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**Comparison of whole animal costs of protein synthesis among polar and temperate populations of the same species of gammarid amphipod**

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**Running head:** Costs of protein synthesis in *Gammarus oceanicus*

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**Abbreviations:**

- CHX, Cycloheximide
- FW, Fresh weight
- $\dot{M}O_2$ , Rates of oxygen uptake
- PEA,  $\beta$ -phenylethylamine
- $k_s$ , Whole-animal fractional rates of protein synthesis
- $A_s$ , Whole-animal absolute rate of protein synthesis

26 **ABSTRACT**

27 Protein synthesis can account for a substantial proportion of metabolic rate. Energetic costs of  
28 protein synthesis, should in theory, be the same in marine invertebrates from a range of  
29 thermal habitats, and yet direct measurements using inhibitors produce widely differing  
30 values, especially in the cold. The present study aimed to remove any potential confounding  
31 interspecific effects by determining costs of protein synthesis in two latitudinally separated  
32 populations of the same species (amphipod, *Gammarus oceanicus*) living in two different  
33 thermal regimes; polar vs cold-temperate. Costs of protein synthesis were determined in  
34 summer acclimatised *G. oceanicus* from Svalbard (79°N) at 5°C and from Scotland (58°N) at  
35 13°C. Amphipods were injected with the protein synthesis inhibitor, cycloheximide (CHX), at  
36 9 mmol l<sup>-1</sup> in crab saline to give a tissue concentration of 0.05 mg CHX g<sup>-1</sup> FW and left for 60  
37 min before the injection of [<sup>3</sup>H] phenylalanine. After incubation for 120 min (180 min in total  
38 from initial injection), both whole-animal rates of oxygen uptake and absolute rates protein  
39 synthesis were significantly reduced in CHX-treated amphipods vs controls injected with  
40 saline. Both populations exhibited similar costs of protein synthesis of ~7 μmol O<sub>2</sub> mg<sup>-1</sup>  
41 protein which is close to the estimated theoretical minimum for peptide bond formation, and  
42 similar to the values obtained in cell-free systems. The study demonstrates that in *G.*  
43 *oceanicus*, costs of protein synthesis rates were not elevated in the cold but were fixed among  
44 polar and cold-temperate populations.

45

46 **Keywords:** marine, crustaceans, metabolic rate, energetic costs, latitude, temperature.

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## 51 **Introduction**

52 One of the major driving forces of evolution is the growth and development of organisms in  
53 order to reach reproductive maturity and pass genetic information on to the next generation  
54 (Jobling, 2002). However, little is known about the energetic costs of growth and  
55 development, despite their important influence on life history traits (Marsh et al., 2001; Pace  
56 and Manahan, 2007). The dominant cost of growth is that of protein synthesis with costs  
57 typically within the range of 70-100  $\mu\text{mol ATP mg}^{-1}$  compared to lipids at 15-25  $\mu\text{mol ATP}$   
58  $\text{mg}^{-1}$  and glycogen at 10-12  $\mu\text{mol ATP mg}^{-1}$  (Jobling, 1985). In reality the costs of protein  
59 synthesis are even higher due to the greater degradation and turnover rates of proteins  
60 compared to either lipids or carbohydrates, but the costs of protein synthesis alone can be  
61 considerable (Reeds et al., 1985; Houlihan et al., 1995; Fraser and Rogers, 2007; Pace and  
62 Manahan, 2007). Costs of protein synthesis, for example, can account for up to half of total  
63 metabolic rate with values of 54 and 59% recently reported for haploid and diploid larvae of  
64 the temperate oyster, *Crassostrea gigas*, respectively (Lee et al., 2016). Costs have been  
65 determined experimentally in a number of marine species using a specific inhibitor to block  
66 cytosolic protein synthesis while simultaneously measuring rates of oxygen uptake (Fraser  
67 and Rogers, 2007; Bowgen et al., 2007). The resulting values vary over an unlikely range as  
68 demonstrated in polar marine invertebrates where whole-animal values differ over three  
69 orders of magnitude from 0.5  $\mu\text{mol O}_2 \text{mg}^{-1}$  in sea urchin embryos, *Sterechinus neumayeri*  
70 (Pace and Manahan, 2007), to 147.5  $\mu\text{mol O}_2 \text{mg}^{-1}$  in the adult isopod, *Glyptonotus*  
71 *antarcticus* (Whiteley et al., 1996; Table 2). Moreover, costs of protein synthesis have only  
72 been determined in a limited number of polar species, all from Antarctica (Whiteley et al.,  
73 1996; Marsh et al., 2001; Storch and Pörtner, 2003; Bowgen, et al., 2007; Pace and Manahan,  
74 2007), where marine invertebrates have a number of cold-water specialisations that may be  
75 unique to the isolated waters of the Southern Ocean (Pörtner et al., 2007).

