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# Adjuvant interferon-α for the treatment of high-risk melanoma: an individual patient data meta-analysis

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# Abstract

# Background

Many randomised trials assessing interferon- $\alpha$  (IFN- $\alpha$ ) as adjuvant therapy for high-risk malignant melanoma have been undertaken. To better assess the role of IFN- $\alpha$ , an individual patient data (IPD) meta-analysis of these trials was undertaken.

# Methods

IPD was sought from all randomised trials of adjuvant IFN- $\alpha$  versus no IFN- $\alpha$  for high-risk melanoma. Primary outcomes were event-free survival (EFS) and overall survival (OS). Standard methods for quantitative IPD meta-analysis were used. Subgroup analyses by dose, duration of treatment, and various patient and disease-specific parameters were performed.

# **Findings**

Fifteen trials were included in the analysis (eleven with IPD). EFS was significantly improved with IFN- $\alpha$  (Hazard Ratio (HR)=0.86, CI 0.81-0.91; P<0.00001), as was OS (HR=0.90, CI 0.85-0.97; P=0.003). The absolute differences in EFS at five and ten years were 3.5% and 2.7%, and for OS were 3.0% and 2.8% respectively in favour of IFN- $\alpha$ . There was no evidence that the benefit of IFN- $\alpha$  differed depending on dose or duration of treatment, or by age, gender, site of primary tumour, disease stage, Breslow thickness, or presence of clinical nodes. Only for ulceration was there evidence of an interaction (test for heterogeneity: P=0.04 for EFS; P=0.002 for OS); only patients with ulcerated tumours appeared to obtain benefit from IFN- $\alpha$ .

# Conclusion

This meta-analysis provides clear evidence that adjuvant IFN-α significantly reduces the risk of relapse and improves survival, and shows no benefit for higher doses. The

increased benefit in patients with ulcerated tumours, and lack of benefit in patients without ulceration, needs further investigation.

**Key Words**: Individual patient data meta-analysis; randomised controlled trials; melanoma; adjuvant interferon.

# Introduction

Effective adjuvant therapy for melanoma remains an unmet need. Despite the approval of two new agents (Ipilimumab, PEGylated interferon (PEG-IFN)), the last five years have not seen improvements in overall survival (OS) in any adjuvant therapy study. Interferon remains a standard of care in many countries without a consensus view on its clinical utility. Results from randomised trials of adjuvant interferon-α (IFN-α) in high-risk melanoma have been considered inconsistent, with some suggesting benefit with IFN-α and others showing no difference.[1] In 1996, high dose IFN-α was approved in both the US and Europe based on the results of the ECOG 1684 trial in stage IIB/III patients, which showed a benefit for high dose IFN-α on both relapse-free survival (RFS) and OS.[2] Updated results with a median follow-up of 12-6 years, showed that the RFS benefit was maintained (Hazard Ratio (HR)=0·72, p=0·02), but the HR for OS had decreased from 0·67 to 0·82 (p=0·18), possibly due to competing causes of death.[3] The ECOG E1690 trial which compared high and low dose IFN-α versus observation also in stage IIB/III patients, had a very similar outcome for RFS for high and low dose, but did not confirm the benefit for high or low dose on OS.[4]

In Europe, low dose IFN- $\alpha$  was also approved based on a French trial in stage II patients, which showed a RFS benefit (HR=0.75, p=0.035), and a trend towards improved OS (HR=0.72, p=0.059).[5] In 2011, the US Food and Drug Administration (FDA) approved PEG-IFN for stage III melanoma based on the EORTC 18991 trial, which showed an event-free survival (EFS) benefit (HR=0.82, p=0.01), but again no OS benefit.[6]

Previous meta-analyses of the interferon trials have shown that IFN-α has a consistent effect on RFS, but no clear effect on OS.[7-9] No relationship with dose or duration of

treatment with outcome has been demonstrated.[7,8] IFN- $\alpha$  can have substantial side-effects, especially at high doses. Obtaining a reliable estimate of the true benefit of IFN- $\alpha$ , and determining whether the magnitude of the benefit differs in different treatment regimens or disease characteristics is important. To this end, we have performed an individual patient data (IPD) meta-analysis of randomised trials of IFN- $\alpha$  versus no IFN- $\alpha$  in patients with high-risk melanoma.

