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# A new way of valorizing biomaterials: The use of sunflower protein for $\alpha$ -tocopherol microencapsulation

A. Nesterenko <sup>a,b</sup>, I. Alric <sup>a,b</sup>, F. Violleau <sup>c</sup>, F. Silvestre <sup>a,b</sup>, V. Durrieu <sup>a,b,\*</sup>

<sup>a</sup> Université de Toulouse, INP-ENSIACET, LCA (Laboratoire de Chimie Agro-Industrielle), F-31030 Toulouse, France

<sup>b</sup> INRA, UMR 1010 CAI, F-31030 Toulouse, France

<sup>c</sup> Université de Toulouse, INP-EI Purpan, Département Sciences Agronomiques et Agro-alimentaires, UPSP/DGER 115, F-31076 Toulouse, France

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#### ABSTRACT

Biopolymer based microparticles were efficiently prepared from sunflower protein (SP) wall material and  $\alpha$ -tocopherol (T) active core using a spray-drying technique. Protein enzymatic hydrolysis and/or N-acylation were carried out to make some structural modifications to the vegetable protein. Native and hydrolyzed SP were characterized by Asymmetrical Flow Field-Flow Fractionation (AsFIFFF). Results of AsFIFFF confirmed that size of proteinic macromolecules was influenced by degree of hydrolysis. The effect of protein modifications and the influence of wall/core ratio on both emulsions and microparticle properties were evaluated. Concerning emulsion properties, enzymatic hydrolysis involved a decrease in viscosity, whereas acylation did not significantly affect emulsion droplet size and viscosity. Microparticles obtained with hydrolyzed SP wall material showed lower retention efficiency (RE) than native SP microparticles (62–80% and 93% respectively). Conversely, acylation of both hydrolyzed SP and native SP allowed a higher RE to be reached (up to 100%). Increasing T concentration increased emulsion viscosity, emulsion droplet size and microparticle size, and enhanced RE. These results demonstrated the feasibility of highly loaded (up to 79.2% T) microparticles.

# 1. Introduction

Due to environmental considerations, research activity in the area of biodegradable and biocompatible polymers is still increasing. Among these polymers, proteins extracted from vegetables (pea, soy, wheat, sunflower, rice, barley, oat) have demonstrated good functional and amphiphilic properties such as water solubility, gelling properties, emulsifying and foaming capacity (Nunes, Batista, Raymundo, Alves, & Sousa, 2003). Vegetable proteins represent an excellent wall-forming material due to their good film-forming and barrier properties, capability for adhesion and resistance to oils and organic solvents (De Graaf, Harmsen, Vereijken, & Monikes, 2001; Nesterenko, Alric, Silvestre, & Durrieu, 2013). Thus, these relatively inexpensive, biocompatible and biodegradable biopolymers offer an interesting alternative to animalbased proteins and petroleum-derived polymers, especially for use as wall materials for microencapsulation in the food industry, cosmetics, pharmaceutics or in biodegradable material formulations.

Sunflower proteins represent the major component of oil cake after sunflower oil extraction. The defatted sunflower flour consists of about 20–40% crude protein, this value being highly dependent on sunflower variety and extraction conditions. In proteins extracted from sunflower seeds, four fractions are mainly present: globulins

E-mail address: vanessa.durrieu@ensiacet.fr (V. Durrieu).

range from 40 to 90%, albumins account for about 10-30% of total proteins and the two fractions glutelins and prolamins are present in minor quantities (Gonzalez-Perez & Vereijken, 2007). In contrast to soybean proteins, which are widely used in food and non-food applications, sunflower proteins are mainly used for animal feed. The principal limitation of sunflower extracts for food applications is the presence of relatively high amounts of phenolic compounds, especially chlorogenic acid and caffeic acid, which affect protein quality. Nevertheless, in recent years, interest in improving the production of phenolic free sunflower protein compounds has increased significantly (Pickardt et al., 2009; Salgado et al., 2012). This agricultural by-product with reduced phenolic component content could be useful for food applications because sunflower proteins, like soybean proteins, possess interesting functional and physico-chemical properties such as solubility, emulsifying, foaming and gelling capacities (Gonzalez-Perez & Vereijken, 2007; Gonzalez-Perez, Vereijken, Koningsveld, Gruppen, & Voragen, 2005; Molina, Petruccelli, & Anon, 2004; Patino et al., 2007).

Microencapsulation permits the formation of a physical barrier between the external medium and sensitive core materials for their protection, particularly against moisture, pH and oxidation. It is also used for controlled release of active molecules, formulation stability enhancement, and flavor and taste masking. Sensitive core microparticles can be produced by various processes such as spray-drying, spray-cooling/chilling, fluidized bed, coacervation, gelation, solvent evaporation, extrusion methods, and supercritical fluid expansion (Benita, Hoffman, & Donbrow, 1985; Dubey, Shami, & Bhasker,

<sup>\*</sup> Corresponding author at: Université de Toulouse, INP-ENSIACET, LCA (Laboratoire de Chimie Agro-Industrielle), F-31030 Toulouse, France.

2009; Gouin, 2004). The use of vegetable proteins as wall-forming materials in microencapsulation, reflects the present "green" trend in the pharmaceutical, cosmetics and food industries. Among the possible plant extracted proteins for microencapsulation wall material, soybean proteins, pea proteins and cereal proteins are the most studied ones (Nesterenko et al., 2013). Two techniques are mainly used for active material encapsulation with these vegetable proteins: spray-drying and coacervation. Various studies have proved the ability of vegetable protein wall materials to efficiently protect hydrophilic and hydrophobic active materials. Nevertheless, microencapsulation efficiency and microparticle size are affected by different parameters, such as wall and core material concentrations, pH of media, temperature, use of additives and encapsulation technique.

Enzymatic, chemical or physico-chemical modifications can be used to significantly improve functional properties of vegetable proteins, in order to make these raw materials more suited to current microencapsulation techniques. Vegetable protein hydrolyzates from soybean, pumpkin, sunflower, chickpea and rapeseed have shown various interesting solubility, foaming and emulsifying properties compared to the native proteins (Chabanon, Chevalot, Framboisier, Chenu, & Marc, 2007; Lamsal, Jung, & Johnson, 2007; Martinez, Baezaa, Millan, & Pilosof, 2005; Patino et al., 2007; Vastag, Popovic, Popovic, Krimer, & Pericin, 2010; Yust, Pedroche, Millan-Linares, Alcaide-Hidalgo, & Millan, 2010). The production of hydrolyzed proteins by sequential action of exoprotease is considered an effective way of obtaining protein with defined characteristics (Kong, Guo, Cao, & Zhang, 2008), and alcalase is an endopeptidase used for production of proteins with improved functional and nutritional properties (Junyaprasert, Mitrevej, Sinchaipanid, Broome, & Wurster, 2001).

