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Author(s)	O'Neill, Julie; Jasionek, Greg; Drummond, Sarah E.; Brett, Orla;						
	Lucking, Eric F.; Abdulla, Mohammed A.; O'Halloran, Ken D.						
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Coláiste na hOllscoile Corcaigh

## 1 Renal Cortical Oxygen Tension is Decreased Following Exposure to Long-term but not

## 2 Short-term Intermittent Hypoxia in the Rat

- 3
- Julie O'Neill, Greg Jasionek, Sarah E. Drummond, Orla Brett, Eric F. Lucking, Mohammed A.
  Abdulla, and Ken D. O'Halloran.
- 6 Department of Physiology, School of Medicine, College of Medicine and Health, University
- 7 College Cork, Cork, Ireland.
- 8 <u>Running Title</u>: Inefficient O<sub>2</sub> utilization in renal cortex following chronic intermittent hypoxia
- 9 Corresponding author:
- 10 Julie O'Neill, PhD
- 11 Department of Physiology
- 12 School of Medicine
- 13 College of Medicine and Health
- 14 University College Cork
- 15 Cork, Ireland
- 16
- 17 Telephone: +353214905486
- 18
- 19 20
- 21 22
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#### 38 Abstract:

39 Chronic kidney disease (CKD) occurs in more than 50% of patients with obstructive sleep apnea 40 (OSA). However, the impact of intermittent hypoxia (IH) on renal function and oxygen 41 homeostasis is unclear. Male Sprague Dawley rats were exposed to IH (270 secs at 21% O<sub>2</sub>; 90 42 secs hypoxia, 6.5% O<sub>2</sub> at nadir) for 4 h (AIH) or to chronic IH (CIH) for 8h/day for 2 weeks. 43 Animals were anesthetized and surgically prepared for the measurement of mean arterial 44 pressure (MAP), and left renal excretory function, renal blood flow (RBF), and renal oxygen 45 tension (PO<sub>2</sub>). AIH had no effect on MAP ( $123\pm14$  versus (v)  $129\pm14$  mmHg, mean $\pm$ SEM, sham 46 v IH). The CIH group were hypertensive (122±9 v 144±15mmHg, P<0.05). Glomerular filtration 47 rate (GFR) (0.92±0.27 v 1.33±0.33ml/min), RBF (3.8±1.5 v 7.2±2.4ml/min) and transported 48 sodium (TNa) (132±39 v 201±47µmol/min) were increased in the AIH group (all P<0.05). In the 49 CIH group, GFR (1.25±0.28 v 0.86±0.28ml/min, P<0.05) and TNa (160±39 v 120±40µmol/min, 50 P<0.05) were decreased, while RBF (4.13±1.5 v 3.08±1.5ml/min) was not significantly different. 51 Oxygen consumption (QO<sub>2</sub>) was increased in the AIH group  $(6.76\pm2.60 \text{ v} 13.60\pm7.77 \mu \text{mol/min})$ 52 P<0.05), but was not significantly altered in the CIH group (3.97±2.63 v 6.82±3.29µmol/min). 53 Cortical PO<sub>2</sub> was not significantly different in the AIH group ( $46\pm4$  v  $46\pm3$ mmHg), but was 54 decreased in the CIH group (44±5mmHg v 38±2mmHg, P<0.05). AIH: Renal oxygen 55 homeostasis was preserved through a maintained balance between O<sub>2</sub> supply (RBF) and 56 consumption (GFR). CIH: Mismatched TNa and QO<sub>2</sub> reflects inefficient O<sub>2</sub> utilization and 57 thereby sustained decrease in cortical PO<sub>2</sub>.

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## 64 **Introduction**:

65 Chronic Kidney Disease (CKD) is characterized by structural and functional alterations in 66 glomeruli and renal tubules, which grossly impair filtration of blood plasma and the renal 67 handling of important electrolytes such as sodium. Classical clinical manifestations of CKD are 68 abnormal glomerular filtration and proteinuria (2). Indeed, it is well established that CKD is a 69 co-morbidity of disease pathologies such as diabetes mellitus, hypertension, chronic 70 glomerulonephritis and cystic kidney disease (14). A sustained decrease in renal tissue oxygen 71 availability has been reported in a variety of CKD models (10, 14, 27, 34). Importantly, it has 72 been demonstrated that sustained renal tissue hypoxia precedes albuminuria in a mouse model of 73 type 1 diabetes (12). Furthermore, proteinuria and immune cell infiltration resulted from an 74 increase in renal oxygen consumption and kidney tissue hypoxia in an animal model not 75 confounded by hyperglycameia or oxidative stress (chronic di-nitrophenol administration) (41). 76 Together these data provide evidence that kidney tissue hypoxia *per se* plays a potentially 77 important role in the pathogenesis of CKD.

78

79 It is now apparent that obstructive sleep apnea (OSA), which is characterized by repetitive cycles 80 of upper airway obstruction and resultant intermittent hypoxemia throughout the sleep cycle, 81 occurs in more than 50% of patients with CKD (2, 13). Moreover, clinical data suggest that 82 there is a correlation between OSA and glomerular hyperfiltration and proteinuria (2). Indeed a 83 number of possible pathophysiological links between OSA and CKD have been proposed and it 84 is plausible that exposure to CIH and thereby intermittent hypoxemia as well as sleep 85 fragmentation, which manifest in OSA, may contribute to CKD progression via the activation of 86 pro-oxidant (i.e. oxidative stress) (37,60), pro-inflammatory (NF-KB pathway) (43,59) and pro-87 fibrotic pathways (sympathetic nervous system (SNS) and renin-aldosterone-angiotensin system

88	(RAAS)	activation)	(6,11,37).	Indeed,	the	chronic	repetitive	cycles	of	blood
89	deoxygen	ation/reoxyge	nation obser	ved in ex	perim	ental mod	els of CIH	have bee	en she	own to
90	promote c	oxidative stres	s and inflam	mation bot	h syste	emically ar	nd in the kid	ney (48,5	8)	

However, the impact of IH per se on renal function is unclear and data describing the effects of IH on renal hemodynamics and tubular function, both of which are defective in CKD appears to be lacking. Moreover, given that a sustained decrease in kidney tissue PO<sub>2</sub> is now widely regarded as an important factor in the pathogenesis of secondary CKD (10, 14, 27)it would seem pertinent to determine both the immediate and long-term impact of IH on renal function and renal oxygen homeostasis. Thus the aim of the present study was twofold: Firstly, we aimed to determine the impact of acute IH (AIH) and CIH on renal hemodynamics, excretory function and metabolism. Secondly, we aimed to determine whether CIH-induced alterations in renal hemodynamics, excretory function and oxygen homeostasis are consistent with the current understanding of the pathogenesis of CKD. **Materials and Methods:** 

## 112 Ethical Approval

113	Male Sprague Dawley rats (8-10 weeks old) were obtained from the Biological Services Unit in
114	University College Cork and maintained there under a 12h light-12h dark regimen at 20±3°C.
115	Animals received free access to standard chow and water. All experimental procedures were
116	performed under the European Community Directive 86/609/EC and were approved by the local
117	Animal Experimentation Ethics Committee (AEEC number: 2013/005). NIH guidelines for the
118	care of experimental animals were adhered to throughout each protocol.

