

University of Alaska Southeast

WHALESONG

September 28, 2015

The Official Student Newspaper of UAS

NAMING THE FRESHMAN
RESIDENCE HALL
P. 9



Language
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Dropping Like
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ON THE COVER...

Located just across the parking lot from the Egan Library, the newly-christened John R. Pugh Residence Hall serves as on-campus housing for about eighty Freshmen. The Hall was named in honor of Chancellor-Emeritus John R. Pugh, who retired earlier this year. You can read about the naming ceremony on page nine.

(Photograph by Darin Donohue)

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— UAS Answers — *Everybody's got one ...*

***What movie are you looking forward to
the most this year?***



“Pan!”



“The Visit!”

-Carly Ehrisman

-Daryl Cryts



“Oh, I think the new Pan movie looks interesting!”

-Elizabeth Rumfelt



“That new Rocky movie, Creed!”

-Mark Rosales



“Star Wars VII, The Force Awakens for sure.”

-Michael Guggenbickler



“I think for this year... Pan.”

-Rhynn Ashcroft

— Letter from the Editor —

BY DANIEL PISCOYA

for the UAS Whalesong

Sometimes, when I go to my Tumblr blog or my Facebook page, I see people who come across a topic of discussion that they love, or a subject that they know a lot about, and they become very excited and enthusiastic. The most fun ones to read are the ones who become so excited that their grammar suffers, and they are reduced to writing, in all capital letters, "LET ME TELL YOU A THING."

While not as enthusiastic as to write in all capital letters, and not as unfiltered as to write in bad grammar, I sometimes feel that this same attitude is what drives the Whalesong. This attitude, this "let me tell you something," is the attitude you will find behind Anneliese Moll's article about fish tanks on page five, or Alexa Cherry's article on Coffee on page 10, or Kaylyn Haslund's article on Language Matters on page 7. Anneliese keeps fish, and is passionate about keeping fish both alive and happy in their tank. Alexa loves coffee. Kaylyn is, like me, an English major, and cares about the survival of native languages and stories. They write because they care about things.

My hope for this newspaper is that it will be read with that care in mind.

Of course, the Whalesong is probably just down-time for an HvZ player waiting for the zombies to go away, or comparison material for a high school newspaper, or even something for a student to read over lunch. Don't worry. We're whatever UAS needs us to be. And you'll never have to thank us.

Feel free to contact Daniel Piscoya at dlpiscoya@uas.alaska.edu or at the Whalesong email at whalesong@uas.alaska.edu.



— Campus Safety —

BY LORI KLEIN

for the UAS Whalesong

On July 27, 2015, the University of Alaska Board of Regents adopted a new Student Code of Conduct (Code). This updated Code is available to all students and can be found in the online Student Guide: <http://www.uas.alaska.edu/students/guide/index.html>

"As with all members of the university community, the university requires students to conduct themselves honestly and responsibly and to respect the rights of others."

- Policy statement P.09.02.020, Student Code of Conduct.

The Code provides a broad overview of student's rights and responsibilities as well as outlines behaviors that may disrupt the learning environment, violate the rights of others or violate university rules, regulations and procedures. The list of conduct in the Code is not meant to be exhaustive, but serves as a guideline for acceptable and unacceptable behavior.

All students are expected to know and comply with the Student Code of Conduct. Most don't know it exists until they are a victim of a behavioral violation or are accused of a behavioral violation. Take a moment to look it up, review it, and bookmark it.

The primary goal of the Student Conduct Office is to enforce the Code with campus safety in mind. However, most violations are a result of poor decision making, and the conduct process is designed to be educational in nature. Learning doesn't just happen in the classroom, and we can learn a lot from the decisions we make and the actions we take, even (and especially) when we regret them.

For questions about the Student Code of Conduct, please contact the UAS Conduct Office at 907-796-6529 or laklein@uas.alaska.edu.

INTERESTED IN ADVERTISING?

Learn more about opportunities for ad placement in the Whalesong online at:

www.uas.alaska.edu/juneau/activities/whalesong/

— Health Corner: Suicide Awareness —

BY MARGIE THOMPSON

For the UAS Whalesong

Suicide is not an easy topic to talk about, nor is it an easy one to deal with. However, making an effort to talk about it, learn about it and understand the signs may make a difference in someone's life. According to the American Association of Suicidology, Alaska is ranked number two in the Nation in suicide deaths. The number one cause of suicide in Alaska is untreated depression. However, there are many different treatments and therapies to deal with and work with depression. It is a situation with hope and help.

September 10, 2015 was World Suicide Prevention Day and events all over the world highlighted the importance of talking about this issue and acknowledging the statistics surrounding this issue. At UAS, we hope to promote a culture of caring for each other, and we had a Wall of Hope to commemorate the Suicide Prevention Day. We had a table of resources, listing the signs of suicide and the risk factors and statistics. We provided access to 24-hour care call or text lines available to assist people who are in pain or are struggling. We distributed wallet cards with

important numbers and information, all still available at the Counseling Center, lower level Mourant.

There are warning signs that indicate when someone may be suicidal. Though they appear clear and concrete in hindsight, they are often hard to see in someone that we are close to or in ourselves. Warning signs are not always present, but it is important that they be identified when they are evident.

- Hopelessness, worthlessness, feeling a loss of control, helplessness
- Threatening to harm oneself or completing suicide
- Having a definite plan for completing suicide
- Acquiring the means to complete suicide
- Rehearsing or visiting a place to complete suicide
- Increased use of alcohol and/or drugs
- Changes in eating, sleeping, and personal care
- Apathy, lack of energy, inability to focus
- Talking or writing about death, drawing images of death
- Withdrawing from social relationships or activities

- Losing interest in hobbies, work, school
- Giving away highly valued personal items or possessions
- Undergoing significant changes in mood and personality
- Engaging in reckless or dangerous behaviors
- Making a will, funeral arrangements, or telling others how affairs should be handled

For more about warning signs, visit the American Association of Suicidology: www.juneausuicideprevention.org

Talk to the people you are worried about. Open up communication. Allow suicide to be a topic you will talk about. Contrary to what you may have heard, saying the word "suicide" does not make a person think of suicide. Ask them how long they have thought of suicide. Do they feel that way today? Right now? Have they thought of how or when they would commit suicide? Keeping what the suicidal person says secret is not ever helpful! Offer support, but know that you too may likely also need to find your own support. Utilize the resources below:

Careline: 1-887-266-4357

National Suicide Prevention Lifeline: 1-800-273-8255

Bartlett Regional Hospital Emergency Room: 907-796-8427.

Please remember that you are not alone!

Someone you know cares. Please talk to someone! You are not alone there so many people who care for you. I don't know you, but I love you. And I believe in you. Don't give up! You are loved! The sun never truly sets; it simply rises upon a new horizon. You are so IMPORTANT! You matter and people love you. Even if you don't believe it yourself. I lost a sister and can't afford to lose anyone else. Never forget that it does get better. Everything is temporary. You do matter! Just remember, no matter how bad or hopeless it may seem you are not alone. Don't give up. Keep your hope that it will get better because it will.

Depression Screening Day is October 9, 2015 and at UAS we will be in the Lakeside Grill, from 11:00am-1:00pm to provide screening and to distribute information about depression. The UAS Counseling Services also does individual depression screenings daily. Please call 907-796-6000 to schedule an appointment with one of the professional counselors.

— Study Abroad: Estonia

my parents' hair on end in the process.

