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Effects of intraspecific variation in reproductive traits, pectoral fin use and burst swimming on metabolic rates and swimming performance in the Trinidadian guppy (*Poecilia reticulata* Peters)

Jon C. Svendsen^{1,2,*}, Amanda I. Banet^{3,4}, Rune H. B. Christensen⁵, John F. Steffensen² and Kim Aarestrup¹

¹Technical University of Denmark, National Institute of Aquatic Resources, Freshwater Fisheries, Vejlsvøvej 39, DK-8600 Silkeborg, Denmark;

²[University of Copenhagen](#), [Marine Biological Laboratory](#), [Biological Institute](#), Strandpromenaden 5, DK-3000 Helsingør, Denmark;

³Department of Biology, University of California, Riverside, CA 92521, USA;

⁴University of British Columbia, Vancouver, BC, V6T 1Z4, Canada;

⁵Technical University of Denmark, Department of Applied Mathematics and Computer Science, Richard Petersens Plads, Building 324, Room 220, DK-2800 Lyngby, Denmark;

ABSTRACT. There is considerable intraspecific variation in metabolic rates and locomotor performance in aquatic ectothermic vertebrates, however, the mechanistic basis remains poorly understood. Using pregnant Trinidadian guppies (*Poecilia reticulata* Peters), a live-bearing teleost, we examined the effects of reproductive traits, pectoral fin use, and burst-assisted swimming on the swimming metabolic rate, standard metabolic rate (MO_{2std}) and prolonged swimming performance (U_{crit}). Reproductive traits included reproductive allocation and pregnancy stage; the former defined as the mass of the reproductive tissues divided by the total body mass. Results showed that the metabolic rate increased curvilinearly with swimming speed. The slope of the relationship was used as an index of swimming cost. There was no evidence that reproductive traits correlated with the swimming cost, MO_{2std} , or U_{crit} . In contrast, data revealed strong effects of pectoral fin use on swimming cost and U_{crit} . *Poecilia reticulata* employed body-caudal fin (BCF) swimming at all tested swimming speeds, however, fish with a high simultaneous use of the pectoral fins exhibited increased swimming cost and decreased U_{crit} . These data indicated that combining BCF swimming and pectoral fin movement over a wide speed range, presumably to support swimming stability and control, is an inefficient swimming behaviour. Finally, transition to burst-assisted swimming was associated with an increase in aerobic metabolic rate. Our study highlights factors other than swimming speed that affect swimming cost and suggests that intraspecific diversity in biomechanical performance, such as pectoral fin use, is an important source of variation in both locomotor cost and maximal performance.

Keywords: basal metabolic rate, energetics, gait transition, gravidity, life history, respiratory physiology

* Corresponding author: jos@aqu.dtu.dk

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6 Jon C. Svendsen^{1,2,*}, Amanda I. Banet^{3,4}, Rune H. B. Christensen⁵, John F. Steffensen² and Kim
7 Aarestrup¹

8
9
10 ¹Technical University of Denmark, National Institute of Aquatic Resources, Freshwater Fisheries,
11 Vejlsøvej 39, DK-8600 Silkeborg, Denmark, ²University of Copenhagen, Marine Biological
12 Laboratory, Biological Institute, Strandpromenaden 5, DK-3000 Helsingør, Denmark, ³Department
13 of Biology, University of California, Riverside, CA 92521, USA, ⁴University of British Columbia,
14 Vancouver, BC, V6T 1Z4, Canada, ⁵Technical University of Denmark, Department of Applied
15 Mathematics and Computer Science, Richard Petersens Plads, Building 324, Room 220, DK-2800
16 Lyngby, Denmark.

17
18 *Author for correspondence (jos@aqua.dtu.dk)

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21 Running page head: Locomotor cost and maximal performance

33 **SUMMARY**

34 **There is considerable intraspecific variation in metabolic rates and locomotor performance in aquatic**
35 **ectothermic vertebrates, however, the mechanistic basis remains poorly understood. Using pregnant Trinidadian**
36 **guppies (*Poecilia reticulata* Peters), a live-bearing teleost, we examined the effects of reproductive traits, pectoral**
37 **fin use, and burst-assisted swimming on the swimming metabolic rate, standard metabolic rate (MO_{2std}) and**
38 **prolonged swimming performance (U_{crit}). Reproductive traits included reproductive allocation and pregnancy**
39 **stage; the former defined as the mass of the reproductive tissues divided by the total body mass. Results showed**
40 **that the metabolic rate increased curvilinearly with swimming speed. The slope of the relationship was used as**
41 **an index of swimming cost. There was no evidence that reproductive traits correlated with the swimming cost,**
42 **MO_{2std} , or U_{crit} . In contrast, data revealed strong effects of pectoral fin use on swimming cost and U_{crit} . *Poecilia***
43 ***reticulata* employed body-caudal fin (BCF) swimming at all tested swimming speeds, however, fish with a high**
44 **simultaneous use of the pectoral fins exhibited increased swimming cost and decreased U_{crit} . These data indicated**
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46 **swimming stability and control, is an inefficient swimming behaviour. Finally, transition to burst-assisted**
47 **swimming was associated with an increase in aerobic metabolic rate. Our study highlights factors other than**
48 **swimming speed that affect swimming cost and suggests that intraspecific diversity in biomechanical**
49 **performance, such as pectoral fin use, is an important source of variation in both locomotor cost and maximal**
50 **performance.**

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52 Key words: basal metabolic rate, energetics, gait transition, gravidity, life history, respiratory physiology.

INTRODUCTION

Intraspecific variation in metabolic rate and locomotor performance remain poorly understood in many taxa. Variation in physiological traits may be important, however, because it can be functionally significant and reflect behavioural or physiological trade-offs, where the costs or benefits of any phenotype are variable and may depend on internal and external factors (Williams, 2008; Biro and Stamps, 2010; Burton et al., 2011). For example, intraspecific variation in metabolic rate and locomotor performance may be associated with disruptive selection regimes leading to variation in foraging strategy and predator avoidance (Marras et al., 2010). Moreover, studies of physiological diversity may reveal the physiological basis of intraspecific variation in life history traits (Speakman, 2005; Arnott et al., 2006; Williams, 2012). Finally, phenotypic diversity may be indicative of genetic diversity and the degree to which a population can adjust to environmental change (Hayes and Jenkins, 1997; Bolnick et al., 2003; Sears et al., 2009).

Reproductive status may be a source of intraspecific variation in metabolic rate and locomotor performance. Elevated metabolic rate in relation to gravidity or pregnancy has been reported in many animals, including eastern garter snake (*Thamnophis sirtalis* Linnaeus) (Birchard et al., 1984), mountain spiny lizard (*Sceloporus jarrovi* Cope) (DeMarco, 1993), yellowtail rockfish (*Sebastes flavidus* Ayres) (Hopkins et al., 1995), Korean rockfish (*Sebastes schlegeli* Hilgendorf) (Boehlert et al., 1991), sailfin molly (*Poecilia latipinna* Lesueur) (Timmerman and Chapman, 2003), striped surfperch (*Embiotoca lateralis* Agassiz) (Webb and Brett, 1972) and European eelpout (*Zoarces viviparus* Linnaeus) (Skov et al., 2010). Several studies have demonstrated diminished locomotor performance caused by gravidity or pregnancy. Examples include the northern death adder (*Acanthophis praelongus* Ramsay) (Webb, 2004), side-blotched lizard (*Uta stansburiana* Baird and Girard) (Miles et al., 2000), short-horn sculpin (*Myoxocephalus scorpius* Linnaeus) (James and Johnston, 1998) and mosquitofish (*Gambusia affinis* Baird and Girard) (Plaut, 2002; Belk and Tuckfield, 2010). Using the Trinidadian guppy (*Poecilia reticulata* Peters), Ghalambor and colleagues provided evidence that pregnancy may constrain fast-start swimming performance employed to evade predators (Ghalambor et al., 2004). It has been suggested that diminished swimming performance in live-bearing pregnant fish may be attributed to metabolic constraints caused by the embryos (Plaut, 2002), however, to our knowledge such relationships have not been examined.

The impact of pregnancy on female performance could have important ecological and evolutionary consequences. For example, pregnant bighorn sheep (*Ovis canadensis* Shaw) spend less time in optimal foraging areas, where the predation risk is highest, than females that have recently given birth (Berger, 1991). Such differences in behaviour may reduce the predation risk associated with diminished locomotor performance at the cost of resource acquisition. From an evolutionary point of view, cost of reproduction represents one of the most prominent elements in life history evolution (Stearns, 1989). Using free-ranging lizards, Miles and colleagues demonstrated that a decrement in performance is associated with current reproductive investment and represents a cost of reproduction expressed as diminished locomotor performance and lowered survivorship to next clutch (Miles et al. 2000).