- 119 Animal Models of Intermittent Hypoxia (IH)
- 120

121 IH Profile

122 Animals were exposed to 10 cycles of IH per hour with each 6 min cycle consisting of 270 secs 123 at 21%  $O_2$  (normoxia) and 90secs of hypoxia with a gradual decline in chamber oxygen to a 124 nadir of 6.5%  $O_2$ .

- 125
- 126 Acute Intermittent Hypoxia (AIH)

Acute exposure of animals (n=7) to the above-described IH profile was carried out over a period of 4 hours (08:00/09:00 to 12:00/13:00 hrs) in a commercial plethysmography chamber. A dynamic  $O_2/N_2$  controller (GSM-3 Gas Mixer, CWE Inc., USA) was used to create the IH profile and to deliver alternating levels of gas to a mixing chamber, which subsequently delivered gases to the plethysmography chamber. Chamber  $O_2$  and  $CO_2$  levels were monitored throughout the exposure.

133

Bedding was added to the chamber to enrich the environment and promote acclimation. Animals had *ad libitum* access to standard chow and water throughout the exposure. Once animals were placed in the chamber, a settling period of 30-40 minutes was sufficient to allow for the stabilization of respiration and environmental acclimation. The corresponding sham group (n=6) was exposed to air (21% O<sub>2</sub>) under identical experimental conditions. 139

## 140 Chronic Intermittent Hypoxia (CIH)

141 Chronic exposure of animals (n=7) to IH was carried out over a period of 8 hours/day (08:00 to16:00 hrs) for 2 weeks using a dynamic O<sub>2</sub>/CO<sub>2</sub> controller (Oxycycler <sup>TM</sup>; Biospheric, NY, 142 143 USA). Chamber oxygen levels were measured continuously and controlled. Gas flow rates were 144 sufficient to prevent the accumulation of carbon dioxide in the chamber. Animals were placed in 145 their cage environment into environmental chambers, with ad libitum access to standard chow 146 and water. Sham animals (n=9) were housed in a similar environment with normoxia maintained 147 over 14 days. IH profiles for acute and chronic studies were matched. The IH profile was 148 designed so that the rate of de-oxygenation and re-oxygenation in all cycles were approximately 149 equivalent in each experimental context. Experiments were conducted in AIH exposed animals 150 and corresponding sham animals immediately following the 4hr exposure to IH to evaluate the 151 immediate and acute effects of repetitive de-oxygenation/re-oxygenation cycles. Experiments 152 were conducted in CIH exposed animals one day following the last IH exposure (ie day 15) to 153 evaluate the chronic and latent effects of repetitive de-oxygenation/re-oxygenation cycles.

#### 154 Surgical Protocol

155 Following AIH or CIH exposure, animals were anesthetized via an intraperitoneal injection of 156 sodium pentobarbitone (Euthatal), (60 mg/kg) and placed on a heated pad so that body 157 temperature was maintained at 37°C. Adequacy of anesthesia was confirmed by absence of pedal 158 withdrawal to noxious pinch. Supplemental doses of anesthetic were administered if required. A 159 tracheostomy was performed (PP240 tubing) to facilitate respiration by spontaneous breathing. A 160 cannula was inserted into the right carotid artery (PP50) to facilitate the measurement of mean 161 arterial pressure (MAP) and into the right femoral vein to facilitate the infusion of Fluorescein 162 isothyocyanate-Inulin (FITC-Inulin) (Sigma Aldrich, St Louis, Missouri, USA) (10mg/kg/hr).

163 The animals were studied with their dorsal aspect exposed and the left kidney was exposed by a 164 left subcostal flank incision. The left kidney was then stabilized in a cup and surrounded and 165 covered by cotton wool soaked in paraffin oil (Sigma Aldrich, St Louis, Missouri, USA). This 166 was carried out to ensure that the kidney remained moist at body temperature. The left renal vein 167 was dissected and prepared for the withdrawal of blood samples for the measurement of blood 168 gases and oxygen consumption (QO<sub>2</sub>). 0.1 ml of venous blood was withdrawn very slowly from 169 the renal vein using a 1 ml heparinized syringe and needle (27G) (BD Microlance). The entry 170 site on the vein was sealed afterwards using an absorbable hemostatic gelatin sponge 171 (Spongostan, Søberg, Denmark). The left renal artery was carefully dissected to facilitate the 172 placement of a transit time ultrasound flow probe around the renal artery (renal blood flow 173 (RBF) measurement) (Transconic. Systems, Ithaca, NY,USA). A cannula was inserted into the 174 left ureter to facilitate the measurement of left renal function. Animals were allowed to stabilize 175 for 45 minutes prior to the start of the experimental protocol. At the end of the experiment, 176 animals were euthanized by an anesthetic overdose.

177 Experimental Protocol

178 The experimental protocol is summarized and described in Fig. 1.

## 179 Measurement of hemodynamic parameters

MAP was measured via the right carotid artery cannula, which was connected to a blood pressure transducer and a signal transduction amplifier. MAP was continuously monitored and recorded (AD Instruments, Hastings, UK). RBF was determined using a transonic flow probe, which was cupped around the renal artery and connected to a flow meter (Transonic Systems Inc, NY, USA). RBF was continuously monitored and recorded. Glomerular filtration rate (GFR) was determined by the clearance of FITC-Inulin. FITC fluorescence was measured in both urine and plasma using a microplate reader (Wallac victor<sup>2</sup> 1420 multilabel counter, Perkin Elmer, USA).
Blood gases and electrolytes were measured in blood withdrawn from the carotid artery and renal
vein using the iSTAT system (Abbott Laboratories, Abbott Park, IL, USA).