# Methods

# Trial Identification

Randomised trials comparing IFN- $\alpha$  with no IFN- $\alpha$  in the adjuvant setting for the treatment of high-risk melanoma were identified by searches of registers and electronic databases including the Cochrane Controlled Trials Register, MEDLINE, EMBASE, PubMed, and Web of Science. This was supplemented by searching abstract books of conference proceedings from the main meetings (e.g. American Society of Clinical Oncology, World Melanoma Congress, ESMO/ECCO), scanning reference lists of retrieved papers, and contact with individual trialists. Trials of IFN- $\alpha$  versus other agents or involving vaccines were not considered for the primary analysis.

# **Data Collection**

IPD was requested from all trials eligible for inclusion in the meta-analysis. For each patient, information was sought on age, gender, site of primary tumour, disease stage (American Joint Committee on Cancer (AJCC) staging system for cutaneous melanoma preferred [10]), Breslow thickness, ulceration, clinical nodes, and metastatic status. Data on allocated treatment, date of randomisation, date and site of first recurrence, date of first distant recurrence, and date and cause of death was also collected. All data were checked for internal consistency, and were amended or updated as necessary through correspondence with the responsible investigators.

# **Statistical Analysis**

Standard meta-analytic methods were used to estimate an overall treatment effect for IFN- $\alpha$  versus no IFN- $\alpha$  (control) patients.[11-13] All analyses were based on the intention-to-treat principle. To summarise, the number of events observed (O) in the IFN- $\alpha$  group of

each trial was compared with the number of events that would have been expected (E) if there was no difference between the IFN-α and control groups. The difference between these numbers, the observed minus expected (O-E), and its variance, yields the log-rank test for each trial. For trials providing IPD, each trial was analysed separately, and the log-rank statistics were used to calculate that trial's O-E and variance.[12] For trials where IPD was not provided, log-rank data was extracted from the publications, and the O-E and variance calculated using the methods described by Parmar.[13] From this O-E and variance, the HR and 99% confidence interval (CI) for each trial was calculated. Summing the statistics for each trial provides the overall statistics, which are presented as HR with 95% CI.[12,13]

For three-arm trials, treatment effects were estimated separately for each dose or duration of IFN- $\alpha$  versus control, but the control groups contribute only once to the totals (and relevant subtotals), with the statistics in the totals (and subtotals) being based on a single comparison of IFN- $\alpha$  (at either dose or duration) with no IFN- $\alpha$ .

The results are presented as forest plots and survival curves. In the former, the HR and 99% CI for each trial is represented graphically as a box with a line through it. The trials with IPD are shown as black boxes, and those trials with published data only are shown as white boxes. The overall results (and subtotals) are represented by diamonds, with the centre of the diamond giving the HR for the overall treatment effect and the width of the diamond the 95% CI. Only trials providing IPD contribute to the survival curves and subgroup analyses.

# **Outcome Measures**

The primary outcomes were EFS (time from randomisation to first event, either recurrence or death without recurrence) and OS (time from randomisation to death). Secondary outcomes were time to disease recurrence (or recurrence-free survival), time to first distant recurrence, and time to death without recurrence.

These outcomes were analysed for all trials for which data were available. In the primary analysis, trials were divided by dose of IFN- $\alpha$ : high (20MU/m²), intermediate (5 or 10MU), low (3MU), and very low dose (1MU). The EORTC 18991 trial of PEG-IFN was placed in its own subgroup beneath the high dose trials on the forest plots, as although this trial was thought to provide a similar IFN dose to that of the high dose trials, PEG-IFN may have different properties to standard IFN- $\alpha$ . Differences in treatment effects between trials and subgroups of trials were assessed using tests of heterogeneity or tests for trend. For the primary analysis by IFN- $\alpha$  dose, the tests for trend excluded the EORTC 18991 study.