Recent studies on the metabolic rates of swimming fish have included measurements of gait transitions occurring as a function of swimming speed (Korsmeyer et al., 2002; Jones et al., 2007; Cannas et al., 2006; Svendsen et al., 2010). A gait is “a pattern of locomotion characteristic of a limited range of speeds described by quantities of which one or more change discontinuously at transitions to other gaits” (Alexander, 1989). However, as far as is known, no previous studies have investigated how intraspecific variation in fin use within a single gait affects swimming cost and maximal performance. Moreover, while previous studies have examined the metabolic rates associated with the transition from

108 rigid-body, median or paired-fin (MPF) swimming to undulatory, body-caudal fin (BCF) swimming (Korsmeyer et al.,
109 2002; Cannas et al., 2006; Svendsen et al., 2010), the energetics of the gait transition from steady BCF swimming to
110 unsteady BCF swimming (i.e. burst-assisted) remain poorly understood (Farrell, 2007).

111 The objective of this study was to examine whether diversity in reproductive traits and swimming behaviour
112 correlate with intraspecific variation in metabolic rates and maximal locomotor performance. Reproductive traits
113 included reproductive allocation and pregnancy stage; the former defined as the mass of reproductive tissues divided by
114 the total body mass. Swimming behaviour included use of the pectoral fins and gait transition from steady BCF
115 swimming to unsteady BCF swimming (i.e. burst-assisted). To this end, we used *P. reticulata* Peters 1859 captured in
116 Trinidad for swimming trials at increasing speeds.

117 *Poecilia reticulata* is a live-bearing species producing one litter every 3 - 4 weeks (Reznick and Yang, 1993).
118 Reproductive allocation in female *P. reticulata* tends to vary with season (Reznick, 1989), resource availability
119 (Reznick and Yang, 1993) and predation regime (Reznick and Endler, 1982). In terms of locomotion, *P. reticulata* is an
120 acanthomorph fish (Chen et al., 2003) and as such, the pectoral fins are located relatively high on the body, at an
121 approximately mid-dorsal position and relatively close to the centre of mass of the fish (Drucker et al., 2006). Compared
122 to less derived fishes, the pectoral fins of acanthomorph fishes are generally associated with a wider range of motion
123 and a correspondingly greater propulsor diversity (Drucker et al., 2006). Moreover, *P. reticulata* is a BCF swimmer that
124 may switch to burst-assisted swimming (Pohlman et al., 2001). Several studies have used Trinidadian *P. reticulata* to
125 investigate factors causing intraspecific variation in relation to evolutionary ecology (Magurran, 2005), and *P.*
126 *reticulata* is a key organism for empirical tests of theoretical life history models (Reznick et al., 1990; Reznick et al.,
127 1996; Ghalambor et al., 2003). We used individual female *P. reticulata*, varying in reproductive traits, to document
128 swimming metabolic rates, standard metabolic rate, swimming behaviour and prolonged swimming performance.
129 Measurements of excess post-exercise oxygen consumption (Lee et al., 2003b) were included because individual
130 variation in swimming performance might be related to processes associated with anaerobic rather than aerobic power
131 production.

132 We predicted that reproductive allocation and/or pregnancy stage would correlate positively with metabolic
133 swimming cost and negatively with prolonged swimming performance. Further, we predicted that standard metabolic
134 rate would correlate positively with reproductive allocation and/or pregnancy stage. In terms of fin use, we predicted
135 that fish extending their pectoral fins would experience increased drag and increased swimming cost, as hypothesised
136 by previous studies (Webb, 1998; Weihs, 2002; Green and Hale, 2012). Inefficient fin use at increasing speeds could
137 translate into decreased swimming performance. For example, if extending the pectoral fins causes a consistent increase
138 in the swimming cost, a fish with extensive pectoral fin use at increasing speeds could exhibit inferior swimming
139 performance, because the fish would reach the maximum metabolic rate at a relatively slow swimming speed. Finally,
140 as a consequence of gait transition to burst-assisted swimming, aerobic metabolic rate (i.e. oxygen consumption rate
141 during exercise) should either plateau; or the rate of increase, as a function of swimming speed, should decline because
142 burst-assisted swimming is partly covered by anaerobic metabolism (Farrell, 2007).

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MATERIALS AND METHODS

Experimental animals

146 A total of 18 female *P. reticulata* (body mass: 0.296 ± 0.009 g; total length: 3.0 ± 0.0 cm (mean \pm S.E.)) was captured
147 using butterfly nets in the Naranjo River in Trinidad. The river is a low predation tributary to the Aripo River. The mean
148 current velocity at the collection site was 12.7 ± 1.2 cm s⁻¹. In the laboratory, fish were kept in five identical holding
149 tanks (30 l each) using filtered water originating from the Arima Valley. Each tank housed 4 – 5 individuals including
150 one male. One air stone in each tank secured normoxic conditions. Each tank was cleaned and water was replaced every
151 third day. Prior to experimentation, fish were acclimated to the laboratory for 2 - 3 weeks. Fish were fed daily on
152 commercial flake food to satiation. Mean water temperature in the holding tanks was 25.8°C (range: 24.6 – 26.9°C). All
153 fish holding procedures were identical for the five tanks.

154 *P. reticulata* is a lecithotrophic species. Lecithotrophic means that there is no placenta-like connection between
155 the mother and young (Reznick and Yang, 1993), such that yolk stored in the egg is assumed to be the only source of
156 embryo nutrition. Recent work within the Poeciliidae has indicated, however, that some mother-to-embryo nutrient
157 transfer may occur in species thought to be lecithotrophic (Marsh-Matthews et al., 2005; Marsh-Matthews et al., 2010).
158 To our knowledge, no attempt has been made to quantify any post-fertilization provisioning in *P. reticulata*, and it is
159 not known to what degree there is a limited transfer of oxygen or small molecules.

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Respirometry

162 A 0.170 l Blázka-type swimming respirometer (Model SW10000; Loligo Systems Aps, Tjele, Denmark) was used to
163 measure oxygen consumption rate (MO_2 ; mg O₂ kg⁻¹ h⁻¹) as a function of swimming speed (U). The respirometer was
164 submerged in an ambient tank ($0.9 \times 0.35 \times 0.39$ m) supplying water for the respirometer. Water temperature was
165 maintained at 26.0°C (range: 25.9-26.1°C) using two cooling peltier elements (IceProbe; Cool Works Inc., San Rafael,
166 CA, USA) and a submersible heater (50 W; AkvaStabil; Haderslev, Denmark). An air stone in the ambient tank
167 maintained oxygen levels > 95% air saturation.

168 The inner dimensions of the cylindrical observation section in the respirometer were 26×100 mm (diameter \times
169 length). An impeller, placed downstream of the observation section, was driven by an external electric motor that
170 generated the re-circulating flow. Deflectors situated upstream of the observation section collimated the flow. To
171 promote rectilinear flow and a uniform velocity profile in the observation section, water was passed through an
172 upstream honeycomb (3 mm cell diameter) producing a micro turbulent flow. A grid (2×2 mm) in the downstream
173 direction bounded the observation section. Water speeds in the observation section were measured using a Laser
174 Doppler Anemometer consisting of a 4W Ar-ion laser, a Fiberprobe and BSA data processors (Dantec Dynamics,
175 Skovlunde, Denmark). The measurements were used to correlate water speed with voltage output from the external
176 motor controller. Additional details have been published previously (Poulsen et al., 2012)

177 Polystyrene sheets covered the majority of the ambient tank to minimize any outside stimuli affecting the fish
178 during the experiment. A small opening was used for behavioural observations. Fish were encouraged to swim in the
179 most upstream part of the observation section using a darkening hide.

180 Oxygen partial pressure in the respirometer was measured using fibre optic sensor technology (PreSens,
181 Regensburg, Germany). Intermittent-flow respirometry was applied in accordance with previous studies (Steffensen,
182 1989). The respirometer was fitted with an inlet port and a standpipe outlet, through which the volume of water in the
183 respirometer could be replaced with a computer-actuated pump. The software AutoResp (Loligo Systems Aps, Tjele,
184 Denmark) was used to control the flush (240 s), wait (120 s) and measurement (360 s) phases. These settings provided

185 one MO_2 measurement per 12 min. Preliminary trials demonstrated that the R^2 associated with each MO_2 measurement
186 was always > 0.95 , similar to previous studies (Claireaux et al., 2006; Svendsen et al., 2012). The oxygen content never
187 fell below 18.4 kPa. Standard equations were used to calculate MO_2 (Svendsen et al., 2010). Water in the ambient tank
188 was recirculated through a loop consisting of a separate mechanical filter (Pick-up 2006; Eheim, Deizisau, Germany)
189 and a UV-sterilizer (UV-10000; Tetra Pond, Melle, Germany). Between experimental runs, the entire setup was cleaned
190 using a chlorine solution, flushed repeatedly, and refilled with water from the same source as used for the fish holding.

