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Quality index approach

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**Title:** Comparison of three types of drying (air, freeze and supercritical CO<sub>2</sub>) on the quality of packaged dried apple – Quality index approach

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## 1 **Abstract**

2 The aim of this study was to examine the effects of different drying technologies on nine quality  
3 characteristics of dried apples during a six month storage period at ambient temperature. In order to  
4 assign weight factor to each quality parameters, the quality function deployment method was used. For  
5 the purpose of this study, based on the quality parameters, a single total quality index has been  
6 introduced. Apples were dried in supercritical CO<sub>2</sub>, air-dried or freeze-dried, and subsequently packaged  
7 under different packaging conditions. At the beginning of the experiment, apples dried in scCO<sub>2</sub> had the  
8 best scores. After six months, samples dried in scCO<sub>2</sub> and freeze dried apples both packed in AluPE with  
9 100% N<sub>2</sub> scored similar. The six months shelf-life research revealed that measurable changes occur  
10 during the second half of the shelf-life where it is possible to clearly distinguish differences in the overall  
11 index of different dried samples.

12

13 **Key words:** supercritical drying; air-drying; freeze-drying; total quality index; apples

14

## 15 **1.0 Introduction**

16 One of the oldest fresh fruit preservation techniques is air-drying (Mujumdar, 2014). Adequate  
17 understanding of heat/mass transfer mechanism and correlation with drying parameters such as  
18 temperature, velocity and relative humidity of drying air is required for ideal quality dried product (Unal  
19 & Sacilik, 2011). Dried foods should maintain quality, such as flavour, texture, convenience, and  
20 functionality, increasing the nutritional content (Rahman, 2005).

21 At the moment, the most widely used drying techniques are air-drying and freeze-drying. Use of elevated  
22 air-drying temperatures implies quality degradation of the fruit (Adiletta, Russo, Senadeera, & Di Matteo,  
23 2016; Sette, Salvatori, & Schebor, 2016). Freeze-drying ensures high quality dehydration of fruit but can  
24 produce porous, brittle, amorphous and hygroscopic structures (de Santana, et al., 2015). Bonazzi and  
25 Dumoulin (2011) highlighted various aspects of dried product quality such as appearance in terms of  
26 colour and shape, taste as well as rehydration or dissolving rate, stability over time and type of

27 packaging. Literature review shows that most research was performed in analysing different quality  
28 characteristics of dried fruit such as physical and mechanical properties (Sette, et al., 2016), colour  
29 (Ceballos, Giraldo, & Orrego, 2012) and texture profile analysis (Rizzolo, et al., 2014).  
30 Supercritical drying process is a recently introduced process as an alternative to conventional drying  
31 techniques assisted by the use of supercritical fluids, usually scCO<sub>2</sub> (García-González, Camino-Rey,  
32 Alnaief, Zetzi, & Smirnova, 2012). In this process, supercritical CO<sub>2</sub> is used to dry the product but  
33 simultaneously an inactivation of micro-organisms is achieved due to the antimicrobial activity of the  
34 supercritical CO<sub>2</sub>. This type of drying is considered as an attractive preservation technology meeting  
35 consumers' demands for a product with a high nutritional and sensory quality (Ferrentino, Balzan, &  
36 Spilimbergo, 2013). Its main advantage is the relatively low temperature which avoids the thermal  
37 effects of the traditional heat pasteurization, retaining the food freshness in combination with its  
38 decontaminating effect (Spilimbergo, Komes, Vojvodic, Levaj, & Ferrentino, 2013).

39

## 40 **1.1 Food quality**

41 Food quality is considered as a complex concept measured using objective indices (Araujo, et al., 2014).  
42 Constraints in developing a single total quality score are use of different units for measuring various  
43 quality parameters, and no consensus about the weight of each parameter (Finotti, Bersani, & Bersani,  
44 2007). Various quality index methodologies were developed for different types of food such as extra-  
45 virgin olive oil (Finotti, et al., 2007), farmed tambaqui (*Colossoma macropomum*) (Araújo, De Lima, Joele,  
46 & Lourenço, 2017) and mushrooms (Djekic, et al., 2017b). Quality models for innovative drying  
47 technologies such as supercritical drying process have not been proposed.

48 Quality function deployment (QFD) is a tool developed to design quality aimed at satisfying the customer  
49 and transforming the customer's demands into quality targets (Akao, 1990; ReVelle, 2004). The very first  
50 step in applying QFD is to develop a house of quality (HOQ) and translate customer requirements to  
51 quality characteristics (Park, Ham, & Lee, 2012). Such a HOQ enables calculating weight importance of  
52 each quality characteristic. Literature review reveals use of QFD for chocolates (Viaene & Januszewska,

53 1999), extra virgin olive oil, (Bevilacqua, Ciarapica, & Marchetti, 2012), Bulgogi bovine meat, (Park, et al.,  
54 2012) and organic products (Cardoso, Casarotto Filho, & Cauchick Miguel, 2015). No QFD application on  
55 any food drying technology has been reported.

56 Led by the perspective of using scCO<sub>2</sub> drying for its outspoken microbial inactivation properties, the aim  
57 of this study was to examine the effect of three drying technologies (classical air drying, freeze drying  
58 and scCO<sub>2</sub> drying) and the use of different MAP systems in order to evaluate quality characteristics of  
59 dried apples, stored for 6 months in ambient conditions. For the purpose of this study based on nine  
60 quality parameters, a mathematical model for calculating a single total quality index of dried apples  
61 packed in modified atmosphere during shelf-life has been introduced.

62

## 63 **2.0 Material and methods**

64 Two independent research trials were performed in order to develop the quality model. The first trial  
65 was designed for consumers to identify their preferences towards quality characteristics of dried apples.  
66 The second trial included the changes of selected quality characteristics of dried apple cuts during six  
67 months of modified atmosphere storage.

