



## **Does size matter? An investigation of competitive balance in the English Premier League under different league sizes.**

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3 **Does size matter? An investigation of competitive balance in the English Premier League**  
4 **under different league sizes.**  
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6 **Abstract**  
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8 **Purpose**

9 This paper aims to explore at what league size competitive balance reaches its best level through  
10 a longitudinal study and using the English Premier League (EPL) as an example.  
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13 **Design/Methodology/Approach**

14 In order to test the influence of league size on competitive balance in the EPL, we first calculated  
15 competitive balance scores for 22 seasons between 1995/96 and 2016/17 under the existing 20  
16 team system. We then calculated a further ten normalised competitive balance scores for each  
17 EPL season by adjusting the league size to examine the league size threshold at which  
18 competitive balance in each season of the EPL was at its best level.  
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21 **Findings**

22 Analysis indicates that the current league structure of 20 teams compromises the overall level of  
23 competitive balance in the EPL in comparison with a league comprising between 10 and 19  
24 teams. However, we cannot pinpoint the precise league size at which the EPL is most  
25 competitively balanced as no significant differences were observed between the competitive  
26 balance indices for these league sizes.  
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29 **Originality/Value**

30 The findings of this study has practical relevance for league organisers and the Union of  
31 European Football Associations (UEFA) given that they themselves have stated that competitive  
32 balance will be a big challenge for the European football industry in the coming years.  
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35 **Keywords: competitive balance, European football, English Premier League, competition**  
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## Introduction

The world of contemporary sport management has become increasingly complex during the last two decades as sport has expanded into a global market place through wider advances in society such as commercialisation and technology. Naturally, this expansion has also led to increasing academic discourse in the field with authors citing 'the special features of sport' which make it a 'unique institution' (e.g. Smith and Stewart, 2010). The primary reason contemporary sport management is complex is because the product it delivers to participants and fans is so idiosyncratic. Essentially, at opposite ends of an extreme scale, sport battles with two contrasting philosophical approaches (Smith and Stewart, 2010). One is the view of sport as a unique cultural institution with a host of special features that considers its rich history, emotional connections, tribal links and social relevance. On the other hand, sport is viewed as nothing more than just another generic business enterprise subject to the usual government regulations and market pressures (Smith and Stewart, 2010). Consequently, in the present day sport management industry, separating sport from business becomes practically impossible.

There is, however, one key distinction between sport and business when considering the area of professional team sports. In team sport competitions it is stated by Vrooman (2015) that the perfect game is a symbiotic contest between equally matched opponents, essentially through the acquisition of equal playing talent. The practical economic problem is that professional sport leagues form imperfectly competitive natural cartels where games are played between teams with asymmetric market power (Vrooman, 2015). Comparisons between the economic environment of professional team sports and that of more traditional commercial businesses have been well documented by sports economists (e.g. Dobson and Goddard, 2011; Leach and Szymanski, 2015). Professional team sports are intrinsically different from other businesses, in which a firm

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3 is likely to prosper if it can eliminate competition and establish a position as a monopoly supplier  
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5 (Dobson and Goddard, 2011). In sport, however, it does not pay for one team to establish such a  
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7 position due to the joint nature of 'production' in sports.  
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11 This statement also does not deal with the additional pressures of the league itself as the  
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13 immediate governing body of said teams. Indeed, the league itself has a necessity to ensure that  
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15 its members (teams) are sufficiently homogeneous to generate competition, as organisations in  
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17 other sectors may look for a sufficient homogeneity between their members in terms of status,  
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19 pay and incentives to favour cohesion and sustainability. However, this analogy is still fraught  
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21 with complexity as each league has individual members (teams) situated within it that all have  
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23 individual goals but also require all other members (teams) to buy into a shared goal to aid  
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25 competition. As such, the study of professional sport teams and leagues also contributes to the  
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27 broader literature on cooptation (defined as simultaneous cooperation and competition  
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29 (Brandenburger and Nalebuff, 1996)). Since this seminal text, cooptation has been the subject of  
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31 an increasing amount of research in the field of strategic management and measuring its impact  
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33 on performance (Le Roy and Czakon, 2016). Scelles, Mignot, Cabaud and Francois (2017) state  
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35 that this concept of cooptation in sport is highly relevant in the sense that if opponents are  
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37 competitors on the field, they need each other to produce the competition and, as such, they are  
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39 economic partners . The aforementioned literature is important for the framing of our study  
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41 which considers a key economical function of professional team sports - competitive balance.  
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49 Literature examining competitive balance in professional team sports is extensive (as  
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51 evidenced in the review of literature). However, our research focuses on a previously unexplored  
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53 aspect of competitive balance by using longitudinal data from the English Premier League (EPL)  
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55 to examine: first, whether the overall level of competitive balance in a sport league varies based  
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3 on the number of teams that make up the league; and second, at what size does the league's  
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5 competitive balance reach its best level.  
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9 There is both a practical and academic rationale for this study. From a practical  
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11 perspective, there is a recognition from the President of European football's governing body, the  
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13 Union of European Football Associations (UEFA) that "the biggest challenge [to develop  
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15 football in Europe] over the next few years will be competitive balance" (Inside World Football,  
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17 2017). It may be that the president of UEFA does not actually define competitive balance in the  
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19 same way as academics but it is still clear that the nature of competition within sport leagues is  
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21 high on UEFA's wider agenda. Second, a number of academic researchers in recent years have  
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23 cited a decline in competitive balance in the EPL over time (e.g. Ramchandani, Plumley, Boyes  
24  
25 and Wilson, 2018; Plumley, Ramchandani and Wilson, 2017; Ramchandani, 2012; Groot, 2008;  
26  
27 Goossens, 2006). Aligned to this, there has also been a suggestion in the extant literature that  
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29 *theoretically* the more games played the less uncertain is the championship race, reducing fan  
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31 interest in the league (Pawlowksi and Nalbantis, 2015).  
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37 The rest of the paper is structured in the following order. The next section covers relevant  
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39 literature relating to competitive balance in professional team sports. We then proceed to the  
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41 methods used and the analysis undertaken before presenting our results and discussion. The  
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43 paper concludes by identifying the main issues and practical implications and a direction for  
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45 future research.  
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## Literature Review

