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Supporting information for article:

# On the correlation between hydrogen bonding and melting points in the inositols

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# Electronic Supporting Information

## S1. Elemental analysis

Calculated for $C_6H_{12}O_6$ (%): C, 40.00; H, 6.71.
Found for D-**1**-A: C, 39.74; H, 6.37.
Found for *rac*-**1**: C, 39.70; H, 6.72.
Found for **2**-A: C, 40.08; H, 6.80.
Found for **5**-E: C, 39.76; H, 6.58.
Found for **7**-C: C, 39.92; H, 6.61.

## S2. Rietveld refinements

The isostructurality (bar a reflection) of the crystal structure of D-(+)-chiro-inositol with that of L-(−)-chiro-inositol was confirmed through comparison of the experimental powder diffraction pattern of D-**1**-A with the powder pattern simulated from the single crystal structure of L-**1**-A. A crystal structure for D-**1**-A was obtained by starting from the single crystal structure of L-**1**-A and multiplying all atomic coordinates by -1. The resulting crystal structure was Rietveld refined with *TOPAS-Academic* 4.1. The positions of the hydrogen atoms were energy-optimised with a dispersion-corrected density functional theory method keeping the positions of the non-hydrogen atoms and the unit cell fixed.

The Rietveld plot for D-**1**-A is given in Fig. S1. The cif file for the crystal structure is part of the ESI of this paper.

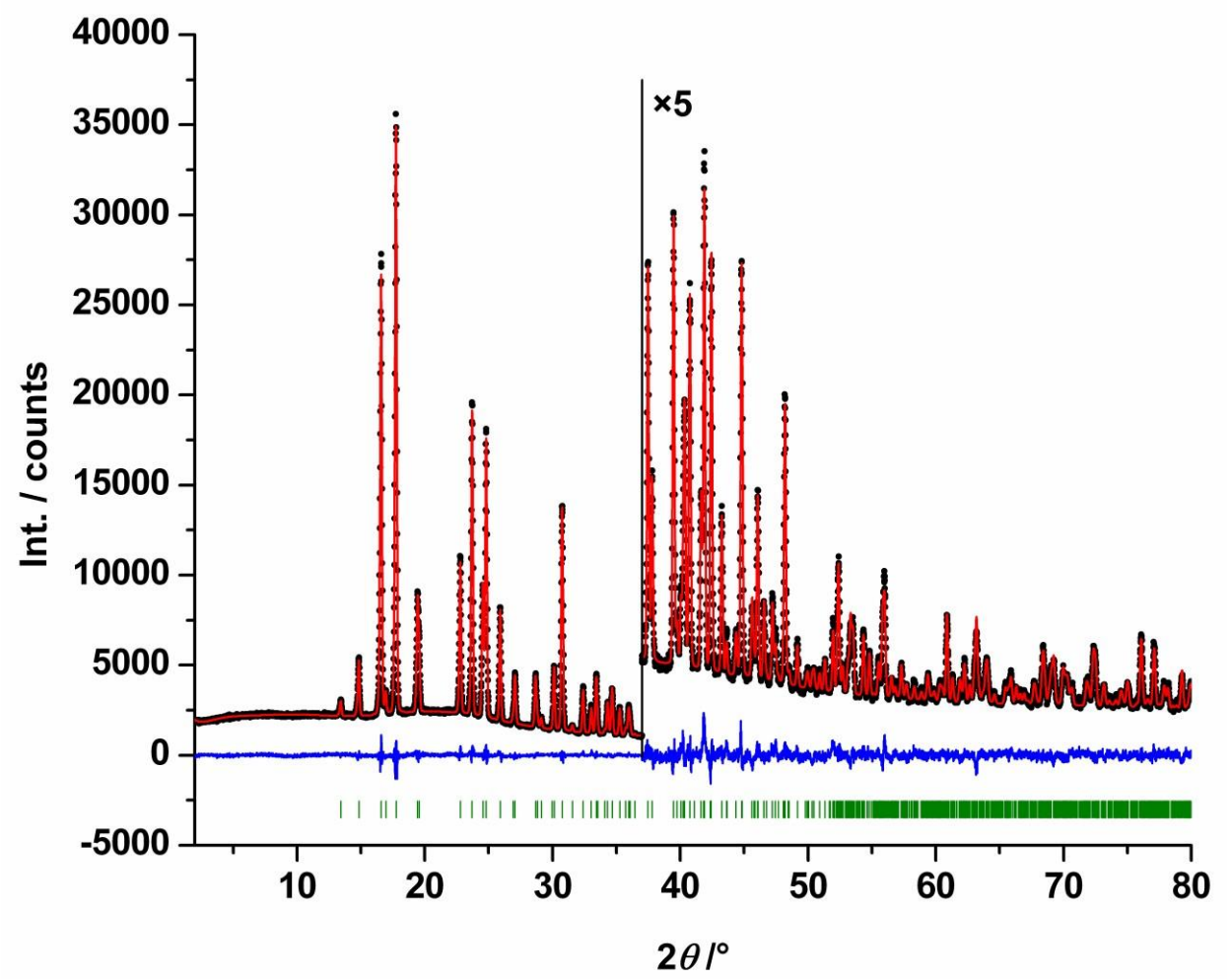


**Figure S1** Rietveld plot of D-**1**-A: observed (black), calculated (red) and difference (blue) profiles and tick marks (green). At about 36° in 2$\theta$ the scale changes by a factor of 5.

