

***Chemical characterisation and determination of sensory attributes of hydrolysates produced by enzymatic hydrolysis of whey proteins following a novel integrative process***

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## **ABSTRACT**

The overall aim of this work was to characterize the major angiotensin converting enzyme (ACE) inhibitory peptides produced by enzymatic hydrolysis of whey proteins, through the application of a novel integrative process. This process consisted of the combination of adsorption and microfiltration within a stirred cell unit for the selective immobilization of  $\beta$ -lactoglobulin and casein derived peptides (CDP) from whey. The adsorbed proteins were hydrolyzed in-situ which resulted in the separation of peptide products from the substrate and fractionation of peptides. Two different hydrolysates were produced: (i) from CDP ( $IC_{50} = 287\mu\text{g/mL}$ ) and (ii) from  $\beta$ -lactoglobulin ( $IC_{50} = 128\mu\text{g/mL}$ ).  $IC_{50}$  is the concentration of inhibitor needed to inhibit ACE by half. The well known antihypertensive peptide IPP and several novel peptides that have structural similarities with reported ACE inhibitory peptides were identified and characterized in both hydrolysates. Furthermore, the hydrolysates were assessed for bitterness. No significant difference was found between the control (milk with no hydrolysate) and hydrolysate samples at different concentrations (at, below and above the  $IC_{50}$ ). The  $IC_{50}$  is the concentration of peptide needed to inhibit ACE by half.

**Keywords:** ACE inhibitory peptides,  $\beta$ -lactoglobulin, Casein derived peptides, ion exchange resin, protease N 'Amano', bitterness.

## **1. Introduction**

ACE inhibitory peptides derived from natural sources such as whey proteins could be used to prevent and help to treat hypertension by dietary intervention. Several animal model and human trial studies have demonstrated the antihypertensive effect of ACE

29 inhibitory peptides derived from milk proteins (Abubakara, Saito, Kitazawa, Kawai &  
30 Itoh, 1998). Some fermented milk products and hydrolysates containing ACE  
31 inhibitory peptides from milk proteins are already in the market (Korhonen &  
32 Pihlanto, 2006).

33

34 In recent years, several sequences of bioactive peptides from natural sources including  
35 peptides from  $\beta$ -lactoglobulin and casein derived peptides that can inhibit ACE  
36 activity have been discovered (Jauregi, 2008; Jauregi & Wolderufael, 2010; Ortiz-  
37 Chao et al., 2009; Pihlanto-Leppala, Koskinen, Piilola, Tupasela & Korhonen, 2000).  
38 ACE, which is a constituent part of the rennin-angiotensin system, is a widely  
39 accepted enzyme and is considered as the first line of therapy to treat hypertension  
40 (Coppey et al, 2006). The first ACE inhibitory peptide was isolated from snake venom  
41 (Ferreira, 1965) and most antihypertensive drugs such as, captopril, lisinopril and  
42 enalapril that can block the ACE mediated production of angiotensin II were designed  
43 based on the snake venom peptide scaffold. The inactivation of ACE also results in  
44 an increase in the nonapeptide bradykinin which is a vasodilator. Because of these  
45 dual vascular and endothelial protective mechanism of ACE inhibition, the production  
46 of nitric oxide is stimulated, vascular smooth muscle is relaxed and fibrinolysis is  
47 increased (Ceconi, Francolini, Olivares, Comini, Bachetti & Ferrari, 2007).

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50 ACE has two biologically active substrates: a decapeptide angiotensin I (Asp-Arg-  
51 Val-Tyr-Ile-His-Pro-Phe-His-Leu) and a nonapeptide bradykinin (Arg-Pro-Pro-Gly-  
52 Phe-Ser-Pro-Phe-Arg). Cheung and co-authors (1980) reported the importance of the  
53 C-terminal sequences of ACE inhibitory peptides by studying the binding of two

54 peptides Hippuryl-Histidyle-Leucine (Hip-His-Leu) and Hippuryl-Phenylalanine-  
55 Arginine (Hip-Phe-Arg) that have similar C-terminal di-peptides with that of  
56 angiotensin I and bradykinin. They reported that these two peptides had similar  
57 binding affinity trends as angiotensin I and bradykinin, hence indicating substrate  
58 specificity of ACE.

59

60 ACE has specificity for smaller peptides up to 12 amino acids in length with  
61 hydrophobic and positively charged amino acids at the C-terminal end (Cheung et al.,  
62 1980; Mullally, Meisel & FitzGerald, 1997b; Nakamura, Yamamoto, Sakai, Okubo,  
63 Yamazaki & Takano, 1995). Wu and co-authors (2006) also recently reported the  
64 most favorable structure-function relationship of di- and tri-peptide sequences for  
65 potent ACE inhibition; di-peptides with amino acids with bulky and hydrophobic side  
66 chains are more favorable while tri-peptides with aromatic amino acids at the  
67 carboxyl end, hydrophobic amino acids in the amino terminus and positively charged  
68 in the middle are more favorable. In addition to their amino acid composition and  
69 sequences, peptides have to be able to resist the gastrointestinal digestion in order to  
70 be absorbed and pass to the circulatory system so that they can reach the peripheral  
71 organ in active form and exert its biological effect (Quiro's, Contreras, Ramos, Amigo  
72 & Recio, 2009).

73 Several processes have been proposed for the production of hydrolysates with ACE  
74 inhibitory activity based on fermentation and enzymatic hydrolysis of food proteins.  
75 However most of these either produce hydrolysates with complex mixtures of  
76 peptides or use further purification steps for enrichment purposes (see Table 1). We  
77 have developed an integrative process for the production of ACE inhibitory peptides  
78 from  $\beta$ -lactoglobulin and CDP (Welderufael and Jauregi, 2010; Welderufael, Gibson

79 and Jauregi, 2012). This process has several advantages: it is simple as it avoids  
80 subsequent purification and enrichment steps; less complex hydrolysates are produced  
81 with high potency (i.e., low IC<sub>50</sub>); using the ion exchanger increases enzyme stability;  
82 it enables enzyme recycling. Moreover, it is well known that hydrolysis of casein  
83 results in many bitter peptides (Kilara & Panyam, 2003) and often those amino acid  
84 sequences with high bioactivity are responsible for increased bitterness. Especially  
85 hydrophobic peptides with smaller molecular weight, less than 3 kDa, are the reason  
86 for this undesirable taste that hinders their incorporation into food products (Cheung  
87 & Li-Chan, 2010).

88  
89 The purpose of the current work was to characterise, identify and evaluate the  
90 structure-function relationship of the major peptides in the hydrolysates produced by  
91 the integrative process. The *in-vitro* stability of the hydrolysates was assessed by  
92 simulating the gastrointestinal digestion using pepsin and corolase PP. Moreover, the  
93 *in silico* digestion of the major peptides was carried out with pepsin, trypsin and  
94 chymotrypsin. Finally the sensory attributes of the hydrolysates in milk drinks were  
95 evaluated at different hydrolysate concentrations at, below and above their IC<sub>50</sub>.

## 96 **2. Materials and Methods**

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### 98 **2.1. Materials and reagents**

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100 Bovine  $\beta$ -lactoglobulin, N-Hippuryl – L – Histidyle – L – Leucine (HHL),  $\alpha$ -  
101 lactalbumin, bovine serum albumin (BSA), hippuric acid (HA), angiotensin  
102 converting enzyme (ACE; EC 3.4.15.1), bicinchoninic acid solution (BCA), copper-  
103 sulphate solution and DEAE sepharose® were purchased from Sigma (Steinheim,  
104 Germany). Flat sheet microfiltration membranes (0.45mm), potassium mono-

105 phosphate, potassium di-phosphate, sodium chloride (NaCl), trifluoroacetic acid  
106 (TFA), acetonitrile, hydrochloric acid, and sodium hydroxide were purchased from  
107 Fisher Scientific UK Limited. Glycerol from BDH laboratory supplies (England).  
108 Food grade sodium mono-phosphate, sodium di-phosphate, sodium chloride (NaCl)  
109 were purchased from Meridian star, United Kingdom. Protease N 'Amano' of *Bacillus*  
110 *subtilitis* was obtained from Amano Enzyme Inc., Nagoya, Japan (191,000 units = gm)  
111 where one unit of enzyme produces amino acids equivalent to 0.1 gm of tyrosine in 60  
112 min at pH 7 and a temperature of 55 °C. The preferred hydrolysis of this enzyme is at  
113 the C-terminus of threonine, cysteine, methionine, phenylalanine and leucine (Ortiz  
114 Chao 2008). Amicon filtration cell was obtained from Amicon a Grace company.  
115 Syringe driven PVDF filter (0.45 µm and 0.2 µm) was obtained from Millipore  
116 Corporation, Bedford, UK. Skimmed milk was obtained from a local retailer and all  
117 other reagents and chemicals were analytical grade.

118

## 119 **2.2. Methods**

### 120 **2.2.1. Whey preparation**

121

122 Pasteurised skimmed milk was bought from the local supermarket and heated at 35 °C.  
123 Then commercial rennet was added at 0.3 mL/L and stirred gently for 1 min. The milk  
124 was left for 1 h and then the casein coagulum was cut vertically (25 X 25 mm) with a  
125 knife to drain the lactoserum. Incubation was extended for 20 min after which the  
126 whey was scooped from the vessel and filtered using cheese cloth. The collected whey  
127 was stored at -20 °C until used for further experiments.

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### 129 **2.2.2. Hydrolysate production**

130

131 ***Lab scale production of hydrolysates for chemical characterisation***

132 The hydrolysates were produced from  $\beta$ -lactoglobulin and CDP in sweet whey  
133 following an integrative approach as described in our previous work (Welderufael  
134 Gibson and Jauregi 2012). The integrative process consists of three main unit  
135 operations: (1) ion exchange adsorption (2) hydrolysis and (3) microfiltration. These  
136 unit operations were integrated within a stirred cell (200 ml) fitted with a  
137 microfiltration membrane where 10 mL of ion exchange adsorber were mixed with  
138 100 mL of whey during 10 minutes. The non-adsorbed whey proteins were filtered.  
139 Then selective hydrolysis of the bound proteins (CDP and  $\beta$ -lactoglobulin) was  
140 carried out followed by microfiltration of the first hydrolysate product with peptides  
141 mainly from CDP (4<sup>th</sup> step). Two hydrolysates were produced from CDP, one after 2  
142 hours hydrolysis and the second one after 6 hours hydrolysis (Fig 1). One  $\beta$ -  
143 lactoglobulin hydrolysate product was formed by first hydrolysing the bound proteins  
144 for 2 hours, then filtering the resulting hydrolysate and extending the hydrolysis for a  
145 further six hours with fresh enzyme (2+6 h hydrolysis in Figure 1) followed by  
146 microfiltration and recovery of the hydrolysate All hydrolysis reactions were carried  
147 out with Amano N enzyme at pH 7, 45 °C and E:S ratio of 1:100 and for the the  $\beta$ -  
148 lactoglobulin derived hydrolysate we also investigated the effect of reducing the E:S  
149 ratio to 1:50. At the end of the hydrolysis the hydrolysates were fractionated using 1  
150 kDa ultrafiltration membrane which yield two different hydrolysate products: P1 and  
151 P2 with peptides derived from CDP. These hydrolysate products were further  
152 fractionated with semi-prep RP-HPLC prior to MS analysis; the hydrolysate derived  
153 from  $\beta$ -lactoglobulin (P3) was less complex hence it was directly injected into the  
154 LC/MS/MS system.