#### 189 *Measurement of excretory parameters*

190 Urine flow was determined gravimetrically at baseline. Urinary sodium concentrations were 191 determined using flame spectrophotometry (model: M410, Sherwood Scientific, Ltd., UK). 192 Urinary protein excretion (UPE) was measured using a BCA protein assay (Bio-Rad 193 Laboratories, Hercules, California, USA). Urinary kidney injury molecule-1 (KIM-1) excretion 194 was measured in sham (n=5) and CIH (n=5) groups using a KIM-1 ELISA kit (rat) purchased 195 from GenWay Biotech, Inc. San Diego, California, USA. A multilabel plate reader was used at 196 an absorbance of 450nm to quantify urinary protein concentrations and KIM-1 concentrations, 197 after which both were normalized to urine flow rate.

## 198 In vivo measurement of oxygen tension in the renal cortex and medulla

199 At the end of each 40 min clearance period, PO<sub>2</sub> sensing probes (Product no: PO2 E series ref 200 BF/OT/E) (fluorescence quenching oximetry) (OxyLite 2000, Oxford Optronics Ltd, Abingdon, 201 UK) were used to measure both cortical and medullary PO<sub>2</sub>. Probes were placed in 202 micromanipulators. A small portion of the renal capsule was removed from the surface of the 203 outer third of the kidney along the greater curvature. Once it was established that the tip of the 204 probe was interfacing with the surface of the kidney (coincident with the partial pressure of 205 oxygen falling from 120 mmHg to 100 mmHg), it was advanced 0.5-1.0 mm into the renal 206 cortex. As soon as the recording became stable, a measurement was taken. The probe was then 207 advanced a further 2.5 -3 mm in to the medulla (total depth 3.5-4 mm from kidney surface). 208 Again once the recording became stable a measurement was taken. This was carried out several

times and the average cortical and medullary values were obtained. Importantly, after each set of cortical and medullary recordings the probe was completely removed from the kidney and reinserted in an area immediately adjacent ("undamaged area") to the previous point of insertion.

#### 212 Tissue Homogenization

213 Cortical and medullary tissue were weighed and homogenized in radio-immunoprecipitation 214 assay RIPA lysis buffer (10% w/v) consisting of: 10x RIPA, deionized H<sub>2</sub>O, sodium fluoride 215 (NaF) (200mM) phenylmethylsulfonylfluoride (PMSF) (100mM), protease cocktail inhibitor ((5mM EDTA, 1 mM EGTA, 5µg/ml leupeptin, 5µg/ml aprotinin, 2µg/ml pepstatin, 120µg/ml 216 217 Pefabloc, 2mM 1,10-phenanthroline and sodium orthovanadate (Naortho) (200mM) (All from 218 Sigma Aldrich, Arklow, Wicklow, Ireland). Samples were homogenized on ice for 3 X 10 219 second bursts with 30 seconds lapsing between each burst. The homogenates were left on ice for 220 20 minutes with intermittent vortexing to allow cells to lyse. Samples were centrifuged at 221 15,366g at 4°C for 15 min to pellet debris from homogenates.

## 222 Nitric oxide (NO) and Oxidative Stress:

Urinary, plasma and renal tissue nitrate/nitrite (NOx) levels were measured using a nitrate/nitrite
colorimetric assay kit (Cayman Chemical, Michigan, USA) and all samples were assayed in
duplicate. A multilabelled plate reader at an absorbance of 540nm quantified concentrations.
Plasma and renal tissue thiobarbituric acid reactive substances (TBARS) were measured using a
laboratory based thiobarbituric acid assay (Persson et al 2014) and the concentration of TBARS
in the kidney and plasma was quantified by a multilabelled fluorescent plate reader (excitation:
523nm, emission: 553nm).

230

#### 231 Markers of renal inflammation

232 Renal cortical tissue homogenates were profiled for the following cytokine levels: Interferon 233 (IFN)-y, Interleukin-1ß (IL-1ß), IL-4, IL-5, IL-6, keratinocyte chemoattractant/growth related 234 oncogene (KC/GRO), IL-10, IL-13 and tumor necrosis factor (TNF)-α. This was carried out by 235 sandwich immunoassay methods using commercially available detection kits (V-plex Pro-236 inflammatory Panel 2 (rat) kit; Meso Scale Discovery, Rockville, Maryland, USA) as per 237 manufacturer's instruction. 200µg of protein from each tissue sample was loaded in duplicate 238 into wells. Plates were analyzed using a QuickPlex SQ 120 plate reader (Meso Scale Discovery, 239 Rockville, Maryland, USA.) IL-4, IL-5 and IL-13 levels could not be established in the renal 240 cortex in the present study because their levels were below the limits of detection. INF- $\gamma$  was 241 not detected in 1 AIH and 1 sham sample.

242

## 243 Gene Expression

#### 244 RNA extraction and gene reverse transcription

245 RNA extraction and reverse transcription was carried out as previously described (29). Briefly, 246 RNA was extracted, using Tripure Isolation Reagent (Roche Diagnostics Ltd., West Sussex, 247 UK), from frozen kidney tissue (25-50mg per sample) using a standard laboratory homogeniser 248 (Omni-Inc., Kennesaw, Georgia, USA) as per the manufacturer's instructions, with an additional 249 chloroform wash step during phase separation. Following isolation, RNA was treated with 250 TURBO DNA-free Kit (Life Technologies, Bio-Sciences, Dun Laoghaire, Ireland). RNA 251 quantity and purity was assessed by spectrophotometry with a Nanodrop 1000 (Thermo 252 Scientific, Wilmington, Delaware, USA). RNA integrity was assessed using an agarose gel 253 electrophoresis system (E-gel, Life Technologies, Carlsbad, California, USA) and visualization 254 of clear 18S and 28S ribosomal RNA bands. RNA was reverse transcribed using Transcriptor 255 First Strand cDNA Synthesis Kit (Roche Diagnostics Ltd.) as per the manufacturer's

256 instructions.

#### 257

258 *qPCR* 

259 cDNA was amplified using Realtime ready Catalog or Custom Assays (Roche Diagnostics Ltd. 260 Basal, Switzerland) and Fast Start Essential DNA Probe Master (Roche Diagnostics Ltd. Basal, 261 Switzerland) as per the manufacturer's instructions, using the LightCycler 96 (Roche Diagnostics 262 Ltd. Basal, Switzerland) on 96-well plates. All reactions were performed in duplicate. Data were 263 normalized to a reference gene, *hprt1*. Relative expression of HIF-1 $\alpha$ , NF- $\kappa$ B, NOS-1, NOS-3, 264 VEGF, NOX-4 and HO-1 (Roche Diagnostics Ltd. Basal, Switzerland) was calculated using the 265  $\Delta \Delta CT$  method to normalize expression to the reference gene with changes in expression 266 displayed as a fold change over the control group. Three sham kidney tissue samples 267 corresponding with the AIH group were depleted and thus mRNA levels could not be measured 268 for these animals. Therefore, sham samples corresponding to AIH and CIH studies were pooled 269 for the purpose of data analysis (sham n=8-10, AIH, n=6 and CIH, n=7). An outlier was removed 270 from the sham group in the analysis of HO-1 levels.

