

# HIV in Kenya

Sexual behaviour and quality of care  
of sexually transmitted diseases



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This thesis describes three important determinants of HIV spread in Kenya:

- sexual behaviour of female sex workers, their clients, and young adults
- health care seeking behaviour for sexually transmitted diseases (STD)
- quality of STD care in the public and private health sector

Some main conclusions are:

- Long-term sex worker-client relationships are very important for the transmission of HIV in urban and rural Nyanza
- Sexual behaviour is high-risk especially in the *rural* areas of Nyanza
- Half of women in Nairobi who have STD complaints do not seek any care at all or wait very long before seeking care
- The majority of STD patients in Nairobi visits the private sector, in spite of its rather low quality of care and its high costs
- Providers in Nairobi insufficiently educate their STD patients on condom use and on the risk to contract HIV

