

UNIVERSITY of ALASKA SOUTHEAST

WHALE SONG

November 9, 2016

The Official Student Newspaper of UAS

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ON THE COVER...

UAS student Riley Norheim poses in front of the ancient Incan city of Machu Picchu. Norheim spent a semester in Peru through International Studies Abroad (ISA) and then embarked on a Semester at Sea. You can read her article about the experience on page 4.

(Photograph courtesy of Riley Norheim and Marsha Squires)

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UAS Answers

everybody's got one ...

*What are your thoughts on the upcoming
 Power and Privilege Symposium?*



"It'll be good to get a dialogue started about what's going on around campus, and get more people involved. At the same time, it's tiring talking about this stuff all the time." -Ginger Bear



"I personally wouldn't go to it. For the people that need it, I think it's awesome. It's great to talk about it, and attend something like that. I think it's definitely positive." -Nick Glenn



"I think it's a great thing, especially for all of the high school students to know about. I wish there were more things like this." -Megan Johnson



"It's a perfect vehicle for expressing those thoughts and learning some new things and reflecting on what power and privilege means. So, yes, I'm excited about it." -Allison Neeland



"I think it's a great opportunity to come together as a campus community to raise some important issues and discuss some realities that are not always easy to talk about." -Aimee Richards



"I'm looking forward to going. I think the talk on gender will be good because I know a lot of people have questions about that. I think it'll be important for everyone to go to." -Connor Ulmer

— A Letter from the Editor —

BY DANIEL PISCOYA

Managing Editor, UAS Whalesong

As many of you already know, University of Alaska President Jim Johnson announced recently that the university is considering a number of cuts to college sports teams at UAF and UAA. These teams include UAF and UAA's cross country (or nordic) ski teams.

Now, here at UAS, these cuts may seem a bit distant and irrelevant. Juneau is a puddle of a town in nordic skiing terms - there are barely any back country trails, and even these are suspect due to irregular snowfall.

However, as a graduate of a Fairbanks, Alaska high school (you stay classy, West Valley), I want to stress that nordic skiing, when the conditions are consistent, is one of the most uniquely Alaskan and comprehensively healthy sports in existence. I started skiing about two years before high school, and, when I joined the West Valley Nordic Ski Team, I loved the sport so much, that I dedicated myself to it all four years. Because of this dedication (not, alas, my own skill) I was awarded an honorary varsity letter.

Speaking from experience, not only is it one of the best workouts possible, but it can more effectively combat mental health issues like seasonal affective

disorder than anything else I have ever done. When I came to Juneau, one of the first things I noticed is that, even in the milder and brighter winters we have here, the absence of skiing meant I needed to start taking vitamin D. In Fairbanks, even though the winters are darker, I never needed to take it regularly because I was always active and outside during the bright hours.

However, the unique health benefits aren't even the most important thing about the sport. The reason that students of UAS should care about Fairbanks and Anchorage's ski teams is because these teams put the University of Alaska on the international map. Even at the level of a single high school team, skiing gets Alaska noticed - I knew at least three teammates who represented my city on a national level, and at least one other who represented the United States on an international level. Many of my world-class skier friends went on to study and ski at UA campuses. In fact, three of the current members of UAF's men's ski team are friends of mine from high school.

Not only does UA nordic skiing keep Alaskan skiers in the state, though. UA nordic skiing rosters reflect that these teams have made Alaska an international skiing destination. Read just the UAF men's team and you'll find skiers from the

Czech Republic and Germany alongside skiers from Chugiak, Anchorage, and Fairbanks. Remove these teams, and the UA system removes yet another reason students come to Alaska in the first place.

If it seems like I am beginning to lose patience, it's because I am. Not only will my three friends at UAF be out of a sport (and probably scholarships, if I assume correctly), but their coaches will be out of a job, and the extensive UAF West Ridge trail system (which is already maintained by volunteers) will no longer be used by UAF competitive skiers.

My question to the UA President, then, is whether this particular sport - arguably the most Alaskan, and definitely the most internationally famous - is truly the right sport to cut? Call me a nag, but wouldn't it be a bad choice to cut one of the four sports that has ever taken an Alaskan to the Olympics? With tuition hikes on the horizon, I'm not sure the UA system can expect its recruiters to work with fewer attractive features and produce the greater enrollment statistics that we really need.

There must be a better solution.

Feel free to contact Daniel Piscoya at dlpiscoya@alaska.edu or at the Whalesong e-mail: uas.whalesong@alaska.edu.

"I am kind of mad at myself for not taking this class sooner.



It would have saved me a lot of time and effort. "

LS 111 student



— Corrections —

WHALESONG, SEPT. 14 ISSUE: The Whalesong reported erroneously the last name of the photographer responsible for the photos at Campus Kickoff 2016. The photographer's name is Ryan Cortez, not Ryan Cortez.

WHALESONG, OCT. 12 ISSUE: The date on the inside pages is the date for the last issue. Date should read "October 12, 2016," not "September 28, 2016."

WHALESONG, OCT. 26 ISSUE: The UAS Answers poll question is the question from the last issue, not the question actually answered by those polled. The question should read "What is your favorite horror movie?" instead of "What is your favorite thing to do in your spare time?"

We here at the Whalesong strive for excellence in all areas, especially accuracy. If you read a statement that you believe is inaccurate or see a typo, please contact us at uas.whalesong@alaska.edu.

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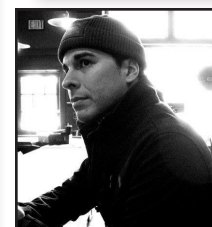
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— Study Abroad: —

A Year Abroad for a Curious Education Major

BY RILEY NORHEIM

For the UAS Whalesong

In fall of 2015, I spent four months living with a host family, taking university courses, volunteering, traveling, and breathing very heavily at an altitude of 11,152 feet in the Andes Mountain Range in Cusco, Peru through International Studies Abroad (ISA). My semester resulted in invaluable growth both academically and personally.

Throughout my time in South America I did things most people only dream about. I taught English as a second (or third) language to underprivileged children. I traveled to Machu Picchu, one of the Wonders of the World, and hiked Huayna Picchu, the tallest mountain behind Machu Picchu. Hence, I had my breath taken away by the most unique and beautiful view of the world famous Inca site. I trekked through the Amazon Rainforest in mud nearly up to my knees and watched working ants that seemed to come right out of Disney's *A Bug's Life*, and viewed giant capybaras, tarantulas the size of my head (and I have a big head), and monkeys swinging through the forest carrying their little babies on their backs.

I slept on a bus three nights in a row to get to Salar de Uyuni in Bolivia which is the world's largest salt flat, over 4,000 square miles in size and one of the absolute coolest things I have ever seen. I swam in, fished from, visited floating islands, and hiked mountains that looked over Lake Titicaca, the world's highest body of water and one of South America's largest lakes.

I took classes in Spanish and learned about Peruvian culture and Peru's indigenous peoples not only in the classroom, but first hand in cities and villages around the country. I zip-lined through the Sacred Valley, and I spent my weekends visiting a countless number of Inca ruins and trying Peruvian delicacies such as cow heart shish kabobs, ceviche, alpaca, and guinea pig... And by "try" I mean take one bite of and then never eat again. But hey, at least I tried them!

Since I studied abroad in a Spanish-speaking country, academically I was able to complete my Spanish minor in just three semesters, and I learned more about the Spanish language and Latin American culture in four months than I ever could have in a classroom here in the States.

Living with a Peruvian host family was definitely an essential part of my full-on cultural immersion. Although it was difficult at times due to cultural differences and miscommunication, I wouldn't change my host family experience for

the world. It was a true cultural exchange; they taught me so much about their culture and I got to teach them about mine. The conversations we would have during meal times were so raw and would go on for hours. Those memories I will truly cherish for a lifetime.

On a personal level, my independence and confidence skyrocketed throughout the semester. I was able to make a foreign language, a foreign country, complete strangers, and a new culture my new norm, and I flourished while doing so.

After the semester and spending two weeks at home with my family in the US, I set out for another semester abroad in the spring of 2016, but this time in a very different way. I participated in a very unique multi-country study abroad program known as Semester at Sea.

I spent nearly four months living on and participating in classes on a beautiful ship with 500 other college students from all over the world as we literally circumnavigated the globe. We traveled 23,659 nautical miles and visited 11 different countries.

We embarked the *MV World Odyssey* in Mexico and from there we traveled to Hawai'i, Japan, China, Vietnam, Myanmar, India, Mauritius, South Africa, Ghana, Morocco, and we disembarked the ship in England. We had roughly a week in each country, and I made sure to make the most of every single second in each port.

During the semester I fell in love with the ridiculously kind and helpful Japanese people, and I gained 30% of my Cultural Anthropology grade by spending a day eating sushi, exploring temples and shrines, and meditating with Buddhist monks. I hiked on the Great Wall of China while listening to the *Mulan* soundtrack, and I became a part of what seemed to be *Fast and Furious* while taking taxis in Hong Kong. In Vietnam, I ate my weight in rice and pho, and had the opportunity to spend some time at an orphanage connecting with a young boy with special needs.