Protein acylation also influences their physico-chemical functionalities. Attachment of hydrocarbon chains may modify the charge and structural properties of water-soluble proteins, increasing their hydrophobicity, thus improving their surface functionality, emulsifying and foaming properties, offering a range of possibilities for the development of new applications (Matemu, Kayahara, Murasawa, Katayama, & Nakamura, 2011; Wong, Nakamura, & Kitts, 2006).

The aim of the present work was to propose a new application for sunflower proteins (SP) as wall material for microencapsulation, more specifically for  $\alpha$ -tocopherol (T, used as a hydrophobic molecule model) microparticle preparation. The effect of SP modifications on their microencapsulation properties compared to native proteins was evaluated. Proteinic chains were modified by enzymatic hydrolysis (from 6% to 24%) and/or N-acylation (fatty acid chain length of 8, 12 or 16 carbon atoms). Modified and native proteins were then used for T encapsulation with the spray-drying technique. In the context of "green" chemistry, all preparations and modifications were carried out without use of chemical catalysts, surfactants or organic solvents (Aider, 2010; Vilkhu, Mawson, Simons, & Bates, 2008). Influence of SP structural modifications on emulsion properties (viscosity, oil droplet size), microencapsulation efficiency, size and morphology of microparticles obtained, was particularly investigated. In order to increase the T proportion in microparticles, different wall material/ active core ratios were also tested.

#### 2. Materials and methods

# 2.1. Materials

Sunflower protein was provided and prepared by CVG (Dury, France) as follows: extraction from defatted sunflower flour at pH 9.0 and 50 °C, separation by centrifugation, purification by precipitation at pH 4.5, neutralization and spray-drying. All other chemicals were of analytical grade.  $\alpha$ -Tocopherol, alcalase (protease from *Bacillus licheniformis*, 2.4 U/g), sodium hydroxide, hydrochloric acid, octanoyl chloride, dodecanoyl chloride, hexadecanoyl chloride, Tween-80, monopotassium phosphate, dipotassium phosphate and

cyclohexane (HPLC grade) were purchased from Sigma (Saint-Quentin Fallavier, France).

# 2.2. Protein characterization

Sunflower protein was analyzed for proximate composition — moisture, lipid, ash and protein contents. The moisture content and the ash content were found by heating a sample of the air-dried material in an oven at 105 and 550–600 °C respectively to constant weight. The protein content was determined by the Kjeldahl method (N × 6.25) and lipid content by conventional Soxhlet extraction in cyclohexane for 7 h. These analyses were carried out in triplicate.

Sunflower protein solubility profiles were determined according to the method described by Zheng, Yang, Tnag, Li, and Ahmad (2008). Protein powder was mixed with deionized water (3% w/w), and the mixture pH was adjusted to 1.0–13.0 with 4 M NaOH or 4 M HCl. Protein solution was stirred for 1 h at room temperature, and at 70 °C, chosen to ensure higher solubility without protein denaturation, because the major SP globulin fraction (11S of helianthinin) still resists thermal denaturation at 90 °C (Gonzalez-Perez et al., 2004). After stirring, the suspensions were centrifuged at 10,000 rpm for 15 min (Sigma Laborzentrifugen, Osterode, Germany). The soluble protein fraction in the supernatant was analyzed by the Kjeldahl method and solubility (S%, w/w) was calculated from the following equation:

$$S(\%) = \frac{\text{protein content in the supernatant}}{\text{total protein content in solution}} \times 100$$
(1)

#### 2.3. Protein modifications

## 2.3.1. Enzymatic hydrolysis

The enzymatic hydrolysis was carried out according to the method described by Kong et al. (2008). An aqueous solution of SP (5% w/w) was prepared and incubated in a bath at 50 °C for 15 min. When the protein solution reached 50 °C, enzyme was added (alcalase/protein ratio 0.002–0.025 U/g). During hydrolysis, the pH was maintained at 7.0 by adding a 4 M NaOH solution. Reaction time was varied from 10 to 120 min, and stopped by adjusting the pH to 4.5 with a 4 M HCl. Following the reaction period, the mixture was cooled, adjusted to pH 7.0 and heated at 95 °C for 10 min for enzyme deactivation. Then the mixture was freeze-dried using a Cryo-Rivoire equipment at 20 Pa (Cryonext, Saint Gely du Fesc, France) and stored at 4 °C (SP1, SP2, SP3, SP4) or kept for the acylation (SP5).

The degree of hydrolysis (DH) was evaluated using the o-phthaldialdehyde method (OPA) (Church, Swaisgood, Porter, & Catignani, 1983; Goodno, Swaisgood, & Catignani, 1981). OPA reacts with primary amino groups i.e. N-terminal and lysine residues of proteins, forming a chromophore with an UV-absorbance optimum at 340 nm. Measurements were made with an UV spectrometer (UV-1800, Shimadzu, Kyoto, Japan). The DH was calculated from the following equation:

$$DH(\%) = \frac{(N_h - N_0)}{(N_t - N_0)} \times 100$$
<sup>(2)</sup>

where  $N_h$  is the molar quantity of amino groups per gram of partially hydrolyzed protein,  $N_0$  the molar quantity of amino groups per gram of non-hydrolyzed protein, and  $N_t$  the molar quantity of amino groups per gram of totally hydrolyzed protein. All analyses were carried out in triplicate.

# 2.3.2. N-acylation

N-acylation reactions were carried out on SP or SP hydrolyzates (acylation with hydrolyzed SP was started in the same reaction medium after hydrolysis and enzyme deactivation) using octanoyl chloride (C8), dodecanoyl chloride (C12) or hexadecanoyl chloride (C16), following the Schotten–Baumann reaction (Rondel, Alric, Mouloungui, Blanco, & Silvestre, 2009). SP solution (5% w/w, pH 10.0) was prepared in deionized water and the fatty acid chloride was slowly added to this mixture. The molar ratio C8 (C12, C16)/NH<sub>2</sub> of protein used for reaction was 1, to obtain the samples SP6 (SP7, SP8) respectively. The solution was stirred for 30 min at room temperature, and then for 180 min at 50 °C. During acylation, the pH was maintained at 10.0 by addition of a 4 M NaOH solution. Then the mixture was freeze-dried and the powder stored at 4 °C.

The degree of acylation (DA) was evaluated using the OPA method:

$$\mathsf{DA}(\%) = \frac{(n - n_a)}{n} \times 100 \tag{3}$$

where n is the number of amino groups per gram of non-hydrolyzed or partially hydrolyzed protein, and n<sub>a</sub> the number of amino groups per gram of acylated protein. Analyses were performed in triplicate.

