

1 Human visceral nociception: findings from translational
2 studies in human tissue

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21

22 **Abstract**

23

24 Peripheral sensitisation of nociceptors during disease has long been recognised
25 as a leading cause of inflammatory pain. However, a growing body of data
26 generated over the last decade has led to the increased understanding that
27 peripheral sensitisation is also an important mechanism driving abdominal pain in
28 highly prevalent functional bowel disorders, in particular irritable bowel syndrome
29 (IBS). As such, the development of drugs that target pain-sensing nerves
30 innervating the bowel, has the potential to be a successful analgesic strategy for
31 the treatment of abdominal pain in both organic and functional gastrointestinal
32 diseases. Despite the success of recent peripherally restricted approaches for the
33 treatment of IBS, not all drugs that have shown efficacy in animal models of
34 visceral pain have reduced pain end points in clinical trials of IBS patients,
35 suggesting innate differences in the mechanisms of pain processing between
36 rodents and humans, and in particular, how we model disease states. To address
37 this gap in our understanding of peripheral nociception from the viscera and the
38 body in general, several groups have developed experimental systems to study
39 nociception in isolated human tissue and neurons; the findings of which we
40 discuss in this review. Studies of human tissue identify a repertoire of human
41 primary afferent subtypes comparable to rodent models including a nociceptor
42 population, the targeting of which will shape future analgesic development efforts.
43 Detailed mechanistic studies in human sensory neurones combined with unbiased
44 RNA sequencing approaches have revealed fundamental differences in not only
45 receptor/channel expression, but also peripheral pain pathways.

46

47 **Introduction**

48

49 Abdominal pain is a symptom common to organic (e.g. inflammatory bowel
50 disease; IBD) and functional (e.g. irritable bowel syndrome; IBS) gastrointestinal
51 (GI) diseases (60, 75). Clinically, its management is challenging with many
52 commonly prescribed painkillers showing limited efficacy for the treatment of
53 abdominal pain or contraindicated by GI side effects (52). Pain is a leading cause
54 of long-term disease morbidity in gastroenterology, contributing to significant
55 reduction in patient quality of life, and substantial socioeconomic costs due to
56 increased healthcare seeking and lost productivity (66). The 2016 Global Burden
57 of Disease Study identified that the prevalence of IBD has increased in the last
58 decade with a concomitant increase in years lived with disability (32).
59 Consequently, the development of effective visceral analgesics for the treatment of
60 abdominal pain in GI disease remains a long-standing priority. One therapeutic
61 approach to this problem is to block the activation of pain-sensing nerves, so-
62 called nociceptors, that are responsible for the transduction and transmission of
63 noxious stimuli from the gut to the central nervous system (CNS) (4, 11, 29, 68).
64 Clinical evidence to support the utility of this approach with regard to visceral pain
65 is growing, however not all studies have been successful. For example, peripheral
66 blockade of visceral nociceptors using rectal administration of local anaesthetics
67 has proven effective in ameliorating both spontaneous and stimuli-evoked (e.g.
68 visceral hypersensitivity to intrarectal balloon distension) visceral pain associated
69 with IBS (72, 73). Whilst, more recently, the use of peripherally restricted
70 compounds within well phenotyped patient subgroups (e.g. linaclotide, an agonist
71 of the guanylate cyclase C receptor, in constipation-predominant IBS (16); and

72 eluxadoline, a μ/κ -opioid receptor agonist and δ -opioid receptor antagonist, in
73 diarrhoea-predominant IBS (26)) has shown efficacy against pain endpoints in
74 clinical trials. These data collectively provide evidence supporting a role of
75 continued peripheral nociceptor input as a key driver in chronic visceral pain.
76 However, not all approaches have been successful, most notably, the NK₃
77 receptor antagonist SR 142,801 was shown to inhibit the increase in pelvic
78 afferent fibre activity and visceromotor response to colonic distension in rodents
79 (30, 43), but the NK₃ receptor antagonist Talnetant (SB-223412) failed to alter
80 sensory thresholds or response intensity to colorectal distension in healthy human
81 volunteers (40), and lacked efficacy against pain and discomfort endpoints in a
82 multicenter Phase IIB trial of IBS patients conducted by GlaxoSmithKline
83 (ClinicalTrials.gov ID: NCT00101985; EudraCT number: 2004-000848-24).

