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Onstage and Off: The Shifting Relevance of Gender in Women's Prisons

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1 Introduction

Prison studies are not unconnected with broader theoretical debates on categories of identity and social life such as gender, ethnicity/race, class and the intersections between these categories. Gender, however, has informed prison research in a peculiar way. The very descriptive reference to gender, to begin with, or the lack of it, is not itself gender-neutral and appears to depend on the gender of those imprisoned. A random glance through publications in prison studies will likely show that an explicit mention of gender finds its way to the title only if a penal institution or carceral research site imprisons women. This institution will appear designated as a 'women's prison'. Single-word 'prisons', without gender specifications, are male by default, unless they are the objects of a specific comparison with their female counterpart.

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19 This dual pattern of identification of prisons for men and prisons
20 for women is far from being a simple effect of disproportion in num-
21 bers of men and women prisoners, or of relative carceral demography,
22 in which women are invariably in the minority. Rather, it is a discrep-
23 ancy that matches the asymmetry characterizing the history of prison
24 research itself, which in turn is not altogether immune to long-stand-
25 ing gender issues of symbolic domination and inequality. Research on
26 men's imprisonment has framed the debate in a universal mode, obli-
27 vious to gender. It is true that this research has more recently come to
28 acknowledge the gender dimension, especially by focusing on the ide-
29 ologies of masculinity that shape prison culture (Newton 1994; Sabo
30 et al. 2001). Research on women's prisons, however, was built on the
31 very basis of gender and has tended to be more gender-bound as a
32 whole.

33 Besides having informed a reflexive agenda addressing issues of repre-
34 sentation, such as the conundrums of representing women as victims
35 and/or agents (Fili 2013), the angle of gender has presided over most
36 research issues. Among the most pervasive is the gendered nature of
37 prison regimes, whether they are portrayed as based on normative femi-
38 ninity and domesticity, or as more gender-neutral (Bosworth 1999;
39 Carlen 1983; Kruttschnitt and Gartner 2005; Miller and Carbone-Lopez
40 2013; McCorkell 2003). Another prominent topic is the gendered char-
41 acter of prison cultures, socialities and 'pains of imprisonment', presented
42 as predicated on gender roles and identities, and contrasted with their
43 male equivalents (Giallombardo 1966; Heffernan 1972; Walker and
44 Worrall 2000; Ward and Kassebaum 1965; Zaitzow and Thomas 2003).
45 Overall, the characterization of the former has been endowed with a dis-
46 tinctly comparative tone, perhaps owing to the fact that configurations
47 found within men's prisons were taken as the compass and reference
48 model for analysing women's.

49 One example can be found in the depiction of prison cultures—a
50 pervading topic in the study of prisoners' social world. Where women
51 prisoners were concerned, either this sub-culture was deemed non-
52 existent or considered an inverted version of the male one. In the first
53 case, descriptions were in the negative mode: the *absence* of cohesion
54 and solidarity among women prisoners (that is, by reference to the
55 forms it took in men's institutions), the *absence* of groups, the *absence*

of an ‘inmate code’ and the *absence* of a local repertoire of social roles, 56
which in turn was also *absent* from a less complex prison slang (e.g. 57
Ward 1982; Tittle 1969; Kruttschnitt 1981; Williams and Fish 1974). 58
In the second case, characterizations were made by contrast. Women’s 59
prison culture was supposedly based on pseudo-families and/or 60
homoaffective dyads (e.g., Selling 1931; Heffernan 1972; Foster 1975; 61
Giallombardo 1966; Ward and Kassebaum 1965; Statler 1986). Both 62
phenomena have been described mostly as an emotional response to 63
the deprivation of affection, ignoring other kinds of social and identity 64
dimensions. This emphasized the contrast between the nature of 65
women aggregates and the structure of male prisoners’ sociality, which 66
was viewed mostly from a socio-economic angle. 67