# 2.4. Fractionation of sunflower proteins by Asymmetrical Flow Field-Flow Fractionation

For size distribution characterization of native and hydrolyzed sunflower proteins, Asymmetrical Flow Field-Flow Fractionation (AsFIFFF) was used. The protein-based samples were prepared at a concentration of 0.5% w/w in deionized water at pH 9.0 which corresponds to highest protein solubility. The AsFIFFF apparatus was an Eclipse 2 System (Wyatt Technology Europe, Dernbach, Germany) connected to an Agilent 1100 UV detector (Agilent Technologies, Waldbronn, Germany) used for quantitative detection. The absorbance was measured at 280 nm and the UV extinction coefficient value for sunflower proteins was fixed at  $3.21 \times 10^3$  mL/g  $\times$  cm. An Agilent 1100 Series Isocratic Pump with an in-line vacuum degasser and an Agilent 1100 Autosampler delivered the carrier flow and handled sample injection into the AsFIFFF channel. An in-line filter with a 0.1 µm pore size (VVLP, Millipore, Darmstadt, Germany) was placed between the pump and the channel. The eluent used for analysis was de-ionized water at pH 9.0 filtered at 0.1 µm before use. The AsFIFFF channel used had a trapezoidal geometry with a 490 µm spacer thickness (surface area 22.17 cm<sup>2</sup>, volume 1.086 cm<sup>3</sup>). The ultrafiltration membrane forming the accumulation wall was made of regenerated cellulose with a cut-off at 10 kDa (Wyatt Technology Europe, Dernbach, Germany).

After injection of a 50  $\mu$ L sample solution (at 0.2 mL/min for 3 min) and a focus period (1.0 mL/min for 1 min), elution (separation) was started at the 12th min of analysis. For separation, channel flow rate was fixed at 1 mL/min and the cross-flow rate was variable. Elution mode was started at a cross-flow rate of 2.5 mL/min for 4 min, and then reduced linearly for 10 min to a rate of 0.2 mL/min. Elution was stopped at the 26th min of analysis.

During analysis, AsFIFFF separates particles/molecules according to differences in diffusion coefficient D, which can be converted to the hydrodynamic radius  $R_h$  using the Stokes–Einstein relationship. According to Yohannes, Wiedmer, Tuominen, Kinnunen, and Riekkola (2004)  $R_h$  can be determined using the retention time and the following experimental parameters:

$$R_{h} = \frac{kTV^{0}}{\pi\eta V_{cr} w^{2}t^{0}} \times t_{r}$$
(4)

where k is the Boltzmann constant, T the temperature, V<sup>0</sup> the void volume (volume of separation channel),  $\eta$  the eluent viscosity, V<sub>cr</sub> the cross-flow rate, w the channel thickness, t<sup>0</sup> the void time and t<sub>r</sub> the detected retention time.

The percentage of non-fractionated particles/molecules with a size equal or less than 10 kDa (which passed through the membrane

during analysis) in each sample, was calculated using the recovery % (the difference between injected and detected mass).

# 2.5. Emulsion preparation and characterization

Sunflower protein (SP) aqueous solution (8% w/w, pH 8.5) was prepared at 70 °C for 1 h under constant mechanical stirring (1000 rpm) in order to allow maximum protein solubilization. T was mixed with protein solution to obtain the preparation in which the SP/T ratio was 2/1 or 11.5% of total solids (the ratio of solid mass, i.e. SP and T, to total emulsion mass). The pre-emulsion obtained was circulated twice through a high-pressure homogenizer (APV Systems, Albertslund, Denmark) at 50 MPa. The preparation with native SP was named SP0; with hydrolyzed SP – SP1, SP2, SP3, and SP4; with hydrolyzed and acylated SP – SP5; and with acylated SP – SP6, SP7, and SP8, for a molar ratio of fatty acid chloride (C8, C12, and C16 respectively) on NH<sub>2</sub> of 1.

Different wall/core ratios of 1/1, 1/2 and 1/4 (14.8% w/w, 20.7% w/w and 30% w/w of total solids in emulsion) were also prepared using native SP as a wall material to obtain samples SP0', SP0" and SP0" respectively. The influence of the wall/core ratio on the microencapsulation process was also studied after SP acylation (molar ratio C12/NH<sub>2</sub> of 0.5). Samples SP9, SP9' and SP9" were obtained when wall/core ratios were 2/1, 1/1 and 1/2 respectively. For all these samples, protein solution concentration was also 8% w/w but a different quantity of T was added.

Oil droplet diameters and size distribution in emulsions were measured using laser diffraction (Zetasizer Nano-ZS, Malvern Instruments, Worcestershire, UK). To avoid multiple scattering effects, emulsions were diluted 100 times with deionized water before measurements. A relative refractive index  $\eta_{oil}/\eta_{water} = 1.12$  ( $\eta_{oil} = 1.49$ ,  $\eta_{water} = 1.33$ ) was used for the particle size distribution calculations, assuming that all droplets were spherical in shape. The volume particle diameter ( $D_{43}$  or  $D_v$ ) was calculated as the mean of three readings per sample.

To complete the information obtained by laser granulometry, emulsions were visualized using an Eclipse E600 optical microscope (Nikon, Sendai, Japan), linked to a digital video camera (DXM1200, Nikon, Sendai, Japan) at a magnification of  $1000 \times$ .

Light scattering and optical microscopy were used to check good dispersion of T in the protein solution, emulsion stability and droplet size uniformity. For this, sample SPO was analyzed 1 h, 1 day and 1 week after homogenization.

Apparent viscosity of all emulsions after homogenization was determined at 20 °C and shear stress variation between 0 and 1  $N/m^2$  for 3 min, using a Rheometer CSL100 (Carri-Med Ltd., Dorking, UK) with a 6 cm diameter plate-cone geometry and 0.035 rad angle. All emulsions were characterized as Newtonian fluids.

#### 2.6. Microparticle preparation and characterization

Freshly homogenized emulsions were spray-dried in a Mini Spray Dryer B-290 (Büchi, Flawil, Switzerland) under stable process conditions as follows: inlet air temperature at  $124 \pm 4$  °C and outlet at  $74 \pm 4$  °C, drying air flow rate of 470 L/h, liquid feed flow rate of 0.33 L/h and aspiration of 100%. Microparticles were collected from the container, shut hermetically in opaque packaging and stored at 4 °C. The yield of spray-drying was defined as follows:

$$Spray - drying(\%) = \frac{m_{p}}{m_{SP+T}} \times 100$$
(5)

where  $m_P$  is the mass of collected powder, and  $m_{SP + T}$  the initial mass of solid content added in emulsion including SP and T.

