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Comparison of methods for the detection of coliphages in recreational water at two California, United States beaches

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ABSTRACT

Methods for detection of two fecal indicator viruses, F+ and somatic coliphages, were evaluated for application to recreational marine water. Marine water samples were collected during the summer of 2007 in Southern California, United States from transects along Avalon Beach (n = 186 samples) and Dohenv Beach (n = 101 samples). Coliphage detection methods included EPA method 1601 – two-step enrichment (ENR), EPA method 1602 - single agar layer (SAL), and variations of ENR. Variations included comparison of two incubation times (overnight and 5-h incubation) and two final detection steps (lysis zone assay and a rapid latex agglutination assay). A greater number of samples were positive for somatic and F+ coliphages by ENR than by SAL (p < 0.01). The standard ENR with overnight incubation and detection by lysis zone assay was the most sensitive method for the detection of F+ and somatic coliphages from marine water, although the method takes up to three days to obtain results. A rapid 5-h enrichment version of ENR also performed well, with more positive samples than SAL, and could be performed in roughly 24 h. Latex agglutination-based detection methods require the least amount of time to perform, although the sensitivity was less than lysis zone-based detection methods. Rapid culture-based enrichment of coliphages in marine water may be possible by further optimizing culture-based methods for saline water conditions to generate higher viral titers than currently available, as well as increasing the sensitivity of latex agglutination detection methods.

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1. Introduction

Water bodies near population centers often become contaminated with fecal material originating from storm water runoff and sewage. Municipal sewage is treated and disinfected in the United States (USA) to reduce loading rates of nutrients and human pathogens in surface waters, although malfunctioning on-site septic systems, broken or leaking sewer pipes and combined-sewer overflows can result in the release of untreated sewage and its pathogens into water bodies (Griffin et al., 2003). Monitoring waters for the presence of all human pathogens is done, but not commonly, because of the high cost and the technical requirements. Instead, fecal indicator bacteria (FIB) such as *Enterococcus* spp., coliforms, and *Escherichia coli* are used for monitoring the quality of fresh and marine recreational waters. Thresholds for determining the safety of recreational water were established for FIB using epidemiological data obtained from beaches with a point

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source of sewage contamination, such as sewage outfalls (reviewed in Pruss, 1998; Wade et al., 2003). The efficacy of FIB and fecal indicator viruses (e.g. coliphages and *Bacteriodes fragilis* phages) to prevent exposure to human pathogens may depend on the beach setting, sources of fecal contamination, and ecology of the indicator organism. For example, at beaches with point sources of sewage contamination, FIB correlate better with the incidence of disease in bathers than coliphages (Wade et al., 2010). At beaches with unknown sources or nonpoint sources of fecal contamination, the presence of coliphages has correlated with onset of diseases more often than the presence of FIB (Colford et al., 2007; Abdelzahel et al., 2011). These findings indicate that there may be some water bodies where coliphages may be appropriate as indicators of bathing water quality.

Coliphages are viruses that infect *E. coli* and other coliform bacteria. Two functional types of coliphages exist in the environment: male-specific (F+) and somatic coliphages. F+ coliphages infect their bacterial hosts by attachment to the F-pilus of the cell. Therefore, F+ coliphages only infect hosts that contain the F+ plasmid and can produce F-pili. Somatic coliphages infect bacterial hosts by direct attachment to cell walls. Coliphages have been suggested as indicators for the presence of enteric viruses in water because they

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are similar physiologically to some human enteric viruses, and are often found in the intestinal tract of humans and animals (Havelaar, 1987; Havelaar et al., 1993; Skraber et al., 2004). Coliphages are persistent in the environment and have been found in waste, surface and ground waters and in sand (Kott et al., 1978; Havelaar et al., 1993; Bonilla et al., 2007). Some studies have found a correlation between the presence of coliphages and human viruses (Ballester et al., 2005; Havelaar et al., 1993; Jiang et al., 2001), while others have found no correlation between them (Ibarluzea et al., 2007; Jiang et al., 2007).

