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### BIOCHEMICAL EFFECTS OF LEAD, ZINC, AND CADMIUM FROM MINING ON FISH IN THE TRI-STATES DISTRICT OF NORTHEASTERN OKLAHOMA, USA

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Abstract—We assessed the exposure of fish from the Spring and Neosho Rivers in northeast Oklahoma, USA, to lead, zinc, and cadmium from historical mining in the Tri-States Mining District (TSMD). Fish (n = 74) representing six species were collected in October 2001 from six sites on the Spring and Neosho Rivers influenced to differing degrees by mining. Additional samples were obtained from the Big River, a heavily contaminated stream in eastern Missouri, USA, and from reference sites. Blood from each fish was analyzed for Pb, Zn, Cd, Fe, and hemoglobin (Hb). Blood also was analyzed for  $\delta$ -aminolevulinic acid dehydratase (ALA-D) activity. The activity of ALA-D, an enzyme involved in heme synthesis, is inhibited by Pb. Concentrations of Fe and Hb were highly correlated (r = 0.89, p < 0.01) across all species and locations and typically were greater in common carp (*Cyprinus*) carpio) than in other taxa. Concentrations of Pb, Zn, and Cd typically were greatest in fish from sites most heavily affected by mining and lowest in reference samples. The activity of ALA-D, but not concentrations of Hb or Fe, also differed significantly (p < 0.01) among sites and species. Enzyme activity was lowest in fish from mining-contaminated sites and greatest in reference fish, and was correlated negatively with Pb in most species. Statistically significant (p < 0.01) linear regression models that included negative terms for blood Pb explained as much as 68% of the total variation in ALA-D activity, but differences among taxa were highly evident. Positive correlations with Zn were documented in the combined data for channel catfish (Ictalurus punctatus) and flathead catfish (Pylodictis olivaris), as has been reported for other taxa, but not in bass (Micropterus spp.) or carp. In channel catfish, ALA-D activity appeared to be more sensitive to blood Pb than in the other species investigated (i.e., threshold concentrations for inhibition were lower). Such among-species differences are consistent with previous studies. Enzyme activity was inhibited by more than 50% relative to reference sites in channel catfish from several TSMD sites. Collectively, our results indicate that Pb is both bioavailable and active biochemically in the Spring-Neosho River system.

Keywords—Metals Mining Iron δ-Aminolevulinic acid dehydratase activity Hemoglobin

#### INTRODUCTION

The Tri-States Mining District (TSMD) of Missouri, Kansas, and Oklahoma, USA, was mined extensively for zinc, lead, and other metals from the mid-1800s through the 1950s. Lead, Zn, and cadmium, which can be toxic to aquatic organisms and wildlife, have been released from historical mining and related activities and have contaminated surface waters, groundwater, stream sediments, and biota in parts of the Spring River (SR) and Neosho River (NR) and their tributaries [1– 5]; Fig. 1). Effects on human health from exposure to miningderived metals have been documented [6], as have biochemical and ecological effects on aquatic biota [4,7].

Relative to the Missouri and Kansas portions of the TSMD, metals contamination of aquatic resources in northeastern Oklahoma has received limited study. The objectives of this investigation, therefore, were to obtain preliminary information on the exposure of fish in the Oklahoma portions of the TSMD to metals from mining and to document effects of such exposure. These objectives were achieved by collecting and analyzing blood samples of several species of fish for Pb, Zn, and Cd. Because of the well-known effects of Pb on heme synthesis and iron metabolism, the blood samples also were analyzed for hemoglobin (Hb), Fe, and the activity of the enzyme  $\delta$ -aminolevulinic acid dehydratase (ALA-D, also known as porphobilinogen synthetase; Enzyme Commission 4.2.1.24; http://www.ebi.ac.uk/intenz/index.html). This enzyme catalyzes the condensation of porphobilinogen (PBG), a heme precursor, from aminolevulinic acid and is inhibited by Pb [8,9]. The enzyme also requires Zn as a cofactor; Pbinduced ALA-D inhibition is caused by the displacement of Zn from the metal-binding site and a resulting change in quarternary structure [9]. Erythrocyte ALA-D activity can readily be measured and represents a well-documented biomarker of Pb exposure in fish [4,10–17], birds [18], mammals [19,20], and reptiles [21]. Lead also inhibits ferrochelatase (protoheme ferrolyase, Enzyme Commission 4.99.1.1; http://www.ebi.ac. uk/intenz/index.html), which catalyzes the insertion of Fe2+ into protoporphyrin IX to form heme [8]. Inhibition ultimately may cause porphyria, anemia, or both [8,20]. In this paper we report the results of analyses of fish blood from the Oklahoma waters of the TSMD for metals, ALA-D activity, and Hb as indicators of contamination from historical mining and related activities.

#### METHODS OF STUDY

Collection sites, species, and field procedures

Mining-derived contaminants enter the SR from flowing mines and former ore-processing and tailings-disposal sites in Missouri, Kansas, and Oklahoma (Fig. 1). In Oklahoma, these sources are concentrated in the area drained by Tar Creek (TC), a tributary of the NR (Fig. 1). Collection sites (n = 6) were selected to bracket the range of exposure conditions present

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Fig. 1. Map of northeastern Oklahoma, USA, showing the location of collection sites (1–6) on the Spring and Neosho Rivers. Also shown is the general boundary of the mining-affected area in the Tar Creek watershed (rectangle) and the reference and positive control sites (7–10) in Missouri (inset). Additional mining-affected areas are drained by the Spring River in Kansas and Missouri, USA, upstream (north and northeast) of the area shown in detail.

in TSMD-affected portions of the SR and NR in Oklahoma. Two sites were located on each of the SR and NR upstream of their confluence in Grand Lake. The other two were located within Grand Lake and in the lower reaches of TC (Fig. 1, Table 1). One NR site (Site 3) was upstream of known TSMD pollution sources (Fig. 1, Table 1). Fish were collected by electrofishing at all TSMD sites in October 2001. The collection target was four specimens of each of three primary species at each site: Common carp (*Cyprinus carpio*, henceforth carp), largemouth bass (*Micropterus salmoides*), and channel catfish (*Ictalurus punctatus*). Spotted bass (*Micropterus punctulatus*), white crappie (*Pomoxis annularis*, henceforth crappie), or both were substituted for largemouth bass, and flathead catfish (*Pylodictis olivaris*) were substituted for channel catfish when sufficient numbers of the primary species could not be obtained.

Few studies of ALA-D inhibition by Pb have been conducted with the fish used in this study, and there is considerable

Table 1. Sites in Missouri (MO) and Oklahoma (OK), USA, from which fish were collected. Also shown are collection dates and water temperatures

Site no.	Water body and location	County (State)	Date	Latitude, longitudeª	Water temperature (C)
1	Spring River near OK state line	Ottawa (OK)	10/15/01	36°59′50.5″N,	15.4
				94°42′37.4″W	
2	Spring River at Blue Hole	Ottawa (OK)	10/15/01	36°57′41.0″N,	15.4
				94°43′20.6″W	
3	Neosho River at Stepps Ford Bridge	Ottawa (OK)	10/16/01	36°53′25.0″N,	14.0
				94°55′38.5″W	
4	Spring River at Promenade Bridge	Ottawa (OK)	10/16/01	36°56′01.1″N,	13.0
				94°44′40.9″W	
5	Neosho River at Twin Bridges (Grand Lake)	Ottawa (OK)	10/16/01	36°47′56.0″N,	16.1
				94°45′18.5″W	
6	Tar Creek at Neosho River	Ottawa (OK)	10/17/01	36°51′25.7″N,	ND
				94°51′39.2″W	
7	USGS-CERC <sup>b</sup> (reference)	Boone (MO)	10/22/01	38°54′41.5″N,	18.0
				92°16′58.0″W	
8	Osage Catfisheries (reference)	Camden (MO)	10/23/01	38°07′38.9″N,	17.0
				92°40′54.5″W	
9	Big River at St. Francois State Park	St. Francois (MO)	12/07/01	37°57′23.1″N,	12.0
	(positive control)			90°32′29.5″W	
10	Long Branch Lake (reference)	Macon (MO)	07/10/03	39°46′00.0″N,	28.0
				92°31′0.00″W	

<sup>a</sup> From geological positioning system, datum = World Geodetic System, 1984.

<sup>b</sup> U.S. Geological Survey, Columbia Environmental Research Center, Columbia, MO.

variation among taxa [12,16]. Therefore, reference fish from putatively uncontaminated sites and positive controls from a known contaminated site also were analyzed. Reference fish included largemouth bass and channel catfish from our laboratory and from a commercial source (Osage Catfisheries, Osage Beach, MO, USA) obtained and processed contemporaneously with the fish from Oklahoma. Positive controls were carp, largemouth bass, and spotted bass collected by electrofishing from the Big River (BR) in St. Francois County, Missouri, USA in early December 2001 (Fig. 1, Table 1). Elevated metal concentrations and inhibited ALA-D activity have been reported in fish and other biota from the BR, which is heavily contaminated by mine tailings [4,5,17,21,22]. Reference carp were obtained by electrofishing in July 2003 from Long Branch Lake (LB), a multiuse impoundment in rural Macon County, Missouri, USA (Fig. 1, Table 1). Concentrations of Pb and Cd in carp and other fish from LB historically have been low, but Zn has not been measured (unpublished monitoring data obtained in June 2003 from the Missouri Department of Conservation, Columbia, MO, USA).