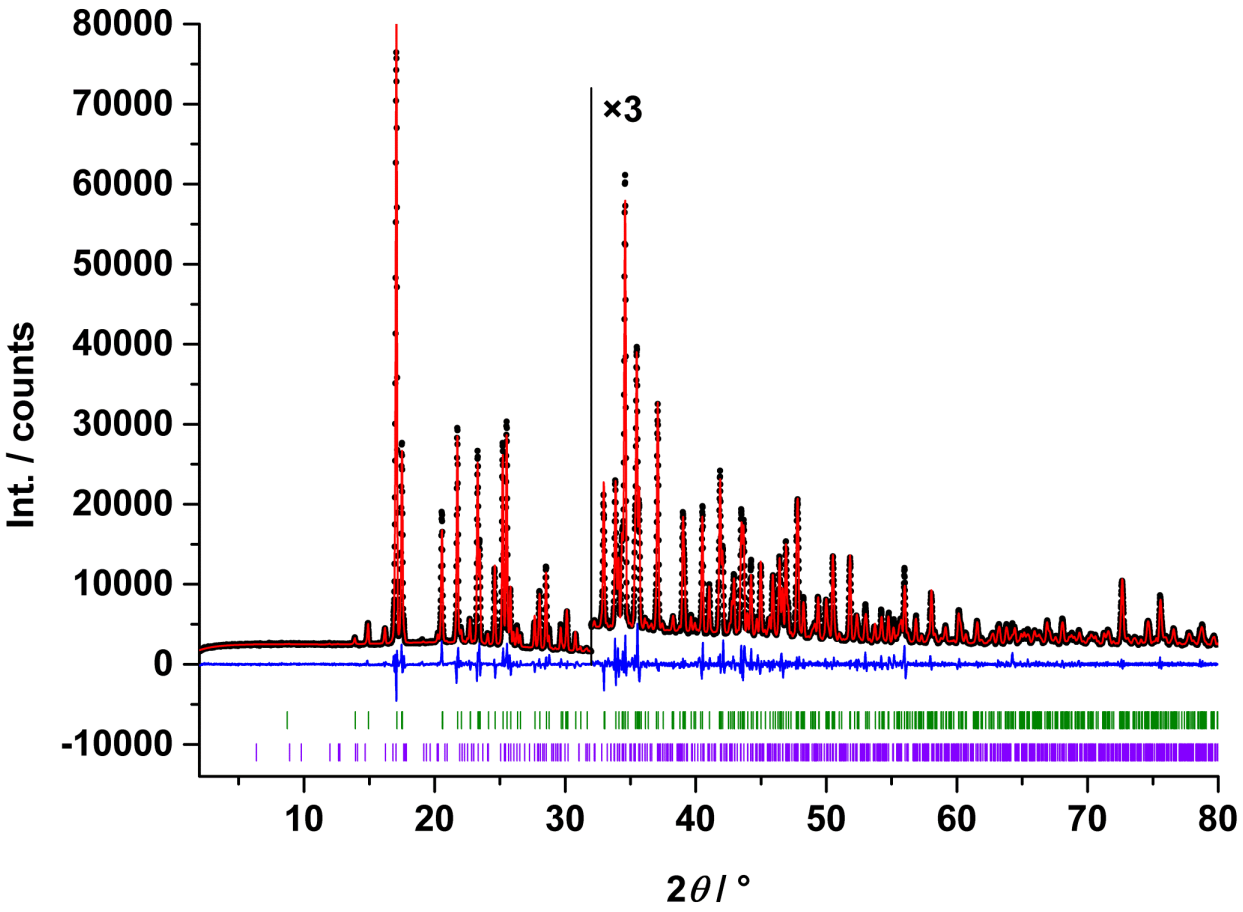


**Figure S2** Rietveld plot of *rac*-**1**: observed (black), calculated (red) and difference (blue) profiles and tick marks for *rac*-**1** (green) and D/L-**1**·⅓$H_2O$ (magenta). At about 32° in 2$\theta$ the scale changes by a factor of 3.

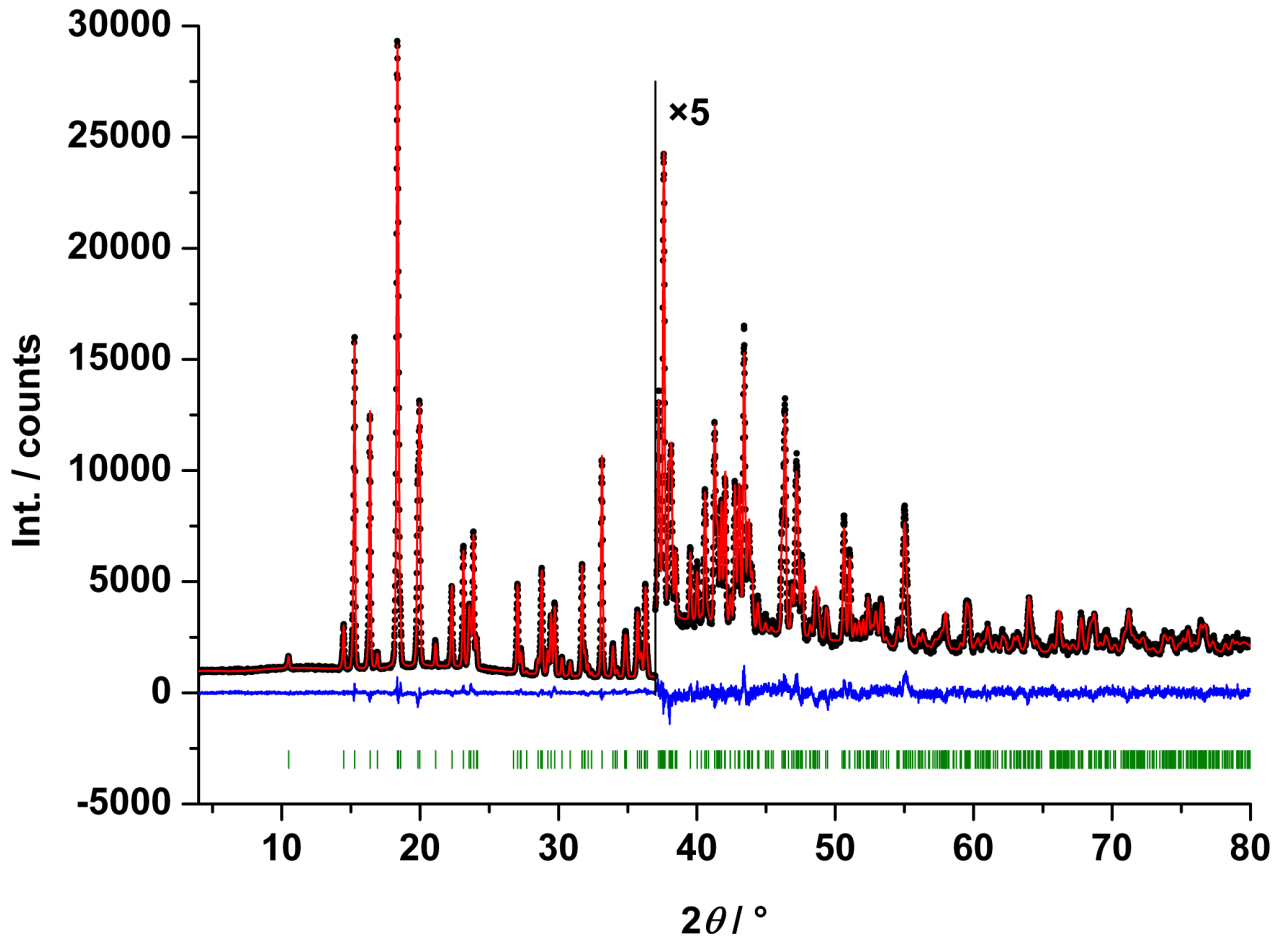


**Figure S3** Rietveld plot of **5**-A: observed (black), calculated (red) and difference (blue) profiles and tick marks (green). At about 36° in 2$\theta$ the scale changes by a factor of 5.

