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Epilogue

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Epilogue

The book has shown the use of a combination of approaches to understand the nature of a problem: traditional diagnosis and standardized assessment, cultural and racial explanations as alternative hypotheses, clinical judgement based on a decision-tree involving cross-cultural and indigenous frameworks, quantitative-qualitative methods of data analyses, and the use of multicultural paper-and-pencil and projective tests. The attitudes and cognitive-affective tests presented or referenced in the book, in addition to being formally administered, could be used as springboards for collaborative discussions with clients and psychology trainees in order to gain a better understanding of their values and assumptions and, by inference, their modes of problem-solving in a multicultural society. We look forward to these new instruments' future refinements, psychometric enhancements, and diverse sampling of subjects.

The measurement of acculturation attitudes is important in counseling and clinical psychology. Its importance to applications has been affirmed by the 1994 *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV), and the 1993 *APA Guidelines for Service Providers to Ethnic, Linguistic, and Culturally Diverse Populations*, the latter stating that psychologists must document culturally relevant factors in client records, including number of generations in the

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country, number of years in the country, fluency in English, community resources, level of education, and level of stress related to acculturation. Because a multicultural book is incomplete without addressing issues of acculturation, Appendices A and B provide measurement and research information on acculturation scales. Appendix A summarizes select psychometric properties of and predictions for frequently referenced acculturation scales developed for Hispanic/Latino and Asian groups in the U.S. Appendix B summarizes select counseling psychology studies showing the effects of acculturation on client reactions. At the end of each Appendix is a reference list of the authors of the instruments and related research studies.

We hope this work, Multicultural Measurement in Counseling and Clinical Psychology, will add to the long and colorful history of psychological assessment.

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Appendix A Acculturation Instrumentation

Edward Wai Ming Lai and Gargi Roysircar Sodowsky

Table 1
14 Acculturation Scales: Information about Respondents, Administration Procedures, Initial Scale Development, Reliability, and Validity

| Authors | Ethnicity | Size | Respon Age | dents Sampling | Geograp. Location | Characteristics | Scale Development | Reliability (rel.) | Validity |
|--|--|----------------------------------|----------------|--------------------|----------------------|--|---|---|---|
| Burnam et al. (1987) LAECA N of items =26 | Mexican Americans | 1245 | 18 or older | Random sampling | California | General population | Factor analysis Internal consistency test Subscales: 1) Language 2) Social Activities 3) Ethnic Background | Coefficient alpha=.97 Corrected item-total correlations ranged from .41 to .92 | Criterion-related validity: 1) differentiation by generation 2) age and sex had complicated relations with acculturation Respective factor variances=62%, 6%, & 5% Factor loadings ranged from .43 to .93 |
| Cuellar et al. (1980) ARSMA N of items =20 | Mexican Americans, Mexicans, & Anglos | 192 17 13 <i>T</i> =222 | M=32 | Recruit- ment | Mainly Texas | Psychiatric patients, hospital staff & students | A priori Factor analysis Internal consistency test Subscales: 1) Language 2) Ethnic Identity & Gen 3) Cultural Heritage & E 4) Ethnic Interaction | | Criterion-related validity: differentiation by staff ratings, language tests, and generation. Concurrent validity: 1) Correlation with Behavioral Acculturation Scale (rho=.76) 2) Correlation with Biculturation Inventory (rho=.77) Respective factor variances= 64.6%, 18.9%, 11.4%, & 5.2% Factor loadings ranged from .50 to .91 |

Table 1 continued..

