



The Role of Astrocytic Calcium Signaling in the Aged Prefrontal Cortex

Sónia Guerra-Gomes^{1,2}, João Filipe Viana^{1,2}, Diana Sofia Marques Nascimento^{1,2}, Joana Sofia Correia^{1,2}, Vanessa Morais Sardinha^{1,2}, Inês Caetano^{1,2}, Nuno Sousa^{1,2}, Luísa Pinto^{1,2} and João Filipe Oliveira^{1,2,3*}

¹ Life and Health Sciences Research Institute (ICVS), School of Medicine, University of Minho, Braga, Portugal, ² ICVS/3B's – PT Government Associate Laboratory, Braga, Portugal, ³ IPCA-EST-2Ai, Applied Artificial Intelligence Laboratory, Polytechnic Institute of Cávado and Ave, Campus of IPCA, Barcelos, Portugal

Aging is a lifelong process characterized by cognitive decline putatively due to structural and functional changes of neural circuits of the brain. Neuron-glia signaling is a fundamental component of structure and function of circuits of the brain, and yet its possible role in aging remains elusive. Significantly, neuron-glia networks of the prefrontal cortex undergo age-related alterations that can affect cognitive function, and disruption of glial calcium signaling has been linked with cognitive performance. Motivated by these observations, we explored the possible role of glia in cognition during aging, considering a mouse model where astrocytes lacked IP₃R2-dependent Ca²⁺ signaling. Contrarily to aged wild-type animals that showed significant impairment in a two-trial place recognition task, aged IP₃R2 KO mice did not. Consideration of neuronal and astrocytic cell densities in the prefrontal cortex, revealed that aged IP₃R2 KO mice present decreased densities of NeuN⁺ neurons and increased densities of S100β⁺ astrocytes. Moreover, aged IP₃R2 KO mice display refined dendritic trees in this region. These findings suggest a novel role for astrocytes in the aged brain. Further evaluation of the neuron-glia interactions in the aged brain will disclose novel strategies to handle healthy cognitive aging in humans.

Keywords: aging, astrocyte, calcium signaling, IP₃R2, prefrontal cortex, spatial recognition, dendritic morphology

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Mathematics, Spain
Xiaolu Zhang,
Northern Jiangsu People's Hospital,
China

*Correspondence:

João Filipe Oliveira
joaooliveira@med.uminho.pt

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INTRODUCTION

Aging associates cognitive decline involving decrease of attention, working memory capacity, inhibitory control, and speed processing (Rajah and D'Esposito, 2005; Grady Cheryl, 2008; Bizon et al., 2012). Several factors may contribute to the installation of selective cognitive impairments. Recent literature suggests that changes in cellular morphology, signaling, and gene expression may disrupt the network dynamics of aged prefrontal circuits, leading to cognitive dysfunction (Burke and Barnes, 2006). While the available literature agrees that changes in neuronal structure are tightly linked to cognitive alterations, there is still controversy in the field regarding the type of morphological changes that occur (Konsolaki and Skalióra, 2015). This controversy may be partially justified by the biological variability of subjects and brain populations across the long-lasting aging process, as well as the variety of experimental approaches used for the analysis (Engle and Barnes, 2012; Lemaitre et al., 2012; Jagust, 2013).

