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1979


SUBMITTED TO THE DEPARTMENT OF ARCHITECTURE  
IN PARTIAL FULFILLMENT OF THE REQUIREMENTS OF THE  
DEGREE  
MASTER OF ARCHITECTURE

September, 1988

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June 14, 1988

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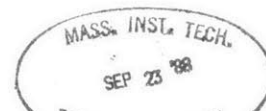
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# DESIGN GUIDELINES: NORTH CAMBRIDGE NEIGHBORHOOD INTERGENERATIONAL URBAN VILLAGE CENTER



Rotch

## ACKNOWLEDGEMENTS

For:

Jean, Jean, Heather, Cheri, Robin, Jan, Jessica and  
Reva  
hi guys !

Thank-you

Jose, Jason, Maria, Biresh, Ashish, Janina, Gabi,  
Denise, Bill and Sandy



"... the city can be a deep and comprehensive education. Creating order is the essence of cognitive development. Sensibility is useful for maintaining the continuity of adult personal identity, and the stable meaning of culture. Perhaps it is far more useful to the growing child, who is less deeply immersed in abstract verbal notions and more open to the immediate sights and sounds around him. A rich, sensuous world, full of diverse meanings and characterized by an unfolding order, is a fine growing medium, if the child is free to explore it and can at times withdraw from it into some quiet and protected place. The survival of the species depends on rearing competent children. "

(Lynch,1981)



# ABSTRACT

## DESIGN GUIDELINES: NORTH CAMBRIDGE NEIGHBORHOOD INTERGENERATIONAL URBAN VILLAGE CENTER

by  
Robert D. Fiedler

Submitted to the Department of Architecture on  
June 15, 1988  
in partial fulfillment of the requirements for the  
Degree  
Master of Architecture

This thesis has two fundamental intents: to establish a set of design guidelines for a new type of urban space which promotes increased day to day social and personal contact between elementary school aged children and their elders - the aging of our society; and, to accomplish this end by exploring what this idea means through an investigative process in which architectural design is used as a pre-programming tool.

Extant models of elementary schools and elderly housing were transformed into a new type of environmental program and social institution. Spaces and activities normally associated with elderly housing and elementary schools were combined to reestablish strong intergenerational relationships between the young and the old of our society. Traditional intergenerational relationships lost through the segregation of generations in American society are reestablished in a formal and contemporary way.

The result of this transformation was the architectural concept of an intergenerational urban neighborhood village. A place, which through its design as a highly structured urban environment, allows several layers of life, or territorial realms to exist simultaneously:

- o private dwellings;
- o semi-private and semi-public residential realms;
- o community education realm;
- o private educational realm;
- o private service realm; and
- o community realm.

The new relationships of activities afforded by this new juxtaposition of territories promotes intergenerational exchange.

Activities were physically interconnected through highly articulated territorial realms which form the loci of an intergenerational life. A life which is nurtured in a village like setting that forms the center of the intergenerational life of the neighborhood of North Cambridge. An urban neighborhood center in which an intergenerational sub-culture of elementary school students and elders can establish itself and flourish.

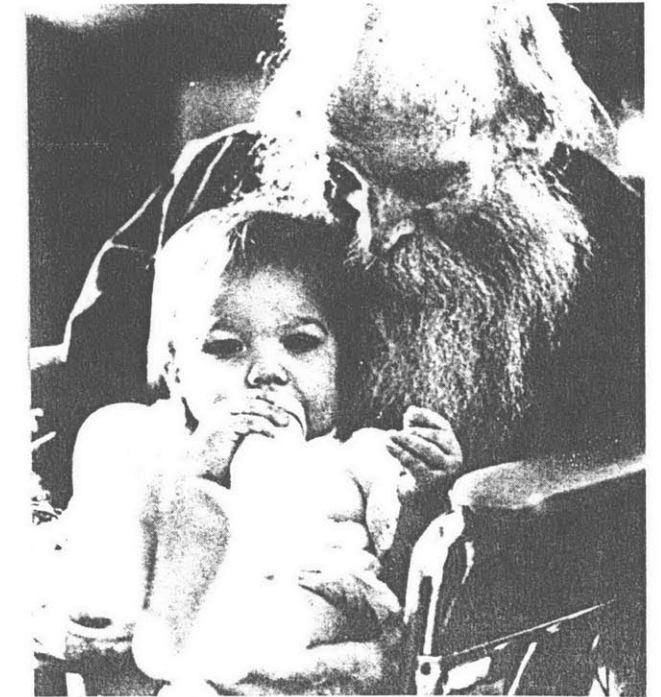
The architectural design process was conceived as a research program rooted in theoretical understanding of the sociology of aging, intergenerational exchange and elementary education. Urban design theory was used as a framework to make sense of the diversity and complexity of the intergenerational urban neighborhood village, by giving it specificity, coherence and vision. The architectonic intentions needed to realize this project were made more explicit through this process. Design explorations on a specific site tested the validity and plausibility of the theoretical understanding. The design research process was both inductive and deductive, theory and design explorations informing each other in a dialectical process.

The architectural concept was postulated through both written language and design drawing. This approach is rooted in the assumption that investigation of the social vision behind for the urban neighborhood village center, cannot be accomplished in abstraction, but must be rooted in both an understanding of architectural space as a cultural place, and of a particular urban location.

This work is based on four underlying assumptions:

- o that emotional, social and physical divisions exist between the generations in our society due to, in part, a trend throughout this century, towards age segregation;
- o that there is an reciprocal association between the physical definition of space and the social occasion or place which inhabit that space, and that this association can be exploited to define new types of social institutions;
- o specifically, transformation of extant models of elderly housing and elementary schools into new settings can guide through architectural intent, increased day to day contact between the aging and the young; and
- o intergeneration cohesion and exchange, are beneficial to society as a whole, the intergenerational sub-culture that would flourish in this place, and to the individual.

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Title: Professor of Architecture and Planning, and  
Head of the Department



## PART ONE: THE PRETEXT

### A: THE CASE FOR INTERGENERATIONAL EXCHANGE

" ... the continuity of all cultures depends on the living presence of at least three generations. "

Mead, 1970 ( Seefeldt, 1985)

"Young people have ambition, energy and enthusiasm. Older people have experience, knowledge and expertise. If you put those things together, you have dynamite - anything can happen."

Lydia Bragger, Gray Panther Leader  
(Bartz, 1985)

"The phenomenon of segregation by age and its consequences for human behavior and development pose problems of the greatest magnitude for the Western world in general and for American society in particular."

(Bronfenbrenner , 1973)

American society is segregated by age to a greater extent than ever before. School is attended by children in age segregated classes. Those in the young and middle adult years work. The aged tend to associate with those of their own age and may be isolated from others. The extended family has given way to the nuclear family. As a result of these rifts in the traditional American social fabric, emotional and physical divisions exist between the generations.

Without intergenerational contact, cultural continuity is lessened, along with the educational vitality associated with this exchange. Both young and old aging persons are disadvantaged when isolated from each other and other groups in society.

The transition from the extended family toward the nuclear family in American society represents a transition from age integration to age segregation. Contact between the young and aging has diminished over the past several decades. Since 1970, this trend has reversed slightly, Americans aged 65 and over, are 40 percent more segregated than they were in the 1940's. (Tierney, 1987)

Since the 1960's, research indicates " that the decline in life satisfaction among older persons and the increase in negative stereotypes toward the aged and aging among younger persons both seem to be connected to this trend toward age separation between the generations." (Newman, 1985) In many other cultures, the young and the aging " live and work closely together. As a result, the children seem to understand and respect the old, and accept the reality of their own aging " to a greater degree than is the case in America. (Seefeldt, 1985)

The segregation of America's aging is population increasing while it continues to dramatically age. The number of aged Americans will continue to grow for the next quarter of a century, both as a percentage of the total national population and in absolute number. The number of Americans 65 and over has increased from 9 percent of the total population at the turn of this century to 21 percent in 1980. The percentage of those 65 and over has continued to grow and it will continue to do so with dramatic increases over the next 20 years. By this century's end, there will be an expected 1150





percent increase in number of Americans 65 and over since it began. (The American Institute of Architect's Foundation, 1985) The combination of age segregation and the increased numbers of the aging is a situation requiring immediate design attention.

A growing number of intergenerational school programs are being implemented to counteract the trend towards age segregation. Research indicates that in 1985 several million children and 100,000 older persons and were involved in these programs, which covered a wide range of activities formats and settings. For example, the aging are involved in teaching arts and crafts, being guest lecturers, helping with homework, preparing school meals and providing assistance to school administration. Students have taught their elders to use computers, and visited them in their homes. A number of programs focus on developing friendships between aging and young persons. (Seefeldt, 1985)

Findings from individual programs designed to accommodate the needs of participants include the following benefits:

"... improved life satisfaction and maintenance of general good health and vigor." (Cohon, 1985)

"... mutual trust, learning and understanding" (Seefeldt, 1985)

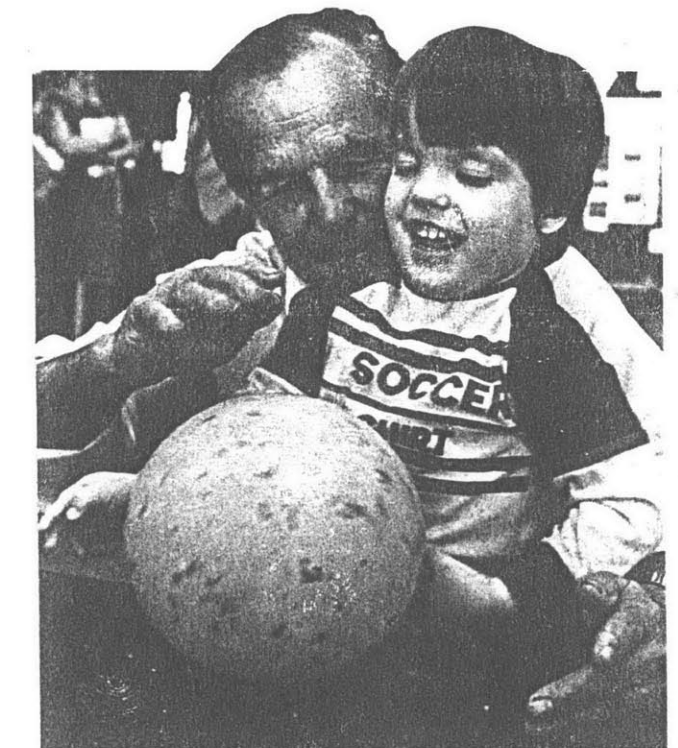
"... a positive impact on the childrens' intellectual and social development." (Saltz, 1985)

reestablishing caring relationships "that are deemed necessary for the continuity of our society." (Seefeldt, 1985)

"The affection (the aging) receive from the young promotes feelings of self-esteem and worth." (Seefeldt, 1985)

While not all research indicates that these programs have such benefits, the majority of the findings are more favorable than negative. However some data indicate that in certain intergenerational school programs, children demonstrated a more negative attitude towards aging persons after participation than before. Research strongly recommends well designed programs and implementation strategies including training and ongoing support, to meet the needs of the older participants. (Struntz, 1985)

Participation in intergenerational programs have included young people providing service to the aging community, who in turn provide academic support, by both being employed and providing volunteer services within the educational community. Service to the aging include such programs as 'adopt a grand parent', 'meal on wheels' and a host of other sharing and support programs. Education, teaching, visitations and recreation, involve direct participation of elders with young students. Elders also perform various administrative support duties within the education system.



## B. THE CASE FOR EDUCATIONAL REFORM

"American public education is beset by systematic structural problems that neither of its two most promising reform movements alone can solve. the current 'excellence movement' and the push for vouchers are both well-intentioned and far reaching, but neither effort will fully achieve its objectives unless we also undertake sweeping changes in the educational delivery system itself."

(Finn, 1987 )

"American schools are in trouble. In fact, the problems of schooling are of such crippling proportions that many schools may not survive."

(Goodlad, 1984)

"... U.S. educational productivity has not kept even with that of the smoke stack industries such as steel, automobiles, and consumer electronics that are no longer worldclass competitors in quality and costs."

(Fraser, Walberg, Welch & Hattie, 1987 )

The history of basic education and school buildings in America starts in the seventeenth century with the one room school, and ends in today's state of crisis. Declines in educational output, increasing costs and changing education goals now make obsolete traditional approaches to basic education and the buildings designed to accommodate those outdated concepts. New directions in education and, by extension educational environments, are urgently required, and have been for some time. Society spends tens of billions of dollars on school buildings, which are now and increasingly will be, obsolete.

American basic education now suffers from chronic cognitive, affective and socialization declines. Poor attitudes towards people and property as evident in increased crime and drug use are symptoms of decline of social cohesion and the educational system entrusted in maintaining it. Incremental improvements will not suffice. And thus nor will revision of the 'facility' model of school buildings: "Needed are some quantum gains in educational productivity. The chances of achieving these quantum gains through the cohort-processing that occurs in most classrooms is low".

While most popular education philosophies emphasize students' individual needs, this approach is seldom translated into practice, as reflected in the standardized, institutional nature of most classrooms. The American educational system standard practice of cohort processing students has resulted in school buildings which " convey the mass production, assembly-line ethic." (Hathaway, 1988) Individualized instruction has remained the elusive goal of education.

A new direction in school building design must be based on a new direction in education. This direction could be formulated around the following goals:

- o Holistic and integrative approaches to both problem solving and dealing with people;
- o Life long learning;
- o Learning to learn;
- o Increased individualized instruction to better develop each person's potential;
- o Development of an inquisitive and innovative spirit in students; and
- o Development of the empathic sensitivity which will prevent one from dismissing matters of human value. (Hathaway and Fiedler, 1986)





The educational system now serves three functions; education, socialization and custodial care. Children in school are taught within formal curricula, learn classroom discipline, socialize with their peers, and are cared for while their parents work.

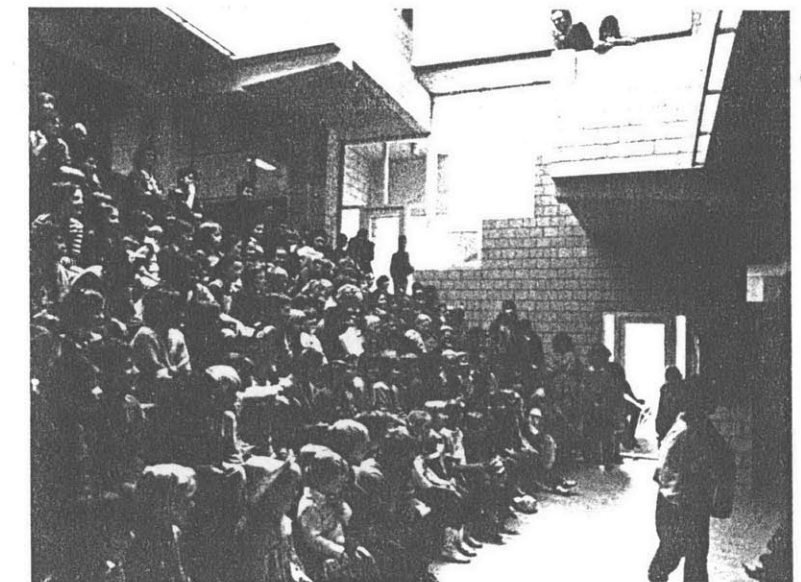
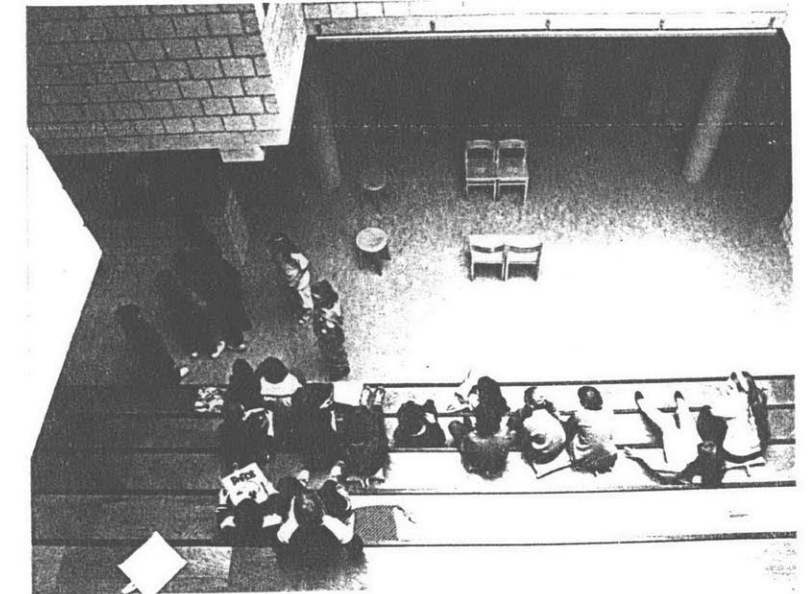
Thinking of these processes as being integrated into other segments of community life leads to an understanding of the entire urban environment as the place in which education takes place, not just the 'school facility'. Individualization in education leads away from cohort processing of students in standardized group sizes in standardized classrooms, to learning environments which allow for differentiated group sizes and activities to occur simultaneously, and to allow the pattern of these activities to change over time.

The design of schools needs to become part of an approach which integrates education into community life. The community school movement of the last two decades is an example of such an integrated approach. The intergenerational urban village concept takes the direction

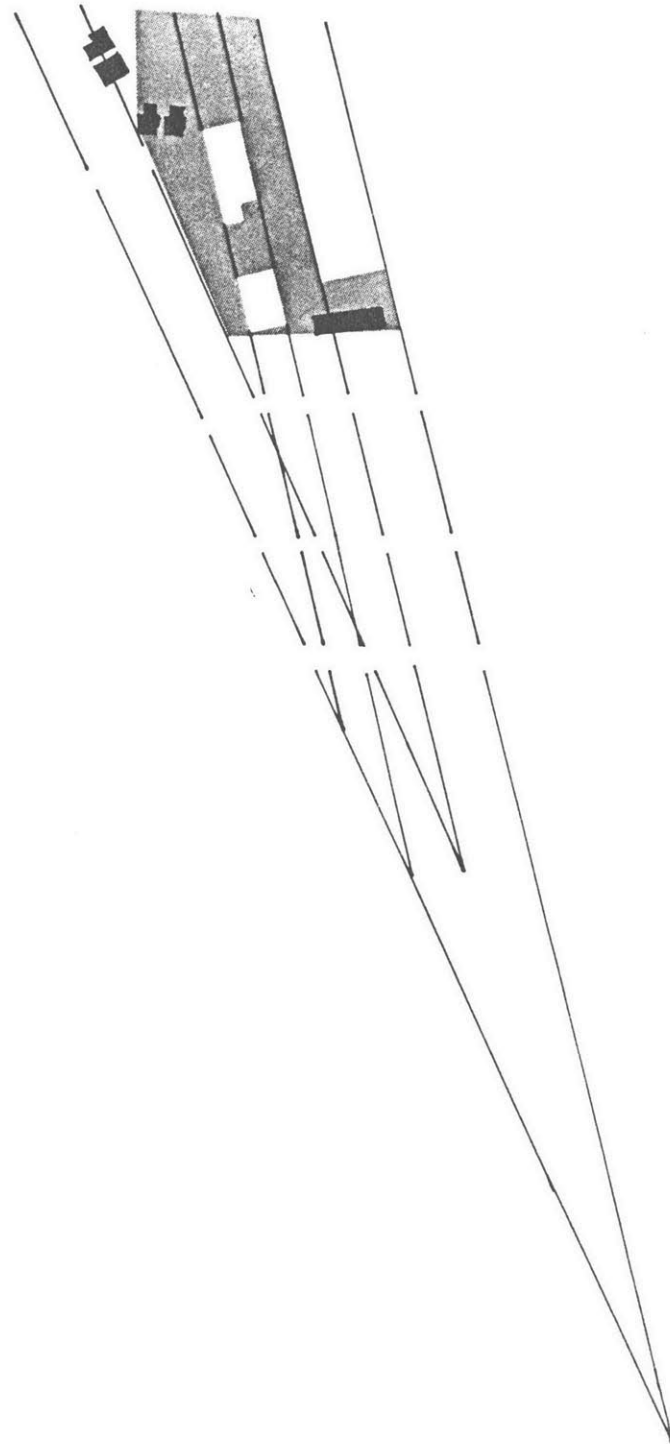
behind the community school movement several steps further towards integration of school and community. In this model, the school an integral part of the urban environment, by designing the school to have an urban quality.

Integrating learning environments means allowing education to disperse into community life ,i.e., work, living and leisure activities. Individualized instruction means more differentiated and simultaneous activities and group sizes than is common today.

Application of the notion of community integration to the location in North Cambridge, which is owned by the Catholic church, may require a Catholic/Public joint venture for capital works and management .as a model for an intergenerational neighborhood village center project in North Cambridge.



# PART TWO DESIGN GUIDELINES



Architecture is not neutral, but contains generic intentions out of which individual and collective particular choices can be made. Design intentions in architecture must resonate with the intentions, interpretations, associations and images of its inhabitants, by supporting and strengthen them. Meaning in architecture results when it makes a demonstrable contribution towards improved living conditions and circumstances by supporting its inhabitants' intentions activities, associations and images.

The quality of an urban place can be defined as the relationship between its form and the value that form represents to the particular cultural circumstance of its inhabitants. A good urban environment can be defined as continuous, well-connected, diverse, accessible, decentralized, an adaptable and an open place which is tolerant to experience, and conducive to development. A good architectural space allows a social place where a complex culture is maintained and nurtured, while progressive change is permitted. The fundamental good of a settlement is to support continuous cultural development of the collective group and individual. This is a process of becoming more complex, of unfolding connections, competencies, and acquiring and realizing new powers - intellectual, emotional, social and physical. "A good place is one which, in some way appropriate to the person and her culture, makes her aware of her community, her past, the web of life, and the universe of time and space in which those are contained." (Lynch,1981)

Specifically, good city form fulfills the performance dimensions noted below:

## Performance Dimensions:

**Accessible:** Diverse, equable and locally manageable;

**Vital:** safe, sustenant, and consonant;

**Well Fitted:** A close match between the form and actions;

**Sensible:** identifiable, structured, congruent, transparent, legible, unfolding and significant; and

**Well Controlled:** Congruent, certain, responsible and intermittently loose.





## A. ACCESS

Access can be defined as the "ability to reach other persons activities, resources, services, information, or places, including the quality and diversity of the elements which can be reached." (Lynch 1981) An accessible environment provides access the multiplicity and richness of life. Access to services is a most important factor for the elderly in choosing where to live, especially access to health care and local services.