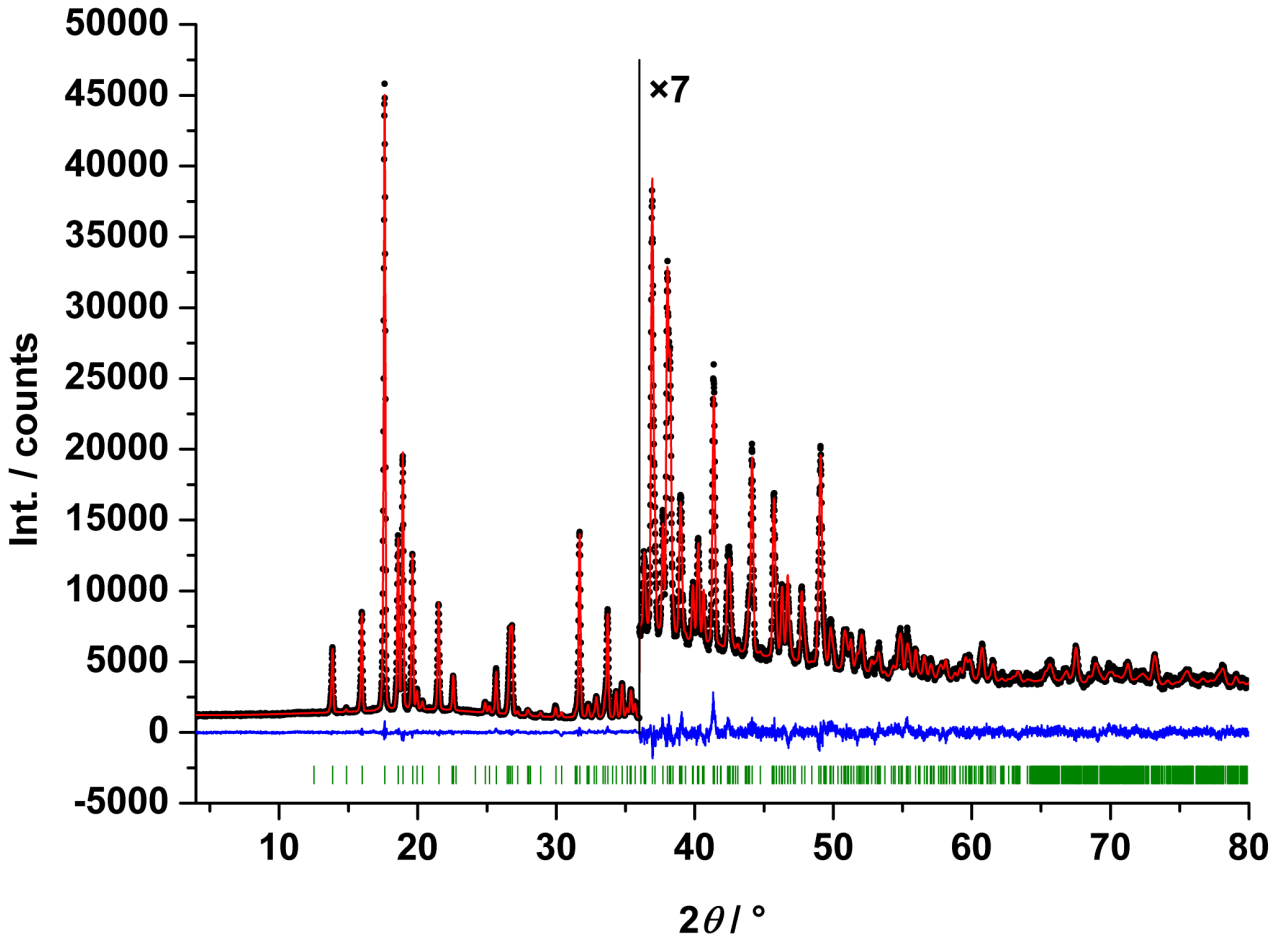


**Figure S4** Rietveld plot of **5**-D: observed (black), calculated (red) and difference (blue) profiles and tick marks (green). At about 36° in 2$\theta$ the scale changes by a factor of 7.

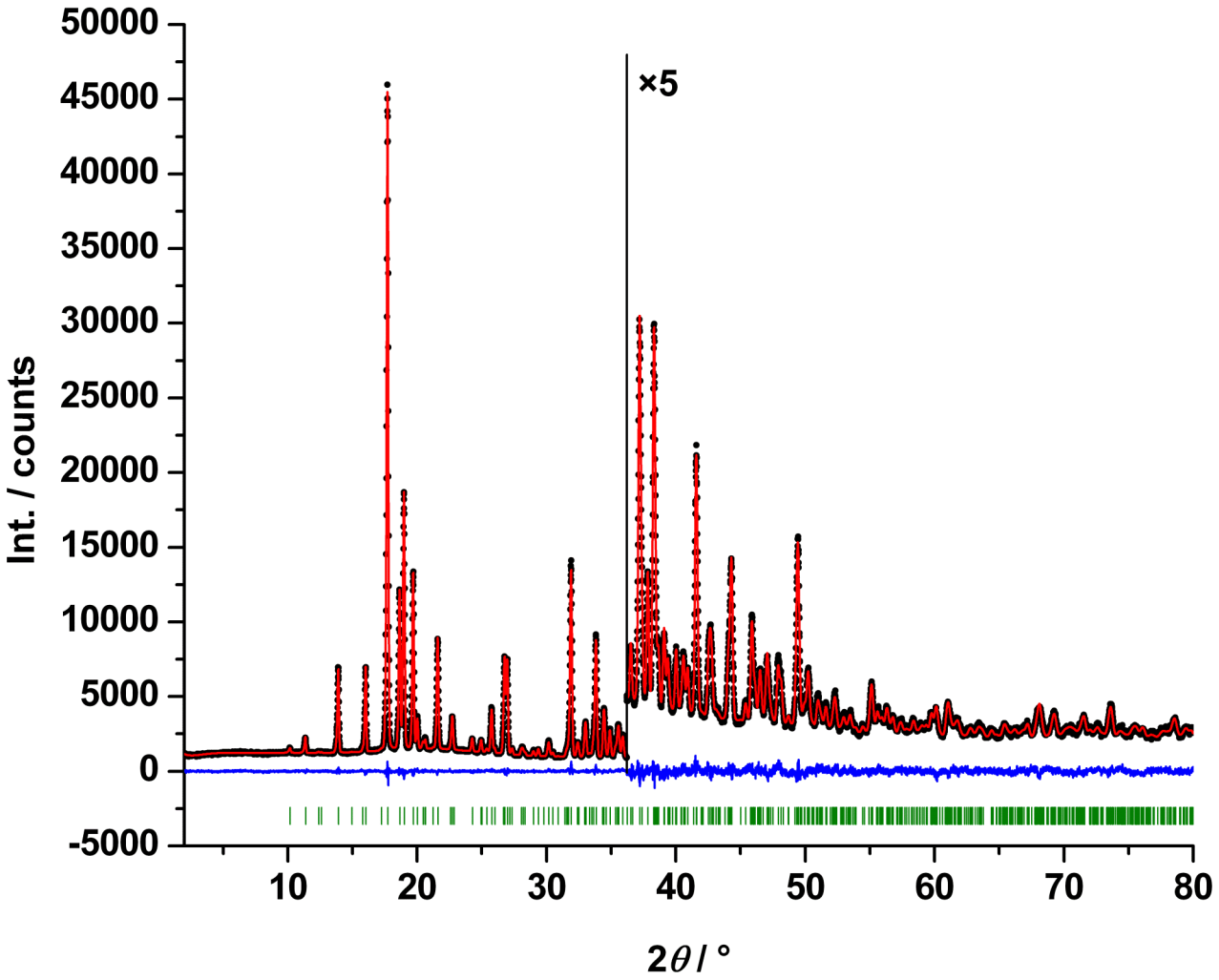


**Figure S5** Rietveld plot of **5**-E: observed (black), calculated (red) and difference (blue) profiles and tick marks (green). At about 36° in 2$\theta$ the scale changes by a factor of 5.