| Authors | Ethnicity | Size | Respond Age | dents Sampling | Geograp. Location | Characteristics | Scale Development | Reliability (rel.) | Validity |
|--|--|------------------------|-----------------------|-------------------------------------|---------------------------|--|---|---|--|
| Deyo et al. (1985) N of items =4 | Mexican Americans & Anglos | 1782 1103 T=2885 | 25-64 | Random sampling & recruitment | Texas | Medical patients & general population | Scalogram analysis Scale: 1) Language | Guttman coefficient of reproductivity=.97, .97, & .96 Coefficient of scalability= .89, .90, & .81 | Construct validity: Correlation between language scores and interviewers' rating is .79 Criterion-related validity: Differentiation by ethnic groups, country of birth, generation, and ethnic density of neighborhood |
| Garcia & Lega (1979) CBIQ N of items =8 | Mainly Cubans & non- Cuban Hispanics | 210 62 T=272 | <i>M</i> =37.3 & 32.8 | Recruit- ment | Florida, New Jersey | General population | Pilot study Expert rating Factor analysis Internal consist- tency test Scale: 1) Cuban Ethnic Identity | Coefficient alpha=.84 | Criterion-related validity: Differentiation between Cuban and non-Cuban on the item of Cuban identity Factor variance=48.8% Factor loadings ranged from .24 to .81 |
| Lang et al. (1982) GAS N of items =9 | Latino | 270 | 25-75 | Random sampling | California | General population | A priori Subscales: 1) Generation 2) Years of Education 3) Percent of life in U.S. 4) Language | Not reported | Not reported |
| Marin et al. (1987) N of items =12 | Hispanics Anglos | 363 228 T=691 | M=31.2 M=38.8 | Recruit- ment | California | General population | Factor analysis Internal consist- ency test Subscales: 1) Language & Ethnic Loy 2) Media 3) Ethnic Social Relations | Coefficient alphas=.92, .90, .86, .78 | Criterion-related validity: Differentiation by generation, length of residence in the USA, self-rating, ethnic groups, and age. Respective factor variances=54.5%, 7%, & 6.1% |

Table 1 continues

Table 1 continued

| Authors | | | Respor | idents | | | Scale | Reliability (rel.) | Validity |
|---|---------------------------------|--|-----------------|------------------|----------------------|----------------------------|--|---|--|
| | Ethnicity | Size | Age | Sampling | Geograp. Location | Characteristics | Development | | and the second s |
| Mendoza (1989) N of items =not reported | Mexican Americans, Anglos | Varied at different phases of the study | | not reported | not reported | not reported | A priori Pilot study Expert ratings Factor analysis Cluster analysis Subscales: 1) Intra-Family Language 2) Extra-Family Language 3) Social Affiliation & Ac 4) Cultural Familiarity & 5) Cultural Identification of | ctivities Activities | Criterion-related validity Differentiation by generation, exposure to the mainstream culture, temporary/permanent residence, and observer rating |
| Olmedo & Padilla (1978) N of items =20 | Chicanos, Anglos | 254 670 T=924 | not reported | Recruit- ment | California | High school students | A priori Factor analysis Subscales: 1) Nationality-Language 2) Socioeconomic Status 3) Semantic | Test-retest rel=.84, .89, .66 | Employed a double cross-validation regression procedure, yielding stability of .66 & .80 Respective factor variances=50.8% 29%, & 20.2% |
| Padilla (1980) N of items =185 | Mexican Americans | 381 | 18-70 | Recruit- ment | California | General population | A priori Factor analysis Cluster analysis Subscales: A) Cultural Awareness ha 1) Cultural Heritage 2) Spouse's Cultural 3) Parent's Cultural I 4) Perceived Discrim B) Ethnic Loyalty has 4 ft 1) Language 2) Cultural Pride & 4 3) Cultural Identifica 4) Social Behavior O | Heritage Heritage & Pride ination actors Affiliation tion & Preference | Respective factor variances=89% & 11% |

