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Author(s)	Minanimo-Muta, Eri; Kato, Takao; Shioi, Tetsuo; Tanada, Yohei; Kimura, Takeshi
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1 **Cardiac Effects of Acute Administration of a Protonophore in a Rat Model**

2 **Running Head: Protonophore and the Heart**

3 Eri Minanimo-Muta¹, Takao Kato^{1*}, Tetsuo Shioi¹, Yohei Tanada¹, Takeshi Kimura¹

4 ¹ Department of Cardiovascular Medicine, Graduate School of Medicine, Kyoto University,

5 54 Kawahara-cho, Sakyou-ku, Kyoto City, Kyoto, Japan

6

7 Corresponding author: Takao Kato

8 Department of Cardiovascular Medicine, Graduate School of Medicine, Kyoto University, 54

9 Shogoin Kawahara-cho, Sakyo-ku, Kyoto, 606-8507 Japan

10 Tel: +81-75-751-3190 FAX: +81-75-751-3203

11 Email: tkato75@kuhp.kyoto-u.ac.jp (TK)

12 **Abstract**

13 **Introduction:** Excessive use of uncoupling agents, previously used as weight-loss agents, has
14 led to the increase of body temperature and death. The aim of the present study was to
15 evaluate the acute cardiac effects of mitochondrial protonophore in a rat model at a high dose,
16 and its specific influence on cardiac substrate uptake.

17 **Methods:** Eight-week-old male Sprague-Dawley rats were intraperitoneally injected with the
18 protonophore carbonyl cyanide m-chloro phenyl hydrazone (CCCP; 4 mg/kg) or vehicle
19 (dimethyl sulfoxide). Blood pressure, heart rate (HR), and systolic function was recorded.
20 Substrate uptake was monitored by radio-active tracers.

21 **Key findings:** Compared to the control group, the respiratory rate and body temperature
22 increased, the left ventricle was dilated, and systolic function transiently deteriorated in the
23 CCCP group. There was no difference in blood pressure and heart rate between the two
24 groups. In cardiac substrate uptake, glucose uptake showed a 95% increase ($p < 0.05$), and
25 fatty acid uptake showed a 52% decrease ($p < 0.05$) in CCCP-administered group.

26 **Conclusion:** The deleterious effects on cardiac function and the changes in substrate uptake
27 were observed when administered with the protonophore at a high dose.

28

29 **Key words:** cardiac function; protonophore; substrate uptake.

30

31 **Introduction**

32 Mitochondria are crucial modulators of viability and death in a variety of cell types, and play
33 important roles in energy production [1-2]. In brown fat cells, mitochondrial respiration is
34 uncoupled from ATP synthesis and heat is produced instead that the energy from beta-
35 oxidation is converted into ATP [3]. Uncoupling also occurs to some extent in other cell
36 types. Since the 1940s, several substances including carbonyl cyanide m-chloro phenyl
37 hydrazone (CCCP) and 2,4-dinitrophenol have been known to act as uncoupling agents [5,6].
38 These uncoupling agents have the nature of lipid-soluble acids and provide a bypass pathway
39 of H⁺ across the inner mitochondrial membrane as a protonophore. As a result of this short
40 cut, the proton-motive force is dissipated and ATP cannot be synthesized. Recently, several
41 lines of evidence showed that at low doses, uncouplers reduced reactive oxygen species
42 (ROS) [4,7,8], increased energy expenditure [4,7], and improved longevity [4,8].

43

44 Historically, uncoupling agents were used as so-called “weight-loss agents” [9], and their
45 excessive use due to psychological problems has led to the increase of core body temperature
46 and even death [10]. These weight-loss agents are also associated with a danger of overuse
47 due to the image of so-called ideal beauty. The toxic effects of protonophoric mitochondrial
48 uncouplers have been extensively described [10], and the marked toxicity had motivated its
49 withdrawal from the market. However, recent evidences of long administration of chemical

50 uncoupling [4,7,8] make the agent began to show signs coming life again, for example, as a
51 patent of the new derivatives for the use of non-alcoholic fatty liver disease. However,
52 detailed knowledge of the effects of their acute administration at a high dose to the heart,
53 which is one of most energy-consuming organs, have not been examined.

