

1 Running head: Mefloquine, artesunate, mefloquine-artesunate, tribendimidine and praziquantel  
2 against *Opisthorchis viverrini*

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4 **A randomized, exploratory open-label trial on the efficacy and safety of**  
5 **mefloquine, artesunate, mefloquine-artesunate, tribendimidine and**  
6 **praziquantel against *Opisthorchis viverrini***

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30 **Summary**

31 **Background** A single drug, praziquantel, is available for the treatment of  
32 *Opisthorchis viverrini* infections. In vivo studies point to an activity of mefloquine,  
33 artesunate and tribendimidine against this liver fluke.

34 **Methods** In a randomized, exploratory open-label trial, the efficacy (cure rate  
35 [CR] and egg reduction rate [ERR]) and safety of mefloquine (25 mg/kg),  
36 artesunate (10 mg/kg as 3 split doses within 12 h), mefloquine-artesunate (100  
37 mg artesunate plus 250 mg mefloquine once daily for 3 consecutive days), and  
38 tribendimidine (200 or 400 mg single dose) compared to praziquantel (75 mg/kg  
39 in 2 divided doses) were studied against *O. viverrini* in 125 schoolchildren in  
40 Attapeu Province, Lao PDR.

41 **Results** Tribendimidine and praziquantel achieved CRs of 70.4% and 56.0%,  
42 respectively on the basis of intention to treat analysis. The corresponding ERRs  
43 were 99.3% and 98.4%. No or only very moderate effects were observed with  
44 mefloquine, artesunate and mefloquine-artesunate against *O. viverrini* (CRs: 0-  
45 4.2% and ERRs 30.2-41.3%). Children treated with tribendimidine experienced  
46 only mild and transient adverse events such as, headache, vertigo, nausea and  
47 fatigue. The most frequent adverse events, many of which were serious, were  
48 dizziness, nausea, vertigo, vomiting and headache were mainly experienced  
49 among those patients treated with mefloquine and mefloquine-artesunate.

50 **Interpretation** Tribendimidine is not only efficacious against various intestinal  
51 nematodes but also against *O. viverrini*. Large-scale clinical trials are warranted  
52 once additional preclinical studies for drug registration outside China will have  
53 been completed.

54 **Funding** Swiss National Science Foundation (project no. PPOOA-114941) and  
55 the University of Basel.

## 56 **Introduction**

57 Opisthorchiasis is a neglected tropical disease caused by the liver fluke  
58 *Opisthorchis viverrini*, which affects the poorest people in Northeastern parts of  
59 Thailand, Lao People's Democratic Republic (Lao PDR), Cambodia and  
60 Vietnam.<sup>1,2</sup> An estimated 67.3 million people are at risk and 9 million are  
61 infected.<sup>1</sup> In Lao PDR, the highest prevalence rates (50% in school children and  
62 up to 90% in adults) of *O. viverrini* have been reported from villages adjacent to  
63 the Mekong River, particularly in the Southern and central provinces.<sup>3,4</sup> Though  
64 most human opisthorchiasis cases are asymptomatic, chronic infection with  
65 *O. viverrini* can cause obstructive jaundice, ascending cholangitis, cholecystitis,  
66 gallstones, hepatomegaly and an enhanced risk for cholangiocarcinoma.<sup>5-7</sup>  
67 Cholangiocarcinoma is a serious and fatal complication, incurable in the  
68 advanced stage, hence early diagnosis and treatment is imperative.<sup>6,8-10</sup>

69 Morbidity control through periodic treatment with praziquantel is the key  
70 control strategy for opisthorchiasis.<sup>11,12</sup> Praziquantel is the only available drug so  
71 that if resistance does develop to it, there will be no active drug left unless other  
72 treatments are developed. We have recently reported that the antimalarials  
73 artemether, artesunate (2 semisynthetic derivatives of artemisinin), mefloquine  
74 and the Chinese anthelmintic drug tribendimidine have interesting  
75 opisthorchicidal properties in rodents.<sup>13,14</sup> For example, administration of  
76 artesunate and artemether at a dose of 400 mg/kg to *O. viverrini*-infected  
77 hamsters resulted in worm burden reductions of 78.4% and 65.5%,  
78 respectively.<sup>13,14</sup> Similarly, high worm burden reductions were reported with a

79 single 300-mg/kg oral dose of mefloquine against juvenile and adult *O. viverrini* in  
80 vivo.<sup>15</sup> Finally, a 400 mg/kg oral dose of tribendimidine achieved a worm burden  
81 reduction of 95.7% in *O. viverrini* infected hamsters.<sup>14</sup>

82 The aim of the present study was to assess the efficacy and safety of  
83 mefloquine, artesunate, mefloquine-artesunate, tribendimidine compared to the  
84 treatment of choice, praziquantel in patients with a parasitologically confirmed  
85 *O. viverrini* infection.

86

## 87 **Patients and methods**

### 88 **Study site and population**

89 The study was carried out in the Saysetha district, Attapeu province, Lao  
90 PDR, from February to April 2010. Attapeu Province has a total area of 10,320  
91 km<sup>2</sup> and is the most south-easterly province of Lao PDR. A previous study  
92 showed *O. viverrini* prevalence rates of 21% among primary school children in  
93 Attapeu.<sup>4</sup> The province has approximately 93,000 inhabitants. The majority  
94 belong to the ethnic group of Lao Theung and is mainly engaged in subsistence  
95 rice cultivation.<sup>16</sup> The Saysetha upper and lower secondary school was selected  
96 for our study, where a total of 957 secondary schoolchildren were enrolled during  
97 the academic year 2008-2009. A preliminary survey showed that in this school  
98 the *O. viverrini* infection prevalence was higher than 50% (personal  
99 communication Mr. Thongsom, Provincial Hospital Attapeu).

100

### 101 **Study design**

102 The study was designed as a randomized, exploratory open-label trial to  
103 assess the efficacy and safety of mefloquine, artesunate, mefloquine-artesunate  
104 and tribendimidine against *O. viverrini* infection among schoolchildren compared  
105 to the standard praziquantel treatment regimen. The sample size was based on a  
106 suggested sample size of 12 patients / group for proof-of-concept trials  
107 recommended by Julious.<sup>17,18</sup> To account for drop outs we aimed at 20-25  
108 children per group.

