

UNIVERSITY OF SOUTHAMPTON  
TRAINING COURSE IN CLINICAL PSYCHOLOGY

# NEW SUPERVISORS' WORKSHOPS 2014

This series of four workshops is intended for those who are preparing to supervise a Clinical Psychology trainee from the Southampton Programme for the first time. They will be relevant to you if you are a year or more post qualification and getting ready to supervise for the first time or if you wish to refresh your thinking about supervision. The training is registered with the British Psychological Society and attendance of all four days will entitle you to apply to be included on the BPS Register of Applied Practice Supervisors.

Workshops are free to prospective supervisors, a sandwich lunch is provided.  
Workshops start at 10am and finish at 4pm; coffee available from 9.45am.

## **1. An Introduction to Supervising for the Southampton Doctoral Programme. 2<sup>nd</sup> April. Room 4005 Building 34 (Education)**

The workshop will include an up to date overview of the Southampton Programme and our expectations of Clinical Placements and supervisors. We will also spend time exploring what makes a good supervisor, supervision frameworks and ways of ensuring a successful placement. This workshop will also be relevant if you are an experienced supervisor who is new to the area.

## **2. Improving the Effectiveness of Supervision. 3<sup>rd</sup> April Room 4005 Building 34 (Education)**

This workshop will focus on the building blocks of supervision including contracting and negotiating goals, assessing the training needs of supervisees and reviewing objectives throughout the course of a placement. We will also look at a range of supervisory approaches and the importance of using multiple methods of facilitating learning in supervision.

## **3. The Supervisory Relationship. 18th June Room 1065 Building 58 (Murray)**

This workshop will focus on the importance of the supervisory relationship in fostering learning on placement. We will consider the evidence on the importance of the supervisory alliance and a safe learning environment and the influence of power on this relationship. We will also address the supervisor's role as assessor.

## **4. Ethics, Diversity & Reflective Practice in Supervision. 19<sup>th</sup> June Room 1065 Building 58 (Murray)**

This workshop will consider diversity and difference in supervision and how these can be managed within the supervisory relationship. Legal/ethical issues which may arise will be considered and the development of a reflective approach to supervision.