The amount of T in the prepared microspheres was defined according to Faria, Mignone, Montenegro, Mercadante, and Borsarelli (2010) using UV/VIS spectroscopy. Initially, an absorbance vs. concentration calibration curve was prepared with T dissolved in cyclohexane and analyzed at  $\lambda_{max}$  of 298 nm. Next, 5 mg of microspheres containing the T to be determined was dissolved in 10 mL of cyclohexane. The solution was stirred for 10 min and filtered through a 0.2 µm PTFE membrane filter. Previously, SP insolubility in cyclohexane had been verified, and absorbance of SP solution filtered through a 0.2 µm filter at 298 nm was equal to 0. The absorbance of the solution was measured using an UV spectrometer (UV-1800, Shimadzu, Kyoto, Japan) at 298 nm. This procedure was carried out in triplicate. Retention efficiency (RE) characterizing the efficiency of the microencapsulation process, was calculated as the percent ratio of estimated T content in obtained particles or in obtained powder ( $T_{exp}$ ) over theoretical T content ( $T_{theo}$ ):

$$RE(\%) = \frac{T_{exp}}{T_{theo}} \times 100$$
(6)

The difference between  $T_{exp}$  and  $T_{theo}$  was caused by T loss during spray-drying. Loading efficiency (LE), corresponding to T content per 100 g of powder, was calculated as:

$$LE(\%) = \frac{m_{T_{exp}}}{m_m} \times 100$$
<sup>(7)</sup>

where  $m_{T_{exp}}$  is the estimated mass of T in microparticles, and  $m_m$  the mass of the analyzed sample of microparticles.

Particle size distribution of powder obtained was determined by the scattering pattern of a transverse laser light using the Scirocco 2000 equipment (Malvern Instruments, Worcestershire, UK). The volume particle diameter ( $D_{43}$  or  $D_v$ ) was calculated as the mean of three measurements per sample.

Microparticle morphology was examined by scanning electron microscopy (SEM). The particles were deposited on conductive double-faced adhesive tape and sputter-coated with silver. In order to examine the inner structure of prepared microparticles, the powder was frozen in liquid nitrogen and broken up in a mortar. SEM observations were performed with a LEO435VP scanning electron microscope (LEO Electron microscopy Ltd., Cambridge, UK) operated at 8 kV.

# 2.7. In vitro release of $\alpha$ -tocopherol from sunflower protein based microparticles

The release rate of T from microparticles was evaluated using a 0.05 M phosphate buffer in saline solution at pH 7.4. To improve the solubility of T in aqueous medium, the release solution contained Tween-80 (0.5% w/v) (Luo, Zhang, Whent, Yu, & Wang, 2011; Yoo, Song, Chang, & Lee, 2006). The sample of microparticles was incubated in the release medium at a concentration of 0.3% w/v. The release was monitored at ambient temperature under shaking, at a speed of 100 rpm for 24 h. Because SP swelled up in the water, a homogeneous microparticle dispersion formed. At the scheduled time, 5 mL of this microparticle dispersion was withdrawn from the release medium. The sample was centrifuged at 10,000 rpm for 10 min to separate protein microparticles from the aqueous solution. Released T was extracted from aqueous solution with cyclohexane and analyzed using UV absorbance measurement at 298 nm.

#### 2.8. Thermogravimetric analysis (TGA)

TGA was carried out using a TGA/DSC Q600 from TA Instruments (New Castle, US) at a linear heating rate of 10 °C/min. The weight of all samples was kept within 9–10 mg in a platinum pan. Temperature range was from 20 to 1100 °C. Thermal stability of wall material (SP), active core (T) and prepared microparticles (SP0) was plotted on TG graphs.

#### 2.9. Statistical analysis

The experimental data was statistically analyzed using Minitab 16 software (State College, USA). A one-way analysis of variance (ANOVA) was performed to determine significant differences (P < 0.05) between the samples. Tukey's test was adopted as the multiple comparison procedure.

# 3. Results and discussion

# 3.1. Sunflower protein characterization

The SP powder used as a matrix material for T microencapsulation was essentially proteins -73.5%, but also 1.6% lipids, 3% ash and 6% moisture. The carbohydrate content -15.9% was calculated as the difference between 100% and the combined percentage of crude protein, lipid, ash and moisture.

According to the solubility profiles of SP (Fig. 1), the lowest solubility was observed at the protein's isoelectric point (pH 4.5). The increased protein solubility at acidic and alkaline pH values can be explained by protein functionality, affected by the equilibrium between protein–solvent and protein–protein interactions (Mo, Zhong, Wang, & Sun, 2006). SP have negative net charges ( $COO^-$ ) at alkaline pH values and positive net charges ( $NH_3^+$ ) at acidic pH values which results in repulsion between polymeric chains and an increase in protein solubility (Fennema, 1993). In this case, the high solubility of wall material is essential to ensure efficient microencapsulation (Gharsallaoui, Roudaut, Chambin, Voilley, & Saurel, 2007). Thus, before microencapsulation experiments the SP was solubilized at pH 8.5 and 70 °C.

# 3.2. Sunflower protein modifications

The degree of SP modifications is presented in Table 1. The increasing DH was influenced by hydrolysis reaction time and enzyme/protein ratio. The highest DH of 24% was obtained for a maximal reaction time of 120 min and an enzyme/SP ratio of 0.025 U/g. During the protein acylation reaction, the chloride acid reacts preferentially with the protein amino functions, because of their higher reactivity in aqueous media than the carboxylic ones. The fatty acids unreacted with SP (C8, C12 and C16) were hydrolyzed to the respective fatty acid salts, which have surfactant properties. Thus, they were maintained in the mixture to give additional emulsion stabilization.

The increase in fatty acid chain length from C8 to C16 influenced the degree of acylation, which decreased from 50% to 39% respectively. This can be explained by the decrease of chloride reactivity with increasing chain length. As C8 was more reactive than C16, it interacted faster and more efficiently with protein amino groups. A difference degree of acylation with C12 between intact (SP7) and hydrolyzed (SP5) proteins of 46% and 56% respectively, was observed. After SP hydrolysis, the number of free amino groups accessible to interact with fatty acids increased, resulting in an increase in the degree of acylation.

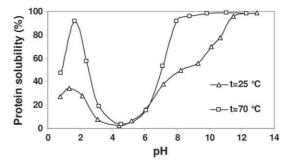


Fig. 1. Effect of pH and temperature on the solubility profile of SP.

 Table 1

 Modification degree of sunflower proteins.

