

UNIVERSITY OF JOHANNESBURG
HIV & AIDS Report 2011 & 2012

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HIV & AIDS Report 2011 & 2012

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FOREWORD

Registrar and MEC member of the HIV and AIDS Committee

The University of Johannesburg's commitment to the directives outlined in the NSP and specifically the Policy and Strategic Frameworks on HIV and AIDS for Higher Education (2008; 2012) is indisputable.

The biggest epidemics in Sub-Saharan Africa, including South Africa, have either stabilised, or are showing signs of decline. Although South Africa's epidemic remains the largest in the world with 5.6 million people living with HIV in 2009, new indications show a slowing of HIV incidence amid some signs of a shift towards safer sex among young people (UNAIDS, 2010). Furthermore, the South African Government's commitment to the rollout of anti-retroviral therapy (ART) has been widely commended and the positive effects are being seen in the decrease in the mortality rate among people living with HIV in South Africa.

The Government's commitment towards combatting the HIV epidemic is underpinned by the National Strategic Plan for HIV and AIDS, STIs and TB, referred hereto as the NSP, developed in 2007 and reviewed in 2011. This plan encompasses a sector-wide commitment from governmental departments, including the Department of Higher Education and Training (DHET). The DHET has contributed invaluable to the NSP over the years through its Higher Education AIDS Programme (HEAIDS) which functions under the auspices of Higher Education South Africa (HESA).

The University of Johannesburg's commitment to the directives outlined in the NSP and specifically the Policy and Strategic Frameworks on HIV and AIDS for Higher Education (2008; 2012) is indisputable.

In 2010 UJ committed to a three-year plan to implement the directives outlined in the Policy Framework on HIV and AIDS for Higher Education (2008). The ultimate goal for implementation was integration and mainstreaming of HIV and AIDS into the core functions of the University that would ultimately lead to a comprehensive response from the University in addressing HIV and AIDS. The journey towards mainstreaming and integration has resulted in key strategies and partnerships being formed to ensure sustainability of programmes beyond 2012.

Therefore, the second edition of the UJ biennial *Reflexions* publication attempts to reflect on the journey undertaken by the UJ Community in 2011 and 2012 in achieving a comprehensive HIV and AIDS response owned by all for the greater well-being of both our students and staff.



HIGHLIGHTS

2011 to 2012

- Sexual Health Campaign launched by Primary Health Care
- Community Engagement initiatives expanded
- UJ line managers stepping up to the HIV Challenge
- UJ clothing drive for Care Month
- Candlelight with a Difference
- The Soweto LINK Book Club launched
- LINK@Alexandra partnership formed
- Drama For Life poetry initiative
- HIV counselling and testing (HCT) significantly increased
- Rea Bua Staff Wellness Programme established
- UJ's HIV and AIDS policies aligned with the National Strategic Plan for HIV and AIDS, STIs and TB (2012 to 2016) and the Policy and Strategic Framework on HIV and AIDS for Higher Education (2012 to 2016)
- AM.I campaign extended
- Policy Framework on HIV and AIDS for Higher Education in South Africa sustained beyond 2012:
 - ✘ FADA Making a Difference Project
 - ✘ Interdisciplinary forum for prevention, care and support
 - ✘ Research databases support for HIV research
 - ✘ Faculty of Science's HIV curriculum integration and TB research
 - ✘ UJ Student Life's commitment to addressing risky behaviour among students in residences
 - ✘ Faculty of Health Sciences Nursing Department supports UJ's Staff Wellness Testing Campaign
 - ✘ Faculty of Humanities Social Work Department's HIV Research Project
 - ✘ HIV Colloquium: Academic space for dialogue and sharing
- Partnerships formed
- UJ Wellness Programme for HIV-positive students and staff established
- UJ's First Things First Campaign in collaboration with HESA/ HEAIDS
- IOHA Facebook page launched
- Dr Condom column launched



UJ's HIV and AIDS STRATEGIC THRUSTS: 2011 to 2020

Executive Summary

In the next decade UJ will position itself as a modern African city university, which is cosmopolitan in character, and asserts academic freedom in the liberal, progressive and transformative values it espouses. It will provide education that is affordable and accessible, that is challenging, imaginative and innovative, and contributes to a just, responsible and sustainable society. It will offer a comprehensive range of excellent programmes and will cultivate students with integrity, who are knowledgeable, well balanced and ethical and global citizens.

In keeping with this vision, the HIV and AIDS Committee will achieve and implement a coordinated, comprehensive and integrated response in mitigating and managing the effects of the HIV and AIDS epidemic, based on four of UJ's strategic thrusts.

Thrust 1

Sustained excellence of academic programmes, research and community engagement achieved through:

- i. teaching and learning, research and strategic engagement with communities that is mutually beneficial and promotes social, economic and educational development related to HIV and AIDS.

Responsible Faculty/Department	Roles
Academic faculties	Engagement, research and teaching
Research and Innovation Division	InfoEd research data
Library and Information Services	Research data
Community Engagement	HIV and AIDS community engagement data

Thrust 5

A brand that identifies UJ with relevant, accessible and excellent higher education achieved through:

- i. transforming the UJ brand strategy which incorporates an internal brand campaign that highlights annual themes related to HIV and AIDS.
- ii. targeted marketing messages related to HIV and AIDS that ensures internal brand alignment with external messaging in the staff and student population.

Responsible Faculty/Department	Roles
Corporate Marketing and Communications	Communication and marketing aimed at staff
Student Media: <i>UJ Observer</i> and UJFM	Communication and marketing aimed at students

Thrust 6

Leadership that matters, in the institution and in civil society, achieved through:

- i. leadership roles and responsibilities related to HIV and AIDS;
- ii. efficiency and effectiveness;
- iii. student leadership development and mentoring;
- iv. institutional culture.

Responsible Faculty/Department/Committee	Roles
MEC representative on the HIV Committee Chairperson: HIV Committee	Leadership role and responsibilities
HIV Committee Corporate Governance Division for Institutional Planning and Quality Promotion (DIPQP)	Efficiency and effectiveness Document storage on ImageNow
Executive Director: Student Affairs Head: Student Governance and SRC Head: Student Life and House Committees	Student leadership, development and mentoring
HIV Committee	Institutional culture



Thrust 8

Resources that enable UJ's fitness for purpose, support the achievement of the primary thrusts, and facilitate a responsible and responsive institutional citizenship achieved through:

- i. comprehensive service delivery for targeted prevention, care and support for students and employees.

Responsible Departments	Roles
HR Wellness	Staff peer education programme Support and referral of employees Promotion of HCT and other wellness campaigns for employees
Access Health	Employee EAP service provider
Occupational Health Care	Incapacity management and provider-initiated counselling and testing (PICT) for employees to support HCT
HR Training and Development	Coordination of employee training on HIV- and AIDS-related matters
Occupational Safety	Safety training and promotions for students and employees
Primary Health Care	Health services for students and employees, including health promotion within Campus Health and PICT to support HCT.
Institutional Office for HIV and AIDS (IOHA)	Prevention campaigns for both students and employees in support of HCT Student peer education programme Psycho-educational and social support for students Community engagement opportunities for students
PsyCaD	Therapeutic support and collaborative prevention projects with IOHA
Health Training Centre	Prevention of accidental exposure to infectious agents in the clinic



Prof. M. Muller (Registrar) –
MEC Representative on the
HIV and AIDS Committee

THE HIV AND AIDS COMMITTEE

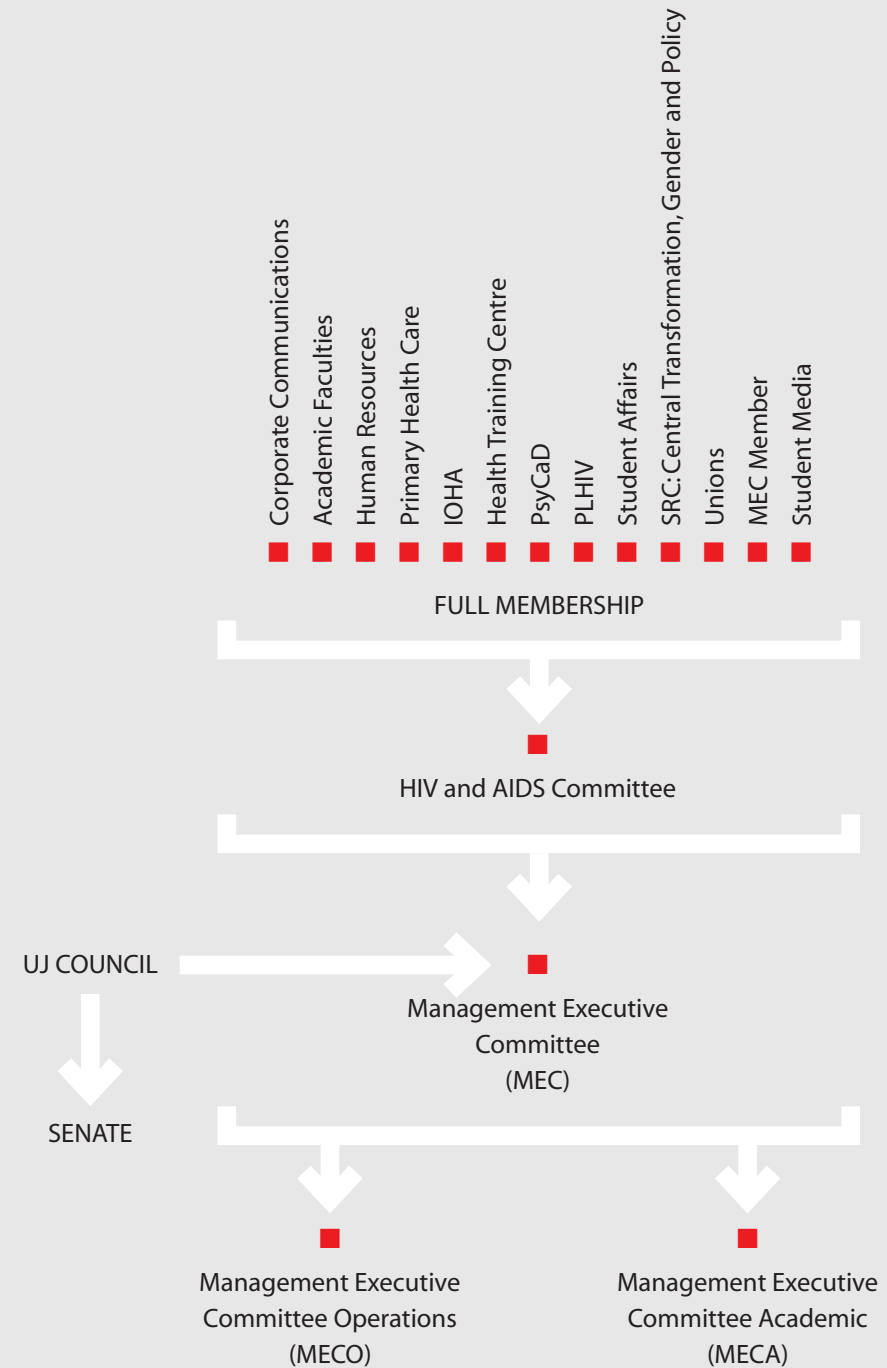
The HIV and AIDS Committee, which is appointed by the Management Executive Committee (MEC), fulfils a coordinating role at the University of Johannesburg with regards to South Africa’s Policy Framework for Higher Education on HIV and AIDS, STIs and TB in South Africa and functions within the legal and management framework of the University of Johannesburg.