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158 ***Scaled up production of hydrolysates for sensory evaluation***

159 The hydrolysate production was scaled up to process 2 L of whey. The process was  
160 the same as that describe above and in Figure 2 but was carried out in the pilot plant  
161 with the larger equipment used for each unit operation. The ion exchange resin (200  
162 mL) and whey (2 L) were mixed for 10 min with continuous stirring (400 rpm at room  
163 temperature) in a stirred tank with a heating water jacket through which water is  
164 circulating (2.5 L, Applicon Biotechnology, Holland) at room temperature. The  
165 mixture was transferred to a feed tank and from there it was pumped into the filtration  
166 unit which consisted of a cross flow filtration system (PCI Midi ultrafiltration Plant,  
167 UK, Whiteley, Fareham) fitted with 0.22  $\mu\text{m}$  nitrocellulose microfiltration membrane  
168 (Millipore Corporation, UK, Watford) by applying a pressure of 100 psi at an average  
169 flow rate of 10 mL/min. The non-adsorbed proteins went through and removed while  
170 the retentate containing the resin, CDP and  $\beta$ -lactoglobulin were recycled back to the  
171 reaction vessel. The hydrolysis process was carried out exactly at the same conditions  
172 as in the lab scale experiments (see above). After 2 hours hydrolysis the mixture was  
173 passed through the cross flow filtration system and the first hydrolysate product  
174 containing mainly CDP derived peptides was collected in the permeate. The retentate  
175 was recycled back to the reaction vessel and hydrolysis was resumed for 6 more hours  
176 (2+6) by adding fresh enzyme at an E:S ratio of 1:50 (as in lab scale process) to  
177 produce the second hydrolysate containing mainly  $\beta$ -lactoglobulin derived peptides.

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181 **2.2.3. *Micro QTOF electrospray ionisation tandem mass spectrometry (ESI***  
182 ***MS/MS) for amino acid sequencing of peptides derived mainly from CDP at***  
183 ***2 h***

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185 The freeze dried hydrolysate fractions were taken up in 100µl of HPLC grade water  
186 and then an aliquot diluted 1:1 in water containing 0.1% formic acid for infusion into  
187 the mass spectrometer. The mass spectrometer used was a Bruker MicroTOFQ II  
188 (Bruker Daltonic, Bremen, Germany) equipped with electrospray ionisation source.  
189 The samples were infused into the source, at 3µL/min, using a Harvard syringe pump  
190 equipped with a 100µL syringe. The mass spectrometer had previously been  
191 calibrated over a mass range of m/z 300-3000 using Agilent Tunemix™.

192 As each spectrum appeared a major peptide mass was isolated and fragmented in the  
193 collision cell using sufficient energy to reduce the precursor ions to about 10% and to  
194 produce an intense product ion spectrum. The accurate mass of each precursor ion  
195 was then used to predict a formula to within approximately 20ppm accuracy and that  
196 was used in combination with the MS/MS spectrum to obtain a partial or full amino  
197 acid sequence. Software used was Bruker sequence editor and Mass Analysis Peptide  
198 Sequence Prediction (MAPSP).

199

200 **2.2.4. *LC-ESI/MS method for peptide identification in β-lactoglobulin hydrolysate***

201

202 Peptides of β-lactoglobulin hydrolysate and peptides in sweet whey were analysed by  
203 LC-MS. Samples were reconstituted in HPLC grade water (1:100) and 2 µL injected.  
204 The peptides were separated using reverse phase liquid chromatography (RP-HPLC)

205 with an Agilent 1100 HPLC system (Agilent Technologies, CA, USA). The column  
206 used was a Nova-Pak C18 column (150 × 2.1 mm *i.d.*). A gradient solvent system was  
207 applied with eluent “A” as 0.1% formic acid in water and eluent “B” 0.1% formic acid  
208 in acetonitrile. The flow rate was 0.2 mL/min and, the column and the auto sampler  
209 temperature were kept at 25 and 10 °C respectively. Eluent “A” was 98 to 55% for 45  
210 min, 55 to 30% for 5 min and then kept at 30% for 5 min, 30 to 98% for 5 min and  
211 98% for 15 min. The peaks were identified using a Bruker MicroTof QII high  
212 resolution TOFMS equipped with an electrospray ionisation (ESI) source. The ion  
213 spray voltage was held at 4500V in positive ion mode. The nebuliser gas was nitrogen  
214 at a pressure of 1.0 bar; drying gas and temperature were 8 L/min and 180 °C  
215 respectively. The instrument was interfaced to a computer running Bruker Data  
216 Analysis software version 4 and data acquired over a mass range of 50-3000 Da.

#### 217 **2.2.5. Determination of ACE inhibitory activity**

218 The ACE inhibitory activity of hydrolysates was measured following the HPLC based  
219 method by Hyun and Shin (2000) with some modifications as described in  
220 Welderufael and Jauregi (2010). The enzymatic assay in this method was based on the  
221 hydrolysis of the substrate, 5mM HHL in a 0.1M sodium phosphate buffer (pH 8.2)  
222 with 0.3M NaCl by the ACE (60mU) which resulted in the production of hippuric  
223 acid (HA). The hippuric acid was determined by RP-HPLC) as described in  
224 Welderufael and Jauregi (2010) using a Dionex HPLC system (Camberley, UK) that  
225 consisted of, a P680 HPLC pump, ASI-100 automated sample injector, thermostatted  
226 column compartment TCC-100 and PDA-100 photodiode array detector and a C18  
227 column (Ace5 250 x 4.6 mm).

228

229 The percentage of ACE inhibitory activity (ACEi %) was calculated based on the  
230 hippuric acid liberated in the hydrolysate sample in relation to that in the control  
231 sample (water).

232

233 The IC<sub>50</sub> of hydrolysates was determined by making serial dilutions (1/1, 1/2.5, 1/5,  
234 1/10, 1/25 and 1/50) of the hydrolysate and plotting the inverse of their ACEi% versus  
235 the inverse of their total protein concentration. The IC<sub>50</sub> was determined from the  
236 resulting linear equation and expressed as µg/mL.

#### 237 **2.2.6. Sensory evaluation**

238

239 The sensory evaluation of the products was reviewed and approved by the University  
240 of Reading Ethics Committee. All participants gave written informed consent prior to  
241 taking part in the study. Sensory discrimination tests were carried out for the two  
242 different whey protein hydrolysates: (i) hydrolysate from CDP, and (ii) hydrolysate  
243 from β-lactoglobulin. Prior to the sensory testing, the IC<sub>50</sub> values of both hydrolysates  
244 were measured as 145 µg/mL for β-lactoglobulin derived hydrolysate and 288 µg/mL  
245 for CDP derived hydrolysate. The hydrolysates were spray dried and incorporated into  
246 pasteurised semi skimmed milk based at three different concentrations related to their  
247 IC<sub>50</sub>: 100, 150 and 200 µg/mL for the β-lactoglobulin derived hydrolysate and 200,  
248 300 and 400 µg/mL for the CDP derived hydrolysate. Samples were then stored at  
249 4 °C for 24 h. Volunteers (n=39, untrained, age 18-60) were recruited from the  
250 students and staff of the University of Reading. The sensory tests were carried out in  
251 individual sensory booths under artificial daylight conditions. Samples (10 mL) were  
252 coded with three-digit random number and held in plastic cups (30 mL). The  
253 discrimination test followed a forced choice triangle test methodology, each panellist

254 receiving a triad of either two samples and a control (milk without hydrolysate) or  
255 vice versa, sample presentation orders were balanced. Panellists were asked to move  
256 the sample around the mouth and then expectorate. They were asked to select the  
257 sample that was different out of the three and to describe the difference(s) perceived.  
258 Water and crackers were used for palate cleansing in between the samples.

### 259 **2.2.7. Stability study**

260

#### 261 **2.2.7.1. Gastrointestinal digestibility study**

262

263 The *in-vitro* stability of hydrolysates was studied by simulating the gastrointestinal  
264 environment and subjecting them to the action of pepsin at pH 2 and E: S ratio of 1:  
265 50, temperature 37 °C for 90 min as previously described by Ortiz-Chao (2008). After  
266 this incubation, the hydrolysate was adjusted to pH 7 and the hydrolysis was started  
267 by adding corolase PP at E/S ratio of 1:25 for 150 min in a water bath with shaking.  
268 The reaction mixture was stopped by heating at 95 °C for 15 min and then centrifuged  
269 for half an hour at 15000 x g. Finally the supernatant was stored in the freezer at  
270 – 20 °C until further analysis.

271

#### 272 **2.2.7.2. In-silico digestibility study**

273

274 *In silico* digestion of the peptides identified in this work was performed using a  
275 combination of pepsin, trypsin and  $\alpha$ -chymotrypsin to simulate *in-vitro* human  
276 gastrointestinal digestion with the software PeptideCutter proteomics tool  
277 (<http://www.expasy.org>). The preferred hydrolysis sites of these three gastrointestinal  
278 digestive enzymes are: N- and C-terminus of phenylalanine, tyrosine, tryptophan and

279 leucine for pepsin; C-terminus of arginine and lysine for trypsin; and C-terminus of  
280 tryptophan, tyrosine, phenylalanine, leucine, methionine and histidine for  $\alpha$ -  
281 chymotrypsin.

282

283 **2.2.7.3. Prediction of ACE inhibitory activity of main peptides in hydrolysates and**  
284 ***their in silico digests***

285

286 The ACE inhibitory activity of main peptides identified in the hydrolysate fractions  
287 was predicted using BIOPEP software  
288 ([http://www.uwm.edu.pl/biochemia/index\\_en.php](http://www.uwm.edu.pl/biochemia/index_en.php)) and also published works.