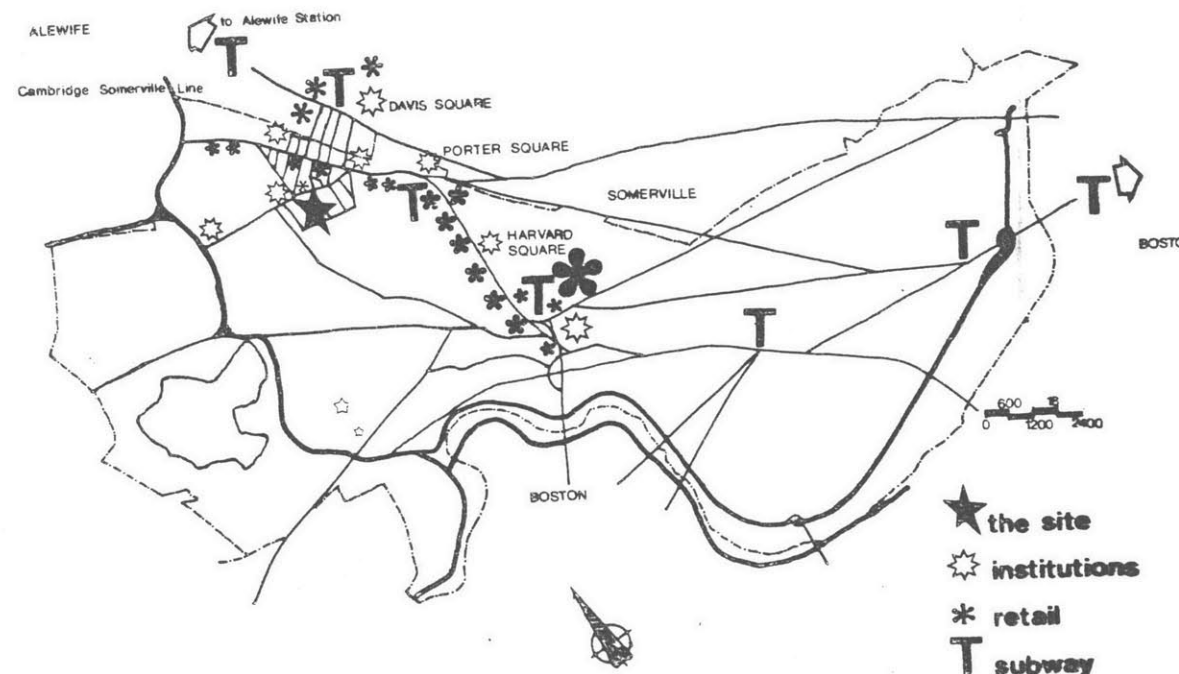
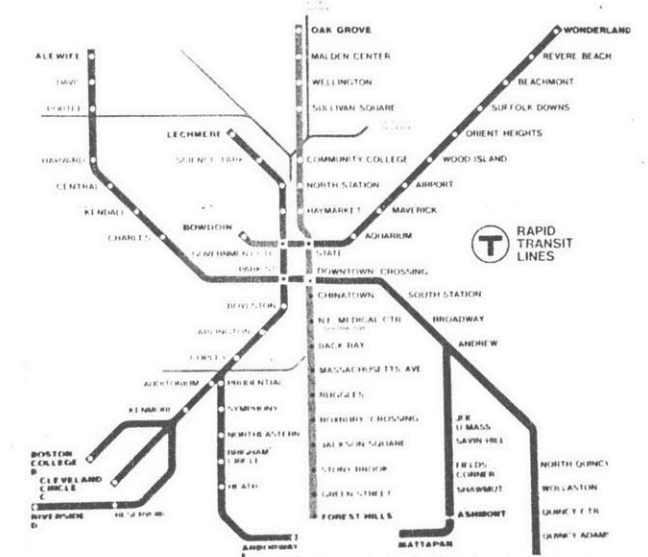
## DESIGN GUIDELINES

### SITE SELECTION

The site was chosen for having a diverse urban environment accessible to it.. Located at the south-east corner of Sheridan Square, North Cambridge, Massachusetts, the site is particularly well serviced. Strip commercial extends along Massachusetts Avenue, which connects directly to Harvard Square, the commercial and cultural center of Cambridge. Davis Square, an urban retail and transportation node, is located four blocks from the site, providing access to subway and bus transportation, federal and local government services, and major shopping, eating, and entertainment services . There is bus service to the site along Rindge Avenue.

### LOCAL SERVICES

Provision for eating, convenience store and pharmacy, a beauty parlor and barber shop are required to complete access to services.



## B. VITALITY

Vital urban form supports vital human functions, capabilities and biological requirements. There must be a fit between the physical environment and human requirements of body rhythm, sensory input and function. Architectural form must provide a sense of safety and security. In a larger social sense, good urban form supports the present and future stability and continuity of the culture. Both the old and the young need to be nurtured by their culture in order to continue to grow as human beings.

The diminished space in which life occurs, or life space, in the aging is the opposite of the expansion experienced growing up as a child, where life space starts at the body and extends beyond it, expanding potential with age. Ability develops to a maximum competence in adulthood, stabilizes, and then diminishes with time towards a life space limited back to the body in extreme cases. Both the old and the young require custodial care.

### AGING AND THE PHYSICAL ENVIRONMENT

Aging is relational with the environment and with time. It is an ongoing process for which the participant is not prepared to anticipate all the inevitable changes to their needs and, as a consequence, needed environmental supports. It is not the static state of being aged. Needs change with time in ways often unexpected by the individual.

As persons age their need for support from the environmental becomes more complex. Their environment becomes more important to their sense of orientation, well-being and general ability. Abuse and insult from the environment is less easily tolerated.

### AGING AND LOSS

One aspect of aging can be viewed as a progressive continuum of loss. Losses on this continuum include: separation of child, death of peers, loss of spouse, motor output deterioration, sensory acuity losses, age related health problems and reduced physical mobility. (Byerts, 1973)

### AGING AND HEALTH NEEDS

The hypothetical average aging person " is likely to be in reasonably good health. She can move about her neighborhood in or near an urban area without great difficulty." (Powell, 1973) However, chronic illness is prevalent in the aging, commonly heart disease, arthritis, strokes and diabetes, with the first two being the most debilitating. Almost 40 percent of aged Americans have limited daily activities due to these diseases, and another "12 percent are virtually confined to their homes, or have difficulty getting around by themselves." (Gelwicks, et. al. 1974)





### Physiological Changes

The wear and tear of time exacts the following changes to physiological capabilities:

#### Mobility and reach:

slower reaction time and reduced reach

#### Strength and stamina:

reduced strength and maintained stamina

#### Vision:

loss of visual field acuity;

reduced color sensitivity;

increased sensitivity to glare; and

decline in ability to see fine detail, distinguish

depth, or adapt to changes in brightness.

#### Hearing:

increased difficulty to discern one voice or

sound against a background of competing

sounds.

#### Tactile and thermal sensitivity:

loss of sensitivity;

narrowing comfort zone. (American Institute of

Architects Foundation, 1985)

The dysfunctioning in these capabilities leads to the sense of disorientation and vulnerability associated with aging.

### Psychological Changes

Although intelligence does not deteriorate with age, the "speed with which we store, summon and express information" does. (American Institute of Architects Foundation, 1985) For example cognitive maps of unfamiliar settings become harder to generate. These perceptual,

cognitive and expressive changes can be psychologically depressing and debilitating, and can lead to an increased sense of insecurity. The environment must be negotiated with less information, or activities curtailed.

## DESIGN GUIDELINES

### URBAN QUALITY

The physical environment must provide for an intensification of sensory messages, to become sensorially loaded, to ameliorate the increasing physiological and psychological thresholds associated with aging. Environment must become a meaningful language in all senses, not ambiguous space. Urban space needs to stimulate and provide clear spatial clues and landmarks so that the space serves as a point of reference for personal, social and public realms. (Byerts, et. al., 1973)

### LOCAL SERVICES

Research indicates that the elderly need appropriate services properly and selectively delivered, have the possibility of enabling the elderly to live as independently as possible. To make the village center vital, required at Sheridan Square are a beauty parlor, barber shop, pharmacy and convenience store and neighborhood scaled health services.

## HOUSING THE AGING

Fundamental to aging is the unpredictability of changing needs over time. The implication of this fact for housing the aging is the need for dwellings to be adaptable. Adaptability includes the "ability of certain building elements, such as kitchen counters, sinks, and grab bars, to be added to, raised, lowered, or otherwise altered so as to accommodate the needs of either the disabled or non-disabled, or to accommodate the needs of persons with different types of degrees of disability." (ANSI (A117.1))

While these aspects are very important, to fully accommodate changes associated with aging, space must be convertible, extendable and retractable. Expandable /Contractible space allows for ordered growth or reduction of the amount of space in a given functional territory. Convertible space allows response to functional change with the same territory.



## C. FIT

### RECIPROCITY OF FORM AND ACTION

Fit is a match between the qualities and pattern of human action, and the temporal patterns and spatial attributes of the settlement form in which those actions are customarily engaged. Fit is related to the characteristics of the human body, physical reality, and the totality of behavior. In a well adapted environment, fit is not a rigid link between action and place, but is a reciprocity between architectural form and human involvement with it. Fit results when spatial characteristics support desired actions.

### ENVIRONMENTAL COMPETENCE

Environmental competence is the personal correlate of fit. Environmental competence can be defined as the extent to which the inhabitant can carry out effective activities using the environment as a resource. (Perin, 1970) The built environment can either aid or hinder the purposes of those who inhabit it.

If the environment provides the resources for a particular activity to be fulfilled it provides the participant with a sense of competence. Inhumane environments are ones which disappoint expectations for human endeavor. Criticisms of the environment by its inhabitants are expressions of the level to which the environment hindered desired activities.

To be endowed with meaning, or be satisfactory, environments do not restrict desired activities. Unsatisfactory environments result in the need for defensive responses or the substitution of other activities for desired ones. Environmental competence can only be understood in terms of the activities which occur in it.

## DESIGN GUIDELINES

### COMMUNITY NEEDS

Provision of housing for the aging, daycare, and health facilities are goals of the North Cambridge Neighborhood Stabilization Committee. This group of local citizens is striving to maintain the number of families living in the neighborhood in the face of redevelopment. The economics of gentrification pressure the elderly to move in North Cambridge. Professional services are required to provide for the health needs of the neighborhood.

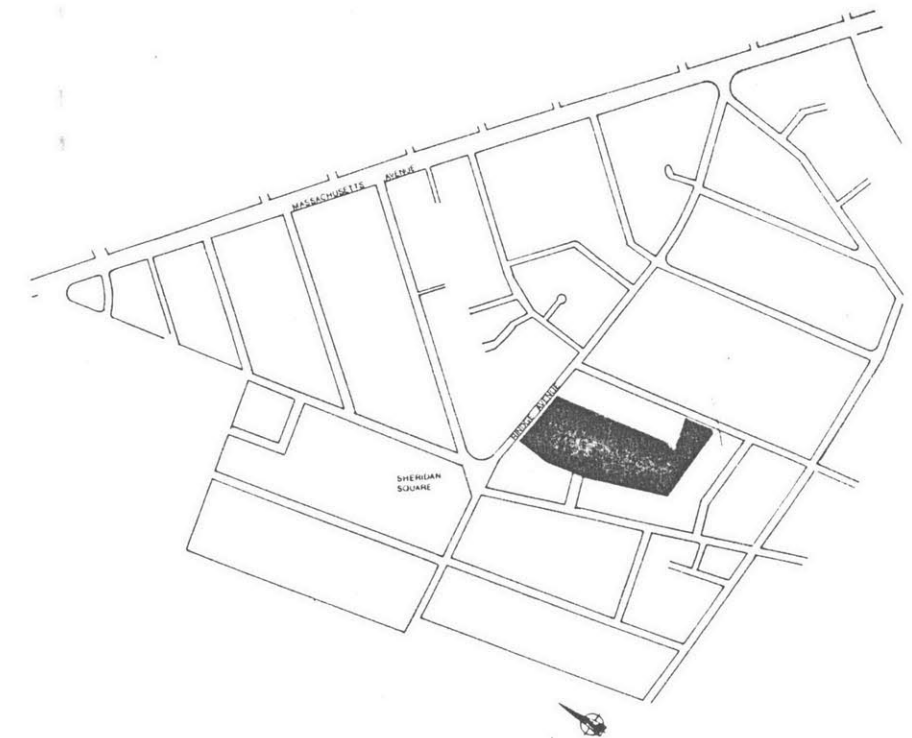
Redevelopment of existing housing stock and new condominium development are taking place. The goal is to keep the aging population in their own neighborhood by offering a housing alternative which is now no offered.

### DEVELOPMENT SCALE AND TYPE

A neighborhood scale development at Sheridan Square, would be a contiguous extension of recent redevelopment of Harvard, Porter and Davis Squares and improvements to the subway (MBTA); part of a finely tuned gradient of services across North Cambridge. What is required in Sheridan Square is a neighborhood scale community service core or center, which complements but does not compete with the commercial nature of the northwestward redevelopment of Cambridge.

## SITE SELECTION

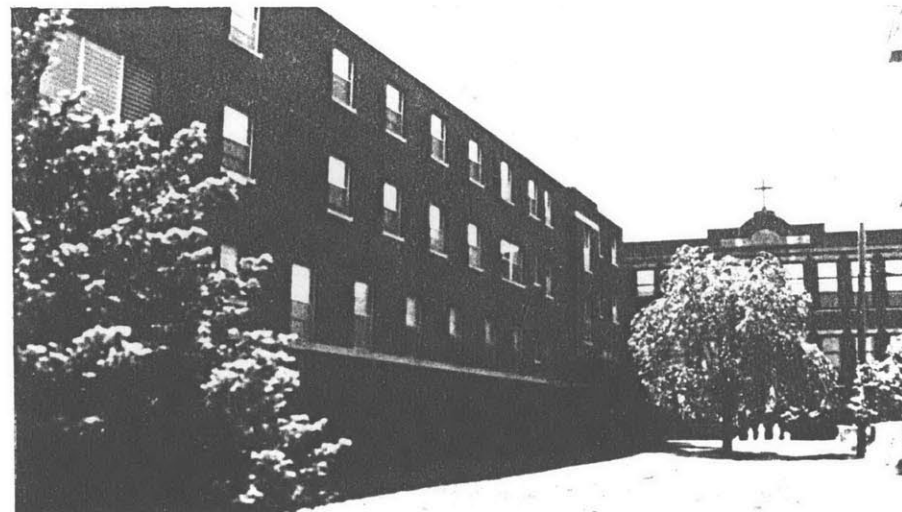
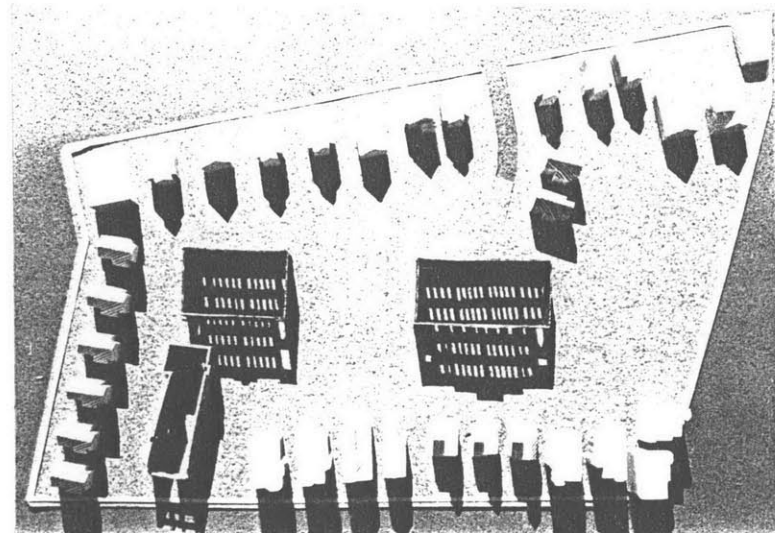
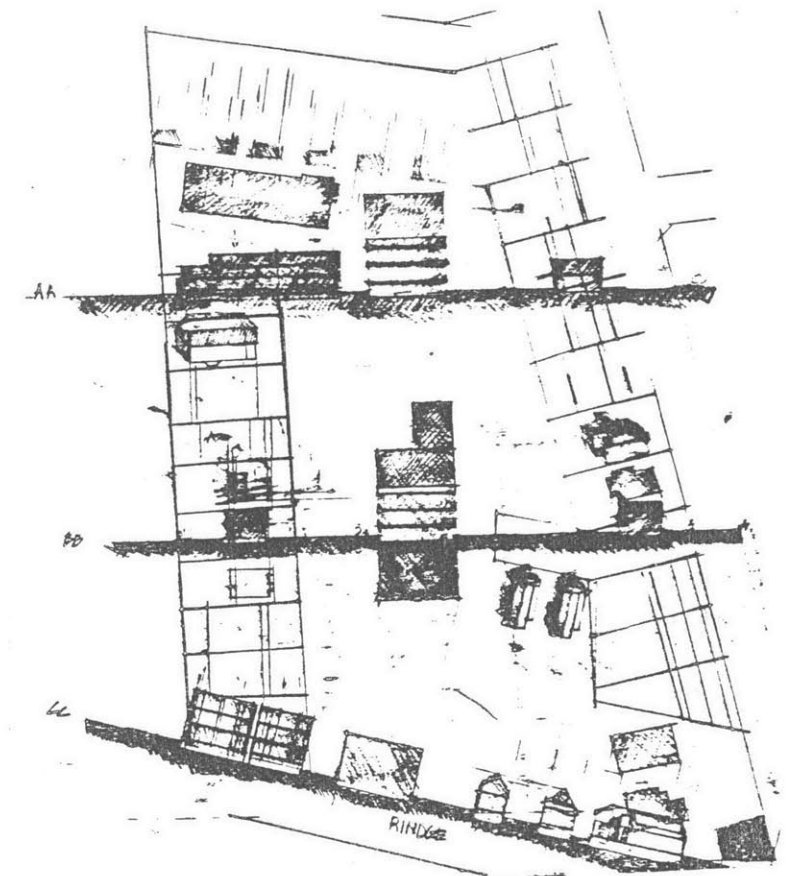
The elementary school and convent located on the site are vacant. The school has been gutted by fire, although it is still structurally sound. A high school on the site is now being used as St. John's Elementary School, with an enrollment of 270 students, and an annual growth rate of 14 percent. The school is now over capacity and has minimal facilities. Redevelopment of the site is appropriate.

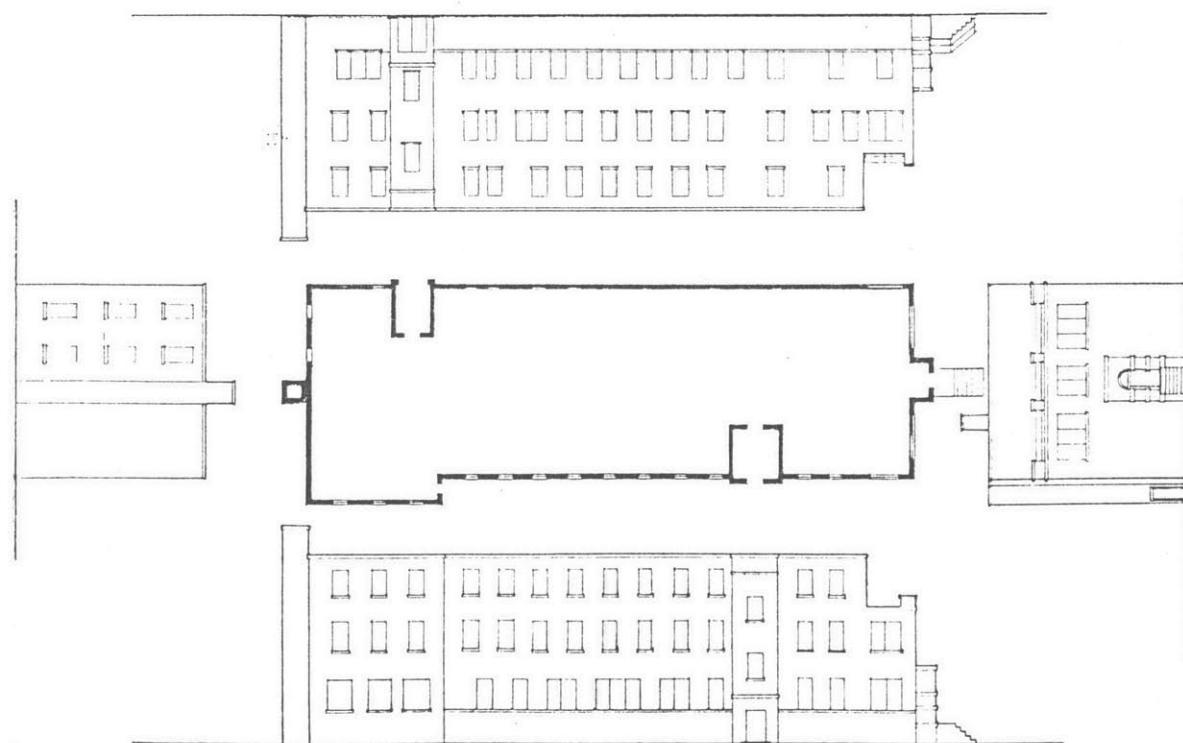
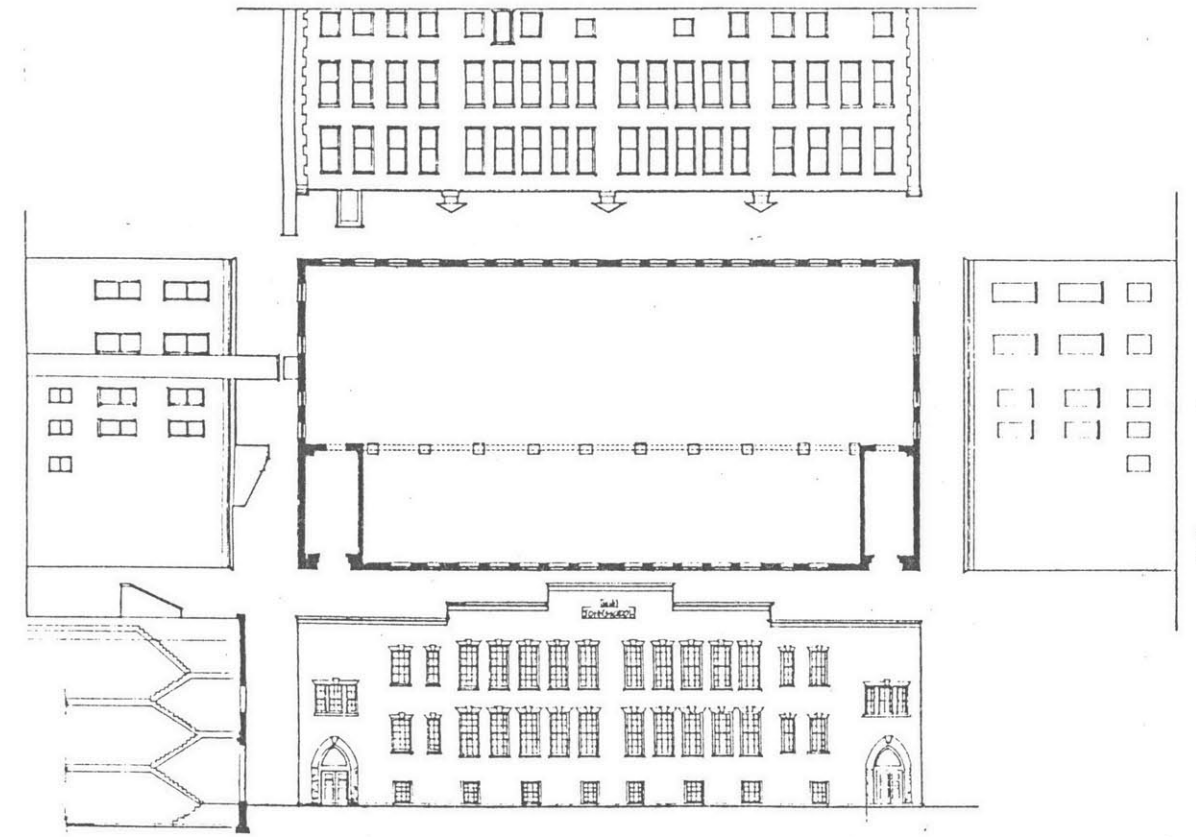
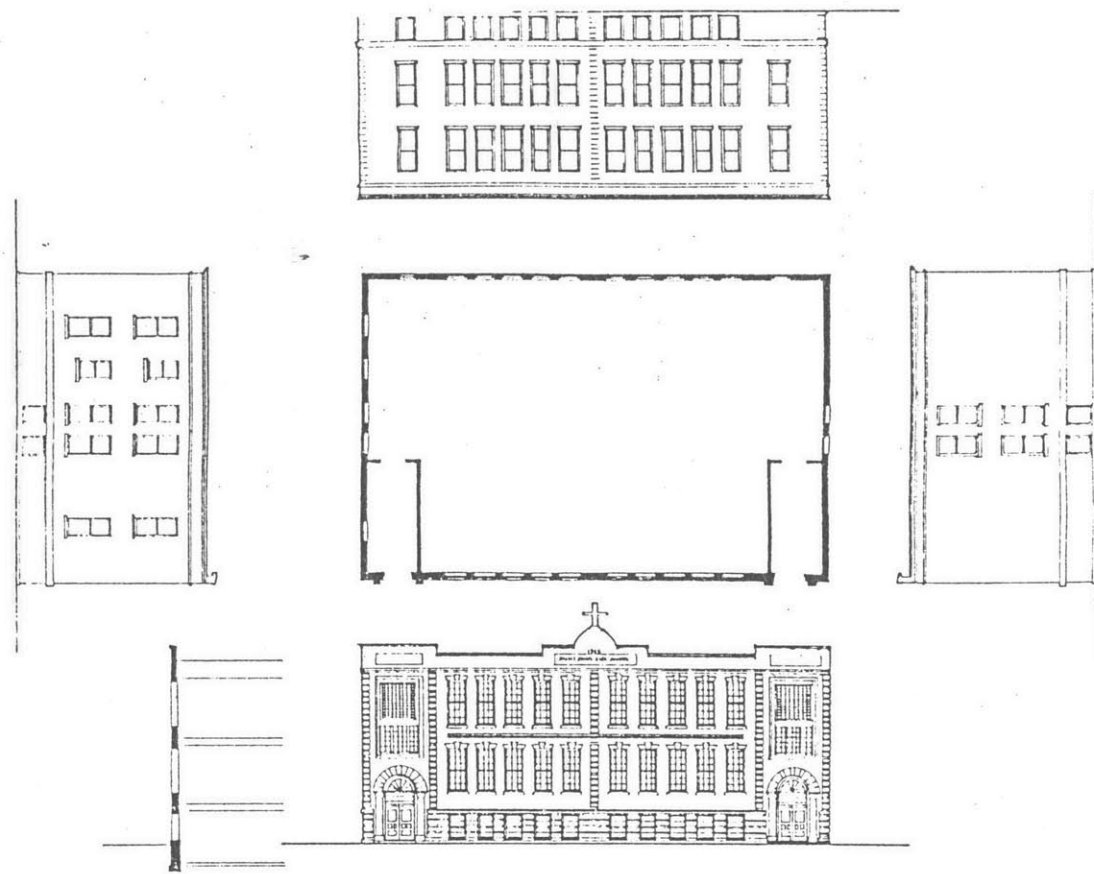




