

University of Alaska Southeast  
**WHALE SONG**

December 6 - 25, 2013

The Official Student Newspaper of UAS

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*Lighting up  
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## ON THE COVER...

UAS student Evelyn Teeluk carefully holds onto her lantern as she waits for it to fill up with hot air so that she can release it into the night sky. To learn more about this event and check out more photos of the sky lanterns, see page 3.

*(Photo by Madeline Rafferty)*

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## — UAS Answers — Everybody's got one ...

*What is your favorite holiday movie?*



*"How the Grinch Stole Christmas."  
— Megan Mckay*

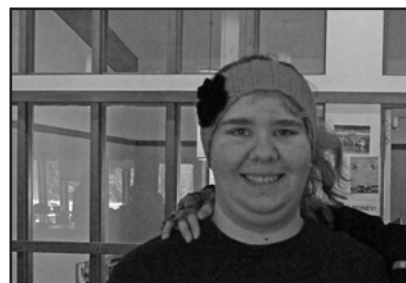
*"Edward Scissorhands."  
— Basia Sroka*



*"Home Alone"  
— Matt Symons*



*"I don't have a favorite holiday movie. My family usually just has a Pirates of the Caribbean marathon."  
— Leesha Stoner*



*"White Christmas."  
— Alora Pilgrim*



*"Scrooge the musical with Albert Finney."  
— Robert Muller*

# — A Letter from the Editor —

**BYCHRystal RANDOLPH**

*For the UAS Whalesong*

Dear reader,

I can't believe it's already December! I'm sure you're just as busy as I am between work, essay deadlines, class presentations, etc. As you take a break from studying to read *The Whalesong*, I want to encourage you to breathe and not freak out. Instead of worrying about finals week, take a moment to reflect on everything you have accomplished this year and how much you have learned over the course of this semester. All of the sleepless nights you spent cramming for midterms and the long hours of staring at a blank page on your computer screen are finally coming to an end. Give yourself a pat on the back, because you have come a long way since September! There's only

one week left before winter break and this is the week for you to show what you're made of—go forth and conquer!

In closing, I would like to express my sincere gratitude to you for picking up a copy of *The Whalesong*. It means the world to me to walk around campus and see that people are reading the newspaper. If you happen to read an article and really like it, I would recommend saying something to the reporter; they put a lot of hard work into their writing and enjoy hearing feedback. Express your opinion if there is something that you don't like about the newspaper and if there is something you want to see in future issues, please let me know!

Before I forget: have a Merry Christmas!

*To contact Chrystal Randolph send an email to [carandolph@uas.alaska.edu](mailto:carandolph@uas.alaska.edu)*



## — UAS in Brief —

### Lighting up the Night

At 7 o' clock at night on Monday, November 25th students gathered out by the basketball court up at the UAS Housing Lodge to release biodegradable sky lanterns into the night. The event was put on by the Housing Lodge staff as a way to give students the opportunity to reflect on the year and remember everything that they are thankful for. The event had quite a good turn out from those living on student housing and it was a magical sight to watch the lanterns float away— and there were *plenty* of references made to the lantern scene in the Disney movie "Tangled."

*(Photos by Madeline Rafferty)*



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# Reshaping Dining Services

**BY TRACI L. TAYLOR**

*For the UAS Whalesong*

*“The current food services contract with NANA will expire at the end of June, 2014. UAS has the option of extending this contract for an additional two years. However, after much consideration, UAS has decided to let the existing contract end. After June 30, 2014, UAS will take over food services as an internally managed operation.”*

-Interim Vice Chancellor, Michael Ciri

I'm sure we all got the email that I quoted above. NANA currently runs Mourant Cafeteria, caters, and decides what sublets we have on campus. They certainly have a lot going on. I spoke with Interim Vice Chancellor Michael Ciri about the decision to not renew the NANA contract for June 2014. I wanted to know how this decision was reached and what the next steps might be. More importantly I wanted to know how students could be actively involved in this process.

The decisions made on campus are interlinked through a web of different events. In other words no one thing is the cause of such a big change. A combination of new housing units, working with a vendor, and student queries have helped plant the seed that resulted in the decision to again operate food services internally. Freshman dorms are being built directly on campus. What can be changed about food services? Maybe it is extended hours of operation, maybe it is a different meal plan; it could even be more or different food options. Whatever it is, being able to control that decision internally rather than working with a vendor will save copious amounts of time. Internally UAS will be able to implement such decisions more quickly than they can when asking an outside vendor. Current students have been finding their voice and speaking up about what they think of our present food services. Don't think you are being ignored. Student voice played an important part in this decision. Students, faculty, and staff communally agree that the most efficient way to make changes to food services is to control it internally.

