



38 Although the effects of surface lakes on ice-shelf flexure, fracture and stability have been  
39 simulated by small-scale laboratory experiments and theoretical models<sup>9-12,20</sup>, there are currently  
40 no field data confirming whether ice-shelf flexure (and potential fracture) in response to meltwater  
41 movement, ponding or draining actually occurs. Therefore, the aim of the present study was to  
42 collect field measurements to examine this process. The key practical constraint on our field  
43 campaign was to find a suitable location to collect the data. Given the remoteness of most  
44 presently melting Antarctic ice shelves, we undertook our study at the best site available; on the  
45 McMurdo Ice Shelf (McMIS) near the logistical hub of McMurdo Station (Fig. 1).

46 The McMIS is a small (~1500 km<sup>2</sup>) portion of the Ross Ice Shelf (Fig. 1). Parts of its surface are  
47 covered by large quantities of fine debris<sup>21</sup>, most of which was transported into the area by a large  
48 ice sheet/shelf system at the Last Glacial Maximum, and is now exposed on the surface due to  
49 surface ablation that is balanced by basal freezing of marine ice<sup>22</sup>. This debris gives the surface a  
50 low albedo, which facilitates surface and shallow subsurface melting<sup>23</sup> despite McMIS being  
51 relatively far south (~77°). Surface ablation is further enhanced due to the relatively warm  
52 prevailing south-westerly winds, which warm adiabatically as they descend onto the McMIS from  
53 the nearby landmasses of Minna Bluff and Mount Discovery<sup>22</sup>. Our ~40 km<sup>2</sup> study site is located <  
54 5 km from the calving front where the ice shelf is relatively thin (10 - 30 m, refs 23, 24) (Fig. 1a).  
55 Within this area, we measured a mean surface melt rate of 5.2 mm w.e. day<sup>-1</sup> against 12 ablation  
56 stakes (range = 1.0 – 20.6 mm) from early November 2016 to late January 2017. The high surface  
57 ablation rates and shallow ice depths gave us a good chance of measuring significant changes in  
58 vertical ice deflection rates in response to variations in surface meltwater ponding and draining.

59 Here, we present field observations from in and around four meltwater lakes from early November  
60 2016 to late January 2017 (Methods). These observations include data from twelve differential  
61 global positioning system (GPS) stations (three per lake site, mounted on poles drilled into the ice,  
62 in a ~1 - 1.5 km transect extending outwards from each lake centre) and eight water pressure  
63 sensors, two or three per lake site (Fig. 1b). Combined, these are the first direct measurements of  
64 ice-shelf flexure in response to the filling and draining of surface meltwater lakes. We show that  
65 changes in surface lake volumes cause immediate and pronounced ice-shelf flexure; the magnitude  
66 of vertical ice motion decreases as a function of distance from the maximum change in meltwater  
67 loading. Our field data are supported by an exact analytic solution for flexure of a floating, thin  
68 elastic plate, in which constrained parameter values fall within sensible ranges.

## 69 **Results**

### 70 **Active meltwater lakes versus relict frozen lake scars**

71 Fieldwork survey corroborated by analysis of satellite-imagery from the previous 18 years  
72 suggests that active meltwater lakes on the McMIS form in topographically low areas with high  
73 debris concentrations, e.g. Peanut, Ring, Rift Tip and Wrong Trousers (hereafter WT) lakes (Figs.  
74 1b and 2, where at each site, GPS 1 is closest to the lake centre, and GPS 3 is furthest away). The  
75 low albedo of the debris, much of which appears to enter the lake basins entrained by inflowing  
76 meltwater, enhances melt rates, as does the relatively low albedo of the ponded meltwater  
77 compared to the surrounding bare ice<sup>22</sup>.

78 In addition to the active lakes that fill and drain during the melt season, relict, frozen lake scars are

79 also present, and remain almost entirely frozen at their surface year-round due to their relatively  
80 high surface albedo. Good examples of these features are the areas where Ring and Peanut GPS 3s  
81 are located (Figs. 1b and 2). Low surface melt rates in these areas, combined with vertical  
82 hydrostatic adjustments made by the floating ice-shelf, mean that the frozen lake scars appear as  
83 raised pedestals compared to the surrounding topography. Meltwater, therefore, often pools to  
84 form active meltwater lakes in the topographically-low areas around the pedestalled, relict lake  
85 scars (e.g. where Ring and Peanut GPS 1s are located; Figs. 1b and 2).

### 86 **Ice-shelf vertical elevation change observations**

87 At all lake sites during the melt season, the greatest changes in ice-shelf vertical elevation in  
88 response to meltwater loading/unloading are close to the active lake centres (i.e. at each GPS 1).  
89 The data from all four GPS transects support this (Figs. 3 and 4). Data from GPS 1 at all lake sites  
90 apart from the Peanut site (where we have no measured water depth data near to GPS 1), also show  
91 that there is a clear coincidence between the time periods when lake depths are increasing and  
92 when the ice shelf is deflecting vertically downward (Figs. 3 and 4). These temporal coincidences  
93 occur immediately before GPS 1 at each lake site reaches its lowest elevation (indicated by a red  
94 dot below the red lines, Figs. 3 and 4, top plots), and is clearest at Ring GPS 1 between 21 and 22  
95 December (Fig. 3a, top plot). There is also a clear temporal coincidence between the initiation of  
96 vertical uplift at Ring and WT GPS 1s, and the initiation of the Ring and WT lake drainages (Figs.  
97 3a and 4a). The same cannot be said at Rift Tip or Peanut due to missing GPS data at Rift Tip and  
98 a lack of water depth data at Peanut (Figs. 3b and 4b).

99 Data from the Ring site show the most pronounced example of the immediate vertical ice  
100 movement in response to the filling and draining of a lake (Fig. 3a). Until mid-December, Ring  
101 GPS 1 uplifts slowly at  $\sim 3 \text{ mm day}^{-1}$ , equal to the mean seasonal uplift rate of Ring GPS 2 and 3.  
102 This steady uplift is the background trend observed at all 12 GPS stations during the melt season  
103 and is likely due to relatively high surface meltwater production and export rates, compared to low  
104 meltwater import and ponding rates, causing the ice shelf to uplift hydrostatically as it experiences  
105 a net loss of surface mass (see Net meltwater budget calculations section, below, for further  
106 analysis and explanation). This upward deflection trend, indicative of net unloading from the area,  
107 suggests that the majority of the meltwater that slowly fills Ring lake until mid-December is  
108 produced in-situ, as opposed to being transported in from the surrounding area via surface melt  
109 streams. Thus, although Ring lake fills between late November and mid-December, the dominant  
110 trend of Ring GPS 1 is uplift as more mass is being lost from the area near to Ring GPS 1 by  
111 meltwater production and export than is being transported into the area and is ponding.

112 However, from  $\sim 14$  December, when Ring lake fills more quickly, the dominant trend of Ring  
113 GPS 1 is downward deflection, at  $\sim 10 \text{ mm day}^{-1}$ . Between 21 and 22 December, Ring GPS 1 goes  
114 down rapidly by  $\sim 0.2 \text{ m}$ , corresponding to the time when the lake fills most rapidly and reaches  $>$   
115  $2 \text{ m}$  in depth. The downward deflection measured between 14 and 22 December is indicative of net  
116 loading in the vicinity of Ring GPS 1, suggesting that inflow of meltwater from the surrounding  
117 area is now contributing to the filling of Ring lake. On 22 December, Ring lake starts to drain and  
118 Ring GPS 1 immediately starts to rise rapidly by  $\sim 50 \text{ mm day}^{-1}$ . In total, Ring GPS 1 rises by  $0.96$   
119  $\text{m}$  between 22 December and 28 January (Fig 3a, top plot).