Purpose

The purpose of the HIV and AIDS Committee is to facilitate the goals of the Policy Framework for Higher Education on HIV and AIDS, STIs and TB within the UJ community by:

- reducing the threat of the spread of HIV and AIDS, STIs and TB;
- mitigating its impact through planning and capacity development;
- managing the impact of the epidemic in a way that reflects the mission of higher education institutions in society.

UJ’s HIV and AIDS Programme



UJ's Policy Framework on HIV and AIDS for Higher Education in South Africa: Achievements (2011 to 2012)

1. Faculty of Art, Design and Architecture: Making a Difference Exhibition

The Faculty of Art, Design and Architecture (FADA) steadfastly supports IOHA's ongoing campaign to provide education on HIV and AIDS to the UJ community. During the year under review, FADA continued its commitment to provide input on HIV and AIDS via its curricula-integration programme in the various art and design disciplines. In this regard, the departments of Visual Art, Graphic Design, Multimedia Design and Interior Design participated in an HIV and AIDS awareness campaign by producing creative outcomes in order to promote a critical consciousness among students and various UJ constituencies.

The participating departments developed unique curricula-intervention outcomes that involved graphic-advocacy, multimedia and interior design campaigns by second- and third-year students. The campaigns involved the production of screen prints, posters, high-resolution digital graphics, digital animation and three-dimensional works that instilled awareness of the IOHA Make a Difference Campaign on the APB Campus. The wider application of the projects on other UJ campuses is mooted.



Vedant with the winner from the Department of Visual Art at the Exhibition in 2012

It is envisaged that FADA's curricula-integration programmes will afford students a visual voice to address perceived deficits regarding a sustained social response to the HIV pandemic. Such an engagement by the students will empower them to participate more actively in generating awareness about HIV and AIDS. Some of the key issues that emerged from the project include how perceptions of HIV and AIDS impact on the students' understanding about the pandemic, and how active learning in the context of visual art and design interventions can foster positive, personal and social change.

Vedant Nanackchand
(Head of Visual Art)



Human Genetics and Infectious Disease Research Group. Front, from left to right: Tamsyn Jeffery (MSc student), Furaha Asani (MSc student), Vanessa O'Neill (PhD student). Back, from left to right: Donovan Saccone (MSc student), Prof. Liza Bornman, Dr Gerrit Koorsen

2. Faculty of Science: HIV curriculum integration and TB research in the Department of Biochemistry

The Department of Biochemistry presents courses that form an integral part of the BSc in Life and Environmental Sciences and BSc in Physical Sciences degrees. HIV is integrated into the curriculum at second- and third-year levels. In the Biochemical Techniques course (BIC2A10), presented by Dr Gerrit Koorsen in the first semester of the second year of study, students are exposed to a wide variety of technologies used to study the structure and function of proteins. Wherever possible, HIV proteins are used to illustrate these concepts.

BIC2A10 students were given the assessed task to design a poster to explain HIV testing procedures to the layperson. These posters were entered into the IOHA Make a Difference Poster Competition and Exhibition. Duodane Smith received the prize for the best poster in the Biochemistry category.

The Enzymology course (BIC2A30), presented in the second semester of the second year of study by Dr Marianne Cronjé, deals with the workings of enzymes. The HIV1 protease, a key player in the function of the virus, is discussed at length in this course.

Lastly, in the third year of study, specific themes covered in the Molecular Physiology course (BIC3B01), such as pathogens, infection and innate and adaptive immunity, are presented with a special focus on TB and HIV. In addition, a separate section devoted to HIV and AIDS forms part of the curriculum and is presented in two lectures. A PowerPoint presentation prepared for the layperson was made available to Biochemistry third-year students this year for their own use in HIV and AIDS awareness and training of fellow students, friends and family. This course is presented by Prof. Liza Bornman.

Although research in the Department of Biochemistry does not focus on HIV per se, Prof. Liza Bornman presently heads a research group that focuses on human genetic and epigenetic factors influencing susceptibility to infectious diseases, specifically tuberculosis (TB). The group consists of three MSc students and a PhD student and is co-supervised by Dr Koorsen. According to Statistics South Africa, non-HIV TB is the leading natural cause of death in South Africa. *Mycobacterium tuberculosis*, the causative agent of TB, usually enters the body via inhalation into the lungs.

The first line of defence against infection by this bacterium is the innate immune response. In this response, immune cells perceive the presence of the bacterium via receptors on their cell membranes, an event which ultimately leads to the activation of numerous defence genes. Activation of these defence genes relies heavily on the presence and functionality of a protein called the vitamin D receptor (VDR), as well as sufficient levels of active vitamin D3. The levels and functional abilities of the vitamin D receptor rely upon the genetic sequence of the gene, as well as the epigenetic regulation of this gene's expression.

Currently, the group's research involves determining how the genetic and epigenetic variables of the VDR in individuals relate to TB status, and how these factors differ between Caucasian, Venda and ethnically diverse African populations. The study may also give insights into why the different populations show varying levels of susceptibility or predisposition to TB. Knowledge gained from the study can be shared with authorities involved in the management of the TB burden in South Africa, and may contribute to early identification and monitoring of individuals at risk for the development of TB. This is of the utmost importance in the light of the synergy between HIV and TB in Southern Africa.

Dr Gerrit Koorsen

(Senior Lecturer: Biochemistry)



Blood pressure testing done by Nursing students during the Wellness Day for staff



Nursing students assist staff with Wellness Day glucose and blood pressure testing

3. Faculty of Health Science: Nursing Department supports UJ's Staff Wellness Testing Campaign

For the 2012 Staff Wellness Day, undergraduate students (BCur) from the Nursing Department assisted with the screening procedures, such as taking blood pressure and assessing blood sugar levels, under the supervision of the lecturers.

We referred all patients requiring HIV testing to the HIV-testing mobile station and our BCur students, who were manning the information desk, promoted the importance of HIV testing and even underwent testing themselves.

Our students gained clinical experience on that day which contributed towards their direct practical guidance hours.

Nomasonto B.D. Magobe

(Lecturer: Primary Health Care)

4. Annual HIV Colloquium: Academic space for dialogue and sharing

The HIV Colloquium was instituted four years ago and has since gained momentum within UJ. The Colloquium's main purpose is to provide a space for Academics and Support Services to share and dialogue around pertinent HIV- and AIDS-related issues that would ultimately inform practice. In 2013 it is envisaged that the Academic representatives serving on the HIV Committee will steer the Colloquium programme and activities.

4.1 HIV Colloquium 2011

The annual IOHA Colloquium took place on 21 September 2011. The topic for discussion was "Prevention through HIV-curriculum integration and research"

The Colloquium was well attended by representatives from various institutions, namely the Centre for Disease Control, the Wits Institute for Social and Economic Research (WISER) and the University of the Free State (UFS). Internal partners also attended and presented at the Colloquium and included FADA, the Department of Sociology, the Faculty of Humanities, the Faculty of Health Science, Campus Health, IOHA, Biochemistry, MEC members, student organisations and the SRC.

The Colloquium addressed issues on how the HIV epidemic is affecting South Africa, especially our youth, students and school children. The presenters shared their views and ideas on how HIV should be integrated into the curriculum at university and at school level.

4.2 HIV Colloquium 2012

The 2012 Colloquium was held on 27 September 2012 at the School of Tourism and Hospitality at APB. The theme of the Colloquium for 2012 was "Taking HAART: A fly-on-the-wall account of the struggle for treatment access." The theme was presented by Jack Lewis, the Director and Producer of the documentary "Taking HAART."



Jack Lewis conversing with the audience

The audience were captivated by the documentary, as for many it was the first time they had learnt about the Treatment Action Campaign's struggle for antiretroviral treatment in South Africa. For others it brought back memories of a very difficult struggle.

After the showing of the documentary, Jack Lewis gave his perspective on the entire campaign and answered questions from the audience.

The Colloquium created a renewed understanding of the pandemic which elicited great interest among stakeholders.



Dale Towert
Research Information System
Project Manager

5. UJ research databases support for HIV research

5.1 The Research Information System (RIMS)

UJ is a leading member of, and an active participant in, the National Research Information Management System Consortium. The Research Information Management System (RIMS), hosted by the National Research Foundation (NRF), is a collaborative effort between South African research institutions working together as a consortium to enhance their research management capabilities. The majority of South Africa's higher education institutions and various science councils are members. RIMS is aimed at providing an integrated view of research and development investments in the country. Information and reports collected from the system enable government to formulate policies that will drive the National System of Innovation.

UJ uses one of the RIMS modules, the Research Output Module (ROM), to capture and report on all research that qualifies for subsidy by the Department of Higher Education and Training (DHET). Practically, this means that we have over 40 RIMS users spread across the faculties and support departments that capture information pertaining to all research articles in approved journals, authored books and chapters, and conference proceedings. In addition to information that RIMS users are obliged to report on, we also capture "meta data", which includes extracts from the research output's abstract and certain keywords and phrases to describe the research. By using custom-designed database queries, and by carefully searching and filtering this meta data for keywords and phrases such as "HIV", "AIDS" and "HIV/AIDS", we are able to report on UJ's research activity in this area. It should be emphasised, however, that at this stage only research that qualifies for DHET subsidy is captured, and therefore some HIV- and AIDS-related research may not be included. We are looking forward to extending the capture process to include all research in the near future.

5.2 UJ Library and Information Centre

UJDigispace is an institutional repository, a database with a set of services to capture, store, index, preserve and redistribute the University of Johannesburg's scholarly research in digital format. The database is aimed at providing a central dissemination point for the University's research output and serving as a tangible indicator of the quality of its research, thus increasing its visibility, prestige, and public value.

The UJ Library and Information Centre manages UJDigispace. So far a large volume of full text theses and dissertations have been uploaded, while more UJ research articles and conference proceedings, as well as book chapters, will be added regularly. The library takes responsibility to ensure compliance



UJ Library team

with the copyright and archiving policy of the publications these articles appeared in originally.