The concept of competitive balance was pioneered by Rottenberg (1956) and has played a central role in shaping the literature around modern-day sport economics. Furthermore, the increasing amount of revenue generated for teams from broadcasters, sponsors and fans places competitive balance (and sport finance) at the heart of any contemporary debate about professional team sport owing to the fact that in professional team sport revenues and cash reserves are primarily spent on the acquisition of new playing talent, which in turn has the potential to effect competitive balance within any given league.

Consequently, the discourse on competitive balance in professional team sports is extensive. Its origins lie in U.S. professional leagues, where revenue sharing has become a common mechanism to maintain competitive balance. The European model of professional team sports is uniquely different although both models (European and North American) consider the importance of competitive balance in their structure and the implications it may have on demand for the 'product'. Indeed, in relation to successful sport leagues, Groot (2008) stated that "each competitor has an inherent interest in maintaining the health of their rivals" (p. 25). A potential implication in this context is that an excessively imbalanced competition might have a negative effect on fan interest and, hence, on demand (Kessenne, 2006; Zimbalist, 2003). There has been extensive academic coverage surrounding the impact of competitive balance on fan attendance and whilst a full review of this literature is outside the scope of this particular paper we will refer to certain studies where appropriate.

This is because there are two distinct strands of academic literature on competitive balance in team sports as outlined in a seminal paper by Fort and Maxcy (2003). They categorise