120 The data from Rift Tip GPS 1 also show a pronounced uplift response to lake drainage (Fig. 3b),

121 but due to missing data (dashed red line), the precise uplift initiation date is unknown. If the uplift  
122 response was as fast as it was at Ring, then uplift initiation was likely to be on or around 15  
123 December, as our Rift Tip water-pressure sensor data (Fig. 3b) and evidence from a time-lapse  
124 movie of Rift Tip lake filling and draining (produced from photos taken at 30-minute intervals,  
125 Supplementary Movie 1) shows Rift Tip lake started to drain on 15 December (Supplementary  
126 Fig. 1b). The movie also shows that Rift Tip lake drains via surface overflow in ~9 days, assisted  
127 by the incision of a surface stream (Supplementary Fig. 1c), which drains water from ~22  
128 December onwards. As we have no field evidence of hydrologically-induced cracks or moulins,  
129 and as the drainage times for the three other lakes was also of the order of days (i.e. longer than the  
130 typical time taken for drainage by hydrofracture<sup>23,24</sup>), we assume that they also drain slowly by  
131 overflow (e.g., by removal of a natural impediment and/or channel incision at the lake outflow).

### 132 **Net meltwater budget calculations**

133 The net meltwater budgets, each defined as the meltwater ponding volume (calculated from  
134 Landsat 8 satellite imagery analysis) minus the total meltwater production volume (calculated by a  
135 positive degree-day (PDD) model) between early November and late January, within a circle of  
136 radius ( $r$ ) 250 m centred on each of the 12 GPSs (Fig. 1b, and Methods), were calculated in order  
137 to help explain the vertical movements of each GPS station. Our results show that the seasonal net  
138 meltwater budgets at all GPS stations, each defined as the maximum minus minimum net  
139 meltwater budget during the 2017/2017 melt season, are negative (Figs. 3 and 4). This is indicative  
140 of a net mass loss from each of these 12 areas during the melt season, due to a greater volume of  
141 meltwater production (and export), than of meltwater ponding (and import), and explains the  
142 dominant uplift signal at all GPS stations through the majority of the melt season (varying between  
143 3 – 10 mm day<sup>-1</sup> for all GPSs 2 and 3; Figs. 3 and 4). The mass that is lost, i.e. meltwater, is  
144 transported either to other areas of the ice shelf or, more likely, to the ocean via surface streams.  
145 Some of the measured vertical uplift may be partially attributable to sub-ice-shelf accumulation,  
146 but as surface ablation is balanced by sub ice-shelf accumulation on an annual basis<sup>22</sup>, and as  
147 surface melting is most prevalent in the summer, we deduce that surface melting is likely the  
148 dominant control on ice-shelf uplift change during the summer melt season.

149 We also note that the short-lived reduction in the uplift rate around 5/6 January in all GPS datasets  
150 (Figs. 3 and 4) is likely due to a snow-fall event, evidence of which is shown in Supplementary  
151 Movie 1. This snow-fall event would have temporarily added a small load to the ice-shelf surface  
152 and, perhaps more importantly, would have increased the surface albedo (and thereby reduced  
153 meltwater production rates) and increased surface meltwater storage in the snow (and thereby  
154 reduced meltwater export rates).

155 For both the Ring and Peanut sites, the locations with the greatest change in the net meltwater  
156 budget over the season correspond with the places that experience the greatest total change in  
157 vertical ice elevations i.e. at Ring and Peanut GPS 1s (Figs. 3a and 4b). For example, Ring GPS 1,  
158 which undergoes the greatest total change in vertical elevation (~1 m) out of all GPS 1s, also  
159 experiences the greatest total seasonal net meltwater budget change in its surrounding area (Fig.  
160 3a). There, the net meltwater budget is greatest ( $4.1 \times 10^4 \text{ m}^3$ ) on 24 December, coinciding with  
161 the time when Ring GPS 1 is at its lowest elevation, and smallest ( $-1.6 \times 10^4 \text{ m}^3$ ) on 18 January,  
162 when Ring GPS 1 is close to its highest elevation. The net removal of water from the  $r = 250 \text{ m}$

163 circular area centred on Ring GPS 1 between those dates is  $5.7 \times 10^4 \text{ m}^3$  (Fig. 3a); a volume that  
164 we refer to as the seasonal net meltwater budget. It is not possible to identify a similar  
165 correspondence between the maximum changes in meltwater budget and ice elevation at the Rift  
166 Tip and WT sites (Figs. 3b and 4a). However, for both the Rift Tip and WT GPS transects, the  
167 seasonal changes in net meltwater budgets are more similar across each transect (i.e. between the  
168 three GPS stations), than they are at the Ring and Peanut sites.

### 169 **Analytic expression for idealised ice-shelf flexure**

170 Compared to the GPS 1 station data, which record pronounced vertical movement at the centre of  
171 all lake sites, GPSs 2 and 3 are distal from the lake centres and generally do not show a  
172 pronounced response to lake filling or drainage (Figs. 3 and 4). The exception to this is Rift Tip  
173 GPSs 2 and 3, which are both  $< 250 \text{ m}$  of Rift Tip GPS 1 and uplift vertically at a rate that is  
174 almost as rapid as that measured at GPS 1 when Rift Tip lake drains (Fig 3b). Therefore, the data  
175 from all sites suggests that the flexural responses to load changes are local (e.g.  $< 500 \text{ m}$  from lake  
176 centres). An exact analytic solution for removal of a disk-shaped load from a thin elastic-plate<sup>10</sup>  
177 (Methods) supports this observation. For example, using a combination of constrained parameter  
178 values that produce the best match between the analytic solution and measured deflection at Ring  
179 lake's centre (see below and Methods), its centre is simulated to rise by  $\sim 1 \text{ m}$ , whereas the ice  
180 surface  $> 250 \text{ m}$  away from the lake centre rises by  $< 10 \text{ mm}$  (Fig. 5a). Our field measurements at  
181 Ring GPSs 2 and 3 record some net uplift during the season (80 mm and 70 mm, respectively), but  
182 this is due to the slightly negative seasonal net meltwater budget at each of these locations (Fig.  
183 3a).

184 The parameters in the analytic solution deemed to be most sensitive are lake radius ( $R$ ); effective  
185 ice thickness ( $H$ ); and Young's Modulus ( $E$ ). Sensitivity tests were run for varying combinations  
186 of values for these parameters within the following ranges:  $R = 50 - 250 \text{ m}$ ;  $H = 10 - 30 \text{ m}$ ; and  $E$   
187  $= 1 - 10 \text{ GPa}$ . These ranges are guided by: our field data ( $R$ ); McMIS data collected by others  
188 ( $H$ )<sup>24,25</sup>; and, values derived through modelling and laboratory experiments by others ( $E$ )<sup>10,11,29</sup>.  
189 For Ring lake, calculated centre-lake deflection and maximum von-Mises stress for varying  
190 combinations of values for the parameters  $R$ ,  $H$  and  $E$  are given in Supplementary Table 1.  
191 Optimal values of these parameters for Ring lake, where our net meltwater budget calculations  
192 show that a meltwater volume of  $5.7 \times 10^4 \text{ m}^3$  is removed during the melt season, are found to be  
193 125 m, 10 m, and 1 GPa, respectively (Fig. 5a), giving the  $\sim 1 \text{ m}$  uplift at Ring lake's centre that is  
194 consistent with our GPS 1 measurements (Fig. 3a).

195 The optimal values of  $H$  (10 m) and  $E$  (1 GPa) established for Ring Lake were then used within  
196 the analytic solution and applied to the other three lakes to see if the analytic solution agreed with  
197 GPS 1 vertical elevation data measured there. The other lakes have different meltwater unloading  
198 inputs, as indicated by our seasonal net meltwater budget calculations (Figs. 3 and 4, lower three  
199 plots in each), thus we expected that changing the value of  $R$  for each lake would be necessary.  
200 Agreement between the simulated and measured centre-lake deflections was obtained with  $R$   
201 values of 250 m, 175 m, and 200 m for Rift Tip, WT and Peanut lakes, respectively  
202 (Supplementary Fig. 2), which are plausible based on our field and satellite-based observations.  
203 With these parameter values, the ice surface is simulated to rise by  $< 10 \text{ mm}$  at distances of  $> 370$   
204 m,  $> 284 \text{ m}$ , and  $> 302 \text{ m}$  away from the centres of Rift Tip, WT and Peanut lakes, respectively.