68

### 69 **2.1 Field research**

70 The survey on consumers' perception of quality of apples has been conducted during the end of 2016.  
71 Total of 85 respondents from Belgrade as the biggest and most developed food markets in Serbia were  
72 interviewed. The questionnaire consisted of two sections. The first section included general demographic  
73 information about the respondents. The second section gave the respondents the opportunity to rank  
74 eight sensory / quality characteristics of dried apples (apple skin colour, apple flesh colour, odour, overall  
75 flavour, sourness, sweetness, and crunchiness) from 1='the least important' to 8='the most important'.  
76 These characteristics were chosen in line with the research of Tomic, Radivojevic, Milivojevic, Djekic, and  
77 Smigic (2016) and Rahman (2005).

78

79 **2.2 Dried apple samples**

80 Granny Smith apples of the harvest 2016 with uniform size, firmness, colour, ripening and maturity, prior  
81 storage and without obvious sunburn, red blush, and pale green colour were cut into semi-circular slices  
82 and dried using three different drying methods: air drying in a stagnant belt dryer (temperature 60°C,  
83 drying time 8h), freeze drying (pressure: 0.2 mbar during sublimation and 0.05 mbar during desorption:  
84 temperature of sublimation was maintained at -25°C and gradually increased to 40°C during desorption;  
85 drying time 24h) and supercritical drying using CO<sub>2</sub> (pressure 125 bar; temperature 50°C; drying time  
86 16h). Before drying, all samples were prepared in the shape of semi-circular cuts with diameter 50-55mm  
87 and thickness 2.2 – 2.5mm (Defraeye, 2017).

88 Dried apples were packed under modified atmosphere using different packaging materials (Table 1) as  
89 follows: CO<sub>2</sub> dried packed in PE with air (C-α); CO<sub>2</sub> dried packed in EVOH-PE with 100% N<sub>2</sub> (C-β); CO<sub>2</sub> dried  
90 packed in AluPE with 100% N<sub>2</sub> (C-γ); Air dried packed in AluPE with 100% N<sub>2</sub> (A-γ); Freeze dried packed in  
91 AluPE with 100% N<sub>2</sub> (F-γ). Each package contained cca. 100g of dried fruit. Packed dried-apple samples  
92 were stored at ambient temperature (≈22°C) during 6 months and were sampled for analysis after 0  
93 months (within 15 days), 3 months and 6 months of storage.

94  
95 **2.3 Colour changes**

96 Visual colour of 10 dried apples slices was measured on both cut surfaces of each slice using colour  
97 analyser (RGB-1002, Lutron Electronic). Data were further expressed in CIELAB coordinates (L\*, a\* and  
98 b\*). Total colour difference (ΔE) was determined by using the equation 1 (Hunter & Harold, 1987):

99 
$$\Delta E = \sqrt{(L^* - L_0^*)^2 + (a^* - a_0^*)^2 + (b^* - b_0^*)^2} \quad /1/$$

100 Values for a<sub>0</sub>, b<sub>0</sub>, L<sub>0</sub> were values obtained from the apples dried in supercritical CO<sub>2</sub> just after drying.  
101 Browning index (BI) of dried apples was calculated using equation 2 (Maskan, 2001; Oliveira, Sousa-  
102 Gallagher, Mahajan, & Teixeira, 2012).

103 
$$BI = \frac{(a^* - a_0^*)^2 + (b^* - b_0^*)^2}{L^*} \quad \text{where} \quad L^* = \frac{100 - 1.0249 a^{*2} - 0.4242 b^{*2}}{1 + 0.07511 a^{*2} + 0.07809 b^{*2}} \quad /2/$$

104

## 105 **2.4 Texture profile analyses**

106 Texture profile analysis of the dried apples was conducted using a texture analyser (Brookfield CT3  
107 Texture analyser). Trigger was set at 10g. Dried apple slices were compressed with a sphere of 12.7mm in  
108 diameter setting the deformation of 1.0 mm. The speed of the probe was 0.1mm/s during the  
109 penetration. The left and right positions of each slice were used for measurements. Hardness,  
110 cohesiveness and springiness as quality parameters were recorded. Measurements were performed on  
111 eight dried apple slices in two replicates for each treatment.

112

## 113 **2.5 Sensory analysis**

114 Sensory quality rating was conducted by a trained 8-member panel consisted of researchers from the  
115 University of Belgrade who participated in the research. The analysis was performed using a 5-level  
116 quality scoring method as follows: excellent quality (quality score > 4.5); very good quality (3.5 < score ≤  
117 4.5); good quality (2.5 < score ≤ 3.5); poor/unsatisfactory quality (1.5 < score ≤ 2.5); very poor quality  
118 (score ≤ 1.5). Four initially selected characteristics were evaluated: appearance, odour, oral texture, and  
119 flavour. Each of the five integer quality scores (1-5) was divided into fourths, to obtain a category scale  
120 with 20 alternative responses. All of the samples (Table 1) were evaluated by the panel in two  
121 replications after 0 months (within 15 days), 3 months and 6 months of storage.

122

## 123 **2.6 Statistical analysis**

124 Colour and texture data were analysed by applying one-way and two-way ANOVA models (combining  
125 'drying methods', 'storage time' and 'packaging' as fixed factors) followed by Tukey's HSD *post-hoc* test.  
126 Sensory data were first subjected to 3-way ANOVA with 'assessors' and 'replications' as random factors.  
127 Then, in order to assess the influence of drying methods, storage time, and packaging condition on  
128 sensory quality scores, two 4-way ANOVA models were applied (both with 'assessors' and 'replications'  
129 as random factors): one included only scCO<sub>2</sub>-dried samples with 'storage time' and 'packaging' as fixed

130 factors; the second one included only the  $\gamma$  samples (Table 1) with 'storage time' and 'drying methods' as  
131 fixed factors. Tukey's HSD test was used to separate the mean sensory scores.

132 The ranking data based on consumers' attitudes towards sensory quality characteristics of dried apples  
133 were analysed using Friedman's test followed by the least significant difference *post-hoc* test (ISO, 2006).  
134 The level of statistical significance was set at 0.05. Statistical processing was performed using Microsoft  
135 Excel 2010 and SPSS Statistics 17.0.

