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Facing and managing natural disasters in the Sporades islands, Greece

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Abstract. The region of the Sporades islands located in central Greece is at the mercy of many natural phenomena, such as earthquakes due to the marine volcano Psathoura and the rift of Anatolia, forest fires, floods, landslides, storms, hail, snowfall and frost. The present work aims at studying the perceptions and attitudes of the residents regarding how they face and manage natural disasters. A positive public response during a hazard crisis depends not only upon the availability and good management of a civil defense plan but also on the knowledge and perception of the possible hazards by the local population. It is important for the stakeholders to know what the citizens expect so that the necessary structures can be developed in the phase of preparation and organization. The residents were asked their opinion about what they think should be done by the stakeholders after a catastrophic natural disaster, particularly about the immediate response of stakeholders and their involvement and responsibilities at different, subsequent intervals of time following the disaster. The residents were also asked about the most common disasters that happen in their region and about the preparation activities of the stakeholders.

1 Introduction

A natural disaster is a physical event of extraordinary dimension that people cannot predict or control (Djelante, 2012). It is the most rapid, instantaneous and long-range conflict of the natural environment with the socioeconomic system and the human society (Mercer, 2009; Cutter et al., 2013). Thus, the natural process becomes a "natural hazard" as soon as human beings, infrastructure or other forms of tangible or intangible capital are threatened or destroyed. The losses concern both the animate and inanimate potential of human society, both intangibly and materially (Varnes, 1988; Raschky, 2008).

A disaster, either natural (earthquake, fire, etc.) or caused by humans (war conflict, nuclear accident), shapes the human and natural environment and disrupts and affects the operation of the region at an economic and social level depending, of course, on its degree and extent (Becker et al., 2013; Yellman and Murray, 2013).

According to Miletti (1999), the disasters are a "forecasted" result that comes from the interaction of three main systems: (a) the physical environment, (b) the demographic and socioeconomic environment, and (c) the structured environment (residences, buildings and infrastructures). It has been noted that the event and the results of a disaster are due to critical correlations between the three systems, from which they acquire more complex textures (Haimes, 2012).

The link between development and disasters is well known; unfortunately, despite the modern evolution of technology and the progress of science in general, natural disasters affect the daily lives of people, disturb the smooth operation of society and constitute a permanent threat (Otero and Marti, 1995; Stenchion, 1997; Pelling, 2003a; McEntire, 2004; UNDP, 2004; Wisner et al., 2004).

The extreme events can even be devastating for developing countries that have less capacity to adapt (Mendelsohn and Dinar, 1999; Ravindranath and Sathaye, 2002; Winkler, 2005; IPCC, 2007a), but the effects generally influence both developed and developing or underdeveloped regions.

Generally, major natural disasters are the consequence of a natural hazard, which passes from the stage of probability to an active phase; consequently, they have serious implications for the economic, developmental and environmental sectors. Equally considerable are the problems that they create at the social, political and cultural level (Cutter et al., 2003), as well as in the administrative sector. Depending on the size and type of disaster, the period following the destruction can be of long or short term. There is a global concern that natural disasters are becoming more frequent, deadly and costly; they are also more complex, and the impacts to society and the environment are increasingly more intertwined (Khan, 2012). For this reason, the treatment and management of natural disasters is one of the biggest problems of survival that currently engages humans because they constitute a milestone in the human consciousness and dramatically affect the flow of their lives (Drabek, 1986; Starmer, 1996; Sterlacchini et al., 2007; EM-DAT, 2010; EM-DAT, 2013; Germanwatch, 2010; IFRC, 2010; Maplecroft, 2010; UNISDR, 2011; UNU-EHS, 2011). It is very important for the authorities and the stakeholders to know what the population expects from them after a large-scale natural disaster. This information can be very useful to an organization and help to properly structure the necessary preparations.

One of the major approaches of disaster risk reduction is through pragmatic disaster risk management planning (Salter, 1997; Christoplos et al., 2001). Disaster management and community planning via public participation have become top priority for the authorities, stakeholders and organizations in many countries all over the world such as in the USA (Pearce, 2003, Haimes, 2012), El Salvador (Bowman and White, 2012), Australia and New Zealand (Gero et al., 2011; Djalante, 2012; Becker et al., 2012, 2013) China (Ye et al., 2012, Shi et al., 2012) and Iran (Amini Hosseini et al., 2009). In Europe there have already been some papers about this subject (Van Assche et al., 2011; Escuder-Bueno et al., 2012; Alexander, 2013), but no relevant studies have been conducted so far in Greece.

The present work aims at studying the perceptions and attitudes of the residents in the Sporades islands, Greece, about the management of natural disasters and the expectations of the authorities and the relevant stakeholders in the first crucial hours, days or weeks following a catastrophic event.