191 Fish for experiments were starved for 24 h prior to respirometry to ensure a post-absorptive state. Fish mass (to
192 nearest 0.001 g), length, depth and width (all to nearest 0.5 mm) were determined for pre-experimental calculation and
193 correction of the solid blocking effects, ranging from 2.2 to 4.2%. Calculations of solid blocking effects followed
194 previous studies (Bell and Terhune, 1970).

195 Each *P. reticulata* was introduced to the working section and given at least 8 h (overnight) to acclimate while
196 swimming at $2 L_T s^{-1}$ (total body lengths per second). Preliminary trials demonstrated that $2 L_T s^{-1}$ was the minimum
197 swimming speed that secured positive rheotaxis (i.e. upstream orientation of the anterior body part). After the
198 acclimation period, fish maintained a low MO_2 , even when exposed to a few stepwise increases in the swimming speed.
199 Occasionally, the acclimation period was extended to meet this criterion. Subsequently, each individual fish was
200 exposed to progressive increments in the swimming speed of $0.5 L_T s^{-1}$ every 12 min until fatigue. MO_2 was measured at
201 each swimming speed. Preliminary trials demonstrated that the critical (maximum) swimming speed (U_{crit}) was 9-17 L_T
202 s^{-1} . The speed increment ($0.5 L_T s^{-1}$) was chosen to ensure an adequate number of MO_2 measurements (>12) at
203 increasing speeds in individual fish. This type of data was required because we aimed at describing the relationship
204 between U and MO_2 using an equation representing each individual fish. Maximum MO_2 (MO_{2max}) was estimated as the
205 highest MO_2 measured during the swimming protocol (McKenzie et al., 2003).

206 Immediately after fatigue, the swimming speed was returned to $2 L_T s^{-1}$ (acclimation speed), following Lee and
207 colleagues (Lee et al., 2003b). Using this swimming speed, MO_2 was measured for 1 h to quantify any excess post-
208 exercise oxygen consumption (EPOC) (Lee et al., 2003b). Levels of background respiration were estimated from blank
209 runs and used to correct the MO_2 measurements following past studies (Jones et al., 2007).

210

211 **Swimming behaviours and critical swimming speed (U_{crit})**

212 Behavioural data were collected during the swimming trials, similar to previous studies (Swanson et al., 1998). During
213 the measurement phase (6 min) of the respirometric loop (12 min), time spent swimming with extended pectoral fins,
214 caudal undulation, and using burst-assisted swimming were recorded. Use of each behaviour was recorded over a 1 min
215 time interval (i.e. 3 min in total). These data were collected during each 12 min interval, starting at the acclimation
216 speed ($2 L_T s^{-1}$) and ending at fatigue. End point values were the percentages of time allocated to these swimming
217 behaviours at each swimming speed (Korsmeyer et al., 2002; Webb and Fairchild, 2001). The values were used to
218 calculate the average fin and gait use (% of time) during the complete swimming trial for the individual fish. Finally,
219 the gait transition speed (U_{STmax} (Peake, 2008)) from steady to unsteady swimming (i.e. burst-assisted) was recorded as
220 the highest swimming speed without unsteady swimming.

221 The equation provided by Brett was used to calculate U_{crit} (Brett, 1964). Oufiero and Garland demonstrated that
222 the U_{crit} protocol yields critical swimming speeds that are repeatable for individual *P. reticulata*, indicating that they
223 represent actual measures of organism performance (Oufiero and Garland, 2009).

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Reproductive traits

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Data analysis

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Immediately after the swimming trial, fish were euthanized using an over-dose of MS-222 and preserved in 6% formaldehyde. Wet and dry reproductive allocation (RA) was quantified using methods similar to Reznick (Reznick, 1983). Briefly, embryos and associated reproductive tissues were separated from female somatic tissue. Stage of embryonic development (i.e. pregnancy stage) was determined morphologically following standard procedures (Haynes, 1995). Development ranged from stage 0 (an egg with yolk ova) to stage 50 (fully developed embryos, ready to be born). Wet weights of the reproductive and somatic tissues were measured using a Mettler AE163 analytical balance (Mettler-Toledo, Columbus, OH, USA) and recorded to the nearest 0.00001 g. Subsequently, the tissues were air dried for 24 h at 600°C and weighed again following the same procedure. RA was calculated as the mass of reproductive tissues divided by the total body mass.

As indicated, we aimed at describing the relationship between U and MO_2 using an equation representing each individual fish. Previous studies have used power, exponential and polynomial models to describe the relationship between U and MO_2 (Korsmeyer et al., 2002; Arnott et al., 2006; Tudorache et al., 2011). Webb recommended that a certain model should not be assumed, but rather a model should be used that best describes the available data (Webb, 1993). Accordingly, we examined various models before determining the most appropriate model. Using the model for individual fish, MO_2 was extrapolated to zero swimming speed to estimate standard metabolic rate (MO_{2std}), following previous studies (Brett, 1964; Arnott et al., 2006). The model was also used to estimate metabolic swimming cost in individual fish, expressed as the slope of the relationship between U and MO_2 .

To test the predictions of this study, reproductive traits and pectoral fin use (considered the independent variables) were correlated with swimming cost and MO_{2std} , both derived from the identified model, as well as U_{crit} (considered the dependent variables). Reproductive traits and pectoral fin use were not manipulated experimentally. Instead, the analyses relied on *post-hoc* intraspecific variation resulting from differences among individuals. To test our predictions, linear least square regression was used to examine if the reproductive traits correlated positively with MO_{2std} and swimming cost and negatively with U_{crit} . In terms of pectoral fin use, we tested if this variable correlated positively with swimming cost and negatively with U_{crit} . To assess such relationships further, we also tested for a negative correlation between U_{crit} and swimming cost.

The final objective of this study was to test the prediction that gait transition from steady BCF to unsteady BCF swimming would cause MO_2 to either plateau; or the rate of increase, as a function of swimming speed, would decline. To examine this prediction, we compared MO_2 before and after transition to burst-assisted swimming at increasing speeds using a sign test.

Because the five fish holding tanks were identical, maintained in an identical fashion and kept in the same room, we have no reason to believe that the different tanks affected the fish differently. Therefore, tank origin was not included in any analyses.

Estimates of MO_{2std} and MO_{2max} were used to estimate the metabolic scope (MS). The MS was defined as the difference between MO_{2std} and MO_{2max} , following past studies (Farrell and Richards, 2009). The speed where fish

262 transitioned from steady to unsteady BCF swimming (U_{STmax}), and the simultaneous MO_2 measurements, were used to
263 partition the MS into the proportion attributed to steady swimming and the proportion attributed to unsteady swimming.

264 To detect EPOC, we compared the individual pre-exercise MO_2 with the first post-exercise MO_2 using a paired t-
265 test after examining the assumptions of normal distribution of data and homogeneity of variance. Both data sets were
266 collected while the fish was swimming at $2 L_T s^{-1}$ (acclimation speed). If post-exercise MO_2 was significantly higher
267 than pre-exercise MO_2 , it was considered evidence of EPOC and anaerobic power production, following previous
268 studies (Svendsen et al., 2010).

269 The free statistical software R (R Development Core Team, 2011) was used for statistical analyses. The R-
270 package nlme (Pinheiro et al., 2011) was used to fit models. Results were considered significant if $\alpha = 0.05$. All values
271 are reported as means \pm s.e.m. unless noted otherwise.

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RESULTS

274 The behavioural data showed that *P. reticulata* employed the caudal fin for swimming (i.e. BCF swimming) at all
275 speeds (data not shown). In contrast, use of the pectoral fins and burst-assisted swimming varied with the swimming
276 speed (Fig. 1). As swimming speed increased, the use of the pectoral fins decreased, however, there was no distinct
277 threshold speed at which fish discontinued using the pectoral fins (Fig. 1). In fact, two individuals used the pectoral fins
278 at all swimming speeds (Fig. 1).

279 Most fish (15 out of 18) employed burst-assisted swimming at the highest swimming speeds (Fig. 1). Burst-
280 assisted swimming was less variable than use of the pectoral fins. All fish that started using burst-assisted swimming
281 continued doing so throughout the remaining swimming trial (Fig. 1). The average gait transition speed (U_{STmax}) from
282 steady swimming to unsteady swimming (i.e. burst-assisted swimming) was $40.85 \pm 1.79 \text{ cm s}^{-1}$, equivalent to $13.48 \pm$
283 $0.59 L_T s^{-1}$. This measure included the maximum recorded steady swimming speed of three individuals that did not
284 perform burst-assisted swimming (Fig. 1). The mean U_{crit} was $44.99 \pm 1.84 \text{ cm s}^{-1}$, equivalent to $14.89 \pm 0.66 L_T s^{-1}$.
285 There was no significant relationship between fish total length (cm) and U_{crit} (cm s^{-1}) ($P > 0.1$; $R^2 < 0.16$).