Analyses were also performed with trials divided by duration of treatment (≤6, 12-18 and ≥24 months) and by total scheduled dose (<250MU, 500-1000MU, 1300-3400MU and ≥3500MU). For trials that provided IPD, the effect of IFN-α was also investigated by patient age (<40, 40-49, 50-59 and ≥60 years) and gender, and by different disease characteristics (site of primary tumour (limb or not limb), disease stage (stage I/II or stage III/IV as per definition used in each trial), Breslow thickness (≤1mm, 1.01-2.5mm, 2.51-4mm or >4mm), ulceration (no, yes or unknown), and clinical node (node negative (N-), node positive (N+)). When interpreting the results of these subgroup analyses, emphasis should be placed on the relevant tests for heterogeneity between subgroups (or test for

trend if the subgroup levels are ordinal, e.g. age), and not on the p-values for each stratum within the subgroup.

This IPD meta-analysis adheres to the guidelines provided by the Preferred Reporting Items for Systematic Reviews and Meta-Analyses of individual participant data.[14]

# **Results**

Fifteen randomised trials of IFN-α versus no IFN-α (control) were identified (Table 1, Supplemental Material Figure 1 and Supplemental Material Table 1).[2,4-6,15-24] There were three 3-arm studies comparing different doses or schedules of IFN-α with control, meaning there was 18 comparisons included in the analysis; ECOG 1690 trial [4] contributes to both the high and low dose IFN-α versus control subgroups, and the EORTC 18952 [15] and Nordic [18] trials each contribute two separate comparisons within the intermediate dose group. IPD was provided for 11 of the 15 trials (Supplemental Material Table 2); summary data was used for the Nordic, Austrian MMCG, French CGM and Sunbelt trials.

The 15 trials randomised 7744 patients (7699 patients analysed); the 11 trials providing IPD accounting for 5861 (76%) randomised patients. The mean age was 49 years (range: 14 to 85), 57% were male, 61% were in disease stage III, mean Breslow thickness was 3.8mm, 41% were clinical node positive, and 25% had ulcerated tumours (from 11 trials providing IPD; Supplemental Material Table 3). The duration of follow-up ranged from a mean of 3.4 years in the Austrian study (published data) to a median of 16.9 years in ECOG 1684 (IPD).

# **Event-free survival**

Data on EFS were available for 7697 patients, with 4739 events reported. A significant improvement in EFS was seen with IFN- $\alpha$  compared with no IFN- $\alpha$  (HR=0.86, CI 0.81-0.91; P<0.00001) (Figure 1). In the 11 trials providing IPD, the estimated HR was 0.88 (CI 0.83-0.94; P=0.0003). This translated into absolute increases in five and ten year EFS of 3.5% and 2.7% respectively in favour of IFN- $\alpha$  (Figure 2). There was no evidence of any

trend depending on the dose: high (0.83, 0.72-0.96); intermediate (0.84, 0.74-0.95); low (0.85, 0.77-0.94), and very low dose (0.99, 0.80-1.23) (test for trend: P=0.3) (Figure 1). There was also no evidence of any trend depending on the duration of treatment (P=0.7) (Supplemental Material Figure 2) or total planned dose (P=0.6) (Supplemental Material Figure 3).

# **Overall Survival**

Survival data were available for all patients (n=7699), with 3899 deaths observed. There was a significant improvement in OS with IFN- $\alpha$  compared with no IFN- $\alpha$  (HR=0.90, CI 0.85-0.97; P=0.003) (Figure 3). In the 11 trials providing IPD, the estimated HR was 0.91 (CI 0.85-0.98, P=0.01). This translated into absolute increases in five and ten year OS of 3.0% and 2.8% respectively in favour of IFN- $\alpha$  (Figure 4). There was no evidence of any trend depending on the dose: high (0.93, 0.80-1.08); intermediate (0.91, 0.79-1.04); low (0.86, 0.77-0.96), and very low dose (0.96, 0.76-1.21) (P=0.7) (Figure 3); duration of treatment (P=0.9) (Supplemental Material Figure 4); or total planned dose (P=0.4) (Supplemental Material Figure 5).

#### Recurrence-free survival

Recurrence-free survival was only available for the 11 trials providing IPD, with 3706 recurrences among 5826 patients. The result was similar to that for EFS. There was a significant improvement in recurrence-free survival with IFN- $\alpha$  (HR=0.88, CI 0.83-0.95; P=0.0004), with no difference in the effect of IFN- $\alpha$  between the four dose groups (P=0.1).