136

## 137 **2.7 Quality function deployment**

138 HOQ used in this paper (Figure 1) consists of three elements: A: demanded quality (WHATs); B: quality  
139 characteristics (HOWs); C: relationship matrix (WHAT vs. HOW). This HOQ was modified according to  
140 Chan and Wu (2005), Park, et al. (2012) and Djekic, et al. (2017a). Ranking of predetermined sensory  
141 attributes (apple skin colour, apple flesh colour, odour, overall flavour, sourness, sweetness, juiciness,  
142 crunchiness) from the field research was used as inputs for defining weight importance of defined quality  
143 characteristics.  $W_i$  is the weight importance of the 'i' demanded quality characteristics identified by the  
144 consumers. Relative weight is the percentage of the weight importance divided by the sum of all weight  
145 importance, equation 3.

$$= \frac{W_i}{\sum} * 100 [\%]$$

146 /3/

147 The nine quality characteristics (HOWs) used in the matrix were the characteristics identified as colour  
148 parameters ( $\Delta E$  and BI), sensory properties (appearance, odour, oral texture and flavour) and texture  
149 parameters (hardness, cohesiveness and springiness). Relationships between the WHATs and HOWs in  
150 order to identify weight importance were calculated using the following scale of relationships: '9' - very  
151 strong, '3' - strong, '1' - weak, and '0' no relationship (Cardoso, et al., 2015; Park, et al., 2012). Absolute  
152 weight importance was calculated using equation 4:

153 /4/



154 Where:

155  $RW_i$  is the relative weight (WHATs) of 'i' demanded quality characteristic (n – number of demanded  
156 quality characteristics).

157  $RS_{ij}$  is the relationship score (WHATs vs. HOWs) between demanded quality characteristic 'i' and product  
158 quality characteristics 'j' (m – number of product quality characteristics). Based on the absolute  
159 importance, the relative absolute weight importance (RAW) was finally calculated (Park, et al., 2012).

160

## 161 **2.8 Total quality index**

162 The quality parameters have been divided into three groups, in line with the work of Finotti, et al. (2007).

163 Parameters of the first kind are the ones with a target value. The following rule applies - 'the nearer to  
164 the target values the parameter is, the better the quality is', equation 5:

$$= \frac{2 * ( - )}{-}$$

165 /5/

166 Where: QI – quality index for a parameter;  $x_i$  – measured value in the subset of values; T - target value;  
167  $x_{max}$  – maximal value in the subset of values;  $x_{min}$  – minimal value in the subset of values. Four sensory  
168 attributes were included in this rule (target values = 5).

169 Parameters of the second kind have the following rule: 'the smaller the value is, the better the quality is'.

170 For this type of parameters, QI is calculated based on equation 6:

171 = ——— /6/

172 Where:

173 QI – quality index for a specific quality parameter;  $x_i$  – measured value in the subset of values;  $x_{max}$  –  
174 maximal value in the subset of values. Colour parameters were included in this group ( $\Delta E$  and BI).

175 Parameters of the third kind have the following rule: 'the higher its value, the better the quality is'. For  
176 this type of parameters, QI is calculated based on equation 7:

177

$$= \frac{x_i}{x_{\max}} ; x_i \leq x_{\max}$$

/7/

178 Where:

179 QI – quality index for a specific quality parameter;  $x_i$  – measured value in the subset of values;  $x_{\max}$  –  
 180 maximal value in the subset of values. Texture quality parameters were included in this group.

181 Upon calculation of all QIs, we can assume that in the new Euclidean space  $R^m$  ( $m$  is the number of  
 182 quality parameters) quality indexes are considered as vectors  $QI = (QI_1, QI_2, \dots, QI_m) \in R^m$  (Horn &  
 183 Johnson, 1985). The Euclidean norm of the vector, whose components are the indexes QI, multiplied by  
 184 weighting factors (RAW) will represent the overall total quality index (TQI) equation 8 (Finotti, et al.,  
 185 2007).

$$= \frac{\sum_{i=1}^m QI_i \cdot RAW_i}{\sum_{i=1}^m RAW_i}$$

186

/8/

187 As a conclusion, the “rule of thumb” is that the further from the origin the vector, the worse its “TQI” is,  
 188 and the nearer from the origin the vector, the better the “TQI” (Finotti, et al., 2007).

189

### 190 3.0 Results and discussion

#### 191 3.1 Field research

192 Figure 2 presents the results of examining consumer attitudes towards sensory quality characteristics of  
 193 dried apples showing that product flavour obtained the highest rank sum and is overall considered as the  
 194 most important sensory / quality characteristic. Crispiness is the least important and the other  
 195 characteristics are in between and equal but significantly different from flavour and crispiness. This  
 196 information was included within demanded quality characteristics (WHATs) in QFD.

197

198

### 199 3.2 Colour changes

200 In this study, different drying technologies initially induced colour changes (Table 2). The colour of air  
201 dried and freeze dried apples were statistically different compared to the colour of apples dried in scCO<sub>2</sub>  
202 ( $p < 0.05$ ) in all three measurement periods. After six months, all samples (except A- $\gamma$ ) showed significant  
203 differences compared to the beginning of the experiment. Depending on the value of  $\Delta E$ , when this value  
204 is below 2.0, trained observers may notice the difference while when this values is over 3.5 than a clear  
205 difference in colour is noticed even by average observers (Mokrzycki & Tatol, 2011). The largest colour  
206 differences were for A- $\gamma$  samples. Colour changes may occur due to degradation of pigments or non-  
207 enzymatic Maillard browning (Dadali, Demirhan, & Özbek, 2007).