As I have shown elsewhere (Cunha 1994), this long-standing ten- 68
dency to establish symmetrical contrasts between female and male 69
experiences of punitive confinement may have contributed to over- 70
simplifying and distorting far more complex realities. However, 71
favouring different descriptive models to account for men and wom- 72
en’s carceral configurations—one more ‘psychological’, the other more 73
‘sociological’—was not entirely new. To a certain extent, it recreated 74
within prison studies the trajectory of perspectives on male and female 75
criminality, respectively. While in mid-twentieth century the social, 76
economic and cultural dimensions of crime were increasingly high- 77
lighted, this did not occur evenly in theoretical perspectives on both 78
genders. Approaches to female criminality would still remain excluded 79
from this inflection for a long time (Smart 1977; Heidensohn 1985; 80
Dobash et al. 1986). 81

Nowadays, this more ‘gendercentric’ agenda is nevertheless increas- 82
ingly diversified for theoretical and empirical reasons alike. These involve 83
recognition of the diversity of women prisoners’ experiences and identi- 84
ties and attention to a wider variety of aspects of carceral life, but also 85
changes inside and outside prison walls (e.g. Boutron and Constant 86
2013; Greer 2000; Mandaraka-Sheppard 1986; Owen 1998; Rowe 87
2011). Drawing on fieldwork in a Portuguese carceral setting in different 88
decades, I propose to contribute an additional aspect to this debate by 89
focusing on contextual shifts in the actual (current?) saliency of gender as 90

91 a category of identity and social life in women's prisons. These shifts have
92 occurred without major changes in prison regimes, even if these have
93 become formally less gendered.¹

94 2 A Changing Prison Landscape

95 Portugal is no exception to the worldwide imbalance between men's and
96 women's incarceration rates. Women have consistently been the minority
97 among the population behind bars. Currently (and also until the 1990s)
98 they represent less than 6% of the prison population. However, after the
99 democratic revolution in 1974, which decriminalized one of the main
100 causes of women's imprisonment during the dictatorship (prostitution),
101 this proportion rose steeply during the second half of the 1990s up to
102 nearly 10% by the end of the century—one of the highest percentages in
103 the European Union.

104 In fact, during the 1990s the percentage of Portugal's population
105 behind bars (men and women) registered an unprecedented increase, and
106 Portugal attained one the highest imprisonment rates per 100,000
107 inhabitants (145) in the European Union.² One of the aspects of this
108 substantial change in the prison population was its massive provenance
109 from the same low-income-stigmatized urban areas. As a result, co-prisoners
110 were often neighbours, relatives or previous acquaintances, an
111 aspect that altered the social world of prisons (cf. Cunha 2008, 2014).
112 This was both a consequence of selective drug control (intensive law
113 enforcement targeting specific areas) and of the workings of the Portuguese
114 retail drug economy (Cunha 2005).

115 Although this change took place in both male and female prisons, it
116 has been more concentrated—and therefore more conspicuous—in the
117 latter. Its prominence in women's institutions stems partly from the relative
118 homogeneity of their population. In the 1990s, the variety of offenses
119 leading to women's imprisonment was sharply reduced. Although the
120 population of male prisoners was also fairly homogeneous (property
121 offenses and drug-related crimes accounted together for the majority of
122 convictions), its internal distribution was more balanced than that of its
123 female counterpart, which was concentrated overwhelmingly on drug

trafficking.³ Drug-related offenses already stood out as an important 124
cause of women's imprisonment in the 1980s, along with property 125
offenses (Cunha 1994). But it has mainly been since the 1990s that they 126
became a top cause of women's incarceration (Cunha 2002; Cunha and 127
Granja 2014; Matos 2008; Matos et al. 2017). 128

Imprisoned women were involved mostly in small-scale drug 129
trafficking, whether as international drug couriers, or in domestic retail 130
drug dealing (see below). Two scenarios have been reported in the rele- 131
vant literature in Portugal: (i) young women whose participation in drug 132
trafficking is associated with drug use and/or abusive male partners 133
(Matos 2008); (ii) primarily adult but also young women from economi- 134
cally depressed milieus for whom drug trafficking is an income-generat- 135
ing strategy often engaged in to support their households. These women 136
operate autonomously as free-lancers or in non-hierarchical partnerships 137
with neighbours or family members. This is mostly the case in domestic 138
drug trafficking, which reveals some particular aspects in Portugal (cf. 139
Cunha 2005). 140