Table 1 continued

| Authors | Ethnicity | Size | Respon Age | dents Sampling | Geograp. Location | Characteristics | Scale Development | Reliability (rel.) | Validity |
|--|----------------------------------|---------------------------|---------------------------|-------------------|----------------------|---|---|--|---|
| Sodowsky & Plake (1991) AIRS N of items =34 | Interna- tional people | 606 335 (pilo T=941 | M=28 ot study) M=26 | Recruit- ment | Nebraska Texas | College students, faculty, & staff | Factor analysis Internal consistency test Content analysis Subscales: 1) Perceived Prejudice 2) Social Customs 3) Language | For pilot study Coefficient alphas=.77 to .87 and Spearman-Brown split half rel=.75 to .82 For final study coefficient alpha=.89, .88, .79,& .82 | Similar factor analysis results for both studies Respective factor variances= 20.6%, 8.1%, & 5.6% Factor loadings=.33 to .83 Criterion-related validity Differentiation by nationality group, residence status, years of residence, & religion. |
| Sodowsky et al. (1991) MMRS N of items =38 | Hispanics, Asian Americans | 133 149 T=282 | M=24 | Recruit- ment | Nebraska | College students, faculty, & staff | Confirmatory Factor analysis Test of generalizability Internal consistency test Subscales: 1) Perceived Prejudice 2) Social Customs 3) Language | Coefficient alphas=.95, .92, .89, & .94 | For generalizability study, coefficients of factor congruence between MMRS and AIRS= .86, .54, & .80 Goodness of fit index of confirmatory factor analysis = .73 Criterion-related validity: Differentiation by ethnic group, Asian culture subgroups, immigration status, religion, & generation |
| Sodowsky & Lai (In press) MMRS N of items =38 | Asian Americans | 200 T=282 | M=27 | Recruit- ment | Nebraska . | College students, faculty, & staff | Internal consistency test Same subscales as above | Coefficient alphas=.89, .88, .79, .82 | Structural equation modeling: GFI=.87; Adj GFI=.85; nonsignificant chi square (as required); significant path coefficients and t scores for extent of ethnic friendships, years of U.S. residence, and age at immigration, with acculturatio as dependent variable; significar path coefficient and t score for acculturation, with acculturative distress as dependent variable |

Table 1 continued

| Authors | | | Respon | | | | Scale | Reliability (rel.) | Validity |
|---|--|------------------|--------------|------------------|-------------------------|--|--|------------------------------------|---|
| | Ethnicity | Size | Age | Sampling | Geograp. Location | Characteristics | Development | | |
| Osvold & Sodowsky (In press) MMRS N of items =38 | Native Americans, African Americans | 34 28 T=62 | M=25 | Recruit- ment | Nebraska | High School students, human ser- vice pro- fessonals, & home makers | Internal consistency test Same subscales as above | Coefficient alphas=.82, .77, & .70 | Criterion-related validity: Differences between more and less acculturated women on problematic eating attitudes and behaviors |
| Suinn et al. (1987) SL-ASIA N of items =21 | Asian Americans | 82 | <i>M</i> =19 | Recruit- ment | Colorado, California | College students | Internal consistent test Subscales: 1) Language 2) Ethnic Identity & Ge 3) Cultural Heritage & E 4) Ethnic Interaction | | Criterion-related validity: Differentiation by generation, length of residence in the USA, and self-rating |
| Suinn et al. (1992) SL-ASIA N of items =21 | Asian Americans | 284 | M=24.4 | Recruit- ment | Colorado | College students | Internal consistency test Principal Components Factor analysis 1) Reading/Writing/Cult 2) Ethnic Interaction 3) Affinity for Ethnic Id 4) Generational Identity 5) Food preference | | Concurrent validity: Significant correlations with years in U.S. school, age of entering U.S school, length of residence in the USA, years lived in non-Asian neighborhood; significant effect o English as first language Factorial validity: Factors 1, 2, and 4 similar to ARSMA factors 2, 3, and 4 Self-rated acculturation related to language preferences and ethnicity of friends |

| Authors | Ethnicity | Size | Respond Age | dents Sampling | Geograp. Location | Characteristics | Scale Development | Reliability (rel.) | Validity " |
|---|--|---------------------------|-----------------|-------------------|----------------------|-----------------------|---|--------------------|--|
| Szapocznik et al. (1978) BAS N of items =24 VAS N of items =10 | Cubans Anglos | 265 201 T=466 | 14-85 | Recruit- ment | Florida | General population | A priori Factor analysis Discriminant item validity Subscales: 1) Behavioral Acculturati Dimension 2) Relational Value Acculturation Dimens | | Criterion-related validity: Differentiation by years in the USA, age, and gender. Respective factor variances=48.1% 13.5%, 13.4%, & 12.9% Items signifeantly discriminated between Cubans and non-Cuban and between high and low acculturated Cubans |
| Wong- Reiger & Quintana (1987) MAS N of items =21 | South East Asians, Hispanics, & Anglos | 170 174 90 T=434 | Not reported | Recruit- ment | Oklahoma | General population | Pilot study Subscales: 1) Voluntary Behavior 2) Involuntary Behavior 3) Cognitions 4) Self-Identity | Not published | Criterion-related validity Differentiation between Canadian and foreign born students Concurrent validity Correlation with 2 acculturation scales (information unpublished |