	8	1			
Sample name	Nature of modification	Hydrolysis time (min)	Enzyme/SP (U/g)	DH (%)	DA (%)
SP1	Hydrolysis	15	0.002	$5\pm1.1^{d}$	-
SP2	Hydrolysis	20	0.005	$13 \pm 0.9^{\circ}$	-
SP3	Hydrolysis	40	0.015	$19 \pm 1.0^{b}$	-
SP4	Hydrolysis	120	0.025	$24\pm0.5^{a}$	-
SP5 <sup>A</sup>	Hydrolysis +	15	0.002	$5 \pm 1.1^{d}$	$56 \pm 0.5^{a}$
	acylation C12				
SP6 <sup>A</sup>	Acylation C8	-	-	-	$50 \pm 1.1^{b}$
SP7 <sup>A</sup>	Acylation C12	-	-	-	$46 \pm 1.6^{\circ}$
SP8 <sup>A</sup>	Acylation C16	-	-	-	$39 \pm 0.5^{d}$
SP9 <sup>B</sup>	Acylation C12	-	-	-	$40 \pm 0.6^{d}$

 $^{a-d}$ Different letters in the same column indicate a statistical difference between the mean values (P < 0.05).

<sup>A</sup> Molar ratio fatty acid chloride/NH<sub>2</sub> of 1.

<sup>B</sup> Molar ratio fatty acid chloride/NH<sub>2</sub> of 0.5.

# 3.2.1. AsFIFFF analysis of native and hydrolyzed sunflower proteins

The influence of degree of protein hydrolysis on their size distribution was studied using AsFIFFF, a well known technique for protein fractionation and characterization (Daqiq, Fellows, Bekes, & Lees, 2007; Glantz, Hakansson, Lindmark-Mansson, Paulsson, & Nilsson, 2007; Guyomarc'h, Violleau, Surel, & Famelart, 2010; Kang, Moon, & Lee, 2011; Rbii, Surel, Brambati, Buchert, & Violleau, 2011). Fractograms illustrated in Fig. 2 correspond to native SP (SPO) and SP hydrolyzed at different levels (SP1–SP4). The higher retention time of particles/ molecules of intact proteins compared to SP1–SP4 samples reflects their larger hydrodynamic radius ( $R_h$ ). The  $R_h$  of SPO particles/molecules ranges from 20 to 100 nm with the major fraction at 40–50 nm. After hydrolysis, the  $R_h$  values were reduced, which leads to the decrease in the retention of smaller protein particles/molecules (12–14 min compared to 13–15 min for non-hydrolyzed proteins).

The intensity of the SPO UV signal is higher than those of hydrolyzed proteins due to the higher quantity of fractionated particles/ molecules. Moreover, the UV signal intensity and the quantity of fractionated particles/molecules decrease with an increase in the degree of hydrolysis. As shown in Table 2, the recovery mass of samples decreased with protein hydrolysis. At the same time, the fraction of small particles/molecules with a molecular weight equal to or less than 10 kDa, which corresponds to the membrane's porosity, increased from 20.5% for native proteins to 44–58% for hydrolyzed SP. This behavior is mainly attributable to the presence of short proteinic Table 2

Mass recovery and fraction lost through the membrane determined by AsFIFFF for native and hydrolyzed sunflower proteins.

Sample	DH (%)	Mass recovery (%)	Fraction of particles/molecules lost through the membrane (%)
SP0	-	79.5	20.5
SP1	$5 \pm 1.1$	55.3	44.7
SP2	$13 \pm 0.9$	48.6	51.4
SP3	$19 \pm 1.0$	41.5	58.5
SP4	$24\pm0.5$	42.2	57.8

chains after hydrolysis. At hydrolysis degree higher than 13%, the majority of SP chains in solution have a molecular weight less than 10 kDa ( $R_h \approx 2$  nm).

#### 3.3. Sunflower proteins/ $\alpha$ -tocopherol emulsion characterization

#### 3.3.1. Native sunflower proteins/ $\alpha$ -tocopherol emulsion characterization

One of the most important factors leading to efficient microencapsulation of active compounds is their good dispersion in the wall material solution. In the case of hydrophobic core microencapsulation, an oil-in-water emulsion must be prepared before the encapsulation step (Augustin, Sanguansri, & Bode, 2006; Nesterenko, Alric, Silvestre, & Durrieu, 2012; Rascon, Beristain, Garcie, & Salgado, 2011; Rusli, Sanguansri, & Augustin, 2006; Yu, Wang, Yao, & Liu, 2007). It has been shown that retention of active material during spray-drying could be increased by reducing the mean emulsion droplet size of oil during the emulsification step (Rusli et al., 2006). To prepare a fine emulsion before spray-drying, high pressure homogenization is widely used. In the case of a protein based emulsion, the intense mechanical forces undergone by globular proteins and oil droplets during homogenization, promote oil droplet dispersion and protein structure modification (Dickinson, 2001; Rampon, Riaublanc, Anton, Genot, & McClements, 2003). Protein chains become unfolded, which causes exposure of polar and non-polar regions making them more surface-active. Furthermore, these proteins adsorbed on the oil droplet surface, provide good protection against coalescence and give physical stability to the emulsion. Thus, to obtain a stable and uniform emulsion of SP and T, the mixture was circulated twice through the high-pressure homogenizer at 50 MPa.

As shown in Fig. 3, the emulsion obtained with SP and T was composed of a homogeneous dispersion of T droplets surrounded by proteinic chains. The mean volume diameter of T emulsion droplets

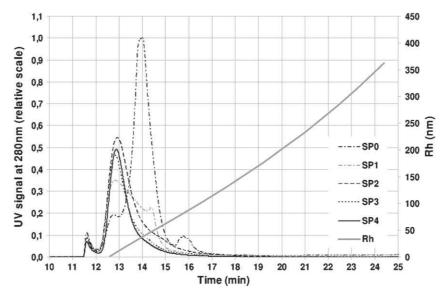


Fig. 2. Hydrodynamic radius and UV signal (280 nm) as a function of analysis time for different samples of hydrolyzed SP.

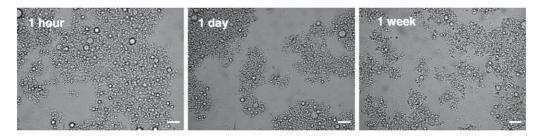


Fig. 3. View of SP/T oil-in-water emulsion (SP0) 1 h, 1 day and 1 week after high-pressure homogenization. Scale bar - 10 µm.