205 Therefore, as with the results for Ring lake, the results for the other three lakes show that  
206 meltwater loading/unloading has only a local flexural effect (Supplementary Fig. 2). At Rift Tip,  
207 GPSs 2 and 3 are < 370 m away from Rift Tip lake centre, so some of their observed uplift is  
208 explained by the net meltwater unloading at GPS 1, with the rest due to meltwater unloading  
209 closer to those stations (Fig. 3b, Supplementary Fig. 2a). Similarly, WT and Peanut GPS 2s are,  
210 respectively, < 284 m and < 302 m away from their respective lake centres, but their GPS 3s lie  
211 further away. The measured deflections at their GPS 3s is due entirely to the net meltwater  
212 unloading close to those stations; at their GPS 2s it is due mainly to local unloading, with a small  
213 fraction in response to unloading at their GPS 1 sites (Figs. 4a and b, Supplementary Figs. 2b and  
214 c).

## 215 Discussion

216 While lake filling and, more significantly, drainage, caused differential changes in local ice-shelf  
217 elevation, and therefore ice flexure, across all four of our lake sites, no observable fractures  
218 formed. It is reasonable to expect that: hydrofracture does not assist flexure-driven fracture when  
219 ice-shelf thicknesses are small, because the hydrostatic head can never become large enough<sup>30</sup>;  
220 and/or lakes on the McMIS simply do not currently reach large enough volumes to produce  
221 sufficient tensile-stress levels for fracture initiation<sup>10,31</sup>. Small lake volumes may be attributable to  
222 the low amplitude of surface topographic undulations, which means that lakes drain via surface  
223 overflow after reaching just a small water volume. An extensive stream/river system may help  
224 lakes to drain by overflow, and may also intercept and evacuate meltwater before it is ever able to  
225 enter potential lake basins. Much of this meltwater will be transported off the ice shelf and into the  
226 ocean<sup>32,33</sup>, thereby contributing to the ice shelf's negative seasonal net meltwater budget.  
227 Alternatively, local flexure-induced tensile stresses alone (Fig. 5b, Supplementary Fig. 2) may be  
228 sufficiently large for fracture, but stresses from further afield, such as back-stresses from land-fast  
229 sea ice<sup>34</sup> and/or stresses from larger-scale ice-flow<sup>35</sup>, may be acting to prevent fracture initiation<sup>5</sup>.

230 Although our results indicate that there is currently a negative net meltwater budget on the McMIS  
231 during the melt season, melt rates on many of Antarctica's ice shelves are expected to increase  
232 two- to three-fold by 2050<sup>36</sup>. Therefore, meltwater volumes may become so great that even if  
233 large-scale river systems develop to evacuate meltwater off the ice shelves and into the ocean<sup>33</sup>,  
234 their discharge capacity may be insufficient to prevent positive net meltwater budgets developing  
235 during a melt season (or over successive seasons)<sup>32,33</sup>. Such increased meltwater loading may  
236 increase the potential for fracture formation, and ultimately, ice-shelf break-up, perhaps once a  
237 given ponding density threshold is exceeded<sup>8</sup>. Surpassing a given ponding density may also enable  
238 a chain-reaction style lake drainage process to assist with ice-shelf break-up<sup>5,10</sup>. Currently on the  
239 McMIS, surface lakes are not sufficiently widespread for the localized meltwater-loading induced  
240 flexure (and potential fractures) to affect more than one lake. Other ice shelves that are already  
241 experiencing more widespread melting and pond formation<sup>2</sup> may be more vulnerable to break-up<sup>5</sup>.

242 The results of this study, which are based on field measurements, show that surface meltwater  
243 ponding and drainage has a prominent and instantaneous effect on ice-shelf vertical deflection and  
244 flexure. The magnitude of the vertical ice-shelf deflection decreases from maxima of ~1 m at the  
245 centres of the maximum load changes to zero at distances of < 500 m; observations that are  
246 supported by an exact analytic solution for flexure of a floating, thin elastic plate, in which

247 constrained parameter values fall within sensible ranges.

248 Ultimately, the observations presented here provide an initial performance constraint to guide the  
249 development of regional- and continent-scale ice-sheet models<sup>37,38</sup> to produce more accurate  
250 predictions of future sea-level rise following ice-shelf collapse<sup>7,39-41</sup>. The process of ice-shelf  
251 flexure in response to surface meltwater load changes<sup>11</sup>, which may lead to fracture<sup>9</sup>, is not yet  
252 simulated by these models.

## 253 **Methods**

254 **GPS deployment and data processing.** 12 differential GPS stations were deployed in the field  
255 area from mid-November 2016 to mid-January 2017 (Figs. 1b and 2, red stars). The GPS stations,  
256 provided by UNAVCO, were Trimble NetR9 with Zephyr Geodetic antennas, with photovoltaic  
257 power supplies. The antennas were placed on 3 m aluminum poles driven ~ 2.5 m (with a Kovacs  
258 drill) into the ice at the start of the field campaign, leaving the antennas initially elevated ~ 0.5 m  
259 above the ice surface. At the end of campaign, surface ablation caused some pole emergence at the  
260 sites, however all antennas were still rigidly fixed with respect to the subsurface ice reference  
261 frame at the bottom of the survey poles, and the poles had tilted < 5°.

262 The L1 and L2 carrier frequency data (15 sec sample rate) recorded by the GPS receivers  
263 were processed using the TRACK software package maintained by the Massachusetts Institute of  
264 Technology using the GPS base station located at McMurdo Station (~15 km from the field area,  
265 and operated by UNAVCO). Parameters specifying standard deviation for horizontal and vertical  
266 motion used by the Kalman filter within TRACK, 30 mm of motion between samples in each  
267 direction, were estimated conservatively, and variation of this choice was not found to change the  
268 processed data significantly. Following the application of TRACK to determine the vertical  
269 elevation time series, the data were quality checked for outliers and obvious cycle slips (10s of mm  
270 displacement over time periods of < 10s of minutes), and these were replaced with interpolations.

271 Tidal displacement showing the dominant diurnal tide of McMurdo Sound with a weak  
272 semidiurnal component and the familiar spring-to-neap tidal cycle was the principal vertical  
273 motion in the time series. To restrict attention to only long-period monotonic vertical  
274 displacements associated with load-driven ice-shelf flexure, the tidal signals from each of the 12  
275 stations were removed. This was done using a least-squares estimation of pure sinusoidal variation  
276 within each time series, applied with 3 dominant diurnal and 4 dominant semidiurnal frequencies  
277 (K1, O1, S1, M2, S2, N2, K2) to produce the long-term vertical displacement residual presented in  
278 this paper. Subsequently, the data were smoothed using a 24-hour running mean to remove other  
279 lower and higher frequency signals, including non-sinusoidal signals that are nearly at the tidal  
280 frequencies (e.g. diurnal multi-path error).

281 Following de-tiding and smoothing, the long-term vertical displacement residual was  
282 corrected for the inverse barometer effect (IBE) using barometric data (logged every 10 mins)  
283 from two AWSs located 10 - 15 km from the field area (operated by the University of Wisconsin  
284 Antarctic Meteorological Research Center (AMRC), Pegasus North and Willy Field). The vertical  
285 displacement coefficient for the IBE used was 0.9948 cm mb<sup>-1</sup>. Because the IBE is common to all  
286 stations, errors in its application have no effect on vertical displacement differences between  
287 stations used to infer ice-shelf flexure.

288 Applying the time-averaging and tide removal algorithms described above to the elevation  
289 time series presented in Figs. 3 and 4 renders errors due to short-term (seconds to minutes)  
290 influences (due to GPS receiver effects and data processing uncertainties, and to ice-shelf

291 movements due to long-period ocean swell) to  $\pm 10$  mm; and renders errors due to long-term  
292 (hours to days) effects (due to ocean tide and the IBE) to  $\pm 50$  mm. To arrive at these estimates of  
293 uncertainty, we computed the standard deviation of vertical-elevation differences between pairs of  
294 stations in hourly time-windows over 1944 windows in an 81-day period when all stations were  
295 recording data simultaneously. The histogram of standard deviations for the 1944 hour-long time  
296 windows peaked at 48 mm, suggesting that the standard deviation of errors affecting our analysis  
297 is  $< 50$  mm. Figs. 3 and 4 show 24-hour running means of relative vertical GPS displacement. We  
298 expect the error associated with these running means to be  $1/(\sqrt{24})$ ,  $\approx 1/5$  of the  $\pm 50$  mm estimate  
299 derived from the hourly windows, or  $\sim \pm 10$  mm. It does not make sense to plot this small error  
300 bracket on all of our GPS time series as they would not be visible.