208 The browning index (BI) is used to characterize the overall changes in browning colour and is one of the  
209 most common indicators of browning in food products containing sugar (Quitão-Teixeira, Aguiló-Aguayo,  
210 Ramos, & Martín-Belloso, 2008). Browning of apples may results from both enzymatic or non-enzymatic  
211 reactions and may differ depending on the apple cultivar (Putnik, et al., 2017). The formation of  
212 browning in dried fruits is often associated with the Maillard reaction (Baini & Langrish, 2009) but Persic,  
213 Mikulic-Petkovsek, Slatnar, and Veberic (2017) confirmed that non-enzymatic browning is dominant in  
214 heat-processed products. Assessing the formation of browning in dried food helps in the selection of an  
215 appropriate drying technique, which minimizes the degradation of quality in terms of colour (Pathare,  
216 Opara, & Al-Said, 2013). Our results indicate that this index increases over time and was initially the  
217 largest for air dried samples compared to other samples ( $p < 0.05$ ). The colour changes in samples C- $\alpha$ , C- $\beta$   
218 and F- $\gamma$ , reflected through browning index, were statistically significant ( $p < 0.05$ ) after six months of  
219 storage.

220 Two way ANOVA confirmed statistically significant interactions between different drying technologies  
221 and shelf-life on both colour differences and browning index ( $p < 0.05$ ).

222

223

### 224 3.3 Sensory analysis

225 The results of sensory quality judging are shown in Table 3. Different ANOVA models applied on the  
226 quality scores of the evaluated sensory characteristics showed significant changes in sensory quality as  
227 affected by 'drying method', 'storage time' and 'packaging'. The most affected were the samples packed  
228 in PE/Air (C- $\alpha$ ) and EVOH-PE/N<sub>2</sub> (C- $\beta$ ), followed by the air-dried sample (A- $\gamma$ ). At the end of the observed  
229 period, the quality scores of C- $\alpha$  and C- $\beta$  samples were within the ranges of 'poor' and 'very poor'  
230 quality, while A- $\gamma$  sample retained its initial sensory quality to a greater extent than the former two. Air-  
231 drying of apple cuts led to the product characterized by pronounced shape deformation, well preserved  
232 skin colour, yellowish-brown colour of meat, as well as pronounced hardness, brittleness, and apple  
233 odour and flavour.

234 The effects of different types of packaging on sensory quality of dried apple were assessed by observing  
235 only the three scCO<sub>2</sub>-dried samples (Table 1). The effect of supercritical CO<sub>2</sub> drying was reflected in partly  
236 deformed shape of the apple cuts, the appearance of reddish/pinkish discolorations in flesh originating  
237 from the skin colour, the appearance of cracks on the flesh surface, relatively intensive crispiness, good  
238 chewiness, and pleasant apple flavour. According to the ANOVA results, it seems that after relatively  
239 short period of storage for dry fruits (3 months) 'type of packaging' did not affect the evaluated sensory  
240 characteristics. Statistically significant decrease was found only in texture quality, when compared  $\gamma$   
241 packaging with  $\alpha$  and  $\beta$  (Table 1). Decrease in quality of practical significance was observed only in C- $\alpha$   
242 and C- $\beta$  samples after 6 months of storage (the scores within the ranges of 'poor' and 'very poor'  
243 quality). After six months of storage, C- $\alpha$  and C- $\beta$  became darker yellow-brown to grayish-brown in  
244 colour, typical apple odour and flavour were lost and replaced by hay-like odour and empty dried-fruit  
245 flavour, crispiness had completely disappeared and they became soggy, more adhesive on first bite and  
246 chew, and also with increased chewiness. Traces of mould growth and musty flavour were also noticed in  
247 sample C- $\alpha$ , which resulted in lower score values as compared to C- $\beta$ . The presence of moulds and musty  
248 sensory properties are probably correlated with each other.

249 Taking only  $\gamma$  samples into account (the samples packed in Alu-PE/N<sub>2</sub>, Table 1), the results showed that  
250 'drying method' significantly affected appearance and texture over the observed storage time. The best  
251 preserved sensory characteristics were found in the freeze-dried sample (F- $\gamma$ ). After six months of  
252 storage all of the evaluated characteristics of F- $\gamma$  sample retained their initial level of sensory quality  
253 ('excellent' or 'very good'). The sample F- $\gamma$  was characterized by apple-cuts of regular shape (not  
254 deformed), pale yellow colour of meat without red discolorations, typical apple flavour with pleasant  
255 sourness, crispiness (at certain level even after six months of storage), low hardness, and also good  
256 chewiness. In order to compare the effects of supercritical CO<sub>2</sub> drying and freeze-drying, the results  
257 showed no statistically significant differences in quality scores between C- $\gamma$  and F- $\gamma$  (with the exception  
258 of 'appearance') over the period of storage. All of the quality scores of C- $\gamma$  sample are found in the range  
259 of 'very good' quality. Unlike F- $\gamma$ , the sample C- $\gamma$  was characterized by reddish/pinkish discolorations of  
260 meat, shape deformations of apple cuts (at low level), the presence of cracks on meat surface, as well as  
261 lower intensity of apple flavour. These results led us to the conclusion that the supercritical drying, as an  
262 emerging drying technology, can bring and retain for at least six months the same sensory quality level of  
263 dried apples as it can be obtained by freeze-drying, provided the product is packed in non-permeable  
264 and inert packaging (such as Alu-PE/ N<sub>2</sub>).

265

### 266 **3.4 Texture profile analysis**

267 Hardness of dried apples showed a gradual decrease for all samples over the storage period, with the  
268 highest decrease level found in C- $\beta$  and F- $\gamma$  (Table 4). This is in accordance with the results of Kutyla-  
269 Olesiuk, Nowacka, Wesoly, and Ciosek (2013) showing that drying methods influence mechanical  
270 properties of dried apples. This is mainly since water content has an impact on the loss of the fragility of  
271 dried products (Labuza, et al., 2004).

272 Comparison of hardness of different dried samples during the same storage period showed no statistical  
273 difference ( $p > 0.05$ ). Taking the storage time as a factor, significant decrease in hardness was found in  
274 samples C- $\alpha$ , C- $\beta$  and F- $\gamma$  mainly after the period of six months. Two way ANOVA revealed that including

275 different drying technologies and the storage time as factors, showed no statistically significant  
276 interaction between the factors ( $p>0.05$ ) related to hardness.