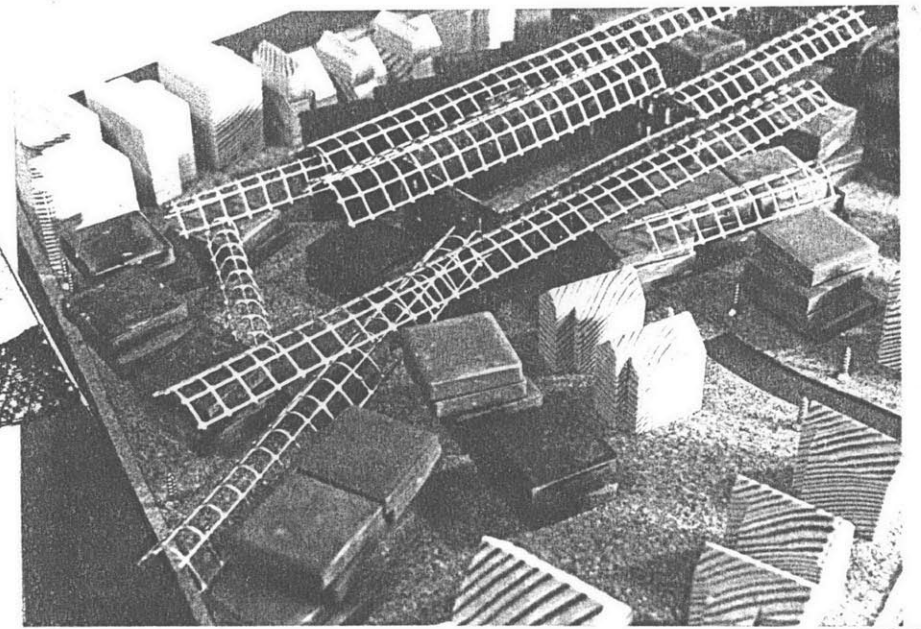
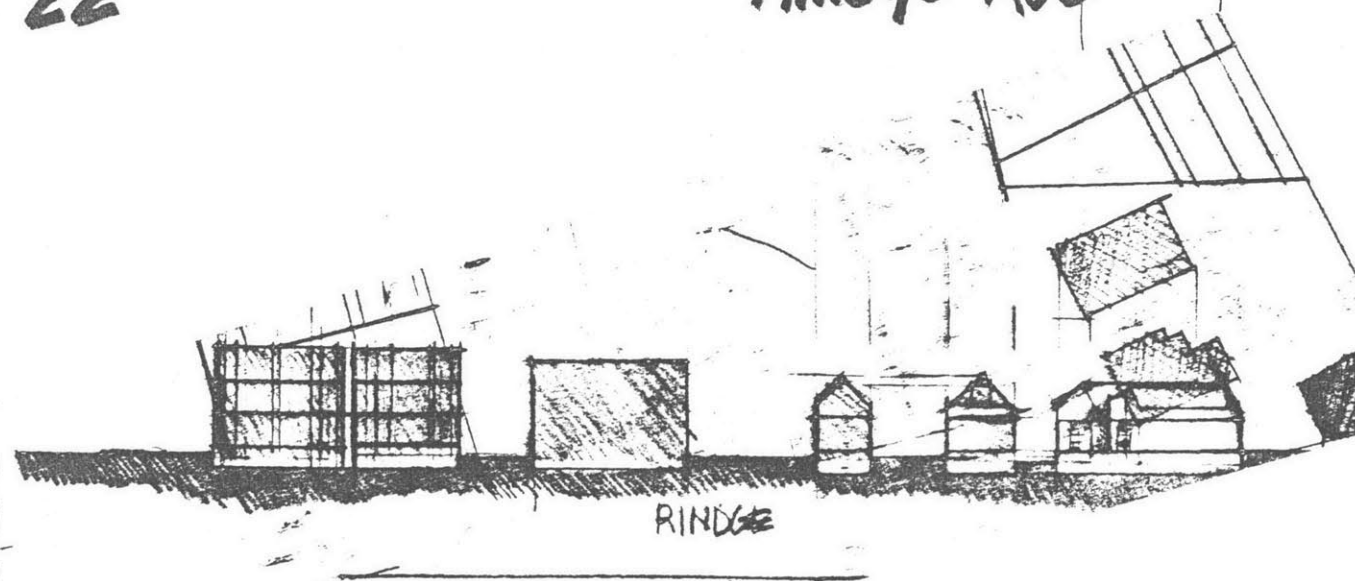
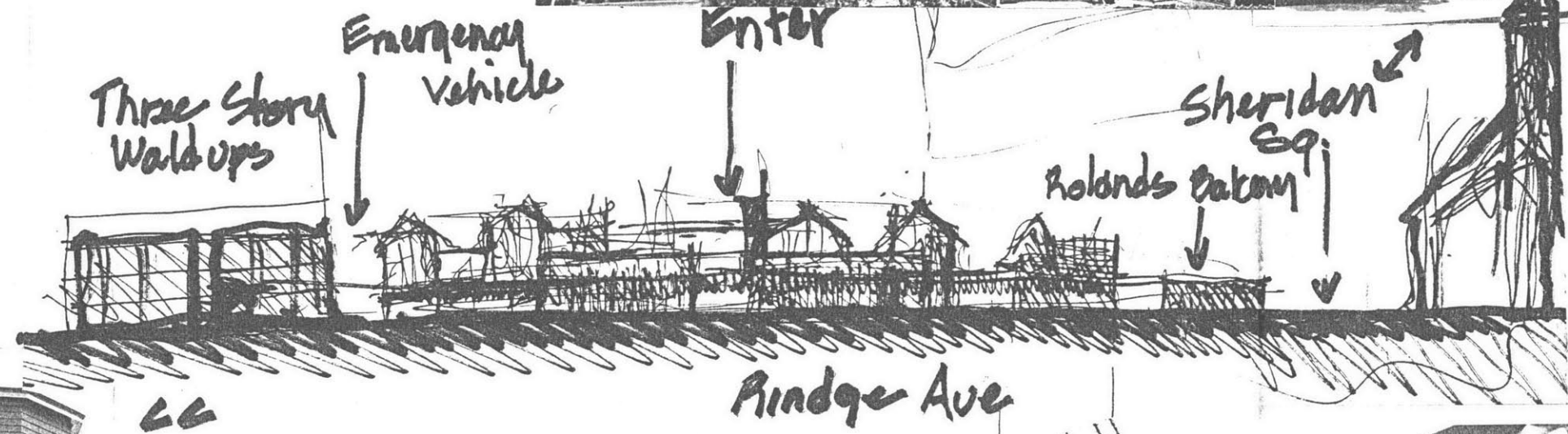
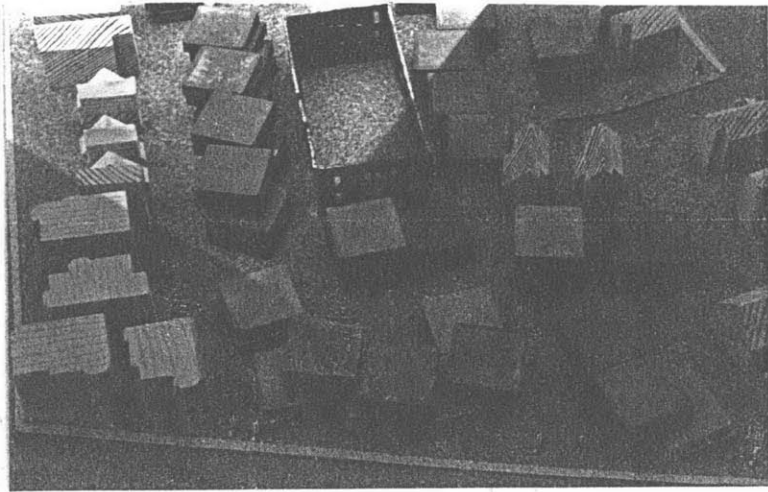
## URBAN FABRIC

The two and one half story brick exterior school buildings are in scale with several other educational and religious buildings in the area. The houses which border the site form a finer grained fabric, which is juxtaposed with the larger institutional brick buildings. The two scales are in contrast with each other. Weaving the housing and institutional scales of fabric together is a central design concern. The intent is to knit the site together with a third scale of physical intervention which mediates the scale of the other two.

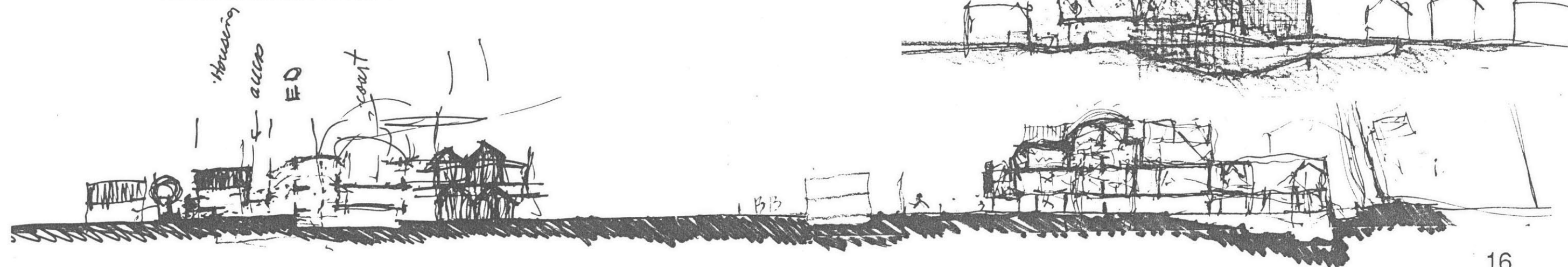
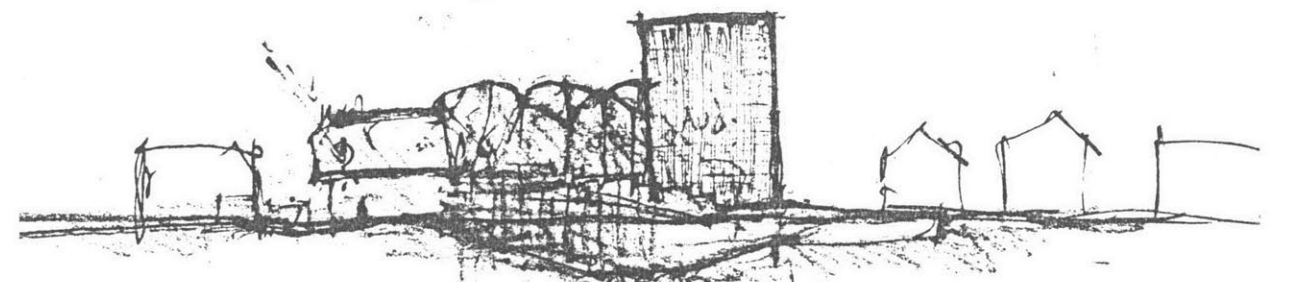
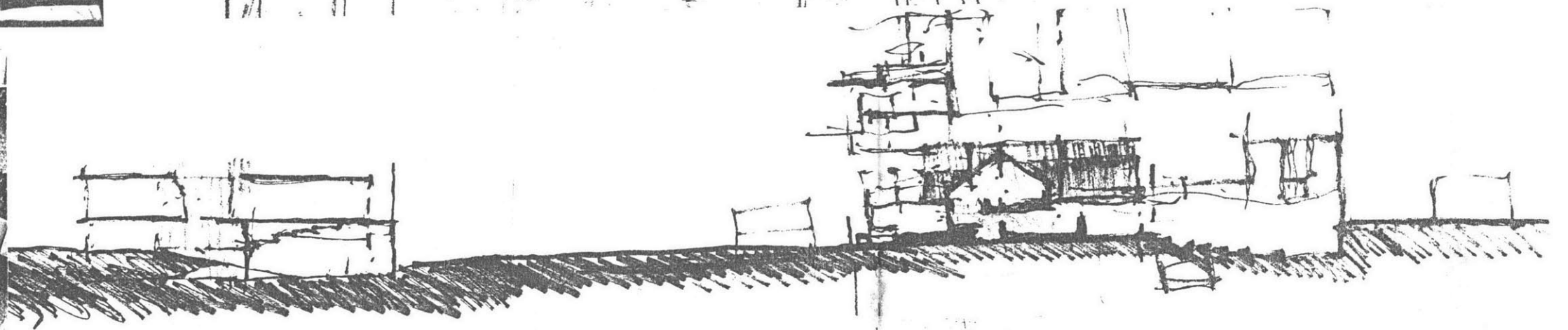
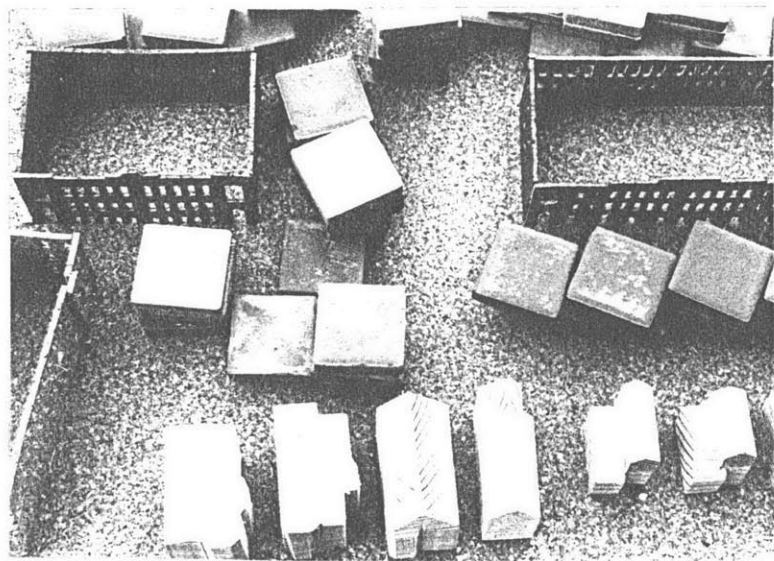
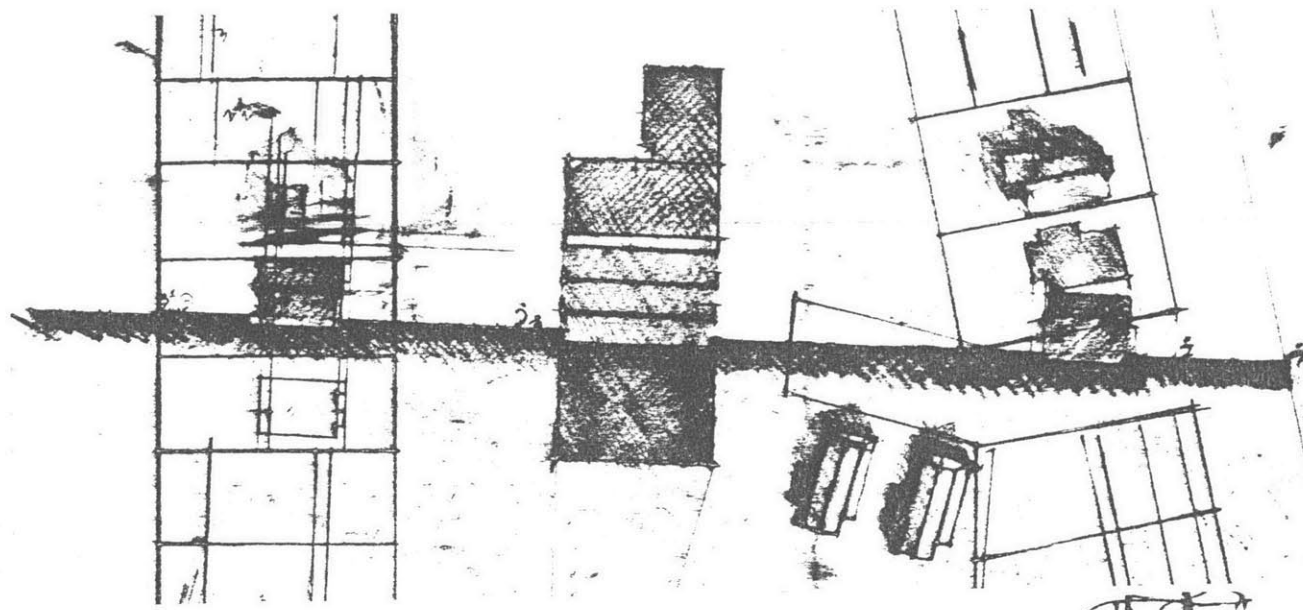


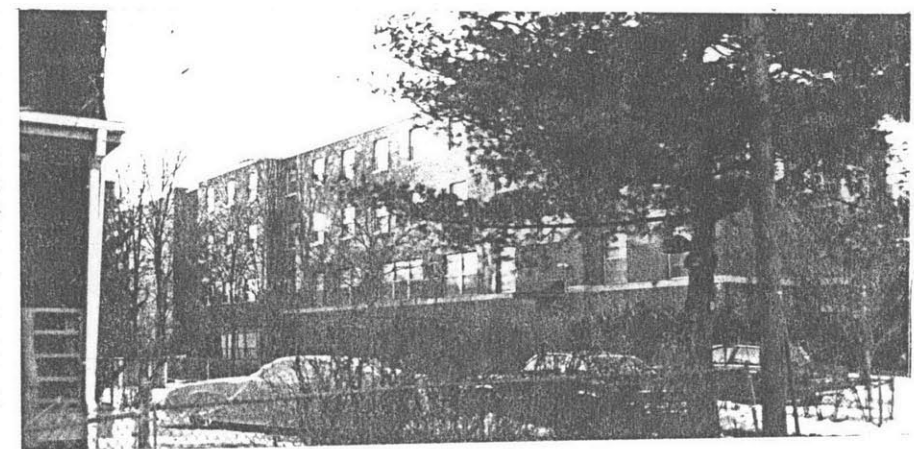
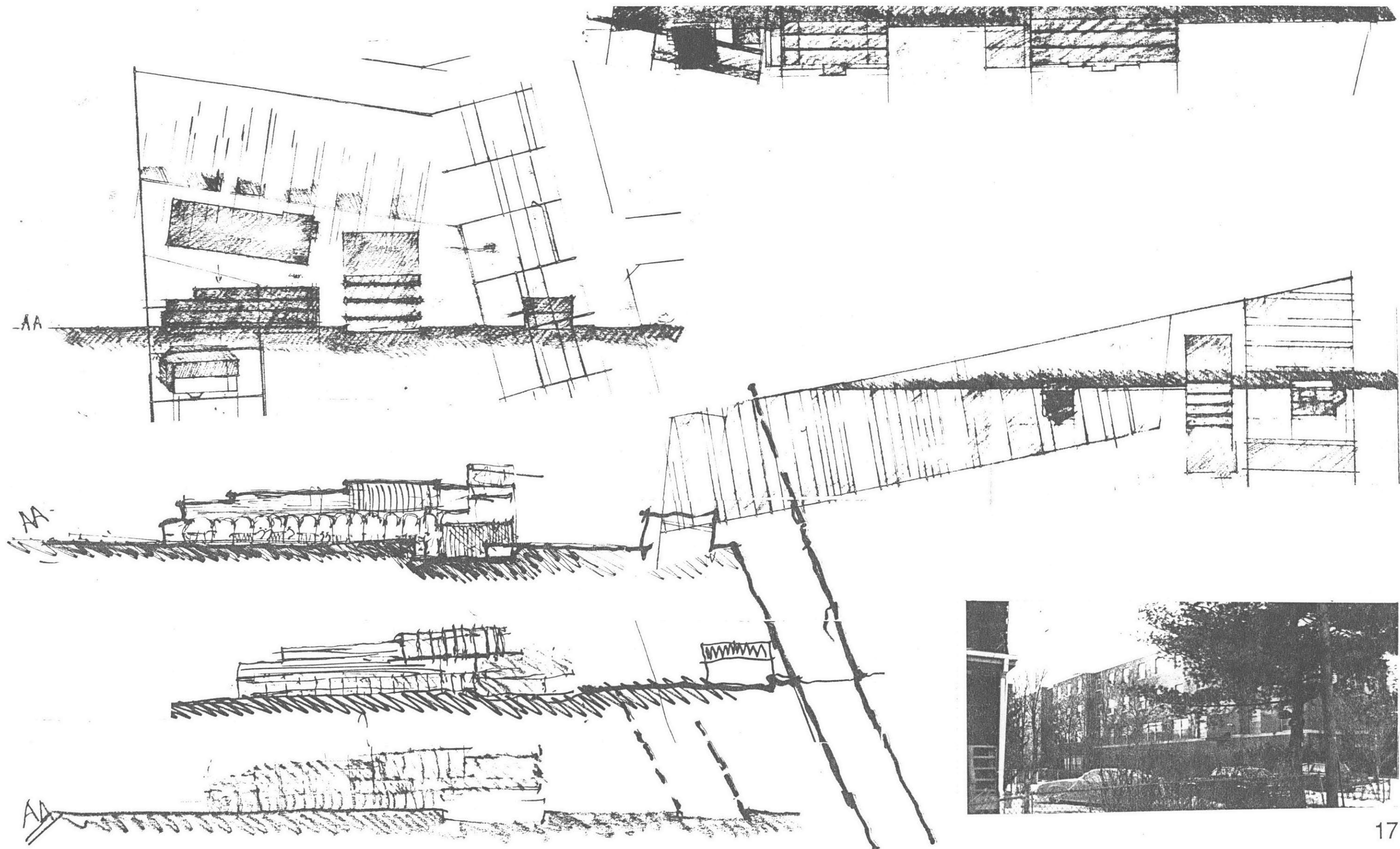




