

### **World Database of Happiness**

Correlational Findings © on data collected: Ruut Veenhoven, Erasmus University Rotterdam

# **Findings on Happiness & HAPPINESS CAREER**

### **Correlate Code: H 5**

Classification of Findings		Number of Studies
Correlate Code	Correlate Name	on this Subject
H 5	HAPPINESS CAREER	0
H 5.1	Perceived happiness career	1
H 5.1.1	Retrospective level of happiness (period unspecified)	1
H 5.1.1.1	. in recent past	8
H 5.1.1.2	. in specific periods in the past	4
H 5.1.1.3	. happiest period in life	2
H 5.1.1.4	. extremes of happiness experienced	5
H 5.1.2	Retrospective changes in happiness (unspecified)	1
H 5.1.2.1	. recent change	8
H 5.1.2.2	. long term change	1
H 5.1.2.3	. perceived stability of feelings about life	4
H 5.1.3	Expected level of happiness (period unspecified)	16
H 5.1.3.1	. in the near future (up to 5 years)	7
H 5.1.3.2	. in the long run	0
H 5.1.3.3	. in specific phases in the future	0
H 5.1.4	Expected change in happiness (period unspecified)	1
H 5.1.4.1	. in the near future (up to 5 years)	9
H 5.1.4.2	. in the long run	4
H 5.1.4.3	. in specific phases of life	0
H 5.2	Actual happiness-career (assessed in follow-up)	0
H 5.2.1	Actual level of earlier/later happiness3	0
H 5.2.1.1	. recent happiness (< 1 year ago)	22
H 5.2.1.2	. past happiness (1 to 10 years ago)	30
H 5.2.1.3	. long term happiness (< 10 years ago)	14
H 5.2.2	Actual changes in happiness	2
H 5.2.2.1	. change over life time	4
H 5.3	Attitudes to happiness career	0
Appendix 1:	Happiness queries used	
Appendix 2:	Statistics used	
Appendix 3:	About the World Database of Happiness	

About the World Database of Happiness Appendix 3:

Further Findings in the World Database of Happiness Appendix 4:

Appendix 5: **Related Topics** 

Cito ant

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	World Database of Happiness. Internet: www.eur.nl/fsw/research/happiness
	Erasmus University Rotterdam, 2003, Netherlands

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Correlate Code: H 5

Study	BORTN 1974	Page in Report:	539
Reported in:	Bortner, R.W. & Hultsch, D.F. Patterns of subjective deprivation in adulthood Development Psychology, 1974, vol. 10, p. 534	- 545	
Population:	21+ aged, general public, USA, 1959		
Sample:			
Non-Response:	17% incomplete information		
N:	1294		

#### **Measured Correlate**

Class: Perceived happiness career Code: H 5.1 Ss were classified on the basis of present-self, past-self and Measurement: future-self ratings using the Cantril (1965) guestion on "best possible life". (See CANTR 1965) ΤD temporary deprivation: present lower than past: future higher than present CD continuous deprivation: present lower than past: future lower than present GED great expectative deprivation: present higher than past: future higher than present SND Stereotyped non-deprivation: present higher than past: future slightly higher than present AD anticipatory deprivation: present higher than past: future lower than present. Measured Values: Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
C-RG/h/sq/l/11/a	DM= + p<.	Non-significant differences between TD and CD, between CD and GED and between SND and AD. Other differences are significant (05).
O-SLu/c/sq/l/11/a	DM= + p<.	Non-significant differences between TD and CD, and between GED, SND and AD. Other differences are significant (05).

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Study	PEIL 1984	Page in Report:	372
Reported in:	Peil,M. African urban life: components of satisfa Social Indicators Research, Vol 14, 1984		
Population:	Adult, general public, urban areas (Free	town, Bo and Kenema), Sierra Leone	, 1981
Sample:			
Non-Response:	5% (on some items up to 60%)		
N:	640		

### Measured Correlate

Class:	Retrospective level of happiness (period unspecified) Code: H 5.1.1
Measurement:	Direct question: "Has your life been disappointing/rewarding, enjoyable/ miserable, or in between?"
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
O-SLW/u/sq/I/7/a	r=+	Males : r = +.32 Females: r = +.36

Study	ANDRE 1976/4	Page in Report:	78
Reported in:	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Ameri Plenum Press, 1976, New York, USA		
Population:	18+ aged, general public, non-instituti	onalized, USA, 1973/3	
Sample:			
Non-Response:	26%		
N:	1433		

Class:	. in recent past Code: H 5.1.1.1
Measurement:	Closed question: "Where was your life five years ago?" Rated on a 9-point graphic scale ranging from best life (9) to worst life (1). (HAP 3.1)
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
O-BW/cy/sq/l/9/a	r=+.30	
O-DT/u/sq/v/7/a	mr=+.17	HAP 4.1 asked twice: at the beginning of the interview: r=+.18 at the end of the interview: r=+.16
O-DT/u/sqt/v/7/a	r=+.18	
O-GBB/u/sq/c/9/a	r=+.26	

Study	ANDRE 1976/5	Page in Report:	92
Reported in:	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: America Plenum Press, 1976, New York, USA	ans' Perceptions of Life Quality	
Population:	18+ aged, general public, non-institution	nalized, USA, 1973/7	
Sample:			
Non-Response:			
N:	222		

Class:	. in recent past Code: H 5.1.1.1
Measurement:	Weighted sum of possible answers to closed question: "Think back over what your life has been like during the past ten weeks. It may help to try to remember some of the specific things that happened to you, or which you did during this period. Your answers should add up to ten weeks. For what part of the time did you feel delighted about your life as a whole (answer A) pleased (B)mostly satisfied (C) mixed-about equally satisfied and dissatisfied (D)moslty dissatisfied (E)unhappy (F)terrible (G)?" Two measures were derived: 1. weighted sum: $(1^A) + (2^B) + (3^C)$ $+ (4^D) + (5^E) + (6^F) + (7^G)$ 2. Regression weighted sum: 52.366 + $(1.244^A) + (.869^B) - (1.507^E) -$ $(2.373^F)$
Measured Values:	

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks	
A-BB/cm/mq/v/2/a	r=+.60	Measure 1: (weighted sum) Index of positive affects: r=40	
	r=+.60	Measure 2: (regression weighted sum) Index of negative affects: r=+.40	
O-BW/cy/sq/l/9/a	r=+.50	Measure 1: (weighted sum)	
	r=+.50	Measure 2: (regression weighted sum)	

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O-DT/u/sq/v/7/a	mr=+.50	HAP 4.1 asked thrice during the interview: at the beginning, in the middle and at the end. Measure 1: (simple weighted sum) HAP 4.1 asked first : $r=+.50$ HAP 4.1 asked second: $r=+.50$ HAP 4.1 asked third : $r=+.50$		
	mr=+.57	Measure 2: (regression weighted sum) HAP 4.1 asked first : r=+.50 HAP 4.1 asked second: r=+.60 HAP 4.1 asked third : r=+.60		
O-GBB/u/sq/c/9/a	r=+.40	Measure 1: (weighted sum)		
	r=+.30	Measure 2: (regression weighted sum)		
O-HL/c/sq/v/3/aa	r=50	Measure 1: (weighted sum)		
	r=50	Measure 2: (regression weighted sum)		
O-HL/u/sq/v/7/b	r=+.50	Measure 1: (weighted sum)		
	r=+.50	Measure 2: (regression weighted sum)		
O-SLW/u/sq/f/7/a	r=+.50	Measure 1: (weighted sum)		
	r=+.50	Meausure 2: (regression weighted sum)		

Study	ANDRE 1976/5	Page in Report:	92
Reported in:	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americ Plenum Press, 1976, New York, USA	cans' Perceptions of Life Quality	
Population:	18+ aged, general public, non-institutio	onalized, USA, 1973/7	
Sample:			
Non-Response:			
N:	222		

Class:	. in recent past Code: H 5.1.1.1
Measurement:	Single closed question rated on a graphic scale: "Where was your life five years ago?" Rated on a 9-point graphic scale ranging from best life (9) to worst life (1). (HAP 3.1)
Measured Values:	

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
A-BB/cm/mq/v/2/a	r=+.00	
O-BW/cy/sq/l/9/a	r=+.20	
O-DT/u/sq/v/7/a	mr=+.13	HAP 4.1 asked thrice during the interview: at the beginning, in the middle and at the end. HAP 4.1 asked first : $r=+.10$ HAP 4.1 asked second: $r=+.10$ HAP 4.1 asked third : $r=+.20$
O-GBB/u/sq/c/9/a	r=+.20	
O-HL/c/sq/v/3/aa	r=00	
O-HL/u/sq/v/7/b	r=+.10	
O-SLW/u/sq/f/7/a	r=+.20	

Study	BORTN 1970	Page in Report:	44
Reported in:	Bortner, R.W. & Hultsch, D.F. A multivariate analysis of correlates of life sa Journal of Gerontology, 1970, vol. 25, p. 41		
Population:	21+ aged, general public, USA 1959		
Sample:			
Non-Response:	9%		
N:	1406		

Class:	. in recent past Code: H 5.1.1.1
Measurement:	Closed question rated on an 11-point self-anchoring scale, (Cantril past personal rating; see CANTR, 1965).
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
C-RG/h/sq/l/11/a	r=+.18	
O-BW/c/sq/l/11/a	r=+.36	
O-SLu/c/sq/l/11/a	r=+.11	

Study	GORMA 1971	Page in Report:	215/-216
Reported in:	Gorman, B.S. A multivariate study of the relationship of cognitiv Unpublished doctoral dissertation, 1971, City Un	• •	e
Population:	Undergraduate students, Nassau Community Co	ollege, USA, 1970	
Sample:			
Non-Response:	4%, 3% refusal, 1% incomplete information		
N:	67		

Class:	. in recent past Code: H 5.1.1.1
Measurement:	Closed question rated on an 11-point self-anchoring scale (Cantril past per- sonal rating).
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics		Remarks
A-ARE/md/sqr/v/10/	r=+.00	ns	
O-BW/c/sq/l/11/b	r=+.27	p<. 05	

Study	HALMA 1987	Page in Report:	373
Reported in:	Halman, L., Heunks, F., de Moor, R. and Zanders, H. Traditie, secularisatie en individualisering. A study into the values of the Dutch in a Tilburg University Press, Tilburg, The Netherlands, 187-215 283-325 and 368-379		
Population:	18+ aged, general public, EU nations, 19	981	
Sample:			
Non-Response:			
N:	12464		

Class:	. in recent past Code: H 5.1.1.1
Measurement:	Direct question, rated on a 10 point scale (higher numbers indicating higher satisfaction in past):"How satisfied or dissatisfied would you say you were 5 years back?".
Measured Values:	
Error Estimates:	
Demerilier	

Remarks:

Happiness Query	Statistics	Remarks
O-HL/u/sq/v/4/a	Beta=<.1	France
	Beta=<.1	Great-Bri tai n
	Beta=<.1	West Germany
	Beta=<.1	I tal y
	Beta=<.1	Netherl ands
	Beta=<.1	Denmark
	Beta=<.1	Belgium
	Beta=+.1	Spai n
	Beta=+.1	I rel and
	Beta=<.1	Northern Ireland

	Beta=<.1	EC
		ß controlled for: life satisfaction(HAPP 2.1), affect(AFF 2.3); satisfaction with health, income and family life; age, income, education, male sex, marital status, having children, work; urbanisation, type of dwelling, own home, religiousness, social participation; uncertainty about future, expected negative changes in income; satisfaction 5 years in future; tolerance, loneliness, misantropy, hopeless about life and sense of control.
O-SLW/c/sq/n/10/aa	Beta=+.1	France
	Beta=+.1	Great-Bri tai n
	Beta=+.1	West Germany
	Beta=+.1	I tal y
	Beta=+.1	Netherl ands
	Beta=+.1	Denmark
	Beta=+.2	Belgium
	Beta=+.3	Spai n
	Beta=+.2	I rel and
	Beta=<.1	Northern Ireland
	Beta=+.1	EC
		B's controlled for happiness(HAPP 1.1), affect(AFF 2.3); satisfaction with health, income and family life; age, income, education, marital status, having children, male sex, work; urbanisation, type of dwelling, own home, religiousness, social participation; uncertainty about future, expected negative changes in income; satisfaction 5 years in future; tolerance, loneliness, misantropy, hopeless about life and sense of control.

Study	VENTE 1997	Page in Report:	84,86
Reported in:	Ventegodt, S. Livskvalitet og omstændigheder tidligt I livet(Th Forskningscenter for Livskvalitet , Forskningsc ISBN 8790190130		mark,
Population:	31-33 aged, born at the university hospital, Der	nmark, 1993	
Sample:	Non-probability chunk sample		
Non-Response:	36%		
N:	4626		

Class:	. in recent past Code: H 5.1.1.1
Measurement:	<pre>the beginning of life: overview (mean of 3 domains) 1a: very poor 2a: poor 3a: neither/nor 4a: good 5a: very good the beginning of life: overview(extremized) 1b: very poor 2b: poor 3b: neither/nor 4b: good 5b: very good</pre>
Measured Values:	N: all a:4355, %:1a:3, 2a:15, 3a:35, 4a: 36, 5a:12 N: all b:4355, %:1b:-, 2b:0,4, 3b:80, 4b:19, 5b:1

### Error Estimates:

Remarks:

Happiness Query Statistics		s Reman		arks
A-AOL/m/sq/v/5/a	r=+.00	ns	1a: 2a: 3a: 4a: 5a: Al I	Mt=7.74 Mt=7.73 Mt=7.70 Mt=7.75 Mt=7.74 Mt=7.73
	r=+.01	ns	1b: 2b: 3b: 4b: 5b: Al I	Mt=- Mt=7.81 Mt=7.71 Mt=7.81 Mt=7.39 Mt=7.73

O-HL/c/sq/v/5/h	r=+.01	ns	1a: 2a: 3a: 4a: 5a: Al I	Mt=6.91 Mt=7.01 Mt=6.96 Mt=7.08 Mt=6.96 Mt=7.01
	r=+.01	ns	1b: 2b: 3b: 4b: 5b: Al I	Mt=- Mt=7.35 Mt=6.99 Mt=7.14 Mt=6.16 Mt=7.01
O-SLu/c/sq/v/5/e	r=+.01	ns	1a: 2a: 3a: 4a: 5a: Al I	Mt=7.35 Mt=7.38 Mt=7.43 Mt=7.43 Mt=7.40 Mt=7.40
	r=+.01	ns	1b: 2b: 3b: 4b: 5b: Al I	Mt=- Mt=7.35 Mt=7.39 Mt=7.49 Mt=7.05 Mt=7.40

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Study	ZUMA 1989	Page in Report:	
Reported in:	Zentrum fur Umfrageforschung MAnnheim (ZU Wohlfahrtsurveys 1978,1980,1984,1988. Unpublished data-set. Especially prepared for	·	se of Happiness.
Population:	18+ aged, general public, West-Germany, 197	8-88	
Sample:			
Non-Response:	?		
N:	varies from about 2000 - 2300		

### **Measured Correlate**

Class:	. in recent past Code: H 5.1.1.1
Measurement:	Question :' What do you think, how satisfied were you with your life, 5 years ago ?' O very unsatisfied 10 very satisfied
Measured Values:	

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks				
O-HL/c/sq/v/4/b	SNR=		eta	G	r	ß
		1978 1980 1984 1988	+. 20 +. 20 +. 19 +. 20	+. 25 +. 26 +. 25 +. 23	+. 17 +. 17 +. 16 +. 14	+. 20 +. 20 +. 18 +. 21
		ß's cont marital		age, gender,	percei ved	class and
O-SLW/c/sq/n/11/b	SNR=		eta	G	r	ß
		1978 1980 1984 1988	+. 52 +. 48 +. 43 +. 48	+. 55 +. 48 +. 46 +. 73	+. 50 +. 43 +. 38 +. 69	+. 51 +. 48 +. 42 +. 49
		ß's cont marital		age, gender,	percei ved	class and

Study	ABRAM 1972	Page in Report:	21
Reported in:	Abrams, M.& Hall, J. The condition of the British people: repo Unpublished paper, Soc.Science Resea Stöber et al.,1973.		
Population:	15+ aged, general public, Britain, 1971		
Sample:			
Non-Response:			
N:	213		

Class:	. in specific periods in the past Code: H 5.1.1.2
Measurement:	Past happiness rated on an 11-point self-anchoring scale (Cantril, 1965). Ss were shown a ladder going from complete dissatisfaction, O to complete satisfaction, 10 and asked: "Where would you put yourself as you were about 4 or 5 years ago?"
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
O-SLW/c/sq/l/11/b	r=+.62	

Correlate Code: H 5

Study	CRITE 1977	Page in Report:	721
Reported in:	Critelli, J.W. Romantic attraction and happiness Psychological Reports; 1977; vol.41; p.721-722		
Population:	Dating couples, midwest university, USA, 1975		
Sample:			
Non-Response:			
N:	61		

### **Measured Correlate**

Class:	. in specific periods in the past Code: H 5.1.1.2
Measurement:	Question on how happy respondents were at time just before dating partner: Unhappy, not very happy, fairly happy, happy, very happy
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks		
O-H?/c/sq/v/5/a	ſ=+	Males Females	r=+. 09 r=+. 27	(ns) (05)

Study	ORMEL 1980	Page in Report:	351
Reported in:	Ormel,H. Moeite met leven of een moeilijk leven (Difficulty Dissertation 1980, University of Groningen,the N Groningen,the Netherlands.	<b>v</b> ,	,
Population:	15-60 aged, general public, followed 12 month,	The Netherlands, 1967-77	
Sample:			
Non-Response: N:	18% 296		

Class:	. in specific periods in the past Code: H 5.1.1.2
Measurement:	Rated by the interviewer on a 3-point scale (3=unhappy). Assessed at T2(1976)
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistic	S	Remarks
A-BB/cw/mq/v/4/c	r=24	p<.01	T2 happiness by T2 unhappy childhood as judged by Ss.
	r=24	p<.01	T2 happiness by T2 unhappy childhood as judged by interviewer.

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Correlate Code: H 5

Study	WESSM 1956	Page in Report:	192
Reported in:	Wessman, A.E. A psychological inquiry into satisfaction and h Unpublished doctoral dissertation, 1956, Princ		
Population:	21+ aged, general public, non-institutionalized	d, USA, 1946	
Sample:			
Non-Response:	-		
N:	2377		

### **Measured Correlate**

Class:	. in specific periods in the past Code: H 5.1.1.2	
Measurement:	Question whether one was happier when single: O No 1 Yes	
Measured Values:		
Error Estimates:		
Remarks:		

Happiness Query	Statistics	Remarks
O-HL/g/sq/v/3/c	G=+.39 p<.01	Computed for marrieds only

Study	WESSM 1956	Page in Report:	220
Reported in:	Wessman, A.E. A psychological inquiry into satisfaction and hap Unpublished doctoral dissertation, 1956, Princete		
Population:	21+ aged, general public, non-institutionalized, L	JSA, 1946	
Sample:			
Non-Response:	-		
N:	2377		

Class:	. happiest period in life Code: H 5.1.1.3	
Measurement:	Open-ended direct question: "Other periods vs period mentioned."	
	a. Childhood, school days, college, when I was single	
	b. Now, recently, until now	
	c. Married life	
	d. Having babies, raising children, when children were small	
	e. Failing in love, getting married, early married life	
	f. When family was together, before husband or wife died	
	g. Early working days	
	h. Always happy	
	i. Never happy	
	j. No opinion	
Measured Values:		
Error Estimates:		

Remarks:

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Happiness Query	Statistics	Remarks
O-HL/g/sq/v/3/c	G=32 p<. 01	а.
	G=+.23 p<. 01	b.
	G=+.36 p<. 01	С.
	G=+.10 ns	d.
	G=07 ns	e.
	G=16 ns	f.
	G=48 p<. 01	g.
	G=+.47 p<. 01	h.
	G=-1.0 p<. 01	i.

G=-.37 p<.01 j.

Study	WESSM 1956	Page in Report:	221
Reported in:	Wessman, A.E. A psychological inquiry into satisfaction and hap Unpublished doctoral dissertation, 1956, Princet		
Population:	21+ aged, general public, non-institutionalized, L	JSA, 1946	
Sample:			
Non-Response:	-		
N:	2377		

Class:	. happiest period in life Code: H 5.1.1.3	
Measurement:	A. Marriage and family life (3+4+5+6)	
	В.	Childhood, youth and early adult- hood (1+7)
	C.	Other and no opinion
Measured Values: Error Estimates:		
Remarks:		

Happiness Query	Statistics	Remarks
O-HL/g/sq/v/3/c	G=+.17 p<.01	
	G=35 p<.01	
	G=05 ns	

Study	ANDRE 1976/4	Page in Report:	78
Reported in:	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans' F Plenum Press, 1976, New York, USA	Perceptions of Life Quality	
Population:	18+ aged, general public, non-institutionalize	ed, USA, 1973/3	
Sample:			
Non-Response:	26%		
N:	1433		

Class:	. extremes of happiness experienced Code: H 5.1.1.4
Measurement:	Closed question: "Where on the ladder was your worst week in the past year - on which rung?" Rated on a 9-point graphic scale ranging from best life (9) to worst life (1). (HAP 3.1)
Measured Values:	

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
O-BW/cy/sq/l/9/a	r=+.52	
O-DT/u/sq/v/7/a	mr=+.31	HAP 4.1 asked twice: at the beginning of the interview: r=+.32 at the end of the interview: r=+.30
O-DT/u/sqt/v/7/a	r=+.33	
O-GBB/u/sq/c/9/a	r=+.41	

Study	ANDRE 1976/4	Page in Report:	78
Reported in:	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americans Plenum Press, 1976, New York, USA	s' Perceptions of Life Quality	
Population:	18+ aged, general public, non-institutional	ized, USA, 1973/3	
Sample:			
Non-Response:	26%		
N:	1433		

Class:	. extremes of happiness experienced Code: H 5.1.1.4
Measurement:	Closed question: "Where on the ladder was your best week in the past year -on which rung would you put it?" Rated on a 9-point graphic scale ranging from best life (9) to worst life (1). (HAP 3.1)
Measured Values:	

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
O-BW/cy/sq/l/9/a	r=+.68	
O-DT/u/sq/v/7/a	mr=+.45	HAP 4.1 asked twice: at the beginning of the interview: r=+.45 at the end of the interview: r=+.44
O-DT/u/sqt/v/7/a	r=+.48	
O-GBB/u/sq/c/9/a	r=+.52	

Study	ANDRE 1976/4	Page in Report:	78
Reported in:	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americ Plenum Press, 1976, New York, USA	cans' Perceptions of Life Quality	
Population:	18+ aged, general public, non-institutio	onalized, USA, 1973/3	
Sample:			
Non-Response:	26%		
N:	1433		

Class:	. extremes of happiness experienced Code: H 5.1.1.4
Measurement:	<ul> <li>Difference in response to two questions</li> <li>1. "Where on the ladder was your best week in the past year - on which rung would you put it?"</li> <li>2. "Where on the ladder was your worst week during the past year - on which rung?"</li> <li>Both rated on a 9-point graphic scale ranging from best life (9) to worst life (1). (HAP 3.1)</li> </ul>
Measured Values:	

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
O-BW/cy/sq/l/9/a	r=+.00	
O-DT/u/sq/v/7/a	mr=+.04	HAP 4.1 asked twice: at the beginning of the interview: r=+.03 at the end of the interview: r=+.04
O-DT/u/sqt/v/7/a	r=+.04	
O-GBB/u/sq/c/9/a	r=+.00	

Study	ANDRE 1976/5	Page in Report:	92
Reported in:	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americ Plenum Press, 1976, New York, USA	ans' Perceptions of Life Quality	
Population:	18+ aged, general public, non-institutio	nalized, USA, 1973/7	
Sample:			
Non-Response:			
N:	222		

Class:	. extremes of happiness experienced Code: H 5.1.1.4
Measurement:	Closed question rated on a graphic scale: "Where on the ladder was your best week in the past year - on which rung would you put it?" Rated on a 9-point scale ranging from best life (9) to worst life (0). (HAP 3.1)
Measured Values:	

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
A-BB/cm/mq/v/2/a	r=+.20	
O-BW/cy/sq/l/9/a	r=+.50	
O-DT/u/sq/v/7/a	mr=+.27	HAP 4.1 asked thrice during the interview: at the beginning, in the middle and at the end. Correlations with HAP 3.1 (asked once): HAP 4.1 asked first : $r=+.30$ HAP 4.1 asked second: $r=+.20$ HAP 4.1 asked third : $r=+.30$
O-GBB/u/sq/c/9/a	r=+.30	
O-HL/c/sq/v/3/aa	r=20	
O-HL/u/sq/v/7/b	r=+.30	
O-SLW/u/sq/f/7/a	r=+.30	

Study	ANDRE 1976/5	Page in Report:	92
Reported in:	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americ Plenum Press, 1976, New York, USA	ans' Perceptions of Life Quality	
Population:	18+ aged, general public, non-institution	nalized, USA, 1973/7	
Sample:			
Non-Response:			
N:	222		

Class:	. extremes of happiness experienced Code: H 5.1.1.4
Measurement:	Closed question rated on a graphic scale: "Where on the ladder was your worst week - on which rung?" Rated on a 9-point graphic scale ranging from best life (9) to worst life (1). (HAP 3.1)
Measured Values:	
Funan Fatimataa	

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
A-BB/cm/mq/v/2/a	r=+.20	
O-BW/cy/sq/l/9/a	r=+.40	
O-DT/u/sq/v/7/a	mr=+.30	HAP 4.1 asked thrice during the interview: at the beginning, in the middle and at the end. Correlations with HAP 3.1 (asked once): HAP 4.1 asked first : $r=+.30$ HAP 4.1 asked second: $r=+.30$ HAP 4.1 asked third : $r=+.30$
O-GBB/u/sq/c/9/a	r=+.20	
O-HL/c/sq/v/3/aa	r=20	
O-HL/u/sq/v/7/b	r=40	
O-SLW/u/sq/f/7/a	r=+.20	

Study	HALMA 1987	Page in Report:	198
Reported in:	Halman, L., Heunks, F., de Moor, R. and Z Traditie, secularisatie en individualisering. Tilburg University Press, Tilburg, The Net	A study into the values of the Du	
Population:	18+ aged, general public, EU nations, 198	31	
Sample:			
Non-Response:			
N:	12464		

Class: Retrospective changes in happiness (unspecified) Code: H 5.1.2 Measurement: Three direct questions, each rated on a 10 point scale: "How satisfied or dissatisfied are you with your life as a whole these days?", "And how about your life five years back?" and "How satisfied or dissatisfied you think you'll be five years from now?". Respondents were grouped into 9 categories to present satisfaction with life being: 1 Higher than past, lower than future 2 Higher than past, equal to future 3 Higher than past, higher than future 4 Equal to past, lower than future 5 Equal to past, equal to future 6 Equal to past, higher than future 7 Lower than past, lower than future 8 Lower than past, equal to future 9 Lower than past, higher than future

Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
O-HL/u/sq/v/4/a	DMt=	1 Mt' =7.36 2 Mt' =7.94 3 Mt' =7.51 4 Mt' =7.16 5 Mt' =7.74 6 Mt' =7.34 7 Mt' =6.52 8 Mt' =6.28 9 Mt' =6.55 Conclusion: Respondents with higher or equal

satisfaction "now" compared to the "past", are happier than those with lower satisfaction regardless of expectations about the future.