Several standardized methods are available in the US and EU for the detection of coliphages in water (USEPA, 2001a,b; European Committee for Standardization, 1995). In 2001, the United States Environmental Protection Agency (EPA) approved two methods for monitoring coliphages in ground water: the two-step enrichment EPA method 1601 (ENR) and the single agar layer EPA method 1602 (SAL). These methods have been applied to estuarine, river, and surface water (Stewart-Pullaro et al., 2006; Bonilla et al., 2007; Ballester et al., 2005; Love et al., 2010a,b). SAL is a plaque assay method used to enumerate coliphages in volumes up to 100 mL (USEPA, 2001a) and ENR is a liquid culture enrichment test developed originally for presence/absence analysis but has been modified by quantification of multiple volumes as a most probable number (MPN) test for total volumes up to 1 L (USEPA, 2001b; Sobsey et al., 2004). A recent method combines ENR and latex agglutination serotyping to monitor fecal contamination rapidly (Love and Sobsey, 2007) and has been validated for the detection of fecal contamination from beach waters (Griffith et al., 2009).

The goal of this study was to compare methods for the detection of F+ and somatic coliphages in marine waters used for primary contact recreation. Methods evaluated included ENR, SAL, and variations of ENR using two incubation times (overnight incubation versus 5-h incubation) and two final detection steps (lysis zone assay versus latex agglutination). Two beaches located in California, US were included in the study, each with different types of fecal contamination sources. This study will determine effective methods for detection of coliphages in marine water.

2. Materials and methods

2.1. Methods development for the detection of F+ coliphages

Unpublished observations demonstrated that the growth of the *E. coli* host F_{amp} is affected negatively by high salinities commonly found in marine water samples (data not shown). Because poor growth of *E. coli* host is related to poor method performance, we addressed this issue by increasing the amount (and hence concentration) of the bacterial host for analyzing seawater sample from 5 mL to 50 mL of log-phage *E. coli* host. An experiment was conducted to compare method performance in different water matrices over time. In this experiment, seawater or sterile deionized water (DI water) were spiked with 0.3–0.6 PFU/100 mL of three F+ coliphages in separate experiments and each experiment were performed in triplicate into, processed by ENR, and tested after 3, 5, 7, and 16 h of enrichment (Table 2).

2.2. Sample collection

Water samples were collected from Doheny State Beach (Doheny Beach) in Dana Point, CA and Avalon Beach in the town of Avalon, Catalina Island, CA. Doheny Beach and Avalon Beach each have a history of beach closures due to high concentration of FIB. At Doheny Beach, the primary source of water quality impairment is non-point source fecal contamination (Dorsey, 2010). Four sampling stations were located linearly along Doheny Beach, another marine water samples were collected. In Doheny Beach, another sampling station was located across a sand berm from the Pacific Ocean, in a lagoon at the terminus of San Juan Creek where creek water samples were collected. At Avalon Beach, a sewage line leaks raw sewage into tidal groundwater that flows to the beach (Boehm et al., 2003, 2009). Three sampling stations were located across Avalon Beach.

At all stations and beaches, water samples were collected on Saturday and Sunday, and during holidays of Fourth of July and Labor Day during the summer of 2007. Water samples were collected at 0.5 m depth (i.e. ankle to knee depth) as specified by the California County Health Departments. Samples were collected three times a day at 7 am, 1 pm, and 3 pm for Doheny Beach and 8 am, 12 pm and 3 pm for Avalon Beach. In total, 103 water samples were collected at Doheny Beach and 186 samples were collected at Avalon Beach. Water samples were chilled at 4 °C and then shipped overnight on frozen ice packs by commercial air carrier to the laboratory where they were analyzed. The maximum holding time for these samples was 72 h.

2.3. Coliphage detection

Sample volumes, quantification units, and the time needed to obtain results with each method are provided in Table 1. *E. coli* F_{amp} (ATCC 700891) was used as the host for detection of F+ coliphages and *E. coli* CN13 (ATCC 700609) was used for somatic coliphage detection. As prescribed in standard coliphage analysis methods (USEPA, 2001a,b), culture media for detection of F+ coliphages were supplemented with streptomycin (final concentration 15 µg/mL) and ampicillin (final concentration 15 µg/mL), and culture media for somatic coliphages was supplemented with nalidixic acid (final concentration 100 µg/mL).