109 On day 21-22 post-treatment we assessed the cure rate [CR], defined as  
110 the percentage of the children excreting eggs before treatment but in whom no  
111 eggs were found when reexamined and egg reduction rate [ERR], defined as the  
112 group's reduction of geometric mean [GM] egg output after treatment divided by  
113 the GM of the same patients pretreatment, multiplied by 100.

114

### 115 **Study procedures**

116 One week before the baseline screening survey, the National Institute of  
117 Public Health, Centre of Malaria, Parasitology and Entomology, Centre for  
118 Laboratory and Epidemiology, and the Provincial Department of Health and the  
119 Provincial Hospital of Attapeu, as well as the teachers were informed about the  
120 study objectives, procedures, benefits and potential risks. Overall, 214  
121 schoolchildren aged between 10 to 15 years were invited to participate and the  
122 children and parents were asked to provide written informed consent. From each  
123 consenting and participating child at least 2 stool samples were collected within 5  
124 consecutive days. Children with a parasitologically confirmed *O. viverrini* infection

125 (at least 2 of 4 slides positive), underwent a full clinical examination, including  
126 measurement of weight (using an electronic balance measuring to the nearest  
127 0.1 kg, and axillary temperature using battery-powered thermometers to the  
128 nearest 0.01°C). In addition, a finger prick blood sample was taken from each  
129 child for a rapid malaria test (Paracheck Pf®) and a urine sample from all  
130 females for pregnancy testing (Quick-Check® hCG pregnancy test). Clinical  
131 malaria was defined as fever (axillary temperatures  $\geq 37.5^{\circ}\text{C}$ ) and parasitaemia  $\geq$   
132 100/microL.<sup>19</sup> Exclusion criteria included (i) presence of clinical malaria, (ii)  
133 pregnancy, (iii) presence of any abnormal medical condition (iv) history of any  
134 acute or severe chronic disease, (v) psychiatric and neurological disorders, (vi)  
135 use of artesunate, artemether, any artemisinin-based combination chemotherapy  
136 (ACT), mefloquine, or any anthelmintic treatment within the past month, and (vii)  
137 weight below 20 kg. Consenting children, who met all study criteria, were  
138 randomly assigned to one of the 5 different treatments using a computer-  
139 generated randomization code.

140

#### 141 **Drugs and adverse events**

142 Mefloquine (Mephaquine® 250-mg/lactab) and mefloquine-artesunate  
143 (Artequin®) were the products of Mepha AG (Aesch, Switzerland). Artesunate  
144 (50-mg tablet) was kindly obtained from Dafra Pharma (Turnhout, Belgium).  
145 Tribendimidine (200-mg tablet) was the product of Shandong Xinhua  
146 Pharmaceutical Corporation. Tribendimidine is registered in China and the  
147 efficacy against soil-transmitted helminths and safety has been documented in

148 thousands of patients.<sup>20,21</sup> Praziquantel (600-mg tablet) was purchased from  
149 Inresa (Bartenheim, France). Mefloquine and mefloquine-artesunate were  
150 administered following the recommended malaria treatment schedules:  
151 mefloquine: 25 mg/kg single dose (body weight < 30 kg) or a split dose spaced  
152 by 6 hours at weights above 30 kg (e.g. at body weights 30-34 kg 2 lactabs were  
153 administered followed by 1 lactab 6 hours later) and mefloquine-artesunate: 1  
154 tablet of 100 mg artesunate and 1 lactab mefloquine 250 mg once daily for 3  
155 consecutive days. Mefloquine and praziquantel were administered to the nearest  
156 half tablet according to the calculate dose per kg of body weight. For artesunate  
157 a previously used malaria treatment schedule (10 mg/kg as 3 split doses within  
158 12 h) was used.<sup>22</sup> Tribendimidine was given following the manufacturer's  
159 instruction for the treatment of soil-transmitted helminth infections: 200 mg (age  
160 below 14 years) or 400 mg (age above 14 years) as a single dose. Finally,  
161 praziquantel was administered according to Lao national policies: 75 mg/kg in 2  
162 divided doses of 50 and 25 mg/kg spaced by 6 hours. All children received a  
163 biscuit and water before drug administration to improve tolerability and increase  
164 bioavailability.<sup>23</sup>

165 Children were supervised for at least 3 hours after treatment and were  
166 asked to report any potential drug-related signs and symptoms at 24 h, 48 h, and  
167 120 h after the first dosing using a standardized questionnaire. A full clinical  
168 examination was performed by a study physician in case children reported  
169 adverse events and an appropriate treatment was given. The intensity of adverse  
170 events was graded as judged by study physicians (mild, moderate, severe,



171 serious or life-threatening). At the end of the study *O. viverrini* egg positive  
172 children enrolled in our study were treated with praziquantel (40 mg/kg). All  
173 schoolchildren received a single oral albendazole (400 mg) following Lao national  
174 scheme for mass drug administration in Lao PDR.<sup>24,25</sup>

175

#### 176 **Laboratory procedures**

177 Filled stool containers were collected from children between 08:00 and  
178 09:00 am and replaced with empty containers to obtain at least 2 stool samples  
179 from each child within a period of 5 days. Stool containers were then taken to the  
180 laboratory at the provincial hospital. From each stool sample 2 Kato-Katz (KK)  
181 thick smears using the standard 41.7 mg template were prepared and  
182 quantitatively examined under a light microscope at a x 100 magnification for  
183 helminth eggs. Each KK slide was read within 30 to 45 minutes after preparation.  
184 The number of *O. viverrini* eggs and soil-transmitted helminths eggs, i.e. *Ascaris*  
185 *lumbricoides*, hookworm, *Trichuris trichiura* and *Taenia* spp., were counted and  
186 recorded for each parasite species separately. 10% of the slides were  
187 reexamined for quality control by a senior microscopist. In addition, four samples  
188 (2 pre- plus 2 post-treatment) of stools were preserved in 10 ml sodium acetate-  
189 acetic acid-formalin (SAF) solution which contained exactly 500 mg of stool for  
190 examination with the formalin-ether concentration technique (FECT),  
191 respectively, which allows differentiating between *O. viverrini* and minute  
192 intestinal fluke infections (MIF).<sup>26,27</sup> Specimens of patients, for which pre- and  
193 post treatment samples could be preserved (per protocol analysis) were shipped

