# Basic Facts About Low-income Children Children Under 3 Years, 2011 

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Children represent 24 percent of the population, but they comprise 34 percent of all people in poverty. ${ }^{1}$ Among all children, 45 percent live in low-income families and approximately one in every five ( 22 percent) live in poor families. Our very youngest children, infants and toddlers under 3 years of age, appear to be particularly vulnerable, with 49 percent living in low-income families, including 26 percent living in poor families. Being a child in a low-income or poor family does not happen by chance. There are a range of factors associated with children's experiences of economic insecurity, including race/ethnicity and parents' educational attainment and employment. This fact sheet describes the demographic, socio-economic, and geographic characteristics of children and their parents. It highlights important factors that appear to distinguish low-income and poor children from their less disadvantaged counterparts.

How many infants and toddlers under 3 years old in the United States live in low-income families?

There are more than 11 million infants and toddlers under 3 years old in the United States.

- 49 percent - 5.6 million - live in low-income families.
- 26 percent - 3 million - live in poor families.

Infants and toddlers by family income, 2011


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What was the federal poverty level (FPL) in 2011? ${ }^{2}$

- $\$ 22,350$ for a family of four.
- \$18,530 for a family of three.
- \$14,710 for a family of two.

Is a poverty-level income enough to support a family?

Research suggests that, on average, families need an income equal to about two times the federal poverty level to meet their most basic needs. ${ }^{3}$ Families with incomes below this level are referred to as low income:

- \$44,700 for a family of four.
- \$37,060 for a family of three.
- \$29,420 for a family of two.

These dollar amounts approximate the average minimum income families need to make ends meet, but actual expenses vary greatly by locality. In 2011, the cost of meeting basic family needs was about \$64,000 per year in Los Angeles for a family of four. In 2010, the cost was \$57,000 in Newark, N.J., \$47,000 in Billings, Mont., and \$42,000 in Jackson, Miss. ${ }^{4}$

What is the 2012 federal poverty level (FPL)?

- \$23,050 for a family of four.
- \$19,090 for a family of three.
- \$15,130 for a family of two.


## Has the percentage of infants and toddlers living in lowincome and poor families changed over time?

The percentage of infants and toddlers living in low-income families (both poor and near poor) has been on the rise increasing from 44 percent in 2006 to 49 percent in 2011. During this time period, the
overall number of the very youngest children (children under 3 years old) decreased by 4 percent while the number who were low-income and poor increased by 7 percent and 17 percent, respectively.

Percentage change of infants and toddlers living in low-income and poor families, 2006-2011

| 2006 | 2011 | Percent change |  |
| :--- | :---: | :---: | :---: |
| Low-income | $5,211,591$ | $5,592,674$ | $7 \%$ |
| Poor | $2,535,419$ | $2,967,444$ | $17 \%$ |

Infants and toddlers living in low-income and poor families, 2006-2011


How do infants and toddlers compare to the rest of the population?

The percentage of infants and toddlers in low-income families surpasses that of adults. In addition, children less than 3 years old are nearly three times as likely as adults 65 years and older to live in poor families.

Family income by age, 2011


Percentages may not add to 100 due to rounding.

Does the percentage of children in low-income families vary by children's age?

The overall percentages of children living in low-income and poor families mask important variations by age. Although children under 3 years of age represent 16 percent of the population under 18 years, they are disproportionately low income.

- 49 percent of children under 3 years old- 5.6 million - live in low-income families.
- 44 percent of children ages 3 through 17 years old - 26.8 million - live in low-income families.

Percentage of children in low-income and poor families by age, 2011


Does the percentage of infants and toddlers in low-income families vary by race/ethnicity? ${ }^{5}$

Although black, American Indian, and Hispanic infants and toddlers are disproportionately low income, whites comprise the largest group of low-income infants and toddlers ( 37 percent).

- 35 percent of white infants and toddlers - 2.1 million - live in low-income families.
- 71 percent of black infants and toddlers - 1.1 million - live in low-income families.
- 30 percent of Asian infants and toddlers - 0.1 million - live in low-income families.
-69 percent of American Indian infants and toddlers - about 62,000 - live in low-income families.
- 47 percent of infants and toddlers of some other race 0.3 million - live in low-income families.
- 67 percent of Hispanic infants and toddlers - 2 million - live in low-income families.