Fish were transported alive to a central location and held in ambient water until they were processed, generally within 4 to 12 h of capture. Blood (nominally 1-5 ml depending on fish species and size) was obtained from each fish by caudal veinipuncture using a chilled, heparinized (6 IU/ml) disposable needle and syringe. After removing the needle, one drop of blood was dispensed onto a clean piece of Parafilm M® (American National Can, Menasha, WI, USA) and analyzed immediately for Hb with a HemoCue® (HemoCue AB, Ängelholm, Sweden) portable blood photometer, which incorporates a microscale version of the azide-methemoglobin method [23]. About 0.2 to 0.5 ml was next dispensed into a preweighed, acid-cleaned, 10-ml borosilicate glass test tube fitted with a Teflon®-lined polyethylene screw cap. This subsample was frozen immediately in dry ice for analysis of metals by inductively coupled plasma mass spectrometry [2]. The remainder of the blood was dispensed into a 5-ml Cryovial® (Corning, Corning, NY, USA) and also frozen immediately in dry ice for analysis of ALA-D activity.

Following blood collection, the fish was subdued with a blow to the head, weighed (g), and measured (total length [mm]). A scale sample (if present) was obtained for age determination. The abdominal cavity of each fish was dissected and its gender was determined by gonadal observation. Upon return to the laboratory, blood samples to be analyzed for metals were stored frozen ( $-20^{\circ}$ C for metals,  $-80^{\circ}$ C for ALA-D activity) until prepared for analysis. Fish scales were dried and read with the aid of a dissecting microscope, with age (y) estimated as the number of completed annuli.

#### Temperature study

During July 2003 the waters of LB were warmer than those from which the fish had been collected from the other sites in Fall 2001 (Table 1). The effects of temperature on ALA-D activity in fish have not been reported, but acclimation temperature is known to influence the rates of other enzyme-mediated processes [24]. To evaluate the effects of acclimation temperature on ALA-D activity, the LB fish (n = 16) were transported alive in ambient water to the laboratory and cooled gradually over a 7-d period. Six fish were processed immediately upon arrival (28°C). The remainder were transferred to outdoor holding tanks supplied with well water from which four were removed and processed after 5 d (25°C) and 7 d (21.5°C). All fish from LB were analyzed for ALA-D activity and Hb, but blood metals were measured only in the fish sacrificed on the day of capture. Enzyme activity in carp from LB did not differ significantly (p > 0.05) among the three time-temperature periods evaluated. In contrast, Hb concentrations averaged 7.9 g/dL on day 0, 6.6 g/dL on day 5, and 8.9 g/dL on day 7 (analysis of variance  $F_{2, 12} = 5.58$ , p < 0.05). Because there were neither significant ALA-D differences nor clearly evident Hb trends, the day-0 data from LB (n = 5; the small volume of blood obtained from one fish injured during collection was not analyzed) were included in the larger data set for analysis.

#### Laboratory methods

Elemental contaminants and moisture content. Frozen blood samples were weighed in their tubes, freeze-dried, and reweighed, then digested in their tubes at room temperature by adding 1.0 ml of concentrated, sub-boiling, distilled HNO<sub>3</sub>. After 1 h, they were heated for 30 min at 110°C, cooled for 15 min, and 0.2 ml of high-purity H<sub>2</sub>O<sub>2</sub> was added. The samples then were reheated at 110°C for 30 min, cooled again, and diluted to 10 ml with ultrapure H<sub>2</sub>O for analysis by inductively coupled plasma mass spectrometry using a PE/ SCIEX Elan 6000 (Perkin-Elmer Instrument, Norwalk, CT, USA) equipped with a software-controlled CETAC ASX-500/ ADX-100 autosampler/autodiluter (CETAC Technologies, Omaha, NE, USA) [2]. The instrument was programmed to quantify the following masses: 54Fe and 57Fe, 66Zn and 68Zn,  $^{111}\text{Cd}$  and  $^{114}\text{Cd},$  and Pb as the sum of three masses ( $^{206}\text{Pb}$  + <sup>207</sup>Pb + <sup>208</sup>Pb). All digestates were analyzed with 10-times autodilution. Samples with a concentration exceeding the upper calibration standard for any element were further diluted by 10-fold in serial fashion until all concentrations were within the range of the calibration standards.

For each group of samples analyzed, quality control measures incorporated at the digestion stage included tissue blanks, certified reference materials, replicates, and fortified samples (spikes). Instrumental quality control included periodic analysis of calibration check solutions, laboratory-control solutions, duplicate digestate analyses, analysis spikes, and interference checks; all were within acceptable limits.

Elemental concentrations were reported in both dry-weight (dry wt) and wet-weight (wet wt) units, the latter based on moisture loss of each sample during lyophilization. Method limits of detection (LODs) were calculated assuming a digestion of 50 mg of dry blood and 85% moisture. The LOD ranges were Fe 1 to 60  $\mu$ g/g dry weight, 0.2 to 9.0  $\mu$ g/g wet weight; Zn 0.3 to 5  $\mu$ g/g dry weight, 0.04 to 0.8  $\mu$ g/g wet weight; Cd 0.002 to 0.009  $\mu$ g/g dry weight, 0.0003 to 0.001  $\mu$ g/g wet weight; and Pb 0.004 to 0.02  $\mu$ g/g dry weight, 0.0006 to 0.003  $\mu$ g/g wet weight.

ALA-D activity. Enzyme activity was assayed in 96-well microtiter plates using a procedure adapted from [25] and [12]. Each sample was analyzed in triplicate. For quality control purposes, one triplicate sample per plate was selected randomly for duplicate analysis in a separate location on the plate. Blood samples stored at  $-80^{\circ}$ C were thawed at 0°C and vortexed immediately before analysis. Into each of three microcentrifuge tubes containing either 25 µl of cold 0.2% Triton X-100 in 0.1-M phosphate buffer solution ([PBS]; blank) or 25 µl of cold 0.2% Triton X-100 in 0.1-M PBS containing 670 µg/ml of  $\delta$ -aminolevulinic acid–HCl, was added 5 µl of whole blood homogenate. Samples were vortexed for 5 sec

and incubated at 37°C for 1 h. The reactions were terminated with the addition of 200 µl of trichloroacetic acid/N-ethylmaleimide solution (4.0 g trichloroacetic acid and 2.7 g Nethylmaleimide per 100 µl of H<sub>2</sub>O) [19]. Tubes were centrifuged at 1,000  $\times$  g for 5 min and 100 µl of the supernatant was transferred in triplicate to a 96-well plate. Each well received 100 µl of freshly prepared modified Ehrlich's reagent (3 ml dH<sub>2</sub>O, 42 ml glacial acetic acid, 10 ml 70% perchloric acid, 1 g p-dimethylamino benzaldehyde). Each plate also contained an eight-point PBG standard curve (final concentration range in the wells was 0-221 µM PBG); standards were prepared using the same reagent concentrations as test samples. Plates were incubated in the dark at room temperature on an orbital plate shaker for 15 min, after which the PBG concentration was determined by reading the absorbance at 540 nm with an automated 96-well plate scanner (Bio-Rad Laboratories Model 3550, Hercules, CA, USA). Enzyme activity in each well was computed as nmol PBG/µl blood/h using the sample absorbance reading and the parameters (slope and yintercept) from the regression of the PBG standard curve and was reported as the arithmetic mean of the three observations representing each sample. Enzyme activity also was standardized to Hb concentration (as determined in the field by HemoCue) and reported as nmol PBG/mg Hb/h.

#### Species composition, fish size, and age

Carp (n = 23) were obtained from all six Oklahoma sites, the BR (n = 2), and LB (n = 16). Those analyzed for metals and biomarkers (n = 5 from LB) were of relatively uniform size and age; station means were 468 to 560 mm, 1,364 to 2,225 g, and two to 3.3 years old (data not shown). The LB carp used in the later parts of the temperature study were smaller and younger than most; however, they averaged 425 mm, 862 g, and 1.8 years old.

Channel catfish (n = 20) also were obtained from all six Oklahoma sites and from reference sites (n = 15). Catfish were not aged. Overall, channel catfish averaged 400 mm and 581 g, and the sizes of the reference fish bracketed the range represented by the fish from Oklahoma. Those from Oklahoma were of relatively uniform size except for those from site 1, which generally were smaller than most (mean = 372 mm, 371 g). The commercially obtained channel catfish (site 8, n= 12) were slightly smaller (mean = 327 mm, 230 g) than those from site 1, whereas those from our laboratory (site 7, n = 3) were larger (mean = 434 mm, 1.033 g) as were those from the other Oklahoma sites. Flathead catfish (n = 4) were obtained only at Oklahoma sites 1 and 2 (data not shown), and no reference fish were available for analysis. The fish from site 1 (n = 2) were larger (605–651 mm, 2,550–3,900 g) than those from site 2 (470-525 mm, 1,115-1,450 g).

Largemouth bass (n = 8) were obtained from Oklahoma sites 1, 5, and 6 and from the BR (n = 1). Reference largemouth bass (n = 12) from our laboratory also were analyzed. Those from Oklahoma were all larger (243–456 mm, 152–1,600 g) than the specimen from the BR (208 mm, 103 g; data not shown). However, one large fish (from site 6) contributed greatly to the wide range. Largemouth bass from Oklahoma were one to three years old; the reference fish were two to three years old, and the fish from the BR was one year old. Overall, the largemouth bass averaged 335 mm, 559 g, and 2.1 years old. Spotted bass (n = 7) were obtained from Oklahoma sites 2, 4, and 5 and from the BR (n = 2). They were 213 to 424 mm long, weighed 117 to 1,137 g, and were one to three years old. Like the largemouth bass, one large fish (from site 1) contributed greatly to the wide range. In contrast, the one spotted bass obtained from site 5 was smaller than all others (213 mm, 117 g). Spotted bass from the BR were similar in size (245–294 mm, 217–403 g) and age (1–3 years old) to most from Oklahoma. Overall, the spotted bass included in the study (mean = 289 mm TL, 394 g) were slightly smaller than the largemouth bass, as is typical of these species. No reference spotted bass were available for analysis.