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Appendix B Acculturation Effects on Client Reactions

Edward Wai Ming Lai and Gargi Roysircar Sodowsky

Table 2 Summary of Select Acculturation Research Related to Counseling

| Authors | Subject Ethnicity | Size | Instruments | Independent Variables | Dependent Variables | Main Effects | Interaction Effects |
|------------------------------|---|---------------------------------|---|---|--|--|---|
| Atkinson & Gim (1989) | Chinese A. Japanese A. Korean A. | 263 185 109 | Suinn-Lew Asian Self-Identity Accultu- ration Scale (SL-ASIA) Attitudes Toward Seeking Professional Help Scale (ATSPHS) | Respondent acculturation (low, medium, & high levels) Respondent ethnicity Respondent sex | Four ATSPHS subscales: Need, Stigma, Openness, & Confidence | Acculturation effect (H > M > L on Need, Stigma, & Openness) Insignificant gender & ethnicity effects | 1) no significant interaction effects |
| Atkinson et al. (1990) | Chinese A. Japanese A. Korean A. Filipino A. South East Asian A. | 268 151 108 186 103 | 1) SL-ASIA 2) Help providers ranking list (11 helpers) | 1) Respondent acculturation (low, medium, & high levels) 2) Respondent ethnicity 3) Respondent gender | 1) Help provider rankings | 1) Acculturation effect (H > L on ratings for mother & friend, L > H on oldest person, teacher, & coun- selor/psychologist) 2) Gender effect | Acculturation X Gender (on ratings for father) effect |

Table 2 Continued

| Authors | Subjec Ethnicity | ts Size | Instruments | Independent Variables | Dependent Variables | Main Effects | Interaction Effects |
|----------------------|---|---------------------------|---|---|--|--|--|
| Gim et al. (1990) | Chinese A. Japanese A. Filipino A. Korean A. South East Asian A. | 268 151 186 108 | 1) SL-ASIA 2) Personal Problems Inventory (PPI) | 1) Respondent acculturation ([low-medium & high levels) 2) Respondent ethnicity 3) Respondent gender 4) 8 personal concerns | 1) 2 dimensions of PPI: ratings for severity of con- cern and willing- ness to see a counselor | For severity ratings, 1) acculturation effect (L-M > H on mean ratings across all concerns) 2) Ethnicity effect 3) Concerns effect For willingness to see a counselor, 1) acculturation effect (L-M > H on willingness to see a counselor) 2) Gender effect 3) Concerns effect | For severity ratings, 1) Acculturation X Concerns effect (L-M respondents rated financial problems first & academic problems second whereas the order was reversed for H respondents) 2) Ethnicity X Concerns effect For willingness to see a counselor, no significant effects |
| Gim et al. (1991) | Chinese A. Japanese A. Filipino A. Korean A. South East Asian A. | 36 24 22 14 8 | 1) SL-ASIA 2) Cross-Cultural Counseling Inventory (CCCI) 3) Counselor Effectiveness Rating Scale (CERS) | Respondent acculturation (low & high levels) Counselor cultural sensitivity (sensitive vs blind) Respondent ethnicity Respondent gender | 1) CCCI scores 2) 4 CERS sub- scales: Expert- ness, Trust- worthiness, Attractiveness, & Willingness to see a counselor | For CCCI. 1) nonsignificant acculturation effect 2) significant counselor cultural sensitivity effect 3) significant counselor ethni- city effect For CERS, same as 1), 2), 3) | For CCCI, 1) Cultural Sensitivity X Ethnicity effect 2) Cultural sensitivity X Ethnicity X Gender effect For CERS 1) Acculturation X Cultural Sensitivity X Gender effect |