The next step is to find a manager of food service operations. Once hired, this manager will begin working with NANA to make the transition as smooth as possible.

This manager will be both planning ahead and addressing current concerns. Since NANA is receiving profit from current food services, where will the money to pay our new manager of food service operations come from? The university feels that food services is so important that they are reallocating funds until we start receiving profit from food services. It is my understanding that someone is evaluating current spending and identifying where money is not being used and then pooling funds internally from otherwise unused funds to help us get started on the transition.

Currently UAS has catering through NANA. Starting July 2014, UAS will no longer be offering catering. Instead of catering internally, if you want an event catered, you will need to look at local options. This will be a great way to help the community. Be sure to plan ahead as you work with local caterers. They will be able to better focus on your event when there is plenty of time to plan. Outsourcing catering gives the university opportunity to evaluate current meal plans in order to start considering alternative options without being distracted by catering services. All energy and focus will be on offering quality dining services.

Meanwhile should we worry about NANA losing enthusiasm here in Juneau during this transition? Anchorage and Fairbanks both contract and plan to continue contracting with NANA. It would be advantageous for them to stay motivated during this transition and it should not be our main concern. During this transition there will be a lot of communication between our current dining services provider and UAS. NANA assures us that serving UAS well will continue to be important.

Is it too soon for students to voice their ideas and concerns? Of course not, student input is a very important part of this change-over. If you want to be an active part of this transition, join the Dining Services committee at Student Government. Both Michael Ciri and Joe Nelson concur that Student Government is the voice of the students. The best way to be an active part of dining services is to talk to your Student Government. There office is located in lower Mourant, downstairs from the cafeteria. I encourage students to continue being an active part of this transition. What you think is as important to the university as it is to you.

# — A Taste of World Hunger —

Nineteen UAS students went to the Recreation Center on Tuesday, November 26th to attend the Oxfam Hunger Banquet hosted by the Student Activities Board. As dinner guests arrived they were assigned into high, middle, and low income groups.

Three students were served a delicious pasta dinner with rolls and sparkling cider. Another three students had a smaller meal of rice and beans. The remaining thirteen students took a seat on the floor for the evening, where they shared a pot of rice for dinner and nothing else.

The goal of the Oxfam Hunger Banquet is to inform people about world hunger as it exists today by giving them the chance to experience it for themselves— not everyone has the same amount to eat, but all attendees go home with their appetite for knowledge satisfied.

For more information about Oxfam Hunger Banquets, visit <http://actfast.oxfamamerica.org/index.php/events/banquet>.

*(Photos by Madeline Rafferty)*



**UAS student Mitchell Cabrigas takes a seat on the floor with the low-income group for the evening and has a plate of rice for dinner.**



**The three students in the high-income group enjoyed a big serving of delicious pasta.**



**UAS student Alora Pilgrim and her two peers in the middle income group have a small plate of rice and beans.**

# REC CENTER

# DODGEBALL

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7:00 - 8:00 pm

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[NOVEMBER 2013]



## Sweat Out Your Stress

Turn a Bad Day Into a Good Workout

### The Many Faces of Depression

How to Recognize Warning Signs



### Creative Study Techniques

5 Study Methods That Actually Work



### What's the Right Number of Meals for You?

Discover How Food Frequency Affects Your Energy



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12300 Mendenhall Loop Rd

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Web:

[www.juneaunazarene.org](http://www.juneaunazarene.org)

### Christmas Eve Service



December 24<sup>th</sup> @ 7 PM

### Service times:

#### Sunday

Sunday School      9:45 AM  
AM worship      11:00 AM  
PM worship      6:00 PM

#### Wednesday

Teen Bible Study      6:30 PM  
Children and Adults      7:00 PM

#### Thursday

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# — Holiday Bound —

**BY ALEXA CHERRY**

*For the UAS Whalesong*

There are two kinds of people. There are the people that absolutely refuse to accept the existence of anything even remotely Christmas-y until directly after Thanksgiving, or preferably until December 1st (and even then a little grudgingly). Then you have the extreme opposite – people who listen to Christmas carols in July out of whimsical nostalgia, and who break out the gaudy sweaters, lights, nativity sets and wreaths at midnight on November 1st. I can proudly say that I am a member of this second camp – though I may not look it, as my mother did not send me my Christmas sweaters and light-up antler headband this year. Still, I carry the feeling of the holidays within my heart and soul – and you should, too! Because while the holidays are great, they mean different things for college students than other people.