301 **Pressure transducer deployment and data processing.** 8 HOBO® (U20L-01) water pressure  
302 transducers, with a 0 - 9 m range and a 10-min logging interval, were deployed in and around the  
303 lake study sites from mid-November 2016 until mid-January 2017 (Fig. 1b, open green circles).  
304 We show water-depth data from the three transducers that were retrievable and which showed non-  
305 negligible water depth changes (Figs. 3 and 4). These were located near to Ring GPS 1, WT GPS  
306 1, and Rift Tip GPS 1.

307 To account for barometric pressure fluctuations, the data were corrected against air  
308 pressure data from the AMRC Pegasus North AWS. The sensors have a typical water level  
309 accuracy of  $\pm 3$  mm and a resolution of  $\sim 2$  mm ([http://www.onsetcomp.com/products/data-](http://www.onsetcomp.com/products/data-loggers/u20l-01)  
310 [loggers/u20l-01](http://www.onsetcomp.com/products/data-loggers/u20l-01)).

311 At all sites, we initially deployed two transducers at the height of the ice surface, a fixed  
312 transducer secured to an aluminium pole drilled into the ice, and a loose transducer which was to  
313 slide down the pole as the ice ablated. Following ref. 26, we had hoped to calculate lake-bottom  
314 ablation using this method. Here though, we just report water depths relative to the ablating lake  
315 bottom. At WT GPS 1, the transducer successfully slid down the pole as the surface ablated. It  
316 therefore measured the water depth relative to the lake bottom, through time (Fig. 4a, dark blue  
317 line). At Ring and Rift Tip GPS 1s, however, we only have data from the height of the fixed  
318 transducers (Figs 3a and b, green lines) because the loose transducers were either irretrievable  
319 (Ring GPS 1) or remained stuck against the pole at the height of the fixed transducer (Rift Tip  
320 GPS 1). At both Ring and Rift Tip GPS 1s, we therefore estimate lake depth relative to the lake  
321 bottom using the following procedures. The fixed transducers were initially secured to their pole at  
322 the lake bottom, where there was 0 m water depth. At Ring GPS 1, we measured the water depth  
323 between the fixed transducer and the lake bottom (1.3 m) when we retrieved the sensors. Using  
324 these data, we calculated the average lake-bottom ablation rate at Ring GPS 1 during the sensor's  
325 deployment to be  $20.3 \text{ mm day}^{-1}$ , which we used in conjunction with the fixed sensor water depth  
326 data (Fig. 3a, green line) to estimate water depth relative to the lake bottom (Fig. 3a, dashed dark  
327 blue line). At Rift Tip GPS 1, the lake bottom was dry when we retrieved the transducers on 18  
328 January. As we were unable to calculate an ablation rate for the time the lake contained water, we  
329 used the ablation rate measured at Ring GPS 1 of  $20.3 \text{ mm day}^{-1}$  to correct the fixed transducer  
330 data to produce an estimated depth relative to the lake bottom (Fig. 3b, dashed dark blue line). We  
331 have independent evidence that this is an accurate ablation rate to use, at it gives a total ablation of  
332 0.37 m over the 18 days when water was in the lake basin, we know the sensors were 0.60 m  
333 above the dry lake bottom when the sensors were retrieved after a total of 41 days, requiring a dry  
334 ice ablation rate of  $10 \text{ mm d}^{-1}$  for the 23 days that the sensors were out of the water, which is  
335 comparable with the rate measured against other stakes in the vicinity of Rift Tip GPS 1 over the



336 summer.

337 **Time-lapse camera deployment and analysis.** A Harbortronics Cyclapse time-lapse camera  
338 system, containing a Canon EOS Rebel T6i, was deployed from 25 November 2016 until 27  
339 January 2017 beside Rift Tip GPS 1 (Fig. 1b, filled blue circle). It was mounted on a steel pole  
340 attached to a 4-inch x 4-inch wooden stake drilled into the ice and it was programmed to take a  
341 photo every 30 minutes. Following retrieval, the 3015 images were date- and time-stamped in  
342 MATLAB (three of which are shown in Supplementary Fig. 1), then processed in GoPro Studio to  
343 produce a movie with a frame rate of 30 sec<sup>-1</sup> (Supplementary Movie 1).

344 **Seasonal net meltwater budget calculations.** The seasonal net meltwater budget, defined as the  
345 total meltwater ponding volume minus the total meltwater production volume, through the  
346 2016/2017 melt season, was calculated within circles of radius ( $r$ ) = 250 m (area =  $\sim 2 \times 10^5$  m<sup>2</sup>),  
347 centred on each of the 12 GPSs (Fig. 1b, white dashed circles). Circles with this dimension were  
348 chosen for various reasons. First, the maximum distance between any two GPS stations along each  
349 lake transect is 500 m, so 250 m radii circles around those stations do not overlap. Second, the  
350 frozen lake scars in our two partially clean lake sites, Peanut and Ring, have radii of  $\sim 250$  m, and  
351 thus it did not seem sensible to make the circles for meltwater budget calculations any smaller.  
352 And third, using larger circles would have resulted in significant overlap between the circles, and  
353 therefore, potentially similar meltwater budgets around each GPS station. We note that sensitivity  
354 tests showed that changing the areas of the circles that were analysed (from  $r = 125 - 500$  m) did  
355 not change the meltwater budget trends for any of the GPS. Details of meltwater ponding and  
356 meltwater production calculations are given below.

357 **Observed surface meltwater ponding calculations.** We used data collected by the Landsat 8  
358 sensor to estimate areas and depths, and therefore volumes, of ponded meltwater over our study  
359 region through the 2016/2017 melt season. Landsat 8 was launched in 2013 and hosts the  
360 operational land imager (OLI) spectrometer, suitable for lake area and depth estimation<sup>42,43</sup>. Only  
361 images with no cloud-cover across our four lake study sites were used. In total, 10 such images  
362 between 1 November 2016 and 31 January 2017 were available (Supplementary Table 2).

363 Reflectance values were used to extract both the area and the depth of surface water using a  
364 combination of bands. Landsat 8 bands 2 (blue, 450-510 nm), 4 (red, 640-670 nm), 7 (shortwave  
365 infrared, 2100-2300 nm) and 8 (panchromatic, 500-680 nm) were cropped to our area of interest  
366 (using Extract by Mask in ArcMap<sup>TM</sup>). We used each image's metadata to convert digital numbers  
367 to top-of-atmosphere (TOA) reflectance and to correct for solar elevation. These TOA reflectance  
368 values represent an adequate proxy for surface reflectance<sup>42</sup>.

369 To identify water-covered pixels, we calculated the normalized difference water index  
370 adapted for ice (NDWI<sub>ice</sub>), defined as:

371

$$372 \quad \text{NDWI}_{\text{ice}} = (B2 - B4) / (B2 + B4) \quad (1)$$

373

374 where B2 and B4 represent the blue and red bands respectively. Owing to the spectral dependency  
375 of water reflectance, pixels covered in deeper water will have higher NDWI<sub>ice</sub> values. Pixels with  
376 NDWI<sub>ice</sub> > 0.07 were assumed to be water-covered. This value is lower than that (0.12) used to  
377 detect water-covered pixels in Landsat 8 in other studies<sup>33,44</sup>, because we lowered this threshold by

378 the minimum amount necessary (in increments of 0.01) to include pixels that we knew to be water-  
379 covered from our ground instrumentation (i.e. our 8 water pressure transducers).

380 Nine images (15 November 2016 – 25 January 2017 inclusive) were found to contain  
381 water-covered pixels (Supplementary Table 2).