As a gateway for UJ's research, UJDigispace is registered with a number of international open access directories, i.e. the Directory of Open Access Repositories – OpenDOAR, the Networked Digital Library of Theses and Dissertations and the Ranking Web of Repositories. For more information about UJDigispace, please contact ujdigispace@uj.ac.za or visit <https://ujdigispace.uj.ac.za>

6. Interdisciplinary Forum for Prevention, Care and Support

The University's care and support programme for people living with HIV (PLHIV) has strengthened extensively over the past three years. This can be attributed to the wellness programme that was adopted by the relevant UJ professional services responsible for care and support of PLHIV.

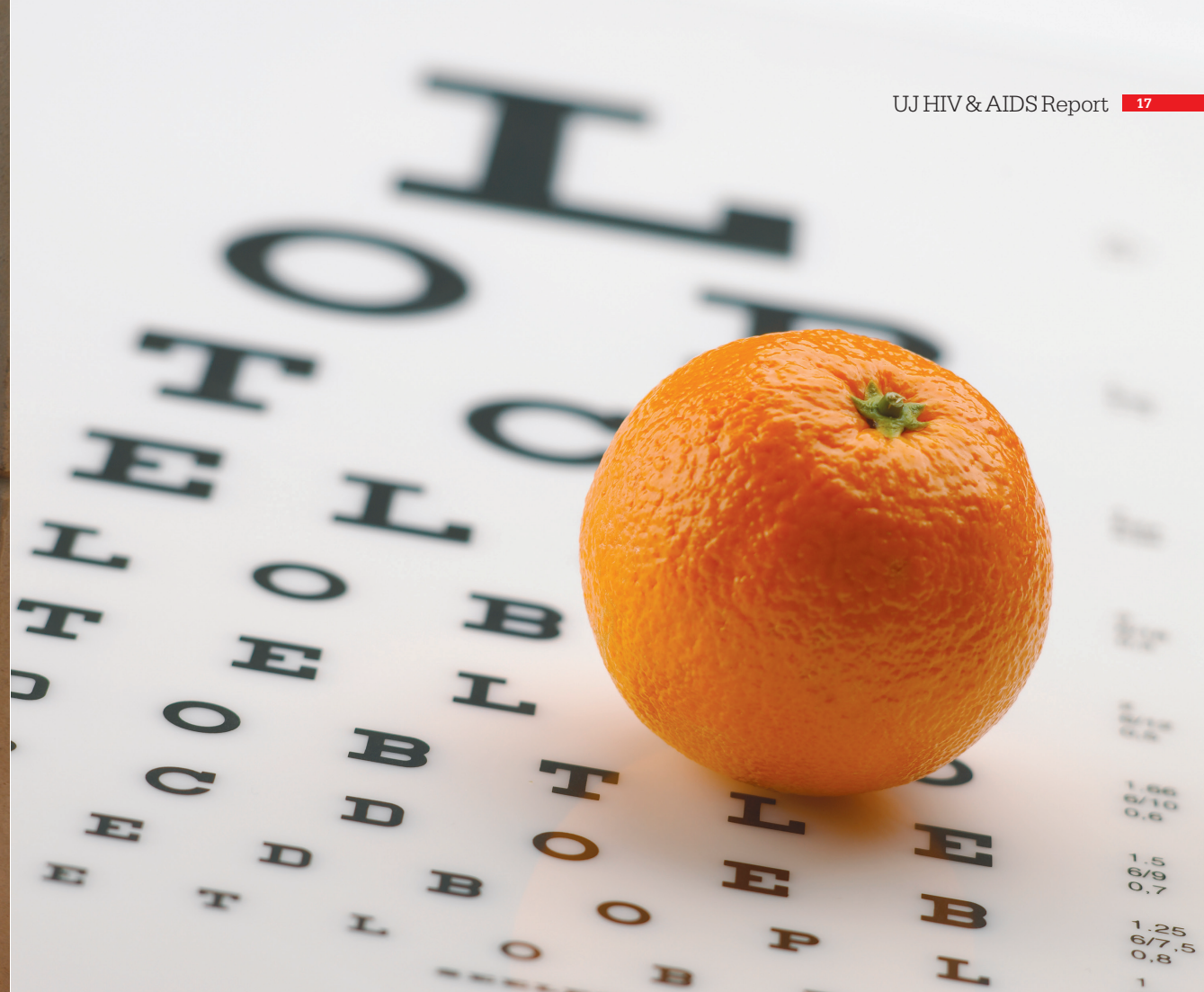
The purpose of the wellness programme is the provision of ongoing care and support to HIV-infected students and staff through clinical examinations by Campus Health (Primary Health and Occupational Health Care), the provision of psycho-social and psycho-educational support on an individual and group basis (IOHA for student support and HR Wellness for staff support) and the provision of psychotherapeutic support by PsyCaD and Access Health (UJ EAP external service provider).

As yet, the University of Johannesburg **does not** provide anti-retroviral therapy (ART); however, it does have in place a referral system and partnerships with recommended antiretroviral treatment sites that are in close vicinity to the various campuses. Various UJ support structures coordinate the smooth enrolment of the patient into a recommended ART site close to their campus.

To further enhance its wellness programme, UJ established an Interdisciplinary Forum that serves as a platform for capacity building, collaborative initiatives and strengthening of referrals and follow-ups.



Prof. Bobby Mandew
(Executive Director:
Student Affairs)



7. UJ Student Life commits to address risky behaviour among students in residences

The Risky Student Behaviour Strategy was established in September 2008 to address the issue of risky student behaviour among students at UJ and to provide an intervention strategy in this regard. A committee comprising all the student support units of the University and the SRC was established to drive the strategy. Risky student behaviour (RSB) is defined as any type of behaviour that can negatively impact or influence a student's behaviour and normal functioning. Apart from substance and drug abuse and crime, the focus of the RSB strategy is on HIV and AIDS.

In 2013 the SRC and residences will be focusing specifically on HIV and AIDS programmes in residences on UJ campuses and in the accredited off-campus accommodation. Apart from the HIV and AIDS programmes on campus, the residences have committed to the rollout of HIV and AIDS awareness programmes. A sixth pillar promoting HIV and AIDS awareness has been added to the residences' Five Pillar Model of sport, culture, leadership, community outreach and the social aspect. These pillars promote the holistic development of students and underpin the academic excellence programme in the residences. UJ has also made funds available to residences to support all HIV and AIDS programmes for 2013. The residence programmes have been aligned with the programmes at IOHA and the Primary Health Care Services.

8. HR Wellness

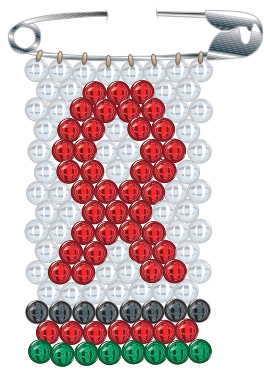
The University of Johannesburg's HIV and AIDS workplace programme is managed and coordinated by the Employee Wellness Office, under the leadership of the Executive Director: Human Resources. The Office also serves on the HIV and AIDS committee that is chaired by the Head of IOHA, under the leadership of the Registrar. The Employee Wellness Programme and HIV Workplace Programme are aligned to the UJ Wellness Strategy, which has been implemented as part of the UJ Employee Wellness Programme.

Highlights (2011 to 2012)

PREVENTION

8.1 Rea Bua Project for service staff

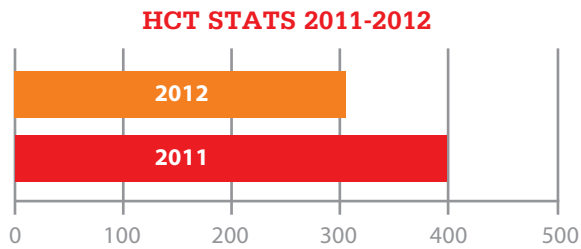
The KAPB and Zero-prevalence Research Report, released in 2010 by HESA, revealed a prevalence rate of 13.3% among the service staff. In its response to curb the spread of HIV in this specific group of staff, the HR Wellness Department launched the Rea Bua Programme. This programme includes HIV-awareness sessions and talks. During 2011 and 2012, 2 144 staff participated in the programme.



8.2 UJ line managers stepping up to the HIV challenge

Training of line managers forms an integral part of HIV prevention in the workplace. Line managers are the first point of contact when employees stay absent due to ill health. In equipping line managers with the knowledge and skills on how to deal with ill health, the Wellness Office facilitated workshops specifically aimed at line managers. One hundred and forty line managers received training during 2011 and 2012.

8.3 HIV counselling and testing (HCT) Campaign

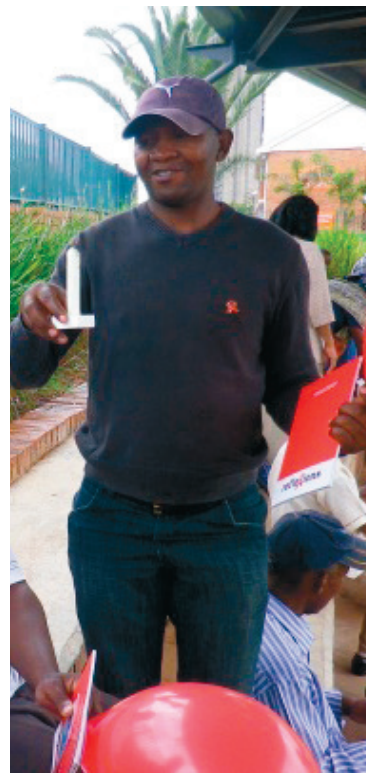


The table indicates the number of staff tested from 2011 to 2012 during the Staff HCT/Wellness Campaign and individual testing at Campus Health.