Race/ethnicity among infants and toddlers by family income, 2011


Percentages may not add to 100 due to rounding

Percentage of infants and toddlers in low-income and poor families by race/ethnicity, 2011


Does the percentage of infants and toddlers in low-income families vary by parents' country of birth? ${ }^{6}$

- 65 percent of infants and toddlers with immigrant parents - 1.3 million - live in low-income families.
- 46 percent of infants and toddlers with native-born parents - 4 million - live in low-income families.

What are the family characteristics of low-income and poor infants and toddlers?

## Parents' Education ${ }^{7}$

Higher levels of parents' education decrease the likelihood that a child will live in a low-income or poor family. Yet, nearly one-half (46 percent) of low-income and over one-third (38 percent) of poor infants and toddlers have a parent with at least some college.

- 88 percent of infants and toddlers with parents who have less than a high school degree 1.3 million - live in low-income families.
- 73 percent of infants and toddlers with parents who have a high school degree but no college - 1.7 million - live in low-income families.
- 34 percent of infants and toddlers with at least one parent who has some college or more education - 2.6 million - live in low-income families.


## Parents' Employment ${ }^{8}$

Although infants and toddlers with a full-time, year-round employed parent comprise about 43 percent of the low-income population, they are less likely to be living in a low-income family, compared to infants and toddlers with parents who work part-time/partyear or who are not employed.

- 32 percent of infants and toddlers with at least one parent who works full-time, yearround - 2.4 million - live in low-income families.
- 75 percent of infants and toddlers with at least one parent who works part-time or part-

Parents' education among infants and toddlers by family income, 2011


Percentages may not add to 100 due to rounding.

Percentage of infants and toddlers in low-income and poor families by parents' employment and education, 2011

year - 2 million - live in lowincome families.

- 87 percent of infants and toddlers with no employed parents - 1.2 million - live in low-income families.


## Family Structure

Forty-six percent of children under 3 years of age in low-income families - 2.5 million - and 34
percent of children under 3 years old in poor families - 1.0 million - live with married parents.

- 34 percent of infants and toddlers with married parents 2.5 million - live in low-income families.
- 76 percent of infants and toddlers with a single parent 3 million - live in low-income families.

Does the percentage of infants and toddlers in low-income families vary by where they live?

## Region

The percentage of infants and toddlers in low-income families varies substantially by region.

- 41 percent of infants and toddlers in the Northeast - 0.7 million live in low-income families.
- 47 percent of infants and toddlers in the Midwest - 1.2 million live in low-income families.
- 53 percent of infants and toddlers in the South - 2.3 million - live in low-income families.
- 49 percent of infants and toddlers in the West - 1.4 million - live in low-income families.


## Type of Area

Similarly, infants and toddlers living in rural areas are more likely to live in low-income families compared to those living in urban areas.

- 47 percent of infants and toddlers in urban areas - 4.3 million - live in low-income families.
- 58 percent of infants and toddlers in rural areas - 1 million - live in low-income families.


## Residential Instability and

 Home OwnershipResearch suggests that stable housing is important for healthy child development. ${ }^{9}$ However, infants and toddlers living in low-income families are more likely than other children to have moved in the past year and to live in families that rent a home.

Percentage of infants and toddlers in low-income families by region, 2011


Residential instability and home ownership among infants and toddlers by family income, 2011


- 29 percent of infants and toddlers in low-income families - 1.6 million - moved in the last year.
- 17 percent of infants and toddlers in families with higher income - 1 million - moved in the last year.
- 70 percent of infants and toddlers in low-income families - 3.9 million - live with a family that rents a home.
- 26 percent of infants and toddlers in families with higher income - 1.5 million - live with a family that rents a home.


Are infants and toddlers in low-income families covered by health insurance? ${ }^{10}$

Among all infants and toddlers, approximately 7 percent in lowincome families and 7 percent in poor families are uninsured. Consistent with research suggesting older children are particularly at risk of being uninsured, infants and toddlers are less likely to be without health insurance coverage compared to older children. ${ }^{11}$ Public insurance reaches the largest share of economically disadvantaged infants and toddlers, covering about three-fourths (75 percent) of these children in lowincome families and 86 percent of these children in poor families.

