



Systematic review

Diagnostic accuracy of leptospirosis whole-cell lateral flow assays: a systematic review and meta-analysis[☆]M.J. Maze^{1,2,3,*}, K.J. Sharples⁴, K.J. Allan⁵, M.P. Rubach^{3,6,7}, J.A. Crump^{1,3,6,7}¹ Centre for International Health, University of Otago, New Zealand² Department of Medicine, University of Otago, Christchurch, New Zealand³ Kilimanjaro Christian Medical Centre, Moshi, Tanzania⁴ Department of Mathematics and Statistics, University of Otago, Dunedin, New Zealand⁵ Boyd Orr Centre for Population and Ecosystem Health, Institute of Biodiversity, Animal Health and Comparative Medicine, University of Glasgow, Glasgow, United Kingdom⁶ Division of Infectious Diseases, Duke University Medical Center, Durham, NC, United States of America⁷ Duke Global Health Institute, Duke University, Durham, NC, United States of America

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ABSTRACT

Background: Leptospirosis is under-diagnosed by clinicians in many high-incidence countries, because reference diagnostic tests are largely unavailable. Lateral flow assays (LFA) that use antigen derived from heat-treated whole cell *Leptospira biflexa* serovar Patoc have the potential to improve leptospirosis diagnosis in resource-limited settings.

Objectives: We sought to summarize estimates of sensitivity and specificity of LFA by conducting a systematic review and meta-analysis of evaluations of the accuracy of LFA to diagnose human leptospirosis.

Data sources: On 4 July 2017 we searched three medical databases.

Study eligibility criteria: Articles were included if they were a study of LFA sensitivity and specificity.

Participants: Patients with suspected leptospirosis.

Interventions: Nil.

Methods: For included articles, we assessed study quality, characteristics of participants and diagnostic testing methods. We estimated sensitivity and specificity for each study against the study-defined case definition as the reference standard, and performed a meta-analysis using a random-effects bivariate model.

Results: Our search identified 225 unique reports, of which we included nine (4%) published reports containing 11 studies. We classified one (9%) study as high quality. Nine (82%) studies used reference tests with considerable risk of misclassification. Our pooled estimates of sensitivity and specificity were 79% (95% CI 70%–86%) and 92% (95% CI 85%–96%), respectively.

Conclusions: As the evidence base for determining the accuracy of LFA is small and at risk of bias, pooled estimates of sensitivity and specificity should be interpreted with caution. Further studies should use either reference tests with high sensitivity and specificity or statistical techniques that account for an imperfect reference standard. **M.J. Maze, Clin Microbiol Infect 2019;25:437**

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Introduction

Leptospirosis is a common cause of fever in tropical countries and a re-emerging disease globally [1,2]. Diagnosis is challenging as reference standard diagnostic tests such as *Leptospira* culture, microscopic agglutination testing (MAT) and nucleic acid amplification tests have imperfect sensitivity and specificity, are

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expensive, technically difficult and not widely available in areas where leptospirosis is endemic [3]. Inexpensive and simple point-of-care tests have been developed that detect anti-*Leptospira* IgM. These have the potential to be deployed at both the district hospital laboratory level and the health-centre level in low-resource settings for the diagnosis of leptospirosis among febrile patients. Lateral flow assays (LFA) that use whole cell leptospiral antigen from the saprophytic *Leptospira biflexa* serovar Patoc strain Patoc I are among the most promising point-of-care tests because they are inexpensive and easy to use [4].

The accuracy of LFA has been evaluated in several studies with varied estimates of both sensitivity and specificity. As such, a summary of existing estimates of test performance and an understanding of sources of variation in the estimates is needed. We conducted a systematic review and meta-analysis to summarize the sensitivity and specificity of LFA for diagnosing acute human leptospirosis in patients with suspected leptospirosis, and to identify potential reasons for variation in published estimates of diagnostic accuracy between studies.

Methods

We conducted our systematic review in accordance with the Preferred Reporting of Systematic Reviews and Meta-Analyses (PRISMA) guidelines [5]. We registered our review with the International Prospective Register of Systematic Reviews (PROSPERO

registration number CRD42018088566) and our protocol is available at https://www.crd.york.ac.uk/prospero/display_record.php?RecordID=88566.

