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1

1 **Title:**

2 B-Type Natriuretic Peptide predicts deterioration in functional capacity following lung
3 resection

4 **Authors:**

5 Douglas J. Young¹, Dr Philip J. McCall^{2, 3}, Mr Alan Kirk⁴, Dr Alistair Macfie³, Professor John
6 Kinsella², Dr Benjamin G. Shelley^{2, 3}

7 **Institutions:**

8 ¹School of Medicine, University of Glasgow, Glasgow, UK

9 ²Academic Unit of Anaesthesia, Pain and Critical Care, University of Glasgow, Glasgow, UK

10 ³Department of Anaesthesia, Golden Jubilee National Hospital, Clydebank, UK

11 ⁴Department of Thoracic Surgery, Golden Jubilee National Hospital, Clydebank, UK

12 **Corresponding Author:**

13 Douglas J. Young,
14 Wolfson Medical School Building
15 University Avenue
16 Glasgow
17 G12 8QQ

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27 **Visual Abstract:**

28 **Key Question**

29 Does an association exist between peri-operative BNP and post-operative functional
30 limitation in lung resection patients

31 **Key Findings**

32 BNP is associated with subjective and objective markers of functional limitation following
33 lung resection

34 **Take-home message**

35 In lung resection patients, preoperative BNP is a predictor of functional deterioration, and
36 shows potential for use in risk stratification

37 **Abstract:**

38 Objectives:

39 Following lung resection, there is a decrease in functional capacity and quality of life which is
40 not fully explained by changes in pulmonary function. Previous work demonstrates that B-
41 type Natriuretic Peptide (BNP) is associated with short and long term complications following
42 lung resection, leading to the suggestion that cardiac dysfunction may contribute to
43 functional deterioration. Our aim was to investigate any relationship between BNP and
44 subjective and objective indices of functional deterioration following lung resection surgery.

45 Methods:

46 Twenty-seven patients undergoing lung resection had serum BNP measured pre-operatively,
47 on post-operative day (POD)1, POD2, and at two months post-operatively. Functional
48 deterioration was assessed using Six Minute Walk Tests (6MWT) and the Medical Research
49 Council (MRC) dyspnoea scale. 'Deterioration in functional capacity' was defined as *either*
50 an increase in MRC dyspnoea score *or* a significant decrease in 6MWT distance.

51 Results:

52 BNP increased over time ($p < 0.01$) and was significantly elevated on POD1 and POD2
53 ($p < 0.02$ for both). Seventeen patients demonstrated functional deterioration 2-months post-
54 operatively. At all peri-operative timepoints, BNP was significantly higher in patients showing
55 deterioration ($p < 0.05$ for all). Pre-operative BNP was predictive of functional deterioration at
56 2 months with an AUROC of 0.82 ($p = 0.01$, CI: 0.65-0.99).

57 Conclusions:

58 This study has demonstrated, using subjective and objective measures, that pre-operative
59 BNP is a predictor of functional deterioration following lung resection. BNP may have a role
60 in pre-operative risk stratification in this population, allowing therapy in future to be targeted
61 toward high risk patients with the aim of preventing post-operative cardiac dysfunction.

62 Word Count: 247

63 **Keywords:**

64 B-Type Natriuretic Peptide

65 Lung Resection

66 Risk Stratification

67 **Introduction**

68 Lung cancer remains the leading cause of cancer death worldwide [1]. In suitable patients
69 lung resection offers the best chance of cure; as a result an increasing number of surgeries
70 are being undertaken, contributing to improved survival [2]. Although surgery has a low
71 associated mortality, lung resection leaves patients with a high burden of both short and long
72 term morbidity. Functional capacity plays an important role in the physical and social wellbeing
73 of patients with lung cancer; yet unfortunately there is a well-documented decrease in quality
74 of life, functional capacity and exercise tolerance following lung resection [3-5], with as many
75 as 40% of patients reporting disabling dyspnoea [6]. Clinical practice guidelines advocate the
76 use of predicted post-operative (ppo) lung function to predict the risk of post-operative
77 dyspnoea [7-9]. This is calculated by adjusting pre-operative lung function test results to reflect
78 the quantity of lung resected. Predicted post-operative pulmonary function has however been
79 shown to be poorly associated with changes in exercise capacity [10] and quality of life [11]
80 following surgery. This lack of association suggests other factors may be involved in the
81 aetiology of post-operative functional limitation. Several authors have suggested functional
82 impairment may result from cardiac rather than pulmonary limitation [12, 13], and we suggest
83 that B-type Natriuretic Peptide (BNP) may have a role in identifying patients at risk of post-
84 operative functional limitation.

85 BNP is a 32-amino acid polypeptide released from the cardiac ventricles in response to
86 myocardial stretch and strain. It is easily measurable in plasma in either its active form or an
87 inactive precursor – N-Terminal-pro BNP. BNP increases following lung resection, with the
88 magnitude of increase associated with the amount of lung tissue resected [14]. In non-cardiac
89 surgeries BNP has been shown to be predictive of both short and long term mortality [15, 16].
90 Furthermore, BNP has been demonstrated to identify patients at risk of both short and long
91 term cardio-pulmonary complications of non-cardiac surgery [17-19], with higher levels of BNP
92 predicting higher complications [15]. These findings have been validated by meta-analysis [20],
93 and consequentially, BNP has been included in both the American Heart Association and

94 European Society of Anaesthesiology guidelines for assessing peri-operative cardiac risk in
95 patients undergoing non-cardiac surgery [21, 22]. In patients undergoing thoracic surgery,
96 elevated BNP has been associated with increased rates of atrial fibrillation and other cardiac
97 dysrhythmias [23].

98 There is no previous work comparing BNP to functional capacity in patients undergoing lung
99 resection. Given that impaired functional capacity may be related in part to cardiac function,
100 we hypothesised there would be an association between peri-operative BNP and post-
101 operative functional limitation.

102 **Materials and Methods**

103 This study is an *a-priori* secondary endpoint of a larger observational study using
104 cardiovascular magnetic resonance imaging to investigate right ventricular dysfunction
105 following lung resection (ClinicalTrials.gov: NCT01892800).

106 **Participants**

107 Ethics approval for the study was provided by the West of Scotland Research Ethics
108 Committee (REC Ref: 134/WS/0055) and all participants provided written informed consent.
109 Patients attending for elective lung resection at the Golden Jubilee National Hospital (a tertiary
110 referral hospital providing cardiothoracic surgical services for the West of Scotland) between
111 August 2013 and September 2014 were screened and approached for inclusion. Subjects who
112 were pregnant, participating in any investigational research which could undermine the
113 scientific basis of the study, had contraindications to cardiovascular magnetic resonance or
114 were undergoing; wedge / segmental / sub-lobar lung resection, pneumonectomy, isolated
115 middle lobectomy or thoracoscopic / minimal access lung resection, were excluded. Surgical
116 technique was standardised to a single surgeon performing a postero-lateral muscle sparing
117 thoracotomy and lobectomy with anatomically appropriate lymph node clearance. Anaesthetic
118 technique was standardised and included the use of a volatile agent for anaesthetic

119 maintenance, intra-operative lung protective ventilatory strategies and thoracic epidural
120 blockade for post-operative analgesia.