Moreover, recent reports highlight age-dependent changes in glial signaling that could modulate network computation with impact in cognitive performance (Soreq et al., 2017; Boisvert et al., 2018). Being the most abundant type of glial cell in the central nervous system, astrocytes can sense, process and respond to incoming signals, modulating the extracellular milieu and transmission of neural signals (Araque et al., 2014). Significantly, astrocytes seem crucially involved in structural and functional integrity of neural circuits of the prefrontal cortex (PFC) – a brain area chiefly involved in cognition – related tasks that are affected by aging. Ablation of PFC astrocytes for example, results in detrimental effects in different behavior domains. Specifically, astrocyte ablation in this region induces an anxious and depressive phenotype (Banar and Duman, 2008) and is responsible for impairments in spatial working memory, attention, and behavioral flexibility (Lima et al., 2014). Although astrocytic features during both development and adulthood are well studied, its implications for the aging brain are still poorly understood. Together with microglia, astrocytes may exert beneficial or detrimental influence onto neuronal circuits and therefore impact the aging process (Lynch et al., 2010). Recently, it was shown that neuron-glia signaling remains conserved during brain aging and that astrocytic intracellular calcium (Ca^{2+}) elevations are maintained during lifetime (Gómez-Gonzalo et al., 2017). This is important since astrocytes respond to synaptic activity by increasing their intracellular Ca^{2+} levels within a spatio-temporal scale (Araque et al., 2014; Volterra et al., 2014). This physiological hallmark of the astrocytic response has a functional impact in several brain regions, specifically in synapses, circuits, and behavior (Oliveira et al., 2015; Guerra-Gomes et al., 2017). Astrocytic Ca^{2+} signaling (and Ca^{2+} -dependent pathways) is intimately involved in the control of synaptic transmission and plasticity in brain regions responsible for learning and memory processing (Henneberger et al., 2010; Tanaka et al., 2013), however, the direct cognitive consequences are still poorly understood (Guerra-Gomes et al., 2017). Ca^{2+} elevations in astrocytes range from global Ca^{2+} elevations in the soma to focal Ca^{2+} events at thinner processes (Kanemaru et al., 2014; Srinivasan et al., 2015; Agarwal et al., 2017; Bindocci et al., 2017; Stobart et al., 2018; Yu et al., 2018). A predominant component of this signaling is by the Ca^{2+} release from the endoplasmic reticulum via IP_3 receptor channels (IP_3Rs) (Volterra et al., 2014; Bazargani and Attwell, 2016). With this regard, immunohistochemistry and transcriptomic analysis revealed that type 2 IP_3Rs ($\text{IP}_3\text{R2}$) are mainly expressed in astrocytes (Sharp et al., 1999; Hertle and Yeckel, 2007; Takata et al., 2011; Zhang et al., 2014; Li et al., 2015). They are the major source of ER-dependent global astrocyte Ca^{2+} , and mice lacking $\text{IP}_3\text{R2}$ display “silent” astrocytes with minimal Ca^{2+} elevations in the soma and main processes (Petraevicz et al., 2008; Takata et al., 2011; Navarrete et al., 2012). Leveraging on these findings, we study cognitive performance of $\text{IP}_3\text{R2}$ KO mice to explore on the importance of $\text{IP}_3\text{R2}$ -dependent Ca^{2+} signaling in astrocytes during aging. Our results show that aged $\text{IP}_3\text{R2}$ KO mice display a preserved cognitive performance in a PFC dependent task, along with neuronal dendritic refinement and reduced neuron-to-astrocyte ratios in this brain region.

MATERIALS AND METHODS

Animals

All experimental procedures were conducted in accordance with the guidelines described in Directive 2010/63/EU and were approved by the local ethical committee (SECVS 075/2015) and Portugal national authority for animal experimentation (DGAV 17469/2012). $\text{IP}_3\text{R2}$ KO mice were kindly supplied by Prof. Alfonso Araque (University of Minnesota, United States) (Navarrete et al., 2012), under agreement with Prof. Ju Chen (University of San Diego, United States) (Li et al., 2005). Mice were backcrossed to C57BL/6J for at least five generations in our lab. $\text{IP}_3\text{R2}$ KO and their respective littermate wild-type (WT) controls were obtained by mating $\text{IP}_3\text{R2}^{+/-}$ mice. Male WT and $\text{IP}_3\text{R2}$ KO mice of 2- to 3-month-old (adults) and 18- to 19-month-old (aged) were used for the experiments. They received an individual tag, which remained unaltered throughout the experiment and allowed to perform the behavioral and histological evaluation in a blind manner. All mice had *ad libitum* access to food and water in their home cages and lights were maintained on a 12 h light/dark cycle (lights on 8:00 A.M. to 8:00 P.M.) at $22 \pm 1^\circ\text{C}$, 55% humidity.

Two-Trial Place Recognition Task

The Y-maze two-trial place recognition (2TPR) task evaluates spatial recognition memory, a form of episodic-like memory, by taking advantage of the innate propensity of rodents to explore novel environments, as previously described (Sardinha et al., 2017). The maze was composed by three equal arms (33.2 L \times 7 W \times 15 cm H), made of white Plexiglas. To increase spatial recognition and navigation, the end of each arm contained a visual cue. Each mouse was initially placed at the end of the Start (S) arm and it was allowed to freely explore this arm and an additional arm (Familiar arm, F) for 5 min. In the second trial, a divider was removed allowing the exploration of a novel (N) arm, and each mouse was allowed to explore the three arms for 2 min for memory retrieval. The test was performed in dim light conditions and the maze was cleaned with 10% ethanol between subjects. All trials were acquired and analyzed using a video-tracking system (Videotrack; Viewpoint) and the EthoVision XT 12 software (Noldus, Netherlands). Data was expressed as a discrimination index (D.I.) of time and distance, calculated for the distal third of each arm using the following equation (1):

$$\text{D.I.} = \frac{\text{Novel} - \frac{\text{Start} + \text{Familiar}}{2}}{\text{Novel} + \frac{\text{Start} + \text{Familiar}}{2}} \quad (1)$$

A positive D.I. indicates preference for the novel arm, meaning that mice retained a memory of the arms previously explored (start and familiar), and therefore display a better spatial recognition performance.