Study	ABRAM 1972	Page in Report:	21
Reported in:	Abrams, M.& Hall, J. The condition of the British people: rep	ort on a pilot survey using self-rating sca	ales.
	Unpublished paper, Soc.Science Rese Stöber et al.,1973.	arch Council,1972 London.Partly reporte	ed in
Population:	15+ aged, general public, Britain, 1971		
Sample:			
Non-Response:			
N:	213		

Class:	. recent change Code: H 5.1.2.1
Measurement:	Difference in scores on questions on satisfaction with life now, and 5 years ago. Each rated on an 11-point self- anchoring scale (Cantril,1965)
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
O-SLW/c/sq/l/11/b	r=+.62	

Study	ABRAM 1972	Page in Report:	21
Reported in:	Abrams, M.& Hall, J. The condition of the British people: report on a pilot survey using self-rating scales. Unpublished paper, Soc.Science Research Council,1972 London.Partly reported in Stöber et al.,1973.		
Population:	15+ aged, general public, Britain, 1971		
Sample:			
Non-Response:			
N:	213		

Class:	. recent change Code: H 5.1.2.1
Measurement:	Closed question on satisfaction now compared with 4 or 5 years ago lot less / little less / same /little more / lot more
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
O-SLW/c/sq/l/11/b	r=+.40	

Study	ANDRE 1976/4	Page in Report:	78
Reported in:	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americ Plenum Press, 1976, New York, USA	ans' Perceptions of Life Quality	
Population:	18+ aged, general public, non-institutio	nalized, USA, 1973/3	
Sample:			
Non-Response:	26%		
N:	1433		

Class:	. recent change Code: H 5.1.2.1
Measurement:	<ul> <li>Difference in response to the following questions:</li> <li>1. "Where was your life most of the time during the past year?"</li> <li>2. "Where was your life five years ago?"</li> <li>Both rated on a 9-point graphic scale ranging from best life (9) to worst life (1). (HAP 3.1)</li> </ul>

### Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
O-BW/cy/sq/l/9/a	r=+.37	
O-DT/u/sq/v/7/a	mr=+.18	HAP 4.1 asked twice: at the beginning of the interview: r=+.17 at the end of the interview: r=+.18
O-DT/u/sqt/v/7/a	r=+.19	
O-GBB/u/sq/c/9/a	r=+.15	

Study	ANDRE 1976/5	Page in Report:	92
Reported in:	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: America Plenum Press, 1976, New York, USA	ans' Perceptions of Life Quality	
Population:	18+ aged, general public, non-institution	nalized, USA, 1973/7	
Sample:			
Non-Response:			
N:	222		

Class: .recent change Code: H 5.1.2.1 Measurement: Difference in response to two questions: 1. "Where was your life most of the time during the past year?" 2. "Where was your life five years ago?" Rated on a 9-point graphic scale ranging from best life (9) to worst life (0). (HAP 3.1)

Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
A-BB/cm/mq/v/2/a	r=+.20	
O-BW/cy/sq/l/9/a	r=+.40	
O-DT/u/sq/v/7/a	mr=+.20	HAP 4.1 asked thrice during the interview: at the beginning, in the middle and at the end. HAP 4.1 asked first : $r=+.20$ HAP 4.1 asked second: $r=+.20$ HAP 4.1 asked third : $r=+.20$
O-GBB/u/sq/c/9/a	r=+.10	
O-HL/c/sq/v/3/aa	r=20	
O-HL/u/sq/v/7/b	r=+.20	
O-SLW/u/sq/f/7/a	r=+.20	

Study	ANDRE 1976/5	Page in Report:	92
Reported in:	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americ Plenum Press, 1976, New York, USA	cans' Perceptions of Life Quality	
Population:	18+ aged, general public, non-institutio	onalized, USA, 1973/7	
Sample:			
Non-Response:			
N:	222		

Class:	. recent change Code: H 5.1.2.1
Measurement:	<pre>Difference in response to two single direct questions: 1. "Where on the ladder was your best week in the past year - on which rung would you put it?" 2. "Where on the ladder was your worst week during the past year - on which rung?" Rated on a 9-point graphic scale ranging from best life (9) to worst life (1). (HAP 3.1)</pre>

Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
A-BB/cm/mq/v/2/a	r=10	
O-BW/cy/sq/l/9/a	r=00	
O-DT/u/sq/v/7/a	mr=00	HAP 4.1 asked thrice during the interview: at the beginning, in the middle and at the end. HAP 4.1 asked first : $r=00$ HAP 4.1 asked second: $r=00$ HAP 4.1 asked third : $r=00$
O-GBB/u/sq/c/9/a	r=00	
O-HL/c/sq/v/3/aa	r=+.10	
O-HL/u/sq/v/7/b	r=00	
O-SLW/u/sq/f/7/a	r=00	

Study	BORTN 1970	Page in Report:	44
Reported in:	Bortner, R.W. & Hultsch, D.F. A multivariate analysis of correlates of life sa Journal of Gerontology, 1970, vol. 25, p. 41-		
Population:	21+ aged, general public, USA 1959		
Sample:			
Non-Response:	9%		
N:	1406		

Class:	. recent change Code: H 5.1.2.1
Measurement:	Difference in scores on questions on satisfaction with life now, and 5 years ago (Cantril present and past personal ratings; see CANTR, 1965).
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
C-RG/h/sq/l/11/a	r=+.16	
O-BW/c/sq/l/11/a	r=+.24	
O-SLu/c/sq/l/11/a	r=+.45	

Study	GORMA 1971	Page in Report:	215-216
Reported in:	Gorman, B.S. A multivariate study of the relationship of cogniti Unpublished doctoral dissertation, 1971, City Ur	<b>o</b> ,	)
Population:	Undergraduate students, Nassau Community C	ollege, USA, 1970	
Sample:			
Non-Response:	4%, 3% refusal, 1% incomplete information		
N:	67		

Class:	. recent change Code: H 5.1.2.1
Measurement:	Actual differences in scores on questions on satisfaction with life now, and 5 years ago (Cantril present and past personal ratings; see Cantril, 1965).
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	S	Remarks
A-ARE/md/sqr/v/10/	r=+.03	ns	
O-BW/c/sq/l/11/b	r=+.09	ns	See al so "Perceived past happiness" (H 1.4.1)

Study	HEADE 1986	Page in Report:	21
Reported in:	-	of ill-being: An Australian Panel Study, 1981-1985 ce of the International Sociological Association , Qualit 24 August, 1986	y
Population:	18-65 aged, general public, 'months periods	Victoria, Australia, followed from 1981 to 1985 in two 24	4
Sample:	Probability stratified sample		
Non-Response:	0		
N:	942		

Measurement:       Happiness was measured by asking twice in the interview:         "How do you feel about your life as a whole?"         Scored on a 1-7 DT rating scale, taking the arithmetic mean         Measured Values:	Class:	. recent change Code: H 5.1.2.1
Scored on a 1-7 DT rating scale, taking the arithmetic mean <i>Measured Values:</i>	Measurement:	Happiness was measured by asking twice in the interview:
Measured Values:		"How do you feel about your life as a whole?"
		Scored on a 1-7 DT rating scale, taking the arithmetic mean
	Measured Values:	
Error Estimates:	Error Estimates:	
Remarks: Happiness was assessed at 1981, 1983 and 1985	Remarks:	Happiness was assessed at 1981, 1983 and 1985

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/7/a	r=+.63	Happiness at T1 by Happiness at T2 (24 months)
	r=+.56	Happiness at T2 by Happiness was assessed at 1981, 1983 and 1985
	r=+.43	Happiness at T1 by Happiness at T3 (48 months)

Correlate Code: H 5

Study	NEAR 1978	Page in Report:	251
Reported in:	Near, J.P., Rice, R.W. & Hunt, R.G. Work and extra-work correlates of I Academy of management Journal,	life and job satisfaction	
Population:	Adult, general public, Western New	v York State, USA, 1975	
Sample:			
Non-Response:			
N:	384		

Class:	. long term change Code: H 5.1.2.2
Measurement:	'Over your lifetime, has the quality of your life: improved/ stayed the same/ gotten worse'
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	5	Remarks
O-SLW/c/sq/v/5/d	r=+.31	p<.001	

Study	ANDRE 1976/5	Page in Report:	92
Reported in:	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Ame Plenum Press, 1976, New York, USA		
Population:	18+ aged, general public, non-institu	tionalized, USA, 1973/7	
Sample:			
Non-Response:			
N:	222		

Class:	. perceived stability of feelings about life Code: H 5.1.2.3
Measurement:	Closed question on variability in feelings about life, rated on a 7-point scale: up and down and changingeven and steady and stays the same."
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
A-BB/cm/mq/v/2/a	r=+.20	Index of positive affects: r=10 Index of negative affects: r=30
O-BW/cy/sq/l/9/a	r=+.10	
O-DT/u/sq/v/7/a	mr=+.17	HAP 4.1 asked thrice during the interview: at the beginning, in the middle and at the end. HAP 4.1 asked first : $r=+.20$ HAP 4.1 asked second: $r=+.20$ HAP 4.1 asked third : $r=+.10$
O-GBB/u/sq/c/9/a	r=00	
O-HL/c/sq/v/3/aa	r=10	
O-HL/u/sq/v/7/b	r=+.10	
O-SLW/u/sq/f/7/a	r=+.10	

Study	ANDRE 1976/5	Page in Report:	92
Reported in:	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Americ Plenum Press, 1976, New York, USA	ans' Perceptions of Life Quality	
Population:	18+ aged, general public, non-institution	nalized, USA, 1973/7	
Sample:			
Non-Response:			
N:	222		

Class:	. perceived stability of feelings about life Code: H 5.1.2.3
Measurement:	Closed question: "Please indicate how much your feelings about life as a whole change from month to month", rated on a 7-point scale, ranging from "my feelings about this never change" to "my feelings about this change a great deal".
Measured Values:	

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
A-BB/cm/mq/v/2/a	r=30	Index of positive affects: r=20 Index of negative affects: r=+.20
O-BW/cy/sq/l/9/a	r=20	
O-DT/u/sq/v/7/a	mr=27	HAP 4.1 asked thrice during the interview: at the beginning, in the middle and at the end. HAP 4.1 asked first : $r=30$ HAP 4.1 asked second: $r=20$ HAP 4.1 asked third : $r=30$
O-GBB/u/sq/c/9/a	r=20	
O-HL/c/sq/v/3/aa	r=+.20	
O-HL/u/sq/v/7/b	r=30	
O-SLW/u/sq/f/7/a	r=20	

Study	ANDRE 1976/5	Page in Report:	92
Reported in:	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Ame Plenum Press, 1976, New York, US/		
Population:	18+ aged, general public, non-institu	tionalized, USA, 1973/7	
Sample:			
Non-Response:			
N:	222		

Weasured Corre	
Class:	. perceived stability of feelings about life Code: H 5.1.2.3
Measurement:	Closed question on variability in feelings about life, rated on a 7-point scale: up and down and changingeven and steady and stays the same."
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
O-DT/u/sq/v/7/a	mr=+.17	HAP 4.1 asked thrice during the interview: at the beginning, in the middle and at the end. HAP 4.1 asked first : $r=+.20$ HAP 4.1 asked second: $r=+.20$ HAP 4.1 asked third : $r=+.10$

Study	ANDRE 1976/5	Page in Report:	92
Reported in:	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: Ameri Plenum Press, 1976, New York, USA	cans' Perceptions of Life Quality	
Population:	18+ aged, general public, non-instituti	onalized, USA, 1973/7	
Sample:			
Non-Response:			
N:	222		

Class:	. perceived stability of feelings about life Code: H 5.1.2.3
Measurement:	Closed question: "Please indicate how much your feelings about life as a whole change from month to month", rated on a 7-point scale, ranging from "my feelings about this never change" to "my feelings about this change a great deal".
Measured Values:	
Error Estimates:	

Remarks:

Happiness Query	Statistics	Remarks
O-DT/u/sq/v/7/a	mr=27	HAP 4.1 asked thrice during the interview: at the beginning, in the middle and at the end. HAP 4.1 asked first : $r=30$ HAP 4.1 asked second: $r=20$ HAP 4.1 asked third : $r=30$

Study	KAMMA 1983/2	Page in Report:	75
Reported in:	Kammann, R,; Flett, R. Sourcebook for Measuring Well-being with A Why Not? Foundation, Dunedin, New Zealan		
Population:	18+ aged, general public, Dunedin, New Zea	lland, 1983	
Sample:			
Non-Response:	52%		
N:	112		

Class:	Expected level of happiness (period unspecified) Code: H 5.1.3
Measurement:	Single direct question how one felt during the instructed time period (or otherwise in the past few weeks): "My future looks good" Rated on a 5-point scale ranging from 'not at all' to 'all the time'

#### Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	3	Remarks
A-BK/cm/mq/v/5/a	r=+.61	p<.01	
M-FH/c/sq/v/7/a	r=+.64	p<.01	

Study	KAMMA 1983/2	Page in Report:	74
Reported in:	Kammann, R,; Flett, R. Sourcebook for Measuring Well-being w Why Not? Foundation, Dunedin, New Ze		
Population:	18+ aged, general public, Dunedin, New	v Zealand, 1983	
Sample:			
Non-Response:	52%		
N:	112		

Class:	Expected level of happiness (period unspecified) Code: H 5.1.3
Measurement:	Single direct question how one felt during the instructed time period (or otherwise in the past few weeks): "I feel as though the best years of my life are over" Rated on a 5-point scale ranging from 'not at all' to 'all the time'

#### Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	3	Remarks
A-BK/cm/mq/v/5/a	r=43	p<.01	
M-FH/c/sq/v/7/a	r=35	p<.01	

Study	LEISU 1980/1	Page in Report:	41/5
Reported in:	The Leisure Development Center, 1980 A 13 country survey of values. Table book for the 1980 International Confer Development Center, Tokyo.	ence on Human Values. The L	eisure
Population:	18+ aged, general public, Australia, 1979		
Sample:			
Non-Response:			
N:	1104		

Class: Expected level of happiness (period unspecified) Code: H 5.1.3 Measurement: Single direct question: "How much hope or expectation do you have for your future life?" 1. not hopeful at all 2. fairly hopeless 3. neither hopeful nor hopeless 4. fairly hopeful 5. very hopeful

Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
O-HL/c/sq/v/5/e	G=+.51 p<.01	
	tb=+.32 p<.01	
O-SLu/c/sq/v/5/a	G=+.52 p<.01	
	tb=+.31 p<.01	

Correlate Code: H 5

Study	LEISU 1980/2	Page in Report:	99/103
Reported in:	The Leisure Development Center, 1980 A 13 country survey of values		
	Table book for the 1980 International Conf Development Center, Tokyo	erence on Human Values.	The Leisure
Population:	Adult, general public, metropolitan areas I	Brazil, 1979	
Sample:			
Non-Response:			
N:	1000		

### **Measured Correlate**

Class: Expected level of happiness (period unspecified) Code: H 5.1.3 Measurement: Single direct question: "How much hope or expectation do you have for your future life?" 1. not hopeful at all 2. fairly hopeless 3. neither hopeful nor hopeless 4. fairly hopeful 5. very hopeful

Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
O-HL/c/sq/v/5/e	G=+.39 p<.01	
	tb=+.24 p<.01	
O-SLu/c/sq/v/5/a	G=+.34 p<.01	
	tb=+.22 p<.01	

Study	LEISU 1980/3	Page in Report:	157/161
Reported in:	The Leisure Development Center. A 13 country survey of values Table book for the 1980 International Conferenc Development Center, Tokyo	e on Human Values, The Le	isure
Population:	18+ aged, general public, Canada, 1979		
Sample:			
Non-Response:			
N:	1012		

Class: Expected level of happiness (period unspecified) Code: H 5.1.3
Measurement: Single direct question: "How much hope or expectation do you have for your future life?"

not hopeful at all
fairly hopeless
nei ther hopeful nor hopeless
fairly hopeful
very hopeful

Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
O-HL/c/sq/v/5/e	G=+.19 p<.01	
	tb=+.11 p<.01	
O-SLu/c/sq/v/5/a	G=+.53 p<.01	
	tb=+.32 p<.01	

Study	LEISU 1980/4	Page in Report:	215/9
Reported in:	The Leisure Development Center, 1980 A 13 country survey of values Tablebook for the 1980 International Conference Development Center, Tokyo	ce on Human Values. The Leisu	re
Population:	18+ aged, general public, France, 1979		
Sample:			
Non-Response:			
N:			

Class: Expected level of happiness (period unspecified) Code: H 5.1.3

<i>Measurement:</i>	Single direct question: "How much hope or expectation do you have for your future life?" 1. not hopeful at all 2. fairly hopeless 3. neither hopeful nor hopeless 4. fairly hopefull 5. very hopeful
Aeasured Values:	

Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
O-HL/c/sq/v/5/e	G=+.30 p<.01	
	tb=+.21 p<.01	
O-SLu/c/sq/v/5/a	G=+.17 p<.01	
	tb=+.12 p<.01	

Correlate Code: H 5

Study	LEISU 1980/5	Page in Report:	273/7
Reported in:	The Leisure Development Center, 1980 A 13 country survey of values Table book for the 1980 International Conf Development Center, Tokyo.	ference on Human Values. The	Leisure
Population:	18+ aged, general public, India, 1979		
Sample:			
Non-Response:			
N:	1000		

#### **Measured Correlate**

Class: Expected level of happiness (period unspecified) Code: H 5.1.3 Measurement: Single direct question: "How much hope or expectation do you have for your future life?" 1. not hopeful at all 2. fairly hopeless 3. neither hopeful nor hopeless 4. fairly hopeful 5. very hopeful

Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
O-HL/c/sq/v/5/e	G=+.50 p<.01	
	tb=+.35 p<.01	
O-SLu/c/sq/v/5/a	G=+.51 p<.01	
	tb=+.34 p<.01	

Correlate Code: H 5

Study	LEISU 1980/6	Page in Report:	331/5
Reported in:	The Leisure Development Center, 1980 A 13 country survey of values Tablebook for the 1980 International Confe Development Center, Tokyo	rence on Human Values.	The Leisure
Population:	18+ aged, general public, Italy, 1979		
Sample:			
Non-Response:			
N:	1042		

#### **Measured Correlate**

Class: Expected level of happiness (period unspecified) Code: H 5.1.3
Measurement: Single direct question: "How much hope or expectation do you have for your future life?"
1. not hopeful at all
2. fairly hopeless
3. neither hopeful nor hopeless
4. fairly hopeful
5. very hopeful

Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
O-HL/c/sq/v/5/e	G=+.36 p<.01	
	tb=+.25 p<.01	
O-SLu/c/sq/v/5/a	G=+.32 p<.01	
	tb=+.22 p<.01	

Study	LEISU 1980/7	Page in Report:	389/93
Reported in:	The Leisure Development Center, 1980 A 13 country survey of values Tablebook for the 1980 International Conferenc Development Center, Tokyo	e on Human Values. The Leis	sure
Population:	18+ aged, general public, Japan, 1979		
Sample:			
Non-Response:			
N:	1574		

Class: Expected level of happiness (period unspecified) Code: H 5.1.3
Measurement: Single direct question: "How much hope or expectation do you have for your future life?"
1. not hopeful at all
2. fairly hopeless
3. neither hopeful nor hopeless

- 4. fairly hopefull
- 5. very hopeful

Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
O-HL/c/sq/v/5/e	G=+.50 p<.01	
	tb=+.34 p<.01	
O-SLu/c/sq/v/5/a	G=+.49 p<.01	
	tb=+.33 p<.01	

Correlate Code: H 5

Study	LEISU 1980/8	Page in Report:	447/51
Reported in:	The Leisure Development Center, 1980 A 13 country survey of values Table book for the 1980 International Con Development Center, Tokyo	ference on Human Values.	The Leisure
Population:	18+ aged, general public, Phillippines, 19	79	
Sample:			
Non-Response:			
N:	996		

#### **Measured Correlate**

Class: Expected level of happiness (period unspecified) Code: H 5.1.3 Measurement: Single direct question: "How much hope or expectation do you have for your future life?" 1. not hopeful at all 2. fairly hopeless 3. neither hopeful nor hopeless 4. fairly hopeful 5. very hopeful

Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
O-HL/c/sq/v/5/e	G=+.26 p<.01	
	tb=+.16 p<.01	
O-SLu/c/sq/v/5/a	G=+.31 p<.01	
	tb=+.20 p<.01	

Correlate Code: H 5

Study	LEISU 1980/9	Page in Report:	505/9
Reported in:	The Leisure Development Center, 1980 A 13 country survey of values Tablebook for the 1980 International Confe Development Center, Tokyo	erence on Human Values. The	Leisure
Population:	18+ aged, general public, Singapore, 1979		
Sample:			
Non-Response:			
N:	1006		

#### **Measured Correlate**

Class: Expected level of happiness (period unspecified) Code: H 5.1.3 Single direct question: "How much hope or expectation do you have Measurement: for your future life?" 1. not hopeful at all 2. fairly hopeless 3. neither hopeful nor hopeless 4. fairly hopefull 5. very hopeful Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
O-HL/c/sq/v/5/e	G=+.56 p<.01	
	tb=+.26 p<.01	
O-SLu/c/sq/v/5/a	G=+.53 p<.01	
	tb=+.24 p<.01	

Correlate Code: H 5

Study	LEISU1980/10	Page in Report:	563/7
Reported in:	The Leisure Development Center, 198 A 13 country survey of values Tablebook for the 1980 International C Development Center, Tokyo		₋eisure
Population:	18+ aged, general public, urban areas	, South Korea, 1972	
Sample:			
Non-Response:			
N:	997		

#### **Measured Correlate**

Class: Expected level of happiness (period unspecified) Code: H 5.1.3 Single direct question: "How much hope or expectation do you have Measurement: for your future life?" 1. not hopeful at all 2. fairly hopeless 3. neither hopeful nor hopeless 4. fairly hopefull 5. very hopeful Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
O-HL/c/sq/v/5/e	G=+.32 p<.01	
	tb=+.18 p<.01	
O-SLu/c/sq/v/5/a	G=+.29 p<.01	
	tb=+.17 p<.01	

Correlate Code: H 5

Study	LEISU1980/11	Page in Report:	621/5
Reported in:	The Leisure Development Center, 1980 A 13 country survey of values Table book for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo		
Population:	18+ aged, general public, United Kingd	lom, 1972	
Sample:			
Non-Response:			
N:	987		

#### **Measured Correlate**

Class:	Expected level of happiness (period unspecified) Code: H 5.1.3
Measurement:	Single direct question: "How much hope or expectation do you have for your future life?" 1. not hopeful at all 2. fairly hopeless 3. neither hopeful nor hopeless 4. fairly hopeful 5. very hopeful
leasured Values <sup>.</sup>	

Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
O-HL/c/sq/v/5/e	G=+.53 p<.01	
	tb=+.35 p<.01	
O-SLu/c/sq/v/5/a	G=+.53 p<.01	
	tb=+.34 p<.01	

Correlate Code: H 5

Study	LEISU1980/12	Page in Report:	679/83
Reported in:	The Leisure Development Center, 1980 A 13 country survey of values Table book for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo		
Population:	18+ aged, general public, USA, 1979		
Sample:			
Non-Response:			
N:	1127		

#### **Measured Correlate**

Class: Expected level of happiness (period unspecified) Code: H 5.1.3
Measurement: Single direct question: "How much hope or expectation do you have for your future life?"