I befriended a monk from Myanmar, or as he likes to call it (and boy, is it accurate), the Land of Smiles. I sat atop an ancient pagoda at sunrise and looked out at thousands of other pagodas and temples as hot air balloons filled the sky. I channeled my inner Indian Princess while wearing my traditional sari at the Taj Mahal, and rode an elephant up a mountain to a palace at sunrise with my absolute best friend.

While sailing from Mauritius to South Africa, I had the amazing opportunity to sail with Archbishop Desmond Tutu and hear him speak about his experience with the apartheid and his

dear friend Nelson Mandela. I hiked up Table Mountain, skydived, and went great white shark cage diving (and lived to tell the tale). I spent my time in Ghana in a rural village where I stayed with a local host family, ate traditional Ghanaian food, showered outside without running water, and spent my days assessing students, simply playing with and loving on the sweet children.

In Morocco, my eyes were opened up to the beauty of Islam, and I spent days exploring the old medinas of Marrakech and Fes.

Obviously, when setting off on a voyage with Semester at Sea you don't get the normal cultural immersion you do with most other study abroad or exchange programs, but what you get in return makes up for that and then some. Thanks to Semester at Sea, I am now a global citizen. I am quite literally a world traveler, and thanks to my classes on board and my experiences in each country, I now have a global perspective unlike any other. And I am only 20-years-old.

In the end, saying goodbye to my floating home and my new lifelong friends was one of the hardest things I have ever had to do. Yet my adventure wasn't quite over. I spent three weeks

exploring England, the Netherlands, Poland, Czech Republic, Germany, and Iceland before heading back to the States. I boarded my flight with a very heavy backpack, a very empty bank account, and a full heart.

Describing all of my experiences this past year, both in Peru and on Semester at Sea, and summing them up on two pages worth of text has proven to be nearly impossible. It was truly my dream come true and no doubt a once in a lifetime experience that I will cherish for the rest of time. All of the people I met, opportunities I had, and things I got to do were everything I imagined and much, much more.

Studying abroad and traveling in general has absolutely changed my life dramatically for better, and it can change yours too! It isn't always easy. In fact, for me, a lot of it was really hard and quite terrifying, but that's how I learned so much, gained new skills, and grew so much as a person. As cliché as it sounds, life truly does begin at the end of your comfort zone. I suggest that you get out there and starting exploring everything this beautiful world of ours has to offer...before you graduate!

— Title IX at UAS:— The Value of Confidential Resources

BY LORI KLEIN

Title IX Coordinator

For the UAS Whalesong

Let's say you're concerned about a friend. Maybe he's in an unhealthy dating relationship that seems to be turning violent. Maybe you worry that she's been sexually assaulted. You watch your friend withdraw socially, and you see them struggle academically. You want to help...above and beyond just being a reliable listening ear. And yet, you're mindful of your friend's confidentiality. What can you do?

Start with a confidential resource – a person who, under law and university policy, can keep what they hear confidential. UAS Counselors Becky Iverson and Margie Thomson are confidential resources. UAS Health Clinic Physician Assistant Amanda Arra is a confidential resource. And starting

on November 14, AWARE (Aiding Women in Abuse and Rape Emergencies) will provide an advocate on campus every Monday afternoon. UAS welcomes Swarupa Toth, Legal Advocate and other trained advocates to campus.

Confidential resources can listen to the circumstances of a situation, not be bound to report that to anyone, and give options. Often times we don't know what to do because we don't know what options are available to us. Confidential resources can provide that guidance without judgment and with no pressure for decision-making.

Hotlines serve as great resources as well, especially because they are available 24/7. However, our Counselors and AWARE Advocates are specifically trained in what options you have available to you at UAS and in Juneau.

CONTACTS FOR CONFIDENTIAL RESOURCES:

- **UAS Counselor Becky Iverson:** baiverson@alaska.edu / 796-6514
- **UAS Counselor Margie Thomson:** mwthomson@alaska.edu / 796-6465
- **UAS Physician Assistant Amanda Arra:** ajarra@alaska.edu / 796-6260
- **AWARE Advocate:** Monday afternoons – JPD Substation near Spikes (watch for signs)
- **AWARE Juneau Crisis Line (24/7):** 586-1090
- **National Domestic Violence Hotline:** 1-800-799-7233
- **RAINN National Sexual Assault Hotline:** 1-800-656-4673

Undergraduate Research and Creative Activity (URECA) — Funding Available! —

BY ANITA PARRISH

*Assistant to the Dean of Arts and Sciences
For the UAS Whalesong*

Do you have a research or creative project that you would like to undertake? The Research and Creative Activity Committee has funding of up to \$2500 per student to help you design and complete your project with the guidance of a faculty mentor.

Since 2011, URECA has funded 50 student projects in disciplines including the Social Sciences, Natural Sciences, Humanities, and Management. About a third of the projects to date have had a strong creative element. Students have created and mounted art exhibits in a variety of formats including photography, painting, ceramics, and comic books. The literary arts have been well represented with play writing projects, documentary filmmaking,

and the creation of literary and poetry journals.

Social Science students have worked with their faculty mentors to research and study issues in the areas of Psychology, History, and Anthropology with the support of URECA, and have even travelled to national professional meeting to present their findings. Many students have focused their research on uniquely Alaskan investigations, while others have focused on broad social problems related to gender and racial bias.

The Natural Sciences have also been well represented in the URECA project gallery. Students have studied glacier dynamics, humpback whales, alpine meteorology, and the interactions between the waters and the sea life of Southeast Alaska. A full listing of the

past 50 student projects can be found on the UAS website at <http://uas.alaska.edu/research/students/index.html>.

Do you have an idea for a URECA project? Talk to your potential faculty mentor and head to the research website (<http://uas.alaska.edu/research/index.html>) for application and instruction materials. Hard copies are also available in the Soboleff office suite and in the Anderson Building. The deadline for applications is 5 p.m., Monday, November 21. Funding for successful applicants will become available beginning in January 2017, and projects must be completed by June 15, 2017. If you have questions about URECA, please contact Brian Buma (bbuma@alaska.edu) or Kelly Jensen (kmjensen@alaska.edu). This could be just the opportunity for you!



URECA
undergraduate research
& creative activity

UNIVERSITY OF ALASKA SOUTHEAST

National Novel Writing Month Kicks off — At the UAS Writing Center —

BY HOLLY FISHER

Staff Writer, UAS Whalesong

'Tis once again the season for NaNoWriMo! November is National Novel Writing Month (NaNoWriMo), a fun, annual, internet-based challenge to get both aspiring and accomplished writers stretching their creative muscles. With a welcoming community and fun goal, NaNoWriMo encourages everyone to take a swing at writing "The Book" that's been sitting on their bucket list.

To make things short and sweet, the participants of NaNoWriMo tackle writing a 50,000 word novel before December 1. Though it sounds daunting at first, it is an immensely rewarding exercise in creativity and inspiration. It offers the chance to explore story ideas, let go of obscuring perfectionism, and shake off the limitations that keep a story's true potential hidden. Many authors love, and annually return for the camaraderie and encouragement sewn together by a blend of enthusiasm, determination, and deadline. In the NaNoWriMo community, everyone has

their own secret for meeting the word count, be it old proven methods or brand new tricks. On the road to 50,000 words by the 11/30/16, 11:59 p.m. mark, experimentation is encouraged. Part of NaNoWriMo's appeal is the chance to develop a personal writing method. Some authors enjoy writing in groups, while others like the solitary novelist life. On the road to 50,000 words, there is no wrong way to go. What matters is that you try.

Launched in 1999, NaNoWriMo has been bringing the world of novel writing to the masses for seventeen years. It offers structure and direction to an intimidatingly amorphous process that few want to tackle on their own. The challenge creates a sense of accountability, and the program offers the chance to connect with novelists of all skill levels. Writers have a solid framework to operate in that keeps them from drifting off task. Writing is done on private devices rather than on the website, though there are options to share your work in forums or as 'excerpts' on your account page. Some start sharing on the first day, but many authors

wait until the last week or so. The website tracks progress as the author updates their word count as they go. The website also offers chances to connect with others regionally, or on an international scale. Interactive maps show how many writers are in each area and what a region's combined word count is. The main site offers prep ideas, writing exercises, and pep talks to keep the participants charging forward. NaNoWriMo's main goal is to encourage writers to start getting words on paper. The first page is often the block that many would-be storytellers stumble over.

If you want to join the fun, the place to go at UAS is the Writing Center. On November 15 and 22 there will be Write-Ins between 4:30 p.m. and 6:30 p.m. where participants can work together and share the experience. If you can't make it to the Writing Center on those dates, the W.R.I.T.E. club meets every Friday from 6 to 7 p.m. They are big NaNoWriMo enthusiasts and invite anyone who needs a hand with their novel. Off-campus, the Valley Library will also be getting into the spirit of things and hosting Write-ins on Nov. 12 and 26 between noon and 6 p.m., and on the 19 between 10 a.m. and 3 p.m.