289 Furthermore using the same software the ACE inhibitory activity of the *in-silico*  
290 digested peptide fragments was predicted

291

292 **2.2.8. Total protein analysis**

293 The total protein content of hydrolysates was determined based on the bicinchoninic  
294 acid (BCA) assay. In brief, two ml of the BCA working reagent (copper sulphate  
295 solution: BCA solution at a ratio of 1:50) were mixed with 100  $\mu$ l of sample. The  
296 mixture was incubated for 30 min at 37 °C and the absorbance reading was taken at  
297 562 nm using ultrospec 1100 pro UV/ visible spectrophotometer. Serial dilutions of  
298 bovine serum albumin were used as standard.

299

300

### 301 *2.2.9. Statistical analysis*

302 The analysis of variance for the results of the above experiments was computed using  
303 Genstat statistical software package for statistical comparison among groups of  
304 different treatments, with  $P < 0.05$  indicating significant difference. All the above  
305 results were expressed as Mean  $\pm$  standard error of mean (S.E.M). Data from the  
306 sensory analysis was analyzed using the binomial probability model at a significant  
307 level of 0.05 (Difftest version 2.0, 2002, [www.difftest.co.uk](http://www.difftest.co.uk)).

308

## 309 **3. Results and discussion**

310

311

312 Mass spectrometry analysis of peptide compositions in sweet whey confirmed the  
313 presence of ten peptides ranging from 1881.1 to 20978.7 Da (see Figure 2). Several  
314 studies also indicated the presence of CDP in whey during cheese manufacturing as a  
315 result of proteolysis of casein proteins by chymosin and endogenous milk enzymes  
316 (Fox, 1993). Particularly, plasmin activity could be high at conditions of rennet whey  
317 preparation ( $35 \pm 2$  °C and pH of milk) (Bastian and Brown, 1996).

318

319

320 In our previous works (Welderufael and Jauregi, 2010 and Welderufael et al 2012) we  
321 demonstrated that applying the integrative approach to whey resulted in the  
322 production of two different hydrolysates, one from CDP and the other one from  $\beta$ -  
323 lactoglobulin. In the present work we carried out the chemical characterisation of each  
324 hydrolysate using mass spectrometer techniques in order to identify the main peptides  
325 contributing to the ACE inhibitory activity measured in these hydrolysates.

326

327 **3.1. Identification and characterisation of major peptide composition derived from**  
328 **active fractions of CDP**

329 The structure-function relationship of ACE inhibitory peptides is not fully  
330 characterised however some information exists and quantitative structure activity  
331 relationships (QSAR) have been established (Pripp, Isaksson, Stepaniak, Sørhaug, &  
332 Ardö, 2005 and Wu, Aluko, & Nakai, 2006) which, enable prediction of ACE  
333 inhibitory activity from a knowledge of amino acid sequences. ACE cleaves di-  
334 peptides from the C-terminal sequences of peptide substrates and particularly the three  
335 amino acids from the C-terminal are very important for their binding to ACE (Lopez-  
336 Fandino et al., 2006). Furthermore, this enzyme prefers small peptides up to 12 amino  
337 acids in length with hydrophobic amino acids (aromatic: phenylalanine, tryptophan  
338 and tyrosine; and branched chain amino acids: valine, leucine and isoleucine) in one  
339 of the three sequences of the C-terminal (Cheung et al., 1980; Mullally et al., 1997b).  
340 The positively charged amino acids such as arginine and lysine at the C-terminal  
341 sequences were also reported to contribute towards ACE inhibitory or  
342 antihypertensive effect (Cheung et al., 1980).

343  
344 The mass spectrometry analysis of the 2 and 6 h hydrolysates which had permeated  
345 through the 1kDa ultrafiltration membrane show that both hydrolysates contain almost  
346 the same peptide composition with peptides mainly from casein derived peptides (see  
347 Table 2 for peptide composition of the 2 h hydrolysate).

348  
349  
350 These two hydrolysates were fractionated into 8 fractions (see 2 h hydrolysate  
351 chromatogram in Fig 3 ) and the three polar fractions A, B and C showed the highest  
352 bioactivity. Particularly, fraction “B” in both, the 2 (see Table 2 and Figure 4) and 6 h

353 hydrolysates (data not shown) contained IPP. This peptide has been identified as the  
354 most potent ACE inhibitor from milk protein and it is derived from casein with an  
355  $IC_{50}$  of  $5\mu\text{M}$  ( $1.6\mu\text{g/mL}$ ) (Nakamura et al., 1995). In recent years, several human  
356 trials and animal studies have demonstrated the antihypertensive activity of this  
357 tripeptide (Ehlers, Nurmi, Turpeinen, Korpela, & Vapaatalo, 2011). In addition, this  
358 fraction, in both hydrolysates, contained the peptide His-Leu-Pro (HLP) which could  
359 be a contributor to ACE inhibitory activity as it is a fragment of the  $\beta$ -casein derived  
360 hexapeptide Leu-His-Leu-Pro-Leu-Pro (LHLPLP). This hexapeptide has been  
361 reported to have an  $IC_{50} = 5.5 \pm 0.5\mu\text{M} = 3.8\mu\text{g/mL}$  and has also shown a significant  
362 blood pressure reduction effect at a dosage of  $2\text{ mg/kg}$  (Quiros et al., 2009).

363  
364 Fraction "C" of the 2 h hydrolysate contained a  $\beta$ -lactoglobulin derived peptide Leu-  
365 Asp-Ile-Gln-Lys (LDIQK) while it was absent in the 6 h one. This pentapeptide is a  
366 fraction of the ACE inhibitory hexapeptide Gly-Leu-Asp-Ile-Gln-Lys (GLDIQK)  
367 which has been reported as a potent ACE inhibitor with an  $IC_{50}$  of  $27.5\mu\text{M}$  or  $18.5$   
368  $\mu\text{g/mL}$  (Schlothauer, Schollum, Singh & Reid, 1999). This same fraction, in both  
369 hydrolysates, also contained an octapeptide Gln-Asp-Lys-Thr-Glu-Ile-Pro-Thr  
370 (QDKTEIPT). In order to identify the main peptides responsible for the high  
371 bioactivity of fraction C, the fraction of the 6 h hydrolysate was further fractionated  
372 into four sub-fractions. This led to a fraction containing almost solely the octapeptide  
373 QDKTEIPT and its  $IC_{50}$  was  $17.5\mu\text{g/mL}$  (see Figure 5 and 6). So this proves that the  
374 octapeptide was one of the main contributors to the  $IC_{50}$  measured in fraction C ( $113$   
375  $\mu\text{g/ml}$ ). Furthermore this peptide holds some structural similarities to other reported  
376 ACE inhibitory peptides. Quirós et al. (2005) reported an ACE inhibitory peptide  
377 Leu-Val-Tyr-Pro-Phe-Thr-Gly-Pro-Ile-Pro-Asn (LVYPFTGPIPN) from caprine kefir



378 with an  $IC_{50}$  of  $27.9 \pm 2.3 \mu\text{g/mL}$ . This peptide has the same two penultimate  
379 sequences Iso-leucine and Proline at the end of the C-terminal as the octapeptide  
380 (QDKTEIPT). Moreover both peptides have uncharged and polar amino acids such as,  
381 asparagine and threonine at the C-terminal end. Therefore, taking into account all the  
382 above evidence both peptides LDIQK and QDKTEIPT are most likely to be the main  
383 contributors to the high potency of fraction “C” of the 2 h hydrolysate. The  
384 octapeptide QDKTEIPT is the main contributor to the potency of the 6 h hydrolysate.  
385  
386 The  $\beta$ -lactoglobulin derived tetrapeptide Lys-Ile-Pro-Ala (KIPA) in fraction “B” has a  
387 very similar peptide sequence to a tripeptide reported by Abubakar and co-authors  
388 (1998), the Ile-Pro-Ala (IPA), which was found to be a potent ACE inhibitor with  
389  $IC_{50} = 141 \mu\text{M}$  ( $42 \mu\text{g/mL}$ ).

390

391 Fraction “A” also showed a high ACEi activity. Six peptide sequences Leu-Arg, Met-  
392 Ala-Pro-Lys, Ala- Met-Ala-Pro-Lys, Ile/Leu-Gln-Lys, Val-Ser-Lys and Thr-Val-Lys  
393 were among the peptides identified in this fraction (see Figure 7). These peptides, like  
394 the other well characterised ACE inhibitory peptides, also had some structural  
395 features of ACE-inhibitors, *e.g.*: the presence of charged followed by hydrophobic  
396 amino acid residues in one of the penultimate sequences at the C-terminal sequences.  
397 Interestingly, the tripeptide Thr-Val-Lys found in this fraction contained the same C-  
398 terminal sequence as the ACE inhibitory peptide Val-Lys extracted from  
399 buckwheat with an  $IC_{50}$  value of  $13\mu\text{M} = 3.17 \mu\text{g/mL}$  (Vermeirssen, Bent, Camp,  
400 Amerongen & Verstraete, 2004).

401

402

403 **3.2. Identification and characterization of major peptides in the hydrolysate**  
404 **containing peptides derived from  $\beta$ -lactoglobulin**

405

406 Selective hydrolysis of the immobilised  $\beta$ -lactoglobulin after removing the 2 h  
407 hydrolysates of casein derived peptides by adding two different concentrations of  
408 fresh enzyme at an E:S ratio of 1:100 and 1:50 resulted in a hydrolysate with a  
409 composition different to that obtained at 2 h, with peptides mainly from  $\beta$ -  
410 lactoglobulin and with increased bioactivity. Even if the peptide composition of these  
411 two  $\beta$ -lactoglobulin derived hydrolysates was similar, the relative abundance of  
412 individual peptides was different (see Figure 8a and b). Almost all these major  
413 peptides contained either charged or hydrophobic amino acids in one of the three C-  
414 terminal sequences (see Table 3).