2 Research methodology

The research was conducted with the application of a face-toface structured questionnaire. The research area of this paper was the islands of the Northern Sporades. The statistical populations of the Alonissos, Skiathos and Skopelos were 2160, 5788 and 4098 residents, respectively. Layered, random sampling was used as the sampling method. Geographical stratification layers were also used. The estimate of proportion P of the population was a weighted analogy of samples. The size of each sample was taken so that the number of units of the population belonging to each layer was as follows:

$$\bar{P} = \frac{1}{N} \left(N_1 \bar{P}_1 + N_2 \bar{P}_2 + \ldots + N_L \bar{P}_L \right) = \frac{1}{N} \sum_{k=1}^{L} \left(N_k \bar{P}_k \right)$$

where *L* indicates the number of layers, N_k the total number of sample units in the layer *k* (k = 1, ..., L), *N* total number of sample units in the population (n = N1, NL), and P_k estimated proportion in layer *k*.

The estimated standard error of the proportion is

$$s_{\bar{p}} = \sqrt{\frac{1}{N^2} \sum_{k=1}^{L} \left(N_k^2 \frac{\bar{P}_k \left(1 - \bar{P}_k \right)}{n_k - 1} \right)},$$

where n_k indicates the sample size in layer k. The estimates, as with simple random sampling, can be made separately for each layer since each layer was taken as a simple random sample (Daoutopoulos, 1994). The results of each layer are presented separately (for each island).

In order to determine the sample size, pre-sampling was used. The data were collected through random, personal interviews, and 66 questionnaires (12 from the municipality of Alonissos, 30 from the municipality of Skiathos and 24 from the municipality of Skopelos) were collected in total.

The determination of the total sample size for the variables, analogue distribution, is given by the following formula:

$$n = \frac{Nt^2 \sum_{k=1}^{L} N_k \bar{P}_k (1 - \bar{P}_k)}{N^2 e^2 + t^2 \sum_{h=1}^{L} N_k \bar{P}_k (1 - \bar{P}_k)}$$

=
$$\frac{12919 \times 1.96^2 \times (2425 \times 0.5 \times 0.5 + 5788 \times 0.5 \times 0.5 + 4706 \times 0.5 \times 0.5)}{12919^2 \times 0.05^2 + 1.96^2 \times (2425 \times 0.5 \times 0.5 + 5788 \times 0.5 \times 0.5 + 4706 \times 0.5 \times 0.5)}$$

$$= 373.0665 \cong 373,$$

where *N* denotes the total number of sample units of all layers, N_k denotes the total number of sample units in the layer *k*, P_k denotes the estimated proportion in layer *k*, *t* denotes the value of Student's distribution for probability $(1-\alpha) = 95$ % and n-1 degree of freedom, and *e* denotes the maximum admissible difference between the sampling medium and unknown average population. We accept that in the case of proportions it is 0.05, that is, 5 %.

Table 1. Sociodemographic profile of the residents in the Sporades islands (s_p : Standard error of proportion).

		p (%)	sp
Gender	Male	52.0	0.0260
	Female	48.0	0.0260
Age	18–30	23.3	0.0216
	31-40	33.2	0.0243
	41-50	23.1	0.0219
	51-60	10.5	0.0159
	> 60	11.0	0.0160
Marital status	Unmarried	31.6	0.0241
	Married	58.4	0.0256
	Divorced	4.3	0.0104
	Widowed	5.6	0.0120
Childhood	Without children	39.9	0.0254
	One child	15.6	0.0188
	Two children	26.8	0.0230
	Three children	12.6	0.0172
	More than three children	5.1	0.0114
Educational level	Without primary school	7.0	0.0135
	Primary school	9.6	0.0149
	Secondary school	15.0	0.0184
	Technical school	4.3	0.0105
	Upper secondary school	34.9	0.0246
	Technological education	10.7	0.0161
	University	13.4	0.0175
	Post-graduation	5.1	0.0114
Profession	Private employee	22.3	0.0214
	Public servants	21.7	0.0212
	Self-employed	20.1	0.0207
	Students	4.3	0.0104
	Unemployed	7.2	0.0133
	Housewives	8.0	0.0140
	Farmers or stock breeders	4.0	0.0101
	Pensioners	12.3	0.0169
Annual income	< 5000 euro	20.4	0.0206
	5000–10 000 euro	15.5	0.0188
	10 001-15 000 euro	15.0	0.0185
	15 001–20 000 euro	19.0	0.0202
	20 001–25 000 euro	8.0	0.0140
	25 001-30 000 euro	4.0	0.0102
	30 001–40 000 euro	4.8	0.0111
	> 40000 euro	4.3	0.0105
	No answer	8.8	0.0148

The total size of the sample is distributed in different layers according to the size of each layer.

 $n_{k} = \frac{N_{k}n}{N} =$ $n_{1} \frac{2425 \times 373}{12919} = 70.0276 \cong 70$ $n_{2} \frac{5788 \times 373}{12919} = 167.1421 \cong 167$ $n_{3} \frac{4706 \times 373}{12919} = 135.8968 \cong 136$

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The questionnaire is not limited to a single variable estimation of the population, as it contains more variables. So an estimate of the sample size is required for each of the variables. If the estimated sample sizes are similar, and their size is within the numerical possibilities of the sampling, then the sample size is selected as the maximum. In this way the variable that changes the most is estimated with the desired precision while remaining more accurate than originally specified (Matis, 2001). The variable that gives the largest sample size is the one that refers to the gender of respondents.