121 Measurements

122 BNP

123 Blood samples were collected into EDTA test tubes at baseline, immediately post-op, on post-
124 operative days (POD) 1 and 2, and 2 months post-op. Analysis was performed immediately at
125 point of care using the Alere Triage® system (Alere Ltd. Stockport, UK), according to the
126 manufacturer's guidelines. Quality control checks were carried out on the equipment regularly
127 to ensure accuracy in line with the manufacturer's recommendations; the coefficient of
128 variation for BNP measurements was 5%. Patients and clinicians were blinded to BNP results
129 to reduce bias and to prevent BNP results altering patient management.

130 Functional Capacity

131 Functional capacity was assessed subjectively using the Medical Research Council (MRC)
132 dyspnoea score, and objectively by Six Minute Walk Test (6MWT). Patients completed MRC
133 dyspnoea scores [24] as an assessment of self-reported functional capacity at baseline, two
134 months post-op and one year post-op. The 6MWT was carried out according to standard
135 guidelines [25] over a 30 metre course by trained respiratory physiologists pre-operatively and
136 2 months post-operatively. In order to assess any decrease in walk distance a 'minimal
137 important difference' was defined. A decrease in walking distance of 28 metres has been
138 validated as the minimally important difference detected by the 6MWT in a cohort of COPD
139 patients, and, as there has been no minimally important difference defined in a lung resection
140 cohort, this was used in our study [26].

141 To facilitate integration of subjective and objective assessments of functional capacity, the
142 primary outcome of this study, 'deterioration in functional capacity' was defined as *either* an
143 increase in MRC dyspnoea score of 1 point or more *or* a decrease in walking distance of 28

144 metres or more. Patients were classed as having 'deteriorated functional capacity' if they
145 fulfilled either of these criteria.

146 Comorbidities and baseline demographics were collected to assess for confounding factors
147 between groups. Both surgical and anaesthetic technique were standardised.

148 The sample size was calculated as per the primary objective of the initial study. No separate
149 sample size calculation was carried out for this secondary endpoint.

150 **Statistical methods**

151 Statistical analyses were carried out using SPSS® (IBM Corp. Released 2013. IBM SPSS
152 Statistics for Windows, Version 22.0. Armonk, NY: IBM Corp.). All variables were visually
153 examined, and normality was tested using the Shapiro-Wilk test. Categorical data are
154 presented as frequency (%) and continuous data are presented as mean (SD) if following a
155 parametric distribution or median (IQR) if following a non-parametric distribution. Changes
156 over time were assessed using the parametric repeated measures ANOVA or the non-
157 parametric Friedman's test according to data distribution. Post-hoc pairwise comparisons
158 were undertaken using a paired t-test or a Wilcoxon signed rank test. Independent samples t-
159 tests or Mann-Whitney U tests were used to compare independent groups.

160 Association between continuous variables was assessed using the parametric Pearson's
161 correlation coefficient and the non-parametric Spearman's rank order correlation coefficient
162 according to data distribution. The predictive power of BNP to identify deteriorated functional
163 capacity was assessed by examining the area under the Receiver Operating Characteristic
164 curve (AUROC). Youden's J statistic was used to identify the BNP value with the greatest
165 predictive value. Patients with missing data for one or more parameters were included in the
166 study; however, each individual comparison was made by complete case analysis.

167 Statistical significance was defined as a p value < 0.05. No adjustments were made for multiple
168 comparisons.

169 **Results**

170 Baseline data was collected pre-operatively on 27 patients. Patient demographic data is
171 available in Table 1. All patients were alive at one-year follow up.

172 Ninety-eight percent (132/135) of planned BNP samples were taken, with three missing at the
173 two month time-point. Samples were missed at the two month time-point due to patients being
174 unwell in other hospitals and therefore being unable to attend for follow-up. Patients returned
175 90% (73/81) of MRC questionnaires and completed 85% (46/54) of walk tests. Two patients
176 did not attend their 6MWT either pre-operatively or at the two month time-point, and so were
177 excluded from 6MWT analysis.

178 **BNP**

179 BNP increased over time ($p < 0.01$, Friedman's) and was significantly elevated on POD1 and
180 POD2 ($p < 0.02$ for both, Wilcoxon Signed Rank Test) before returning to baseline two months
181 post-operatively (Figure 1). There was no association between the number of lung segments
182 resected and the increase in BNP from baseline to peak on POD2 ($r = 0.01$ $p = 0.96$,
183 Spearman's).

184 **BNP and Functional Capacity**

185 **MRC Scale – subjective functional assessment**

186 Self-reported MRC dyspnoea scores are expressed in Figure 2. There was a significant
187 difference in the distribution of MRC dyspnoea scores over time, with less patients reporting
188 being “not troubled by breathlessness” and more patients reporting functional limitation at both
189 post-operative time-points ($p = 0.03$, Friedman's). No patient reported improvement from
190 baseline on this scale.

191 BNP on POD1 was significantly associated with MRC scale results 2 months post-operatively
192 ($r = 0.56$, $p < 0.01$, Spearman's, Table 2). There was no association between pre-op BNP and
193 post-op MRC scale ($r = 0.24$, $p = 0.25$).

194 Six Minute Walk Test – objective functional assessment

195 Pre-operatively, the median six minute walk distance was 412 metres (360-486), which was
196 unchanged 2 months post-operatively at 420 metres (363-474; $p=0.64$, Wilcoxon Signed Rank
197 test). This comparison does not however reflect four patients who attended for 6MWT two
198 months post-operatively, but declined to attempt the test due to severe dyspnoea. In total 11
199 patients (44%) were either unable to walk as a result of severe dyspnoea, or walked at least
200 28 metres less than baseline and were classified as having ‘deteriorated functional capacity’
201 for the purposes of analysis.

202 Pre-op BNP was higher in patients with a reduced 6MWT distance ($p=0.01$, Mann-Whitney U).
203 There was a significant negative association between high pre-op BNP levels and low two
204 month post-op 6MWT distances ($r=-0.43$, $p=0.05$, Spearman’s). POD1 BNP was not
205 associated with two month post-op 6MWT ($r=-0.33$, $p=0.15$, Table 2).

206 Combined functional assessment - Composite of MRC scale and 6 Minute Walk Test

207 Seventeen patients (68%) demonstrated deteriorated functional capacity two months post-
208 operatively. Within the group showing no functional limitation, there was no change in BNP
209 over time ($p=0.34$, Friedman’s), however in the group demonstrating reduced functional
210 capacity, BNP was significantly increased from baseline on POD1 and POD2 before reducing
211 to baseline levels by 2 months post-operatively ($p<0.01$, Friedman’s test, Figure 3). BNP was
212 higher in the group showing deteriorated functional capacity compared to the group exhibiting
213 no change at all peri-operative time-points, including pre-operatively ($p<0.01$ for all, Mann
214 Whitney U, Figure 3). There were no differences in baseline demographics (including baseline
215 pulmonary function) between the two groups (Table 1).

216 Pre-operative BNP was found to be predictive of a deterioration in functional capacity 2
217 months post-operatively in this cohort, with an AUROC of 0.82 ($p=0.01$ 95% CI: 0.65-0.99,
218 Figure 4). A BNP of 46.5 pg/ml was found to have a sensitivity of 58% and a specificity of
219 100% to predict deterioration in functional capacity 2 months following surgery. This gives

220 pre-op BNP a Positive Predictive Value (PPV) of 100% and a Negative Predictive Value
221 (NPV) of 53%.

222 **Predicted Post-operative Lung Function**

223 Neither ppo-FEV1 nor ppo-DLCO were associated with MRC scale, 6MWT, or functional
224 deterioration two months post operation (Table 3). There was no difference between ppo-
225 FEV1 or ppo-DLCO when comparing those who suffered functional deterioration with those
226 who did not ($p=0.37$ and $p=0.27$ respectively, Independent Samples t-test, Figure 5).