not hopeful at all
fairly hopeless
nei ther hopeful nor hopeless
fairly hopeful
very hopeful

Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
O-HL/c/sq/v/5/e	G=+.54 p<.01	
	tb=+.33 p<.01	
O-SLu/c/sq/v/5/a	G=+.60 p<.01	
	tb=+.37 p<.01	

Correlate Code: H 5

Study	LEISU1980/13	Page in Report:	737/41
Reported in:	The Leisure Development Center, 1980 A 13 country survey of values Table book for the 1980 International Conference on Human Values. The Leisure Development Center, Tokyo		
Population:	18+ aged, general public, West Germany,	1979	
Sample:			
Non-Response:			
N:	1020		

#### **Measured Correlate**

Class:	Expected level of happiness (period unspecified) Code: H 5.1.3
Measurement:	Single direct question: "How much hope or expectation do you have for your future life?" 1. not hopeful at all 2. fairly hopeless 3. neither hopeful nor hopeless 4. fairly hopeful 5. very hopeful
leasured Values:	

Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
O-HL/c/sq/v/5/e	G=+.64 p<.01	
	tb=+.41 p<.01	
O-SLu/c/sq/v/5/a	G=+.56 p<.01	
	tb=+.35 p<.01	

Correlate Code: H 5

Study	PEIL 1984	Page in Report:	372
Reported in:	Peil,M. African urban life: components of satisfaction in Sierra Leone Social Indicators Research, Vol 14, 1984, pp.363-384.		
Population:	Adult, general public, urban areas (Freetown, Bo and Kenema), Sierra Leone, 1981		
Sample:			
Non-Response:	5% (on some items up to 60%)		
N:	640		

# Measured Correlate

Class:	Expected level of happiness (period unspecified) Code: H 5.1.3		
Measurement:	Direct question: "Will your life be disappointing/rewarding, enjoyable/ miserable, or in between?".		
Measured Values:			
Error Estimates:			
Remarks:			

Happiness Query	Statistics	Remarks
O-SLW/u/sq/I/7/a	r=+	Males : $r = +.52$ Females: $r = +.46$

Study	ANDRE 1976/4	Page in Report:	78
Reported in:	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: America Plenum Press, 1976, New York, USA	ans' Perceptions of Life Quality	
Population:	18+ aged, general public, non-institution	nalized, USA, 1973/3	
Sample:			
Non-Response:	26%		
N:	1433		

Class:	. in the near future (up to 5 years) Code: H 5.1.3.1
Measurement:	Single closed question: "Where do you expect your life to be five years from now?" Rated on a 9-point graphic scale ranging from best life (9) to worst life (1). (HAP 3.1)
Measured Values:	
Error Estimates:	

Remarks:

Happiness Query	Statistics	Remarks
O-BW/cy/sq/l/9/a	r=+.48	
O-DT/u/sq/v/7/a	mr=+.42	HAPP 3.1a asked twice: at the beginning of the interview: r=+.42 at the end of the interview: r=+.42
O-DT/u/sqt/v/7/a	r=+.45	
O-GBB/u/sq/c/9/a	r=+.42	

Study	ANDRE 1976/5	Page in Report:	92
Reported in:	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: America Plenum Press, 1976, New York, USA	ans' Perceptions of Life Quality	
Population:	18+ aged, general public, non-institution	nalized, USA, 1973/7	
Sample:			
Non-Response:			
N:	222		

Class:	. in the near future (up to 5 years) Code: H 5.1.3.1
Measurement:	Single closed question rated on a graphic scale: "Where do you expect your life to be five years from now?" Rated on a 9-point graphic scale ranging from best life (9) to worst life (1). (HAP 3.1)
Measured Values:	

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
A-BB/cm/mq/v/2/a	r=+.20	
O-BW/cy/sq/l/9/a	r=+.40	
O-DT/u/sq/v/7/a	mr=+.37	HAP 4.1 asked thrice during the interview: at the beginning, in the middle and at the end. HAP 4.1 asked first : $r=+.40$ HAP 4.1 asked second: $r=+.40$ HAP 4.1 asked third : $r=+.30$
O-GBB/u/sq/c/9/a	r=+.30	
O-HL/c/sq/v/3/aa	r=30	
O-HL/u/sq/v/7/b	r=+.30	
O-SLW/u/sq/f/7/a	r=+.40	

Study	BORTN 1970	Page in Report:	44
Reported in:	Bortner, R.W. & Hultsch, D.F. A multivariate analysis of correlates of lif Journal of Gerontology, 1970, vol. 25, p.		
Population:	21+ aged, general public, USA 1959		
Sample:			
Non-Response:	9%		
N:	1406		

Class:	. in the near future (up to 5 years) Code: H 5.1.3.1
Measurement:	Closed question rated on an 11-point self-anchoring scale (Cantril future personal ratings; see CANTR, 1965).
Measured Values:	
Error Estimates:	
Remarks:	

Statistics	Remarks
r=+.27	
r=+.58	
r=+.28	
	r=+.27 r=+.58

Study	GORMA 1971	Page in Report:	215-216
Reported in:	Gorman, B.S. A multivariate study of the relationship of cogniti Unpublished doctoral dissertation, 1971, City Ur	• •	)
Population:	Undergraduate students, Nassau Community Co	ollege, USA, 1970	
Sample:			
Non-Response:	4%, 3% refusal, 1% incomplete information		
N:	67		

Class:	. in the near future (up to 5 years) Code: H 5.1.3.1
Measurement:	Closed question rated on an 11-point self-anchoring scale (Cantrol past personal rating).
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	5	Remarks
A-ARE/md/sqr/v/10/	r=+.23	ns	
O-BW/c/sq/l/11/b	r=+.44	p<. 01	

Study	HALMA 1987	Page in Report:
Reported in:	Halman, L., Heunks, F., de Moor, R. and Zanders, H. Traditie, secularisatie en individualisering. A study into the values of the Dutch in a Tilburg University Press, Tilburg, The Netherlands, 187-215 283-325 and 368-379	
Population:	18+ aged, general public, EU nations, 1981	
Sample:		
Non-Response:		
N:	12464	

Class:	. in the near future (up to 5 years) Code: H 5.1.3.1
Measurement:	Direct question, rated on a 10 point scale (higher numbers indicating higher expected satisfaction): "How satisfied or dissatisfied you think you'll be 5 years from now?".
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
O-HL/u/sq/v/4/a	Beta=+.2	France
	Beta=+.2	Great-Bri tai n
	Beta=+.1	West Germany
	Beta=<.1	I tal y
	Beta=<.1	Netherl ands
	Beta=+.1	Denmark
	Beta=+.1	Belgium
	Beta=<.1	Spai n
	Beta=+.1	I rel and
	Beta=+.2	Northern Ireland

	Beta=+.1	EC
		β controlled for: life satisfaction(HAPP 2.1), affect(AFF 2.3); satisfaction with health, income and family life; age, income, education, marital status, male sex, having children, work; urbanisation, type of dwelling, own home, religiousness, social participation; uncertainty about future, expected negative changes in income; satisfaction 5 years in past; tolerance, loneliness, misantropy, hopeless about life and sense of control.
O-SLW/c/sq/n/10/aa	Beta=+.4	France
	Beta=+.3	Great-Bri tai n
	Beta=+.3	West Germany
	Beta=+.4	I tal y
	Beta=+.3	Netherl ands
	Beta=+.3	Denmark
	Beta=+.4	Belgium
	Beta=+.3	Spai n
	Beta=+.4	I rel and
	Beta=+.5	Northern I rel and
	Beta=+.3	EC
		B's controlled for: happiness(HAPP 1.1), affect(AFF 2.3); satisfaction with health, income and family life; age, income, education, marital status, having children, male sex, work; urbanisation, type of dwelling, own home, religiousness, social participation; uncertainty about future, expected negative changes in income; satisfaction 5 years in past; tolerance, loneliness, misantropy, hopeless about life and sense of control.

Study	MOLNA 1985	Page in Report:	150
Reported in:	Molnar, J.J. Determinants of subjective well-being among far Rural Sociology, Vol 50, 1985, pp. 141-162	m operators: characteristics of th	le
Population:	Farm operators, Alabama, USA, 1981		
Sample:			
Non-Response:	29,9%		
N:	705		

Class:	. in the near future (up to 5 years) Code: H 5.1.3.1
Measurement:	Single direct question 'Where do you expect your life to be five years from now?'. Rated on a 9-point ladder scale ranging from 'worst' to 'best I could expect'. (Cantril 1965)
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics		Remarks
O-BW/cy/sq/l/9/a	r=+.46	p<.05	
	r=+.46	p<05	

Study	ZUMA 1989	Page in	Report:
Reported in:	Zentrum fur Umfrageforschung MAnnheim (ZU Wohlfahrtsurveys 1978,1980,1984,1988. Unpublished data-set. Especially prepared for t	,	Database of Happiness.
Population:	18+ aged, general public, West-Germany, 1978	3-88	
Sample:			
Non-Response:	?		
N:	varies from about 2000 - 2300		

#### **Measured Correlate**

Class:	. in the near future (up to 5 years) Code: H 5.1.3.1
Measurement:	Question: 'What do you think how satisfied will you with your life over 5 years ?' O very unsatisfied 10 very satisfied
Measured Values:	
Error Estimates	

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks				
O-HL/c/sq/v/4/b	SNR=		eta	G	r	ß
		1978 1980 1984 1988	+. 42 +. 38 +. 40 +. 37	+. 57 +. 49 +. 53 +. 49	+. 41 +. 37 +. 38 +. 35	+. 37 +. 35 +. 39 +. 33
		ß's contr marital s		age, gender,	percei ved	class and
O-SLW/c/sq/n/11/b	SNR=		eta	G	r	ß
			+.75 +.68 +.70 +.70 colled for tal status.	+.80 +.69 +.73 +.76 age, gender,	+. 73 +. 67 +. 69 +. 69 percei ved	+. 74 +. 69 +. 69 +. 70 cl ass

Study	MATLI 1979	Page in Report:	412
Reported in:	Matlin M.W.& Gavron V.J. Individual Differences in Pollyannaism Journal of Personality Assesment, 1979	, Vol.43, p411-412	
Population:	University students white, middle-class,	State University of New-York, USA, 197?	
Sample:			
Non-Response:			
N:	133		
Managerod Corre	lata		

Class:	Expected change in happiness (period unspecified) Code: H 5.1.4
Measurement:	Difference between selfratings of "future happiness" and "present happiness" on Cantril's Ladder of Life Scale. (see CANTR 1965)
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics		Remarks
O-BW/c/sq/l/11/a	r=23	p<.s	
O-H?/?/sq/?/0/a	r=	ns	

Study	ANDRE 1976/4	Page in Report:	78
Reported in:	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: America Plenum Press, 1976, New York, USA	ans' Perceptions of Life Quality	
Population:	18+ aged, general public, non-institutior	nalized, USA, 1973/3	
Sample:			
Non-Response:	26%		
N:	1433		

Class:	. in the near future (up to 5 years) Code: H 5.1.4.1
Measurement:	<pre>Difference in response to two questions 1. "Where was your life five years ago?" 2. "Where do you expect your life to be five years from now?" Both rated on a 9-point graphic scale ranging from best life (9) to worst life (1). (HAP 3.1)</pre>
Measured Values:	

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
O-BW/cy/sq/l/9/a	r=+.04	
O-DT/u/sq/v/7/a	mr=+.13	HAP 4.1 asked twice: at the beginning of the interview: r=+.11 at the end of the interview: r=+.14
O-DT/u/sqt/v/7/a	r=+.13	
O-GBB/u/sq/c/9/a	r=+.05	

Study	ANDRE 1976/4	Page in Report:	78
Reported in:	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: America Plenum Press, 1976, New York, USA	ans' Perceptions of Life Quality	
Population:	18+ aged, general public, non-institutior	nalized, USA, 1973/3	
Sample:			
Non-Response:	26%		
N:	1433		

Class:	. in the near future (up to 5 years) Code: H 5.1.4.1
Measurement:	Difference in response to two identical questions asked twice in the interview: "Where do you expect your life to be five years from now?" Rated on a 9-point graphic scale ranging from best life (9) to worst life (1). (HAP 3.1)
Measured Values:	

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
O-BW/cy/sq/l/9/a	r=41	
O-DT/u/sq/v/7/a	mr=03	HAP 4.1 asked twice: at the beginning of the interview: r=04 at the end of the interview: r=01
O-DT/u/sqt/v/7/a	r=03	
O-GBB/u/sq/c/9/a	r=10	

Study	ANDRE 1976/5	Page in Report:	92
Reported in:	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: American Plenum Press, 1976, New York, USA	s' Perceptions of Life Quality	
Population:	18+ aged, general public, non-institutiona	alized, USA, 1973/7	
Sample:			
Non-Response:			
N:	222		

Class:	. in the near future (up to 5 years) Code: H 5.1.4.1
Measurement:	<ul> <li>Difference in response to two single direct questions:</li> <li>1. "Where do you expect your life to be five years from now?"</li> <li>2. "Where was your life most of the time during the past year?" Rated on a 9-point graphic scale ranging from best life (9) to worst life (0). (HAP 3.1)</li> </ul>
Measured Values:	

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
A-BB/cm/mq/v/2/a	r=+.00	
O-BW/cy/sq/l/9/a	r=50	
O-DT/u/sq/v/7/a	mr=07	HAP 4.1 asked thrice during the interview: at the beginning, in the middle and at the end. HAP 4.1 asked first : $r=00$ HAP 4.1 asked second: $r=10$ HAP 4.1 asked third : $r=10$
O-GBB/u/sq/c/9/a	r=10	
O-HL/c/sq/v/3/aa	r=00	
O-HL/u/sq/v/7/b	r=+.20	
O-SLW/u/sq/f/7/a	r=00	

Study	ANDRE 1976/5	Page in Report:	92
Reported in:	Andrews, F.M. & Withey, S.B. Social Indicators of Well-being: America Plenum Press, 1976, New York, USA	ans' Perceptions of Life Quality	
Population:	18+ aged, general public, non-institutior	nalized, USA, 1973/7	
Sample:			
Non-Response:			
N:	222		

Class:	. in the near future (up to 5 years) Code: H 5.1.4.1
Measurement:	<pre>Difference in response to two questions: 1. "Where was your life five years ago?" 2. "Where do you expect your life to be five years from now?" Rated on a 9-point graphic scale ranging from best life (9) to worst life (1). (HAP 3.1)</pre>
An an anna al Malana a	

Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
A-BB/cm/mq/v/2/a	r=+.20	
O-BW/cy/sq/l/9/a	r=+.00	
O-DT/u/sq/v/7/a	mr=+.07	HAP 4.1 asked thrice during the interview: at the beginning, in the middle and at the end. HAP 4.1 asked first : $r=+.10$ HAP 4.1 asked second: $r=+.10$ HAP 4.1 asked third : $r=+.00$
O-GBB/u/sq/c/9/a	r=00	
O-HL/c/sq/v/3/aa	r=20	
O-HL/u/sq/v/7/b	r=+.10	
O-SLW/u/sq/f/7/a	r=+.10	

Study	BORTN 1970	Page in Report:	44
Reported in:	Bortner, R.W. & Hultsch, D.F. A multivariate analysis of correlates of life Journal of Gerontology, 1970, vol. 25, p.		
Population:	21+ aged, general public, USA 1959		
Sample:			
Non-Response:	9%		
N:	1406		

Class:	. in the near future (up to 5 years) Code: H 5.1.4.1
Measurement:	Difference in scores on questions on satisfaction with life now, and expected satisfaction 5 years from now (Cantril present and future personal ratings: see CANTR, 1965).
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
C-RG/h/sq/l/11/a	r=+.04	
O-BW/c/sq/l/11/a	r=+.08	
O-SLu/c/sq/l/11/a	r=+.10	

Study	COHEN 1982	Page in Report:	384
Reported in:	Cohen, P.; Struening, E.L.; Muhlin, G.,L.; Ger Community stressors, mediating conditions a Journal of Community Psychology, vol 10, 19	nd wellbeing in urban neighborhood	ds.
Population:	18-55 aged, general public, New York City, 1	979	
Sample:			
Non-Response:			
N:	602		

Class:	. in the near future (up to 5 years) Code: H 5.1.4.1
Measurement:	<ul> <li>Difference between:</li> <li>expected happiness 5 years from now</li> <li>retrospective happiness 5 years ago</li> <li>Both rated on Cantril 11-step ladder scale, ranging from best (10) to worst possible life (0).</li> </ul>

Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	5	Remarks
A-BC/cm/mq/v/4/a	r=+.19	p<.01	

Study	GORMA 1971	Page in Report:	215-216
Reported in:	Gorman, B.S. A multivariate study of the relationship of cognit Unpublished doctoral dissertation, 1971, City Ur	• •	<b>}</b>
Population:	Undergraduate students, Nassau Community C	ollege, USA, 1970	
Sample:			
Non-Response:	4%, 3% refusal, 1% incomplete information		
N:	67		

Class:	. in the near future (up to 5 years) Code: H 5.1.4.1
Measurement:	Actual difference in scores on ques- tions on satisfaction with life 5 years ago, and expected satisfaction 5 years from now (Cantril past and future per- sonal ratiangs; see Cantril, 1965).
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistic	S	Remarks
A-ARE/md/sqr/v/10/	r=+.11	ns	For past and future personal ratings see resp. under 'Perceived Past Happiness' (H 1.4.1) and under 'Future Happiness' (H 1.5).
O-BW/c/sq/l/11/b	r=06	ns	For past and future personal ratings see resp. under "Perceived Past Happiness" (H 1.4.1) and under "Future Happiness" (H 1.5).

Study	GORMA 1971	Page in Report:	215-216
Reported in:	Gorman, B.S. A multivariate study of the relationship of cogn Unpublished doctoral dissertation, 1971, City L	• •	)
Population:	Undergraduate students, Nassau Community	College, USA, 1970	
Sample:			
Non-Response:	4%, 3% refusal, 1% incomplete information		
N:	67		

Class:	. in the near future (up to 5 years) Code: H 5.1.4.1
Measurement:	Actual difference in scores on ques- tions on satisfaction with life now, and expected satisfaction 5 years from now (Cantril present and future perso- nal ratings; see Cantril 1965).
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistic	S	Remarks
A-ARE/md/sqr/v/10/	r=11	ns	See also second instrument in excerpt (Part II), and under 'Future Happiness' (Part III, H 1.5).
O-BW/c/sq/l/11/b	r=74	p<. 01	See also under "Future Happiness" (H 1.5)

Study	MICHA 1983	Page in Report:	238
Reported in:	Michalos,A.C. Satisfaction and happiness in a rural no Social Indicators Research, 1983, vol.13	•	
Population:	18+ aged, rural community, N.Ontario, C	Canada, 1982	
Sample:			
Non-Response:	8%		
N:	598		

Class:	. in the near future (up to 5 years) Code: H 5.1.4.1
Measurement:	Closed question: "All things considered, do you expect the next five years to be extremely worse than the last five years?" Question rated on a 7-point scale, ranging from extremely worse(1) to extremely better(7).
Measured Values:	
Error Estimatos	

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
C-RG/u/sq/v/7/b	r=+.23	
	Beta=+.0	ß controlled for life compared with best previous experience and that of average folks
O-DT/c/sq/v/7/aa	r=+.30	
	Beta=+.0	ß controlled for best previous experience, comparison with average folks and goalachievement (CON 1.1)
O-HL/u/sq/v/7/a	r=+.31	
	Beta=+.1	ß controlled for life compared with best previous experience, average folks and goal achievement (CON 1.1)

Study	GONZA 1967	Page in Report:	75		
Reported in:	González, J.R. Study of student teachers' life adjustr	nent. 67, University of NorthCarolina, Chapel Hill,			
Population:	Students teachers, University of California, USA, 1967				
Sample:					
Non-Response:					
N:	75				
Measured Corre	elate				
Class:	. in the long run Code: H 5.1.4.2				
	Clocod question on anticipation	n of hanninger E or 10 years from			

Measurement:	Closed question on anticipation of happiness 5 or 10 years from
	now, compared with present life. Less happy / about the same / happier

# Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
O-HL/u/sq/v/3/c	G=43 p<.05	G' based on proportion very happy (vs not very happy).

Correlate Code: H 5

Study	GURIN 1960	Page in Report:	34			
Reported in:	Gurin, G., Veroff, J. & Feld, S. Americans view their mental health. A nation wide interview survey. Basic Books Inc. 1960, New York, USA					
Population:	21+ aged, general public, non-instit	21+ aged, general public, non-institutionalized, USA,1957				
Sample:						
Non-Response:	13%; 5% not at home, 8% refusals					
N:	2460					

#### **Measured Correlate**

Class:	. in the long run Code: H 5.1.4.2
Measurement:	Closed question on anticipation of hap- piness 5 or 10 years from now, compared with present life. Less happy / about the same / happier.
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
O-HL/c/sq/v/3/aa	G=+.16 p<.01	Unaffected by age.

Study	VEROF 1962	Page in Report:		
Reported in:	Veroff, J., Feld, S. & Gurin, G. Dimensions of subjective adjustment. Journal of Abnormal and Social Psychology, 1962, vol. 64, p. 192 - 205.			
Population:	21+ aged, married, with childeren, USA, 1957			
Sample:				
Non-Response:	-			
N:	797			

Class:	. in the long run Code: H 5.1.4.2
Measurement:	Closed question on anticipation of happiness 5 or 10 years from now, compared with present life: not as happy / about the same / happier.
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	5	Remarks	
O-HL/u/sq/v/3/a	tb=	ns		_b = +.04 (ns) _b =04 (ns)

Study	VEROF 1981	Page in Report:	52
Reported in:	Veroff, J.; Douvan, E.; Kulka, R.A. The Inner American, A Self-portrait from 1957 Basic Books, 1981, New York, USA	to 1976	
Population:	21 aged, general public, non-institutionalized,	USA, 1976	
Sample:			
Non-Response:	29%		
N:	2264		

Class: . in the long run Code: H 5.1.4.2 Measurement: Compared to your life today, how do you think things will 5 or 10 years from now? - Happier - About the same - Less happy - Don't know - won't be here - Not ascertained Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks		
O-HL/c/sq/v/3/aa	G=21 p<.01 tc=13 p<.01	1957		
	G=+.00 ns tc=+.00 ns	1976		
	10-7.00 113	% very happy:	1957	1976
		- Happier - About the same - Less happy - Don't know -	43 38 6	38 37 8
		Won't be here - Not ascertained	11 2	10 6

Study	BERNO 1985	Page in Report:	30
Reported in:	Bernow, R Livskvaliteten i Sverige. (Lifequality in Sweden) Stockhold Läns Landstring, 1985, Stockholm, Sv	weden.	
Population:	18-70 aged, general public, Sweden., 1982		
Sample:			
Non-Response:	?		
N:	1558		

Class:	. recent happiness (< 1 year ago) Code: H 5.2.1.1
Measurement:	Retest after 3-4 weeks.
Measured Values:	
Error Estimates:	
Remarks:	

#### **Observed Relation with Happiness**

Happiness Query Statistics Remarks

O-SLW/c/sqt/v/7/a r=+.57

Study	BRADB 1965/2	Page in Report:	92
Reported in:	Bradburn, N.M. & Caplovitz, D. Reports on happiness Aldine Publishing Company, 1965, Chicago USA	A	
Population:	Adult, general public, 2 towns, prosperous and a 1962/10	depressed, Illinois, USA, 1962/3 -	
Sample:			
Non-Response:	?		
N:	547		

## **Measured Correlate**

Class:	. recent happiness (< 1 year ago) Code: H 5.2.1.1
Measurement:	10 item index of specific affects in the past few weeks.(Bradburn Affect Balance Scale)
	Assessed at T1 and T2 (8 month interval)
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistic	S	Remarks
A-BB/cw/mq/v/4/e	r=+.41	p<.001	Negative Affect scale
	r=.36	p<.001	Positive Affect scale Turnover in full ABS not reported.

Study	BRADB 1965/2	Page in Report:	90
Reported in:	Bradburn, N.M. & Caplovitz, D. Reports on happiness Aldine Publishing Company, 1965, Chicago USA	A	
Population:	Adult, general public, 2 towns, prosperous and 0 1962/10	depressed, Illinois, USA, 1962/3 -	
Sample:			
Non-Response:	?		
N:	547		

### **Measured Correlate**

Class:	. recent happiness (< 1 year ago) Code: H 5.2.1.1
Measurement:	Single direct question: Taking all together, how happy would you say you are these days? Would you say you are very happy, pretty happy or not too happy?"
	Assessed at T1 and T2 (8 month interval)
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
O-HL/c/sq/v/3/aa	r=+.48 p<.00	Between T1 and T2 the Cuban missile-crisis tookplace.

Study	BRADB 1969	Page in Report:	86
Reported in:	Bradburn, N.M. The structure of psychological well-being Aldine Publishing Company, 1969, Chicago, US	Ą	
Population:	21-60 aged, general public, urban areas, USA, 7	963 - 64	
Sample:			
Non-Response:	± 20%, Attrition ± 30%		
N:	2787		

Class:	. recent happiness (< 1 year ago) Code: H 5.2.1.1
Measurement:	Single direct question: Taking all things together. How happy would you say you are: Would you say you are; - very happy (3) - pretty happy (2) - not too happy (1) (HAPP 1.1)
	Assessed at T1: January 1963 T3: Oktober 1963
Measured Values:	
Error Estimates:	
Remarks:	CHANGE in overall happiness (HAPP 1.1) by CHANGE in hedonic level of affect (AFF 2.3)
	Hedonic level of affect assessed at T1, T2 and T3.