277 Cohesiveness was the texture characteristic that showed significant changes in values ( $p<0.05$ ) taking  
278 into account both the period of storage and drying methods. Also, a two way ANOVA confirmed that  
279 there was a statistically significant interaction between different drying technologies and storage time on  
280 cohesiveness ( $p<0.05$ ).

281 Freeze-drying of apple cuts resulted in lower level of the product springiness ( $p<0.05$ ) as compared to  
282 scCO<sub>2</sub>-drying and air-drying methods. However, at the end of the shelf-life samples showed no  
283 statistically significant differences ( $p>0.05$ ). Results show that during the shelf life, samples C- $\gamma$  and F- $\gamma$   
284 expressed statistically significant differences ( $p<0.05$ ). Two way ANOVA confirmed that there was no  
285 statistically significant interaction ( $p>0.05$ ) between different drying technologies and shelf-life on  
286 springiness.

287

### 288 **3.5 Quality function deployment**

289 Upon completion of the field research and laboratory testing of dried apples during the six-month  
290 period, the next step was to complete the HOQ and establish absolute and relative importance of each  
291 quality characteristic. Figure 3 reports the relative and absolute importance of the quality characteristics  
292 for dried apples packed in modified atmosphere. The three most important characteristics are flavour  
293 with 21.5% of RAW, followed by total colour difference (20.1%) and odour (15.8%).

294

### 295 **3.6 Total quality index**

296 Figure 4 shows the final TQI scores of the dried apples. At the beginning of the experiment, apples dried  
297 in scCO<sub>2</sub> (regardless of the packaging) had the best TQI scores. After three months similar results were  
298 obtained for samples dried in scCO<sub>2</sub> and freeze dried apples (scores between 0.39 – 0.44). Only air dried  
299 samples had a worst score. However, after six months, samples C- $\alpha$  and C- $\beta$  expressed the worst scores  
300 while C- $\gamma$  and F- $\gamma$  had similar scores.

301 This method of calculating a unique TQI is capable of comparing and evaluating apples dried in different  
302 drying technologies and packed in different MAPs in a quantitative way. It is sensitive to any  
303 displacement of QI from their optimal and/or target values (Finotti, et al., 2007). Also, this model can  
304 enable a large-scale comparison of various products packed in MAPs and was found reliable, precise, and  
305 simple tool for monitoring TQI during shelf-life (Djekic, et al., 2017b).

306

#### 307 **4.0 Conclusion**

308 This research indicates potential of QFD and the case of a novel total quality index (TQI) in analysing the  
309 shelf-life of dried apples packaged and stored under modified atmosphere. QFD enabled merging  
310 consumer research of the most important sensory attributes, and made it possible to transfer these  
311 demanded quality characteristics to measurable product characteristics. As an outcome QFD calculated  
312 the importance of quality characteristics typical for dried apples packaged in modified atmosphere and  
313 identified the most important attributes that play a significant role in consumer preference. This study  
314 established a mathematical index of TQI in order to evaluate the total quality of dried apples packed in  
315 different types of packaging during shelf life. This model enables the evaluation and comparison of  
316 different types of packaging during the shelf-life.

317 Results revealed two phases in quality deterioration of dried apples during six months of shelf life. TQI  
318 showed that measurable changes occur during the second half of the shelf-life where it is possible to  
319 clearly distinguish differences in the overall TQI. Although at the end of shelf life samples C-γ and F-γ had  
320 similar scores, there is the additional advantage of fruit dried in scCO<sub>2</sub> by guaranteeing safety as an  
321 inactivation is obtained and these products are typically eaten raw.

322

#### 323 **Acknowledgement**

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327

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424 and Preference*, 10(4-5), 377-385.

425

426 Table 1. Packaging material and atmosphere used for packing dried apple samples

Drying method	Packaging material <sup>1</sup>	Atmosphere	Sample abbreviation
	PE	Air	C- $\alpha$
scCO <sub>2</sub> -drying	EVOH-PE	Nitrogen (N <sub>2</sub> )	C- $\beta$
	Alu-PE	Nitrogen (N <sub>2</sub> )	C- $\gamma$
Air-drying	Alu-PE	Nitrogen (N <sub>2</sub> )	A- $\gamma$
Freeze-drying	Alu-PE	Nitrogen (N <sub>2</sub> )	F- $\gamma$

<sup>1</sup> PE=polyethylene; EVOH-PE=ethylene vinyl alcohol/polyethylene copolymer; Alu-PE = polyethylene coated aluminium.

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428

429 **Table 2.** The effects of different atmospheres and storage time on the color properties of dried apples

	Dried apple samples <sup>1, 2</sup>				
	C- $\alpha$	C- $\beta$	C- $\gamma$	A- $\gamma$	F- $\gamma$
<b>Total color difference (<math>\Delta E</math>)</b>					
"0" months	4.17 $\pm$ 2.08 <sup>a, A</sup>	5.94 $\pm$ 3.17 <sup>a, A</sup>	4.06 $\pm$ 1.55 <sup>a, A</sup>	21.11 $\pm$ 9.09 <sup>a, C</sup>	11.37 $\pm$ 1.23 <sup>a, B</sup>
"3" months	7.76 $\pm$ 5.70 <sup>ab, A</sup>	11.04 $\pm$ 8.85 <sup>a, A</sup>	7.83 $\pm$ 6.16 <sup>a, A</sup>	24.37 $\pm$ 7.16 <sup>a, B</sup>	8.39 $\pm$ 2.01 <sup>a, A</sup>
"6" months	12.65 $\pm$ 7.37 <sup>b, A</sup>	17.30 $\pm$ 5.60 <sup>b, AB</sup>	14.88 $\pm$ 9.13 <sup>b, A</sup>	28.02 $\pm$ 9.24 <sup>a, C</sup>	22.53 $\pm$ 6.51 <sup>b, BC</sup>
<b>Browning index (BI)</b>					
"0" months	34.31 $\pm$ 4.27 <sup>a, A</sup>	39.13 $\pm$ 12.55 <sup>a, A</sup>	33.44 $\pm$ 6.53 <sup>a, A</sup>	77.94 $\pm$ 18.19 <sup>a, B</sup>	35.55 $\pm$ 5.49 <sup>ab, A</sup>
"3" months	36.18 $\pm$ 6.03 <sup>a, A</sup>	39.22 $\pm$ 6.92 <sup>a, A</sup>	35.15 $\pm$ 6.32 <sup>a, A</sup>	76.84 $\pm$ 13.73 <sup>a, B</sup>	31.96 $\pm$ 2.81 <sup>a, A</sup>
"6" months	50.78 $\pm$ 17.66 <sup>b, A</sup>	48.37 $\pm$ 5.22 <sup>b, AB</sup>	36.42 $\pm$ 4.72 <sup>a, C</sup>	82.47 $\pm$ 17.78 <sup>a, D</sup>	38.27 $\pm$ 7.42 <sup>b, BC</sup>