Tissue Processing and Immunohistochemical Analysis

Mice were anesthetized with a mixture of ketamine (75 mg/kg, i.p.; Imalgene 1000, Merial, United States) and medetomidine

(1 mg/kg, i.p.; Dorbene Vet, Pfizer, United States), and transcardially perfused with 0.9% saline. Brains were carefully removed, fixed overnight with 4% paraformaldehyde and immunofluorescence experiments were performed in cryostat coronal brain sections (20 μm thick). Sections were incubated overnight with the primary antibodies: rabbit anti-S100 β (1:200, DakoCytomation; AB_2315306) and rabbit anti-NeuN (1:100, Cell Signaling Technology; AB_2651140). In the next day, incubation with the secondary antibody Alexa Fluor[®] 594 donkey anti-rabbit (1:1000, Thermo Fisher Scientific; AB_2556543) was carried out. Images were acquired in an Olympus Fluoview FV1000 confocal microscope (Olympus, Hamburg, Germany), and the number of S100 β^+ and NeuN $^+$ cells was calculated using the ImageJ plugin – “Cell counter”¹.

Three Dimensional-Reconstruction of mPFC Layer V Pyramidal Neurons

Three dimensional (3D) dendritic morphology was assessed in Golgi-Cox stained material as previously described (Lima et al., 2014). mPFC layer V pyramidal neurons were analyzed for the following dendritic features: length, arborization, Sholl analysis and spine number and classification. Briefly, at least five neurons were analyzed for each animal by using a motorized microscope controlled by the NeuroLucida software (MBF Bioscience, United States) under 100 \times magnification. Dendritic spine densities were assessed in randomly selected dendritic segments of 30 μm , in the proximal and distal portions of the apical dendrite and in the proximal portion of the basal dendrite. Moreover, spines were classified into four categories: thin, mushroom, thick, and ramified. The extraction of data for both reconstructed neurons and spines was performed by using NeuroExplorer software (MBF Bioscience, United States).

Statistical Analysis

Statistical analysis was performed using the GraphPad Prism 6.01 (GraphPad Software Inc., United States). All data analyzed passed the D'Agostino and Pearson normality test for Gaussian distributions. Two-way analysis of variance (ANOVA) with Sidak *post hoc* test was applied to analyze the performance in the Y-maze 2TPR, cell densities, neuronal length, and endings, considering either factor: genotype or age. Two-way ANOVA with Tukey's multiple comparisons test was used to analyze Sholl analysis data for neuronal 3D reconstructions. Data are presented throughout the manuscript as mean \pm SEM (Standard Error of the Mean) and results were considered significant for $p < 0.05$.

RESULTS

Lack of IP₃R2-Dependent Astrocytic Calcium Prevents Age-Related Cognitive Decline

We tested the performance of both WT and IP₃R2 KO mice (adult and aged) in a PFC-dependent task. We performed the

2TPR task which evaluates spatial recognition memory in mice, based on their natural drive to explore novelty (Figure 1). This test has the advantage of being physically less demanding, and therefore more suitable to assess cognition in aged mice (Pistell et al., 2012; Dolgin, 2013). Our results show that aged WT mice display a deficit in recognition memory, since they retain less memory of the familiar arms and fail to discriminate the novel arm when compared to their adult WT littermates (Figures 1A,B; Sidak *post hoc* test; $p < 0.05$). Surprisingly, this deficit in spatial recognition memory is not observed in aged IP₃R2 KO mice, as those animals explored the novel arm longer, similarly to their adult counterparts (Figures 1A,B). In accordance, aged WT mice walk less distance in the novel area than their adult WT littermates (Figures 1A,C; Sidak *post hoc* test; $p < 0.05$), a deficit not observed in aged IP₃R2 KO mice. The Sidak *post hoc* comparison between genotypes discarded any significant difference for both measures (time or distance), excluding an effect of IP₃R2 KO in the performance between adult or aged mice in this experimental setup. Importantly, tested mice equally explored the maze during the task, as given by their total distance traveled (Figure 1D) and number of arm entries (Figure 1E), regardless of their genotype or age, hence excluding any age-related loss of their natural exploratory drive.