54

55 We previously reported the uptake of the radioisotope-labeled tracer technetium 99m
56 Technetium (^{99m}Tc)-sestamibi (MIBI) signals in the perfused and excised heart in a rat model
57 administered a protonophore, CCCP [11]. In the excised hearts of Sprague-Dawley (SD) rats
58 administered ^{99m}Tc -MIBI which is positively charged and distributed into mitochondria
59 according to the mitochondrial membrane potentials, CCCP decreased the ^{99m}Tc -MIBI signals
60 along with a decrease of *in situ* ATP and phosphocreatine contents of the heart. In the present
61 study, we aimed to clarify the acute effects of the protonophore on cardiac function and
62 cardiac substrate uptake in a rat model, which are the novel points of the present study.

63

64 **Methods**

65 **Animals and materials**

66 Eight-week-old male SD rats (body weight 280–290 g) were administered CCCP (Wako Pure
67 Chemical Industries; Osaka, Japan). Animal care and experimental procedures were approved
68 by the Institutional Animal Care and Use Committee of Kyoto University (permission no.
69 MedKyo14184) and conducted following the Guide for Care and Use of Laboratory Animals
70 published by the United States National Institutes of Health. ^{99m}Tc -MIBI and ^{125}I -(p-
71 iodophenyl)-9-R,S-methylpentadecanoic acid (9MPA) were purchased from FUJIFILM RI
72 Pharma Co. Ltd. (Tokyo, Japan). ^{18}F -deoxyglucose (FDG) was synthesized by Kyoto
73 University Hospital. CCCP (Wako Pure Chemical Industries, Osaka, Japan) was diluted in
74 100% dimethyl sulfoxide (DMSO, Wako Pure Chemical Industry, Osaka, Japan) to prepare a
75 10 mM stock solution.

76

77 **Physiological and hemodynamic analysis**

78 Protocol 1: To investigate the physiological and hemodynamic changes in CCCP-
79 administered rats, 8-week-old male SD rats (n = 6) were intraperitoneally injected with CCCP
80 (4 mg/kg) or vehicle (DMSO; n = 6). Body temperature and blood pressure was recorded at
81 the rectum at 30 min after the CCCP injection (AD-1687, A&D Company Ltd., Tokyo, Japan).
82 Blood pressure is determined by the tail-cuff method using a noninvasive automated blood

83 pressure apparatus (Softron SBP-200, Softron Co. Ltd., Tokyo, Japan) without anesthesia.
84 Transthoracic echocardiographic analysis was performed as previously reported [12] using a
85 Sonos-5500 echocardiograph (Agilent Technologies, Santa Clara, CA, USA) with a 15-MHz
86 linear transducer. Heart rate (HR), intraventricular septal thickness (IVSd), left ventricular
87 dimension in the diastolic phase (LVDd), and left ventricular dimension in the systolic phase
88 (LVDs) were measured with M-mode echocardiography 30 min, 90 min, and 180 min after
89 CCCP injection, and fractional shortening (FS) was calculated using the following
90 formula: $\%FS = [(LVDd - LVDs)/LVDd] \times 100$.

91

92 **Effect of CCCP on the uptake of a glucose and fatty acid radiotracer**

93 Protocol 2: To analyze the effect CCCP on glucose and fatty acid uptake, ^{18}F -deoxyglucose
94 (FDG) and ^{125}I -9MPA was used, respectively. The rats (n = 6 per group) were fasted
95 overnight, administered CCCP, and injected with 1 mCi of ^{18}F FDG and 20 μCi of ^{125}I -9MPA
96 simultaneously 45 min later. They were euthanized by decapitation 45 min after the injection,
97 and the hearts were removed and washed in cold saline. The 1/3 portion of the apical side was
98 frozen in liquid nitrogen and the radioisotopic activity was measured using a scintillation
99 counter (Cobra2TM Auto-gamma, Packard) [13, 14]. To measure ^{18}F FDG uptake, radioisotopic
100 activity was measured just after euthanization because the half-decay time of ^{18}F FDG is 110
101 min. To measure ^{125}I -9MPA uptake, radioisotopic activity was measured 48 h after the

102 euthanization. The myocardial uptake levels of ^{18}F FDG or ^{125}I -9MPA were assessed by direct
103 measurement using the scintillation counter. The amount of radioisotope incorporated is
104 expressed as a percentage of the administered radioisotope activity corrected by heart weight
105 (g). Cross-talk between the two tracers was negligible [13, 14].