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3 the theoretical and empirical literature on competitive balance in terms of: (1) analysis of  
4 competitive balance (ACB) literature, which focuses on what has happened to competitive  
5 balance over time or as a result of changes in the business practices of sports leagues; and, (2)  
6 literature on competitive balance that analyses its effect on fans, i.e. which tests the longstanding  
7 uncertainty of outcome hypothesis (UOH). Given the scope of this paper, and explicit emphasis  
8 on the organisational structure of a sports league, we focus our literature review more on the  
9 ACB strand of research.  
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20 There have been a number of studies that cover ACB with substantial research focusing  
21 on sports leagues in North America (for examples see: Lenton, 2015; Maxcy and Mondello,  
22 2006; Mills and Fort, 2014; Price and Sen, 2003; Salaga and Fort, 2017; Zimbalist, 2002).  
23 Competitive balance literature has been naturally (given the origins of the concept) dominated by  
24 American sports which are structured under closed leagues - in direct contrast to the European  
25 team sport model which has predominantly open leagues (especially in football). One study that  
26 articulates the difference between these two structures and competitive balance is the work of  
27 Buzzacchi, Syzmanski and Valetti (2003). They analysed the number of teams that had the  
28 highest win percentages, in the regular season of the MLB, NFL and NHL, and the number of  
29 teams that won the league championships in soccer in England, Italy and Belgium between 1950  
30 and 1999 and found that open leagues are less balanced than closed leagues in general.  
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46 In relation to European professional team sports, there have been several studies that have  
47 focused on competitive balance, most notably in football but occasionally in other sports such as  
48 rugby union (e.g. Williams, 2012). Previous research examining competitive balance in football  
49 has almost exclusively focused on the aforementioned 'big five' leagues (England, France,  
50 Germany, Italy and Spain) with very few focusing on smaller leagues. Pawlowski and Nalbantis  
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3 (2015) examined competitive balance and championship uncertainty in the Austrian and Swiss  
4 leagues (although this paper also considered stadium attendance and UoH). Aside from this  
5 paper, it appears that little attention has been given to football leagues in other European  
6 countries. Ramchandani (2012) also cited the paucity of competitive balance literature outside of  
7 the 'big five' leagues in Europe. In relation to previous studies, the findings present an  
8 inconclusive picture. For example, Goossens (2006) found no significant changes in competitive  
9 balance across the German, French and Spanish first divisions (1963/64 - 2004/05). Likewise,  
10 Groot (2008) presented similar findings for the French and Spanish first divisions (1946-2006),  
11 as did Koning (2000) in relation to the Dutch first division (1970-2000). Michie and Oughton  
12 (2004) and Szymanski (2001) also found no significant changes in competitive balance in the  
13 French first division (1948-2004) and English first division (1978-1998) respectively.  
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29 Contrastingly, a number of other authors do report a decline in competitive balance in  
30 some European leagues, with some findings even being cited in the same studies above. For  
31 example Goossens (2006) found a decline in competitive balance in the English and Italian first  
32 divisions, whilst Groot (2008) reported similar findings for the English, German, Italian and  
33 Dutch first divisions. Additionally, a number of more recent studies have stated a decline in  
34 competitive balance in the Spanish first division between 1928/29 - 2011/12 (Montes, Sala-  
35 Garrido and Usai, 2014) and the English first division (both as an individual league over time  
36 and compared to the rest of the English football league industry (three other divisions) between  
37 1992/93 - 2015/16 (Ramchandani, Plumley, Boyes and Wilson, 2018; Plumley, Ramchandani  
38 and Wilson, 2017). Findings in this regard were partially influenced by the financial disparity  
39 between teams in the EPL and the Football League in the case of England.  
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3 Interestingly, a number of these papers cite a decline in competitive balance in the EPL in  
4 particular with the exception of Szymanski (2001). However, Szymanski's time period for  
5 analysis only accounted for six years of EPL data following its inception in 1992. Given the  
6 more recent literature that has stated a decline in competitive balance in the EPL, it could be that  
7 the old football league system in England (pre-1992) was conceivably more competitively  
8 balanced than the present day industry. Despite this, however, the EPL still commands the  
9 highest broadcasting rights fees in European football, showing significant growth in the overseas  
10 market in recent years as well. On paper at least, it appears that the EPL currently has a very  
11 attractive product to take to market.  
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25 One further angle of academic enquiry has been on the competitive balance of the UEFA  
26 Champions League group stages (Plumley and Flint, 2015). This study found flaws in the  
27 ranking and seeding system used by UEFA and provided statistical evidence that, historically,  
28 the group stages of the Champions League have seen competitive imbalance. Furthermore, the  
29 paper argued that the seeding system employed by UEFA (which has since been altered slightly)  
30 was benefitting the 'bigger' clubs in Europe and providing them with a greater opportunity of  
31 progression to the knockout rounds of the competition. Put simply, the dominant teams in their  
32 respective domestic leagues were being given a more favourable opportunity in Champions  
33 League which enabled them to benefit from further lucrative revenue streams which they could  
34 then put towards further strengthening their position in their own domestic league.  
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49 Hypothetically, this could lead to a situation whereby a league is dominated by a select  
50 number of clubs; something which both Kesenne (2006) and Zimbalist (2003) argued would  
51 have a negative impact on fan interest. Indeed, there has already been evidence to suggest that  
52 this is potentially happening in the EPL in a paper by Curran, Jennings and Sedgwick (2009).  
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3 Their paper focused more on measures of dominance to track competitive balance over time in  
4 the EPL. The authors formulated a “Top 4 Index” by counting the number of occasions that each  
5 team finished a league season in the top four places, summing the incidence of the four teams  
6 with the most occurrences and expressing the total as a proportion of the total number of  
7 available places over the period of the measure. They calculated values from the 1948/49 to  
8 2007/08 seasons (inclusive) and for ten year intervals. Their findings suggested that competitive  
9 balance in the English top league has decreased and that the league is in danger of becoming a  
10 monopoly of the few.  
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22 The contrast in findings in studies relating to competitive balance is also reflective of  
23 wider issues in relation to the research area. As Pawlowski (2013) states, it may be that the  
24 empirical evidence is 'wrong' because the proxies used to measure competitive balance are  
25 inadequate. A similar argument is presented by Martinez and Willner (2017) who state that  
26 measuring competitive balance in a sports league has a long history of competing methods.  
27 Additionally, there have been a number of studies that have shown that competitive balance is  
28 not as important as previously suggested in past studies (e.g. Andreff and Scelles, 2015;  
29 Pawlowski and Anders, 2012; Scelles, Durand, Bonnal, Goyeau and Andreff, 2013). However,  
30 these papers focus more on analysing competitive balance against the concept of UoH and fan  
31 attendance. Our paper is concerned with the concept of ACB over time in respect of league  
32 structures.  
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48 There is little doubt that the economics of professional team sports as a theoretical field  
49 has developed substantially since the work of Rottenberg in the mid-1950s and there may even  
50 now be an argument to suggest that the theoretical position of the literature needs revisiting  
51 given the changing dynamics of the industry. However, for now, taking into account the extant  
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3 literature and the message from UEFA's president that competitive balance is a priority for the  
4 industry in the coming years, our paper is both timely and justified. Our approach is to focus on  
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6 ACB over time in the EPL considering the current league structure of 20 teams (which has been  
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8 in operation since 1995/96) and then to reduce the numbers of teams (and results) progressively  
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10 to see if competitive balance indices changed significantly when the number of teams in the  
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12 league were reduced. The next section of the paper details the precise methodological approach  
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14 and the key questions that guided this research are outlined below:  
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- 20 1. How has competitive balance in the EPL at an overall league level changed over time?
- 21  
22 2. Does the current 20 team league structure offer better, worse or the same level of overall  
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24 league competitive balance in comparison with a league with fewer teams  
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26 hypothetically?  
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- 29 3. What is the best league size in the EPL from the perspective of promoting competitive  
30  
31 balance between teams?  
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## 34 **Methods**