For those of us pursuing the upper echelons of higher education, Christmas means that three months of hard work, emotional distress, and sleep deprivation are coming to a close. Unfortunately, this also means finals. There are two types of finals: the ones that are all tests, all week, until you never want to study for anything ever again; then there are the ones where you maybe have one test, but primarily assignments. Final assignments can vary in appearance from a 10 page paper to a scale model of the Sydney Opera House (complete with tiny opera-goers and their wine glasses). Depending on your personal talents, one of these types of finals might be preferable to the other; regardless, they're both difficult, and no one looks forward to them.

But then, once your last final has been completed, you may emit a whoop of relief and book it off-campus to freedom!

A month of eggnog, minty caffeinated beverages, holiday food, and total lack of responsibility is now yours to cherish. Unless you have a job over winter break, in which case, forget about that last bit. Regardless, you will have nothing to turn in and no class to go to until January 13th of next year, so kick back and relax while you can!

However, the return home is not all fun and games. Especially if this was your first semester of college, coming back is great, but also a little awkward. After living on your own and being responsible for yourself and your own choices for approximately four months, returning to live with your parents is slightly unsettling. You could stay up until 5 AM playing video games, it is true – but your dad gets up to go to work at 5, and you don't want him coming in to peer at you through sleep-weary eyes as you try to explain that you just got really caught up in the Skyrim quest arc. (Fathers are rarely impressed with your achievements in the gaming world.) Now that you don't have class in the morning, clattering about the kitchen at 2 AM to make pies and Christmas cookies is a go – except that you might wake up your parents, who as a general rule don't seem to appreciate 2 AM baking. Possibly because they're concerned about you burning their house down.

After having a pre-loaded food card for four months, there's also a significant chance that you'll go to the store and want to load up on sodas and other bottled beverages, only to remember that this is not the cafeteria and these will cost you real money to purchase. Upon my initial return from college, I had to put numerous sodas back because I remembered that I didn't have a card specifically for purchasing foodstuffs anymore. This doesn't last long, necessarily, but while it does,

it's mildly disconcerting.

There's also the tragedy of the family pets. You've been gone for so long that even your own dogs will act weird around you. Sure, they still recognize you, and they still love you, but they will be more inclined to hang out with the people who have actually been at home, feeding them and loving them, than with you. But never fear, this will change – by the time you have to return to college, your relationship with the dogs (and possibly even the cat, though cats are difficult to figure out) will be right back to where it used to be.

These slight downsides aside, however, Christmas break is still a wonderful, magical time for everyone. You might find yourself asking for different, more practical gifts – rather than gaming systems and books, you might desire things like a TV for your apartment and a purpose to your life and your degree. You will value time spent with your family even more – your mother will mention going shopping and you will demand that she take you with her, simply to get in as much mom time as possible between now and your inevitable return to college-land. Well, that's not entirely true – there are also ulterior motives. Now that a Responsible Adult is paying for the shopping, this is your opportunity to seize all the holiday goodies you think you can consume (reasonably or not), as well as all the food that you wanted desperately to eat during the past semester but couldn't justify purchasing. (My prime example of this is Lunchables. As much as I love them, I just can't get past the fact that I spent 7 precious dollars on a meal designed for 7 year olds.)

Christmas is also great because it gives you a break from your college social life. Sure, you might miss your friends, but as they say, "absence makes the heart grow fonder." I like to think this is especially true in the case of roommates. College is

like a 24/7 sleep-over, assuming you have a good relationship with the people you live with. In theory, this sounds like a blast – and most of the time, it is – but we all know how nice it is to have the apartment or dorm all to yourself. Humans are social creatures, sure, but no one is all social, all the time, and college is an environment that sometimes forces you into doing that. During Christmas break, you get to hang out with different people that you don't have to see every day. And as an added bonus, you don't have to trek back and forth between campus and housing! Fancy that.