106

107 **Washout of $^{99\text{m}}\text{Tc}$ -MIBI *in vivo***

108 Protocol 3: In order to investigate the mechanism of substrate change, we calculated $^{99\text{m}}\text{Tc}$ -
109 MIBI *in vivo* to show the changes in mitochondrial function [15, 16, 17]. A dose of 15 MBq
110 (405.4 μCi) of $^{99\text{m}}\text{Tc}$ -MIBI was injected into the tail vein under anesthesia with pentobarbital
111 sodium (10 mg/kg IP). Rats were placed exactly 10 cm from the collimator. Pre-CCCP or
112 vehicle-administered images (64×64 matrix size) were obtained 15 min after the $^{99\text{m}}\text{Tc}$ -MIBI
113 injection. Then, CCCP or vehicle was administered intraperitoneally to rats 90 min after the
114 $^{99\text{m}}\text{Tc}$ -MIBI injection (CCCP: $n = 8$, vehicle: $n = 7$). Thereafter, post-CCCP or vehicle-
115 administered images were obtained 180 min after the $^{99\text{m}}\text{Tc}$ -MIBI injection. To calculate the
116 rate of myocardial $^{99\text{m}}\text{Tc}$ -MIBI washout following injection, a region of interest was manually
117 drawn around the heart and in the mediastinum area between the upper limbs. The myocardial
118 $^{99\text{m}}\text{Tc}$ -MIBI washout rate (percentage) was calculated using the following equation: $(A -$
119 $B \cdot DC) / A \times 100 (\%)$, in which A was defined as (pre-CCCP or vehicle-administered heart
120 count – pre-CCCP or vehicle-administered mediastinum count), B was defined as (post-CCCP

121 or vehicle-administered heart count – post-CCCP or vehicle-administered mediastinum

122 count), and DC is the decay coefficient. [15, 16, 17]

123

124

125 **Statistical analysis**

126 All data are expressed as the mean \pm standard error of the mean (SEM). Differences between

127 the groups were compared using the Kruskal-Wallis post-hoc using Dunn's test. In all tests, a

128 value of $p < 0.05$ was considered statistically significant.

129

130 **Results**

131 **Effects of CCCP on body temperature, hemodynamics, and cardiac function**

132 Body temperature analyzed at 30 min after the CCCP injection was higher than that after
133 vehicle injection ($p = 0.024$, Figure 1A), indicating that electron transport was uncoupled by
134 CCCP. There was no difference in heart rate between CCCP-administered and vehicle-
135 administered rats (Figure 1B). Blood pressure tended to decrease in CCCP-administered rats
136 compared to vehicle-administered rats ($p = 0.086$, Figure 1C). Serial echocardiographic
137 examination showed that both LVDD and LVDs increased ($p = 0.0048$ and 0.0047 ,
138 respectively) and fractional shortening decreased ($p = 0.0078$) at 30 min after the CCCP
139 injection (Figures 1D, 1E, and 1F, respectively), indicating that CCCP caused transient left LV
140 dilatation and systolic dysfunction. The difference between CCCP-administered and vehicle-
141 administered rats was diminished at 90–180 min after the CCCP injection.

142

143 **CCCP changed substrate uptake in the cardiac tissue**

144 Next, we examined whether CCCP caused a change in the myocardial uptake of glucose and
145 fatty acids using ^{18}F FDG and ^{125}I -9MPA, respectively (Figure 2A). Compared to the vehicle
146 group, glucose uptake showed a 95% increase ($p = 0.033$) and the fatty acid uptake showed a
147 52% decrease ($p = 0.033$) 90 min after CCCP administration (Figures 2B and 2C,
148 respectively), indicating that the protonophore caused changes in substrate uptake.

149

150 **^{99m}Tc-MIBI washout increased in rats administered CCCP**

151 To investigate the effect of CCCP on membrane potentials *in vivo*, we obtained pre-CCCP or
152 vehicle-administered images 15 min after the ^{99m}Tc-MIBI injection, then CCCP or vehicle
153 was injected, and post-CCCP or vehicle-administered images were obtained 180 min after the
154 ^{99m}Tc-MIBI injection (Figure 3A). Myocardial retention of ^{99m}Tc-MIBI was markedly
155 decreased after the CCCP injection (Figure 3B, lower panels) compared to that in vehicle-
156 administered rats (Figure 3B, upper panels). The analysis of *in vivo* images showed that the
157 washout rate of ^{99m}Tc-MIBI was significantly increased in CCCP rats ($p = 0.015$; Figure 3C).

158

159 **Discussion**

160 In summary, CCCP caused transient LV dilatation and systolic dysfunction. CCCP increased
161 glucose uptake, and decreased fatty acid uptake in the rat heart tissue and ^{99m}Tc-MIBI
162 washout rate *in vivo*.