Be that as it may, women are proportionally more convicted to prison 141
sentences for drug-related offenses than men. The centrality of drug 142
offenses in women's convictions is also what has best explained the faster 143
rise of female incarceration rates: these are the crimes with the highest 144
conviction rates and are among the most harshly sentenced. This means 145
that the rise in women's incarceration rates owed little to possible changes 146
in the way courts deal with this gender. 147

I conducted field research in the main Portuguese women's prison 148
(*Estabelecimento Prisional de Tires*, *Tires* hereafter) in two periods that, in 149
retrospect, emerge as defining moments in a changing carceral sociology 150
(the late eighties and the late nineties, cf. Cunha 1994, 2002, 2008).⁴ 151
These two decades revealed in their most pronounced form different pat- 152
terns that can now be found combined or reproduced in other prison 153
settings, albeit more mitigated in some respects. This is the case, for 154
example, with the prison of Santa Cruz do Bispo (*Estabelecimento* 155
Prisional de Santa Cruz do Bispo), which was the object of a recent con- 156
trolled comparison with *Tires* (Cunha and Granja 2014).⁵ I will, there- 157
fore, focus on these different configurations as they emerged in a clearly 158
defined fashion in these two periods in *Tires*.⁶ 159

3 Gendered Regimes

161 The ‘therapeutic’ approach that shaped the history of women’s penitentiary
162 regimes during the first half of the twentieth century (Carlen and Tombs
163 2006; Heidensohn 1985)⁷ never fully occurred in Portugal. Instead of a
164 strong medical and psychiatric influence in the definition and implemen-
165 tation of these regimes, in Portugal the main concern at that time was to
166 carry out a systematic programme for the ‘moral regeneration’ of delin-
167 quents (Cunha 1994). Against the backdrop of religious exhortation, dis-
168 cipline and ascetic austerity, the adopted treatment model was based on
169 two ingredients, both drawing heavily on dominant gender ideologies:
170 domesticity and motherhood. In Portugal as elsewhere, delinquent
171 women were considered ‘double deviants’, that is, both as members of
172 society and as members of their gender. Rehabilitation therefore meant
173 putting them back on track for the female roles and spheres from which
174 they had supposedly strayed.

175 This perspective was in perfect harmony with the state ideology of the
176 *Estado Novo* dictatorial regime in Portugal (1933–1974) (Cunha 1994).
177 Its symbolic conflation of ‘home’ and ‘nation’ presented women as the
178 nation’s ultimate moral base and emphasized the need for their dedicated
179 performance as wives and mothers as the only route for women’s social
180 existence and participation in the collective destiny (see Beleza dos Santos
181 1947; Salazar 1977). This state ideology was at odds with social realities,
182 in that it could only be fulfilled—or afforded—by the elites. With the
183 exception of these groups, women in Portugal—and more so among the
184 poor—have always resorted to work and wage labour as a survival strat-
185 egy, without this being considered a transgression of a gender cultural
186 script within their social milieus (Cole 1991; Pujadas 1994).

187 The above ingredients would nevertheless linger, albeit more tenu-
188 ously, in prison institutions long after the democratic revolution of 1974
189 and still permeate prison life today. The first ingredient in this founda-
190 tional treatment model was the inculcation of domestic habits (Cunha
191 1994, 2013). *Tires* was a clear illustration of this model. The penitentiary
192 treatment program was built around domestic skills. This was expressed
193 both in the spatial configuration of the institutional wards itself, as in the
194 range of activities offered to prisoners. If laundry, cleaning and kitchen

services were oversized, it was only because they were meant to respond 195
not just to *Tires* prison's internal needs, but also to supply male prison 196
facilities nearby. The whole rationale and organization of the domestic 197
sphere was thus transferred to the carceral institution on a large scale. 198
Most activities, whether for maintenance or production, were an extension 199
of the domestic order. 200

The predominance of so-called feminine activities would last for 201
decades. Gradually, however, it would cease to be presented as a method 202
or a program for regeneration, designed and pursued with that explicit 203
purpose. It became a mere effect of the status quo and disengagement 204
from the outside world, which is not uncommon in these institutions 205
(Goffman 1999 [1961]). It also reflected the occupational skills of 206
inmates themselves, which were scant and for the most part limited to 207
domestic training. Even in today's most 'modern' prison, *Santa Cruz*, the 208
range of activities available is, with a few exceptions, mostly centred on 209
the domestic sphere (Cunha and Granja 2014). In any case, the geogra- 210
phy of gender would continue to sharply determine the prison regime. 211

