$$\int_{0}^{T} \left(\mu, \mu^{M}\right) dt = \int_{0}^{T} \varepsilon \left(\nabla\phi, \nabla\mu^{M}\right) dt + \int_{0}^{T} \frac{1}{\varepsilon} \left(f_{m}(\phi), \mu^{M}\right) dt + \int_{0}^{T} \left(f_{w}(\phi), \mu^{M}\right)_{\partial\Omega} dt,$$
(A.22b)

from which we conclude using a standard density argument. \Box

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