271 Calculations

GFR was calculated using: GFR = U\*UV/P, where U = urinary [FITC inulin], UV = urine volume, P = plasma [FITC inulin]. Renal vascular resistance (RVR) was determined by: RVR = (MAP/RBF). *In vivo* renal oxygen consumption (QO<sub>2</sub>) was estimated from the arteriovenous difference in oxygen content and was given by:  $QO_2$  = arterio-venous difference in oxygen content\*RBF, where blood oxygen content = 1.34\* Hemoglobin oxygen saturation\*Hemoglobin concentration+blood PO<sub>2</sub>\*0.003). Tubular sodium transport (TNa) was calculated by: TNa = [PNa]\*GFR-[UNa]\*UV, where [PNa] = plasma sodium concentration and [UNa] = urinary sodium concentration. Fractional sodium excretion = sodium clearance/GFR, where sodium
clearance= [UNa]\*UV/[PNa].

#### 281 Statistical analysis

282 Data are presented as mean ± SEM. All statistical analyses were performed using GraphPad 283 Prism (GraphPad Software, San Diego, CA, USA). All data were analyzed using 2x2 ANOVA 284 with a Bonferroni post-hoc test unless otherwise specified. There were 2 multiple comparisons 285 made per family. Differences were deemed to be statistically significant when P < 0.05. The 286 critical value of P in this context was two sided. Ordinary least products regression analysis 287 (Deming model II) was used to calculate lines of best fit for TNa and QO<sub>2</sub> Renal mRNA 288 expression levels of NF-κB, HIF-1α, NOS-1, NOS-3, NOX4, HO-1 and VEGF were analyzed 289 using a one way ANOVA. Urinary KIM-1 levels in sham versus CIH animals were compared 290 using an unpaired t-test.

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#### 296 **Results:**

297 General

298 Exposure of animals to either AIH or CIH had no significant effect on body weight (Table 1).

299 The partial pressure of oxygen in arterial blood (PaO<sub>2</sub>) was higher and the partial pressure of

300 carbon dioxide in arterial blood (PaCO<sub>2</sub>) was lower in animals exposed to CIH compared with

301 sham control group (Table 1), revealing a mild persistent hyperventilation with metabolic 302 compensation, indicative of long-term facilitation (LTF) of breathing (22), which can persist 303 under normoxic conditions for as long as 3 days following exposure to CIH (22,23). Hematocrit 304 and hemoglobin levels in arterial blood were significantly elevated in animals exposed to CIH 305 compared with the corresponding sham control group (Table 1).

306

#### 307 Hemodynamic parameters

Exposure to AIH had no significant effect on MAP, whereas animals exposed to CIH were hypertensive compared with the corresponding controls (Fig 2A). Exposure of animals to AIH resulted in an increase in GFR and RBF (both P<0.05), whereas exposure of animals to CIH had the opposite effect (Interaction: Gas x Duration: P=0.004) and P=0.005, respectively) (Fig 2B and C). Correspondingly, RVR was lower in the animals exposed to AIH and higher in the animals exposed to CIH (Interaction: Gas x Duration: P=0.004) (Fig 2D).

314

#### 315 Excretory parameters (Table 2)

UF, UNaV, FENa and sodium clearance were not significantly altered by either AIH or CIH exposures. However, the results of the 2-way ANOVA performed on the UF data revealed a significant interaction, with opposing effects on this variable in the context of acute versus chronic exposures (Table 2). Urinary protein excretion (UPE) was not significantly different between animals exposed to AIH and the corresponding sham control group. Conversely, a modest proteinuria was evident in animals exposed to CIH (P=0.09) (Table 2).

322

#### 323 Sodium Transport and Renal Oxygen Consumption

- 324 Sodium transport (TNa) was greater in animals exposed to AIH, whereas TNa was reduced in
- animals exposed to CIH (Interaction: Gas x Duration: P=0.002) (Fig 3A). Renal oxygen

326 consumption (QO<sub>2</sub>) was also greater in animals exposed to AIH (Fig 3B). Conversely, exposure 327 of animals to CIH had no significant impact on QO<sub>2</sub> (Fig 3B). The relationship between TNa and 328 QO<sub>2</sub> was also examined using regression analysis in groups exposed to either AIH or CIH. The 329 slope of the relationship between TNa and  $QO_2$  was compared (Fig 3C and D). Neither AIH nor 330 CIH significantly affected the slope of the relationship between TNa and QO<sub>2</sub> (Fig 3C and D). 331 We interpret this to mean that sham and IH animals exhibit the same increase in renal QO<sub>2</sub> per 332 unit change TNa (no difference in the efficiency of TNa). However, the elevation of the 333 relationship between TNa and QO<sub>2</sub> was significantly greater in animals exposed to CIH 334 (P=0.001). Thus, at any given TNa, CIH animals exhibit a significantly higher renal QO<sub>2</sub>.

335

## 336 Renal Oxygen Tension

Exposure of animals to AIH had no significant effect on tissue oxygen availability in either the renal cortex or medulla (Fig 4A and B). Conversely, exposure to CIH was associated with significantly lower  $PO_2$  in the renal cortex compared with corresponding sham controls. There was no significant difference in medullary  $PO_2$  values between CIH and sham groups (Fig 4A and B).

342

NO was measured in the plasma, urine and in the renal cortex and medulla in all groups (Table
3). Urinary NOx excretion was similar in all groups. NOx concentration in the plasma and renal
cortex was significantly lower both in AIH and CIH groups compared with corresponding sham
control groups.