A total of 70 questionnaires were collected in the municipality of Alonissos, as well as 167 in the municipality of Skiathos and 136 in the municipality of Skopelos. Data collection took place in 2009. Personal interviews were conducted to supplement the questionnaire. They were randomly selected from the citizens of the municipality.

3 Results

The demographic attributes of the residents who participated in the research are given in Table 1. The majorities of the participants were men (52%), graduates of upper school education (34.5%), married (58.4%), without children (39.9%) and private employees (22.3%). Seventy percent of the participants declared an income of less than 20 thousand euro. The largest age group of the participants (33.2%, $s_p = 0.0243$) was 31–40 years old.

3.1 Actions to be taken, chronologically, after a natural disaster

Natural disasters affect human society and have diverse consequences, such as loss of human life, economic damage, damage to the residential system, psychological consequences, destruction of monuments and exhibits in museums, and even political consequences (Papadopoulos, 2000). Following an unexpected natural disaster, the first problem that is faced is the identification of the extent of the disaster based on the disorder of the population, the transportation, the operation of organisms and the flow of information. Having precisely determined the region that was affected by the disaster, direct priority is given to the search and rescue of survivors. The functionality and capacity of hospitals should be checked, and those that have not been affected by the disaster should be provided with additional staff and first-aid supplies. Particular attention should be provided to individuals that are not self-sufficient, such as young children, the elderly, the disabled, etc. Additionally, rescue teams and supplies should be concentrated in regions where they can be best used, and are absolutely necessary. Furthermore, during the management of a disaster, it is very important to determine the number of affected people versus the number of visitors and curious onlookers in the disaster zone, a process that is not easy in the chaotic situation that follows a disaster.

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Table 2. Residents'	' opinions and attitudes about what is most necessa	ary to be done, chronologically, after an extreme natural disaster.

		0 –3 h	3–6 h	6–12 h	12–24 h	Next day	3–7 days	Next week	2–4 weeks	Next months	Next year
Food supply	p sp	41.0 % 0.0254	22.5 % 0.0216	18.2 % 0.0199	9.7 % 0.0153	8.0 % 0.0134	0.3 % 0.0027	0.3 % 0.0027			
Supply of clean water	p sp	53.6 % 0.0258	26.3 % 0.0228	8.8 % 0.0148	3.5 % 0.0095	7.5 % 0.0129	0.3 % 0.0027				
Medical care of the injured	p sp	77.2 % 0.0216	16.4 % 0.0190	4.8 % 0.0111	1.3 % 0.0060	0.3 % 0.0027					
Official information	p sp	36.5 % 0.0249	19.8 % 0.0204	9.9 % 0.0154	14.7 % 0.0184	17.7 % 0.0190	0.8 % 0.0046	0.5 % 0.0038			
Temporary accommodation for the affected	p sp	14.5 % 0.0183	21.4 % 0.0212	19.6 % 0.0203	27.6 % 0.0231	15.3 % 0.0184	1.6 % 0.0065				
Psychological support of the injured	p sp	20.9 % 0.0207	20.6 % 0.0210	11.0 % 0.0161	13.4 % 0.0177	25.5 % 0.0226	5.9 % 0.0121	1.9 % 0.0070	0.3 % 0.0027	0.5 % 0.0038	
Search and rescue of victims	p sp	78.3 % 0.0214	10.5 % 0.0157	5.6 % 0.0120	1.9 % 0.0070	3.2 % 0.0092	0.3 % 0.0027	0.3 % 0.0027			
Transportation of citizens to a safer place	p sp	53.4 % 0.0254	24.7 % 0.0220	11.5 % 0.0165	4.8 % 0.0111	5.1 % 0.0114		0.5 % 0.0038			
Recognition and identification of victims	p sp	15.8 % 0.0190	15.3 % 0.0185	19.6 % 0.0205	11.8 % 0.0167	30.6 % 0.0236	5.6 % 0.0119	1.3 % 0.0059			
Respectful handling of human remains	p sp	33.0 % 0.0235	12.1 % 0.0169	12.6 % 0.0170	12.9 % 0.0173	22.0 % 0.0214	4.8 % 0.0111	2.1 % 0.0075	0.5 % 0.0038		
Making lists of the injured, missing and dead	p sp	19.0 % 0.0202	12.3 % 0.0170	11.8 % 0.0166	10.7 % 0.0159	36.7 % 0.0249	6.4 % 0.0127	2.4 % 0.0079	0.5 % 0.0038		
Occupation of children with various activities	p sp	12.1 % 0.0165	6.7 % 0.0129	9.1 % 0.0148	9.9 % 0.0153	22.0 % 0.0215	20.6 % 0.0209	11.5 % 0.0164	2.4 % 0.0080	4.0 % 0.0101	1.6 % 0.0065
Guarding property against theft	p sp	31.6 % 0.0237	13.4 % 0.0175	11.3 % 0.0161	13.4 % 0.0175	22.0 % 0.0215	4.6 % 0.0107	2.1 % 0.0075	1.3 % 0.0059	0.3 % 0.0027	
Existence of people to inform and lead the affected people	p sp	46.9 % 0.0251	20.4 % 0.0208	8.6 % 0.0145	7.5 % 0.0136	11.3 % 0.0163	3.5 % 0.0094	1.3 % 0.0059	0.5 % 0.0038		
Timely assessment of the damages	p sp	6.4 % 0.0125	6.2 % 0.0125	6.4 % 0.0127	8.6 % 0.0145	26.8 % 0.0227	21.5 % 0.0210	18.0 % 0.0199	5.1 % 0.0114	1.1 % 0.0053	
Temporary repair of the damage	p sp	4.6 % 0.0108	3.2 % 0.0090	6.2 % 0.0125	4.0 % 0.0102	15.8 % 0.0190	28.2 % 0.0234	21.2 % 0.0212	10.7 % 0.0160	5.4 % 0.0116	0.8 % 0.0046
Assessment of damages to infrastructures	p sp	4.0 % 0.0102	6.4 % 0.0122	4.0 % 0.0101	3.2 % 0.0091	19.8 % 0.0207	18.2 % 0.0200	25.2 % 0.0225	13.9 % 0.0180	4.3 % 0.0104	0.8 % 0.0046
Assessment of damages in private buildings	p sp	2.9 % 0.0088	6.2 % 0.0121	1.6 % 0.0065	3.5 % 0.0095	16.6 % 0.0193	18.8 % 0.0203	28.2 % 0.0232	11.8 % 0.0168	8.0 % 0.0139	2.4 % 0.0079
Providing economic support to those affected	p sp	3.8 % 0.0098	1.9 % 0.0070	1.1 % 0.0053	3.5 % 0.0095	11.0 % 0.0163	14.2 % 0.0181	24.9 % 0.0224	19.6 % 0.0205	15.8 % 0.0188	4.3 % 0.0104
Economic support for businesses to start working again	p sp	1.6 % 0.0065	0.0 % 0.0000	4.0 % 0.0102	3.2 % 0.0092	5.9 % 0.0122	8.8 % 0.0147	24.1 % 0.0222	21.4 % 0.0213	24.4 % 0.0222	6.4 % 0.0126
General organizational plan of the region	p sp	13.4 % 0.0173	0.5 % 0.0038	1.3 % 0.0060	1.6 % 0.0065	6.2 % 0.0124	5.9 % 0.0122	15.3 % 0.0184	12.6 % 0.0172	31.6 % 0.0239	11.5 % 0.0165