### 35 *Measuring competitive balance*

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37 There are a variety of measurement techniques used when considering competitive balance in  
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39 professional team sports, which have their respective strengths and weaknesses (see Mills and  
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41 Fort, 2014; Owen and King, 2015). A review of the empirical literature on competitive balance  
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43 including game and season uncertainty, primarily in the context of North American sports  
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45 leagues by Fort et al. (2016), indicated that the most commonly used measure, where drawn  
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47 games are rare or non-existent, is the standard deviation of team winning percentage within a  
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49 season. By contrast, in sports such as European football, where drawn games are possible and  
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51 common, it is argued that winning percentages might be a biased indicator (Pawlowski et al.,  
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2010). Our analysis utilises a normalised version of Mitchie and Oughton's (2004) Herfindahl Index of Competitive Balance (HICB) to measure within-season competitive balance, which is hereafter referred to as NHICB. The rationale for using NHICB to measure overall league concentration was to facilitate a like-for-like comparison to be made between a league consisting of a different number of teams. This is particularly relevant given the focus of the study looking at competitive balance in the EPL under different hypothetical league sizes.

### *Analysis procedure*

There are 55 UEFA national member associations and 54 of them have a football league system, with clubs from Liechtenstein playing their league football in the Swiss pyramid. The number of teams that make up the top football league division in each country is shown in Figure 1. The EPL is one of only four top division leagues across Europe to have 20 teams. The most common league sizes in Europe are 10 or 12 teams.

<Figure 1 about here>

It is not known whether reducing the size of a particular league would impact upon the overall competitive balance of the league. In order to test the influence of league size on competitive balance in the EPL, we first calculated NHICB scores for 22 seasons between 1995/96 and 2016/17 under the existing 20 team system (NHICB20). NHICB scores were calculated using the following formula:

$$\text{NHICB} = [\sum p_i^2 / (1/N)] * 100 * \text{Max HICB}(20) / \text{Max HICB}(N) \quad (1)$$

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3 where  $p_i$  corresponds to the share of points achieved by club  $i$  compared to all points allocated in  
4 the league in any given season;

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7  $i = 1, 2, \dots, N$ , with  $N$  corresponding to the number of clubs in the league in the season;

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10 Max HICB(20) is HICB for the most unbalanced distribution of points with 20 clubs;

11  
12 Max HICB(N) is HICB for the most unbalanced distribution of points with  $N$  clubs.

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14 For a perfectly balanced league of any size, the index takes a value of 100. As the index rises,  
15 competitive balance declines. We then calculated a further ten NHICB scores for each EPL  
16 season by adjusting the league size to isolate the following:

- 17 1. the top 19 teams, by excluding their results against the team that finished in 20<sup>th</sup> place  
18 (NHICB19);
- 19 2. the top 18 teams, by excluding their results against the bottom two teams (NHICB18);
- 20 3. the top 17 teams, by excluding their results against the bottom three teams (NHICB17);
- 21 4. the top 16 teams, by excluding their results against the bottom four teams (NHICB16);
- 22 5. the top 15 teams, by excluding their results against the bottom five teams (NHICB15);
- 23 6. the top 14 teams, by excluding their results against the bottom six teams (NHICB14);
- 24 7. the top 13 teams, by excluding their results against the bottom seven teams (NHICB13);
- 25 8. the top 12 teams, by excluding their results against the bottom eight teams (NHICB12);
- 26 9. the top 11 teams, by excluding their results against the bottom nine teams (NHICB11);
- 27 and,
- 28 10. the top 10 teams, by excluding their results against the bottom 10 teams (NHICB10).

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31 Using this stepwise approach, a total of 242 data points were generated (i.e. 11 NHICB scores  
32 per season x 22 seasons). By comparing the NHICB scores derived based on the different  
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3 number of teams included in the calculation process, it was possible to examine the league size  
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5 threshold at which competitive balance in each season of the EPL was at its best level.  
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8 Preliminary analysis showed that all HICB scores were normally distributed as determined  
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10 by a Shapiro-Wilk test ( $p > 0.05$ ). Three types of parametric statistical analyses were conducted  
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12 on this data. First, a Pearson correlation was used to examine the time trend of NHICB20 in the  
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14 EPL over time. Second, paired sample t-tests were used to determine whether the mean  
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16 NHICB20 score was significantly different from the mean scores of NHICB19, NHICB18,  
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18 NHICB17, NHICB16, NHICB15, NHICB14, NHICB13, NHICB12, NHICB11 and NHICB10.  
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20 Third, for league sizes that showed significantly better competitive balance (i.e. lower NHICB  
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22 scores) in comparison with NHICB20 using the above procedure, a one-way ANOVA was  
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24 conducted to establish whether the differences in NHICB scores observed between these league  
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26 sizes were statistically significant.  
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### 30 31 **Results**