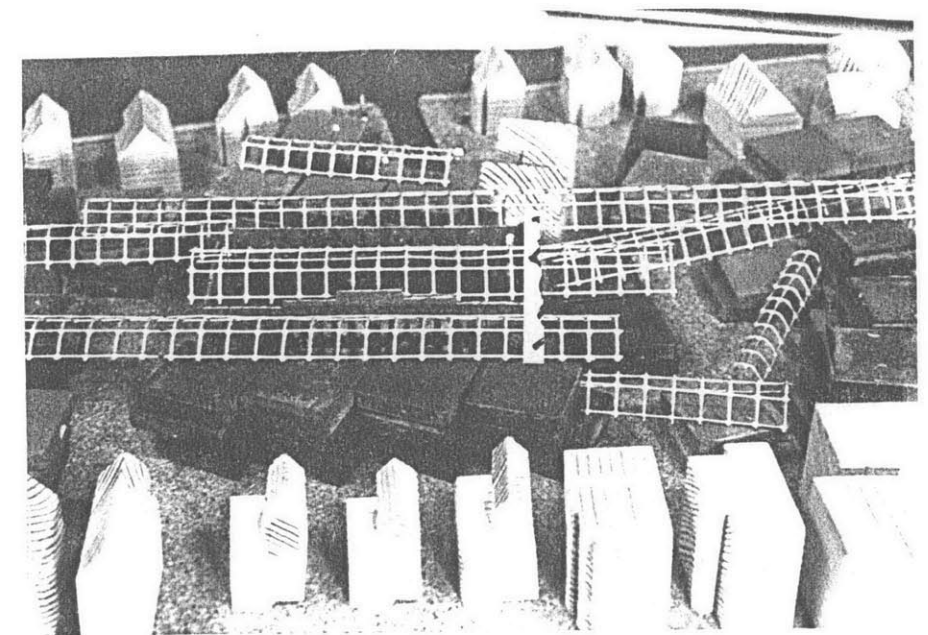
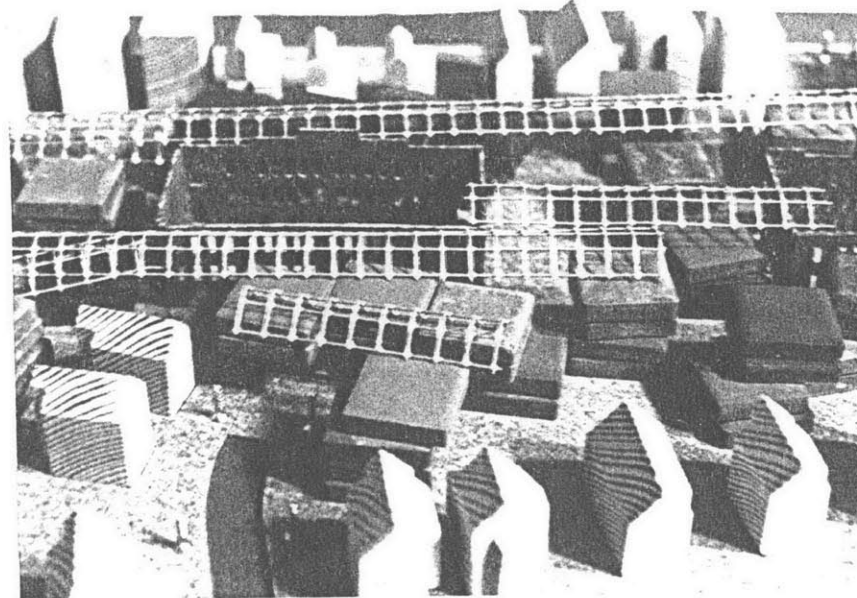
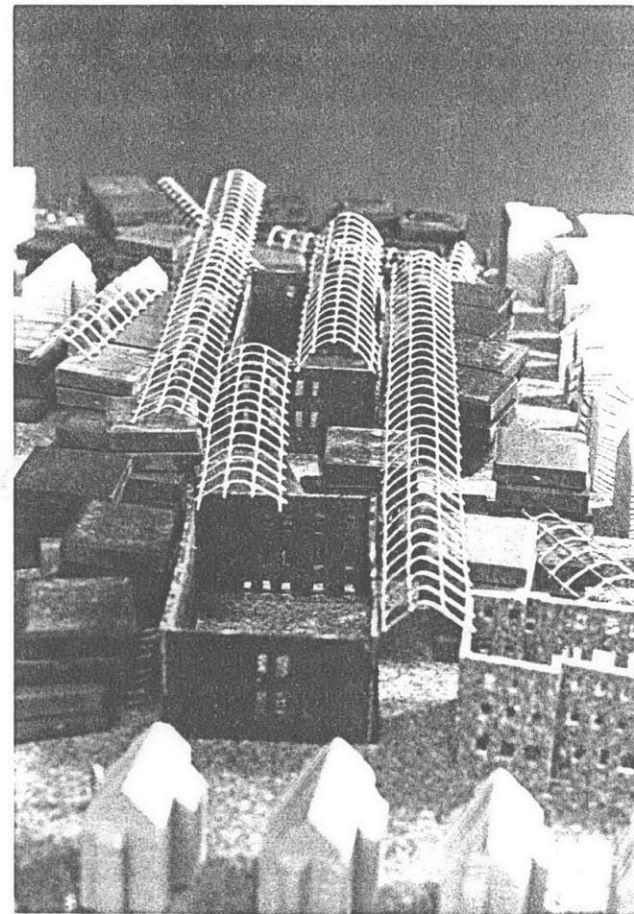
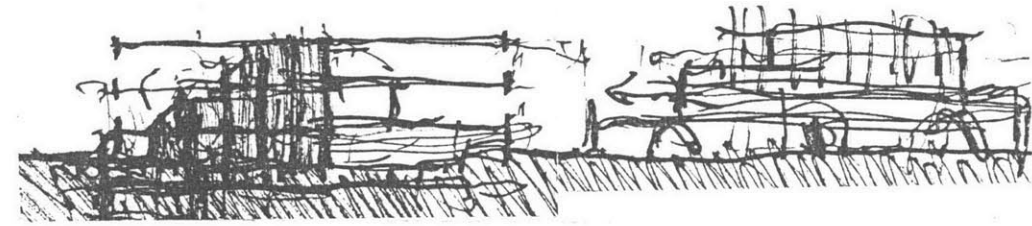
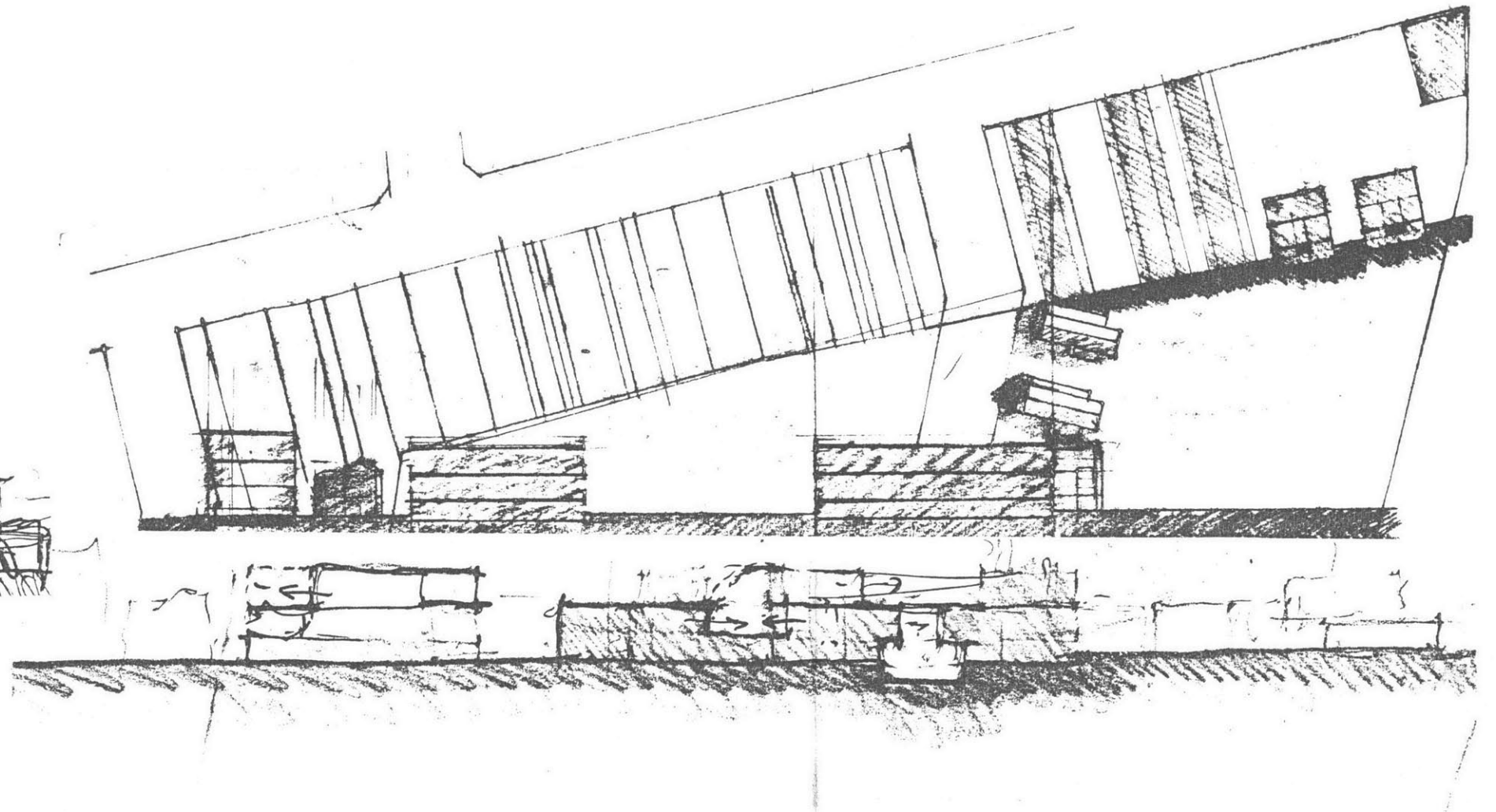
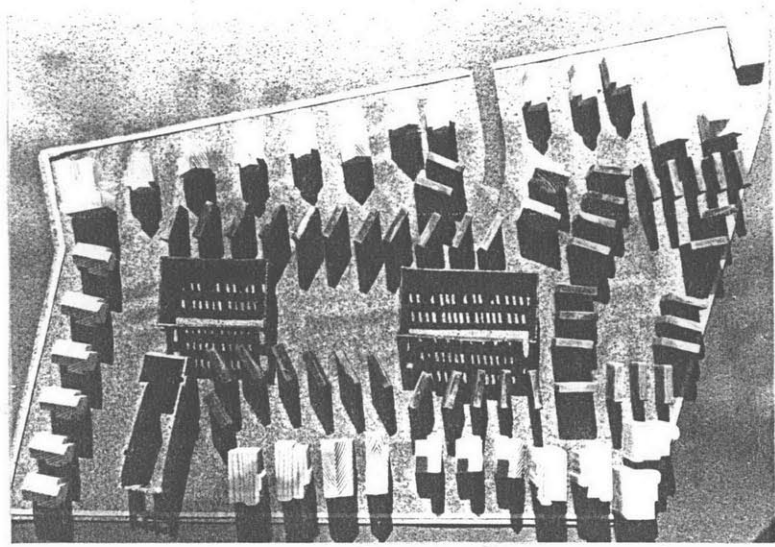














## INTERGENERATIONAL ACTIVITIES

### Informal Intergenerational Activities

Informal activities include the casual observation of the public lives of both generations together, which results when the generations spend parts of their day to day lives in view of each other - elder/child, child/child, and elder/elder.

#### Architectural Implication

The design of the public and some social spaces will allow for a transparency to life. The place will allow the aging to observe the young, and the young the aging, as one would sit on a window seat in a cafe, and watch the life of the street. Public life as street theater.

For this aspect to work, the public realm inside the building must be as public as an urban street. Otherwise, it will seem like a 'fish bowl', persons being observed and feeling it an invasion of their privacy. Public and private are only definable in terms of each other. A place is more or less private relative to its separateness from the public realm. The private and public realm in this building, will therefore be mediated by a transitional territory, the same way the front yard, sidewalk and house entrance, no matter how narrow a zone, mediate the privateness of home, and the publicness of urban street. A main design consideration will be clearly defined private, semi-private, semi-public, and public domains to resolve conflicts for security and control by residents and publicness.



## Intergenerational Celebrations

These activities will include celebrating together, birthdays, holidays, festivals and carnivals.

#### Architectural Implications

Celebrations vary in size, from the intimacy of two persons sharing a special moment in private, to the boisterous community wide festival or carnival. Although a good party can happen almost anywhere, the mood evoked by the space is an important architectural contribution to festive making. The space will intensify the event, intimate or boisterous.

The public realm will be designed to promote a sense of festivity, a celebration of the life of the place, a richly textured mosaic of material, form, light (natural and artificial), and color. The size of public and social realms will accommodate



each member of the intergenerational community and two invited guests, so that the extended community can party together. The celebratory quality will be emphasized by the compositional, and ceremonial aspects of the architectural form.

The social spaces will be designed for different group sizes, with a range of settings, e.g., small and secluded, and large and open to the public and light. More intimate gatherings will occur in the residences.

### Intergenerational Caring and Sharing Exchanges

These activities involve one on one exchanges of sharing of experiences and feelings centered on affection and friendship, conflicts, generosity, sadness and grief, family and heritage. Activities can vary from touching and caressing, talking and walking, to just spending time together.

### Architectural Implications

This activity reinforces the pattern of an elder and child couple being together and doing a variety of activities, and experiencing a full human array of emotion which in turn will require a variety of public, social and private settings, both active and passive.

### Intergenerational Educational Activities

The aging could perform the following educational activities:

- o tutoring on subjects like daily living skills, speech skills, social and environmental awareness, and personal hygiene;

- o joint library sessions of reading together to encourage reading;
- o guest speakers and lectures in the classroom;
- o story telling and oral history;
- o teaching arts and crafts, e.g., sewing, cooling, kite making, clay work, painting, drawing and making paper collages;
- o conducting and participating in exercise classes;
- o teaching and jointly participating in music, theater and dance productions and puppet shows.

### Architectural Implications

Involvement of the aging in the formal education process means that several 'teachers' could at times be involved with the same group of students. The ability to accommodate flexible grouping sizes in one location becomes important. The major concern is for acoustical privacy, if more than one group is active in the same place. The most acute situation would be in the library, with a number of older and younger couples, reading, talking and going to the stacks together; and aggregating for small group discussions.





### Intergenerational Sharing of Food

Eating and cooking together, the sharing of preparation and partaking of sustenance, is perhaps the most significant way people share. Food sharing will occur in three ways: the young could go to the elders housing for lunch; there could be a communal kitchen in which the elders prepare lunch for the young; and, meals could be prepared for both groups by a professional staff. And then there is shopping for food, and growing it on site.

### Architectural Implications

Architecture must provide the physical support for the psychological and social meaning of sharing sustenance. This type of experience is the antithesis of that of eating in the typical school cafeteria. Opportunities need to exist for eating alone, with a friend or friends, or in larger collectives. And connected to celebration, is everyone eating together.

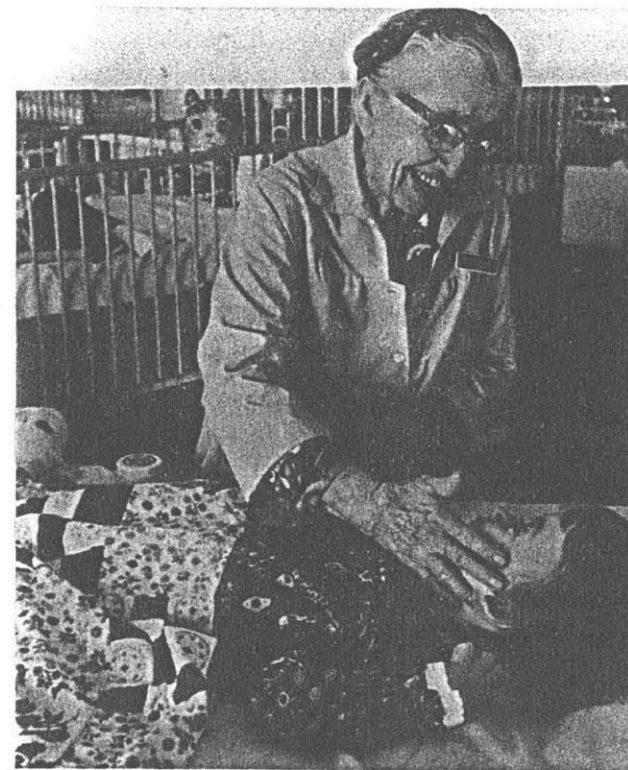


### Intergenerational Day Care

Early childhood services is an activity in which the aging have considerable experience and expertise, if not formal training. Most elders have been parents. In an intergenerational context, caring for the emotional, intellectual, social and physical development of children aged 6 months to 4 years old would combine 'real world' experience with professional expertise, at this most critical stage of child development.

### Architectural Implications

Day care will be disaggregated and taken out of the institutional environment. Babies and young children will be cared for in the home, in small indoor/outdoor social spaces associated with a group of homes, and as a collective activity in the public realm.





## D. SENSE

Sensibility is the attribute of the physical environment to be clearly perceived, mentally differentiated and structured in time and space. Sense is also the degree of fit between the mental image of place, and the observer's values and concepts. Sense depends on spatial form and quality, cultural temperament, experience and purpose. Sense of place is characterized by identity, structure, congruence, transparency, legibility, unfolding and significance.

### SELF IDENTITY AND PLACE

Identity connotes a sense of place. How one's place is identified, or differentiated from other places, or is recognized as a separate identity or territory. For the aging, identity is focused on the home: on its habitability as a personal place particularly important to the individual. Habitability connotes warmth of hearth, closeness of family, and containment of domestic activities. Habitability tends to denote protection and safety and sanitary conditions. (Howell, 1980)

The personal identity undergoes a process of consolidation in aging. The identity - the WHO AM I ? sense - is presented in their private surroundings, typically the home. The home becomes increasingly important as one ages, since it is here where the identity is expressed strongest.

### ENVIRONMENTAL STRUCTURE

Structure represents orientation at the large scale, and at a small scale it is the sense of how parts fit together. Orientation, is knowing where and/or when one is. The temporal structure of a place, include natural processes, activity rhythms, celebration, and ritual. Spatial attributes include the visual sensations of color, shape, quality of light,

smell, touch, kinesthesia, and sense of gravity.

Identifying and structuring the physical environment are vital to mobility or way finding. There is a an intrinsic need to recognize and pattern surroundings. Besides being practical, this ability has an emotional importance to the individual. Geographic uncertainty or being lost carries negative overtones. Organization and use of defined sensory cues from the physical environment are prerequisites of a free and moving life.

A vividly identified, highly structured environment, allows formation of strong mental images or maps; which in turn allow for a high competency level in relating to the physical environment. A new built environment may seem to have a strong structure or identity, if the features are striking or impose their own pattern.

### LEGIBILITY

Legibility is the clarity of physical form to be recognized and mentally organized, or ordered into a coherent pattern. If it is legible, the parts of a settlement are easily identifiable, as are the physical and social relationships between those parts, and as are the rules which form those relationships. A clear image of place provides the following benefits:

- o allows one to move about more easily than with an unclear image;
- o an ordered environment provides a broad frame of reference in which activities, beliefs and knowledge are organized and associated; and
- o emotional security results from a good, i.e.,clear environmental image. The sweet sense of home

strengthens with not only familiarity, but also with the distinctiveness of its image.

A legible place allows its inhabitants to accurately communicate to each other, via the symbolic meanings invested in its physical features. For example, the privacy of a house is communicated by the symbolic overlay invested in its entrance way which is made up of physical features - gates, front walks, stairs and front door. In this way legibility, along with congruence and transparency make explicit connections between the form of the intergenerational village and the social territories of its inhabitants.

Legibility, congruence and transparency link physical connections in the urban environment to those of territory.

### CONGRUENCE & TRANSPARENCY

Congruence and transparency form a perceptual basis for growth in significance and meaning of a space as a place. Congruence is the relationship between the form of an architectural space, and the form of the intentions, actions, associations and territorial order it houses. Congruence is the match between the spatial and the non-spatial, between physical and psychological space.

Transparency is the attribute of a place which conveys a sense of the life that inhabits it. Transparency conveys a sense of immediacy. A transparent physical environment is one in which technical functions, activities, social and natural processes can be directly perceived. Transparency and congruence give meaning to architectural form.

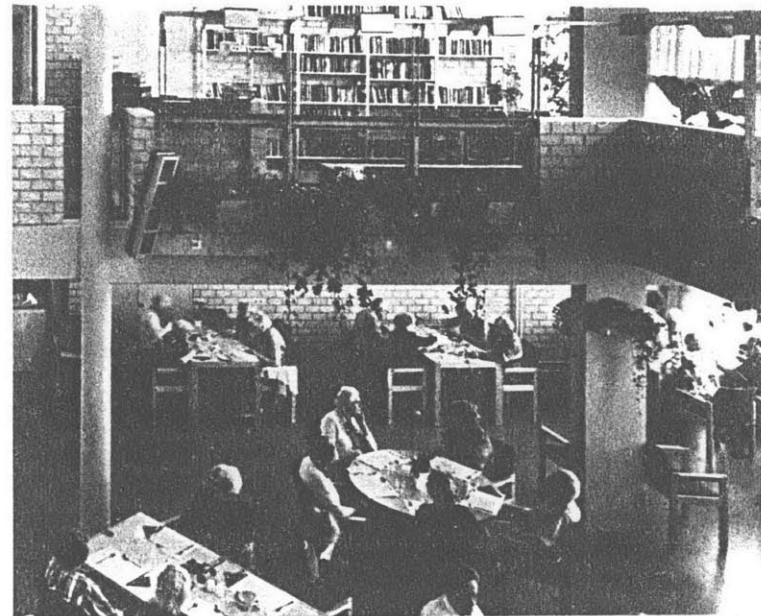
## UNFOLDING ORDER

Individual or collective ordering of a space needs to unfold with time. Life is fluid, and to some degree, so must be architecture. Change needs to be allowed, rather than have architectural space rigidly defined. In this sense the space needs to be unfolding. To have a simple and patent first order of structure, which allows through direct experience, a more extensive physical ordering and thereby construction of new meanings.