76 Antarctic marine species living at temperatures close to  $0\pm 1^{\circ}\text{C}$  are generally  
77 characterised by slow rates of growth and development, and low protein synthesis retention  
78 efficiencies at 16-20% as opposed to an average of 52% when compared with tropical and  
79 temperate species (Peck et al., 1997; Clarke et al., 2004; Fraser et al., 2007; Peck, 2016). Low  
80 retention efficiencies are linked to the observation that proteins are unstable below  $5^{\circ}\text{C}$   
81 leading to increased rates of denaturation (Place et al., 2004; Place and Hofmann, 2005). The  
82 associated production of high levels of constitutive heat shock proteins, gene duplication  
83 events for hsp70s, and the possibility of increased ubiquitination in Antarctic invertebrates  
84 suggests considerable turnover of proteins, and hence high energetic costs (Clark and Peck,  
85 2009; Shin et al., 2012; Peck, 2016). High energetic costs of protein synthesis have been  
86 observed in the giant Antarctic isopod, *G. antarcticus* (Whiteley et al., 1996), which was  
87 attributed to the theory that costs consist of two components: one that is fixed and  
88 independent of synthesis rate and one that is variable but dependent on synthesis rate  
89 (Pannevis and Houlihan, 1992). It was argued that the fixed cost dominates at low rates of  
90 synthesis and protein is proportionately more energetically expensive to synthesise (Pannevis  
91 and Houlihan, 1992; Smith and Houlihan, 1995; Whiteley et al., 1996; Pedersen, 1997).  
92 Subsequent experiments, however, have failed to show any differences in protein synthesis  
93 costs with change in protein synthesis rate in Antarctic species suggesting that all costs are  
94 fixed (Bowgen et al., 2007; Pace and Manahan, 2007). In addition, considerably low costs of  
95 protein synthesis have been observed in one Antarctic species during development. In  
96 embryos and larvae of the sea urchin, *S. neumayeri*, low costs of protein synthesis were  
97 thought to ensure high rates of protein synthesis despite low rates of metabolism permitting  
98 comparable rates of protein turnover and development to temperate sea urchins at  $15^{\circ}\text{C}$  (Pace  
99 and Manahan, 2007). More recently it has been shown that whole-animal costs of protein  
100 synthesis in *C. gigas* larvae are fixed across genotypes, growth rates and the temperatures to

101 which the oysters were acclimated (Lee et al., 2016). Storch and Pörtner (2003), have also  
102 shown that costs of protein synthesis do not vary between the Antarctic and the temperate  
103 scallop *Adamussium colbecki* and *Aequipecten opercularis* when measurements are carried  
104 out *in vitro* in cell free systems. Clearly further measurements are required to more fully  
105 understand the protein synthesis strategies used by marine invertebrates in the cold.

106         Such wide ranging differences in the costs of protein synthesis have previously been  
107 discussed in terms of differences in thermal habitat, developmental stage and differences in  
108 the inhibitor methodology (Storch and Pörtner 2003; Bowgen et al., 2007; Pace and Manahan,  
109 2007; Fraser and Rogers 2007; Whiteley and Fraser, 2009), in addition to the rates of  
110 synthesis shown by the species concerned (Pannevis and Houlihan, 1992; Whiteley et al.,  
111 1996). In order to further our understanding of the effect of thermal habitat on costs of protein  
112 synthesis, an alternative approach was taken in the present study by examining marine  
113 invertebrates in the Arctic where polar species are less isolated and there is an opportunity to  
114 make comparisons with populations of the same species occupying warmer habitats further  
115 south. Such intraspecific comparisons avoid the confounding effects associated with  
116 differences in life-style and phylogeny (Whiteley et al., 2011). Previous work on marine  
117 gammarid amphipods distributed along the coasts of Western Europe have investigated  
118 whole-animal rates of oxygen uptake and of protein synthesis in species and populations with  
119 known phylogeny (Rastrick and Whiteley, 2011; 2013; Whiteley et al., 2011). The purpose  
120 here was to investigate whether a gammarid amphipod species, *Gammarus oceanicus*,  
121 distributed in the low intertidal along the coasts of Western Europe from Scotland to the  
122 western coast of Svalbard above the Arctic Circle, exhibits higher costs of protein synthesis in  
123 the cold (Whiteley et al., 1996; Whiteley et al., 2011). Two populations were investigated:  
124 polar (Svalbard 79°N) and cold-temperate (Scotland 58°N) where individuals experience  
125 differing habitat temperatures from restricted thermal regimes at temperatures close to

126 freezing in the north (summer temperatures = 1.5-6°C) to more eurythermal temperatures in  
127 the south (summer temperatures 5-13°C) (Rastrick and Whiteley, 2013). As *G. oceanicus* has  
128 a relatively recent history on Svalbard, having migrated north after surviving in southern  
129 refugia during the last glacial maxima, and as there is little evidence for local adaptation  
130 among populations (Costa et al., 2009), this cold eurythermal species was used to study the  
131 effects of a reduction in habitat temperature on costs of protein synthesis as opposed to the  
132 adaptive responses shown by cold stenothermal species living in the permanently cold waters  
133 of the Southern Ocean.

134

### 135 **Materials and methods**

#### 136 *Determination of energetic costs of protein synthesis - experimental*

137 *G. oceanicus* (Segerstråle, 1947) were collected from the low intertidal at two latitudes to  
138 represent populations living in a polar and a cold-temperate regime. Individuals from the  
139 polar population of *G. oceanicus* were collected from Ny-Ålesund, Svalbard (78.92°N-  
140 11.92°E) at a habitat temperature of 5°C. Individuals from the cold-temperate population were  
141 collected from the Isle of Skye, Scotland (57.66°N-5.33°W) at a habitat temperature of 13°C.  
142 All collections were made between July and August 2008. Species were identified according  
143 to morphological characteristics detailed by Lincoln (1979). Specifically, the length of the  
144 inner and outer ramus on the peduncle of the third uropod was examined under a hand lens on  
145 the shore before further inspection under a microscope on return to the laboratory. Taxonomic  
146 clarification of the occurrence of *G. oceanicus* at both sites has previously been performed by  
147 DNA barcoding using individuals from the same populations (Costa et al., 2009). In addition,  
148 *G. oceanicus*, occupies distinct areas of the shore (lower intertidal) occupied by *G. locusta*  
149 further south but not at the two sites used in this study (Costa et al., 2009; Rock et al., 2009).  
150 Amphipods were returned to Bangor University, North Wales, within 24 h of collection.