Mutual help is also of vital importance because the survivors should share their food, shelter and means of available transport (Lekkas, 2000).

The period following a disaster corresponds to the shortterm efforts to address it in the emergency management and the relief stage. It generally takes about 2 days, and some researchers suggest a sequence of priorities that should be used to address the emergency period in the most effective way (Alexander, 2013). However, because it is difficult to simultaneously address all needs in such a short period of time, citizens were asked to evaluate the range of importance of each need. Thus, from the relative question (Table 2), it was found that the residents of the Sporades believe that the first operations in the 3 h following a natural disaster are the search and rescue of victims (78.3 %), the medical care of the injured (77.2%), the supplying of clean water (53.6%) and the transportation of citizens to a safer place (53.4%). In the same period, other priorities for the citizens include identification of a person to inform and lead the affected people (46.9%), food supply (41.0%), provision of official information (36.5%), respectful handling of human remains (33.0%), guarding property against theft (31.6%) and giving psychological support (20.9%). However, the citizens consider that those actions, while still important, can be implemented with a 12 h delay. During the next 12 to 24 h, the residents believe that temporary accommodation to the affected people is necessary (27.6%). On the third day, the citizens believe that these tasks can take place: the listing of the injured, missing and dead (36.7%); the recognition and identification of victims (30.6%); the timely assessment of

Table 3. Residents' opinions about the responsibilities that stakeholders have after an extreme natural disaster.

