

25 Urinary Incontinence in Geriatrics, a Retrospective of Diagnosis and Management at Nursing Level

Magnat, Diane Morin, Marie-Chantal Regat

University Hospitals, Bernex Geneva

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Urinary incontinence (UI) is a major burden, especially in geriatrics. Nurses are at the best place to propose further referral. Better awareness is certainly a first step towards rehabilitation. We conducted a study in a long-term geriatric setting, we searched for three logical steps: (1) UI assessment, (2) UI bladder management item (UI if score 6 or under). 2) Presence of a UI nursing diagnosis. 3) UI intervention. Mean age was 84 +/- 8 years, 62% female. 71% presented UI. Only one out of 25 had a nursing diagnosis of UI. Seventy-five percent of UI patients had a written record of UI directed at UI, mostly of palliative type. This study shows the usual high rate of UI. Such a high rate towards a nursing diagnosis of UI is very low. Hopefully daily actions toward UI are taken. We conclude that UI is so widespread, especially at old age that it becomes routine daily care, we need to move toward a precise diagnosis and active treatment plan such as rehabilitation. The results of this study serve at implementing a screening program aimed at better diagnosis and treatment of UI. No conflict of interest was disclosed.