Happiness Query	Statistics	Remarks
A-BB/cm/mq/v/2/a	DMr=+ p<.05	Hedonic levelof affect in average ridits (RT): TOHANDEN@@erall happiness (HAPP 1.1) byT1 happinessVCHANGE in heddatik level of affect (AFF 2.3) .51- very.51.44- prettyHeddonic level of affect assessed at TOP 2 and T3. .66- not too.66.44(05)(05)(05)(05)

DMr=+	p<.05	Change in happi ness	T1-T2	T2-T3	T3-T4
		<ul><li>increase</li><li>stable</li><li>decrease</li></ul>	. 69 . 52 . 42	. 58 . 46 . 38	. 66 . 45 . 38

Ridit analysis compares distribution in category with distribution in total sample RT above .50 means relative high level, RT below .50 relative low level.

Study	CRNIC 1984	Page in Report:	
Reported in:	K.A. Crnic, M.T. Greenberg, N.M. Robinson, A.S. Ragozin Maternal stress and social support: effects on the mother- infant relationship from American Journal of Orthopsychiatric, vol. 2, 1984, pp. 224-235		
Population:	Mother-child pairs, followed 18 months after birth	n, USA, 1981-82	
Sample:			
Non-Response:	Attrition at T2: 10%, at T3: 14%		
N:	105		

#### **Measured Correlate**

Class:	. recent happiness (< 1 year ago) Code: H 5.2.1.1
Measurement:	T1: 1 month after birth of child T2: 8 months after birth of child T3: 18 months after birth of child

#### Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
O-QLS/c/sq/v/5/a	r=+.61	T1 happiness by T2 happiness
	r=+.51	T1 happi ness by T3 happi ness

Study	FUGL 1991	Page in Report:
Reported in:	Fugl-Meyer, A.R., Eklund, M. & Fugl-Meye Vocational rehabilitation in Northern Sweder Eklund, M.: On vocational rehabilitation in No 1991, pp 87-95.	; Aspects of life satisfaction.
Population:	Handicapped referred for vocational rehabili 198?	tation,followed 2 years, Umea, Sweden,
Sample:	Non-probability chunk sample	
Non-Response:		
N:	T1:149 ; T2: 126	

# **Measured Correlate**

Class:	. recent happiness (< 1 year ago) Code: H 5.2.1.1
Measurement:	Retest after 2 months
Measured Values:	
Error Estimates:	
Remarks:	N = 53: randomly selected from sample at follow-up ( $N = 126$ )

## **Observed Relation with Happiness**

Happiness Query	Statistics	Remarks
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O-SLW/u/sq/v/6/a rs=+.66 p<.001

N = 53: randomly selected from sample at followup (N = 126)

Study	GEHMA 1988	Page in Report:	54
Reported in:	Gehmacher, E. Wohlbefinden und Lebensqualität (Fee in: Interdisziplinäre Methoden und Ver Wohnzufriedenheit. Institüt Stadtforsch	gleichungsgrundlagen zur Erfassung der	
Population:	Adults, followed 6 months, Austria, 19	3?	
Sample:			
Non-Response:			
N:			

Class:	. recent happiness (< 1 year ago) Code: H 5.2.1.1
Measurement:	Retest after 6 month
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
M-FH/cm/sq/v/5/a	r=+.34	

Study	GEHMA 1988	Page in Report:	54
Reported in:	Gehmacher, E. Wohlbefinden und Lebensqualität (Feeling well and Quality of Life) in: Interdisziplinäre Methoden und Vergleichungsgrundlagen zur Erfassung der Wohnzufriedenheit. Institüt Stadtforschung		
Population:	Adults, followed 6 months, Austria, 19	8?	
Sample:			
Non-Response:			
N:			

Class:	. recent happiness (< 1 year ago) Code: H 5.2.1.1
Measurement:	Retest after 6 month
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
A-CA/mh/ri/?/0/a	r=+.29	

Study	GEHMA 1988	Page in Report:	45
Reported in:	Gehmacher, E. Wohlbefinden und Lebensqualität (Feeling well and Quality of Life) in: Interdisziplinäre Methoden und Vergleichungsgrundlagen zur Erfassung der Wohnzufriedenheit. Institüt Stadtforschung		
Population:	Adults, followed 6 months, Austria, 198	?	
Sample:			
Non-Response:			
N:			

Class:	. recent happiness (< 1 year ago) Code: H 5.2.1.1
Measurement:	Retest after 6 month
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
O-SLW/u/sq/n/5/b	r=+.44	

Study	GEHMA 1988	Page in Report:	54
Reported in:	Gehmacher, E. Wohlbefinden und Lebensqualität (Feeling well and Quality of Life) in: Interdisziplinäre Methoden und Vergleichungsgrundlagen zur Erfassung der Wohnzufriedenheit. Institüt Stadtforschung		
Population:	Adults, followed 6 months, Austria, 19	8?	
Sample:			
Non-Response:			
N:			

Class:	. recent happiness (< 1 year ago) Code: H 5.2.1.1
Measurement:	Retest after 6 month
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
M-AO/u/mq/*/0/a	r=+.70	

Study	KOZMA 1980/2	Page in Report:	911
Reported in:	Kozma, A. & Stones, M.J. The measurement of happiness: Development of the Memorial University of New Journal of Gerontology, 1980, vol 80, page 906-912		I
Population:	Eldery, living in old age home, New Foundland, Canada, 197?		
Sample:			
Non-Response:			
N:	55		

Class:	. recent happiness (< 1 year ago) Code: H 5.2.1.1
Measurement:	<pre>2 item index (AVHT) of direct questions, scored on 7 point scales: a. happiness `at this moment of time' (AVH) b. happiness `over the past month' (AVH30)</pre>
	(MIX 1.2; precise items not reported)
	Assessed with 6 to 12 month interval

Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
M-FH/c/mq/?/7/a	r=+.57	

Study	KOZMA 1980/2	Page in Report:	911
Reported in:	Kozma, A. & Stones, M.J. The measurement of happiness: Development of the Memorial University of New Journal of Gerontology, 1980, vol 80, page 906-912		
Population:	Eldery, living in old age home, New Foundland, Canada, 197?		
Sample:			
Non-Response:			
N:	55		

. recent happiness (< 1 year ago) Code: H 5.2.1.1
10 item index of specific affects in the past few weeks (Bradburn's Affect Balance Scale, ABS) (AFF 2,3)
Assessed with 6 to 12 month interval

Happiness Query	Statistics	Remarks
A-BB/cm/mq/v/2/a	r=+.27	

Study	LICHT 1980/1	Page in Report:	60
Reported in:	Lichter.S, Haye.K & Kamman.R Increasing happiness through cognitive retrainin New Zealand Psychologist, 1980, vol.9, p.57-64	g	
Population:	Adults, trainees and controls, followed 10 weeks	, Dunedin, New Zealand, 1978	
Sample:			
Non-Response:	15%		
N:	23		

Class:	. recent happiness (< 1 year ago) Code: H 5.2.1.1
Measurement:	Happiness assessed at T1 by affectometer 1 short form, T2 (T1+ 4 weeks) and T3 (T1+ 10 weeks)
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
A-BK/cm/mq/v/5/b	r=+.95 p<.01	T1 happiness by T2 happiness
	r=+.94 p<.01	T1 happiness by T3 happiness Control group, only (N=13)

Study	MOUM 1988	Page in Report:	134
Reported in:	Moum, T. Yea-saying and mood-of-the day effo Social Indicators Research vol.20, 1		
Population:	Adult, general public, county, followe	d 2 years, Norway, 1984-86	
Sample:			
Non-Response: N:	20% 622		

Class:	. recent happiness (< 1 year ago) Code: H 5.2.1.1
Measurement:	Happiness assessed at three points in time. The intervals varierd from several days to several months.
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks	
O-SLu/c/sq/n/7/a	r=+.69	T2 happiness by T1 happiness females: young +.73 old +.45 males : young +.76 old +.66	
	r=+.57	T3 happi ness by T1 happi ness femal es: young +. 43 ol d +. 47 mal es young +. 59 ol d +. 55	
	r=+.54	T3 happi ness by T2 happi ness femal es: young +.51 ol d +.43 mal es young +.65 ol d +.55	

Study	NOELL 1977/6	Page in Report:
Reported in:	Noelle-Neumann, E.	
	Politik und Glück (Politics and ha H. Baier (ed.) Freiheit und Sachzv 262	wang, Westdeutscher Verlag,Opladen, 1977, 208 -
Population:	Carowners, followed 1 year, Wes	t-Germany, 1976-77
Sample:		
Non-Response:		
N:	1084	

Class:	. recent happiness (< 1 year ago) Code: H 5.2.1.1
Measurement:	Interviewer rating of cheerful appearance on the following 8 aspects: look, mouth, posture, movements, eyes, elbos, lips and general cheerful appearance. (Allensbacher Ausdrücktest) AFF 5.3. Assessed at T1 and T2 (6 month interval)
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
A-CA/mh/ri/v/2/a	D%=+	<ul> <li>78% identical ratings at T1 and T2 with the same interviewer.</li> <li>64% identical ratings at T1 and T2 with other interviewers.</li> </ul>

Study	ORMEL 1980	Page in Report:	350
Reported in:	Ormel,H. Moeite met leven of een moeilijk leven (Difficu Dissertation 1980, University of Groningen,the Groningen,the Netherlands.	, ,	,
Population:	15-60 aged, general public, followed 12 month	, The Netherlands, 1967-77	
Sample:			
Non-Response: N:	18% 296		

Class:	. recent happiness (< 1 year ago) Code: H 5.2.1.1
Measurement:	4-item additive index of positive affects in the past few weeks (PA index from Bradburns Affect Balance Scale: part of happiness indicator AFF 2.3). Assessed at T2(1976) and T3(1977).
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
A-BB/cw/mq/v/4/c	r=+.72 p<.01	T2 happiness by T2 positive affects
	r=+.32 p<.01	T3 happiness by T2 positive affects
	r=+.32 p<.01	T2 happiness by T3 positive affects
	r=+.74 p<.01	T3 happiness by T3 positive affects

Study	ORMEL 1980	Page in Report:	350
Reported in:	Ormel,H. Moeite met leven of een moeilijk leven (Difficul Dissertation 1980, University of Groningen,the Groningen,the Netherlands.	,	,
Population:	15-60 aged, general public, followed 12 month	, The Netherlands, 1967-77	
Sample:			
Non-Response:	18%		
N:	296		

Class:	. recent happiness (< 1 year ago) Code: H 5.2.1.1
Measurement:	Age at T1(1970): 16-29 (1) 30-44 (2) 45-59 (3)

Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistic	S	Remarks
A-BB/cw/mq/v/4/c	r=06	ns	T2 happi ness by T1 age
	r=11	p<.05	T3 happiness by T1 age

Study	SEIDL 1993/3	Page in Report:	661
Reported in:	Seidlitz, L. and Diener E. Memory for positive versus negative life events: Theories for the differences Journal of Personality and Social Psychology, 1993, vol. 64,no 4, p. 654-664		
Population:	Psychology students, selected for earlier happ 91	ness, followed 11 month, USA, 199	90-
Sample:			
Non-Response:	Drop-out: T0-T1: 28%, T1-T2: 41%		
N:	54		

Class:	. recent happiness (< 1 year ago) Code: H 5.2.1.1
Measurement:	Fordyce's 'Happiness-Measure'; 4 item index of questions about how happy one generally feels (MIX 1.2)
	Assessed at T1 and T2 (11 month interval)
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
A-AOL/g/mq/*/0/a	r=+.77 p<.001	
	rpc=+.70	rpc controled for T1 current mood
	rpc=+.71	rpc controled for T2 current mood

Study	VERKL 1989	Page in Report:	88
Reported in:	Verkley, H. & Stolk, J. Does happiness lead into idleness? Veenhoven, R. (ed):"How Harmfull is hap not",Universitaire Pers Rotterdam,1989	ppiness? Consequences of enjoying life o	r
Population:	30-50 aged, in working force, followed 1	year, urban areas, Netherlands, 1983-84	
Sample:			
Non-Response:	T1-T2 attrition: 27%		
N:	1100		

#### **Measured Correlate**

Class:	. recent happiness (< 1 year ago) Code: H 5.2.1.1
Measurement:	10 item index of specific affects in the past few weeks (Bradburn's Affect Balance Scale AFF 2.3)
	Assessed at T1 and T2 (1 year interval)
Measured Values:	
Error Estimates:	

Remarks:

Happiness Query	Statistics		Remarks
A-BB/cm/mq/v/2/a	r=+.48	p<.001	

Study	WESSM 1966/2	Page in Report:	103
Reported in:	Wessman, A.E. & Ricks, D.F. Mood and personality Holt, 1966, New York, USA		
Population:	Male college students, followed 3 year	s, Harvard University, USA, 1957-60	
Sample:			
Non-Response:	37%: 9 dropouts, incomplete; about the same happiness distribution.		
N:	17		

Class:	. recent happiness (< 1 year ago) Code: H 5.2.1.1
Measurement:	Composite clinical rank order of happi- ness by 6 staff psychologists, based on two years of experience with the sub- jects (MIX 5).
	Assessed 6 months earlier.
Measured Values:	
Error Estimates:	
Remarks:	
Observed Relat	ion with Happiness

Happiness Query	Statistics	Remarks
A-ARE/md/sqr/v/10/	r=+.71	Hedonic level (Elation-Depression Scale: AFF 3.1) scored each night for the highest, lowest and average of the day. Mean daily highest mood : $r = +.44$ Mean daily average mood : $r = +.71$ Mean daily lowest mood : $r = +.63$

Study	WESSM 1966/2	Page in Report:	104
Reported in:	Wessman, A.E. & Ricks, D.F. Mood and personality Holt, 1966, New York, USA		
Population:	Male college students, followed 3 year	s, Harvard University, USA, 1957-60	
Sample:			
Non-Response:	37%: 9 dropouts, incomplete; about the same happiness distribution.		
N:	17		

Class:	. recent happiness (< 1 year ago) Code: H 5.2.1.1
Measurement:	Clinical rank on 'happy - unhappy life story', stressing auto- biographic re- ports and information for three years, concerning past life experiences up to the time of entering college (MIX 5).
	Assessed 6 months later.
Measured Values:	
Error Estimates:	

Remarks:

Happiness Query	Statistics	Remarks
A-ARE/md/sqr/v/10/	r=+.48 p<.05	Hedonic level (Elation-Depression Scale: AFF 3.1) scored each night for the highest, lowest and average of the day. Mean daily highest mood : $r = +.42$ Mean daily average mood : $r = +.48$ Mean daily lowest mood : $r = +.34$

Study	WESSM 1966/2	Page in Report:	104
Reported in:	Wessman, A.E. & Ricks, D.F. Mood and personality Holt, 1966, New York, USA		
Population:	Male college students, followed 3 year	s, Harvard University, USA, 1957-60	
Sample:			
Non-Response:	37%: 9 dropouts, incomplete; about the same happiness distribution.		
N:	17		

Class:	. recent happiness (< 1 year ago) Code: H 5.2.1.1
Measurement:	Clinical rank on present happiness - unhappiness, stressing possible aware subjective feelings (MIX 5).
	Assessed 6 months after assessment of hedonic level.
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
A-ARE/md/sqr/v/10/	r=+.76	Hedonic level (Elation-Depression Scale; AFF 3.1) scored each night for highest, lowest and average of the day.
		Mean daily highest mood : $r = +.57$ Mean daily average mood : $r = +.76$ Mean daily lowest mood : $r = +.56$

Study	ADAMS 1988	Page in Report:	35
Reported in:	Adams, R.G. Which comes first: Poor psychological w Activities, Adaptation and Aging, 1988, w	vell-being or decreased friendship activity? vol. 12, p.27-41	
Population:	62+ aged, white, non-married, females, 1981-84	middle class suburb of Chicago, USA.	
Sample:			
Non-Response:	Dropout : 27% due to incapacity, 13% refusal		
N:	70 (T1), 42 (T2)		

## **Measured Correlate**

Class:	. past happiness (1 to 10 years ago) Code: H 5.2.1.2
Measurement:	Bradburn Affect Balance Scale (see BRADB 1969) (AFF 2.3)
	Assessed at: - T1: 1981 - T2: 1984
Measured Values:	
Error Estimates:	
Remarks:	
Observed Relati	ion with Happiness

Happiness Query	Statistics		Remarks
A-BB/cm/mq/v/2/a	r=+.38	p<.05	T1 happiness by T2 happiness.

Study	BACHM 1970	Page in Report:
Reported in:	Bachman, J.G./Kahn, R.L./Mednick, M./Davidsor Youth in transition. Vol.II: The impact of family ba Ann Arbour, Michigan, 1970, Institute for Social	,
Population:	Public highschool boys followed 3 years from gra	ide 10, USA, 1966-69
Sample:		
Non-Response:	2.8% incomplete information in 1966	
N:	T1:2213, T2: 1886, T3: 1799	

Class:	. past happiness ( 1 to 10 years ago) Code: H 5.2.1.2
Measurement:	<pre>Six item index of closed questions: "Describe the kind of person you are. 1. I feel like smiling 2. I generally feel in good spirits 3. I feel happy 4. I am satisfied with life 5. I find a good deal of happiness in life 6. I feel sad" Scored: almost always true, often true, sometimes true, seldom true, never true Assessed at: T1 Fall 1966 T2 Spring 1968 T3 Spring 1969</pre>
Measured Values:	

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
O-HP/g/mq/v/5/a	r=+.63	T2 - T3 (12 month)
	r=+.54	T1 - T2 (18 months)
	r=+.47	T1 - T3 (30 months)

Study	BACHM 1978	Page in Report:	291
Reported in:	Bachman, J. G., O'Malley, P. M., Johnston, J. Youth in transition, vol. VI: Adolescence to adulth Institute for Social Research, University of Michig	• •	
Population:	Public highschool boys followed 8 years from gra	de 10, USA, 1966-74	
Sample:			
Non-Response:	2.8% at T1, 17.2% at T2, 21.0% at T3, 28.9% at T4, 28.5% at T5		
N:	T1 - T5: 2213/1886/1799/ 1620/1628		

Class:	. past happiness ( 1 to 10 years ago) Code: H 5.2.1.2
Measurement:	Six item index of closed questions: "Describe the kind of person you are: 1   feel like smiling 2   generally feel in good spirits 3   feel happy 4   am satisfied with my life 5   find a good deal of happiness in life 6   feel sad" Scored: Almost always true, often true, sometimes true, seldon true, never true Assessed at:
	T1 Fall 1966 T2 Spring 1968
	T3 Spring 1969 T4 Spring 1970
Measured Values:	
Error Estimates:	
Remarks:	Raw correlations provided by the author:

Happiness Query	Statistics		Remarks	3	
O-HP/g/mq/v/5/a	r=+.54 p<.00	1 T <sup>.</sup>	1-T2 <sup>-</sup>	1.5 yr	
	r=+.45 p<.00	1 T	1-T3 2	2.5 yr	Raw correlations provided by the author:
	r=+.43 p<.00	1 T <sup>.</sup>	1-T4 3	3.5 yr	

r=+.64	p<.001	T2-T3	1	yr
r=+.53	p<.001	T2-T4	1	yr
r=+.54	p<.001	T3-T4	1	yr
		Attenu	ated	l overtime correlations:
r=+.75	p<.001	T1-T2		
r=+.84		T2-T3		
r=+.89	p<.001	T3-T4		
		Estima	ted	yearly stability:
r=+.84	p<.001	T1-T2		
r=+.84	p<.001	T2-T3		
r=+.89	p<.001	T3-T4		

Correlate Code: H 5

Study	BLOCK 1971/1	Page in Report:	302-307
Reported in:	Block, J. Lives through time Bancroft Books inc., 1971, Berkely, USA		
Population:	Highschool pupils, followed from age 11 to	35, USA, 1936-1957	
Sample:			
Non-Response:	65% dropout, 11% incomplete data		
N:	160		

### **Measured Correlate**

Class:	. past happiness (1 to 10 years ago) Code: H 5.2.1.2
Measurement:	Rating on the basis of interview-protocols by independent judges of cheerfulness as personality descriptive variable from most uncharacteristic to most characteristic of the subject. Rated on a scale ranging from 1 to 9.
	Happiness assessed at: T1: junior high school: age 11-14,±1936 T2: senior high school: age 14-17,±1942 T3: fourth decade: age 28-35,±1957
leasured Values:	
Error Estimatos:	

# Me

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
A-CP/g/rc/?/9/a	mr=+.54	T1 by T2 happiness: males: $r=+.57 (001)$ r corrected for attenuation =+.75 females: $r=+.50 (001)$ r corrected for attenuation =+.69 Females tend to become less happy between T1 and T2. The individual rankorder is largly maintained (conclusion based on corrected r).
	mr=+.31	T2 by T3 happiness: males: $r=+.26 (05)$ r corrected for attenuation =+.34 females: $r=+.36 (001)$ r corrected for attenuation =+.46 Females tend to become more happy between T2 and T3. The individual rankorder changes considerably (conclusion based on corrected r).

Study	BRADB 1969	Page in Report:	82
Reported in:	Bradburn, N.M. The structure of psychological well-being Aldine Publishing Company, 1969, Chicago, US	SA	
Population:	21-60 aged, general public, urban areas, USA,	1963 - 64	
Sample:			
Non-Response:	± 20%, Attrition ± 30%		
N:	2787		

Class:	. past happiness (1 to 10 years ago) Code: H 5.2.1.2		
Measurement:	10-item index of specific affects in the past few weeks (Bradburns' Affect Balance Scale AFF 2.3)		
	Assessed at: T1: January 1963 T2: June 1963 T3: Oktober 1963 T4: January 1964		
Measured Values:			
Error Estimates:			
Remarks:			

Happiness Query	Statistics	Remarks
A-BB/cm/mq/v/2/a	DMr=	Data Detroit Suburban sample only (N=408).
		Happiness level (Affect Balance) in average ridits. (RT) T1: RT=.47 T2: RT=.54 T3: RT=.53 T4: RT=.50
		Only T1-T2 difference significant.
		Ridit analysis compares distribution in category with distribution in total sample RT above .50 means relative high level, RT below .50 relative low level.

Correlate Code: H 5

Study	CHIRI 1982	Page in Report:	23		
Reported in:	Chiriboga, D.A. Consistency in adult functioning: Th Ageing and Society, vol.2 part 1, p.7				
Population:	People in transition followed 4 years	eople in transition followed 4 years, metropolis, USA, 1969-1980			
Sample:					
Non-Response:	Attrition after 11 years 24%				
N:	163 (in 1969:216)				

### **Measured Correlate**

Class:	. past happiness ( 1 to 10 years ago) Code: H 5.2.1.2
Measurement:	Happiness (HAPP 1.1) as assessed 11 years ago at T1 (1969). Closed question rated on a 3-point scale:"In general how happy are you these days?" Very happy:1, pretty happy:2, not too happy:3 (order reversed).
	Assessed at: - T1 (1969) - T5 (1980; 11 years interval)
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistic	S	Remarks			
O-HL/c/sq/v/3/cb	r=+	ns	Males: r= +.03	ns	Females: r= +.18	ns

Correlate Code: H 5

Study	CHIRI 1989	Page in Report:	65		
Reported in:	Chiriboga, D.A. Stress and loss in middle age Midlife loss: coping strategies (198 Publications, Inc.	39). Editor: Kalish, R.A.Publisher: Sage			
Population:	People in transition, followed 4 year	ple in transition, followed 4 years, metropolis, USA, 1969-1980			
Sample:					
Non-Response:	Attrition after 11 years 24%				
N:	163 (in 1969 216)				

### **Measured Correlate**

Class:	. past happiness (1 to 10 years ago) Code: H 5.2.1.2
Measurement:	Affect Balance Score (AFF 3.2) 8-item index of specific affects (Bradburn 1969), scored "never", "once", "several times" or "often" during the past week.
	Assessed at: - T1 (1969) - T2 (1972) - T3 (1974) - T4 (1976) - T5 (1980; 11 years interval)
Measured Values:	
Error Estimates:	
Remarks:	HIGH STRESS GROUP (N=21)

Happiness Query	Statistics	6	Remarks
A-BB/cw/mq/v/4/d	r=+.38	p<.05	T1 happiness by T2 happiness -T1 positive affe <b>qiGkysTīRE99sGRÓŪ∰zţN≝2†</b> )53 (01) -T1 negative affect by T2 neg.affect r=+.36 ns
	r=+.46	p<.05	T1 happiness by T3 happiness -T1 positive affect by T3 pos.affect r=+.55 (01) -T1 negative affect by T3 neg.affect r=+.34 ns
	r=+.57	p<.01	T1 happiness by T4 happiness -T1 positive affect by T4 pos.affect r=+.44 (05) -T1 negative affect by T4 neg.affect r=+.50 (01)

r=+.04	ns	T1 happiness by T5 happiness -T1 positive affect by T5 pos.affect r=+.48 (01) -T1 negative affect by T5 neg.affect r=+.01 ns
		LOW STRESS GROUP (N=51)
r=+.45	p<.01	T1 happiness by T2 happiness -T1 positive affect by T2 pos.affect r=+.30 (05) -T1 negative affect by T2 neg.affect r=+.39 (01)
r=+.37	p<.01	T1 happiness by T3 happiness -T1 positive affect by T3 pos.affect r=+.52 (01) -T1 negative affect by T3 neg.affect r=+.37 (01)
r=+.39	p<.01	T1 happiness by T4 happiness -T1 positive affect by T4 pos.affect r=+.55 (01) -T1 negative affect by T4 neg.affect r=+.48 (01)
r=+.26	p<.05	T1 happiness by T5 happiness -T1 positive affect by T5 pos.affect r=+.36 (01) -T1 negative affect by T4 neg.affect r=+.29 (05)
		Stress measured by a 48-item list of burdening life events, similar to Holmes & Rahe(1967) and Horowitz(1976). Scores assessed at T3, T4 and T5 and added. Ss were then subdivided into groups with high stress (N=21) and low stress(N=51).