I asked several writers for tips on completing the challenge and received similar

advice across the board. Plan what you want to do, but don't become too attached—stories will evolve beyond your original plan. If you find advice and critique helpful, check out the site's forums. A common NaNoWriMo saying is "write in November, edit in January"—Do not obsess over editing in November. If your style of writing is "slow and steady", avoid telling yourself you can slack off, and then catch up with a last-minute writing binge. Likewise, if you write like the wind and have 50,000 well before the deadline, keep going!

Many writers have gone on to publish their novels! Sometimes NaNoWriMo publishing success is a one-time great event, while for others it has jump started full writing careers. Successful novelists join NaNoWriMo regularly, either to participate themselves, or to share advice and experiences. Their inside-knowledge helps many writers open their own doors to a world of wonder and imagination. The goal of NaNoWriMo is to encourage growth, development, and community through shared creativity. Based on these core values it continues to encourage and inspire new storytellers every year, bringing their innovative ideas to life for all the world to enjoy.

— Doctor Strange: — Undergraduate of the Mystic Arts



BY DYLYN PETERSON

Staff Writer, UAS Whalesong
Photo courtesy of the same

Despite what my outfit may suggest, I was very worried that *Doctor Strange* was going to turn out pretty “meh.” The director, Scott Derrickson, has mostly worked in not-quite-B horror movies, such as *Sinister* and *The Exorcism of Emily Rose*, which don’t exactly scream “classic magical superhero movie” to me. In fact, my favorite director, Guillermo del Toro, tried to do a Doctor Strange movie back in 2007 (with my favorite author, Neil Gaiman, writing, which, and not too devolve too much into geekery too soon, sounds amazing, considering how well he wrote the Sorcerer Supreme in *Marvel 1602*), and that film’s nonexistence haunts me every day. The trailers, too, seemed pretty colorless and dramatic, which is as far from “quintessential Doctor Strange”

as one can easily imagine.

For non-fans, *Doctor Strange* is an adaptation of the much-loved Marvel property of the same name, whose titular character, Stephen Strange M.D., was once an egotistical neurosurgeon, but after a car accident which robbed him of the nerves in his hands, journeyed to Tibet (in the movie, Nepal), seeking alternative medicine. What he got instead was a thorough education in the mystic arts, eventually becoming the Sorcerer Supreme, and thanks to the famous Spider-Man team of Stan Lee and Steve Ditko, one of the greatest comic book characters of all time. He’s been a member of the Avengers, the Defenders (something completely different in the comics from the Netflix show); heck, he was one of the main characters of *Infinity Gauntlet*, the basis for the forthcoming third Avengers movie. As you might guess, he’s near to my heart, so I waited in

the theater more than ready to tear this film apart with righteous indignation if the need arose.

Luckily, the movie proved itself quickly. It had probably the quickest “woah, that’s cool” reaction out of me of any Marvel movie (probably thirty seconds), in reaction to an impressive bookcase wherein the books are held by chains in metal hexagons. We find out later that this is the Ancient One’s personal collection, and, boy, does she have a sense of style! Meanwhile, the fan favorite scene from the trailers, where the Ancient One punches Strange’s astral form out of his body, is even better in the movie, followed up by probably five straight minutes of the craziest stuff the visual effects team could think of. Oh, you’ll see other dimensions. You’ll see many-faced aliens. You’ll see recursive anatomy straight out of a Cyriak video. You’ll even see my favorite supervillain of all time (I’ll leave discussion of them for the spoiler section). I have word from a reliable source (shout out to mah boi Aaron!) that many of the psychedelic sights from that scene came straight from the old Steve Ditko comics, which warms my heart.

If nothing else, *Doctor Strange* is a strikingly beautiful movie. The CGI in it is bright, colorful, and appropriately out-of-place for the products of magic. Props seamlessly transition into effects, as do the actors (at least I hope those endless falls were computer-generated). On top of that, *Strange* has excellent cinematography, leading its fight scenes to be more comprehensible than we’ve come to expect of contemporary films, and its settings to feel like places you could go to, or build Lego replicas of in your basement. I won’t be doing that, though. I don’t have a basement.

The actors are great across the board. Tilda Swinton’s white femaleness is a lot less distracting than I anticipated, and they don’t make any effort to ignore that she is absolutely a Celtic woman. Benedict Cumberbatch was great, which eased my worries about him merely showing up for a paycheck. He has a lot of dimensions of the doctor to portray in a short period of time, and does a great job transitioning from a snobby neurosurgeon to a multiversal savior. Mads Mikkelsen’s Kaecilius is about as intimidating as one would expect from the master villain, although he suffers the common fate of Marvel antagonists, and doesn’t have much screentime, and even less to do. Chiwetel Ejiofor, best known as the Operative from the 2005 film *Serenity*, was way awesome as Karl Mordo, although I’m still a little sad he’s not Black Panther.

Speaking of things that make me sad, Strange never gets to use any of his timeless catchphrases in the movie. Don’t expect any “By the Vishanti”s, or “By the

Crimson Bands of Cyttorak”s. Those beautiful exclamations were only a few of the things sorely missing from the movie, which was only about a hundred minutes and badly needed to be two hours. Once the action scenes start, they don’t stop until the credits roll, although they’re too awesome for you to really notice that the pacing needs work. Additionally, Rachel McAdam’s character, Christine Palmer, has barely anything to do, and seems a lot like some executive ran into the writing room screaming, “THIS MOVIE’S TOO WEIRD, WE NEED A ROMANCE OR ELSE THEY’LL ALL WALK OUT.”

But it’s not too bad. If I had to rank *Doctor Strange* among the Marvel movies (many of them favorites), I’d say it’s probably the fourth best (the rest of my list is the topic of another article waiting to happen). That’s a lot greater praise than it sounds. I give it six brainmelting fractals out of seven.

SPOILERS/GENERAL GEEKERY SECTION

Who would’ve thought they’d go straight for Dormammu in the first Doctor Strange movie? Too bad he doesn’t look anything like he does in the comics. Oh, well. Also, why is the Eye of Agamotto the Time Stone instead of the Soul Stone? It acts nothing like it does in the comics, and if it was the Soul Stone, it could easily do most of the same stuff as the source material. I can’t complain too much, though, because they reference the Living Tribunal, and Valtorr, but oddly enough not the Vishanti. The Wand of Watoomb shows up, though, and it’s pretty awesome. Plus, we get a surgery-assisted-by-astral-Strange scene straight out of *Doctor Strange: The Oath*, by the legendary Brian K. Vaughan. I’m sure there were tons of other references I didn’t catch, but this article is already too long.

Self-love and Balance: — The Ongoing Inner Struggle —

BY ADELLE LABRECQUE

Staff Writer, UAS Whalesong

“...I want to swim away but don’t know how, sometimes it feels just like I’m falling in the ocean. Let the waves up and take me down, let the hurricane set in motion, yeah, let the rain of what I feel right now come down, let the rain come down...”

-Blue October-

As the days are getting shorter, the darkness noticeably more depressing, it becomes all too easy to watch ourselves increasingly slip into a few common winter routines that may—or may not—benefit our overall well-being. Of course, a few lazy weekends here, an “I-couldn’t-make-it-because-we-were-completely-snowed-in” excuse there, and the occasional mistake of oversleeping are not all bad—until they become routine...our new daily habits. I’m not talking about those well-deserved nights spent binge watching a new series on Netflix, or the hermit-style long weekend we need to “get away from it all.” I’m talking about those unhealthy routines that we all get into from time-to-time, that continually weigh at our energy levels, waste our time, and make us experience silent inner-stress when we indulge in them. Those negative habits and routines that become depressing, downward-spiral behaviors after a point, even to the most positive of personality-types.

As we go about our week, struggling against daily inclement weather conditions, everyday mental and emotional clutter weighing at our shoulders, making our way through yet another research paper—and all the while working against life’s seemingly unceasing deadlines—in, and outside of school.

After the long work day (and now in the dark, by the way), we pick up our sons and daughters from childcare exhausted, footing the daycare bill while we’re at it, smile, silently cringing at the time it takes to watch our little ones zip their winter jackets. Suddenly, we’re reminded via text that we need to pick up those prescriptions at the pharmacy before it closes, and cringe again.

We breathe deep, take our children by the hand and ask about their day, while marveling at the various art projects they’re carrying that will certainly make it to the fridge tonight. We listen to their playground adventures and learn about newly made friends, while internally visualizing our unplanned pharmacy trip and balancing our checkbooks in our minds. As they ask from the back seat what’s for dinner this evening, we hope there’s enough left-overs in the fridge for little mouths tonight. We will gladly eat cereal on this occasion, for the spectacular trade of minimal time spent in the kitchen later.

Surely, these circumstances—familiar to so many of us—can begin to feel like more than just our regular day-to-day stressors. In fact, for a large number of people, these stressors can feel overwhelming to the point that the ongoing unbalance feels out of their control.

As I mentioned in my last Whalesong article, anxiety, feelings of helplessness, depression, and suicide, are all very common personal and social problems in the 49th State.