A multiplicity of life is accommodated in the attributes of the physical form. Unfolding accommodates diversity and change to future purpose. Unfolding allows inhabitants to make the physical environment their own, to inhabit it in a psychological as well as physical sense. The inhabitants should play an active role in perceiving the world and have a creative part in developing it.

## ARCHITECTURE AS A SIGN OF LIFE

Architecture has potential to become a powerful sign for the way a society conceives itself and the nature of its universe. Significance and meaning of architecture is the degree it is a sign of basic values, life processes, social history, intergenerational life and social structure. Significance of architecture is its holistic meaning - a symbolic connection between place and the inhabitants beliefs and signs of home, neighborhood, nature, divinity and life.

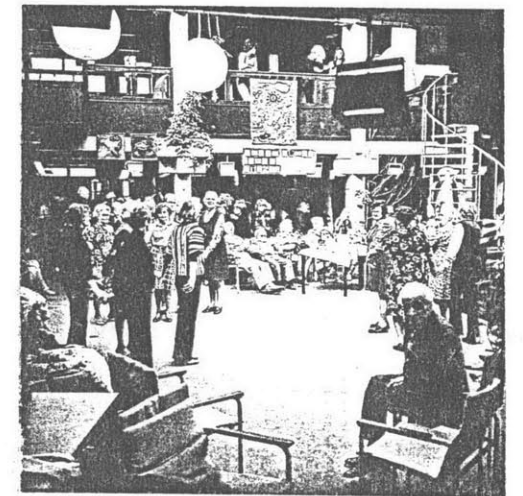
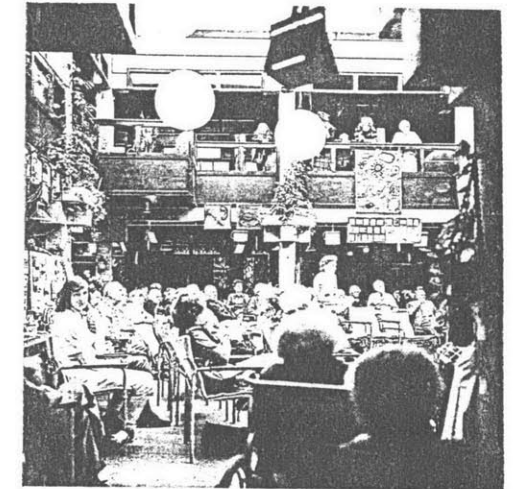


## DESIGN GUIDELINES

### HABITABILITY

In order for housing to seem habitable to the aging, it must exhibit a message of habitability, to be habitable by them in a responsive way. The architecture must support their lives but not control or rigidly define them. Their attitudes, behaviors, and physiological and psychological attributes need to be accommodated to aid in establishing their identity, to allow the occasion of their living, of their day-to-day lives to transform architectural space into their place.

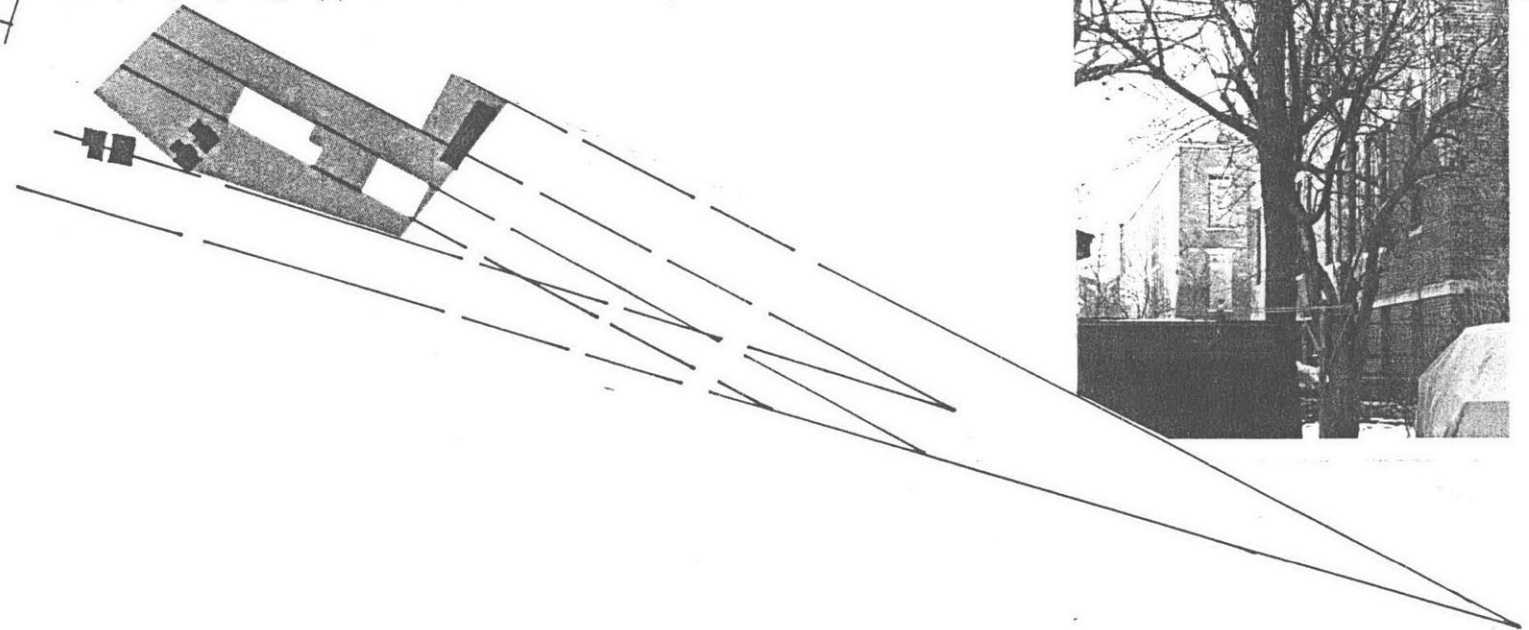
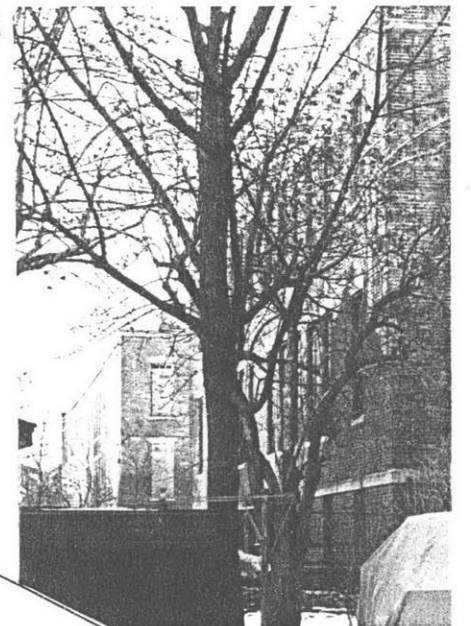
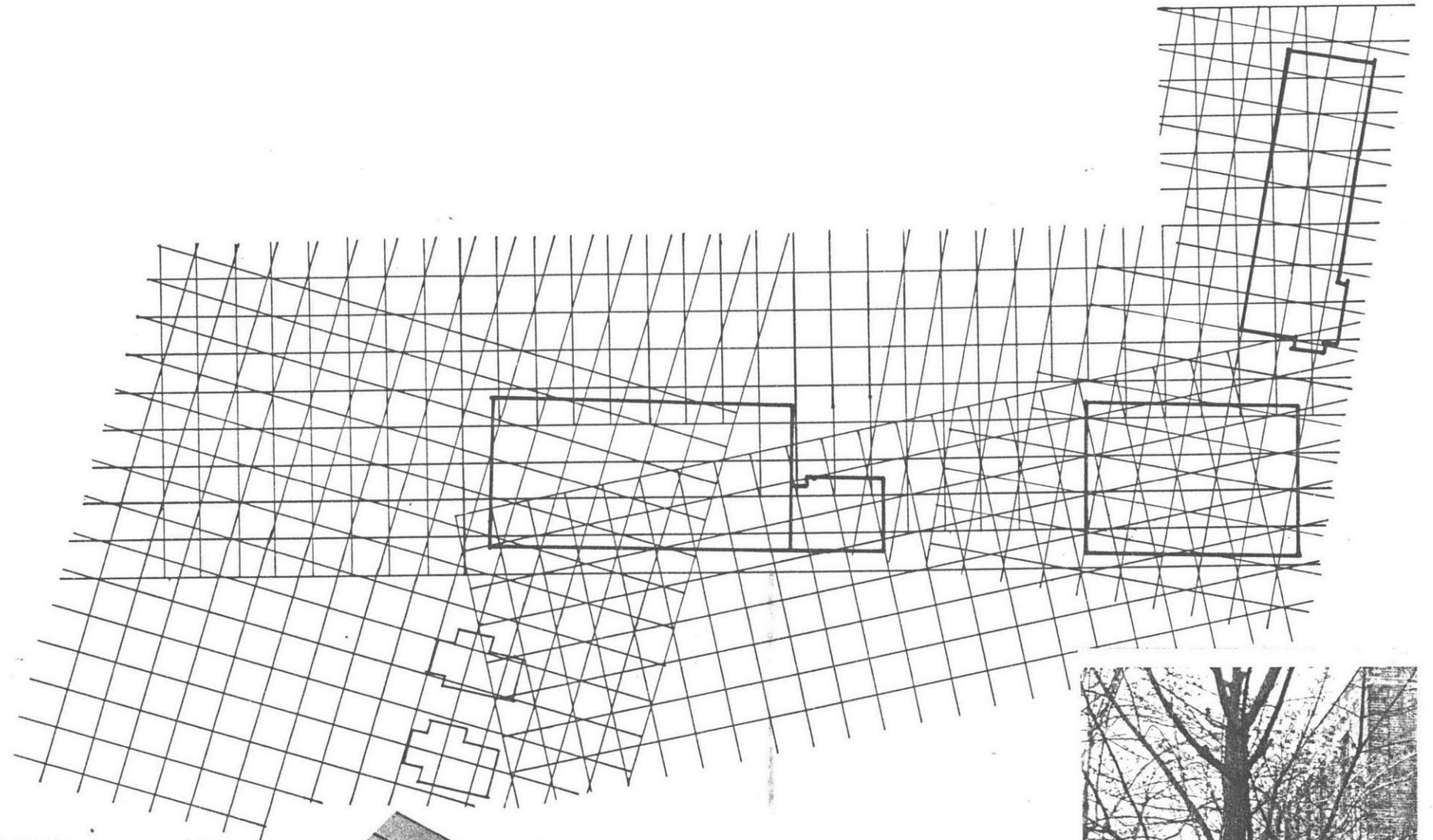
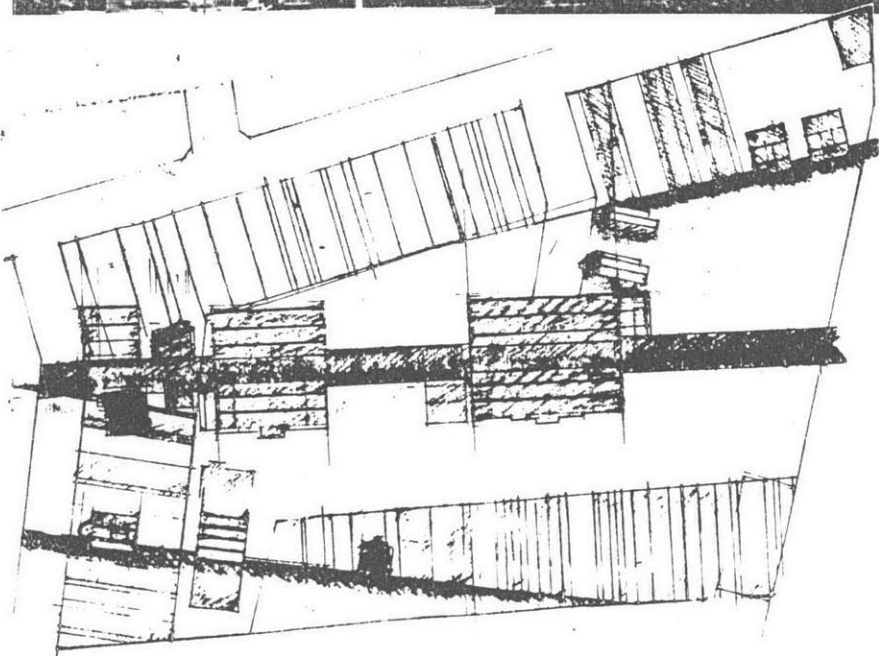
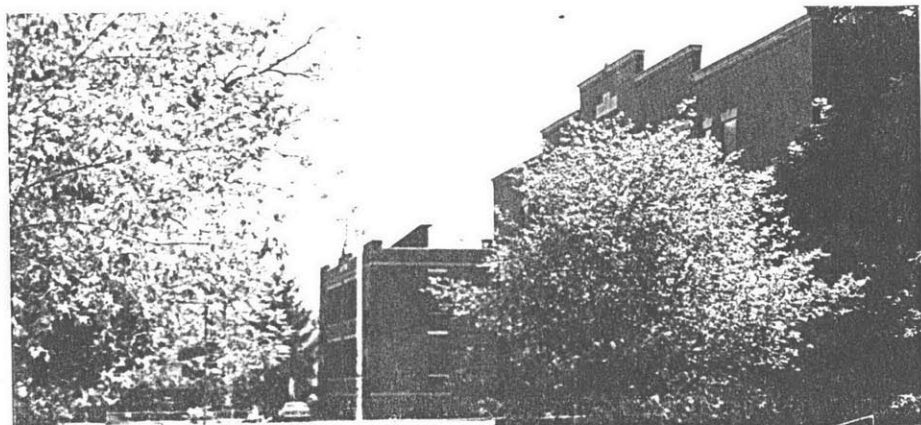
The inclination in aging persons is to live in a complex spatial environment, not an orderly or open one. Visual stimulation, tactile involvement and memories of life are evoked from objects kept close at hand. (Howell, 1980)



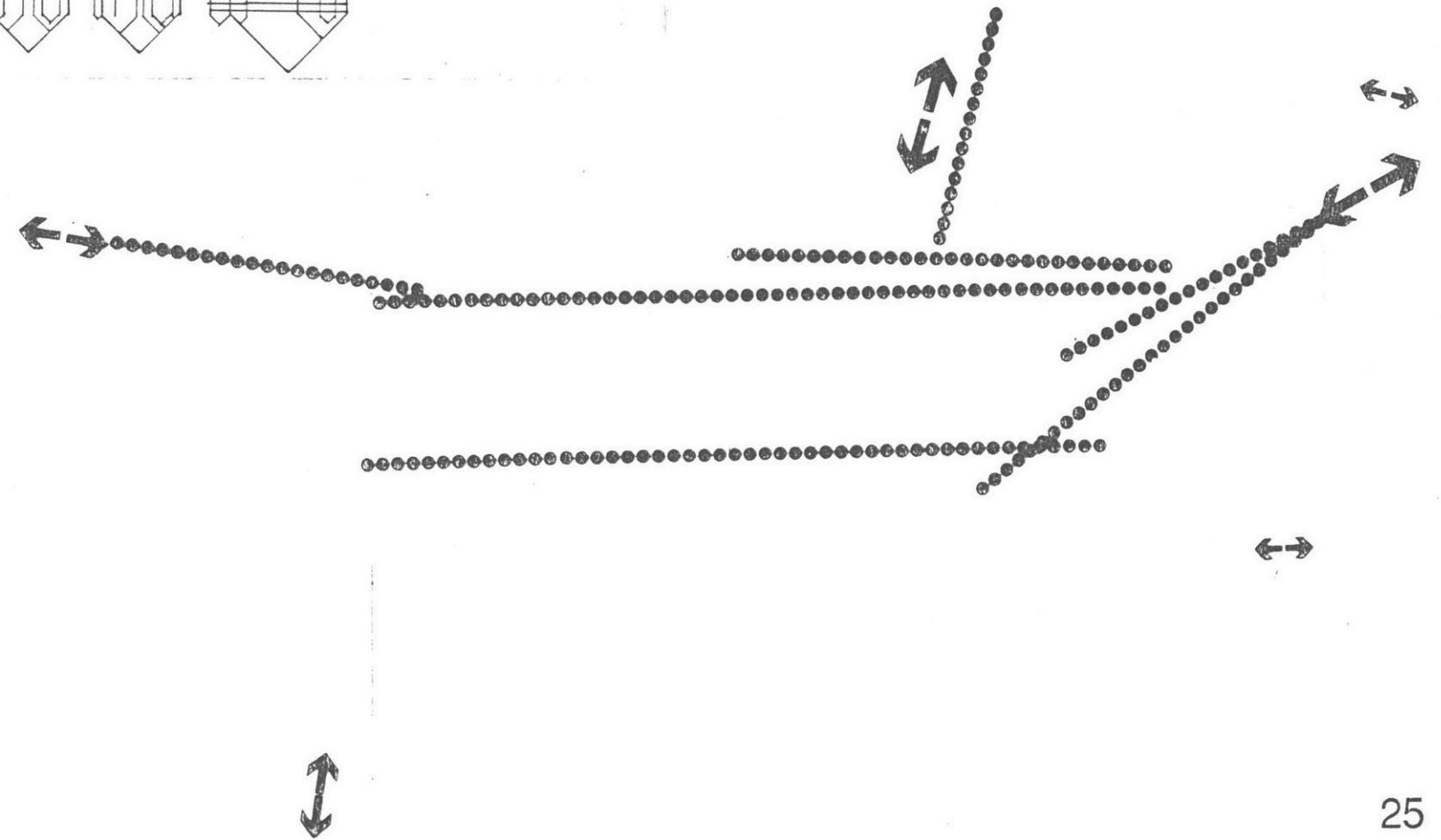
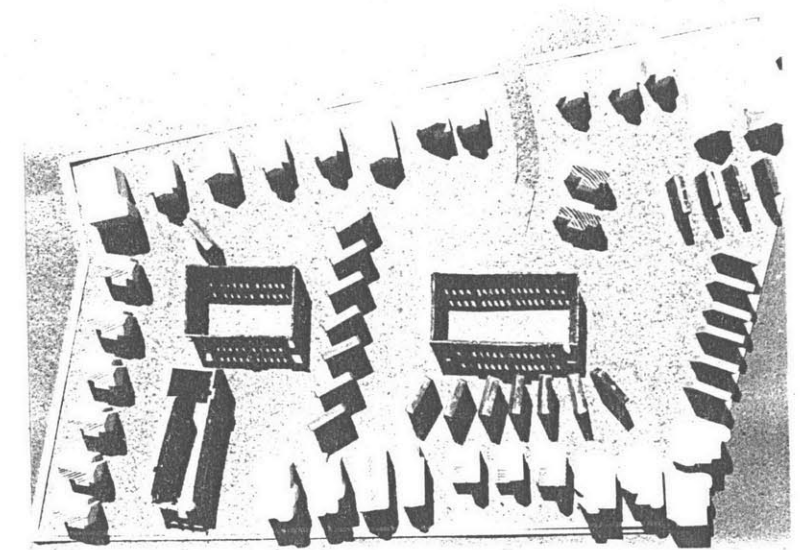
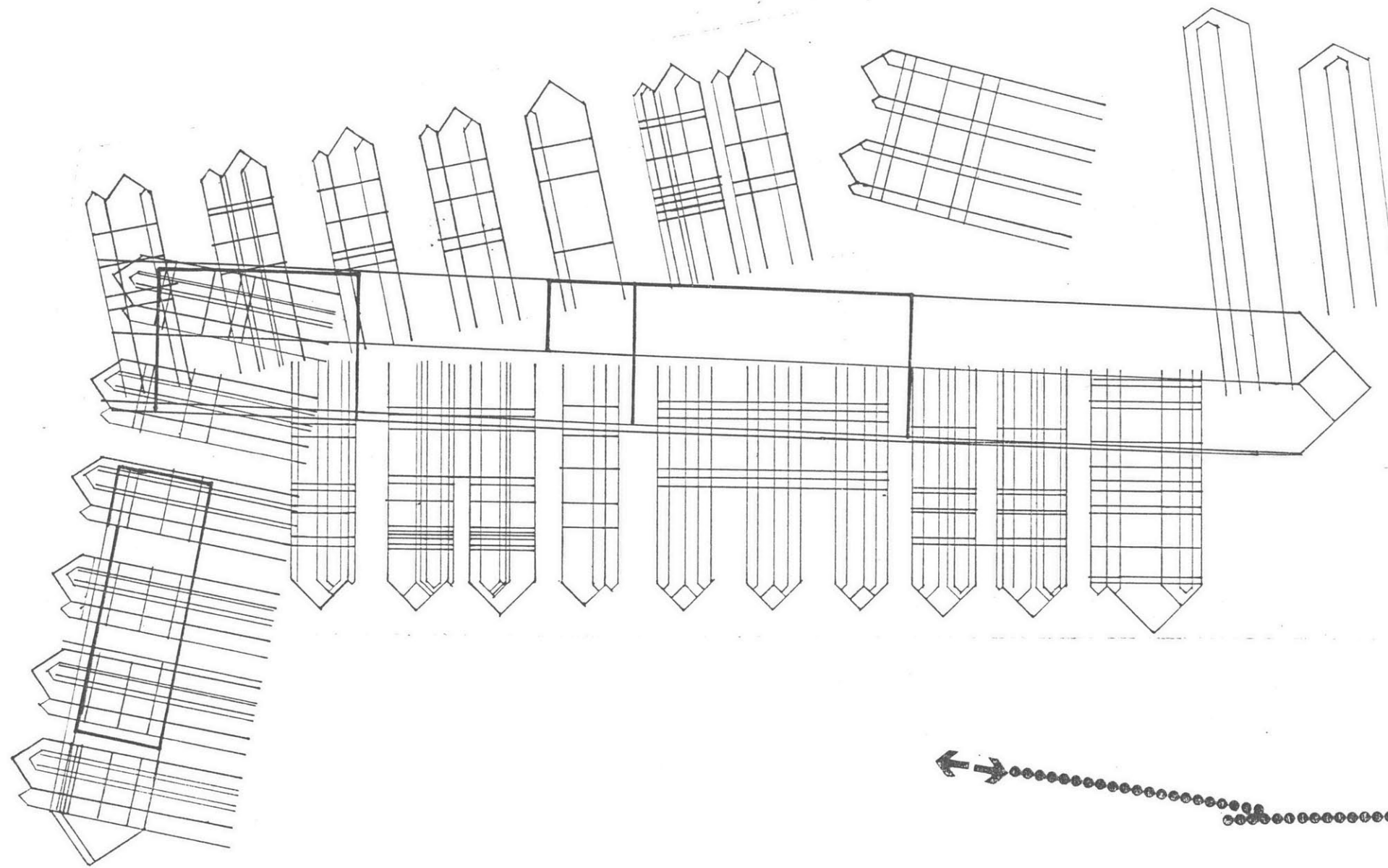
## ENVIRONMENTAL STRUCTURE