415

416 Interestingly, the relative abundance of the tetrapeptide Ile-Ile-Ala-Glu (IIAE)  
417 increased with an increase in an E: S ratio from 1:100 to 1:50. This peptide was one of  
418 the two most abundant peptides in the hydrolysate of the 1:50 E:S ratio and shared  
419 similarities with a potent microalgae derived tripeptide Ile-Ala-Glu (IAE). This  
420 tripeptide was reported to have an  $IC_{50} = 34.7\mu M = 11.5\mu g/mL$  (Suetsuna & Chen,  
421 2001). The other major peptide was Lys-Pro-Thr-Pro-Glu-Gly-Asp-Leu-Glu-Ile-Leu-  
422 Leu (KPTPEGDLEILL) and it increased with an increase in E:S ratio (see Figure 8a  
423 and 8b) which resulted in an increase in ACE inhibitory activity. This peptide  
424 contained three hydrophobic amino acids at the end of the C-terminal sequence.  
425 Therefore these two peptides IIAE and KPTPEGDLEILL could be the major  
426 contributors for the high ACE inhibitory activity measured in this hydrolysate.  
427 Furthermore the two amino acids at the N-terminal sequence of KPTPEGDLEILL

428 were similar to the dipeptide Lys-Pro (KP) that was isolated from anchovy and bonito.  
429 This dipeptide is known for its high ACE inhibitory activity,  $IC_{50} = 22 \mu M =$   
430  $5.3 \mu g/mL$  and an animal study showed a significant blood pressure reduction effect  
431 (Toshiaki, Jianen, Duong & Susumu, 2003). A tripeptide Val-Phe-Lys (VFK) was  
432 also identified in this hydrolysate and it has been reported to have ACE inhibitory  
433 activity with  $IC_{50} = 1029 \mu M = 402.6 \mu g/mL$  (Pihlanto-Leppala et al., 2000).  
434  
435 Peptides IVTQ, VAGT, LDAQ, RL, IIAE, VFK LIVTQ and FK were also identified  
436 in the hydrolysate of a standard  $\beta$ -lactoglobulin solution (not immobilized) obtained  
437 at the same experimental conditions in previously carried out work by our group  
438 (Ortiz-Chao et al., 2009). Out of these eight peptides, all except LIVTQ were  
439 identified in the mixtures of the most active fractions. Therefore the hydrolysis  
440 process shows good reproducibility. An additional novel peptide KPTPEGDLEILL  
441 was identified in the current work that could be a potential contributor to ACE  
442 inhibitory activity. Besides these interesting findings, the most interesting outcome of  
443 this work is that unlike the complex peptide mixture produced from the standard  $\beta$ -  
444 lactoglobulin solution, the hydrolysates produced here were less complex and with  
445 comparable  $IC_{50}$  values ( $IC_{50} = 128 \mu g/mL$  for the immobilized whey whereas  $102$   
446  $\mu g/mL$  for the standard  $\beta$ -lactoglobulin solution).

447

### 448 ***3.3. Impact of simulated gastrointestinal digestion on ACE inhibitory activity***

449

450 Some food protein derived ACE inhibitory peptides may lose some of their ACE  
451 inhibitory activity after oral administration due to further hydrolysis by  
452 gastrointestinal enzymes (Walsh et al., 2004). In this work, the ACE inhibitory  
453 activity of CDP and  $\beta$ -lactoglobulin derived hydrolysates was further assessed after

454 the *in-vitro* simulated gastrointestinal digestion. The results showed no significant  
455 differences in ACE inhibitory activity before and after the *in-vitro* digestion (see  
456 Figure 9). This could be because either the potent peptides that contributed to the  
457 inhibitory activity might be resistant to digestion or the digestion resulted in partial  
458 hydrolysis and the active sequences were maintained intact with little impact on the  
459 bioactivity. This was tested further by carrying out *in-silico* digestion of major  
460 peptides in most active fractions.

461

#### 462 **3.4. *In-silico* digestibility study of CDP derived peptides**

463

464

465 In order to assess the digestibility of specific peptides present in the hydrolysates, *in-*  
466 *silico* digestion of individual peptides was carried out following the method in section  
467 2.2.7.2. Furthermore the ACE inhibitory activity of the peptides produced after  
468 digestion was predicted following method in 2.2.7.3. Out of 25 peptide sequences  
469 reported in the 2 h hydrolysate, 9 of the peptides were found to be resistant to  
470 digestive enzymes including the most potent ACE inhibitory tripeptide IPP while only  
471 4 were completely digested. Twelve peptides were partially hydrolysed (see Table 4)  
472 but their C-terminal sequences remained intact. Furthermore, out of the ten peptides  
473 that were mainly derived from  $\beta$ -lactoglobulin, only two were completely digested,  
474 three were resistant to gastrointestinal digestion while five of the peptides were  
475 partially hydrolysed. The three peptides resistant to the digestive enzymes were: Ile-  
476 Ile-Ala-Glu, Ile-Val-Thr-Gln and Val-Ala-Gln-Thr (see Table 3).

477

478 The octa-peptide Gln-Asp-Lys-Thr-Glu-Ile-Pro-Thr that was predominant in the  
479 active fraction "Fraction C" (Table 2 and table 4) was digested into two peptides Gln-  
480 Asp-Lys and Thr-Glu-Ile-Pro-Thr. These two digests have some structural features of

481 ACE inhibitors. Both peptides contained charged or hydrophobic amino acids at the  
482 two penultimate sequences at the end of the C-terminal.

483

484 A peptide Leu-Thr-Gln-Thr-Pro-Val (LTQTPV) was predicted to lose L-leucine  
485 from the N-terminal sequence and produce TQTPV. This peptide shared similarities at  
486 the C-terminal sequence with an ACE inhibitory peptide Asn-Ile-Pro-Pro-Leu-Thr-  
487 Gln-Thr-Pro-Val produced from fermented milk by *Lactobacillus delbrueckii*  
488 subspecies *bulgaricus* SS1 and *Lactobacillus lactis* subspecies *cremoris* FT4 with an  
489 IC<sub>50</sub> of 173 μM (Gobbetti, Ferranti, Smacchi, Goffredi & Addeo, 2000).

490

491 The octapeptide derived from caseinomacropeptide Met-Ala-Ile-Pro-Pro-Lys-Lys-Asn  
492 (MAIPPCKN) was predicted to lose the amino acid asparagine from the C-terminal  
493 sequence resulting in MAIPPCK which is known for its vasodilatory effect. This  
494 peptide is a modest ACE inhibitor with IC<sub>50</sub> of 4785 μM however, in an animal study  
495 this peptide showed a significant blood pressure reduction effect at a dose level of  
496 10mg/kg (Miguel, Manso, López-fandiño, Alonso & Salaices, 2007).

497

498 The peptide Ile-Ile-Ala-Glu-Lys-Thr (IIAEKT) was susceptible to partial digestion  
499 and was predicted to lose threonine from the end of the Carboxyl-terminal. This  
500 fragment, IIAEK (lactostatin) was reported to exhibit a greater hypercholesterolemia  
501 effect even when compared to the drug  $\beta$ -sitosterol as tested in rats (Nagaoka et al.,  
502 2001).

503

504 Interestingly the findings from the *in-vitro* and *in-silico* digestibility studies were in  
505 agreement as using both methods it was found that digestion of the hydrolysates  
506 resulted in no loss of ACE inhibitory activity.

### 507 **3.5. Sensory evaluation**

508 Sensory is one of the most important aspects that need to be given consideration after  
509 the production of hydrolysates. The release of bitter tasting peptides can significantly  
510 affect the sensory attributes of the resultant hydrolysate and subsequently alter the  
511 quality of products to which they are added. Therefore to assess whether the  
512 hydrolysate products developed in this study had any effect on a typical beverage,  
513 they were added into milk which was subjected to a sensory discrimination test. Milk  
514 with hydrolysate addition was compared to a control milk sample with no addition.

515

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522

523 Overall, for the CDP and  $\beta$ -lactoglobulin derived hydrolysates no significant  
524 differences were found in perception between any of the three samples and the control  
525 milk samples (see tables 5 and 6). However the sample with the lowest level of  
526 hydrolysate was the most different to the control milk ( $p=0.066$ ). With the relatively  
527 low number of assessors ( $n=39$ ) used in the trials, although there was no significant  
528 differences in perception found, the samples could not be declared with confidence to  
529 be perceptually identical, as either the proportion of discriminators amongst the  
530 population was too high ( $>30\%$ ), or at a risk level of 10 % (type II error) the  
531 probability of correctly identifying a sample from the control in any individual trial  
532 was too high (the upper bound limit), or the probability of obtaining a result higher  
533 than the upper bound limit was too high. The results of this pilot study must be scaled  
534 up and taken to a larger consumer trial in order to prove the samples with hydrolysate  
535 are perceptually identical to milk.

536 **CDP derived hydrolysates:** Three different concentrations of hydrolysate derived  
537 from CDP were tested for sensory attributes. The  $IC_{50}$  of CDP derived hydrolysate  
538 was 288  $\mu\text{g/mL}$ . Therefore we used three different concentrations, (i) 200  $\mu\text{g/mL}$  (ii)  
539 300  $\mu\text{g/mL}$  and (ii) 400  $\mu\text{g/mL}$ .

540 Although there was no statistical significant difference between the control and the  
541 three different hydrolysate concentrations (see Table 5), comments given by the  
542 assessors were compiled. The 200  $\mu\text{g/mL}$  and the 300  $\mu\text{g/mL}$  were described as less  
543 sweet compared to the control, by 4 and 3 assessors respectively, and 3 assessors  
544 described the taste and odour of the 400  $\mu\text{g/mL}$  as less milky. However, there were no  
545 comments concerning off notes, taints or bitter taste. These findings are very  
546 interesting as they help to demonstrate the advantage of the integrative process in

547 thatthe hydrolysates produced here are enriched in specific peptides and partially  
548 fractionated which might have resulted in the removal of bitter fractions. Other  
549 authors have used ion exchange as a debittering method (Cheison, Wang & Xu,  
550 2007). Bitterness of hydrolysates is mainly caused by the composition of amino acids  
551 in the peptide sequence. Smaller peptides less than 3 kDa and hydrophobic amino  
552 acids in the order of phenylalanine (F)  $\approx$  tryptophan (W) > Proline (P) > isoleucine (I)  
553  $\approx$  tyrosine (Y)  $\approx$  histidine (H) are reported to be the main contributors to bitterness  
554 (Cheung et al., 2010; Linde, Junior, Faria, Colauto, Moraes & Zanin, 2009). In our  
555 hydrolysate, we have identified twenty five peptides from the active fractions that  
556 were permeated through the 1kDa ultrafiltration membrane. Out of the twenty five  
557 major peptides, only four peptides VSK, TVK, VQVT and TVQVT were free from  
558 the above mentioned bitterness causing amino acids. The other twenty one peptides  
559 contain at least one of these amino acids. However even if the majority of these  
560 peptides contained Phe, Tyr, Trp, Pro, Ile or His amino acids, their position in the  
561 peptide sequence plays a major role in the development of bitterness as reported by  
562 Otagiri et al. (1985). Otagiri and co-authors reported the above mentioned amino  
563 acids should be at the end of the C- terminal sequences. However, within our  
564 hydrolysate only four peptides PP, IPP, HLP and LTQTP have this structural feature  
565 while the rest contain those amino acids either at the N-terminus or within the peptide  
566 sequence. Furthermore, they found that peptides with arginine followed by proline  
567 had a strong bitter taste.