I settled into my dorm with my new roommate, breezed through orientation, registered for classes, bought school supplies, and resisted the urge to hole up in my room and never leave. Nearly everyone under 30 speaks English and the majority of the people in Tartu, who are well-acquainted to dealing with international students at the university, do as well. But that didn't make me feel any less like an outsider, expecting everyone to cater to my linguistic needs. Seriously, learning "Hello," "Goodbye," "Please," and "Thank you" in any local language (with the added bonuses of "yes" and "no") will earn you Brownie points. Believe me; I've had many conversations with grocery store cashiers using nothing but these words.

No doubt, I took advantage of my time studying away in Europe to see as much of it as I could. Admittedly I would have liked to see more even though I did crisscross the map. I spent two weeks roaming Italy and a few days in Munich during my Christmas break. I spent weekends with my friends in surrounding Estonian towns, as well as Riga and Vilnius; 72 hours in St. Petersburg and 34 hours on the ferry to get there. I took

several weekends in London, just because I could. For my birthday I took a week and traveled through Dublin, Howth (Ireland), Edinburgh, Cambridge, Oxford, and Cardiff. Sadly, I never made it to Greece.

School did not impede on travel plans and I learned much through my excursions away. I learned just as much in a classroom full of people from different countries. We often discussed current events along with anything else that cropped up. I probably learned more from the amazing friends I met during my year abroad. We discussed nearly everything under the sun. We would go to the smallest towns and befriend someone in a café, and between us have an incredible exchange. I not only gained insights to other cultures, but into the way others viewed my own. Because of my friends and our many conversations, I realized that no matter where you go, it's the people that make a place.

Adventures are all about what you put into them. As an introvert, I wasn't sure what to expect from my social life abroad, but I could not have been happier with the people I met, whether I was with a group of friends or traveling solo. I certainly had to rebuild my comfort zone after pushing

myself out of it so often. However, I learned that saying yes to these situations is one of the best things I could have done. And if I hadn't had said yes and done all the things that made me anxious, I'd have spent a year in my room eating Estonian chocolates, pirating Netflix, and missing out on an incredibly rich and fulfilling experience.

So, upon returning home and after a year two hours from the Russian border, not only can I point to Estonia on map with ease, but I can point to where it lives in me, having taken over a little corner of my heart.



Photo courtesy of Marsha Squires.

September 28, 2015

— Student Government Update —

BY CALLIE CONERTON

For the UAS Whalesong

As your Student Senate, we want to make sure that you know what is going on at Student Government and what changes are happening on campus. As representatives of the student body, YES THAT IS YOU, we want to always have our doors open to whatever issues you may have with your education and the University. Our goals as a senate is to help you not only succeed with your education but also really enjoy your education and experience at UAS.

We have had an active start to the semester with a small senate and we are really happy that we shared it with you. We started off with hosting the Welcome Back Bonfire at Noyes Pavilion. It was a blast and we got to hear one of our clubs, Alaska-pella, perform some lovely songs. We are really thankful to GCI, who sponsored the event for

the students. Campus Kickoff was a BLAST! The Photo booth was a great success and it was great to meet so many of the students and have that fun interactive moment. It was amazing at how many clubs and community organizations came out to kickoff campus right!

We are really excited to work with the 3 new senate members! Speaking of elections, we are looking for some questions for the municipal election debate that will be happening on campus on the 29th in the Egan lecture hall at 5:30. If you have any questions, please email them to krhood@uas.alaska.edu.

We hosted a club fair on the 15th of September and had over 15 clubs show up and tell students about what they are doing on campus. This was a great way for students to get another chance to see what clubs are on campus and how they can get involved. We will be hosting another club fair

in October. If you are still interested in starting an official club at UAS, please come down and talk to us. There is still time!

Fred Meyer's Night this year was hosted by your Student Government and boy was it a blast! We had over 300 people come into Fred's and student government gave over 30 prizes to students! We are so thankful to the Student Services and Campus Life Staff as well as Chancellor Caulfield for helping us staff the event!

The University of Alaska Board of Regents met in Juneau on September 17th and 18th. Many students testified in front of the board about tuition, bringing diversity to campus and about programs that mean something to them and how it will benefit the university. Welcome to the new Regents and UA President Jim Johnsen. The naming of the John R. Pugh Hall was held on the 17th with the Regents and it was truly an amazing event that

honored such an amazing man that gave his all to UAS!

Brief notes on what is happening with the senate and what bills were passed. Coffee services will return to Student Government – We do encourage students to bring their own cups! A resolution was passed to honor Indigenous People's Day on the second Monday in October. Student Government sponsored Campus Kickoff because we do think it is the best way to start our year! Student Government also contributed to the cost a new copier for clubs, SAB, and Student Government to use. It also has scanning for those who need to scan in their assignments!

Please always feel free to come and talk to us about your problems or ideas at UAS! We represent you and want you to have the best experience you can at UAS! Our office is located in the bottom of Mourant right across from SAB!

BY ANNELIESE MOLL

For the UAS Whalesong

At some point in time you've probably heard someone say that people with pets are healthier. Well, this idea has actually been tested. In a study, Pets and Human Health in Germany and Australia, found that pet owners make roughly 15% fewer annual doctor's visits than people who do not own pets. Luckily for us, aquariums count! A study was published by Environment and Behavior reported that when people are exposed to natural environments we exhibit a reduction in heart rate and many reported an increase in mood.

Aquariums have the ability to be an excellent addition to a home, be it a house or a dorm room. They can vary in size and nature, but when done correctly are fairly simple to maintain. When it comes to tank size, bigger is usually better and easier. The reason why I am saying that bigger is easier is because there is more water to dilute pollutants and thus the water chemistry is easier to maintain. However, here at UAS housing, we are only able to have 10 gallon tanks.

Many people simply go to the pet store and pick out a tank or bowl and a fish. While the fish may survive for a time, this definitely is not the best route to go down. A fish is a living organism that will be dependent on you for everything, it's unethical for it to be kept in a tank or a bowl that is not properly set up and maintained.

The first step in setting up an aquarium is gathering the equipment. Obviously you are

— Fish are Friends —

going to need a tank, but a filter of the proper size is also key, as well as a light and a heater. The next step is to understand the natural processes involved within the closed system. It all begins with acquiring the proper amount of beneficial bacteria. This can be done a few ways. It is possible to purchase bottles of bacteria and over the course of a few weeks add that into the water, live sand can also help (it's called "live" sand because of the bacteria within it), or by adding small amounts of ammonia or simply bits of fish food to the water. After you start this, you need to remember to feed the bacteria.

During the first few weeks you should expect the levels of ammonia, nitrate, and nitrite to be pretty high. It's important to remember that these will go down eventually and to not rush the process. The reason this is such an important step is because once you have acquired your fish it will be producing nitrogenous waste, which can build up quickly and kill your fish if you are not prepared. Adding some biological filters, such as plants can be beneficial to your system and can also reduce stress or aggression within fish because it offers a hiding place.

Once your tank is able to fully handle the ammonia, this means that if you add ammonia, after a day or so your test kit reads 0 parts per million (ppm). The nitrate and nitrite should also be as close to 0 as possible. Depending on the type of fish you want, your pH can vary a bit also, but typically around 7 (neutral) is best.

Unfortunately, adding fish may not always be as simple as you might think. Be very wary of what people at pet stores tell you is or isn't okay

for a tank because at the end of the day they are trying to make money. While not all stores that have fish are like this, it is still a good idea to do your own research on particular species before you bring it back, there are many websites and other resources online to help you with this. Fish like betta and goldfish often get the short end of the stick because of people either not knowing what they need or how to care for them.

For example, while bettas can live in a tiny bowl they do not like it. They are a tropical fish and need their water to be at least 75°F. A filtered tank is also always better. If you can do this you can see a pretty drastic change in your betta. A sassy betta is a happy betta. Their color will also be more dramatic and even change completely. Goldfish are also better suited to ponds than bowls or small tanks because of the size a healthy one should obtain and because they are a colder water fish (less than). Goldfish kept in tanks that are too small become stunted, and that greatly reduces their health because their organs do not stop growing. Being kept like this greatly reduces their lifespan. There are many other options than just those species, ones that would be much happier in a 10 gallon tank.