So go forth, young padawans. Get outta here. Go back to your homes, with your Christmas trees and your eggnog and your dogs and cats and family members. May you finally get to read that book series you've been champing at the bit for all semester, only to be kept from it by your overwhelming load of never-ending homework. Veg out to your heart's content on that TV series that you've been dying to marathon (but you had papers and math homework due). Spend all day playing video games, and don't worry about having to eat or read an assignment or get to bed at a reasonable time. Curl up by the fire! Curl up in blankets! Shuffle around the house and play with the pets and let your mom cook dinner for you (but offer to help clean the dishes, because at least at home you have a dishwasher, unlike here). Overall, rest and recuperate and prepare your bodies for next semester! I better see all you kids back here with your cool presents. No excuses.

Now, if you'll excuse me, I must go be festive and deck out our apartment windows with paper snowflakes in anticipation of the snow that will eventually show up outside. ...Eventually. I don't just dream of a white Christmas. I BELIEVE.

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# — Watch it, Skippy —

**BY ALEXA CHERRY**

*For the UAS Whalesong*

Let's talk about skipping class. Yeah, you heard me. Maybe you do it, maybe your friends do it – regardless, I'm here to talk about why you shouldn't do it.

For one thing, you're already paying for the classes you were registered for. Even if you have scholarships, that is still a lot of money that is going towards your education. A biology lecture skipped is 500 bucks worth of time, money, and education that you came to college to learn in the first place.

Which leads me to my next topic – exactly what else were you planning to do during that time period, anyway? Before the semester even started, you had to plan a set class schedule, clearly stating where you would be and what you would be doing at certain times every day during the week. My question becomes, if you know you have Spanish 101 at 3:30 on Tuesdays and Wednesdays, every Tuesday and Wednesday – why would you plan to do any-

thing else at that time on those days?

Another concern is that in some classes, your attendance actually affects your grade. Even if your professor doesn't verbally take attendance after the first couple of classes, they will still know if you're not there – especially in a smaller college like UAS, where the relatively small class size means they can take in the room at a glance and see who's missing. It is true that in some classes, attendance is not a big deal, as long as you turn in your homework and ace the tests – but in others, you can only miss so many before you begin to lose grade points for it. My advice would be to check your syllabi, ask your professors, and veer on the side of caution. And be sure to keep track of your permitted skips! Never assume you have more than you think you do, and always double-check.

But what, you ask, constitutes as "caution?" Well, I'll be straight with you: there ARE exceptions to the "thou shalt never, never, ever skip" rule. But let's get one thing clear first: "I'm tired" and/or "I don't want to" is never a

valid excuse. You came to college to learn, not sleep – an unfortunate but necessary reality. However, there are times when skipping will not be mightily frowned upon by your peers. The most obvious is if you are sick! Obviously if you're coughing up a lung or expelling your intestines, nobody wants you in class. Some of us are major germaphobes in the first place, and would prefer it if you weren't in the same state we were, much less the same classroom. That being said, if you wake up and you can't fathom the concept of dragging yourself out of bed to sit through a 3 hour lecture because your body is revolting against you, don't go. If you feel a hideous and pressuring guilt over the matter, E-mail your professors and explain that any attempts to leave will be met by your roommates beating you back with disinfectant and vitamin C. They will understand.

Another, less acceptable, but still sometimes necessary exception is class work overload. This is usually more applicable around midterms – let's say you hecked up on the time management thing, or maybe you have two

classes that both have major tests back-to-back – say, Tuesday and Wednesday. You can't study for the test on Wednesday until you study for the test on Tuesday, but then on Wednesday you have a class right before your next test, and you need more than the time allotted to you to study for it. Sometimes, in cases like this, your only option is to skip the class before your test on Wednesday. But WAIT! This comes with the warning that you should ONLY do this IF you have a set number of "free skips" for that class. If you don't have any, or you've used them up and skipping will negatively affect your grade – don't skip. Stay up all night, cram for that test, and take what you can get. If you've been paying attention in class and studying afterwards, you should do alright.

Above all, just remember that your first and foremost goal here at college is to get an education. Try your hardest, do your best, and then you can feel good about yourself! Plus, if you get all A's, maybe you can mooch your parents into giving you an award for all your hard work. Hey, it's worth a try.