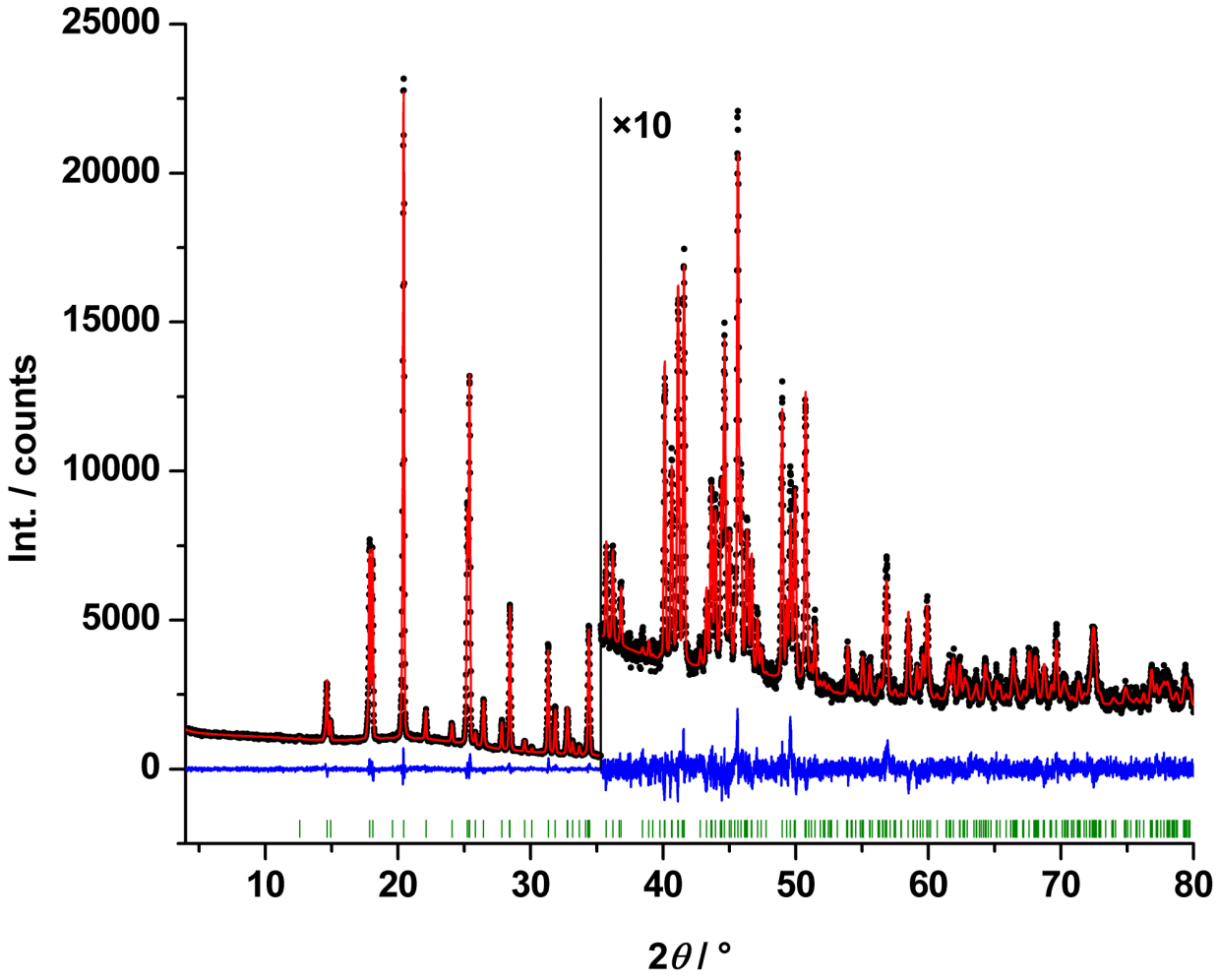


**Figure S6** Rietveld plot of **7**-C: observed (black), calculated (red) and difference (blue) profiles and tick marks (green). At about 36° in 2$\theta$ the scale changes by a factor of 10.

### S3. Pawley refinements on the rotator phases L-1-B, D-1-B, 5-C, 6-B and 5-B

All phases were measured with Cu-$K_{\alpha1}$ radiation ($\lambda$ = 1.5406 Å) in the range 2$\theta$ = 2-80º (the mixture of **5**-C and **5**-B was measured in the range 2-60º). All phases have chemical formula $C_6H_{12}O_6$, $M_r$ = 180.16 g/mol. The Pawley fits, carried out with *TOPAS* 4.1, converged well for D-**1**-B:, *F**, *a* = 9.31568 Å, *V* = 808.432 Å$^3$, *Z* = 4, measurement at 500 K, $R_{wp}$ = 0.0304, $R_p$ = 0.0233, $R_{exp}$ = 0.0280 (before background subtraction), $R'_{wp}$ = 0.1584, $R'_p$ = 0.1925, $R'_{exp}$ = 0.1460 (after background subtraction), $\chi^2$ = 1.085, for L-**1**-B: *F**, *a* = 9.31210 Å, *V* = 807.501 Å$^3$, *Z* = 4, measurement at 500 K, $R_{wp}$ = 0.0254, $R_p$ = 0.0190, $R_{exp}$ = 0.0190 (before background subtraction), $R'_{wp}$ = 0.2013, $R'_p$ = 0.2191, $R'_{exp}$ = 0.1506 (after background subtraction), $\chi^2$ = 1.786, for **5**-C: *F**, *a* = 9.33440 Å, *V* = 813.316 Å$^3$, *Z* = 4, measurement at 500 K, $R_{wp}$ = 0.0601, $R_p$ = 0.0461, $R_{exp}$ = 0.0635 (before background subtraction), $R'_{wp}$ = 0.2018, $R'_p$ = 0.2947, $R'_{exp}$ = 0.2132 (after background subtraction), $\chi^2$ = 0.947 and for **6**-B: *F**, *a* = 9.26836 Å, *V* = 796.175 Å$^3$, *Z* = 4, measurement at 473 K, $R_{wp}$ = 0.0404, $R_p$ = 0.0304, $R_{exp}$ = 0.0341 (before background subtraction), $R'_{wp}$ = 0.1925, $R'_p$ = 0.2689, $R'_{exp}$ = 0.1624 (after background subtraction), $\chi^2$ = 1.185. For **5**-B: *P*3*/*P*6*, *a* = 6.57509 Å, *c* = 10.5818 Å, *V* = 396.181 Å$^3$, *Z* = 2, measurement at 473 K, $R_{wp}$ =

0.0296, $R_p$ = 0.0225, $R_{exp}$ = 0.0263 (before background subtraction), $R'_{wp}$ = 0.1369, $R'_p$ = 0.1663, $R'_{exp}$ = 0.1214 (after background subtraction), $\chi^2$ = 1.127.

The Pawley plots for D-**1**-B, L-**1**-B, **5**-C, **6**-B and **5**-B are given in Fig. S7, Fig. S8, Fig. S9, Fig. S10 and Fig. S11, respectively.