84

85 Design and execution of clinical trials in functional bowel disorders should take into
86 account high placebo responses, patient stratification and the variable and
87 relapsing nature of these conditions (35, 67). Inadequate consideration of these
88 factors has undoubtedly contributed to clinical trial failures in the past. In addition,
89 inconsistencies in the translation of findings from animal models to clinical trials
90 may be attributed to species differences in pain processing between rodent and
91 humans, and a failure of disease models in rodents to fully recapitulate the
92 complex and variable pathophysiology of human disease. In order to bridge this
93 translational gap, a number of new experimental strategies have been applied to
94 investigate human nociceptor function, including microneurography (63), human
95 stem cell-derived sensory neurones (14, 74, 79) and primary cultures of excised
96 human dorsal root ganglia (DRG) neurones (23, 71). Such techniques hold the

97 promise of directly interrogating native human nociceptor function. However, the
98 application of data generated by these strategies to visceral pain is constrained by
99 the inaccessibility of visceral nerves, scarcity of viscerally-projecting sensory
100 neurones within a given DRG (18) and differences between the molecular
101 mechanisms of stimulus transduction in visceral and somatic nociceptors (8, 36).

102

103 **Bridging the gap: the use of human tissues to improve preclinical translation**

104

105 *Resected bowel tissues*

106

107 One alternative method we, and others, have employed to address the challenge
108 of conducting translational studies on visceral pain is to utilise macroscopically
109 normal tissue obtained following pathological inspection from the margins of
110 surgically resected human bowel (42, 51, 54, 56, 80). This is obtained from
111 consenting patients undergoing surgery as part of their clinical treatment for GI
112 diseases, most commonly bowel cancer. Using suction and wire electrode
113 approaches, neuronal activity can be recorded from mesenteric nerves innervating
114 ileum, colon or rectum and receptive fields identified and studied in flat-sheet
115 preparations (54, 56). Alternatively, mesenteric nerve activity can be recorded
116 from the human appendix when cannulated as a tubular preparation, which
117 enables luminal distension in a manner comparable to similar approaches in
118 rodent tissue (36). Distension of the gut evokes pain and is commonly used as a
119 painful stimulus in human experimental medicine studies, for example colorectal
120 distension was classically utilised by Ritchie to demonstrate the presence of
121 visceral hypersensitivity in IBS patients (61). As such, the use of distension as a

122 stimulus in appendix tissue provides an attractive *ex vivo* preparation to model
123 bowel pain. Both these two approaches (ileum, colon and rectum flat-sheet
124 preparations, and tubular appendiceal preparations) have been successfully
125 exploited to investigate human visceral afferent function in detail (36, 51). As such,
126 these human tissue *ex vivo* preparations represent a translational bridge between
127 animal models and human pain, particularly where pathology is the function of
128 peripheral sensitisation. Importantly, use of human tissue bypasses species-
129 specific issues, such as receptor expression or coupling (although individual
130 variation will still be a factor), and provides a model where the peripheral nerve
131 terminal architecture remains intact. Specifically, the nerve endings studied are
132 surrounded by and interact with supporting cells of the native environment, and
133 function in the presence of endogenous mediators/signalling molecules. These are
134 important considerations that cannot be replicated in pared-down cell-centric
135 models, such as human DRG or human induced pluripotent stem cell (iPSC)-
136 derived sensory neuronal cultures.

137

138 Significant progress has been made in the characterisation of visceral nociceptors
139 in rodents using electrophysiological recordings of afferent activity in response to
140 noxious mechanical (e.g. high distending pressures, tissue stretch or blunt probe
141 of receptive fields by von Frey hair filaments) (7, 28), inflammatory (e.g. histamine,
142 proteases, bradykinin and ATP) (41), bacterial (55) and ischaemic stimuli (48).
143 These studies have classified colonic afferents into five major subgroups
144 dependent on the presumptive anatomical location of their receptive field and
145 sensitivity to mechanical stimuli: vascular, intramuscular, intraganglionic, mucosal,
146 and mechanically insensitive 'silent' afferents. Additionally, the pelvic nerve