# — Better than Ramen —

**BY TRACI L. TAYLOR**

*For the UAS Whalesong*

I bet we have all noticed the time change. It is dark when I get up and long past dark by bedtime. All of us are being exposed to less light during the day and this affects our health and attitude about getting up. I will be the first to confess that since the time change I have missed classes due to lack of energy. I just didn't want to get out of bed. This lack of sunlight can sometimes cause Seasonal Affective Disorder (SAD), weight gain, moodiness, drowsiness, or some combination of these symptoms. Vitamin D usually from the sun sets your brain in motion and gets your internal clock ticking. This helps your brain know when it is time to make serotonin, the get up and go neurotransmitter. Serotonin is known to affect mood, appetite, and sleep habits. During these winter months we receive less sunlight, which usually results in less serotonin being produced. This is why performance and sometimes grades start to decline. To help prevent this from happening we need to get the nutrients that usually come from the sun through other means. Many people take Vitamin D, calcium, and other nutrient supplements to help prevent SAD and stay healthy. I encourage you all to try getting it out of the food you consume. At the end of a busy day, I want to go to bed on a full tummy, not coffee and supplements. I reckon we all feel this way. According to the Mayo Clinic Vitamin D and Omega-3 fatty acids can

help with depression. Some foods that contain Vitamin D include mushrooms exposed to ultraviolet light, egg yolks, cheese, milk, tuna, cod, sardines, shellfish, and salmon. Mussels, oysters, salmon and other wild sea life contain a combination of Vitamin D and Omega-3 fatty acids. On top of that it takes little time to cook! At the end of the day you will have a full belly and a little more Vitamin D than you started off with. See the chain of events that could lead to a happier, healthier, more studious you?!

I didn't realize how easy it is to cook fish until I moved to Alaska. It took me the summer of 2011 to truly appreciate how delicious fish is. There are probably as many ways to cook salmon, as there are ways to fix Ramen. This particular recipe takes hardly any time at all. Pull your salmon out of the fridge or freezer. Place it in a skillet or any pan frozen or thaw (skin side down). Add butter or oil, lemon juice, garlic or any other desired spices to the fillet. I like to pour about a 1/8 cup of water in the bottom of the pan to help it steam better, although I doubt this is necessary. Cover with lid and let it simmer on low or medium until done. This can take 15 to 25 minutes depending on the size of your fillet, if your fillet is frozen or thaw, and the temperature you are cooking at. Check it with a fork to tell if it is done. Your fish should be flaky and the same color all the way through (or that's what all the Juneautes tell me). While you wait on your fillet, get started on your favorite veggie side dishes. Some salmon with broccoli and rice or potatoes sounds divine to me.



(Photo by Tyler Hamblin)

# CAMPUS CALENDAR

## OFF CAMPUS

FRIDAY, DEC. 6

**Stage: "The Nutcracker,"** 7:00 p.m., Juneau-Douglas High School Auditorium. Inspire your imagination and experience the magic of Juneau Dance Unlimited's full-length classic "The Nutcracker Ballet." Tchaikovsky's powerful score, along with exciting new choreography and costumes, will lift your spirits and dazzle your senses. Don't miss this family holiday favorite. Tickets (\$20 adult, \$15 students/seniors) will be available online at jahc.org, at the JACC, at Hearthside Books locations, and at the door, if still available.

**Stage: "Treasure Island,"** 7:30 p.m., Perseverance Theatre. Based on the masterful adventure novel by Robert Lewis Stevenson, Perseverance Theatre's production of Ken Ludwig's adaptation is swashbuckling fun for the whole family. "Treasure Island" is filled with great characters like Captain Flint, the dangerous Billy Bones, sinister two-timing Israel Hands, the brassy pirate Anne Bonney, and the hideous form of evil, Blind Pew. At the center of it all is young Jim Hawkins' friendship with the most famous hero-villain of all time, Long John Silver. Tickets (\$20-\$32) are available at the Perseverance Theatre Box Office at 907-463-TIXS, at Hearthside Books locations, at the Juneau Arts &

Culture Center and online through Vendini Tickets.

SATURDAY, DEC. 7

**Stage: "The Nutcracker,"** 7:00 p.m., Juneau-Douglas High School Auditorium. Inspire your imagination and experience the magic of Juneau Dance Unlimited's full-length classic "The Nutcracker Ballet." Tchaikovsky's powerful score, along with exciting new choreography and costumes, will lift your spirits and dazzle your senses. Don't miss this family holiday favorite. Tickets (\$20 adult, \$15 students/seniors) will be available online at jahc.org, at the JACC, at Hearthside Books locations, and at the door, if still available.

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Culture Center and online through Vendini Tickets.

SUNDAY, DEC. 8

**Stage: "The Nutcracker,"** 2:00 p.m., Juneau-Douglas High School Auditorium. Inspire your imagination and experience the magic of Juneau Dance Unlimited's full-length classic "The Nutcracker Ballet." Tchaikovsky's powerful score, along with exciting new choreography and costumes, will lift your spirits and dazzle your senses. Don't miss this family holiday favorite. Tickets (\$20 adult, \$15 students/seniors) will be available online at jahc.org, at the JACC, at Hearthside Books locations, and at the door, if still available.