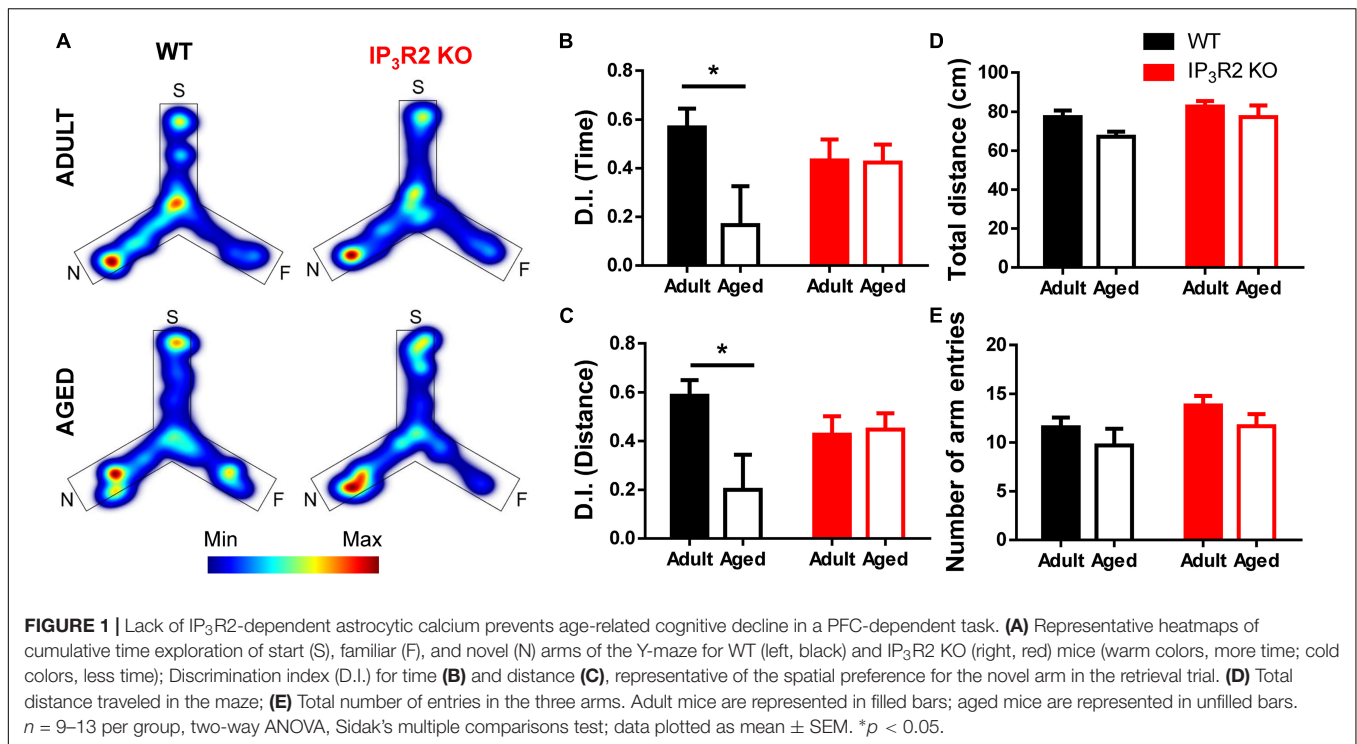
Together, these results point out an unpredicted maintenance of PFC-dependent cognitive performance in aged mice that lack IP₃-dependent astrocytic Ca²⁺ signaling.