After developing and piloting search terms, we ran our search on 4 July 2017 using the databases Ovid Medline, Web of Science and Scopus. In Ovid Medline we used the search terms and operators: '(Leptospirosis/*diagnosis OR Leptospirosis/*immunology OR (Leptospir* AND Immunoglobulin M)) AND Humans AND (Sensitivity and Specificity OR *Reference Standards)'. Search terms used for the Web of Science and Scopus databases are shown in the Supplementary material (Appendix S1). Articles were included if they were a study of LFA sensitivity and specificity among patients with fever. Evaluations of assays other than LFA and evaluations performed in animals were excluded. Articles published in any language and in any year were eligible for inclusion. A single author (MJM) reviewed all abstracts and titles to determine which articles may have relevant data. For those deemed potentially relevant two authors (MJM and JAC) independently reviewed the full text of each article. We assessed study quality using the revised Quality Assessment of Diagnostic Accuracy Studies (QUADAS) criteria known as QUADAS-2 (Table 1) [6]. Articles were graded in each category according to the information included in the manuscript, such that when methodological information was not included in the manuscript the quality assessment was downgraded. We graded study applicability in the domains of patient selection, use of the index test and use of the reference test as shown in Table 2. If

Table 1
Criteria for assessing bias in studies evaluating the accuracy of *Leptospira biflexa* serovar Patoc lateral flow IgM assays for the diagnosis of leptospirosis, published before 4 July 2017

Category	Grade	Criteria
Participant selection	Grade 1	<ul style="list-style-type: none"> Prospective selection of patients with fever Cases and controls selected from the same population
	Grade 2	<ul style="list-style-type: none"> Eligibility determined by factors other than the presence of possible leptospirosis
	Grade 3	<ul style="list-style-type: none"> Selection of cases and controls from different populations
Index test (LFA)	Grade 1	<ul style="list-style-type: none"> Assessors blinded to results of reference test when performing point-of-care test Threshold for positivity is defined <i>a priori</i> and in keeping with manufacturers' recommendations
	Grade 2	<ul style="list-style-type: none"> Threshold not in keeping with manufacturers' recommendations Threshold for positivity is not defined <i>a priori</i>
	Grade 3	<ul style="list-style-type: none"> Assessors not blinded to the results of the reference test when performing the point-of-care test
Reference test	Grade 1	<ul style="list-style-type: none"> Use of MAT on paired serum samples in at least 75% of participants, with or without PCR or culture Cases defined as participants with a four-fold rise in antibody titres on MAT, or positive culture of <i>Leptospira</i>, or detection of <i>Leptospira</i> DNA
	Grade 2	<ul style="list-style-type: none"> Use of a MAT on acute-phase serum only, or an IgM ELISA assay, with or without PCR or culture
	Grade 3	<ul style="list-style-type: none"> Use of alternative assay as a reference standard
Flow and timing	Grade 1	<ul style="list-style-type: none"> All patients subject to the same reference tests Reference tests and index tests performed on samples taken at the same time for the illness
	Grade 2	<ul style="list-style-type: none"> Data presented to allow calculation of sensitivity and specificity Use of samples collected on different days for index and reference tests
	Grade 3	<ul style="list-style-type: none"> Variation in reference test between participants, such that not all participants are subjected to the same reference test

Abbreviations: LFA, *Leptospira biflexa* serovar Patoc lateral flow IgM assays;

MAT, *Leptospira* microscopic agglutination test.

Table 2

Criteria for assessing applicability in studies evaluating the accuracy of *Leptospira biflexa* serovar Patoc lateral flow IgM assays for the diagnosis of leptospirosis, published before 4 July 2017

Category	Grade	Criteria
Participant selection	No concerns	<ul style="list-style-type: none"> • Patients included with febrile illness and with a duration of clinical illness from 1-21 days • Patients included without febrile illness • Patients of limited duration of illness
	Concerns	
Index test (LFA)	No concerns	<ul style="list-style-type: none"> • Test used and interpreted according to manufacturer instructions • Test not used or interpreted according to manufacturers instructions
	Concerns	
Reference test	No concerns	<ul style="list-style-type: none"> • Reference test included a microscopic agglutination test (MAT) panel with a panel of antigens representing likely circulating serovars. • Reference test did not include MAT, or included only limited serovars
	Concerns	

insufficient information was included within the manuscript to attach a quality grade or applicability grade, we scored it as 'unclear'.