194 to a referral laboratory, at the Khon Kaen University, Thailand. For the FECT  
195 analysis the sample was centrifuged, and the sediment analyzed using a light  
196 microscope at 40 x and 100 x magnifications.<sup>28</sup>

197

### 198 **Ethical approval and consent**

199 The study was approved by the institutional research commission of the Swiss  
200 Tropical and Public Health Institute (Swiss TPH, Basel, Switzerland) and the  
201 Ethics Committee of Basel (no 209/09). Ethical clearance was obtained from the  
202 National Ethics Committee (NEC), Ministry of Health (MOH) in Vientiane  
203 (no279/NECHR). The trial was registered with Current Controlled Trials,  
204 ISRCTN23425032. Permission for field work was provided by the MOH, the  
205 Provincial Health Department and the Provincial and District Education Office  
206 (DHO). Written informed consent was obtained from the parents or legal  
207 caretakers of each child. In addition, we also informed the participants and their  
208 parents that tribendimidine is currently registered only in China, and as such  
209 considered to be an investigational drug in Laos. We explained risk and benefits  
210 on the consent form in Lao language.

211

### 212 **Data management and statistical analysis**

213 All data were double entered using EpiData version 3.1 (Epidata  
214 Association; Odense, Denmark). Statistical analyses were performed with STATA  
215 statistical software version 10.1 (Stata Corp., College Station, TX, USA). Efficacy  
216 and safety were evaluated with intention to treat and per protocol analyses.

217 Intention to treat was defined as an analysis based on the initial treatment intent  
218 and per protocol analysis was defined as children who completed the entire  
219 clinical trial.

220 Descriptive statistics are presented as counts, percentages, means and  
221 standard deviations, as appropriate. Prevalence of *O. viverrini* was stratified  
222 according to the classification of infection intensities proposed by Maleewong *et*  
223 *al.*: light infections (1-999 eggs per gram of feces [epg]), moderate (1,000-9,999  
224 epg) and severe (epg >10,000).<sup>29</sup> CR and ERR were assessed as efficacy  
225 outcomes. Logistic regression models were used to examine CRs of *O. viverrini*  
226 and hookworm among different treatment arms (comparison of odds of parasite  
227 clearance between treatment groups). Odds ratio of parasite clearance and 95%  
228 confidence intervals were reported. Negative binomial regression was applied to  
229 compare ERR between the numbers of *O. viverrini* eggs recovered in stool  
230 examination among mefloquine, artesunate, mefloquine-artesunate and  
231 tribendimidine compared to praziquantel. Egg reduction rate ratio (ERRR) and  
232 95% confidence interval were reported.

233 Pearson's  $\chi^2$  test was applied to compare the baseline binary  
234 characteristics and the proportion of the reported adverse events between the  
235 treatment arms. Statistical significance was estimated using a likelihood ratio  
236 test. Negative binominal models were fitted to compare the number of adverse  
237 events among the treatment groups. *P*-value below 5% was considered  
238 significant.

## 239 **Results**

### 240 **Baseline characteristics**

241           Of 214 schoolchildren screened with the Kato Katz method, 197 (92.1%)  
242 were *O. viverrini* positive (Figure 1). We excluded 72 children (36.5%) from the  
243 trial since they provided only a single stool sample (70 children), fever (1 child)  
244 and splenomegaly (1 child). 125 participants were randomly allocated to 5  
245 treatment arms and included in the intention-to-treat analysis. The groups were  
246 not equal-sized (24 children in the artesunate and artesunate-mefloquine  
247 treatment groups versus 27 children in the tribendimidine group) since two  
248 patients were erroneously assigned to the tribendimidine group, instead of the  
249 artesunate and mefloquine-artesunate treatment groups. Of the 125 participants,  
250 19 children (15.2%) were lost to follow-up at the end of study. Four stool samples  
251 (2 pre- plus 2 post-treatment) were available from 106 individuals (per protocol  
252 analyses).

253           Table 1 summarizes the demographic and laboratory baseline  
254 characteristics of the study participants. All baseline characteristics of the  
255 treatment groups were similar except for a slightly higher number of males in the  
256 mefloquine treatment group, which was however not statistically significant ( $\chi^2$ ,  
257 3.97;  $P=0.41$ ). Overall 63 males and 62 females, mean age  $13.4\pm 1.4$  years, were  
258 included in the study. The intensity of *O. viverrini* infections was mostly mild to  
259 moderate. Overall, *O. viverrini* GM egg counts ranged from 609.1 to 3917.7 epg.

260 The overall prevalence of *A. lumbricoides*, *T. trichiura* and *Taenia* spp was below  
261 16.0%, hence these parasites were not included in the efficacy evaluation.  
262 Hookworm infection rates ranged from 70.8% to 83.3%. Results of FECT  
263 confirmed the presence of an *O. viverrini* infection in all participants. The  
264 *O. viverrini* GM baseline egg counts obtained by FECT ranged from 82.5 to 639.0  
265 epg (n=106) (data not shown). In 2 and 9 patients co-infections with MIF or  
266 intestinal protozoa were recorded.

### 267 **Efficacy evaluation**

268 As presented in Table 2 according to intention to treat analysis the highest  
269 CR was observed for tribendimidine (70.4%) followed by praziquantel (56.0%).  
270 No statistically significant difference was observed between the CRs of  
271 tribendimidine and praziquantel (Egg reduction rate ratio 1.87;  $P= .29$ ). None of  
272 the children receiving mefloquine was cured and very low CRs were calculated  
273 for artesunate (4.2%), and mefloquine-artesunate (4.2%). Both tribendimidine  
274 and praziquantel resulted in almost complete egg elimination with ERRs of 99.3%  
275 and 98.4% (Table 3: Egg reduction rate ratio 1.0;  $P= .98$ ), respectively. By  
276 contrast, mefloquine, artesunate, and mefloquine-artesunate had significantly  
277 lower ERRs of 30.2, 31.5 and 41.3%, respectively (Table 3:  $P< .01$ ), except for a  
278 combination mefloquine-artesunate (Table 3:  $P= .08$ )