As we put in those long hours, work against deadlines, rarely take advantage of our sick days, build-up our overtime, all with the goal in mind to make positive change happen for ourselves. We remind ourselves that our hard work will pay off. However, sometimes something as simple as an uplifting reminder from a friend or coworker can truly go a long way in regard to our momentum, emotional well-being, and feelings of value and self-worth.

As you have likely noticed, I put great emphasis on the subject of general well-being and suicide awareness. It is with great excitement and gratitude that I introduce to the reader a highly effective, uplifting, “peer-based” program that UAS has implemented on-campus, called “Sources of Strength.”

Continued on page 12

UAS Hosts Spoken Word Poet and Rapper — G Yamazawa —

BY KASEY CHEN

Staff Writer, UAS Whalesong

Award-winning spoken word poet and rapper, George “G” Yamazawa has spent the majority of 2016 hopping between college campuses. Last month, he made pit stops in Pennsylvania, New Jersey, Maryland, and California before taking the stage at UAS on Saturday, October 22rd.

The show kicked off with a performance from Christy Namee Eriksen, a local poet and co-founder of Woosh Kinaadeiyí, a non-profit arts organization that hosted a poetry grand slam at the Juneau Arts & Cultural Center where Yamazawa was introduced as a special guest performer the night before.

Yamazawa was on the mic next, immediately riling the audience up by telling them, “When I say spoken, y’all say word.” As instructed, the crowd followed his prompt, and then, with the energy high, Yamazawa launched head first into his opening poem. Soon after, he had the house lights turned up, allowing him to better engage with the audience. That crowd connection was palpable throughout the rest of the evening and present in everything from the light sprinkling of personalized anecdotes to the heavier material that drew tears from many an audience member.

Yamazawa’s poetry is largely centered on his experience as the American-born son of Japanese immigrants. Growing up in Durham, North Carolina, he felt removed from the Asian-American community and searched for other ways to define himself. At a young age, he discovered hip-hop and his love of spoken word developed soon after. He was never a stranger to creativity, experimenting in drawing, painting, dance, and writing. His parents were strict and pushed him in school, as well as towards a traditional career, but they understood he had other plans. Following the death of a friend at 13, Yamazawa began his foray into poetry. Four years later, he started participating on the competitive circuit, and further developed his style upon entering community college after he was exposed to the concept of performative poetry.

After helping to form a slam poetry team in Durham called The Sacrificial Poets, Yamazawa began touring and despite the low pay, he realized he had found what he loved. He gained new perspective from travelling, seeing larger Asian- American communities in his crowds than he had ever experienced before. Rather than having it shake his confidence in his abilities, he learned that his art could

have an effect on a wider range of people than the ones he had grown up around. Following that first tour, Yamazawa made the move from Durham to Washington D.C. where he won the National Poetry slam with his D.C. team, Beltway Poetry Slam. Soon, Yamazawa shifted gears, moving to Los Angeles in 2014 in order to work more intensely on his career in hip-hop. While continuing with his spoken word tour, Yamazawa released a crowdfunded hip-hop EP featuring tracks backed with music, distinctly different in style from his poetry, but carrying some similar themes.

Over the course of the night, Yamazawa detailed his parent’s immigration to the United States, his relationship with his father, and even some after-hours antics from the back of their family-owned sushi restaurant. In a crowd favorite, “Dear Grandma,” Yamazawa weaved together a touching tribute to his grandmother, beginning,

“You were at the hospital when I was born, there must have been something about three generations being in one room that made history seem tangible. So easy to touch. So easy to hold. You see, my grandmother’s frail fingers casually carry 87 years of her life, and her arthritis tells stories. Her index finger crooked and gracefully points me down memory lane to a time when I first saw her dance. When I first saw her hands, painless, holding a traditional Japanese fan, moving crowds like wind. A five foot tsunami dressed in a kimono, face paint, and culture.”

As the show drew to a close, Yamazawa gave the crowd a chance to ask questions, furthering the back-and-forth nature of his relationship with the audience. He closed with a rap piece, performed sans accompaniment and was met with a final round of boisterous applause. Then before leaving the stage, Yamazawa insisted on a taking a photo with the audience on a newly purchased “selfie-stick.” When the room-full of smiling faces gathered around the front of the stage, drawing close for the photo, it was clear Yamazawa had made an impact on UAS.

Sources:

“In Poetry and Hip-Hop, George ‘G’ Yamazawa Found His Self.” NBC News. N.p., n.d. Web. 03 Nov. 2016.

“Gyamazawa.” Gyamazawa. N.p., n.d. Web. 30 Oct. 2016. <<http://www.gyamazawa.com/>>.

— Snapshots of Halloween —

BY KASEY CHEN

Staff Writer, UAS Whalesong

Students glowed under black light at the Student Activities Board's (SAB) annual Halloween Dance at UAS on Friday, October 28. The dance lasted from 10 p.m. to 1 a.m. with a brief break early in the evening after the fog machines caused the fire alarm to sound. Attendees filed outside while the DJ, student Axel Gillam, played tunes such as Sean Kingston's, "Fire Burning on the Dance Floor," and Pitbull's, "Fireball." After the Fire Department cleared the space, it was back to the dance floor for the crowd. Two large-scale, paper trees decorated the Student Activities Center (SAC), and a floor to ceiling, florescent skeleton hung at the back of the room.

Set up for the event began a week in advance, with many members of the UAS community coming in to help out. Students were greeted at the door with streamers and tables with food and drink. Attendees had their pick of three different types of punch, an array of chips, fruit, and, of course, Halloween candy.

Lights spun across the crowd as everyone put their dancing shoes to work. The event was drug and alcohol free, with members of the SAB monitoring the area to maintain a safe environment.

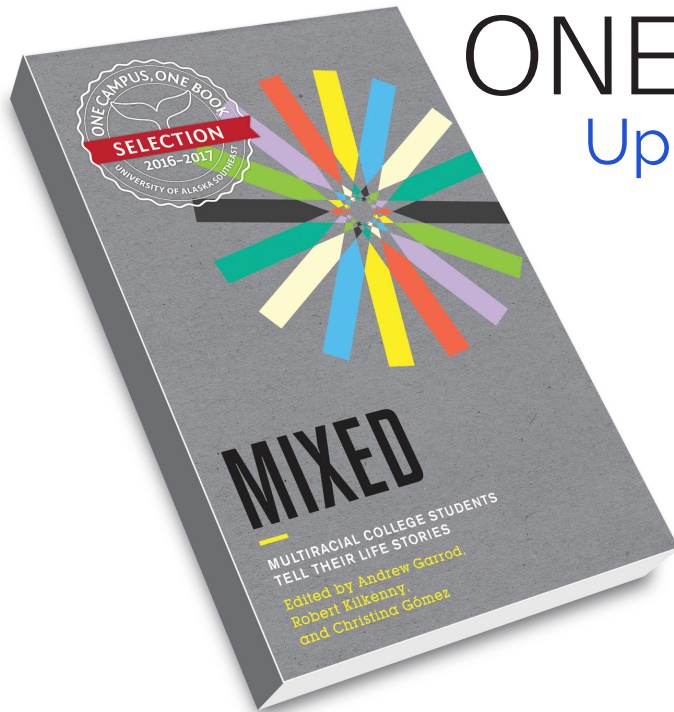
The costume contest began a little after midnight.

It featured three categories: Scariest, Couples/Group, and Best Overall. A costume deemed, "Hel, Daughter of Loki," took the prize for scariest. Couples/Group went to a pair dressed as Team Rocket, and the Best Overall costume was awarded to an inflatable dinosaur. Each winner received a \$25 gift card to Fred Meyer's.

The dance concluded a week full of Halloween festivities at UAS, which included an office-decorating contest as well as costume contest, both hosted by Student Government. Even the library was in on the action, offering a table of treats outside of Spike's Café for students.

After the event space thinned out, and costume-clad attendees began to remove their masks for the evening, the dance came to a close, and the long night of cleanup began. After the SAC was returned to its normal state, the celebration was officially finished, and students began the march forward into next year.

Clockwise from top: The staff of the Registrar's Office and Financial Aid as Pac-Man; Laib Allensworth puts the final touches on decorations; the staff and students from the School of Management don alter egos. Photos by Whalesong Photographer Rob Liendo.



ONE CAMPUS, ONE BOOK

Upcoming Events

NOV 9 3:30 PM EGAN 219

The Act of Dreaming

Undocumented Students in the U.S.

This presentation explores the obstacles these students must overcome and how they and their families navigate the educational system to pursue their dreams of higher education in the United States.

NOV 11 7 PM EGAN LIBRARY

Negotiating Identity in America

According to the Pew Research Center, approximately 6.9% of the U.S. adult population could be considered multiracial. This growing population in the U.S. is having a significant impact on how race and ethnicity is constructed, as well as changing attitudes and perceptions about the meaning of race & ethnicity in the U.S.