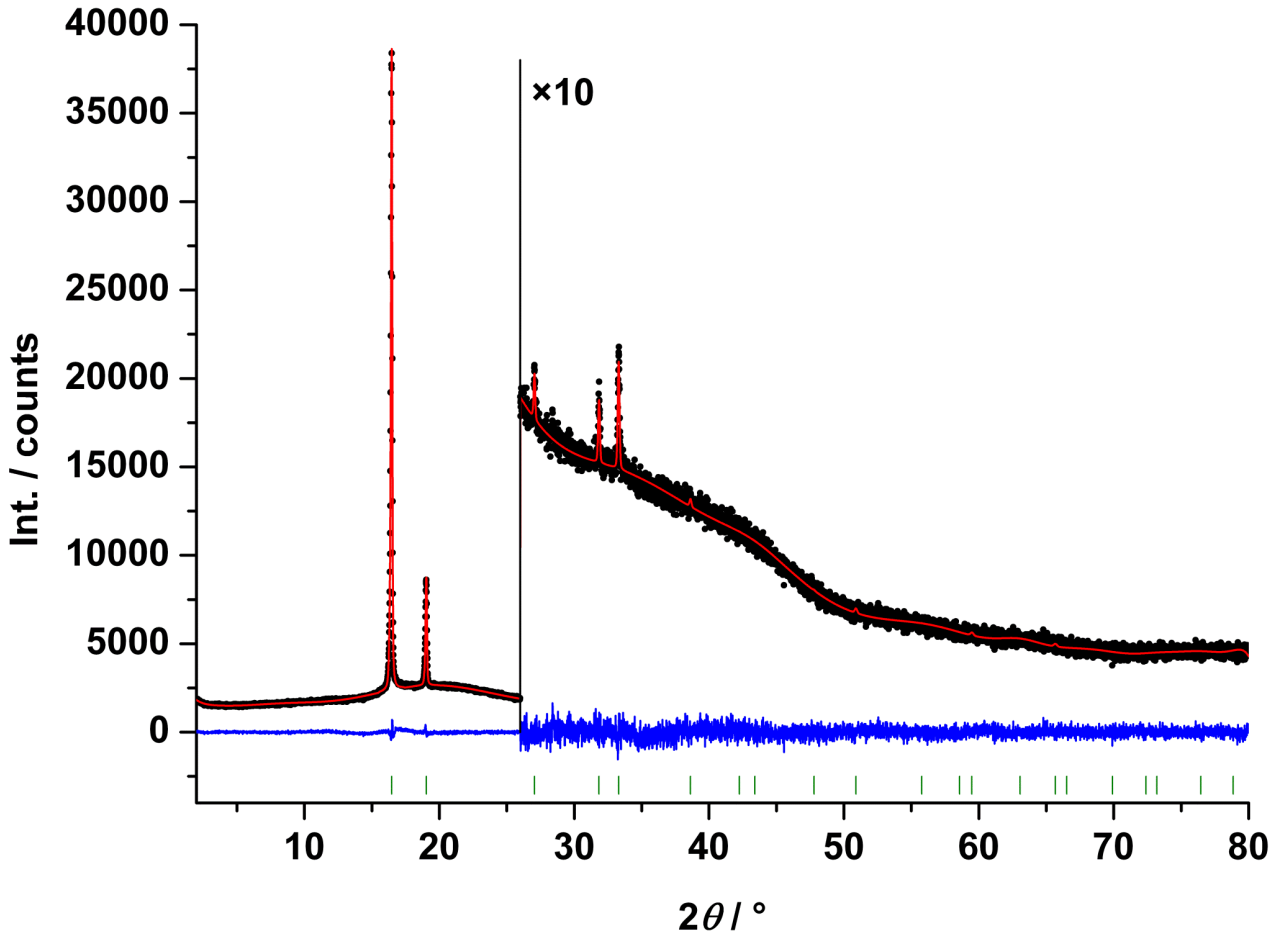


**Figure S7** Pawley plot of D-**1**-B: observed (black), calculated (red) and difference (blue) profiles and tick marks (green).

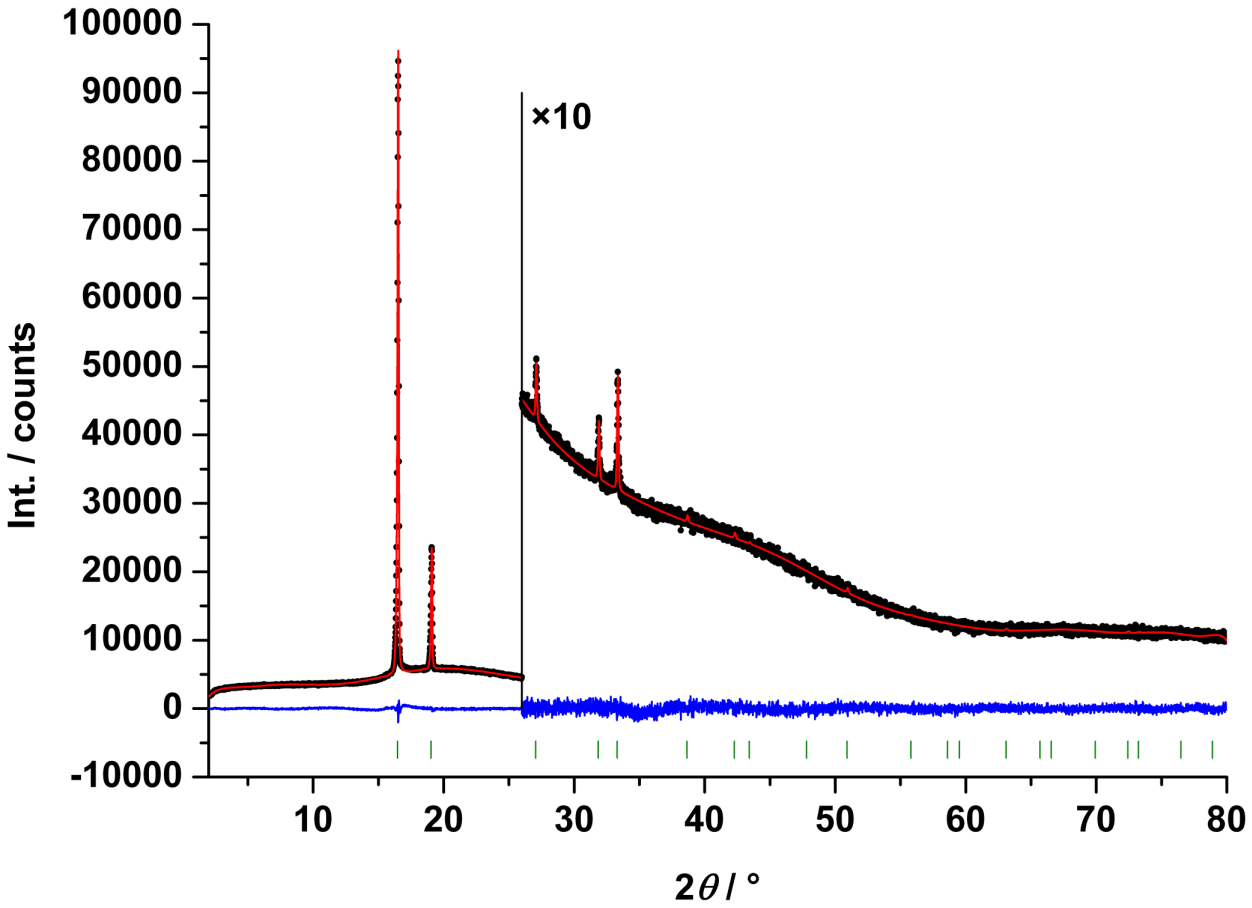


**Figure S8** Pawley plot of L-**1**-B: observed (black), calculated (red) and difference (blue) profiles and tick marks (green).