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33 Since the 1995/96 season, the EPL has consisted of 20 teams. As per the data presented in Figure  
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35 2, the NHICB20 score for the league as it has operated between 1995/96 and 2016/17 has ranged  
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37 from a low of 105.32 in 1996/97 (the most competitively balanced season) to a high of 113.68 in  
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39 2007/08 (the most imbalanced season). When considering the time trend of NHICB20 over the  
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41 22 EPL seasons (where 1996/97 = 1 and 2016/17 = 22), there has been a moderate and  
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43 statistically significant decline in competitive balance, as in this case is indicated by a positive  
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45 Pearson correlation coefficient ( $r$ ) of 0.598 ( $p = 0.003$ ).  
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3 Table 1 illustrates the frequency with which the best (lowest) and worst (highest) NHICB scores  
4 were found to occur in the EPL under different league size scenarios. In 16 of the 22 seasons  
5 examined, the worst HICB score occurred under the incumbent league scenario of 20 teams. By  
6 contrast, there were no instances where the 20 team league scenario produced NHICB scores  
7 better than all of the other league size scenarios. Hence the difference between the occurrence of  
8 best and worst competitive balance with 20 teams was -73%, as shown in the last column of  
9 Table 1. The league size thresholds at which best NHICB occurred most frequently were 10 and  
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<Table 1 about here>

For each league size, the mean, lowest (best) and highest (worst) NHICB scores across the 22 EPL seasons are presented in Figure 3. Paired sample t-tests confirmed that the mean NHICB20 score was significantly higher (worse) compared with the NHICB scores for all of the 10-19 league size scenarios ( $p < 0.001$ ). No statistically significant differences in the mean NHICB scores were detected between the 10-19 league size scenarios as determined by a one-way ANOVA ( $F(9,210) = 1.589, p = 0.120$ ).

<Figure 3 about here>

## Discussion

Our study had three key questions. The first research question was concerned with the state of competition in the EPL over time. We found that across the last 22 seasons, when the league has been contested by 20 teams in each season, there has been a moderate decline in the overall



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3 competitive balance of the league. From an academic perspective, this finding is in line with  
4 previous research by Goossens (2006), Ramchandani (2012), Plumley et al. (2017) and  
5 Ramchandani et al. (2018), all of whom reported a decline in competitive balance in the English  
6 first division over varying time periods, but different from Szymanski (2001), who reported no  
7 significant changes in competitive balance in the English first division between 1978-1998. From  
8 a practical point of view, a statistically significant reduction in competitive balance over time in  
9 the EPL, which is regarded as one of the 'big five' football leagues in Europe (alongside the  
10 French Ligue 1, German Bundesliga, Italian Serie A, Spanish La Liga), reinforces the perception  
11 that this represents a big challenge at a policy level for developing football in Europe (see Inside  
12 World Football, 2017).

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26 The second research question was to test whether the overall level of competitive balance  
27 in the EPL under the incumbent 20 team structure was better, worse of the same relative to a  
28 hypothetical scenario of a league with fewer teams (between 10 and 19). In response to this  
29 research question, we established that there was some variation in the overall level of  
30 competitive balance in the league when different numbers of teams are considered. A key finding  
31 from our analysis indicates that the current league structure of 20 teams appears to compromise  
32 the overall level of competitive balance in the EPL in comparison with a league comprising  
33 between 10 and 19 teams.