163

164 We recently reported that the accumulation of ^{99m}Tc-MIBI signals was correlated to the
165 tetramethylrhodamine ethyl ester assay in *ex vivo* perfused rat hearts [11]. We found that
166 CCCP decreased the *in situ* ATP levels at 30 min after the injection [11], suggesting that
167 energy deficiency might cause the LV dilatation and systolic dysfunction observed in the
168 present study. This mechanism of the cardiac dysfunction is currently only speculative and
169 was not directly elucidated in the present study; however, the effects of CCCP were transient
170 according to the metabolic rate of CCCP. Dillis et al. [18] reported that hepatic ATP and co-
171 substrate levels decreased 30 min after CCCP injection and returned to normal at 60 min after
172 the injection, which is consistent with the results of the present study. ^{99m}Tc-MIBI has a high
173 affinity for the negative charges associated with membrane potentials across the
174 mitochondrial membrane, according to the Nernstian equation [19,20]. A blood clearance
175 study showed that myocellular equilibrium was reached at a $t_{1/2}$ of 2–5 min in clinical use
176 [21]. Therefore, the washout rate was increased according to the decreased membrane
177 potentials. The observed increase in ^{99m}Tc-MIBI washout rate in the present study has the

178 possibility to represent, at least partly, a decrease in mitochondrial membrane potentials and
179 dysfunction of mitochondria which support the CCCP-induced changes of the substrate
180 uptake (Figure 2) and energy deficiency [11] in the heart.

181

182 ¹⁸FDG uptake increased in the present study. Although neither the metabolic rate of glycolysis
183 nor the molecular mechanism for directly increasing ¹²³FDG uptake was examined in the
184 present study, a possible mechanism of this rapid regulation is adenosine monophosphate
185 (AMP)-activated protein kinase. An increase of the AMP to ATP ratio, i.e. energy deficiency,
186 activated AMP-activated protein kinase and enhanced glucose uptake and glycolysis [22]. By
187 contrast, the uptake of ¹²³I-9MPA decreased. ¹²³I-9MPA was rapidly metabolized to
188 iodophenyl-3-methylnonanoic acid (3MNA) by beta-oxidation, and was not further
189 metabolized [23,24]; therefore, it is generally considered to reflect fatty acid oxidation in
190 mitochondria [23,24]. Ikawa et al. reported the increased iodine-123-labelled 15-(p-
191 iodophenyl)-3-(R,S)-methylpentadecanoic acid (¹²³I-BMIPP), another tracer of fatty acids, in
192 patients with mitochondrial cardiomyopathy with the increase in ^{99m}Tc-MIBI washout ratio
193 [25]. Most of the ¹²³I-BMIPP was incorporated into the triglyceride pool, and reflects the
194 turnover of the triglyceride pool in the cytosol [26]. In patients with mitochondrial
195 cardiomyopathy, the energy production shifts from the metabolism of fatty acids to the
196 glycolytic pathway with the excess of glycerol-3-phosphate, leading to the enhanced synthesis

197 of triglycerides. Thus, in chronic mitochondrial failure, ¹²³I-BMIPP is incorporated more into
198 triglyceride-pool and remains in triglyceride pool in the cytosol [26]. Thus, decreased uptake
199 of ¹²³I-9MPA reflects the acute mitochondrial dysfunction, and increased uptake (and
200 decreased washout) of ¹²³I-BMIPP reflects the chronic mitochondrial dysfunction.

201

202 Life-long administration of low-dose chemical uncoupling 2,3-dinitrophenol to mice caused
203 no adverse effects, decreased body weight, and prolonged survival [4][27]. However, the
204 dose used in the present study caused LV dysfunction. One report showed that CCCP
205 decreased hepatic ATP production when administered to rats at a dose of 4 mg/kg with no
206 mortality, whereas a dose of 5 mg/kg resulted in 11% mortality [18]. The LD50 was found to
207 be approximately 8 mg/kg. Hence, the dose of CCCP used in this short-term experiment is
208 thought to be relatively high, indicating that high-dose CCCP is detrimental for cardiac
209 function. The next key question is to determine to what dosage and for how long uncoupling
210 would have to be increased to achieve beneficial effects due to decreased ROS production and
211 to avoid detrimental effects due to decreased ATP production and heart failure.