International World AIDS Day



First International World AIDS Day held for staff on 1 December 2011



Staff Peer Education Programme



Staff peer educators during the Employee Wellness Campaigns

Events hosted by staff peer educators



DFC staff peer educators on Mandela Day at the Door of Hope in 2012

DFC staff peer educators Visibility Campaign



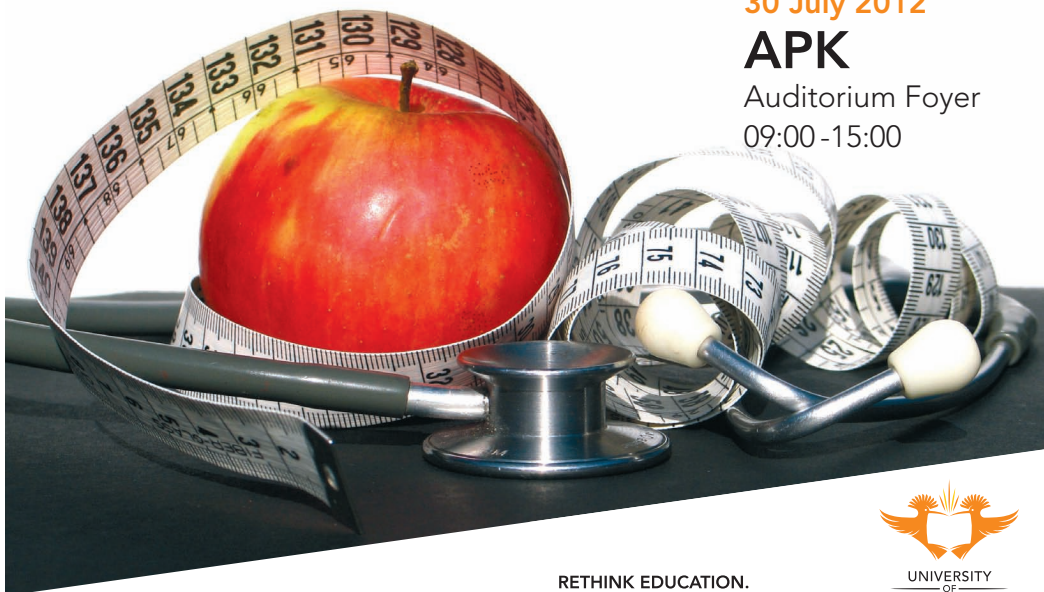
APK staff peer educators World AIDS Marketing Campaign in 2012

“take charge of your wellness, reduce vulnerability”

UJ WELLNESS DAYS

The **University of Johannesburg** and **Alexander Forbes** invites you to join them for a wellness day – the following screening tests will be done:

- Blood Pressure Testing
- Blood Sugar Testing
- BMI (Body Mass Index)
- Cholesterol Testing
- HIV Testing



RETHINK EDUCATION.
REINVENT YOURSELF.



DATES & TIMES

23 July 2012

DFC

Library Foyer
09:00 -14:00

24 July 2012

APB

FADA Building
09:00 -14:00

26 July 2012

SWC

Bram Fisher Building
09:00 -14:00

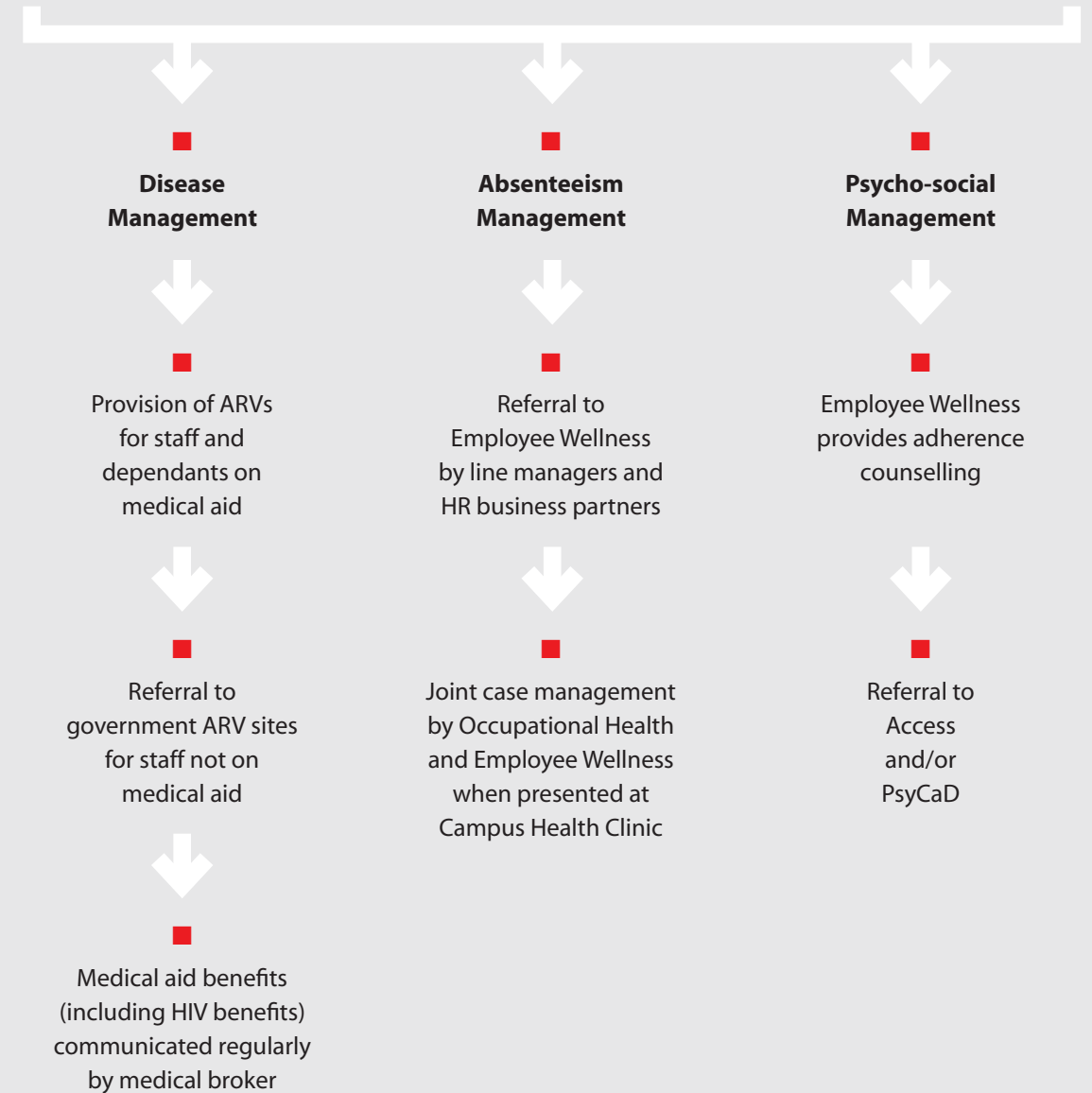
30 July 2012

APK

Auditorium Foyer
09:00 -15:00

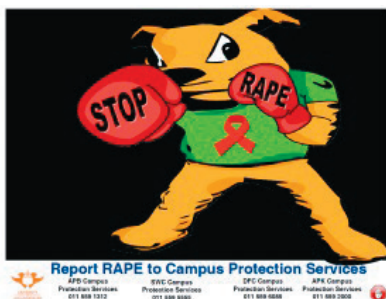
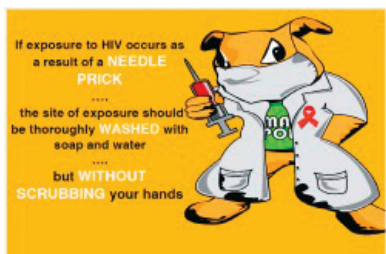
MEDICAL AID CARDS MUST BE PRESENTED ON THE DAY

Treatment, Care and Support





The Fire Marshall at Occupational Safety conducts monthly condom monitoring on all campuses



9. Occupational Safety Department

The main focus of Occupational Safety is to provide and maintain a workplace that is safe and without risk to the health and safety of UJ employees and that non-employees who may be directly affected by UJ's activities are not exposed to hazards to their health and safety. This is in accordance with the vision, mission, core values and legal and management framework of the University of Johannesburg.

In its mission to provide a safe working environment pertaining to HIV and AIDS, Occupational Safety integrates universal precautions related to blood exposure and cleaning of blood into its first aid training, which was provided to safety officers and first aiders in 2011 and 2012.

Occupational Safety, in collaboration with IOHA, also launched the HIV-Infection Prevention Campaign to create awareness around Post Exposure Prophylaxis (PEP) related to rape incidents on and off campus. Another successful campaign was launched in 2012 to create awareness around needle stick injuries, TB and preventing mother-to-child transmission of HIV (PMTCT).

Left: Posters created for the Occupational Safety Campaign

10. Prevention, Care and Support

Primary Health Care

HIV counselling and testing (HCT) is provided daily by the HCT counsellors stationed at the four UJ Primary Health Care facilities. This service is free and available to both students and staff.

Sexual Health 4 All Campaign

Background

The Primary Health Care section of Campus Health Services embarked on the Sexual Health for all Campaign for the first time in August 2012. The campaign was decided upon after the clinic noted the increase in the number of sexually transmitted infections across all campuses. It was intended to reach out to students and staff of all sexual orientations.

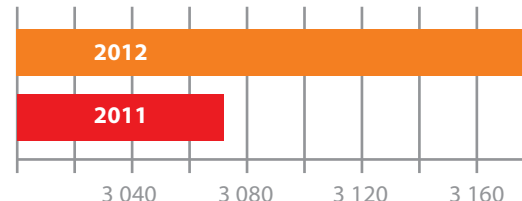
Collaboration

A private non-profit organisation called Ipas, which focuses on reproductive health, came on board and trained the Primary Health Care practitioners on reproductive health promotion. Training included the rights and responsibilities of clients regarding their sexual health. Topics such as the choice on termination of pregnancy were discussed in detail, in response to the high number of unplanned pregnancies identified.

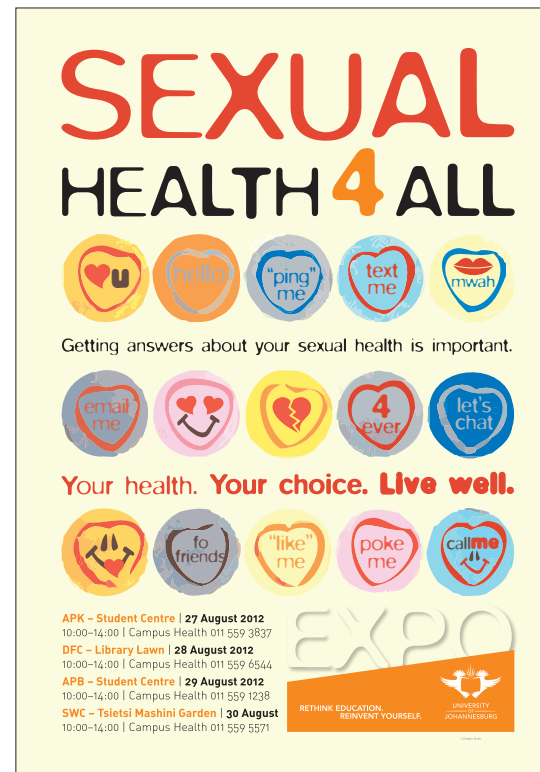
The event

The campaign took place over four days; a day being spent at each campus. There were stalls from Health 4 Men, Ipas and the UJ Primary Health Care Clinics. Health 4 Men provided information on services that are offered specifically for males. The main attraction was the unique condoms and lubricants that were available at their stall. Ipas was represented by Buyile Buthelezi who came with representatives from the United States. Information was provided to all who attended and questions were answered as the students got to know what the campaign was all about. A list of referral centres

HCT STATS PRIMARY HEALTH CARE



Staff and students tested at Campus Health in 2011 and 2012



Buyile Buthelezi (Ipas) demonstrating condom use

for the services not offered at the University was handed out to students.