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45 Our third research question was to determine the specific league size at which overall  
46 league competitive balance reached its best level. One the one hand, we can reasonably conclude  
47 based on the data that the number of teams in the EPL for promoting competitive balance is  
48 somewhere between 10 and 19. However, we cannot pinpoint the precise league size at which  
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3 EPL is most competitively balanced as no significant differences were observed between the  
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5 competitive balance indices for these league sizes.  
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8 Past literature relating to this particular area of research is scarce, although there has been  
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10 a suggestions in a couple of papers that, theoretically, it might be reasonable to expect that the  
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12 number of teams that constitute a league (i.e. market size) has an effect on the level of  
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14 competitive balance (see Pawlowski and Nalbantis, 2015; Ramchandani, 2012). However, with  
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16 reference to the latter study, the author actually concluded that the higher number of teams in a  
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18 league, the more competitively balanced the league. This finding was based on comparing  
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20 leagues with 20 teams (England, France, Italy and Spain), 18 teams (Germany and the  
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22 Netherlands), 16 teams (Portugal and Russia), 12 teams (Scotland) and 10 teams (Switzerland).  
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24 A limitation of this study is that the multiple league comparison was only conducted for one  
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26 season. Our study differs from this by analysing the difference in competitive balance within one  
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28 league exclusively (over a longitudinal time period) and by reducing the number of teams  
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30 systematically. Consequently, we present an alternative finding that the lower the number of  
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32 teams in the league, the more competitively balanced the league (in relation to the EPL).  
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38 There has also been a previous suggestion that the perceived quality of the UEFA  
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40 member associations (and the clubs contained within each member association) have some  
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42 bearing on competitive balance (e.g. smaller associations such as Scotland or Switzerland have  
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44 perceived 'poorer' teams competing in their league compared to bigger associations such as  
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46 England and Germany). However, in relation to competitive balance, Ramchandani (2012) found  
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48 the UEFA coefficient ranking (for member associations) to have no effect on the competitive  
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50 balance of the league itself.  
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3 Given that our study focuses on hypothetically reducing the league size in the EPL, it is  
4 pertinent to discuss the complex situation of a breakaway European super league - a concept  
5 previously suggested whereby the 'top' clubs in the largest European leagues form a break-away  
6 European closed league and effectively disband from their own league association (see  
7 Vrooman, 2007). This has been a controversial topic in recent years, yet there have been findings  
8 that allude to dominance of a league by a select number of clubs in relation to competitive  
9 balance within individual leagues in England, Germany, Italy and Spain (Ramchandani et al.,  
10 2018). In this context, dominance is defined as the number of clubs in each league that have won  
11 the title and finished in the top four during the last twenty years. Thus, a breakaway European  
12 Super League (by removing the 'top' teams in respective leagues) may bring about the potential  
13 for a more balanced league comprising of the clubs left behind in their own domestic leagues. In  
14 respect of previous findings by Curran et al. (2009), there may also be an advantage for the  
15 breakaway teams if the European Super League was a closed league as their findings suggested  
16 that closed leagues are more competitively balanced than open leagues (aligned with much of the  
17 extant literature that focuses on American team sports).

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19 Furthermore, it has been suggested that changes in competitive balance in domestic  
20 football leagues are related to the increased value of pay-outs from Pan-European competitions  
21 such as the UEFA Champions League (Pawlowski et al., 2010) meaning that the current  
22 European competitions that the top clubs compete in also provides them with a competitive  
23 financial advantage in their own respective domestic league versus those clubs that do not  
24 compete in European competitions. Whilst our study has not isolated the 'top' clubs specifically  
25 (in the EPL), there is scope here for future research based on our findings that the best league  
26 size of the EPL is between 10-19 teams for the time period studied.

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3 Our study is the the first of its kind to consider competitive balance through reducing the  
4 number of teams in a league from an academic perspective. However, this is not a completely  
5 new phenomenon in relation to industry discussions. The Football Association (FA)  
6 suggested a reduction in the number of teams in the EPL in 2015 - although this suggestion was  
7 designed to aid the performance of the national team by reducing the number of domestic  
8 matches players had to play rather than anything linked to competitive balance (de Menezes,  
9 2015). The Italian Football Federation also suggested a reduction of Serie A (the premier  
10 division in Italy) from 20 to 18 teams in 2016 with the idea of increasing the skill level of the  
11 league and to attract more fans to try to compete better with the EPL and Spanish La Liga  
12 (Kesari, 2016). At present, both these leagues remain at 20 teams but in line with the directive  
13 from the President of UEFA and the industry focus on competitive balance in European football  
14 in coming years, it is likely that these discussions will at least be revisited.  
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### 33 **Conclusion**