Christina Gómez is Professor of Liberal Arts and Director of Diversity & Inclusion, School of the Art Institute of Chicago and the 2016-17 OCOB invited speaker

uas.alaska.edu/ocob

Power & Privilege Symposium

The 1st Annual UAS Power & Privilege Symposium is a one day conference-style teach-in designed to give members of the UAS & Southeast Alaska communities an opportunity to come together and engage in difficult, thoughtful, and honest conversation about the ways social hierarchies and identities manifest themselves in our communities. Discussions include those about race, ethnicity, gender, sexuality, age, religion, body size, ability, mental illness, class, and their intersectionalities.

Since the concepts of Power and Privilege affect our everyday lives inside and outside of the classroom and workplace, UAS Students, Staff, Faculty, and Juneau community members have come together to implement the first annual Power and Privilege Symposium on the Juneau Campus.

We encourage you to think about how your studies and current or future career field might be impacted by systems of Power and Privilege. You might be:

- A natural sciences student interested in how race and gender effects S.T.E.M. field employment
- An artist engaged in creative expression that draws attention to systems of Power and Privilege
- An indigenous scholar invested in decolonization practices
 - A social sciences student investigating discrimination, prejudice, stereotyping, cultural practices, and values in our day to day life.

8:15 AM	Continental Breakfast
8:45 AM	Aak'w Kwaan Welcome
9:00 AM	Opening Keynote
10:00 AM	Session 1
11:00 AM	Session 2
11:50 PM	Lunch
12:25 PM	Afternoon Keynote
1:30 PM	Session 3
2:30 PM	Session 4
3:30 PM	Session 5
4:30 PM	Dinner Break
6:00 PM	Evening Keynote
7:00 PM	Group Dialog
8:00 PM	Evening Performance

November 9

Stop by Egan Building during the event or learn more online at:

uas.alaska.edu/privilege

BY HOLLY FISHER

Staff Writer, UAS Whalesong

In the last few articles I have spoken often of the influence of World War I on our modern world. Its legacy continues to come up with startling regularity no matter how much time passes. Nowhere is this as painfully obvious as in France and Belgium where the Western Front mutilated the landscape. The “Iron Harvest” and the numerous “Zone Rouge” (red zone) areas stand as testament to the long lasting devastation caused by the ingenuity of war.

For four years the armies of the Allied and Central powers poured millions of tons of artillery shells across the lines, strung out hundreds of miles worth of barbed wire, and left bodies and equipment strewn everywhere throughout no man’s land. Some 20%-30% percent of all fired shells and mortars failed to detonate, pock-marking the land with still more dormant threats. When the war ended the soldiers and major pieces of equipment and supplies departed, but the refuse of war was left where it had fallen. It was said that when work began on restoring the land, what they found was an even mix of metal war parts, blasted earth, and human remains.

The “Zone Rouge” (red zone) is a series of unconnected spots of land where the ordinance remains and chemical contamination is so high that it is unfit for any kind of human usage. Right after the war, the French government removed any people living in direct proximity to the former frontlines, officially deeming them too devastated to clean. Some 460 miles of territory was quarantined for being contaminated with huge quantities of human and animal remains, and filled with millions of tons of unexploded munitions. The areas were left to return to nature. It was hoped that time would lessen the danger posed by war refuse. Entirely new divisions called the Department du Deminage (Department of

Mine Clearance) and the Belgian Explosive Ordnance Disposal were developed in 1945 and 1919 respectively to return the land to general use. With the annual removal of upwards of 900 tons of war material, the isolated territory slowly shrank to about 65 miles. Areas outside of these strictly forbidden spots began to see recreational use again, mainly by gamekeepers and foresters.

However, in 2004, German scientists discovered that certain areas within the zones had soil and water arsenic counts of up to 17% - hundreds or even thousands of times above acceptable limits. Further research revealed saturations of lead, mercury, chlorine, various acids, and weaponized gaseous agents.

Grenades, mortars, mines, and gas shells pose an ongoing risk of further chemical leakage as well as the standing threat of delayed detonation. Shrapnel left over from the many rounds that *did* explode have further contaminated the soil with non-degradable lead, mercury, and zinc which will continue to seep out. The government officially sealed off all access to the zones rouges in 2012, forbidding civilian use of any kind.

Outside of the red zones themselves, farmers and landowners continue to battle with the remnants left by the war. Every plowing season there is a standing risk of hitting live ordinance and suffering serious injury or death. To combat this

threat, some tractors are designed with armor plating along the underside to help protect the farmers from explosions. Along the edges of fields are cages, posts, or other marked places where shells and bombs are placed for professional removal. The spring season when so many of these items are turned up is known as the Iron Harvest. Depending on location, removal and disposal duty is handled by either the army or one of the specialized removal units. The officers make continuous driving rounds to collect the refuse at field edges, and receive hundreds of calls per year for special removal. Combined, these groups remove hundreds of tons of munitions every year from small villages and

A Time to Remember: — The Iron Harvest —



A close look at this stack of wood reveals that it's not a stack of wood at all. This collection of rusting shrapnel shells sits outside of the Sanctuary Wood Museum near Flanders in Belgium. The area was the site of the Battle of Hill 60 in 1915. Photo by Amanda Slater. Retrieved from the Flickr Commons. Black and White.

towns across the countryside. However, rather than shrinking with the passage of time, the Harvests are growing as modern farming and construction techniques reach new depths.

The farmers and landowners who have been born and raised in these areas are very versed in the types of weapons and how to handle them. They can identify which bombs still have fuses and are most dangerous, the type of shell corrosion that indicates a gas round which can burn skin on contact, and how to tell which country each item came from. Numerous small villages boast homemade museums filled with non-lethal artifacts that have been found both by workers and tourists. Bullet casings, grenade fragments, warped rifles, and even tank parts have found their way out of the dirt and onto the shelves. Ghost villages (those that were destroyed in the war or abandoned in the aftermath), memorial sites and trails, and live neighboring villages seek to promote the military history of the land. Many view these as ways to memorialize the events and to remember all who fell on their land decades before they were born.

Every year, despite precautions, the Iron Harvest continues to cause deaths and maimings to those who live and work on the former battlefields. While World War II added some to the damage total, the majority of what turns up is still solidly linked to The Great War. As research continues, the Zone Rouge has been compared to Chernobyl in terms of ecological damage and poisonous outside effects. Official estimates of the amount of work still to be done puts the completion of total cleanup and restoration 300-700 years in the future. Others argue that the sheer amount of chemical and refuse scarring will make it impossible to ever fully recover the once-fertile lands.



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Together we'll go far



— UAS In Brief: —

PROMISE Scholarships to Recruit Southeast Alaska High School Students

Currently in development, the Promise Scholarship will use existing scholarship funds with broad intent to focus on the Chancellor's goals of attracting Alaskan students who meet minimum qualifications by granting \$2,500 to a high school student at each of the three Juneau secondary schools, one for Mt. Edgumbe students, and two additional scholarships for any other Southeast Alaskan communities. The focus would be on students who show promise as an incoming UAS student but who have had to overcome challenges or hardships in their high school career. UAS Chancellor Caulfield said, "These scholarships would target students who may not have the highest grades or SAT scores, but nevertheless have the motivation and talent to succeed. My hope is that school superintendents, principals, guidance counselors, and teachers would identify deserving students and become partners with us in encouraging enrollment." Vice Chancellor of Enrollment Management and Student Affairs Joe Nelson plans to have the details in place so that scholarships can be offered to incoming freshmen in the academic year beginning in fall of 2017.

Growing Our Own Leaders

UAS Ketchikan is offering a weekly leadership seminar to all employees every Wednesday morning from October 19 through November 16. The series will focus on a variety of topics, featuring case studies and guest speakers. Primary reading material will be from the book *Primed to Perform: How to Build the Highest Performing Cultures Through the Science of Motivation* by Neel Doshi and Lindsay McGregor.

Community Building in Ketchikan

Advisors Gail Klein and Louis Scott attended the U.S. Coast Guard's "Welcome to Ketchikan" event on September 9, where they had the opportunity to speak to prospective students. Louis Scott attended the Totem Heritage Center Open House Celebration on September 15, to share information on how Totem Heritage art classes can be taken for university credit. The first "Ask UAS" of the fall semester was led by Jordan Tabb, a child and family therapist with Community Connections, speaking about autism. Tabb discussed some of the myths surrounding autism, how autism looks through the lifespan, and how educators and the community can engage and assist people with autism. Over 30 attendees came to campus for the talk.

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FOR MORE INFORMATION, CONTACT KENI CAMPBELL, EXECUTIVE ASSISTANT TO THE CHANCELLOR / PUBLIC INFORMATION OFFICER.