151 During transit amphipods were maintained between sheets of damp filter paper at the  
152 temperature of capture. After transit, amphipods from each population were maintained in  
153 tanks (vol = 6 L) of fully aerated seawater at a salinity of 33, in a 12L:12D light regime and at  
154 their respective capture temperatures of either 5 or 13°C. All animals were fed *ad libitum* on  
155 algal flakes (TetraVeg®, Tetra GmbH, Germany), but were not fed for 24 h before  
156 experimentation. Costs of protein synthesis were determined within 7 days of capture.

157 For the determination of energetic costs of protein synthesis, individual *G. oceanicus*  
158 from the Svalbard (mean body mass =  $0.27 \pm 0.04$  g) and Scotland (mean body mass =  
159  $0.08 \pm 0.01$  g) were placed into individual stop-flow respirometers and allowed to settle for 4 h  
160 in order to determine resting  $\dot{M}O_2$  after Rastrick and Whiteley (2011). A flow of aerated sea  
161 water at the respective acclimatisation temperature was maintained to each of the  
162 respirometers. After 4 h, the flow to each respirometer was stopped for 30 min to determine  
163 baseline resting rates of oxygen uptake as described by Rastrick and Whiteley (2011).  
164 Following this each individual amphipod was carefully removed from its respirometer and  
165 injected with 2  $\mu$ l 100 mg<sup>-1</sup> FW of crab saline (Pantin, 1934) containing 9 mmoles l<sup>-1</sup> CHX at  
166 to give a tissue concentration of 0.05 mg CHX g<sup>-1</sup> FW. Injections were made directly into the  
167 haemolymph via the bulbus arteriosus of the heart using a micro-droplet manipulation system  
168 (Rastrick and Whiteley (2013). The concentration of 0.05 mg CHX g<sup>-1</sup> FW was chosen after  
169 preliminary investigations on a closely related amphipod species (*Echinogammarus marinus*)  
170 demonstrated that this was the minimum dose to cause a significant decrease in whole animal  
171 rates of oxygen uptake ( $\dot{M}O_2$ ) for up to 180 min post-CHX injection when compared with  
172 amphipods injected with saline (Rastrick, 2010). In these preliminary experiments, rates of  
173 oxygen uptake were used as a proxy for protein synthesis rates as both show a similar trend  
174 after addition of the inhibitor in previous studies (Bowgen et al., 2007; Pace and Manahan  
175 2007). In addition, a separate group of *G. oceanicus* from Svalbard (mean body mass =



176 0.31±0.03 g) and Scotland (mean body mass = 0.06±0.01 g) were injected with crab saline to  
177 act as controls. After injection, individuals were returned to their respective respirometers  
178 and left in flow-through recirculated seawater at the appropriate temperature for 60 min.

179       Following the initial 60 min incubation period post CHX or saline injection, individual  
180 amphipods were carefully removed from the respirometers and injected with 2 µl 50 mg<sup>-1</sup> FW  
181 of crab saline containing 150 mmol l<sup>-1</sup> of unlabelled L- phenylalanine and 3.7 MBq ml<sup>-1</sup> of L-  
182 [2,3,4,5,6-<sup>3</sup>H] phenylalanine (G. E. Healthcare, Specific Activity 4.37 TBq mmol<sup>-1</sup>) for the  
183 determination of protein synthesis rates using the flooding dose method (Garlick et al., 1980;  
184 modified by Rastrick and Whiteley, 2013). Previous validation of the flooding-dose technique  
185 in *G. oceanicus* from Svalbard at 5°C and Scotland at 13°C established that this dose ensured  
186 a rapid equilibration of the radiolabel into the free pools and rapid linear incorporation into  
187 proteins over an incubation time of 120 min (Rastrick and Whiteley, 2013). In addition,  
188 specific activities of the radiolabel remained stable over the 120 min incubation time at both 5  
189 and 13°C (Rastrick and Whiteley, 2013). Therefore, amphipods in the present study were  
190 returned to their respirometers for a further 120 min to allow for the incorporation of [<sup>3</sup>H]  
191 phenylalanine into proteins. All amphipods were then sacrificed, frozen in liquid nitrogen and  
192 stored at -80°C for the analysis of protein synthesis rates. As the protein synthesis technique is  
193 terminal, rate of synthesis were only determined after the 120 min [<sup>3</sup>H] phenylalanine  
194 incorporation period incubation period.  $\dot{M}O_2$ , however, was determined 30 and 60 min after  
195 CHX injection and then subsequently 60 and 120 min after [<sup>3</sup>H] phenylalanine injection.  
196 Simultaneous measurements of rates of oxygen uptake and protein synthesis were only taken  
197 at the end of the experiment, 180 min after CHX/saline injection and 120 min after [<sup>3</sup>H]  
198 phenylalanine injection when CHX was still shown to significantly reduce  $\dot{M}O_2$  in  
199 preliminary experiments (Rastrick, 2010).