# **Distant Recurrence**

Data on distant recurrence was only provided for 5 trials (WHO-16, DKG 80-1 and EORTC 18952, 18871 and 18991). There was no difference in the risk of distant recurrence between IFN- $\alpha$  and no IFN- $\alpha$  (HR=0.94, CI 0.85-1.03; P=0.2), with no difference in the effect of IFN- $\alpha$  between doses (P=0.3) (Supplemental Material Figure 6).

#### **Death without Recurrence**

Death without recurrence was only available for the 11 trials providing IPD. There were few cases of patients dying before disease recurrence (138 in 5826 patients), with no evidence of a difference between treatment groups (HR=0.87, CI 0.62-1.23; P=0.4). There was no difference in the effect of IFN- $\alpha$  between the four dose groups (P=0.09).

# **Subgroup Analyses by Patient and Disease Characteristics**

There was no clear evidence that the effect of IFN-α differed for either EFS or OS for most of the pre-specified subgroups (Figure 5, Supplemental Material Figure 7). Only for ulceration was there evidence of a difference. In patients with ulcerated tumours, a significant improvement in EFS was seen with IFN-α versus control (HR=0·79, CI 0·66-0·94), compared to no difference in EFS in those with non-ulcerated tumours (HR=0·95, CI 0·82-1·10) (test for interaction: P=0·04) (Figure 5). A similar result was observed for OS; with improved survival for IFN-α versus control for patients with ulcerated tumours (HR=0·77, CI 0·64-0·92), but no difference in survival for patients with non-ulcerated tumours (HR=1·02, CI 0·87-1·20) (test for interaction: P=0·002) (Supplemental Material Figure 7). For ulcerated melanoma, the absolute difference at ten years in EFS and OS was 6·9% and 10.5% respectively in favour of IFN-α (Supplemental Material Figure 8).

# Vaccine Trials (ECOG 1694 and 2696)

The primary analysis was an un-confounded comparison of IFN-α versus no IFN-α. There are also two vaccine trials: ECOG 1694 [25] comparing high dose IFN-α with GMK vaccine, and ECOG 2696 [26] (three-arm) comparing GM2-KLH/QS-21 vaccine with high dose IFN-α started either immediately (on day 0) or delayed (start on day 14) with GM2-KLH/QS-21 vaccine alone (Table 1, Supplemental Table 1). An analysis including the IPD from these trials gave the same results as the primary analysis (EFS: HR=0-86, CI 0-81-0-90; OS: HR=0-90, CI 0-85-0-96).

# **Discussion**

This IPD meta-analysis brings together all the currently available data from randomised trials of adjuvant IFN- $\alpha$  versus no IFN- $\alpha$  for the treatment of high-risk malignant melanoma, providing the most reliable assessment to date on the role of IFN- $\alpha$ .

We have showed that IFN- $\alpha$  produces a clear benefit in terms of reducing the risk of recurrence, with a smaller benefit on OS. There was a highly significant 14% proportional reduction in the risk of an event (recurrence or death without recurrence) with IFN- $\alpha$ , similar to the 17% reduction observed in the published data meta-analysis of some of these trials reported previously.[7] In our published data meta-analysis, no significant benefit in OS was seen (7.3% reduction, P=0.1).[7] However, in this IPD meta-analysis, we found a significant 10% proportional reduction in the risk of death with IFN- $\alpha$ . Such a reduction might be clinically meaningful, although the absolute difference in mortality at 10 years was small (approximately 3%).

By collecting IPD, we were also able to assess the effect of IFN- $\alpha$  on recurrence-free survival, distant recurrence and death without recurrence. Data on distant recurrence was limited, though the effect size was consistent with that for EFS and recurrence-free survival. There were very few deaths without recurrence, with no difference between IFN- $\alpha$  and control.

The analyses presented here provide no evidence of a dose response relationship with the results for both EFS and OS being similar across the four doses of IFN- $\alpha$  (high, intermediate, low and very low). There was also no evidence that the results differed by

duration of treatment or total scheduled dose of IFN- $\alpha$ . This is an important finding, as high dose IFN- $\alpha$  is associated with significant toxicity and cost.