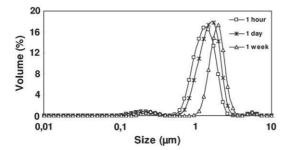


Fig. 4. Droplet size distributions in SPO emulsion 1 h, 1 day and 1 week after high-pressure homogenization.

after 1 h, 1 day and 1 week remained 1.3  $\mu$ m, 1.5  $\mu$ m and 1.9  $\mu$ m respectively (Fig. 4). A small increase in oil droplet size was observed, due to the coalescence of light particles with time. These results confirmed the stability of formed SP/T oil-in-water emulsions and the homogeneity of T droplets.

# 3.3.2. Modified sunflower proteins/ $\alpha$ -tocopherol emulsion characterization

The different emulsion characterizations are summarized in Table 3. Enzymatic hydrolysis and acylation of proteinic chains affected emulsion properties such as oil droplet size and viscosity. All emulsions with modified proteins have lower viscosity than the native SP/T emulsion (SP0). The reduction in protein chain length by hydrolysis resulted in the drop in emulsion viscosity for samples SP1, SP2, SP3 and SP4. This could be connected to the relation between polymer molecular weight and its viscosity, usually described using the Mark–Houwink–Sakaruda equation. The same behavior was observed for soy proteins in a previous study (Nesterenko et al., 2012) and even for other biopolymers (Avaltroni, Bouquerand, & Normand, 2004; Burkus & Temelli, 2003). The presence of small proteinic chains after hydrolysis with improved surfactant properties, favored T dispersion and prevented droplet coalescence. Thus, formation of homogeneous emulsions with small T droplets (0.7–1.7  $\mu$ m) was observed.

Conversely, hydrophobic chains attached to water-soluble proteins by acylation resulted in an increase in the amphiphilic character of the macromolecules. The presence of these surface-active chains explained the decrease in emulsion viscosity observed for samples SP5, SP6, SP7 and SP8 compared to SP0. To conclude, both hydrolyzed and acylated SP were efficient polymers for forming stable and uniform oil-in-water emulsions with T (Fig. 5). Lower protein agglomeration in the case of modified SP compared to native SP was observed. This can be attributed to the improved surfactant properties of modified proteins as well as to the lower viscosity of the emulsions obtained, and thus higher mobility of proteinic chains.

# 3.4. $\alpha$ -Tocopherol microencapsulation with sunflower proteins

#### 3.4.1. Microencapsulation with hydrolyzed sunflower proteins

The results of T microencapsulation are presented in Table 3. The microparticles obtained by spray-drying were analyzed to determine their size and morphology, retention efficiency (RE) and loading efficiency (LE). The spray-drying yield for all emulsions varied from 60% to 70%, but was not significantly influenced by SP modifications. The effect of SP modifications on microparticles was particularly relevant for RE values. The increase in the degree of hydrolysis from 0% (SPO) to 24% (SP4) resulted in the decrease of microencapsulation efficiency from 92.6% to 61.8% respectively. This can be related to the AsFIFFF results that confirmed the decrease in SP size with increasing degree of hydrolysis. Due to insufficient hydrolyzed protein chain length, this wall material cannot produce a sufficiently strong structural matrix to encapsulate T. Thus, higher amounts of T could be on the microparticle surfaces, giving agglomeration, confirmed by the increase of mean microparticle size from 6.9 µm (SPO) to 27.3 µm (SP4) and lower spray-drying yields. However, a small DH of protein allowed microparticles with satisfactory retention efficiency (80.2-81.9%) to be obtained.

#### 3.4.2. Microencapsulation with acylated SP

Grafting of fatty acid chains by acylation to both hydrolyzed (SP5) and native (SP6, SP7 and SP8) proteins involved an increase in

Properties of spray-dried SF	powder, SP/T emulsions	s and SP/T sprav-dried	1 microparticles

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Sample name <sup>A</sup>	Emulsion droplet size (µm)	Emulsion viscosity (mPa·s)	Spray-drying yield (%)	RE <sup>B</sup> (%)	LE <sup>C</sup> (%)	Particle size (µm)
SP0	$1.3 \pm 0.05^{\mathrm{b}}$	$36.1 \pm 0.04$	70	$92.6 \pm 1.8^{b}$	$30.5\pm0.6^{\rm b}$	$6.9\pm0.03^{h}$
SP1	$1.7 \pm 0.07^{a}$	$5.2 \pm 0.03$	67	$80.2 \pm 1.1^{\circ}$	$26.5 \pm 0.4^{\circ}$	$6.9\pm0.08^{ m h}$
SP2	$1.6 \pm 0.05^{a}$	$4.0 \pm 0.08$	66	$81.9 \pm 1.5^{c}$	$27.0 \pm 0.5^{\circ}$	$12.0 \pm 0.12^{d}$
SP3	$0.8 \pm 0.04 d^{e}$	$3.6 \pm 0.04$	61	$65.7 \pm 3.1^{d}$	$21.7 \pm 1.3^{d}$	$21.8 \pm 0.13^{b}$
SP4	$0.7\pm0.05e^{ m f}$	$2.9 \pm 0.02$	60	$61.8 \pm 2.8^{d}$	$20.4 \pm 0.9^{d}$	$27.3 \pm 0.04^{a}$
SP5	$0.6 \pm 0.05^{\rm f}$	$6.3 \pm 0.03$	60	$99.8 \pm 1.7^{a}$	$32.9 \pm 0.6^{a}$	$16.8 \pm 0.09^{\circ}$
SP6	$0.9\pm0.04^{ m d}$	$11.7 \pm 0.03$	68	$97.0 \pm 1.7^{ab}$	$32.0 \pm 0.5^{ab}$	$8.5 \pm 0.13^{e}$
SP7	$1.1 \pm 0.03^{c}$	$12.6 \pm 0.02$	67	$100.8 \pm 1.6^{a}$	$33.3 \pm 0.6^{a}$	$7.3 \pm 0.09^{g}$
SP8	$1.3\pm0.04^{\mathrm{b}}$	$18.0 \pm 0.06$	67	$99.8 \pm 1.3^{a}$	$33.0\pm0.4^a$	$7.9 \pm 0.12^{\rm f}$

 $a^{-h}$ Different letters in the same column indicate a statistical difference between the mean values (P < 0.05).

<sup>A</sup> SP0: non-modified sunflower proteins; SP1, SP2, SP3 and SP4: hydrolyzed sunflower proteins; SP5: hydrolyzed and acylated with C12 sunflower proteins; SP6, SP7 and SP8: acylated with C8, C12 and C16 sunflower proteins, respectively.

<sup>B</sup> RE: retention efficiency determined by UV spectroscopy.

<sup>C</sup> LE: loading efficiency or  $\alpha$ -tocopherol content per 100 g of powder.