147 innervating the distal colorectum also possesses muscular-mucosal afferents.
148 These classifications have identified vascular afferents (i.e. those afferents that
149 are closely associated with blood vessels in both the gut mesentery and
150 penetrating intramurally into the gut wall) as a major form of nociceptor by which
151 noxious stimuli are transduced (10). Vascular afferents, unlike muscular or
152 mucosal subtypes, have activation thresholds to mechanical distension (>40
153 mmHg) that are painful in humans, and they are also activated by algogenic
154 chemical mediators such as capsaicin, bradykinin, and ATP. A recent study by our
155 group using single-cell RNA sequencing of colonic sensory neurones has
156 identified molecular markers for 7 molecularly distinct subtypes, further facilitating
157 the investigation of those fibres responsible for transducing noxious stimuli (38).
158 By understanding which sensory afferents are responsible for transducing pain, we
159 can not only focus drug discovery efforts on mechanisms capable of modulating
160 the neuronal sensitivity in these afferents, but also focus basic research
161 specifically on how these afferents change in disease.

162

163 Studies of human bowel afferents have identified, in addition to spontaneous
164 activity, receptive fields responsive to von Frey hair probe (54, 56), light mucosal
165 stroke (42) and circumferential stretch (42, 80) suggesting that a comparable
166 repertoire of afferent subtypes to those found in rodents is also present in humans
167 (Fig. 1). The experimental procedures undertaken in these studies were limited by
168 not insignificant technical and experimental hurdles associated with making these
169 recordings. For example, Jiang *et al.* and Peiris *et al.* report recording success
170 rates of 15% and 48%, respectively, after obtaining tissue from consenting
171 patients (42, 56). Secondly, not all fibres are mechanosensitive, for example, from

172 20 successful recordings (from 45 specimens), Yu *et al.* only observed 8 sensitive
173 to mechanical or chemical stimuli (80).

174

175 More recently, McGuire *et al.* expanded greatly on these studies and fully
176 characterised the mechanosensitivity of 46 human colonic afferent fibres from just
177 under one hundred tissues identifying two main subtypes of afferent (51).
178 Specifically, approximately half of the fibres recorded were sensitive to low weight
179 (< 0.6 g) von Frey hair probing of the serosal surface, but not stretch or mucosal
180 stroking, and were classified as serosal nociceptors following responses to
181 bradykinin and ATP. By contrast, fibres sensitive to stretch were unresponsive to
182 low weight von Frey hair probing of the serosal surface and algogenic chemical
183 mediators, and were subsequently classified as muscular afferents. Although less
184 frequent, receptive fields in the mesentery and some sensitive to mucosal stroke
185 were also observed (37, 51). Additionally, a mechanically insensitive 'silent'
186 population, which became mechanosensitive only after bradykinin application, was
187 also identified in human bowel in agreement with the presence of such a
188 population in rodent studies (28). The identification of silent nociceptors in human
189 bowel tissue is extremely important, as such neurones are believed to contribute
190 greatly to inflammatory pain and visceral hypersensitivity observed in patients (58).
191 It seems apparent that detailed descriptions of rodent colonic afferent
192 neuroanatomy are comparable to that observed in human tissues. This not only
193 provides a rational criterion for identifying and studying nociceptors in human
194 tissue, but also lends support to the translational validity of observations on
195 peripheral pain processing in rodent tissue.

196

197 In addition to mechanosensitivity, human afferents are sensitive to a diverse range
198 of algogenic and inflammatory mediators comparable to findings in rodent tissue.
199 Initially confirmed using an experimental inflammatory soup (consisting of
200 bradykinin, 5-HT, histamine and prostaglandin E₂) (56), the individual constituents
201 of which have subsequently been shown to evoke action potential discharge in
202 human tissues (e.g. histamine (51), PGE₂ (51), bradykinin (51, 56, 80) and lastly,
203 5-HT (51, 80); Fig. 1). In addition, transient receptor potential (TRP) channel
204 agonists, capsaicin (TRPV1) (42, 51, 54, 56, 80) and AITC (TRPA1) (80); and
205 purinergic receptor agonists, ATP (51), ADP and UTP (37) have also all been
206 shown to excite variable proportions of human visceral afferents. Whilst the
207 mechanosensitivity of those fibres responding to individual chemical stimuli has
208 not been comprehensively characterised in all cases, in the examples where it
209 has, serosal nociceptors are sensitive to inflammatory stimuli (e.g. ATP and
210 bradykinin), but muscular afferents are not (51).