Crappie (n = 12) were obtained from Oklahoma sites 3 through 6. They were 216 to 352 mm, weighed 117 to 739 g, and were one to three years old (data not shown). Overall, they averaged 284 mm, 353 g, and 1.8 years old. The crappie from site 6 (n = 3) were larger (315–352 mm, 451–739 g) than those from the other sites (216–315 mm, 117–388 g). None were obtained from the BR or from any of the reference sites.

#### Data management and statistical analysis

Elemental concentrations were analyzed statistically as both dry weight and wet weight concentrations. For each variable, species-station arithmetic means and standard errors were computed and tabulated, as were summary statistics by species. All data representing elemental concentrations and ALA-D activity were log<sub>10</sub>-transformed before statistical analysis. A value of 50% LOD was substituted for censored values (i.e., those <LOD) for all computations. A preliminary statistical analysis was conducted using analysis of covariance to determine the influence of various factors on metal concentrations and biomarkers. For these analyses, fish species, gender, collection site, and the interactions of these variables were considered fixed effects, and total length, fish weight, and age were considered continuous variables [26]. The preliminary analysis of covariance indicated that many variables differed among species and sites and that some interactions of species with other factors were significant; however, few other factors were significant (Table 2). All further statistical analyses, therefore, were conducted separately for each species. Oneway analysis of variance was used to test for differences among sites and groups of sites. In these analyses, site was considered a fixed effect, differences among individual sites were tested with Fisher's protected LSD, and differences among groups of sites were tested as planned nonorthogonal contrasts using single degree-of-freedom F tests. Relations between and among groups of variables (transformed as described previously) were examined through the use of Pearson correlation coefficients, linear (least-squares) regression, and stepwise multiple linear regression. In the latter, the forward selection method was used and variables were allowed into the model only if they significantly (p < 0.05) reduced the unexplained sum of squares after accounting for all other factors already included in the model (i.e., the type-II sums of squares were used) [26]. Closely related species (Ictaluridae [catfish]; Micropterus spp.) were combined for these analyses. Molar concentrations of Hb and blood Fe (i.e., [Hb] and [Fe]) were computed on the basis of the approximate molecular weight of carp Hb (65.88 kDa) [27] and the atomic weight of Fe (55.85) and analyzed using simple linear regression and geometric mean (functional) regression [28]. Release 8.2 of the Statistical Analysis System [26] was used for all statistical analyses.

Source		M. State	111.	ALA-D	ALA-D/Hb	Lead (	μg/g)	Cadmiur	n (µg/g)	Zinc (J	(g/gr	Iron (µ	g/g)
oi variation <sup>a</sup>	df	(%)	0H (g/dl)	(nmoi PBG/μl/h)	(muot PBG/mg/h)	Dry wt	Wet wt	Dry wt	Wet wt	Dry wt	Wet wt	Dry wt	Wet wt
Model	52	$1.56^{*}$	$2.94^{**}$	5.57**	7.95**	$22.81^{**}$	23.44**	$3.37^{**}$	3.35**	$4.50^{**}$	$3.15^{**}$	$12.78^{**}$	$2.94^{**}$
Error $(r^2)$	55	0.60	0.74	0.84	0.88	0.96	0.96	0.76	0.76	0.81	0.75	0.92	0.74
Sp	5	1.22	8.32**	$12.61^{**}$	$11.10^{**}$	29.39**	$29.20^{**}$	$4.41^{**}$	$3.96^{**}$	$6.38^{**}$	$4.16^{**}$	37.75**	$6.58^{**}$
Si	6	1.44	1.72	3.54**	$6.40^{**}$	47.54**	$47.26^{**}$	3.78**	3.54**	$4.58^{**}$	$3.94^{**}$	4.34**	1.42
Sp·Si	15	0.46	0.72	1.89*	$2.56^{**}$	$1.63^{\rm b}$	1.52	1.38	1.35	2.07*	1.28	$2.19^{**}$	0.64
'U	-	0.77	0.46	1.16	0.94	0.78	0.36	0.34	0.21	2.04	0.71	0.01	0.50
Sp.G	5	3.03*	3.21*	0.60	0.21	1.15	$2.30^{b}$	0.40	0.37	$5.04^{**}$	$2.10^{b}$	$3.98^{**}$	3.44 **
SiG	8	0.62	1.06	0.25	1.01	0.73	1.18	0.98	1.03	1.35	1.08	0.61	0.52
Sp-Si-G	7	0.74	0.85	0.92	1.05	0.70	0.78	0.34	0.29	0.75	0.78	0.41	0.39
$Length^c$	1	0.03	0.25	< 0.01	0.24	0.01	0.01	0.01	0.01	2.79	2.17	0.03	0.01
Weight (g)	1	1.15	0.06	1.44	1.97	2.27	1.52	0.21	0.11	0.02	0.29	< 0.01	0.40

#### RESULTS

#### Hemoglobin and ALA-D activity

Hemoglobin. Overall, Hb concentrations differed significantly among species, but not among sites or between genders (Table 2). However, significant species  $\times$  gender interaction indicated differences between genders in at least one species, but neither length nor weight were significant factors (Table 2). Concentrations of Hb were greater in carp than in all other species (Table 3). Concentrations in largemouth bass averaged slightly lower than in spotted bass, as did those in flathead catfish relative to channel catfish (Table 3). Concentrations of Hb did not differ significantly among locations in any of the species investigated (Table 3). Because the Hb concentrations were uniform across stations, within-species differences in Hbadjusted ALA-D activity (ALA-D/Hb) are not confounded by differing Hb concentrations.

ALA-D activity. The analysis of variance results for ALA-D and ALA-D/Hb were nearly identical; differences among sites and species were significant for both variables as were species  $\times$  site interactions (Table 2). The latter indicate that differences among sites were not consistent across the species investigated. Neither length nor weight significantly affected either variable (Table 2).

In general, ALA-D activity was greatest in bass and lowest in catfish, but it varied considerably within species and locations (Table 3). Unadjusted ALA-D activity differed significantly among locations in channel catfish, largemouth bass, and spotted bass, but not in carp or crappie (Table 3). Amonglocation differences were more evident for Hb-adjusted than for unadjusted ALA-D; ALA-D/Hb differences were significant in all species except spotted bass, in which they also approached significance (p = 0.10; Table 3). Overall, ALA-D/Hb ranged from 0.43 nmol/mg Hb/h in a carp from site 6 (NR-TC) to 10.24 nmol/mg Hb/h in a reference largemouth bass.

In carp, ALA-D/Hb was greatest, on average, in fish from sites 3 (NR-reference), 4 (SR), and 10 (LB) and lowest in those from sites 2 (SR), 6 (NR-TC), and 9 (BR; Table 3). In channel catfish, ALA-D/Hb was greatest in the commercially obtained reference fish and at site 6 (NR-TC) and lowest at sites 1 and 2 (both SR; Table 3). Consequently, ALA-D activity was significantly lower overall in SR channel catfish than in those from the NR and reference fish, but ALA-D/Hb in channel catfish from the NR did not differ significantly from reference fish (Table 3).

Enzyme activity was significantly lower in both largemouth and spotted bass from the BR than in those from any of the Oklahoma sites, which did not differ from each other in either species (Table 3). Activity (as ALA-D/Hb) also was significantly greater in reference largemouth bass than in those from Oklahoma (Table 3), but no reference spotted bass were available for comparison. Activity in crappie was lowest at site 5 (NR) and greatest at site 3 (NR-reference), with the other two sites (2 and 4, both SR) intermediate (Table 3); however, the range of ALA-D/Hb in crappie was narrow relative to other species analyzed because neither reference nor positive control fish were obtained for comparison.

#### Moisture content and metals

Total length (mm)

Moisture. The moisture content of fish blood was consistent across the range of species and locations sampled; differences among stations and species were not significant (p > 0.05),

Table 3. Hemoglobin (Hb) concentrations (g/dl), Hb-adjusted  $\delta$ -aminolevulinic acid dehydratase (ALA-D) activity (nmol porphobilinogen [PBG]/mg Hb/h), unadjusted ALA-D activity (nmol PBG/µl/h), and moisture content (%) in the blood of six species of fish from the indicated sites (Ref = reference; SR = Spring River; NR = Neosho River; TC = Tar Creek; BR = Big River; LB = Long Branch Lake [all USA]). Shown are arithmetic station and river means (unweighted) and standard errors (SE), by species and site; and results of one-way analysis of variance (ANOVA) as *F* values (\*\*  $p \le 0.01$ ; \* 0.01 <  $p \le 0.05$ ; not significant [NS] p > 0.05), coefficients of determination ( $r^2$ ), and degrees of freedom (*df*). Within taxa, means followed by the same letter<sup>a</sup> are not significantly different (p > 0.05)