568

569  **$\beta$ -lactoglobulin derived hydrolysate:** Three different concentrations were also tested  
570 for the  $\beta$ -lactoglobulin derived hydrolysate. The  $IC_{50}$  of this hydrolysate was 145  
571  $\mu$ g/mL. Therefore three different concentrations were chosen in relation to its  $IC_{50}$ ; (i)



572 100 µg/mL, (ii) 150 µg/mL (iii) 200 µg/mL. The result showed statistically no  
573 significant difference between the three different concentrations and the control (see  
574 Table 6). From the compiled comments, only 2 assessors out of 39 reported adverse  
575 tastes; one reported sour for the 100 µg/mL sample and the other reported bitter for  
576 the 150 µg/mL. Moreover, only 4 assessors described the 300 µg/mL samples as less  
577 sweet compared to the control.

578  
579 A total of ten major peptides were identified in this hydrolysate and out of the ten  
580 peptides, only three peptides VAGT, RL and LDAQ were free from the above  
581 bitterness causing amino acids. The other seven peptides FK, IIAE, IVTQ,  
582 KPTPEGDLEILL, LIVT, LIVTQ and VFK contain at least one of these bitterness  
583 causing amino acids ( $F \approx W > P > I \approx Y \approx H$ ). All the identified peptides did not  
584 contain these amino acids at their ultimate C-terminal position. However only three  
585 peptides FK, IIAE and IVTQ contain phenylalanine and isoleucine at the ultimate N-  
586 terminus and four peptides KPTPEGDLEILL, LIVT, LIVTQ and VFK contained  
587 proline, isoleucine or phenylalanine within their sequences. Therefore, the majority of  
588 the peptides identified in the hydrolysate according to their chemical structure were  
589 expected not to be bitter which is in agreement with the results of the sensory analysis.

590

#### 591 **4. Conclusions**

592

593 This study demonstrated that the production process applied in this work resulted in  
594 hydrolysates of high ACE inhibitory activity. The fractionation of hydrolysates by  
595 preparative HPLC and the use of MS techniques helped to identify major bioactive  
596 peptides. This together with available structure activity relationship data including  
597 QSAR enable identification of main peptides contributing to the ACE inhibitory

598 activity of hydrolysates. Among these potent peptides some novel sequences were  
599 identified such as, VSK, IIAE, QDKTEIPT, KPTPEGDLEILL and LDIQK . Also the  
600 well known ACE inhibitory peptide IPP was identified in the CDP derived  
601 hydrolysates. The *in-vitro* simulated gastrointestinal digestibility study showed that  
602 there was no significant change in the ACE inhibitory activity of the hydrolysates  
603 This was also in agreement with the findings from the *in-silico* digestion study. The  
604 *in-silico* digestion of both hydrolysates predicted that most of the peptides were either  
605 resistant or only susceptible to partial hydrolysis and the resulting fragments were  
606 predicted to be ACE inhibitory. Hence, no overall loss of ACE inhibitory activity was  
607 predicted. The sensory evaluation of the hydrolysates showed no significant  
608 difference between the reconstituted hydrolysate products and the control. This might  
609 be due to low structural similarity of the peptides with that of bitterness causing  
610 peptides. Overall this work demonstrates the advantage of producing hydrolysates  
611 following the integrative approach as less complex hydrolysates with high potency  
612 and with positive sensory attributes can be produced.

613

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808 **FIGURE LEGENDS**

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811

812 **Figure 1:** Flowchart of production of ACE inhibitory peptides from CDP and  $\beta$ -  
813 lactoglobulin ( $\beta$ -Lg). Where P1 and P2 were the permeates of hydrolysates produced  
814 from CDP after 2 and 6 hours hydrolysis and P3 the hydrolysate from  
815  $\beta$ -lactoglobulin after 2+6 h hydrolysis; P1 and P2 contained mainly CDP derived  
816 peptides and P3  $\beta$ -lactoglobulin derived peptides.

817

818 **Figure 2:** Total ion current (TIC) of sweet whey extract with masses of peaks  
819 analysed by liquid chromatography coupled to mass spectrometry (LCMS).

820

821 **Figure 3:** Peptide peak profiles of the 2 h hydrolysate permeated through the 1kDa  
822 ultrafiltration membrane (P1) and peak profiles of the 8 fractions using semi-prep RP-  
823 HPLC

824

825 **Figure 4:** (a) MS/MS spectrum of fraction “B” of the 2 h hydrolysate after filtration  
826 through the 1kDa ultrafiltration membrane (P1) (b) MS-MS spectrum of ion m/z  
827 326.2074 of IPP.

828 **Figure 5:** MS/MS spectrum of fraction “C” of the 2 h hydrolysate after filtration  
829 through the 1kDa ultrafiltration membrane (P1).

830

831 **Figure 6.** MS/MS spectrum of subfraction from fraction “C” of the 6 h hydrolysate  
832 (P2). The spectrum shows the ion m/z 931.4827 which corresponds to the doubly  
833 charged ion of the octapeptide QDKTEIPT (466.2418).

834

835 **Figure 7:** Micro-TOF/ESI-MS spectrometry of fraction “A” of the 2 h immobilised  
836 whey hydrolysate after filtration through the 1kDa ultrafiltration membrane (P1).

837

838 **Figure 8:** Base peak chromatograms of hydrolysate with  $\beta$ -lactoglobulin derived  
839 peptides (P3) at an enzyme to substrate (E:S) ratio of (a) 1:50 and (b) 1:100.

840

841

842

843 **Figure 9:** Percentage of ACE inhibitory activity of hydrolysates before and after the  
844 in-vitro digestion using gastrointestinal digestive enzymes (pepsin, corolase PP).

845 Where 2+6 (E:S=1:100), 2+6 (E:S=1:50) and 2+6 (E:S=1:25) are hydrolysates

846 produced after filtering the 2 h hydrolysate (hydrolysate mainly from CDP) and

847 extending the hydrolysis of  $\beta$ -lactoglobulin for further 6 hours at an E:S ratio of 1:100,

848 1:50 and 1:25.

849



## TABLES

**Table 1:**

Different ACE inhibitory hydrolysate production methods from whey proteins and from other natural sources and their IC<sub>50</sub> values.

| Methods of production             | Protein source                            | Hydrolysis time (hrs) | Enrichment  | IC <sub>50</sub> (µg/ml) | Reference                                  |
|-----------------------------------|---|-----------------------|---|--------------------------|--|
| TCA precipitation then hydrolysis | ✓ Ovine β-lactoglobulin from acid whey    | 24                    | Nil   | 117-278                  | (Hernandez-Ledesma et al., 2000)           |
|                                   | ✓ Ovine β-lactoglobulin from sweet whey   | 24                    | Nil   | 38-296                   | (Hernández-Ledesma et al., 2000)           |
|                                   | ✓ Caprine β-lactoglobulin from sweet whey | 24                    | Nil   | 118-388                  | (Hernandez-Ledesma et al., 2000)           |
| Batch                             | ✓ WPC                                     | 4                     | Ultrafiltration (1kDa)                            | 201                      | (Mullally, Meisel & Kinsella, 1997)        |
|                                   | ✓ β-lactoglobulin                         | 4                     | Ultrafiltration (1kDa)                            | 160                      | (Mullally et al., 1997)                    |
| Batch                             | ✓ CMP                                     | 3                     | Nil   | 477                      | (Otte, Shalaby, Zakaria, & Kinsella, 2000) |
| Fermentation                      | ✓ Milk                                    | 24-48                 | Nil   | 420-520                  | (Pihlanto, Virtanen & Kumpulainen, 2000)   |
| Immobilized enzyme                | ✓ <i>Brassica carinata</i>                | -                     | Nil   | 338                      | (Pedroche et al., 2000)                    |
| Fermentation                      | ✓ Blue mussels                            | 6 months              | Filtered, desalted electrodialed then lyophilized | 1010                     | (Je, Park, Byun, Jung, & Kim, 2000)        |
| Our work (Integrative approach)   | ✓ CDP                                     | 2                     | Nil   | 287                      | (Welderufael et al., 2000)                 |
|                                   | ✓ β-lactoglobulin                         | 8                     | Ultrafiltration (1kDa)                            | 67                       | (Welderufael & Jaurio, 2000)               |
|                                   |   |                       | Nil   | 128                      | (Welderufael et al., 2000)                 |

**Table 2**

IC<sub>50</sub> (μg/mL) value and the major peptides of the three active fractions of the 2 h hydrolysate that were permeated through the 1kDa ultrafiltration membrane followed by fractionation using semi-prep RP-HPLC.

| <b>Fraction</b> | <b>Peptides</b> | <b>Protein Source</b> | <b>Observed Masses (Da)</b>       | <b>IC<sub>50</sub> (μg/mL)</b> |
|-----------------|-----------------|-----------------------|-----------------------------------|--------------------------------|
| A               | PE              |                       | 245.1057                          | 213                            |
|                 | L/IK            | β-Lg                  | 260.1928                          |                                |
|                 | L/IR            | β-Lg                  | 288.3398                          |                                |
|                 | VSK             | β-casein              | 333.3596                          |                                |
|                 | TVK             | Casein kinase         | 347.3637                          |                                |
|                 | PHL             | k-casein              | 365.2534                          |                                |
|                 | I/LQK           | β-Lg                  | 388.2582                          |                                |
|                 | MAPK            | β-casein              | 446.5118                          |                                |
|                 | LQPE            | β-casein              | 486.2502                          |                                |
|                 | AMAPK           | β-casein              | 517.4536                          |                                |
| B               | PP              | k-casein              | 213.3244                          | 62                             |
|                 | IPP             | k-casein              | 326.2074                          |                                |
|                 | HLP             | β-casein              | 366.3774                          |                                |
|                 | VFK             | β-Lg                  | 393.5045                          |                                |
|                 | KIPA            | β-Lg                  | 428.5043                          |                                |
|                 | VQVT            | k-casein              | 446.2622                          |                                |
|                 | LQPE            | β-casein              | 486.2572                          |                                |
|                 | TVQVT           | k-casein              | 547.3091                          |                                |
|                 | LTQTP           | β-casein              | 559.3091                          |                                |
|                 | IASGEPT         | k-casein              | 674.7145                          |                                |
|                 | MAIPPCKN        | k-casein              | 449.7635 <sup>+2</sup> (898.5197) |                                |
|                 | C               | MAIPPCKN              | k-casein                          |                                |
| QDKTEIPT        |                 | k-casein              | 466.2745 <sup>+2</sup> (931.4801) |                                |
| LIVTQ           |                 | β-Lg                  | 573.3596                          |                                |
| LTQTPV          |                 | β-casein              | 658.3603                          |                                |
| LDIQK           |                 | β-Lg                  | 616.3632                          |                                |