382 To calculate water depth for the pixels identified as being water-covered, we employed the  
383 physically-based, single-band, water-depth retrieval algorithm originally based on the Bouguer-  
384 Lambert-Beer law<sup>45,46</sup>, which describes the attenuation of radiation through a water column;  
385 deeper water results in higher light attenuation within the column than shallower water. The  
386 expression for reflectance immediately below the water surface for optically shallow,  
387 homogeneous water,  $R(0^-)$ , is given by:

$$388 \quad R(0^-) = R_\infty + (A_d - R_\infty)\exp(-gz) \quad (2)$$

389

390 where  $A_d$  is the lake bottom albedo,  $R_\infty$  is the reflectance of optically deep water, and the  
391 coefficient  $g$  accounts for losses in upward and downward travel through the water column and  
392 varies with the wavelength used<sup>40</sup>. Solving this equation for water depth ( $z$ ) gives:

393

$$394 \quad z = [\ln(A_d - R_\infty) - \ln(R_{\text{water}} - R_\infty)]/g \quad (3)$$

395

396 where  $R_{\text{water}}$  is the reflectance of a water-covered pixel.  $A_d$  was calculated image-by-image on a  
397 pixel-by-pixel basis, by taking the mean reflectance of a ring dilated by one pixel around each  
398 ponded region<sup>47,48</sup>, an improvement on previous studies that used static values across a region<sup>46,49</sup>.  
399 Some images did not contain optically deep water, and for those images, the difference between  
400 using an  $R_\infty$  value of 0 and a value obtained from the ocean was negligible; for these reasons, an  
401  $R_\infty$  value of 0 was used<sup>43</sup>. The depth of each water-covered pixel was calculated by averaging the  
402 water depths ( $z$ ) derived from Landsat 8's bands 4 and 8 (ref 42). The values for  $g$  (0.7507 for band  
403 4 and 0.3817 for band 8) were taken from ref. 42. This method of calculating water depth makes  
404 several assumptions, including: the lake substrate is homogenous and the impact of any dissolved  
405 matter in the water on absorption is negligible; and there is no scattering of light from the lake  
406 surface associated with roughness due to wind<sup>46</sup>. We appreciate that the first assumption may be  
407 particularly problematic in our study area due to the large amounts of fine debris that accumulates  
408 in the areas where water ponds.

409 Finally, after water depth was calculated, dry debris that was falsely identified as water,  
410 was removed from the images. As dry debris is known to have high band 7 and low band 2  
411 reflectance values (whereas water has low band 7 and high band 2 reflectance values), this was  
412 done by masking out band 7 pixels with reflectance  $> 0.4$  and band 2 pixels with reflectance  $< 0.2$ .  
413 These thresholds were determined by performing a combination of visual analysis and inspection  
414 of the reflectance values in bands 2 and 7 for water and debris. A blue-band threshold has similarly  
415 been employed in other studies to remove pixels falsely identified as water<sup>50,51</sup>, but we are not  
416 aware of the shortwave infrared band having previously been used for a similar purpose.

417 We do not have errors on our meltwater volume calculations as due to our method of  
418 determining a suitable  $\text{NDWI}_{\text{ice}}$  threshold (see above), the errors on our water-covered pixel areas  
419 are assumed to be negligible, and the average depth error across multiple water-covered pixels  
420 using bands 4 and 8 has been shown to be zero (because positive and negative errors cancel out)<sup>42</sup>.

421 **Surface meltwater production calculations.** We used a PDD model to calculate meltwater  
422 production during the 2016/2017 melt season. Two PDD factors, one for dirty, low-albedo, ice,  
423 and one for clean, high-albedo, ice, were derived empirically from our 2-m air temperature data  
424 and in-situ ablation measurements. Air temperature data were logged every 15 minutes at our  
425 AWS, which was installed from 22 November 2016 to 27 January 2017 in the centre of Rift Tip  
426 lake (Fig. 1b, yellow star). Surface ablation was measured against each of the 12 GPS antenna  
427 poles, between the time of their installation in November 2016, and their retrieval in late January  
428 2017. The 12 measurements clearly split into two groups; a dirty ice group (Rift Tip GPSs 1 and 2,  
429 and WT GPS 1) with melt rates  $> 12$  mm w.e.  $\text{day}^{-1}$ , and a clean ice group with melt rates  $< 4$  mm  
430 w.e.  $\text{day}^{-1}$ . Our dirty ice and clean ice PDD factors are the mean of the PDD factors for the three  
431 dirty stake locations ( $47.5$  mm w.e.  $^{\circ}\text{C}^{-1} \text{day}^{-1}$ ) and the 9 clean locations ( $6.4$  mm w.e.  $^{\circ}\text{C}^{-1} \text{day}^{-1}$ ),  
432 respectively. The Standard Errors of these means are  $9.0$  and  $0.9$  mm w.e.  $^{\circ}\text{C}^{-1} \text{day}^{-1}$ , respectively,  
433 i.e. 19% and 13% of the respective PDD factors.

434 To apportion pixels within each circle around each GPS into two categories, dirty and  
435 clean, we applied the MATLAB function `graythresh` to the band 8 TOA reflectance values from  
436 the nine Landsat 8 images for the 2016/2017 melt season that our analysis had already shown to  
437 include of surface meltwater (Supplementary Fig. 3 and Supplementary Table 2). Using Otsu's  
438 method, this function chooses the threshold value that minimizes the intra-class variance of the  
439 black and white pixels. This dynamic thresholding approach is empirical, and justified by the  
440 observation that dirty pixels are relatively darker than clean pixels at wavelengths in the solar  
441 reflective part of the spectrum. Dynamic thresholding has been used in a variety of previous  
442 studies<sup>49</sup> to categorise MODIS images into water and not water covered areas. We note that it was  
443 not possible to simply choose a threshold by eye as the histograms of TOA reflectance were  
444 generally not indicative of a bimodal distribution. Once chosen, the threshold was used to produce  
445 a binary image of clean (i.e. white) and dirty (i.e. black) pixels and, for quality control, they were  
446 visually inspected and compared to the true colour Landsat 8 images and histograms  
447 (Supplementary Fig. 3).

448 From these binary images, the percentage of dirty versus clean pixels in each circle of each  
449 image was calculated (Supplementary Fig. 3). As daily volumes of calculated meltwater  
450 production through the season were required, we linearly interpolated these percentage values to  
451 daily values between each of the nine image dates. Finally, for each day 2016/2017 melt season,  
452 the clean and dirty PDD factors were applied proportionately to each circle, and daily volumes of  
453 total meltwater production were calculated. To calculate the errors for the volumes of meltwater  
454 production, we assume that the errors associated with the apportioning of dirty versus clean pixels  
455 are negligible, and use the mean Standard Error of the means of two PDD factors (16%).

456 **Exact analytic solution for flexure of a thin elastic plate.** Flexure of an ice shelf subject to  
457 changing surface-meltwater loads can be represented, for purpose of estimating stress magnitudes,  
458 using an analytic solution based on thin elastic (Kirchhoff) plate theory<sup>11,53</sup>. Following ref. 10, we  
459 use an azimuthally-symmetric solution valid for  $r > 0$  to the thin-elastic-plate flexure equation  
460 (also known as the Kirchhoff-Love equation, but modified to account for buoyancy associated with  
461 ocean water below the thin plate) in which disk-shaped meltwater loads, or anti-loads (associated  
462 with the drainage of lakes), are confined within a region  $r \leq R$  using polar coordinates  $r$ ,  $\theta$ , and  
463 where  $R$  is the radius of the lake or drained-lake. The vertical displacement of the elastic plate,

464  $\eta(r)$ , for  $0 \leq r \leq \infty$ , is expressed in terms of Kelvin-Bessel functions (as derived by ref. 54), and  
465 displayed in ref. 11. An undeflected ice shelf at a large distance (i.e.  $r \leq \infty$ ) is assumed, which is  
466 appropriate because the grounding lines and ice front are  $\geq 2$  km from all lake centres.

467 Values for the three parameters: lake radius ( $R$ ); effective ice thickness ( $H$ ); and Young's  
468 Modulus ( $E$ ), were varied to produce the best match between the analytic solution and measured  
469 lake-centre deflection for Ring Site (Fig. 5; Supplementary Table 1). Having identified suitable  
470 parameter values for  $H$  and  $E$ , these were held constant, while  $R$  was varied (by 25 m increments)  
471 to find a best match between the analytic solution and measured lake-centre deflection for Rift Tip,  
472 WT and Peanut Sites (Supplementary Fig. 2). Following ref. 10, the other parameter values are  
473 kept constant in this study:  $\rho_{sw} = 1028 \text{ kg m}^{-3}$  is the density of seawater,  $\rho_{ice} = 910 \text{ kg m}^{-3}$  is the  
474 density of ice,  $\rho_{fw} = 1028 \text{ kg m}^{-3}$  is the density of fresh water,  $g = 9.81 \text{ m s}^{-2}$  is the acceleration of  
475 gravity, and  $\nu = 0.3$  is the Poisson ratio. For simplicity, and because debris layers were relatively  
476 thin (order 10s of cm), we did not account for changes in the effective density of ice due to debris  
477 content. Input to the analytic solution is a disk-shaped meltwater load removal, taken as the  
478 calculated seasonal net meltwater budget for each site (Figs. 3 and 4).