279

280 Results of the per protocol analysis (Kato Katz data) were similar to those  
281 of the intention-to-treat analysis. CRs of tribendimidine, praziquantel, mefloquine-  
282 artesunate, artesunate and mefloquine were 79.2, 63.6, 6.0, 4.2 and 0%,  
283 respectively (Table 2). Again both tribendimidine and praziquantel resulted in  
284 ERRs >98.0%, while ERRs in the mefloquine, artesunate and mefloquine-  
285 artesunate treatment groups were significantly lower (Table 3:  $P < .01$ ), except for  
286 a combination mefloquine-artesunate (Table 3:  $P = .06$ ). On the other hand,  
287 considering FECT analysis much higher CRs and ERRs were noted. CRs of  
288 tribendimidine, praziquantel, mefloquine-artesunate, artesunate and mefloquine  
289 were 95.8, 95.5, 47.1, 33.3 and 20.0%, respectively. The corresponding ERRs  
290 were 99.1, 99.0, 75.0, 60.0 and 71.0%. While no statistical significant difference  
291 was observed between CRs and ERRs of tribendimidine and praziquantel  
292 treatment (Table 3:  $P = .25$  and  $.98$ , respectively) CRs and ERRs of the  
293 antimalarials were significantly lower (Table 3:  $P < .01$ ), except for a combination  
294 mefloquine-artesunate (Table 3:  $P = .14$ )

295 Mefloquine, artesunate, mefloquine-artesunate and praziquantel had no  
296 effect against hookworms, whereas tribendimidine achieved CRs of 65.0% (both  
297 intention to treat and per protocol analysis) ( $P = .004$ ).

## 298 **Safety evaluation**

299 Adverse events were assessed at 3, 24, 48 and 120 hours after the first  
300 dosing as summarized in Table 4. None of the symptoms were reported before

301 treatment. The majority of symptoms were reported to be mild 3 hours post-  
302 treatment, then increased in severity and subsided 48 hours post-treatment. In  
303 total, 92 (73.6%) mild, 47 (37.6%) moderate, 23 (18.4%) severe and 12 (9.6%)  
304 serious adverse events were reported (Table 5). 120 hours after treatment  
305 children were re-examined by the same physicians. None of them reported any  
306 adverse event and all children resumed their normal activities.

307         At least one adverse event was reported by 66.7, 74.0, 80.0, 88.0, and  
308 96.0% of patients from the artesunate, tribendimidine, praziquantel, mefloquine  
309 and mefloquine-artesunate treatment groups, respectively (Table 5). No  
310 statistically significant difference was observed in the frequency of any adverse  
311 event among the tribendimidine, praziquantel and artesunate treatment groups.  
312 Most reported symptoms in the tribendimidine treatment group were mild  
313 including headache (44.4%), vertigo (33.4%), nausea (33.4%) and fatigue  
314 (18.5%) (Table 4). The most common symptoms reported, vertigo and nausea,  
315 were significantly more often observed in children treated with mefloquine ( $P=$   
316  $.02$  and  $P= .007$ , respectively) than in any other treatment group. Additionally,  
317 dizziness was more common in patients who received mefloquine ( $P= .02$ ), and  
318 mefloquine-artesunate ( $P= .001$ ) than in patients who were treated with  
319 praziquantel. Twelve children treated with mefloquine or mefloquine-artesunate  
320 experienced serious adverse events including dizziness, nausea, vertigo,  
321 vomiting and were transferred to the provincial and local hospital. These children  
322 received a full clinical examination and proper medical mitigation measures  
323 including parenteral transfusion, antiemetic drugs, paracetamol or oral

324 rehydration. The children were closely monitored and after 48 hours of  
325 hospitalization all children had recovered and could be discharged.

## 326 **Discussion**

327 We evaluated the effectiveness and safety of the antimalarial drugs  
328 mefloquine, artesunate and mefloquine-artesunate and the Chinese broad  
329 spectrum anthelmintic drug tribendimidine in the treatment of *O. viverrini* patients.  
330 To our knowledge these drugs have not been studied to date against *O. viverrini*  
331 infections. It is interesting to note that another antimalarial drug, chloroquine was  
332 historically used for treating opisthorchiasis; however, the CR and ERR were  
333 unsatisfactory.<sup>30</sup> Praziquantel served as reference, since it is the drug of choice  
334 for the treatment of *O. viverrini*.<sup>25</sup> Adverse events following praziquantel  
335 treatment are generally mild and transient, as confirmed in our study.<sup>31</sup> A single  
336 dose of 40 mg/kg praziquantel is widely used for community mass drug  
337 administration (MDA) in Southeast Asia. In Laos, MDA was initially introduced in  
338 the 1980s in high risk areas, under the close collaboration the Ministry of Health  
339 and WHO.<sup>32</sup> Since then the morbidity due to *O. viverrini* infections has declined  
340 considerable. In our study a split dose of 75 mg/kg praziquantel (75-mg/kg  
341 divided into two doses of 50 and 25-mg/kg) was used, which is recommended for  
342 individual treatment and is the most effective regimen.<sup>24</sup> We observed only  
343 moderate CRs following praziquantel treatment in our study which contrasts to  
344 previous studies which observed CRs between 96 and 100%.<sup>33-35</sup>



345 It is encouraging that a single 200 or 400 mg oral dose of tribendimidine  
346 achieved higher cure and egg reduction rates than a double dose of praziquantel,  
347 though this finding was not statistically significant since only a small number of  
348 children was included in our exploratory study. Tribendimidine is an amidantel  
349 derivative, first discovered and developed in China.<sup>36</sup> Preclinical and clinical  
350 studies have been launched to meet the international standard accepted by the  
351 FDA and European regulatory agencies, with the ultimate goal of gaining  
352 tribendimidine regulatory approvals for the treatment of soil-transmitted  
353 helminthiases outside of China and inclusion in the WHO's Essential Medicines  
354 List. Tribendimidine has a broad spectrum of activity against intestinal nematodes  
355 (e.g. *A. lumbricoides*, *Enterobius vermicularis* and the hookworms).<sup>37</sup> A recent  
356 study in China showed that single-dose oral tribendimidine was efficacious  
357 against *A. lumbricoides* and hookworm while showing promising activities against  
358 *Strongyloides stercoralis* and *Taenia* spp.<sup>38</sup> The good efficacy of tribendimidine  
359 against hookworm infections was confirmed in our study.