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35 Our findings suggest one clear recommendation for the EPL and its league organisers. Given our  
36 analysis that suggests that 20 is the worst size of the league of all the permutations we calculated,  
37 it would be wise to revisit the structure of the league given the fundamental economic premise of  
38 competitive balance within sport leagues. We appreciate that this recommendation is  
39 controversial and would be extremely difficult to implement given the lucrative revenue streams  
40 available to clubs in that league from the broadcasting deals (and given that the member clubs of  
41 the league itself get to vote on matters regarding the league) but it is clear that these discussions  
42 will continue to take place given the recent evidence cited in our discussion and the directive of  
43 UEFA.  
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3 The findings from this research also provide a useful starting point for wider comparative  
4 reviews. The European football market consists of 55 national football associations; therefore a  
5 natural extension of this research would be to analyse competitive balance across all UEFA  
6 member associations to provide a full picture of the state of competitive balance on the continent.  
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8 Additionally, future research could replicate our analysis (hypothetically reducing the number of  
9 teams in the league) for the other 'big' leagues in Europe (e.g. those with the most teams) to see  
10 whether or not the findings of our study for the EPL hold true for other leagues. Future research  
11 could also consider competitive balance in relation to the discussion surrounding a break-away  
12 European Super League by removing the top 4-6 teams from each of the 'big' five leagues in  
13 Europe to see whether or not any given league might be more balanced without the 'top' teams.  
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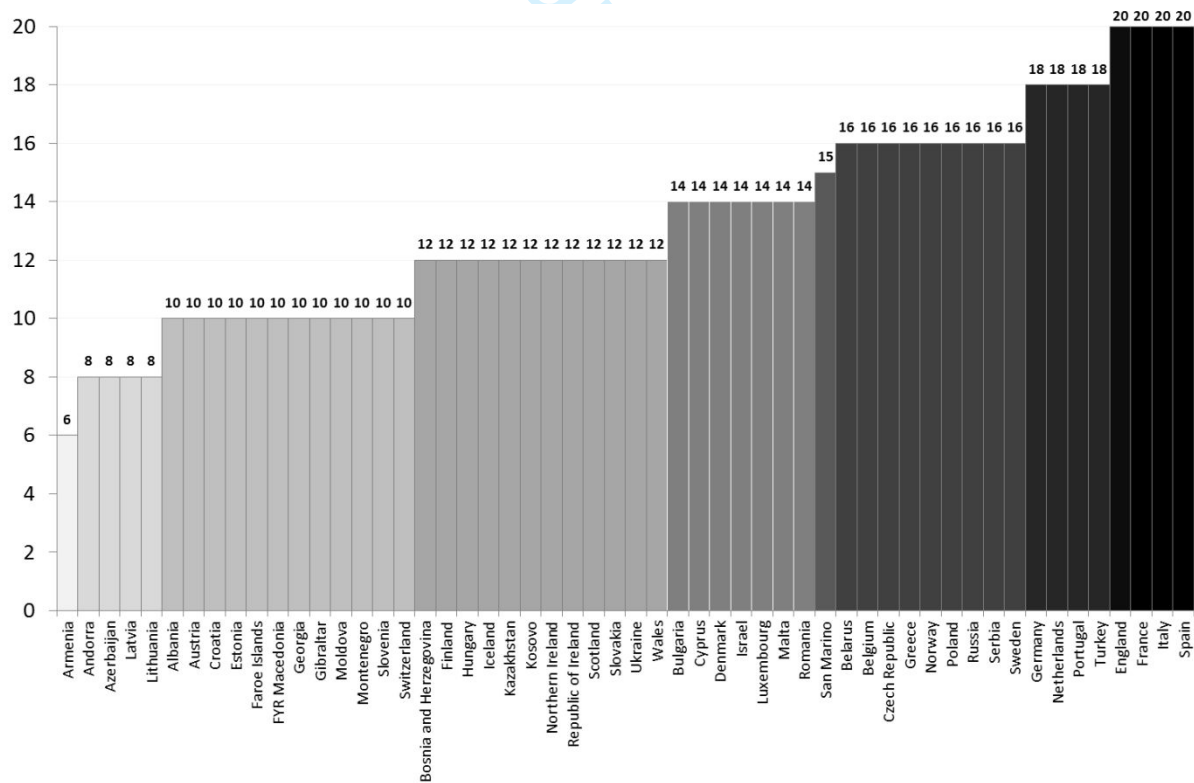
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Table 1: Frequency of best and worst NHICB in the EPL by league size

League Size	Best NHICB (B)		Worst NHICB (W)		Difference (B - W)	
	Frequency	Percent	Frequency	Percent	Frequency	Percent
20	0	0.00%	16	72.73%	-16	-72.73%
19	0	0.00%	1	4.55%	-1	-4.55%
18	2	9.09%	0	0.00%	2	9.09%
17	0	0.00%	0	0.00%	0	0.00%
16	0	0.00%	0	0.00%	0	0.00%
15	1	4.55%	0	0.00%	1	4.55%
14	1	4.55%	0	0.00%	1	4.55%
13	2	9.09%	3	13.64%	-1	-4.55%
12	1	4.55%	0	0.00%	1	4.55%
11	6	27.27%	1	4.55%	5	22.73%
10	9	40.91%	1	4.55%	8	36.36%