Aging Leads to a Decrease in Neuronal but Not Glial Densities in IP₃R2 KO Mice

To correlate the observed behavioral phenotype with possible alterations in the populations of neurons and astrocytes, we estimated the density of cells, respectively, stained for NeuN $^+$ and S100 β^+ markers. NeuN is a well-known marker for post-mitotic neurons (Mullen et al., 1992), whereas S100 β is a recognized marker for astrocytes (Wang and Bordey, 2008). We assessed these cellular densities in layer V of the medial PFC (Figure 2A), which is the main prefrontal output to other cortical and subcortical regions involved in cognitive behavior (Opris and Casanova, 2014; Naka and Adesnik, 2016), and receives a main hippocampal input involved in episodic memory with a strong spatial component (Hoover and Vertes, 2007; Barker et al., 2017) required for the performance in the 2TPR task. S100 β^+ cells were previously shown to colocalize with IP₃R2 in the rodent brain (Sharp et al., 1999; Takata et al., 2011; Li et al., 2015). Our analysis indicated an effect of aging on NeuN $^+$ cell density (Figures 2B,D; age: $F_{1,33} = 6.192$, $p = 0.018$), which may be accounted by a pronounced decrease of NeuN $^+$ cells observed in aged IP₃R2 KO mice when compared with their aged WT littermates (Figure 2D; Sidak *post hoc* test; $p < 0.05$). Moreover, this reduction in the number of neuronal cells in IP₃R2 KO mice is also significantly different from their adult IP₃R2 KO mice (Sidak *post hoc* test; $p < 0.01$), that maintain similar cellular densities to WT mice.

On the contrary, we found an overall increase of S100 β^+ astrocytes in IP₃R2 KO mice (Figures 2C,E; genotype: $F_{1,40} = 16.19$, $p < 0.05$). Contrarily to what we observed for neurons, we found an increase in S100 β^+ cells in aged

¹<http://fiji.sc/Fiji>



IP₃R2 KO when compared to aged WT mice (Sidak *post hoc* test; $p < 0.01$). Altogether, these results suggest that lack of age-related cognitive impairment in the absence of IP₃R2-mediated Ca²⁺ signaling in astrocytes, correlates with a different neuron-to-glia ratio in the PFC which could ultimately result either in different neuron-glia circuits, or functional neuron-glia interactions or both.

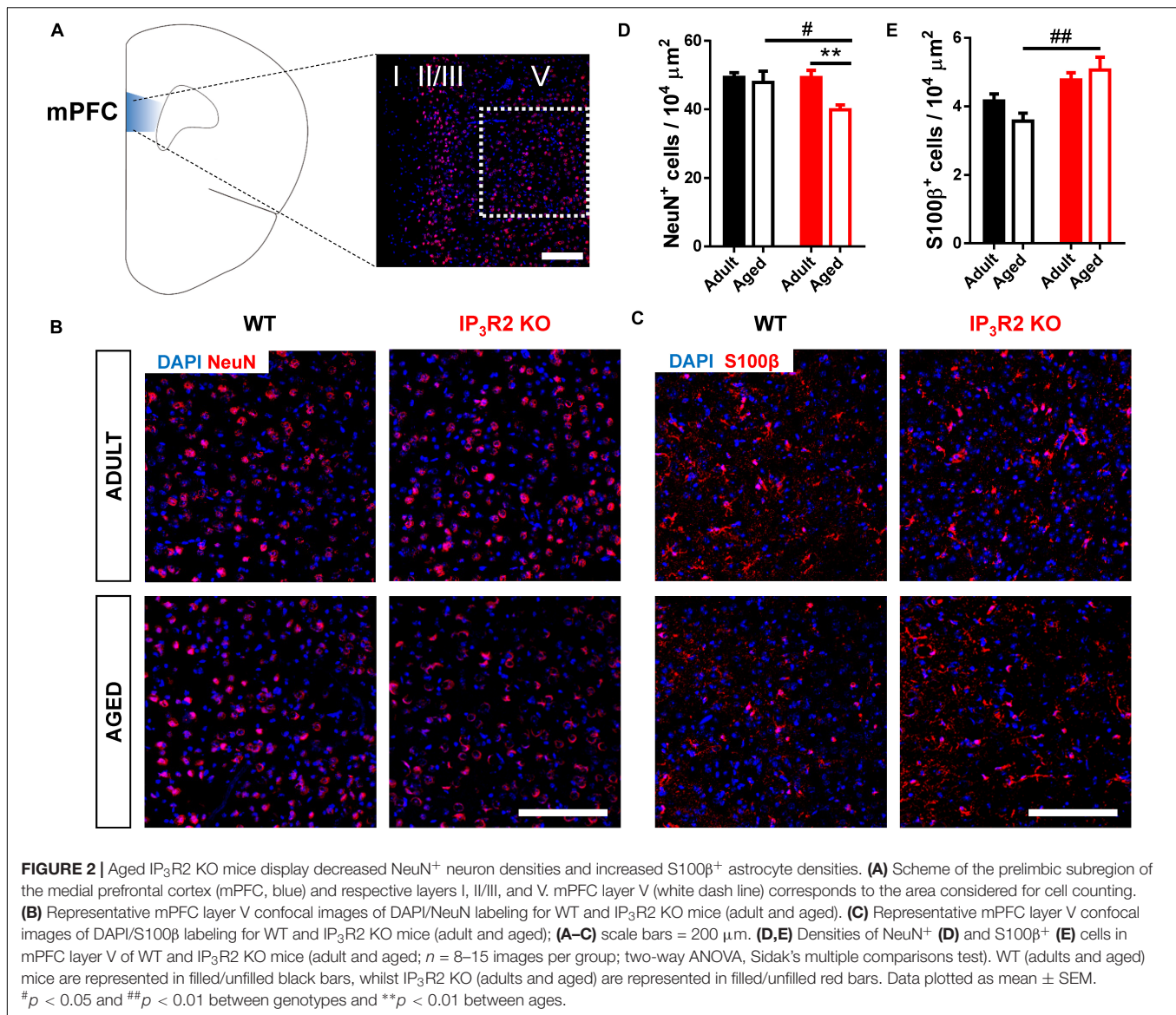
Aging Leads to a Dendritic Refinement of mPFC Layer V Pyramidal Neurons in IP₃R2 KO Mice