A representative from Netcare, Sue-Ann Mohapi, was there to talk about the free service offered by her organisation to clients who have been sexually assaulted. The service includes free medical and psychological treatment and support if a client chooses to report the case to the police. The clinic provided pamphlets which included information on date rape and how to tell if you have a sexually transmitted infection.

Achievements

The campaign was a success because of the response from most students who attended. A few staff members were also there and provided positive feedback. This will be a yearly campaign as the need still exists. It is estimated that between 500 to 700 students and staff from each campus received pamphlets, health information and referrals during the campaign.

Management

Primary Health Care provides biomedical support to HIV-positive patients in line with the protocol prescribed by the National Department of Health. This includes:

- CD4 count blood test post-diagnosis and every 6 months thereafter;
- referral of patients eligible for anti-retroviral treatment to the nearest ARV site;
- referral of patients not yet eligible for treatment for isoniazid prophylactic therapy (provided tests prove no evidence of tuberculosis);
- monthly monitoring of all HIV-positive patients, including nutritional support and treatment of opportunistic infections;
- referral for further clinical management in the case of acute illness;
- annual administration of pap smears and referral of positive tests to the nearest hospital for interdepartmental management;
- provision of free flu vaccines to HIV-positive patients in an effort to reduce adverse influenza infection.



Sr Selva Chetty sharing information with students



Primary Health Care Staff



*Dr Pieter Els
(Manager: Health
Training Centre)*

11. Health Training Centre

HIV and AIDS is one of the most significant health and socio-economic problems South Africa has been faced with in recent years. Educating the youth and younger adults in the prevention of contracting or spreading HIV is but one step in the national effort to curb the epidemic.

In March 2004 when I joined the then Technikon Witwatersrand (TWR) I was immediately commandeered to get involved with the institution's HIV and AIDS Committee, firstly because of my background as a medical practitioner and secondly because of my position as the Manager of the Health Training Centre of the Faculty of Health Sciences, then known as the Health Clinic.

In 2005 TWR, the Rand Afrikaans University (RAU) and two Vista university campuses merged and became the University of Johannesburg. I have served on the HIV and AIDS Committee, as well as various other health-related institutional committees, in the nearly 10 years that I have been at the institution. Despite all the difficulties of a merger, the work and efforts of the HIV and AIDS Committee had to continue as the epidemic worsened. Getting a functional and effective HIV and AIDS Committee and policy established was a difficult task, but reflecting back over these years we can say that we have achieved the majority of our goals and objectives.

The HIV and AIDS Committee is divided into subcommittees and I served as co-task team leader for a period of time for the Prevention, Care and Support Subcommittee. My main function was concerned with the prevention of students and staff members contracting HIV while studying or during experiential training within the Faculty of Health Sciences. I wrote the Policy for Management of Staff, Students and Patients who are Exposed to Infectious Diseases in May 2008 and it has subsequently been revised three times. The management of HIV exposure is incorporated into this policy and some aspects also pertain to certain students within the Faculty of Science. All injuries, including any exposure to HIV, are recorded monthly within the Faculty of Health Sciences.

I have been fortunate to work with such a dedicated and professional team for so many years and remain committed to do so in future.



Prof. H.G. Pretorius
(Director: PsyCaD)

12. PsyCaD – Centre for Psychological Services and Career Development

The Centre for Psychological Services and Career Development (PsyCaD) of UJ strives to be a centre of excellence for the provision of psycho-social services to UJ faculties, students and staff. This includes psychological services to students and staff affected by and living with HIV and AIDS. In this regards we partner with IOHA.

PsyCaD aligns itself not only with UJ's strategic plan and direction on AIDS, but also actively contributes to the values of the policy framework on HIV and AIDS. Annually, we provide the Campus Health services with 12 to 14 intern psychologists to do HCT on a weekly basis. These intern psychologists work under the supervision of registered psychologists and PsyCaD is accredited for their training at the Health Professions Council of South Africa (HPCSA). We also provide psychological support groups for students and staff with HIV and AIDS, as well as a psychological debriefing for the HCT counsellors employed by Primary Health Care Services.

PsyCaD provides a myriad of psycho-educational services that interlink with HIV and AIDS. A variety of preventative, developmental and curative interventions relating to gender issues are provided. This includes rape, date rape, sexual health and sexual harassment among others.

PsyCaD is proud of our collaboration with IOHA and is committed to the UJ cause relating to HIV and AIDS.



The Institutional Office for HIV and AIDS (IOHA)

The Institutional Office for HIV and AIDS facilitated and supported the implementation of the Policy Framework for Higher Education on HIV and AIDS, STIs and TB in collaboration with relevant UJ stakeholders.

This collaboration has resulted in the mainstreaming and integration of HIV and AIDS within the core functions of the University as outlined in this publication. The journey undertaken with our UJ partners over the past few years has been inspiring – and at times challenging – but most of all heartwarming.

IOHA is a service-delivery division within UJ with most services aimed at the student community.



Teolene Foster (Head: IOHA)

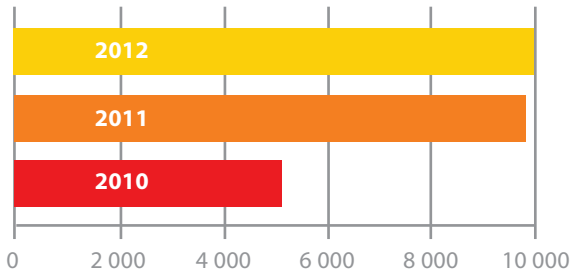


IOHA HIGHLIGHTS 2011 to 2012

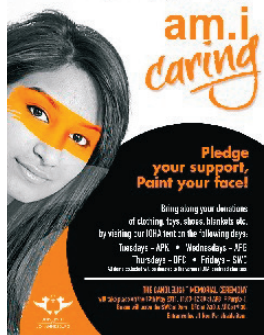
HIV counselling and testing (HCT) increases significantly

Since the introduction of mass HCT Campaigns in 2011, UJ has witnessed a significant increase in the HCT uptake. In fact, UJ can proudly state that its students have adopted a culture of testing.

HCT UPTAKE STATISTICS



Am i turning a blind eye?



UJ Care Month clothing drive instituted

Care Month is observed during May at UJ. During this month, students and staff are encouraged to pledge clothing for charity as part of the AM.I CARING Campaign.

The 2012 Care Month event included the painting of faces, hands, cheeks and ears to show that the UJ Community has "lent a helping hand" and "will not judge at first sight". An estimated 3 350 staff and students participated in this event.



Key partnerships formed



IOHA and the University of the Free State's HIV Office hosted a collaborative workshop in 2011.



A pedagogy of action training was facilitated by students from the University of Michigan for LINK Mentors across UJ Campuses in 2011 and 2012.



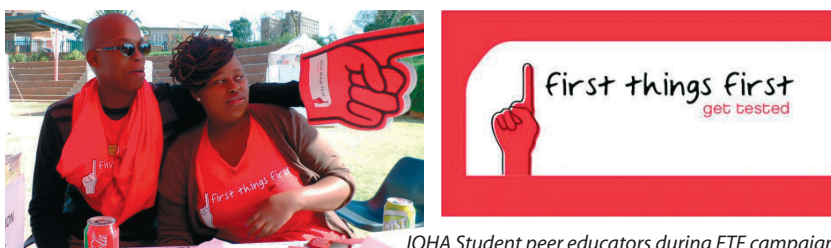
Colloquium 2011

The Wits Institute for Social and Economic Research (WISER), the Centres for Disease Control (CDC), the Wits Graduate School of Public and Development Management and the Wits Business School participated in IOHA's annual HIV Colloquium in 2011.



First Things First Testing Campaign 2012

UJ, in partnership with HESA/HEAIDS, participated in the First Things First Campaign from 10 to 14 September 2012. The aim of the campaign was to mobilise first-year students at higher education institutions (HEIs) to voluntarily test for HIV. The campaign is intended to support the ongoing HIV and AIDS mitigation work of higher education institutions and the national HCT campaign. One thousand two hundred and ninety students and staff participated in this campaign.



IOHA Student peer educators during FTF campaign



Colloquium 2012

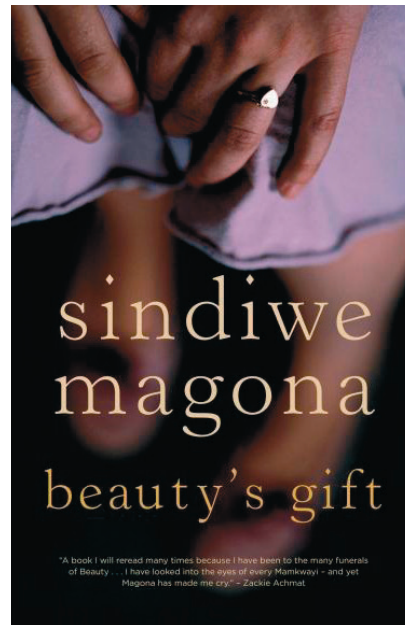
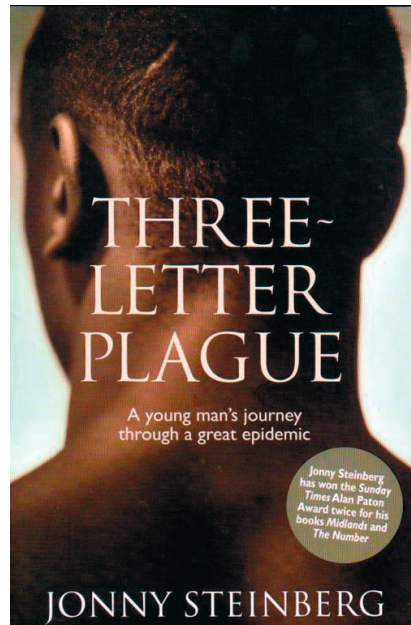
On 27 September, IOHA hosted the annual HIV Colloquium, "Taking HAART: A fly-on-the-wall account of the struggle for treatment access". The workshop was facilitated by Jack Lewis, Producer and Director of the documentary "Taking HAART". The Colloquium was attended by academics, practitioners and students from both UJ and other higher education institutions like Wits, the Vaal University of Technology (VUT) and the Central University of Technology (CUT).



IOHA's Prevention Programmes

Soweto LINK Book Club launched

SWC LINK launched the IOHA Book Club on 26 May 2011. The purpose of the Book Club is to discuss books written by South African authors related to HIV. The following books were discussed during 2011 and 2012: *The Three-letter Plague* by Jonny Steinberg, *Beauty's Gift* by Sindiwe Magona, *The Book of the Dead* by Kgebetli Moele and *AIDSAFARI* by Adam Levin.