A second ingredient in the moral regeneration which was shaped by 212
social notions of gender consisted of the attempt to instill feelings of 213
maternal responsibility in inmates and cultivate mothering skills. 214
Although permission to keep infant children in prison took the children's 215
interests into account, it was primarily justified by the program's aim to 216
educate the mothers. Aiming at the 'social promotion of the delinquent 217
woman', it was determined that 'offspring, in the case of infants, should 218
remain with the mothers so as to maintain and promote their sense of 219
natural responsibilities' (Pinto 1969, p. 56). Prison regulations also 220
explicitly stipulated that prisoners should be taught to attend to their 221
infant children inside the institution and that children should spend time 222
with their mothers on a daily basis (Correia 1981, p. 279). 223

Official regulations and institutional rules have remained stable over 224
time in their general principles: namely, the age limit for children allowed 225
to live in the institution with their mothers (up to three years old, excep- 226
tionally five)⁸; the provision of a day nursery within the prison com- 227
pound, but physically separated from prison blocks, where children 228
remain during mothers' working hours, and where they are cared for by 229
trained personnel; a prison wing that houses prisoners with children 230

231 together. These conditions are common to most major women's prisons
232 in the country. Although stable in these aspects, explicitly gendered moral
233 considerations have since long been expunged from official decrees, and
234 their focus has shifted from the moral regeneration of prisoners (via lead-
235 ing them into proper motherhood) to accommodating the interest of the
236 child.

237 Considerations involving the mother role did not disappear from
238 prison daily life however. They remained infused in informal institutional
239 practices and interactions (cf. Cunha 1994; Cunha and Granja 2014).
240 Prisoners continued to be aware that their inmate and mother conditions
241 were somehow merged, and some went as far as to suspect that their per-
242 formance as mothers was assessed in the same way as their behaviour as
243 prisoners—that is, with the potential to influence parole board delibera-
244 tions. In any case, they sense all too well that the in-prison relationship
245 with their offspring, and the language of *care* itself, are inescapably
246 encompassed in the coercive management of the 'total institution' (Cunha
247 1994; Goffman 1999 [1961]).

248 4 Doing and Undoing Gender

249 In the previous section it was suggested that women's penitentiary treat-
250 ment in Portugal was dictated mainly by gender ideologies, insofar as it
251 was aimed at returning delinquents to the 'feminine' roles they had sup-
252 posedly deviated from. Thus, the institution insisted on motherhood as
253 part of the penitentiary's program of moral regeneration. Yet, contrary to
254 this gendered image of the stranded woman, inmates have for the most
255 part tended to express *conformity*—not 'deviance'—to conventional defi-
256 nitions of their gender. In *Tires* during the 1980s, this conformity was
257 even clearly inscribed in prisoners' sociality itself, which was centred on
258 in-prison mother-child relationships or marital-like couples, and was
259 otherwise highly atomized: inmates generally did not act nor see them-
260 selves as a group, and actually developed a refined rhetoric of mutual
261 denigration.⁹

Although the importance of these dyadic relationships was expressed by inmates in the language of affection and emotions, the support they provided had an identitarian aspect that confirmed them first of all as relational beings, more specifically in the relational roles which were normative markers of their gender ('mother', 'wife'/'romantic partner'). Gender identity occupied the front stage of the prison scene, both by the way it was performed through this sociality and how it was repeatedly asserted in 'prison talk', which focused mainly on children and partners, namely, on how the separation from them was paramount among the 'pains of imprisonment'. In the case of women with children in prison, mothers' narratives express a highly idealized maternal self-image and focus on a recurrent theme: the way their children's presence fulfills them, helps them cope and softens their prison experience (Cunha 1994, p. 156; Cunha and Granja 2014; Serra and Pires 2004, p. 420).