<sup>1</sup> Sample abbreviations are given in Table 1.

<sup>2</sup> Values are the arithmetic mean  $\pm$  standard deviation (N = 10 samples on both cut surfaces). Values marked with the same small letter within the same column are not stat. different ( $\alpha = 0.05$ ). Values marked with the same capital letter within the same row are not stat. different ( $\alpha = 0.05$ ).

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432 **Table 3.** Effects of different storage conditions on changes in sensory quality characteristics of dried  
 433 apples during six months of storage.

	Dried apple samples <sup>1,2</sup>				
	C-α	C-β	C-γ	A-γ	F-γ
<b>Appearance</b>					
"0" months	3.9±0.6 <sup>a, B</sup>	4.1±0.5 <sup>a, B</sup>	4.1±0.7 <sup>a, B</sup>	3.0±0.8 <sup>a, C</sup>	4.8±0.2 <sup>a, A</sup>
"3" months	4.3±0.5 <sup>a, B</sup>	4.3±0.5 <sup>a, B</sup>	4.2±0.6 <sup>a, B</sup>	3.2±1.1 <sup>a, C</sup>	4.9±0.2 <sup>a, A</sup>
"6" months	1.3±1.3 <sup>b, D</sup>	1.7±1.2 <sup>b, CD</sup>	3.5±0.7 <sup>b, B</sup>	2.1±1.2 <sup>b, C</sup>	4.6±0.4 <sup>b, A</sup>
<b>Odor</b>					
"0" months	3.8±0.6 <sup>a, A</sup>	4.0±0.5 <sup>a, A</sup>	4.0±0.6 <sup>a, A</sup>	4.3±0.8 <sup>a, A</sup>	4.1±0.7 <sup>a, A</sup>
"3" months	3.9±0.8 <sup>a, A</sup>	4.3±0.7 <sup>a, A</sup>	3.8±1.0 <sup>a, A</sup>	4.1±1.0 <sup>a, A</sup>	4.5±0.4 <sup>a, A</sup>
"6" months	2.0±1.0 <sup>b, B</sup>	2.3±0.9 <sup>b, B</sup>	3.6±0.9 <sup>a, A</sup>	3.4±1.1 <sup>a, A</sup>	3.6±0.9 <sup>b, A</sup>
<b>Texture</b>					
"0" months	4.1±0.5 <sup>a, A</sup>	4.1±0.6 <sup>a, A</sup>	4.5±0.5 <sup>a, A</sup>	4.4±0.6 <sup>a, A</sup>	4.5±0.4 <sup>b, A</sup>
"3" months	3.8±0.6 <sup>a, C</sup>	4.0±0.5 <sup>a, C</sup>	4.7±0.4 <sup>a, AB</sup>	4.4±0.6 <sup>a, B</sup>	4.8±0.3 <sup>a, A</sup>
"6" months	1.2±0.6 <sup>b, C</sup>	1.6±1.0 <sup>b, C</sup>	4.1±0.7 <sup>b, A</sup>	3.3±1.2 <sup>b, B</sup>	4.1±0.6 <sup>c, A</sup>
<b>Flavor</b>					
"0" months	4.4±0.4 <sup>a, A</sup>	4.5±0.4 <sup>a, A</sup>	4.4±0.4 <sup>a, A</sup>	4.6±0.4 <sup>a, A</sup>	4.7±0.3 <sup>a, A</sup>
"3" months	4.2±0.8 <sup>a, A</sup>	4.2±0.8 <sup>a, A</sup>	4.4±0.5 <sup>a, A</sup>	4.7±0.4 <sup>a, A</sup>	4.6±0.5 <sup>a, A</sup>
"6" months	0.9±0.9 <sup>b, C</sup>	2.3±1.1 <sup>b, B</sup>	3.9±0.9 <sup>b, A</sup>	4.1±1.3 <sup>b, A</sup>	4.0±0.8 <sup>b, A</sup>

<sup>1</sup> Sample abbreviations are given in Table 1.

<sup>2</sup> Values are the arithmetic mean ± standard deviation (N = 16 = 8 assessors x 2 replications). Values marked with the same small letter within the same column are not stat. different ( $\alpha = 0.05$ ). Values marked with the same capital letter within the same row are not stat. different ( $\alpha = 0.05$ ).

