

Seasonal lipid dynamics of herring and sprat in the Baltic Sea and possible implications for cod reproduction - DTU Orbit (06/08/2016)

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The Baltic Sea experienced a regime shift in the 1980ies with major changes in food webdynamics. These ecosystem alterations were related to climatic driven changes in hydrographic conditions affecting phyto- and zooplankton assemblage and hence the food availability for clupeids. Sprat abundance increased dramatically in the early 1990ies. The changes in plankton communities in combination with increased competition resulted in declined condition of clupeids. Polyunsaturated fatty acids originate from phytoplankton and are transmitted through the food web. The present study investigates if the seasonal variation in lipid composition of herring and sprat reflects the changes in plankton. Fish were sampled five times over a year and the lipid composition of different size groups was analyzed. Significant seasonal variation in average lipid content in sprat was found: 14.00% in November, 11.26% in January, 7.47% in March and 9.60% in June. The lipid content in herring also varied within season but was lower than sprat: 7.42% in November, 6.71% in January and 4.70% in March. The seasonal lipid dynamic was reflected in variation of specific fatty acids. Clupeids are the major prey of Baltic cod so deficiencies of essential fatty acids could be a limiting factor for cod reproduction

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Authors: Røjbek, M. (Intern), Tomkiewicz, J. (Intern), Støttrup, J. (Intern), Jacobsen, C. (Intern), Köster, F. (Intern)

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