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## ON CAMPUS

FRIDAY, DEC. 6

**December Pottery Sale,** All Day, 2nd floor of Soboleff Building. It is time for the fall semester pottery sale. Come support our program students and pick up some great gifts for the holidays! For more information email the School of Arts and Sciences at arts.sciences@uas.alaska.edu.

**Food Sovereignty Fridays,** 12 p.m., 1st Floor of Mourant Building. The Native and Rural Student Center -NRSC invites UAS Students, Staff, and Faculty to stop by and sample some of the most amazing food harvested from around our wonderful State! Woonch.Een Club members and guests will share the significance and process of harvesting! See you at the NRSC! For more information email nrsc@uas.alaska.edu.

**First Friday,** 8:30p.m., Recreation Center. Entertainment by Wool Pullers. For more information call 796-6544 or simply email the Rec Center's staff at rec\_center@uas.alaska.edu

SATURDAY, DEC. 7

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**Gingerbread Magic,** 10 a.m., Glacier View Room (Egan 221) RESERVATION REQUIRED - Bring the kids and build gingerbread houses, complete with frosting and candy -the works! Limit 2 house kits per family. FREE for members & their children. Space limited to 40. Must be a member to attend - easy to join - just call the office at 796-6569 or visit our website. For more information email alumni@uas.alaska.edu.

TUESDAY, DEC. 10

**Knitting Night,** 8 p.m., Recreation Center. Join others in the knitting community to share/learn new ideas and techniques. For more information call 796-6544 or simply email the Rec Center's staff at rec\_center@uas.alaska.edu.

THURSDAY, DEC. 12

**Salsa Night,** 7:30 p.m., Recreation Center. No experience required - come and learn to dance the Salsa and other Latin dances. For more information call 796-6544 or simply email the Rec Center at rec\_center@uas.alaska.edu.

WEDNESDAY, DEC. 18

**Alaska Coastal Rainforest Center lunch seminar,** 1p.m., Forestry Sciences Lab (conference room.) The Alaska Coastal Rainforest Center invites you to a brown bag lunchtime seminar series the first and third Wednesday of the month this fall. Stay tuned for more details on our guests and topics. The events will be held in the new Forestry Science Lab conference room from 1-2. For more information email aaparish@uas.alaska.edu

THURSDAY, DEC. 19

**Board/Card Game Night,** 6 p.m., Recreation Center. Dominoes, Jenga, Apples to Apples, Taboo, Sequence, Monopoly. Whatever game you enjoy we can play together. For more information call 796-6544 or simply email the Rec Center staff at rec\_center@uas.alaska.edu.

Want us to list your event in our calendar? Send us the information via email to whalesong@uas.alaska.edu. Please include "calendar submission" in the subject.



Study Abroad in

# ANGERS, FRANCE

Travel Writing - Le Tour de France



**AHA International - Fall Term, 2014  
Late September to Mid December, 2014**

## **COURSES**

Explore the history and celebrated figures of the Tour de France through Professor Kevin Maier's course: *Le Tour de France and Beyond: A Critical and Cultural History of Cycling in France*. Chronicle your experiences and explore the experiences of past expats in Prof. Maier's second course: *Travel Writing: Americans in France*. Additional courses available in both French and English. Check AHA website for listings.

## **PROGRAM STRUCTURE & FEES**

Live with a French host family and take courses at the Université Catholique de l'Ouest in Angers. Fully explore the French culture and countryside through regional excursions to destinations such as Normandy, the Loire Valley, and Brittany. Program fees include: tuition, excursions, most meals, local transit pass, insurance, international student ID card, books and course materials.

## **VISITING FACULTY BIO**

Kevin Maier teaches a broad range of courses in English and Humanities at the University of Alaska: Southeast, including writing, American literature, and several environmentally focused classes. Drawn to many outdoor pursuits, Kevin is an especially avid recreational cyclist, having been a category 3 road racer before moving to Juneau.

## **ELIGIBILITY**

Minimum sophomore status and good academic standing, no previous French language experience required.

## **TO LEARN MORE & APPLY, VISIT:**

[ahastudyabroad.org](http://ahastudyabroad.org) | AHA Application Deadline 6/15/2014