479 We use an elastic treatment of flexure stresses induced after lake drainage under the  
480 assumption that the timescale of lake drainage via overflow is relatively short compared to the  
481 Maxwell time<sup>10,11</sup>. However, in reality, as it may take a year or more for a lake to fill, a viscous  
482 response of the ice shelf will be present too<sup>12,20,53</sup>. The maximum flexure stresses implied by the  
483 elastic solution therefore represent maximum upper bounds; with a viscoelastic model<sup>12,20</sup>,  
484 modelled deflections at all GPS stations, including the lake centre stations, would be lower, and  
485 the flexure stresses would also all be lower. Additionally, using a viscoelastic model, the ice-shelf  
486 flexural response to the change in lake load would be even more local than that observed with the  
487 current analytic solution for flexure of a thin elastic plate, which our GPS data would support.

488 **Data availability.** The field-derived GPS (<https://doi.org/10.15784/601107>) and AWS  
489 (<https://doi.org/10.15784/601106>) data are archived at the USAP Data Center. Landsat 8 tiles can  
490 be obtained from Earth Explorer (<http://earthexplorer.usgs.gov/>.)

491

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605

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617

## 618 **Author Contributions**

619 A.F.B. led the field project and the preparation of the manuscript. I.C.W. ran the PDD melt model.  
620 G.J.M. calculated meltwater ponding volumes and determined brightness thresholds for dirty  
621 versus clean ice from satellite imagery. D.R.M. processed the GPS data. A.F.B. and D.R.M.  
622 implemented and ran the analytic thin elastic plate over seawater solution. All authors (A.F.B.,  
623 I.C.W., G.J.M., B.G., and D.R.M.) were involved in the planning and execution of the field  
624 campaign and in the drafting of the manuscript.

625

## 626 **Competing interests**

627 The authors declare no competing interests.

628

## 629 **Figure captions**

### 630 **Fig. 1 | Study site on the McMurdo Ice Sheet in vicinity of McMurdo Station and Scott Base.**

631 The background of both (a) and (b) is a WorldView-2 image (©2016, DigitalGlobe) dated 2  
632 December 2016. In (a), the green star in the top-left inset indicates the location of the McMIS, and  
633 the black arrow indicates the local ice flow direction and speed ( $\sim 335^\circ$  True at  $\sim 28 \text{ m a}^{-1}$ ), based  
634 on our own GPS velocity data from the 2016/2017 austral summer. The red box indicates the  
635 location of our study site, shown in (b), in which the four lake sites are labelled. At each lake site,  
636 the locations of three GPS stations are marked with red stars (labelled 1 to 3, where 1 is closest to  
637 the lake centre and 3 is furthest away). Green open circles mark the locations of pressure  
638 transducers; data from three of these are shown in Figs. 3 and 4. A yellow star marks the location  
639 of the automatic weather station (AWS), and a blue circle marks the location of a time-lapse  
640 camera (used to produce Supplementary Movie 1 and Supplementary Fig. 1). The dashed-white  
641 circles of  $r = 250 \text{ m}$ , centred on each of the 12 GPSs, show the areas where the seasonal meltwater  
642 budget was calculated. (N.B. Rift Tip lake was originally named in a previous (2015/2016)  
643 fieldwork season, when it was at the end of a rift. Although this rift has since propagated  
644 westwards by  $\sim 3 \text{ km}$  (ref. 21), we have kept the original name.)

645

646 **Fig. 2 | Aerial and ground views of the Ring lake site.** The aerial view photo in (a) was taken on  
647 18 January 2017, after the lake in the dirty, low topographic area near to GPS 1 had almost  
648 completely drained (Fig. 3a, top plot). A pedestalled, frozen lake scar can be seen in the distance  
649 (centred on GPS 3). The red box marks the spot where the photo in (b) was taken. The ground  
650 view photo in (b) was taken from the dirty, topographically-low area, looking towards the lake scar  
651 in the background, with a person for scale.

652

### 653 **Fig. 3 | Vertical ice shelf displacement with water depths and seasonal meltwater budgets for**

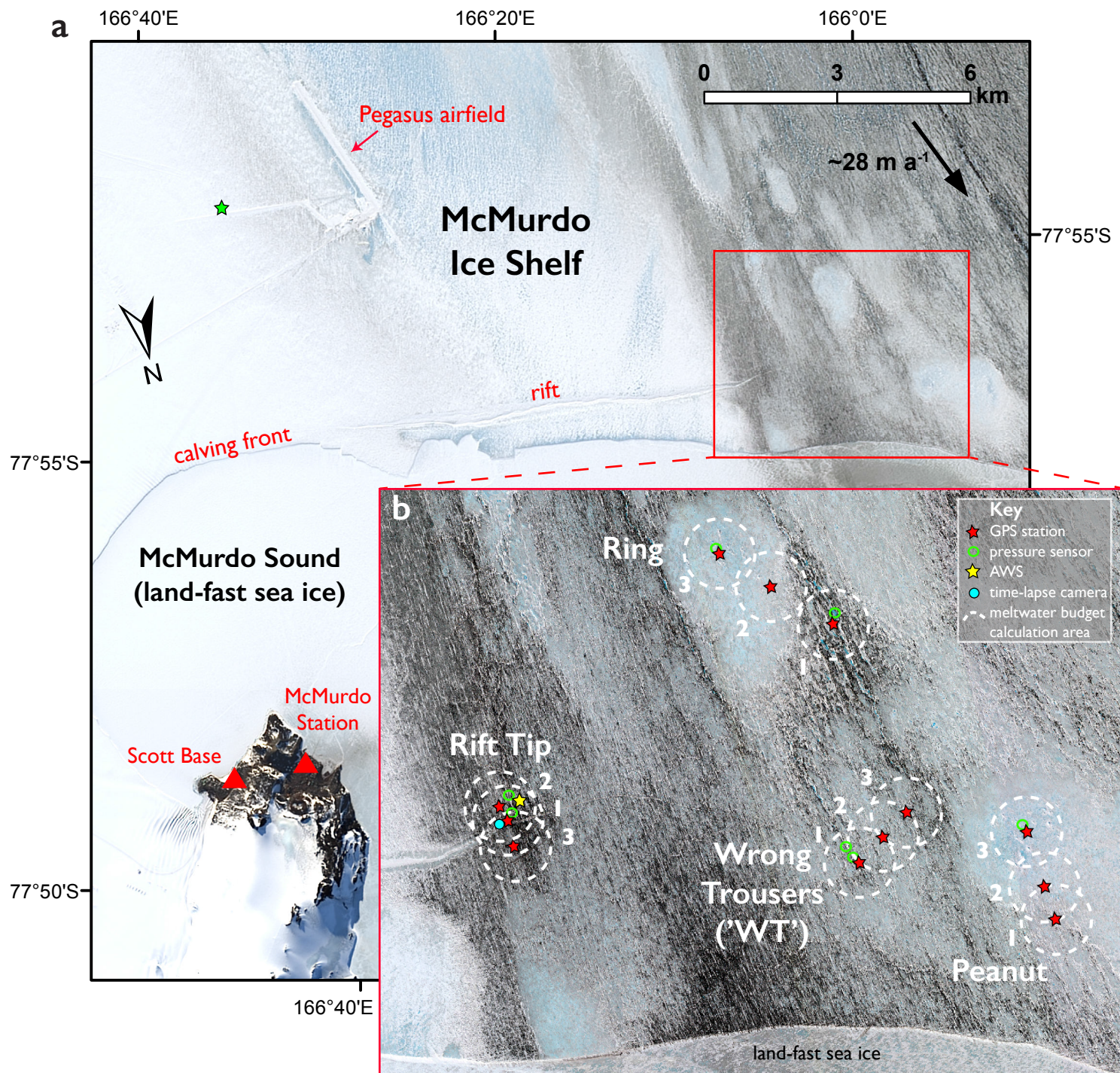
654 **Ring and Rift Tip lake sites.** (a) is for Ring, and (b) is for Rift Tip. For each site, the top three  
655 plots show the vertical ice-shelf displacement (relative to arbitrary elevation) from three GPS  
656 stations. The first red dot above each time series shows when GPS 1 reaches its highest elevation,  
657 before reaching its lowest elevation, shown by a second red dot. The third red dot indicates when  
658 GPS 1 reaches its highest elevation during the whole time period. Numbers next to red arrows  
659 (which depict direction of movement) are the total vertical deflections, and deflection rates,  
660 measured by each GPS over the two respective time periods between the first and second red dots,  
661 and the second and third red dots. Some of the elevation data for Rift Tip GPS 1 are missing so are  
662 linearly interpolated (dashed-red line). The fourth plot for each lake site shows water depth data  
663 from a pressure sensor near to each GPS 1. Water depths relative to lake bottom were estimated  
664 from sensors fixed at constant heights (see Methods). The bottom three plots at each site show the  
665 calculated seasonal meltwater budgets around each GPS station. The black lines (and grey  
666 shading) show cumulative volumes (and errors) of meltwater production calculated by a PDD  
667 model; light blue dots show the measured volumes of meltwater ponding from 9 cloud-free