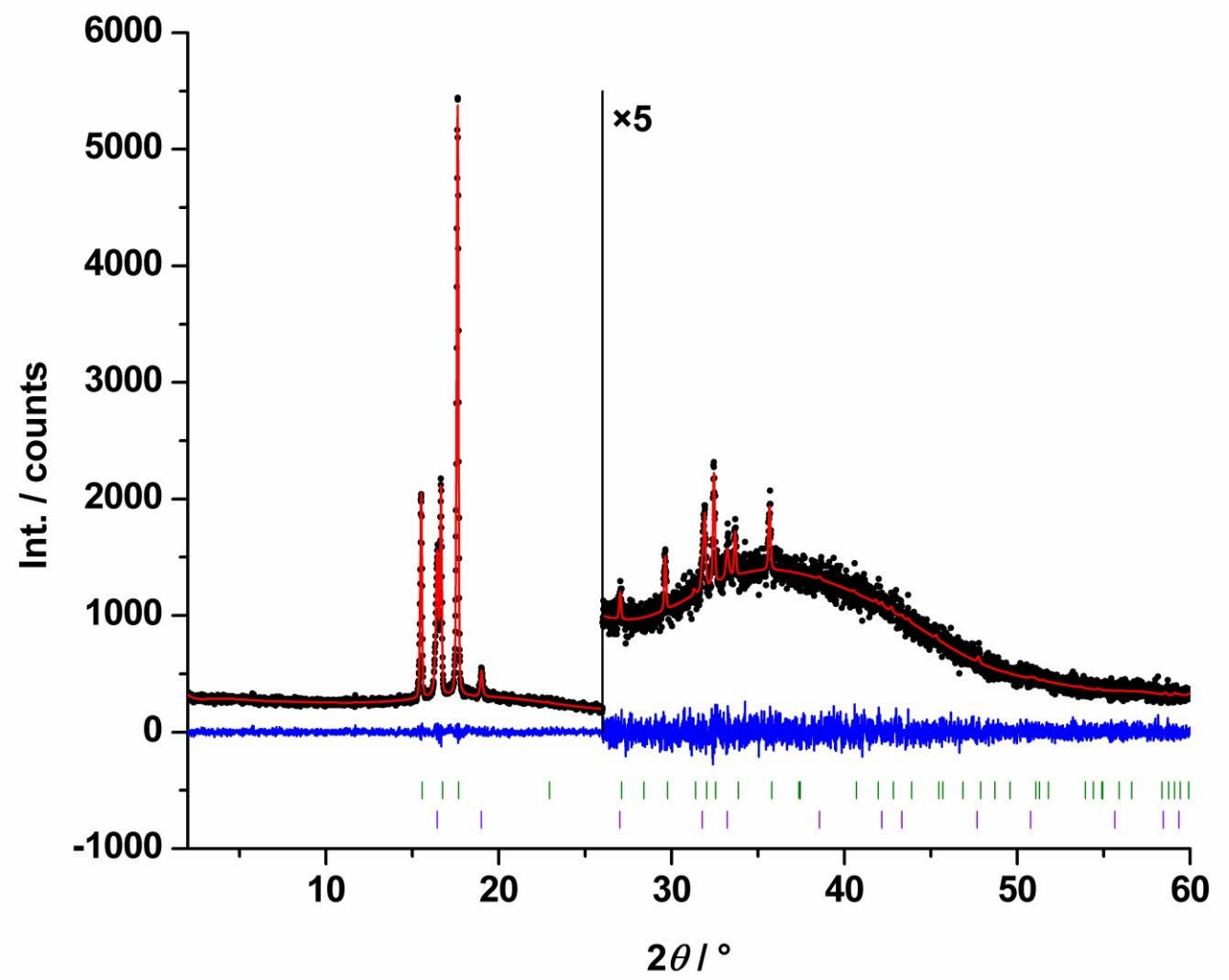


**Figure S9** Pawley plot of **5**-C with **5**-B present: observed (black), calculated (red) and difference (blue) profiles and tick marks for **5**-B (green) and **5**-C (magenta).