227 **Discussion**

228 The main finding of this study is the observation that BNP is associated with patient reported
229 dyspnoea and 6MWT distance following lung resection, and has predictive ability in identifying
230 patients at risk of deterioration in functional capacity.

231 As in previous studies, our study demonstrated significant deterioration in functional capacity
232 following lung resection [3, 4]. In addition to significant changes in self-reported
233 breathlessness, it is striking that at 2-months post-operatively, four of the patients presenting
234 for post-operative follow-up declined to perform a 6MWT because they were “too breathless”.
235 Our study also echoes the previously reported finding that deterioration in functional capacity
236 was not well associated with changes in predicted post-operative lung function [5].

237 The observation of poor association between changes in functional capacity and lung function,
238 and the strong association between BNP, a quantitative biomarker of myocardial function and
239 functional capacity adds weight to the hypothesis that cardiac impairment may contribute to
240 limited functional capacity following lung resection. To date, there has been limited study of
241 the influence of cardiac function in determining exercise and functional capacity following lung
242 resection. Okada et al used volumetric pulmonary artery catheters to determine cardiac
243 function in 10 patients undergoing lung resection and demonstrated reduced ejection fraction
244 on exercise post-operatively [27]. Nezu et al performed cardiopulmonary exercise testing in
245 82 patients undergoing lung resection demonstrating significantly reduced peak oxygen

246 consumption and maximal workload post-operatively[12]. In this group both maximum heart
247 rate and oxygen-pulse were reduced and breathing reserve maintained post-operatively – a
248 pattern of changes suggestive of cardiac limitation.

249 Whilst previous studies have demonstrated increases in BNP post-operatively following lung
250 resection, the observation that pre-operative BNP is predictive of post-operative exercise
251 function two months later is a novel finding. It is plausible to suggest that BNP may have a
252 future role in pre-operative risk stratification in this population allowing early identification of
253 patients at increased risk of post-operative functional impairment. This could lead to several
254 potential patient benefits:

255 Firstly, this would serve to better inform the consent process. Recently revised guidelines on
256 lung cancer surgery from the UK National Institute of Health and Care Excellence (NICE)
257 recommend that patients considered to be at increased risk of *“dyspnoea and associated*
258 *complications”* should be offered surgical resection *“if they accept the risks”* [28]. Despite this,
259 conventional risk assessment protocols advocated in this guideline or by the British Thoracic
260 Society (BTS) [7], the American College of Chest Physicians (ACCP) [9] and the European
261 Respiratory Society / European Society of Thoracic Surgeons (ERS/ESTS) [8] focus on
262 prediction of post-operative dyspnoea by calculation of predicted post-operative lung function.

263 Secondly, with greater understanding of the mechanisms of post-operative cardiac
264 dysfunction, it may be possible to implement targeted strategies to reduce BNP and therefore
265 risk pre-operatively. Alternatively, it may be possible to use BNP (alone or in concert with, for
266 example, exercise testing) to stratify patients at increased risk of post-operative functional
267 impairment to a peri-operative therapeutic pathway seeking to prevent post-operative cardiac
268 dysfunction.

269 Current ESA/ESC guidelines recommend considering using BNP to obtain prognostic
270 information in high risk patients prior to non-cardiac surgery [21], yet the potential role of
271 natriuretic peptides in aiding peri-operative decision making in patients undergoing lung

272 resection is unclear. There is no discussion of BNP in either BTS[7], ACCP[9] or ERS/ESTS[8]
273 guidelines which specifically concern pre-operative assessment of patients undergoing lung
274 resection.

275 With BNP previously having been demonstrated to be predictive of the risk of early post-
276 operative complications [19] and long term survival following non-cardiac surgery [16], and
277 now in the current study to be predictive of longer term functional limitation, we suggest further
278 work is required to explore the potential utility of BNP in the pre-operative assessment of
279 patients undergoing lung resection.

280 This study found that a BNP level of 46.5 pg/ml had the greatest sensitivity and specificity to
281 predict deterioration in functional capacity in lung resection patients. This level of BNP
282 however is lower than what is classically considered to be pathological; we believe this cut-off
283 value allows identification of patients with sub-clinical cardiac dysfunction who are 'at-risk' of
284 post-operative cardiac dysfunction, and that the further insult of lung resection is the
285 precipitant that leads to functional deterioration. Previous work in other populations has
286 demonstrated that similarly modest BNP values are predictive of left ventricular systolic and
287 diastolic dysfunction [29, 30].

288 Limitations

289 As this study was an *a-priori* secondary endpoint of another study no power calculation was
290 performed. Sample size was relatively modest and this study may therefore have lacked the
291 statistical power to detect meaningful changes between time-points and associations between
292 variables. Similarly, the reported 'positive findings' would benefit from validation in a larger
293 patient cohort. As discussed, and an inherent risk in all observational research of this type,
294 there was a small amount of missing data in our study; a small proportion of this was due to
295 patients being too ill to undergo scans or partake in walking tests, and this may have acted as
296 a potential source of confounding. This is mitigated in part however by the patients who were
297 unwilling to perform post-operative 6MWT due to breathlessness being classified in the

298 analysis as having suffered a significant deterioration in functional capacity. There was no
299 quantification of the impact that pain had on patient dyspnoea.

300 Additionally our participants were limited to a single tertiary cardiothoracic referral centre, and
301 as such results may not be as applicable to other patient cohorts. Whilst the study population
302 appeared to typify the 'normal' West of Scotland thoracic surgical population, these patients
303 may bear a differing burden of comorbidity to those elsewhere. Finally, all of our patients
304 received an open lung resection, and less invasive surgery such as VATS may yield differing
305 results.

306 Conclusion

307 This study has demonstrated that preoperative BNP is as a predictor of functional deterioration
308 following lung resection. Using both subjective and objective measures of functional capacity,
309 pre-op BNP levels were shown to be predictive of post-operative functional deterioration, so
310 strengthening their potential for use in peri-operative risk stratification in this population.