An important component underpinning neuron-glia interaction, is the neuropil morphology to the extent that it may define structural and functional constraints of such interaction (Volterra et al., 2014; De Pittà et al., 2016). With this regard, we considered dendrite morphology for WT vs. IP₃R2 KO and adult vs. aged mice (**Figure 3A**). Significantly, both age and lack of IP₃R2 lead to a decrease in apical dendrite length of 3D-reconstructed Golgi-impregnated neurons (**Figure 3B**; age: $F_{1,42} = 6.340$, $p = 0.016$; genotype: $F_{1,42} = 5.168$, $p = 0.028$), which was accompanied by a reduction of apical endings in mice that lack IP₃R2 ($F_{1,42} = 6.259$, $p = 0.016$). In line with neuronal density data, these effects were caused by the marked reductions of apical dendrites of layer V pyramidal neurons observed in aged IP₃R2 KO mice. Specifically, aged IP₃R2 KO pyramidal neurons display a shorter and less ramified morphology, as compared with aged WT mice (Sidak *post hoc* test; $p < 0.05$). Furthermore, when compared with their adult IP₃R2 KO littermates, aged IP₃R2 KO mice also revealed significantly reduced apical dendritic length (Sidak *post hoc* test;

$p < 0.05$). These alterations are detailed by the Sholl analysis data, which revealed an overall effect of radius, genotype and an interaction between these two factors (radius: $F_{22,924} = 41.86$, $p < 0.0001$; genotype: $F_{3,42} = 4.089$, $p = 0.012$; interaction: $F_{66,924} = 1.821$, $p = 0.0001$). *Post hoc* analysis showed that aged IP₃R2 KO mice display fewer intersections, as compared with aged WT and their adult genotype matches (Tukey *post hoc* test; $p < 0.05$).

The analysis of basal dendritic morphology in neurons from the same layer V revealed that although they seem to be also reduced in aged IP₃R2 KO mice, this is only significant in the overall comparison by age and in the detailed Sholl analysis. Specifically, aging seems to lead to dendritic shortening (**Figure 3C**; $F_{1,42} = 7.230$, $p = 0.010$). Moreover, the Sholl analysis revealed a significant effect of radius, genotype and an interaction between factors (radius: $F_{17,714} = 160.4$, $p < 0.0001$; genotype: $F_{3,42} = 3.532$, $p = 0.023$; interaction: $F_{51,714} = 2.055$, $p < 0.0001$). Additional analysis showed a decreased number of intersections around 40–100 μm from the soma in aged IP₃R2 KO, as compared with aged WT and adult IP₃R2 KO mice (Tukey *post hoc* test; $p < 0.05$).

Since dendritic remodeling frequently has consequences for spine stability, we further analyzed the implication of IP₃R2-dependent signaling to spine integrity upon aging. For that, we performed dendritic spine categorization at the apical proximal, apical distal, and basal segments of these neurons (**Figures 3D,E**). We observed the typical distribution of spines in the three dendritic segments, being the thin and mushroom types much more abundant than thick or ramified types: apical proximal ($F_{3,99} = 386.1$, $p < 0.0001$); apical distal ($F_{3,99} = 312.6$, $p < 0.0001$); basal ($F_{3,99} = 250.9$, $p < 0.0001$). Besides this