200

201 *Determination of rates of oxygen uptake*

202 Rates of oxygen uptake were determined as described by Rastrick and Whiteley (2011) using  
203 stop-flow respirometry (chamber vol = 14 ml) and an OxySense®101 Non-invasive Oxygen  
204 Analyzer System (OxySense® Inc., Dallas, Texas, USA). Whole animal rates of oxygen  
205 uptake were calculated as the difference in oxygen partial pressure ( $PO_2$ ) before and after the  
206 stop flow period in minutes multiplied by the solubility coefficient for oxygen, adjusted for  
207 salinity and temperature (Harvey 1955), and the volume of water within each respirometer in  
208 ml. Whole animal values for  $\dot{M}O_2$  in  $\mu\text{l O}_2 \cdot \text{h}^{-1}$  were converted into STDP and expressed as  
209  $\text{nmol O}_2 \cdot \text{animal}^{-1} \cdot \text{h}^{-1}$ .

210

211 *Determination of energetic costs of protein synthesis – analysis*

212 Whole animal fractional rates of protein synthesis ( $k_s$ ) were analysed by first grinding the  
213 samples under liquid nitrogen and precipitating the protein fraction in ice-cold 2% perchloric  
214 acid (PCA). After centrifugation the resulting supernatant (free-pool fraction) was stored at -  
215  $20^\circ\text{C}$  and the protein bound-fraction was washed twice in 2% PCA and solubilised in 0.3 N  
216 NaOH for 1 hour at  $37^\circ\text{C}$ . The alkali-soluble protein was determined from 20  $\mu\text{l}$  sub-samples  
217 using a modified Lowry method (Peterson, 1977). The remaining protein was precipitated by  
218 addition of 12% PCA and hydrolysed in 6 N HCl at  $110^\circ\text{C}$  for 24h, before being re-suspended  
219 in citrate buffer (pH=6.3). Phenylalanine levels were determined in both the free-pools and  
220 the protein-bound fractions by enzymatic conversion to  $\beta$ -phenylethylamine (PEA) using  
221 tyrosine decarboxylase (Worthington Biochemical Corporation, Lakewood, USA) and  
222 extraction through heptane into 0.01 N sulphuric acid (Garlick et al., 1980; McCarthy and  
223 Fuiman, 2011). PEA levels were measured fluorometrically (Victor<sup>2TM</sup> Multilabel Counter,  
224 Perkin Elmer, Massachusetts, USA) using various dilutions of  $150 \text{ nmole ml}^{-1}$  PEA as  
225 standards. The specific radioactivities of phenylalanine in the intracellular free-pool and

226 protein-bound fractions were determined by liquid scintillation (Wallac WinSpectral™, 1414  
227 Liquid scintillation counter) and Optiphase 'HiSafe' scintillant at a counting efficiency of  
228 37%. Whole-animal fractional rates of protein synthesis ( $k_s$ ) were calculated using the  
229 equation (Garlick et al., 1983):

$$230 \quad k_s = S_b / S_a \times 24 / t \times 100$$

231 where  $k_s$  = percentage protein mass synthesised per day (% day<sup>-1</sup>);  $S_a$  = specific radioactivity of  
232 phenylalanine in the intracellular free-pools (dpm nmol<sup>-1</sup>);  $S_b$  = specific radioactivity of  
233 phenylalanine bound to protein (dpm nmol<sup>-1</sup>);  $t$  = incubation time in hours. Absolute rates of  
234 protein synthesis ( $A_s$ ) were expressed as mg of protein synthesised day<sup>-1</sup> and calculated for  
235 each sample by using the following equation:

$$236 \quad A_s = k_s / 100 \times \text{total protein content of each amphipod}$$

237 As wet body mass was significantly higher in the northern population of *G. oceanicus*  
238 (t-test,  $t=8.5$ ,  $P < 0.001$ ), all  $\dot{M}O_2$  data were standardised for a fresh mass of 1g using a weight  
239 exponent of 0.62 specifically determined for gammarid amphipods (Rastrick and Whiteley,  
240 2011). Absolute rates of protein synthesis were scaled using a weight exponent of -0.2  
241 (Houlihan et al., 1990). Whole animal energetic costs of protein synthesis ( $\mu\text{mol O}_2 \text{ mg}^{-1}$   
242 protein) were calculated for the polar and cold-temperate populations of *G. oceanicus* using a  
243 modification of the equation from Bowgen et al. (2007):

244

$$245 \quad \text{Costs of protein synthesis} = (\dot{M}O_2^{\text{Saline}} - \dot{M}O_2^{\text{CHX}}) / (A_s^{\text{Saline}} - A_s^{\text{CHX}})$$

246

247 Where  $\dot{M}O_2^{\text{Saline}}$  is the whole-animal rate of oxygen uptake in the control amphipods and  
248  $\dot{M}O_2^{\text{CHX}}$  is the whole-animal rate of oxygen uptake in the amphipods injected with  
249 cycloheximide. The difference between the two represents cycloheximide-sensitive rates of  
250 oxygen uptake.  $A_s^{\text{Saline}}$  is the mean absolute rate of protein synthesis of the control amphipods

251 (mg protein animal<sup>-1</sup> day<sup>-1</sup>) and  $A_s^{CHX}$  is the absolute rate of synthesis of amphipods injected  
252 with cycloheximide. Costs of protein synthesis were expressed as  $\mu\text{mol O}_2 \text{ mg protein}^{-1}$  and as  
253  $\mu\text{mol ATP mg protein}^{-1}$ , assuming that one mole of oxygen is equivalent to 6 moles of ATP  
254 (Reeds et al., 1985; Houlihan et al., 1995).