348

349 Oxidative Stress

<sup>343</sup> Nitric Oxide

350	TBARS concentration was measured in the plasma and in the renal cortex and medulla (Table 3)
351	in all groups. Enhanced lipid peroxidation was not evident in animals exposed to either AIH or
352	CIH in plasma, renal cortex or renal medulla.
353	
354	Inflammatory Profile: Renal Cortex
355	IFN- $\gamma$ levels were significantly increased in animals exposed to AIH (Table 4). The
356	concentrations of the other detectable inflammatory cytokines in renal cortex did not
357	significantly differ between groups (Table 4).
358	
359	Gene expression: Whole kidney
360	Renal NF-kB, HIF-1a, HO-1, VEGF, NOS-1, NOS-3 and NOX-4 gene expression did not
361	significantly differ between sham, AIH and CIH groups (Table 5).
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370	Discussion:
371 372	The present study sought to determine the impact of IH exposure on renal function and oxygen
373	homeostasis with a view to a better understanding of the potential role this stimulus might play in
374	the pathogenesis of CKD. To this end, animals were exposed to a moderate IH profile (similar to
375	what might be observed in patients with OSA) either acutely for four hours or chronically for
376	eight hours per day for two weeks prior to the in vivo measurement of renal hemodynamics,

377 excretory function and oxygen homeostasis. The first finding of the present study was that renal 378 tissue oxygen availability (PO<sub>2</sub>) was preserved in animals exposed to AIH due to reciprocal 379 increases in renal QO<sub>2</sub>, and O<sub>2</sub> delivery via RBF. The second finding was that significant 380 decreases in tissue oxygen was evident in the renal cortex of animals exposed to CIH, which 381 most likely resulted from elevations in transport unrelated oxygen consumption (basal 382 metabolism). Importantly, the altered NO bioavailability and sustained decrease in tissue PO<sub>2</sub> in 383 the renal cortex of animals exposed to CIH is consistent with previous observations in other 384 animal models of CKD, such as diabetes and hypertension (28, 30, 33, 34, 38, 40, 55).

385

386 In the present study, both RBF and GFR were higher and RVR was lower in animals exposed to 387 IH for four hours. Viewed collectively, these data provide evidence for an acute hyperemia and 388 afferent arteriolar dilation (7,45). Analysis of the kidney tissue was carried out in an effort to 389 determine possible mechanisms underlying IH-induced hyperemia. The potential role played by 390 NO in mediating this response is not entirely clear at present. Indeed plasma and renal tissue 391 levels of NOx metabolites reveal that a four hour IH exposure decreased NO production. This 392 observation is consistent with the findings of others in mouse aorta (52), but is not consistent 393 with the observed hyperemia in the present study. Indeed, exposure to AIH had no significant 394 impact upon NOS-1 or NOS-3 mRNA expression levels, indicating that endothelial and neuronal 395 nitric oxide synthase were unaffected at a transcriptional level. However, the present 396 observations are limited because we did not measure for NOS-1 and NOS-3 activity levels, 397 which could potentially be altered thereby accounting for the decrease in NOx metabolites 398 observed in the present study. It is also important to acknowledge that the regulation of NO 399 bioavailability/activity is complex and not just solely dependent upon NOS-mediated NO 400 production *per se*. It can also be influenced by other factors such as arginase activity, L-citrulline 401 concentration, superoxide anion production and the availability of NO associated signaling 402 molecules such as soluble guanylate cyclase (sGC) and cyclic guanosine monophosphate 403 (cGMP) (39, 57). Thus, NO cannot be ruled out as a potential mediator of the hyperemia 404 observed in the AIH group.

405

406 Kidney tissue was also investigated for evidence of Hemeoxygenase-1 (HO-1) upregulation at 407 the transcriptional level because HO-1 synthesizes carbon monoxide (CO) a potent vasodilator. 408 Previous studies have demonstrated that acute IH exposure and ischemia reperfusion injury are 409 both coincident with HO-1 upregulation in the liver, brain and kidney tissue (21, 44, 50). AIH 410 exposure had no significant effect on HO-1 expression and thus there is no evidence that CO was 411 mediating the renal hyperemia observed in the present study. Of interest, the cytokine profile 412 analysis of renal cortical tissue demonstrated that IFN-y levels were significantly increased 413 following AIH exposure. IFN-y is an inflammatory cytokine that is known to acutely dilate 414 resistance arteries in uterine tissue (5, 16). Indeed, the literature suggests that an acute elevation 415 in IFN- $\gamma$ , stimulates inducible NOS (iNOS) in endothelial cells, which can in turn increase local 416 NO production (26). We did not measure iNOS expression or activity and thus the potential role 417 of the IFN-y/iNOS/NO pathway in mediating renal hyperemia in response to an acute exposure 418 to IH should be addressed in subsequent studies.

419

AIH-induced alterations in hemodynamic parameters were paralleled by reciprocal alterations in metabolism, as evidenced by heightened TNa and  $QO_2$ . Consistent with the observations of others in several animal models, increased TNa and  $QO_2$  observed in the present study is most likely related to increases in GFR (9, 15, 30, 35). Indeed, it is now well established that pathological or pharmacological elevations in GFR result in corresponding increases in the filtered load of sodium, which in turn increase the reabsorptive work of the kidney, particularly in the proximal tubules (9, 15, 30) The increased TNa observed in this study following AIH 427 exposure reflects a rise in the activity of tubular sodium transporters whose function is either 428 primarily or secondarily dependent upon the hydrolysis of ATP. The linear relationship between 429 TNa and  $QO_2$  was not altered by AIH exposure, indicating that the raised  $QO_2$  was solely related 430 to a reciprocal rise in TNa of equal magnitude, and was not due to reductions in the efficiency of 431 TNa (9,10). Overall these data suggest that the elevated QO<sub>2</sub> observed in AIH rats resulted from 432 an increase in the transport related demand for ATP. Importantly, under these experimental 433 conditions renal tissue oxygen availability in the cortex and medulla was maintained within 434 normal limits because the balance was preserved between oxygen supply and demand.

435

436 In agreement with previous reports, animals exposed to CIH were hypertensive (17, 20, 49). Of 437 interest, in the present study, CIH exposure had opposing effects on renal hemodynamics 438 compared with AIH, such that animals presented with a relatively lower RBF and GFR, and a 439 higher RVR. The hemodynamic changes in response to CIH were accompanied by a modest 440 proteinuria, which is manifest in a proportion patients with OSA (8, 24), and consistent with CIH 441 induced structural changes in the glomeruli in an animal model (1). Also of note was a 43% 442 increase in urinary KIM-1 excretion rate in animals exposed to CIH, which is indicative of 443 proximal tubular injury at the very early stages of CKD (18). Importantly, the above 444 hemodynamic responses observed in this study are consistent with the reported impact of IH on 445 vascular reactivity in other tissues. CIH exposure has been shown to increase the vasoconstrictor 446 response to endothelin and norepinephrine in rat mesenteric arteries (3) and in the vascular bed 447 of the rat cremaster muscle (51), indicating that CIH primes the blood vessels for constriction. 448 Importantly, Tahawi et al 2001 also observed weakened vasoconstrictor responses to the NOS 449 inhibitor L-NAME, indirectly indicating that these blood vessels have impaired vasodilation due 450 to reductions in the production of NO (51). In the present study, CIH-induced reductions in GFR 451 and RBF were associated with a decrease in NO metabolites both systemically and in renal

452 tissue, indicating that vasoconstriction was associated with a concomitant reduction in the 453 production of NO. These observations are in agreement with the current literature where it is 454 well established that reduced NO production impairs renal blood perfusion (13).

