| 1  | Modelling Alicyclobacillus acidoterrestris inactivation in apple juice using thermosonication  |
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| 2  | treatments   |
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## 26 Abstract

27 A spore-forming bacterium, Alicyclobacillus acidoterrestris, is often responsible for fruit juices 28 quality degradation. The objective was to study the influence of ultrasounds and combinations 29 with temperature (thermosonication) on A. acidoterrestris spores inactivation in apple juices. 30 Commercially available juice was artificially inoculated with the bacterium ( $\sim 10^5$  CFU/mL). 31 Sonication was carried out in an ultrasonic bath (35 kHz; 120-480 W) at room temperature and at 32 70, 80, 85, 90 and 95 °C for different times. Thermal treatments at the same temperatures were 33 performed as a control. Sonication had no significant effect on A. acidoterrestris spores 34 inactivation. However, when applied at 70 and 80 °C, it allowed 1 log-cycle more of inactivation 35 when compared to thermal treatments and at the end of the processes. Ultrasounds at higher 36 temperatures required approximately half of the treatment time to attain the same inactivation that 37 occurred when the thermal processes were applied alone. In thermosonicated juices, spores 38 decreased by 4.8, 4.7 and 5.5 log-cycles (at 85, 90 and 95 °C, respectively) after 90, 60 and 20 39 minutes. 40 The Weibull model satisfactorily fitted inactivation data of thermosonicated juices. 41 Thermosonication is efficient for A. acidoterrestris spores inactivation, with a drastic impact on 42 spores' loads when high temperatures are used.

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44 **Keywords:** Ultrasounds; pasteurization; spores inactivation; Weibull model

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### 51 **1. Introduction**

Fruit juices are healthy beverages as a consequence of their beneficial micronutrients, such as minerals, vitamins and phytochemicals. It is of the utmost importance the production of safe and stable juices, which are also highly nutritious and with characteristics associated with natural products. Novel technologies that avoid the negative impact of high temperatures on the quality characteristics of pasteurized juices are emerging.

57 In apple juice production, *Alicyclobacillus* spp. and its spores are concerns because are resistant to 58 acid and high temperature environments, therefore, alternatives to conventional pasteurization are 59 a challenge (Clotteau, 2014; Murakami, Tedzuka, & Yamasaki, 1998; Walker & Philips, 2008). In 60 this context, non-thermal based processes have been studied: high hydrostatic pressure (Buzrul, 61 Alpas, & Bozoglu, 2005), ultraviolet radiation (Keyser, Muller, Cilliers, Nel, & Gouws, 2008), 62 natural antimicrobials (Bevilacqua, Campaniello, Speranza, Sinigaglia, & Corbo, 2013), pulsed 63 electric fields (Moody, Marx, Swanson, & Bermúdez-Aguirre, 2014), ultrasounds (Abid et al., 64 2013; Gao, Lewis, Ashokkumar, & Hemar, 2014; Mohideen et al., 2015; Wang, Hu, & Wang, 65 2010), pulsed light (Palgan et al., 2011), or combination of these processes with mild heat treatments (Bermúdez-Aguirre & Barbosa-Cánovas, 2012; Bevilacqua et al., 2013; Lee, 66 67 Dougherty, & Kang, 2002; Muñoz et al., 2012).

68 Among these methods, ultrasounds, which are also called as sonication, have the advantages of 69 enhancing product quality, reducing energy consumption, while being environmentally friendly 70 (Abid et al., 2013; Chemat, Huma, & Khan, 2011; Mohideen et al., 2015). Ultrasounds are a 71 method that uses sound waves above the threshold of human hearing (>14-16 kHz) (Bermúdez-72 Aguirre & Barbosa-Cánovas, 2012). According to the frequency, it can be classified as high 73 frequency ultrasounds (5-10 MHz) and low frequency or power ultrasounds (20-100 kHz) 74 (Bermúdez-Aguirre & Barbosa-Cánovas, 2012; Piyasena, Mohareb, & McKellar, 2003). Power 75 ultrasounds are capable of inducing cavitation to inactivate microorganisms in foods (Mohideen 76 et al., 2015; Piyasena et al., 2003). Cavitation is the process whereby micro bubbles are grown and 77 collapsed within a liquid medium (Gabriel, 2012; Gao et al., 2014). This action results in hot spots 78 and microbial cell disruptions because of increased temperature and pressure, respectively 79 (Bermúdez-Aguirre & Barbosa-Cánovas, 2012; Koda, Miyamoto, Toma, Matsuoka, & Maebayashi, 2009; Mohideen et al., 2015). However, as a preservation method, application of 80 81 ultrasounds alone is not efficient enough to kill all microorganisms. Moreover, high power level 82 of ultrasounds may adversely affect foods nutritional and sensorial properties (Ferrario, Alzamora, 83 & Guerrero, 2015).