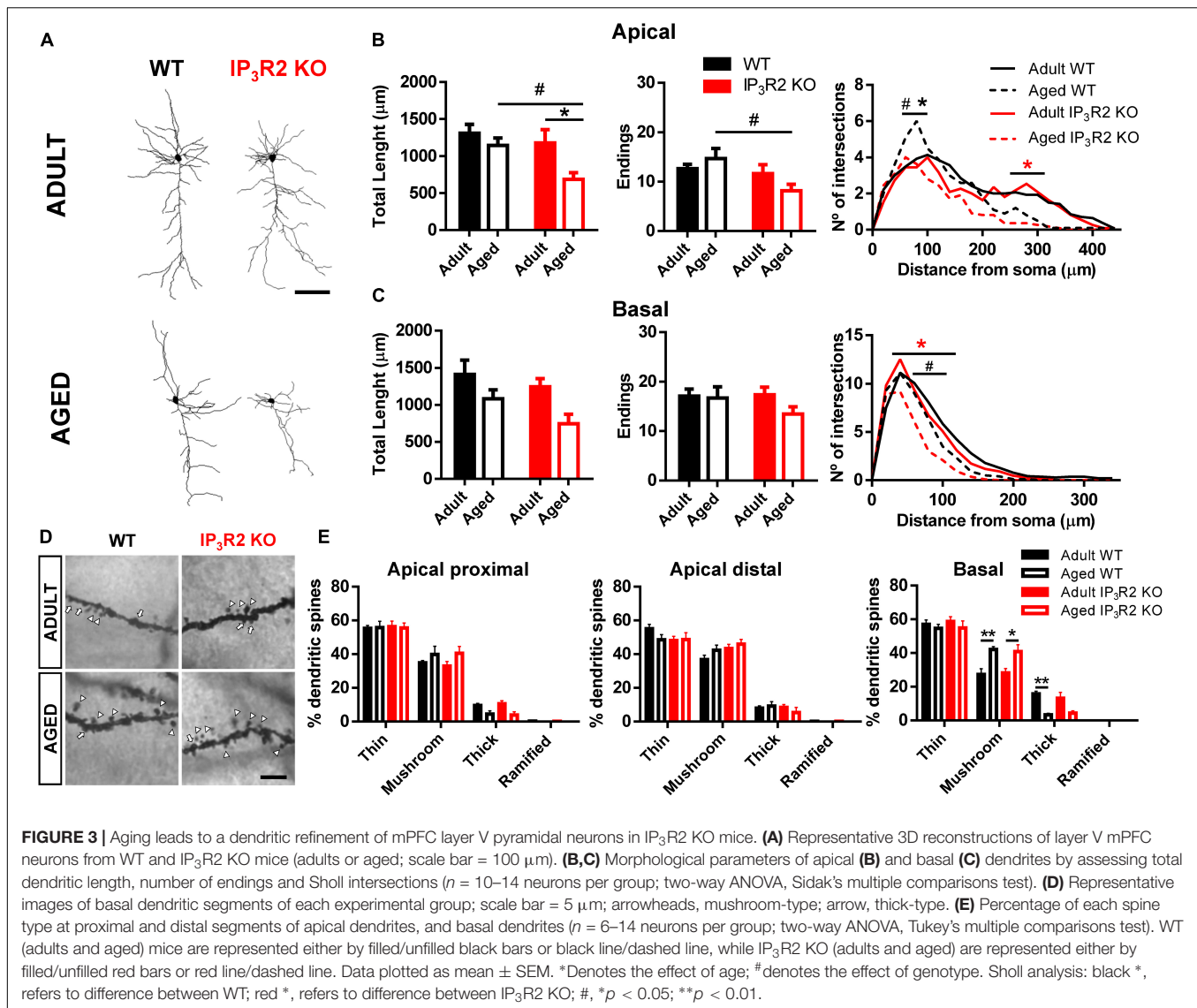
expected spine distribution, aging led to an increase in the mushroom type specifically in the basal dendrites in mice of both genotypes, which was accompanied by a decrease in the densities of thick spines (Tukey *post hoc* test; *p* < 0.05). This observation was also described previously (Burke and Barnes, 2006) and was independent of the lack of IP₃R2.

DISCUSSION

In the present study we applied behavioral and morphological approaches to untangle the influence of IP₃R2-dependent astrocytic Ca²⁺ in the aged PFC. We found memory impairment in aged WT mice, which is in accordance with several evidences pointing to a cognitive decline during aging (Rajah and D'Esposito, 2005; Grady Cheryl, 2008; Weber et al., 2015). Surprisingly, aged mice that lack astrocyte Ca²⁺ elevations

(IP₃R2 KO) perform similarly to WT mice in the same PFC-dependent task, suggesting that astrocytes are involved in the age-related cognitive decline.