		Senatorial district	Prefecture	Municipality	Fire service	Forest service	Police	Army forces	Sanitary service	Citizens/volunteers	Something else
Food supply	p	24.9 %	30.3 %	86.6 %	1.3 %	0.3 %	1.1 %	17.2 %	3.8 %	32.2 %	2.4 %
	sp	0.0224	0.0237	0.0177	0.0059	0.0027	0.0053	0.0193	0.0098	0.0242	0.0079
Supply of clean water	p	19.0 %	26.5 %	83.9 %	9.4 %	1.6 %	0.8 %	15.5 %	7.2 %	24.4 %	2.7 %
	sp	0.0202	0.0228	0.0190	0.0143	0.0065	0.0046	0.0187	0.0135	0.0223	0.0083
Medical care of the injured	p	5.9 %	6.7 %	14.2 %	4.6 %	0.5 %	1.3 %	20.9 %	86.3 %	19.3 %	1.9 %
	sp	0.0122	0.0129	0.0181	0.0108	0.0038	0.0060	0.0210	0.0178	0.0205	0.0070
Official information	p	58.5 %	33.5 %	42.9 %	13.1 %	7.2 %	22.5 %	1.9 %	2.1 %	0.5 %	2.4 %
	sp	0.0241	0.0245	0.0257	0.0173	0.0134	0.0209	0.0070	0.0075	0.0038	0.0079
Temporary accommodation for the affected	p	23.6 %	31.4 %	71.9 %	3.8 %	3.5 %	3.5 %	42.4 %	5.9 %	24.4 %	2.9 %
	sp	0.0220	0.0235	0.0231	0.0098	0.0095	0.0095	0.0252	0.0122	0.0222	0.0087
Psychological support of the injured	p	9.9 %	12.9 %	24.4 %	3.8 %	1.6 %	4.6 %	4.8 %	67.8 %	34.8 %	9.9 %
	sp	0.0154	0.0171	0.0223	0.0099	0.0065	0.0108	0.0111	0.0238	0.0246	0.0152
Search and rescue of victims	p	5.4 %	9.9 %	29.0 %	77.2 %	27.9 %	53.1 %	63.5 %	16.9 %	34.3 %	2.1 %
	sp	0.0116	0.0153	0.0230	0.0216	0.0233	0.0259	0.0248	0.0194	0.0245	0.0075
Transportation of citizens to a safer place	p	9.4 %	11.5 %	51.7 %	44.8 %	24.1 %	55.5 %	54.4 %	12.1 %	29.2 %	2.7 %
	sp	0.0149	0.0162	0.0245	0.0251	0.0219	0.0257	0.0259	0.0167	0.0232	0.0083
Recognition and identification of victims	p	2.1 %	2.1 %	20.9 %	9.9 %	4.6 %	41.0 %	10.2 %	33.8 %	23.3 %	11.8 %
	sp	0.0075	0.0075	0.0210	0.0154	0.0107	0.0240	0.0156	0.0245	0.0205	0.0166
Respectful handling of human remains	p	33.2 %	18.5 %	33.0 %	20.6 %	16.4 %	33.2 %	22.3 %	51.7 %	16.6 %	15.5 %
	sp	0.0237	0.0201	0.0242	0.0210	0.0192	0.0243	0.0216	0.0257	0.0193	0.0187
Making lists of the injured, missing and dead	p	8.0 %	10.7 %	59.8 %	10.7 %	4.8 %	38.1 %	7.0 %	22.8 %	16.9 %	4.6 %
	sp	0.0140	0.0158	0.0252	0.0158	0.0111	0.0235	0.0131	0.0216	0.0180	0.0108
Occupation of children with various activities	p	11.0 %	16.4 %	42.9 %	2.9 %	0.5 %	4.3 %	1.9 %	10.2 %	60.3 %	13.4 %
	sp	0.0161	0.0190	0.0257	0.0087	0.0038	0.0105	0.0070	0.0157	0.0254	0.0172
Guarding property against theft	p	3.2 %	2.4 %	17.2 %	3.8 %	4.6 %	89.3 %	35.1 %	0.8 %	6.7 %	1.1 %
	sp	0.0091	0.0080	0.0191	0.0099	0.0108	0.0161	0.0246	0.0046	0.0130	0.0054
People to inform and lead the affected people	p	13.9 %	19.8 %	61.4 %	31.6 %	23.6 %	41.6 %	29.2 %	9.9 %	48.3 %	6.2 %
	sp	0.0178	0.0203	0.0243	0.0239	0.0218	0.0256	0.0233	0.0154	0.0257	0.0123
Timely assessment of the damages	p	54.2 %	49.9 %	49.6 %	7.8 %	4.3 %	5.1 %	1.1 %	1.1 %	0.8 %	6.4 %
	sp	0.0252	0.0258	0.0258	0.0138	0.0105	0.0114	0.0053	0.0053	0.0046	0.0125
Temporary repair of the damage	p	57.4 %	55.8 %	47.7 %	2.4 %	2.9 %	2.4 %	5.1 %	1.1 %	4.8 %	4.8 %
	sp	0.0251	0.0258	0.0260	0.0079	0.0087	0.0079	0.0112	0.0053	0.0111	0.0110
Assessment of damages to infrastructures	p	57.9 %	55.5 %	45.0 %	4.0 %	2.7 %	4.8 %	2.1 %	0.0 %	1.3 %	5.1 %
	sp	0.0251	0.0257	0.0258	0.0102	0.0083	0.0110	0.0075	0.0000	0.0059	0.0113
Assessment of damages in private buildings	p	56.0 %	53.1 %	44.2 %	4.0 %	1.1 %	5.4 %	1.6 %	0.5 %	1.6 %	6.4 %
	sp	0.0254	0.0258	0.0258	0.0102	0.0053	0.0116	0.0065	0.0038	0.0065	0.0125
Providing an economic support to those affected	p	75.1 %	46.9 %	33.0 %	1.1 %	1.1 %	0.3 %	0.8 %	0.8 %	5.4 %	19.0 %
	sp	0.0224	0.0253	0.0240	0.0053	0.0053	0.0027	0.0046	0.0046	0.0117	0.0202
Economic support for businesses to start working again	p	75.9 %	42.1 %	25.7 %	0.5 %	0.5 %	1.3 %	0.0 %	0.5 %	1.9 %	21.2 %
	sp	0.0222	0.0250	0.0224	0.0038	0.0038	0.0059	0.0000	0.0038	0.0070	0.0210
General organizational plan of the region	p	75.1 %	44.8 %	45.3 %	9.7 %	8.6 %	8.8 %	7.5 %	4.8 %	5.1 %	8.0 %
	sp	0.0223	0.0248	0.0249	0.0152	0.0144	0.0146	0.0136	0.0111	0.0114	0.0140

the damages (26.8%); and the occupation of children with various activities (22.0%).