84 Therefore, combination of ultrasounds with other processes, such high temperature 85 (thermosonication), high pressure (manosonication), or both (manothermosonication), may induce 86 synergistic effects in terms of quality retention and efficiency in microbial inactivation (Chemat 87 et al., 2011; Cruz, Vieira & Silva, 2006; Cruz, Vieira, & Silva, 2008; Lee, Zhou, Liang, Feng, & 88 Martin, 2009). Among these combinations, thermosonication has been reported as more efficient 89 than ultrasounds applied alone (Coronel, Jimene, López-Malo, & Palou, 2011; López-Malo, Palou, 90 Jimenez-Fernandez, Alzamora, & Guerrero, 2005). Application of this technology for the 91 processing of fruit juices has a great potential, since milder temperatures may be used to attain 92 microbial decontamination, while original characteristics of fruit juices may be retained (Bhat, 93 Kamaruddin, Min-Tze, & Karim, 2011). Important impacts in the process can also be achieved by 94 reducing processing time, higher throughput and lower energy consumption, which is interesting 95 for industrial application.

96 The objective of this study was to evaluate the influence of power level ultrasounds and 97 thermosonication at different temperatures, on *A. acidoterrestris* spores' survival in apple juices. 98 The Weibull model was used to describe the inactivation kinetics when thermosonication 99 processes were applied.

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#### **2. Materials and Methods**

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## 103 **2.1 Spores suspension**

- 104 A. acidoterrestris CCT 4384 spores were obtained according to methodology described by
- 105 Tremarin, Brandão, & Silva (2017). Six-month-old spores were used in the experiments.

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### 107 **2.2 Apple juice samples**

108 Experiments were carried out using a clear and pasteurized apple juice commercially available,

109 with no A. acidoterrestris contamination (assessed experimentally).

110 A refractometer (Palette PR-32, Atago, Tokyo, Japan) and a pH meter (GLP 22, Crison

111 Instruments, Barcelona, Spain) were used to evaluate samples soluble solids content (°Brix) and

112 pH value. The measurements were performed in triplicate.

113 A volume of 0.05 mL of the spores' suspension (2 x  $10^7$  CFU/mL) was inoculated in 25 mL of 114 apple juice, and then samples were submitted to inactivation treatments.

115

## 116 **2.3 Inactivation processes**

117 An ultrasonic bath (RK 102 H, BANDELIN, Berlin, Germany), with 120-480 W power levels and 118 35 kHz frequency, was used to carry out sonication treatments (US). Artificially contaminated 119 apple juice (25 mL) was placed in stirred (magnetic stirring) Erlenmeyer flask and inserted in the 120 bath. After different exposure times, up to a maximum of 60 minutes, 1 mL of sample was 121 collected from the flask. Thermosonication processes were also performed in the ultrasonic bath, 122 as previously described. The following temperatures were imposed: 70, 80, 85, 90 and 95 °C. 123 Samples of 1 mL were collected after different exposure times, depending on the temperature used, 124 up to a maximum of 90 minutes.

| 125 | In a thermostatic bath with stirring capability (FP40, Julabo, Seelbach, Germany), thermal          |
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| 126 | treatments at 70, 80, 85, 90 and 95 °C were carried out, and after used as a control of the applied |
| 127 | thermosonication processes. Depending on the temperature used, samples of 1 mL were taken at        |
| 128 | different exposure times, till a maximum of 90 minutes. Microbiological analyses of the juices      |
| 129 | were carried out after each treatment.  |
| 130 | In all experiments, Erlenmeyer flasks were previously autoclaved and kept covered with aluminum     |
| 131 | foil to avoid contamination.  |
| 132 | A minimum of three replicates of each treatment was performed.                                      |
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| 134 | 2.4 Enumeration of A. acidoterrestris   |
| 135 | To quantify survival spores in untreated and treated juice samples, the diluted samples were spread |
| 136 | plated onto Bacillus acidoterrestris agar (BAT agar, Merck, Darmstadt, Germany; pH=4), and          |
| 137 | plates were incubated at 45 °C for 2 days. Counting colonies were performed in triplicate and       |
| 138 | expressed as CFU/mL.  |
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# 140 **2.5 Modeling of inactivation behaviour**