Two authors (MJM and JAC) extracted data in duplicate using a standardized data extraction sheet (see Supplementary material, Table S1) and tabulated data in a Microsoft EXCEL spreadsheet (Microsoft Corporation, Redmond, WA, USA). We conducted meta-analysis using the user written programme 'midas' in STATA 13.1 (StataCorp, College Station, TX, USA) [7]. We constructed forest plots displaying estimated sensitivity and specificity from contingency tables assuming that the reference test was 100% sensitive and specific. Meta-performance characteristics were established using a mixed-effects bivariate model. Publication bias was assessed using Deeks' funnel plot asymmetry test [8,9]. Deeks' funnel plot asymmetry test uses linear regression of log odds ratios on the inverse root of effective sample sizes. A non-zero slope coefficient is suggestive of significant publication bias, or small study bias ($p < 0.10$).

Results

Our search identified 225 unique reports. Of these, 32 (14%) were identified as potentially relevant on the basis of title and abstract, and underwent full-text review. We determined that nine (4%) articles were relevant and these were selected for final inclusion (Fig. 1). The nine published reports contained data from 11 studies evaluating the accuracy of LFA.

Study characteristics

Included studies were published from 2001 through 2015. Ten (91%) of 11 studies were performed among patients with fever and one (9%) was performed among patients with uveitis and was not included in the meta-analysis [10]. Evaluations were performed among participants from Brazil, India, Italy, Malaysia, the Netherlands, Poland, Seychelles, Slovenia, Sri Lanka, Thailand, UK and the USA. The sample matrix was serum in all studies. Eight

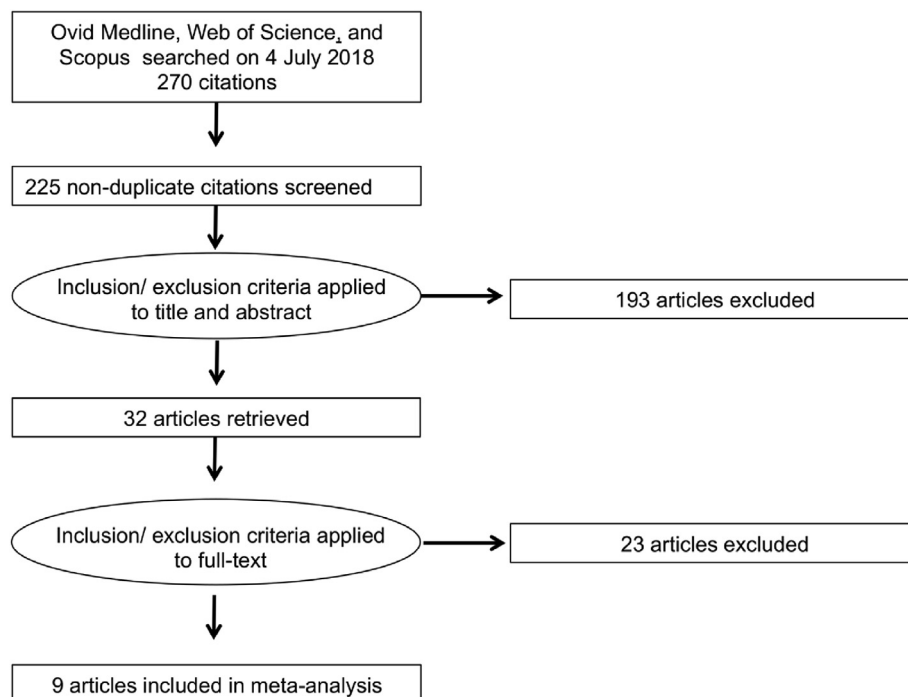


Fig. 1. Study flow diagram for systematic review and meta-analysis of diagnostic accuracy of leptospirosis lateral flow assays, published before 4 July 2017.

Table 3Reference tests used in studies evaluating *Leptospira biflexa* serovar Patoc lateral flow IgM assays for the diagnosis of leptospirosis, published before 4 July 2017