EPA method 1601 (ENR) was used for most probable number (MPN) estimation of coliphage concentrations as described previously by Sobsey et al. (2004) with the exception that a log-phase host volume of 50 mL was added for F+ coliphage enrichments instead of 5 mL. One-liter sample volume enrichments were aliquoted (after mixing and before incubation) in sub-sample volumes of 300 mL, 30 mL and 3 mL in triplicate for F+ coliphage detection, and in subsample volumes of 30 mL, 3 mL and 0.3 mL in triplicate (100 mL total volume) for somatic coliphage detection. The sample volume was lower for somatic coliphages because preliminary results showed that their concentrations were higher than those of F+ coliphages at these beaches (data not shown). Enrichment sub-samples of 1 mL were taken after 5 h and after overnight incubation, to determine if shorter incubation periods give results equivalent to overnight incubation. Sub-samples were centrifuged at $10,000 \times g$ for 10 min to remove bacterial cells and 10 µL was pipetted ('spot-plated') onto tryptic soy agar (TSA) plates containing host bacteria and antibiotics. After a 16-h incubation step, spots were scored for lysis zones and the combination of positives was used to compute MPN estimates.

In addition to the spot-plate detection method, the rapid antibody-based, coliphage latex agglutination and typing (CLAT) method (Love and Sobsey, 2007) was performed to detect F+ coliphage in water samples after 5 h of incubation (5 h-ENR-CLAT) and after overnight incubation (Ov-ENR-CLAT). Samples were scored as positive based on formation of clumps visible on the agglutination card after 60 s. Absence of such clumps signified negative samples.

EPA method 1602 (SAL) was performed following standard protocols using 100 mL sample volumes for F+ and somatic coliphages (USEPA, 2001b).

2.4. Statistical analysis

Coliphage methods were compared using the Wilcoxon Signed-Rank Test and Chi-Square using nominal (positive/negative) data.

Table 1

Methods for coliphage detection in marine water.

Method	Coliphages	Sample volumes	Quantification unit	Time until results
EPA 1602 single agar layer (SAL)	F+ coliphage, somatic coliphage	100 mL	Plaque forming units	16–24 h culture and detection
EPA 1601 two-step enrichment (ENR)	F+ coliphage	Total vol. = 1 L sub-samples: 300 mL × 3 30 mL × 3 3 mL × 3	MPN, ^a positive volumes as zones of lysis	16–24 h 1st culture ± 12–16 h 2nd culture 28–40 h total
	Somatic coliphages	Total vol. = 100 mL sub-samples: 30 mL ×3 3 mL ×3 0.3 mL ×3	MPN, positive volumes as zones of lysis	16–24 h 1st culture ± 12–16 h 2nd culture 28–40 h total
5 h enrichment (5-h-ENR)	F+ coliphages	Total vol. = 1 L sub-samples: 300 mL ×3 30 mL ×3 3 mL ×3	MPN, positive volumes as zones of lysis	5 h initial culture period + 12–16 h 2nd culture period for overnight enrichment 17–21 h total
5 h enrichment-CLAT (5-h-ENR-CLAT)	F+ coliphages	Total vol. = 1 L sub-samples: 300 mL ×3 30 mL ×3 3 mL ×3	MPN; positive volumes as particle Immuno-agglutination	5 h culture \pm 1 min detection 5 h total
Overnight enrichment (ENR-CLAT)	F+ coliphages	Total vol. = 1 L sub-samples: 300 mL ×3 30 mL ×3 3 mL ×3	MPN; positive volumes as particle immuno-agglutination	16–20 h culture ± 1 min detection 16–20 h total

^a MPN = most probable number.

In this study, the performance of new methods was benchmarked to the standard EPA method 1602 (ENR), because in other waters ENR has been the most sensitive method (Love et al., 2010a,b). The equation for sensitivity was: sensitivity = true positive/(true positive + false negative). A 'true positive' was defined as a sample positive by ENR and by the new methods tested. A 'false negative' was defined as a sample positive by ENR but negative by the new methods tested.