Log-survival data of *A. acidoterrestris* spores obtained in thermosonication treatments were
described by the Weibull model (Mafart, Couvert, Gaillard, & Leguerinel, 2002):

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$$\log\left(\frac{N}{N_0}\right) = -\left(\frac{t}{\alpha}\right)^{\beta} \tag{1}$$

144 where N is the microbial load (CFU/mL) at a given treatment time t (min), N<sub>0</sub> the initial microbial 145 load of the juice (CFU/mL),  $\alpha$  is a scale parameter (min), and  $\beta$  is the shape parameter 146 (dimensionless), showing upward ( $\beta < 1$ ) and downward concavity ( $\beta > 1$ ).

147 Also, the classical log-linear model was used (Evelyn, Kim, & Silva, 2016):

$$\log\left(\frac{N}{N_0}\right) = -\left(\frac{t}{D}\right) \tag{2}$$



Both equations 1 and 2 were fitted to log-survival data of *A. acidoterrestris* spores' observed in thermosonication treatments. The temperature coefficient z-value was also estimated as the temperature increase that results in a 10-fold decrease in D value (Evelyn & Silva, 2016).

154 Regression analysis was done using IBM SPSS Statistics 24 for Windows<sup>®</sup> (SPSS Inc., Chicago,

155 USA). The quality of the regressions was assessed by checking randomness and normality of the

residuals (Shapiro-Wilk test), and by the coefficient of determination ( $R^2$ ). Precision of the model

157 parameter estimates was evaluated by calculating the margin of confidence interval at 95% (*i.e.*,

158 half of the confidence interval at 95%).

159

### 160 **3. Results and Discussion**

161 In the characterization of apple juice, values of soluble solids content obtained were  $11.0 \pm 0.3$  °Brix and pH averaged  $3.29 \pm 0.03$ .

163 Results of *A. acidoterrestris* spores' inactivation in apple juices are included in Figure 1. To 164 prevent the influence of the initial spores' loads, data were presented in terms of log (N/N<sub>0</sub>). The 165 magnitude of N<sub>0</sub> used in all the experiments was around  $10^5$  CFU/mL.

Ultrasound treatments applied at 35 kHz frequency and 120-480 W power levels had a small impact on spores' inactivation. A maximum reduction of 0.8 log-cycles was observed after 60 minutes of treatment, which was equivalent of using a thermal treatment at 70 °C. Djas, Bober, & Henczka (2011) observed less than 0.12 log-cycles reduction of *A. acidoterrestris* spores after the application of US (10 min, 330 W) in concentrate apple juice. Ferrario et al. (2015) did not observe reductions on *A. acidoterrestris* ATCC 49025 spores in commercial and natural squeezed apple

172 juices artificially inoculated and treated with US at 20 kHz/600 W for 30 minutes.

| 173 | When ultrasounds were coupled with high temperature (70, 80, 85, 90 and 95 °C), results showed     |
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| 174 | that spores' inactivation was higher than the one observed when the thermal treatment was applied  |
| 175 | alone (Fig. 1). This occurred for all tested temperatures. For lower temperatures (70 and 80 °C)   |
| 176 | and at the end of the process, inactivation obtained by thermosonication differs in 1 log-cycle,   |
| 177 | when compared to a simple thermal treatment at the same temperatures. For higher temperatures      |
| 178 | (85, 90 and 95 °C) the difference between thermal treatments and thermosonication was higher. At   |
| 179 | these temperatures, A. acidoterrestris spores in thermosonicated juices decreased 4.8, 4.7 and 5.5 |
| 180 | log-cycles (at 85, 90 and 95 °C, respectively) after 90, 60 and 20 minutes of treatment.           |
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- 182 Figure 1 here, please
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- 184 *Table 1 here, please*
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186 Concerning the regression analyses performed to data obtained for thermosonication treatments, 187 it can be concluded that the Weibull model was adequate in data fits. Randomness, normality and 188 homoscedasticity of the residuals were verified (p > 0.05) and the coefficient of determination was 189 above 0.97 in all cases (Table 1). Model parameters and corresponding margin of confidence 190 intervals at 95% are also in Table 1. The scale parameter  $\alpha$  can be interpreted as the reciprocal of 191 the inactivation rate, and the higher the value the slowest the process. The  $\alpha$  estimates for 192 thermosonication at the lowest temperature of 70 °C ( $38.53 \pm 0.34$  min) was 8 times higher than 193 the one obtained for the highest temperature of 95 °C ( $4.67 \pm 0.46$  min). This means that increasing 194 the temperature of the US treatment greatly affects the rate of inactivation.