When it comes to physically adding a fish I would recommend not adding too many at once. If you are interested in a fish species that is known to be aggressive add it last or have it be a species only tank. You should also allow the bags your fish come in to float in your tank before adding them in. This helps the fish acclimate rather than being shocked by the temperature



Photo courtesy of Daiju Azuma.

change. After your fish have been added it's good to do a small water change every two to three weeks. This refreshes the water and can add small amounts of nutrients back into the water.

If you are worried about the cost of setting up a fish tank make sure to check your local Craigslist or similar website because you can usually find some good deals. Petco also has dollar per gallon sales occasionally.

I think it is pretty common for people to mistreat fish because, "it's just a fish." However, they are living organisms just like a cat or a dog, and they really do deserve to be treated well. When properly cared for they have the ability to have some awesome personalities and can even learn to do simple tricks.



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— Language Matters —

BY KAYLYN HASLUND

For the UAS Whalesong

It's no surprise to anyone on our UAS campus that our community is making efforts to preserve and showcase the living language of native peoples, not just in Juneau, but in all of the world. Language Matters and that is the name of the first in a film series currently running over the next week, and it helps show both the downfall of some languages and the resurgences of others.

In light of the recent Board of Regents meetings, where students voiced their concerns for Alaskan Native culture/language and how to keep it alive, this film shows that it is completely possible to save these languages and rejuvenate the culture. In part of that, there are new steps, that I saw in the first film, which could be used to help Alaskan Natives.

The first film, Language Matters, was presented by Bob Holman, who was also the narrator of the film. The film presented language as precisely what it is, a living breathing part of culture and community, and that without language, culture fades. It was very moving and showed more sides to how language and its life matter in terms of culture and community.

It spans over Australia, Wales, and Hawaii, all three places that are trying to keep their languages alive. This brought to light the brutality of English speakers who colonized the areas as they pleased. And we see it here in Alaska, but we also see the steps being taken to bring these cultures back, especially in the

similar footsteps of Hawaii and their work to bring Hawaiian back into their everyday lives.

In Australia, the film showed me that there were 300 languages once spoken and now fewer than 50 of them remain and this only includes so many people in very specific areas of the country. In northern Australia we see entire cities that have immersion schools and everyday life in multiple languages. But that doesn't mean Australia is prevailing in preserving Aboriginal languages. We have languages that only have one speaker left and little time left to share that language. It's a frightening prospect.

Wales, however, is a success story as seen in the film. In 1536, English became the official language of Wales, but in 1956 Wales revolted in response to the flooding of Capulcellen to give water to Liverpool. This revolt brought Welsh back into the forefront of official languages. It has been revitalized in an amazing way, through cultural events and music, which possibly could help preserve our own Alaskan languages.

Then there is Hawaii, which Alaskan efforts seem to most admire and also take lesson from. In 1890, America overthrew the Queen and Hawaii became a republic of the US. Slowly, English speaking teachers and missionaries destroyed the language, but the 60s and 70s saw a Cultural Renaissance for the state. They began immersion schools, revitalized the Chant and music. They live out the saying that there is 'no culture without language.'

Now the question is raised: Can we do the same for



Bob Holman, host of Language Matters, photo courtesy of the same.

Alaskan Native language? I think the answer is yes, and we've already clearly begun making the effort in both Tlingit language and history courses. However, with the film still in mind, we can do more, especially with the resources we have been given. We can begin teaching in schools much earlier, have the children speaking it as early as 1st grade. If we can do it with French or Spanish immersion schools, then we can do it with Tlingit.

If anything this film showed more ways in which we as a community can take steps to save Native Alaskan languages.

THE WHALESONG IS ONLINE!

Come take a look at our website at
<https://uaswhalesong.wordpress.com/>
for articles, photos, and more!

— Who's the Good Student? —

BY ALEXA CHERRY

For the UAS Whalesong

You are! You're a good student. However, while paying attention in class and turning in your homework on time are important parts of college, your grades aren't the only thing you need to keep an eye on. College is like adulthood with training wheels, and therefore it's also an important time for you to keep an eye on yourself. Just like how everyone has different learning styles – visual, auditory, etc. – everyone also has different ways of dealing with stress, and we're heading into a stressful time here at UAS. It largely depends on what your major program is, I think, but at least for me I find midterms to be more harrowing than finals. It doesn't help that on top of whatever we're all trying to get done for school and work, we also have to deal with basic Alaska problems: the weather's getting colder, sometimes the rain seems like it will never stop (that's more a Juneau problem than a universal Alaska one, though), and every day we lose whole minutes of sunlight. That's a lot of stuff all going on at once, making it hard to pinpoint exactly why you're so stressed, or exhausted, or moody, or experiencing any number of other feelings or behaviors.

Okay, I promise I have a point, and here it is – self-care is really important. There's a lot of pressure to succeed and stay on top of things in school. Trying to live up to the standard that pressure sets is a tough job, and doing so doesn't

mean that you should throw your own health and comfort out the window. Professional athletes work really hard and push themselves, but they still make time to do their warmup and cooldown routines. They get good nights of sleep and eat full, healthy meals. UAS is not a school rife with professional athletes, but hopefully you can see where I'm going with this. If you've been feeling particularly on edge or emotionally volatile lately, take a step back and try to see what's going on in your life that might be causing it. Is it the lack of sunlight? Are you not eating full, regular meals? Have you been pulling multiple all-nighters in a row? Then, see what you can do to fix it. Get yourself a sun lamp and some vitamin D pills – or chewy gummies, which are what I would recommend. Make a menu of at least 3 meals every week and then make sure you have the ingredients on hand to prepare and eat them. (Invite friends over for dinner, if you need the impetus of others depending on you to feed them in order to actually cook.) Cancel all your social plans, shut your laptop, throw your phone across the room, and take a nap.

Sometimes, though, there's nothing you can do. You just have too much work and homework to do, and despite your best efforts at organizing and scheduling, you're still only getting 5 hours of sleep a night (if that) and living on granola bars and coffee. In that case, self-care almost becomes more important than if you had plenty of time

to devote to it. We have the benefit of being alive and going to school in the 21st century, a period when there is lots of access to many of life's creature comforts. So try to make the tiny, everyday things and events in your school and work a little more bearable. Treat yourself to the coffee or tea of your choice from Spike's – or, if you prefer to make your own, take the time in the morning to make it good. Just the way you like it, with milk and sugar (or without) and in your favorite travel mug. Give yourself an extra 15 minutes in the morning to make a bowl of your favorite oatmeal or cold cereal – I know it's a little easier for me to be conscious at 6 AM if a bowl of Cinnamon Toast Crunch is in my immediate future. Or, if you only have time to grab some yoghurt or a granola bar, toss a lunchbox together the night before and stick it in the fridge! Then you have food you know you'll like to throw in your backpack in the morning and eat during that 20-minute break between classes (Or in class; most professors I've had are pretty lax about that).

Other good ideas include wearing a lot of your favorite color or accessory, listening to your favorite songs on the way to and from class, or even just writing your class notes with different-colored pens. Popular YouTuber Jenna Marbles recently posted a video in which she advocates getting a pet, even if it's just a plant; it gives you something to try and keep alive that isn't yourself. I followed a nursing student who made a point of

putting on makeup and dressing up when she was going to take a test.