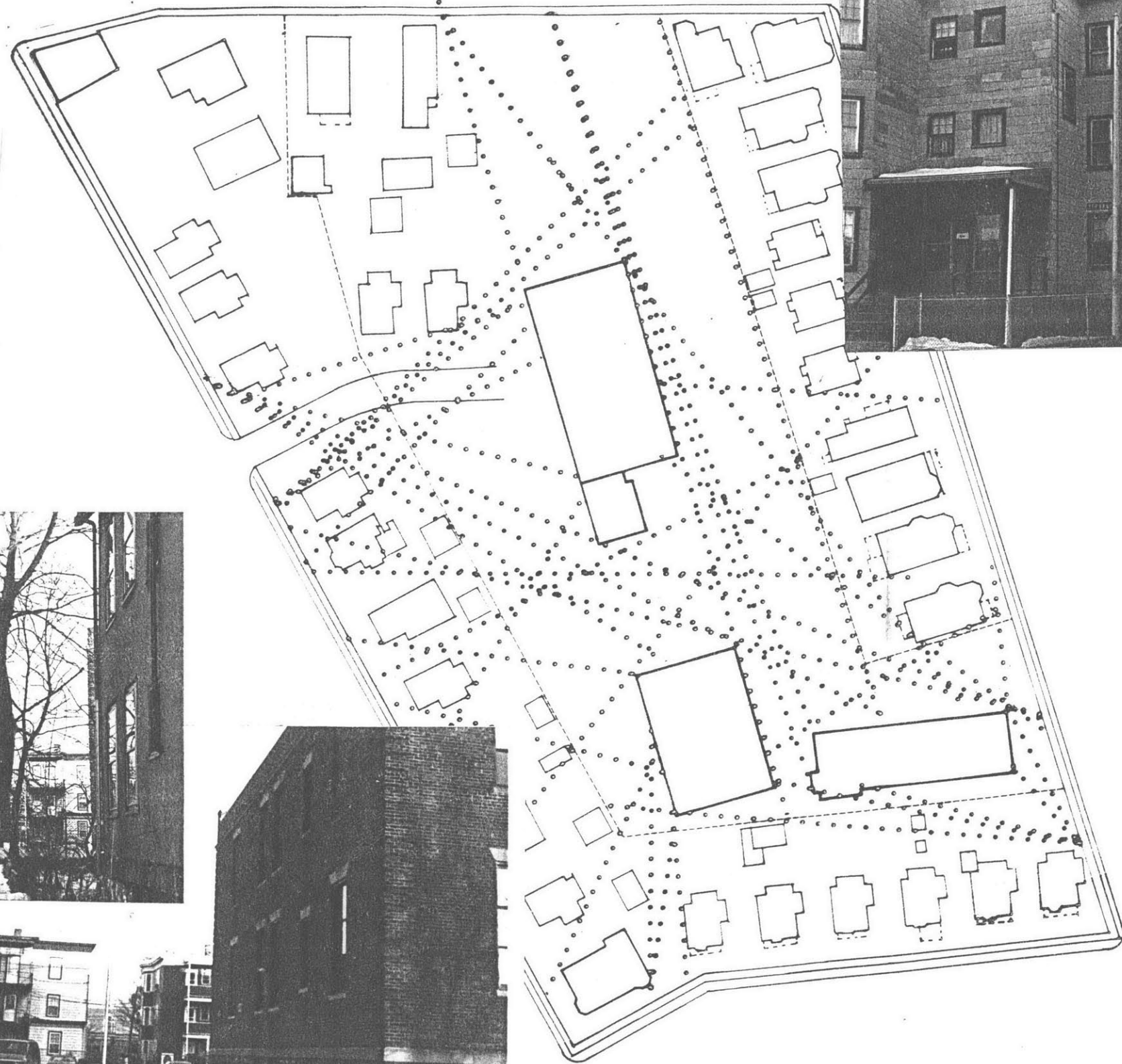
The image of the intergenerational village center needs to have the following attributes to be readable:

- o concrete and vivid shapes, colors, textures and details;
- o a surplus of clues; and
- o have a clear structure so that mental effort to understand its physical and social structure is economical;









## LEGIBILITY

The following elements will be coordinated to establish a legible image for the intergenerational urban village center.

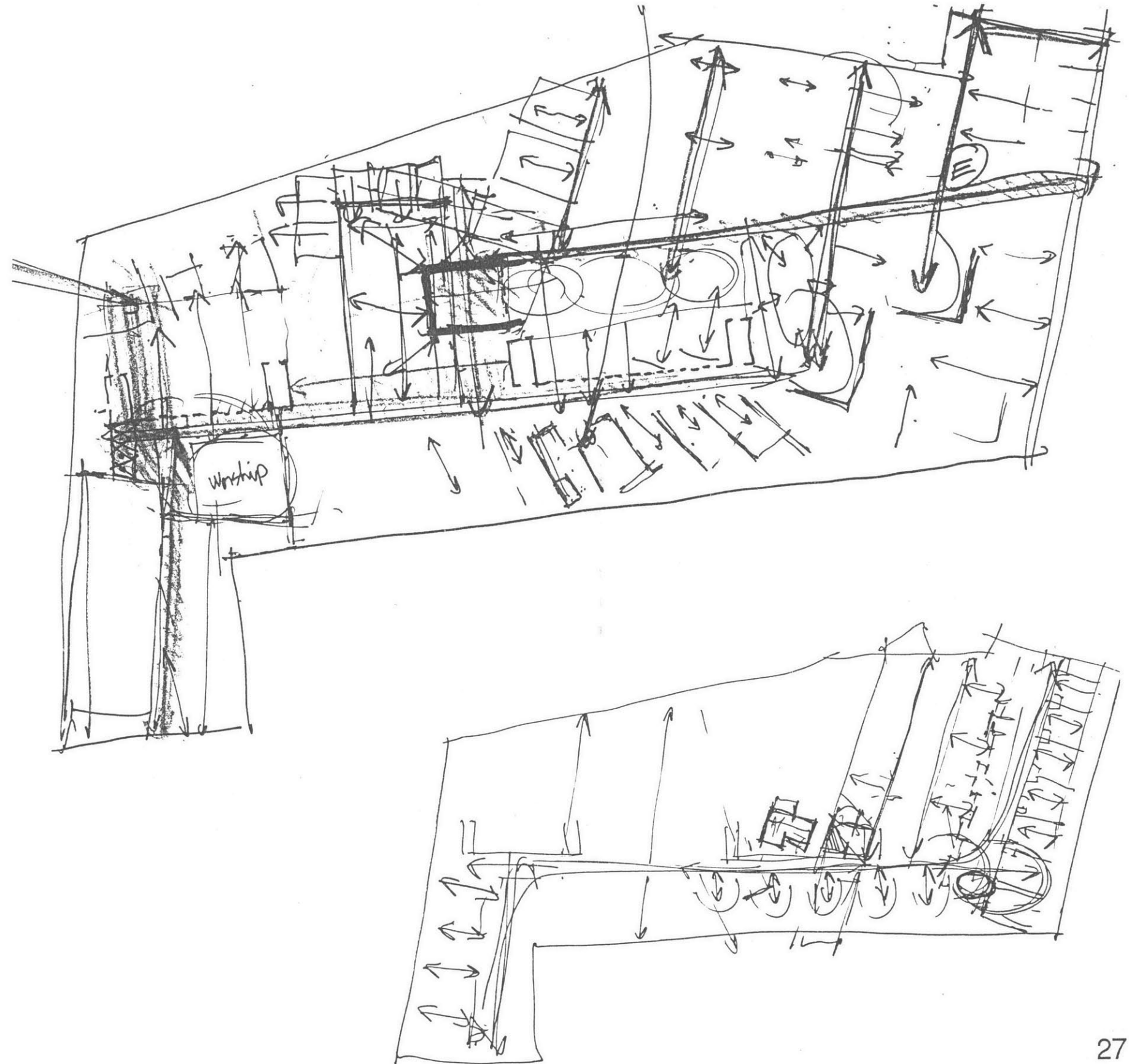
- o access ways
- o edges
- o districts
- o nodes, and
- o landmarks.

## Access Ways

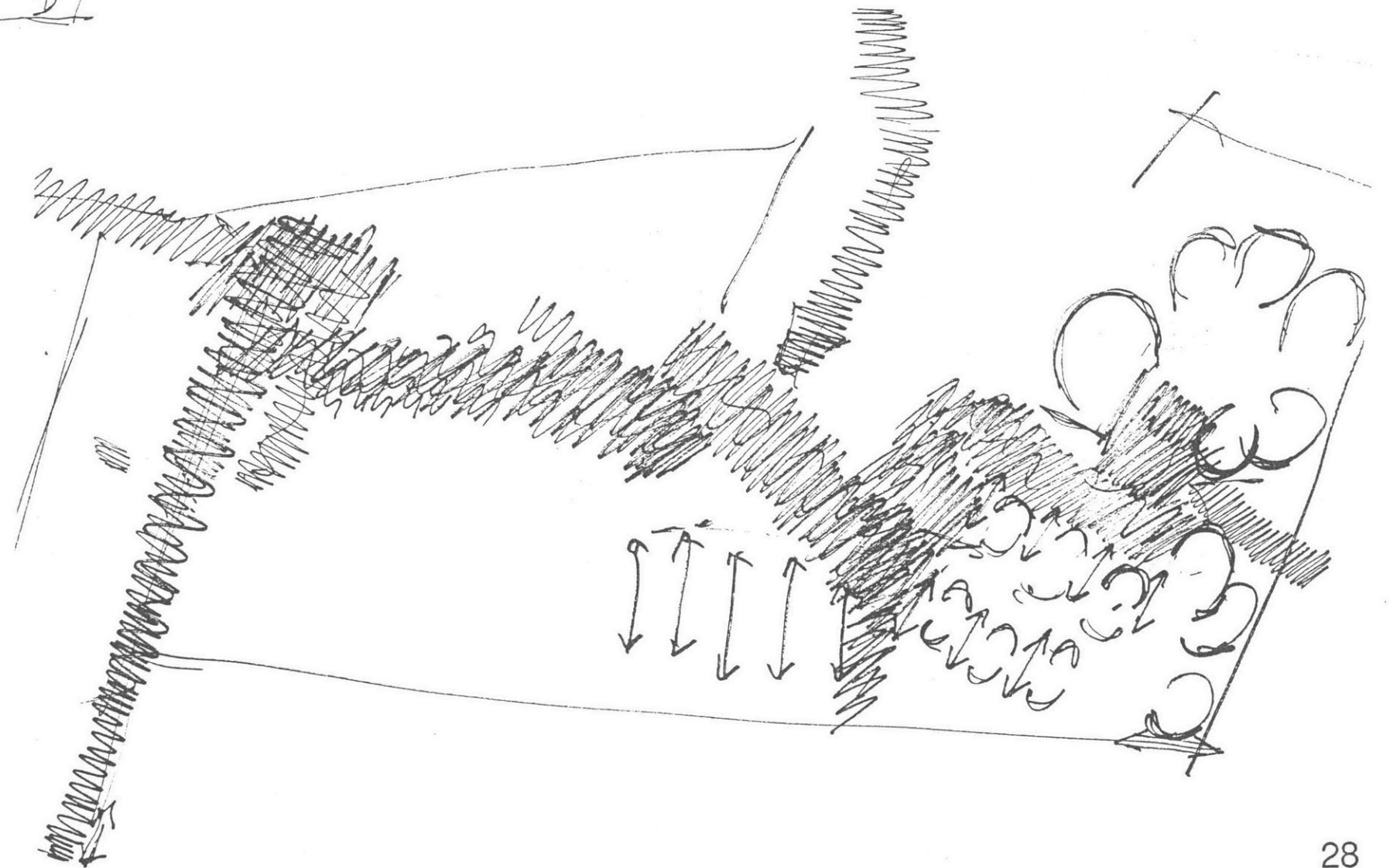
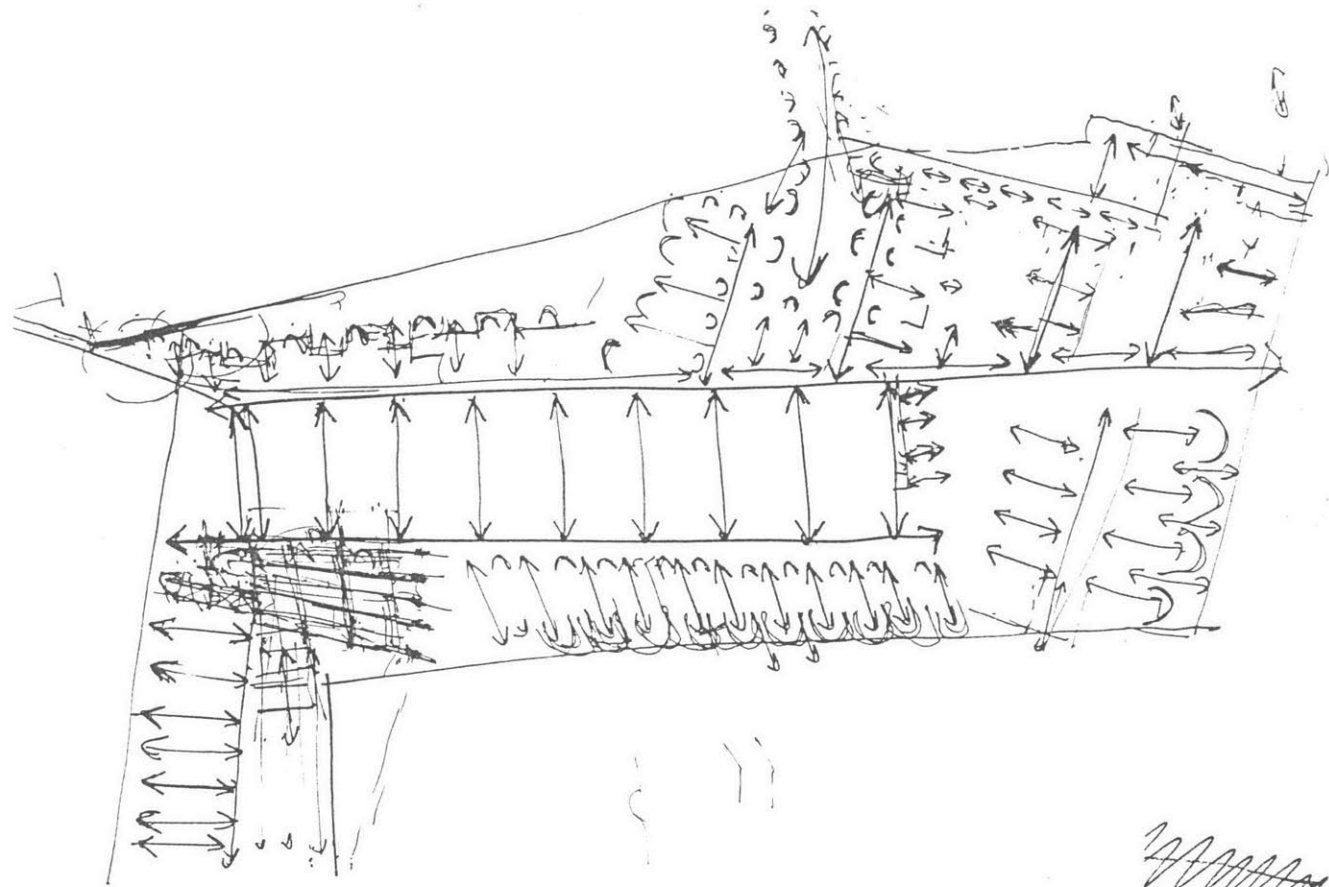
Corridors and walkways will be organized in relation to the direction of the adjacent streets to allow clear and easy mental image of this place to be developed. Parts of the project will be organized along access ways to become visually prominent to those moving through it.

Directionality allows access ways to be aligned within a larger order, both physical and territorially. Shifts in the direction of the visual field along the access way will be used to emphasize visual clarity by limiting view and directing it to places of visual distinction. Outward view will be shifted but not cut off from surroundings, so that view is associated with movement through the village center. Junctures in access ways are points of decision and will be reinforced with decision transition zones and landscape features.

The access direction and structure give clarity and afford establishing the particular sequence, rhythm, beat, and interval of each territorial realm. Scale will be used to differentiate the access in each territorial realm. The sequence of activities, landmarks and nodes along the access way will be used to provide a particular sense of scale, or grain pattern, to each territorial realm.





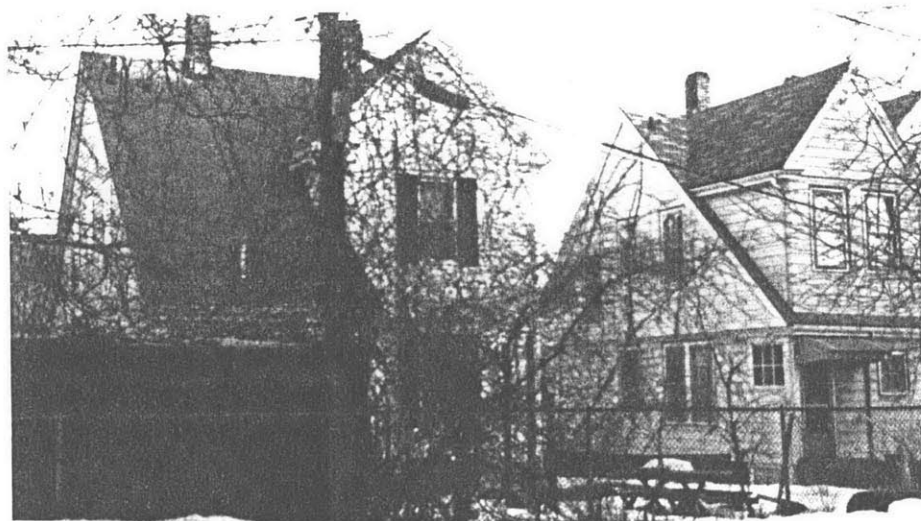
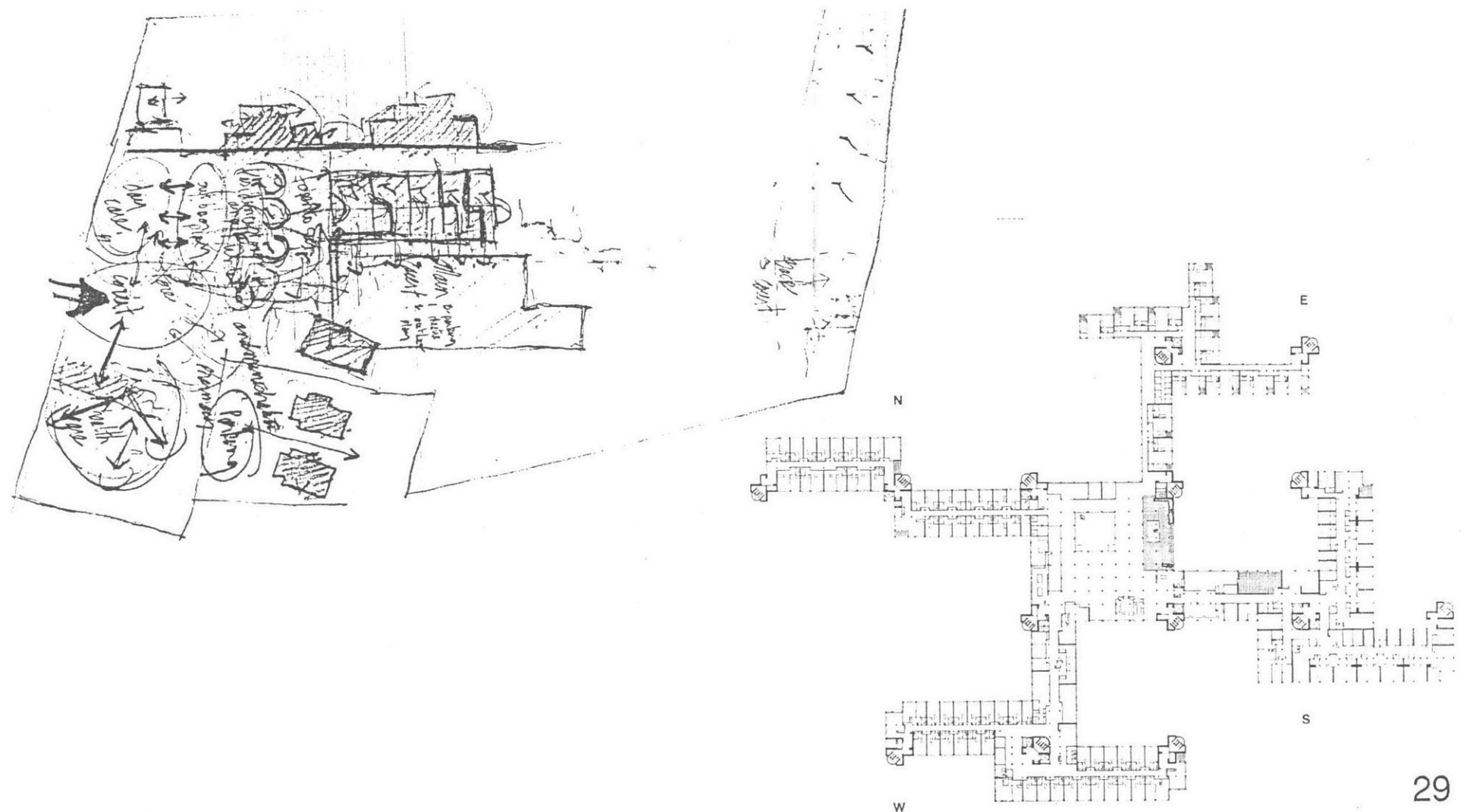
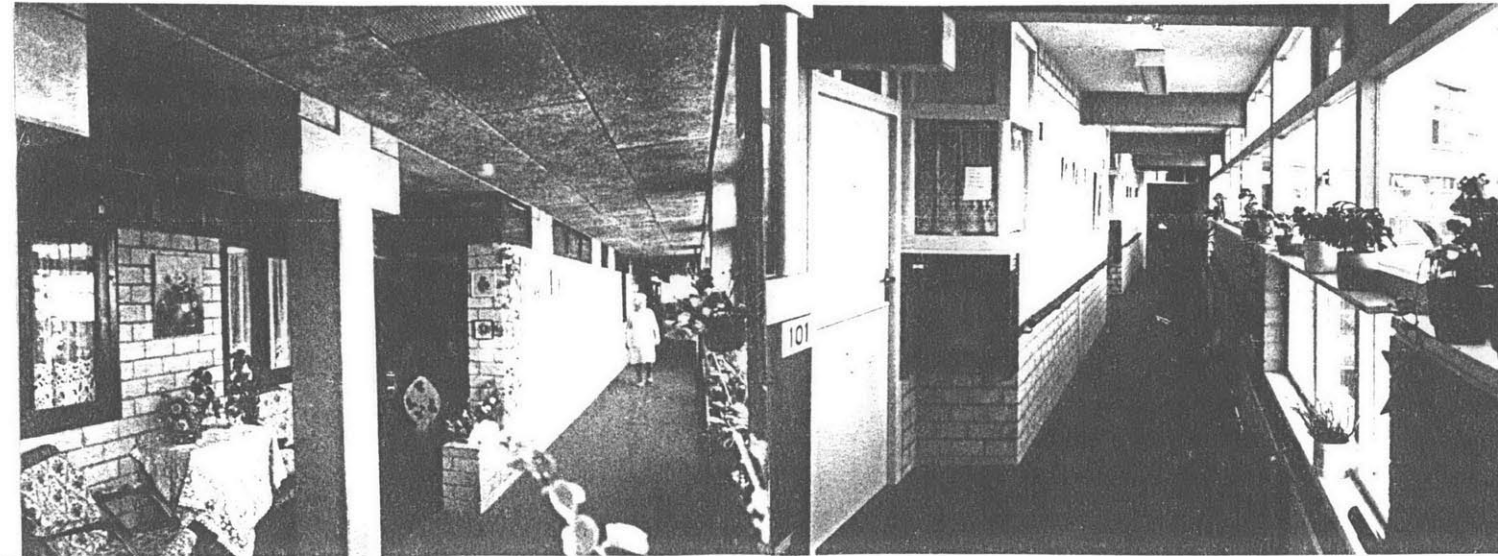


## Edges

Physical edges hold together and join territorial realms. They will be used as the uniting seam lines of relations which form perceptible boundaries or transition zones between each realm. Edges provide for movement from one territorial realm or part of that realm to another, and for space to linger while deciding to do so. In this way, edges will be used to both compartmentalize e.g., visually, aurally, and spatially, to allow behaviors to flourish without conflict with each other, and to provide transitions and overlaps to help persons to learn from each other.