In terms of the shape parameter  $\beta$ , for US+90 °C, US+80 °C and US+70 °C the values were lower than 1, indicating that the log-survival curve presented an upward concavity. For US+95 °C and US+85 °C treatments  $\beta$  was higher than 1 indicating a downward concavity. Upward concave

198 curves are associated with the adaptation of the remaining cells to the applied stress. Downward 199 concave indicates the increased damage of the remaining cells in applied stress (van Boekel, 2002). 200 A linear model was also used aiming at estimation of D-values of A. acidoterrestris CCT 4384 201 spores related to thermosonication processes applied to the apple juice (Table 1). When compared 202 to Weibull model fits, linear model lacked adequacy, also proven by the lower values of  $R^2$ 203 obtained. For the lowest temperature tested, D-value related to the US+70 °C treatment was 44.3 204  $\pm$  1.6 min; for the highest temperature imposed (US+95 °C), D-value obtained was 3.9  $\pm$  0.5 min. 205 Based on the results, the estimated z-value was 23.6 °C.

Evelyn & Silva (2016) used thermosonication (20.2 W/mL) to inactivate *A. acidoterrestris* NZRM 4447 spores in orange juice, estimating D-values at 70, 75 and 78 °C (139, 49 and 28 min, respectively). The z-value was 11.5 °C. When compared to results obtained in our study, differences of thermosonication resistance and temperature sensitivity may be due to *A. acidoterrestris* strains, type of fruit (more acidic in the case of orange), or even to the severity of the process applied.

For apple juice, Evelyn et al. (2016) applied power ultrasounds (24 kHz, 0.33 W/mL) at 75 °C to inactivate *Neosartorya fischeri* JCM 1740 ascospores. In these conditions, inactivation did not occur, revealing mould resistance to the process.

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## 216 **4. Conclusions**

Ultrasounds applied individually were not effective in *A. acidoterrestris* spores' inactivation in apple juices. However, when ultrasounds were combined with high temperature, a synergetic effect occurred, being the processes more efficient in spores' inactivation than a thermal process at the same temperature. The shorter process times required in thermosonication processes may allow milder impacts on juices overall quality. The Weibull model was adequate in fitting survival data of *A. acidoterrestris* spores' in thermosonicated juices and the model parameters allowed comparing shape of the curves and influence of temperature on the rate of inactivation. Generated kinetic models can be used to design thermosonication processing conditions for apple juices preservation.

Thermosonication applied to apple juices can be an alternative to conventional thermal pasteurization, with potential to be industrially applied. However, studies of the impact of thermosonication on overall quality of the juices are required for a convenient optimization of the process conditions.

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| 322 | acidiphilus DSM14558T and Alicyclobacillus acidoterrestris DSM 3922T in apple juice by                                     |
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| 324 |  |
| 325 | Figure captions  |
| 326 |  |
| 327 | Figure 1. Thermosonication and thermal inactivation of A. acidoterrestris spores' in apple juice                           |
| 328 | at: (-) US, (○) 70 °C, (●) US+70 °C; (◊) 80 °C, (♦) US+80 °C; (Δ) 85 °C, (▲) US+85 °C; (□) 90                              |
| 329 | °C, (■)US+90 °C, (+) 95 °C, (x) US+95 °C. Solid lines represent data fits of the Weibull model.                            |
| 330 |  |
| 331 | Table captions   |
| 332 |  |
| 333 | <b>Table 1.</b> Weibull model parameters ( $\alpha$ and $\beta$ ) and D-values of <i>A. acidoterrestris</i> in apple juice |
| 334 | estimated for thermosonication treatments (margin of confidence intervals at 95% included).                                |

335 Coefficient of determination  $(R^2)$  of the regression analysis of Weibull and linear models.