255

### 256 *Statistical analysis*

257 All data were tested for normality using Kolmogorov-Smirnov tests and the Levene's test for  
258 homogeneity of variances. Variations in mass adjusted  $\dot{M}O_2$  across the incubation period  
259 between the control (Saline) and CHX-injected animals for both populations were tested using  
260 a repeated measures general linear mixed model (GLMM). Further comparisons of mass  
261 adjusted  $\dot{M}O_2$  between control and CHX-injected animals at specific time points were  
262 analysed by F-tests based on pairwise comparisons generated from the estimated marginal  
263 means of the GLMM. At 180 min post CHX/saline injection all whole-animal  $K_s$ ,  $A_s$  and  $\dot{M}O_2$   
264 data used for determining costs of protein synthesis in *G. oceanicus* were parametric. Means  
265 between control and treatment groups at this time point were compared using independent  
266 samples t-tests. All statistical analyses were performed using SPSS software (SPSS INC.,  
267 Chicago, IL, USA). All values are means  $\pm$  SEM with the number of observations in  
268 parentheses.

269

## 270 **Results**

### 271 *Changes in $\dot{M}O_2$ during incubation in response to CHX*

272 Rates of oxygen uptake (adjusted to a 1 mg individual) in control and CHX-injected *G.*  
273 *oceanicus* from Svalbard and Scotland are given in Figure 1. Injection of 0.05 mg g<sup>-1</sup> FW of  
274 CHX significantly decreased  $\dot{M}O_2$  across the incubation compared to saline injected animals  
275 in both populations ( $F_{45,4} = 2.664$ ,  $P < 0.05$ ). This CHX induced responses in  $\dot{M}O_2$  across the

276 incubation period was also not significantly different between the polar and cold-temperate  
277 populations ( $F_{29,9} = 0.674$ ,  $P=0.725$ ). 30 min after CHX injection mass adjusted  $\dot{M}O_2$  was 28%  
278 lower in polar animals ( $P<0.05$ ) and 23% lower in cold temperate animals ( $P<0.05$ ) compared  
279 to saline controls. In the polar population, mass adjusted  $\dot{M}O_2$  in CHX-injected animals  
280 remand significantly reduced compared to saline controls at 60 min (34% reduction,  $P=0.01$ )  
281 120 min (22% reduction,  $P=0.05$ ) and 180 min (25% reduction,  $P=0.001$ ). In the cold-  
282 temperate population, mass adjusted  $\dot{M}O_2$  in CHX-injected animals remand significantly  
283 reduced compared to saline controls at 60 min (23% reduction,  $P=0.001$ ) 120 min (32%  
284 reduction,  $P=0.05$ ) and 180 min (26% reduction,  $P=0.001$ ).

285

#### 286 *Energetic costs of protein synthesis*

287 After 180 min incubation at a CHX dose of  $0.05 \text{ mg g}^{-1} \text{ FW}$ , mean whole-animal  $\dot{M}O_2$  and  
288 whole-animal absolute rates of protein synthesis ( $A_s$ ) used to estimate energetic costs of  
289 protein synthesis, as well as, whole-animal fractional rates of protein synthesis ( $k_s$ ) were  
290 significantly lower than controls in *G. oceanicus* from Svalbard and from Scotland (Table 1).  
291 In the polar population, whole-animal  $\dot{M}O_2$  was 25% lower in the amphipods injected with  
292 CHX versus controls (t-test  $P<0.05$ ), and in the cold-temperate population  $\dot{M}O_2$  was 26%  
293 lower (t-test  $P<0.01$ ). Cycloheximide inhibited mean whole-animal  $A_s$  by 91% in the polar  
294 population and by 89% in the cold-temperate population (t-test,  $P<0.05$ ). Energetic costs of  
295 protein synthesis were relatively low in both populations of *G. oceanicus* at around  $7 \mu\text{mol } O_2$   
296  $\text{mg protein}^{-1}$  (Table 1), and not significantly different (t-test,  $P=0.89$ ). Costs of protein  
297 synthesis expressed as ATP equivalents were  $40.4 \pm 5.7(7) \mu\text{mol ATP mg protein}^{-1}$  in the polar  
298 population at  $5^\circ\text{C}$ , and  $42.1 \pm 12.4(8) \mu\text{mol ATP mg protein}^{-1}$  in the temperate population at  
299  $13^\circ\text{C}$ .