3. Results

3.1. Methods development for the detection of F+ coliphages

Preliminary experiments were performed to determine the effect of salinity and incubation time for detection of low concentrations of F+ coliphages. During the first three time points (3, 5, and 7 h) more DI water samples were positive for F+ coliphage than seawater samples (Table 2). After 16 h of enrichment both water matrices were equivalent in the number of F+ coliphage positive samples. These results demonstrate that the two-step enrichment method using overnight incubation (16 h) performs similarly when detecting coliphages at very low concentration in seawater samples or deionized water samples.

Table 2

Effect of salinity and incubation time during enrichment for the detection of low concentration of F+ coliphages.

Enrichment duration (h)	F+ coliphage detection frequency ^a (positive/total)	
	In deionized water	In seawater ^b
3	5/9	0/9
5	7/9	2/9
7	9/9	6/9
16	9/9	9/9

 a F+ coliphage concentrations prior to enrichment were between 0.3 and 0.6 PFU/100 mL. The F+ coliphages used were Q β , Sp and Fd, each in triplicate.

^b In seawater samples, a higher concentration of *E. coli* F-amp host was used than in deionized water samples.

3.2. Comparison of five methods for the detection of F+ coliphage at two beaches

In the summer of 2007, 289 water samples, and 103 samples at Doheny Beach and 186 samples at Avalon Beach were tested by five F+ coliphage detection methods. The method with the highest proportion of positive samples was ENR with 27% positive at Doheny Beach and 61% positive at Avalon Beach (Fig. 1). Samples were assayed after 5 h of enrichment (5-h-ENR) and after overnight enrichment (ENR) to determine whether rapid culture was effective. At Doheny Beach, the percentage of positive samples was less for 5-h-ENR (18%) than ENR (27%) (p < 0.05), and



Fig. 1. Methods comparison for the detection of F+ coliphages in seawater at (A) Doheny Beach and (B) Avalon Beach in Summer 2007. Different superscript letters (a, b, c, etc.) in each figure represents significant differences (p < 0.01) between methods as determined by using the two-sided probabilities obtained from the Wilcoxon signed rank test. Please see Table 1 for the description of each method and its corresponding abbreviation.

Table 3

Cross tabulation of the results obtained among methods for the detection of F+ coliphages in water samples from Avalon Beach, California, USA.

Method	ENR ^a			Chi-sq p
	Positive	Negative	Totals	
5-h-ENR ^b				
Positive	56	1	57	
Negative	57	72	129	
				< 0.001
Ov-ENR-CLAT ^c				
Positive	37	0	37	
Negative	76	73	149	
				< 0.001
5-h-ENR-CLAT ^d				
Positive	0	0	0	
Negative	113	73	186	
				< 0.001
SAL ^e				
Positive	1	0	1	
Negative	112	73	185	
				< 0.001
T-+-1	112	70	100	
Iotal	113	/3	186	

^a EPA method 1601, two-step enrichment (overnight incubation) assay.

^b Short incubation (5 h) for first enrichment step for the ENR.

^c Two-step detection, overnight enrichment and CLAT detection.

^d Two-step detection, short incubation (5 h) and CLAT detection.

e Single agar layer.

similar findings were observed at Avalon Beach with 31% positive by 5-h-ENR and 61% positive by ENR (p < 0.05) (Fig. 1). Overnight enrichment was important for coliphage detection by latex agglutination. At Doheny Beach, the percentage of positive samples for 5-h-ENR-CLAT (4%) did not differ significantly than Ov-ENR-CLAT (5%) (p > 0.1). However at Avalon Beach, no F+ coliphages were detected by 5-h-ENR-CLAT while 40% of samples were positive by Ov-ENR-CLAT. The proportion of positive samples by SAL was 0.5% at Doheny Beach and 7% at Avalon Beach. Statistical comparisons among methods at each beach are presented in Fig. 1. The false positive and false negative rates were calculated to better understand method performances.

