



Featured Country: Cameroon

Featured Journal: Cameroon Journal of Agricultural Science

PROMOTING ACCESS TO AFRICAN RESEARCH

Quick site search...

AJOL JOURNALS ADVANCED SEARCH FAQ'S REGISTER

User login form with fields for Username, Password, Remember me, and buttons for Log In and Register.

Find Journals on AJOL

HOW TO USE AJOL...

- for Researchers
for Librarians
for Authors

OTHER RESOURCES...

- for Researchers
for Journals

IFE Psychologia : HOME ABOUT ADVANCED SEARCH CURRENT ARCHIVES

Home > Vol 16, No 1 (2008) >

Open Access Subscription Access

The Fear of Growing Old: Lessons from Nigeria

T C Iruonagbe

Abstract

Today, in most developed countries, issues relating to aging and the elderly have continued to command the attention of policy makers. This unfortunately cannot be said for most African Nations like Nigeria which have to grapple with such crucial problems as inflation rates, unemployment,

- [about Open Access](#)

[FAQ's](#)

[AJOL jobs](#)

[More about AJOL](#)

[AJOL'S Partners](#)

[Contact AJOL](#)

[Terms and Conditions of Use](#)

hunger, poverty, insecurity etc. Yet, the population of the elderly is increasing just as the level of hopelessness and misery has gotten to its peak. One can therefore only imagine the consequences of the massive increase in the elderly population, especially as they steadily retire from the labour force. This therefore calls for adequate social resources and programmes to help ameliorate the sufferings of the elderly and provide adequate care for them. With unfavourable policies and programmes of government in different sectors of the economy, most workers are made to retire prematurely from service and consequently age quickly due to the level of neglect experienced by Pensioners who hardly receive their gratuity and pension before they are dead. This has created a lot of destitute amongst the very old in society. Government has not been able to do much with regards to processes of resettlement and rehabilitation of the elderly, especially since most families due to high levels of poverty cannot do much for their old ones. Based on these problems, this paper sets out to examine the fear of growing old and how people should prepare for old age and what the future holds for the aged in Nigeria, most especially the role of the government, private organisations and the families concerned.

*IFE Psychologia* Vol. 16 (1) 2007: pp. 141-152

Full Text:

[EMAIL FULL TEXT](#) 

[DOWNLOAD FULL TEXT](#) 

<http://dx.doi.org/10.4314/ifep.v16i1.23768>

IFE Psychologia. ISSN: 1117-1421