One of the main benefits of undertaking an IPD meta-analysis is that it allows the investigation of whether the treatment effect differs in different types of patients. We found no evidence to suggest that the effect of IFN- $\alpha$  differed with age, gender, site of primary tumour, Breslow thickness, disease stage, or presence of clinical nodes. Only for ulceration was there evidence of a difference, with those patients with an ulcerated tumour treated with IFN- $\alpha$  having greater benefits in both EFS and OS than patients with non-ulcerated tumours.

The ulceration finding was first reported in an earlier iteration of this IPD meta-analysis. Wheatley et al. reported that patients with ulcerated tumours had greater benefit from IFN- $\alpha$  (EFS: HR=0·76, OS: HR=0·77) than those with no ulceration (EFS: HR=0·94, OS: HR=0·98).[8] In this updated analysis, the effect sizes are similar to those reported previously, but there is stronger evidence of a difference in benefit with IFN- $\alpha$  for ulcerated versus non-ulcerated tumours for OS. In an analysis of the two adjuvant EORTC IFN/PEG-IFN trials, tumour load in the lymph nodes and ulceration of the primary tumour came out to be independent predictive factors for adjuvant IFN- $\alpha$  therapy.[27] However, these two EORTC trials were included in the meta-analysis, so this analysis does not provide independent validation. While we cannot yet prove that IFN only works in patients with ulcerated primary tumours, the possibility of a larger, and hence more clinically worthwhile, benefit in these patients – with a corresponding lack of benefit in non-ulcerated patients – could allow more efficient targeting of this agent to patients who may benefit, while avoiding it – along with the associated toxicity – in patients unlikely to benefit.

Recently major advances in patients with advanced disease have been obtained with checkpoint inhibitors and with BRAF and MEK inhibitors.[28] Many of these agents are now being evaluated in the adjuvant setting. The control arm in these studies include placebo, high dose IFN and ipilimumab, highlighting the continuing lack of consensus agreement on what constitutes standard of care in the adjuvant setting. Adjuvant therapy with ipilimumab was approved by the FDA in 2015 on the basis of the results of the EORTC 18071 trial in stage III patients with high-risk for relapse, showing a significant improvement on event-free survival.[29]

The limitations of this review include publication bias, a potential problem for any meta-analysis. We had IPD for 11 of the 15 trials included in the meta-analysis; for the remaining four trials, published data was included. In these four trials, a slightly larger benefit for IFN- $\alpha$  was observed (EFS: HR=0·77, OS: HR=0·87). However, since IPD made up 76% of the data in this meta-analysis, the more positive results from the trials where only published data were available will not have greatly altered the results and their interpretation. Further, there was no clear evidence of a difference in the results between the trials with IPD and published data (P=0·07 for EFS; P=0·6 for OS).

This meta-analysis of trials of adjuvant IFN- $\alpha$  for high-risk melanoma provides clear statistical evidence of benefit on EFS and, to a lesser extent, on OS, but the absolute differences are relatively small. The finding that ulceration may be predictive of response to IFN- $\alpha$  is an important finding, and needs confirmation in prospective studies, such as the EORTC 18081 trial in stage II melanoma.

# **Conflict of Interest Statements:**

NI, SS, SM and KW have nothing to disclose.

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We, the members of writing committee on behalf of the International Melanoma Meta-Analysis Collaborative Group, declare that we participated in the design, analysis and interpretation of this research, and that we have seen and approved the final version.

#### **Author Contributions:**

NI developed and designed the project, wrote the protocol and data requirement documents, undertook all the statistical analyses, interpreted the analyses and wrote the manuscript.

SS designed the project and was involved in the protocol development. SS also provided individual patient data from the EORTC trials, interpreted the analyses and reviewed and commented on the manuscript.

AE designed the project and was involved in the protocol development. AE also provided individual patient data from the EORTC trials, interpreted the analyses and reviewed and commented on the manuscript.

JK designed the project and was involved in the protocol development. JK also provided individual patient data from the ECOG trials, interpreted the analyses and reviewed and commented on the manuscript.

PL was involved in the protocol development, and was the investigator representing the AIM-HIGH trial for which individual patient data was provided. PL interpreted the analyses and reviewed and commented on the manuscript.