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437 **Table 4.** The effects of different atmospheres and storage time on the textural properties of dried apples

	Dried apple samples <sup>1,2</sup>				
	C- $\alpha$	C- $\beta$	C- $\gamma$	A- $\gamma$	F- $\gamma$
<b>Hardness [g]</b>					
"0" months	302.4 ± 98.8 <sup>a, A</sup>	270.9 ± 77.5 <sup>a, A</sup>	266.6 ± 267.5 <sup>a, A</sup>	264.2 ± 138.3 <sup>a, A</sup>	175.8 ± 70.0 <sup>a, A</sup>
"3" months	208.7 ± 35.2 <sup>ab, A</sup>	172.8 ± 64.7 <sup>b, A</sup>	177.5 ± 221.6 <sup>a, A</sup>	239.3 ± 196.8 <sup>a, A</sup>	174.8 ± 75.2 <sup>a, A</sup>
"6" months	165.1 ± 166.4 <sup>b, A</sup>	80.1 ± 88.5 <sup>c, A</sup>	158.5 ± 183.3 <sup>a, A</sup>	178.7 ± 153.3 <sup>a, A</sup>	96.6 ± 48.3 <sup>b, A</sup>
<b>Cohesiveness</b>					
"0" months	0.63 ± 0.15 <sup>ab, B</sup>	0.70 ± 0.13 <sup>a, A</sup>	0.62 ± 0.15 <sup>a, AB</sup>	0.59 ± 0.23 <sup>a, AB</sup>	0.47 ± 0.25 <sup>a, B</sup>
"3" months	0.78 ± 0.36 <sup>a, AB</sup>	0.62 ± 0.28 <sup>a, AB</sup>	0.77 ± 0.3 <sup>a, AB</sup>	0.49 ± 0.21 <sup>a, A</sup>	0.84 ± 0.04 <sup>b, B</sup>
"6" months	0.42 ± 0.05 <sup>b, A</sup>	0.62 ± 0.20 <sup>a, AB</sup>	0.80 ± 0.51 <sup>a, B</sup>	0.72 ± 0.21 <sup>a, AB</sup>	0.67 ± 0.45 <sup>ab, AB</sup>
<b>Springiness [mm]</b>					
"0" months	0.73 ± 0.04 <sup>a, A</sup>	0.78 ± 0.03 <sup>a, A</sup>	0.77 ± 0.04 <sup>a, A</sup>	0.73 ± 0.11 <sup>a, A</sup>	0.61 ± 0.04 <sup>ab, B</sup>
"3" months	0.74 ± 0.08 <sup>a, AB</sup>	0.77 ± 0.05 <sup>a, A</sup>	0.71 ± 0.05 <sup>b, ABC</sup>	0.57 ± 0.38 <sup>a, BC</sup>	0.54 ± 0.05 <sup>a, C</sup>
"6" months	0.75 ± 0.09 <sup>a, A</sup>	0.75 ± 0.17 <sup>a, A</sup>	0.76 ± 0.03 <sup>a, A</sup>	0.89 ± 0.39 <sup>a, A</sup>	0.69 ± 0.16 <sup>b, A</sup>

<sup>1</sup> Sample abbreviations are given in Table 1.

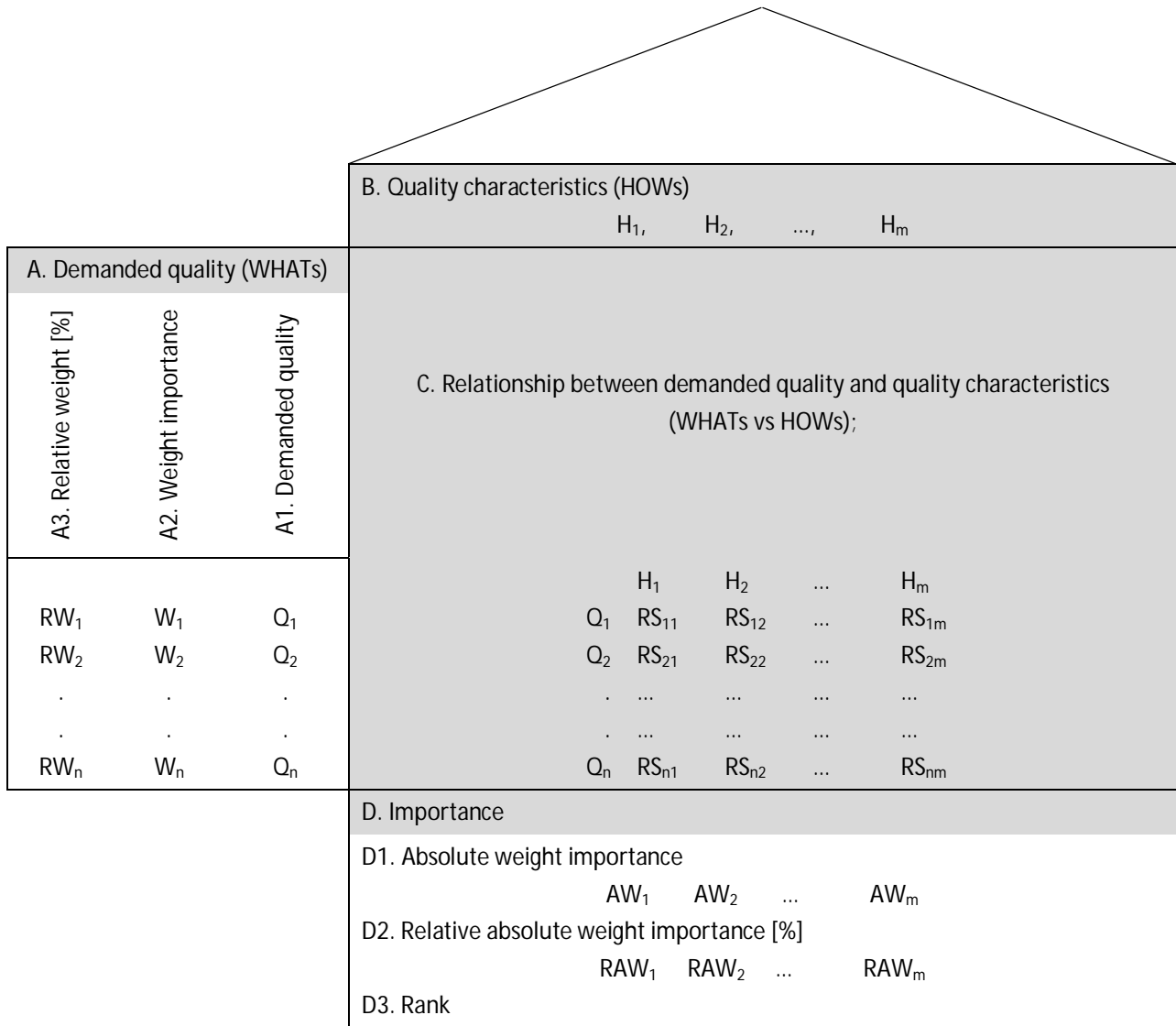
<sup>2</sup> Values are the arithmetic mean ± standard deviation (N = 8 samples in 2 replications). Values marked with the same small letter within the same column are not stat. different ( $\alpha = 0.05$ ). Values marked with the same capital letter within the same row are not stat. different ( $\alpha = 0.05$ ).