Study	COSTA 1981	Page in Report:	81
Reported in:	Costa,P.T., McCrae,R.R. & Morris,A.H. Personal adjustment to aging: Longitudinal Journal of Gerontology, vol.36(1981), p.78-	•	
Population:	17-97 aged males, visitors of the Gerontolo Baltimore, USA. 1958-70	bgy Research Centre, followed $\pm$ 10 years	ars
Sample:			
Non-Response:	Attrition 79% at T3, mostly among psychologically least adjusted		
N:	557 at T1, 423 at T2, 117 at T3		

Class:	. past happiness ( 1 to 10 years ago) Code: H 5.2.1.2	
Measurement:	Single closed question: 'How do you feel about what you have accomplished in life: well satisfied, reasonably satisfied or dissatisfied ?' Assessed at: - T1 (1958-1963) - T2 (1964-1969; mean interval 5.3 yr) - T3 (1969-1975; mean interval 12.6 yr)	
Measured Values:		

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
C-A/h/sq/v/3/a	r=+.49	T1 by T2
	r=+.46	T1 by T3

Study	HEADE 1984	Page in Report:	211
Reported in:	Headey,B., Holmstroem,E. & Wearing,A The impact of life events and changes in Social Indicators Research Vol.15 (1984	domain-satisfaction on well-being	
Population:	18-65 aged, general public, followed 3 ye	ears, Melbourne, Australia, 1979-80	
Sample:			
Non-Response:			
N:	184		

Class:	. past happiness ( 1 to 10 years ago) Code: H 5.2.1.2
Measurement:	Affect Balance Score, 10 item index of closed questions on occurrence of specific positive or negative affects during the past few weeks. (AFF 2.3) Assessed at: - T1 (1978) - T2 (1981)
Measured Values: Error Estimates:	

Remarks:

Happiness Query	Statistics	Remarks
A-BB/cm/mq/v/2/a	Beta=+.3	ß controlled for: - Satisfaction with standard of living at T1 - Satisfaction with standard of living at T2

Study	HEADE 1989	Page in Report:	114
Reported in:	Headey,B & Veenhoven,R.		
	Does happiness induce a rosy outlook	?	
	in:R.Veenhoven,ed.'How harmful is ha Rotterdam, the Netherlands, 1989, p.1	ppiness?'. UniversitairePers Rotterdam, 06-127	
Population:	18-65 aged, general public, followed 6	years, Melbourne, Australia, 1981-87	
Sample:			
Non-Response:	Attrition T1-T4: 31%		
N:	649		

Class:	. past happiness (1 to 10 years ago) Code: H 5.2.1.2
Measurement:	Single direct question asked twice: "How do you feel about your life-as-a-whole?" Rated on a 9 point scale. 1: terrible to 9: delightful. Happiness assessed at: T1 (1981), T2 (1983), T3 (1985), T4 (1987)
Measured Values:	

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
O-DT/u/sqt/v/10/a	ßL=+.68 p<.05	Current happiness by earlier happiness: (T4 by T3, T3 by T2, T2 by T1).
		BL is a path coefficients in a 4-wave LISREL model in which coefficients are assumed to be equal for all waves. Controls: satisfaction with marriage (T1, T2, T3 and T4), and T1 sex, age, SES, extraversion and neuroticism.
	ßL=+.77 p<.05	T4 happi ness by T3 happi ness.
		BL is a path coefficient in a two wave LISREL model. Controls: earlier net life-events (reported at T3 and T4) and T1 sex, age, SES, extraversion and neuroticism.

Study	HENLE 1967	Page in Report:
Reported in:	Henley, B. & Davis, M.S. Satisfaction and dissatisfaction: A study of the cl Journal of Health and Social Behavior, 1967, vol	, , ,
Population:	60+ aged chronically-ill, followed three years, US	SA, 1959-62
Sample:		
Non-Response:	24% not available because of death, mental deterioration, unknown address or r	
N:	167 (dropout at T2 46%)	

Class:	. past happiness ( 1 to 10 years ago) Code: H 5.2.1.2
Measurement:	Single direct question: "In general, how satisfied are you with your way of life? Quite satisfied, fairly satisfied, sometimes dissatisfied, usually disssatisfied?"
	Assessed at: - T1 (1959) - T2 (1962; 3 years interval)
Measured Values: Error Estimates:	

Remarks:

Happiness Query	Statistics	Remarks		
O-SLL/g/sq/v/4/a	G=+.65 p<.01			
	tb=+.33 p<.01	Both decrease a	ness between Ind turnover	T1 and T2: 28%

Correlate Code: H 5

Study	HENLE 1967	Page in Report:	72
Reported in:	Henley, B. & Davis, M.S. Satisfaction and dissatisfaction: A st Journal of Health and Social Behavi	udy of the chronically-ill aged patient. or, 1967, vol.8, p.65-75.	
Population:	60+ aged chronically-ill, followed thr	ee years, USA, 1959-62	
Sample:			
Non-Response:	24% not available because of death, mental deterioration, unknown address or r		
N:	167 (dropout at T2 46%)		

### **Measured Correlate**

Class:	. past happiness ( 1 to 10 years ago) Code: H 5.2.1.2
Measurement:	Single direct question: "ingeneral, how satisfied are yiu with your life? Quite satisfied, fairly satisfied, sometimes dissatisfied, usually dissatisfied?"
	Assessed at T1 and T2 (three years interval)
Measured Values:	

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
O-SLL/g/sq/v/4/a	G=+.65 p<.01	
	tb=+.33 p<.01	T1 happy T1 unhappy T2 happy 50 10 T2 unhappy 14 13 T1: 74% happy T2: 69% happy Change between T1 and T2: 28% Both decrease and turnover greater in domainsatisfactions than in overall satisfaction

Correlate Code: H 5

Study	KEITH 1985	Page in Report:	414
Reported in:	P.M. Keith		
	Work, retirement and well-being amo The Gerontologist, 1985, vol 25, p 41	-	
Population:	58-63 aged unmarried, followed 10 ye	ears, USA, 1969-1979	
Sample:			
Non-Response:			
N:	1398 (326 men, 1072 women)		
Measured Corre	elate		
Class:	. past happiness ( 1 to 10 years ago)	Code: H 5.2.1.2	
Measurement:		on a 3-point scale: "Taking things re very happy (3), pretty happy (2) )?" (HAPP 1.1)	
	Assessed at T1 (10 years ago)	and T2.	
Measured Values:			

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks	
O-HL/c/sq/v/3/aa	r=+	Never married B's controlled for se	$\begin{array}{c} r=+.36 \ (ns) \\ r=+.33 \ (ns) \\ r=+.33 \ (ns) \\ r=+.34 \ (ns) \\ r=+.23 \ (05)$

Study	MCCRA 1990	Page in Report:	22
Reported in:	McCrae,R.R. & Costa jr,P.T. Adding Liebe und Arbeit. The full five f Personality and Social Psychology Bul	•	
Population:	Single males and couples followed 7 y	ears, Baltimore, USA, 1979-86	
Sample:			
Non-Response:			
N:	429		

Class:	. past happiness (1 to 10 years ago) Code: H 5.2.1.2
Measurement:	10-item index of closed questions on specific affects Bradburn Affect Balance Score (AFF 2.3).
	Assessed at: - T1: 1979 - T2: 1981
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics		Remarks
A-BB/cm/mq/v/2/a	r=+.51 p<	<.01	T2 happiness (full ABS) by T1 happiness (full ABS)
	r=+.37 p<	<.01	T2 happiness (full ABS) by T1 positive affect (part ABS)
	r=39 p<	<.01	T2 happiness (full ABS) by T1 negative affect (part ABS)
O-DT/u/sq/v/7/a	r=+.51 p<	<.01	T2 happiness (LS: HAPP 2.1) by T1 happiness (ABS: AFF 2.3)
	r=+.37 p<	<.01	T2 happiness (LS: HAPP 2.1) by T1 positive affect
	r=39 p<	<.01	T2 happiness (LS: HAPP 2.1) by T1 negative affect

Study	MCCRA 1990	Page in Report:	22
Reported in:	McCrae,R.R. & Costa jr,P.T. Adding Liebe und Arbeit. The full five Personality and Social Psychology Bu	C C	
Population:	Single males and couples followed 7	years, Baltimore, USA, 1979-86	
Sample:			
Non-Response:			
N:	429		

Class:	. past happiness (1 to 10 years ago) Code: H 5.2.1.2
Measurement:	10-item index of closed questions on specific affects Bradburn Affect Balance Score (AFF 2.3).
	Assessed at: - T1: 1979 - T2: 1981
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
A-BB/cm/mq/v/2/a	r=+.51 p<.01	T1 happiness (full ABS) by T2 happiness (full ABS)
	r=+.39 p<.01	T1 happiness (full ABS) by T2 positive affect (part ABS)
	r=39 p<.01	T1 happiness (full ABS) by T2 negative affect (part ABS)
O-DT/u/sq/v/7/a	r=+.40 p<.01	T1 happiness (LS: HAPP 2.1) by T2 happiness (ABS: AFF 2.3)
	r=+.25 p<.01	T1 happiness (LS: HAPP 2.1) by T2 positive affect
	r=36 p<.01	T1 happiness (LS: HAPP 2.1) by T2 negative affect

Study	MCCRA 1990	Page in Report:	22
Reported in:	McCrae,R.R. & Costa jr,P.T. Adding Liebe und Arbeit. The full five fac Personality and Social Psychology Bullet	•	
Population:	Single males and couples followed 7 year	ars, Baltimore, USA, 1979-86	
Sample:			
Non-Response:			
N:	429		

Class:	. past happiness ( 1 to 10 years ago) Code: H 5.2.1.2
Measurement:	Single direct question: "How do you feel about your life as a whole?" Rated on a 7-point terrible-delighted scale (HAP 4.1).
	Assessed at: - T1: 1979 - T2: 1981
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	5	Remarks
A-BB/cm/mq/v/2/a	r=+.40	p<.01	T2 happiness (ABS: AFF 2.3) by T1 happiness (LS: HAPP 2.1)
O-DT/u/sq/v/7/a	r=+.61	p<.01	T2 happiness(LS: HAPP 2.1) by T1 happiness (LS: HAPP 2.1)

Study	MCCRA 1990	Page in Report:	22
Reported in:	McCrae,R.R. & Costa jr,P.T. Adding Liebe und Arbeit. The full five fac Personality and Social Psychology Bullet	•	
Population:	Single males and couples followed 7 year	ars, Baltimore, USA, 1979-86	
Sample:			
Non-Response:			
N:	429		

Class:	. past happiness (1 to 10 years ago) Code: H 5.2.1.2
Measurement:	Single direct question: "How do you feel about your life as a whole?" Rated on a 7-point terrible-delighted scale (HAP 4.1).
	Assessed at: - T1: 1979 - t2: 1981
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	5	Remarks
A-BB/cm/mq/v/2/a	r=+.51	p<.01	T1 happiness (ABS: AFF 2.3) by T2 happiness (LS: HAPP 2.1)
O-DT/u/sq/v/7/a	r=+.61	p<.01	T1 happiness (LS: HAPP 2.1) by T2 happiness (LS: HAPP 2.1)

Correlate Code: H 5

Study	MORTI 1981	Page in Report:	16
Reported in:	Mortimer, J.T. & Lorence, J. Self-concept stability and change from late Research on community and mental health	•	
Population:	University graduates 1966/67, followed into	o adulthood, Michigan, USA, 1962-76	
Sample:			
Non-Response: N:	Attrition: 12% 442		

### **Measured Correlate**

Class:	. past happiness (1 to 10 years ago) Code: H 5.2.1.2
Measurement:	Single direct question rated on 7 point scale. HappyUnhappy (lead sentence not reported)
	Assessed at: T1: 1962/63 T2: 1966 T3: 1976
Measured Values:	

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
O-H?/?/sq/n/7/a	r=+.33	T1-T2
	r=+.14	T1-T3
	r=+.26	T2-T3
		overtime correlations (r') computed from Lisrel model

Correlate Code: H 5

Study	MUSSE 1980	Page in Repo	ort: 337
Reported in:	Mussen, P., Eichorn, D.H., Honzik, M.P Continuity and change in women's char International Journal of Behavioral Deve	acteristics over four de	
Population:	Mothers, followed from age 30 to 70, Be	erkeley, USA, 1930-70	
Sample:			
Non-Response:			
N:	81		

### **Measured Correlate**

Class:	. past happiness ( 1 to 10 years ago) Code: H 5.2.1.2	
Measurement:	Rating of satisfaction with lot on 7 point scales by independen interviewers.	
	<ul> <li>T1 (1930): Ratings by two interviewers:</li> <li>Clinical psychologist on the basis of an interview</li> <li>Social worker on the basis of observations at home and during tests of the child at university. Inter-rater agreement: r=+.60.</li> <li>T2 (1970): Rating by one interviewer on the basis of an extensive interview</li> </ul>	
Measured Values:		
Error Estimates:		
Remarks:	Guidance group only (N=53)	

Happiness Query	Statistics	Remarks
O-SLC/g/fi/v/7/b	r=+.15 ns DMt=07	T1: M=4.0 SD=1.2 Mt =5.01 T2: M=3.6 SD=1.3 Mt' =4.34

Correlate Code: H 5

Study	MUSSE 1980	Page in Report:	337
Reported in:	Mussen, P., Eichorn, D.H., Honzik, M.P. Continuity and change in women's chara International Journal of Behavioral Deve	acteristics over four decades	17
Population:	Mothers, followed from age 30 to 70, Be	erkeley, USA, 1930-70	
Sample:			
Non-Response:			
N:	81		

### **Measured Correlate**

Class:	. past happiness (1 to 10 years ago) Code: H 5.2.1.2
Measurement:	Rating by independent interviewers, scored on a 7 point scale T1 (1930): Ratings by two interviewers - Clinical psychologist on the basis of interview - Social worker on the basis of observations during visits at home and during tests of the child at university T2 (1970): Rating by one interviewer on the basis of extensive interview
Measured Values:	

Error Estimates:

Remarks:

Happiness Query	Statistics	Rem	arks	
O-SLC/g/fi/v/7/b	DMt=-0.7			 Mt'=5.01 Mt'=4.34

Study	ORMEL 1980	Page in Report:	350
Reported in:	Ormel,H. Moeite met leven of een moeilijk leven (Difficul Dissertation 1980, University of Groningen,the Groningen,the Netherlands.		,
Population:	15-60 aged, general public, followed 12 month,	The Netherlands, 1967-77	
Sample:			
Non-Response:	18%		
N:	296		

Class:	. past happiness ( 1 to 10 years ago) Code: H 5.2.1.2
Measurement:	8-item additive index of specific affects in the past few weeks (Bradburn Affect Balance Scale: AFF 2.3) Assessed at: - T2 (1976) - T3 (1977)
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
A-BB/cw/mq/v/4/c	r=+.52 p<.01	T3 happi ness by T2 happi ness

Study	PALMO 1977	Page in Report:	314
Reported in:	Palmore, E.B. and Kivett, V. Change in Life Satisfaction: A Longitudinal Stud Journal of Gerontology, Vol 32, 1977, p 311-316	, ,	
Population:	46+ aged whites, North Carolina, USA, 1968-1	972/74	
Sample:	Probability stratified sample		
Non-Response:			
N:	378		

Class: . past happiness (1 to 10 years ago) Code: H 5.2.1.2

Measurement:	Assessed at:
	T1: 1968/70
	T2: 1970/72
	T3: 1972/74

### Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
O-BW/c/sq/l/10/c	r=+.40 p<.05	T1 life satisfaction by T3 life satisfaction
	Beta=+.3 p<.05	Residual regression. Dependent T3 life satisfaction. T1 life satisfaction R = +.40 T1 selfrated health B1= +.41
	Beta=+.1 p<.05	Residual regression. Dependent T3 life satisfaction. T2 life satisfaction $R = +.56$ T2 selfrated health $B1= +.57$ T1 life satisfaction $B2= +.59$
	r=+.56 p<.05	T2 life satisfaction by T3 life satisfaction
	Beta=+.4 p<.05	Residual regression. Dependent T3 life satisfaction. T2 life satisfaction $R = +.56$ T2 selfrated health $B1= +.57$ T1 life satisfaction $B2= +.59$

Study	PALMO 1979	Page in Report:	345
Reported in:	Palmore, E.B., Cleveland Jr, P.C,, Nowlin, J.B., Ramm, D. & Siegler, I.C. Stress and Adaptation in Later Life Reprint form Journal of Gerontology 1979, Vol 34 pp (in this reprint) 341-356		
Population:	46+ aged white, North Carolina, USA, 19	68- 1976.	
Sample:	Probability stratified sample		
Non-Response:			
N:	375		

Class:	. past happiness ( 1 to 10 years ago) Code: H 5.2.1.2
Measurement:	Selfreport on single question:
	"Here is a picture of a ladder. Suppose we say that the top of the ladder (10) represents the best possible life for you and the bottom (1) represents the worst possible life for you.Where on the ladder do you feel personally stand at the present time?
	<pre>[ 9 ] best possible life for you [ 8 ] [ 7 ] [ 6 ] [ 5 ] [ 4 ] [ 3 ] [ 2 ] [ 1 ] [ 0 ] worst possible life for you</pre>
	Name: Cantril's selfanchoring ladder rating of life (adapted version) Assessed at T1 and T4.
Measured Values:	T1 M= 7.0 T4 M = 7.0
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
O-BW/c/sq/l/10/c	DM=ns	Difference life satisfaction T1 to T4.

Study	PALMO 1981	Page in Report:	98
Reported in:	Palmore, E.B. Social Patterns in Normal Aging: Findings from Duke University Press, Durham, North Carolin	• •	
Population:	46+ aged whites, North Carolina, USA, 1968	· 1976.	
Sample:	Probability stratified sample		
Non-Response:			
N:	375		

Class: . past happiness (1 to 10 years ago) Code: H 5.2.1.2 46-50 years old Measurement: 51-55 56-60 61-65 66-70 Assessed at T1 1968/70 T2 1970/72 T3 1972/74 T4 1974/76 Measured Values: Error Estimates: Remarks:

Happiness Query	Statistics	Remarks
O-BW/c/sq/l/10/c	DM=ns	

Study	PALMO 1981	Page in Report:	97
Reported in:	Palmore, E.B. Social Patterns in Normal Aging: Findings from Duke University Press, Durham, North Carolin	• •	
Population:	46+ aged whites, North Carolina, USA, 1968 -	1976.	
Sample:	Probability stratified sample		
Non-Response:			
N:	375		

Class: . past happiness (1 to 10 years ago) Code: H 5.2.1.2

Measurement:	Ass	essed at:
	T1	1968/70
	T2	1970/72
	Т3	1972/74
	Τ4	1974/76

Measured Values:

Error Estimates:

Remarks:

## **Observed Relation with Happiness**

Happiness QueryStatisticsRemarksO-BW/c/sq/l/10/cDM=ns

Study	SCHAE 1963/2	Page in Report:	105
Reported in:	Schaefer, E.S. & Bailey, N. Maternal behavior, child behavior and their in Monographs of the Society for Research in 0 1963.	, ,	
Population:	Girls, followed from age 0 to 18, Berkely, Ca	lifornia, USA, 1929-47	
Sample:			
Non-Response:			
N:	19		

Class:	. past happiness ( 1 to 10 years ago) Code: H 5.2.1.2
Measurement:	T1: age 0-3 (1929) Clinical ratings on the basis of repeated observations of expressive behavior (AFF 5.1). Ratings were scored on a 7 point scale, that ranged from `happy' to `unhappy'. These ratings were part of wider observations on social and psychological functioning. Ratings were made in the following ages in months: 10, 11, 12, 14, 15, 18, 21, 27, 30, 36.
	T2: age 12-18 (1947) Happiness assessed in adolescence. HAP 7.3 based on various interviews and observations in adolescence.
Measured Values:	
Error Estimates:	

Remarks:

Happiness Query	Statistics	Remarks	
A-CP/g/fi/v/7/a	mr=11	month 11 month 14 month 21 month 30	r=14 (ns) r=21 (ns) r=19 (ns) r=+.09 (ns)

Study	STACE 1991	Page in Report:	77
Reported in:	Stacey, C.A. & Gatz, M. Cross-sectional age-differences and lon Journal of Gerontology, 1991, vol 46, pa	gitudinal change on the Bradburn Affect ge 76-78	
Population:	Three generations of family members, for	bllowed 14 years, USA, 1971-85	
Sample:			
Non-Response:	Attrition T1-T2: 43%		
N:	1159		

Class:	. past happiness (1 to 10 years ago) Code: H 5.2.1.2
Measurement:	10 item index of specific affects in the past few weeks (Bradburn's Affect Balance Scale) (AFF 2.3)
	Assessed at: - T1: 1971 - T2: 1985 (14 year interval)
Measured Values:	

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks	
A-BB/cm/mq/v/2/a	r=+.32	T1 T2 T 15-19 29-33 5 20-34 34-48 6 35-49 49-63 6 50-64 64-78 7 65-86 79-100 7 Significant effect of Both positive affect decline with age. Ne a result Affect Bala appears both in cross comparison. Unaffected by sex Negative affect: over	7. 23 7. 62 7. 51 6. 38

Study	THOMP 1960	Page in Report:
Reported in:	Thompson, W.E., Streib, G.F. & Ko The effect of retirement on persona Journal of Gerontology, 1960, vol.	al adjustment: a panel analysis.
Population:	60+ aged, employed at start, follow	ved 2 years, USA, 1952-54
Sample:		
Non-Response:		
N:	1559	

Class: . past happiness (1 to 10 years ago) Code: H 5.2.1.2 Happiness (MIX 1.2) assessed at: Measurement: - T1 (1952) - T2 (1954) Measure: index of closed questions (devised through the use of the Guttman (1944) scaling technique): 1. All in all, how much happiness would you say you find in life today? 2. In general, how would you say you feel most of the time, in good spirits or in low spirits? 3. On the whole, how satisfied would you say you are with your way of life today?

#### Measured Values:

Error Estimates:

Remarks:

Statistics	Remarks	
G=+.70 p<.01	Current happiness assessed at T2	
	Gainfully employed throughout : Retired between T1 and T2 : -Positive orientation to	G' =+. 75 (01) G' =+. 57 (01)
		G =+.53 (01)
	3	G =+.45 (01)
	-Voluntary retired :	G'=+.60 (01)
	-Compulsory retired : -Pos. orientation (T1),	G'=+.41 (01)
	voluntary retired : -Pos. orientation (T1),	G'=+.69 (01)
	compulsory retired : -Neg. orientation (T1),	G'=+.37 (01)
	_	G=+.70 p<.01 Current happiness assessed at T Gainfully employed throughout : Retired between T1 and T2 : -Positive orientation to retirement at T1 : -Negative orientation to retirement at T1 : -Voluntary retired : -Compulsory retired : -Pos. orientation (T1), voluntary retired : -Pos. orientation (T1), compulsory retired :

voluntary retired	: G'=+.24 (05)
-Neg. orientation (T1),	
compulsory retired	: G'=+.52 (01)

Study	WESSM 1966/2	Page in Report:	103
Reported in:	Wessman, A.E. & Ricks, D.F. Mood and personality Holt, 1966, New York, USA		
Population:	Male college students, followed 3 ye	ars, Harvard University, USA, 1957-60	
Sample:			
Non-Response:	37%: 9 dropouts, incomplete; about the same happiness distribution.		
N:	17		

Class:	. past happiness ( 1 to 10 years ago) Code: H 5.2.1.2
Measurement:	Questionnaire items indicative of avowed happiness - unhappiness.
	Assessed two years earlier.
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
A-ARE/md/sqr/v/10/	r=+.67	Hedonic level (Elation-Depression Scale: AFF 3.1) scored each night for the highest, lowest and average of the day.
		Mean daily highest mood : $r = +.66$ Mean daily average mood : $r = +.67$ Mean daily lowest mood : $r = +.32$

Study	YEO 1987	Page in Report:	256
Reported in:	Yeo, G., Ingram, L., Skurnick, J., and Effects of a Geriatric Clinic on Functic Journal of Gerontology, 1987, Vol. 42	nal Health and Well-being of Elders	
Population:	65+ aged, patients, ambulatory medical center, followed 18 mth, California, USA, 198?		
Sample:			
Non-Response:	Refusal 15.91%, unable 6.17%, to 1st question. 11.36%, to 2nd question. 21.43%		
N:	139		

## **Measured Correlate**

Class:	. past happiness (1 to 10 years ago) Code: H 5.2.1.2
Measurement:	10 item index of closed questions on specific affects in the past few weeks. (Bradburn Affect Balance Scale)
	Assessed at - T1: 1979 - T2: 18 months Later
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
A-BB/cm/mq/v/2/a	r=+.34	geriatric clinic
	r=+.34	general medical clinic
		(r' computed from b and SD in table)

Correlate Code: H 5

Study	BLOCK 1971/1	Page in Report:	302-307
Reported in:	Block, J. Lives through time Bancroft Books inc., 1971, Berkely, USA		
Population:	Highschool pupils, followed from age 11 to 35, USA, 1936-1957		
Sample:			
Non-Response:	65% dropout, 11% incomplete data		
N:	160		

### **Measured Correlate**

Class:	. long term happiness (< 10 years ago) Code: H 5.2.1.3		
Measurement:	Rating on the basis of interview-protocols by independent judges of cheerfulness as personality descriptive variable from most uncharacteristic to most characteristic of the subject. Rated on a scale ranging from 1 to 9.		
	Happiness assessed at: T1: junior high school: age 11-14,±1936 T2: senior high school: age 14-17,±1942 T3: fourth decade: age 28-35,±1957		
leasured Values:			
Error Entimaton:			

Me

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
A-CP/g/rc/?/9/a	mr=+.54	T1 by T2 happiness: males: $r=+.57 (001)$ r corrected for attenuation =+.75 females: $r=+.50 (001)$ r corrected for attenuation =+.69 Females tend to become less happy between T1 and T2. The individual rankorder is largly maintained (conclusion based on corrected r).
	mr=+.31	T2 by T3 happiness: males: $r=+.26 (05)$ r corrected for attenuation =+.34 females: $r=+.36 (001)$ r corrected for attenuation =+.46 Females tend to become more happy between T2 and T3. The individual rankorder changes considerably (conclusion based on corrected r).