— Self-love and Balance (Cont.) —

BY ADELLE LaBRECQUE

Staff Writer, UAS Whalesong

Continued from page 7

Below is an email directly from our on-campus Sources of Strength representative, Chelsea McKenzie, briefly describing the program, including both the local middle and high schools active programs, and the university programs:

"The [middle and high school program] trains students as peer leaders and connects them with adult advisors at school and in the community. Advisors support the peer leaders in conducting well-defined messaging activities that aim to change peer group norms influencing coping practices and problem behaviors (e.g., self-harm, drug use, unhealthy sexual practices). The program is strength-based and promotes eight critical protective factors that are linked to overall psychological wellness and reduced suicide risk. These eight factors, or "strengths" are: mental health, medical access, healthy activities, positive friends, family support, mentors, spirituality, and generosity. Specifically, program activities aim to reduce the acceptability of suicide as a response to distress, increase the acceptability of seeking help, improve communication between youth and adults, and develop healthy coping attitudes among youth. The program is also designed to positively modify the knowledge, attitudes, and behaviors of the peer leaders themselves...The UAS program's main focus will be the same: to provide the highest quality prevention for suicide, violence, and substance abuse, by training, supporting, and empowering peer leaders to impact their friendship networks; and to end discrepancies amongst populations by creating an inclusive and positive campus environment...with some slight modifications to accommodate the fact that we are now working with adults instead of youth. As a club, our plan is to meet twice a month to talk about issues facing the school (such as depression, suicide, discrimination, drug abuse, etc.) and try to come up with ways to raise awareness while also spreading positive messages and promoting the 8 sources of strength."

With this knowledge, I challenge you, the reader, to do engage in two (perhaps a little unusual) tasks this week: 1. Spread the word about Sources of Strength in conversation—like a ripple effect, this will reach the people who need it. 2. Keep the positive flow going! Make a point to take a few moments out of your day to tell your classmate, coworker, friend, colleague, etc. something that you genuinely admire about that person—completely out-of-the-blue. Better yet, if this is someone you are quite close to, write it down. This will give them something to re-read throughout the day. Having something physical to hold, carry around, touch, and see, really helps to solidify and maintain our upward momentum. Which

leads me to my next big point: feeling good about yourself and your appearance. Make the effort. "Dressing for success" can be directly related to how to positively you present yourself to the world. Just like you wouldn't go to a black-tie event wearing your dirty gym shorts and old faded tee-shirt with the hole in the armpit, it's equally important that you take care of yourself in these moments of stress. When you're feeling strong about yourself and your appearance, it creates a "domino effect" in other areas of your life throughout the day. Do this every day of the week, and you are setting yourself up for a darn good one. Think about how you feel in your absolute favorite items of clothing. What is it about them that makes you like them so much? Is it the way they feel? Are they super comfortable? Do the colors flatter your skin, hair, and eyes? Is the design and fit naturally flattering to your physique? Give these things some extra thought. Make your new mantra the following: "There is always time for self-care."

This is coming directly from the girl who goes days without brushing her own hair. And what is my result, you ask? Avoiding eye-contact with others, (and all general contact, for that matter), head facing down in a cell phone while I walk, a hushed persona in an effort to not be noticed in such a ridiculous state, and just an overall feeling of lower self-worth. If you aren't feeling "appealing" to yourself, you probably aren't looking all that strong to others as well, due to your overly self-conscious body language. We are naturally attracted to those who display confident body language and kindness to others, such as strong, poised posture and a smile, (Retrieved from YouTube; Ask Kimberly; November 2, 2016: <https://www.youtube.com/watch?v=U5AONeBfzu4>). Sometimes, an overall uplift is as simple as a fresh, new look. Get that haircut you've been putting off for weeks. Clean that messy car that makes you cringe every time you get into it, praying that no one asks you for a ride. Feeling like you need to update your makeup routine? Call that friend who rocks the art of makeup and invite them over. Have a few cocktails, and make a night of it. Play around with some fresh color palates that flatter your features and personality.

So, with that, take care of yourselves, readers. Watch out for those "winter routines" as they set in, and monitor your well-being. Dress for success and feel strong as a result—trust me, it works wonders. Spread the word about Sources of Strength and remind yourselves that whatever stress you are undergoing, "this too shall pass."

"...Fear in itself will reel you in and spit you out, over and over again. Believe in yourself and you will walk on. Fear in itself will use you up and break you down, like you were never enough, and I used to fall, now I get back up..."

-Blue October-

[Insert Earthquake Joke]: Words of Wisdom from — Aftershock Festival 2016 —

BY DYLYN PETERSON

Staff Writer, UAS Whalesong

Aftershock Festival is an annual weekend metal concert in Sacramento, California. Previous years haven't been as impressive as this one, with such bands as Tool, Korn, Disturbed, and Avenged Sevenfold. I flew out on the night of the 21st, and begrudgingly missed several days of my Spanish class. I would have my karmic retribution, however, because I got so sick I couldn't reliably stay conscious on the 24th. At the time of this writing, I am still occasionally coughing up chunks of lung.

The following are a number of anecdotes from my time in California. All of these stories are the unembellished truth.

The moshpit for Meshuggah forms like a protocell, or a star, exploding into existence at the first note. I spend most of the set as part of the phospholipid membrane, selectively permeable only to the most hardcore-looking dudes, pushing back the people inside. It is chaotic and dangerous, and therefore appealing. A man shoves his way through the crowd, eyeballs me with a glazed-over look, smiles like only mental patients do, and happily hands me his giant bag of popcorn with a gentle nod. He proceeds to break somebody's nose, by accident, I'm

sure. After seeing three or four more over the course of the weekend, I discover that moshpits always flow counterclockwise.

Meshuggah is the reason I am here. I have ended an eight-year respite from air travel, and spent more time on planes than in my entire life previous, to see them, to see Jen's glorious singing faces, to be amazed that anybody can play some of these guitar parts. I am not disappointed. They begin to play "Bleed," their signature song, and I try to push past my mother to join the moshpit, my first time. I tell her, "My people are calling me."

"Hang up the phone," she says.

I borrowed the title of this article from Maynard James Keenan of Tool. He said it to introduce the song "Ænema," from the similarly-titled album *Ænima*, which is a personal favorite. Over the course of the song, a laser light show completely blocks out the sky, and puts a roof over the audience. A man behind me leans over to a buddy, and says, "Remember when it was just a couple of lights?"

My spot is only as good as it is because I've been standing here for eighty minutes. I felt pretty clever when I decided to skip out on Slayer, but apparently so did the three thousand people around me. I can feel the bones in my feet begin to fuse, and my

Achilles tendons fray, but I will not leave, I will not sit down. I've gone halfway across the continent to see this. Besides, it hurts less when I dance, much less when I sing along.

My mother has a very interesting time. At the beginning of the second day, she loses track of Serena and I, and decides that the best way to find us is to get as close to the stage during every show as possible. Being youngsters, my partner and I spend most of our time at a respectable distance, as we value what little remains of our hearing.

Entertaining side effects of my mother's strategy soon start to emerge. At such proximity, she has special access to the objects band members throw off of the stage, things like guitar picks and drumsticks. Additionally, my mother is a tried and true weirdness magnet; I've seen random homeless men in downtown Juneau recite poetry to her, apropos of nothing, at least three times. They were all great orators, too. Between these two things, the story she told me is not surprising, although it is quite impressive. It supposedly happened entirely in the span of five minutes.

The hilarity begins at the end of Korn's set. Already, my mother is shellshocked by the notoriously violent Korn moshpits, and not at peak

mental performance. The band proceeds to, after thanking the audience for coming and being so great (and we were), distribute a number of signed frisbees. My mother manages to catch one, but within seconds, a crazed man wrestles it out of her hands. She is angry, and in her dissatisfaction, grabs hold of the man's sensitive area, in the hopes of inflicting some degree of physical pain to match her emotional distress. The man does not visibly react, and disappears into the crowd.

She then takes a moment to catch her breath. In so doing, however, another fellow materializes out of the crowd, and, for no discernible reason, slips his... uh... I suppose the polite term would be... Well, he slips his penis into her purse. Thinking he was trying to use her purse as a urinal, she spins around, and manages to disentangle his genitals from her personal effects. She may or may not have smacked him in the head; she flip-flops on that.

It's about then when my mother notices a strange woman poking around in her hair. Naturally, she doesn't respond well, because the precedent at this point would be highly disturbing. After slapping the heck out of the lady's hands, she discovers a bass pick from my high school hero, Fieldy of Korn.

Naturally, she doesn't find any of this very notable.

Altogether, these stories were well worth the health toll I paid. Who needs to be able to breathe, anyway?

INTERESTED IN ADVERTISING?

Have your eye on 2016-17 academic year advertising slots?

E-mail Holly at hfisher12@alaska.edu for more information about advertising before room runs out!

Submission Deadline

September 5, 2016

September 19, 2016

October 3, 2016

October 17, 2016

October 31, 2016

November 14, 2016

November 28, 2016

Issue

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Publication Date

September 14, 2016

September 28, 2016

October 12, 2016

October 26, 2016

November 9, 2016

November 23, 2016

December 7, 2016

OFF CAMPUS CALENDAR

WEDNESDAY, NOV. 9

Write For Your Life, 10 a.m., Mendenhall Valley Library. The "Write For Your Life" group meets every Wednesday to share journal entries, memoir, letters, or poetry. Contact Dixie at 907-789-2068.