Most importantly, please remember the timeless words of Zac Efron and his friends: we're all in this together. Science majors are constantly slammed with tests, assignments, and 3-hour labs; humanities majors have 12-page papers and an alarming amount of class-required reading; I'm not sure what math majors do, but I think they must sit together in the Learning Center and feel smugly superior with their fancy calculators. Still, I'm sure they have their struggles as well. Maybe when they feel stressed, they go online and shop for even fancier calculators. Regardless, even if you think there's nothing you can do about the amount of assignments you have to do, you're wrong. And remember – it's totally okay to cancel previous plans if you're burnt out. Social activities are important in college, but not if you break down crying in the middle of Monopoly night because you just spent the last week studying for an important exam and all you really wanted to do was sleep for the next 15 hours.

So watch that comfort movie, treat yourself to that expensive import tea, buy that weird dragonfruit-papaya-Herbal-Essences shampoo that you've been eyeing up, wear the heck out of your favorite hoodie. You've earned it, soldier – and if anyone questions you, you've got the GPA to prove them wrong.

BY KAYLYN HASLUND

For the UAS Whalesong

As you know doubt have heard, the UA Board of Regents met in Juneau Sept. 17-18, bringing news of future budget changes and tuition adjustments, and to celebrate the naming of the John R. Pugh Residence Hall. I had the opportunity to sit in on both days and observe ongoing discussion on several topics.

UAS was celebrated for outstanding attitudes and new approaches to learning, especially student initiatives and participation in and out of classrooms. I didn't publicly testify for or against anything but instead listened to several individuals who gave heartfelt testimonies on the topic of tuition, and what increase would be acceptable.

A student representative from UAA voiced the idea of creating base prices for all lower division and upper division classes respectively. It seemed like the Board liked the idea, but as the topic of the budget came up, the uncertainty of the proposal became more palpable. This

meeting was only talks of what could happen and preemptive planning, as the budget has not yet been approved.

Day two saw more passionate public testimonies from members of UAS, student and faculty, especially towards Native Alaskan studies. Kolene James, who runs the Native and Rural Student Center, Wooch.een, and the Campus Inclusivity Alliance started off the testimonies alongside Professor Lance Twitchell and student David Russell-Jensen.

They voiced their concerns for the school system and what steps need to be taken for both Native Alaskan students and teachers. They made a point that there needs to be a bachelor degree for Native Alaskan studies specifically.

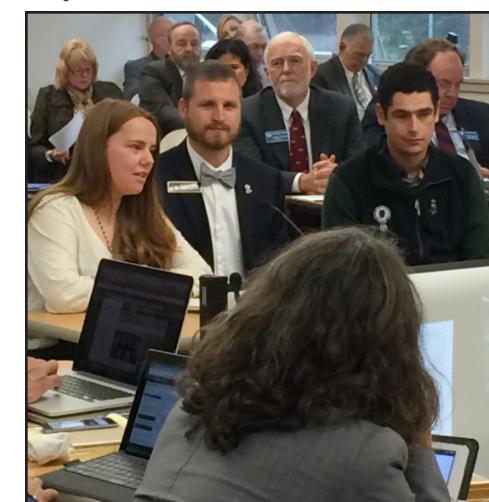
Our campus is currently taking steps forward to fix certain issues at hand, but these three speakers brought to light more problems and what we as a community can do to fix them. As Native Alaskans, they have the best idea of what it means to fight for their culture and keep it thriving in our small University.

Professor Twitchell gave a heartfelt speech in Tlingit to not just only the Board of Regents, but also the ancestors before him, in order to include those that couldn't be present. He voiced his concern for the Native Alaskan Studies program and the urgency for it. He stressed the importance of keeping the program strong and growing. He also emphasized the continued problems with racism that face Native Alaskan students and faculty, as well as what can be done to fix them.

I was able to speak with David Russell-Jensen later in the day, asking what he hoped the Board takes away from their speech. He said he hoped for more diversity within UAS faculty and for stronger Native Alaskan Studies independent programs statewide. If anything, he wants to see Alaskan Native courses become General Education Requirements, because people should learn about Alaska from more than the European perspective, especially if they will be working in Alaska after college.

The Board of Regents has hopefully been given much to think about before they approve

the budget in November, and we as students hope that they will make good decisions for our campus.



Jasmine Mattson-Wolfe and Felix Thillet present student testimony to the Board of Regents under the supervision of Eric Scott, Campus Life Director. Photo courtesy of Lori Klein.

September 28, 2015

— Naming the Freshman Residence Hall —



BY ALEXA CHERRY

For the UAS Whalesong

I was not originally planning to attend the official naming ceremony of the John R. Pugh Residence Hall. But in a twist of fate, the class that I had thought was going to take significantly longer than planned (we were supposed to watch *Gladiator*) ended up going in a different direction, and taking only an hour and a half instead of the originally slated 2+ hours I had anticipated. So afterwards, I tromped up the parking lot towards the new residence hall, resenting the amount of rain that was falling and having no idea of what to expect when I got inside.

Making my way up several flights of stairs, I reached the 3rd floor common room and promptly commenced high-level internal screaming. While I had come prepared to take notes and pay attention, I had not gotten any kind of memo about the dress code. “It’s business casual, I think,” the registrar told me as she passed by where I stood rooted to the floor in slowly abating horror. Formal suits and moderately fancy dresses met my eye as far as it could see, leaving me to feel increasingly inadequate in my green corduroys and phases-of-the-moon sweatshirt. Still, things could have been worse. At least I hadn’t worn my Grumpy Cat “I hate Mondays” T-shirt. Trying to exude “business casual,” I edged further into the common room, keeping a sharp lookout for further upper-class social event hazards I might have to navigate.

Fortunately, I almost immediately found myself a comfort zone. A truly majestic spread of free food was directly next to the door, and everyone was helping themselves. Heaping piles of fruit and veggies, kabobs with peppers and olives and blobs of that weird squishy white cheese, mysterious meat rolls with equally mysterious (but delicious) contents, little sandwich wraps, cake, fudge, generic party punch – I decided then and there to attend more formal campus events. All in the name of the press, of course.

After about 10 minutes of standing around and amicably socializing in that vague, generic way that you can only experience to its full potential at formal business-y events, the event was called to order and everyone was abruptly forced to find a Good Spot from which to observe the proceedings. I somewhat inadvertently found myself in the back of the room, where I attempted to look casual by leaning against the trash cans. This proved to be weirdly entertaining; even elite businesspeople will go to great lengths to subtly and quietly throw away their garbage when someone is speaking on a microphone.

The speakers on the program made me abruptly aware that Many Important People were

in attendance – which, I suppose, also explained the high standard of dress code. Chancellor Richard Caulfield gave the first speech, and also introduced every new speaker after himself. In order, they were Marie Olson of the Aak’w Kwaan Raven Eagle Shark People; Senator Dennis Egan of the Alaska State Legislature; Jyotsna Heckman, the Board of Regents Chair; Carla Beam, the president of the University of Alaska Foundation and the vice president of UA University Relations; President Jim Johnsen, the president of the entire University of Alaska system; Bella Powers, a CA at the residence hall and fellow student of ours; and last, but not least, John R. Pugh himself, the UAS Chancellor Emeritus. (“Emeritus” is a title addition to indicate that he was a chancellor, but isn’t anymore.)

I learned some interesting things from the speeches given, which I will share now with those of you who couldn’t or weren’t interested in attending. If you live in the residence hall, you’ll be pleased to know that Jyotsna Heckman called it the “crown jewel of campus.” President Jim Johnson added importance to the entire event by making it clear that people had flown in from all over the state just to attend the naming ceremony. Senator Egan gave an informative speech in which I learned that Pugh was responsible for getting the Noyes Pavilion and the Egan classroom wing built, as well as our student rec center – which, interestingly enough, was the first joint-use National Guard facility in America! And then John Pugh himself got to say a few words, which were mostly words of thanks to everyone who helped him achieve his goal of getting the residence hall built.