Indeed, the gendered regime of the prison was amplified both by women's discursive construction of gender and by prisoners' management of their stigmatized social identities (Cunha 1994). Motherhood was an important aspect in this respect. As also noted by Palomar (2007, p. 372), the prison environment does allow for experiencing motherhood in new ways, creating new subjectivities through which mothers in turn re-signify previous experiences of maternity: sheltered from the pressures of everyday survival, poverty and violence, with time available to dedicate to their children (who now also receive specialized medical and psychological attention); constantly near their children and exposed to expert educational and pedagogical input and programs, they may experience a bond with their children with unprecedented intensity and endow it with a meaning that takes centre stage in their lives thereon. It is hardly surprising that in such a context motherhood becomes hyperbolized in narratives of personal identity, including the way it is perceived in retrospect or projected in the future.

Women's prisons like *Tires* invite and promote an exaltation of motherhood not only because they have persistently emphasized reproduction and domesticity or because the idea of 'inmate fathers' is still as alien to prison organizations as the one of "inmate mothers" (and their 'special needs') is central to women's.¹⁰ They also do so because their environment

297 focuses on motherhood and the mother–child bond in a way that is
298 highly idealized and disconnected from the actual experiences and harsh
299 realities of these women’s lives. Prisons thereby participate in the essen-
300 tializing of motherhood, both as a naturalized aspect of gender and as an
301 ideal hardly within the reach of the populations it incarcerates. It is
302 behind bars that mothers find the time, the structure or the resources
303 necessary to measure up to such an ideal.

304 Not surprisingly, however, it is also behind bars that this ideal contrib-
305 utes to deepening feelings of self-blame, inadequacy and dysfunctionality
306 in performing the mother role.¹¹ Although motherhood is repeatedly
307 invoked as a motive and justification for their offence (*I did it for my*
308 *children; I had to feed my kids*)—thus as a gendered ‘technique of neutral-
309 ization’ (to extend a term coined by Sykes and Matza [1957])—prisoners
310 blame themselves, and are blamed by prison personnel, not only for hav-
311 ing offended, but also for failing to live up to motherly responsibilities
312 (Cunha 1994, p. 71).

313 Besides being a source of meaning that reshapes, recreates or reinvents
314 a personal identity, motherhood in prison has conveyed, however, another
315 identity effect as an anchor of a ‘non-deviant’ social identity. As I have
316 detailed elsewhere (1994), in the eighties, the adherence to conventional
317 gender roles also emerged as a way to shelter social identity from the
318 stigma attached to imprisonment, that is, as a viable route to negotiate
319 and exorcize stigma. In other words, the narrative importance of the
320 ‘good mother’ was also instrumental in rejecting a “deviant” identity and
321 invoked as a synonym of a ‘good citizen’.

322 Ten years later, mothering and motherhood were less emphasized in
323 identity management and in the prison social scene. Firstly, categories
324 of identity and social forms were made more complex by hyper-
325 incarceration and by the co-imprisonment of relatives. Since the nine-
326 ties, in-prison family forms have become more varied. The sociology
327 of relatedness, as well as the ‘ethics of care’ once identified with women
328 *qua* mothers, have no longer been limited to mother–child dyads any-
329 more, but have involved wider circles of relationships (Cunha 2002,
330 2013). Co-imprisoned family members and other prisoners participate
331 collectively in the in-prison care of children, for example, sharing food,
332 affection and assistance.

Furthermore, since co-imprisoned mothers and daughters were often both adults, and the ethics of care involved more than two generations simultaneously (see Cunha 2002, 2013), care is now enmeshed in a wider and more (even if not altogether) gender-neutral ethics of respect, reciprocity and moral obligation between family members.¹² Daughters, as well as sons, are supposed to respect and support their parents within and from beyond prison walls. It is disrespectful not to be loyal, deferential, or not to reciprocate the care they received from their parents when they were children.

In addition, prison stigma ceased to be a crucial issue. Prison merely compounds the structural and symbolic marginalization that now affects imprisoned populations collectively and much more profoundly than before. Stigma is no longer negotiable—either through gender conformity or otherwise (Cunha 2008).