In the second phase of rehabilitation that begins in the next 3-7 days (the medium term of recovery), the residents believe that it is necessary to start temporary repairs of the damage (28.2%) while, for the next week, an assessment of damages in private buildings should be undertaken (28.2%),

along with the infrastructures (25.2%) and the provision of economic support to those affected (24.9%).

Finally, during the period of reconstruction in the upcoming months, the residents believe that it is necessary to design a regional organization plan (31.6%) and to provide economic support for business redeployment (24.4%).

		Very often	Usually	Sometimes	Rarely	Never
Construction of flood protection works and preserving them	р	5.1 %	18.2 %	29.5 %	22.8%	24.4 %
	sp	0.0113	0.0196	0.0237	0.0216	0.0220
Fixing forest soils	р	3.2 %	18.0%	29.8%	22.0 %	27.1 %
-	sp	0.0091	0.0194	0.0237	0.0215	0.0228
Illegal occupation of streams and polders	р	30.3 %	24.7 %	29.2 %	9.1 %	6.7 %
	sp	0.0236	0.0223	0.0234	0.0148	0.0128
Construction of public roads with drainage systems	р	7.0 %	18.8 %	32.4 %	18.2 %	23.6%
	sp	0.0131	0.0199	0.0243	0.0200	0.0218

Table 4. Residents' opinions about the activities that happen in the Sporades islands that affect the consequences of floods.

Table 5. Residents' opinions about the activities that take place in the Sporades islands regarding snow/frost consequences.

		Very often	Usually	Sometimes	Rarely	Never
Facing problems from ice and snow	р	13.7 %	20.1 %	32.7 %	22.0 %	11.5 %
	sp	0.0173	0.0206	0.0236	0.0214	0.0165
Control, limitation and exclusion (obligatory use of nonslip chains)	р	6.2 %	16.4%	28.4 %	30.8 %	18.2 %
	sp	0.0123	0.0191	0.0234	0.0239	0.0198
Car movement on the roads when it is not absolutely neces- sary	р	12.9 %	25.7 %	29.8%	22.5 %	9.1 %
-	sp	0.0174	0.0227	0.0238	0.0214	0.0146
Closed roads due to cars blocking the road	р	5.9 %	8.6%	30.3 %	41.0 %	14.2 %
	sp	0.0120	0.0142	0.0229	0.0247	0.0180

3.2 Stakeholders' active involvement in disaster management

Risk management is not the exclusive duty of one organization, but rather the result of the coordinated actions of several operators, where everyone has a specific role. Generally, the main responsibility of civil protection of the country falls on the Ministry of Interior along with the General Secretariat of Civil Protection, the fire service, the police and the forest service. The district, the prefecture and the municipality are responsible for the implementation of regional planning based on the available resources. Important roles are also played by non-governmental organizations and volunteers.

Table 3 presents the results of the questionnaire about the institution that should take the responsibilities after the outbreak of a major disaster. The inhabitants of the Sporades islands consider that the senatorial district should be responsible for providing economic support to help businesses start working again (75.9%) as well as to provide economic support to those affected by the disaster (75.1%). Further, they should also develop a general plan of regional regeneration (75.1%), and provide official information (58.5%), temporary damage repair (57.4%) and damage assessment (54.2%). The respondents believe that the municipality should be responsible for the supply of food (86.6%) and water (83.9%), for drawing up a list of names of the injured, missing and dead (59.8%) and for leading and informing the affected citizens (61.4%). The citizens believe that the fire service should be responsible for the search and rescue of victims (77.2%), the armed forces should give temporary accommodation (42.2%) and the police should maintain both public safety and public order (89.3%), transport citizens to a safer place (55.5%) and help in the recognition and identification of the victims (41%). Finally, they believe that the sanitary service should be responsible for the medical care of the injured (86.3%), for the psychological support of the injured (67.8%), and respectful handling of human remains (51.7%). Volunteers should be responsible for occupying the children with activities (60.3%).