- 7 percent of infants and toddlers living in low-income families - 0.4 million - are uninsured.
- 22 percent of infants and toddlers living in low-income families - 1.2 million - are covered by private insurance.


## - 75 percent of infants and

 toddlers living in low-income families - 4.2 million - are covered by public insurance.Percentage of children uninsured in low-income and poor families by age, 2011


Type of health insurance coverage among infants and toddlers by family income, 2011


For comparable information about all children, see Basic Facts About Lowincome Children: Children Under 18 Years, 2011, or about young children, see Basic Facts About Low-income Children: Children Under 6 Years, 2011, or Basic Facts About Low-income Children: Children Aged 6 through 11 Years, 2011, or about adolescent children, see Basic Facts About Low-income Children: Children Aged 12 through 17 Years, 2011.

## Endnotes

This fact sheet is part of the National Center for Children in Poverty's demographic fact sheet series and is updated annually. Estimates published in this year's fact sheet are directly comparable with last year (2010) but not with earlier years, as the data analyzed changed from the Current Population Survey (used in years before 2010) to the American Community Survey (ACS). Unless otherwise noted, analysis of the 2011 American Community Survey (ACS) was conducted by Sophia Addy of NCCP. Yumiko Aratani provided feedback that contributed to the analysis. Estimates include children living in households with at least one parent and most children living apart from both parents (for example, children being raised by grandparents). Children living independently, living with a spouse, or in group quarters are excluded from these data. Children 14 years old and under living with only unrelated adults were not included because data on their income status were not available. Among children who do not live with at least one parent, parental characteristics are those of the householder and/or the householder's spouse. Special thanks to Morris Ardoin, Amy Palmisano, and Telly Valdellon.

1. In this fact sheet, poverty is defined as family income less than 100 percent of the poverty threshold; low income is defined as family income less than 200 percent of the poverty threshold.
2. These numbers are from the federal poverty guidelines issued annually by the U.S. Department of Health and Human Services. The demographic findings in this fact sheet were calculated using more complex versions of the federal poverty measure - the thresholds issued by the U.S. Census Bureau. Please see http:// aspe.hhs.gov/poverty/11poverty.shtml for the 2011 poverty thresholds. For more information on measuring poverty and the differences between the federal poverty guidelines and the thresholds, see the U.S. Department of Health and Human Services website.
3. Cauthen, Nancy K.; \& Fass, Sarah. (2008). Measuring income and poverty in the United States. New York, NY: National Center for Children in Poverty, Columbia University, Mailman School of Public Health.
4. These figures were derived from NCCP's Basic Needs Budget Calculator.
5. In the most recent ACS, parents could report children's race as one or more of the following: "White," "Black," "American Indian or Alaska Native," or "Asian and/or Hawaiian/Pacific Islander." In a separate question, parents could report whether their children were of Hispanic origin. For the data reported, children whose parent reported their race as White, Black, American Indian or Alaska Native, or Asian and/ or Hawaiian/Pacific Islander and their ethnicity as non-Hispanic are assigned their respective race. Children who were reported to be of more than one race were assigned as Other. Children whose
parent identified them as Hispanic were categorized as Hispanic, regardless of their reported race.
6. Children living in households with one immigrant parent and one native-born parent (approximately 0.8 million) are not included in these estimates.
7. Parent's education is the education level of the most highly educated parent living in the household. Parents can either have no high school degree; a high school degree, but no college; or some college or more.
8. Parent's employment is the employment level of the parent in the household who maintained the highest level of employment in the previous year. Parents can either have no employment in the previous year, part-year or part-time employment, or full-time, year-round employment. Part-year or part-time employment is defined as either working less than 50 weeks in the previous year or less than 35 hours per week. Full-time, yearround employment is defined as working at least 50 weeks in the previous year and 35 hours or more per week for more than half the year.
9. Aratani, Yumiko. (2009). Homeless children and youth. New York, NY: National Center for Children in Poverty, Columbia University, Mailman School of Public Health.
10. People can report more than one type of insurance coverage. Children not covered by private or public health insurance at the time of the survey are considered uninsured.
11. Schwarz, Susan Wile. (2009). Adolescent mental health in the United States. New York, NY: National Center for Children in Poverty, Columbia University, Mailman School of Public Health.