211

212 The reproducibility of responses to both mechanical stimuli (such as von Frey hair
213 probe and ramp distension of the appendix (36, 51)) and some chemical mediators
214 (including bradykinin and ATP (51)) has enabled mechanistic interrogation of
215 human afferent, and specifically nociceptor function, within individual specimens
216 thus countering some of the inherent variability observed in the diverse population
217 from which these tissues are sourced. Whilst desensitisation of responses to
218 repeated 5-HT, histamine and experimental inflammatory soup application may
219 limit pharmacological investigation in some signalling pathways (51, 56), critical
220 translational studies are achievable using this approach. Indeed, data supporting
221 the observed modulation of serosal nociceptor mechanosensitivity by TRPV4 in

222 rodent studies (8, 17) was demonstrated by the TRPV4 antagonist HC067047
223 inhibiting human nociceptor firing to repeated von Frey hair probing (51).
224 Additionally, the anti-epileptic drug retigabine, which augments the function of
225 voltage-gated potassium channels of the K_v7 family, inhibits the colonic afferent
226 response to bradykinin in mouse and human tissue (57). Furthermore, the
227 unexpected finding that both genetic loss and pharmacological block (by PF-
228 5198007) of $Na_v1.7$ in mice does not alter colonic afferent firing to noxious stimuli,
229 was confirmed in human colonic afferents using ramp distension of human
230 appendix in the presence of $Na_v1.7$ blocked with PF-5198007 (36). These studies
231 build confidence in the efficacy, or lack thereof, of novel visceral analgesic
232 pharmacophores identified through pre-clinical animal studies capable of
233 modulating nociceptor function. Importantly, human tissue studies can also be
234 utilised to identify the mechanism of action for clinically effective compounds. For
235 example, tegaserod (5-HT₄ receptor agonist), a clinically effective treatment of
236 abdominal pain in IBS-C patients, reduces rectal sensitivity in healthy subjects and
237 pain scores in IBS patients (22, 53). Rodent studies suggest that this is mediated
238 by a direct inhibition of visceral afferent firing (62). Using human bowel tissues, we
239 were able to show an attenuation of serosal nociceptor mechanosensitivity and
240 validate this mechanism of action (51), therefore bolstering the translatability of
241 this approach.

242

243 As well as investigating those mechanisms capable of modulating human afferent
244 sensitivity, direct interrogation of human tissues has shed light on disease
245 processes and the contribution of receptor-ligand interactions occurring at the
246 peripheral terminal. For example, bradykinin-mediated excitation of human

247 sensory nerves occurs via B₂, but not B₁, receptors (51). The blockade of
248 adenosine receptors by CGS15943 and inhibition of P2X_{2/3,3} receptors by R04,
249 failed to greatly attenuate afferent firing in response to ATP therefore highlighting
250 the importance of P2Y receptors to purinergic signalling in human afferents (37,
251 51). In single fibre studies, afferent firing in response to capsaicin was blocked by
252 treatment with the TRPV1 antagonist ABT-102 (51). In contrary to its canonical
253 blockade of sodium-hydrogen antiporter NHE3, such TRPV1 antagonism was
254 recently reported to underpin the analgesic properties of Tenapanor, a novel
255 therapy under investigation for the treatment of constipation-predominant IBS (20,
256 46).

257

258 The diversity of source tissues enables investigation of how nociceptor function is
259 dependent upon sex, age and disease state. Whilst the vast majority of work
260 conducted so far has been on 'healthy' tissues isolated away from cancer margins,
261 differences in afferent sensitivity to noxious stimuli (e.g. bradykinin) with age have
262 been suggested (80). Although these were not supported at the level of an
263 individual nerve fibre in the much larger sample size study of McGuire and
264 colleagues (51), it may be that a reduction in nociceptor innervation as opposed to
265 function in remaining fibres accounts for age related changes in nociception. In
266 addition to resections for cancer, human bowel tissue is available following
267 colectomy for Crohn's disease (predominantly ileocecal) and ulcerative colitis
268 (predominantly rectum, descending and sigmoid colon) providing a model for
269 chronic inflammation. Alternatively, access to appendicitis resections enables
270 direct comparison of acute inflammatory processes with those of a chronic state.
271 Initial retrospective analyses have suggested no significant difference in

272 responses to noxious stimuli in chronically inflamed IBD tissues (37, 51), however
273 more detailed studies are required to test specific hypotheses. Direct investigation
274 of human tissues also enables the study of human-specific variants of
275 receptors/channels; examples of such differences are discussed in more detail
276 below.