Mudrooms, 7 p.m., Northern Light United Church. Want to share a story at Mudrooms? Want to play music at one of our events? Send us an email at: mudrooms.juneau@gmail.com with a brief description of the story you're interested in sharing and your phone number. Already spoke at Mudrooms? Join us again! Two veteran speakers per event; priority to newcomers until the 2 week mark. Alternates are always needed. Theme: Family Matters: The business and importance of family. Music: open.

Juneau Crime Line Board Meeting,

7 p.m., Juneau Police Department. We meet the second Wednesday of every month at 7 p.m. in the JPD Foyer. Established in 1981 our program operates as an independent non profit 501-C3 organization. The concept has developed into a combination of efforts by local media, businesses, civic and social clubs, law enforcement agencies, and the public. For more information, visit juneaucrimeline.com or e-mail juneaucrimeline@gmail.com.

Weekly Old Time Music Jam,

7 p.m., Alaskan Hotel Bar. Every Wednesday Old Time Music jam. All abilities welcome. Fiddle, guitar, banjo, bass, mando, uke, harmonica, etc. Free. Event Contact: Tom Paul, 463-3214.

THURSDAY, NOV. 10

Building Fires in the Snow Reading & Signing, 6 p.m., Hearthside Books & Toys. A collection of Alaska LGBTQ short fiction and poetry. Join editor Martha Amore as she reads from work in the anthology. A question & answer will follow. Also meet poet Nikki Zielinski sponsored by the Sitka Island Institute. For more information, visit buildingfiresinthesnow.com.

The Last Hangings in Alaska: Vengeance or Justice?, 7 p.m., Juneau-Douglas City Museum. Averil Lerman is an attorney who has conducted extensive research into events relating to the trials of the last two men hanged in Alaska, each for the same murder of a Juneau shopkeeper in 1946. A close look at the ways in which those convictions were obtained raises troubling questions

about whether both men were guilty, and illustrates some of the ways in which the criminal justice system can fail. For more information, contact Jane Lindsey at 586-3572 or jane.lindsey@juneau.org.

84 Charing Cross Road, 7:30 p.m., Holy Trinity Episcopal Church. A long distance love story between NYC and London, England beginning in post-WWII 1949 and spanning three decades. Great for all ages! www.jahc.org, any bookstore, or at the door. Bring non-perishable food for a \$2 discount! Playing Thurs. thru Sat. until Nov. 20. For more information, visit www.theatreintherough.org.

SATURDAY, NOV. 12

Sm'algax Language Learners Group, noon, Edward K. Thomas Building. All who wish to speak Sm'algax, the language of the Tsimshian people, are welcome.

MONDAY, NOV. 14

Honoring Dr. Walter Soboleff Day at the City Museum, 10 a.m., Juneau-Douglas City Museum. HB217 was signed into law by the 28th Alaska State Legislature, "an act establishing November 14 each year as Dr. Walter Soboleff Day". To honor Dr. Soboleff's legacy, the Museum invites the public to follow his example of writing a note of encouragement to someone. All day long, complimentary cards and postage will be available for anyone who wishes to stop by. Free Event. For more information, visit www.juneau.org/library/museum/public_programs.php

Locals' Night, 4:30 p.m., Hangar On The Wharf. \$3 Drafts and FREE Wings! Every week during Monday Night Football. Wings come out at kickoff (4:30pm) so don't be late! Self-serve, you pick the sauce. Free. For more information, e-mail info@hangaronthewharf.com

Tlingit Language Learner's Group, 6 p.m., Downtown Juneau Public

Library. This group, run by Tlingit language learners, is free and open to the community, regardless of language experience. For more information, e-mail tlingitlearners@gmail.com.

MakerSpace Open Shop, 6 p.m., 1759 Anka St. Mondays from 6-8 p.m. is MakerSpace OPEN SHOP. Come check it out and sign up to become a member. After a one-month trial period, you can gain full 24hr access.

TUESDAY, NOV. 15

Haida Language Tuesdays, 5:30 p.m., Edward K. Thomas Building. Open to all interested in learning Haida.

FRIDAY, NOV. 18

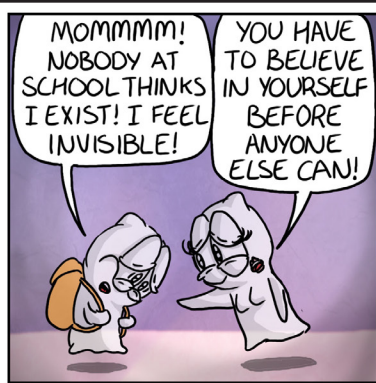
Hold These Truths, 7:30 p.m., Perseverance Theatre. Gordon Hirabayashi, the son of Japanese immigrants, had just graduated from the University of Washington when he was ordered to report to internment camps outside of Seattle. Gordon chose to fight US Government action rather than obey an order he felt was unlawful. His experiences in the courts and camps of the time sparked his passion for the U.S. constitution, and the courage of his convictions led him to the Supreme Court and a posthumous Presidential Medal of Freedom. This one man show starring Greg Watanabe is his true story. Playing Friday and Saturday (7:30 p.m.) and Sunday (4 p.m.) thru Dec. 4.

TUESDAY, NOV. 22

Super Supermoon, 7 p.m., Marie Drake Planetarium. The last three months of 2016 have full moons at the nearest to our planet as it orbits Earth. This will cause larger and brighter full moons. The November full moon will be the closest, 14% larger and 30% brighter. It will not be until 2034 that a closer supermoon will appear. The talk will explain the supermoon and why the moon is essential for life on earth. Followed by 'The Sky Tonight' on the Spitz projector. Free. For more information, visit mariedrakeplanetarium.org.



By: L. A. Bonté



For more comics and animations visit FilbertCartoons.com



Alaska Robotics



For more comics, visit www.alaskarobotics.com

Little Bug

ON CAMPUS CALENDAR

CAMPUS CLUBS

Student Government: 1:30 p.m., Mondays, Egan 219. jypres@uas.alaska.edu

Adventure Club: TBA, hkelchner@alaska.edu

Alaskapella: Saturday Evenings, TBA, em.rademaker@gmail.com

Baptist Campus Ministries: 9 p.m., Thursdays, Chapel By the Lake. uasbcm@gmail.com

Campus Inclusivity Alliance: 5:30 p.m., Thursdays. kejames@uas.alaska.edu

Cosplay Club: TBA, mere.de.la.luna@gmail.com

Creator Club: 4:30 p.m., Tuesdays, Egan 220. stefann.paddock@gmail.com

UAS Dance Club: TBA, mdclark5@uas.alaska.edu

Dancing Phalanges: 9 a.m., Fridays, Spike's Cafe. heartthathopeful@yahoo.com

Disk Golf Club: TBA, bafletcher@uas.alaska.edu

Flying University @ UAS: TBA, galindomarcos1@gmail.com

Gaming Club: 5 p.m., Saturdays, Egan Classroom Wing. czowal12@live.com

Lady's and Gentleman's Ice Cream

Society: 5 p.m., every other Saturday. mrwillard@uas.alaska.edu

Math Club: 4 p.m., 1st and 3rd Fridays, Egan 219. dontplaywow@gmail.com

Mycology Club: TBA, anjohanson@uas.alaska.edu

Pre-Health Professions Club: TBA, mschaake@gmail.com

UAS Radio: TBA, fathillet@alaska.edu

S.C.R.I.P.T.: TBA, fathillet@alaska.edu

SE Alaskan Prospective Accountants:

TBA, jcmack@uas.alaska.edu

Spanish Club: 11 a.m., Wed. and Thurs., Lakeside Grill. mcedeno2@uas.alaska.edu

Sustainability Club: 9 a.m., every other Wednesday. odonnell.gretchyn@gmail.com

Veterans and Family Student Association:

TBA, daniel.rufkabr@uas.alaska.edu

Wooch.een: 2:30 p.m., Fridays, NRSC. jdmattsonwoff@uas.alaska.edu

WRITE: TBA, dyllynpossessesanemail@gmail.com

Young Americans for Liberty: 6 p.m., every second Tuesday, Egan 108. caseyb1989@gmail.com

WEDNESDAY, NOV. 9

UAS Power & Privilege Symposium, 8:15 a.m., Egan Classroom Wing. The 1st Annual UAS Power & Privilege Symposium is a one day conference-style teach-in designed to give members of the UAS & Southeast Alaska communities an opportunity to come together and engage in difficult, thoughtful, and honest conversation about the ways social hierarchies and identities manifest themselves in our communities. The event is free and open to the public. Registration is encouraged. Visit www.uas.alaska.edu/chancellor/power-and-privilege-symposium.html for more information.

Noontime Cardio, noon, Recreation Center. Total body workouts that fit into your noon lunch hour. Intervals, various forms of aerobic training, core elements and flexibility each class. Cost: Members \$5, Affiliates \$10, Punch Passes Available. For more information, call 796-6544 or e-mail: rec_center@uas.alaska.edu

Climbing Cert Night, 7 p.m., Recreation Center. Free climb (boulder) or on belay. All climbing equipment is available for use. If you need to be certified this would be the night. Every Monday and Wednesday. Once certified you're good to climb when the REC is open! Call 796-6544 or e-mail rec_center@uas.alaska.edu for scheduling information.