286 In terms of metabolic rates, MO_2 as a function of U in individual fish was best described by the exponential
287 function:

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$$289 \quad MO_2 = a \exp(U b) \quad (1)$$

290

291 where a is the MO_2 at zero speed (i.e. $U = 0$), and b is the rate of increase in the MO_2 as a function of U . The equation
292 has been used to describe relationships between MO_2 and U in a number of studies (Brett, 1964; McKenzie et al., 2003;
293 Arnott et al., 2006). Equation (1) provided an estimate of the MO_{2std} (i.e. a) and swimming cost (i.e. b) measured at
294 increasing U in individual fish.

295 Maximum likelihood estimation was done on the logarithm of the MO_2 . The log MO_2 was described by the
296 following linear random coefficient model for the i 'th observation on the j 'th fish:

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$$298 \quad \text{Log } MO_{2ij} = a'_j + U_i b_j + e_{ij}, \quad i = 1, \dots, n_j, \quad j = 1, \dots, 18. \quad (2)$$

299

300 The fish specific intercepts a'_j and slopes b_j were assumed to follow normal distributions with means μ_a and μ_b and
 301 variances σ_a^2 and σ_b^2 . Moreover, a correlation between a'_j and b_j , ρ , was allowed. An AR1 (autoregressive of order 1)
 302 autocorrelation was allowed in the residuals using the equation:

$$303 \quad e_{ij} = \varphi e_{i-1,j} + \varepsilon_{ij} \quad (3)$$

304 where φ is the autoregressive parameter. The ε_{ij} are assumed to be independently and identically normally distributed
 305 with mean zero and variance σ_ε^2 . The MO_2 at zero U is $a_j = \exp(a'_j)$ for the j 'th fish, while b_j is the rate of increase in
 306 the MO_2 , as a function of swimming speed, for the j 'th fish. Thus, a_j and b_j represent MO_{2std} and swimming cost,
 307 respectively, for the j 'th fish.

310 Measurements of MO_2 in relation to U in individual fish are plotted in Fig. 2. Data indicated that the rate of
 311 increase in MO_2 , as a function of U , was lower at speeds when burst-assisted swimming was not employed (steady
 312 swimming) than at speeds when burst-assisted swimming was employed (unsteady swimming) (Fig. 2). Consequently,
 313 the parameters in equation (1) were estimated using observations with steady swimming only (Figs 1, 2).

314 The mean MO_{2std} was $\exp(\mu_a) = \exp(5.76) = 318.05 \text{ mg O}_2 \text{ kg}^{-1} \text{ h}^{-1}$. The 95% confidence interval was 294.01 –
 315 344.05 $\text{mg O}_2 \text{ kg}^{-1} \text{ h}^{-1}$. The average rate of increase in the MO_2 as a function of U was 0.0262 (Fig. 2). Estimates of the
 316 parameters for equations (1-3) are provided in Table 1. The average MO_{2max} was $1270.69 \pm 40.50 \text{ mg O}_2 \text{ kg}^{-1} \text{ h}^{-1}$. Body
 317 mass correlated weakly with MO_{2std} and MO_{2max} in a positive and negative fashion, respectively, but none of the
 318 relationships were significant ($P > 0.05$).

319 After completing the swimming trial, fish were dissected and RA_j (i.e. fish specific RA) and fish specific
 320 pregnancy stage were quantified as described above. Measurements showed that both wet and dry RA varied between
 321 individuals (Table 2). Likewise, the pregnancy stages varied between individuals (Table 2). Wet and dry RA_j and fish
 322 specific pregnancy stage were related to \hat{b}_j (i.e. estimated fish specific steady swimming cost), \hat{a}_j (i.e. estimated fish
 323 specific MO_{2std}) and $U_{crit,j}$ (i.e. fish specific U_{crit}). The tests revealed no significant relationships (all $P > 0.1$). These
 324 findings indicated that steady swimming cost, MO_{2std} and U_{crit} did not correlate with the reproductive traits.

325 The same tests were carried out using average pectoral fin use instead of the reproductive traits. These tests
 326 revealed that steady swimming cost (i.e. \hat{b}_j) correlated positively with the average pectoral fin use ($P < 0.001$; $R^2 = 0.56$;
 327 Fig. 3). Hence, *P. reticulata* spending more time with extended pectoral fins had increased steady swimming costs (Fig.
 328 3). There was no correlation between \hat{a}_j and the average pectoral fin use, indicating that MO_{2std} and average pectoral fin
 329 use were unrelated ($P = 0.42$).

330 There was a negative correlation between the average pectoral fin use and $U_{crit,j}$ ($P < 0.0001$; $R^2 = 0.70$; Fig. 4).
 331 Hence, *P. reticulata* spending more time with extended pectoral fins had a low U_{crit} (Fig. 4). There was no correlation
 332 between average pectoral fin use and $MO_{2max,j}$ (fish specific MO_{2max}), or between $U_{crit,j}$ and $MO_{2max,j}$ (both $P > 0.25$),
 333 indicating that MO_{2max} did not influence the average pectoral fin use or U_{crit} .

334 The average pectoral fin use by individual fish was calculated using three different methods: 1) the average
 335 pectoral fin use throughout the complete swimming trial (i.e. from acclimation speed to U_{crit}); 2) the average pectoral fin
 336 use up to the initiation of burst-assisted swimming; and 3) the average pectoral fin use up to $9.5 L_T \text{ s}^{-1}$ (equivalent to

337 28.8 cm s⁻¹). This swimming speed represented the highest swimming speed that all fish managed to maintain for a
338 complete respirometric loop (Figs 1, 2). The average pectoral fin use data presented in Figs 3 and 4 were based on
339 methods 2) and 1), respectively. The relationships shown in Figs 3 and 4 were present and significant (all $P < 0.02$;
340 $R^2 > 0.31$) regardless of the method employed to calculate the average pectoral fin use for the individual fish. These
341 findings indicated that the relationships between average pectoral fin use and steady swimming cost (Fig. 3) and U_{crit}
342 (Fig. 4) were not artefacts caused by the variable swimming performance of the fish.

343 Fish condition index was calculated following previous studies (Marras et al., 2011) and correlated with average
344 pectoral fin use. Employing methods 1) and 2) to calculate average pectoral fin use, there was no significant correlation
345 between fish condition index and average pectoral fin use (both $P > 0.11$). When method 3) was employed, fish condition
346 index correlated negatively with the average pectoral fin use ($P = 0.01$; $R^2 = 0.34$). Because of the inconsistent
347 relationships, a possible effect of condition index on pectoral fin use was not considered any further.

348 Finally, \hat{b}_j correlated negatively with $U_{crit,j}$ ($P = 0.002$; $R^2 = 0.46$) (Fig. 5). Hence, *P. reticulata* with a low U_{crit} had
349 increased steady swimming costs in comparison with fish with a high U_{crit} (Fig. 5). Collectively, Figs 3, 4 and 5
350 indicated that elevated pectoral fin use increased steady swimming costs, which translated into a low U_{crit} . It appeared
351 that increased steady swimming costs meant that *P. reticulata* with elevated pectoral fin use reached the maximum
352 metabolic rate at a relatively low speed and therefore had a low U_{crit} . The findings suggested that inefficient fin use at
353 increasing swimming speeds is coupled with a low U_{crit} .

354 Metabolic rate data collected when unsteady swimming occurred were insufficient to estimate the actual rate of
355 increase in the MO_2 as a function of U , specific for this swimming gait (Fig. 2). It was clear, however, that the vast
356 majority of the MO_2 data points during unsteady swimming were higher than what would be expected based on
357 extrapolation of the values representing steady swimming (Fig. 2). To examine these observations statistically, a sign
358 test was used to investigate if observations involving unsteady swimming (Fig. 2) were distributed around the prediction
359 of the exponential equation (1) with an equal probability against the two-sided alternative. Differences between
360 predicted values, using equation (1), and the actual observations involving unsteady swimming were aggregated for
361 each fish and the mean difference was used as the end point value. These calculations showed that for all 15 fish
362 performing unsteady swimming, the mean difference was positive (i.e. higher mean MO_2 than expected). Testing the
363 data using the sign test revealed a highly significant result ($P < 0.001$), showing that the metabolic rate increased after
364 transition to burst-assisted swimming.

365 The MO_{2max} was 1270.69 ± 40.50 mg O₂ kg⁻¹ h⁻¹. This value was recorded as the highest MO_2 measured during
366 the swimming protocol (McKenzie et al., 2003). In four fish, the maximum metabolic rate was not associated with the
367 highest swimming speed, but with the second highest swimming speed (Fig. 2). Thus, the mean MO_2 recorded during
368 the highest swimming speed (1258.76 ± 39.73 mg O₂ kg⁻¹ h⁻¹) was slightly lower (1%) than MO_{2max} .