Table 2 Continued

| Authors | Subje Ethnicity | cts Size | Instruments | Independent Variables | Dependent Variables | Main Effects | Interaction Effects |
|----------------------------|--------------------------------|-------------|--|---|--|---|---|
| Hess & Street (1991) | Mexican A. | 48 | Acculturation Rating Scale for Mexican Americans (ARSMA) CERS | 1) Respondent acculturation (high-bicultural & low-bicultural) 2) Counselor ethnicity (Anglo vs Mexican A.) 3) Respondent sex | 1) Ratings of 4 subscales: Expertness, Trustworthi- ness, Attrac- tiveness, & Willingness to see a counselor | 1) no significant main effect | no significant interaction effect |
| Kunkel (1990) | Mexican A. Anglo A. | 213 137 | 1) ARSMA 2) Expectations About Counseling-Brief Form (EAC-B) | 1) Respondent acculturation (Mexican-oriented bi-cultural (M-O), true bicultural (B), Anglo-oriented bi-cultural (A-O) & very Anglicized (VA) levels) 2) Respondent ethnicity 3) Respondent gender 4) Respondent experience counseling (yes vs. no) | 1) EAC-B 17 subscale scores | 1) Acculturation effect (M-O > B > VA > A-O on Directness & Empathy) 2) Gender effect 3) Counseling experience effect | Acculturation X Counseling Ex- perience effect |
| Pomales & Williams (1989) | Puerto Ricans Mexican A. | 85 9 | 1) ARSMA 2) Acculturation Rating Scale for Puerto Ricans (ARSPR) 3) Counselor Rating Form-Short Version (CRF-S) 4) Counselor Effectiveness Rating Scale (CERS) | Respondent acculturation (high, medium, & low levels) Counseling styles (directive vs nondirective) Respondent gender | 1) 3 subscales of CRF-S: Expert- ness, Attractiveness & Trustworthiness 2) 5 items of CERS knowledge of psy- chology, ability to help, willingness to help, under- standing problems & willingness to see a counselor | For CRF-S, 1) Acculturation effect on trust- worthiness but not on attractive- ness or expertness (H > M & L on trustworthiness) For CERS, 1) nonsignificant acculturation effect 2) Style effect | For CRF-S, 1) no interaction effect For CERS, 1) Acculturation X Counseling Style effect on counselor understanding 2) Gender X Counseling Style effect |

Table 2 continued

| Authors | Subje Ethnicity | ects Size | Instruments | Independent Variables | Dependent Variables | Main Effects | Interaction Effects |
|---------------------------------|--------------------|--------------|--|---|--|---|--|
| Ponce & Atkinson (1989) | Mexican A. | 169 | 1) ARSMA 2) CERS 3) PPI | 1) Respondent acculturation (high, medium, & low levels) 2) Counselor ethnicity (Anglo, Mexican A.) 3) Counseling style (directive ws nondirective) | 3 subscales of CERS: Expertness, Trustworthiness, & Attractiveness 2 dimensions of PPI: ratings of severity of pro- blems and willing- ness to see a counselor | For CERS, 1) nonsignificant acculturation effect 2) Ethnicity effect 3) Counseling style effect For PPI, same as 1), 2), & 3) | For CERS, 1) Ethnicity x Counseling Style effect For PPI, same as 1) |
| Sanchez & Atkinson (1983) | Mexican A. | 109 | Cultural Commitment item Preference for seeing culturally similar counselor ATSPHS | 1) Respondent cultural commitment (com.) level (strong com. to Anglo culture (SA), strong com. to Mexican American culture (SM), strong com. to both cultures (SB). & weak com. to both cultures (WB) 2) Respondent sex | 1) Counselor ethnicity 2) 4 ATSPHS subscales: Need, Stigma, Openness, & Confidence | For counselor ethnicity, 1) Cultural com. effect (SM > SB > WB > SA on choosing a Mexican A. counselor) For ATSPHS, 1) Cultural com. effect on Openness (WB > SM on using professional counseling services) | 1) No inter- action effects |

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