Figure 1: Leagues sizes of top football divisions in Europe



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Figure 2: NHICB20 by season

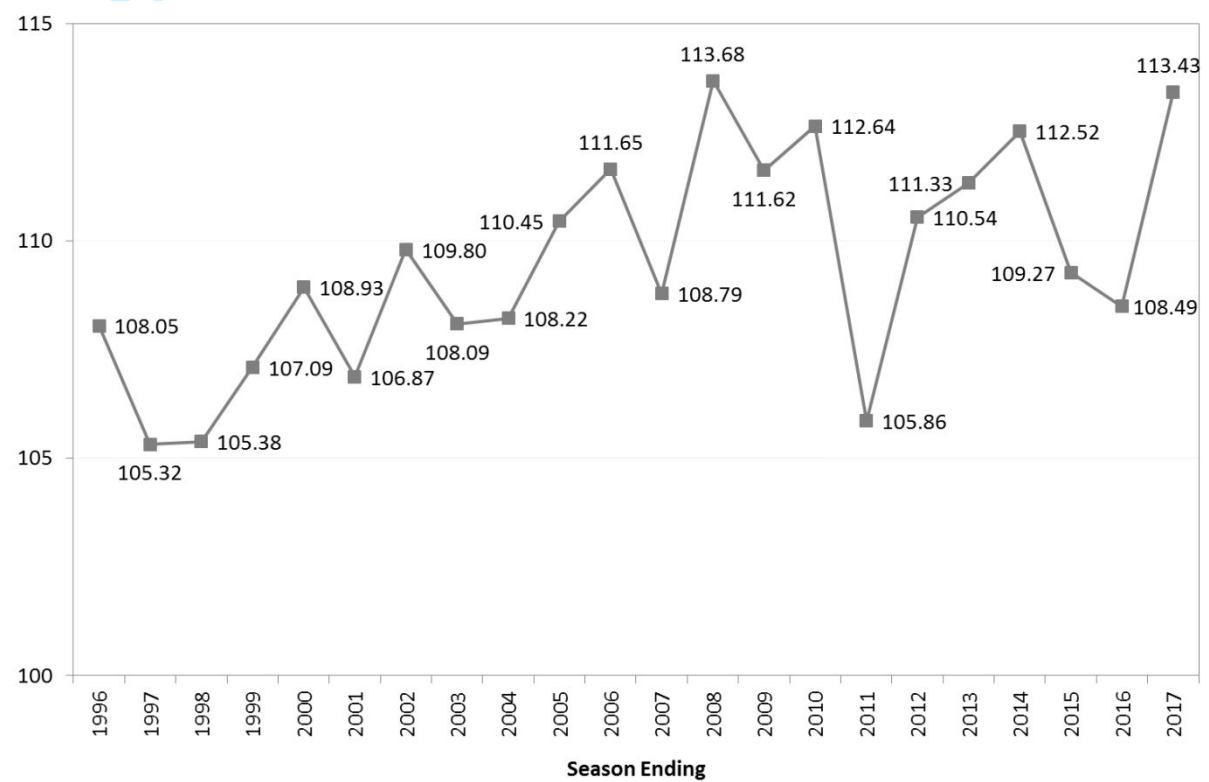
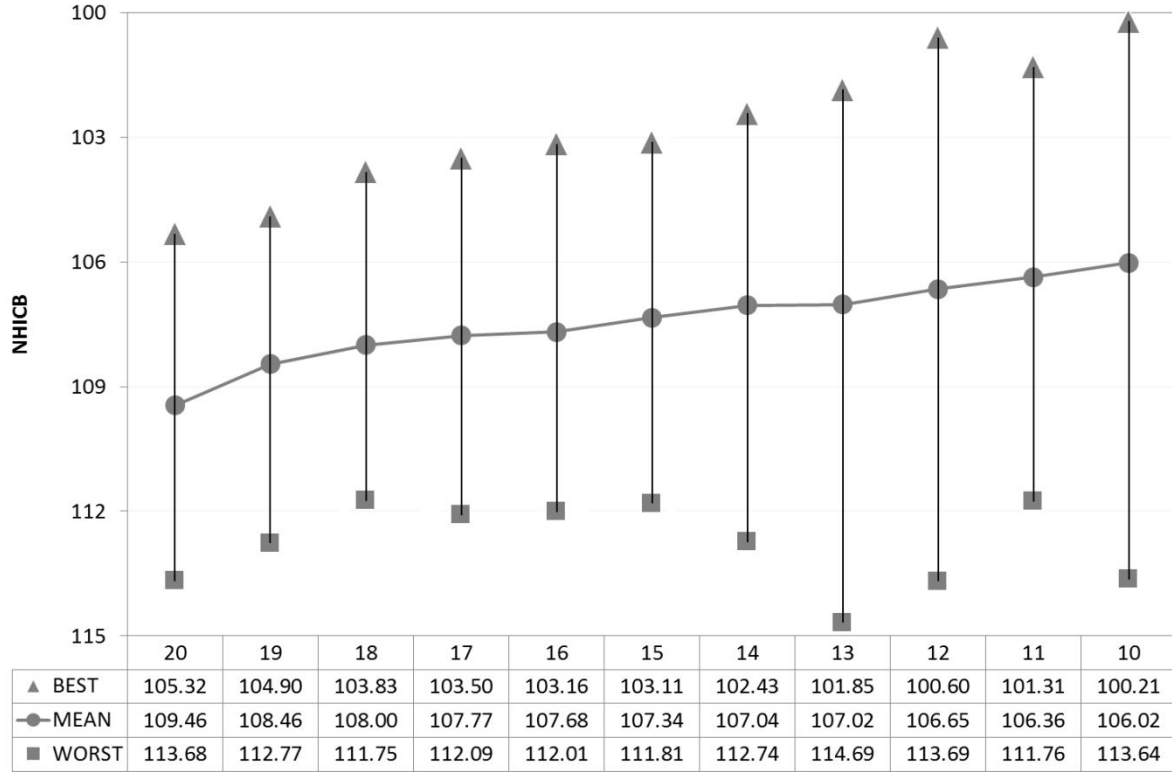


Figure 3: NHICB scores by league size

Management



Finance Management