369 The metabolic scope (MS) was calculated as $MO_{2max} - MO_{2std}$ following past studies (Farrell and Richards, 2009)
370 and was on average 952.64 mg O₂ kg⁻¹ h⁻¹. Depending on the fish, MO_{2max} occurred during steady or unsteady
371 swimming (Fig. 2). The highest MO_2 recorded during steady swimming was on average 1015.61 mg O₂ kg⁻¹ h⁻¹. This
372 measure included MO_{2max} of three individuals that did not perform any burst-assisted swimming (Figs 1, 2). The MO_2
373 increased by 255.08 mg O₂ kg⁻¹ h⁻¹ during the part of the swimming protocol that involved unsteady swimming (Fig. 2).
374 In proportions of the MS, steady swimming accounted for 73.2%, whereas unsteady swimming accounted for 26.8%.
375 These findings showed that unsteady swimming contributed significantly to MS.

376 Immediately after fatigue, the swimming speed was reduced to the acclimation speed ($2 L_T s^{-1}$), following Lee and
377 colleagues (Lee et al., 2003b). Starting at the MO_2 recorded during the highest swimming speed (1258.76 ± 39.73 mg
378 $O_2 kg^{-1} h^{-1}$), post-exercise MO_2 declined rapidly and approached the pre-exercise MO_2 (Fig. 6). The first measure of
379 post-exercise MO_2 was significantly higher than the pre-exercise MO_2 ($P < 0.001$), providing evidence of EPOC and
380 anaerobic power production in *P. reticulata* (Fig. 6). The rapidly declining MO_2 , and the fact that we had no MO_2 data
381 between 0 h and 0.2 h (Fig. 6), precluded an accurate estimation of EPOC (mg $O_2 kg^{-1}$). Post-exercise MO_2 declined
382 until 0.69 h and approached the pre-exercise MO_2 . The last two measurements of post-exercise MO_2 at 0.89 h and 1.08
383 h remained slightly elevated relative to the pre-exercise MO_2 (Fig. 6). The majority of the post-exercise decline in the
384 MO_2 occurred within 0.3 h after the swimming speed was returned to the acclimation speed (Fig. 6).

385

386

DISCUSSION

387 Contrary to predictions, we found no evidence of correlations between reproductive traits and steady swimming cost,
388 standard metabolic rate (MO_{2std}) and prolonged swimming performance (U_{crit}). In contrast, pectoral fin use correlated
389 positively with swimming cost and negatively with U_{crit} . We suggest that the use of pectoral fins indicated a mechanism
390 to maintain swimming stability, rather than generate forward thrust. Further, we propose that elevated use of pectoral
391 fins indicated an elevated need to support swimming stability resulting in increased swimming cost and therefore
392 decreased U_{crit} . Finally, we found that the aerobic metabolic rate increased after transition to burst-assisted swimming
393 suggesting that unsteady swimming constituted 26.8% of the metabolic scope (MS).

394 Although pregnancy may influence metabolic rates and swimming performance in live-bearing fish, this study
395 found no evidence of reproductive allocation (RA) or pregnancy stage correlating with MO_{2std} , steady swimming cost or
396 U_{crit} in wild *P. reticulata* from a low predation river. A number of studies have reported elevated metabolic rate (Webb
397 and Brett, 1972; Boehlert et al., 1991; Hopkins et al., 1995; Timmerman and Chapman, 2003; Skov et al., 2010) and
398 diminished swimming performance (Plaut, 2002; Ghalambor et al., 2004; Belk and Tuckfield, 2010) in pregnant live-
399 bearing fish. The studies differ from the present study in a number of ways. Firstly, two previous studies tested
400 pregnancy effects on fast-start swimming performance (Ghalambor et al., 2004; Belk and Tuckfield, 2010) rather than
401 U_{crit} . It is possible that fast-start swimming performance is more sensitive to pregnancy than U_{crit} . Secondly, previous
402 studies followed individual fish over the course of the gestation period for repeated measurements (Webb and Brett,
403 1972; Plaut, 2002; Timmerman and Chapman, 2003) or made comparisons between gestating females and
404 reproductively inactive females or males (Boehlert et al., 1991; Hopkins et al., 1995; Skov et al., 2010). We were
405 unable to make repeated measurements on individual fish because of the destructive nature of measuring RA, and our
406 samples included no reproductively inactive fish (all wet RA $\geq 4.93\%$). Finally, our study examined low predation *P.*
407 *reticulata* only. It is well known, however that high predation *P. reticulata* (e.g. from Aripo River) have considerably
408 higher RA than low predation *P. reticulata* (Reznick and Endler, 1982). Further studies should test for pregnancy
409 effects on metabolic rates and U_{crit} in both high and low predation fish, while also controlling for age and genetic
410 background (Ghalambor et al., 2004; Belk and Tuckfield, 2010).

411 Previous studies have covered the energetics of gait transitions from 1) exclusive pectoral fin propulsion to
412 combined pectoral and caudal fin propulsion (Korsmeyer et al., 2002; Cannas et al., 2006; Jones et al., 2007; Kendall et
413 al., 2007; Svendsen et al., 2010); 2) steady swimming to unsteady swimming (Svendsen et al., 2010); 3) dorsal and anal
414 fin propulsion to caudal fin propulsion (Korsmeyer et al., 2002); and, 4) free stream swimming to Karman gaiting (Liao

415 et al., 2007; Taguchi and Liao, 2011). By contrast, little attention has been devoted to the energetic effects of fin use
416 variation within a single gait. The present study found that within the steady BCF swimming gait, swimming cost
417 correlated strongly with pectoral fin use. Fish that ceased using the pectoral fins at low speeds reduced swimming cost
418 in comparison with fish that ceased using the pectoral fins at a higher speed or not at all. According to previous studies,
419 BCF swimmers extending their paired fins should experience increased swimming costs (Webb, 1998; Webb, 2002)
420 because of the additional drag (Videler and Wardle, 1991; Weihs, 2002; Green and Hale, 2012), however, this
421 hypothesis has rarely been tested. Although furling of the pectoral fins at relatively low speeds is common (Drucker and
422 Lauder, 2003), some BCF swimmers employ both caudal and pectoral fins at relatively high swimming speeds. For
423 example, in the field, brook trout (*Salvelinus fontinalis* Mitchell) combine the use of the caudal and pectoral fins at a
424 wide range of swimming speeds (McLaughlin and Noakes, 1998). Notably, *S. fontinalis* using their pectoral fins swim
425 with a higher caudal fin beat frequency at a given swimming speed than those not using their pectoral fins (McLaughlin
426 and Noakes, 1998). Because there is a positive relationship between caudal fin beat frequency and MO_2 (Ohlberger et
427 al., 2007), these findings indicate that *S. fontinalis* using the pectoral fins experienced increased swimming cost. The
428 observations on *S. fontinalis* are consistent with the present study demonstrating a positive relationship between
429 pectoral fin use and steady swimming cost in *P. reticulata*. Our data suggest that combining the caudal and pectoral fins
430 over a wide speed range is an inefficient BCF swimming behaviour.

431 What proximate mechanism could underpin the observed intraspecific variation in pectoral fin use? A likely
432 mechanism involves variable needs to support swimming stability and control. In BCF swimmers, pectoral fins are not
433 used for forward thrust generation, but play an important role as trimming and/or powered correction systems to
434 maintain swimming stability (Webb, 2002). The former involves positioning the fins to dampen or correct
435 perturbations, whereas the latter involves active movements of the fins independent of the body to correct perturbations
436 (Webb, 2002). Stability and control can be a major problem in swimming (Videler and Wardle, 1991; Webb, 1998;
437 Webb, 2002). For example, there are six possible recoil motions for a rigid body resulting from propulsor movements,
438 three of them translational and three rotational (Hove et al., 2001). BCF swimming generates large side forces that
439 cause the anterior parts of the body to recoil (yaw and/or sideslip) (Hove et al., 2001; Weihs, 2002; Lauder, 2006),
440 which may represent a major stability problem in BCF swimming (Webb, 1988; Weihs, 2002). The yaw movements
441 generated by the caudal fin are usually countered by movements of the pectoral or pelvic fins (Lauder, 2006). Such
442 needs for stability control by balancing forces have led recent studies to emphasize the importance of multiple fins
443 employed by swimming fish (Hove et al., 2001; Drucker et al., 2006; Lauder and Tytell, 2006, Tytell et al., 2008; Blake
444 et al., 2009). The use of paired fins to maintain stability and control is most pronounced at lower speeds. At higher
445 swimming speeds, various stability problems persist, but control is shifted more towards the body-caudal fin. In the
446 present study, individual *P. reticulata* employed the pectoral fins at a variable speed range, and increased pectoral fin
447 use was associated with increased steady swimming costs and a low U_{crit} . Although the exact function of extending the
448 pectoral fins remains unknown, it is likely that the variation in pectoral fin use reflected, at least partly, different needs
449 to balance forces and support swimming stability and control. According to this hypothesis, *P. reticulata* that continued
450 using the pectoral fins at high swimming speeds did so to support swimming stability. As such, the extent of pectoral fin
451 use at increasing speeds could be interpreted as an index of swimming stability in individual fish, with extensive
452 pectoral fin use indicating a swimmer with stability problems.