277

278 Whilst providing an economical and potentially valuable stepping stone between
279 animal models and clinical trials, the use of resected human bowel tissues is not
280 without its limitations. One potential caveat in these studies is the risk that hypoxic
281 conditions may alter nociceptor function. Ideally studies should start as soon as
282 possible after surgery, however for human GI tissues there are several lines of
283 evidence suggesting that longer post-surgery times are sometimes acceptable.
284 Often tissues are not available until late in the day requiring experiments to be
285 conducted in the evening or after overnight storage at 4°C in pre-oxygenated
286 Krebs buffer. Both contractile responses and neuronally mediated responses to
287 electrical field stimulation (EFS) in neuromuscular studies of isolated GI tissue
288 strips (6, 9) were unaffected by short-term storage (< 24 hrs) at 4°C. Studies using
289 the more fragile mucosa tissues also suggest that overnight storage at 4°C does
290 not alter responses to 5-HT or forskolin (12). Whilst no comprehensive study of the
291 effects of hypoxia on human primary afferent function has been conducted,
292 researchers have sought to minimise the risk of hypoxia-mediated changes and
293 maintain tissue health. Specifically, Jiang *et al.* report pinning tissues mucosa-side
294 up to ensure good perfusion rates of the oxygenated Krebs buffer with the
295 degradation prone mucosa (42). In post-hoc analysis of single unit responses of
296 human visceral afferents to both mechanical and chemical (bradykinin and ATP)

297 stimuli, no significant difference was observed between those stored overnight at
298 4°C compared to those used straight from surgery (51). Importantly, all groups
299 report immediate extraction from surgery into pre-oxygenated Krebs buffer for
300 transport to laboratories and gross dissection (42, 51, 54, 56, 80). Whilst the
301 effects of cessation of blood supply on the tissues cannot be directly evaluated,
302 providing that control studies are conducted within the same preparation or on
303 tissue treated in a comparable fashion (e.g. entering oxygenated buffer as soon as
304 possible), the risk of hypoxia-mediated changes significantly influencing
305 conclusions drawn from such experiments should be ameliorated.

306

307 When using human tissue, the effects of age, ethnicity and sex of the patient from
308 which the tissue is acquired must also be monitored. Importantly, prior patient
309 treatment (e.g. steroids and/or anti-tumor necrosis factor (TNF) antibodies) may
310 also impact afferent signalling. The complexity of the system (with multiple cell
311 types, signalling cascades and interactions) is both an advantage and a
312 disadvantage. Human bowel tissues represent a powerful tool to investigate
313 peripheral afferent sensitivity *in situ*, however detailed mechanistic studies are
314 challenging to perform and risk influence from unforeseen cell-types present in the
315 bowel. To combat this, academic (e.g. in the UK, CRACK-IT DRGNet), not for
316 profit (e.g. in the US, National Disease Resource Interchange and in the
317 Netherlands, the Netherlands Brain Bank) and commercial (e.g. Anabios)
318 infrastructures have arisen recently to provide reliable access to human sensory
319 neurones isolated from DRG and trigeminal ganglia (TG) of healthy donor patients,
320 with the promise of aiding investigation of sensory processing in health and
321 chronic pain.

322

323 *Cultured human DRG neurones*

324

325 Access to human DRG neurones has greatly facilitated translational research with
326 initial studies exploiting avulsion and ganglionectomies in chronic pain patients or
327 following removal from foetuses (2, 50). Fundamental differences in expression
328 and function of ion channels and receptors have been identified between rodent,
329 non-human primate and human DRG neurones. These include differing
330 biophysical properties contributing to the excitability of DRG neurones with a
331 greatly reduced input resistance and higher action potential threshold of human,
332 compared to rat DRG neurones (23, 33). Once the threshold for action potential
333 firing is reached however, human DRG neurones tend to fire more action
334 potentials, that are wider and at a greater frequency (33). It is perhaps not
335 surprising then that Na_v channels contributing to both electrogenesis and to the
336 regulation of resting membrane potential in human DRG neurones differ to those
337 of rodents. Both tetrodotoxin (TTX)-resistant Na_v channels Na_v1.8 and Na_v1.9
338 exhibit altered biophysical characteristics, with human Na_v1.8 possessing
339 enhanced persistent and ramp currents capable of elongating the action potential
340 and increasing firing rates (33), whilst human Na_v1.9 can open in response to a
341 weaker stimulus compared to rodent Na_v1.9 (25). Of the Na_v channels, Na_v1.8
342 and Na_v1.9 in particular can regulate inflammatory and visceral pain pathways and
343 have been proposed as pharmacological targets for intervention in visceral
344 hypersensitivity (27, 39).