Study first author, number [reference]	Reference test	Number of <i>Leptospira</i> serovars in reference test	Participants with reference test performed on paired serum samples	Reference test leptospirosis case definition
Smits 1 ^a [12]	MAT	1	100%	at least a four-fold rise in MAT titre or single MAT titre ≥ 160
Smits 2 ^a [12]	ELISA	Not stated	0%	Single antibody titre ≥ 80
Eapen [17]	ELISA	2 ^b	0%	Single antibody titre ≥ 80
Sehgal [13]	MAT + culture	12	89%	Positive culture, or seroconversion to an MAT titre ≥ 100 , or a four-fold rise in MAT titre, or a single MAT titre ≥ 400
Kannan [10]	MAT	Not stated	0%	Single MAT titre ≥ 100
Limmathurotsakul [21]	MAT + culture	20	66%	Positive culture or single MAT titre ≥ 400
Goris 1 ^a [14]	MAT + IgM ELISA + culture	14 ^b	Not stated ^c	(i) Single MAT titre with a pathogenic serovar ≥ 160 , (ii) single IgM-ELISA titre ≥ 160 , (iii) positive culture or (iv) seroconversion/four-fold titre rise MAT or IgM ELISA (titre ≤ 20 to ≥ 80) in paired samples taken at least 2 days apart
Goris 2 ^a [14]	MAT + IgM ELISA + culture	14 ^b	Not stated ^c	(i) Single MAT titre with a pathogenic serovar ≥ 160 , (ii) single IgM-ELISA titre ≥ 160 , (iii) positive culture or (iv) seroconversion/four-fold titre rise MAT or IgM ELISA (titre ≤ 20 to ≥ 80) in paired samples taken at least 2 days apart
Niloofoa [15]	MAT	13	28%	Single MAT titre ≥ 400
Podgorsek [16]	MAT	1 ^b	6%	Seroconversion to an MAT titre ≥ 100 , or a four-fold rise in MAT titre, or a single MAT titre ≥ 400
Eugene [18]	MAT + culture	1 ^b	0%	Positive culture or single MAT titre ≥ 100

Abbreviation: MAT, *Leptospira* microscopic agglutination test.^a Numbers refer to different data sets from within the same paper.^b Serovars included *Leptospira biflexa* serovar Patoc.^c Figures not stated but paper states that 'In most cases only one sample was received per participant'.

(73%) studies were of cross-sectional design, and three (27%) were of two-gate design [11]. All studies reported that they performed the LFA according to the manufacturers' instructions. One (9%) study reported mean duration of symptoms and one (9%) study reported the prevalence of use of antimicrobials before testing. The leptospirosis reference test diagnostic criteria used in each study are shown in Table 3. Two (18%) studies reported that $\geq 75\%$ of participants had paired serum samples tested for leptospirosis [12,13]; five (45%) reported that $<75\%$ of participants had paired serum samples tested, including two studies that did not provide figures but stated that reference testing for 'most' participants was performed on a single serum sample [14–16]; and four (36%) reported that for all participants reference testing occurred on single serum samples [10,12,17,18]. In setting diagnostic cut-offs for the reference test, seven (64%) studies used MAT titres lower than those recommended by the WHO [19]. Four (46%) studies used IgM ELISA as a reference test. Ten (90%) studies considered the reference standard to be perfect when conducting their analyses, and three studies used latent class analysis, which does not assume the reference standard to be perfectly accurate, to analyse their results [20]. Two (18%) studies reported the serogroup of the infecting *Leptospira* as determined by the reference test [14]. Further information relating to study characteristics is included in the Supplementary material (Table S2).

Study quality

The results of bias assessment are shown in Table 4. We considered a single study to be of Grade 1 quality in each of the four domains. We rated two (18%) studies as Grade 1 and nine (82%) studies as Grade 2 for the reference test domain. This was mostly (Table 3) because a single acute-phase serum sample for serological testing was considered the reference test. We classified one (9%) study as Grade 3 in the patient selection domain due to use of healthy participants from the population as controls and one (9%) study as Grade 3 in the flow and timing domain due to the use of different testing algorithms among cases and controls [10,16]. We had applicability concerns about the reference test chosen in five (45%) studies and in an

additional one (9%) study there was insufficient information to assess this domain. We also had concerns about the applicability of two (18%) of studies to our question within the patient selection domain.

Sensitivity and specificity estimates

The number of participants with, and without leptospirosis who tested positive by LFA for each study is shown in Table 5. The sensitivity and specificity of LFA, estimated in each study and the pooled estimate, are shown in Fig. 2. In our meta-analysis we included the ten (91%) studies that recruited patients with suspected leptospirosis. The pooled estimate of sensitivity was 79% (95% CI 70%–86%) and the pooled estimate of specificity was 92% (95% CI 85%–96%). The study that we classified as of low risk of bias in every domain [13] estimated the sensitivity of LFA as 53% (95% CI 41%–64%) and the specificity as 94% (95% CI 82%–98%). In the funnel plot (Fig. 3) the regression line had a near vertical slope and Deeks' test indicated funnel plot symmetry consistent with unbiased publication (p 0.12). We excluded from our meta-analysis, the study by Kannan et al. that estimated the sensitivity and specificity of LFA among patients with uveitis as 70% (95% CI 54%–82%) and 69% (95% CI 53%–82%), respectively [10].