360 In contrast to recent laboratory findings, mefloquine, artesunate and a  
361 combination of mefloquine-artesunate showed no effect in the treatment of  
362 *O. viverrini* infections. In a recent proof-of-concept study against another  
363 trematode, *Schistosoma haematobium* in Côte d'Ivoire mefloquine and  
364 artesunate achieved similarly low CRs (21.0 and 25.0 %, respectively) however  
365 slightly higher ERRs (74.0 and 85.0%, respectively) were seen. Furthermore,  
366 promising results were observed with mefloquine-artesunate (CR: 61.0%, ERR  
367 >95.0%).<sup>17</sup>

368 We discriminated between *O. viverrini* infections and other common  
369 foodborne trematodes using FECT (Table 2). The results obtained with FECT  
370 confirmed the high efficacy of tribendimidine against *O. viverrini*. It is interesting  
371 to note that FECT yielded higher CRs of praziquantel and tribendimidine than the  
372 Kato Katz method, which might be explained by lower sensitivity of FECT  
373 technique compared to KK thick smears. Our findings are consistent with the  
374 study by Lovis and colleagues which demonstrated a lower sensitivity of FECT  
375 (49.4%) compared to one KK thick smear (62.3%).<sup>39</sup> Conversely, the lower  
376 sensitivity of FECT in this study contrasts with results obtained from a study  
377 conducted in the southern part of Lao PDR,<sup>40</sup> where FECT showed a sensitivity  
378 of 96.8% in the diagnosis of *O. viverrini* infections. It seems that the amount of  
379 stool used in FECT is not of primary importance. However, Sayasone and  
380 colleagues used the purging of patients as the reference “gold-standard” to  
381 calculate the validity of FECT.<sup>40</sup> Interestingly, two previous studies conducted in  
382 Lao PDR<sup>39,40</sup> using the same diagnostic tools to differentiate *O. viverrini* from  
383 *O. viverrini*-like parasites demonstrated that *O. viverrini* often coexists with other  
384 foodborne trematodes including MIF, including *Haplorchis taichui*. In our study  
385 very few coinfections with MIF were detected.

386 Children who were treated with praziquantel, artesunate and  
387 tribendimidine showed only mild adverse events, similar to previous studies.<sup>38, 41</sup>  
388 Moderate, severe and serious adverse events were observed in the mefloquine  
389 and mefloquine-artesunate treatment groups 24 hours after drug administration.  
390 Vertigo, dizziness and nausea were the most common adverse events reported.

391 All seriously affected patients were referred to the provincial hospital and  
392 provided appropriate medical care. Most of the patients recovered and were  
393 discharged from the hospital a day later. Surprisingly, patients in our current  
394 study were more likely to experience adverse events than observed in *S.*  
395 *haematobium* infected school-children in Côte d'Ivoire treated with mefloquine  
396 and mefloquine-artesunate.<sup>17</sup> Only mild and transient adverse events were  
397 observed in the latter study, with abdominal pain the most frequent adverse event  
398 reported.<sup>17</sup> We cannot explain at the moment why mefloquine and mefloquine-  
399 artesunate were not tolerated in our study population, but the *O. viverrini* infection  
400 and other host factors might play a role.

401 In conclusion, tribendimidine showed a promising activity against  
402 *O. viverrini* in our study. The nematocidal and opisthorchicidal properties of this  
403 drug are very intriguing as there is huge geographical overlap of these parasites  
404 and preventive chemotherapy is the mainstay of control. Once all preclinical  
405 studies have been completed to register the drug outside China large scale  
406 clinical studies should be conducted in *O. viverrini* endemic settings.  
407 Furthermore, it is interesting that in contrast to *in vivo* studies, antimalarial drugs  
408 are ineffective in the treatment of *O. viverrini* infections. Nonetheless, the  
409 deployment of antimalarials in areas of malaria-liver fluke coinfections might have  
410 marginal benefits as these drugs have been shown to slightly reduce *O. viverrini*  
411 egg counts. In addition, it might be of interest to study tribendimidine-praziquantel  
412 combinations in *O. viverrini* infected hamsters, as recently done in *Clonorchis*

413 *sinensis* infected rats,<sup>42</sup> since combination chemotherapy is a useful strategy to  
414 delay the emergence of drug resistance.

**What this study adds:**

**Tribendimidine at recommended doses for the treatment of soil-transmitted helminths infections achieved high cure and egg reduction rates in secondary school children infected with *Opisthorchis viverrini***

**No or only very moderate effects were observed with mefloquine, artesunate and mefloquine-artesunate against *O. viverrini***

**Frequent adverse events, many of which were serious were observed following treatment with mefloquine, and mefloquine-artesunate. Only mild and transient adverse events were observed in secondary school children treated with tribendimidine**

416 **Author Contributions** JK and PO conceived and designed the study; PS, JK,  
417 PO, SS, YV collected data; KA had the overall responsibility of data collection;  
418 PS, PO and PV analyzed data and interpreted results together with JK and CH;  
419 PS and JK wrote the manuscript; PO, KA and CH assisted with manuscript  
420 revisions; all authors read and approved the final submitted manuscript; PS and  
421 JK are guarantors of the paper.