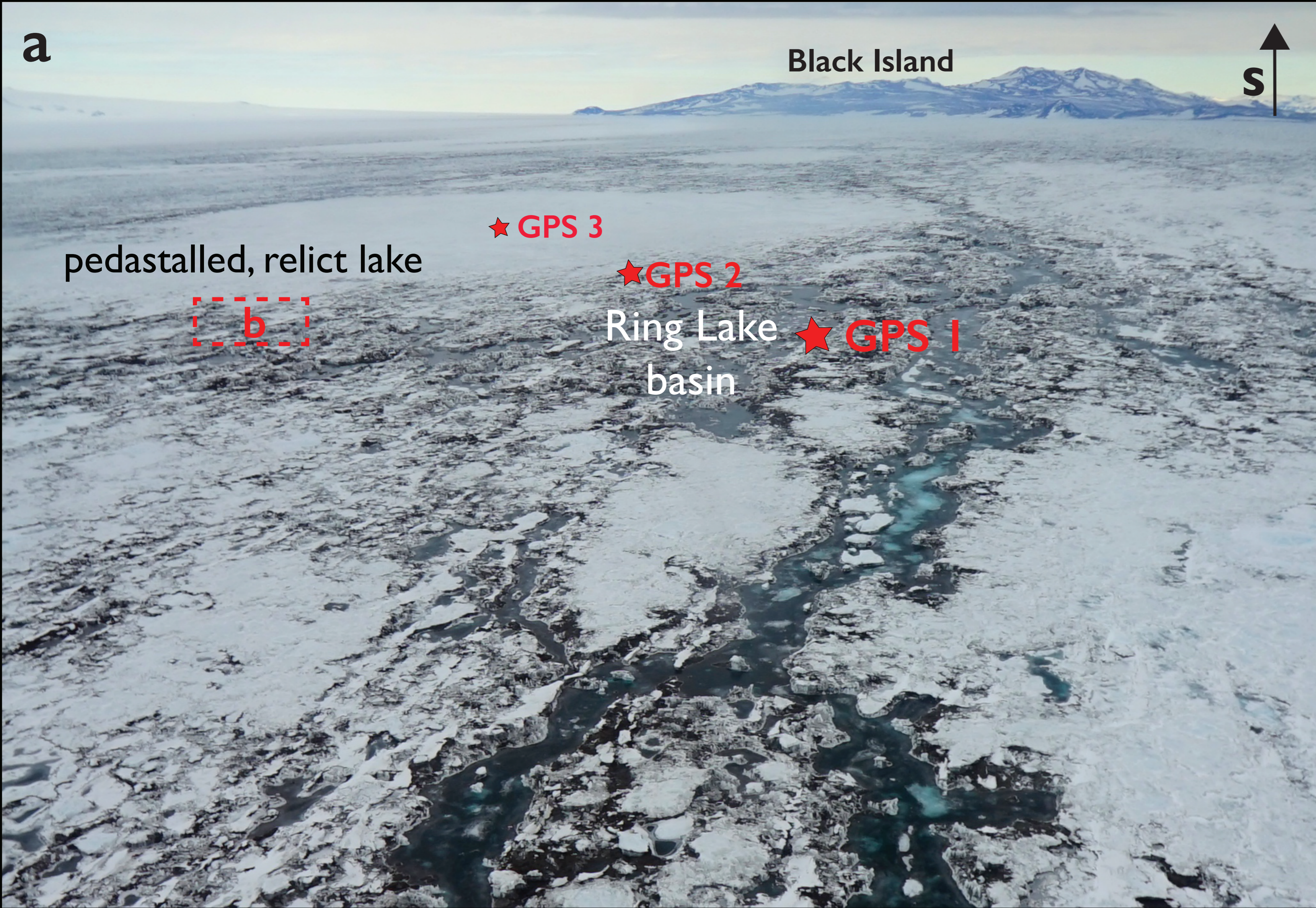


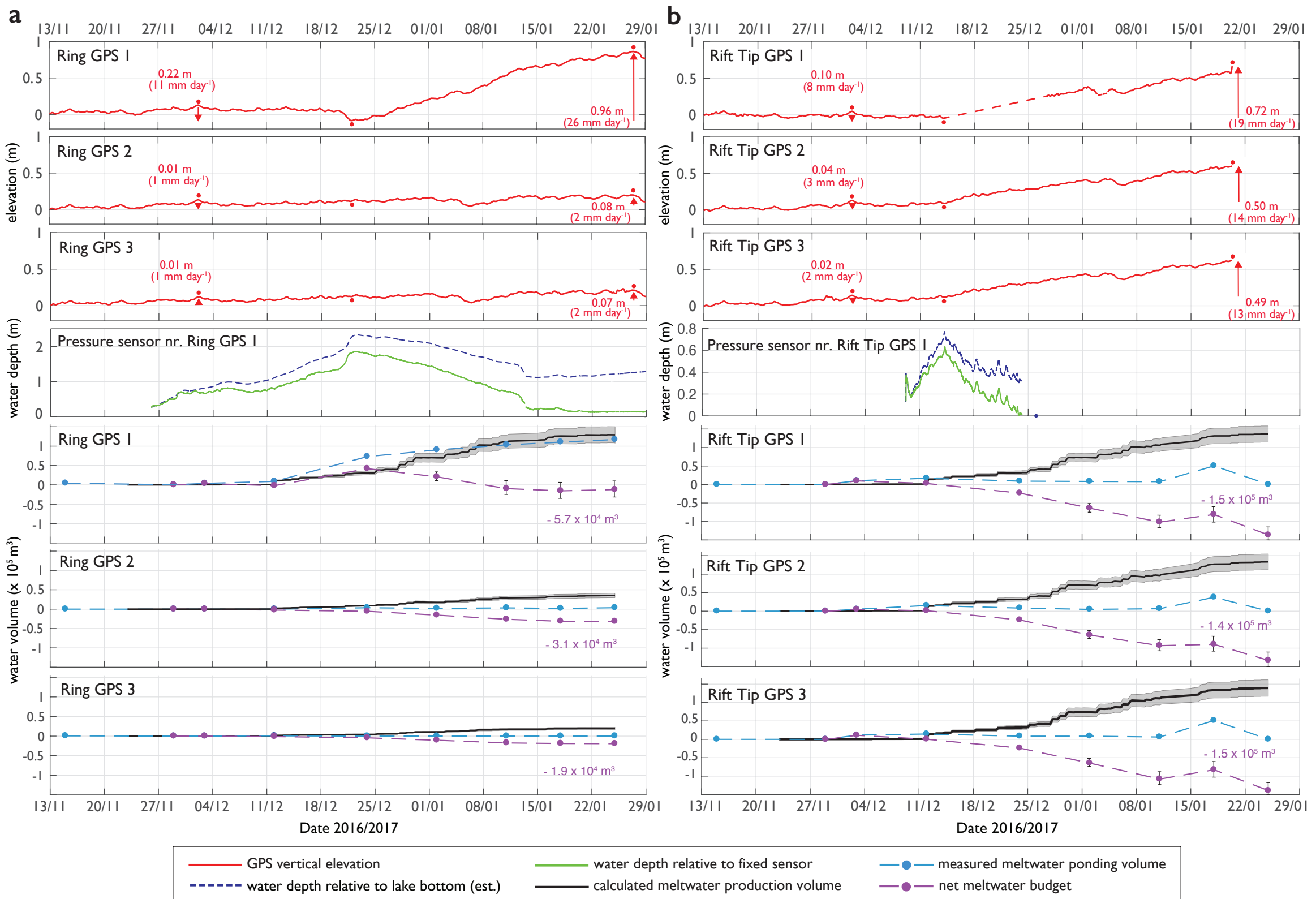
668 Landsat 8 images (see Supplementary Table 2 for image dates), and the dashed-light blue lines  
669 show these data linearly interpolated between the image dates; purple dots (and whiskers) show  
670 the net meltwater budget (and errors) on each image date, and the dashed-purple lines show these  
671 data linearly interpolated between the dates. Purple numbers next to the net meltwater budget plots  
672 refer to the seasonal net meltwater budgets, each defined as the maximum minus minimum net  
673 meltwater budget during the melt season, which are all negative. See Fig. 1 for GPS and water-  
674 depth sensor locations, and Methods for details of GPS and water-depth data processing, and  
675 meltwater budget and error calculations.