453 What is the metabolic cost of stability control in swimming fishes? The metabolic cost of stability control is not
454 known (Lauder, 2006), but the cost likely represents a significant part of the total swimming cost (Webb, 2002). In the
455 present study, the pectoral fins were presumably not employed to generate forward thrust, but to support stability
456 control. Using the pectoral fins as a trimming and/or powered correction system to stabilize BCF swimming should
457 increase swimming costs (Webb, 1998; Weihs, 2002) because of the increased lateral surface and hence additional drag
458 (Videler and Wardle, 1991; Weihs, 2002; Green and Hale, 2012). Correspondingly, we suggest that the positive
459 relationship between pectoral fin use and steady swimming cost reflected, at least partially, cost of stability control
460 incurred when using the pectoral fins as a trimming and/or powered correction system. In the same vein, the negative
461 relationship between pectoral fin use and U_{crit} could be explained by the fact that pectoral fin use correlated positively
462 with swimming cost. Fish that made extensive use of the pectoral fins exhibited a significant increase in the swimming
463 cost, which may have resulted in inferior swimming performance, because the fish reached the maximum metabolic rate
464 at a relatively slow swimming speed.

465 Many fish species transition from steady to unsteady swimming at increasing swimming speeds. Few studies,
466 however, have quantified the metabolic rate associated with burst-assisted swimming. Metabolic rate studies concerned
467 with burst-assisted swimming at high speeds remain challenged by the facts that the gait can be maintained for only a
468 short period of time (Farrell, 2007) and involves anaerobic metabolism (Burgetz et al., 1998; Lee et al., 2003b;
469 Svendsen et al., 2010) that may complicate the measurements (Farrell, 2007; Ellerby, 2010). Anaerobic metabolism is
470 evidenced by the activation of white muscles and the occurrence of glycolysis followed by EPOC (Burgetz et al., 1998;
471 Lee et al., 2003b; Farrell, 2007; Svendsen et al., 2010). Farrell reviewed past studies and discussed the paradox that the
472 relationship between swimming speed and aerobic MO_2 often is exponential and not sigmoidal as predicted by the
473 anaerobic influence on the total metabolic cost (Farrell, 2007). The exponential relationship may be explained by a
474 number of factors including white muscles working in a partially aerobic fashion, and pooling fish that vary
475 considerably in their individual U_{crit} values, as this would tend to obscure any individual plateaus in MO_2 (Farrell,
476 2007). The present study examined the relationship between swimming speed and MO_2 up to U_{crit} in individual fish and
477 found no evidence of a sigmoidal relationship. Instead, MO_2 continued to increase during burst-assisted swimming, and
478 the data points during unsteady swimming were higher than what would be expected based on extrapolation of the
479 values representing steady swimming. Correspondingly, unsteady swimming constituted 26.8% of the MS. The absence
480 of MO_2 plateauing during unsteady swimming at increasing speeds suggests that anaerobic metabolism played a limited
481 role in fuelling the swimming, even close to U_{crit} . This inference is consistent with past studies suggesting limited
482 anaerobic capacity (Kieffer, 2000) and dependence on anaerobic power production during swimming (Goolish, 1991) in
483 small fish (< 10 cm in body length). On the other hand, we did find evidence of EPOC, indicating that anaerobic power
484 production occurred during the swimming trial. The majority of the post-exercise metabolic decline occurred within 0.3
485 h. Previous studies measuring metabolic recovery after U_{crit} tests have reported recovery times from approximately 0.2
486 to 4 h (Brett, 1964; Bushnell et al., 1994; Reidy et al., 1995; Lee et al., 2003a; Lee et al., 2003b). Scaling relationships
487 between body size and the partitioning of aerobic and anaerobic power production in swimming fish remain an
488 important future avenue of empirical research.

489 In many terrestrial animals, gait transitions reduce metabolic cost of locomotion (Griffin et al., 2004; Rubenson et
490 al., 2004; Nudds et al., 2011), but the proximate mechanism driving the transition may not be metabolic *per se*, but
491 rather related to mechanical factors, such as musculoskeletal force (Farley and Taylor, 1991) and bone strain (Biewener

492 and Taylor, 1986). Compared to terrestrial locomotion, gait transitions in aquatic locomotion remain poorly understood.
493 The present study analysed metabolic consequences of the gait transition from steady to unsteady BCF swimming and
494 found that the metabolic rate increased after the transition. These data raises the question why an animal would perform
495 a transition to a gait that is less energy efficient. In labriform swimmers, it has been suggested that the pectoral-caudal
496 gait transition is driven by a need to supply additional mechanical power rather than to minimize metabolic swimming
497 costs (Alexander, 1989; Korsmeyer et al., 2002; Cannas et al., 2006; Jones et al., 2007; Kendall et al., 2007). Only small
498 amounts of muscle can be packed around the paired fins while larger amounts can be accommodated about the axial
499 skeleton driving caudal propulsion (Webb, 1998). The transition from steady to unsteady BCF swimming could have a
500 similar mechanistic basis, because additional mechanical power from white muscle fibres may be available after
501 transition to burst-assisted swimming. However, this remains speculation, and additional studies of muscle recruitment
502 patterns at increasing speeds combined with aerobic and anaerobic metabolic rates of disparate muscle types are
503 required to evaluate the hypothesis.

504 The U_{crit} protocol provides a measure of physiological endurance capacity, initially used in fisheries sciences
505 (Brett, 1964; Beamish, 1978). Recently, studies have started to examine U_{crit} in ecological and evolutionary contexts
506 (Claireaux et al. 2007; Oufiero et al. 2011; Dalziel and Schulte, 2012; Dalziel et al., 2012a; Dalziel et al., 2012b). Using
507 individual fish, the present study demonstrated a relationship between pectoral fin use, steady swimming cost and U_{crit} .
508 Fish with a low U_{crit} spent more time with extended pectoral fins and exhibited increased steady swimming cost. We
509 found no evidence that MO_{2max} correlated with U_{crit} . These findings indicate that U_{crit} does not only reflect the
510 physiological endurance capacity of individual fish, but indeed also the biomechanical performance.

511 This study shows that fish with a low U_{crit} may spend more energy on swimming, in comparison with fish with a
512 high U_{crit} , because the former fish have higher swimming costs during steady swimming. This may be particularly
513 relevant in species living in lotic habitats. For example, Nelson and colleagues reported a positive relationship between
514 home-stream current velocity and U_{crit} in blacknose dace (*Rhinichthys atratulus* Hermann) (Nelson et al., 2003). Our
515 finding that U_{crit} correlates negatively with steady swimming costs indicates that not only will a high U_{crit} allow fish to
516 traverse fast flowing riffles without fatigue, as suggested by Nelson et al. (2003), a high U_{crit} also implies lower steady
517 swimming cost at current velocities that represent sub-maximal swimming speeds. Thus, because of superior
518 biomechanical performance, a high U_{crit} may allow fish to inhabit relatively high stream current velocities and yet have
519 relatively low swimming costs. As such, the observed intraspecific variation in pectoral fin use, swimming cost and U_{crit}
520 could have implications for habitat use in individual fish. For example, Ellerby and Gerry showed that habitat use varies
521 with individual differences in energy economy, steady-state swimming and maneuverability in bluegill sunfish
522 (*Lepomis macrochirus* Rafinesque) (Ellerby and Gerry, 2011). Although *P. reticulata* often occupy distinct pools in
523 rivers, it remains to be tested if intraspecific variation in pectoral fin use, swimming cost and U_{crit} influence habitat use
524 within pools and to what degree such relationships (or lack of) affect daily energy expenditures (Careau and Garland,
525 2012).

526 In summary, this study found that elevated pectoral fin use is associated with increased swimming cost and
527 decreased U_{crit} . It is unclear why some *P. reticulata* continued using the pectoral fins while others quickly ceased using
528 them at increasing swimming speeds. We propose that use of the pectoral fins is related to stability and control rather
529 than generation of forward thrust. Extending the pectoral fins may help maintain swimming stability, but it comes with
530 increased swimming cost, which in turn is associated with reduced U_{crit} . The causes and consequences of variation in

531 pectoral fin use remain, however, poorly understood and further study is warranted. Finally, we found that the aerobic
 532 metabolic rate increased after transition to burst-assisted swimming, and unsteady swimming constituted 26.8% of the
 533 MS.