311 **FUNDING**

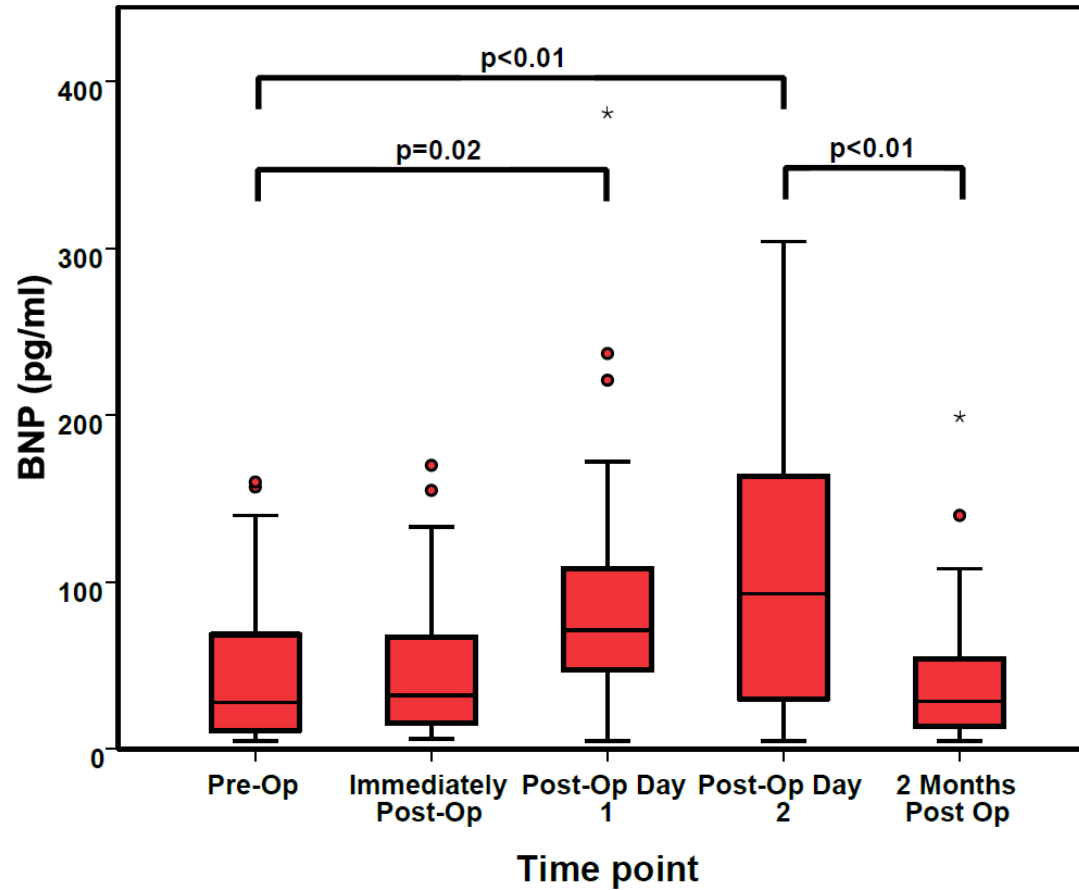
312 Funding for this project was provided by the Association for Cardiothoracic Anaesthesia and
313 Critical Care Project Grant 2012.

314 **COMPETING INTERESTS**

315 None

316 **ETHICS APPROVAL**

317 West of Scotland research ethics committee (134/WS/0055)

Figures and legends:**Figure 1 – Change in BNP levels throughout the peri-operative period.**

Change over time assessed via Friedman's test ($p < 0.01$), pair-wise comparisons between timepoints assessed via Wilcoxon Signed Rank Test.

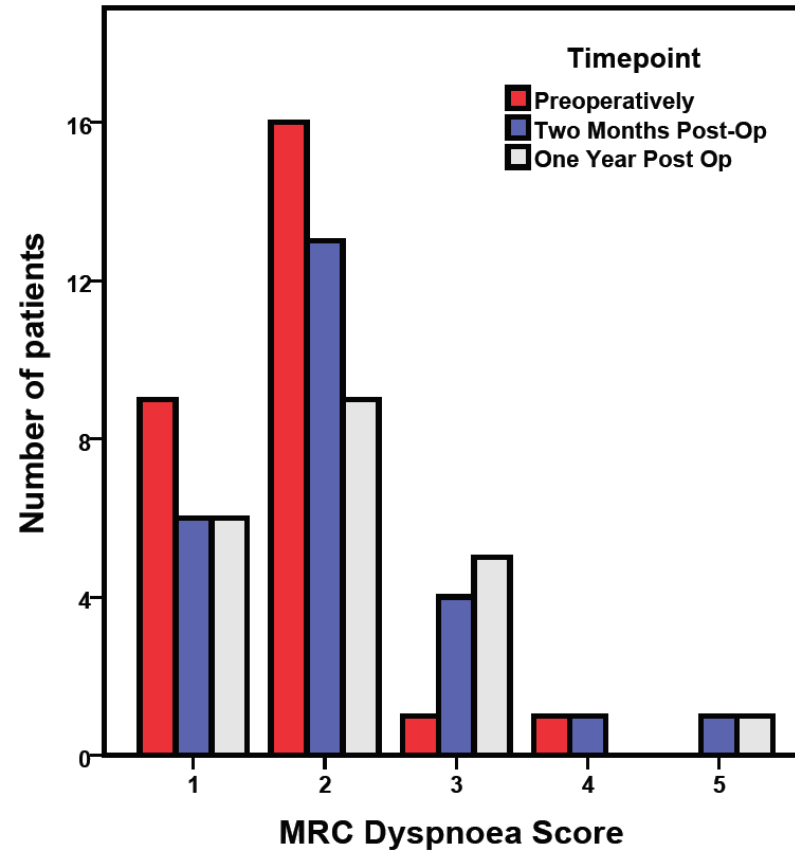


Figure 2 - Change in MRC dyspnoea scores over time.

Change over time **p=0.03** (Friedman's test).

MRC Score (35): 1 - Not troubled by breathlessness except on strenuous exercise. 2 - Short of breath when hurrying on the level or walking up a slight hill. 3 - Walks slower than most people on the level, stops after a mile or so, or stops after 15 minutes walking at own pace. 4 - Stops for breath after walking about 100 yds or after a few minutes on level ground. 5 - Too breathless to leave the house, or breathless when undressing.