ENR was used as a benchmark with which to compare the sensitivity of other methods for detecting coliphages in water samples from Avalon Beach (Table 3) and Doheny Beach (Table 4). The factors affecting method sensitivity were (i) the lower limits of detection; (ii) the incubation duration; and (iii) the use of latex agglutination versus the traditional spot-plate lysis zone assay. The detection limit of ENR is lower than SAL, and compared to ENR the false negative rate for SAL was >99% and 70% in samples from Avalon and Doheny Beaches, respectively. Incubation duration was a factor in method sensitivity, when comparing ENR to 5-h-ENR, the latter produced false negative results in 50% and 41% of samples from Avalon and Doheny Beaches. The use of latex agglutination instead of the spot plate lysis assay produced variable results: a false negative rate of 68% and 78% was observed from Avalon and Doheny Beaches. Comparing 5 h-ENR-CLAT to ENR, the CLAT based method produced false negative results in 100% and 86% of samples from Avalon and Doheny Beaches, respectively. In general, the false negative rates among less sensitive methods were greater at Avalon Beach than Doheny Beach, which may be due to the composition of the population of coliphages present in each environment. Compared to ENR, there were no false positives for SAL, Ov-ENR-CLAT, or 5-h-ENR-CLAT; and 4 false positive samples by 5-h ENR.

To understand the effect of coliphage concentration in different methods, the sensitivity of the method was calculated using a range of coliphage concentration as determined using the ENR: samples with coliphage concentration < 1 MPN/100 mL; samples with a range of concentration between 1 MPN and 36 MPN/100 mL; and samples with coliphage concentration >36 MPN/100 mL. The rationale for selecting the three categories was that 1 MPN/100 mL is the detection limit of the SAL, and the range between 1 MPN/100 mL and 36 MPN/100 mL is within the detection range of SAL. Samples with concentrations over 36 MPN/100 mL are over the quantification range for the MPN format used in ENR. In Doheny Beach, using the most sensitive method of ENR, 27% (n = 101) of seawater samples were positive for F+ coliphage, with two-thirds (67%) of positive samples having concentrations < 1 MPN/100 mL. In Avalon Beach using ENR, 60% (n = 186) of seawater samples were positive for F+ coliphage, with nearly three-quarters (74%) of positive samples having concentrations < 1 MPN/100 mL. No samples collected during 2007 had F+ coliphage concentrations >36 MPN/100 mL by ENR, the upper detection limit of that method.

The sensitivities of the different F+ coliphage detection methods were compared to ENR (Fig. 2). When F+ coliphage concentrations by ENR were < 1 MPN/100 mL, other methods performed poorly relative to ENR. Although all ENR-type methods had a detection limit of 0.1 MPN/100 mL using 1 L sample volumes, important factors for detection sensitivity were the duration of enrichment (i.e. overnight vs 5-h) and the detection step (i.e. CLAT vs spot plating for lysis zones) (Fig. 2). For SAL the lower detection limit was 1 PFU/100 mL using 100 mL sample volumes, which alone could be the reason for low sensitivity in comparison to ENR-type methods (Fig. 2).

3.3. Somatic coliphages

Preliminary sampling demonstrated high somatic coliphage prevalence and concentrations in both beaches, which required only 100 mL seawater samples for detection by both ENR and SAL. Unlike F+ coliphages, no rapid methods have been developed for somatic coliphage detection. There was a significant difference (p < 0.01) between ENR and SAL in percent of positive samples at each beach. In addition, there was a significant difference between beaches (p < 0.01) in the percent of positive samples for both methods (Fig. 3).

Tables 5 and 6 compare the detection of somatic coliphages using SAL and ENR methods for Avalon Beach and Doheny Beach. The detection of somatic coliphages with ENR was more frequent

Table 4

Cross tabulation of the results obtained among methods for the detection of F+ coliphages in water samples from Doheny Beach, California, USA.

Method	ENR ^a			Chi-sq p
	Positive	Negative	Totals	
5 h-ENR ^b				
Positive	16	3	19	
Negative	11	71	82	
				< 0.001
Ov-ENR-CLAT ^c				
Positive	6	0	6	
Negative	21	74	95	
				< 0.001
5-h-ENR-CLAT ^d				
Positive	4	0	4	
Negative	23	74	97	
				< 0.001
SAL ^e				
Positive	8	0	8	
Negative	19	74	93	
				< 0.001
Totals	27	74	101	

^a EPA method 1601, two-step enrichment (overnight incubation) assay.

^b Short incubation (5 h) for first enrichment step for the ENR.