3.3 Actions to confront natural disasters in the Sporades islands

The region of Sporades is at the mercy of many natural phenomena; in most cases the effects of these phenomena are quite unfavorable to the residents of the islands. More analytically, the region is affected by earthquakes from nearby sources like the marine volcano *Psathoura*, as well as the rift of Anatolia that passes N-NW of Alonissos resulting in intense seismic activity and frequent earthquakes. A typical

		Very often	Usually	Sometimes	Rarely	Never
New buildings checked for earthquake standards	p	3.8 %	11.0 %	24.4 %	29.2 %	31.6 %
	sp	0.0098	0.0162	0.0221	0.0234	0.0241
Information to the citizens about activities in case of an earthquake	p	4.0 %	7.5 %	21.2 %	31.6 %	35.7 %
	s _p	0.0102	0.0135	0.0212	0.0241	0.0245
Infringement of construction licensing or illegal buildings	p	31.4 %	26.0 %	21.7 %	13.1 %	7.8 %
	s _p	0.0235	0.0227	0.0212	0.0175	0.0136
Spreading information about forthcoming earthquakes	p	22.0 %	16.6 %	22.3 %	23.3 %	15.8 %
	sp	0.0210	0.0192	0.0214	0.0214	0.0184

Table 6. Residents' opinions about the activities that take place in the Sporades islands regarding earthquakes consequences.

example is the earthquake in 1986, which shook the earth for 40 days. Moreover, the last 10 years have seen the frequent occurrence of another type of phenomena, forest fires, which have destroyed important forest and agricultural lands. Soil erosion and landslides are subsequent hazards associated with forest wildfires (De Graff et al., 2013). Flooding is of low intensity at the study area and has only created minor problems, while landslides, heavy storms, hail, snowfall and frost are frequent and intense.

For the most common natural disasters that happen in their region (floods, snow, ice, earthquakes and forest fires), the residents were asked if they were aware of activities that may affect the danger or occurrence of these disasters. Table 4 presents the results regarding floods and landslides. The participants answered that the illegal occupation of streams and polders has a negative affect (30.3%). Proper road drainage (32.4%), stream restoration and slope stabilization (29.8%) may decrease flood risk.

Regarding snow and frost (Table 5), the citizens responded that they sometimes faced problems from such hazards (32.7%), and they sometimes drove their cars on the roads when it was not absolutely necessary (29.8%). Moreover, citizens (41%) rarely experienced closed roads due to cars blocking the road, and 30.8% of the citizens indicated that control, limitation and exclusion rarely occur due to the obligatory use of nonslip chains.

Table 6 presents the results that the respondents provided about earthquakes. Infringement of construction licensing or illegal buildings (31.4%) is the most frequently reported problem, while leaked uncontrolled information about forthcoming earthquakes was rare (23.3%). Furthermore, citizens answered that they were rarely or never informed of the activities that should be taken in the case of an earthquake (35.7%). In the opinion of the respondents, there is no checking of earthquake standards for new buildings (31.6%).

Finally, regarding forest fires, the residents believe that citizens very often participate in the suppression of forest fires (41.8%), that the fire service usually conducts frequent patrols in the forests (33.8%) and that there are sufficient fire guardrooms during the fire season (26%). Also, the respondents have the opinion that there is illegal occupation on forestlands on a very frequent basis (27.9%), while the citizens rarely participate in reforestations (25.2%). Moreover, they answered that the causes of forest fires are the following: not cleaning dry vegetation off of property (32.6%), lit cigarettes thrown from cars (35.4%), the removal of vegetation from the edges of roads and paths (30.8%) and the burning of agricultural remains during the dry season (29.8%) (Table 7).

4 Discussion and conclusions

Statements made by residents implied that many of them were aware of the probability of risks from natural hazards in their region. Natural hazards pose threats to vulnerable infrastructure, visitors and the public (Whitworth and May, 2006). Hazard assessment and risk governance has become increasingly politicized and controversial (Armas and Avram, 2009). For this reason risk reduction is important and can be achieved when public participation is integrated into disaster management planning and community planning (Pearce, 2003). Therefore, it is important to know what the social knowledge and demand are. The residents of Sporades consider that the most important activities in the short-term, emergency stage of relief, according to residents' opinions, were the operations of search and rescue of the victims, the medical care of the injured, the water supply and the transportation of people to safer places.

Also, to improve the effectiveness of residents' compliance with warning and evacuation messages, it is important that emergency management officials understand how the public interprets their situation in relation to hazards, and their potential response during a crisis, and apply this information to the ongoing development of risk mitigation strategies (Bird et al., 2009).

The concept of agreement on objectives is potentially able to lower the given disaster risk by bringing together the actors involved throughout the disaster cycle and improving the inter-organizational coordination (Greiving et al., 2012). For that, the risk management should not be the exclusive