455

456 On the other hand, there was no association between the reductions in RBF and GFR observed in 457 CIH-exposed animals and oxidative stress (as measured by lipid peroxidation), with equivalent 458 levels both in the plasma and kidney tissue of all groups. These data were surprising given that 459 reactive oxygen species (ROS) are known vasoconstrictors and have been reported to accumulate 460 both systemically and in the kidney in mouse and rat models of CIH (19, 37, 48). However, in 461 the latter studies, ROS accumulation was only evident after more than 6-8 weeks of exposure, 462 substantially longer than the 2 week exposure to IH used in the present study. These studies also 463 demonstrated that antioxidant enzymes such as superoxide dismutase (SOD) were upregulated 464 after 3 days of IH exposure. Of interest, SOD is downregulated after 8 weeks of exposure to IH, 465 which coincided with the renal accumulation of ROS (48). In the context of the present study, it 466 may well be that there was an upregulation in the expression and activity of antioxidant enzymes 467 accounting for the absence of ROS accumulation in the plasma and kidney of rats exposed to 468 CIH, and perhaps AIH.

469

The metabolic consequences of the diminished GFR observed in animals exposed to CIH were reflected in corresponding reductions in TNa, but not in  $QO_2$ . The regression analysis performed on this data set indicates that the nature of the relationship between the two variables was altered in the CIH group, such that global renal  $QO_2$  was significantly greater at any given level of TNa. These observations suggest that sodium transport efficiency was reduced in the CIH group. Indeed, one might be tempted to assume that a decrease in GFR and thereby the proximal reabsorption of sodium could potentially lead to a compensatory shift in TNa to more distal 477 nephron segments where the metabolic cost of sodium reabsorption is higher, i.e. the medullary
478 thick ascending limb (mTAL) (9, 14, 30). However, in the context of the present study this is
479 unlikely because MPO<sub>2</sub> was not significantly decreased in conjunction with GFR and TNa.

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481 Alternatively these data could reflect an increase in transport unrelated QO<sub>2</sub>/basal metabolism, 482 which could also potentially explain why QO<sub>2</sub> was not decreased in conjunction with TNa and 483 GFR in the group exposed to CIH. Renal NO metabolites were also reduced significantly in the 484 renal cortex of animals exposed to CIH indicating a possible reduction in the biosynthesis of NO. 485 Thus one plausible cause for the observed discrepancy between GFR/TNa and  $QO_2$  in the present 486 study is that a reduction in NO bioavailability diminished the tonic inhibitory effect of NO on 487 mitochondrial respiration, thereby increasing basal mitochondrial  $QO_2$  (15, 25, 57). Whether, the 488 mismatch between TNa and QO<sub>2</sub> resulted from an increase in transport related QO<sub>2</sub> or basal 489 metabolism is unclear. Either way, the net effect was a reduction in tissue  $PO_2$  in the renal 490 cortex in animals exposed to CIH. Importantly, these observations are consistent with previous 491 observations of others in various animal models of kidney disease (28, 30, 33, 34, 55).

492

493 It has been reported that chronic sustained decreases in oxygen availability in the kidney activate 494 pro-inflammatory pathways (Ohtomo et al 2008, Nordquist et al 2015). Moreover, experimental 495 data suggests that renal HIF-1 $\alpha$  activation contributes to the activation of pro-inflammatory 496 pathways in animal models of diabetes (28, 31). In the present study, CIH-induced reduction in 497 cortical tissue oxygen tension was not associated with HIF-1a or NF-kB activation at the 498 transcriptional level, although there was a trend for elevated levels in the CIH-exposed kidney. 499 Moreover, exposure to CIH did not significantly affect the transcriptional expression of other 500 HIF response genes such as NOS-1, NOS-3, VEGF or HO-1. On the contrary, blood gas analysis 501 revealed that hemoglobin and hematocrit were both significantly elevated in CIH-exposed 502 animals, providing some indirect evidence of renal HIF-1 $\alpha$  induced up-regulation of 503 erythropoietin, a HIF response gene (42, 47), perhaps transiently, over the course of the 2 week 504 exposure to IH. Others have demonstrated IH-induced renal tissue HIF-1a upregulation from 505 weeks 6-9 following the onset of IH exposure (19). In agreement with the present observations, 506 Sun et al. 2015 demonstrated that HIF-1 $\alpha$  protein expression was not significantly upregulated in 507 mice exposed to IH for 2 weeks (48), suggesting that HIF-1 $\alpha$  maybe transiently activated during 508 2 weeks of IH exposure, whereas longer duration exposures may result in a more sustained 509 period of HIF-1 $\alpha$  activation.

510

511 Finally, the present study provides no evidence for a pronounced renal inflammatory response 512 after 2 weeks of IH exposure either at the gene or protein level, with IFN-y the only 513 inflammatory cytokine that was found to be increased in the renal cortex following 514 exposure to IH. Of note, Lu et al 2017 observed increases in TNF- $\alpha$  and IL-6 only after 6 weeks 515 of IH exposure in rats and Sun et al 2015 demonstrated that inflammatory markers such as cell 516 adhesion molecules (ICAM1) and plasminogen activator inhibitor (PAI) were equivalent to 517 control levels following a 2 week exposure to IH in mice (19, 48). Our data suggest that a 2 week 518 exposure to IH and the resultant decrease in cortical tissue oxygen tension at this early stage 519 were not associated with a robust inflammatory response in the renal cortex. We speculate that 520 IH exposures of longer duration potentially result in decreases in renal oxygen tension of greater 521 magnitude, which in turn could stimulate a more robust inflammatory response.

522

## 523 Limitations:

524 It is not clear whether the reduction in renal cortex oxygen tension observed in animals exposed 525 to CIH was related to intermittent hypoxia *per se* or whether it is a consequence of hypertension. 526 It is established that kidney tissue hypoxia is present in animal models of hypertension such as 527 the spontaneously hypertensive rat (SHR) (54, 56). Impaired renal blood flow may in part 528 contribute to kidney tissue hypoxia in the SHR, but reductions in the efficiency of oxygen 529 utilization for sodium transport have also been reported to play a major role (54). Thus it may 530 well be that the dysregulated oxygen homeostasis observed in the present study is an indirect 531 consequence of IH-induced hypertension as opposed to renal tissue IH per se. It would be 532 interesting to explore the temporal changes in renal tissue oxygen tension in the transition from 533 short-term to long-term IH exposure and the development of hypertension. Renal tissue hypoxia 534 and consequential aberrant afferent signaling from the kidneys to the brainstem may be a critical 535 component of the development and/or maintenance of high blood pressure (36). Another 536 limitation of the present study is that we did not measure tissue levels of superoxide or 537 antioxidant enzymes. Thus the putative role of altered redox signaling in the kidney in response 538 to IH exposure remains unclear.