Finally, the prominence of gender identity in the prison scene would give way to a new sense of collective identity, based on the prisoners' sharing of a common provenance from the same destitute urban areas, on kin, friendship and neighbourhood ties, and on a shared position at the lowest level of the class structure. Class-based collective solidarities gained strength in the prison scenario and became an important facet of prisoners' social identity. There was now an unprecedented rhetoric of 'community', constantly reasserted in prison talk, reiterating the perception that *we're all in the same boat*, and sustaining wider forms of solidarity and resistance. The notion of a shared destiny was now emphasized over other identities—gender and race/ethnicity alike (Cunha 2010). In the face of these collective categories of agency and identity, within which prisoners came to react to their common marginalization, other levels of identity such as gender became more discreet in prison life.

5 Final Remarks

Although prisons for men and for women are both gendered institutions, perspectives on these two kinds of settings have been unevenly gendered, and research on women's prisons has tended to be more gender-bound in general. This gendercentrism has partly been justified by the historical

366 centrality of gender systems prioritizing reproduction and domesticity
367 over other aspects of life in the definition of prison regimes for women.
368 These aspects can be amplified by women prisoners' own discursive
369 construction of gender and strategically emphasized in the management
370 of stigmatized identities in the prison social scene. However, the very
371 saliency of gender as a category of identity and social life can be highly
372 contextual, even in confinement situations where there is more conti-
373 nuity than change in gendered prison regimes over time. Firstly, as we
374 have seen, prisons reflect broader structural shifts that have a variable
375 impact on forms of marginality and are not without influence on shap-
376 ing different forms of stigmatization. Secondly, social identities are situ-
377 ational. For all the intersections—rightly indicated by intersectionalist
378 perspectives—of gender, ethnicity/race, class and other facets of an alto-
379 gether plural identity, these facets can nevertheless be more or less rel-
380 evant in different social situations. Even taking into account the power
381 structures that shape multiple aspects of identity, in some circumstances
382 one facet can appear overshadowed or subdued in favour of other con-
383 textual variants of that identity.

384 The two ethnographic inquiries conducted in a women's Portuguese
385 prison in different decades showed that while in the eighties gender
386 identity occupied the front stage of the prison scene, ten years later the
387 prominence of gender would give way to a new sense of collective iden-
388 tity and forms of relatedness, associated with hyper-incarceration and
389 the co-imprisonment of relatives, friends and neighbours. In the face of
390 this powerful collective identity with which prisoners came to react to
391 their common deeper social marginalization, other levels of identity
392 such as gender were played down and became less visible in the prison
393 social scene. Gender still matters, evidently, and gender inequality has
394 not become less relevant in shaping these women's lives. Nevertheless,
395 these two inquiries led me to be cautious about treating gender as a fixed
396 dimension of the prisoners' moral and social world, and showed the
397 importance of historicizing gender in prison studies in more than one
398 way.

399 In my own research, the focus on gender has followed the movement
400 of my imprisoned interlocutors, and receded from the foreground to the
401 background of the analysis. As an analytical angle it remained important

to situate women's participation in the drug economy, the repression of which triggered a rise in imprisonment rates, and to investigate the reasons these rates rose faster for women than for men. Otherwise, I considered a women's prison like *Tires* mainly as a vantage point to better capture important processes linking prisons to a range of economically depressed urban neighbourhoods, as well as the resulting sociological mutations that emerged in prison life by the end of the century. These mutations affected both male and female prison settings, but were more clearly visible in women's (cf. Cunha 2002, 2008).

Taken together, the two inquiries informing this chapter can contribute to a reflection on how a more or less important focus on gender should be decided less on the basis of general agendas (theoretical or political), than on the basis of gender's contextual importance, specifically assessed. In other words, the emphasis on gender should itself be treated as an empirical question, that is, according to the relative relevance of gender as a category of identity, and depending on its variable potential to organize social relations.