534

535 **LIST OF SYMBOLS AND ABBREVIATIONS**

536	a	oxygen consumption rate at zero swimming speed
537	a'_j	fish specific log oxygen consumption rate at zero swimming speed
538	\hat{a}_j	estimated fish specific oxygen consumption rate at zero swimming speed
539	a_j	fish specific oxygen consumption rate at zero swimming speed
540	AR1	autoregressive process of order 1
541	b	rate of increase in the oxygen consumption rate as a function of swimming speed. The parameter is
542		an index of swimming cost
543	b_j	fish specific rate of increase in the oxygen consumption rate as a function of swimming speed
544	\hat{b}_j	estimated fish specific rate of increase in the oxygen consumption rate as a function of swimming
545		speed
546	e_{ij}	autocorrelated residuals
547	EPOC	excess post-exercise oxygen consumption
548	ε_{ij}	uncorrelated residuals assumed to be independently and identically normally distributed
549	L_T	total body length
550	MO_2	metabolic rate
551	MO_{2ij}	metabolic rate for the i 'th observation on the j 'th fish
552	MO_{2max}	maximum metabolic rate
553	$MO_{2max,j}$	fish specific maximum metabolic rate
554	MO_{2std}	standard metabolic rate
555	MS	metabolic scope
556	μ_a	mean fish specific log oxygen consumption rate at zero swimming speed
557	μ_b	mean fish specific rate of increase in the oxygen consumption rate as a function of swimming speed
558	φ	autoregressive (AR1) parameter
559	ρ	correlation between the fish specific log oxygen consumption rate at zero swimming speed (a'_j) and
560		the fish specific rate of increase in the oxygen consumption rate as a function of swimming speed (b_j)
561	σ_a^2	variance of the fish specific log oxygen consumption rate at zero swimming speed
562	σ_b^2	variance of the fish specific rate of increase in the oxygen consumption rate as a function of
563		swimming speed
564	σ_ε^2	variance of the uncorrelated residuals (ε_{ij})
565	RA	reproductive allocation
566	RA_j	fish specific reproductive allocation
567	U	swimming speed

568 U_{crit} critical swimming speed
569 $U_{crit,j}$ fish specific critical swimming speed
570 U_{STmax} gait transition speed from steady to unsteady swimming
571

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582

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801 **Figure Legends**

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803 **Figure 1.** Use of pectoral fins and burst-assisted swimming (% of time) in 18 individual *P. reticulata* as a function of
804 swimming speed (U ; cm s^{-1}). Pectoral fin use is indicated using a blue line, whereas burst-assisted swimming is
805 indicated using a red line (unsteady swimming). The caudal fin was employed at all swimming speeds (i.e. body-caudal
806 fin swimming). Each fish is represented by an average of 28 measurements of pectoral fin use and burst-assisted
807 swimming.

808

809 **Figure 2.** Oxygen consumption rate (MO_2 ; $\text{mg O}_2 \text{ kg}^{-1} \text{ h}^{-1}$) as a function of swimming speed (U ; cm s^{-1}) in 18 individual
810 *P. reticulata*. Grey symbols represent MO_2 when no burst-assisted swimming occurred (steady swimming), whereas red
811 symbols represent MO_2 when burst-assisted swimming occurred (unsteady swimming) (see Fig. 1). Each datum
812 represents a 12 min period. Equation (1) was fitted to the data without burst-assisted swimming (black lines) (see Table
813 1). The slope of each black line represents the rate of increase in MO_2 as a function of U and is considered an index of
814 steady swimming cost in individual fish.

815

816 **Figure 3.** Steady swimming cost as a function of the average pectoral fin use (% of time) in 18 individual *P. reticulata*.
817 Steady swimming cost was measured as the rate of increase in the oxygen consumption rate as a function of swimming
818 speed (see Fig. 2; Eqn 1; Table 1). Both steady swimming cost and average pectoral fin use were based on
819 measurements up to the swimming speed where burst-assisted swimming occurred (see Fig. 1).

820

821 **Figure 4.** Critical swimming speed (U_{crit} ; cm s^{-1}) as a function of average pectoral fin use (% of time) in 18 individual
822 *P. reticulata*. Average pectoral fin use was based on measurements up to U_{crit} (i.e. including burst-assisted swimming)
823 (see Fig. 1).

824

825 **Figure 5.** Steady swimming cost as a function of critical swimming speed (U_{crit} ; cm s^{-1}) in 18 individual *P. reticulata*.
826 Steady swimming cost was measured as the rate of increase in the oxygen consumption rate as a function of swimming
827 speed (see Fig. 2; Eqn 1; Table 1). Steady swimming cost was based on measurements up to the swimming speed where
828 burst-assisted swimming occurred (see Fig. 1).

829

830 **Figure 6.** Oxygen consumption rate (MO_2 ; $\text{mg O}_2 \text{ kg}^{-1} \text{ h}^{-1}$) at the highest recorded swimming speed (closed circle), and
831 post-exercise MO_2 during the subsequent recovery phase (open circles). The swimming speed was adjusted to $2 L_T \text{ s}^{-1}$
832 (total body lengths per second) during the recovery phase. Pre-exercise MO_2 at $2 L_T \text{ s}^{-1}$ is indicated using a solid line
833 (95% CL; dashed lines).

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840 **Table 1**

	Value	s.e.m.	d.f.	<i>t</i>	<i>P</i>
μ_a	5.7622	0.0401	449	143.662	
μ_b	0.0262	0.0018	449	14.807	<0.001
σ_a	0.152				
σ_b	0.0068				
ρ	-0.425				
σ_ϵ	0.119				
φ	0.393				
Log-likelihood	321.3				

The significant *P*-value (<0.001) indicates that the mean rate of increase in \dot{M}_{O_2} as a function of *U* is different from zero.

Model components are described in the text and in the list of symbols and abbreviations.

841

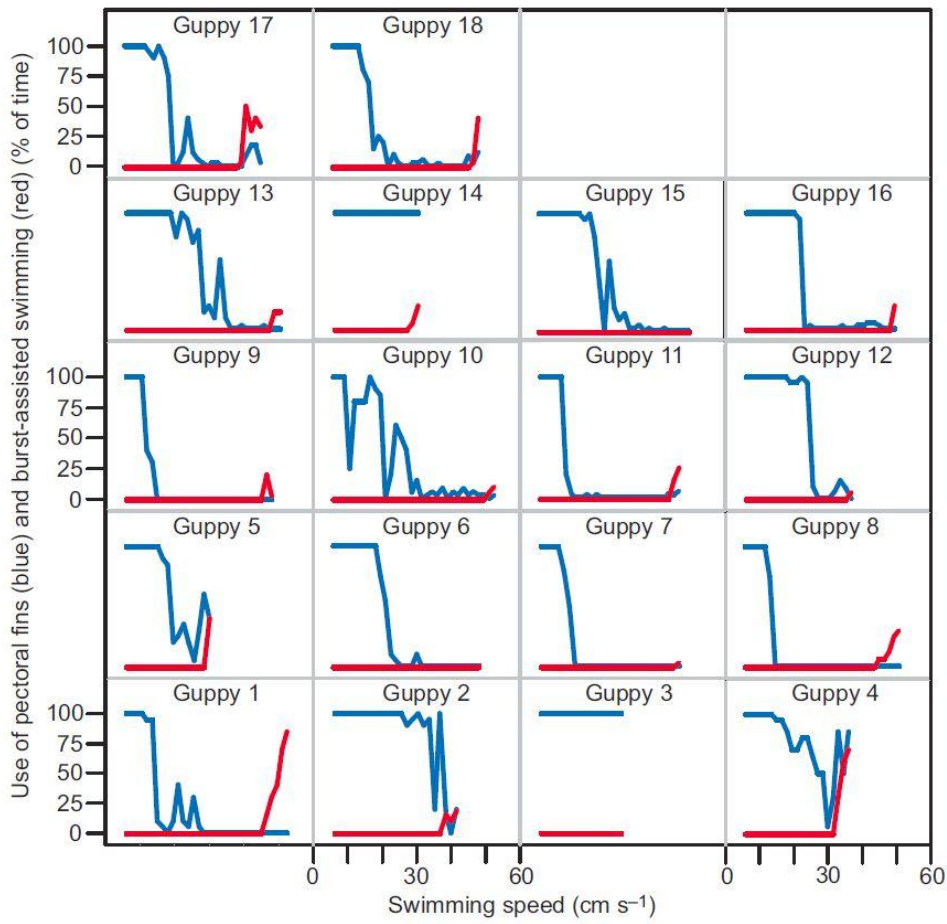
842 **Table 2**

	Mean \pm s.d.	Range
Wet reproductive allocation (%)	16.38 \pm 4.52	4.93–24.67
Dry reproductive allocation (%)	16.03 \pm 5.70	1.23–26.45
Pregnancy stage	24.72 \pm 17.53	0–50