After the speeches, I milled around some more and grabbed some dessert before heading off into the night and the (pouring, never-ending, someone save us) rain. I would have called the event a success – I can’t speak to what the organizers of the event would say, since the fire alarm went off briefly as I was walking out the door. I was just pleased that it wasn’t like what I had originally thought a naming ceremony would be, which bore a striking similarity to an olden-timey ship christening. Though in retrospect, I’m not sure why I thought they would name an alcohol-free facility in a ceremony that involved breaking a bottle of alcohol somewhere on the premises. My personal misconceptions aside, however, it is done. The John R. Pugh Residence Hall can now officially be called the John R. Pugh Residence Hall. Though occasionally, I have been known to slip and refer to it as a dorm – but let’s just keep that between you and me.



From the top: Chancellor-Emeritus Pugh thoroughly enjoys the ceremony; the third floor commons proves more than adequate for the gathering; Chancellor Rick Caulfield lends a few words.

Photos courtesy of Darin Donohue.

— The Grind —

BY ALEXA CHERRY

For the UAS Whalesong

Not the Juneau-based chain specifically, but yes, this article is going to be about coffee. Coffee comes in many different flavors, and there are many different styles of making coffee. I am here to give you some information about this ever-essential part of college. If you prefer to drink tea, stick around. I can convert you yet.

For me, I've decided that there are 3 basic types of coffee. There's morning coffee – the most important kind, and the one that most people partake of most frequently. Then there's afternoon coffee, which is either your desperate attempt to stay awake in your 2-hour evening class or just you and your friends getting coffee at Spike's or an equivalent café location (also known as "social coffee"). Finally, there's nighttime coffee, also known as "deadline coffee." But before I break into discussing these separate types individually, let's talk about how coffee can be made.

I think that most everyone in college either has their own coffee machine, or has access to someone else's. I have never used, or been trained in the use of, the big coffee machines that can make entire pots of the stuff. However, as a wee baby freshman back in the day, I was very proud of my prowess with a French press. I later graduated to a Keurig, and so I think I am in a unique position to share with you the pros and cons of both styles of coffee-making.

My father uses a French press, and taught me how to do so before my departure to college. I find that there is a manner of elitist coffee snobbery involved with French pressing; not as much as if you were using a

pricey espresso machine, but apparently the quality of French press coffee is significantly superior to automatized coffee. It's also ideal for people who like to have involvement in their morning routine; you heat up some water in a kettle and then pour it into the French press, on top of the coffee grinds you have spooned into the bottom (either straight out of a bag, or from your very own coffee grinder). Then, on well-scheduled mornings, you let everything settle for a few minutes before slowly pressing down the plunger and then pouring your handmade coffee into your mug of choice.

French press coffee sounds like it takes a lot longer than it actually does; it's honestly a fairly quick process, and there's definitely a small sense of pride in making your own coffee like that. Plus, it easily makes two or three good-sized mugs worth, while keeping the rest of your coffee fairly hot in between cups. However, there is again the effort involved – you must get out of bed, fill and start the kettle, find something to do while your water heats (besides go back to bed), and then press it and dress your coffee as you see fit.

This is where the convenience of the Keurig comes swinging in to save the day, sort of like Spiderman. I have yet to find a Keurig that will have coffee ready and waiting for you when you wake up, like in the beginning of Back to the Future – or like a bulkier, slightly pricier coffee machine would be able to do, I guess. Still, some Keurigs do come with a timer that you can set to have it turned on and ready to go when you wake up in the morning. This means that you can grab the Keurig cup of your choice, tuck it in the machine, and let things take their

course while you slog to the bathroom to splash some cold water on your face and regret your scheduling choices. It's way more impersonal, but there's also more room for variety in your coffee of the day (as opposed to working your way through one bag of beans). In addition, some of us care less about how our coffee is made and more about getting a cup of coffee in our hands in under 5 minutes.

However you choose to make your coffee, I believe that the original 3 types of coffee still stand. Morning coffee is, perhaps, the most variable type; you either have time to make the exact kind of coffee you like in the exact way that you like to make it (and maybe even drink a whole mugful before you pour the rest into a travel mug on your way to work or class), or you have time to make whatever you have time to pour in a cup on your way out the door as you simultaneously attempt to comb your hair and pull on socks. There is no in between.

Afternoon coffee is somewhat more relaxing. This can be your redemption from an earlier attempt at frenzied morning coffee – or even worse, if you missed morning coffee, and finally have time to make or buy some. More frequently, however, I find that you end up with afternoon coffee in the form of "I'm heading to Spike's/the Grind/etc., wanna come?" Again, afternoon coffee is also something that's nice to get right before heading into a full afternoon/evening of classes. Then everyone else in your class who forgot to get caffeine can seethe in silent jealousy while you get to enjoy your lovely hot (or cold, if that's your jam) beverage.

Finally, we come to nighttime coffee. This last kind of coffee, in my opinion, is best when



Photo courtesy of Istvan Takacs

it's black, bitter, and entirely unmodified from its original state. That way, it jolts you awake every time you take a sip and are hit with its full uncensored force. Even if you absolutely despise black coffee with an unbridled passion, good. Take that hatred and channel it towards benefiting yourself and your cause in the dark hours of the late night and early morning.

There's a lot more I could say about coffee, but I'm running close to hitting my word limit for this article. Maybe I'll write a follow-up later about the different types of "café coffee," for those of you who still aren't sure what the difference is between a latte and a mocha. In the meantime, good luck – and remember, freshmen, never be afraid to offer your upperclassmen friends a cup of coffee! We are weak to caffeine. It's in our nature.

WANT TO READ MORE?

Find previous issues of the Whalesong at

www.uas.alaska.edu/juneau/activities/whalesong/

Resources for your college questions



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— Frogs: Dropping Like Flies —

BY ANNELIESE MOLL

For the UAS Whalesong

Frogs are a surprisingly important part of many ecosystems. Their impact begins in their tadpole stage because of their ability to keep algae growth in check and by being a food source for other organisms. They are also beneficial for humans in a variety of ways. Many species of frogs eat insects such as mosquitoes, ticks, and flies, which can carry diseases such as malaria, West Nile virus, and Lyme disease. Frogs have also played an important part in research of human medicine. Since their skin is so easily affected by chemicals they are amazing bioindicators.

Today the existence of frogs around the world is being threatened. There are 6,565 recorded species of frogs and toads, but that number is steadily falling. There are several major factors that play a part in their decline: climate change/loss of habitat, pollution, and especially Chytridiomycosis. One of the reasons that frogs are being hit particularly hard by these factors comes down to their physiology.

In amphibians, skin is highly important because of its involvement in respiration, hydration, osmoregulation, and thermoregulation (Duellman and Trueb 1986). This is important to understand because chemicals within their water supply are readily absorbed through their skin and if their skin becomes compromised it can, and more often than not does, have deadly consequences.

Unfortunately, the decline of frogs is not necessarily new information. Since the 1980's, up to 133 species of frogs have become extinct, and 435 species have shown a rapid decline. Pollutants from agricultural runoff, livestock, and industrial and human wastes have been shown to cause developmental mutations and have lethal

affects (Rouse et al 1999). However, when it comes to Chytridiomycosis, it seems that hundreds of species have met their match. Chytridiomycosis is a disease caused by the fungus Batrachochytrium dendrobatidis, a highly transmissible and lethal fungus that has been one of the leading causes for either the decline or extinction of at least 200 species of frogs around the globe (Skerratt et al 2007).