a		Hb	ALA-D/Hb	ALA-D	Moisture
and river	n/df	Mean ± SE	Mean ± SE	Mean ± SE	Mean ± SE
Common carp	30	$9.2 \pm 0.29$	$1.70 \pm 0.12$	$1.53 \pm 0.10$	$85.2 \pm 0.3$
1 (SR)	4	9.6 ± 0.39 a	$1.55 \pm 0.09 \text{ abc}$	$1.50 \pm 0.15$ a	85.0 ± 1.0 a
2 (SR)	4	$8.8 \pm 0.66 a$	$1.35 \pm 0.24 \text{ bc}$	1.19 ± 0.23 a	$85.8 \pm 0.7 a$
4 (SR)	3	9.3 ± 1.25 a	$2.22 \pm 0.39$ ab	1.99 ± 0.29 a	85.1 ± 1.2 a
All SR	3 <sup>b</sup>	9.2 A	1.71 AB	1.56 A	85.3 A
3 (NR)	4	$8.4 \pm 0.97 a$	$2.55 \pm 0.07 \text{ a}$	2.14 ± 0.26 a	$86.2 \pm 0.8 a$
5 (NR)	3	$11.1 \pm 0.61 a$	$0.92 \pm 0.18 \mathrm{c}$	$1.04 \pm 0.26a$	$83.2 \pm 0.5 a$
6 (NR-TC)	5	$10.0 \pm 0.58$ a	$1.28 \pm 0.30 \mathrm{c}$	$1.29 \pm 0.33$ a	$85.0 \pm 0.6 a$
All NR	3 <sup>b</sup>	9.8 A	1.58 A	1.49 A	84.9 A
9 (BR)	2	$96 \pm 100 aA$	$1.34 \pm 0.05 \text{ abAB}$	$1.29 \pm 0.18$ aA	$84.6 \pm 0.6 aA$
10 (LB)	- 5°	$79 \pm 0.57 aA$	$2.17 \pm 0.14 \text{ abB}$	$1.68 \pm 0.07$ aA	$85.6 \pm 0.5 aA$
ANOVA	29				
F	7	1 85 NS	4 06**	2 00 NS	1 41 NS
$r^2$	22	0.37	0.56	0.39	0.31
Channel catfish	35	$6.9 \pm 0.21$	$1.44 \pm 0.09$	$0.97 \pm 0.05$	$86.3 \pm 0.3$
1 (SR)	5	$7.0 \pm 0.50 \text{ a}$	$0.78 \pm 0.09 \text{ a}$	$0.55 \pm 0.08 \text{ bc}$	87.4 ± 1.1 a
2 (SR)	1	8.5 a	0.58 a	0.49 c	86.0 a
4 (SR)	5	$6.4 \pm 0.86 \text{ a}$	$1.48 \pm 0.36 \mathrm{b}$	$0.90 \pm 0.17 \text{ ab}$	87.2 ± 1.1 a
All SR	3 <sup>b</sup>	7.3 A	0.95 A	0.65 A	85.9 A
3 (NR)	4	7.5 ± 1.02 a	$1.29 \pm 0.18 \text{ b}$	$0.96 \pm 0.16 \text{ ab}$	85.7 ± 1.1 a
5 (NR)	2	$7.2 \pm 0.40 \text{ a}$	$1.49 \pm 0.12 \mathrm{b}$	$1.07 \pm 0.03 a$	$86.2 \pm 0.1 a$
6 (NR-TC)	3	$7.5 \pm 0.84$ a	$1.74 \pm 0.28$ b	$1.27 \pm 0.17$ a	$86.2 \pm 0.9$ a
All NR	3 <sup>b</sup>	7.4 A	1.51 B	1.10 B	86.0 A
7 (Ref)	3	$6.7 \pm 0.35$ a	$1.97 \pm 0.28$ b	$1.30 \pm 0.13$ a	$85.6 \pm 0.6a$
8 (Ref)	12	$66 \pm 0.21$ a	$1.60 \pm 0.08 \text{ b}$	$1.04 \pm 0.05 a$	$86.0 \pm 0.3$ a
All ref	2b	6.6 A	1 79 B	1 17 B	85 8 A
ANOVA	34	0.0 M	1.// D		
F	7	0.74 NS	5 3/***	1 30**	0.73 NS
$r^2$	27	0.16	0.58	0.53	0.16
Flathead catfish <sup>d</sup>	4	$5.9 \pm 1.21$	$1.62 \pm 0.32$	$0.86 \pm 0.08$	$85.9 \pm 0.4$
1 (SR)	2	$5.9 \pm 2.05$	$1.84 \pm 0.70$	$0.93 \pm 0.03$	$85.9 \pm 0.3$
2 (SR)	2	$6.0 \pm 2.15$	$1.39 \pm 0.23$	$0.78 \pm 0.16$	$85.9 \pm 0.09$
Largemouth bass	21	$65 \pm 0.29$	$4.61 \pm 0.37$	$292 \pm 019$	$860 \pm 04$
1 (SR)	21	$6.7 \pm 0.45$ a	$4.49 \pm 1.17$ abA	$2.92 \pm 0.19$ 2.93 ± 0.58 aA	$853 \pm 13a$
5 (NR)	2	$8.0 \pm 0.55$ a	$3 13 \pm 0.05$ a	$2.93 \pm 0.30$ mm	$84.5 \pm 1.1.3$ a
5 (NR)	4	$7.1 \pm 0.13$ a	$4.25 \pm 0.03$ a	$2.49 \pm 0.21$ a $3.02 \pm 0.19$ a	$85.2 \pm 0.1.2$
All ND	4 2b	$7.1 \pm 0.15 a$	$4.25 \pm 0.25 \text{ ab}$	$3.02 \pm 0.19$ a	$85.2 \pm 0.1 a$
All NK 7 (Def)	12	7.5  dA	5.09  A $5.25 \pm 0.51 \text{ bD}$	2.70  A $2.12 \pm 0.27 \text{ s}$	$866 \pm 0.6$
$(\mathbf{Rel})$	12	$0.1 \pm 0.43 \mathrm{dA}$	$3.23 \pm 0.310$ DB	$5.12 \pm 0.27$ dA	86.0 ± 0.0 aA
9 (DK)	20	0.0 aA	1.52 CC	1.00 0B	80.3 aA
ANOVA	20	1.00 NG	 	2.10*	
F $r^2$	4	0.21	0.60	0.44	0.95 NS 0.19
Spotted bass	9	$83 \pm 0.46$	$271 \pm 0.19$	$226 \pm 0.22$	$84.6 \pm 0.4$
2 (SR)	2	$91 \pm 0.42$	2.71 = 0.17 $2.80 \pm 0.33$ ab	2.20 = 0.22 $2.54 \pm 0.24$	$84.2 \pm 0.6$
$\frac{2}{4}$ (SP)	3	$9.1 \pm 0.42 \text{ a}$	$2.80 \pm 0.33 \text{ ab}$	$2.34 \pm 0.24$ a	$84.2 \pm 0.0 a$
+ (SK) All SP	Dh Dh	$0.0 \pm 1.11 a$	$2.00 \pm 0.15 a$	$2.30 \pm 0.31$ a	04.7 ± 1.0 a 84.6 A
ALL SK 5 (ND)	∠° 1	0.0 A	2.04 A 2.42 a A	2.42 A	04.0 A
$J(\mathbf{N}\mathbf{K})$	1	$7.2 \pm 0.75$	3.42  dA	$1.40 \pm 0.00 \text{ hP}$	84.2  dA
Y (DK)	2	$1.2 \pm 0.13 \text{ aA}$	1.90 ± 0.08 DB	$1.40 \pm 0.09 \text{ BB}$	04.8 ± 0.6 aA
ANOVA	ð		4 12**	5 60**	0.10 MC
F $r^2$	3 5	0.96 NS 0.32	4.13** 0.72	5.60** 0.77	0.19 NS 0.10
White crappie	12	64 + 0.27	$240 \pm 0.16$	$1.50 \pm 0.10$	$84.9 \pm 0.5$
4 (SR)	2	$5.9 \pm 0.77 a \Delta$	2.40 = 0.10 $2.40 \pm 0.20$ ab 4	$1.50 \pm 0.10$ $1.50 \pm 0.29$ ab 4	$87.3 \pm 0.6$ a $\Delta$
$\tau$ (SR) 3 (NP)	3 2	$5.7 \pm 0.77  \text{aA}$	$2.47 \pm 0.20 \text{ abA}$ $3.25 \pm 0.21 \text{ s}$	$1.00 \pm 0.29 \text{ abA}$ $1.04 \pm 0.00 \text{ s}^{\circ}$	$81.0 \pm 0.0 aA$
J(INK) f(ND)	<u>ک</u>	$0.0 \pm 0.30 a$	$3.23 \pm 0.31$ a 1.02 $\pm 0.17$ b	$1.94 \pm 0.09 a^{\circ}$	$04.7 \pm 0.00$
J(NK)	4	$0.4 \pm 0.55 a$	$1.92 \pm 0.17$ D	$1.21 \pm 0.09 \text{ b}^{\circ}$	$\delta 3.2 \pm 0.0 D$
U (INK-IU)	3 2h	$7.0 \pm 0.22 a$	$2.59 \pm 0.09 \text{ ad}$	$1.07 \pm 0.08 \text{ ab}$	84./ ± 0.5 D
All NK	50	0.3 A	2.52 A	1.01 A	84.3 B
ANUVA	11			2.05 NG*	0.20**
	5	0.70 NS	0.33**	2.95 NS"	9.32**
r~	8	0.21	0.72		0.78

<sup>a</sup> Lowercase letters for site means, uppercase for river means; ALA-D and ALA-D/Hb log-transformed for statistical analysis.

<sup>b</sup> No. of means.

<sup>c</sup> One LB carp deleted due to low blood volume.

<sup>d</sup> Flathead catfish not analyzed statistically due to small n.

 $^{e}p = 0.10.$ 

and neither length nor weight were significant factors (Table 2). Blood moisture ranged from 81.9% in a crappie from site 5 to 93.1% in a reference largemouth bass (data not shown). Differences among locations were significant only in crappie (Table 3). These results indicate that most comparisons of wet weight metal concentrations are not confounded with moisture differences introduced in the conversion of dry weight to wet weight concentrations.