**Table 3**

Major peptides identified in hydrolysates produced from  $\beta$ -lactoglobulin after filtering the 2 h hydrolysate and extending the hydrolysis for 6 more hours by adding fresh enzyme (P3). Where: \*\* stands for peptides that was commonly found at 2+6 h (E:S=1:50) and 2+6 h (E:S = 1:100) and  $\downarrow$ chymotrypsin,  $\uparrow$ pepsin,  $\rightarrow$ Trypsin digesting sites of the peptides.

| <b>E: S ratio</b> | <b>Theoretical pepsin, trypsin &amp; chymotrypsin</b>                                    | <b>Protein Source</b> | <b>In silico predicted ACE inhibitors</b> | <b>Molecular weight (Da)<sup>a</sup></b> | <b>Isoelectric point (Pi)<sup>a</sup></b> |
|-------------------|--|-----------------------|---|--|---|
|                   | <b>Cleavage site</b>   |                       |   |  |   |
| <b>1: 50</b>      | F $\downarrow$ $\uparrow$ K/K $\uparrow$ $\rightarrow$ F                                 | $\beta$ -LG           |   | 294.188                                  | 8.75                                      |
|                   | <b>IIAE**</b>  | $\beta$ -LG           | <b>IA, IAE</b>                            | 445.2656                                 | <b>4.6</b>                                |
|                   | IVTQ**   | $\beta$ -LG           | <b>TQ</b>                                 | 460.2766                                 | <b>5.52</b>                               |
|                   | L $\downarrow$ $\uparrow$ DAQ  | $\beta$ -LG           | DA  | 446.2245                                 | 3.8                                       |
|                   | L $\downarrow$ $\uparrow$ IVT**  | $\beta$ -LG           |   | 445.302                                  | 5.52                                      |
|                   | L $\downarrow$ $\uparrow$ IVTQ**   | $\beta$ -LG           | <b>TQ</b>                                 | 573.3606                                 | <b>5.52</b>                               |
|                   | R $\rightarrow$ L/L $\downarrow$ R**   | $\beta$ -LG           | RL  | 288.203                                  | 9.75                                      |
|                   | VAGT**   | $\beta$ -LG           | AG, GT                                    | 347.1925                                 | 5.49                                      |
|                   | V $\uparrow$ F $\downarrow$ $\uparrow$ K   | $\beta$ -LG           | <b>VF, VFK</b>                            | 393.2496                                 | <b>8.72</b>                               |
|                   | KPTPEGD $\uparrow$ L $\downarrow$ $\uparrow$ EI $\uparrow$ L $\downarrow$ $\uparrow$ L** | $\beta$ -LG           | <b>GD, EG, KP, EI, PT</b>                 | 1324.7358                                | <b>4.14</b>                               |
| <b>1: 100</b>     | IIAEK $\rightarrow$ T  | $\beta$ -LG           | <b>IA, IAE, EK</b>                        | 674.4083                                 | <b>6</b>                                  |

<sup>a</sup> is the isoelectric point of peptides from ExPASy proteomics tool and applied only for the peptides before digestion.

**Table 4**

In silico digestion of the major peptides identified in the active fraction of the 2 h and 6 h hydrolysate permeated through the 1kDa ultrafiltration membrane (P1 and P2).

Where: \* stands for peptides that were common to both hydrolysates at 2 and 6 h and ↓chymotrypsin, ↑pepsin, →Trypsin are cleavage sites of these enzymes.

| Hydrolysate (h) | Theoretical pepsin, trypsin & chymotrypsin Cleavage site | In silico predicted ACE inhibitors <sup>b</sup> | Molecular Weight (Da) <sup>a</sup> | <i>Pi</i> <sup>a</sup> |
|-----------------|--|---|------------------------------------|------------------------|
| 2<br>E:S=1:100  | AM↓APK   | AP  | 517.2803                           | 8.80                   |
|                 | H↓L↑P*/ H↓IP   | HL  | 365.2136                           | 6.75                   |
|                 | IASGEPT*   | GEP, IA, GE, SG, GEP, PT                        | 674.3355                           | 4.00                   |
|                 | IPP*   | IPP, IP, PP                                     | 326.2074                           | 5.52                   |
|                 | L↓↑K/I→K*  |   | 260.1968                           | 8.75                   |
|                 | I→QK/L↓↑QK*  | <b>QK, LQ</b>                                   | 388.2554                           | <b>8.75</b>            |
|                 | K→IPA*   | <b>IPA, IP</b>                                  | 428.2867                           | <b>8.75</b>            |
|                 | L↓↑DIQK*   | <b>LDIQK, QK</b>                                | 616.3664                           | <b>5.84</b>            |
|                 | L↓↑IVTQ  | <b>TQ</b>                                       | 573.3606                           | <b>5.52</b>            |
|                 | L ↓QPE*  | LQP, LQ   | 486.2558                           | 4.60                   |
|                 | L↓↑R*/R→L*   | RL  | 288.2030                           | 9.75                   |
|                 | L↓TQTP*  | <b>TQ</b>                                       | 559.3086                           | <b>5.52</b>            |
|                 | L↓↑TQTPV   | TQ, NIPPLTQTPV                                  | 658.3770                           | 5.52                   |
|                 | M↓AIPPK→K→N  | IPP, <u>AIP, PK, IP, PPK, AIPP, PP, AI</u>      | 896.5179                           | 10.0                   |
|                 | M↓APK*   | <b>AP</b>                                       | 446.2431                           | <b>8.50</b>            |
|                 | PE*  |   | 245.1132                           | <b>4.6</b>             |
|                 | PH ↓L*   | <b>HL, PH</b>                                   | 366.2136                           | <b>7.17</b>            |
|                 | PP   | <b>PP</b>                                       | 213.1233                           |                        |
|                 | QDK→TEIPT*   | <b>IP, EI, TE, PT</b>                           | 931.4731                           | <b>4.37</b>            |
|                 | TVK*   | VK  | 347.1925                           | 5.19                   |
| TVQVT*          |  | 547.3086  | 5.19                               |                        |
| V↓F↓↑K          | VF, VFK  | 393.2496  | 8.72                               |                        |
| VSK*            |  | 333.2132  | 8.72                               |                        |
| VTST            | <b>VTSTAV</b>  | 407.2136  | 5.49                               |                        |
| VQVT*           |  | 446.2609  | 5.49                               |                        |
| 6<br>E: S=1:100 | EK→VT  | <b>EK</b>                                       | <b>476.2715</b>                    | <b>6.10</b>            |
|                 | F↓↑→AQT  |   | 466.2296                           | 5.52                   |
|                 | IIAEK→T  | IA, IAE, EK                                     | 674.4083                           | 6.00                   |
|                 | K→VK→E   | <b>VK, KE</b>                                   | 503.3187                           | <b>8.59</b>            |
|                 | SL↑PQN   | PQ  | 558.2882                           | 5.24                   |

<sup>a</sup> Molecular weight and isoelectric points of peptides (before digestion) taken from ExPASy proteomics tool .

<sup>b</sup> predicted peptide sequences using the BIOPEP software ([http://www.uwm.edu.pl/biochemia/index\\_en.php](http://www.uwm.edu.pl/biochemia/index_en.php)).

**Table 5**

Sensory discrimination of CDP derived hydrolysate; where CDP200, CDP300 and CDP400 were hydrolysates of casein derived peptides at 200 µg/mL, 300 µg/mL and 400 µg/mL respectively. N is number of panellists.

| Samples | N  | Number of correctly identified samples | Significance (p value) <sup>a</sup> | Proportion of discriminators <sup>b</sup> | Upper bound <sup>c</sup> | Probability of obtaining a higher upper bound <sup>d</sup> |
|---------|----|--|-------------------------------------|---|--------------------------|--|
| CDP200  | 39 | 18                                     | 0.066                               | 0.406                                     | 0.604                    | 0.033  |
| CDP300  | 39 | 13                                     | 0.56                                | 0.215                                     | 0.477                    | 0.425  |
| CDP400  | 39 | 13                                     | 0.56                                | 0.215                                     | 0.477                    | 0.425  |

<sup>a</sup> Type I error : risk of finding a false difference

<sup>b</sup> The maximum acceptable proportion of the population that can distinguish between the samples (typically an acceptable maximum set at 0.3 or 30 %)

<sup>c</sup> The upper bound is the probability of a correct trial

<sup>d</sup> The probability of obtaining a higher upper bound value in 39 trials (i.e. of obtaining a less satisfactory result)

**Table 6**

Sensory discrimination of  $\beta$ -lactoglobulin derived hydrolysate; where  $\beta$ -LG100,  $\beta$ -LG150 and  $\beta$ -LG200 were 100  $\mu\text{g/mL}$ , 150  $\mu\text{g/mL}$  and 200  $\mu\text{g/mL}$  respectively. N is number of panellists.

| Samples        | N  | Number of Correctly identified samples | Significance (p value) <sup>a</sup> | Proportion of discriminators <sup>b</sup> | Upper bound <sup>c</sup> | Probability of obtaining a higher upper bound <sup>d</sup> |
|----------------|----|--|-------------------------------------|---|--------------------------|--|
| $\beta$ -LG100 | 39 | 10                                     | 0.885                               | 0.094                                     | 0.396                    | 0.80   |
| $\beta$ -LG150 | 39 | 16                                     | 0.196                               | 0.332                                     | 0.555                    | 0.118  |
| $\beta$ -LG200 | 39 | 17                                     | 0.118                               | 0.369                                     | 0.579                    | 0.066  |

<sup>a</sup> Type I error : risk of finding a false difference

<sup>b</sup> The maximum acceptable proportion of the population that can distinguish between the samples (typically an acceptable maximum set at 0.3 or 30 %)

<sup>c</sup> The upper bound is the probability of a correct trial

<sup>d</sup> The probability of obtaining a higher upper bound value in 39 trials (ie of obtaining a less satisfactory result)