Study	BLOCK 1971/2	Page in Report:	81
Reported in:	Block, J.		
	Lives through time		
	Bancroft Books inc., 1971, Berkely, USA	4	
Population:	Highschool pupils, followed from age 11	l to 32, USA, 1936-51	
Sample:			
Non-Response:			
N:	72		
Measured Corre	elate		
Class:	. long term happiness (< 10 years ago)	Code: H 5.2.1.3	
Measurement:	Rating on the basis of interview		
	T1: adol escence age 11 to 17 ± 10 T2: adul thood age 32 ± 10		
Measured Values:	5		
Error Estimates:			
Demender			

Remarks:

Happiness Query	Statistics	Remarks
A-CP/g/rc/?/9/a	mr=+.23	T1 by T2 happiness: - males : r= +.26 (ns) - females : r= +.20 (ns)

Correlate Code: H 5

Study	CHIRI 1982	Page in Report:	23
Reported in:	Chiriboga, D.A. Consistency in adult functioning: Th Ageing and Society, vol.2 part 1, p.		
Population:	People in transition followed 4 years, metropolis, USA, 1969-1980		
Sample:			
Non-Response:	Attrition after 11 years 24%		
N:	163 (in 1969:216)		

### **Measured Correlate**

Class:	. long term happiness (< 10 years ago) Code: H 5.2.1.3		
Measurement:	Happiness (HAPP 1.1) as assessed 11 years ago at T1 (1969). Closed question rated on a 3-point scale:"In general how happy are you these days?" Very happy:1, pretty happy:2, not too happy:3 (order reversed).		
	Assessed at: - T1 (1969) - T5 (1980; 11 years interval)		
Measured Values:			
Error Estimates:			
Remarks:			

Happiness Query	Statistic	S	Remarks			
O-HL/c/sq/v/3/cb	r=+	ns	Males: r= +.03	ns	Females: r= +.18	ns

Correlate Code: H 5

Study	CHIRI 1989	Page in Report:	65	
Reported in:	Chiriboga, D.A. Stress and loss in middle age Midlife loss: coping strategies (198 Publications, Inc.	9). Editor: Kalish, R.A.Publisher: Sage		
Population:	People in transition, followed 4 yea	eople in transition, followed 4 years, metropolis, USA, 1969-1980		
Sample:				
Non-Response:	Attrition after 11 years 24%			
N:	163 (in 1969 216)			

### **Measured Correlate**

Class:	. long term happiness (< 10 years ago) Code: H 5.2.1.3
Measurement:	Affect Balance Score (AFF 3.2) 8-item index of specific affects (Bradburn 1969), scored "never", "once", "several times" or "often" during the past week.
	Assessed at: - T1 (1969) - T2 (1972) - T3 (1974) - T4 (1976) - T5 (1980; 11 years interval)
Measured Values:	

Error Estimates:

Remarks:

Happiness Query	Statistics	;	Remarks
A-BB/cw/mq/v/4/d	r=+.38	p<.05	T1 happiness by T2 happiness -T1 positive affect by T2 pos.affect r=+.53 (01) -T1 negative affect by T2 neg.affect r=+.53 ns
	r=+.46	p<.05	T1 happiness by T3 happiness -T1 positive affect by T3 pos.affect r=+.55 (01) -T1 negative affect by T3 neg.affect r=+.34 ns
	r=+.57	p<.01	T1 happiness by T4 happiness -T1 positive affect by T4 pos.affect r=+.44 (05) -T1 negative affect by T4 neg.affect r=+.50 (01)

r=+.04	ns	T1 happiness by T5 happiness -T1 positive affect by T5 pos.affect r=+.48 (01) -T1 negative affect by T5 neg.affect r=+.01 ns
		LOW STRESS GROUP (N=51)
r=+.45	p<.01	T1 happiness by T2 happiness -T1 positive affect by T2 pos.affect r=+.30 (05) -T1 negative affect by T2 neg.affect r=+.39 (01)
r=+.37	p<.01	T1 happiness by T3 happiness -T1 positive affect by T3 pos.affect r=+.52 (01) -T1 negative affect by T3 neg.affect r=+.37 (01)
r=+.39	p<.01	T1 happiness by T4 happiness -T1 positive affect by T4 pos.affect r=+.55 (01) -T1 negative affect by T4 neg.affect r=+.48 (01)
r=+.26	p<.05	T1 happiness by T5 happiness -T1 positive affect by T5 pos.affect r=+.36 (01) -T1 negative affect by T5 neg.affect r=+.29 (05)

Study	COSTA 1981	Page in Report:	81
Reported in:	Costa,P.T., McCrae,R.R. & Morris,A.H. Personal adjustment to aging: Longitudinal prec Journal of Gerontology, vol.36(1981), p.78-85	liction from neuroticism and	
Population:	17-97 aged males, visitors of the Gerontology R Baltimore, USA. 1958-70	Research Centre, followed $\pm$ 10 year	S
Sample:			
Non-Response:	Attrition 79% at T3, mostly among psychologically least adjusted		
N:	557 at T1, 423 at T2, 117 at T3		

Class:	. long term happiness (< 10 years ago) Code: H 5.2.1.3
Measurement:	Single closed question: 'How do you feel about what you have accomplished in life: well satisfied, reasonably satisfied or dissatisfied ?' Assessed at: - T1 (1958-1963) - T2 (1964-1969; mean interval 5.3 yr) - T3 (1969-1975; mean interval 12.6 yr)
Measured Values:	

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks
C-A/h/sq/v/3/a	r=+.49	T1 by T2
	r=+.46	T1 by T3

Correlate Code: H 5

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Study	DOBSO 1985	Page in Report:	124
Reported in:	Dobson, C. Attitudes and Perceptions Powers, E.A., Goudy, W.J. & Klein, P.M. America. Kluwer, 1985, Dordrecht	(eds), Later life Transitions: Older Male	s in
Population:	50+ aged males, fulltime employed, follow	wed ten years, Iowa, USA, 1964-74	
Sample:			
Non-Response:	T1 refusals: 8% T1-T2 drop-out: 29%, of which 20% deceased		
N:	T1: 1870, T2: 1319		

## **Measured Correlate**

Class:	. long term happiness (< 10 years a	ago) Code: H 5.2.1.3
Measurement:	Single direct question: "How do you feel things have 4. very well 3. fairly well 2. not very well 1. not at all well	worked out for you generally? (CON 1.1)
	Assessed at T1 and T2 (10 yr	interval)
Measured Values:		

Error Estimates:

Remarks:

Happiness Query	Statistic	S	Remarks				
M-CO/h/sq/v/4/a	r=+.39	p<.001		T2 very	T2 fai rl y	T2 not	
			T1: very T1: fairly T1: not	71% 28% 1%	32% 65% 3%	23% 62% 15%	
			T1: M=3.52 T2: M=3.53				
			About one-t being. The				of wel

Correlate Code: H 5

Study	MUSSE 1980	Page in Report:	337
Reported in:	Mussen, P., Eichorn, D.H., Honzik, M.P., Bie Continuity and change in women's character International Journal of Behavioral Developm	istics over four decades	333-347
Population:	Mothers, followed from age 30 to 70, Berkele	ey, USA, 1930-70	
Sample:			
Non-Response:			
N:	81		

#### **Measured Correlate**

Class:	. long term happiness (< 10 years ago) Code: H 5.2.1.3	
Measurement:	Rating of cheerfulness (vs gloomy) on 7 point scales by independent interviewers.	
	<ul> <li>T1 (1930): Ratings by two interviewers:</li> <li>Clinical psychologist on the basis of an interview</li> <li>Social worker on the basis of observations at home and during tests of the child at university. Inter-rater agreement: r=+.59</li> <li>T2 (1970): Rating by one interviewer on the basis of an extensive interview</li> </ul>	
Measured Values:		

Error Estimates:

Remarks:

Happiness Query	Statistic	s	Rem	arks		
A-CP/g/fi/n/7/a	r=+.28 p<.05		Gui d	lance gr	oup (N=5	3)
	r=+.27	ns	Cont	rol gro	up (N=28	)
	DMt=0		T1: T2:			Mt'=4.51 Mt'=4.51

Correlate Code: H 5

Study	MUSSE 1980	Page in Report: 3	37
Reported in:	Mussen, P., Eichorn, D.H., Honzik, M.P., Continuity and change in women's charac International Journal of Behavioral Develo	cteristics over four decades	
Population:	Mothers, followed from age 30 to 70, Berl	keley, USA, 1930-70	
Sample:			
Non-Response:			
N:	81		

## **Measured Correlate**

Class:	. long term happiness (< 10 years ago) Code: H 5.2.1.3
Measurement:	Rating of cheerfulness (vs gloomy) on 7 point scale by independent interviewers T1 (1930): Rating by two independent interviewers: - clinical psychologist on the basis of an interview, and - social worker on the basis of observations during visits at home and during tests of the child at university T2 (1970): Rating by one interviewer on the basis of an extensive interview
Measured Values:	
Error Estimates:	
Remarks:	Guidance group only (N=53)

Happiness Query	Statistics	Rem	arks	
A-CP/g/fi/n/7/a	DMt=0			SD=1.1 Mt' =4.51 SD=1. <b>Guidaħˈce4grōū</b> p only ( <b>N=53</b> )

Correlate Code: H 5

Study	MUSSE 1980/2	Page in Report:	337
Reported in:	Musse, P.; Eichorn, D.H.; Honzik, M. Continuity and Change in Women's C International Journal of Behavioral De		
Population:	Mothers of preschool-aged-children,	Berkeley USA, 1928-68	
Sample:			
Non-Response:			
N:	28		

#### **Measured Correlate**

Class:. long term happiness (< 10 years ago) Code: H 5.2.1.3</td>Measurement:T1 happiness (age ± 30) assessed by interviewer ratings of<br/>cheerfulness.<br/>Index of two ratings by a psychologist and a psychiatric social<br/>worker, who interviewed the subject independently.T2 happiness (age ± 70) assessed by an index of two independent<br/>ratings: one by the interviewer and the other by a clinical<br/>psychologist who read the interview protocol.Measured Values:Error Estimates:

Remarks:

#### **Observed Relation with Happiness**

Happiness Query Statistics Remarks

A-CP/g/fi/v/7/a r=+.27 p<.10

Study	SCHAE 1963/1	Page in Report:	
Reported in:	Schaefer, E.S. & Bayley, N.		
	Maternal behavior, child behavior, and their intercorrelations from infancy through		
	Monographs of the Society for Res	search in Child Development,Serial no. 87, vol. 28,	
Population:	Children followed from age 0 to 18	8, Berkeley, California, USA, 1929-47	
Sample:			
Non-Response:	13% drop-outs (7 children and their mothers)		
N:	54: see under remarks		

Class:	. long term happiness (< 10 years ago) Code: H 5.2.1.3
Measurement:	T1: (1929) Happiness (AFF 5.1, hedonic level) rated 12 times between 10-36 months of age. Ratings combined: months 10 + 11 + 12 / 13 + 14 + 15 / 18 + 21 + 24 / 27 + 30 + 36.
	T2: (1947) Ratings by two judges on the basis of notes from observations and interviews between age 12-18. (inter-rater agree- ment rather low)
	<ol> <li>4-item index involving:</li> <li>discontented</li> <li>unhappy</li> <li>dissatisfied</li> <li>complains (HAPP 3.4)</li> </ol>
	2. 2-item index involving: - gloomy - not cheerful (AFF 1.5)
Measured Values:	
Error Estimates:	
Remarks:	

Months	Months	6 Mont	hs	Months
10-12	13-15	18-24	27	<b>'-</b> 36

Observed Relation with Happiness					
Happiness Query	Statistics	Remarks			
A-CP/mi/tsb/n/7/a	mr=03	1.	09(ns)07(ns)02(ns) +.07(ns)		
	mr=11	2. Computed for	14(ns)21(ns)19(ns) +.09(ns) girls only (N = 19).		

Months Months Months Months 10-12 13-15 18-24 27-36

Study	SCHAE 1963/2	Page in Report:	105
Reported in:	Schaefer, E.S. & Bailey, N. Maternal behavior, child behavior and their i Monographs of the Society for Research in 1963.	, ,	
Population:	Girls, followed from age 0 to 18, Berkely, Ca	alifornia, USA, 1929-47	
Sample:			
Non-Response:			
N:	19		

Class:	. long term happiness (< 10 years ago) Code: H 5.2.1.3
Measurement:	T1: age 0-3 (1929) Clinical ratings on the basis of repeated observations of expressive behavior (AFF 5.1). Ratings were scored on a 7 point scale, that ranged from `happy' to `unhappy'. These ratings were part of wider observations on social and psychological functioning. Ratings were made in the following ages in months: 10, 11, 12, 14, 15, 18, 21, 27, 30, 36.
	T2: age 12-18 (1947) Happiness assessed in adolescence. HAP 7.3 based on various interviews and observations in adolescence.
Measured Values:	
Error Estimatos:	

Error Estimates:

Remarks:

Happiness Query	Statistics	Remarks	
O-Sum/g/rc/v/7/a	mr=03	month 11 month 14 month 21 month 30	r=09 (ns) r=07 (ns) r=02 (ns) r=+.07 (ns)

Study	TUDDE 1959	Page in Report:	16
Reported in:	Tuddenham, R.D. The constancy of personality ratings Genetic {Psychology Monographs, 19		
Population:	High school pupils, followed into adu	lthood, California USA, 1934-53	
Sample:			
Non-Response:			
N:	72		

Class:	. long term happiness (< 10 years ago) Code: H 5.2.1.3		
Measurement:	<pre>Clinical rating by two independant observers: T1: Observation on playground by two female staff members T2: Ratings onthe basis of clinical interviews with two psychologists (interviews with one week interval)</pre>		
	Interrater agreement high T1: boys r=+.66 girls r=+.80 T2: men r=+.78 women r=+.78		
Measured Values:			

Error Estimates:

Remarks:

Happiness Query	Statistics		Remarks
A-CP/c/rc/n/9/a	r=+.26 ns		men
	r=+.20	ns	women

Study	TUDDE 1962	Page in Report:	666
Reported in:	Tuddenham, R.D. Constancy of personal morale over a 15 ye Child Development 1962, vol. 33, page 663		
Population:	Senior high-school pupils, followed into ad	ulthood, USA, 1938-53	
Sample:			
Non-Response:			
N:	92		

Class:	. long term happiness (< 10 years ago) Code: H 5.2.1.3
<i>Measurement:</i>	Single direct question: "Will people of your age get the things they want most of life?" 4. I expect to get almost all the things I really want in life 3. I will probably get more of the things I really want than not 2. There are several things I want in life but will probably never have 1. I will probably never have most of the things I really want in life
Measured Values:	Assessed at: - T1 (1938) - T2 (1953) (25 year interval)
Error Estimatos	

Error Estimates:

*Remarks:* Temporal stability:

## **Observed Relation with Happiness**

Happiness Query	Statistics	Remarks	
C-W/u/sq/v/4/a	r=+.23 p<.05	- males	
	r=+.08 ns	- females	Temporal stability:
		Temporal shift:	
	DMt=+1.	- males T1:	M=2.79 Mt'=5.96
	Chi²=+ p<.05	T2:	M=3.13 Mt'=7.09
	DMt=+1.	- females T1:	M=2.90 Mt'=6.32
	Chi²=+ ns	T2:	M=3.19 Mt'=7.29
		Dath malas and	formal as most many sometant

Both males and females get more contented

Study	TUDDE 1962	Page in Report:	666
Reported in:	Tuddenham, R.D. Constancy of personal morale over a 15 year Child Development 1962, vol. 33, page 663-65		
Population:	Senior high-school pupils, followed into adulth	nood, USA, 1938-53	
Sample:			
Non-Response:			
N:	92		

Class:	. long term happiness (< 10 years ago) Code: H 5.2.1.3
Measurement:	<ul> <li>Single direct question: "Is it fun to be alive?"</li> <li>4. I enjoy life so much that it is really just fun to be alive</li> <li>3. There are only a few things in life that are really dis appointing</li> <li>2. There are many things in life that are really disappointing</li> <li>1. Sometimes life seems just a series of disappointments</li> </ul>
	Assessed at: - T1 (1938) - T2 (1953) (25 year interval)
Measured Values:	
Error Estimates:	
Remarks:	Temporal stability:

Happiness Query	Statistics	Remarks	
C-W/u/sq/v/4/a	r=+.10 ns	- males	Temporal stability:
	r=+.19 ns	- females	
		Temporal shif	ït:
	DMt=.06	- males T1	: M=3.21 Mt'=7.35
	Chi <sup>2</sup> =+ ns	T2	: M=3.25 Mt'=7.49
	DMt=.00	- females T1	: M=3.18 Mt'=7.25
	Chi <sup>2</sup> =+ ns	T2	: M=3.18 Mt'=7.25
			than adolescents say to enjoy life t also fewer emphasize disappointments 1)

Study	FUGL 1991	Page in Report:	90
Reported in:	Fugl-Meyer, A.R., Eklund, M. & Fugl-M Vocational rehabilitation in Northern Swe Eklund, M.: On vocational rehabilitation in 1991, pp 87-95.	•	
Population:	Handicapped referred for vocational reh	abilitation,followed 2 years, Umea, Swed	en,
Sample:	Non-probability chunk sample		
Non-Response:			
N:	T1:149 ; T2: 126		

Class:	Actual changes in happiness Code: H 5.2.2
Measurement:	Difference in life-satisfaction at: T1: before start of vocational training T2: two years after
Measured Values:	

Error Estimates:

Remarks:

Happiness Query	Statistic	S	Remarks
O-SLW/u/sq/v/6/a	W=	ns	Same job T1 and T2 (N = 24)
	W=	p<.02	New job/ vocationally activated at T2 (N = 50)
	W=	p<.03	In training/education at T2 (N = 21)
	W=	ns	Sick/umemployed at T1 and T2 (N = 31)

Study	PALMO 1977	Page in Report:	313
Reported in:	Palmore, E.B. and Kivett, V. Change in Life Satisfaction: A Longitudinal Stud Journal of Gerontology, Vol 32, 1977, p 311-31		
Population:	46+ aged whites, North Carolina, USA, 1968-1	972/74	
Sample:	Probability stratified sample		
Non-Response:			
N:	378		

Class:	Actual changes in happiness Code: H 5.2.2
Measurement:	Tabel 1 nog invoeren hier. Assessed at: T1: 1968/70 T2: 1970/72 T3: 1972/74
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
O-BW/c/sq/l/10/c	DM=0 p<.05	Age-groups at T1, T2, T3: no difference of means. Change from round 1 to 3: -1.

Study	ORMEL 1980	Page in Report:	235
Reported in:	Ormel,H. Moeite met leven of een moeilijk leven (Difficu Dissertation 1980, University of Groningen,the Groningen,the Netherlands.	, ,	,
Population:	15-60 aged, general public, followed 12 month	n, The Netherlands, 1967-77	
Sample:			
Non-Response:	18%		
N:	296		

Class:	. change over life time Code: H 5.2.2.1
Measurement:	Increase in happiness over T2-T3. 8-item additive index of specific affects in the past few weeks (Bradburn Affect Balance Scale: AFF 2.3) Assessed at T2(1976) and T3(1977).
Measured Values:	
Error Estimates:	
Remarks:	

Happiness Query	Statistics	Remarks
A-BB/cw/mq/v/4/c	r=+.18 p<.01	T3 happiness by T2-T3 increase in happiness

Study	<b>THOMA 1986</b>	Page in Report:	838
Reported in:	Thomas, M.E.; Hughes, M. The continuing significance of race: a st American Sociological Review, 1986, Ve		
Population:	18+ aged, general public, USA, 1972-85	5	
Sample:	Probability multi-stage cluster sample		
Non-Response:			
N:	18000		

Class:	. change over life time Code: H 5.2.2.1
Measurement:	1972
	1985
	1705
Measured Values:	
Error Estimates:	
Remarks:	cross-sectional analysis split-up by age cohorts

Happiness Query	Statistic	S	Remarks
O-HL/c/sq/v/3/aa	//3/aa DMa= ns DMa= ns DMa= p<.05		youngest cohort (turned 18 in 1970 or later) young/middle cohorts splitup by age cohorts middle cohort (turned 18 between 1950-59)
	DMa=	ns	middle/old cohort (turned 18 between 46-49)
	DMa=	p<.05	eldest cohort (turned 18 prior to 1940)
			Means adjusted for social class, age and marital status

Study	THURN 1983	Page in Report:	56
Reported in:	Thurnher,M. Turning points and development change: Subjec American J.Orthopsychiat. vol 53, 1983, p.52-60	•	
Population:	People in transition, followed 8 years, Metropolis	USA, 1969-77	
Sample:			
Non-Response:	Sample attrition: 17%		
N:	180 (216 in 1969)		

#### **Measured Correlate**

Class:	. change over life time Code: H 5.2.2.1
Measurement:	Index (HAP 3.2) consisting of: - "Dissatisfied" and "unhappy" responses on the Block (1961) Adjective Rating List - Overall happiness - Present-year score on the Life-Evaluation Chart
	Assessed at T1 (1969) and T2 (1977)

Measured Values:

Error Estimates:

Remarks:

Happiness Query	Statistics	S	Remarks
O-Sum/u/mq/*/0/a	AoV=	ns	T2 Happiness by change in happiness (T2-T1). Change in happiness over the 8 years period indicated by including 'time' in ANOVA. No interaction with age and sex.

Study	THURN 1983	Page in Report:	56
Reported in:	Thurnher,M. Turning points and development change: Subje	ctive and "objective" assessments	
	American J.Orthopsychiat. vol 53, 1983, p.52-60	•	
Population:	People in transition, followed 8 years, Metropolis	s USA, 1969-77	
Sample:			
Non-Response:	Sample attrition: 17%		
N:	180 (216 in 1969)		

## **Measured Correlate**

Class:	. change over life time Code: H 5.2.2.1
Measurement:	8-item index of specific affects (Bradburn 1969), scored "never", "once", "several times" or "often" during the past week (AFF 2.3).
	Assessed at T1 (1969) and T2 (1977)
Measured Values:	
Error Estimates:	
Remarks:	

## **Observed Relation with Happiness**

Happiness Query	Statistics	5	Remarks
A-BB/cw/mq/v/4/d	AoV=+	p<.01	T2 Happiness by change in happiness (T2-T1). Change in happiness over the 8 years period indicated by including 'time' in ANOVA. No interaction with age and sex.