Regarding the behavioral observations, the cognitive conservation of aged IP₃R2 KO mice is in line with previous studies using the same mouse model that show a putative role for IP₃R2-dependent Ca²⁺ signaling in neuroprotection and behavior conservation after brain damage (Li et al., 2015; Rakers and Petzold, 2017). More importantly, a recent study shows that the deletion of IP₃R2 in a model of Alzheimer's disease (typically associated with cognitive decline) leads to the retention of spatial learning and memory (Reichenbach et al., 2018). This suggests that astrocyte activity mediated by reticular Ca²⁺ elevations may influence the network structure and function along the aging process. Indeed, Boisvert et al. (2018) demonstrated that in spite of maintaining homeostatic and neurotransmission-regulating genes, aged astrocytes in



the cortex partially resemble reactive astrocytes creating an environment permissive to synapse elimination and neuronal damage, possibly contributing to aging-associated cognitive decline.

The available literature appears to agree that normal aging does not lead to major neuronal loss in most cortical regions (Burke and Barnes, 2006; Bishop et al., 2010). Besides, the neuron-glia signaling seems to remain conserved during lifespan (Gómez-Gonzalo et al., 2017). Our data are in agreement with these evidences, since both neuronal (NeuN⁺) and astrocyte (S100β⁺) densities remain unchanged in aged WT mice. Curiously, aged IP₃R2 KO mice – that retain the cognitive ability in a PFC-dependent task – display a reduction in neuronal densities, while astrocyte densities display an inverse tendency in the same region, when compared to the observations of us and others at the adult stage (Li et al., 2015). These findings may be linked since overexpression of astrocyte

markers in aged mice has been associated with its detrimental effects to neuronal networks in several cortical areas, namely through astrogliosis (Lynch et al., 2010; Orre et al., 2014; Rodríguez et al., 2014; Rogers et al., 2017; Boisvert et al., 2018).

While healthy aging is linked with mild or subtle morphological changes, pathological aging is rather linked to drastic reductions of neuronal structures (Hof and Morrison, 2004; Dickstein et al., 2007; Konsolaki and Skaliara, 2015). In this work, aged IP₃R2 KO mice display a marked reduction of dendritic tree complexity, namely in apical dendrites, which appears to be related with the retention of their cognitive abilities as they age. Although our data does not provide a causal link between structural changes (dendritic simplification and different cell densities) and “silenced” age-related astrocyte signals, we believe that the preserved cognitive performance is rather a result of both. These neuronal alterations may result

from changes in activation and signaling of a larger number of astrocytes (similarly to a mild astrogliosis), additional glial involvement (i.e., microglia, that play an extensive role in brain aging) (Lynch et al., 2010; Lalo et al., 2014; Das and Svendsen, 2015; Verkhratsky et al., 2016), and homeostatic regulatory mechanisms at the neuron network level (Wefelmeyer et al., 2016). It is noteworthy that our data indicate a great degree of spine stability in aged mice, namely at apical dendrites. Spine distribution and number in the PFC is tightly related with cognitive performance and evolves along the aging process (Burke and Barnes, 2006; Holtmaat and Svoboda, 2009; Bloss et al., 2011). In basal dendrites, aging triggers a shift to the mushroom type, which refers to a need for synaptic stability and complexity in aged layer V synapses. Nevertheless, this effect was visible in tissue of both WT and IP₃R2 KO mice, which suggests that spine remodeling may not play a relevant role in the observed cognitive maintenance.

CONCLUSION

In conclusion, the present study demonstrates that silencing the main source of global astrocytic Ca²⁺ leads to a conservation of the cognitive ability along aging. This cognitive resilience appears to be a product of gross neuronal structure refinement, together with an addition of astrocytes to the network. Whether other cell types and/or circuits might be involved in this cognitive maintenance is a matter that should be addressed in the future. Either way, disclosing further the astrocyte roles in the aging brain should be pivotal to provide alternative solutions to prevent or treat cognitive decline in humans.

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AUTHOR CONTRIBUTIONS

SG-G, JV, DSMN, JC, VS, and IC designed, performed, and analyzed the experiments; made the figures; and wrote the manuscript. NS, LP, and JO supervised the study, wrote the manuscript, and secured funding.

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Conflict of Interest Statement: The authors declare that the research was conducted in the absence of any commercial or financial relationships that could be construed as a potential conflict of interest.

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