**FIGURES:**

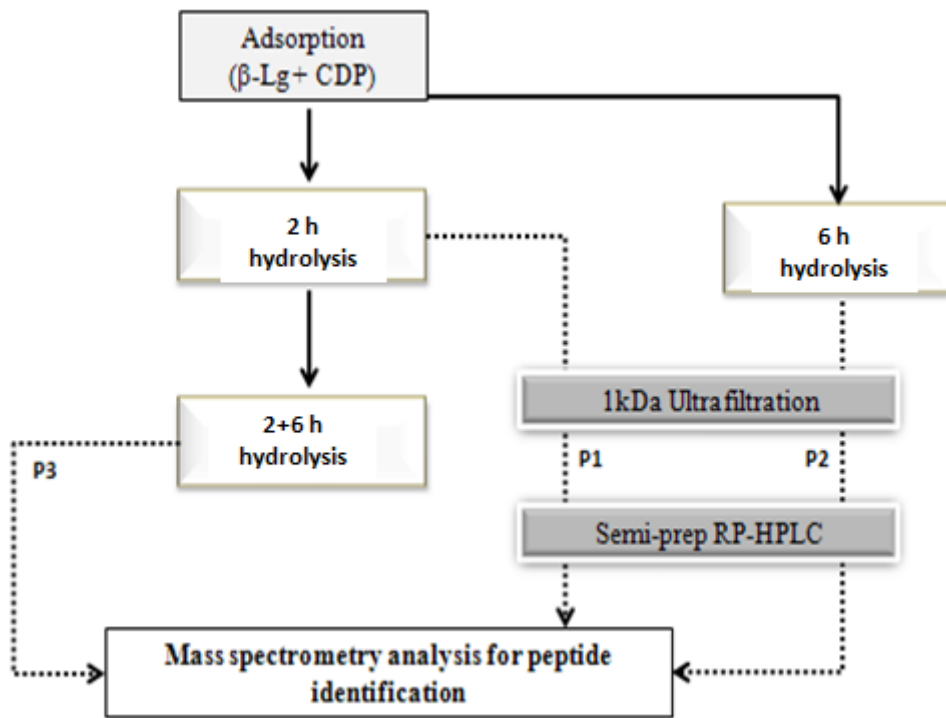


Figure 1



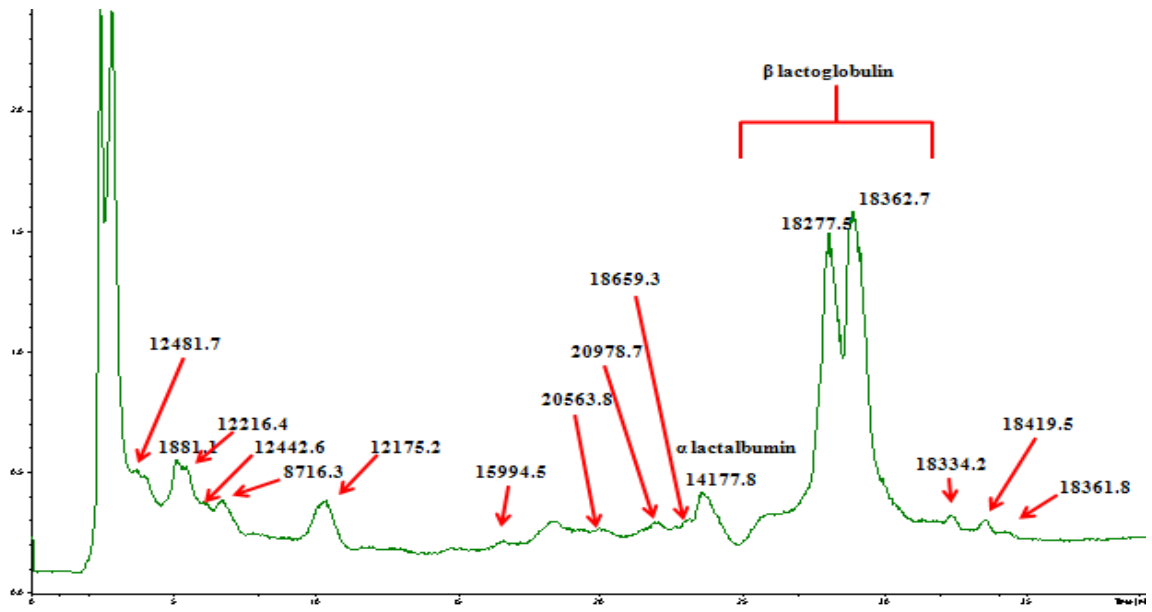


Figure 2

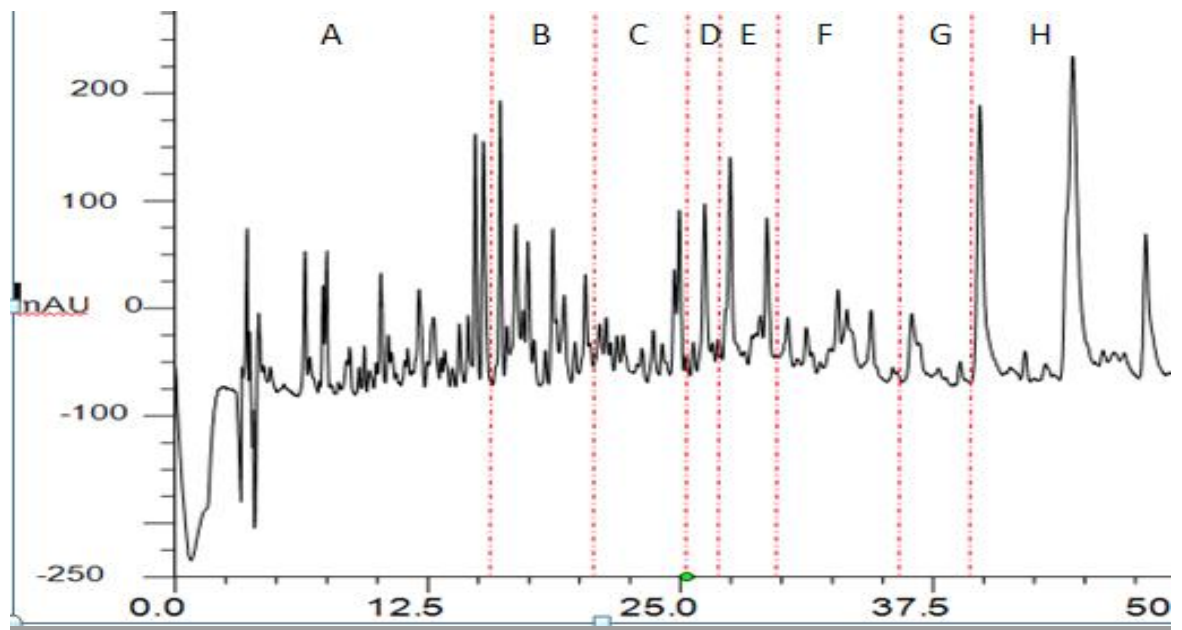


Figure 3

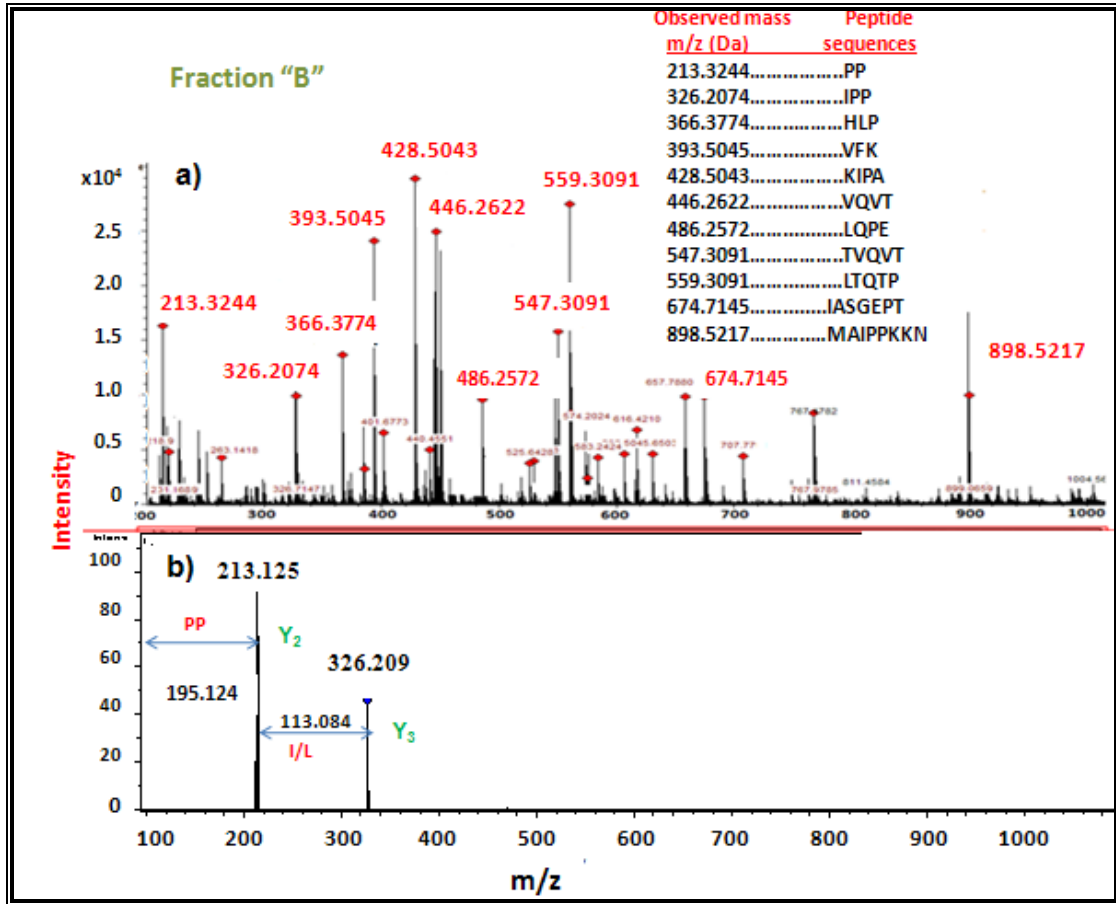


Figure 4