300

301 **Discussion**

302 In the present study, comparison of costs of protein synthesis in natural populations of the  
303 same species, acclimatised to different thermal regimes, has resulted in two key observations:  
304 (a) costs of synthesising proteins in *G. oceanicus* were relatively low at at  $\sim 7 \mu\text{mol O}_2 \text{ mg}^{-1}$ ;  
305 and (b) costs were the same in both polar and temperate populations. The energetic costs of  
306 protein synthesis measured in *G. oceanicus* are comparable to the minimum costs associated  
307 with peptide bond formation derived from theoretical estimates by Reeds et al. (1985) at  $8.3$   
308  $\mu\text{mol O}_2 \text{ mg}^{-1}$ , and the values measured in cell free systems by Storch and Pörtner (2003) at  $7$   
309 and  $9 \mu\text{mol O}_2 \text{ mg}^{-1}$ . In cell-free systems, the inhibitor-based methodology should only  
310 measure the costs associated with specific peptide bonds as transport costs and protein  
311 deposition are not involved (Pannevis and Houlihan, 1992). In addition, cycloheximide  
312 inhibits protein synthesis by interfering with translational elongation and therefore the  
313 formation of peptide bonds, but secondary effects can lead to an overestimation of costs  
314 (Wieser and Krumschnabel, 2001; Bowgen et al., 2007). In whole-animals, costs of protein  
315 synthesis are generally considered to exceed the costs of peptide bond formation due to the  
316 additional costs associated with protein and RNA turnover, protein deposition, amino acid  
317 transport and metabolic regulation (Waterlow and Millward, 1989; Wieser and  
318 Krumschnabel, 2001; Storch and Pörtner, 2003). Indeed, the costs reported here for *G.*  
319 *oceanicus* were lower than the costs summarised in Table 2 for two Antarctic species: the  
320 Antarctic limpet *Nacella concinna* (Bowgen et al., 2007); and the giant Antarctic isopod,  
321 *Glyptonotus antarcticus* (Whiteley et al., 1996); and for three temperate species: the isopod  
322 crustaceans *Idotea rescata* and *Ligia oceanicus* (Whiteley et al., 1996); and the sea urchin,  
323 *Lytechinus pictus* (Pace and Manahan, 2006). The costs in *G. oceanicus*, however, were  
324 considerably higher than those reported during early life stages of the Antarctic echinoderm

325 *Sterechinus neumayeri* (embryos and larvae) (Table 2; Pace and Manahan, 2007), and the  
326 larvae of the temperate species, *C. gigas* and *S. purpuratus* (Pan et al., 2015; Lee et al., 2016).

327         The similarity between energetic costs of protein synthesis and the values observed in  
328 cell-free systems, and the theoretical minimum indicate that theoretical estimates are either  
329 over estimates for *G. oceanicus* acclimatised to summer conditions, and/or that any non-  
330 specific effects of cycloheximide were minimised. It is possible that the estimated minimum  
331 costs of protein synthesis vary among species as this value is based on many assumptions  
332 leading to potential sources of error (Reeds et al., 1985). Minimal costs of protein synthesis  
333 are typically taken as 4 ATP (2ATP and 2GTP) equivalents per peptide bond (Reeds et al.,  
334 1985; Fraser and Rogers, 2007), but this is based on a mean peptide molecular weight of 110  
335 and the assumption that 6 mmol ATP is synthesised per mmol O<sub>2</sub> (Reeds et al., 1985;  
336 Houlihan et al., 1995). Differences in amino acid composition and average molecular weight,  
337 for example, could alter the theoretical minimum costs as demonstrated by Pace and Manahan  
338 (2007). Variations in cellular conditions might also influence energy availability from ATP  
339 causing further variation in theoretical costs among species. In addition, species can show  
340 differing responses to the reduction of ATP production, with a considerable down-regulation  
341 of protein synthesis in hepatocytes from anoxia-sensitive trout vs maintenance of protein  
342 synthesis capacity in anoxia-tolerant goldfish (Wieser and Krumschnabel, 2001). The  
343 physiology of the species under examination is therefore important. As cycloheximide has a  
344 direct effect on translation, it is unlikely to affect any of the associated costs, although  
345 interference with other processes, such as RNA synthesis has been demonstrated in cell  
346 cultures (McMahon 1975). Given the low costs of synthesis reported here it is unlikely that  
347 cycloheximide at the present dose influenced vital cell processes other than translation. *G.*  
348 *oceanicus* has a relatively brief history at Arctic latitudes, and is normally referred to as a  
349 subarctic species as it occupies habitats subject to warming where it is increasing in

350 abundance (Węslawski, et al., 2010). On the west coast of Svalbard, however, this species  
351 experiences habitat temperatures of  $<6^{\circ}\text{C}$  (mean winter temperature =  $1^{\circ}\text{C}$ , and mean summer  
352 temperature =  $3^{\circ}\text{C}$ ). At these temperatures it shows physiological similarities to Antarctic  
353 benthic marine invertebrates as acclimatised whole-animal rates of metabolism and protein  
354 synthesis are relatively low and remain uncompensated despite the cold (Rastrick and  
355 Whiteley 2011; 2013). Further clarification on the relationship between costs of synthesis and  
356 turnover with thermal experiences, however, is required by conducting experiments under  
357 controlled conditions of temperature and food availability.