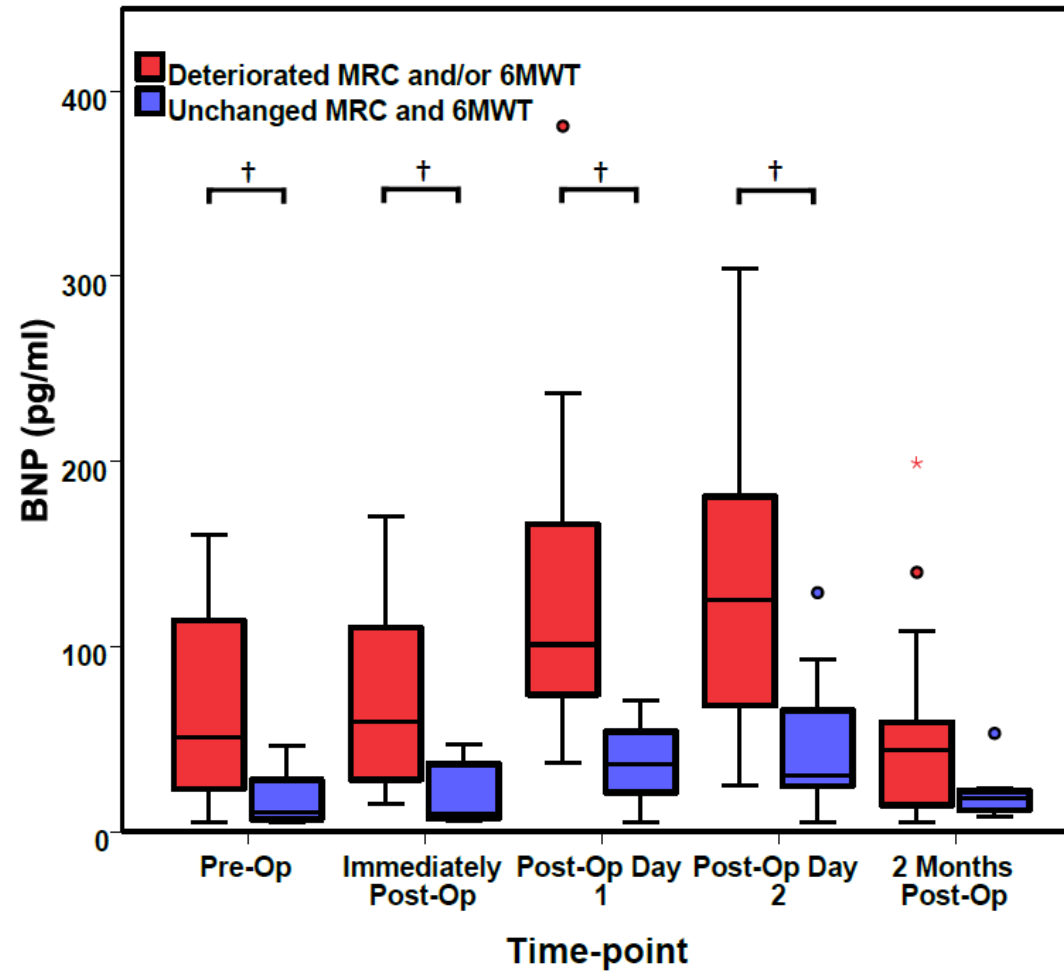


Figure 3 - Comparison of BNP levels between patients with deteriorated and unchanged functional capacity post-operatively. Change over time in patients showing functional deterioration – $p < 0.01$ (Friedman's). Change over time in patients showing no functional deterioration – $p = 0.03$ (Friedman's). Comparisons between groups carried out using Mann Whitney U Tests - † signifies $p < 0.01$.

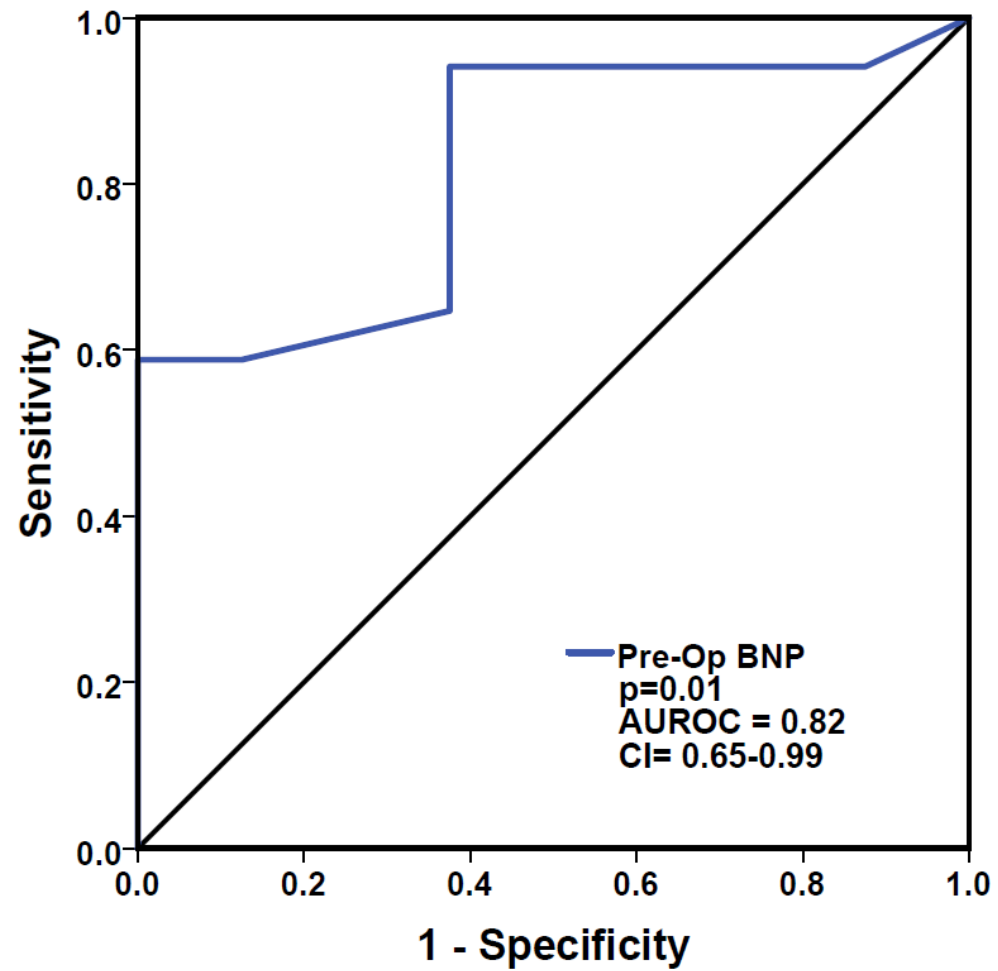


Figure 4 - ROC curve assessing ability of pre-operative BNP to predict Functional Deterioration 2 months post-operatively.

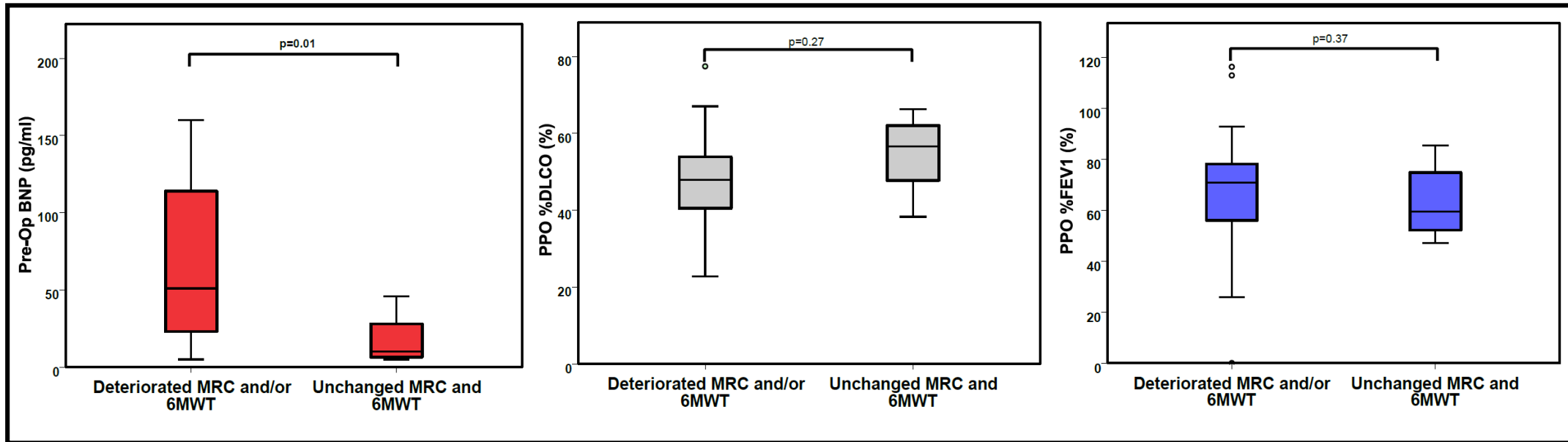


Figure 5 - Difference in BNP, predicted post-operative%FEV1, and predicted post-operative-DLCO between group showing functional deterioration, and group showing no functional deterioration.
Differences measured using independent samples t-test or Mann-Whitney U test.

Tables**Table 1 – Baseline Demographics.**

Differences assessed using independent samples t-tests, Mann-Whitney U tests, or Fisher's exact test.