Discussion

We systematically collated published literature on the sensitivity and specificity of leptospirosis LFA point-of-care tests. We identified that most evaluations were at risk of bias, predominantly due to the use of reference test criteria that were likely to misclassify participants. Of the studies included in our analysis, there was substantial heterogeneity in estimated sensitivity and specificity that appears to relate to study design, particularly the choice of leptospirosis reference test, but may also relate to duration of illness, the predominant infecting *Leptospira* serovars and variation in the production of LFA antigen. As such we consider our pooled estimates for the sensitivity and specificity of LFA to be unreliable and further robust evaluations are needed.

Table 4Bias assessment of studies evaluating the accuracy of *Leptospira biflexa* serovar Patoc lateral flow IgM assays for leptospirosis published before 4 July 2017

Study first author, number [reference]	Year	Quality				Applicability		
		Patient selection	Index test	Reference test	Flow and timing	Patient selection	Index test	Reference test
Smits 1 ^a [12]	2001	Grade 2	Grade 1	Grade 1	Grade 1	No concerns	No concerns	Concerns
Smits 2 ^a [12]	2001	Grade 2	Grade 1	Grade 2	Grade 1	No concerns	No concerns	Unclear
Eapen [17]	2002	Grade 2	Grade 1	Grade 2	Grade 1	No concerns	No concerns	Concerns
Sehgal [13]	2003	Grade 1	Grade 1	Grade 1	Grade 1	No concerns	No concerns	Concerns
Kannan [10]	2012	Grade 3	Grade 1	Grade 2	Grade 1	Concerns	No concerns	No concerns
Limmathurotsakul [21]	2012	Grade 2	Grade 1	Grade 2	Grade 1	No concerns	No concerns	No concerns
Goris 1 ^a [14]	2013	Grade 1	Grade 1	Grade 2	Grade 1	No concerns	No concerns	No concerns
Goris 2 ^a [14]	2013	Grade 1	Grade 1	Grade 2	Grade 1	No concerns	No concerns	No concerns
Eugene [18]	2015	Grade 1	Grade 1	Grade 2	Grade 1	No concerns	No concerns	Concerns
Niloofoa [15]	2015	Grade 2	Grade 1	Grade 2	Grade 1	Concerns	No concerns	Concerns
Podgorsek [16]	2015	Grade 2	Grade 1	Grade 2	Grade 3	No concerns	No concerns	No concerns

Abbreviations: LFA, Patoc antigen lateral flow assay.

^a Numbers refer to different data sets from within the same paper.

We found that the estimates of sensitivity of *Leptospira biflexa* serovar Patoc lateral flow IgM assays varied from 55% to 93% [13,14] and estimates of specificity varied from 57% to 99% [13,16]. Factors relating to study design, particularly the variation in reference tests, may account for the variation in apparent diagnostic accuracy. We found that nine (82%) studies were at risk of bias due to concerns in the reference test domain, with risk of misclassification of cases and controls. There are well-documented accuracy concerns with reference tests that make the choice of reference test challenging [21,22]. *Leptospira* culture is thought to have close to 100% specificity, but it has been estimated to have a sensitivity of <10% [22,23]. Polymerase chain reaction of gene targets specific to pathogenic *Leptospira* are specific for leptospirosis but typically have been shown to have lower sensitivity than IgM serological assays [23,24] with sensitivity values such as 36% when compared with MAT [25]. MAT serology is often considered the reference serological test for diagnosis of leptospirosis [22], but also has imperfect sensitivity and specificity. In a recent evaluation of MAT accuracy against culture-confirmed leptospirosis cases, Goris et al. identified that paired samples with at least 10 days between acute and convalescent samples had a sensitivity of 90% and 88% for 10–19 days and ≥20 days, respectively [22]. By comparison, the sensitivity of