E<sup>2</sup>=+.18 p<.01

Appendix 1 Happiness Query Code	Queries on Happiness used in reported Studies Full Text
A-AOL/g/mq/*/0/a	Selfreport on 2 questions:
	<ul> <li>A: "In general how happy or unhappy do you usually feel? Check the one statement below that best describes your average happiness.</li> <li>10 extremely happy (feeling ecstatic, joyous, fantastic)</li> </ul>
	9 very happy (feeling really good, elated)
	8 pretty happy (spirits high, feeling good)
	<ul><li>7 mildly happy (feeling fairly good and somewhat cheerful)</li><li>6 slightly happy (just a bit above neutral)</li></ul>
	5 neutral (not particularly happy or unhappy)
	4 slightly unhappy (just a bit below neutral)
	3 mildly unhappy (just a litle low)
	2 pretty unhappy (somewhat "blue", spirits down)
	<ol> <li>very unhappy (depressed, spirits very low)</li> <li>extremely unhappy (utterly depressed, completely down)"</li> </ol>
	o extremely dimappy (diteny depressed, completely down)
	B: "Consider your emotions a moment further. On the average.
	- What percent of the time do you feel happy?
	<ul> <li>What percent of the time do you feel unhappy?</li> <li>What percent of the time do you feel neutral (neither happy</li> </ul>
	nor unhappy)?
	Make sure the three figures add-up to equal 100%".
	Scoring:
	- Question A: 0 10 - Question B: % happy
	Summation : $(A * 10 + B)/2$
A-AOL/m/sq/v/5/a	Single direct question:
	'How are you feeling now?'
	5 very good
	4 good 3 neither good nor poor
	2 poor
	1 very poor
	Original text in Danish:
	'Hvordan har du det for tiden?
	5 meget godt
	<ul><li>4 godt</li><li>3 hverken godt eller darligt</li></ul>
	2 dårligt
	1 meget dårligt
A-ARE/md/sqr/v/10/a	Selfreport on single question, repeated every evening before retiring during 3 weeks (experience sampling).
	"On the average, how happy or unhappy did you feel today?"
	<ol> <li>Extremely unhappy. Utterly depressed. Completely down.</li> </ol>

# Appendix 1 Queries on Happiness used in reported Studies

	<ol> <li>Very unhappy. Depressed. Spirits very low.</li> <li>Pretty unhappy. Somewhat 'blue'. Spirits down.</li> <li>Mildly unhappy. Just a little low.</li> <li>Barely unhappy. Just this side of neutral.</li> <li>Barely happy. Just this side of neutral.</li> <li>Mildly happy. Feeling fairly good and somewhat cheerful.</li> <li>Pretty happy. Spirits high. Feeling good.</li> <li>Very happy. Feeling really good. Elated.</li> <li>Extremely happy. Feeling ecstatic, joyous, fantastic.</li> </ol>
A-ARE/md/sqr/v/10/b	Name: Wessman & Ricks' `Elation - Depression Scale" (adapted version) Selfreport on single question, answered every evening before retiring during six weeks (experience sampling)
	<ul> <li>"On average; how elated or depressed, happy or unhappy you felt today?</li> <li>10 Complete elation, rapturous joy and soaring ecstacy</li> <li>9 Very elated and in very high spirits. Tremendous delight and buyoancy</li> <li>8 Elated and in high spirits</li> <li>7 Feeling very good and cheerfull</li> <li>6 Feeling pretty good, "OK"</li> <li>5 Feeling a little bit low. Just so-so</li> <li>4 Spirits low and somewhat 'blue'</li> <li>3 Depressed and feeling very low. Definitely 'blue'</li> <li>2 Tremendously depressed. Feeling terrible, really miserable, "just awfull"</li> <li>1 Utter depression and gloom. Completely down. All is black and leaden. Wish it were all over.</li> </ul>
A-BB/cm/mq/v/2/a	<ul> <li>Name: Wesssman &amp; Ricks' `Elation - depession scale'</li> <li>Selfreport on 10 questions:</li> <li>"During the past few weeks, did you ever feel?" (yes/no)</li> <li>A Particularly exited or interested in something?</li> <li>B So restless that you couldn't sit long in a chair?</li> <li>C Proud because someone complimented you on something you had done?</li> <li>D Very lonely or remote from other people?</li> <li>E Pleased about having accomplished something?</li> <li>F Bored?</li> <li>G On top of the world?</li> <li>H Depressed or very unhappy?</li> <li>I That things were going your way?</li> <li>J Upset because someone criticized you?</li> <li>Answer options and scoring:</li> <li>yes = 1</li> <li>no = 0</li> <li>Summation:</li> <li>-Positive Affect Score (PAS): A+C+E+G+I</li> </ul>

	-Negative Affect Score (NAS): B+D+F+H+J -Affect Balance Score (ABS): PAS minus NAS Possible range: -5 to +5
A-BB/cw/mq/v/4/c	Name: Bradburn's 'Affect Balance Scale' (standard version) Selfreport on 8 questions:
	<ul> <li>In the past few weeks did you ever feel?"</li> <li>A Pleased about having accomplished something</li> <li>B Upset because someone critized you</li> <li>C Proud because someone complimented you one something you had done</li> <li>D That things are going your way</li> <li>E So restless you couldn't sit long in a chair</li> <li>F Unhappy or depressed</li> <li>G Particularly interested in something</li> <li>H Lonely and remote from other people</li> </ul>
	Response options: 0 not at all 1 sometimes 2 often 3 very often
	Scoring: a = 0d = 3
	Summation: Positive Affect Score (PAS): summed scores on A, C, D, G Negative Affect Score (NAS): summed scores on B, E, F, H Affect Balance Score (ABS): PAS minus NAS
A-BB/cw/mq/v/4/d	Name: Bradburn's Affect Balance Scale (variant) Selfreport on 8 questions.
	"During the past week, did you ever feel?" A very lonely B restless C bored D depressed E on top of the world F exited or interested G pleased about accomplishment H proud
	Answer options: 1 never 2 once 3 several times 4 often
	Summation: -Positive Affect Score (PAS): E+F+G+H

	-Negative Affect Score (NAS): A+B+C+D -Affect Balance Score (ABS): PAS-NAS+13
A-BB/cw/mq/v/4/e	Name: Bradburn's Affect Balance Scale (modified version) Selfreport on 9 questions:
	"We are interested in the way people are feeling these days. The following list describes some of the ways people feel at different times. Please indicate how often you felt each way during the last week.
	"How often last week did you feel?"
	<ul> <li>A On the top of the world</li> <li>B Very lonely or remote from other people</li> <li>C Particularly excited or interested in something</li> <li>D Depressed or very unhappy</li> <li>E Pleased about having accomplished something</li> <li>F Bored</li> <li>G Proud because someone complimented you on something you had done</li> <li>H So restless you couldn't sit long in a chair</li> <li>I Vaguely uneasy about something without knowing why</li> </ul>
	Answer options: 0 not at all 1 once 2 several times 3 often
	Summation: Positive Affect Score (PAS): summed scores on A, C, E, G Negative Affect Score (NAS): summed scores on B, D, F, H, I Affect Balance Score (ABS): PAS minus NAS
	Possible range: -15 tot +12
A-BC/cm/mq/v/4/a	Name: Bradburn's `Affect Balance Scale' (modified version) Selfreport on 13 questions:
	"During the past month, did you ever feel?"
	<ul> <li>A. Exited or pleased about something you were doing</li> <li>B. That important things in life are going your way</li> <li>C. Happy, satisfied, or pleased with your personal life.</li> <li>D. Exited or pleased with something you did or a problem you solved</li> <li>E. That you have a lot of friends you can count on</li> <li>F. Nervous or tense</li> <li>G. So restless and irritated you couldn't sit still</li> <li>H. Down-hearted or depressed</li> <li>I. Felt concerned or worried about your health</li> </ul>

	J. Guilty about something you shouldn't have done K. Unable to get a good night's sleep L. That your mind was not working the way it should M. Miserable or discouraged about your future
	Answer options: 1 none of the time 2 3 4 most of the time
	Summation: Positive Affect Scale (PAS):A+B+C+D+E Negative Affect Scale (NAS):F+G+H+I+J+K+L+M Affect Balance Scale (ABS): PAS minus NAS Possible range: -32 to + 20
A-BK/cm/mq/v/5/a	Name: Bradburn's Affect Balance Scale (variation by Cohen) Selfreport on 40 questions:
	<ul> <li>"Over this time period (the last few weeks) I have had the feeling described by":</li> <li>A My life is on the right track</li> <li>B I seem to be left alone when I don't want to be</li> <li>C I feel I can do whatever I want to</li> <li>D I think clearly and creatively</li> <li>E I feel like a failure</li> <li>F Nothing seems very much fun any more</li> <li>G I like myself</li> <li>H I can't be bothered doing anything</li> <li>I feel close to people around me</li> <li>J I feel close to people around me</li> <li>J I feel as though the best years of my life are over</li> <li>K My future looks good</li> <li>L I have lost interest in other people and don't care about them</li> <li>M I have energy to spare</li> <li>N I smile and laugh a lot</li> <li>O I wish I could change some parts of my life</li> <li>P My thoughts go around in useless circles</li> <li>Q I can handle any problems that come up</li> <li>R My life seems stuck in a rut</li> <li>S I feel loved and trusted</li> <li>T I feel loved and trusted</li> <li>T I feel here must be something wrong with me</li> </ul>
	"Over this period (the last few weeks), "how often you felt" U Satisfied V Lonely W Free-and-easy X Clear-headed Y Helpless Z Impatient AA Usefull AB Depressed

- AC Loving
- AD Hopeless
- AE Optimistic
- AF Withdrawn
- AG Enthusiastic
- AH Good-natured
- AI Discontented
- AJ Confused
- AK Confident
- AL Tense
- AM Understood
- AN Insignificant

Answer options;

- 0 not at all
- 1 occasionally
- 2 some of the time
- 3 often
- 4 all the time

Summation:

- Positive Affect score (PAS): mean positive items
- Negative Affect Score (NAS): mean negative items
- Affect balance score (ABS): PAS minus NAS

Possible range: -4 to +4 Selfreport on 48 questions:

A-BK/cm/mq/v/5/b

#### SENTENCES

Each of the sentences below describes a FEELING. Mark HOW OFTEN you had that feeling during the past few weeks.

- A Nothing goes right with me
- B I feel close to people around me
- C I feel as though the best years of my life are over
- D I feel my life is on the right track
- E I feel loved and trusted
- F My work gives me a lot of pleasure
- G I don't like myself
- H I feel very tense
- I I feel life isn't woth living
- J I am content with myself
- K My past life is filled with failure
- L Everything I do seems worthwile
- M I an't be bothered doing anything
- N I feel I can do whatever I want to
- O I have lost interest in other people and don't care about them
- P Everything is going right for me
- Q I can express my feelings and emotions towards other people
- R I'm easy going
- S I seem to be left alone when I don't want to be

- T I wish I could change some parts of my life
- U I seem to have no real drive to do anything
- V The future looks good
- W I become very lonely
- X I can concentrate well on what I'm doing
- Y I feel out of place
- Z I think clearly and creatively
- AA I feel alone
- AB I feel free and easy
- AC I smile and laugh a lot
- AD I feel things are going my way
- AE The world seems a cold and impersonal place
- AF I feel I've made a mess of things again
- AG I feel like hiding away
- AH I feel confident about decisions I make
- Al I feel depressed for no apparent reason
- AJ I feel other people like me
- AK I feel like a failure
- AL I feel I'm a complete person
- AM I'm not sure I'm done the wright thing
- AN My future looks good
- AO I'm making the most out of my life
- AP Everything is going wright for me
- AQ I feel unimportant
- AR I feel as though there must be something wrong with me
- AS I don't feel like making the effort to do anything
- AT I feel confident in my dealings with the opposite sex
- AU I want to hurt those who have hurt me
- The results I have obtained make my efforts worthwhile AV

#### **ADJECTIVES**

Each of the objectives below discribe a FEELING. Mark HOW OFTEN you had that feeling during the past few weeks;

- Confident А
- Hopeless В
- С Pleasant
- D Insignificant
- Е Discontented
- F Healthy
- G Dejected
- Н Annoyed
- L Down
- J Glad
- Κ Glowing
- L Relaxed
- Μ Comfortable
- Ν Moody
- Ο Understood
- Р Blue
- Q
- Miserable
- R Joyful

- S Tense
- T Insecure
- U Shaky
- V Satisfied
- W Safe
- X Successful
- Y Free
- Z Sad
- AA Good-natured
- AB Impatient
- AC Rejected
- AD Lively
- AE Frustrated
- AF Fearful
- AG Lonely
- AH Warm
- AI Contented
- AJ Good
- AK Secure
- AL Disappointed
- AM Understanding
- AN Depressed
- AO Low
- AP Calm
- AQ Unhappy
- AR Upset
- AS Empty
- AT Enthusiastic
- AU Happy
- AV Vibrant

Answer options:

- 0 not at all
- 1 occasionally
- 2 some of the time
- 3 often
  - 4 all of the time

Summation:
-Positive Affect Score (PAS): mean positive items

-Negative Affect Score (NAS): mean negative items -Affect Balance Score (ABS): PAS minus NAS
Possible range - 4 to +4
Interviewer rating

Interviewer rating of happiness, using flexible standards relative to the age of the subject.

Full instructions not reported.

A-CA/mh/ri/v/2/a Interviewer-rating of cheerful appearance on 8 aspects

- A The look is
  - 2) open
  - 1) evasive
  - impossible to say
- B The corners of the mouth turn
  - 2) up
  - 1) down
  - impossible to say
- C The posture is
  - 2) relaxed, at ease
  - 1) rather tense
  - impossible to say
- D The movements are
  - 2) relaxed, at ease
  - 1) limited, withdrawn
  - impossible to say
- E The eyes are
  - 2) big, open
  - 1) small, screwn up
  - impossible to say
- F The elbowes are kept
  - 2) not close to the body
  - 1) close to the body
  - impossible to say
- G The lips are more
  - 2) broad, full
  - 1) thin, pend up
- impossible to say
- H All in all the subject looks
  - 2) quite cheerfull
  - 1) not very cheerfull
  - difficult to say

Scoring: sum of aspect ratings

Name: `Allensbacher Ausdruckstest'

Original text in German:

- A Der Blick ist-
  - 2) frei
  - 1) eher ausweichend
  - unmöglich zu sagen
- B Die Mundwinkel weisen -
  - 2) nach oben
  - 1) nach unten
  - unmöglich zu sagen
- C Die Haltung ist -
  - 2) locker, gelöst
  - 1) eher steif
  - unmöglich zu sagen
- D Die Bewegungen sind -

A-CP/c/rc/n/9/a	<ul> <li>2) locker, gelöst <ol> <li>sparsam, zurückhaltend <ul> <li>unmöglich zu sagen</li> </ul> </li> <li>E Die Augen sind eher - <ul> <li>grosz, offen</li> <li>klein, verengt</li> <li>unmöglich zu sagen</li> </ul> </li> <li>F Die Elbogen werden gehalten - <ul> <li>nicht so eng am Körper</li> <li>unmöglich zu sagen</li> </ul> </li> <li>G Die Lippen sind eher - <ul> <li>breit, voll</li> <li>schmal, verpreszt</li> <li>unmöglich zu sagen</li> </ul> </li> <li>H Die Beobagte sieht insgesamt <ul> <li>ganz frohlich aus</li> <li>nicht so frohlich aus</li> <li>schwer zu sagen</li> </ul> </li> </ol></li></ul>
	Based on independent interviews by two psychologists with one week interval.
A-CP/g/fi/n/7/a	Rating cheerfull - glum on 9 step scale (rating scale not reported) Selfreport in focussed interview:
	Rating of cheerfullness by interviewer on the basis of an extensive interview.
A-CP/g/fi/v/7/a	Rating options: 7 cheerfull 6 5 4 3 2 1 gloomy Selfreport in focussed interview
	Rating two independant interviewers. A. Psychiatric social worker who interviewed parents at home. Interview focussed on child B. Clinical psychologist who interviewed parents separately. Interview focussed on family life.
	Rating options: 7 extremely cheerfull, animated, jolly 6 5 4 usually good-humored air 3 2

• • • •	
	1 dejected, melancholic appearance, in the dumps
A-CP/g/rc/?/9/a	Summation: average ratings A and B Clinical rating of cheerfullness.
	Rating on the basis of interview-protocols by 2 or 3 independent judges of cheerfulness as personality descriptive variable from most uncharacteristic to most characteristic of the subject.
A-CP/mi/tsb/n/7/a	Rating options: scale rating from 1 to 9 (scale options not reported) Time sampling of happy behaviors
	The children were rated during the first 3 years of their lives, after 10, 11, 12, 13, 14, 15, 18, 21, 24, 27, 30 and 36 months of living for 'Emotional tone: unhappy - happy' on a 7-point scale. Scoring rated on 7-step numerical scale.
	Summation: Later the ratings of 10 - 12, 13 - 15, 18 - 24, and 27 - 36 months were combined.
C-A/h/sq/v/3/a	Rated on 7-step numerical scale. Selfreport on single question:
C-RG/h/sq/l/11/a	"How do you feel about what you have accomplished in life?" 3 well satisfied 2 reasonable satisfied 1 dissatisfied:
C-1(G/1//SQ/I/ 1 1/a	Selfreport on single question: "How would you rate yourself as to how successful or unsuccessful you have been in terms of achieving your own goals and aims in life? Think of the top of the ladder as being completely successful, the bottom being entirely unsuccessfull." [10] completely succesfull [ 9] [ 8] [ 7] [ 6] [ 5] [ 4] [ 3] [ 2] [ 1] [ 0] entirely unsuccesfull
C-RG/u/sq/v/7/b	<ul> <li>[ 0 ] entirely unsuccessful Selfreport on single question:</li> <li>"Some people have certain goals or aspirations for various aspects of their lives. They aim for a particular sort of home, income, family lifestyle, and so on. Compared to your general aims and goals, how would you say that your life measures up to it?"</li> <li>1 not at all</li> <li>2 fairly</li> </ul>
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C-W/u/sq/v/4/a	<ul> <li>3 poorly</li> <li>4 half as well as your goal</li> <li>5 fairly</li> <li>6 well</li> <li>7 matches your goal</li> <li>Selfreport on single question:</li> </ul>
M-AO/g/mq/*/0/a	<ul> <li>"Will people of your age get the things they want most in life?"</li> <li>4 I expect to get almost all the things I really want in life</li> <li>3 I will probably get more of the things I want than not</li> <li>2 There are several things I want in life but will probably not get</li> <li>1 I will probably never get most of the things I really want in life</li> <li>Selfreport on 3 questions:</li> </ul>
	<ul> <li>A "All in all, how much happiness would you say you find in life today?"</li> <li>3 a great deal</li> <li>2 some but not very much</li> <li>1 almost none</li> </ul>
	<ul> <li>B "In general, how would you say you feel most of the time, in good spirits or in low spirits?"</li> <li>1 I am usually in low spirits</li> <li>2 I am sometimes in good spirits, sometimes in low spirits</li> <li>3 I am mostly in good spirits</li> </ul>
	<ul> <li>C "On the whole, how satisfied are you with your way of life today?"</li> <li>4 very satisfied</li> <li>3 fairly satisfied</li> <li>2 not very satisfied</li> <li>1 not satisfied at all</li> </ul>
M-AO/u/mq/*/0/a	Items selected by Guttman scaling. Selfreport on 2 questions:
	<ul> <li>A "Taking all things together, how would you say things are these days? Would you say you are?"</li> <li>1 not too happy</li> <li>2 pretty happy</li> <li>3 very happy</li> </ul>
	<ul> <li>B "How often do you feel that you are really enjoying life?"</li> <li>1 rarely</li> <li>2 now and than</li> <li>3 fairly often</li> <li>4 all the time</li> </ul>
M-CO/h/sq/v/4/a	Summation: factor score Selfreport on single question:
	"How do you feel things have worked out for you generally? 4 very well
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M-FH/c/mq/?/7/a	<ul> <li>3 fairly well</li> <li>2 not very well</li> <li>1 not at all well</li> <li>Selfreport on 2 questions:</li> </ul>
	A "avowed happiness at this moment of life" B "avowed happiness over the past month" (Full questions not reported)
	Response options: 1 2 3 4 5 6 (response labels not reported)
M-FH/c/sq/v/7/a	Summation : not reported Selfreport on single question:
M-FH/cm/sq/v/5/a	<ul> <li>"Taking all things together, how would you say you have been this period? Check the frase that best describes how you have felt."</li> <li>7 very happy</li> <li>6 happy</li> <li>5 somewhat happy</li> <li>4 mixed (about equally happy and unhappy)</li> <li>3 somewhat unhappy</li> <li>2 unhappy</li> <li>1 very unhappy</li> <li>Selfreport on single question:</li> </ul>
	"How would you rate the last month of your life. Was it a happy or an unhappy time for you?" 5 very happy time 4 fairly happy time 3 happy nor unhappy 2 rather unhappy time 1 very unhappy time
	Original text in German: "Wie wurden Sie den letzten Monat Ihres Lebens einstufen? War das für Sie eine glückliche oder eine unglückliche Zeit?" e sehr glückliche Zeit d recht glückliche Zeit c weder glücklich noch unglücklich b eher unglückliche Zeit a sehr unglückliche Zeit
O-BW/c/sq/l/10/c	Selfreport on single question:
	"Here is a picture of a ladder. Suppose we say that the top of the ladder (10)
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	represents the best possible life for you and the bottom (1) represents the worst possible life for you.Where on the ladder do you feel personally stand at the present time?
	<pre>[ 9 ] best possible life for you [ 8 ] [ 7 ] [ 6 ] [ 5 ] [ 4 ] [ 3 ] [ 2 ] [ 1 ] [ 0 ] worst possible life for you</pre>
O-BW/c/sq/l/11/a	Name: Cantril's selfanchoring ladder rating of life (adapted version) Selfreport on single question:
	"Here is a picture of a ladder. Suppose we say that the top of the ladder respresents the best possible life for you and the bottom represents the worst possible life for you. Where on the ladder do you feel you personally stand at the present time?" [ 10 ] best possible life [ 9 ] [ 8 ] [ 7 ] [ 6 ] [ 5 ] [ 4 ] [ 2 ] [ 1 ] [ 0 ] worst possible life
	Preceded by 1) open questions about what the respondent imagines as the best possible life and the worst possible life. 2) ratings on the ladder of one's life five years ago and where on the ladder one expects to stand five years from now.
O-BW/c/sq/l/11/b	Name: Cantril's selfanchoring ladder rating of life (original) Selfreport on single question:
	<ul> <li>"Above you see a numbered ladder. Consider the top of the ladder as the best possible life and the bottom of the ladder as the worst possible life.</li> <li>A Please place an X where you feel you are now.</li> <li>B Place an Y at the point where you were five years ago.</li> <li>C Please place a Z at the point that you feel you will be at five years from now.</li> <li>[ 10 ] best possible life</li> <li>[ 9 ]</li> <li>[ 8 ]</li> <li>[ 7 ]</li> </ul>

	<pre>[ 6 ] [ 5 ] [ 4 ] [ 3 ] [ 2 ] [ 1 ] [ 0 ] worst possible life</pre>
	Question A is the case question.
O-BW/cy/sq/l/9/a	Name: Cantril's selfanchoring ladder rating of life (modified version) Selfreport on single question:
	"Here is a picture of a ladder. At the bottom of the ladder is the worst life you might reasonably expect to have. At the top is the best life you might expect to have. Of course, life from week to week falls somewhere in between. Where was your life most of the time during the past year?" [9] best life you might expect to have [8] [7] [6] [5] [4] [3] [2] [1] worst life you might expect to have
O-DT/c/sq/v/7/aa	Name: Cantril's selfanchoring ladder rating (modified version) Selfreport on single question:
	"How do you feel about your life as a whole right now?" 7 delightfull 6 very satisfying 5 satisfying 4 mixed 3 dissatisfying 2 very dissatisfying 1 terrible No opinion
O-DT/u/sq/v/7/a	Name: Andrews & Withey's `Delighted-Terrible Scale' (modified version) Selfreport on single question:
	"How do you feel about your life as a whole?" 7 delighted 6 pleased 5 mostly satisfied 4 mixed 3 mostly dissatisfied 2 unhappy

	1 terrible
O-DT/u/sqt/v/10/a	Name: Andrews & Withey's `Delighted-Terrible Scale' (original version) Selfreport on single question asked twice in interview,
	"How do you feel about your life as a whole?" 10 delightfull 9 8 7 6 5 4 3 2 1 terrible Summation: mean
O-DT/u/sqt/v/7/a	Name: Andrews & Withey's `Delightfull-Terrible Scale' (modified version) Selfreport on single question, asked twice in interview:
	"How do you feel about your life as a whole?" 7 delighted 6 pleased 5 mostly satisfied 4 mixed 3 mostly dissatisfied 2 unhappy 1 terrible
	Summation: arithmetic mean
O-GBB/u/sq/c/9/a	Name: Andrews & Withey's "Delighted-Terrible Scale" (original version) Selfreport on single question:
	"Here are some circles that we can imagine represent the lives of different people. Circle eight has all pluses in it, to represent a person who has all the good things in his life. Circle zero has all minuses in it, to represent a person who has all the bad things in his life. Other circles are in between. Which circle do you think comes closest to matching your life?" (circles not reproduced here ) 8 ++++++++ 7 ++++++++ 6 +++++++ 5 +++++ 3 ++++ 2 ++

O-H?/?/sq/?/0/a	Name: Andrews & Withey's 'Circles Scale' Selfreport on single question:
O-H?/?/sq/n/7/a	"happiness" (Full text not reported) Selfreport on single question:
O-H?/c/sq/v/5/a	Lead item not reported. Response options: 7 happy 6 5 4 3 2 1 unhappy (Originally scored on a horizontal scale) Selfreport on single question:
O-HL/c/sq/v/3/aa	Lead item not reported Response options: 1 unhappy 2 not very happy 3 fairly happy 4 happy 5 very happy Selfreport on single question:
	<ul> <li>'Taken all together, how would you say things are these days? Would you say that you are?"</li> <li>3 very happy</li> <li>2 pretty happy</li> <li>1 not too happy</li> </ul>
O-HL/c/sq/v/3/cb	Selfreport on single question: "In general, how happy are you these days?" 3 very happy 2 pretty happy 1 not too happy
O-HL/c/sq/v/4/b	Selfreport on single question: " Is your life at this moment? 4 very happy 3 fairly happy 2 fairly unhappy 1 very unhappy In German: "Ist Ihr Leben im Augenblick?"