345 Human nociceptors are far more promiscuous in their sensitivity to chemical
346 stimuli than their rodent counterparts with significantly larger numbers responding

347 to the TRPA1 agonist AITC (5, 23) and the inflammatory mediators bradykinin (5,
348 34) and histamine (34). The contribution of multiple TRP channels to visceral
349 hypersensitivity is well established (4) with histamine also sensitising TRPV1 in
350 IBS (77). In contrast to both rodent and primate isoforms, human TRPA1 is
351 sensitive to acidic pH (44), suggesting that its already diverse range of stimuli
352 modalities (e.g. noxious cold, noxious heat, mechanical, irritants and bacterial
353 lipopolysaccharide) may be expanded in humans. Furthermore, human DRG
354 neurones possess differential GABA receptor pharmacology with GABA
355 antagonists bicuculline and picrotoxin unable to block native GABA-sensitive Cl⁻
356 currents (70). Lastly, purinergic signalling, an important contributing pathway to
357 visceral mechanosensitivity (13), in human DRG neurones differs compared to
358 rodent, with an absence of the P2X₂ receptor subtype and also altered potency of
359 P2X₃ receptor antagonists (64).

360

361 Beyond functional differences, an understanding of species-specific expression is
362 vital for successful translation from model species to human. As just one example,
363 although many others exist, mouse DRG neurones express more than 20 MAS-
364 related G-protein coupled receptors (MRGPRs), several of which are involved in
365 pruriception and nociception, whilst human DRG neurones only possess 4 at high
366 levels (3). Recent comprehensive RNA sequencing screens of both human and
367 mouse DRG neurones are filling in the gaps left by other comparative studies (59).

368

369 Of course, a caveat of such studies where adult DRG have been removed for
370 medical reasons is that they may not be representative of healthy tissue. The
371 development of robust surgical resection protocols (71) has enabled a more

372 comprehensive characterisation of human sensory neurones isolated from healthy
373 adult donors lacking chronic pain (typical examples of cause of death include head
374 trauma, stroke and anoxia). Indeed, many recent studies have shed significant
375 light on mechanisms regulating neuronal excitability in humans, with important
376 species-specific differences identified in the biophysics of GABA_A channel function
377 (81) and both Na_v channel kinetics and sensitivity to the chemotherapeutic
378 paclitaxel, an agent that can produce chemotherapy-induced neuropathic pain (19,
379 82). Parallel studies have also identified toll-like receptor-4 (TLR4) as an important
380 effector of paclitaxel capable of modulating TRPV1 in human sensory neurones:
381 the combined effects of which likely contribute to chemotherapy-induced
382 neuropathic pain (47).

383

384 Mechanisms important for regulating visceral pain have been investigated in
385 human DRG neurones including proteinase-activated receptor (PAR) activity (24)
386 and the analgesic properties of α -Conotoxin Vc1.1 from the marine cone snail
387 *Conus victoriae* via GABA_B receptors (15). Whilst clearly invaluable in providing
388 translational validation of mechanism in native tissue, human DRG neuronal
389 cultures do possess experimental limitations. Principally, as with protocols for
390 isolating rodent DRG neurones, enzymatic dissociation, mechanical trituration and
391 time in culture are likely to impact the expression and function of ion channels and
392 receptor signalling pathways. Secondly, a limitation specific to working with human
393 DRG neurones is that at present we have no method of isolating human neuronal
394 populations that innervate a specific target organ, i.e. the GI tract. This point is
395 especially pertinent considering that it is becoming increasingly apparent that
396 neuronal populations isolated from differing spinal segmental regions and