Notes

1. The tensions between what is formally defined in the legal requirements (which promote gender equality) and everyday social practices are particularly visible in parenting in prison, for example. Prison regulations have also incorporated the principles of neutrality and formal equality between women and men. Currently, the law regulating children's stay in prison is gender neutral; that is, both imprisoned mothers and fathers are allowed to keep their offspring with them inside prison facilities (Law 115/2009). However, the implementation of this principle is unequal. Logistics and practical dispositions render most men's prisons hardly suitable for children to reside with their imprisoned fathers. For example, there are no day-care centres in male institutions, nor adequate cells that are physically separated from other prison blocks (cf. Law 51/2011). Furthermore, although the need to meet female prisoners' 'special needs' regarding motherhood is mentioned in state guidelines about parenting in prison, there is no equivalent reference regarding fathering (Law 115/2009).

- 436 2. Estatísticas da Justiça, Ministério da Justiça (1987–2000).
- 437 3. As an example analysed in Cunha's study (2002) documenting these
438 shifts during the 1990s, in 1997 46% of incarcerated men were impris-
439 oned for property offenses and 34% for drug-related crimes, against
440 16% and 69%, respectively, in the female case (*Estatísticas da Justiça,*
441 *Ministério da Justiça, 1997*).
- 442 4. Fieldwork was conducted in two- and one-year periods (1987–1989 and
443 1997, respectively). It benefitted from unrestricted access to all prison
444 facilities. Besides 70 in-depth interviews, this allowed for the observation
445 and participation in most prison activities and daily life, as well as for
446 engaging in informal individual and group conversations with prisoners
447 on a regular basis and under varied circumstances. In both periods a
448 trusting relationship with prisoners was established, although not at the
449 same pace or by the same processes (see Cunha 2002). In both periods
450 women were selected by combining a snowball progression that followed
451 'natural' networks and a systematic sampling that diversified inmates
452 along lines of penal and social profile, as well as length and experience of
453 confinement (Cunha 1994, 2002).
- 454 5. *Tires* was created in 1954 on the outskirts of Lisbon and continues to be
455 the main female penal institution in the country; *Santa Cruz* opened in
456 2005 near the northern city of Oporto, and was intended for a similar
457 kind of penal population.
- 458 6. The prison population of *Tires*, which in 1997 reached 823 inmates, had
459 developed a striking social and penal homogeneity in the span of only a
460 decade. In 1997, a total of 76% of the women there were imprisoned for
461 drug trafficking, compared to the 37% registered 10 years earlier, and
462 property offenders represented no more than 13%. The majority of those
463 convicted (69%) were serving sentences of more than five years. Prisoners
464 increasingly came from the segments of the working class most deprived
465 of economic and educational capital: from 1987 to 1997 the proportion
466 of women who held jobs in the bottom tier of the service economy rose
467 from 4% to 33%, and the proportion of those who had never attended
468 school or gone beyond the fourth grade rose from 47% to 59%. A sig-
469 nificant proportion of prisoners had relatives imprisoned in the same
470 institution or in other prison facilities. According to a conservative esti-
471 mate based on data registered in social-educational files, between one-
472 half and two-thirds of the inmates in *Tires* had family members inside the
473 same institution (sisters, cousins, aunts, nieces, mothers, grandmothers).
474 This estimate does not include male partners and kin serving their own
475 sentences in other facilities.

7. Based on neo-Lombrosian perspectives addressing female criminality, during the first half of the 20th century prison policies in some European countries and in the United States adopted a therapeutic treatment based on medical and psychiatric intervention. Although this trend has lessened over the years, according to Carlen and Tombs (2006) there is a revival of these approaches in policies that address women's socio-economic problems by repositioning them as 'cognitive' problems.
8. For recent general regulations see the General Regulation for Portuguese Prisons, Law 51/2011.
9. Among other examples of mutual disqualification, one prisoner could justify her offence as a fortuitous result of unique circumstances, while essentializing those of her companions as matters of a criminal nature (cf. Cunha 1994, 2008, for development of this point).
10. For the way prisons and the judicial system fail to include fathers in sharing the burdens of parenthood see Palomar (2007) and Machado and Granja (2013).
11. This ideal further excludes fathers and exonerates them from their own emotional, socio-economic and moral responsibilities.
12. Mothers, grandmothers, mothers-in-law, aunts, cousins, sisters and sisters-in-law now find themselves doing time together, in a circle of kin that often amounts to more than a dozen people, sometimes encompassing four generations (when a great-grandson is born in prison to a prisoner whose daughter and granddaughter are also imprisoned).

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