## Territorial Realms

To be perceived as distinctive, with specific edges and exterior realms, territorial realms require a number of perceptual clues. Different components, require a thematic continuity of physical and social form in each to make it present a strong image. The design theme of each realm will be reinforced by different activities, signs, physical space attributes, i.e., material, scale, building form, color, detail, texture, and finish detail.

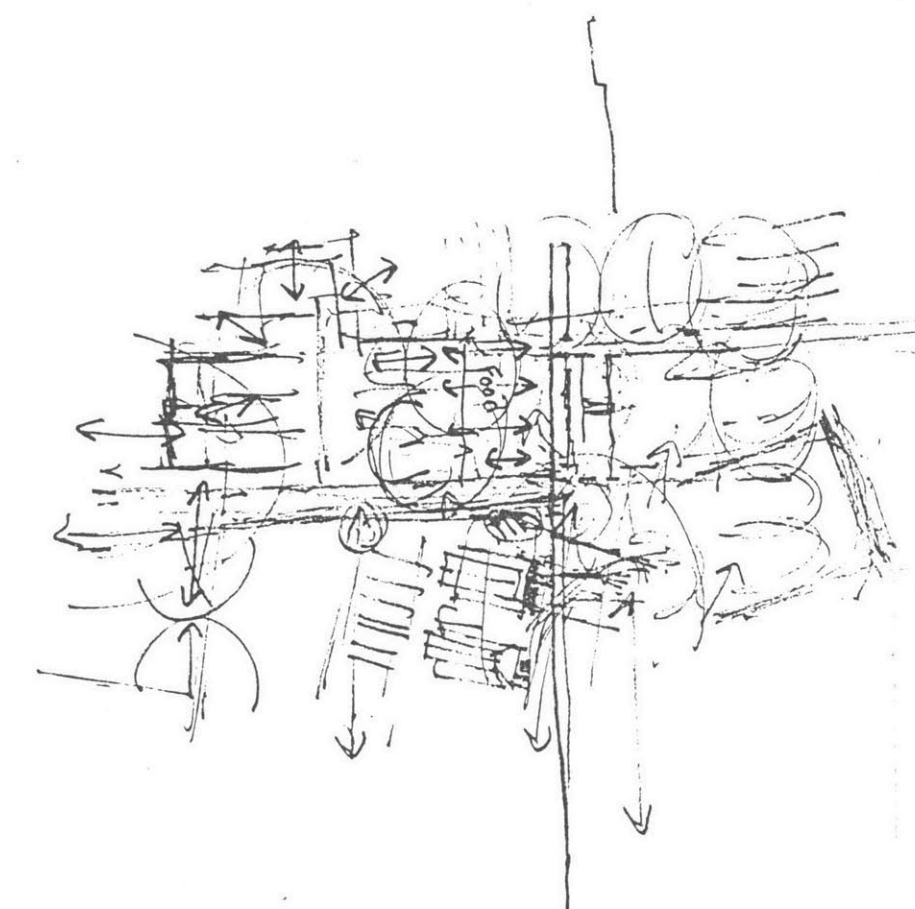
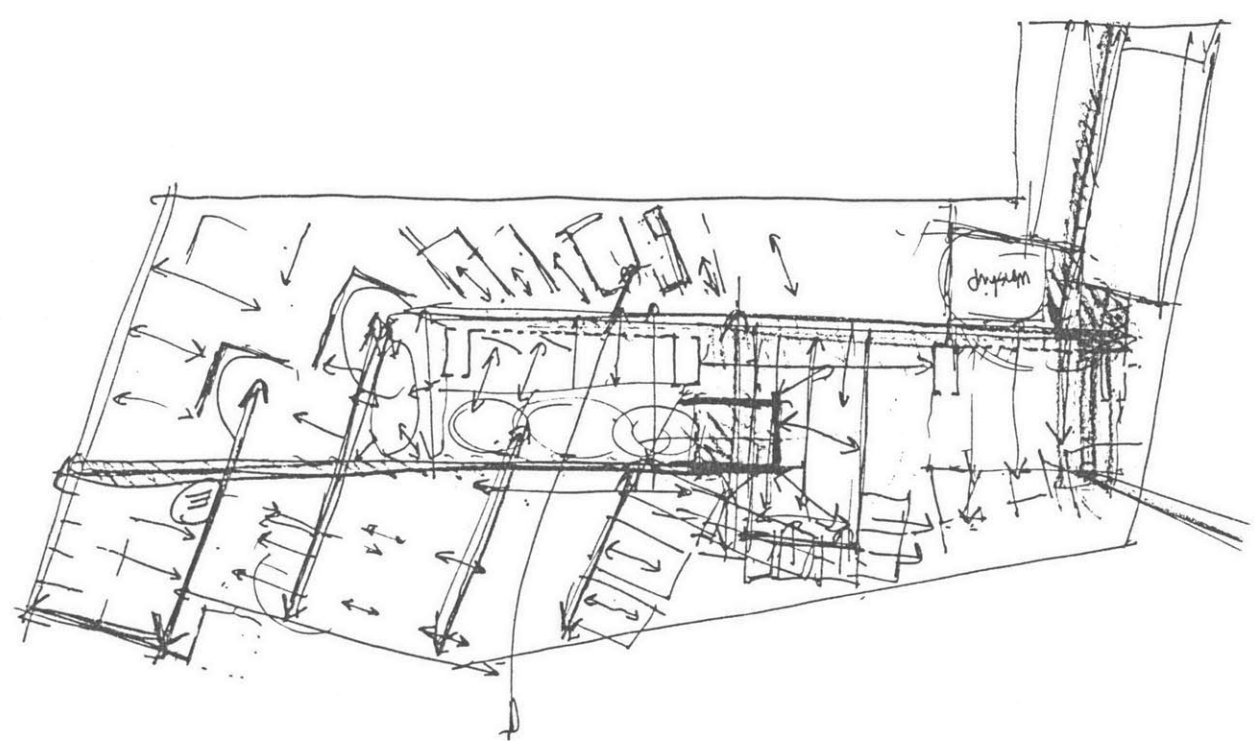
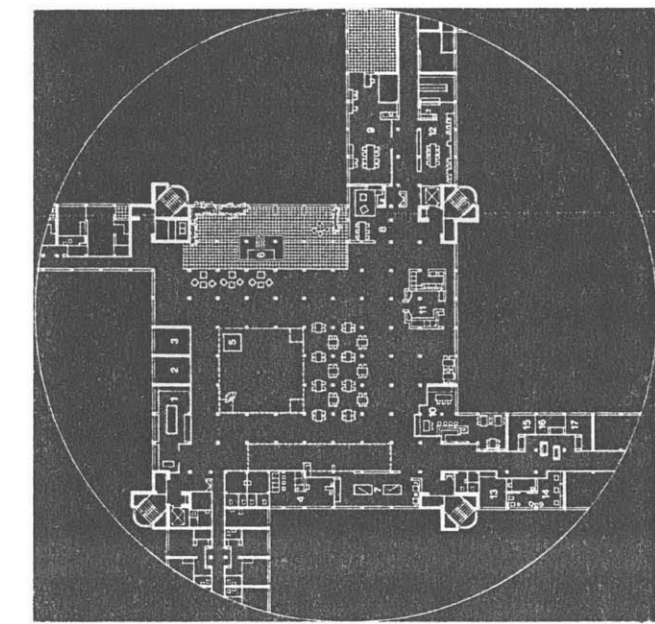
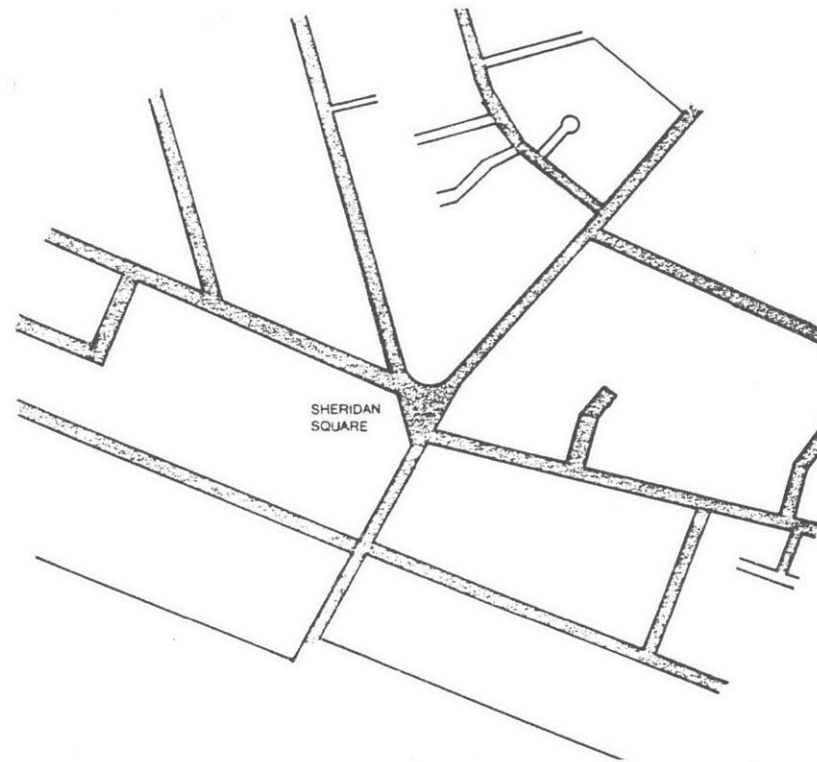


### Nodes

Nodes of activity and associated physical character will be sequentially placed in the access way at important breaks in direction, at crossings or convergence points, e.g., shifts in access direction, and between interconnected activities. Nodes will form the centers of each territorial realm. Strong physical forms will be used to make the nodes recognizable.

### Landmarks

Landmarks like elevator towers will be used as reference points. They will be placed to be seen from many points of view. Landmarks will have prominent spatial locations.





### Urban Quality

Landmarks, nodes, districts, edges and paths will be patterned together to establish a physical form in which access ways and territorial realms are legible, clear and distinct. Groupings of similar elements will be used to reinforce one another, enhancing each others power in forming a collective territory. Critical places in the access will be reinforced by a strong node-junction form. Landmarks will be employed to strengthen nodes. The total complex of these formal interrelations will be perceived as the urban village center.

### DESIGN FOR UNFOLDING

Manipulation, adaption or change of physical form by human interaction is the reciprocal attribute to permanence of built form. Possible human intentions based on change, or permanence can reinforce each other, and are not necessarily in opposition. Adaption and permanence are essential in humane environments.

### Design for Education

The adaptable/permanence requirements for education facilities include the following dimensions:

- o Expandable/Contractible Space: allows for ordered growth and decline;
- o Convertible space: allows for adaptation to programme or functional change including wet services;
- o Adaptation to Information Technologies: to provide for use of computer and communication technologies;

- o Versatile Space: allows for multi-functional use of the same space;
- o Facility Type Mix: allows for scheduling to meet varying programme needs for a variety and diversity of spaces;
- o Furniture Functional Flexibility: adaptation of furniture to functional changes in space use over time:

### Convertible Space

Adaptation to degrees of elder helper involvement, ongoing changes in educational curricula, and introduction of information technologies. Response is required to long term changes in demographics and community needs as North Cambridge evolves. The design needs flexible inner partition panel system to accommodate varying group sizes. HVAC electrical service, lighting , and plumbing systems are organized to serve varying spatial configurations, and functional requirements. Flexible group sizes, i.e., 1 teacher 20 students, or 5 elder helpers with 1 to 5 students each. clustered around a common space.

Converting space for changed functions of group sizing may be required over three different time spans: day-to-day, term-to-term, year-to-year.

### Adaptation to Information Technology

Information technology applied to education can be used for enrichment, supplementary teaching, direct teaching, and continuing education. To ensure adaptation to these technologies requires the following measures:

- o glare free natural and artificial lighting;
- o flexible group sizing;

- o provision for optical fiber, coaxial cable and telephone distribution system;and
- o provision of adequate storage.

### Versatile Ancillary Space

The following measures increase versatility of multi-functional ancillary space:

- o adequate storage for the different types of educational resource material;
- o provision of a double sink, hot and cold running water, and counter space; and
- o provision of an accessible janitor closet.

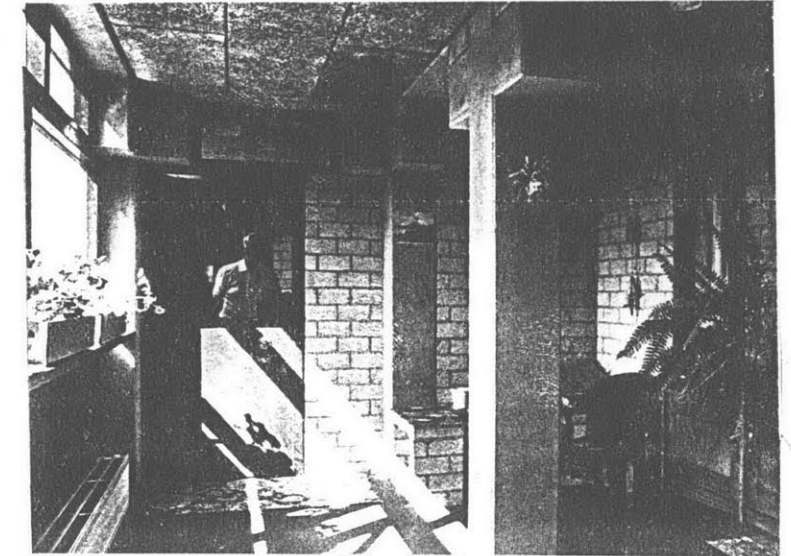
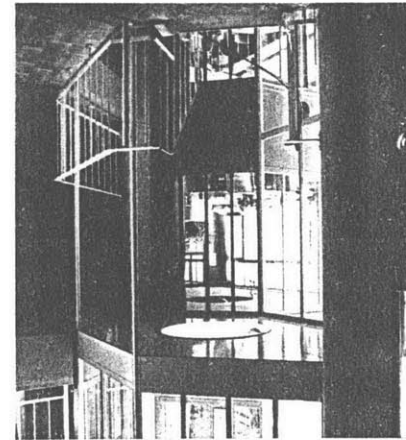
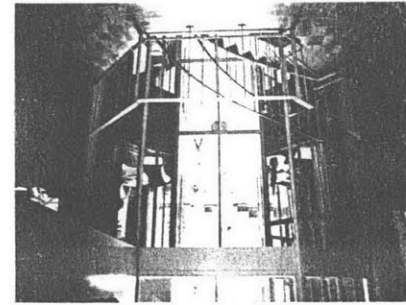
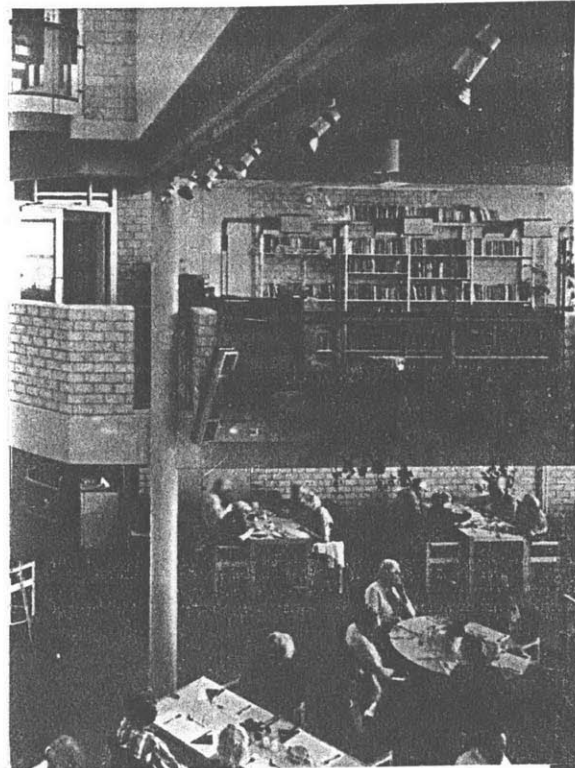
### Design Strategies for Adaptation

The following design strategies increase the potential for adaptation:

- o building supports and infill;
- o improve access and obtain information and bring in resources;
- o reduce interference between parts;
- o organize activities around fixed focal points, and allow slack in the margins for change and growth; and
- o build with independent building units.

ARCHITECTURE AS A SIGN OF  
INTERGENERATIONAL LIFE

House/home, street, neighborhood, city and metropolitan region are sets of images deeply interwoven in structure of place, self identity, and vested meaning. For the project to be successful, its intergenerational life must be based on the community life of the neighborhood of North Cambridge. The urban village center must convey an image of this open and connected social order.



## E CONTROL

Man is a territorial animal. Space is used to manage relations with others, and to deny access to, provide privacy to, information about thoughts or actions. Control is achieved through manipulation of access, symbolic barriers, and through size, elevation and spatial distance. In good urban form control is certain, responsible, and congruent, to present, potential, and future inhabitants, and to the structure of this particular place.

### AGING AND CONTROL OF TERRITORIAL

Common in the elderly is the desire to maintain independent living arrangements for as long as possible, and to control the physical and temporal aspects of social contact. A private kitchen and eating area, living space and bedroom and bathroom appear to be very important to the aging.

Aging reduces individuals' ability to claim their own space and defend it as their territory. Aging is experiencing a decrease in willingness to master large or complex spaces, or relationships with large numbers of people.

Yet the will to maintain contact with other persons is strong in the elderly. A balance is required between connectedness and openness and the need for privacy.

### AGING AND PRIVACY

#### Concepts of Privacy

The notion of privacy, the right to be left alone and deny access to information about thoughts and actions, has three dimensions; privacy of event, privacy of life-style and privacy of thought. Actions like bathing, dressing, sex,

sleeping, and excreting are considered private by American social norms. Rhythms, patterns and routines not wanted to be shared, or shared with a limited group require isolation from others. Planning and goal setting, contemplation and reflection are affected by noise, activity and interruptions.

Individual control of privacy, the ability to define, reinforce and protect the physical and social edges of personal territories.

#### Privacy and Individual Identity

Privacy is fundamental to development and maintenance of individual identity. Privacy affords modifying and decorating one's house to intensify its personal territorial sense of being home; and the carrying out of personal habits, activities and preferences. In this way, shelter is infused with emotional qualities.

#### Privacy and the Institution

Institutions subsume and manipulate privacy, individuality and self-expression to a strong institutionalized group identity. And thus undermine the continuation and growth of strong individual natures. A lifetime of growth of individual preference and habit is the cost if relocation of the aging into institutionalized housing means the loss of privacy to institutionalized patterns of space and staff routines.

#### Privacy and Shrinking Territorial Claim

Aging often results in a smaller space in which to live, due to a narrowing in psychological, physiological and economic dimensions of life. This change often compromises personal territorial perceptions. Narrowing physical competence compromises between a need for assistance, and a need for

dignity and privacy.

### Privacy, Aloneness and Loneliness

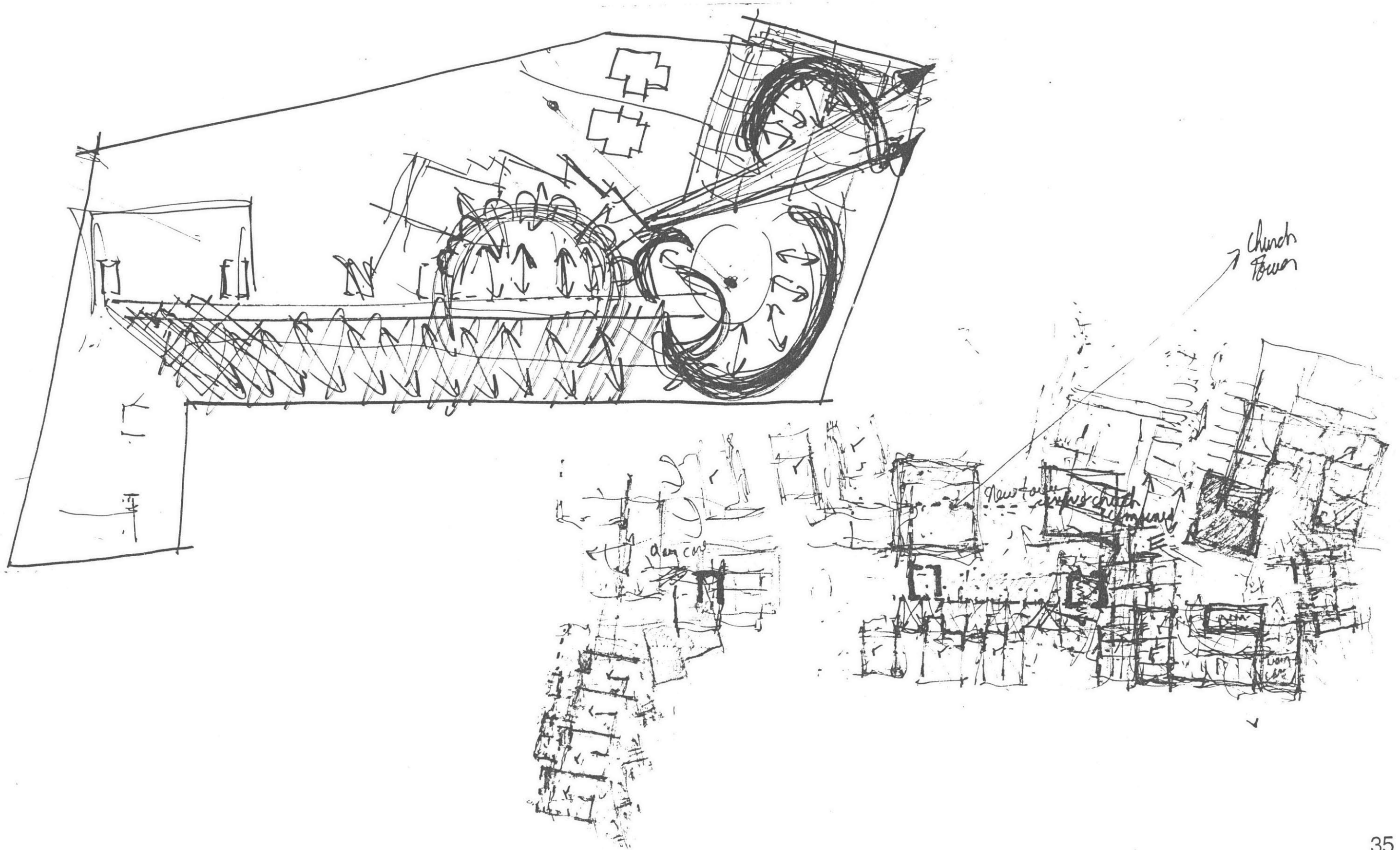
Aloneness is the opposite sense of publicness. Both are part of appropriate rhythms of socialization and withdrawal. However, loneliness is the absence of wanted social contact and occurs for the elderly, when socialization is interrupted by a narrowing capacity for life, as evident in houseboundness and infirmity. Culturally valued roles and images overcome loneliness

### AGING AND SECURITY

Concern for personal security increases with age, affecting behavior and involvement with others. Places not subject to public view are vulnerable to a high incidence of crime. The aging are often prime targets for all types fraudulent practices, physical attack and robbery. Vulnerability is associated with narrowing life capabilities.