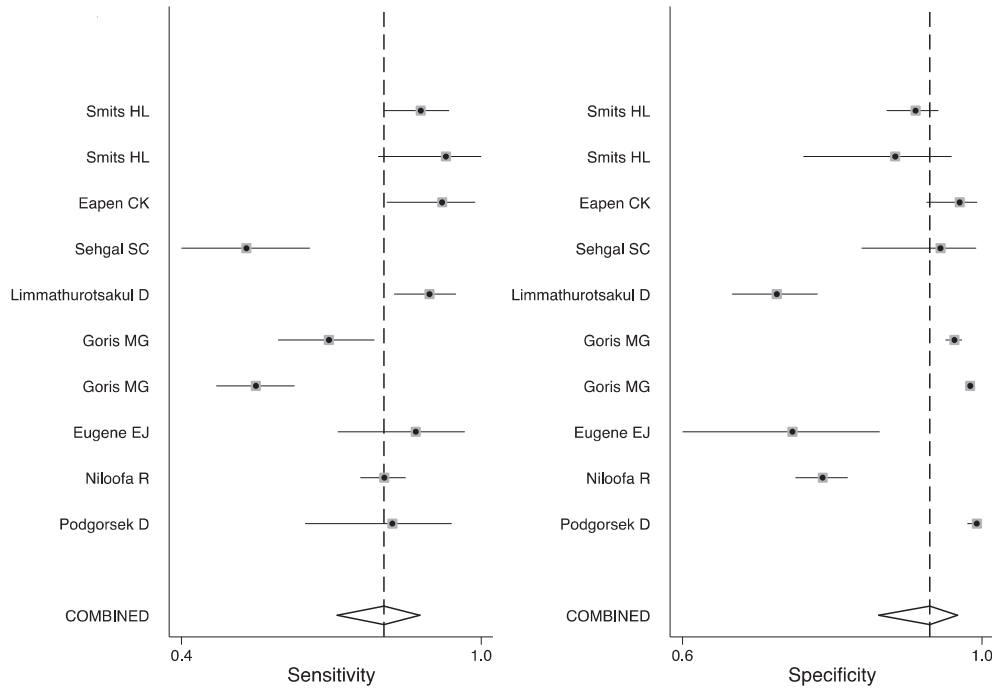
diagnosing leptospirosis by using a high titre from a single serum sample was low, at 6% within the first 10 days of illness. The specificity of defining leptospirosis as at least a four-fold increase in MAT antibody titre between acute and convalescent serum samples is considered to approximate 100% [22,23]. Defining leptospirosis as a single high ≥400 titre is consistent with the WHO case definition but is imperfectly specific, especially where leptospirosis is endemic. This is because *Leptospira* antibodies can persist in serum for several years after acute infection [26]. Although case definitions using single antibody titres of ≥160, ≥400 and ≥800 may be appropriate for clinical diagnosis [19,22,27], their use as a reference standard in diagnostic test evaluation may lead to misclassification of cases and controls and biased estimates of sensitivity and specificity of novel diagnostic tests. Only two (18%) studies tested predominantly paired serum samples when conducting reference testing for disease classification and potential misclassification was compounded by the variation in the reference test titre used to classify leptospirosis. ELISA is widely used as a screening test for the diagnosis of leptospirosis; however, the pooled estimates of sensitivity and specificity of ELISA from a systematic review and meta-analysis were 78% (95% CI 77%–79%) and 91% (95% CI 91%–92%), respectively [28]. In addition there was significant

Table 5Extracted data from studies evaluating sensitivity and specificity of *Leptospira biflexa* serovar Patoc lateral flow IgM assays published before 4 July 2017

Study first author [reference]	Assay manufacturer	True positive		False positive		True negative		False negative		Sensitivity (95% CI)	Specificity (95% CI)
		n	(%)	n	(%)	n	(%)	n	(%)		
Smits 1 ^a [12]	KIT	116	(27.8)	28	(6.7)	255	(61.0)	19	(4.5)	0.86 (0.79–0.91)	0.90 (0.86–0.93)
Smits 2 ^a [12]	KIT	39	(43.3)	6	(6.7)	41	(45.6)	4	(4.4)	0.91 (0.78–0.97)	0.87 (0.74–0.94)
Eapen [17]	Organon	54	(27.6)	6	(3.1)	131	(66.8)	5	(2.6)	0.90 (0.80–0.95)	0.96 (0.92–0.99)
Sehgal [13]	KIT	37	(31.6)	3	(2.6)	44	(37.6)	33	(28.2)	0.53 (0.54–0.82)	0.94 (0.82–0.98)
Kannan [10]	Zephyr	28	(36.8)	11	(14.5)	25	(32.9)	12	(15.8)	0.70 (0.42–0.69)	0.69 (0.53–0.82)
Limmathurotsakul [21]	KIT	120	(32.3)	69	(18.6)	165	(44.5)	17	(4.6)	0.88 (0.81–0.92)	0.71 (0.64–0.76)
Goris 1 ^a [14]	BioMérieux	74	(5.3)	57	(4.1)	1235	(88.2)	34	(2.4)	0.69 (0.59–0.77)	0.96 (0.94–0.97)
Goris 2 ^a [14]	Zephyr	100	(3.7)	56	(2.0)	2495	(91.3)	83	(3.0)	0.55 (0.47–0.62)	0.98 (0.97–0.98)
Eugene [18]	Zephyr	34	(40.5)	12	(14.3)	32	(38.1)	6	(7.1)	0.85 (0.70–0.93)	0.73 (0.58–0.84)
Niloofoa [15]	Zephyr	286	(32.2)	121	(13.6)	405	(45.6)	76	(8.6)	0.79 (0.75–0.83)	0.77 (0.73–0.80)
Podgorsek [16]	Zephyr	29	(4.9)	7	(1.2)	547	(92.7)	7	(1.2)	0.81 (0.65–0.90)	0.99 (0.97–0.99)

