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Characteristics and predictors of adult frequent emergency departments users in the United States: a systematic literature review

Theodoros Giannouchos, Hye-Chung Kum, Margaret Foster, Robert Ohsfeldt

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#### Review question

The objective of this review is to identify the characteristics and the factors associated with adult frequent emergency department (FED) users in the United States, how these serve as predictors of frequent use and how these are unique to this specific group of ED users compared non-FED users.

#### Searches

The search was conducted in three major biomedical electronic databases (MEDLINE, CINAHL, EMBASE) from May 2018 to July 2018. Limits included only English language studies and studies published after 2010. The terms "emergency department" and "frequent visits" were the 2 main search concepts used with the collaboration of an information specialist (MF).

MEDial Messegradist (sategy or department)).ti, ab.) or exp Emergency Service, Hospital/

- 2. (((heavy or frequen\*) adj2 (use\* or visit\*)) or recidivis\*).ti, ab.
- 3. 1 and 2
- 4. limit 3 to yr="2010 -Current"
- 5. limit 4 to english language
- 6. (animals not humans).sh.
- 7. 5 not 6

# Types of study to be included

Studies using primary or secondary data will be included, as long as they provide information on FED users. Purely qualitative/exploratory studies will be excluded.

## Condition or domain being studied

Frequent Emergency Department (FED) users are small subgroup of all emergency departments (ED) users but are responsible for a disproportionate number of ED visits (Hunt et al, 2006). Unnecessary ED utilization has been linked to increasing ED costs and ED crowding, with important negative outcomes for patients (Hoot et al, 2008). Although it is assumed that FED users uninsured and old people, who lack access to primary care services and use the ED for non-urgent reasons (Blank et al, 2005, Fuda et al, 2006), the majority of the current literature has identified commonalities among FED users related to public insurance, multiple chronic conditions, mental health and substance abuse disorders (LaCalle et, 2010, Soril et al, 2016). We attempt to explore the characteristics and contextual factors that are more prevalent among FED users compared to non-FED users.

#### Participants/population

US Studies after 2010, including adults or at least all ages and in English language are going to be included. Studies focused on specific ED users subgroups (eg only Medicaid patients, ED users for a specific condition), children and purely qualitative studies are going to be excluded.

Intervention(s), exposure(s)

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All studies that provide descriptive information about FED users and use any methodology that compared FED users with non-FED users will be taken into account.

## Comparator(s)/control

Control patients are going to be infrequent ED users.

#### Context

#### Primary outcome(s)

The presentation of the characteristics and factors that describe who the FED users are, how these differentiate them form infrequent users and how these serve as predictors of FED use.

## Secondary outcome(s)

None.

### Data extraction (selection and coding)

A three step process will be used to identify the studies that are going to be included in this review; by title, by abstract and by full-text. Two researchers will separately be involved in this procedure. Conversation and consensus for resolving any potential diverging opinions will be facilitated. Data will be extracted using a survey, which will be pre- and pilot tested for its validity with studies that fit all the inclusion criteria except for the year of publication (e.g. studies prior to 2010). We will extract demographic information (e.g. age, race, gender, socioeconomic status, education, employment status), clinical information (e.g. specific clinical conditions, abuse disorders, tobacco use, number of chronic conditions), and information regarding access and use of the healthcare system (e.g. usual source of care, hospitalization, admission rates, number or provider and ED visits).

## Risk of bias (quality) assessment

Studies will be evaluated using the Joanna Briggs Institute Appraisal Checklist tool (Moola et al, 2017), which will be slightly modified to fit the scope of this study.

Two reviewers will independently assess the quality of the studies and Gwet's AC1 statistic will be calculated to present inter-rater reliability. Risk of bias will be summarized for specific outcomes within a study and specific outcomes across studies.

#### Strategy for data synthesis

Results will be presented as aggregates of the number of studies that these were found in. Percentages of single or bivariate outcomes related to FED use and adjusted margins. Odds Ratios in multivariable models will be synthesized by presenting the lowest and highest results found in all of the studies. This review will try to present such results and will not combine the studies' findings using quantitative methodology.

#### Analysis of subgroups or subsets

FED users will be compared with non-FED users to identify potential differences among these two groups.

# Contact details for further information

Theodoros Giannouchos tgiannouchos@gmail.com

### Organisational affiliation of the review

Texas A&M University, School of Public Health, Dept. of Health Policy and Management https://sph.tamhsc.edu/

# Review team members and their organisational affiliations

Mr Theodoros Giannouchos. Texas A&M University, School of Public Health, Dept. of Health Policy and Management

Dr Hye-Chung Kum. Texas A&M University, School of Public Health, Dept. of Health Policy and Management

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Mr Margaret Foster. Texas A&M University, Medical Sciences Library
Dr Robert Ohsfeldt. Texas A&M University, School of Public Health, Dept. of Health Policy and Management

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None

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Review\_Completed\_not\_published

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Subject indexing assigned by CRD

Subject index terms

Adult; Emergency Service, Hospital; Humans; Publications; United States

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Details of any existing review of the same topic by the same authors

Stage of review at time of this submission

| Stage   | Started | Completed |
|---|---------|-----------|
| Preliminary searches  | Yes     | Yes       |
| Piloting of the study selection process                         | Yes     | Yes       |
| Formal screening of search results against eligibility criteria | Yes     | Yes       |
| Data extraction   | Yes     | Yes       |
| Risk of bias (quality) assessment                               | Yes     | Yes       |
| Data analysis   | Yes     | Yes       |
|   |         |           |

Versions

13 August 2018

26 September 2018





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