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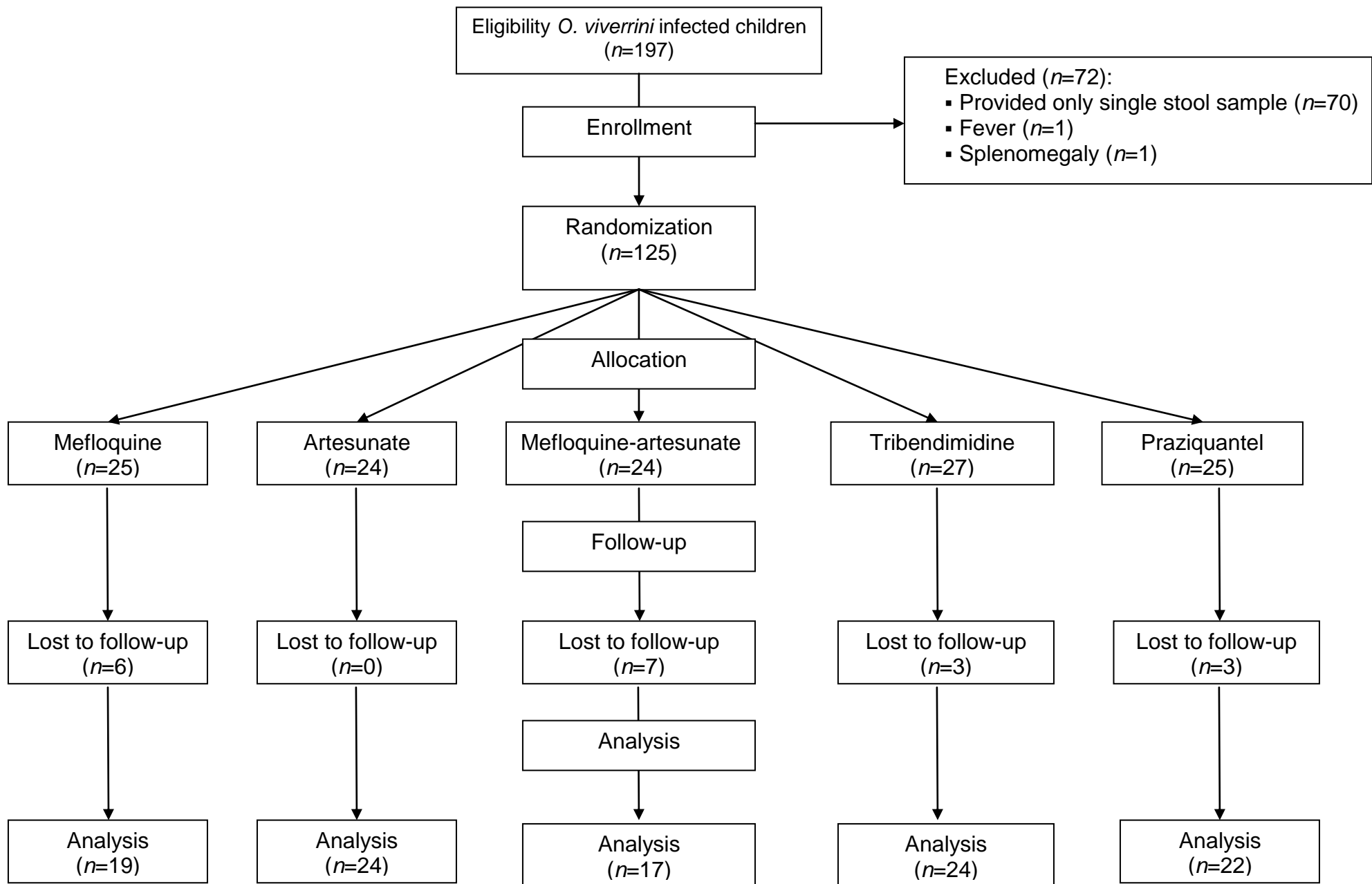


Figure 1

**Table 1. Demographic and laboratory baseline characteristics of 125 schoolchildren infected with *Opisthorchis viverrini* at inclusion**

Parameters	Drugs				
	Mefloquine (n = 25)	Artesunate (n = 24)	Mefloquine-artesunate (n = 24)	Tribendimidine (n = 27)	Praziquantel (n = 25)
<b>Characteristics</b>					
Boys/girls	16/9	13/11	12/12	10/17	12/13
Mean (±SD) age, years	13.4 (1.2)	13.3 (1.6)	13.4 (1.6)	13.3 (1.3)	13.6 (1.3)
Mean (±SD) weight, kg	39.5 (5.4)	38.8 (6.8)	38.0 (6.3)	40.6 (7.0)	39.4 (5.6)
<b>Parasite infections</b>					
<i>Opisthorchis viverrini</i> infection <sup>a</sup>					
Overall GM epg	1159.7	1368.0	1207.8	1968.1	1925.4
GM epg (range)	(609.1- 2208.0)	(745.3- 2510.9)	(715.1-2040.0)	(988.7 -3917.7)	(970.2-3821.2)
No of light infection (1-999 epg)	14 (56.0)	11 (45.8)	11 (45.8)	9 (33.3)	11(44.0)
No of moderate infection (1000- 9999 epg)	9 (36.0)	12 (50.0)	11 (45.8)	14 (51.9)	9 (36.0)
No of heavy infection (>10 000 epg)	2 (8.0)	1 (4.2)	2 ( 8.3)	4 (14.8)	5(20.0)
Co-infection with soil-transmitted helminths					
Hookworm	19 (76.0)	20 (83.3)	17 (70.8)	20 (74.1)	20 (80.0)
<i>Ascaris lumbricoides</i>	0 (0)	0 (0)	0 (0)	3 (11.1)	4 (16.0)
<i>Trichuris trichiura</i>	1 (4.0)	1 (4.2)	0 (0)	1 (3.7)	0 (0)
<i>Taenia</i> spp	2 (8.0)	1 (4.2)	1 (4.2)	1 (3.7)	3 (12.0)

<sup>a</sup> According to guideline's classification put forward by WHO, based on Kato-Katz analysis; Data are no; (%) of subject, otherwise indicated (95% confident interval); GM, geometric mean; epg, eggs per gram of stool



**Table 2. Prevalence and cure rate of mefloquine, artesunate, mefloquine-artesunate, tribendimidine and praziquantel schoolchildren infected with *Opisthorchis viverrini* at follow-up**