O-HL/c/sq/v/5/e	d sehr glücklich c ziemlich glücklich b ziemlich unglücklich a sehr unglücklich Selfreport on single question:
	<ul> <li>"How happy do you feel as you live now? Please choose one item on this card that comes closest to your feeling.</li> <li>5 very happy</li> <li>4 fairly happy</li> <li>3 neither happy nor unhappy</li> <li>2 fairly unhappy</li> <li>1 very unhappy</li> </ul>
O-HL/c/sq/v/5/h	Selfreport on single question
	'How happy are you now?' 5 very happy 4 happy 3 neither happy nor unhappy 2 unhappy 1 very unhappy
O-HL/g/sq/v/3/c	Original text in Danish: 'Hvor lykkelig er du for tiden?' 5 meget lykkelig 4 lykkelig 3 hverken eller 2 ullykklig 1 meget ullykkelig Selfreport on single question:
O-HL/u/sq/v/3/a	"In general, how happy would you say you are?" 3 very happy 2 fairly happy 1 not too happy Selfreport on single question:
O-HL/u/sq/v/3/c	"Taking all together: how happy would you say you are? Would you say you are?" 3 very happy 2 pretty happy 1 not too happy Selfreport on single question:
O-HL/u/sq/v/4/a	"Would you say:?" 1 You are unhappy? 2 You are reasonably happy? 3 You are happy ? Selfreport on single question:

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	"When you take everything into consideration, your child, your ac	lult life, etc, how
O-QLS/c/sq/v/5/a	Summation: average Possible range: 1 to 5 Selfreport on single question:	
	<ul> <li>Response options:</li> <li>almost always true</li> <li>often true</li> <li>sometimes true</li> <li>seldom true</li> <li>never true</li> </ul>	
	often it is true for you" 1 I feel like smiling 2 I generally feel in good spirits 3 I feel happy 4 I am very satisfied with life 5 I find a good deal of happiness in life 6 I feel sad	
O-HP/g/mq/v/5/a	Selfreport on 6 questions: " Describe the kind of person you are. Please read each sentend	e, then mark how
	<ul> <li>"How do you feel how happy you are?"</li> <li>7 delighted</li> <li>6 pleased</li> <li>5 mostly satisfied</li> <li>4 mixed (about equally satisfied and dissatisfied)</li> <li>3 mostly</li> <li>2 unhappy</li> <li>1 terrible</li> </ul>	
O-HL/u/sq/v/7/b	5   happy 6 7 very happy no opinion Selfreport on single question:	
	"Considering your life as a whole, would you describe it as:?" 1 very happy 2   unhappy 3 4 an even mixture of unhappiness and happiness	
O-HL/u/sq/v/7/a	"Taking all things together, would you say you are?" 4 very happy 3 quite happy 2 not very happy 1 not at all happy. Selfreport on single question:	

O-SLC/g/fi/v/7/b	would you describe your current life situation?' 1 things are very bad right now 2 3 4 5 things are very good (Response options not fully reported) Selfreport in focussed interview
	Two independent interviews. Each interviewer rated `satisfaction with lot' on the same scale. 1 tremendously satisfied 2 3 4 average 5 6 7 extremely dissatisfied
O-SLL/g/sq/v/4/a	Selfreport on single question:
	"In general, how satisfied are you with your way of life?" 4 quite satisfied 3 fairly satisfied 2 sometimes dissatisfied 1 usually dissatisfied
O-SLu/c/sq/l/11/a	Selfreport on single question :
	"Some people seem to be quite happy and satisfied with their lives, while others seem quite unhappy and dissatisfied. Now look at this ladder (again). Suppose that a person who is entirely satisfied with his life would be at the top of the ladder and a person who is extremely dissatisfied with his life would be at the bottom of the ladder. Where would you put yourself on the ladder at the present stage of your life in terms of how satisfied or dissatisfied you are with your personal life?" [10] entirely satisfied [ 9] [ 8] [ 7] [ 6] [ 5] [ 4] [ 3] [ 2] [ 1] [ 0] entirely dissatisfied
	Name Cantril ladder rating (modified version)
O-SLu/c/sq/n/7/a	Selfreport on single question:
	"Overall, how satisfied are you with your life as it is at this time?" 1 completely dissatisfied 2
	1 completely dissatisfied

O-SLu/c/sq/v/5/a	3 4 neutral 5 6 7 completely satisfied Selfreport on single question:
O-SLu/c/sq/v/5/e	"Overall, how satisfied are you with your present life?" Please choose from this card that is closest to your feeling. 5 very satisfied 4 fairly satisfied 3 neither satisfied nor dissatisfied 2 fairly dissatisfied 1 very dissatisfied Selfreport on single question:
	<ul> <li>'How satisfied are you with your life now?'</li> <li>very satisfied</li> <li>satisfied</li> <li>neither satisfied nor dissatisfied</li> <li>dissatisfied</li> <li>very dissatisfied</li> </ul>
O-SLW/c/sq/l/11/b	Original text in Danish: 'Hvor tilfreds er du med dit liv for tiden?' 5 meget tilfreds 4 tilfreds 3 hverken tilfreds eller utilfreds 2 utilfreds 1 meget utilfreds Selfreport on single question:
	"How dissatisfied would you say you are with things in general today?' Rated on ladder scale [ 10 ] completely satisfied [ ] [ ] [ ] [ ] [ ]
O-SLW/c/sq/n/10/aa	<ul> <li>[ ]</li> <li>[ ]</li> <li>[ 0 ] completely dissatisfied</li> <li>Selfreport on single question:</li> </ul>
	"All things considered, how satisfied are you with your life as-a-whole now?" 1 dissatisfied 2 3
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O-SLW/c/sq/n/11/b	4 5 6 7 8 9 10 satisfied Selfreport on single question;
	"What do you think, how satisfied are you at this moment- all in all - with your life ?' 'If for instance you are totally satisfied with your life, please mark a '10'.If you are totally unsatisfied with your life, mark a '0'.If you are not completely unstatisfied nor totally satisfied range yourself somewhere between '1' and '9"
	10 completely satisfied 9 8 7 6 5 4 3 2 1 0 completely dissatisfied
O-SLW/c/sq/v/5/d	Originall text in German: "Was meinen Sie, wie zufrieden sind Sie gegenwärtig - alles in allem - heute mit Ihrem Leben ? Wenn Sie zum Beispiel mit Ihrem Leben heute ganz und gar zufrieden sind, geben Sie bitte die '10' an.Wenn Sie mit Ihrem Leben heute ganz und gar unzufrieden sind, geben Sie '0' an.Wenn Sie weder ganz und gar zufrieden noch ganz und gar unzufrieden sind, dann ordnen Sie sich irgendwo zwischen '1'und '9' ein." Selfreport on single question:
O-SLW/c/sqt/v/7/a	<ul> <li>"Taking everything into consideration, how satisfied are you with life in general at the present time? Would you say you are?"</li> <li>5 extremely satisfied</li> <li>4 very satisfied</li> <li>3 fairly satisfied</li> <li>2 slightly satisfied</li> <li>1 not satisfied"</li> <li>Selfreport on single question, asked twice during the interview:</li> </ul>
	<ul> <li>"Are you at this moment satisfied or dissatisfied with life in general?"</li> <li>very satisfied</li> <li>for the greater part satisfied</li> <li>rather more satisfied than dissatisfied</li> <li>neither satisfied nor dissatisfied</li> <li>somewhat more dissatisfied than satisfied</li> <li>for the greater part dissatisfied</li> </ul>

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	<ol> <li>very dissatisfied</li> <li>Do not know, difficult to say</li> </ol>
O-SLW/u/sq/f/7/a	In Swedish: " Ar du pa det hela taget nojd eller missnojd met livet i des helnet just nu?" Selfreport on single question:
	"Which face comes closest to expressing how you feel about your life as a whole?"
O-SLW/u/sq/l/7/a	Rated on pictorial scale, consisting of seven faces varying from smiles to frowns. 7 smiling cheerful face 6 5 4 neutral face 3 2 1 frowning depressed face (Pictures not reproduced here) Selfreport on single question:
	"How do you feel about your life as a whole?" Rated on a seven step quality of life ladder was marked with a smiling face and marked "GOOD'. The bottom marked with a frowning face and the word 'BAD' [7] Good, picture of smiling face [6] [5] [4] [3] [2] [1] Bad, picture of frowning face (Pictures not reproduced here)
O-SLW/u/sq/n/5/b	Selfreport on single question:
	"Taking all together, how satisfied are you with your life as a whole?" 5 very satisfied 4 3 2 1 not at all satisfied
	Numbers presented in reversed order (very satisfied '1', not t all satisfied '5')
	In German: "Wiezufrieden sind Sie, alles im allem gesehen, mit Iherm Leben insgesamt?" 5 sehr zufrieden 2 3 2
O-SLW/u/sq/v/6/a	1 gar nicht zufrieden Selfreport on single question:

	<ul> <li>"How satisfying are these different aspects of your life? Indicate the number which best suits your situation. Life as a whole is"</li> <li>1 very dissatisfying</li> <li>2 dissatisfying</li> <li>3 rather dissatisfying</li> <li>4 rather satisfying</li> <li>5 satisfying</li> <li>6 very satisfying</li> </ul>
O-Sum/g/rc/v/7/a	This item was followed by eight questions on life domain satisfactions. Clinical rating.
	Ratings by four judges on the basis of notes from observations and interviews between age 12-18.
	Ratings were made on the following dimensions: A. discontented B. unhappy C. dissatisfied D. complaints
	Rating options: 1 not at all true 2 3 4 average 5 6 7 8 extremely true
O-Sum/u/mq/*/0/a	Summation: not reported Selfreport on 3 questions:
	A."Dissatisfied" and "Unhappy" responses on the Block (1961) Adjective Rating List.
	<ul> <li>B. Overall happiness. Single direct question: "Taking all things together, how would you say things are these days? Would you say you are?"</li> <li>3 very happy</li> <li>2 pretty happy</li> <li>1 not too happy</li> </ul>
	C. Present-year score on Life-Evaluation Chart, ranging from: 1 low 2 3 4 5 6 7

8 9 high

On the web you will find an overview of valid queries on happiness and an explanation of the classification used. Go to: www.eur.nl/fsw/research/happiness/hap\_quer/hqi\_fp.htm. This is the introductary text to the Catalog of Happiness Queries.

Appendix Z	Statistics used in reported studies
Symbol	Explanation
AoV	ANALYSIS of VARIANCE (ANOVA) Type: statistical procedure Measurement level: Correlate(s): nominal, Happiness: metric. In an ANOVA, the total happiness variability, expressed as the sum of squares, is split into two or more parts, each of which is assigned to a source of variability. At least one of those sources is the variability of the correlate, in case there is only one, and always one other is the residual variability, which includes all unspecified influences on the happiness variable. Each sum of squares has its own number of degrees of freedom (df), which sum up to Ne -1 for the total variability. If a sum of squares (SS) is divided by its own number of df, a mean square (MS) is obtained. The ratio of two correctly selected mean squares has an F-distribution under the hypothesis that the corresponding association has a zero-value.
Beta	NOTE: A significantly high F-value only indicates that, in case of a single correlate, the largest of the c mean values is systematically larger than the smallest one. Conclusions about the other pairs of means require the application of a Multiple Comparisons Procedure (see e.g. BONFERRONI'S MULTIPLE COMPARISON TEST, DUNCAN'S MULTIPLE RANGE TEST or STUDENT-NEWMAN-KEULS) (ß) STANDARDIZED REGRESSION COEFFICIENT Type: test statistic. Measurement level: Correlates: all metric, Happinessl: metric. Range: [-1;+1]
Chi²	Meaning: beta > 0 « a higher correlate level corresponds with, on an average, higher happiness rating. beta < 0 « a higher correlate level corresponds with, on an average, lower happiness rating. beta = 0 « no correlation. beta = + 1 or -1 « perfect correlation. CHI-SQUARE Type: test statistic Range: [0; Ne*(min(c,r)-1)], where c and r are the number of columns and rows respectively in a cross tabulation of Ne sample elements.
D%	Meaning: Chi <sup>2</sup> <= (c-1) * (r-1) means: no association Chi <sup>2</sup> >> (c-1) * (r-1) means: strong association DIFFERENCE in PERCENTAGES Type: descriptive statistic only. Measurement level: Correlate level: dichotomous, but nominal or ordinal theoretically possible as well. Happiness level: dichotomous Range: [-100; +100]
DM	Meaning: the difference of the percentages happy people at two correlate levels. DIFFERENCE of MEANS

### Appendix 2 Statistics used in reported studies

	Type: descriptive statistic only. Measurement level: Correlate: dichotomous, Happiness: metric Range: depending on the happiness rating scale of the author; range symmetric about zero.
DMa	Meaning: the difference of the mean happiness, as measured on the author's rating scale, between the two correlate levels. DIFFERENCE IN ADJUSTED MEANS, See also Ma Computed in Analysis of Covariance (ANCOVA) or in multiple classification analysis (MCA)
DMr	Seldom used in happiness research. See excerpted report for further reference. DIFFERENCE IN MEAN RIDITS Type: test statistic Measurement level: Happiness ordinal Range: [0; +1]
	Meaning: Mr < .50: average happiness in this subgroup lower than in the larger population Mr = .50: average happiness in this subgroup the same as in the larger population Mr > .50: average happiness in this subgroup higher than in the larger population
	'Ridit analysis' compares the distribution of happiness scores in subgroups to its distribution in the entire sample ("Relative to an Identified Distribution")
DMt	Testing for significance can be performed through a "BROSS Confidence Interval" (BCI). If all values the BCI for a subgroup are above/below 0.500, the subgroup is significantly more/less happy than the larger population. DIFFERENCE of MEANS AFTER TRANSFORMATION Type: descriptive statistic only. Measurement level: Correlate: dichotomous, Happiness: metric Theoretical range: [-10; +10]
E²	Meaning: the difference of the mean happiness (happiness measured at a 0-10 rating scale) between the two correlate levels. CORRELATION RATIO (Elsewhere sometimes called h <sup>2</sup> or ETA) Type: test statistic Measurement level: Correlate: nominal or ordinal, Happiness: metric Range: [0; 1]
G	Meaning: correlate is accountable for E <sup>2</sup> x 100 % of the variation in happiness. E <sup>2</sup> = 0 « knowledge of the correlate value does not improve the prediction quality of the happiness rating. E <sup>2</sup> = 1 « knowledge of the correlate value enables an exact prediction of the happiness rating GOODMAN & Kruskal's GAMMA Type: test statistic Measurement level: Correlate: ordinal, HappinessI: ordinal Range: [-1; +1]
	Meaning: G = 0 « no rank correlation

mr r	$G = +1 \ll$ strongest possible rank correlation, where high correlate values correspond with high happiness ratings. $G = -1 \ll$ strongest possible rank correlation, where high correlate values correspond with low happiness ratings. Mean correlation coefficient (r). For r, see PRODUCT-MOMENT CORRELATION PRODUCT-MOMENT CORRELATION COEFFICIENT (Also "Pearson's correlation coefficient' or simply 'correlation coefficient') Type: test statistic. Measurement level: Correlate: metric, Happiness: metric Range: [-1; +1]
rpc	Meaning: r = 0 « no correlation , r = 1 « perfect correlation, where high correlate values correspond with high happiness values, and r = -1 « perfect correlation, where high correlate values correspond with low happiness values. PARTIAL CORRELATION COEFFICIENT Type: test statistic Measurement level: Correlate: metric, Happiness: metric Range: [-1; +1]
rs	Meaning: a partial correlation between happiness and one of the correlates is that correlation, which remains after accounting for the contribution of the other influences, or some of them, to the total variability in the happiness scores. Under that conditions rpc > 0 « a higher correlate level corresponds with a higher happiness rating, rpc < 0 « a higher correlate level corresponds with a lower happiness rating, SPEARMAN'S RANK CORRELATION COEFFICIENT Type: test statistic Measurement level: Correlate: ordinal, Happiness: ordinal. Range: [-1; +1]
SNR ßL	Meaning: rs = 0 « no rank correlation rs = 1 « perfect rank correlation, where high correlate values are associated with high happiness ratings rs =-1 « perfect rank correlation, where high correlate values are associated with low happiness ratings Statistic Not Reported PATH COEFFICIENT OBTAINED IN A LISREL MODEL. Range: unlimited, but seldom exceeds [-1, +1].
tb	In the Catalogue of Correlational Findings, this statistic or statistical procedure occurs very rarely only. The reader is referred to the excerpted publication for detailed information or for further reference. KENDALL'S RANK CORRELATION COEFFICIENT TAU-B Type: test statistic

tc

W

Measurement level: Correlate: ordinal, Happiness: ordinal Range: [-1; +1]
Meaning: tb = 0 « no rank correlation tb = 1 « perfect rank correlation, where high values of the correlate correspond with high happiness ratings. tb = -1 « perfect rank correlation, where high values of the correlate correspond with low happiness ratings. KENDALL'S TAU-C (Also referred to as Stuart's tau-c) Type: test statistic Measurement level: Correlate: ordinal, Happiness: ordinal Range: [-1; +1]
Meaning: tc = 0 « no rank correlation tc = 1 « perfect rank correlation, where high values of the correlate correspond with high happiness ratings. tc = -1 « perfect rank correlation, where high values of the correlate correspond with low happiness ratings. WILCOXON's SIGNED RANK TEST. Type: test statistic Seldom used in happiness research. See excerpted report for further reference.

On the web you will find a text explaining the statistics used in more detail. Go to: www.eur.nl/fsw/research/happiness/hap\_cor/cor\_fp.htm. This is the introductory text to the Catalog of Correlational Findings. An overview of all statistics is in chapter 4.

## Appendix 3: About the World Database of Happiness

The World Database of Happiness is an ongoing register of scientific research on subjective appreciation of life. It brings together findings that are scattered throughout many studies and provides a basis for synthetic analysis. The research literature is processed as follows:

Literature on happiness			
Selection $\bigcup$	on subject		
Bibliogra	iphy (1)		
Directo	ory (2)		
Selection of Emperical studies $\qquad \qquad \qquad$	Selection on valid measurement		
Happiness	Queries (3)		
Testb	ank		
Abstracting $igcup$ and clas	sification $\bigcup$ of findings		
Distributional Findings Correlational Findings			
How happy people are What goes with happiness			
o Happiness in Nations (4)			
o Happiness in Pub	lics (6)		

- 1 BIBLIOGRAPHY OF HAPPINESS Presents all contemporary scientific publications. Detailed subjectclassification. Current contents: 3422 titles, mainly in English.
- 2 DIRECTORY OF INVESTIGATORS Names and addresses of most authors on the subject. Enumerates years of publication. Current contents: 5818 names and 3073 addresses. Part of Bibliography.
- 3 CATALOG OF HAPPINESS QUERIES (testbank) Presents all indicators that tap happiness as defined here. Current content: 522 measures, mostly single questions. Queries are classified by focus, time reference, mode of observation, rating and wording.
- 4 CATALOG OF HAPPINESS IN NATIONS Presents distributional research findings, in particular responses to questions on happiness in national survey studies. Allows comparison across time and nations. Current content: 1889 surveys in 112 nations, 1946-2000.
- 5 CATALOG OF HAPPINESS IN PUBLICS Distributional findings on happiness in special publics within nations, such as aged people. Current contents: 705 studies. Part of Catalog of Correlational Findings.
- 6 CATALOG OF CORRELATIONAL FINDINGS Presents abstracts of correlational research findings. Detailed subject-classification. Allows comparison through time and across nations. Current contents: 7476 findings from 705 studies in 140 nations, 1911-2000.

		 Number of Studies
Main Category's	Category Name	in this Category
A 1	ACTIVITY LEVEL (how much one does)	53
A 2	ACTIVITY PATTERN (what one does)	7
A 3	AFFECTIVE LIFE	31
A 4	AGE	279
A 5	AGGRESSION	11
A 6	ANOMY	30
A 7	APPEARANCE (good looks)	8
A 8	ATTITUDES	4
A 9	AUTHORITARIANISM	4
B 3	BODY	66
C 1	CHILDREN 1:	4
C 10	CREATIVENESS	6
C 11	CULTURE (Arts and Sciences)	6
C 2	CHILDREN: WANT FOR (Parental aspirations)	6
C 3	CHILDREN: HAVING (parental status)	145
C 4	CHILDREN'S CHARACTERISTICS	19
C 5	CHILDREN: RELATION WITH	8
C 6	CHILDREN: REARING (parental behavior)	11
C 7	COMMUNAL LIVING	1
C 8	CONCERNS	15
C 9	COPING	27
D 1	DAILY JOYS & HASSLES	4
E 1	EDUCATION	243
E 2	EMPLOYMENT	180
E 3	ETHNICITY	63
E 4	EXPRESSIVE BEHAVIOR	10
F 1	FAMILY OF ORIGIN (earlier family for adults, current for young)	195
F 2	FAMILY OF PROCREATION	42
F 3	FAMILY OF RELATIVES	145
F 4	FARMING	30
F 5	FREEDOM	24
F 6	FRIENDSHIP	123
G 1	GENDER	252
G 2	GRIEF	1
H 10	HOPE	3
H 11	HOUSEHOLD: COMPOSITION	90
H 12	HOUSEHOLD: WORK	10
H 13	HOUSING	75
H 2	HANDICAP	13

## Appendix 4 Further Findings in the World Database of Happiness

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H 8	HEALTH-BEHAVIOR	15
H 9	HELPING	4
11		415
12	INSTITUTIONAL LIVING INTELLIGENCE	28
13		63
14	INTERESTS INTERVIEW	5
5  6	INTERVIEW	49
		70
L 1		1
L 10		270
L 11		7
L 12		26
L 2	LEADERSHIP LEISURE	8
L3		128
L4	LIFE APPRAISALS: OTHER THAN HAPPINESS4 LIFE-CHANGE	290
L5		26
L6	LIFE-EVENTS	63 52
L 7 L 8	LIFE-GOALS LIFE HISTORY	52
L 0 L 9	LIFE HISTORY	1
L 9 M 1	MARRIAGE: MARITAL STATUS CAREER	4
M 10	MIGRATION: MIGRANT WORK	32 3
	MIGRATION. MIGRANT WORK MILITARY LIFE	5
M 11 M 12	MODERNITY	5 5
M 12	MOOD	181
M 13 M 2	MOOD MARRIAGE: CURRENT MARITAL STATUS	315
M 3	MARRIAGE: CORRENT MARITAL STATUS MARRIAGE: RELATIONSHIP	99
M 3 M 4	MARRIAGE: PARTNER	99 34
M 4 M 5	MEANING	18
M 6	MEDICAL TREATMENT	49
M 7	MEDICAL TREATMENT	49
M 8	MIGRATION: OTHER COUNTRY	9
M 9	MIGRATION: MOVING WITHIN COUNTRY (residential mobility)	3 17
N 1	NATIONALITY	5
N 2	NATION: TIME & PLACE	20
N 3	NATIONAL CHARACTER (modal personality)	20
N 4	NATION'S CONDITION	52
N 6	ATTITUDES TO THE NATION	111
N 7	LIVABILITY OF THE NATION	5
N 8	NUTRITION	18
01	OCCUPATION	133

O 2	ORGAN TRANSPLANTATION	11	
P 1	PERSONALITY: HISTORY	44	
P 10	POSSESSIONS		
P 12	PROBLEMS		
P 13	PSYCHO-SOMATIC COMPLAINTS		
P 2	PERSONALITY: CHANGE	7	
P 3	PERSONALITY: CURRENT ORGANIZATION	7	
P 4	PERSONALITY: CURRENT TRAITS	392	
P 5	PERSONALITY: LATER	23	
P 6	PHYSICAL HEALTH	286	
Ρ7	PLANNING	7	
P 8	POLITICS	197	
P 9	POPULARITY	22	
R 1	RELIGION	198	
R 2	RESOURCES	8	
R 3	RETIREMENT	46	
R 4	ROLES	13	
S 1	SCHOOL	92	
S 10	SOCIAL SUPPORT: RECEIVED	26	
S 11	SOCIAL SUPPORT: Provided	3	
S 12	SPORTS	32	
S 13	STIMULANTS	33	
S 14	SUICIDE	4	
S 15	SUMMED EFFECTS ON HAPPINESS	71	
S 2	SELF-IMAGE	193	
S 3	SEX-LIFE	54	
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H 5.1.1.2	. in specific periods in the past		
H 5.1.1.3	. happiest period in life		
H 5.1.1.4	. extremes of happiness experienced		TOP-EXPERIENCE
		A 3.2.3	Intensity of affects
H 5.1.2	Retrospective changes in happiness (unspecified)		LIFE-APPRAISALS (overview of aspects)
H 5.1.2.1	. recent change	T 2	THERAPY
H 5.1.2.2	. long term change		
H 5.1.2.3	. perceived stability of feelings about life	H 5.2	Actual happiness-career (assessed in follow-up)
H 5.1.3	Expected level of happiness (period unspecified)		
H 5.1.3.1	. in the near future (up to 5 years)		
H 5.1.3.2	. in the long run		
H 5.1.3.3	. in specific phases in the future		
H 5.1.4	Expected change in happiness (period unspecified)		
H 5.1.4.1	. in the near future (up to 5 years)		
H 5.1.4.2	. in the long run		
H 5.1.4.3	. in specific phases of life		
H 5.2	Actual happiness-career (assessed in follow-up)		
H 5.2.1	Actual level of earlier/later happiness3	A 4.1	Age career
H 5.2.1.1	. recent happiness (< 1 year ago)		
+ 5.2.1.2	. past happiness ( 1 to 10 years ago)		
H 5.2.1.3	. long term happiness (< 10 years ago)		
H 5.2.2	Actual changes in happiness	L 5	LIFE-CHANGE
H 5.2.2.1	. change over life time		

# Appendix 5 Related Topics

#### H 5.3 Attitudes to happiness career

### End of Report