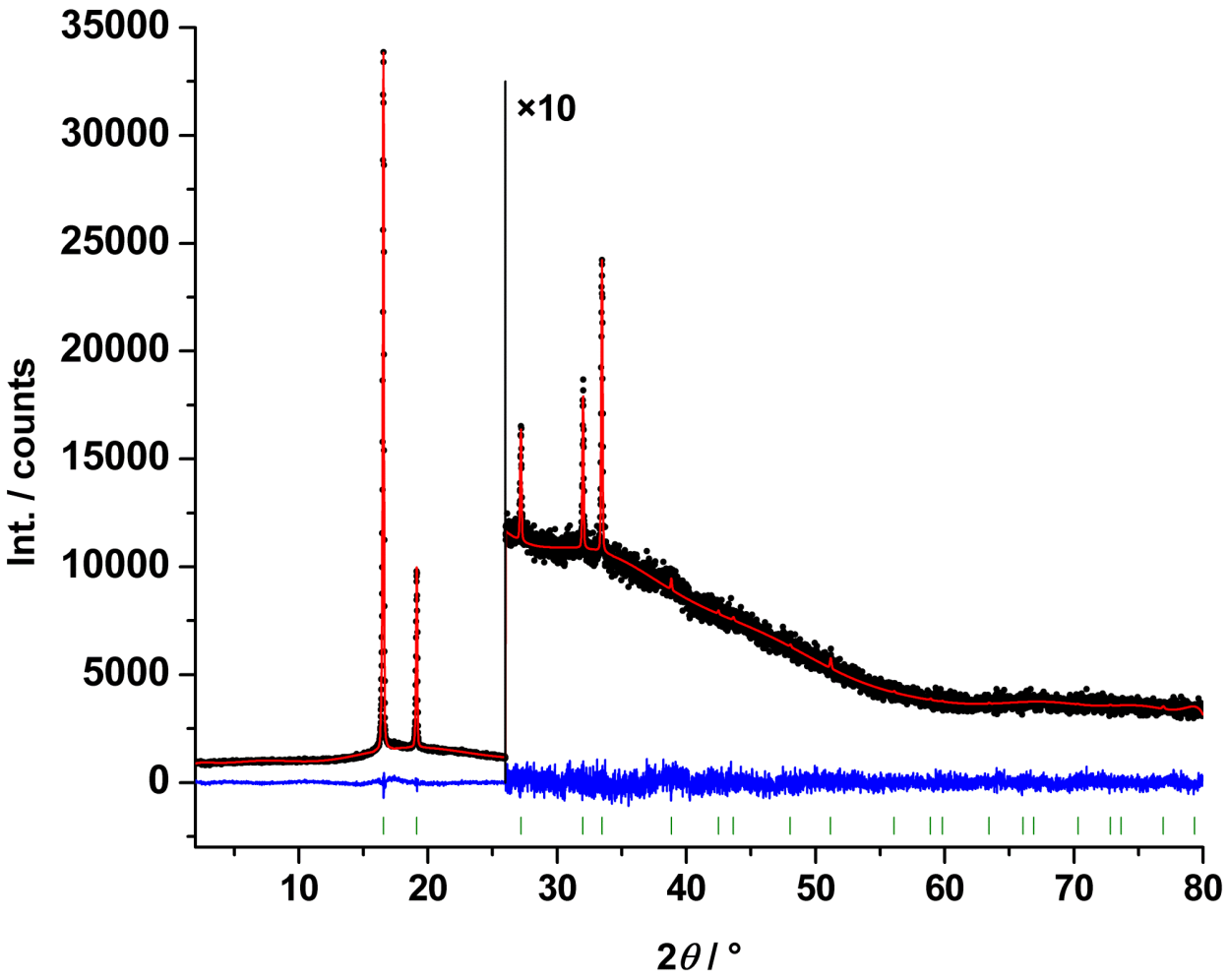


**Figure S10** Pawley plot of **6**-B: observed (black), calculated (red) and difference (blue) profiles and tick marks (green).

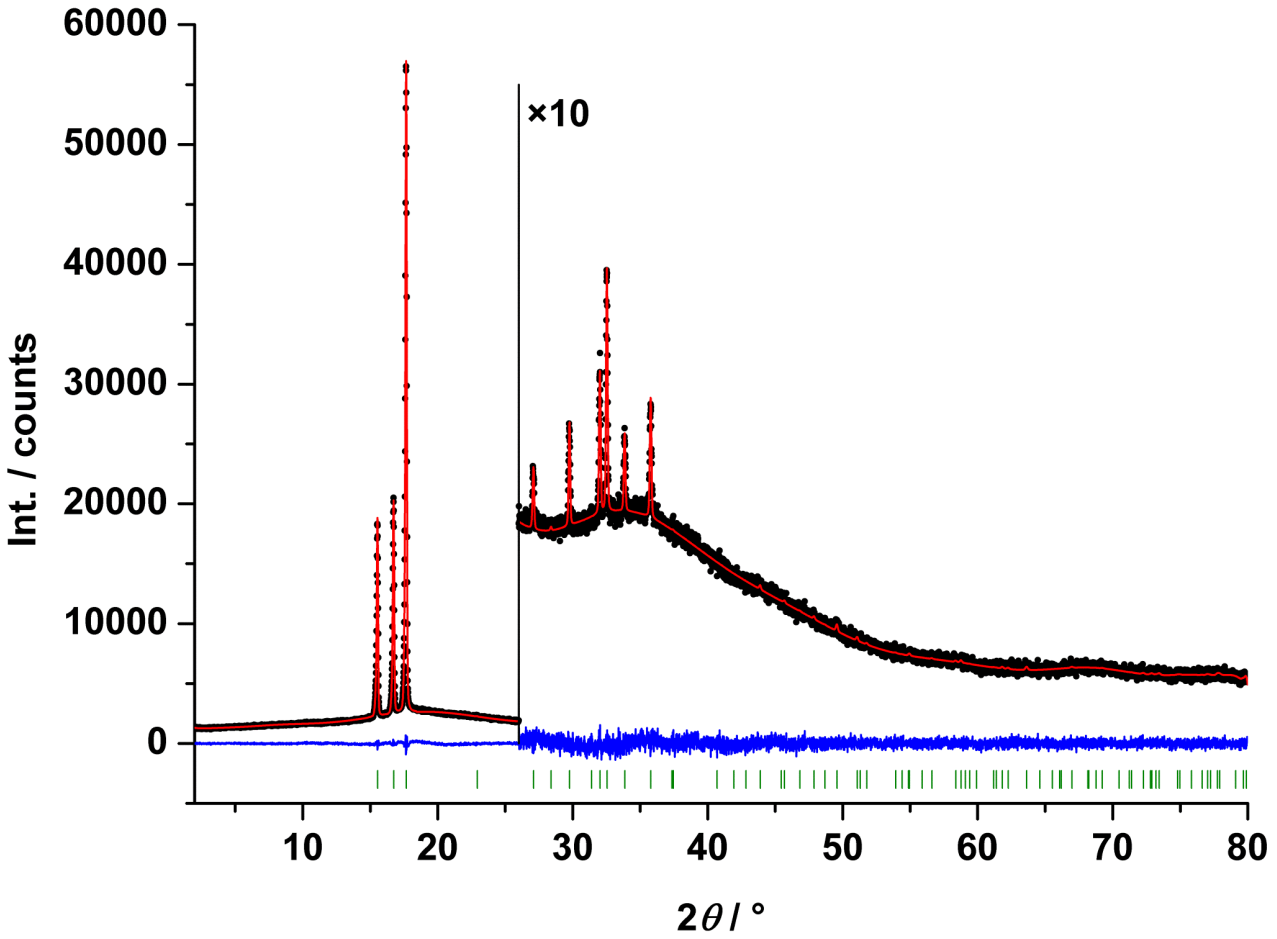


**Figure S11**Pawley plot of **5**-B: observed (black), calculated (red) and difference (blue) profiles and tick marks (green).

### S4. Stability of 7-C

XRPD measurements after one, two and three months revealed that **7**-C is not stable at room temperature and slowly transforms back to **7**-A (see Fig. S12). As shown in Fig. S12 there are four clearly free reflections (021 reflection at 15.4°, 111 at 17.4°, 102 at 18.7° and 112 at 20.1°) which indicate the increase of **7**-A in **7**-C over a period of three months. After one month a ratio of approximately 7:1 between **7**-C and **7**-A can be observed, after two months the ratio increases to 3:1 and after three months the ratio increases to 1:5. Therefore it can be assumed that after a longer period of time **7**-C converts back to **7**-A completely and that **7**-C is a meta-stable polymorph of **7**. Therefore no thermal effect could be observed during the cool-down process in the DSC (see Fig. 18 in the paper). Additional DSC and T-XRPD measurements on **7** up to 250 °C yielded only a partial conversion of **7**-A to **7**-C. Therefore the crystal structure of **7**-C was determined with a sample from DSC measurements heated up to 280 °C and cooled down to 20 °C.