397 innervating different tissues possess distinct phenotypes (49, 57, 58, 65, 78).
398 Thus, comparisons between rodent colorectal sensation mediated by pelvic
399 afferents originating from sacral DRG and unlabelled human sensory neurones
400 isolated from non-sacral DRG should be undertaken with care. RNA sequencing
401 studies of both mouse (21, 45, 69) and human sensory neurones (1, 31, 49) have
402 elucidated their transcriptomic diversity. Our recent extension of this to single-cell
403 resolution of a population of sensory neurones in mouse targeting the colorectum
404 provides a clearer phenotype for those cells relevant to gastrointestinal pain (38).
405 However, until a molecular fingerprint or panel of marker genes is identified that
406 can differentiate visceral from other neuronal subtypes, studies of human DRG
407 neurone studies may only provide significant translational insight into basic pain
408 mechanisms, with additional parallel strategies required to fully interrogate visceral
409 pain physiology.

410

411 **Conclusions**

412

413 In order to harness the translational utility of human tissue to develop more
414 effective drugs, researchers must combine methodologies to investigate both
415 detailed cellular mechanism and visceral pain physiology (Fig. 2). Bringing to bear
416 powerful new techniques to selectively ablate/modulate/excite specific neuronal
417 populations using expression of tools such as optogenetics and chemogenetics
418 will undoubtedly progress our understanding of visceral pain pathways. The
419 establishment of adeno-associated viral (AAV) vectors capable of transducing
420 human sensory neurones is an important contributor to harnessing such tools (76).
421 Finally, in comparison to the isolation of human DRG, resected colonic tissues are

422 a widely-accessible resource removed as part of routine surgical treatment and
423 thus represent an ideal translational model in order to study, not only visceral
424 afferent physiology, but also peripheral sensitisation in human more broadly.

425

426 **Figure 1 Legend**

427 Summary of human visceral afferent subtypes and signalling pathways
428 investigated in resected human bowel tissues to date showing the specific
429 receptor agonists, antagonists and ligands used to conduct these studies. A
430 Human visceral afferent fibres are sensitive to a diverse range of chemical
431 mediators, which have been used to confirm the expression of peripheral pain
432 pathways. Arrows represent receptor activation/agonism. Blunt arrows represent
433 receptor inhibitors/antagonism. B Mechanosensitivity to von Frey hair probe,
434 stretch and mucosal stroke is used to classify fibres into subtypes. Serosal and
435 mesenteric fibres (which collectively can be classed as vascular) are proportionally
436 more sensitive to algogenic mediators (bradykinin and ATP), indicating a greater
437 role in visceral nociception. ✓✓✓, high response frequency; ✓, low response
438 frequency; ✕, no response; -, not tested. 5-HT, 5-hydroxytryptamine; 5-HTR, 5-HT
439 receptors; AR, adenosine receptors; AITC, allyl isothiocyanate; ATP, adenosine-5-
440 triphosphate; ADP, adenosine-5-diphosphate; B₂R, bradykinin receptor B₂; EPR,
441 prostaglandin E₂ receptors; HR, histamine receptors; PGE₂, prostaglandin E₂;
442 UTP, uridine triphosphate; TRPA1, transient receptor potential ankyrin 1; TRPV1,
443 transient receptor potential vanilloid 1; TRPV4, transient receptor potential
444 vanilloid 4.

445

446 **Figure 2 Legend**

447 Interrogating abdominal chronic pain using human tissues. Peripheral sensitisation
448 of nociceptors innervating the bowel contributes to abdominal pain in organic and
449 functional GI disorders with inflammatory mediators, and bacterial and dietary
450 metabolites acting on a diverse range of signalling pathways and ion channels
451 (including Transient Receptor Potential (TRP) channels). Using *ex vivo*
452 electrophysiological recordings of mesenteric nerves isolated from resected
453 human bowel tissues it has been possible to validate regulators of neuronal
454 excitability in humans such as voltage-gated potassium channel K_v7 and the
455 metabotropic serotonin receptor 5-HT₄. Such findings can be further investigated
456 at the level of the cell body using primary cultures of human DRG and utilising
457 patch-clamp electrophysiology and Ca²⁺ imaging techniques. The integration of,
458 and access to, these two models of peripheral pain pathways can inform our
459 understanding of clinical phenotypes including visceral hypersensitivity and
460 chronic abdominal pain in conditions such as irritable bowel syndrome (IBS;
461 constipation- (C) or diarrhea(D)-predominant or mixed (M); or post-infectious IBS).