358         The discrepancy between the relatively low costs of protein synthesis determined here  
359 in *G. oceanicus* and the values reported in some other marine species in Table 2 could also be  
360 explained by differences in inhibitor concentration and incubation times (Fraser and Rogers,  
361 2007; Bowgen et al., 2007). Bowgen et al. (2007), for example, demonstrated a weak but  
362 significant positive correlation between costs of protein synthesis and inhibitor concentration  
363 in their analysis of the inhibitor technique with higher concentrations associated with higher  
364 costs. The current study used a cycloheximide concentration of  $0.05\text{ mg g}^{-1}\text{ FW}$  which is 100  
365 times lower than that used to estimate costs in two isopod species by Whiteley et al. (1996)  
366 (Table 2). The higher dose of  $5\text{ mg g}^{-1}\text{ FW}$  administered to the Antarctic isopod, *Glyptonotus*  
367 *antarcticus*, and the temperate isopod, *Idotea rescata* probably caused secondary effects,  
368 inhibiting a wide range of metabolic processes, including RNA synthesis, leading to an over  
369 estimation of protein synthesis costs (Ellis and MacDonald, 1970; McMahon, 1975; Fraser  
370 and Rogers, 2007). It is also possible that variations in incubation times can contribute to  
371 variations in protein synthesis costs among studies. Timing between the first and the second  
372 cycloheximide injections range from 7 h in *N. concinna*, giving a total incubation time of 9 h  
373 (Bowgen et al., 2007) to 2 min in the isopod, *G. antarcticus*, resulting in a total incubation  
374 time of 2 h (Whiteley et al., 1996). In the current study, *G. oceanicus* acclimatised at 5 and



375 13°C were left for 180 min after cycloheximide injection which was a compromise between  
376 allowing the inhibitor to have an effect, avoiding any handling effects on  $\dot{M}O_2$  and  
377 incorporating the validated incubation time of 120 min required for the protein synthesis  
378 measurements. At a CHX concentration of 0.05 mg g<sup>-1</sup> FW, whole-animal  $\dot{M}O_2$  and  $A_s$  in *G.*  
379 *oceanicus* were significantly lower than the values in controls after 180 min, which is a key  
380 requirement for the success of the inhibitor technique (Bowgen et al., 2007).

381         The similarity in protein synthesis costs between populations of polar and cold-  
382 temperate populations of *G. oceanicus* supports the argument that costs of protein synthesis  
383 are fixed and are not influenced by thermal habitat (Bowgen et al., 2007; Pace and Manahan  
384 2006; 2007; Lee et al., 2016). Moreover, costs were the same regardless of a nearly 8-fold  
385 difference in fractional protein synthesis rates previously determined in acclimatised *G.*  
386 *oceanicus* from the same populations (Rastrick and Whiteley, 2013). Consequently, there was  
387 no evidence of the involvement of a fixed vs a variable component in protein synthesis costs  
388 in *G. oceanicus*, matching observations in both the temperate (*L. pictus*) and Antarctic sea  
389 urchin *S. neumayeri* during development where costs remained the same despite considerable  
390 increases in protein synthesis rates (Pace and Manahan, 2006; 2007). Similar responses have  
391 also been reported in the Antarctic limpet, *N. concinna*, where costs remained the same even  
392 though protein synthesis rates varied significantly between 0.91 mg protein day<sup>-1</sup> at 0°C and  
393 1.16 mg protein day<sup>-1</sup> at 3°C (Bowgen et al., 2007), and the lack of any seasonal differences in  
394 costs in the same species despite a 10-fold decrease in food consumption and an associated  
395 decrease in protein synthesis during the winter (Fraser et al., 2002). Collectively, these studies  
396 show that costs of protein synthesis are independent of rates of synthesis (Pace and Manahan,  
397 2006; Bowgen et al., 2007).

398

399 *Conclusion*

400 Costs of protein synthesis in a marine amphipod species, *G. oceanicus*, were relatively low  
401 when compared with most whole-animal costs determined to date using the inhibitor method,  
402 but similar to the estimated theoretical minimum for peptide bond formation. Amphipods  
403 from both polar and cold-temperate populations shared a common cost of synthesising  
404 proteins despite differences in habitat temperatures and acclimatised fractional rates of protein  
405 synthesis. The relatively low costs of synthesis measured in acclimatised *G. oceanicus* are  
406 likely to be related to reductions in non-specific effects of the inhibitor which was  
407 administered at concentrations that were 100 fold lower than those previously used in  
408 crustaceans. Further experiments are required on a broader range of cold-water species to  
409 increase our understanding of the influence of cold temperatures on the costs of protein  
410 turnover in marine invertebrates.

411

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418

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528 Table 1. Effect of saline and cycloheximide on whole-animal rates of oxygen uptake ( $\dot{M}O_2$ ) as  
 529 well as absolute ( $A_s$ ) and fractional ( $k_s$ ) rates of protein synthesis in a polar ( $n = 7$ ) and  
 530 temperate ( $n = 8$ ) population of *G. oceanicus*. Costs of protein synthesis were calculated as  
 531 described in the text. All values are means  $\pm$  SEM. Any statistical differences between groups  
 532 are represented by: \* =  $P < 0.05$ ; \*\* =  $P < 0.01$  (independent sample t-test).

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Latitude	Temperature	Variable (whole-animal)	Saline	[Cycloheximide] (0.05 mg g <sup>-1</sup> FW)	Costs ( $\mu\text{mol O}_2 \text{ mg}^{-1}$ protein)
79°N	5°C	$\dot{M}O_2$ ( $\mu\text{mol O}_2 \cdot \text{individual}^{-1} \cdot \text{day}^{-1}$ )	36.89 $\pm$ 1.87	27.79 $\pm$ 1.28*	6.74 $\pm$ 0.94
79°N	5°C	$A_s$ (mg protein. individual <sup>-1</sup> . day <sup>-1</sup> )	1.48 $\pm$ 0.45	0.13 $\pm$ 0.02*	
79°N	5°C	$k_s$ (% protein. individual <sup>-1</sup> . day <sup>-1</sup> )	1.93 $\pm$ 0.62	0.19 $\pm$ 0.03*	
58°N	13°C	$\dot{M}O_2$ ( $\mu\text{mol O}_2 \cdot \text{individual}^{-1} \cdot \text{day}^{-1}$ )	33.93 $\pm$ 1.07	24.99 $\pm$ 1.80**	7.01 $\pm$ 1.87
58°N	13°C	$A_s$ (mg protein. individual <sup>-1</sup> . day <sup>-1</sup> )	1.50 $\pm$ 0.59	0.17 $\pm$ 0.06*	
58°N	13°C	$k_s$ (% protein. individual <sup>-1</sup> . day <sup>-1</sup> )	2.23 $\pm$ 0.01	0.19 $\pm$ 0.01*	