	<u>All Patients</u> n=27	<u>Functional Deterioration</u> n=17	<u>Unchanged Functional Capacity</u> n=8	<u>p value</u>
Age	65.5±9.6	68.8±7.6	59±11.1	0.34
Male Gender	10(37%)	5(29%)	4(50%)	0.39
BMI	26.08±3.89	25.61±3.96	26.19±3.39	0.73
Smoking Status:				
- Current Smoker	13(48%)	9(53%)	4(50%)	-
- Ex-Smoker	12(44%)	7(41%)	3(38%)	-
- Never smoked	2(7%)	1(6%)	1(13%)	-
Pack Years	38±22	37±24	38±19	0.95
FEV1 % Predicted	84±30	88±35	80±17	0.57
PPO FEV1 (%)	68±21	72±24	63±14	0.37
FEV1/FVC Ratio (%)	64±18	72(50-75)	60 (55-76)	1
DLCO (mmol/kPa/min)	5.16±1.74	4.67±1.62	5.98±1.75	0.08
PPO DLCO (%)	51±12	49±13	55±10	0.27
Thoracoscore	0.78(0.52 - 0.83)	0.66(0.51-0.93)	0.57(0.42-0.8)	0.32
Pre-Op LVEF (%)	58(57-63)	60(54-65)	57(56-59)	0.53
Past Medical History				
- History of Cancer	7(26%)	5(29%)	2(25%)	1
- COPD	6(22%)	4(24%)	2(25%)	1
- Hypertension	9(33%)	4(24%)	3(38%)	0.64
- Heart Disease	6(22%)	3(18%)	2(25%)	1
- Obesity	2(7%)	1(6%)	0(0%)	1
- PVD	5(19%)	2(12%)	1(13%)	1
Number of segments resected	5 (3-5)	5 (3-5)	4 (3-5)	0.63
Type of resection				
- Pneumonectomy	1(4%)	1(6%)	0(0%)	-
- Upper Lobectomy	16(59%)	11(65%)	4(50%)	-
- Lower Lobectomy	6(22%)	2(12%)	3(38%)	-
- Extended Upper Lobectomy	1(4%)	1(6%)	1(13%)	-
- Extended Lower Lobectomy	3(11%)	2(12%)	0(0%)	-
Pathology				

- Primary Lung Cancer	24(89%)	16(94%)	6(75%)	-
- Metastatic Malignancy	1(4%)	1(6%)	0(0%)	-
- Benign Disease	2(7%)	0(0%)	2(25%)	-
Critical Care Stay (hours)	47.23 (29.21-53.47)	47.15 (28.7-51.25)	53.13 (29.5-71.45)	0.37
Hospital Stay (days)	8(7-11)	8(7-10.5)	9(7.25-19.5)	0.44

BMI: Body Mass Index; FEV1: Forced Expiratory Volume in 1 second; PPO: Predicted Post Operative; FVC: Forced Vital Capacity; DLCO: Diffusion capacity of the lung for carbon monoxide; LVEF: Left Ventricular Ejection Fraction; COPD: Chronic Obstructive Pulmonary Disease; PVD: Peripheral Vascular Disease.

Table 2**Association between BNP and measures of functional deterioration.**

Associations assessed via Pearson's or Spearman's correlation coefficients. Statistically significant results are highlighted in **bold**.

<u>BNP</u>	<u>6MWT two months Post-Op</u>		<u>MRC Scale two months Post-Op</u>	
	r	p value	r	p value
Pre-Op BNP	-0.43	0.05	0.24	0.25
POD1 BNP	-0.33	0.15	0.57	0.01
POD2 BNP	-0.01	0.38	0.33	0.11

Table 3**Association between predicted post-operative-lung function and measures of functional deterioration.**

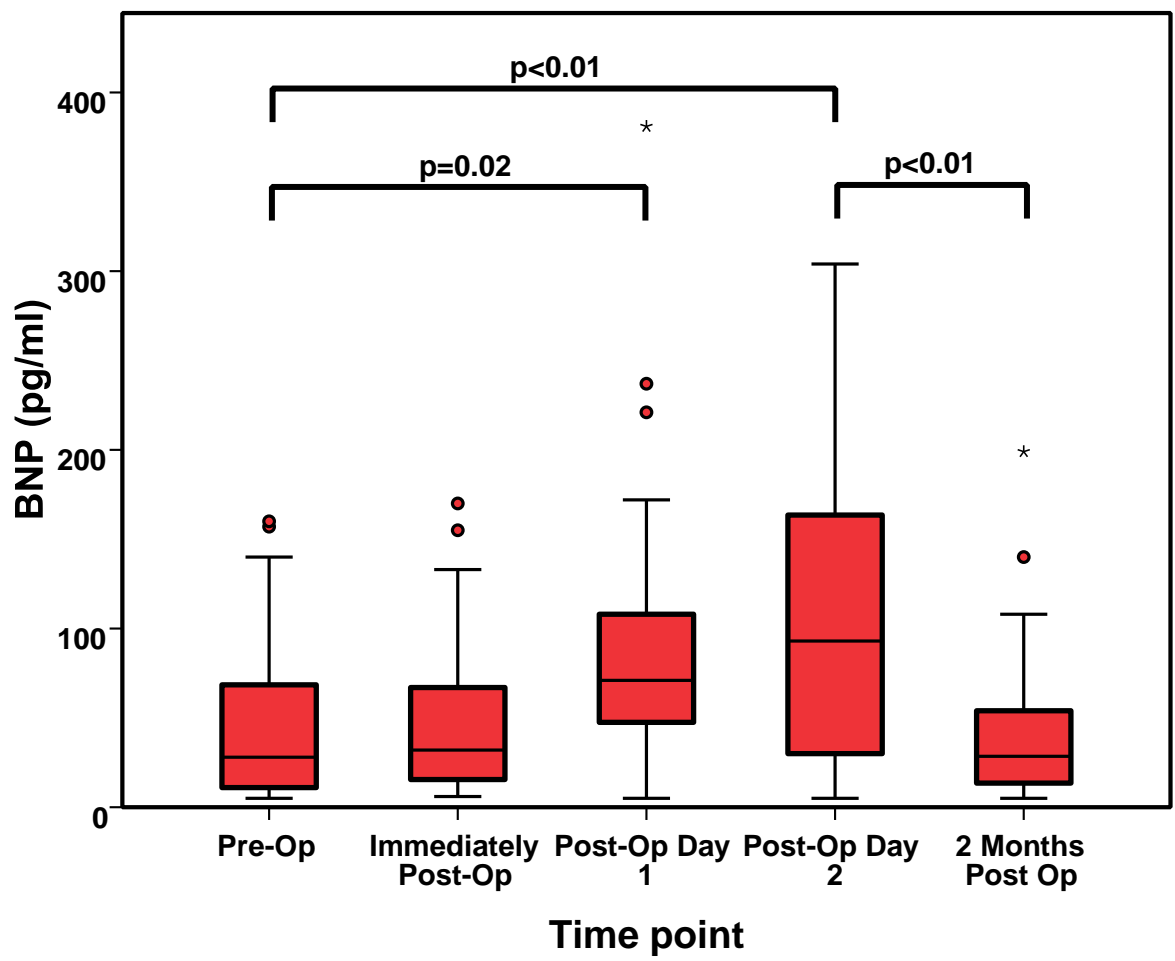
Associations assessed via Pearson's or Spearman's correlation coefficients. PPO, predicted post-operative; FEV₁, forced expiratory volume in 1 second; DLCO, diffusing capacity for carbon monoxide.