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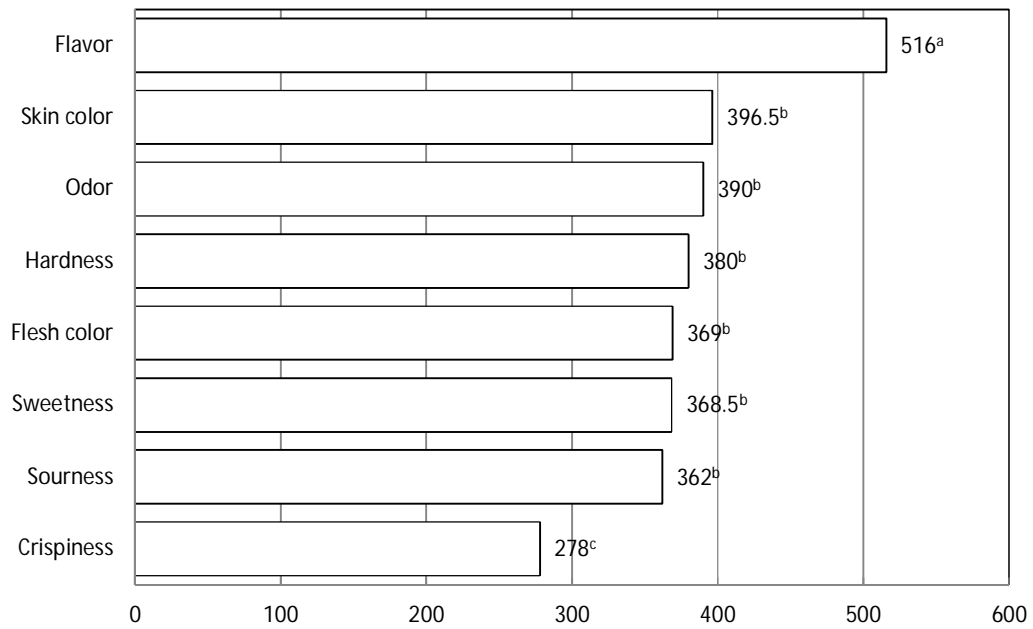
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**Figure 1.** House of quality (HOQ)





**Figure 2.** Consumer attitudes towards sensory quality characteristics of dried apples

Legend: Values are the rank sums (N = 85). The characteristics were ranked from 1='the least important' to 8='the most important'. Values marked with the same letter are not stat. different ( $\alpha = 0.05$ ).

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Weight		Quality characteristics (HOWs)  Demanded quality (WHATs)	Color		Sensory parameters				Other		
Relative weight [%]	Weight importance		Total color difference ( $\Delta E$ )	Browning Index	Appearance	Odor	Oral texture	Flavor	Hardness	Cohesiveness	Springiness
19.44%	7	Skin color	●	○	○						
11.11%	4	Flesh color	●	○	○						
16.67%	6	Odor				●		○			
22.22%	8	Flavor				○		●			
5.56%	2	Sourness						○			
8.33%	3	Sweetness						○			
13.89%	5	Hardness					●		●	○	○
2.78%	1	Crispiness					●	○	●	○	○
Absolute weight importance			2.75	0.92	0.92	2.17	1.50	2.94	1.50	0.50	0.50
Relative absolute weight importance [%]			20.1%	6.7%	6.7%	15.8%	11.0%	21.5%	11.0%	3.7%	3.7%

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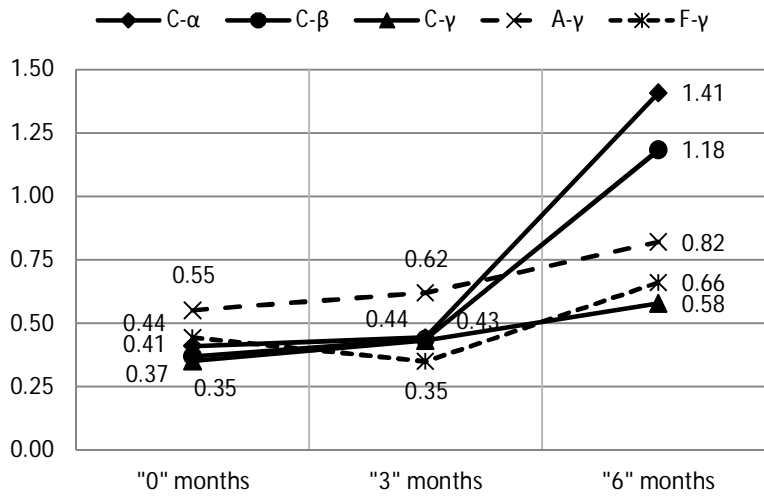
458 Legend: ● 'strong relationship' = 9, ○ 'moderate' = 3, ○ 'weak relationship' = 1 and blank = 'non-existent' or 'zero'

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**Figure 3.** House of quality for dried apples packed in MAP



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**Figure 4** – Total quality index of dried apples packed in modified atmosphere during shelf-life

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Legend: CO<sub>2</sub> dried packed in PE with air (C-α); CO<sub>2</sub> dried packed in EVOH-PE with 100% N<sub>2</sub> (C-β); CO<sub>2</sub> dried packed in AluPE with

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100% N<sub>2</sub> (C-γ); Air dried packed in AluPE with 100% N<sub>2</sub> (A-γ); Freeze dried packed in AluPE with 100% N<sub>2</sub> (F-γ)

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Rule of the thumb: the lower the value, the better the total quality index

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