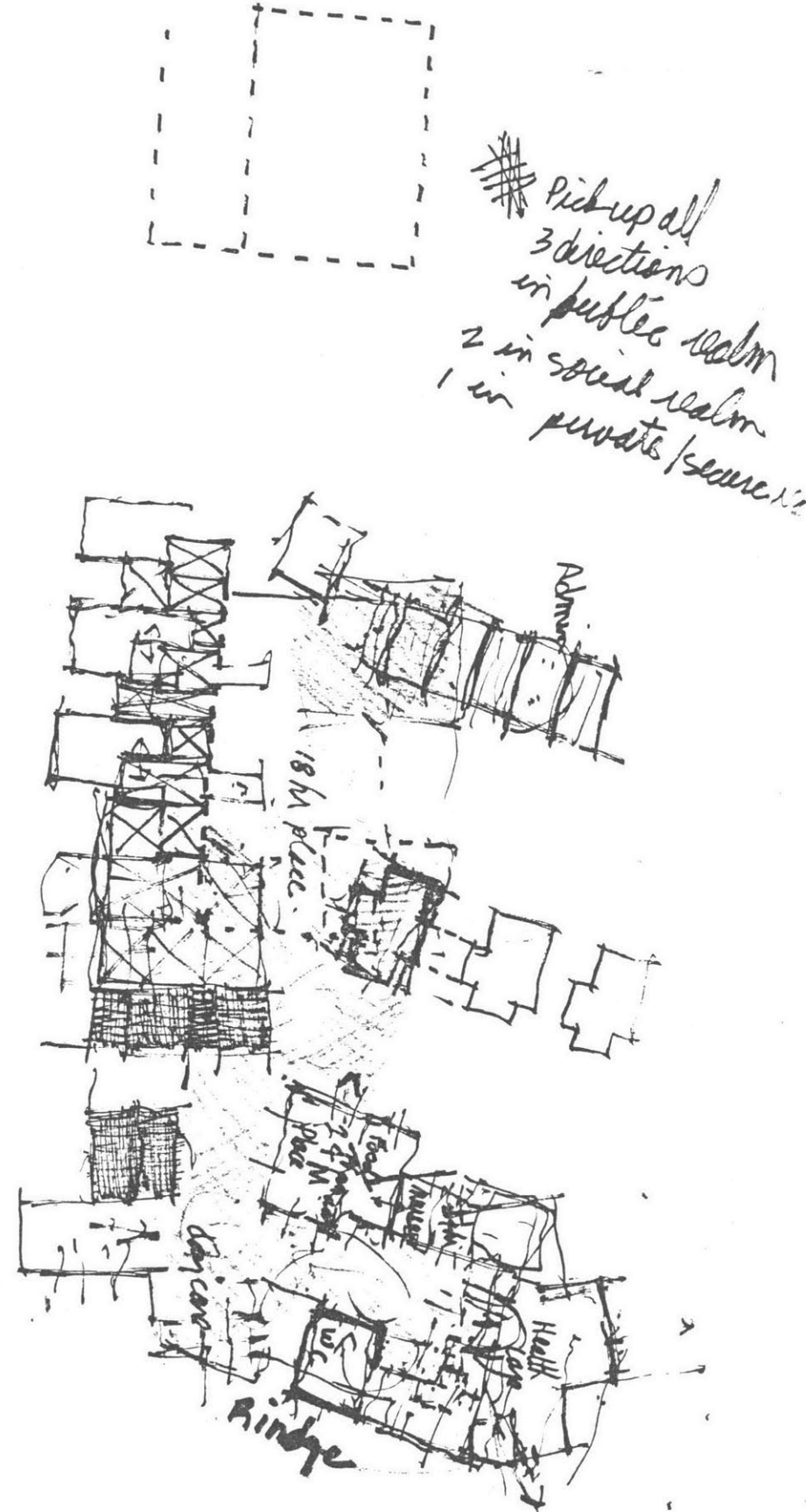
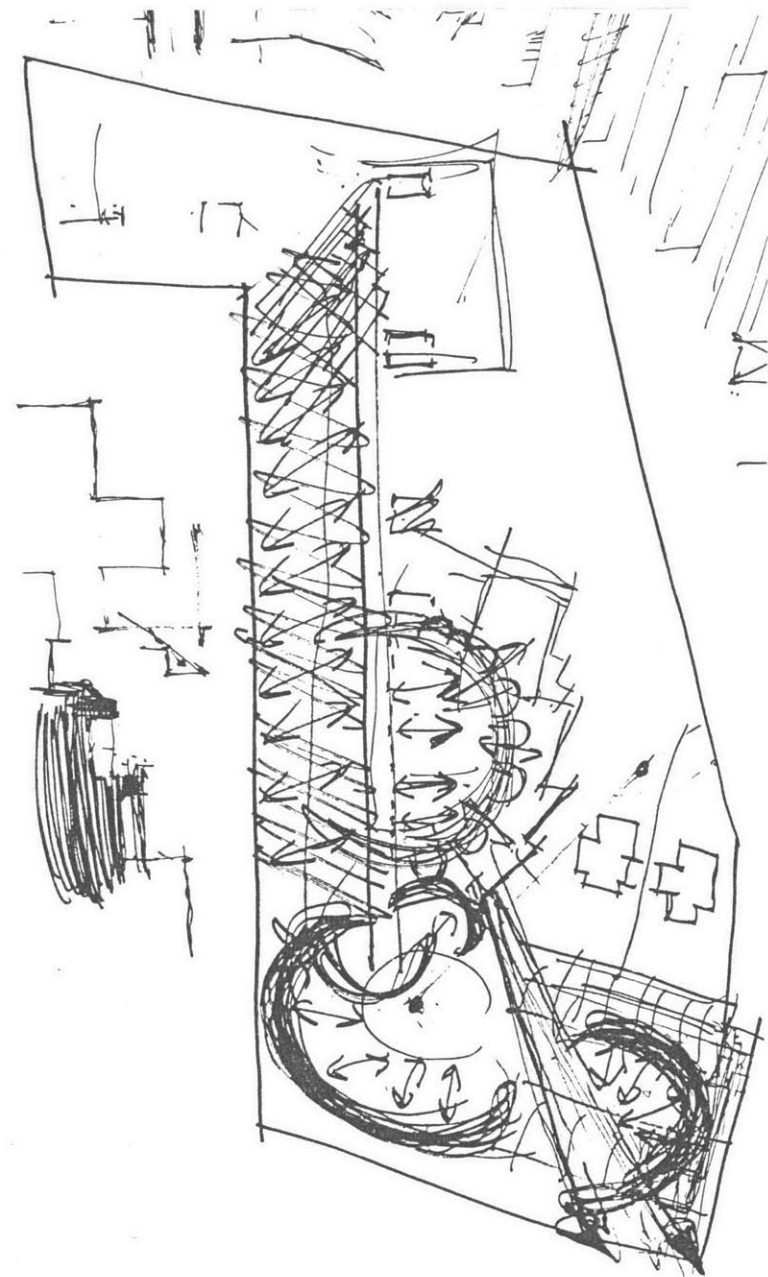


## TERRITORIAL PROGRAM

This new social institution is based on transforming existing models of elementary schools and housing the aging. These models were disaggregated in their constituent components, and reaggregated based on the concept of intergenerational exchange, and from the perspective of territorial realms: private, semi-private, semi-public, community, public educational and private service.

The territorial program patterns the intergenerational urban village center after its social order. This particular arrangement of spaces and potential activities. give this institution a new social meaning. The territorial program reconciles specific territorial considerations for the elderly, school children, workers, and community members.

The territorial program identifies who will occupy each realm, the parts each contains, and the activities expected to occur in each realm. The complete territorial program is detailed below:





## INHABITANTS BY REALM

### COMMUNITY REALM

#### Day to Day

80 elder residents  
 child & elder pairs  
 child & elder groups  
 100 ECS  
 300 elementary  
 students  
 20 teachers  
 60 elder teacher  
 helpers  
 3 doctors  
 1 nurse(three shifts)  
 3 elder volunteers  
 1 lab. tech.  
 3 kit. workers  
 3 administrators  
 2 elder helper  
 2 custodians (three  
 shifts)

#### Invited Guests

outreach and in reach  
 groups  
 North Cambridge  
 neighborhood residents  
 parents, siblings and  
 friends of other  
 participants

### SEMI-PUBLIC RESIDENTIAL REALM

elder residents  
 child-elder pairs and  
 groups  
 other invited guests  
 administrators  
 custodians

### SEMI-PRIVATE RESIDENTIAL REALM

elder resident collective  
 group  
 child-elder pairs and  
 groups  
 invited guests  
 custodians

### PRIVATE DWELLINGS (Garden Apartment Supports)

#### Infill/Options & Potential Mix

10 single elders in  
 studio(usually male)  
 30 singles elders in 1  
 bedroom  
 20 elder couples in

large 1 bedroom  
 10 pairs two elder  
 friends, relatives,  
 couples in 2 bedroom  
 3 shared house groups  
 of 5 to 7 elders in own  
 rooms

invited guests,  
 custodians

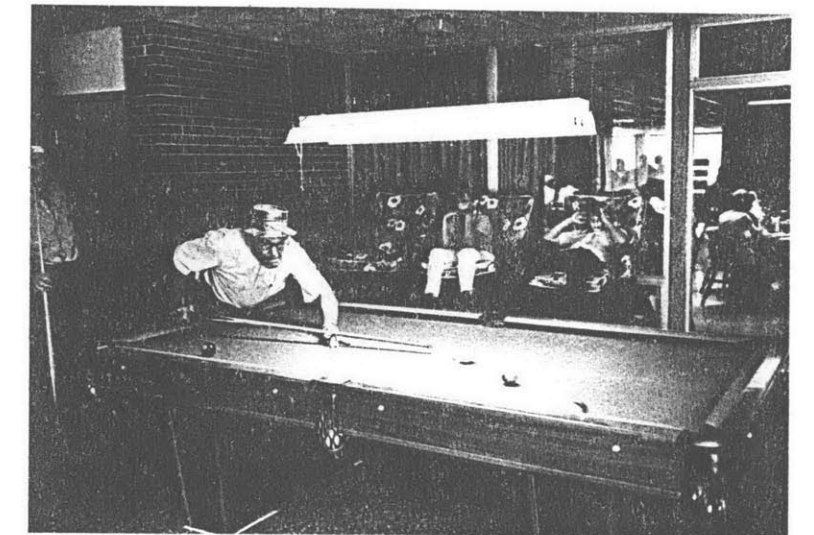
### COMMUNITY EDUCATION REALM

child-elder pairs and  
 groups  
 100 ECS  
 300 students  
 20 teachers  
 60 elder teacher  
 helpers  
 community outreach  
 groups( 100P/day)  
 3 administrators  
 1 office staff  
 2 librarians  
 custodians

### PRIVATE SERVICE REALM

administrators  
 office staff  
 librarian  
 teachers

teacher helpers  
 cooks  
 retail workers  
 custodians



**PARTS BY REALM**

**COMMUNITY REALM**

**SITE ACCESS**

pedestrian gates to street  
emergency vehicle access  
school bus passenger drop off and pick up  
fire truck  
automobile passenger drop off and pick-up  
service vehicle deliveries  
pedestrians  
bicycles  
visitor parking  
drop off and pick-up  
public gardens  
seating  
building entries  
playground

**PLAY GROUND**

physical play area  
social and dramatic play area  
creative cognitive play area

quiet retreat play area  
sitting area  
access

**PUBLIC GARDEN**

open sitting areas  
barbecue pit  
exercise area  
shuffleboard  
sheltered sitting area  
dancing area  
water fountain  
water surface  
treed area  
access

**MAIN ACCESS AND ENTRANCE**

reception and information counter  
separate vehicular, bicycle and pedestrian access  
streets,outdoor/indoor plazas/greenhouse mail & package pickup  
signage & directory  
public toilets  
public telephone  
waiting area  
transition zone to semi-public

**COMMUNITY EVENT SPACE IN PUBLIC ACCESS**

display areas  
public lavatory  
viewing space for 400 performance area  
acoustical panels  
theater lights gallery  
electrical control panels  
projectionists/control booth  
green room  
storage

**NON-DENOMINATIONAL CHAPEL**

vigil  
quiet retreat  
entrance  
entrance vestibule  
lavatory  
storage

**HEALTH CLINIC**

1 reception area  
visitor washrooms  
3 small intimate waiting areas  
emergency room  
conference room

3 suites of doctor's office with 2 wet examination rooms  
secure drug closet  
nurses station  
health education areas  
small test lab  
staff washrooms  
staff entrance  
emergency entrance

**RETAIL**

beauty parlor/barber  
pharmacy  
convenience store  
meal service

**GYMNASIUM**

multi-court floor  
bleacher area  
offices  
sports equipment  
storage  
portable chair storage  
washrooms  
shower/change rooms

**ELDERS RESIDENT'S SEMI-PUBLIC REALM**

**ACCESS**

gate to community realm  
lavatory  
elevators  
ramps  
stairs  
corridors  
resident parking  
gate to semi-private realm

**COMMUNAL SPACES**

elders communal room and kitchen  
T.V. lounge  
games room  
sun rooms  
pool room  
sitting room and parlor  
mail boxes

**ELDER RESIDENT'S SEMI-PRIVATE REALM**

**ACCESS**

gate to semi-public realm  
access to living units  
elevator lobbies  
private realm transition zone

**COMMUNAL SPACES**

sun room\greenhouse  
lounges  
laundry rooms  
garbage disposal

**PRIVATE DWELLINGS**  
(Garden Apartment Support)

**Infill Options**

studio apartment for one person(usually male)  
one bedroom for one person  
one bedroom for two persons  
two bedroom for couple  
two bedroom for two friends  
group living home for four or five

**Parts**

entrance transition zone  
gate to semi-private living room  
patio/balcony  
kitchen  
storage  
utilities

bathrooms  
bedrooms  
private resident gardens or garden balconies

**Furniture**

love seat  
sofa/couch  
easy chair  
foot  
stool  
arm chair  
side chair  
dining table  
coffee table  
end table  
china cabinet  
shelving  
desk  
vanity  
low  
bureau  
high bureau  
single bed  
double bed  
TV  
TV tray  
TV tray stand  
floor lamp  
room divider  
step stool  
plant stand

**EDUCATION REALM**

**ACCESS**

gates to community realm  
entry lobby  
display  
signage  
information  
entrance vestibules  
stairs  
ramps  
elevators  
corridors  
washrooms

**STUDENT AND ELDER COMMONS**

indoor and outdoor  
focal points in the community school  
access  
many places to eat  
cheese

**EARLY CHILDHOOD SERVICES/DAY CARE**

many private personal scaled activity places  
for simultaneous play  
wash up area

nap areas  
eating areas  
plant growing area  
dry group work stations  
wet group work stations  
terraria  
aquaria  
greenhouse  
outdoor play access

**LEARNING RESOURCES CENTER**

book security entrance  
information desk  
check out counter  
technical services area  
wet study stations  
A.V.  
slide projector  
microfilm reader  
computer  
television  
current periodical  
stands  
stacks  
atlas & dictionary stands  
paper back racks  
reference collections  
work spaces  
reserve area  
conference and test center  
dry work stations  
wet work stations

project work stations  
media utilization center  
individual study carrels  
computer work stations  
learning resources  
storage  
reading area  
communications control center

**Tools**

computers  
video players  
television sets  
film projectors  
slide projectors  
models  
maps  
text books  
reference books  
magazines  
construction and writing paper

**Furniture**

individual work stations  
tables of different sizes  
book and magazine display  
chart stand  
easels for painting and drawing  
teacher station

room,change/shower room, office and closets  
garbage storage rooms and pickup

**WET ANCILLARY SUPPORTS**

**Infill Options**

music/choir  
art ancillary  
science  
special education  
general learning

**PRIVATE SERVICE REALMS**

**ADMINISTRATION**

entrance waiting area  
secretarial desk & work space  
teacher mailboxes  
communications control panel  
Master Clock and manual override  
building controls  
communication switchboard  
storage of administration supplies  
school records  
office machinery

office supplies storage  
principal vice principal offices  
conference area  
infirmary/ lavatory  
staff lavatory

**TEACHER SUPPORT SPACE**

small kitchen  
dining area  
quiet rest area  
staff lounge  
staff work rooms  
staff lavatory

**GUIDANCE & COUNSELLING OFFICES**

private waiting room with display  
informal staff offices

**RETAIL SUPPORT**

unloading dock  
kitchens  
storage  
service access  
staff lounge & lavatory

**BUILDING SUPPORT**

general storage rooms  
mechanical room  
electrical room  
service entry  
custodial work



## ACTIVITIES BY REALM

### COMMUNITY REALM

#### SITE ACCESS

entering site  
driving automobile  
driving school bus  
driving delivery vehicles  
meeting rides  
getting in and out of automobiles  
getting in and out of the school bus  
riding a bicycle  
parking the bicycle  
locking the bicycle  
walking on grounds  
riding in wheelchairs  
parking the automobile  
parking the school bus  
entering the building  
waiting for rides

#### PLAY GROUND

##### Physical Play

running  
throwing  
jumping  
climbing  
pedalling

pushing & pulling  
hitting & punching  
supporting own weight  
kicking  
creeping & crawling  
rhythmic exercises  
somersaulting  
rolling & tumbling  
balancing

#### Social and Dramatic Play

Creative cognitive play with sand and water

Quiet retreat play in protected area

#### PUBLIC GARDEN

watch street and sit in the sun  
sit under a roof in the shade  
sit in a large group  
play outdoor games such as shuffleboard  
have barbecue parties  
see greenery and hear water  
walk conveniently without encountering stairs  
celebrating birthdays, and holidays

### MAIN & SECONDARY BUILDING ENTRANCES

casual observation of intergenerational life  
sleeping in public  
observation of public life  
greeting friends and family

waiting for rides  
telephoning  
going to the lavatory

#### COMMUNITY EVENT SPACE IN PUBLIC ACCESS

celebrating together  
going to see a show  
arranging tickets  
leaving coats  
waiting  
going to the washroom  
becoming seated  
projecting films  
giving slide/talk presentations  
watching films  
watching plays  
putting on plays  
listening to music  
playing music

holding rehearsals  
setting up stage  
scenery & props

### NON-DENOMINATIONAL CHAPEL

worshipping  
morning  
being quiet with one self

#### HEALTH CLINIC

going to the doctors  
dropping off the baby at day care  
checking in with the nurse  
checking in patients  
waiting for the doctor  
talking to the doctor  
being examined by the doctor  
examining patients  
responding to emergencies  
writing and reading charts  
doing office work  
giving blood and urine samples  
lab testing samples  
checking out with the nurse  
pick up baby at day care

### RETAIL

cutting hair  
washing hair  
getting a perm  
filling prescriptions  
shopping for convenience items  
purchasing prepared food  
eating indoor/outdoor

#### GYMNASIUM

playing major sports  
playing minor sports  
general physical conditioning  
coordination exercising  
reaction & interaction  
learning activities  
changing cloths  
taking showers  
storing equipment

#### ELDER RESIDENT'S SEMI-PUBLIC REALM

celebrating birthdays, holidays  
elder-child sharing of experiences  
talking meetings

dining  
games  
private birthday parties  
family gatherings  
play pool  
work on puzzles  
intellectual activities  
sports & exercise  
do arts & crafts  
reading  
snacking  
arriving and leaving residential realm  
picking up mail  
greeting company  
going home

#### ELDER RESIDENT'S SEMI-PRIVATE REALM

talking  
accessing private dwellings  
doing laundry  
taking out the garbage  
greeting visitors  
growing plants

#### PRIVATE DWELLING

arriving and leaving  
eating  
sleeping  
dressing  
visiting

watching T.V.  
reading  
sewing  
knitting  
stamp collecting  
drawing  
crafts  
plant tending  
watching life  
telephoning  
letter writing

#### Private Garden or Garden Balcony

sitting unobserved in a secluded quiet spot  
raising flower  
raising vegetables

#### COMMUNITY EDUCATION REALM

##### ACCESS

arriving at and leaving school  
removing outer wear  
going to the washroom  
riding the elevator  
going to class

#### ELDER AND STUDENT COMMONS

celebrating together  
story telling  
being together  
relaxing  
conversing  
meeting  
studying  
snacking  
eating meals

**DAY CARE/EARLY  
CHILDHOOD  
SERVICES**

napping  
eating  
playing with paint sand  
water  
raising plants  
raising fish  
raising animals  
plant and animal study  
reading  
fitting & building  
making and listening to  
music  
dancing  
watching and putting on  
plays

**LEARNING  
RESOURCE  
CENTER**

elder child joint reading  
individual reading

note taking  
individual video  
watching  
group video watching  
individual listening to  
music & taped learning  
resources  
looking up call numbers  
using reference  
materials  
using computerized  
reference retrieval  
terminals  
making printouts  
story telling  
relaxing  
informal learning  
ordering  
receiving  
processing books  
cataloguing books  
checking books out  
shelving books  
finding and obtaining  
books from stacks

**GENERAL  
EDUCATION SPACE**

independent study  
small group dialogue  
and physical interaction  
large group dialogue  
and physical interaction  
giving and listening to  
lectures

reading  
note taking  
writing  
doing and watching  
demonstrations  
group and individual  
watching video  
data entry  
text entry/edit  
information retrieval  
listening to teacher  
lectures  
listening to other  
students  
listening to recorded  
material  
speaking to teacher  
speaking to other  
students  
note taking  
editing printouts  
flow-charting  
writing on over head  
projector  
taking tests and exams  
monitoring  
teacher/student activity  
through viewing video  
or computer screen

**ART ANCILLARY**

painting  
drawing  
constructing  
modeling

carving  
print making  
weaving  
photo developing

**MUSIC ANCILLARY**

individual and group  
(small ensembles, large  
choir, bands)  
performance  
group interaction  
action and reaction  
learning experiences

**SCIENCE  
ANCILLARY**

engaging in group lab  
work  
employing problem  
solving approaches  
heuristic investigations  
student/teacher planned  
experiments  
some laboratory manual  
experience  
viewing traditional  
science demonstrations  
(decreasing in use)  
using closed/open  
circuit T.V. & video  
using computer  
instructional aids  
(increasing in use)  
giving and listening to

lectures  
group and individual  
project work  
group discussions

**PRIVATE SERVICE  
REALM**

**ADMINISTRATION**

receiving guests  
holding meetings  
controlling building,  
program &  
communications  
doing office work  
evaluating student work  
interviewing parents  
and students  
socializing

**TEACHER  
SUPPORT**

preparation of teaching  
learning materials  
holding conferences  
relaxing  
eating

**KITCHENS**

cooking together  
serving food  
returning dirty dishes  
dish washing

storing dishes  
cooking  
cutting food  
mixing food  
washing food  
storing and retrieving  
food  
receiving food &  
supplies deliveries  
planning meals

**RETAIL SERVICE**

unloading trucks  
loading garbage  
distributing supplies  
storing supplies

**BUILDING SERVICE**

heating  
ventilating cooling  
air conditioning  
storing  
cleaning  
receiving food &  
supplies

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