Open Gym: Volleyball, 7 p.m., Recreation Center. Join your friends or make friends playing volleyball at the REC. All skill levels welcome! Monday (8:30 p.m.-9:45 p.m.) and Wednesday (7:00 p.m.-8:15 p.m.) evenings at the REC.

Hieu M Nguyen: Spoken Word, 8 p.m., Egan Lecture Hall. The Alaska Airlines Student Concert Series at UAS presents: Hieu Minh Nguyen: Spoken Word Poet. Hieu Minh Nguyen is the author of *This Way to the Sugar*. A

queer Vietnamese American poet, Hieu is a Kundiman fellow and a poetry editor for Muzzle Magazine. For more information, call 796-6306 or e-mail sab@uas.alaska.edu.

Open Gym: Dodgeball, 8:30 p.m., Recreation Center. This isn't your grade school game of dodgeball! It's fast, it's fun, and it's at the REC. Monday (7 p.m.-8:15 p.m.) and Wednesday (8:30 p.m.-9:45 p.m.) evenings at the REC this fall.

THURSDAY, NOV. 10

Improving Collaboration and Communication, 10 a.m., Novatney 102. Open to all who want to improve the UAS Juneau campus student's experience. Topics include (but are not limited to) the following: What should we all know about spring 2017 registration, Centralized advising, and Medical withdrawals. E-mail bahegel@alaska.edu for more information.

Student Government Meeting, 4:30 p.m., Egan 219. Please join Student Government for their weekly meeting. All students, staff, and faculty are welcome. Please contact us for this week's agenda items. For more information, call 796-6517 or e-mail jypres@uas.alaska.edu.

Crime Prevention & Safety Awareness, 5:30 p.m., Egan Lecture Hall. Alumni & Friends are hosting a presentation on Crime Prevention & Safety Awareness in partnership with the Juneau Police Department. Learn how to keep your families, home, and belonging safe through environmental design. Free and open to all! Light refreshments will be served. For more information, call 796-6569 or e-mail alumni@uas.alaska.edu.

Open Gym: Soccer, 7 p.m., Recreation Center. Join your friends or make friends playing soccer at the REC. All skill levels welcome! Tuesday (8:30 p.m.-9:45 p.m.) and Thursday (7:00 p.m.-8:15 p.m.) evenings at the REC.

Alaskapella Auditions, 8 p.m., Egan Lecture Hall. Please sign up online via Facebook or contact Em Rademaker to reserve a 15 minute audition slot. Auditionees will prepare a 1-2 minute song section of their choice which showcases their range and abilities. E-mail Em at em.rademaker@gmail.com.

Open Gym: Basketball, 8:30 p.m., Recreation Center. Join your friends or make friends playing basketball at the REC. All skill levels welcome! Tuesday (7 p.m.-8:15 p.m.) and Thursday (8:30 p.m.-9:45 p.m.) evenings at the REC.

FRIDAY, NOV. 11

SAB Meeting, 3:15 p.m., Egan 224. Student Activities Board is all about bringing awesome events to our Juneau Campus! If you want to get a new event up and running or just have an event idea, drop by our weekly meetings! If you want to join Student Activities Board here is the first step! Can't wait to see you there! Meetings are every Friday! If you have any questions, feel free to drop by the Student Activities office in lower Mourtant! For more information, call 796-6306 or e-mail sab@uas.alaska.edu.

Mixed Mixer: Reception with Christina Gomez, 5: 15 p.m., Glacier View Room. Join us for conversation and appetizers before the Evening at Egan Lecture. All are welcome. Call 796-6440 or e-mail jlamb13@alaska.edu for more information.

Evening at Egan: Negotiating Identity in America with Christina Gomez, 7 p.m., Egan Library. According to the Pew Research Center, approximately 6.9% of the U.S. adult population could be considered multiracial. This growing population in the U.S. is having a significant impact on how race and ethnicity is constructed, as well as changing attitudes and perceptions about the meaning of race & ethnicity in the U.S. For more information, call 796-6440 or e-mail ocob@uas.alaska.edu.

TUESDAY, NOV. 15

UAS 6th Annual Native Film Series: "Hunting in Wartime," 5 p.m., Glacier View Room. UAS is proud to host the 6th Annual Native Film Series! Please Join Professor Lance Twitchell and Wooch.Een for a discussion following each film. For more information, call 796-6454 or e-mail nrsc@uas.alaska.edu.

Zumba & Core, 5:15 p.m., Recreation Center. Party yourself into shape at the REC! Cost: Members \$5, Affiliates \$10, Punch Passes Available. Call 796-6544 or e-mail rec_center@uas.alaska.edu for more information.

FRIDAY, NOV. 18

Evening at Egan: Ernestine Hayes, author of The Tao of Raven, 7 p.m., Egan Library. Using the story of Raven and the Box of Daylight and relating it to Sun Tzu's Art of War, Hayes weaves strands of memoir, contemplation, and fiction in her newest work. Lectures are free and open to the public. All Evening at Egan lectures are simulcast on UATV Cable Channel 11 or live via Flash streaming video. Call 796-6509 or e-mail chancellor@uas.alaska.edu for more information.

SATURDAY, NOV. 19

UAS Annual Traditional Games, 1 p.m., Recreation Center. The Traditional Games offer students an opportunity to engage in timeless activities that build strength, test endurance, and heighten focus. The day will start with demonstrations of each event followed with fun competition. Refreshments will be provided. Any student wanting to participate with any of the activities must sign a waiver release form. This event is free and family friendly! For more information, call 796-6454 or e-mail nrsc@uas.alaska.edu.

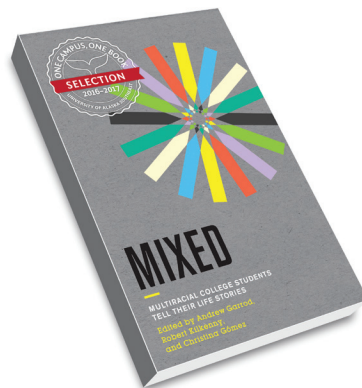
To submit a calendar event or club, send the event/club name, meeting time, date, location, and contact information to whalesong@uas.alaska.edu.

UNIVERSITY
of ALASKA
SOUTHEAST

EVENING AT EGAN

UAS FRIDAY LECTURE SERIES IN THE FALL

MARK YOUR CALENDAR FOR THE FULL SERIES: SEPT. 16 – DEC. 2



FRIDAY, NOVEMBER 11 NEGOTIATING IDENTITY IN AMERICA

Dr. Christina Gómez, Professor in the Department of Liberal Arts, School of the Art Institute of Chicago

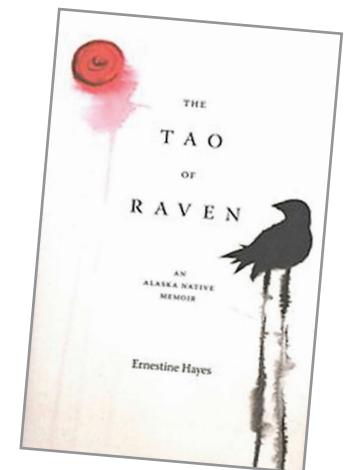
Dr. Christina Gómez's research has concentrated on racial identity construction in the United States, discrimination, and immigration. She is interested in narrative inquiry and how individuals tell their own story about who they are and how they create meaning in their lives. Her books include *Mixed: Multiracial College Students Tell Their Life Stories* and *Mi Voz, Mi Vida: Latino College Students Tell Their Stories*. Both are edited anthologies of essays written by students that blend personal, anecdotal, political, and cultural viewpoints.



FRIDAY, NOVEMBER 18 THE TAO OF RAVEN

Ernestine Hayes, UAS Assistant Professor of English

Ernestine Hayes reads from her book, *The Tao of Raven*, which extends narratives from *Blonde Indian, an Alaska Native Memoir*. Using the story of "Raven and the Box of Daylight" and relating it to Sun Tzu's *Art of War*, Hayes weaves strands of memoir, contemplation, and fiction in her newest work. Now a grandmother and thinking very much of the generations who will come after her, Hayes speaks for herself but also writes about the resilience and complications of her Native community.



FRIDAY, DECEMBER 2

'BLUE CARBON' ECOSYSTEM SERVICES PROVIDED BY MARINE MAMMALS

Dr. Heidi Pearson, UAS Assistant Professor of Marine Biology

'Blue carbon' is an emerging concept that describes how marine organisms can help to combat climate change by removing CO₂ from the atmosphere. Through their feeding activity, marine mammals such as humpback whales and sea otters can help to stimulate the growth of marine plants and contribute to the ocean's ability to absorb carbon dioxide. Kelp forests, like forests on land, also absorb CO₂ from the atmosphere.

ALL LECTURES BEGIN AT 7 PM

UAS Juneau Campus, Egan Library | Full details: uas.alaska.edu/eganlecture