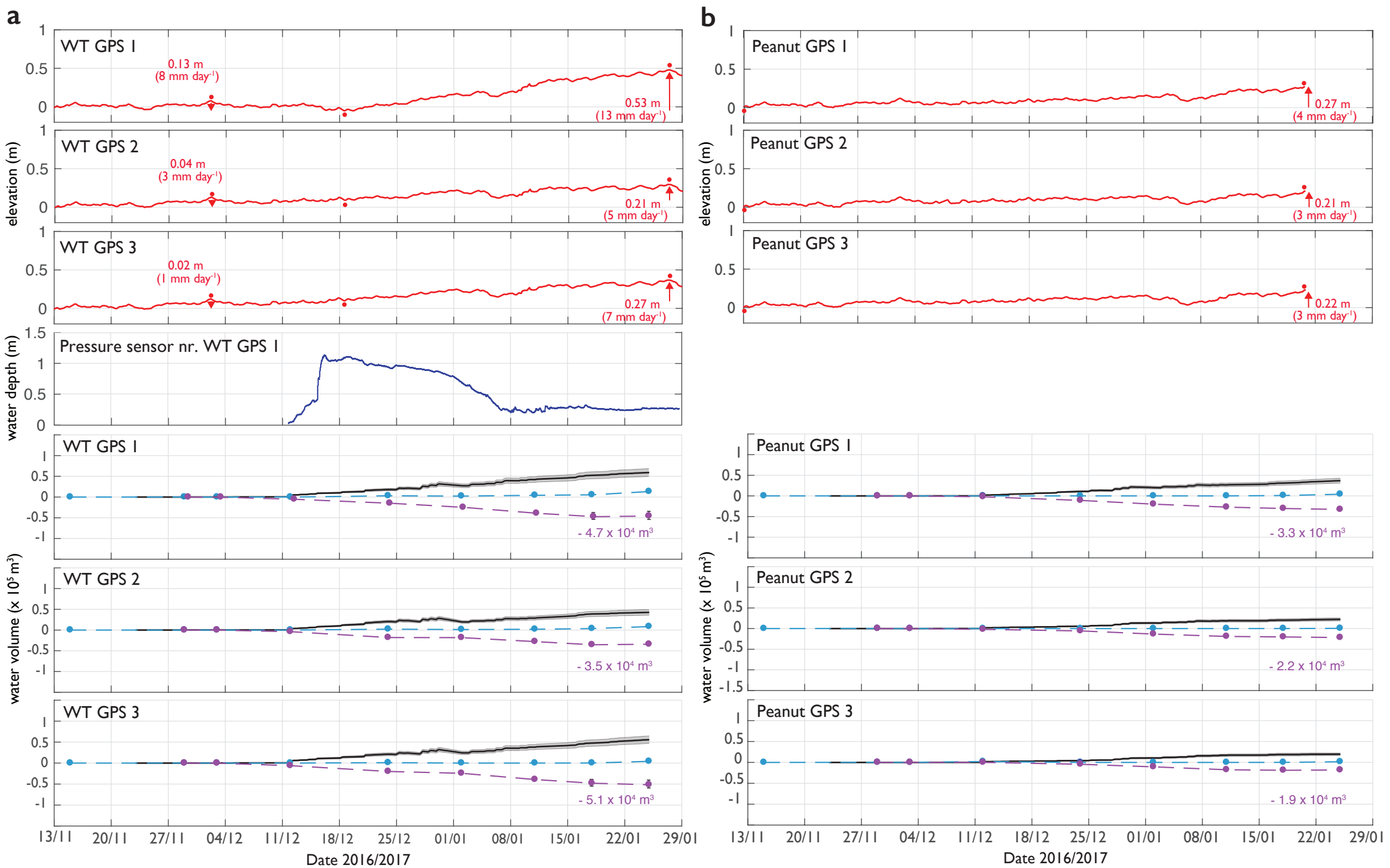
676 **Fig. 4 | Vertical ice shelf displacement with water depths and seasonal meltwater budgets for**  
677 **WT and Peanut lake sites.** (a) is for WT and (b) is for Peanut. For each site, the top three plots  
678 show the vertical ice-shelf displacement (relative to arbitrary elevation) from three GPS stations.  
679 The first red dot above each time series shows when GPS 1 reaches its highest elevation, before  
680 reaching its lowest elevation, shown by a second red dot. The third red dot indicates when GPS 1  
681 reaches its highest elevation during the whole time period. Numbers next to red arrows (which  
682 depict direction of movement) are the total vertical deflections, and deflection rates, measured by  
683 each GPS over the two respective time periods between the first and second red dots, and the  
684 second and third red dots. The fourth plot for each lake site shows water depth data from a  
685 pressure sensor near to each GPS 1. The bottom three plots for each site show the calculated  
686 seasonal net meltwater budgets around each GPS station. The black lines (and grey shaded areas)  
687 show cumulative volumes of meltwater production (and errors) calculated by a PDD model; light  
688 blue dots show the measured volumes of meltwater ponding from 9 cloud-free Landsat 8 images  
689 (see Supplementary Table 2 for image dates), and the dashed-light blue lines show these data  
690 linearly interpolated between the image dates; purple dots (and whiskers) show the net meltwater  
691 budget (and errors) on each image date, and the dashed-purple lines show these data linearly  
692 interpolated between the dates. Purple numbers next to the net meltwater budget plots refer to the  
693 seasonal net meltwater budgets, each defined as the maximum minus minimum net meltwater  
694 budget during the melt season, which are all negative. See Fig. 1 for GPS and water depth sensor  
695 locations, and Methods for details of GPS and water-depth data processing, and meltwater budget  
696 and error calculations.

697 **Fig. 5 | Vertical ice shelf deflection and stresses associated with the drainage of Ring Lake.**  
698 Vertical ice-shelf deflection (orange line), as a function of distance from lake centre, is computed  
699 by an exact analytic solution for thin elastic plate flexure above seawater, in response to the  
700 drainage of Ring lake (of volume  $5.7 \times 10^4 \text{ m}^3$ , equal to the calculated seasonal net meltwater  
701 budget within a 250 m radius of Ring lake GPS 1, Fig. 3a). This result shows the best match  
702 between the analytic solution and the measured deflection at Ring lake's centre (i.e. GPS 1) and  
703 uses the following parameter values:  $R = 125 \text{ m}$ ,  $H = 10 \text{ m}$ , and  $E = 1 \text{ GPa}$ . The locations of GPSs  
704 1, 2 and 3 (960 m from the lake centre) are indicated. The associated stresses (radial (red line),  
705 azimuthal (blue line), and von-Mises (green line) as a function of distance from lake centre),  
706 shown in (b), are all evaluated at the upper ice-shelf surface.









— GPS vertical elevation      — calculated meltwater production volume      - - -●- - - net meltwater budget  
 - - - water depth relative to lake bottom      —●— measured meltwater ponding volume