*Lead.* Blood–Pb concentrations (wet wt and dry wt) differed significantly among species and sites; trends were identical for both wet weight and dry weight concentrations, and no other factors were significant (Table 2). Lead was detected in all samples at concentrations ranging from 0.003  $\mu$ g/g wet weight in a reference channel catfish to 3.69  $\mu$ g/g in a carp from the BR (data not shown). At the Oklahoma sites, concentrations generally were greatest in carp and lowest in crappie (Table 4), but no reference of crappie was obtained for comparison. Blood–Pb concentrations in bass and catfish were intermediate relative to those in carp and crappie (Table 4).

Blood–Pb concentrations differed significantly among sites in all species (Table 4). Concentrations averaged 3.39  $\mu$ g/g in carp from the BR and 0.04  $\mu$ g/g in carp from LB; both differed significantly from all Oklahoma sites, which were intermediate (Table 4). Among the Oklahoma sites, Pb concentrations in carp from the SR (site means 0.20–0.36  $\mu$ g/g) were significantly greater than those from the NR (site means 0.10–0.19  $\mu$ g/g), and site 3 (NR–reference) concentrations were significantly lower than those from site 5 but not from other Oklahoma sites (Table 4).

Blood–Pb concentrations in channel catfish also were greater generally at SR than at NR sites, and concentrations at all Oklahoma sites exceeded those in both groups of reference fish (Table 4). Among the Oklahoma sites, concentrations in channel catfish were greatest at site 1 (SR, mean = 0.16  $\mu$ g/g) and lowest at sites 3 (NR–reference) and 5 (NR, means = 0.04  $\mu$ g/g). Overall, Pb concentrations in channel catfish from the NR were significantly lower than in those from the SR (Table 4). Concentrations in flathead catfish from SR sites 1 and 2 were lower than in channel catfish from those sites but were not tested statistically (Table 4).

The blood–Pb concentration of the largemouth bass from the BR (1.97  $\mu$ g/g) was more than 50-fold greater than that of most Oklahoma largemouth bass and as much as 200-fold greater than reference fish (Table 4). Concentrations also were significantly greater in largemouth bass from Oklahoma than in reference fish, and those from sites 1 (SR) and 6 (NR–TC) exceeded those from site 5 (NR); however, Pb concentrations in largemouth bass from the SR and NR did not differ significantly overall (Table 4).

In spotted bass and crappie, the blood–Pb trends at the Oklahoma sites were similar to those observed in largemouth bass, but no reference fish of either species were obtained, nor were crappie obtained from the BR (Table 4). Blood–Pb concentrations in spotted bass from the BR (mean =  $1.24 \ \mu g/g$ , n = 2) were more than 10-fold greater than in all spotted bass from Oklahoma, and also were significantly greater at site 2 (SR) than at site 4 (NR); however, as was true also for largemouth bass, the SR and NR did not differ significantly overall (Table 4). Blood–Pb concentrations in crappie spanned a relatively narrow range (0.01–0.05  $\mu g/g$ ) compared to the other taxa (Table 4), even among Oklahoma sites. Nevertheless, concentrations in crappie from site 4 (SR) were significantly great-

er than all NR sites except site 6 (NR–TC) and the NR sites collectively (Table 4).

*Cadmium.* Blood–Cd concentrations (wet wt and dry wt) differed significantly among species and sites but no other factors were significant (Table 2). Concentrations generally were greatest in carp and lowest in the centrarchids, ranging from <0.001  $\mu$ g/g (wet wt) in most reference fish to 0.050  $\mu$ g/g in a carp from NR site 3. Blood–Cd concentrations were >LOD in only 48 of 111 samples (43%), mostly in carp and catfish. Consequently, results of statistical tests are only approximate.

Blood-Cd concentrations in carp differed significantly among sites, but the differences were less evident than for blood Pb (Table 4). Concentrations were lowest in fish from LB and greatest in those from site 3 (NR-reference) and the BR. Overall, the SR and NR did not differ significantly (Table 4). Concentrations in channel catfish also differed significantly among sites; generally they were greatest in the SR, intermediate in the NR, and lowest in reference fish (Table 4). Blood-Cd concentrations in channel catfish from the SR and NR differed significantly from reference fish, but overall differences between the SR and NR were not significant (Table 4). Concentrations in flathead catfish from SR sites 1 and 2 exceeded those in channel catfish from these sites (Table 4) but were not tested statistically. Concentrations were universally low ( $<0.001-0.003 \mu g/g$ ) in all three centrarchid species. Differences among sites were marginally significant (0.05 <p < 0.10) in largemouth bass but not in spotted bass or crappie (Table 4).

Zinc. Blood–Zn concentrations (wet wt and dry wt) differed significantly among species and sites (Table 2). In addition, species × gender interaction was significant for dry weight blood Zn, indicating that concentrations differed between genders in at least one species; however, this term was not significant for the wet-weight values, and neither length nor weight were significant for either set of concentrations (Table 2). Concentrations ranged from  $3.5 \,\mu$ g/g (wet wt) in a reference largemouth bass to 29.9  $\mu$ g/g in a carp from site 3 (NR–reference), and were >LOD in all samples (data not shown), and generally were greatest in carp and catfish and lowest in the centrarchids (Table 4).

Compared to Pb and Cd, blood-Zn concentrations in carp were relatively uniform across the range of stations sampled. Site means ranged from 7.5  $\mu$ g/g (wet wt) at LB to 14.9  $\mu$ g/ g at site 3 (NR-reference), but differences among sites were not statistically significant (Table 4). In contrast, blood-Zn concentrations in channel catfish differed significantly among sites; concentrations were significantly greater at sites 4 (SR) and 6 (NR-TC) than at all other Oklahoma sites (Table 4). Concentrations in fish from the SR were significantly lower overall than those from the NR and the reference sites, but the NR sites did not differ overall from the reference sites (Table 4). Concentrations in flathead catfish from sites 1 and 2 exceeded those in channel catfish from these sites (Table 4) but were not tested statistically. Blood-Zn concentrations in largemouth bass also differed significantly among sites (Table 4). Concentrations were significantly greater in largemouth bass from all Oklahoma sites than in those from either the BR (one fish) or the reference site, but the Oklahoma sites did not differ significantly among themselves (Table 4). Differences in spotted bass and crappie were not statistically significant (Table 4), but no reference fish of either species were analyzed nor were any crappie from the BR.

Table 4. Concentrations of zinc, cadmium, lead, and iron (all  $\mu g/g$  wet wt) in the blood of six species of fish from the indicated sites (Ref = reference; SR = Spring River; NR = Neosho River; TC = Tar Creek; BR = Big River; LB = Long Branch Lake [all USA]). Shown are arithmetic station and river means (unweighted) and standard errors (SE), by species and site; and results of one-way analysis of variance (ANOVA) as *F* values (\*\*  $p \le 0.01$ ; \* 0.01 <  $p \le 0.05$ ; not significant [NS] p > 0.05), coefficients of determination ( $r^2$ ), and degrees of freedom (*df*). Within taxa, means followed by the same letter<sup>a</sup> are not significantly different (p > 0.05)