A LINK student peer educator during one of the training sessions

LINK@Alex established

The LINK@Alex.com was formed by the LINK at the Doornfontein Campus in 2011. In the LINK Programme, LINK peer educators train learners to be peer educators. These learners are recruited from Ikageng, Iphutheng, Bovet and Zenzeleni Primary Schools in the Alexandra area.

CELEBRATE LIFE

Join us to select your message and pledge your commitment to a celebrate life

WHEN? 11 May 2012 | 11:00 – 14:00

WHERE? Soweto Campus (SWC)
Sports Field (next to the Main Entrance)

Buses will depart from the bus stops on each campus as follows: **DFC 09:00 || ABP 09:30 || APK || 10:00**

Tel: 011 559 1088 / 6807 / 4927 • For more information visit us on FACEBOOK: [The Institutional Office for HIV and AIDS \(IOHA\)](#) or on our WEBSITE: [www.uj.ac.za/ioha](#)

IOHA
UJ INSTITUTIONAL OFFICE FOR HIV & AIDS

IOHA will be doing a "Clothing & Blanket Drive" during Care Month (1 to 31 May). Please donate your unwanted clothing and blankets. They can be dropped off in the **Orange Bins on all UJ Campuses**, or at the IOHA Offices.

Testing will be available.

RETHINK EDUCATION. REINVENT YOURSELF.

UNIVERSITY OF JOHANNESBURG

IOHA and UJ students cherish life at UJ Soweto Campus

On 11 May 2012 IOHA launched the Celebrate Life Campaign at the Soweto Campus. The motivational speaker was a woman living with HIV, Nontyatyambo Makhaphela, who told students that violence against women and children contributes negatively to the fight against HIV and AIDS in South Africa.

Makhaphela addressed UJ students about getting tested for HIV during the celebrations hosted by IOHA. Organised under the theme LINK (love, inspire, nurture and kindness), the event was aimed at fighting against HIV and AIDS and the stigma around the pandemic.

Makhaphela was infected with HIV when she was 22 years old. She says she was diagnosed with HIV, but through ARV drugs, she is living a healthy life today. She also advised the students that they should not be ashamed to be tested. "You are HIV positive until tested negative – if you have not tested yet," said Ms Makhaphela.

World AIDS Day
 INSTITUTIONAL OFFICE FOR HIV & AIDS
 UNIVERSITY OF JOHANNESBURG

IOHA
 UJ INSTITUTIONAL OFFICE FOR HIV & AIDS

YOU ARE INVITED to a dynamic panel discussion in celebration of **UJ World AIDS Day**, hosted by:
DR EVE (Marlene Wasserman)
 Renowned Sexologist & Radio Personality

DATE | **Tuesday 20 September 2011**
 VENUE | **UJ Arts Theatre [APK]**
 TIME | **11:00 to 12:30**

Busses will be available from all campuses at 10:00

RETHINK EDUCATION. REINVENT YOURSELF. UNIVERSITY OF JOHANNESBURG

The highly spirited lady told people at the event that if they were HIV positive, they should associate themselves with people who are positive about HIV. She said that people who do not know their statuses or even much about HIV, often talk negatively about HIV-positive people.

Another speaker at the event, Thabiso Peo, Executive Manager: Ekurhuleni Municipality AIDS Unit, said that the municipality wished to reduce new HIV infections by 50 per cent in 2011, but had managed to do so only by 25 per cent thus far. "This shows we still have a lot of work to do. We need to close the tap to HIV through our youth in all age groups. Young people need to pledge their support to fight HIV, and stop the continuation of new infections," said Peo.

Peo also mentioned that because of social networks, online dating is increasing, posing dangers for youth engaged in sexual activities with people they meet without knowing their HIV statuses.

Prof. Marie Muller, UJ Registrar, also spoke at the event and told the students that "it is important to pause, and say thank you for everything that we take for granted in life. We have to love and celebrate life every day".

The event ended with all the staff and students releasing balloons into the air.

UJ World AIDS Day with Dr Eve

The SRC, Liberati, the Philosophy Student Organisation, the Muslim Student Organisation, the International Student Group, Psychology master's students and Students with Disabilities participated in the diversity panel discussion during UJ World AIDS Day, which was facilitated by Dr M. Wasserman, aka "Dr Eve", the renowned sexologist and radio personality.



Prof. Marie Muller delivers the welcoming address



The releasing of the balloons in support of World AIDS Day

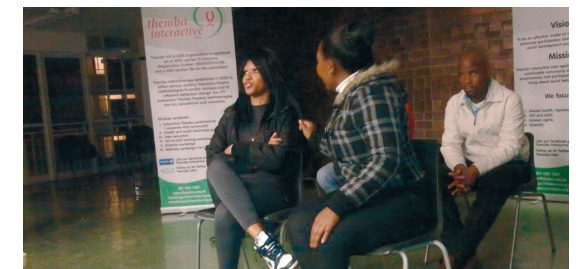
Using theatre to interact with residence students

Orientation sessions, through interactive educational drama, were conducted for an estimated 1 260 first-year residence students. A play, performed by Themba Interactive, focused on the social drivers of the HIV epidemic, including the contextual risks within residences that fuel the spread of HIV and other sexually transmitted infections. Risks highlighted during the performance included transgenerational and transactional sex, multiple concurrent sexual partners and unwanted pregnancies.

Addressing gender disparities through dialogue and conversations



Residences at the Soweto and Doornfontein Campuses stepping up to the challenge to address gender issues which fuel the HIV epidemic



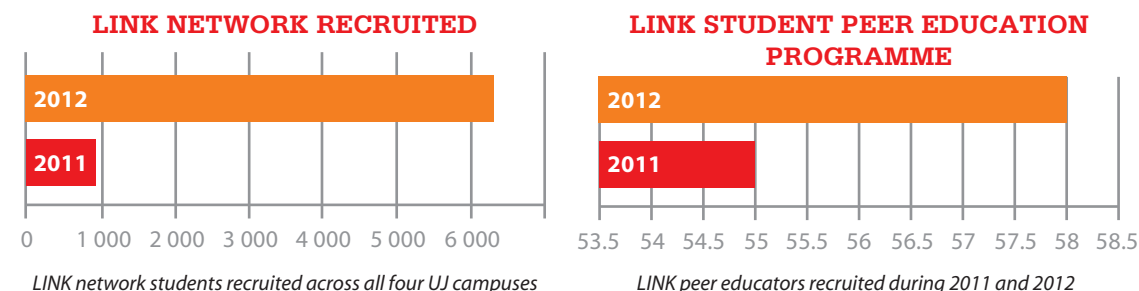
Themba Interactive facilitators during an orientation session



THE LINK – Student Volunteer and Peer Educator Programme

LINK Student Peer Education Programme expands

The LINK network is a strategy to maximise the reach and infiltration of the wider student body. The LINK network provides a pool of students who can be easily reached for information sessions as well as other campus events. Information sessions are conducted throughout the year.



Student leadership taking the fight against HIV and AIDS seriously



UJ Candlelight Memorial on 13 May 2011. The MEC and the SRC participated in this very special event that is held annually at UJ.



SASCO, in partnership with IOHA, hosted the Graduate Alive Campaign during August at the DFC Campus. The campaign coincided with the IOHA HCT Campaign and SASCO mobilised students to test and know their status. The SRC president tested publicly and encouraged fellow students to participate in the campaign.

The APB LINK conducted a workshop on basic HIV and AIDS with senior students at the Goudstad residence and facilitated a gender debate session at the Horison and Majuba residences.

The DFC LINK facilitated a gender debate session with Aurum and Robin Crest residences.

PsyCaD and IOHA peer buddies and LINK participated in a panel discussion entitled "Modern Sexuality" at the DFC and Soweto Campuses.

Sex talk presentations were conducted at the Broadcast residence at APB.

First-year HIV orientation reaches all nine faculties at UJ

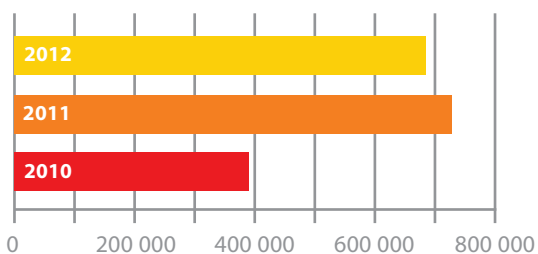
A record 9 290 First years were reached in 2011.

Student support groups at UJ campuses strengthened

The "Positive Movement" Advocacy LINK was established whereby HIV-positive students become HIV activists within UJ and assist with peer counselling and mentoring of newly infected HIV-positive students. This group receives monthly training facilitated by the Positive Convention, under the auspices of IOHA, and is further supported by PsyCaD through emotional support group sessions on a weekly basis.

Condom distribution increases significantly

CONDOM DISTRIBUTION STATISTICS



LINK Student Peer Education Programme: Highlights

The LINK programme is an IOHA student peer-education programme that aims to promote social norms and support for adopting healthy attitudes and behaviours by means of peer education. New LINK members are selected and recruited annually. The LINK submits a portfolio of evidence (POE) to demonstrate competence as a peer educator. Certificates are awarded to LINK members during the annual LINK Award Ceremony.



LINK training

The LINK Training Camp takes place during the March recess. The following topics were covered during this seven-day intensive training:

- the LINK structure;
- goal setting, study skills;
- communication skills;
- time management, project management, report writing;
- developing a POE, monitoring and evaluation requirements 2012;
- self-reflection, buddy system 2012;
- peer education, volunteerism;
- presentation skills, public speaking;
- value clarification, self-assertiveness, peer pressure, ethics, referrals, code of conduct.

Campus projects



The IOHA Condom Mascot being introduced to the first-year students



Peer educators doing condom demonstrations during testing campaigns

Care and Support Programmes

Community Engagement

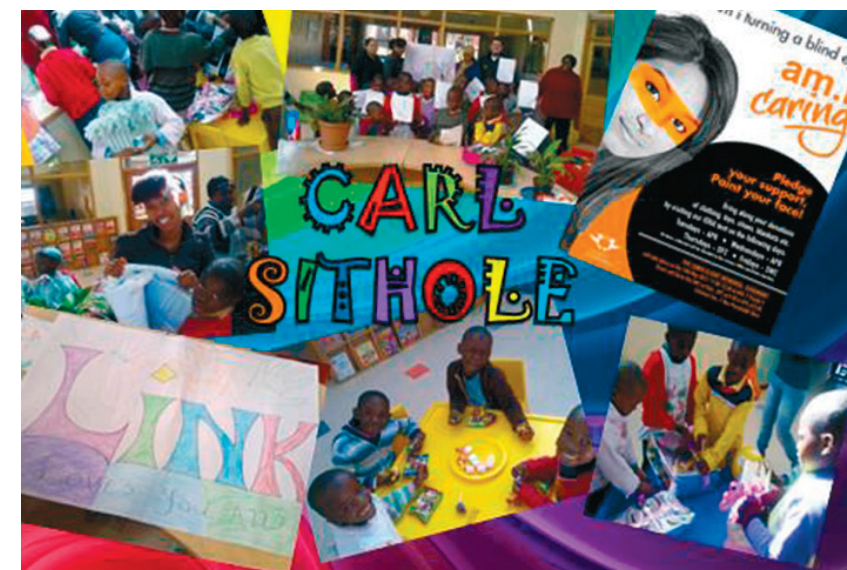
The LINK Auckland Park Bunting Road Campus

The LINK.com is a collaborative project between IOHA and the community centre, whereby UJ HIV peer educators (The LINK), together with the Reproductive Health Research Unit (RHRU) peer educators, 'train' school kids from around the area to be peer educators within their communities and among their peers. The project started in March 2010. Training topics are fun and experiential and include basic HIV prevention, life skills, gender, sex and sexuality.