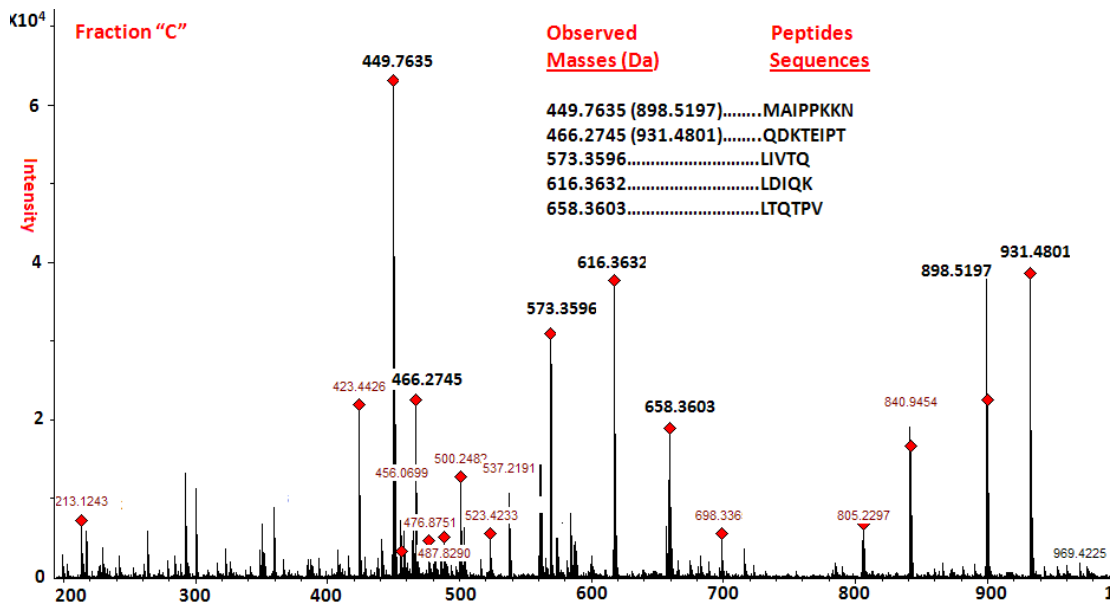


Figure 5

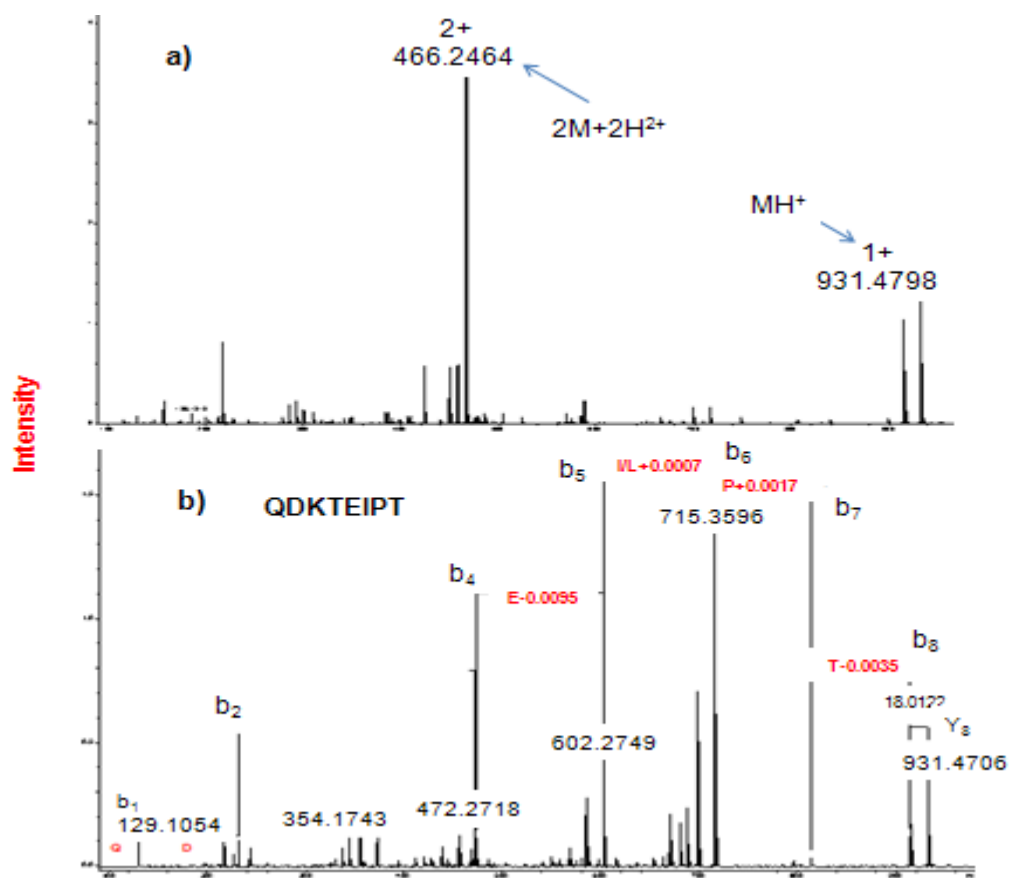


Figure 6

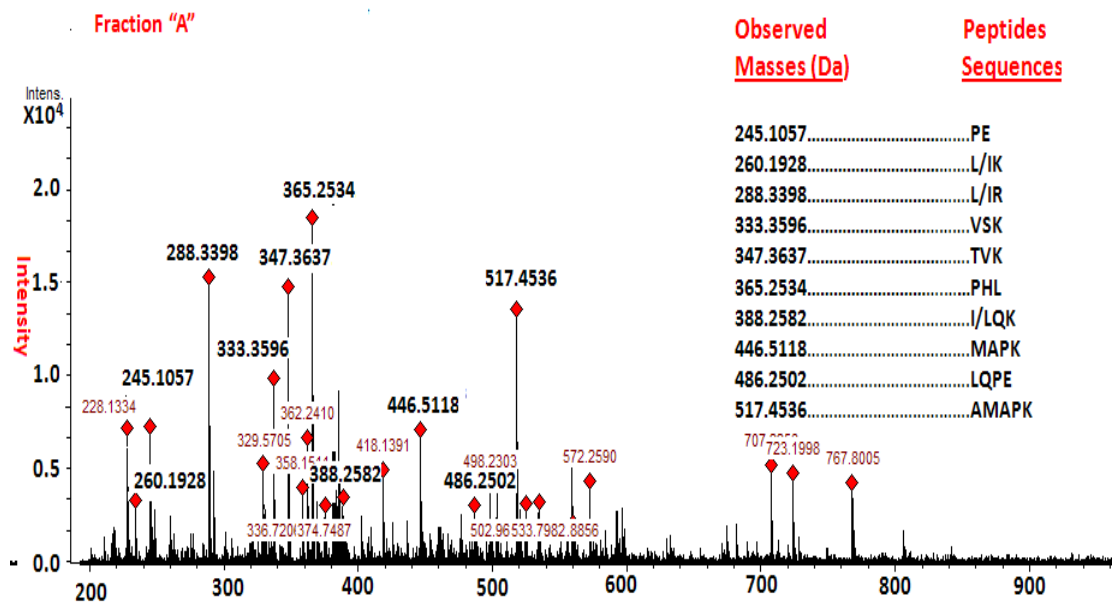


Figure 7

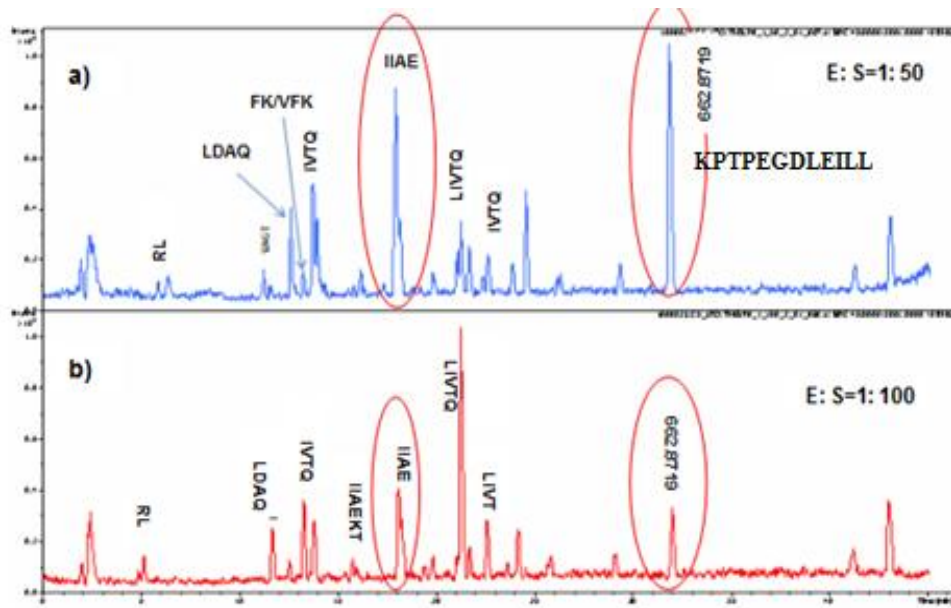


Figure 8

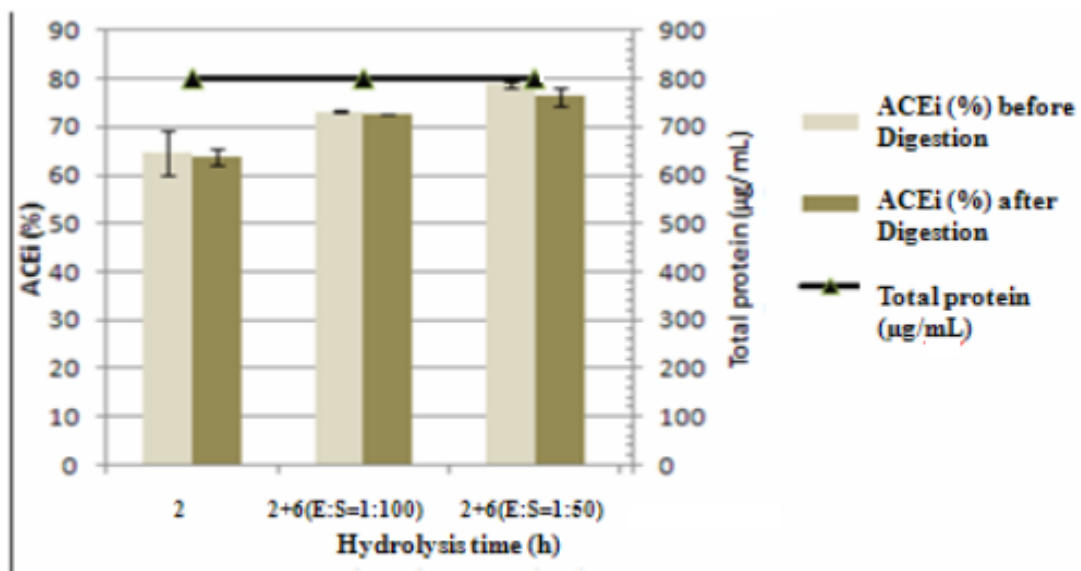


Figure 9