212

213 **Limitations**

214 The limitations of the present study include the lack of an observed dose-response and the
215 lack of a clear mechanism to explain the observed effects. Although the relationship between

216 ^{99m}Tc -MIBI accumulation and mitochondrial potential was assessed in cultured myocytes
217 [28], direct monitoring of the mitochondrial potential *in vivo* was also difficult to achieve;
218 however, further studies about serial measurements of the phosphocreatine and β ATP levels *in*
219 *vivo* would provide useful information on the energy deficiency and its recovery in this
220 model. Lack of measuring oxygen consumption rate *in vivo* is another limitation. Finally, we
221 acknowledged that this work was a subsequent series of studies using CCCP [11], although
222 the data in this work provided the insights on the changes in substrate uptake and function
223 when we used CCCP.

224

225 **Conclusions**

226 The deleterious effects on cardiac function and the changes in substrate uptake were observed
227 when administered with the protonophore at a high dose.

228 **Competing interest**

229 None declared.

230 **Founding**

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234 The founders had no the role in design, in the collection, analysis, and interpretation of data;

235 in the writing of the manuscript; and in the decision to submit the manuscript for publication.

236

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301

302 **Figure legends**

303 **Figure 1: Physiological and echocardiographic examination of CCCP-administered rats**

304 (A) Body temperature analyzed at 30 min after the CCCP injection was higher than that after
305 vehicle injection. (B) Heart rate did not differ between CCCP-administered and vehicle-
306 administered rats (Vehicle: n = 6, CCCP: n = 6). (C) Blood pressure tended to decrease in
307 CCCP-administered rats (116 ± 4 mmHg) compared to vehicle-administered rats (131 ± 3
308 mmHg). Vehicle: n = 6, CCCP: n = 6. (D) Left ventricular diastolic dimension (LVDd).
309 Vehicle: n = 6, CCCP: n = 6. (E) Left ventricular systolic dimension (LVDs). (F) Fractional
310 shortening (FS). Serial echocardiographic examination showed that both LVDs and LVDd
311 increased and FS decreased up to 60 minutes after the CCCP injection. All circles and bars
312 indicate means and SEMs respectively. *p < 0.05 versus vehicle-administered rats.

313

314 **Figure 2: The uptake of ^{18}F FDG was increased and the uptake of ^{125}I -9MPA was**

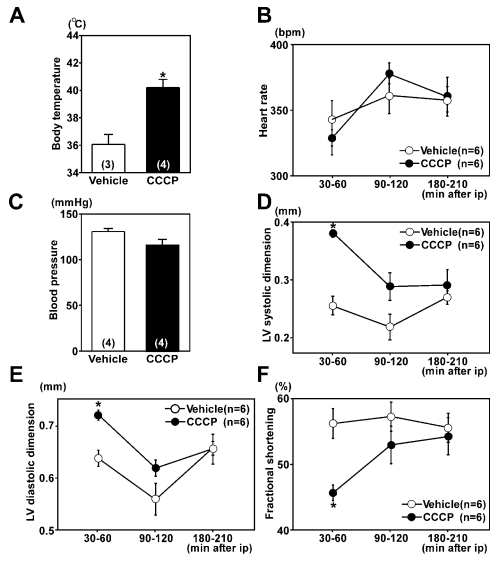
315 **decreased by CCCP.**

316 (A) A schema of the study for analyzing the extracted hearts. (B) and (C) The uptake of
317 ^{18}F FDG and ^{125}I -9MPA, respectively. All bars indicate means and SEMs. *p < 0.05 versus
318 vehicle-administered rats. n=6 in each group.

319

320 **Figure 3: $^{99\text{m}}\text{Tc}$ -MIBI washout was increased in rats administered CCCP**

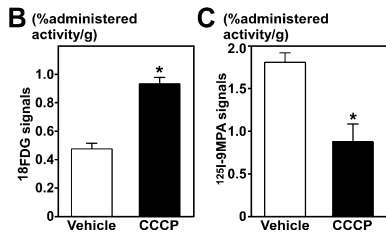
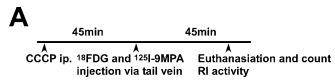
321 (A) A schema of the study for analyzing the images and extracted hearts. (B) Representative
322 *in vivo* images of ^{99m}Tc-MIBI distribution. Myocardial retention of ^{99m}Tc-MIBI was markedly
323 decreased after the CCCP injection (lower panels) compared to vehicle-administered rats
324 (upper panels). White arrowheads indicate hearts. (C) Analysis of *in vivo* images showed that
325 the ^{99m}Tc-MIBI washout rate was significantly increased in CCCP rats (Vehicle: n = 7, CCCP:
326 n = 8). WR, washout rate. All bars indicate means and SEMs. *p < 0.05 versus vehicle-
327 administered rats.
328



329

330 Figure 1

331



332

333 Figure 2

334