SM provided individual patient data from the NCCTG 83-7052 trial. SM interpreted the analyses and reviewed and commented on the manuscript.

CG provided individual patient data from the DeCOG trial. CG interpreted the analyses and reviewed and commented on the manuscript.

KW devised and developed the project. KW was involved in the protocol development, supervised the analyses, interpreted the analyses and reviewed and commented on the manuscript.

Table 1: Trial Design and Number of Patients Randomised into Trials of Adjuvant Interferon-α Therapy versus Control for High-Risk Melanoma

Trial	Comparison	Dose Schedule	Duration of	Total	Number of	Number of	Median Duration
			Treatment	Planned	Patients	Patients	of Follow-Up
				Dose (MU)	Randomised	Analysed	(Range)
Trials of IF	N vs. No IFN						
ECOG	High Dose IFNα-2b	20 MU/m <sup>2</sup> /d IV 5 days per week for 4 weeks.	1 year	3500	N = 287	N = 287	16.9 years in 93
1684	versus Observation	Then 3 times weekly at 10 MU/m²/d SC for 48			IFN = 146	IFN = 146	survivors
		weeks.			Obs = 141	Obs = 141	(0 – 19.9 years)
ECOG	High and Low Dose	High Dose: 20 MU/m <sup>2</sup> /d IV 5 days per week for 4	1 year	3500	N = 642	N = 642	10.7 years in 294
1690	IFNα-2b versus	weeks. Then 3 times weekly at 10 MU/m <sup>2</sup> /d SC for			High = 215	High = 215	survivors
	Observation	48 weeks.			Low = 215	Low = 215	(0.8 – 13.9 years)
	(3 arm trial)	Low Dose: 3 MU/d SC 3 times week for 2 years.	2 years	936	Obs = 212	Obs = 212	
NCCTG	High Dose IFNα-2a	20 MU/m²/d IV 3 times weekly for 12 weeks.	3 months	1350	N = 264	N = 264	15.1 years in 98
83-7052	versus Observation				IFN = 132	IFN = 132	survivors
					Obs = 132	Obs = 132	(6.2 – 18.9 years)
Sunbelt	High Dose IFNα-2b	20 MU/m <sup>2</sup> /d IV 5 days per week for 4 weeks.	1 year	3500	N = 218	N = 218	64 months
	versus Observation	Then 3 times weekly at 10 MU/m <sup>2</sup> /d SC for 48			IFN = 112	IFN = 112	(from abstract)
		weeks.			Obs = 106	Obs = 106	
EORTC	Intermediate Dose	IFN Arm 1: 10 MU SC 5 times weekly for 4 weeks.	13 months	1760	N = 1418†	N = 1388	4.6 years in 707
18952	IFNα-2b versus	Then 10 MU SC 3 times weekly for 1 year.			1 year = 565	1 year = 553	survivors

	Observation	IFN Arm 2: 10 MU SC 5 times weekly for 4 weeks.	25 months	1760	2 years = 569	2 years = 556	(0.08 – 7 years)
	(3 arm trial)	Then 5 MU SC 3 times weekly for 2 years.			Obs = 284	Obs = 279	
		CONTINUE treatment in case of regional relapse					
		until DISTANT relapse or completion of schedule.					
Nordic	Intermediate Dose	IFN Arm 1: 10 MU SC 5 times weekly for 4 weeks.	13 months	1760	N = 855	N = 855	72.4 months
	IFNα-2b versus	Then 10 MU SC 3 times weekly for 1 year.			1 year = 285	1 year = 285	(from paper)
	Observation	IFN Arm 2: 10 MU SC 5 times weekly for 4 weeks.	25 months	3320	2 years = 286	2 years = 286	
	(3 arm trial)	Then 10 MU SC 3 times weekly for 2 years.			Obs = 284	Obs = 284	
WHO 16	Low Dose IFNα-2a	3 MU SC 3 times weekly for 3 years.	3 years	1400	N = 444	N = 444	6.1 years in 165
	versus Observation				IFN = 225	IFN = 225	survivors
					Obs = 219	Obs = 219	(0 - 8.9 years)
UKCCCR	Low Dose IFNα-2a	3 MU SC 3 times weekly for 2 years.	2 years	936	N = 674	N = 674	5.5 years in 287
AIM-High	versus Observation				IFN = 338	IFN = 338	survivors
					Obs = 336	Obs = 336	(0 - 9.3 years)
DeCOG	Low Dose IFNα-2a	3 MU SC 3 times weekly for 2 years.	2 years	936	N = 296††	N = 293	3.9 years in 140
	versus Observation				IFN = 148	IFN = 146	survivors
					Obs = 148	Obs = 147	(0.5 – 6.9 years)
French	Low Dose IFNα-2a	3 MU SC 3 times weekly for 18 months.	18 months	702	N = 499†††	N = 489	5 years
CGM	versus Observation				IFN = 253	IFN = 244	(from publication)
					Obs = 246	Obs = 245	

