

## Basic Facts About Low-income Adolescents

Age 12 to 18

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How many adolescents in the United States live in low-income families?

There are over 29 million adolescents in the United States.
$-35 \%$ - 10.1 million - live in low-income families.
$-15 \%-4.5$ million - live in poor families.

Have these numbers changed over time?

After a decade of decline, the proportion of adolescents living in low-income families is rising again, a trend that began in 2000. Between 2000 and 2007, the num-

Adolescents, by family income, 2007


Because of rounding, figures may not add up to $100 \%$.

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Adolescents living in low-income families, 1997-2007


What is the federal poverty level (FPL) in 2009? ${ }^{1}$

- $\$ 22,050$ for a family of 4 .
- $\$ 18,310$ for a family of 3 .
- \$14,570 for a family of 2 .

Is a poverty-level income enough to support a family?

Research suggests that, on average, families need an income of at least twice the federal poverty level to meet their most basic needs. ${ }^{2}$ Families with incomes below this level are referred to as low income:

- $\$ 44,100$ for a family of 4.
- $\$ 36,620$ for a family of 3 .
- $\$ 29,140$ for a family of 2 .

These figures approximate the average minimum income families need to make ends meet, but actual expenses vary greatly by locality. For a family of four, the cost of basic family expenses is about $\$ 40,000$ per year in rural Chelan County, Washington, \$45,000 in Detroit, and \$51,000 in Houston. ${ }^{3}$

## What are the family characteristics of low-income adolescents?

## Parents' Employment

- $55 \%$ of adolescents in lowincome families - 5.6 million - have at least one parent who works full-time, year-round.
$-24 \%$ of adolescents in lowincome families - 2.4 million - have at least one parent who works part-time or full-time, part-year.
$-21 \%$ of adolescents in lowincome families - 2.2 million - do not have an employed parent.


## Parents' Education

- $25 \%$ of adolescents in lowincome families - 2.5 million live with parents who have less than a high school education.
- $36 \%$ of adolescents in lowincome families - 3.6 million live with parents who have only a high school diploma.
- $39 \%$ of adolescents in lowincome families - 4.0 million - live with parents who have some college or more.


## Family Structure

- $56 \%$ of adolescents in lowincome families - 5.6 million live with a single parent.
- $44 \%$ of adolescents in lowincome families - 4.4 million live with married parents.

Adolescents living in low-income families, by parent's education, 2007


Does the percent of children in low-income families vary by children's age?

Adolescents are less likely to live in low-income families than younger children. $35 \%$ - just over 10 million - live in low-income families, compared to $43 \%$ among children under age 6.
$-43 \%$ of children under age 3 years - 5.4 million - live in low-income families.

- $43 \%$ of children ages 3 and 4 years - 3.5 million - live in low-income families.
$-42 \%$ of children age 5 years -
1.7 million - live in low-income families.
- $39 \%$ of children ages 6 through 11 years - 9.3 million - live in low-income families.
- $35 \%$ of children ages 12 through 18 years - 10.1 million - live in low-income families.

Children living in low-income and poor families, by age group, 2007
Percent (\%) Low-income $\square$ Poor


Does the percent of adolescents in low-income families vary by race/ethnicity?
$-52 \%$ of American Indian
adolescents - 0.1 million live in low-income families.

- $56 \%$ of Latino adolescents 3.0 million - live in low-income families.
- $55 \%$ of black adolescents 2.4 million - live in low-income families.
- $33 \%$ of Asian adolescents 0.4 million - live in low-income families.
- $23 \%$ of white adolescents 3.9 million - live in low-income families.

Although American Indian, Latino, and black adolescents are disproportionately low income, whites comprise the largest group of low-income adolescents.

Adolescents living in low-income families, by race/ethnicity, 2007


Because of rounding, figures may not add up to $100 \%$.

Does the percent of adolescents in low-income families vary by parents' country of birth? ${ }^{4}$

- $55 \%$ of adolescents of immigrant parents - 2.6 million live in low-income families.
- $31 \%$ of adolescents of nativeborn parents - 7.2 million live in low-income families.


# Does the percent of adolescents in low-income families vary by where adolescents live? 

## Region

- 38\% of adolescents in the South - 4.0 million - live in lowincome families.
- $36 \%$ of adolescents in the West - 2.5 million - live in lowincome families.
- $33 \%$ of adolescents in the Northeast - 1.7 million - live in low-income families.
- $30 \%$ of adolescents in the Midwest - 1.9 million - live in low-income families.

Type of Area

- $46 \%$ of adolescents in urban areas - 3.3 million - live in lowincome families.
$-28 \%$ of adolescents in suburban areas - 3.6 million - live in lowincome families.
- $41 \%$ of adolescents in rural areas - 1.9 million - live in lowincome families.


## Residential Instability

- $15 \%$ of adolescents in lowincome families - 1.5 million moved in the last year.
$\triangleright 6 \%$ of adolescents in above lowincome families - 1.1 million moved last year.

Adolescents living in low-income families, in urban, suburban, and rural areas, 2007


## Endnotes

Unless otherwise noted, data estimates were prepared by Ayana Douglas-Hall and Michelle Chau of NCCP based on the U.S. Current Population Survey, Annual Social and Economic Supplement, March 2008, representing information for calendar year 2007. Estimates include children living in households with at least one parent and most children living apart from both parents (for example, children being raised by grandparents). Among children who do not live with at least one parent, parental characteristics are those of the householder and/or the householder's spouse. Also, children are defined here, as young people, birth through 18 (inclusive).

1. These numbers are from the federal poverty guidelines issued annually by the U.S. Department of Health and Human Services. The demographic findings in this fact sheet were calculated using more complex versions of the federal
poverty measure - the thresholds issued by the U.S. Census Bureau. For more information on measuring poverty, see NCCP's state profiles and the U.S. Department of Health and Human Services <aspe.hhs.gov/ poverty/09poverty.shtml>.
2. Cauthen, Nancy K.; Fass, Sarah. 2008. Measuring Income and Poverty in the United States. New York, NY: National Center for Adolescents in Poverty, Columbia University, Mailman School of Public Health.
3. NCCP's Basic Needs Budget Calculator <www.nccp.org/tools/frs/budget.php>.
4. Approximately 0.3 million low-income adolescents, ages 12 through 18 , live in households with one immigrant parent and one native-born parent. Those adolescents are not counted in this figure.