The first case of Chytridiomycosis recorded was in 1938 in *Xenopus laevis*, more commonly known as the African clawed frog. The origin of this lethal disease remains unknown, however Africa has been proposed as the origin site. This disease remained prevalent within only Africa for about 23 years before any cases were reported elsewhere (Weldon et al 2004).

The way this disease works is by infecting the skin of its frog host. This heavily impairs or completely stops the transport of electrolytes and can result in cardiac arrest. Depending on the levels of infection a frog's skin can be thickened, if the infection is heavy enough the skin will fall off. In an effort to understand this disease further researchers supplied infected frogs with electrolytes. They found the disease to still be fatal, but that frogs could survive around 20 hours longer than those who did not receive electrolytes (Voyles et al. 2009). It has been noted that there are some species of frogs who are resistant to this disease, but the issue is that they become carriers for it.

This has become such a major killer of frogs that it was suggested in 2014 that a solution may be to "vaccinate" frogs against this disease, but it may not be that simple. Evolutionary geneticist, Anna Savage, from the University of Central Florida, Orlando states that this approach could easily fail. She and a team of researchers currently

working with a species of leopard frogs, *Lithobates yavapaiensis* have found that frogs who are exposed to the fungus who had an immune response fared the worst because the fungus killed off their white blood cells. She commented that a immune stimulant that causes the production of more white blood cells would not work and that an immune suppressant may be a better idea.

As of right now the future is looking dark for many species of frogs since there is nothing that we can do for frogs. It's also very likely that even if there were a "cure" it would be impossible or too impractical to be able to administer on a large scale.

Further Reading:

- AmphibiaWeb: Information on amphibian biology and conservation. 2015. Berkeley, California.
- Duellman, W. E., & Trueb, L. (1986). Biology of amphibians.
- Rouse, J. D., Bishop, C. A., & Struger, J. (1999). Nitrogen pollution: an assessment of its threat to amphibian survival. *Environmental health perspectives*.
- Skerratt, L. F., Berger, L., Speare, R., Cashins, S., McDonald, K. R., Phillott, A. D., ... & Kenyon, N. (2007). Spread of chytridiomycosis has caused the rapid global decline and extinction of frogs. *EcoHealth*.
- Voyles, J., Young, S., Berger, L., Campbell, C., Voyles, W. F., Dinudom, A., ... & Speare, R. (2009). Pathogenesis of chytridiomycosis, a cause of catastrophic amphibian declines. *Science*.
- Weldon, C., du Preez, L. H., Hyatt, A. D., Muller, R., & Speare, R. (2004). Origin of the Amphibian Chytrid Fungus. *Emerging Infectious Diseases*.

Do you want to see your work in the Whalesong?

Send your articles, poems, or photos to us at
whalesong@uas.alaska.edu
and you could be published in the next issue!

— Scorching Hot —

BY ALEXA CHERRY

For the UAS Whalesong

I recognize that there are problems with young adult literature. Most of these problems can be summed up by one of the Twitter accounts I follow, Brooding YA Hero (with the fairly straightforward handle of @broodingYAHero, if you're interested in his work). And yet, I still get a kick out of watching the movies based on these problematic books. Being up-to-date with the Hunger Games and Divergent films, I was very excited to continue the saga of Attractive Boys with a Mysterious and Constant Source of Hair Product Running Places and Panicking – also known as the Maze Runner series.

Every year, a friend of mine takes me to see the latest YA film hit, and every year, I am prepared to be underwhelmed. My emotional attachment to Katniss Everdeen is nonexistent, and I could care less what happens to Peeta. I guess I like Tris's new haircut, and the way Four clenches his jaw and breathes heavily instead of actually vocalizing his apparently overwhelming emotions. A year ago, when I went to see the first Maze Runner movie (aptly titled *The Maze Runner*), I was ready to walk out the same person I was when I went in.

This did not happen. I spent the entire film on the edge of my seat, experiencing every drastic emotional range known to man. Since that day, I've seen the movie two more times, and have since come to realize that it's honestly just Not That Good. But nevertheless, I was excited

for the sequel, *The Scorch Trials*, and rolled up to theaters on September 18th ready to find out what would happen to my favorite squad of grown men actors attempting to portray confused teenage boys.

The first part of the movie was pretty predictable. A middle-aged man in a very expensive turtleneck ushers Thomas (the protagonist) and his friends into a very expensive-looking facility and tells them that everything is fine now. (Spoiler alert: *Maze Runner* ended with Turtleneck rescuing them from the maze.) Thomas is immediately suspicious, leading to an expected encounter with his significantly less suspicious friends, who tell him that he's being paranoid. Things go down hill from there. Thomas makes friends with a strangely pale kid in a hoodie who barely talks – and when he does talk, it's in the ancient *Maze Runner* tradition of “the vaguer I am, the less the author has to explain.” They witness an Evil Skype

The secret underlying subplot of everything *Maze Runner*-related is “stop asking questions and look at Thomas’s jawline until you’ve been suitably distracted.”

Conference, and then Thomas abuses his position of Trusted Leader amongst his peer group to take them all hurtling out of their shady haven and into Darude Sandstorm – excuse me, I meant Sahara Desert 2.0, which is apparently what the world has become in the aftermath of the Startlingly Ambiguous Sun-related (?) Catastrophe (The secret underlying subplot of everything *Maze Runner*-related is “stop asking questions and look at Thomas’s jawline until you’ve been suitably distracted.”).

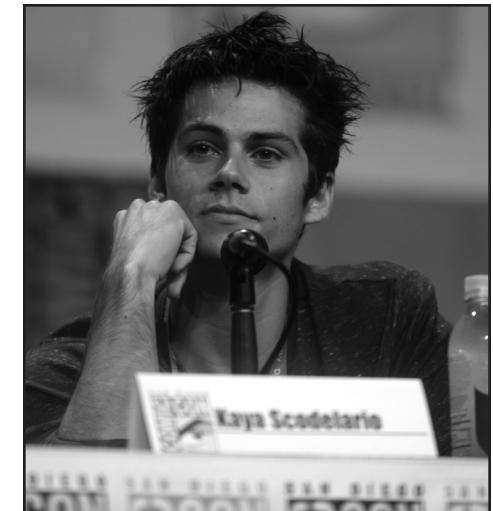
The movie abruptly gets less predictable from there. In fact, if you were considering watching *Scorch Trials* for a fun YA-thriller lark, I would venture to stop you right there if you have any qualms about watching horror movies. The first hour of *Scorch Trials* has more running in it than the original *Maze Runner* film, complete with Thomas's trademark running style of “flailing every limb in my body like a drunken giraffe while also shouting unintelligibly to underline the urgency of the situation.” Seriously, the kid has perfect form when he's not running for his life, but throw

some eyeless tar-dripping zombies into the equation and it all goes out the windows. Oh yeah, there are zombies. I think? The movie never actually explains what they are. We know they're “infected,” a simple gunshot doesn't do much to them, and they're fast, scary, and make horrifying noises. Seriously, the first part of *The Scorch Trials* runs a lot like a survival horror game; I wasn't the only one to make comparisons to the award-winning survival horror game *The Last of Us*.

Zombies and running aside, the movie then settles into relative predictability after an encounter with several deus ex machina adults. We receive elaboration on why Thomas is special – apart from being a Brooding YA Hero – we save a hot girl's life, watch as Thomas get a hug from an emotional man who calls everyone “hermano,” and settle into that uncomfortable couch-crease of “everything seems fine but I know this movie should be ending soon and they're probably going

to go for a 1-book-2-movie deal for the next part so something has to go horribly wrong.” Right? Exactly.