		<b>Intention-to-treat analysis</b>				
		Mefloquine (n = 25)	Artesunate (n = 24)	Mefloquine-artesunate (n = 24)	Tribendimidine (n = 27)	Praziquantel (n = 25)
<b>Kato-Katz thick smear technique</b>						
<i>Opisthorchis viverrini</i>						
	No. of patients cured (%)	0 (0)	1 (4.2)	1 (4.2)	19 (70.4)	14 (56.0)
	GM epg (range)	1052.2 (537.8- 2058.4)	1229.4 (625.1-2417.7)	653.9 (323.9-1320.1)	578.5 (47.7-7009.5)	159.9 (38.1- 671.2)
	ERR (%)	30.2	31.5	41.3	99.3	98.4
Co-infection with hookworm						
	No. of patients of sole hookworm infection (n = 86)	(n = 17)	(n = 20)	(n = 15)	(n = 17)	(n = 17)
	No. of patients cured (%)	3 (17.7)	4 (20.0)	3 (20.0)	11 (64.7)	2 (11.8)
		<b>Per-protocol analysis</b>				
		Mefloquine (n = 19)	Artesunate (n = 24)	Mefloquine-artesunate (n = 17)	Tribendimidine (n = 24)	Praziquantel (n = 22)
<b>Kato-Katz thick smear technique</b>						
<i>Opisthorchis viverrini</i>						
	No. of patients cured (%)	0 (0)	1 (4.2)	1 (6.0)	19 (79.2)	14 (63.6)
	GM epg (range)	1114.1 (498.9-2488.1)	1229.4 (625.1-2417.7)	669.1 (320.8-1395.7)	44.7 (11.6-171.7)	43.1 (16.6-111.7)
	ERR (%)	28.7	31.5	36.6	99.3	98.4
Co-infection with hookworm						
	No. patients of sole hookworm infection (n = 81)	(n = 15)	(n = 20)	(n = 12)	(n = 17)	(n = 17)
	No. of patients cured (%)	3 (20.0)	4 (20.0)	2 (16.7)	11 (65.0)	2 (13.0)
<b>FECT technique</b>						
<i>Opisthorchis viverrini</i>						
	No. of patients cured (%)	4 (21.1)	8 (33.3)	8 (47.1)	23 (95.8)	21 (95.5)
	GM epg (range)	182.3 (77.0-433.5)	156.2 (82.2-297.0)	114.0 (69.2-187.3)	na	na
	ERR (%)	71.0	60.0	75.0	99.1	99.0

*Note.* Data are no; (%) of subject, otherwise indicated (95% confident interval); GM, geometric mean; epg, eggs per gram of stool; ERR, egg reduction rate; ; na, not applicable

**Table 3. Comparison of treatment outcome between groups**

		<i>Intention-to-treat analysis</i>							
		<b>MQ vs PZQ</b>	<b>P</b>	<b>AS vs PZQ</b>	<b>P</b>	<b>MQ-AS vs PZQ</b>	<b>P</b>	<b>TBD vs PZQ</b>	<b>P</b>
<b>Kato-Katz thick smear technique</b>									
<i>Opisthorchis viverrini</i>									
	OR	na	na	0.03 (0.004-0.29)	0.002	0.03 (0.004-0.29)	0.002	1.87 (0.60-5.85)	0.29
	ERRR	0.40 (0.21-0.72)	0.003	0.43 (0.23 – 0.80)	0.008	0.60 (0.31-1.10)	0.08	1.00 (0.44-2.30)	0.98
Co-infection with hookworm									
	OR	1.61 (0.23-11.09)	0.63	1.88 (0.30-11.78)	0.50	1.88 (0.27- 13.09)	0.52	13.75 (2.32-81.49)	0.004
		<i>Per-protocol analysis</i>							
		<b>MQ vs PZQ</b>	<b>P</b>	<b>AS vs PZQ</b>	<b>P</b>	<b>MQ-AS vs PZQ</b>	<b>P</b>	<b>TBD vs PZQ</b>	<b>P</b>
<b>Kato-Katz thick smear technique</b>									
<i>Opisthorchis viverrini</i>									
	OR	na	na	0.02 (0.003-0.22)	0.001	0.04 (0.004-0.32)	0.003	2.17 (0.58-8.08)	0.25
	ERRR	0.36 (0.19-0.68)	0.002	0.42 (0.22 -0.80)	0.008	0.54 (0.28-1.03)	0.06	1.00 (0.44-2.31)	0.98
Co-infection with hookworm									
	OR	1.88 (0.27-13.09)	0.53	1.88 (0.30-11.78)	0.50	1.50 (0.18-12.46)	0.70	13.75 (2.32-81.49)	0.004
<b>FECT technique</b>									
	OR	0.01 (0.001-0.13)	<0.001	0.02 (0.003-0.21)	0.001	0.04 (0.005-0.39)	0.005	1.10 (0.06-18.64)	0.95
	ERRR	0.54 (0.43-0.67)	<0.001	0.81 (0.70-0.94)	0.009	0.87 (0.72-1.04)	0.14	1.00 (0.86-1.16)	0.99

**Note.** Data are odds ratios (OR, 95% confidence intervals) of parasite clearance; ERRR, egg reduction rate ratio; na, not applicable; MQ: mefloquine; AS: artesunate; MQ-AS Mefloquine-artesunate; TBD tribendimidine; PZQ Praziquantel

**Table 4.1 Clinical symptoms reported 3-48 hour after drug administration among 125 schoolchildren, stratified by treatment group**