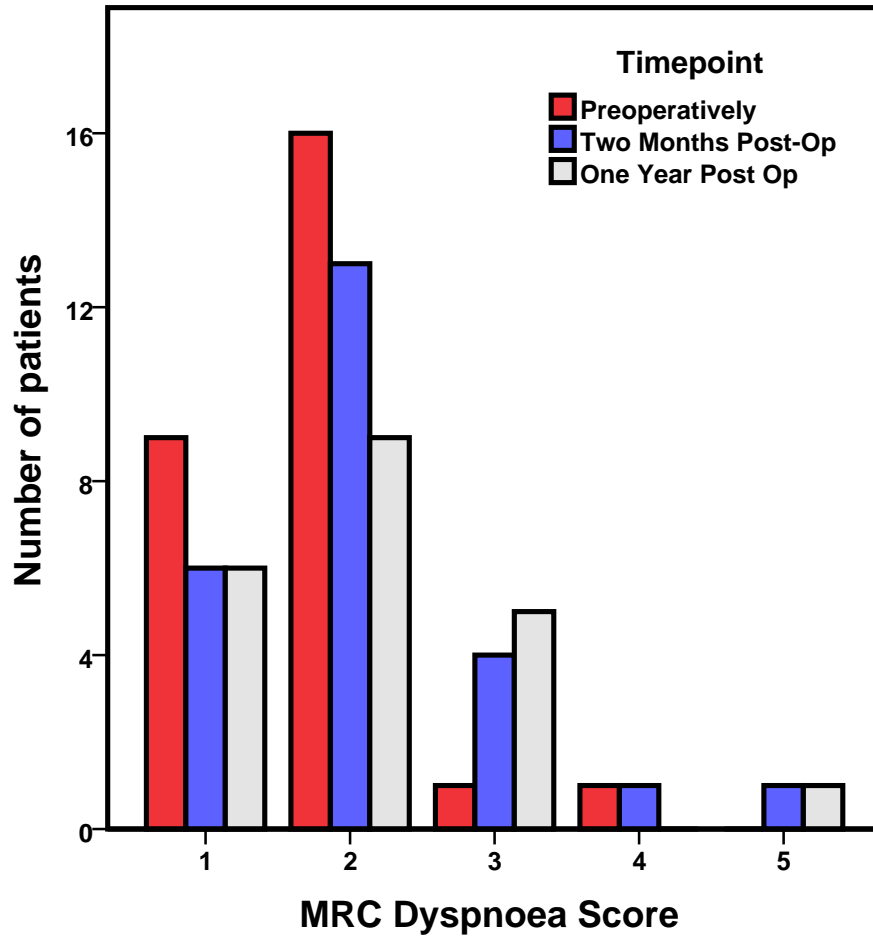
	6MWT two months Post-Op		MRC Scale two months Post-Op		Combined Functional Assessment two months Post-Op	
	r	p value	r	p value	r	p value
PPO FEV₁	0.09	0.7	-0.18	0.38	-0.12	0.57
PPO DLCO	-0.03	0.9	-0.27	0.19	0.26	0.21