		Very often	Usually	Sometimes	Rarely	Never
Fire service often conducts frequent patrols in the forests	р	33.2 %	33.8 %	19.8%	5.6%	7.5 %
	sp	0.0241	0.0244	0.0206	0.0118	0.0134
The municipality and the volunteers patrol in the forests	р	22.3 %	19.8%	21.7 %	19.0 %	17.2 %
	sp	0.0212	0.0203	0.0211	0.0202	0.0194
There are fire guardrooms during the summer season	p	26.0 %	23.6%	19.6%	17.7 %	13.1 %
	sp	0.0221	0.0220	0.0203	0.0198	0.0172
Citizens light fires to burn agricultural remains	p	25.2 %	20.6 %	29.8%	18.8 %	5.6 %
	sp	0.0225	0.0209	0.0234	0.0198	0.0119
Citizens throw lit cigarettes from their cars	p	17.4 %	21.4 %	35.4%	23.9 %	1.9 %
	sp	0.0195	0.0212	0.0243	0.0221	0.0070
Citizens participate in the suppression of fires	p	41.8 %	29.5 %	18.5 %	9.4%	0.8 %
	sp	0.0253	0.0234	0.0199	0.0148	0.0046
Cleanup of forests	р	9.9%	17.4 %	27.9%	23.3 %	21.4 %
	sp	0.0154	0.0196	0.0231	0.0218	0.0211
The municipality removes vegetation from the edges of roads and paths	p	13.9 %	23.1 %	30.8 %	21.4 %	10.7 %
	sp	0.0178	0.0212	0.0238	0.0211	0.0158
Citizens remove dried vegetation from their property	p	11.5 %	28.4 %	36.2%	17.4 %	6.4 %
	sp	0.0166	0.0233	0.0244	0.0196	0.0127
There is forest protection	p	20.1 %	28.4 %	31.9%	13.4 %	6.2 %
	sp	0.0203	0.0232	0.0236	0.0175	0.0125
There is illegal occupation on forestlands	р	27.9 %	23.3 %	21.7 %	14.5 %	12.6 %
	sp	0.0227	0.0220	0.0212	0.0178	0.0169
Citizens participate in reforestations	р	9.1 %	16.6%	23.9%	25.2 %	25.2 %
	sp	0.0148	0.0190	0.0218	0.0226	0.0224

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Table 7. Residents	opinions about the activities that take	place in the Sporades islands i	regarding the prevention of forest fires.

responsibility of one sole organization; rather, it should be the result of coordinated actions from many organizations, where everyone has a specific role in the grid of complex activities that is required for the confrontation of the emergency situation. Namely, engagement in the decision-making process, while managing risk, is not only a responsibility of scientists and local authorities, but also the duty of the people that live in the exposed region.

According to Friedmann (1992), people in their own communities have to take their destiny into their own hands, the community should determine its own future, individual and collective needs must be balanced and there must be a move towards self-reliance. As Aguirre (1994) indicates, choosing the best way to engage and involve the public is critical, as is instilling in them a sense of individual responsibility via disaster preparedness. Furthermore, case studies that encourage full participation from the community from the outset appear to be the most sustainable, and addressing underlying causes of vulnerability with active participation of community members and groups can result in sustainable initiatives.

We must learn from our faults. Nevertheless, the management of crisis and disaster, as a newly "recognized" sector, constitutes a great example that we should learn from our mistakes, while it simultaneously offers to us the possibility for major changes and different decisions (Fleischhauer et al., 2012).

The residents believe that, from the point of view of the services, they do not accomplish what should be done to face natural disasters in the best possible manner. Specifically, in the cases of earthquake and forest fire hazards, it was reported that all the activities that are described in the questionnaire should be done very often because the region is seismic and the three islands are covered by dense vegetation. Of course, the latter applies as much to the responsible services as to the same residents.

As for the floods, respondents seemed to think that the illegal occupation of streams and polders occurred very often while the construction and preservation of flood protection works occurs only sometime. Additionally, respondents felt that public roads with drainage systems were only sometimes constructed properly, and a similar response was provided for the consistency with which recently burned forest slopes were stabilized. According to De Graff et al. (2013), empirical models of estimating the probability of erosion and landslides can be used to provide critical information for post-fire hazard mitigation and to plan the use of sustainable land management techniques (Panagopoulos and Antunes, 2008). Regarding the snow and frost, respondents felt that they sometimes faced problems of this nature; however, they felt that controls, limitations, and exclusions were rarely in effect and roads were rarely closed due to cars blocking them as a result of these circumstances.

For earthquakes, residents felt that licensing infringements and the construction of illegal buildings occurred very often, while the lack of information of forthcoming earthquakes occurred rarely, thereby confirming Varotsos et al. (2011). The respondents also leaned towards the response of "never" regarding how frequently buildings were checked to determine if they meet earthquake standards, as well as on the provision of information to citizens on the actions that should be taken in case of an earthquake.

Finally, concerning forests and forest fires, the residents declared that the guardhouses are very often manned during the fire season and the citizens participate in the suppression of forest fires, while at the same time also observing illegal occupation on forestlands. Municipality sometimes removes the vegetation from the edges of the roads and the paths and, with the volunteers and fire service, conducts frequent patrols in the forests. On the part of the citizens, it was remarked that citizens sometimes clean the dried vegetation from their property; they also light fires for burning agricultural remains, even during the period when this is prohibited, and they throw lit cigarettes from their cars. They rarely participate in reforestations, while noting that, sometimes, forest protection and forest cleanup were accomplished.

Still, a considerable amount of effort has gone into understanding disaster risks (Alexander, 1997; McGranahan et al., 2001; Pelling, 2003b). The response from participants indicated that much needs to be done to provide a means of enhancing community awareness and uptake of emergency preparedness. The perceptions and attitudes of the residents in the Sporades islands about the management of natural disasters, and their expectations from the authorities and relevant stakeholders, help us to learn from past mistakes and to prepare a pragmatic disaster risk management plan.

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