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535 Table 2. Summary of the energetic costs of protein synthesis measured to date in marine invertebrates using the inhibitor methodology. For the  
 536 experiments using cycloheximide (CHX), the inhibitor was injected into the circulation. For the remainder, the inhibitor was added to the  
 537 bathing solution. Costs marked with an asterisk represent values converted from energy equivalents in J mg<sup>-1</sup> into μmol O<sub>2</sub> mg<sup>-1</sup> using 484 kJ =  
 538 mol<sup>-1</sup> O<sub>2</sub> from Gnaiger (1983) based on oxyenthalpic values of lipids and proteins (Pace and Manahan, 2006). Mean values given ± SEM .  
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Species	Life cycle	Inhibitor	Climate	Temp (°C)	Costs μmol O <sub>2</sub> mg <sup>-1</sup> protein	Inhibitor concentration	Reference
<b>Molluscs</b>							
<i>Nacella concinna</i>	Adult	CHX	Antarctic	0 - 3	13.95±0.77	8.4x10 <sup>-3</sup> mg g <sup>-1</sup> FW	Bowgen et al., 2007
<i>Adamussium colbecki</i>	Adult (Cell free system)	RNasin ribonuclease	Antarctic	0 (assay 15)	7.00	3.33 units μl <sup>-1</sup> gill lysate	Storch and Pörtner, 2003
<i>Aequipecten opercularis</i>	Adult (Cell free system)	RNasin ribonuclease	Temperate	10 (assay 25)	9.00	3.33 units μl <sup>-1</sup> gill lysate	Storch and Pörtner, 2003
<i>Crassostrea gigas</i>	Larvae	Emetine	Temperate	20 & 25	4.38±0.42*	25 μmol l <sup>-1</sup> sea water	Lee et al., 2016
<b>Echinoderms</b>							
<i>Lytechinus pictus</i>	Embryos/ Larvae	Emetine	Temperate	15	16-21*	100-150 μmol l <sup>-1</sup> seawater	Pace and Manahan, 2006
<i>Strongylocentrotus purpuratus</i>	Embryos/ Larvae	Emetine	Temperate	15	4.96±0.43*	100 μmol l <sup>-1</sup> sea water	Pan et al., 2015
<i>Sterechinus neumayeri</i>	Embryos (Blastulae)	Anisomycin	Antarctic	-1.0	0.50±0.06*	5-100 μmol l <sup>-1</sup> seawater	Pace and Manahan, 2007
<i>Sterechinus neumayeri</i>	Embryos (Gastrulae)	Anisomycin	Antarctic	-1.0	1.32±0.10*	5-100 μmol l <sup>-1</sup> seawater	Pace and Manahan, 2007
<b>Crustaceans</b>							
<i>Idotea rescata</i>	Adult	CHX	Temperate	4	39.50	5 mg g <sup>-1</sup> FW	Whiteley et al., 1996
<i>Ligia oceanica</i>	Adult	CHX	Temperate	5	44.00	5 mg g <sup>-1</sup> FW	Faulkner, 2002
<i>Gammarus oceanicus</i>	Adult	CHX	Temperate	13	7.01±1.87	0.05 mg g <sup>-1</sup> FW	This study
<i>Gammarus oceanicus</i>	Adult	CHX	Subarctic	5	6.74±0.94	0.05 mg g <sup>-1</sup> FW	This study
<i>Glyptonotus antarcticus</i>	Adult	CHX	Antarctic	0	147.50	5 mg g <sup>-1</sup> FW	Whiteley et al., 1996

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547 **Figure legends**

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549 Figure 1. Rates of oxygen uptake ( $\dot{M}O_2$ ), adjusted for an individual body mass of 1 mg, in *G.*  
550 *oceanicus* injected with either saline (controls, closed circles) or cycloheximide (open circles)  
551 at a dose of 2  $\mu$ l 100 mg<sup>-1</sup> FW of 9 mmol l<sup>-1</sup> CHX in crab saline to give a tissue concentration  
552 of 0.05 mg g<sup>-1</sup> FW.  $\dot{M}O_2$  values are given for *G. oceanicus* from both populations: Svalbard at  
553 79°N and an acclimatisation temperature of 5°C, and Scotland at 58°N and an acclimatisation  
554 temperature of 13°C. Resting values refer to  $\dot{M}O_2$  measured pre-CHX injection. All values are  
555 means  $\pm$  SEM (at 79°N, saline n=7, 0.05 mg CHX g<sup>-1</sup> FW n=7; at 58°N, saline n=8, 0.05 mg  
556 CHX g<sup>-1</sup> FW n=8). Any statistical differences between groups are represented by: \*=  $P < 0.05$ ,  
557 \*\*=  $P < 0.01$ , \*\*\*=  $P < 0.001$  (F-test).

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