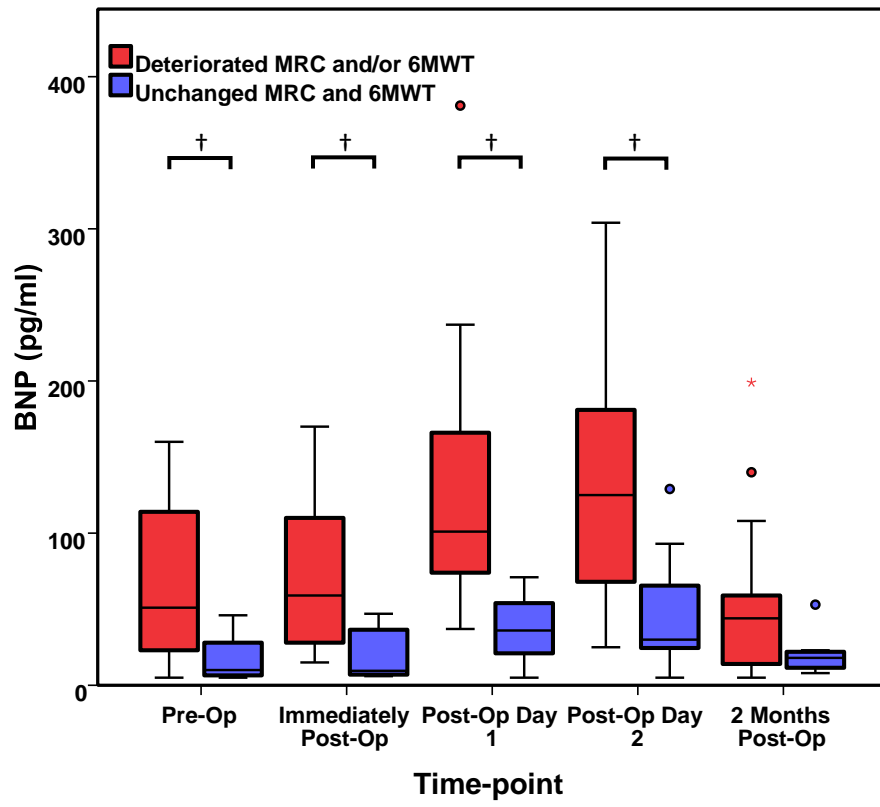
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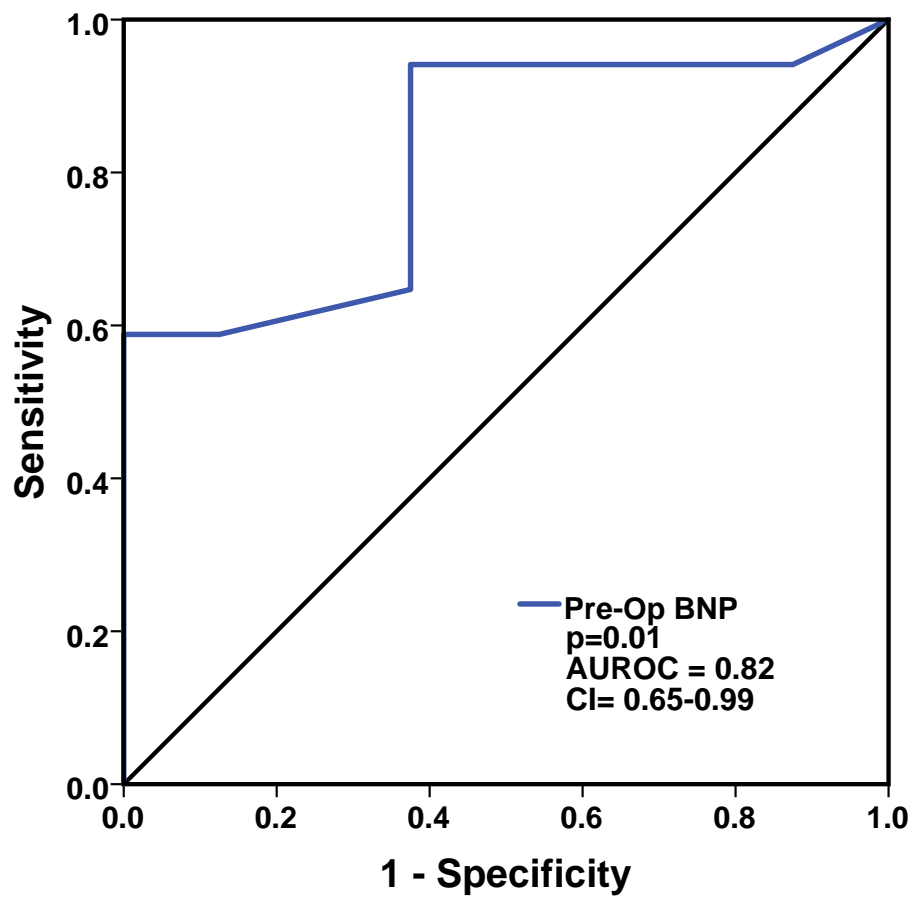
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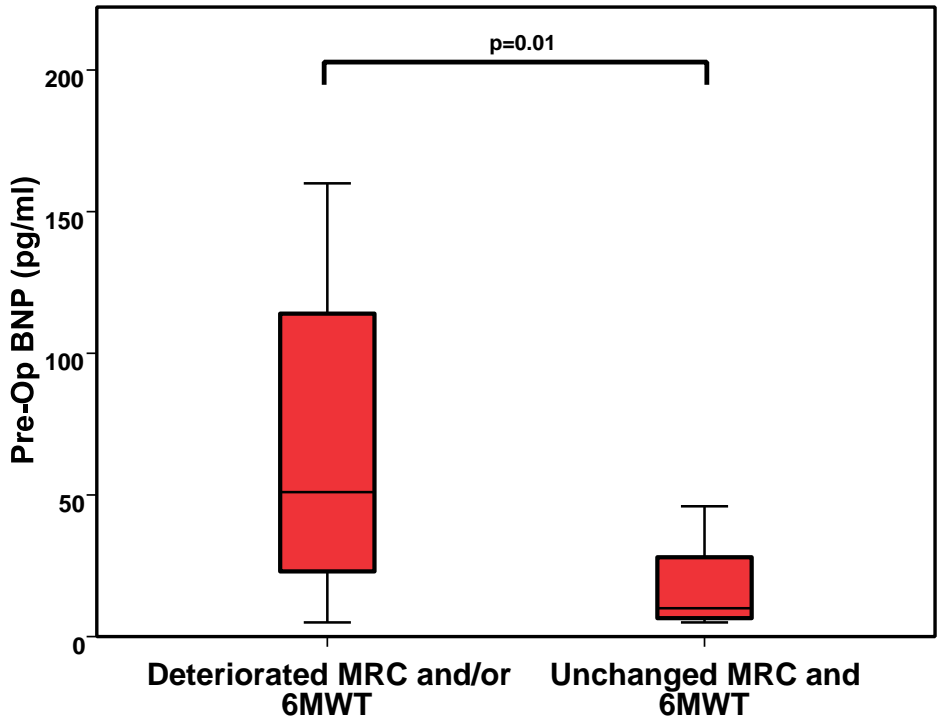
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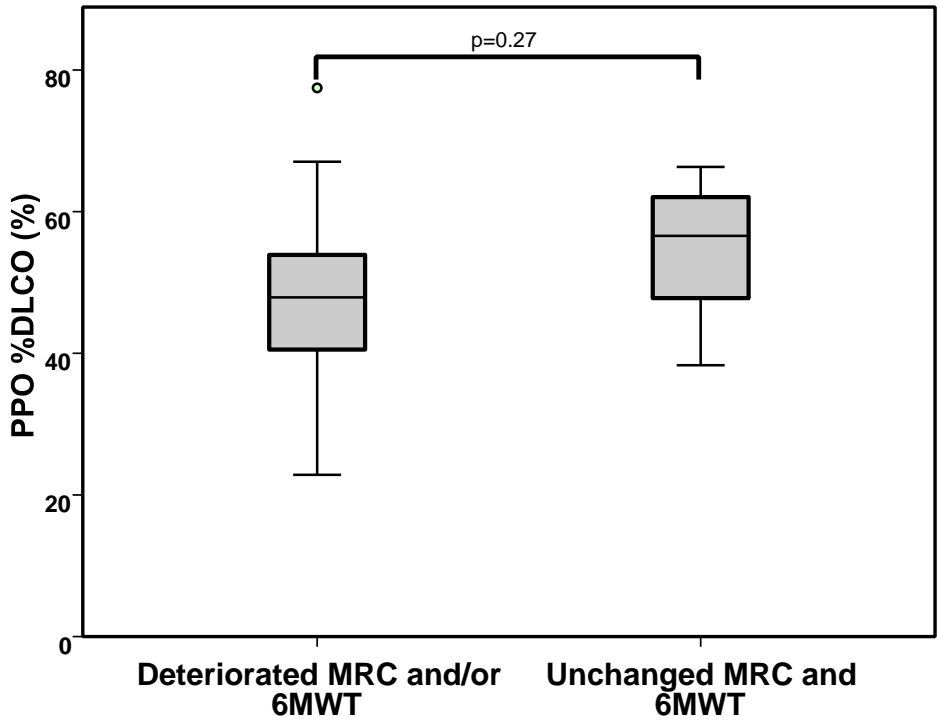


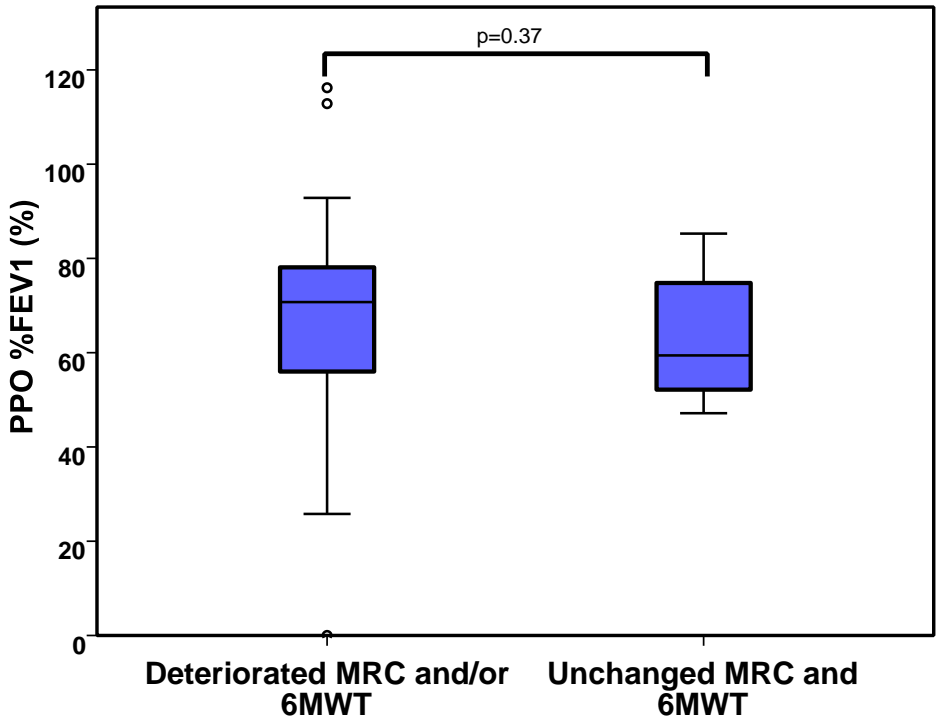












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BNP predicts deterioration in functional capacity following lung resection



Entire study population



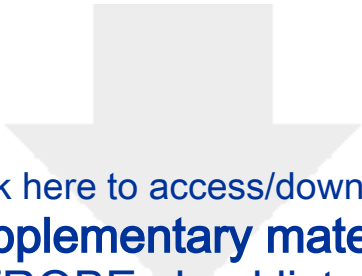
Deteriorated function



Patients with elevated BNP



No functional deterioration



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