539

#### 540 **Conclusions:**

541 The metabolic consequences of increased GFR in animals exposed to AIH are reflected by 542 corresponding increases in TNa and QO<sub>2</sub>. Renal PO<sub>2</sub> was not altered in conjunction with QO<sub>2</sub> 543 indicating that AIH exposure activates a compensatory mechanism in the kidney whereby  $O_2$ 544 delivery (RBF) and consumption, although elevated remain balanced, thereby preserving tissue 545 O<sub>2</sub> availability. The metabolic consequences of a diminished GFR in animals exposed to CIH 546 were reflected by reductions in TNa, but not in QO2. The mismatch between TNa and QO2 547 reflects a decrease in the metabolic efficiency of sodium transport. Consequently, a decrease in 548 tissue  $PO_2$  in the renal cortex was evident after 2 weeks of CIH exposure. These perturbations in 549 renal function and oxygen homeostasis were associated with corresponding reductions in the 550 systemic and renal production of NO metabolites. It is clear that 2 weeks of CIH exposure 551 induces changes in renal function and oxygen homeostasis that are consistent with aspects of the

552	current understanding of CKD. However, the precise mechanisms by which cortical tissue
553	hypoxia might contribute to CKD in this model require further investigation. Moreover, future
554	studies are needed to determine the impact of IH exposure on kidney oxygen homeostasis
555	preceding the development of the CIH-induced hypertensive phenotype.

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- 561
- 562 Conflict of Interest
- 563 None to declare.
- 564 Author contributions

565 JON & KDOH conceived the idea of the study; JON, EFL, MAA & KDOH designed the study;

566 JON performed in vivo experiments with the assistance of OB; JON, SD, OB & GJ performed

567 assays and PCR; JON and OB analyzed data; JON drafted the manuscript with revisions from

568 KDOH; all authors provided intellectual input; all authors approved the final manuscript.

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779 780 781 782 783 784 785 786 787 788 789 **Figure Legends** 790 Figure 1 791 Schematic of the experimental protocol. AIH, acute intermittent hypoxia; CIH, chronic 792 intermittent hypoxia; CPO<sub>2</sub>, cortical oxygen tension; MPO<sub>2</sub>, medullary oxygen tension; FITC, 793 fluorescein iosthiocyanate. 794 Figure 2 795 Mean Arterial Pressure (A), glomerular filtration rate (B), renal blood flow (C) and renal 796 vascular resistance in sham control groups (closed bars) and in animals exposed to intermittent hypoxia (IH, open bars) for 4 hours (acute) or for 8 hours/day for 2 weeks (chronic). \* denotes 797 798 P<0.05 versus corresponding sham value; # denotes P<0.05 versus corresponding exposure 799 group. Bonferroni post hoc test was used for multiple comparisons where appropriate; 2 800 comparisons were performed per family, alpha=0.05 801 Figure 3 802 Transported sodium (A), and renal oxygen consumption (B) in sham control groups (closed bars)

and in animals exposed to intermittent hypoxia (IH, open bars) for 4 hours (acute) or for 8

804 hours/day for 2 weeks (chronic). C shows regression (Deming Model II) analysis examining the 805 relationship between sodium transport and oxygen consumption in the AIH group (green) and 806 the corresponding sham group (pink). D shows regression analysis (Deming Model II) 807 examining the relationship between sodium transport and oxygen consumption in the CIH group 808 (purple) and the corresponding sham (pink). \* denotes P<0.05 versus corresponding sham value; 809 # denotes P<0.05 versus corresponding exposure group. Bonferroni post hoc test was used for 810 multiple comparisons where appropriate; 2 comparisons were performed per family, alpha=0.05 811 Figure 4

Renal cortex oxygen tension (A), and renal medulla oxygen tension (B) in sham control groups (closed bars) and in animals exposed to intermittent hypoxia (IH, open bars) for 4 hours (acute) or for 8 hours/day for 2 weeks (chronic). \* denotes P<0.05 versus corresponding sham value; # denotes P<0.05 versus corresponding exposure group. Bonferroni post hoc test was used for multiple comparisons where appropriate; 2 comparisons were performed per family, alpha=0.05

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		Body Weight (g)	[HCO <sub>3</sub> -] (mmol/L)	рН	PaO <sub>2</sub> (kPa)	PaCO2 (kPa)	[Hb] (g/L)	HCT (%)
Acute	Sham	292±19	23.27±0.61	7.40±0.02	9.82±0.61	5.08±0.25	150.00±4.79	50.33±2.79
	ІН	314±20	22.03±0.66	7.40±0.01	10.64±0.31	4.81±0.23	148.43±3.90	52.71±1.23
Chronic	Sham	298±12	25.41±0.50	7.38±0.05	9.05±0.50	5.84±0.28	148.78±5.09	4456±1.49
	IH	286±16	23.44±0.80	7.43±0.02	11.68±0.28*	4.73±0.01*	176.71±8.82#*	53.00±*2.66
2X2 ANOVA	Gas	P=0.77	<i>P=0.01</i>	P=0.12	P=0.001	P=0.02	P=0.04	<i>P=0.02</i>
	Duration	P=0.48	<i>P=0.03</i>	<i>P=0.70</i>	<i>P=0.77</i>	<i>P=0.24</i>	P=0.03	P=0.20
	Interaction	P=0.32	P=0.84	P=0.10	P=0.06	<i>P=0.15</i>	P=0.02	P=0.15

Data were analyzed using a 2X2 ANOVA and a Bonferroni post –hoc test with 2 multiple comparisons. Data are expressed as mean ± SEM. HCT, hematocrit; Hb, hemoglobin; [HCO<sub>3</sub>-], Bicarbonate concentration in the arterial blood; PaO<sub>2</sub>, arterial oxygen tension; PaCO<sub>2</sub>, arterial carbon dioxide tension; IH, intermittent hypoxia; \* denotes P<0.05 versus corresponding sham value; # denotes P<0.05 versus corresponding gas group value.