^c Two-step detection, overnight enrichment and CLAT detection.

^d Two-step detection, short incubation (5 h) and CLAT detection.

e Single agar layer.



Fig. 2. Sensitivity (Sen.) of rapid and overnight F+ coliphage detection methods when compared to the ENR for sample MPN concentration categories of <1 MPN/100 ml, 1-36 MPN/100 mL, and all samples (overall). Where no bars are present, samples were all negative by that method. Please see Table 1 for the description of each method and its corresponding abbreviation.



Fig. 3. Comparison of the two step enrichment (ENR) and single agar layer (SAL) for somatic coliphage detection at two beaches. There was a significant difference (p < 0.01) between ENR and SAL in percent of positive samples at each beach. In addition, there was a significant difference between beaches (p < 0.01) in the percent of positive samples for each method. Please see Table 1 for the description of each method and its corresponding abbreviation.

Table 5

Cross tabulation of the results obtained with the two-step enrichment (ENR) and the single agar layer (SAL) for the detection of somatic coliphages in Doheny Beach, California, USA samples.

	SAL ^a			Chi-sq p	
	Positive	Negative	Totals		
ENR ^b					
Positive	34	47	81		
Negative	0	20	20		
Total	34	67	101	< 0.001	

SAL=EPA method 1602, single agar layer assay. b

ENR = EPA method 1601, two-step enrichment assay

Table 6

Cross tabulation of the results obtained with the two-step enrichment (ENR) and the single agar layer (SAL) for the detection of somatic coliphages in Avalon Beach, California, USA samples.

	SAL ^a			Chi-sq p
	Negative	Positive	Totals	
ENR ^b				
Positive	74	25	99	
Negative	85	2	87	
Total	159	27	186	< 0.001

EPA method 1602, single agar layer assay.

b EPA method 1601, two-step enrichment assay.

than the detection of somatic coliphages by SAL, at either beach (chi square p < 0.001). For Doheny Beach, none of the samples were negative using ENR and positive using SAL. For Avalon Beach, only two samples out of 186 were positive with SAL and negative with FNR

4. Discussion

Of the five methods studied, two-step enrichment (ENR) with overnight incubation was the most sensitive for detecting both F+ and somatic coliphages in California marine waters. In an effort to reduce sample analysis time (i.e. time to results), ENR was tested after 5 h of incubation and this modification produced the second most sensitive method to detect F+ coliphages. These results suggest that 'rapid' (5h incubation) ENR methods are applicable to marine waters and could be useful for management of recreational areas. Utilizing 5-h incubation reduces the overall time needed for detection of coliphages by ENR from 40 h to as few as 17 h. Further modifications could reduce further the time needed to obtain results

Differences observed between broth culture enrichment-based methods, such as ENR, and plaque-based methods such as SAL, were influenced perhaps by the volume of water analyzed. For F+ coliphages, all modifications of coliphage ENR methods assayed 1-L volumes of water samples, while SAL assayed only 100 mL volumes of water samples. Comparison studies between ENR and SAL in freshwater and estuarine water have demonstrated that both methods are reliable for detection of both F+ and somatic coliphages; however, ENR is better able to detect coliphages at low concentrations (Sobsey et al., 2004; Love et al., 2010a,b). In a cross validation study of fecal indicators using different types of water spiked with sewage, SAL performed better than ENR in detecting fecal contamination (Griffith et al., 2009). Both methods performed well in detecting human fecal contamination with rates of correct detection over 50% and 100% correct classification of negative samples. However, in cases of very low concentrations of coliphages, as demonstrated in the present study, the capacity to analyze 10-fold larger volumes of water and thereby detecting lower concentrations of phages makes ENR more effective.