Adverse event / Grade	No. (%) individuals with adverse event																			
	Mefloquine (n = 25)				Artesunate (n = 24)				Mefloquine-artesunate (n = 24)				Tribendimidine (n = 27)				Praziquantel (n = 25)			
	3	24	48	At any time point	3	24	48	At any Time point	3	24	48	At any time point	3	24	48	At any time point	3	24	48	At any time point
<b>Fatigue</b>																				
Mild	3	4	2	7 (28.0)	2	3	2	6 (25.0)	4	5	7	12 (50.0)	2	3	2	5 (18.5)	5	8	2	11 (44.0)
Moderate	0	0	3	3 (12.0)	0	1	1	2 (8.3)	3	1	2	5 (20.8)	0	0	0	0	0	0	0	0
Severe	0	0	2	2 (8.0)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Serious	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
<b>Asthenia</b>																				
Mild	0	4	0	4 (16.0)	0	2	0	2 (8.3)	0	4	0	2 (8.3)	0	1	1	1 (3.7)	0	0	1	1 (4.0)
Moderate	0	6	0	6 (24.0)	0	1	0	1 (4.2)	0	3	0	3 (12.5)	0	0	0	0	0	0	0	0
Severe	0	8	0	8 (32.0)	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	1 (4.0)
Serious	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
<b>Headache</b>																				
Mild	4	3	2	7 (28.0)	6	8	2	12 (50.0)	6	9	6	14 (58.3)	4	10	1	12 (44.4)	12	7	2	16 (64.0)
Moderate	1	2	4	6 (24.0)	1	2	1	4 (16.7)	1	3	4	8 (33.3)	0	0	0	0	0	2	0	2 (8.0)
Severe	0	1	3	3 (12.0)	0	1	0	1 (4.2)	1	1	1	1 (4.2)	0	0	0	0	0	2	0	2 (8.0)
Serious	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
<b>Vertigo</b>																				
Mild	6	3	1	9 (36.0) <sup>a</sup>	3	5	1	7 (29.2)	3	8	6	12 (50.0)	4	6	0	9 (33.4)	11	8	2	16 (64.0)
Moderate	1	13	4	15 (60.0)	1	0	0	1 (4.2)	1	7	4	10 (41.7)	0	1	1	1 (3.7)	0	2	0	2 (8.0)
Severe	0	0	3	3 (12.0)	0	1	0	1 (4.2)	1	1	0	1 (4.2)	0	0	0	0	0	0	0	0
Serious	0	1	1	1 (4.0)	0	0	0	0	0	1	0	1 (4.2)	0	0	0	0	0	0	0	0
<b>Vomiting</b>																				
Mild	0	1	0	1 (4.0)	0	1	0	1 (4.2)	0	2	3	4 (16.7)	0	1	1	1 (3.7)	0	2	1	2 (8.0)
Moderate	0	7	6	10 (40.0)	0	0	0	0	0	3	1	3 (12.5)	0	0	0	0	0	1	1	1 (4.0)
Severe	0	6	1	6 (24.0)	0	0	0	0	0	5	2	6 (25.0)	0	0	0	0	0	0	0	0
Serious	0	5	0	5 (20.0)	0	0	0	0	0	4	0	4 (16.7)	0	0	0	0	0	0	0	0
<b>Nausea</b>																				
Mild	2	4	1	6 (24.0)	2	3	2	5 (20.8)	7	6	6	14 (58.3)	3	7	0	9 (33.3)	5	5	1	10 (40.0)
Moderate	1	8	5	11 (44.0) <sup>b</sup>	0	0	1	1 (4.2)	0	5	3	8 (33.3)	1	0	1	2 (7.4)	1	0	1	2 (8.0)
Severe	0	2	1	2 (8.0)	0	0	0	0	0	3	0	3 (12.5)	0	0	0	0	0	0	0	0
Serious	0	2	1	2 (8.0)	0	0	0	0	0	2	0	2 (8.3)	0	0	0	0	0	0	0	0

<sup>a</sup> Significantly different from PQZ-treated children ( $p < .02$ ); <sup>b</sup> Significantly different from PQZ-treated children ( $p < .007$ ); <sup>c</sup> Significantly different from PQZ-treated children ( $p < .001$ )

**Table 4.2 Clinical symptoms reported 3-48 hour after drug administration among 125 schoolchildren, stratified by treatment group**

Adverse event / Grade	No. (%) individuals with adverse event																			
	Mefloquine (n = 25)				Artesunate (n = 24)				Mefloquine-artesunate (n = 24)				Tribendimidine (n = 27)				Praziquantel (n = 25)			
	3	24	48	At any time point	3	24	48	At any Time point	3	24	48	At any time point	3	24	48	At any time point	3	24	48	At any time point
<b>Abdominal pain</b>																				
Mild	0	0	0	0	0	1	1	1 (4.2)	0	4	0	4 (16.7)	0	1	0	1 (3.7)	0	2	0	2 (8.0)
Moderate	0	0	0	0	0	0	0	0	0	1	0	1 (4.2)	0	0	0	0	0	0	0	0
Severe	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Serious	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
<b>Dizziness</b>																				
Mild	0	0	0	0	0	0	1	1 (4.2)	0	1	0	1 (4.2)	0	1	1	1 (3.7)	0	2	0	2 (8.0)
Moderate	0	12	0	12 (48.0) <sup>a</sup>	0	0	0	0	0	7	0	7 (29.2) <sup>c</sup>	0	0	0	0	0	1	0	1 (4.0)
Severe	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Serious	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
<b>Somnolence</b>																				
Mild	0	0	1	1 (4.0)	0	1	0	1 (4.2)	0	0	3	3 (12.5)	0	1	1	1 (3.7)	0	2	1	2 (8.0)
Moderate	0	0	1	1 (4.0)	0	1	0	1 (4.2)	0	0	0	0	0	0	0	0	0	0	0	0
Severe	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Serious	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
<b>Anxiety</b>																				
Mild	0	1	0	1 (4.0)	0	2	1	2 (8.3)	0	1	2	2 (8.3)	0	1	1	1 (3.7)	0	0	1	1 (4.0)
Moderate	0	1	0	1 (4.0)	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Severe	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Serious	0	0	0	0	0	0	0	0	0	1	0	1 (4.2)	0	0	0	0	0	0	0	0
<b>Insomnia</b>																				
Mild	0	2	0	2 (8.0)	0	1	0	1 (4.2)	0	0	0	0	0	0	0	0	0	0	0	0
Moderate	0	2	0	2 (8.0)	0	0	0	0	0	1	0	1 (4.2)	0	0	0	0	0	0	0	0
Severe	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Serious	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0

<sup>a</sup> Significantly different from PQZ-treated children (p< .02); <sup>b</sup> Significantly different from PQZ-treated children (p< .007); <sup>c</sup> Significantly different from PQZ-treated children (p< .001)

**Table 5. Summary of clinical symptoms recorded at 3-48 hour after drug administration, stratified by treatment group**

<b>Adverse event arisen after treatment</b>	<b>Treatment group</b>					<b>Total (n=125)</b>
	<b>Mefloquine (n=25)</b>	<b>Artesunate (n=24)</b>	<b>Mefloquine-artesunate (n=24)</b>	<b>Tribendimidine (n=27)</b>	<b>Praziquantel (n=25)</b>	
At least 1 adverse event	22 (88.0)	16 (66.7)	23 (95.8)	20 (74.1)	20 (80.0)	101 (80.8)
Mild	18 (72.0)	15 (62.5)	20 (83.3)	19 (70.4)	20 (80.0)	92 (73.6)
Moderate	19 (76.0)	5 (20.8)	16 (66.7)	2 (7.4)	5 (20.0)	47 (37.6)
Severe	12 (48.0)	2 (8.3)	4 (16.7)	1 (3.7)	4 (16.0)	23 (18.4)
Serious	4 (8.3)	0	8 (33.3)	0(0)	0(0)	12 (9.6)