 Table 2. Renal excretory effects of AIH and CIH

		Urine Flow (µL/min)	Absolute Sodium Excretion (µmol/min)	Sodium Clearance (µl/min)	Fractional Sodium Excretion (%)	Urinary Protein Excretion (μg/min)	Urinary KIM-1 Excretion (pg/min)
Acute	Sham	2.44± 0.30	0.32±0.09	2.20±0.65	0.26±0.08	68.26±16.50	
	IH	6.05±1.25	0.89±0.28	6.12±1.95	0.44±0.14	68.58±8.02	
Chronic	Sham	5.39±1.27	0.65±0.24	5.00±1.72	0.40±0.14	64.52±4.47	0.53±0.12
	IH	3.39±1.05	0.42±0.15	2.92±1.07	0.34±0.14	132±41.49	0.93±0.26
2X2	Gas	P=0.23	P=0.44	P=0.47	P=0.56	<i>P=0.09</i>	
ANOVA	Duration	P=0.84	<i>P=0.75</i>	<i>P=0.79</i>	<i>P=0.95</i>	<i>P=0.27</i>	
	Interaction	P=0.03	P=0.06	P=0.06	P=0.37	<i>P=0.16</i>	

Data were analyzed using a 2X2 ANOVA and a Bonferroni post –hoc test with 2 multiple comparisons carried out per family. Data are expressed as mean  $\pm$  SEM. IH, intermittent hypoxia; KIM-1, Kidney injury marker-1. Urinary KIM-1 excretion data was analyzed using an unpaired t-test comparing sham (n=5) and CIH (n=5); P = 0.2046.

		NOx				<u>TBARS</u>		
		Urine (nmol/min)	Plasma (nmol/ml)	Medulla (nmol/mg	Cortex (nmol/mg	Plasma (nmol/ml)	Medulla (pmol/mg	Cortex
Acute	Sham	1.10±0.41	15.92±1.37	protein) 15.03±1.11	protein) 18.32±1.28	0.35±0.14	protein) 0.50±0.04	protein) 0.13±0.003
	IH	1.62±0.23	11.35±0.78*	15.58±0.93	11.61±1.28*	0.30±0.03	0.49±0.05	0.13±0.01
Chronic	Sham	1.43±0.32	16.77±2.12	13.99±0.73	17.30±1.19	0.24±0.03	0.61±0.08	0.10±0.01#
	IH	1.44±0.37	9.83±1.05*	10.73±1.04#	8.14±2.00*	0.22±0.02	0.43±0.06	0.12±0.01
2X2 ANOVA	Gas	P=0.46	P=0.0003	P=0.18	P<0.0001	P=0.56	<i>P=0.16</i>	P=0.56
	Duration	P=0.83	P=0.80	P=0.01	P=0.19	P=0.14	P=0.69	P=0.03

## Table 3. Impact of AIH and CIH on systemic and renal NOx and TBARS concentration

	Interaction P=0.44 P=0.35 P=0.06 P=0.47 P=0.80 P=0.20 P=0.18
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Data were analyzed using a 2X2 ANOVA and a Bonferroni post –hoc test with 2 multiple comparisons carried out per family. Data are expressed as mean ± SEM. IH, intermittent hypoxia; NOx, Nitrate/Nitrite metabolites; TBARS, Thiobarbituric acid reactive substances. \* denotes P<0.05 versus corresponding sham value; # denotes P<0.05 versus corresponding gas group value.

		IFN-γ (pg/mg protein)	IL-1β (pg/mg protein)	IL-6 (pg/mg protein)	KC/GRO (pg/mg protein)	IL-10 (pg/mg protein)	TNF-α (pg/mg protein)
Acute	Sham	1.19±0.23	23.21±2.71	93.48±23.53	63.40±5.42	4.82±0.88	2.00±0.18
	IH	3.94±1.11	35.34±8.67	229.72±93.42	66.27±15.28	3.40±0.89	3.35±1.36
Chronic	Sham	2.70±1.15	35.61±5.27	117.24±24.66	62.26±8.38	3.03±0.68	2.36±0.46
	IH	4.63±1.31	31.83±4.43	62.41±20.10	28.96±7.38	3.11±0.84	1.48±0.46
2X2 ANOVA	Gas	P=0.0455	P=0.47	P=0.55	P=0.21	P=0.65	P=0.77
	Duration	P=0.31	P=0.45	P=0.18	<i>P=0.11</i>	P=0.38	P=0.39
	Interaction	P=0.67	P=0.20	P=0.13	P=0.09	P=0.58	P=0.20

Table 4. Impact of AIH and CIH on inflammatory cytokine profiles in the renal cortex.

Data were analyzed using a 2X2 ANOVA and a Bonferroni post -hoc test with 2 multiple comparisons carried out per family. Data are

expressed as mean  $\pm$  SEM. IH, Intermittent hypoxia; IFN- $\gamma$ , Interferon- $\gamma$ ; IL-1 $\beta$ , Interleukin-1 $\beta$ ; IL-6, Interleukin-6; KC/GRO, chemokine/growth related oncogene; IL-10, interleukin-10; TNF- $\alpha$ , Tumor necrosis factor- $\alpha$ .

		NOS-1	NOS-3	VEGF	NOX 4	H0-1	HIF-1α	NF-ĸB
Groups	Pooled Sham	1.05±0.13	1.11±0.16	1.01±0.05	1.01±0.16	1.21±0.28	0.97±0.13	0.92±0.08
	AIH	1.12±0.15	1.11±0.07	1.09±0.07	1.03±0.14	0.72±0.22	1.01±0.11	0.88±0.17
	СІН	1.48±0.22	1.50±0.14	1.24±0.11	1.44±0.18	0.84±0.21	1.34±0.27	1.73±0.50
ONE WAY ANOVA	P-Value	0.19	0.09	0.13	0.14	0.34	0.33	0.08

## Table 5 Impact of AIH and CIH on renal gene expression

Data were analyzed using a one-way ANOVA with a Bonferroni pot-hoc test with 2 multiple comparisons carried out per family. mRNA levels are expressed as fold change relative to the HPRT reference gene. Data are expressed as mean ± SEM. AIH, acute intermittent hypoxia; CIH, chronic intermittent hypoxia; NOS-1; neuronal nitric oxide synthase; NOS-3 endothelial nitric oxide synthase; VEGF vascular endothelial growth factor; NOX 4 NADPH (nicotinamide adenine dinucleotide phosphate hydrogen) oxidase 4; HO-1, haemoxygenase 1; HIF, hypoxia inducible factor; NF-  $\kappa$  B, nuclear factor kappa B.