The LINK Soweto Campus

The Salvation Army – Carl Sithole Centre

IOHA has been involved with the Carl Sithole Centre, which cares for orphaned children, since 2009. There have been a number of projects including an annual clothing drive and an HIV-awareness project with all the boys from the centre in 2010.

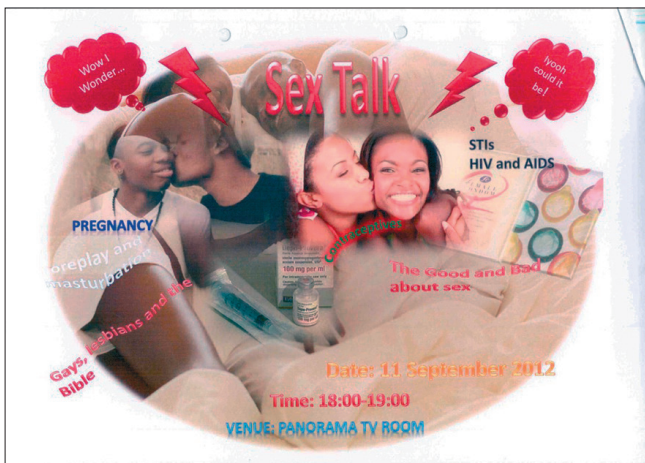


The LINK Auckland Park Kingsway Campus

The LINK APK had a successful community outreach campaign at Mabuya High School in Daveyton. The purpose of the outreach was to spread awareness about rape within the family and to encourage consistent, correct usage of both male and female condoms. Scholars from grade 10 to grade 12 took part. An interactive drama, which dealt with awareness of family rape, was performed for them. Scholars were also encouraged to take part during the play and it was exciting to see how much interest they showed.



Residence projects



The Link at all four UJ campuses hosts regular programmes at the various UJ residences, addressing issues like pregnancy, sex, gender and multiple partners



LINK Making a Difference

The Star (University Edition) featured an article on Stigma, a special soccer league started to fight HIV and AIDS. An article entitled "Open Dialogue: Mainstreaming HIV and AIDS through all aspects of core activities" was also published in the *Continuing Medical Education Journal* in March 2011.

One member of the Positive Movement Advocacy LINK did an interview with *The Star* newspaper on HCT. Four other members of the group participated in a project organised by Global Girls, sharing their stories for a documentary that was broadcast for International World AIDS Day in December 2011.

The Dr Condom Column was launched for *U@UJ* and the *UJ Observer*; the *Reflexions* publication was distributed internally and externally and a *UJ* article on tackling taboos around HIV and sex was published in the *HEAIDS Newsletter* in February 2011.



UJ Wellness Programme

A UJ Wellness Programme for HIV- infected students and staff was launched in collaboration with the following UJ Support Services Departments:

- IOHA
- Primary Health Care
- Occupational Health Practice
- PsyCaD
- HR Wellness
- Positive Conventions Group

Internal partnerships

In the interests of providing a far-reaching and quality service to students and staff, IOHA works in partnership with a number of divisions, faculties, organisations and offices throughout the University of Johannesburg.

Sustained Partnerships	
Operations Division	The University's Operations Division, through its cleaning services, collects condoms from the IOHA offices and distributes these to dispensers on all four campuses.
Primary Health Care (PHC)	IOHA promotes HCT through mass testing campaigns to increase the uptake of HCT on campus. HCT is also offered free of charge to the UJ community at PHC facilities. IOHA and PHC collaborate annually during Condom/STI week. Referrals between IOHA and PHC are well established.
HR Wellness	IOHA supports the HIV workplace programme through its mass HCT campaigns and serves at the UJ Wellness Committee to provide advice and support.
SRC and student organisations	The Students' Representative Council (SRC) and student organisations across UJ collaborate with IOHA and The LINK on several HIV and AIDS projects.
Management Executive Committee	Members of the Management Executive Committee support and participate in the University's annual HIV and AIDS programme.
HIV and AIDS Committee	IOHA serves on the Committee and reports on prevention, care and support, as well as the Higher Education HIV and AIDS Programme.
Risky Student Behaviour Committee (RSB)	Student Affairs supports the Policy Framework and HIV and AIDS Strategic Plan. HIV and AIDS forms part of the integrated Risky Student Behaviour Strategy and has been placed at the centre of all student activities and programmes. Additional funding has been provided and RSB now forms part of the Five Pillar Model in the residences.
PsyCaD	IOHA and PsyCaD collaborate on many HIV initiatives related to the social drivers of the epidemic, including strengthening care and support for PLHIV.
New Internal Partnerships	
Research Office	A partnership has been established with the Research Office to submit quarterly database reports on accredited HIV research published within UJ.
Library and Information Centre	A partnership has been established with the Library and Information Centre to submit quarterly database reports on HIV research conducted by postgraduate master's and doctoral students.
UJFM	IOHA and UJFM collaborate on communications campaigns related to HIV and AIDS, including the social drivers of the epidemic.
UJ Observer	The <i>UJ Observer</i> supports IOHA with publishing quarterly articles for the Dr Condom Column.
Occupational Safety	IOHA and Occupational Safety collaborate on communication campaigns aimed at universal precautions.
Academic faculties	IOHA advocates and supports academic faculties with the integration of HIV and AIDS awareness in the curriculum. IOHA offers basic HIV and AIDS training as part of orientation to first-year students. IOHA also collaborates with the various faculties on curriculum-specific training and projects. Some examples include HIV awareness posters with the Graphic Design Department, HIV-in-the-workplace training for the Faculty of Management, community outreach training for the Psychology Department and basic HIV and AIDS facts for the Faculty of Health Science.

Corporate Communications	The Corporate Communications team, in collaboration with IOHA, develop marketing ideas and strategies to raise awareness among staff and students at UJ. As part of the Policy Framework for Higher Education on HIV and AIDS, STIs and TB, the Corporate Communications task team launched a massive HIV and AIDS communication campaign at UJ which will be ongoing beyond 2012.
Corporate Governance	The Corporate Governance team assist with the quality assurance and uploading of all the documentation pertaining to HIV and AIDS and the Policy Framework for Higher Education on HIV and AIDS, STIs and TB onto the ImageNow system.
Community Engagement	A partnership has been established with Community Engagement to submit quarterly reports on HIV-related Community Engagement initiatives.

FADA and IOHA partnership

IOHA and FADA continued their partnership that was established in 2010 in support of the Policy Framework for HIV and AIDS in HE (2008) that was rolled out at UJ from 2010 to 2012. IOHA conducted several training workshops with students in the departments of Multimedia, Graphic Design, Visual Arts and Fashion Design. These sessions were held in preparation for the annual FADA Exhibition that took place in 2011 and 2012. This partnership between FADA and IOHA will continue beyond 2012 and is a national flagship for UJ pertaining to curriculum-led HIV initiatives.



FADA Exhibition 2011 and 2012



IOHA in partnership with UJFM, PsyCaD, SRC and Liberati

IOHA, in partnership with UJFM, PsyCaD, Central SRC and Liberati collaborated in the Stigma Knockout Challenge in August 2011 and 2012. The aim of the communication campaign was to address stigma against marginalised groupings, in this case PLHIV, people with disabilities and lesbian, gay, bisexual, transsexual and intersex (LGBTI) people. Radio interviews were conducted with the different groups and the SRC Transformational Officer, who highlighted the SRC's support in addressing stigma related to these different groupings.

AM.I STIGMA
STIGMA KNOCKOUT CHALLENGE & HCT MONTH

WHAT'S HOLDING YOU BACK?

05 August 2011 | APB – AW Muller Soccer Fields
 12 August 2011 | DFC – Student Centre
 19 August 2011 | APK – Student Centre Lawn
 26 August 2011 | SWC – Soccer Fields

TIME | 10:00–14:00 on all campuses
 Famous artists, DJ's and soccer celebrities will be there!
 UJ Residences will unite against HIV and AIDS related Stigma.

Update your Status & knockout Stigma!

HIV Counselling and Testing (HCT) will be provided throughout the entire month of August by NEWSTART & HIVSA.
 APB 01–05 August [Student Centre]
 DFC 10–12 August [Lecture Lawns]
 APK 15–19 August [Student Centre]
 SWC 22–26 August [Lawns]

IOHA
 UJFM
 UNIVERSITY OF JOHANNESBURG
 RETHINK EDUCATION. REINVENT YOURSELF.

Corporate Communications

The HIV and AIDS epidemic poses a significant challenge to the functioning of higher education institutions, and the University of Johannesburg is no exception.

Creating HIV and AIDS awareness and changing HIV and AIDS behaviour, through all aspects of the University's core activities, are a continuous work in progress. The UJ HIV and AIDS Awareness Campaign was launched in 2010 and has grown from strength to strength in the past three years. The campaign marks a real advance in communicating to a new-generation university that is fully equipped to meet the challenges of a changing society. The activities and mediums used for the HIV and AIDS Awareness Campaign were intentionally selected with the needs and abilities of UJ's students and staff in mind, while also speaking to the objectives.

The messages were simple, short and very direct. The layout and design used in all the material produced by the Corporate Communications team was consistent with the UJ brand. The communication channels used included the placing of announcements, events, tips and editorial content online and via electronic communiqué; the updating of internal web pages; radio; newspapers; online news sites; social media (Twitter, Facebook and Mxit) and electronic notice boards.

In a landscape where there is HIV and AIDS fatigue, the Corporate Communications Team strives to not only create awareness and change behaviour but to start an ever evolving conversation around the pandemic that influences UJ students and staff.

NEW PARTNERSHIPS



Ekurhuleni Metropolitan's HIV and AIDS section formed a partnership with IOHA to support their services through provision of HIV and AIDS consumables, training opportunities and participation in IOHA projects.