Austrian	Low Dose IFNα-2a	3 MU SC daily for 3 weeks then 3 MU SC 3 times	1 year	513	N = 311	N = 311	Mean = 41
MMCG	versus Observation	weeks for 49 weeks.			IFN = 154	IFN = 154	months
					Obs = 157	Obs = 157	(from publication)
Scottish	Low Dose IFNα-2b	3 MU SC 3 times weekly for 6 months.	6 months	234	N = 96††††	N = 94	6.5 years in 28
MG	versus Observation				IFN = 47	IFN = 46	survivors
					Obs = 49	Obs = 48	(0.5 – 9.8 years)
EORTC	Low Dose IFNα-2b	1 MU SC on alternate days for 1 year.	1 year	182	N = 281	N = 281	7.8 years in 105
18871	versus Observation				IFN = 139	IFN = 139	survivors
					Obs = 142	Obs = 142	(0 – 14 years)
DKG 80-1	Very Low Dose IFNα-2b	1 MU SC on alternate days for 1 year.	1 year	182	N = 203	N = 203	7.2 years in 94
	versus Observation				IFN = 101	IFN = 101	survivors
					Obs = 102	Obs = 102	(0 – 13.3 years)
Trial of PE	G-IFN vs. No PEG-IFN						
EORTC	PEG-IFN versus	6 μg/kg/wk SC for 8 weeks. Then 3 μg/kg/wk SC	5 years	-	N = 1256	N = 1256	7.54 years in 588
18991	Observation	for 5 years.			IFN = 627	IFN = 627	survivors
					Obs = 629	Obs = 629	(0.3 – 10.3 years)
Vaccine Tr	rials						
ECOG	High Dose IFNα-2b and	20 MU/m <sup>2</sup> /d IV 5 days per week for 4 weeks.	1 year	3500	N = 107	N = 107	7.1 years in 55
2696	GM2-KLH/QS-21	Then 3 times weekly at 10 MU/m <sup>2</sup> /d SC for 48			IFN = 72	IFN = 72	survivors
	vaccine (IFN either	weeks.			Obs = 35	Obs = 35	(1.4 – 8.1 years)

	started on same day as						
	vaccine or deferred until						
	day 28) versus GM2-						
	KLH/QS-21						
ECOG	High Dose IFNα-2b	IFN: 20 MU/m2/d IV 5 days per week for 4 weeks.	1 year	3500	N = 880	N = 880	5.9 years in 472
1694	versus GMK vaccine	Then 3 times weekly at 10 MU/m2/d SC for 48			IFN = 440	IFN = 440	survivors
		weeks.			GMK = 440	GMK = 440	(0 – 8.5 years)
		GMK vaccine: 1 mL of GMK vaccine administered	2 years				
		via a deep SC injection on days 1, 8, 15, and 22,					
		then every 12 weeks (weeks 12 to 96).					

† In the EORTC 18952 trial, 1418 patients were randomised, but 30 patients (all from one centre) were excluded because of concerns about data quality.

†† In the DeCOG trial, 3 patients were excluded from the intention to treat analysis due to having stage IV melanoma (n=2) or another type of malignancy (n=1).

††† In the French CGM trial, 10 patients were excluded from the intention to treat analysis due to being ineligible (n=5) or immediate withdrawal of consent (n=5).

†††† In the Scottish MG trial, 2 patients were excluded from the intention to treat analysis due to being ineligible (n=1) or lost to follow (n=1).