a		Zinc	Cadmium	Lead	Iron
and river	n/df	Mean ± SE	Mean ± SE	Mean ± SE	Mean ± SE
Common carp	30	$10.5 \pm 0.9$	$0.008 \pm 0.002$	$0.38 \pm 0.18$	319.5 ± 8.7
1 (SR)	4	12.9 ± 1.5 a	$0.013 \pm 0.008$ abcd	$0.20 \pm 0.04 \text{ bc}$	$343.5 \pm 23.2 \text{ a}$
2 (SR)	4	$8.7 \pm 0.7 a$	$0.008 \pm 0.001$ abc	$0.26 \pm 0.05$ bc	$308.6 \pm 24.4$ a
4(SR)	3	$11.5 \pm 1.5 a$	$0.003 \pm 0.002$ abcd	$0.36 \pm 0.15$ b	309.6 + 36.7 a
All SR	3b	11.0  A	0.007 A	0.30 = 0.150	320 6 A
3 (NR)	1	$14.9 \pm 5.1.9$	0.007 H	$0.10 \pm 0.01$ c	289.7 + 32.2.3
5 (NR)		$14.7 \pm 5.1 a$	$0.010 \pm 0.011$ ab	$0.10 \pm 0.01 \text{ c}$ 0.18 ± 0.06 hc	$209.7 \pm 32.2 \text{ a}$ $371.8 \pm 17.5 \text{ a}$
5 (NR)	5	$9.9 \pm 0.2 a$	$0.003 \pm 0.002$ cd	$0.10 \pm 0.00 \text{ bc}$	$371.0 \pm 17.5 a$ $320.2 \pm 17.5 a$
0 (INK-IC)	5 2h	9.3 ± 2.0 a	$0.004 \pm 0.002$ bcd	0.19 ± 0.07 bc	329.3 ± 17.3 a
All NK	30	11.4 A	0.008 AB	0.15 B	330.3 A
9 (BR)	2	$9.3 \pm 2.3 \text{ aA}$	$0.020 \pm 0.013 \text{ aB}$	$3.39 \pm 0.30 \text{ aC}$	$305.0 \pm 13.4 \text{ aA}$
10 (LB)	5°	$7.5 \pm 0.6  \mathrm{aA}$	$< 0.001 \pm < 0.011  \mathrm{dC}$	$0.04 \pm 0.01 \text{ dD}$	$303.2 \pm 17.2$ aA
ANOVA	29				
F	7	1.35 NS	2.91*	16.27**	1.09 NS
$r^2$	22	0.30	0.48	0.84	0.26
Channel catfish	35	$14.8 \pm 0.5$	$0.02 \pm < 0.001$	$0.06 \pm 0.01$	238.9 7.3
1 (SR)	5	$11.5 \pm 1.1 \text{ ac}$	$0.003 \pm 0.001$ a	$0.16 \pm 0.01 a$	$240.0 \pm 24.2 \text{ a}$
2 (SR)	1	9.4 ac	0.003 a	0.09 a	285.6 a
4 (SR)	5	$15.3 \pm 0.9 \text{ b}$	$0.003 \pm 0.002 \text{ ab}$	$0.08 \pm 0.02 \text{ b}$	$218.5 \pm 25.3$ a
All SR	3ь	12.1 A	0.003 A	0.11 A	248.0 A
3 (NR)	4	$12.2 \pm 0.2 \text{ ac}$	$0.003 \pm 0.001 a$	$0.04 \pm 0.01 \text{ bc}$	286.6 ± 32.7 a
5 (NR)	2	$14.8 \pm 2.0 \text{ bc}$	$<0.001 \pm <0.001$ bc	$0.04 \pm 0.01 \text{ bc}$	240.8 ± 3.8 a
6 (NR-TC)	3	15.3 ± 1.8 b	$0.003 \pm 0.002 a$	$0.08 \pm 0.02 \text{ b}$	$246.5 \pm 25.0 \text{ a}$
All NR	3 <sup>b</sup>	14.1 B	0.002 A	0.05 B	258.0 A
7 (Ref)	3	$15.2 \pm 0.7 \text{ bc}$	$<0.001 \pm <0.001 c$	$<0.01 \pm <0.01 \text{ d}$	$209.0 \pm 6.4 a$
8 (Ref)	12	$17.1 \pm 0.6 \mathrm{b}$	$<0.001 \pm <0.001 c$	$0.02 \pm < 0.01 c$	232.3 ± 5.9 a
All Ref	2 <sup>b</sup>	16.2 B <sup>b</sup>	<0.001 B	0.01 C	220.6 A
ANOVA	34	_			_
F	7	5.95**	5.76**	32.81**	1.28 NS
$r^2$	27	0.61	0.59	0.89	0.25
Flathead catfish <sup>d</sup>	4	$14.5 \pm 0.6$	$0.005 \pm 0.002$	$0.04 \pm 0.01$	$228.9 \pm 18.9$
1 (SR)	2	$14.6 \pm 0.8$	$0.004 \pm 0.001$	$0.04 \pm < 0.01$	$236.5 \pm 11.9$
2 (SR)	2	$14.4 \pm 0.8$	$0.006 \pm 0.004$	$0.03 \pm 0.01$	$221.2 \pm 43.0$
Largemouth bass	21	$8.9 \pm 0.6$	$0.001 \pm < 0.001$	$0.11 \pm 0.09$	$226.3 \pm 6.4$
1 (SR)	2	$10.9 \pm 1.9 \text{ abA}$	$0.001 \pm < 0.001 aA$	$0.04 \pm 0.01 \text{ aA}$	231.7 ± 14.7 aA
5 (NR)	2	$10.3 \pm 1.1 \text{ abc}$	$0.001 \pm < 0.001 \text{ ab}$	$0.02~\pm<0.01~{ m b}$	241.5 ± 12.4 a
6 (NR-TC)	4	$12.3 \pm 1.0 \text{ ab}$	$<0.001 \pm <0.001$ ab	$0.04 \pm < 0.01 a$	237.6 ± 4.2 a
All NR	3 <sup>b</sup>	11.3 A	0.001 AB	0.03 A	239.6 A
7 (Ref)	12	$7.3 \pm 0.4  \text{cB}$	$<0.001 \pm <0.001 \text{ abA}$	$0.01 \pm < 0.01 \text{ bB}$	$222.2 \pm 10.1 \text{ aA}$
9 (BR)	1	9.2 bcB	<0.001 bB	1.97 cC	189.1 aA
ANOVA	20		_		
F	4	4.92**	2.62*e	39.68**	0.51 NS
$r^2$	16	0.55	0.40	0.91	0.42
Spotted bass	9	$12.2 \pm 0.5$	$0.001 \pm < 0.001$	$0.33 \pm 0.17$	$254.2 \pm 11.1$
2 (SR)	3	11.9 ± 0.1 a	$0.001 \pm < 0.001 a$	$0.09 \pm 0.01 a$	276.4 ± 16.3 a
4 (SR)	3	12.4 ± 1.2 a	<0.001 ± <0.001 a	$0.06 \pm 0.01 \text{ ab}$	253.0 ± 23.9 a
All SR	2 <sup>b</sup>	12.2 A	0.001 A	0.07 A	264.7 A
5 (NR)	1	13.2 aA	<0.001 aA	0.04 bA	256.0 aA
9 (BR)	2	$12.0 \pm 1.7 \text{ aA}$	$0.002 \pm 0.001 \text{ aA}$	$1.24 \pm 0.14 \text{ cB}$	$222.0 \pm 10.3 \text{ aA}$
ANOVA	8	_	_		_
F	3	0.15 NS	1.70 NS	57.56**	1.22 NS
$r^2$	5	0.08	0.50	0.97	0.42
White crappie	12	$9.6 \pm 0.4$	$0.001 \pm < 0.001$	$0.03 \pm < 0.01$	$212.1 \pm 8.1$
4 (SR)	3	$8.3 \pm 1.0 \text{ aA}$	$<0.001 \pm <0.001 \text{ aA}$	$0.04 \pm < 0.01 aA$	$184.4 \pm 18.2 \text{ aA}$
3 (NR)	2	$10.5 \pm 0.8 a$	$< 0.001 \pm 0.001$ a	$0.02 \pm 0.01 \text{ b}$	$206.8 \pm 6.8 \text{ a}$
5 (NR)	4	$9.6 \pm 0.4 \mathrm{a}$	<0.001 ± <0.001 a	$0.02 \pm < 0.01 \text{ b}$	$217.7 \pm 11.1 a$
6 (NR-TC)	3	$10.2 \pm 1.1$ a	$<0.001 \pm <0.001$ a	$0.03 \pm 0.01$ ab	$235.9 \pm 13.0 a$
All NR	3 <sup>b</sup>	10.1 A	0.001 A	0.02 B	220.1 A
ANOVA	11				
F	3	1.25 NS	0.46 NS	6.48*	2.34 NS
$r^2$	8	0.32	0.15	0.71	0.47
	0				

<sup>a</sup> Lowercase letters for site means, uppercase for river means; all variables log-transformed for statistical analysis.

<sup>b</sup> No. of means.

<sup>c</sup> One LB carp with low blood volume deleted.

<sup>d</sup> Flathead catfish not analyzed statistically due to small n.

 $^{e}p = 0.06.$ 



Fig. 2. Molar concentrations of [Fe] and hemoglobin ([Hb]) in the blood of fish of the indicated species. Also shown is the area of the graph representing all carp (ellipse) and lines representing the least-squares (**A**) and functional (geometric mean) relation (**B**). Also shown (**C**) is the line representing [Fe] = 4[Hb], the expected relation based on the tetrameric structure of Hb. See Table 5 for equations. Species: Carp = common carp; ChC = channel catfish; FhC = flathead catfish; LmB = largemouth bass; SpB = spotted bass; WhC = white crappie.

*Iron.* Blood–Fe concentrations (wet wt and dry wt) differed significantly among species; however, only the dry-weight concentrations differed among sites, and neither length nor weight were significant factors (Table 2). Differences among sites were not consistent among species, as indicated by the significant species × site interaction (Table 2). Concentrations ranged from 114.5  $\mu$ g/g (wet wt) in a reference largemouth bass to 404.1  $\mu$ g/g in a carp from site 5 (NR) and were >LOD in all samples (data not shown). Blood–Fe concentrations generally were greater in carp (all ≥305  $\mu$ g/g) than in all other species (typically 200–300  $\mu$ g/g), but differences among sites were not significant in any species (Table 4).

#### Relations between and among variables

The molar concentrations of Fe and Hb were correlated highly in all taxa, both individually (r = 0.76-0.89, p < 0.01) and collectively (r = 0.89, p < 0.01; Fig. 2). Across all species investigated, the relation between [Fe] and [Hb] was welldescribed by least-squares and functional regressions, both of which were highly significant (p < 0.01) and explained 79% of the variability in [Fe] (Fig. 2, Table 5). In addition, the slopes of these regressions were near 4.0 and the intercepts near 0.0, the expected values based on the tetrameric structure of Hb (Fig. 2, Table 5). Concentrations of Hb and Fe also were



Fig. 3. Concentrations of Fe and Pb in blood of fish of the indicated species. Also shown are areas of the graph illustrating all laboratoryraised reference fish (**A**); all fish from Long Branch Lake (**B**) and the Big River, USA (**C**); and all carp (**D**). Species: Carp = common carp; ChC = channel catfish; FhC = flathead catfish; LmB = largemouth bass; SpB = spotted bass; WhC = white crappie.

positively correlated with those of Zn in bass (r = 0.60, p < 0.01) and (weakly) in crappie (r = 0.48, p = 0.11). In contrast, neither blood Fe nor Hb were correlated with blood Pb in any taxa, and blood Pb was not elevated in fish with low Hb or Fe (Figs. 2 and 3).

Blood Pb and ALA-D/Hb were negatively correlated in catfish (r = -0.66, p < 0.01) and bass (r = -0.82, p < 0.01), but not in carp (r = -0.26, p > 0.05) or crappie (r = 0.11, p > 0.05; Fig. 4). However, the range of blood–Pb and ALA-D values for crappie probably were not sufficient to document a statistical relationship (Fig. 4). In carp, points representing four fish (two each from sites 3 and 6) were conspicuously outside the general trend of the data (Fig. 4). Without these four points, the correlation improved (r = -0.53, p < 0.01). Nevertheless, it is important to note that there was no a priori reason to eliminate these fish (i.e., they appeared normal in all other respects).