Assay manufacturers: KIT, Royal Dutch Tropical Institute, Amsterdam, the Netherlands; Organon, Oss, the Netherlands; Zephyr Diagnostics, Goa, India; BioMérieux, Marcy-l'Étoile, France.

^a Numbers refer to different data sets from within the same paper.

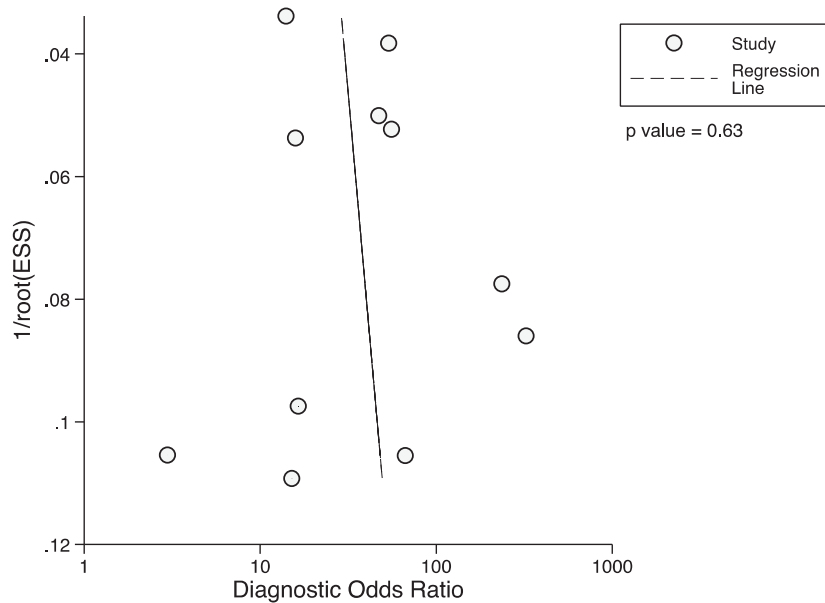


Key: The squares indicate the point estimate of sensitivity or specificity from each study, and the line indicates the 95% confidence intervals. The vertical dotted line indicates the point meta-estimate of sensitivity or specificity, and the diamond indicates the 95% confidence intervals

Fig. 2. Forest plot of sensitivity and specificity of Patoc antigen lateral flow assays for the diagnosis of leptospirosis, published before 4 July 2017.

heterogeneity across studies that was not fully explained by disease stage, antigen used and antibody detected. The imperfect accuracy and significant heterogeneity suggest that use of ELISA as a reference test will be likely to misclassify the disease state of some study participants.

In addition to the choice of reference test, the variations in estimated accuracy of LFA may reflect varying performance at different stages of the illness. Of the few studies reporting the duration of illness, Sehgal et al. found that among participants in the Andaman Islands LFA had a sensitivity of 53% during the first



Key: 1/root(ESS) indicates the inverse root of the effective sample size

Fig. 3. Funnel plot for a meta-analysis of *Leptospira biflexa* serovar Patoc lateral flow IgM assays for detecting leptospirosis published before 4 July 2017 and Deeks' weighted regression test of funnel plot asymmetry.