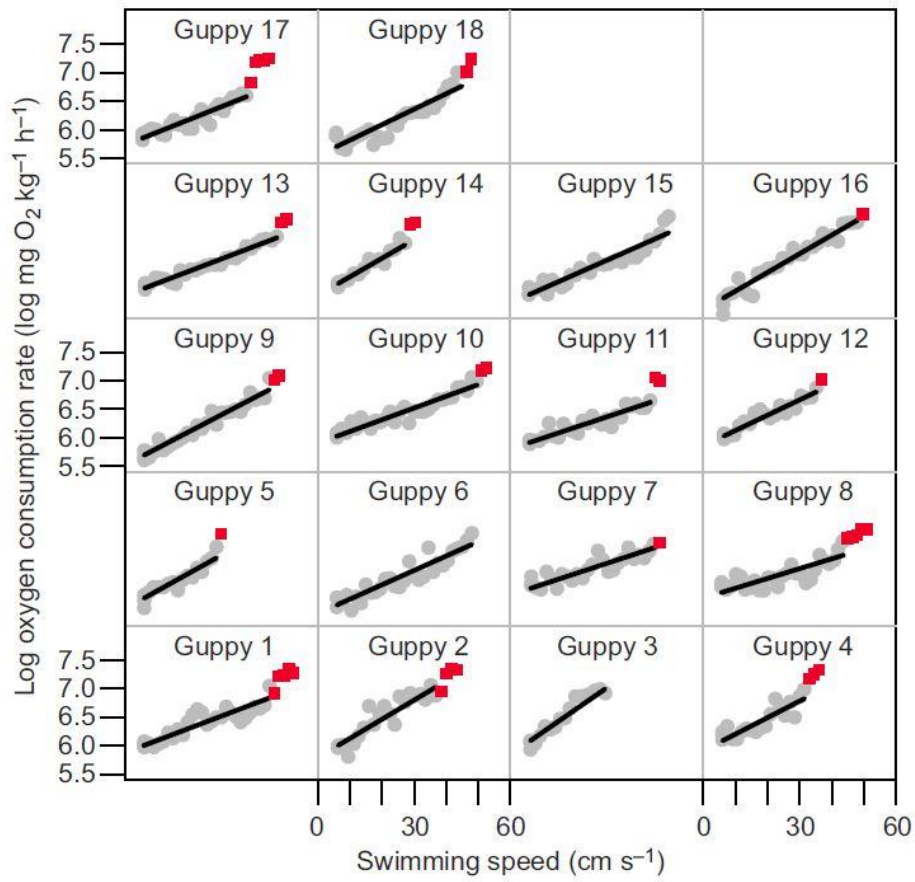
Reproductive allocation (wet and dry) was defined as the mass of the reproductive tissues divided by the total body mass. Pregnancy stage was determined morphologically following standard procedures (Haynes, 1995). Pregnancy stage was inferred from embryonic development stages ranging from stage 0 (an egg with yolking ova) to stage 50 (fully developed embryos, ready to be born).

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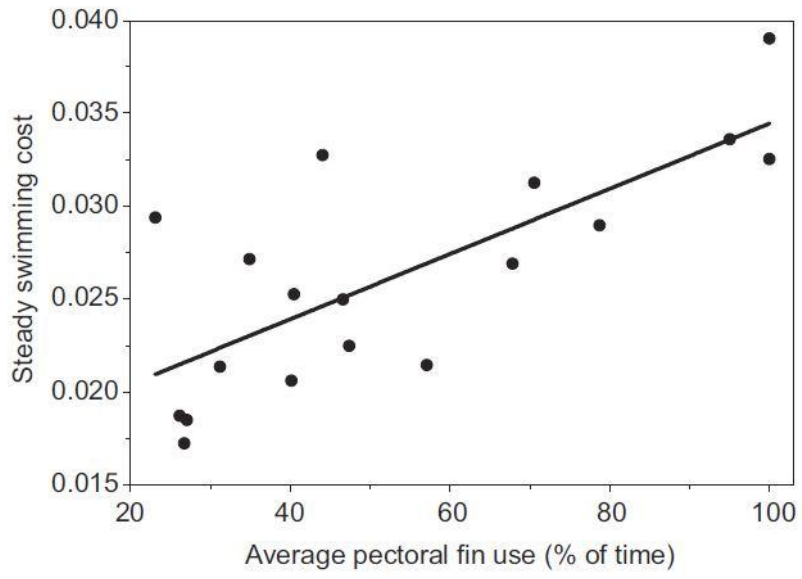
844 **Figure 1**



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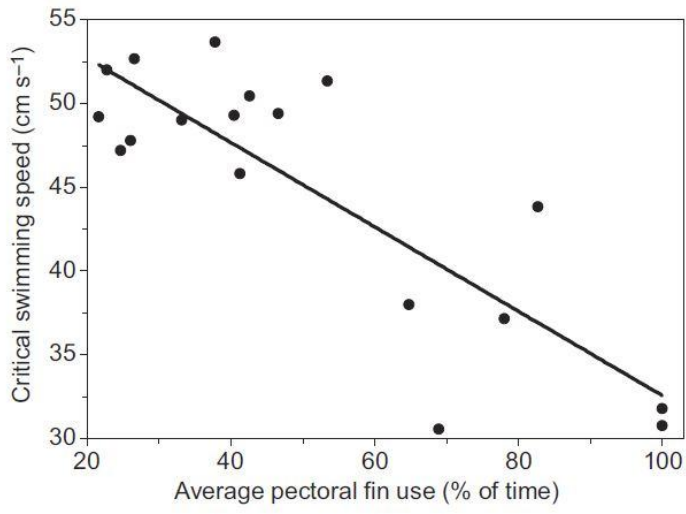


848 **Figure 3**



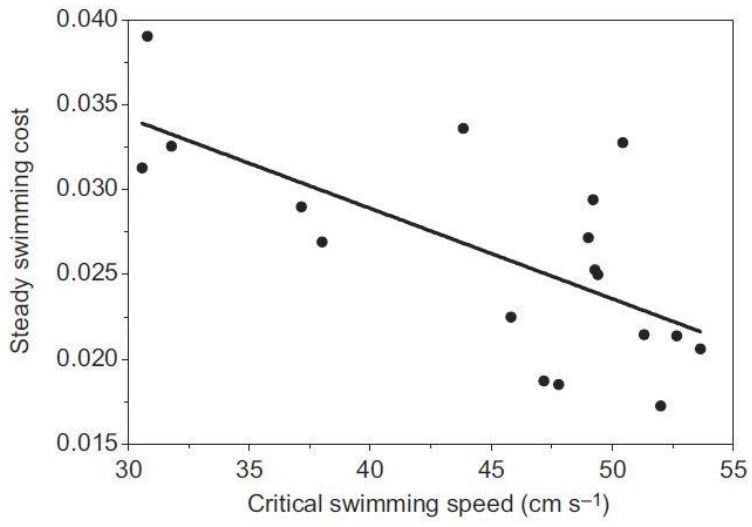
849

850 **Figure 4**



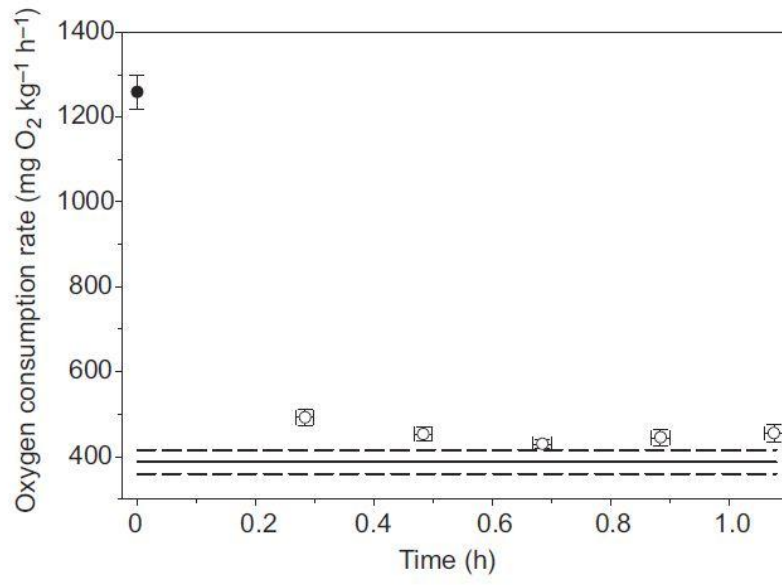
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852 **Figure 5**



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854 **Figure 6**



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