Stepwise multiple regression of ALA-D activity against blood-metal concentrations (wet wt) and other variables yielded statistically significant improvements relative to the correlations between pairs of variables, but not in all taxa. In bass (largemouth and spotted combined), the data were well described by models that included negative terms for blood Pb after accounting for Hb differences between the species, either by analyzing ALA-D/Hb or by including Hb as an independent

Table 5. Statistically significant (\*\* p < 0.01; \* p < 0.05) regression models describing relations between wet-weight (ww) concentrations of hemoglobin (Hb), Fe, Pb, Zn,  $\delta$ -aminolevulinic acid dehydratase (ALA-D) activity, and Hb-adjusted ALA-D activity (ALA-D/Hb) in the blood of bass (largemouth and spotted), catfish (channel and flathead), carp, and all species combined. Shown for each model are intercepts and regression coefficients (±standard errors), *F* values and degrees of freedom (*df*), and coefficients of determination ( $r^2$ )

Taxon	Model	F(df)	$r^2$
All species	$[Fe] = 0.0009(\pm 0.0002) + 3.4280(\pm 0.1698)[Hb]$ [Fe] = 0.2965(\pm 0.0002) + 3.8570(\pm 0.1698)[Hb]	407.54 (1, 109)** 407.54 (1, 109)**	0.79 0.79
Bass <sup>a</sup>	$log_{10}ALAD/Hb = 0.258(\pm 0.045) - 0.219(\pm 0.029)log_{10}Pb log_{10}ALA-D = -0.161(\pm 0.102) - 0.198(\pm 0.028)log_{10}Pb + 0.040(\pm 0.12)Hb$	58.51 (1, 27)** 26.55 (2, 27)**	0.68 0.66
Catfish <sup>b</sup>	$\begin{split} \log_{10}\text{ALA-D/Hb} &= -1.206(\pm 0.229) - 0.237(\pm 0.063)\text{log}_{10}\text{Pb} + 0.868(\pm 0.226)\text{log}_{10}\text{Zn}_{ww}\\ \log_{10}\text{ALA-D} &= -3.435(\pm 0.605) - 0.188(\pm 0.062)\text{log}_{10}\text{Pb} + 0.845(\pm 0.221)\text{log}_{10}\text{Zn}\\ &+ 0.903(\pm 0.227)\text{log}_{10}\text{Fe} \end{split}$	30.20 (2, 33)** 19.25 (3, 32)**	0.65 0.64
Carp	$log_{10}ALA-D/Hb = 0.153(\pm 0.040) - 0.131(\pm 0.043)log_{10}Pb log_{10}ALA-D = -0.155(\pm 0.159) - 0.109(\pm 0.046)log_{10}Pb + 0.030(\pm 0.015)Hb$	9.18 (1, 25)** 3.39 (3, 39)*	0.28 0.23

<sup>a</sup> Largemouth and smallmouth bass.

<sup>b</sup> Channel and flathead catfish.



Fig. 4. Hemoglobin-adjusted  $\delta$ -aminolevulinic acid dehydratase activity versus blood-lead concentrations in fish of the indicated species. Also shown is the area of the graph representing (**A**) all bass (*Micropterus* spp.), (**B**) all catfish (Ictaluridae), and (**C**) all fish from the Big River, USA. Species: Carp = common carp; ChC = channel catfish; FhC = flathead catfish; LmB = largemouth bass; SpB = spotted bass; WhC = white crappie.

variable. These models were highly significant (p < 0.01) and accounted for 66 to 68% of the variation in ALA-D activity in bass (Fig. 4, Table 5). No other variables met the p < 0.05 criterion for inclusion.

In catfish (channel and flathead combined), ALA-D activity also was well described by blood Pb after accounting for Hb differences and, in contrast to bass, blood Zn was statistically significant (Table 5). Models for both ALA-D and ALA-D/Hb were highly significant (p < 0.01) and accounted for 64 to 65% of the variation in ALA-D activity (Fig. 4, Table 5). No other variables met the p < 0.05 criterion for inclusion. Blood Fe was selected in lieu of Hb in catfish; however, as noted previously, these variables were highly correlated (Fig. 2, Table 5).

In crappie, models that included terms for blood Pb and Zn were statistically significant (p < 0.05) and explained 52 to 61% of the variation in ALA-D activity (data not shown). The models for crappie differed from all others in that the coefficients for blood Pb were positive and those for Zn were negative, which is contrary to expectations. These results probably are an artifact of the narrow range spanned by blood–Pb concentrations and ALA-D activity in crappie, which were obtained only from Oklahoma sites 3 to 6 (Fig. 4).

No statistically significant models resulted for carp when all data (n = 30) and all variables were included. When the four fish identified previously were excluded, models that included blood Pb and Hb were statistically significant (p < 0.01-0.05) but nevertheless explained only 23 to 28% of the variation in ALA-D activity (Table 5). No other variables met the p < 0.05 criterion for inclusion.

#### DISCUSSION

#### Lead, zinc, and cadmium concentrations

Although several of the taxa analyzed in this study have not been investigated previously with respect to blood metals and ALA-D activity, it is nevertheless useful to compare blood-metal concentrations as a general indicator of contamination. Overall, our blood-metal concentrations were consistent with those reported by others. In studies with suckers (Pisces: Catostomidae) from streams in Missouri, Montana, and Washington, USA, blood–Pb concentrations typically were 0.05 to 0.15  $\mu$ g/g (wet wt) at reference sites and 0.6 to 2.0  $\mu$ g/g at sites heavily contaminated by mining and related activities [4,16,17]. These concentrations were bracketed by those in 2001 carp from the SR and BR. Black redhorse (*Moxostoma duquesnii*) from Center Creek, a SR tributary in Jasper County, Missouri, averaged 0.14 to 0.26  $\mu$ g/g [4] in 1981. These latter values are nearly identical to blood–Pb concentrations in SR carp collected in 2001 (Fig. 4, Table 4). Blood– Pb concentrations in carp from the BR (3.1–3.7  $\mu$ g/g) were also nearly identical to maximum concentrations in BR suckers collected in 1981 [17], and those in carp from LB (mean = 0.04  $\mu$ g/g) were similar to concentrations in suckers and other species collected previously from reference streams in Missouri [4,16].

Blood–Pb concentrations in centrarchids from Oklahoma also were similar to those reported by previous studies. Concentrations averaged 0.03  $\mu$ g/g in longear sunfish (*Lepomis megalotis*) collected from an uncontaminated BR site in 1980 and 0.4 to 0.9  $\mu$ g/g at tailings-contaminated sites [22]. Our reference bass contained slightly lower concentrations (0.01– 0.02  $\mu$ g/g) than reference longear sunfish from the BR, whereas those in largemouth bass and crappie from Oklahoma were about the same (0.01–0.05  $\mu$ g/g; Fig. 4). However, blood–Pb concentrations in spotted bass from the SR were greater (0.08– 0.10  $\mu$ g/g) than those in reference longear sunfish. Concentrations in largemouth and spotted bass obtained from the BR in 2001 also were greater (1.1–2.0  $\mu$ g/g) than those in longear sunfish collected from contaminated reaches in 1980 [22].

Blood–Zn concentrations in carp from Oklahoma also were similar to those in suckers collected from Center Creek in 1989 [4], which were all slightly greater than those in suckers from even the most-contaminated streams in eastern Missouri sampled in 1981 and 1989 [4,17]. However, the 2001 blood–Zn concentrations in carp from the BR (mean =  $9.3 \mu g/g$ ) were similar to previously reported values for BR suckers.

In contrast to Pb and Zn, blood–Cd concentrations in carp from the Oklahoma sites were lower than those in suckers from the BR and other mining-affected streams in eastern Missouri, as also was true of suckers collected from Center Creek in 1989 [4,16,17]. Blood Zn and Cd concentrations in carp from LB (mean =  $7.5 \mu g/g$ ) also were about the same as those in suckers and other species from reference streams in Missouri [4,17]. Only Pb was measured in longear sunfish blood by Dwyer et al. [22], so there is no suitable basis against which to compare our blood–Zn and –Cd concentrations in bass and crappie.

#### Iron, hemoglobin, and ALA-D activity

Blood Fe and Hb concentrations were highly correlated across the locations and species sampled, and the relation between them was consistent with the structure of Hb (Fig. 2, Table 5). To our knowledge, no studies have compared Hb measured with the HemoCue to traditional laboratory methods (e.g., [23]) in fish. In humans, carboxyhemoglobin has been reported to cause the instrument to overestimate Hb [29]. The strong correlation between Hb and blood Fe (Fig. 2, Table 5) suggests that the HemoCue accurately measures Hb concentrations in fish blood collected and analyzed in the manner reported here.

It always is difficult to compare enzyme activities among investigations because variations in fish acclimation temperature, whether or not activity is standardized (to Hb, hematocrit, etc.), and such assay-related variables as incubation temperature, pH, and substrate concentration may be reflected as differences in enzyme activity. In addition, ALA-D activity

varies considerably among fish taxa [4,11,12,16]. Consequently, enzyme activity typically is compared to appropriate reference or control values generated independently within each study. In wildlife, 50% ALA-D inhibition relative to relevant reference or control activity is considered evidence of injury associated with exposure to environmental Pb [30]. In our study, ALA-D activity averaged 1.8 nmol PBG/mg Hb/h in reference channel catfish (commercially obtained and laboratory-raised) but only 0.78 nmol PBG/mg Hb/h at site 1 (48% of reference) and 0.58 nmol PBG/mg Hb/h (32% of reference) at site 2 (Table 3). Activity also was reduced, but by <50%, in channel catfish from the other Oklahoma sites. In the only other field study conducted with channel catfish, ALA-D activity was not detected in fish collected either upstream or downstream of a Pb smelter [16]. Collectively, these results indicate that the normal level of ALA-D activity is lower in channel catfish than in other species and that inhibition occurs at lower Pb concentrations (Fig. 4).