When a 100 mL seawater sample volume was analyzed for the presence of somatic coliphages using ENR and SAL, the former was more sensitive for somatic coliphage detection. Bonilla et al. (2007) reported that a pre-enrichment of samples before SAL increases the number of positive samples when analyzing sand from ocean beaches for the presence of coliphages. However, it was not clear from their study if the volume of the sample analyzed was larger during the pre-enrichment compared with the volume (100 mL) of sample normally assayed in SAL, or if pre-enrichment fundamentally changed the detection method from being quantitative to presence-absence only. Nevertheless, their results also demonstrated that enrichment is more sensitive than SAL in detecting low concentrations of coliphages in samples with high salinity. Ballester et al. (2005) reported that more estuarine water samples were positive for coliphages when using ENR than when using SAL for detecting coliphages. However, the same samples were not analyzed with both methods and instead samples were collected at different sampling events. One possible explanation why enrichment methods are better at detecting coliphages at very low concentration is that during enrichment coliphages are more efficiently contacting and infecting bacterial cells in a liquid media. In contrast, plaque methods depend only on cell-to-cell infection of adjacent bacterial cells in agar in order to produce visible plaques.

The combined use of a rapid enrichment with a rapid antibodybased latex agglutination assay (CLAT) has been described for detection and typing F+ coliphages in 180 min in non-saline waters (Love and Sobsey, 2007). The lack of positive samples obtained with 5-h-ENR-CLAT when concentrations of coliphages were <1 MPN/100 mL may suggest that coliphage enrichment did not yield final coliphage concentrations high enough to be detected by CLAT. The minimum concentration of coliphages needed to produce agglutination is between 10⁵ and 10⁸ PFU/mL (Love and Sobsey, 2007). The use of spot-plating for confirming the presence of coliphages has a lower detection limit of 100 PFU/mL. Therefore, the detection of coliphages using a rapid enrichment-CLAT will depend on the ability of the enrichment to enrich adequately the otherwise low concentrations of coliphages usually found in water samples to concentrations high enough to be detected by the CLAT. In the present study, longer enrichment incubations yielded more positive CLAT results, but the percent of positive samples was lower than results obtained with standard enrichment-spot plating method (ENR). Despite the low incidence of positive results obtained with the 5-h-ENR-CLAT, the results obtained with this rapid coliphage detection assay were similar to the results obtained with SAL, a method used commonly for the detection of coliphages in beaches. Latex agglutination assays have been used routinely as an analytical tool by microbiological laboratories. There have been improvements introduced such as the use of different types of beads and more directional binding of the immunoglobulin (Inzana, 1995; Molina-Boívar et al., 1998; Perez-Amodio et al., 2001), which may improve performance of the method used in this study. The development of CLAT assay has spurred others to develop a latex agglutination method for Norovirus (Lee et al., 2010).

There are significant benefits to public health by utilizing sensitive methods that yield results in <24 h after sampling (as reviewed by Boehm et al., 2009; Girones et al., 2010). Because of the duration of culture-base FIB methods used for monitoring recreational water, there is at least a one-day lag in beach closings and openings. The implication is that beach users could be exposed unnecessarily to water contaminated with fecal material, or that beaches could be closed unnecessarily when the water quality is safe. For this reason, there is a great interest in developing rapid methods, such as real-time PCR, for monitoring water quality (Wade et al., 2010; Griffith et al., 2009). Real-time PCR requires specialized expertise, laboratory facilities and equipment (Girones et al., 2010). At this point, real-time PCR is utilized by nationally recognized and specialized laboratories for monitoring FIB in beach water, although it is unknown how this approach will work for routine sampling and analysis by local laboratories. On the other hand, culture-based coliphage methods do not require improved laboratory facilities. Any laboratory that performs water quality analysis for FIB will be able to perform these methods. However, before applying CLAT to water monitoring programs it will be necessary to improve the CLAT method sensitivity. Rapid methods for monitoring beach water quality, using practicable methods and timely reporting, are needed to minimize bather exposure after fecal contamination events.

5. Conclusion

The two-step overnight enrichment (ENR) and spot plating for lysis zones was the most sensitive method for the detection of coliphages from seawater compared to other modifications of the enrichment method and SAL. However, the time required for the detection of coliphages with this method is approximately 36 h. A modified 5-h enrichment-spot plating procedure (5 h-ENR) produced results 24 h after sampling and its sensitivity in detecting F+ coliphages was better than the single agar layer method (SAL) that yields results in 16 h. The rapid coliphage detection method based on CLAT assay was less sensitive than spot plate lysis zone assay when detecting coliphages at low concentrations but could be useful as part of a tiered strategy to protect bather health.

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