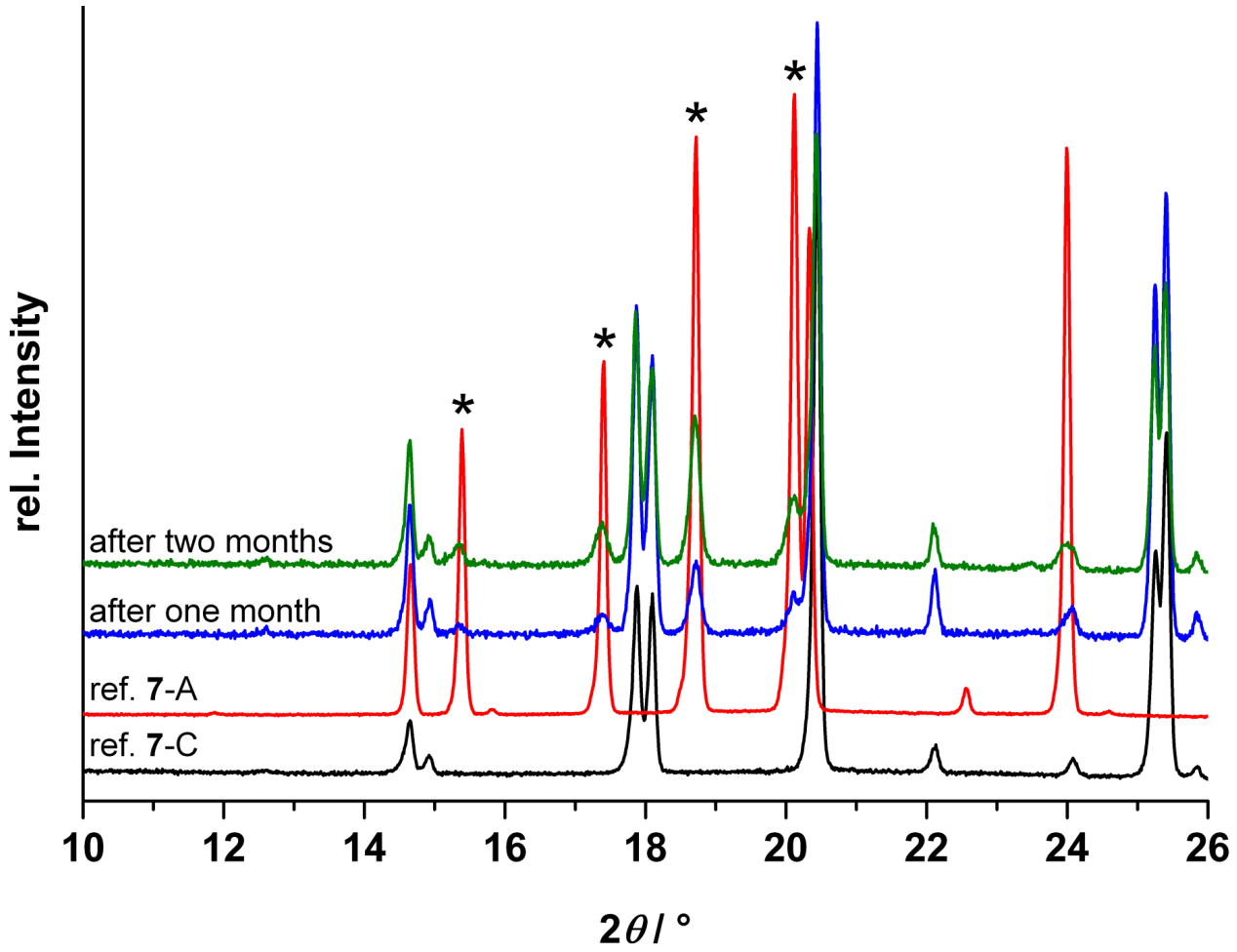


**Figure S12** Overlay of the X-ray powder diffraction traces of myo-inositol, **7**, showing the reference trace of **7**-C (black) and **7**-A (red), **7**-C after one month (blue), two months (green) and three months (violet) stored at room temperature. Black asterisks indicate the reflections of interest.

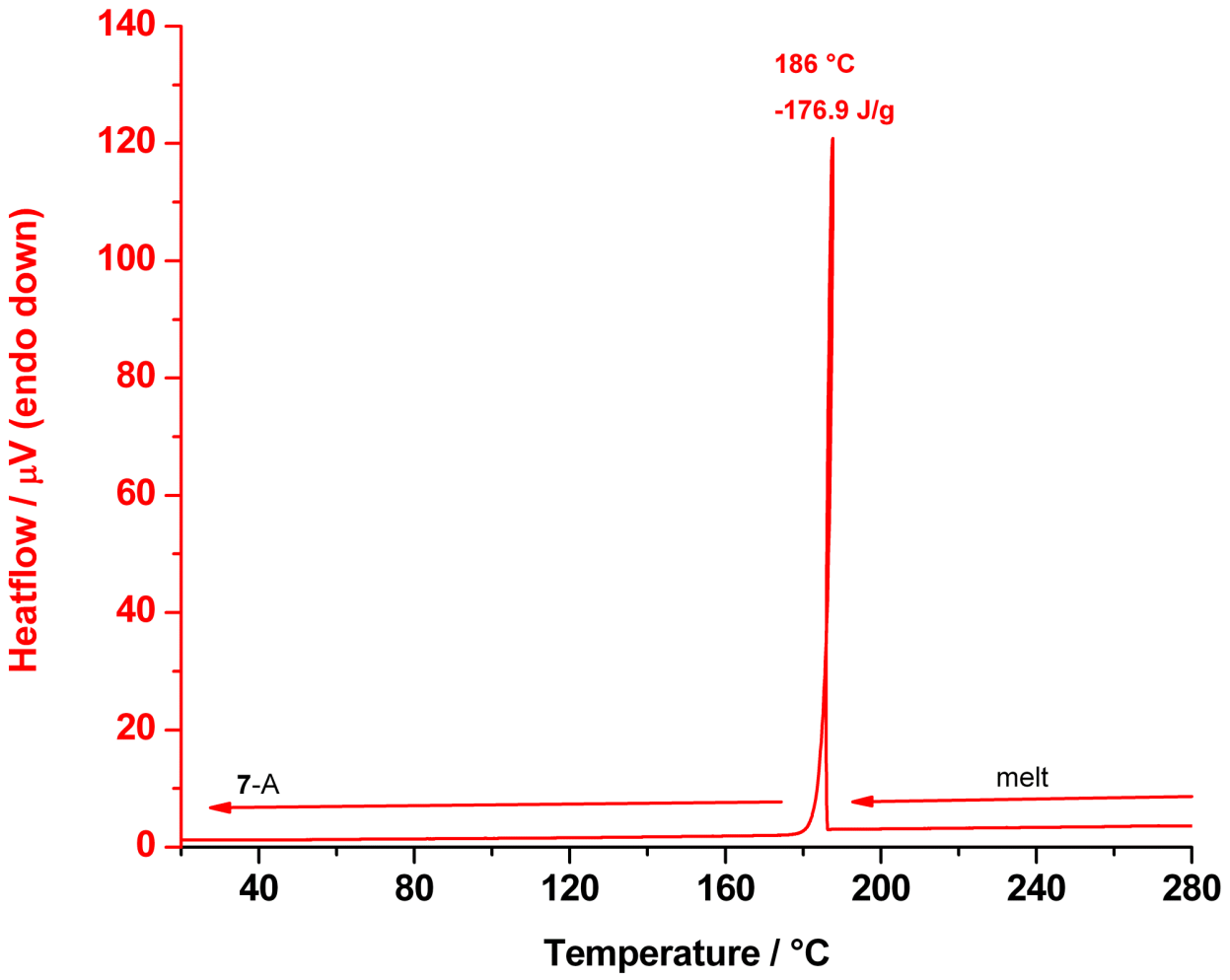


**Figure S13** DSC trace of myo-inositol, **7**, measured from 280 down to 20 °C showing the recrystallisation of **7**-A from the melt at 186 °C.