Compared to laboratory-raised reference largemouth bass (mean = 5.25 nmol PBG/mg Hb/h), ALA-D activity also was inhibited by more than 50% in largemouth and spotted bass from the BR (mean = 1.52 and 1.96 nmol PBG/mg Hb/h, respectively) but not on average in either species of bass from any of the Oklahoma sites (Table 3). The results for bass confirm earlier studies that showed  $\geq$  50% inhibition in other taxa collected from contaminated reaches of the BR [4,17,22]. Nevertheless, it is important to note that no reference spotted bass were available for comparison. Mean ALA-D activity in crappie averaged 3.25 nmol PBG/mg Hb/h at site 3 but only 1.92 nmol PBG/mg Hb/h at site 5, a difference of 41%. However, fish of some taxa collected from site 3 contained greater-thanexpected concentrations of metals even though the site is upstream of known sources of mining-derived metals to the NR. Hence, the full impact on white crappie cannot be determined but may be >41%. No previous studies have documented ALA-D activity in crappie or Micropterus spp.

The activity of ALA-D in carp was highly variable. It was inhibited by >50% relative to reference values (LB) at site 5 (SR), but not at other sites where blood Pb concentrations were greater (including BR). In addition, and in contrast to the other taxa investigated, the correlation between ALA-D activity and blood Pb was poor in carp, and the slope of the regression relations between these variables was small compared with other taxa (Fig. 4, Table 5). These results are consistent with a previous field study with carp [16] in which effects on ALA-D were not evident despite a wide range of Pb concentrations. Hodson et al. [12] also found only a weak effect of Pb on ALA-D activity in the closely related goldfish (Carassius auratus). Our results, as well as those of Hodson et al. [12] and Schmitt et al. [16], contradict the findings of a laboratory investigation [15] that demonstrated high sensitivity of ALA-D activity in carp to waterborne Pb. In the laboratory study, ALA-D activity was inhibited by  $\geq$ 50% over a range of blood–Pb concentrations spanning about 0.1 to  $10 \mu g/g$  [15]. Our blood–Pb concentrations ranged from 0.03 to 0.06  $\mu$ g/g (LB) to 3.69  $\mu$ g/g (BR; Table 4), and, therefore, we expected a more substantial response in carp.

Schmitt et al. [16] hypothesized that the normally greater Zn concentrations present in wild carp relative to other fish [31] protect ALA-D from inhibition by Pb, as has been reported in laboratory studies with other taxa (e.g., [32]). Blood–Zn differences among species were small, however (Table 4), which was consistent with the fact that most of the elevated Zn burden in carp and closely related fish is localized in the foregut; concentrations in blood, liver, and other tissues are similar to those in other species [33]. Laboratory studies have demonstrated that Cd and Hg [32] can somewhat inhibit ALA-D activity in fish, but no previous field study has documented a Cd effect on ALA-D activity. We did not measure Hg, but elevated Hg concentrations in fish have not been reported in fish from the TSMD. Therefore, we have no explanation for the comparatively weak correlation between ALA-D activity and blood Pb in wild carp, but also are not surprised by these results in light of the many physiological differences among fishes. Many factors, including but not limited to differences in trace metal homeostasis, may be involved.

#### Effects of lead on fish

Effects on heme synthesis, as indicated by a 50% reduction in ALA-D activity relative to control or reference levels, have been associated with blood-Pb concentrations exceeding approximately 50 µg/dL (0.5 mg/L) and varying indirectly with Zn in a number of fish species [4,16,17,22]. Largemouth and spotted bass appear to conform to this pattern (Fig. 4). In previous studies, suckers were identified as more sensitive than most taxa [16]. Our results indicate that channel catfish may be more sensitive than suckers; effects in channel catfish were evident at blood–Pb concentrations of  $<0.1 \ \mu g/g$  (Fig. 4). In addition, and in contrast to the other species we investigated, the channel catfish statistical model contained a positive term for blood Zn (Table 5). Such findings have been interpreted as indicative of possible ameliorative effects of Zn in other taxa [4,17,22], which is consistent with results in mammals indicating that Zn is required as a cofactor for the activation of ALA-D [19]. However, results of laboratory studies have been equivocal with respect to Zn activation of ALA-D in fish [32,34,35].

Although ALA-D inhibition by environmental Pb is welldocumented, higher-level effects in fish only have been associated indirectly with Pb exposure and enzyme inhibition. Behavioral changes were reported in fathead minnows (Pimephales promelas) exposed to high concentrations of Pb in the laboratory [36], whereas exposure of rainbow trout (Oncorhynchus mykiss) fry to more environmentally relevant concentrations inhibited ALA-D activity but caused no behavioral effects [37]. Effects on bone strength, which may lead to impaired swimming performance and increased vulnerability to predators, also were detected in wild longear sunfish at blood-Pb concentrations of approximately 0.5 mg/L [22]. Black tail, a neurological symptom that may portend other effects, was associated with blood Pb of 1.7 mg/L and ALA-D inhibition of 74% in laboratory-exposed rainbow trout [13]. Stippled erythrocytes in carp [38] and spinal deformities in brook trout (Salvelinus fontinalis) [39] also have been detected in fish exposed to high Pb concentrations in the laboratory, as have additional sublethal effects in other fish [13,34]. Populationand community-level effects and reduced ALA-D activity were documented in two species of catfish (Pimelodidae) inhabiting a stream in Brazil contaminated by mine tailings [40]. Blood Pb was not measured in that study, but concentrations in fish muscle were as great as 2.97  $\mu$ g/g. These concentrations are about 10-fold greater than those in TSMD fish but within the range reported for fish from the BR [4,5,17,22].

Consistent with the findings of most other field studies of Pb contamination in fish, we failed to detect an effect on Hb or blood Fe (Fig. 3). In birds and mammals (including humans), prolonged exposure to Pb ultimately results in anemia. Such effects only have been documented inconsistently in fish, however. In black bullhead (*Ictalurus [Amieurus] melas*), a species closely related to the channel catfish, reduced Hb concentrations and other hematological effects, including altered erythrocyte morphology, resulted from laboratory exposure to 0.001% lead acetate for one month [41]. Exposure of rainbow trout to 0.3 mg/L of Pb in water also reduced ALA-D activity and Hb concentrations [42], whereas similar Pb concentrations inhibited ALA-D activity but caused no hematological changes in the European eel (*Anguilla anguilla*) [43]. In the gray mullet (*Mugil auratus*), both Hb and ALA-D activity were reduced by exposure to Pb [14].

Previous field studies documenting ALA-D inhibition in fish also have been inconsistent with respect to effects on Hb. In Missouri streams contaminated by mine tailings, no effects on Hb were noted despite 50 to 60% ALA-D inhibition relative to reference sites in several species [4,17,22]. Both greater and lesser Hb concentrations were found in several species of whitefish (Salmonidae) collected from Pb-contaminated lakes in Norway despite the fish having only 12 to 13% of reference ALA-D activity [10]. Effects on Hb in fish collected from streams contaminated by Pb smelters were inconsistent [16]. Collectively, these findings support the widely held belief that, although ALA-D is very sensitive to inhibition by Pb, the process catalyzed by this enzyme is not a rate-limiting step in the synthesis of heme by fish. It also is important to note that Hb concentrations and other endpoints traditionally used to assess fish blood (e.g., cell counts, hematocrit) are relatively crude [16,44]. More sensitive techniques have demonstrated Cd effects on erythron status in laboratory studies [44], but to date no thorough study of Pb effects on erythropoeisis in fish has been reported.

#### CONCLUSION

We documented elevated blood-metal concentrations and well-defined negative statistical relations between blood-Pb concentrations and ALA-D activity in bass and catfish from the TSMD. Relations in carp and crappie were not as evident. These findings and those of previous studies indicate that Pb and other metals from historical mining activity in the TSMD have been transported to the SR and NR and accumulated by aquatic organisms. Within the TSMD, metal concentrations generally were greater in fish from the SR than the NR, but there was considerable variability within and among sites. Overall, blood-Pb concentrations in TSMD fish exceeded reference concentrations but were lower than those from the BR and other historical mining areas in the United States and elsewhere. Nevertheless, ALA-D activity was inhibited by more than 50% in catfish from several TSMD sites, which is evidence that Pb is both bioavailable and active biochemically. Consistent with previous investigations, neither Hb nor blood-Fe concentrations were affected over the range of blood-Pb concentrations detected, further confirming the widely held belief that the inhibition of ALA-D does not limit heme synthesis in fish. However, and as noted, more sensitive indicators of erythron status and erythropoeisis [44] eventually may demonstrate otherwise. In addition, the biomarkers chosen for this investigation (erythrocyte ALA-D activity, Hb, and blood Fe) were selected because of the well-known effects of Pb on heme synthesis and Fe metabolism [8,20]. No effort was made to document direct effects of Cd, Zn, or other contaminants, which could include metallothionein induction, lipid peroxidation, increased macrophage aggregate numbers and hyperplasia in the kidney, other histopathological lesions in the brain, liver, and kidney, and effects on reproductive biomarkers [45–48]. Future studies in the TSMD, therefore, should include endpoints diagnostic of exposure to Cd, Zn, and other metals in combination with Pb and seek to document higher-level effects in fish. In addition, the heme synthetic pathway is lengthy and complex, and can be affected at many points by a variety of pollutants beyond those discussed in this article [49]. Future research, therefore, should investigate the effects of metals on heme synthesis and erythropoeisis in a more thorough and holistic manner.

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