I'm not sure why a female character was ever included in this series. Theresa could easily have been replaced by a brick in the first film, and in the second she does nothing that couldn't have been managed by some mysterious external force that was as vaguely explained as everything else in the *Maze Runner*-verse. There's really no reason for her to even be female, apart from some half-hearted attempt at a love interest for Thomas and some misguided attempt to appeal to the female part of the audience – but frankly, I know teenage girls who watch the series, and they are there to watch Dylan O'Brien play Thomas and clench his jaw, not to watch Theresa look mildly upset from behind her curtain of unwashed hair. Oh, and I guess there's also that one scene in the first hour where Theresa changes clothes and one kid stares in her direction only to have another boy – who seems entirely and tellingly disinterested, especially when you consider they've all been deprived of exposure to females for

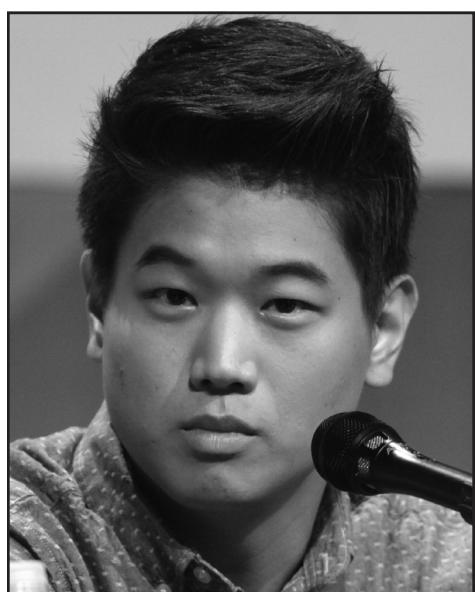


Dylan O'Brien plays *Maze Runner* protagonist Thomas in *The Scorch Trials*. Photo courtesy of Gage Skidmore.

3 years – call his attention back to the job at hand, which seemed to be crouching in the foreground of the clothes-changing shot.

Overall, I would recommend this movie for the edge-of-your-seat thrills and the zombie-not-zombies that, despite being an overused cliché in media of late, were actually really well and creepily done. (It's slightly more effective when they are really fast and ooze black from their orifices.) At first impressions I would give this movie a solid 8 out of 10, but then like a -20 out of 10 for what they did to my favorite character at the end. And because I want to have the same emotionally harrowing, edge-of-my-seat experience for the final installment – or at least the first part of the final installment, if this series goes the same way as *Divergent* and *Hunger Games* – I am just going to have to wait a year to find out what happens to him.

I frankly think this series could have benefited greatly if they'd stayed in the maze, instead of going the same corrupt-government-takedown route of every other popular YA series out today – but hey, who am I to tell the author how to do his job? Haha just kidding, if you know James Dashner tell him I told him to drink his Imagination Juice. And get Hollywood to have Theresa wash her hair, at least. It is a stretch for me to believe that any character can be that 1-dimensional, but it is an even further stretch for me to believe that anyone would willingly deal with that hair for such a long period of time. Even Aragorn got to wash his hair after a while. Come on, man!



Ki Hong Lee reprises his role as Minho in *The Scorch Trials*. Photo courtesy of Gage Skidmore.

CAMPUS CALENDAR

ON CAMPUS

MONDAY, SEPT. 28

HvZ Gameplay, all day, all week, Juneau campus. Humans vs Zombies (HvZ) is a week long game of moderated tag and a UAS premier event since 2012. Missions are played throughout the week. Registration required. Contact the Student Activities Board at 796-6325.

Annual Exchange & Study

Abroad Fair, 10 a.m., Spike's Cafe. Find out where UAS can take YOU during the annual Study Abroad and Exchange Fair! FREE. Call 796-6455 or email exchanges@uas.alaska.edu for more information.

Cardio Conditioning, noon, Recreation Center. Join Keegan @ the REC for an hour of cardio and core conditioning on Monday, Wednesday, and Fridays starting Aug 24th and running till Dec.

Alaska Robotics



Courtesy of www.alaskarobotics.com

11th. Sign-up at the REC help desk. \$100 instruction fee. \$5 drop-in fee. For more information, call 796-6544 or email rec_center@uas.alaska.edu.

Climbing Wall Orientations, 5 p.m., Recreation Center. Attend the REC's climbing orientation every Monday, Wednesday (same time), and Friday (6:30 p.m.) to learn the basics and our gym rules. The REC has climbing shoes, harnesses and gear to loan for our indoor wall users once certified. Contact the Rec Center at 796-6544 or rec_center@uas.alaska.edu.

Open Gym: Dodgeball, 7 p.m., Recreation Center. Dodge, dip, duck, and dive in this fast-paced game every Monday (7 p.m.) and Wednesday (8:30 p.m.)! For more information send an email to rec_center@uas.alaska.edu or call the REC Center staff at 796-6100.

Open Gym: Volleyball, 8:30 p.m., Recreation Center. Serve, set, spike, and save twice a week in the gym every Monday (8:30 p.m.) and Wednesday (7 p.m.)! For more information, email rec_center@uas.alaska.edu or call 796-6100.

TUESDAY, SEPT. 29

Open Gym: Basketball, 7 p.m., Recreation Center. Dribble, drop step, and dunk your way across the court every Tuesday (7 p.m.) and Thursday (8:30 p.m.)! For more information send an email to rec_center@uas.alaska.edu or call the REC Center staff at 796-6544.

Open Gym: Soccer, 8:30 p.m., Recreation Center. Kick, pass, throw-in, kick, and goooooaaal every Tuesday (8:30 p.m.) and Thursday (7 p.m.)! For more information send an email to rec_center@uas.alaska.edu or call the REC Center staff at 796-6544.

THURSDAY, OCT. 1

"First Language: The Race to Save Cherokee" Film Presentation, 7 p.m., Egan Lecture Hall. The last of a 3-part film series on Endangered Language Continuity, organized by UAS Faculty Alice Taff. FIRST LANGUAGE - The Race to Save Cherokee is a documentary film about current efforts to revitalize the Cherokee language, a vessel of knowledge and identity for the Cherokee people. For more information, call 796-6509, or email chancellor@uas.alaska.edu.

FRIDAY, OCT. 2

Student Government Weekly Meeting, 1 p.m., Glacier View Room. Please join the United Students of the University of Alaska Southeast - Juenau Campus for our weekly meeting. Meetings are open to all students, staff, and faculty. Please contact us if you have any questions or would like a copy of the agenda. For more information, call 796-6517 or email jypres@uas.alaska.edu.

Family Friday Night, 7 p.m., Recreation Center. Pick-up soccer, Basketball, and Dodgeball

family games every Friday! For more information send an email to rec_center@uas.alaska.edu or call the REC Center staff at 796-6544.

Evening at Egan: Leonard Kamerling, 7 p.m., Egan Library.

Can film create an authentic record of another society, or is it, as filmmaker/anthropologist David McDougall says, "always a record of a meeting between a filmmaker and that society?" Filmmaker Leonard Kamerling's illustrated talk will look at the evolution of ethnographic film in the North from the perspective of the authenticity debate, examining almost a century of cultural filmmaking, from early expedition travelogues to the blossoming of Northern indigenous cinema. For more information, call 796-6509, or email chancellor@uas.alaska.edu.

SATURDAY, OCT. 3

Gaming Club Meeting, 5 p.m., Egan Library. Gaming Club hosts weekly meetings every Saturday from 5 p.m. to midnight in the top floor of the Egan building. All types of games and gamers are welcome! Call 796-6517, or email jypres@uas.alaska.edu.

WEDNESDAY, OCT. 7

Whale Wednesday, all day, UAS-wide. Show your school spirit by wearing blue and white or UAS swag on the first Wednesday of every month! Post your photos to social media with #UASWhaleWednesday. For more information, call 796-6306, or email sab@uas.alaska.edu.