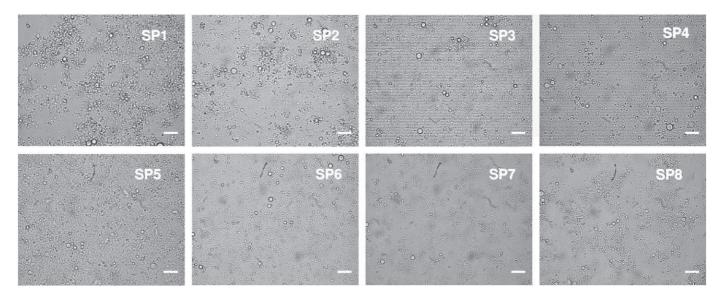


Fig. 5. View of SP/T oil-in-water emulsions with SP modified by hydrolysis and/or acylation; 1 h after high-pressure homogenization. Scale bar  $-10 \,\mu m$ .

macromolecule hydrophobic properties. Proteinic matrix chains became more surface active and their affinity with hydrophobic core material increased. For this reason, higher RE values were observed when an acylated protein matrix was used compared to native proteins (97–100.8% and 92.6% respectively). Thus, acylation of both native and hydrolyzed SP enhanced their functional properties and favored microencapsulation of hydrophobic active substances. Both of these phenomena, the decrease of RE after protein hydrolysis and the improvement in process efficiency after protein acylation, have already been observed for soybean proteins in a previous study (Nesterenko et al., 2012). Moreover, SP was the more efficient wall material in both native and modified states compared to soybean extracted proteins.

The mean particle diameter values obtained in this work were coherent with the expected range for microparticles produced by spray-drying (Favaro-Trindade, Santana, Monterrey-Quintero, Trindade, & Netto, 2010; Ortiz, Mauri, Monterrey-Quintero, & Trindade, 2009).

# 3.5. Wall/core ratio influence on the microencapsulation process

Different contents of active material in microparticles could be needed, depending on their applications (Elizondo et al., 2011). In order to evaluate the influence of T concentration on the microencapsulation process, wall/core material ratios of 2/1 (SP0, SP9), 1/1 (SP0', SP9'), 1/2 (SP0", SP9") and 1/4 (SP0"") were studied. Data obtained from these experiments is shown in Table 4. For both native and acylated SP, the increase in amount of T in the emulsion resulted in a rise in emulsion droplet size and viscosity. The change in T droplet diameter from 1.3  $\mu$ m to 2.2  $\mu$ m for native SP and from 0.8  $\mu$ m to 1.1  $\mu$ m for acylated SP could be due to higher coalescence with increasing oil content. In prepared emulsions, SP concentration was kept constant at 8% w/w, but different amounts of T were added. Thus, creaming velocity decreased with higher droplet concentration (Chanamai & McClements, 2000; Robins, 2000) and total solid content of preparations increased. Thus, the viscosity of formed emulsions was higher. The same phenomena have been observed for the emulsions with sunflower oil in pectin solution (Kawakatsu, Tragardh, & Tragardh, 2001), soy oil in whey protein solution (Reiffers-Magnani, Cuq, & Watzke, 1999) or corn oil in myofibrillar protein solution (Zorba, 2006).

A significant fall in spray-drying yield from 70–70.4% to 56–59.7% was observed with increasing wall/core ratio, due to the higher amount of T on particle surfaces. Additionally, the agglomeration effect induced by the presence of surface oil resulted in an increase in mean microparticle sizes from 6.9  $\mu$ m to 42.2  $\mu$ m for native SP and from 7.7  $\mu$ m to 24.7  $\mu$ m for acylated SP. The displacement of size distributions towards the higher values observed on Fig. 6, confirms particle agglomeration with addition of T. Surprisingly, the increase in amount of T in the emulsion also had a positive effect on the RE, which reached 99.9% for the highest SP/T ratio. The results obtained demonstrated that SP allows the production of relatively low to very highly loaded T microparticles, with loads from 30.5% to 79.2% for native SP and from 32.9% to 65.7% for acylated SP. This result is especially interesting for conversion of liquid materials in free-flowing

Table 4
Properties of SP/T based emulsions and spray-dried microparticles with different wall/core ratios.

Sample name	Ratio wall/core	Emulsion droplet size (µm)	Emulsion viscosity (mPa·s)	Spray-drying yield (%)	RE <sup>A</sup> (%)	LE <sup>B</sup> (%)	Particle size (µm)
SP0 <sup>C</sup>	2/1	$1.3\pm0.04^{\circ}$	$36.0 \pm 0.04$	70	$92.6\pm1.8^{b}$	$30.5\pm0.6$	$6.9\pm0.30^d$
SP0′	1/1	$1.5 \pm 0.06^{b}$	$61.0 \pm 0.07$	69	$93.4 \pm 1.6^{\rm ab}$	$46.7\pm0.8$	$8.3 \pm 0.29^{cd}$
SPO"	1/2	$2.2 \pm 0.04^{a}$	$96.0 \pm 0.6$	63	$99.7 \pm 3.2^{a}$	$65.8\pm2.1$	$8.8 \pm 0.47^{\circ}$
SPO‴	1/4	$2.2\pm0.05^a$	$159.0 \pm 1.6$	56	$99.0 \pm 3.5^{ab}$	$79.2\pm2.8$	$42.2 \pm 1.17^{a}$
SP9 <sup>D</sup>	2/1	$0.8 \pm 0.04^{e}$	$9.5 \pm 0.03$	70.4	$99.5 \pm 2.4^{a}$	$32.9\pm0.8$	$7.7 \pm 0.20^{cd}$
SP9'	1/1	$0.9 \pm 0.03^{e}$	$16.0 \pm 0.61$	68.7	$98.7 \pm 1.6^{ab}$	$49.4\pm0.8$	$8.6 \pm 0.50^{\circ}$
SP9″	1/2	$1.1 \pm 0.05^{d}$	$42.1 \pm 0.68$	59.7	$99.9 \pm 2.2^{a}$	$65.7\pm1.2$	$24.7 \pm 0.71^{b}$

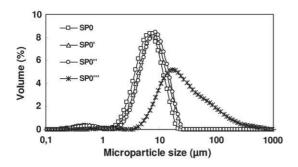
 $^{a-e}$ Different letters in the same column indicate a statistical difference between the mean values (P < 0.05).

<sup>A</sup> RE: retention efficiency determined by UV spectroscopy.

<sup>B</sup> LE: loading efficiency or  $\alpha$ -tocopherol content per 100 g of powder.

<sup>C</sup> SP0, SP0', SP0", and SP0": samples prepared with non-modified sunflower proteins and α-tocopherol.