week of illness, and 86% during the second through fourth weeks of illness [13]. The corresponding specificity was 94% during the first week and 89% from the second through fourth weeks [29]. Goris et al. demonstrated that for two LFA, sensitivity increased from 42%–62% during days 0–4 after onset, to 65%–75% during days 5–10 after onset, and 72%–81% during days 11–20 after onset [14]. The single study investigating LFA accuracy among patients with uveitis found accuracy values among the lowest of the studies. This may be due to the wide differential diagnoses of uveitis, the variable interval between leptospirosis infection and uveitis, and the use of immunosuppressants as treatment for uveitis. The geographic setting of the study population may influence test performance through variation in infecting *Leptospira* serovars and variation in the type and prevalence of diseases other than leptospirosis that cause fever. It was notable that the one report that reported serogroup of the infecting *Leptospira* found that LFA accuracy was higher among participants infected with *Leptospira* serogroup Icterohaemorrhagiae [14]. One study included in our review noted variation in assay performance over time, which they thought may be due to variability of the antigen among assay production lots [14].

Our meta-analysis has several limitations that influence interpretation. We may not have identified all relevant articles through an incompletely comprehensive search strategy that used subject headings or free text terms individually to describe each concept, as well as use of limiting terms such as ‘humans’ and ‘sensitivity and specificity’. In addition, we may have missed studies that were published in journals not indexed by Ovid Medline, Scopus or Web of Science, as well as studies that were not published. Combining all studies into a single estimate of sensitivity and specificity may be misleading as there was substantial variation in both study design and in the populations from which participants were drawn. Our meta-analysis assumed that the reference test had 100% sensitivity and specificity. The reference tests used in most studies included in our meta-analysis have not had their sensitivity and specificity adequately determined. Under these circumstances conventional sensitivity and specificity estimates are likely to underestimate the accuracy of point-of-care diagnostic tests [30,31]. In the context of imperfect reference standards, other authors have used latent class analyses to estimate sensitivity and specificity [23,30–32]. Latent class analysis requires that there are at least four independent diagnostic tests to be able to identify two latent classes [31]. This was not possible in our meta-analysis as most studies did not include a sufficient number of independent diagnostic assays.

On the assumption that the true sensitivity and specificity of LFA is at least as high as our pooled estimate, LFA may have a role as a screening assay. In studies from Southeast Asia and Africa, where leptospirosis is endemic, the prevalence of acute leptospirosis has been as high as 10% among febrile patients presenting for health-care [33,34]. Assuming 10% prevalence of acute leptospirosis among patients tested with LFA, the negative predictive value would be 98% (95% CI 96%–99%), with 2% (95% CI 1%–4%) of leptospirosis cases missed. This suggests that in high incidence settings that clinicians could use a negative LFA result to exclude leptospirosis, except during the first few days of illness when all serological assays may have lower sensitivity and negative predictive values [24]. However, only 48% (95% CI 30%–66%) of those who tested positive with LFA would truly have leptospirosis. Unless there are suitable confirmatory assays available there is considerable risk that introduction of LFA would result in over-diagnosis of leptospirosis. Over-diagnosis may have implications for individual patients in whom diseases that are also common in countries with high leptospirosis incidence and that require specific treatment, such as rickettsiosis, may be falsely discounted.

A key finding of our study is that the evidence base for estimating the sensitivity and specificity of LFA is small and at risk of bias. Further studies are needed. Future studies should use a reference standard with sensitivity and specificity close to 100% or statistical analyses that manage the absence of a perfect reference. We suggest that future evaluations of point-of-care tests should consider the use of MAT on paired serum samples, PCR and culture as leptospirosis reference tests. In addition, as even a combination of these tests is unlikely to have 100% sensitivity, statistical methods that account for imperfect reference test accuracy, such as latent class analysis, should be considered [23]. Latent class analyses assume that the observations are independent within each of the two latent classes [31]. Estimates of sensitivity and specificity are sensitive to violations of this assumption, and therefore estimates obtained by latent class analyses should also be interpreted cautiously, particularly if checks of the validity of the assumption are not reported [31,35].

Estimates of the sensitivity and specificity varied from 53% to 95% and 57% to 99%, respectively, with study design, particularly choice of the leptospirosis reference test, and features of the study population contributing to the variation. Our meta-estimates of sensitivity and specificity should be interpreted with caution, but suggest that LFA may have a limited role as a screening test in endemic settings, if appropriate confirmatory testing is available. Future studies evaluating point-of-care diagnostic tests should optimize the sensitivity and specificity of the leptospirosis reference test and consider statistical methods to manage imperfect reference tests.

Transparency declaration

All authors have nothing to disclose.

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Appendix A. Supplementary data

Supplementary data to this article can be found online at <https://doi.org/10.1016/j.cmi.2018.11.014>.

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