THURSDAY, OCT. 8

"Within the Silence" An Empty Chair Contribution, 7:30 p.m., Egan Lecture Hall. Living Voices: Juneau's Empty Chair Project continues its educational outreach as Seattle based arts group "Living Voices" presents the story of Juneau teenager John Tanaka's internment experience. For more information, call 796-6509, or email chancellor@uas.alaska.edu.

FRIDAY, OCT. 9

The Annual NRSC Food Sovereignty Friday Series, 1 p.m., Native and Rural Student Center. Stop by and sample some of the finest food harvested around Alaska! Call 796-6454, or email nrsc@uas.alaska.edu for more information.

Evening at Egan: Jack Dalton, 7 p.m., Egan Library.

Rooted in Naparyarmiut (Hooper Bay), born in Bethel, and raised in Anchorage, Jack Dalton has grown up an ambassador between two worlds, his Yup'ik and European heritages. A professional storyteller, writer, and teacher, Jack has been honored by the World Indigenous Peoples' Conference on Education as a Distinguished Dignitary, and considered by many people around the world, to be "The Storyteller." For more information, call 796-6509, or email chancellor@uas.alaska.edu.

CAMPUS CALENDAR

OFF CAMPUS

MONDAY, SEPT. 28

Math Classes, 10 a.m., 210 Ferry Way. FREE Classes to improve skills for work, school or GED Testing! Multiple levels and times offered. Call 907-586-5718 or go to www.serrc.org/tlc for more information.

Writing Skills Classes, 2:30 p.m., 210 Ferry Way. FREE Classes to improve skills for work, school or GED Testing! Classes offered on Monday and Wednesdays. Multiple levels and times offered. Call 907-586-5718 or go to www.serrc.org/tlc for more information.

Tlingit Language Learner's Group, 6 p.m., Downtown Juneau Public Library. This group, run by Tlingit language learners, is free and open to everyone in the community every Monday, regardless of language experience. For more information, email tingitlearners@gmail.com.

TUESDAY, SEPT. 29

Toastmasters Club at St. Paul's, 6:15 a.m., St. Paul's Catholic Church, Parish Hall. Improve your public speaking skills every Tuesday morning in a supportive environment. Go to www.takutoastmasters.org, or call 463-5885.

WEDNESDAY, SEPT. 30

Write For Your Life, 10 a.m., Mendenhall Valley Library. The "Write For Your Life" group meets every Wednesday to share journal entries, memoir, letters, or poetry. For more information, contact Dixie at 907-789-2068.

Man Choir with Richard Moore,

5:30 p.m., TBA. Richard Moore

September 28, 2015

directs all male choir. Call or email 209-7901 or jcloughak@hotmail.com

Ultimate Frisbee, 8 p.m., Thunder Mountain High School. Ultimate frisbee pick up games every Wednesday, rain or shine! FREE. For more information, contact David Job at 586-3845 or go to juneauultimate.org

THURSDAY OCT. 1

The Tragedy of Othello, 7:30 p.m., Perseverance Theatre. The Tragedy of Othello written by William Shakespeare, directed by Tom Robenolt. Tickets sold at Hearthside Books, the JACC, and ptalaska.org. For more information, contact tom@perseverancetheatre.org, or (907)463-8497.

Open mic w/ Teri Tibbet, 9 p.m., Alaskan Hotel & Bar, Come on down and play a couple every Thursday. 21+, FREE. For more information, call 586-1000 x 405 or www.thealaskanhotel.com

FRIDAY, OCT. 2

The Tragedy of Othello, 7:30 p.m., Perseverance Theatre. The Tragedy of Othello written by William Shakespeare, directed by Tom Robenolt. Tickets sold at Hearthside Books, the JACC, and ptalaska.org. For more information, contact tom@perseverancetheatre.org, or (907)463-8497.

PhysioYoga Therapy with Shelly Prosko, 5 p.m., 5326 Shaune Drive. Shelly has been featured in Ted Talks, and is a physical and yoga therapist and a respected pioneer in physiogyoga therapy. Register at rainforestyoga.org. Call Bev at 209-8289.

Learn to Skate: Youth/Adults, 6:30 p.m., Juneau Skating Club. Youth/Adult lessons every Friday starting Sept. 18th! \$90 for 6 lessons (one per week). Register online at juneauskatingclub.org or email juneausk8@hotmail.com.

Todd Grebe & Cold Country, 10 p.m., Alaskan Hotel & Bar. Todd Grebe & Cold Country CD release tour 2015. 21+ event. Call (907) 586-1000

or go to www.toddgrebe.com for more information.

SATURDAY, OCT. 3

Annual Spring Bulb Sale, 10 a.m., AEL&P. Juneau-Gastineau Rotary's Annual Spring Bulb Sale at AEL&P. Email membership@rotarybulbs.com for more information.

Bridal Fair, Fashion Show & Cake Off, 10 a.m., Glacier Valley Elementary School. Bridal and wedding guest fashion show, hair and make-up consultations, and a live cake off judged at the end of the event, plus many vendors for shopping opportunities. Free to public. Contact Jessie Snyder at 789-9789 or Jessica@sunnydayevents.com for more information.

DRAW Open Studio, 10 a.m., The Canvas Community Art Studio and Gallery. Take advantage of a purpose built still life or a live model in a studio setting to develop and maintain your drawing skills every Saturday. Visiting artists Tim Ortiz or Andreana Donahue will be available for guidance and instruction. Basic materials provided. \$20 (plus tax).

Seafood Gala, 6 p.m. Elizabeth Peratovich Hall. Join us to support Bartlett Regional Hospital, and fund a new baby box project. Full-course dinner, live music by the Thunder Mountain Big Band, and a silent auction. Tickets are available at the Blue Heron Gift Shop at Bartlett Hospital and at <http://www.brhfoundation.org/seafood-gala-2015/>

The Tragedy of Othello, 7:30 p.m., Perseverance Theatre. The Tragedy of Othello written by William Shakespeare, directed by Tom Robenolt. Tickets sold at Hearthside Books, the JACC, and ptalaska.org. For more information, contact tom@perseverancetheatre.org, or (907)463-8497.

JDLT 24 Hour miracle, 8 p.m., Juneau Arts & Humanities Council. Four local writers, four local directors,

four teams of local actors, 12 hours to write, 12 hours to stage - 24 hours to prepare for original Juneau theater! Tickets at the door \$15 Contact the Juneau Douglas Little Theatre at www.JDLittleTheatre.org.

SUNDAY, OCT. 4

The Tragedy of Othello, 4 p.m. AND 7:30 p.m., Perseverance Theatre. The Tragedy of Othello written by William Shakespeare, directed by Tom Robenolt. Tickets sold at Hearthside Books, the JACC, and ptalaska.org. For more information, contact tom@perseverancetheatre.org, or (907)463-8497.

MONDAY, OCT. 5

Math Classes, 10 a.m., 210 Ferry Way. FREE Math Classes to improve skills for work, school or GED Testing! Multiple levels and times offered. Call 907-586-5718 or go to www.serrc.org/tlc for more information.

Writing Skills Classes, 2:30 p.m., 210 Ferry Way. FREE Classes to improve skills for work, school or GED Testing! Multiple levels and times offered. Call 907-586-5718 or go to www.serrc.org/tlc for more information.

SATURDAY, OCT. 10

Farmers and Crafters Market, 10 a.m., Airport Shopping Mall. Monthly market with local foods, handmade crafts, & unique gifts. For more information, contact Michelle Donahue at 907 321-4747 or info@homesteaderscache.com.

Reel Rock 10, 7 p.m., Centennial Hall. Fundraiser for the Rock dump. Screening of the 2015 Reel Rock climbing film 7 p.m. to 8 p.m. Contact 907-586-4982 or olcay@rockdump.com for more information.



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