<sup>D</sup> S9, S9', and S9": samples prepared with sunflower proteins acylated by C12 (DA of 40%) and α-tocopherol.



**Fig. 6.** Spray-dried microparticle size distributions of SP/T with different wall/core ratios (SP0 - 2/1, SP0' - 1/1, SP0" - 1/2 and SP0" - 1/4).

powders. The relevance of this work is further confirmed when compared to literature values, where loading efficiency of microparticles prepared by spray-drying varied from 10 to 50% (Charve & Reineccius, 2009; Favaro-Trindade et al., 2010; Ortiz et al., 2009; Pierucci, Andrade, Farina, Pedrosa, & Rocha-Leao, 2007; Wang, Tian, & Chen, 2011).

The morphology of spray-dried microparticles was observed by SEM. Particles were characterized by spherical morphology and smooth surface without fissures or disruptions. T was contained in a porous interior structure surrounded by a continuous proteinic shell. The microstructure of particles seemed to change when T concentration in the powder increased (Fig. 7). This can be attributed to a high density of oil droplets in the initial emulsion. Therefore during the spray-drying step, T droplets surrounded by SP form a continuous and porous network inside the microparticle.

#### 3.6. Release profile of T from SP based microparticles

The in vitro release behavior of T loaded in SP microparticles was studied in a release medium made from a phosphate buffer and a

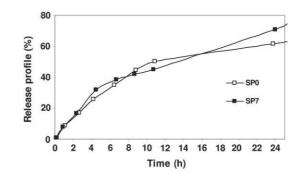


Fig. 8. Kinetic release profiles of T encapsulated by native sunflower proteins (SPO) and acylated with C12 sunflower proteins (SP7).

surfactant (Tween-80). The release profiles of T encapsulated by native SP (SP0) and acylated with C12 proteins (SP7), are shown in Fig. 8. These kinetic studies demonstrated that T was efficiently protected by SP encapsulation in an aqueous media. The release rate is gradual and very similar for both native and modified SP microparticles (about 50% within 12 h). After a 24 h period, the final amount of T released from SP microparticles based on native and acylated protein, was about 63% and 71% respectively.

# 3.7. Thermal analysis

The thermogravimetric (TG) weight loss and derivative of weight loss (DTG) graphs for SP, T and SP/T microparticles (SPO) are shown on Fig. 9. The 100% mass loss for T with complete decomposition, occurred in the range between 220 and 380 °C with maximal weight loss at 370 °C. No degradation of T was observed below 200 °C. This behavior confirmed that the core material used is not affected by the 120 °C spray-drying temperature. In addition, during the spray-drying process the particle temperatures reached approximately 70 °C due to cooling through water evaporation.

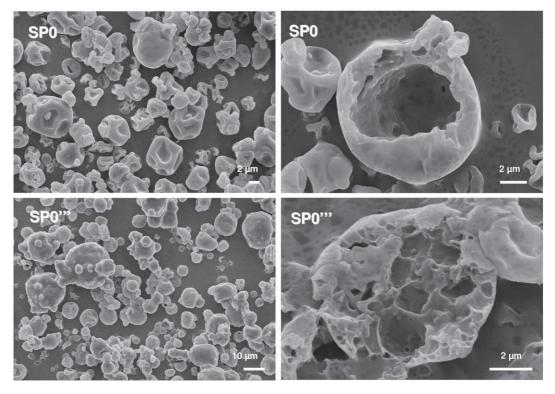


Fig. 7. Scanning electron micrographs of SPO and SPO" microparticles (external and internal structures).

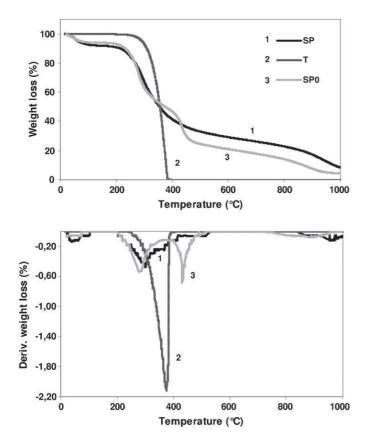


Fig. 9. TG and DTG graphs of sunflower proteins (SP),  $\alpha$ -tocopherol (T) and SP/T microparticles (SP0).

The weight loss of SP and SPO microparticles began at 100 °C and can be attributed to the evolving of adsorbed water. The decomposition of encapsulated T was observed after 400 °C because of a visible fall in the SP0 TG graph compared to that for SP. The degradation of SP0 microparticles is divided into two main steps. The first step at 280 °C corresponds to SP decomposition and the second step, between 400 °C and 450 °C, represents T evolving from the microparticles. SP degradation takes place at temperatures above 200 °C with the maximal weight loss (more than 60%) between 200 and 450 °C. Concerning the 500 to 1000 °C temperature range, progressive degradation of SP and SP/T microparticles was observed. This thermal behavior is very similar to soy protein microparticles loaded with T (Nesterenko et al., 2012).

#### 4. Conclusions

As demonstrated in this paper, proteins extracted from sunflower seeds can be efficiently used for microencapsulation of hydrophobic substances using a spray-drying technique. Enzymatic hydrolysis and/or acylation of SP were also used in order to enhance the functional properties of this wall material.

Increase in degree of hydrolysis resulted in reduced oil droplet size in the emulsion and in decreased retention efficiency (from 92.6 to 61.8% for non-modified and 24% hydrolyzed sunflower proteins respectively). This could be due to short protein chains that do not form a strong structural matrix protecting T efficiently during spray-drying. The AsFIFFF results showed that for a DH higher than 13% the majority of SP chains in solution have a molecular weight smaller than 10 kDa. Nevertheless, a low DH of SP allows production of microparticles with relatively high microencapsulation efficiency (80.2–81.9%). On the other hand, attachment of hydrophobic chains by acylation to sunflower protein (native or hydrolyzed), improved its surface-active properties and hydrophobicity. The affinity between wall and hydrophobic core material was enhanced and retention efficiency increased up to 100.8% for C12 acylated protein based microparticles. But this modification has no significant influence on the release profile of active material from the microparticles.

Increase in amount of T resulted in higher emulsion droplet size, emulsion viscosity and diameter of microparticles. This study demonstrated that microparticles prepared from SP can be efficiently loaded with hydrophobic active material ( $\alpha$ -tocopherol) up to 79% w/w. The work clearly shows that proteins extracted from sunflower oil-cake represent a new, natural and original matrix material for applications in microencapsulation. This could be an interesting way to valorize this agricultural by-product for various potential applications. Future research will focus on improving of release study with SP based microparticles.

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