Positive Convention provides a voice for HIV-positive students at UJ, prepares them for disclosure at home and provides a platform for advocacy for people living with HIV (PLHIV).



ABSA and IOHA formed a partnership to strengthen the LINK programme and provide LINK members with experiential learning opportunities in the workplace.



Sonke Gender Justice provides gender-based programmes within residences and helps promote medical male circumcision.



Drama for Life (DFL), an HIV NGO based at Wits, partnered with IOHA in their annual poetry competition called *Lover + Another*. DFL, as well as at other sites in Johannesburg, hosted various poetry audition slams and the Johannesburg regional finals at UJ during August 2011. Over 60 UJ students submitted their poems for the competition, and then attended poetry workshops led by DFL. The winner of the Johannesburg regional finals was a UJ student. A LINK member from APB recited her poem as a special guest appearance. The national poetry finals were subsequently held on 2 September 2011 at the Wits Theatre and 200 people attended the event. One of UJ's APB students received the second prize in this competition.



Themba Interactive, in association with Drama for Life (DFL), equips the LINK with methodologies in the form of theatre to creatively address issues related to HIV and AIDS in an interactive manner.



Centres for Disease Control (CDC) formed a partnership with UJ to provide training on evidence-based prevention programmes for healthcare professionals and will support UJ in the rollout of the Positive Health, Dignity and Prevention for PLHIV in 2013.

A regional forum has been established between HIV Centres at **UJ, Wits, UFS, CUT, VUT** and **North-West University (NWU)**. The purpose is to strengthen regional collaboration between HEIs and derive best practices.



PARTNERSHIPS SUSTAINED



HEAIDS held a regional workshop for members of the HIV Institutional Coordinating Committees at Gauteng Universities on 10 September 2012. This regional workshop was hosted by UJ. The purpose of the workshop was to present the reviewed Policy Framework and Plan for HIV and AIDS in HE, which is based on the new NSP for HIV and AIDS, TB and STIs (2012 to 2016) and the Policy Framework for HIV and AIDS in HE (2008). This Framework is accompanied by a Monitoring and Evaluation Framework, which was also discussed in detail at the workshop.

Brothers For Life assists with the implementation of the Men's Health Programme at UJ.

Health 4 Men assists with HIV counselling and testing as well as HIV and AIDS Education, including provision of condoms for distribution during events.

Mothusimpilo assists with HIV counselling and testing as well as HIV and AIDS Education.

The Tshepang Trust assists with HIV counselling and testing as well as HIV and AIDS Education.

Wits Reproductive Health and HIV Institute (WRHI) assists with HIV counselling and testing. They also conduct peer education sessions with The IOHA LINK peer educators and children from schools in Hillbrow.

The Society for Family Health (SFH) provides IOHA with a constant supply of male and female condoms, which are distributed in all UJ bathrooms. www.sfh.co.za

This condom-distribution project is a unique partnership between the South African Business Coalition on HIV/AIDS (SABCOHA) and the national Department of Health. **Project Promote** provides UJ with a supply of condoms for distribution. www.sabcoha.org/project-promote

Scrutinize assists with awareness programmes during IOHA events, especially World AIDS Day.

Their stories

Sijabulile Khoza

When I was in grade 4 in the year 2000 a man moved into my mother's house, he was going to become our stepfather. My stepfather was loving and caring; he used to fetch me from school and gave me pocket money. But, left alone after school with him, he would come into my room and ask me to kiss him, then my lips would be parted by a tongue that forced its way into my mouth. This went on for several months and soon he would force me to brush his penis through his pants. Each time he would tell me to keep quiet and he would give me money to go buy sweets and each morning the pocket money would increase. I wanted to scream so loud every time he pressed himself on me. But my voice was suppressed. In October 2002 matters became worse and he just took it too far. His penis escaped out of his pants and sought a new nest to lay his eggs.

My mother was happy with this man and trusted him with everything she had, so I couldn't tell her. Then early in 2007 he started losing weight. As a responsible teenager I went to my nearest clinic and had an HIV test done and the result came back negative. I was relieved and I tested again in 2008 and the result was negative. I was dating and thought I must continue the habit of testing every year.

*In 2009 I decided to get tested at the University. **HIV positive!** It felt so unreal but real at the same time. I thought that God was joking and that when I went back to test, the results would be negative.*

The following day I decided to go home to Mpumalanga. I needed a pillar of strength; I needed a shoulder to cry on. The first person that I disclosed to was my mother. Even though I knew that she would be disappointed, I had to tell her because I felt I was alone. Instead she astonished me and reassured me that life goes on and that I would be fine. She told me that she would be there for support whenever I needed it.

Living with the virus contributed to me changing my studies from Engineering to Health Sciences. My mother encouraged me so that I could learn and understand more about the virus. I knew that I was okay, I wasn't sick yet and felt quite healthy. I was not yet eligible for ART treatment because my CD4 count was above 350. I saw patients in the hospital with a CD4 count of 10, 5, 100 and even 1 who looked very healthy. They had the opportunity to regain their health and take control over their bodies; however the stigma that comes with HIV kills all that effort and hard work. With an increase in stigma I don't see us conquering HIV. I noticed that even health professionals interrogate HIV-positive patients about how they've contracted the virus and why they don't condomise.

Years from now I will look back and reflect on my achievements, my joys and the hardships that I encountered along the way. Growing up and encountering challenges is part of life, no one can run away from them. All HIV positive people can't run away from the stigma, they have to face it and stand up against those who stigmatise by educating them and making them aware that HIV is not a dreaded virus where people drop like flies; it needs to be treated like any other normal disease such as cancer. Support is vital. The journey is still on and I don't intend to stop walking.

My body, my life, my health! I am going to look fly till I die.

Anonymous

As I write this, I am struck by how much my life has been affected by my HIV status. I can be thankful that right now I am alive and healthy, living with HIV and all I can do is to look forward to being the best that I can be, because being HIV-positive does not mean I am condemned.

In July 2007 I found out I was HIV-positive. It didn't mean anything to me and I was in denial about my irresponsible lifestyle of promiscuity. I ignored the facts and advice I was given by the health professionals as well as those close to me because to me it felt like as long as I ignored the facts, nothing was going to affect me.

But at the end of 2008 I developed a skin problem that did not heal and when I went to check my CD4 count it was very low. But I was still in denial. Later, after that I was diagnosed with TB and had to start treatment immediately. Also my CD4 count was as low as 20 and I had to start ARVs. I lost a lot of weight, I didn't have any appetite and developed a terrible skin rash all over my body. I turned from being a handsome young man into being a walking skeleton in an instant. I thought that was the end of it. My liver was not absorbing the ARVs because of my excessive drinking. I also started to get depressed. I was then referred to a specialist who stopped treatment and put me on a rehabilitation programme which I must say helped and my liver got better and as result I was put back on treatment.

I had no choice then but to do as I was told by the health professionals and those close to me because I knew I wanted to live. But all these complications could have been avoided if from the onset when I found out about my HIV status, I listened and changed my lifestyle.

So to all those who have a chance of reading this, I just want to tell you that there is no one to change your life but yourself. Also whether you know your status or not we are all affected by HIV/AIDS and the best thing you can do for yourself is to get tested regularly. If you are HIV negative, be responsible, condomise and if need be, abstain. If you are HIV positive, you need to live life positively, eat healthily and find as much information about your status as you can so that you can minimise complications and side effects from the treatments. Also find the right support structure because one cannot expect to pull through on their own.

I am thankful for the support I received from my two supervisors, my Head of Department, my Director, the Campus Health Clinic as well as the HR Wellness Office, but most of all for the support I received from my family and friends. I am hoping that from now on the Almighty will give me the will and strength to live a healthy and positive lifestyle because I now know that just because I am HIV-positive, I am not condemned to live a short life.



Contact details for HIV and AIDS services on campus

Institutional Office for HIV and AIDS (IOHA)

Bunting Road Campus	011 559 1088
Doornfontein Campus	011 559 6807
Kingsway Campus	011 559 4927
Soweto Campus	011 559 5645

Primary Health Care

Bunting Road Campus	011 559 1238
Kingsway Campus	011 559 3837
Doornfontein Campus	011 559 6132
Soweto Campus	011 559 5736

Human Resources: Wellness Office

Ms Mavis Mphanje	011 559 2523
Ms Pearl Ramafola	011 559 4032

Centre for Psychological Services and Career Development (PsyCaD)

Bunting Road Campus	011 559 1318
Kingsway Campus	011 559 3324
Doornfontein Campus	011 559 6042
Soweto Campus	011 559 5752

Glossary of Terms, Abbreviations and Acronyms

AIDS	Acquired immune deficiency syndrome	PICT	Provider-initiated counselling and testing
APB	Auckland Park Bunting Road Campus	PLHIV	Person living with HIV
APK	Auckland Park Kingsway Campus	PMTCT	Prevention of mother-to-child transmission
ARV	Anti-retroviral (medication)	POE	Portfolio of evidence
CDC	Centres for Disease Control	PsyCaD	Centre for Psychological Services and Career Development
CURF	Central University Regional Forum	RHRU	Reproductive Health Research Unit
CHS	Campus Health Service	RIMS	Research Information Management System
CUT	Central University of Technology	RSB	Risky student behaviour
DFC	Doornfontein Campus	SABCOHA	South African Business Coalition on HIV/AIDS
DFL	Drama for Life	SANAC	South African National AIDS Council
DHET	Department of Higher Education and Training	SFH	Society for Family Health
DIPQP	Division for Institutional Planning and Quality Promotion	SRC	Student Representative Council
DVC	Deputy Vice-Chancellor	SPEs	Staff peer educators
FADA	Faculty of Art, Design and Architecture	STIs	Sexually transmitted infections
HCT	HIV counselling and testing	SWC	Soweto Campus
HE	Higher education	TB	Tuberculosis
HEAIDS	Higher Education HIV and AIDS Programme	The LINK	UJ's Student Volunteer and Peer Education Programme
HEDA	Higher Education Data Analyser	UFS	University of the Free State
HEI	Higher education institutions	UJ	University of Johannesburg
HESA	Higher Education South Africa	VDR	Vitamin D receptor
HIV	Human immuno-deficiency virus	VUT	Vaal University of Technology
HOD	Head of Department	WISER	Wits Institute for Social and Economic Research
HPCSA	Health Professions Council of South Africa	WRHI	WITS Reproductive Health Institute
HR	Human Resources		
IOHA	Institutional Office for HIV and AIDS		
KAPB	Knowledge, attitudes, perceptions and behaviour		
MEC	Management Executive Committee		
NRF	National Research Fund		
NSP	National Strategic Plan for HIV and AIDS, STIs and TB		
NWU	North-West University		
PEP	Post-exposure prophylaxis		
PHC	Primary Health Care		



www.uj.ac.za/ioha



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