462

463

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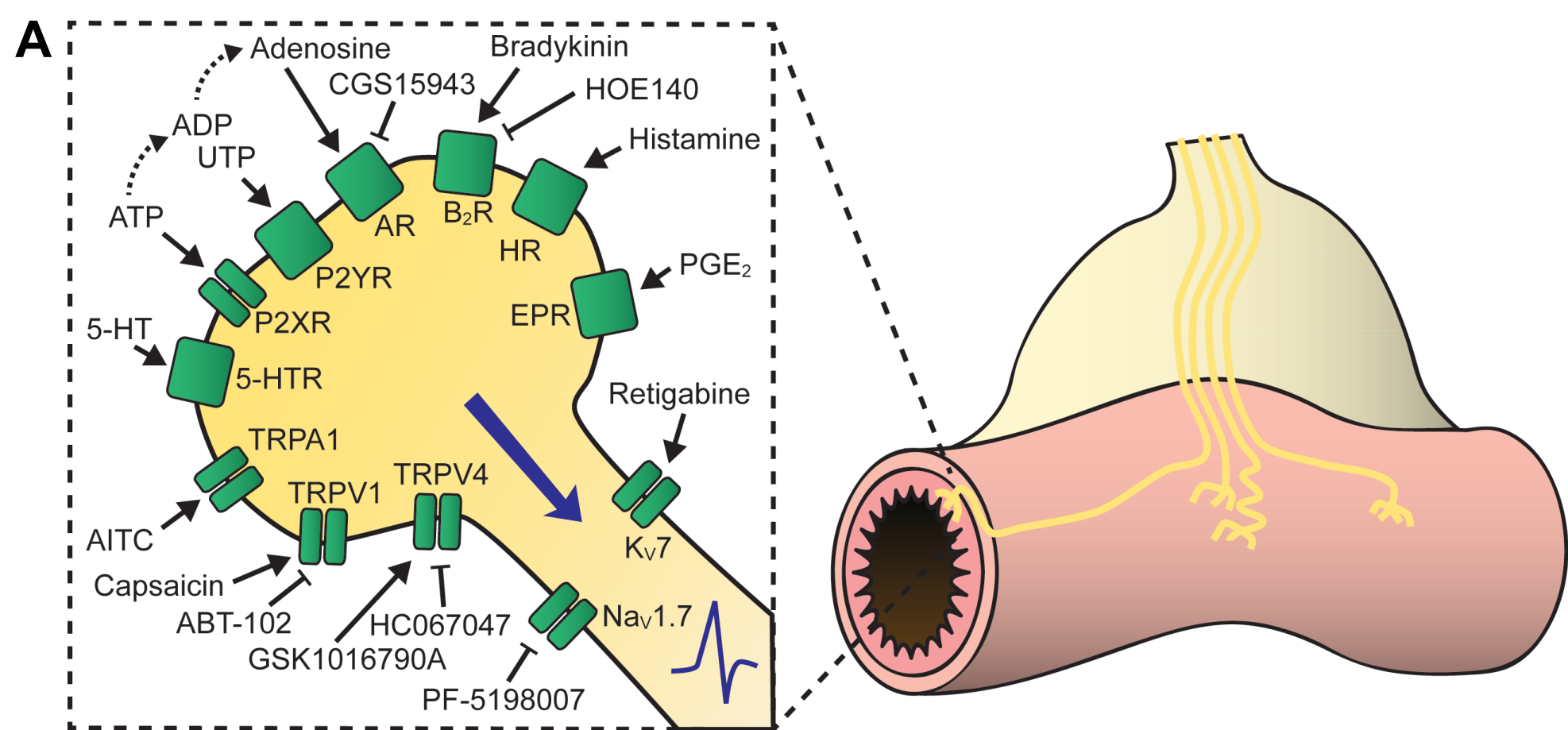
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B

	Mechanosensitivity			Chemosensitivity	
	Probe	Stretch	Stroke	Bradykinin	ATP
Vascular					
<i>Serosal nociceptor</i>	✓✓✓	×	×	✓✓✓ (43%)	✓✓✓ (40%)
<i>Mesenteric</i>	✓✓✓ (mesentery)	×	×	✓✓✓ (100%)	✓✓✓ (100%)
Muscular	×	✓✓✓	×	× (0%)	✓ (11%)
Muscular-Mucosal	×	✓✓✓	✓	×	×
Mucosal	✓	×	✓	-	-

